



# A more radical perspective on surgical approach and outcomes in pancreatic cancer – a narrative review

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**Background and Objective:** Pancreatic adenocarcinoma remains a dismal disease and is expected to become an even greater burden in the near future. This review focuses on the different surgical aspects for pancreaticoduodenectomy (PD), distal and total pancreatectomy (TP), incorporating lessons from both the western and eastern visions in treating pancreatic cancer.

**Methods:** We conducted an extensive literature review through PubMed, prioritizing papers published in the last 5 years, but older emblematic papers were also included. We included articles that explored the treatment of pancreatic adenocarcinoma, with focus on the surgical aspect and strategies to improve outcomes. References of selected articles were also reviewed to identify any missed studies. Only papers in English were included.

**Key Content and Findings:** As evidence continues to build, it is clear that both systemic and surgical therapies have a fundamental and complementary role. State of art surgical treatment encompasses complete mesopancreas excision for radical lymphadenectomy. Preoperative planning of dissection planes, extensive knowledge of vascular anatomic variations, oncological principles and expertise for vascular resections are mandatory to perform a more radical operation, in pursuit of improved outcomes.

**Conclusions:** Based on current data, patient selection remains key and a more radical surgical approach brings more accomplishing results bringing as to believe that more is better.

**Keywords:** Pancreatic ductal adenocarcinoma (PDAC); surgical treatment; mesopancreas; pancreatic head plexus

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## Introduction

Time has proven there is no simple answer to such a complex problem as pancreatic cancer. Despite rising concern regarding this highly lethal disease, the scientific community still lacks a state-of-art approach that translates into better outcomes to pancreatic ductal adenocarcinoma (PDAC).

Since 1990, both its incidence and mortality has more than doubled worldwide (1). In the United States, pancreatic cancer is already the fourth cause of cancer-related deaths both in men and women while in Europe it is projected to rank third soon (2,3). By 2030, it will likely surpass colorectal, prostate and breast cancer, becoming the second most common cause of cancer-related fatalities (4). The alarming scenario is that despite all current advances, mortality might double once more until 2060 (5).

Long-term survival is poor. When all stages of disease are combined, 5-year survival is still around 11% (2). Although modest, real-world data from the Surveillance, Epidemiology and End Results program demonstrated some progress, as long-term survivors have risen from 1.5% in 1975 to 17.4% in 2011 in surgically resected patients. When no surgical treatment was offered survival remained below 1% (6).

Unfortunately, delayed diagnosis is the rule and only a small percentage of patients are offered surgical resection (7-9). There are two main ways to face this harsh reality. The first is to blame the tumor's aggressive biology and focus on systemic therapy with the risk of overselection and preclude curative-intent treatment for a set number of patients. Second is to rely solely on the technical feasibility of more radical resections and therefore increase morbidity in an already fragile recipient without clear oncologic benefit.

As medical science usually converges, neither approach shall be an incontestable truth. The key answer is to better coordinate both into a robust multimodal strategy (8,9). Historically, pancreatectomy is an underperformed procedure even for earlier stage disease in the absence of formal contraindications (10). As Fergus *et al.* pointed in a retrospective study, this appears to be a current issue with 36%, or 8,594 of 23,842, patients with T1-T2N0M0 pancreas cancer not receiving surgery as part of their treatment plan with no identifiable reason. Older age and African American race were commonly associated factors (11).

It has been shown that pancreatic surgery evolved to become a safe procedure and general mortality is below 5%, as long as performed in the adequate setting of high-volume specialized centers (8,10,12). Elderly patients have

comparable 90-day mortality and perioperative results to younger ones, proving that age should not be the only factor to exclude patients from curative-intent surgical resection (13,14).

The purpose of this review is to summarize the different surgical aspects, perioperative management and hopefully contribute to a more successful treatment chain for pancreatic cancer. We present this article in accordance with the Narrative Review reporting checklist (available at <https://jgo.amegroups.com/article/view/10.21037/jgo-22-763/rc>).

## Methods

We conducted an extensive literature review through PubMed, prioritizing papers published in the last 5 years, but older emblematic papers were also included. We included articles that explored the treatment of pancreatic adenocarcinoma, with focus on the surgical aspect and strategies to improve outcomes. References of selected articles were also reviewed to identify any missed studies. Only papers in English were included. We used keywords such as “pancreatic ductal adenocarcinoma”, “pancreatic cancer”, “surgical treatment”, “technical advances”, “pancreaticoduodenectomy”, “lymphadenectomy”, “outcomes”, but free term search was also used (*Table 1*).

## Staging—who to operate?

Clinical staging of PDAC was last revised by eighth edition of the American Joint Committee on Cancer (AJCC) and is based on the tumor-node-metastasis (TNM) (15). Nonetheless, the tumor's relationship with neighboring vessels better determine resectability and guide management (*Figure 1A-1C*).

Resectable disease is defined as a tumor with no arterial contact and no or limited venous contact [superior mesenteric vein/portal vein (SMV/PV) with unilateral narrowing or <180° tumor invasion] (16,17). In contrast, several definitions for borderline resectable PDAC were proposed. They usually include limited arterial invasion (less than 180°) or tumors in which contact with SMV/PV are more extensive (more than 180°) while reconstruction is still technically feasible. Although somewhat imprecise, the rationale is to differentiate patients with higher risk of positive margin, non-R0 resection (17,18). As such, we understand that the anatomic definition of borderline resectable PDAC is directly linked to the center's expertise

**Table 1** The search strategy summary

Items	Specification
Date of search	April–September, 2022
Databases and other sources searched	PubMed
Search terms used	“Pancreatic ductal adenocarcinoma”, “pancreatic cancer”, “surgical treatment”, “technical advances”, “pancreaticoduodenectomy”, “lymphadenectomy”, “outcomes”
Timeframe	Articles published until September 2022
Inclusion and exclusion criteria	Articles in English. Relevant articles were screened by their abstract. Priority was given to more recently published papers (5 years) with a few exceptions. No specific exclusion criteria
Selection process	The articles were independently selected by the first three authors, Eduardo de Souza M. Fernandes, Felipe Pedreira T. de Mello, Eduardo Pinho Braga, and included in the review after discussion with the co-authors

and capabilities to perform more advanced procedures while maintaining true oncological resection.

More recently, other factors were taken in consideration as a localized tumor with favorable anatomy may be deemed borderline resectable due to tumor biology [carbohydrate antigen 19-9 (CA19-9) >500 U/mL or regional lymph node metastasis found on biopsy or positron emission tomography (PET)-computed tomography (CT)] or to patient's condition [either poor performance status ( $\geq 2$ ) or serious comorbidities] (17). CA19-9 levels have been recently validated as independent prognostic factors on OS in some retrospective studies (19). However, whether laboratorial parameters should limit the choice to undergo surgery is still debatable.

Finally, unresectable PDAC is further classified as locally advanced, when vascular contact exceeds what is considered borderline, and as metastatic, which include the presence of macroscopic para-aortic/extra abdominal lymph nodes metastasis (17).

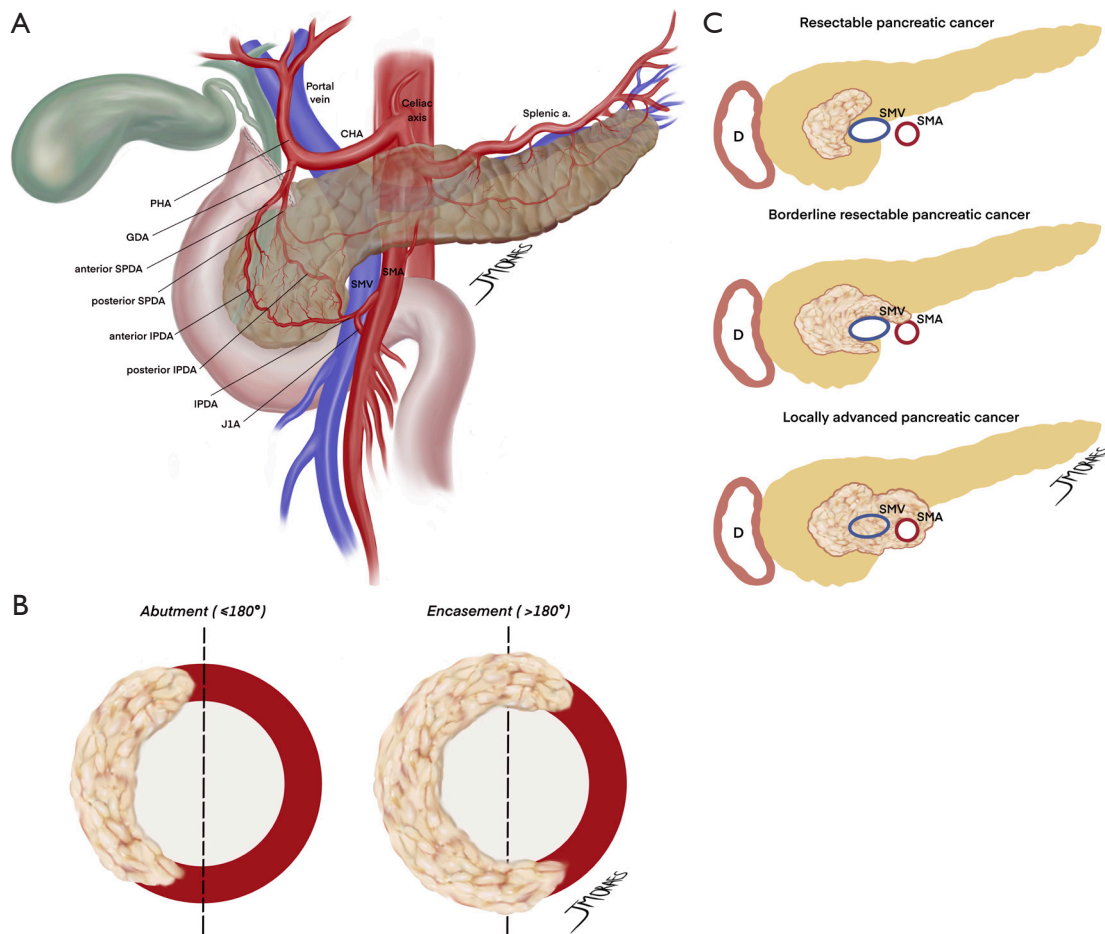
### Neoadjuvant therapy—who can benefit?

The rationale behind neoadjuvant chemotherapy is to increase R0 resections, better select tumor biology and prevent or at least discover occult metastatic disease (20). A compelling argument is that up to 50% of patients receiving upfront surgery may not complete adjuvant therapy (21). The Dutch Randomized PREOPANC Phase III trial that compared initial surgery and adjuvant gemcitabine with neoadjuvant gemcitabine plus radiotherapy and posterior resection initially reported negative results (22). On the other hand, recent analysis of long-term results deemed positive the survival impact in both resectable and borderline resectable

patients who underwent neoadjuvant treatment (23).

However, neoadjuvant therapy can be demanding as it frequently requires biopsy, preoperative stent placement and complex multidisciplinary care. This contributes to a risk of missing the brief window of opportunity for curative-intent surgery, specially in resectable patients (20). Moreover, successful completion of adjuvant therapy has been reported as high as 72.8% in a cohort of 932 patients with resectable and borderline PDAC patients submitted to upfront surgery, which might reflect the reality in more specialized centers (24). On top of that, survival rates from the ESPAC-4 and the PRODIGE 24/CCTG PA.6 trials with initial surgery and adjuvant folfoxir or gemcitabine/capecitabine were significantly higher than those reported in the Dutch trial, reinforcing that the standard management can be successful for these patients (23,25,26).

An upcoming trend is to plan a surgical strategy after systemic therapy to those deemed unresectable at first. In probably the largest study regarding this topic, the Heidelberg group depicted resectability rates around 60% for locally advanced PDAC after systemic therapy, maintaining standard postoperative mortality. A major challenge still is how to properly select who might benefit from surgery. Imaging appears to overestimate disease as fibrosis is poorly differentiated from active cancer tissue and CA19-9 levels are most useful only when initially elevated, thus not for all cases. Possibly the best approach is aggressive surgical treatment to those who did not exhibit disease progression (27). Another option is evaluation of metabolic response estimated by post-chemotherapy PET [PET/CT or PET/magnetic resonance imaging (MRI)], understanding that those patients with complete metabolic response might benefit more from conversion surgery (28).



**Figure 1** Anatomical considerations for pancreatic resections. (A) Major vascular anatomy of the pancreas and surrounding structures. (B) Important concepts regarding degree of tumor circumferential vessel involvement. (C) Pancreatic cancer staging based on vessel involvement. CHA, common hepatic artery; PHA, proper hepatic artery; GDA, gastroduodenal artery; SPDA, superior pancreaticoduodenal artery; IPDA, inferior pancreaticoduodenal artery; J1A, first jejunal artery; SMV, superior mesenteric vein; SMA, superior mesenteric artery; D, duodenum.

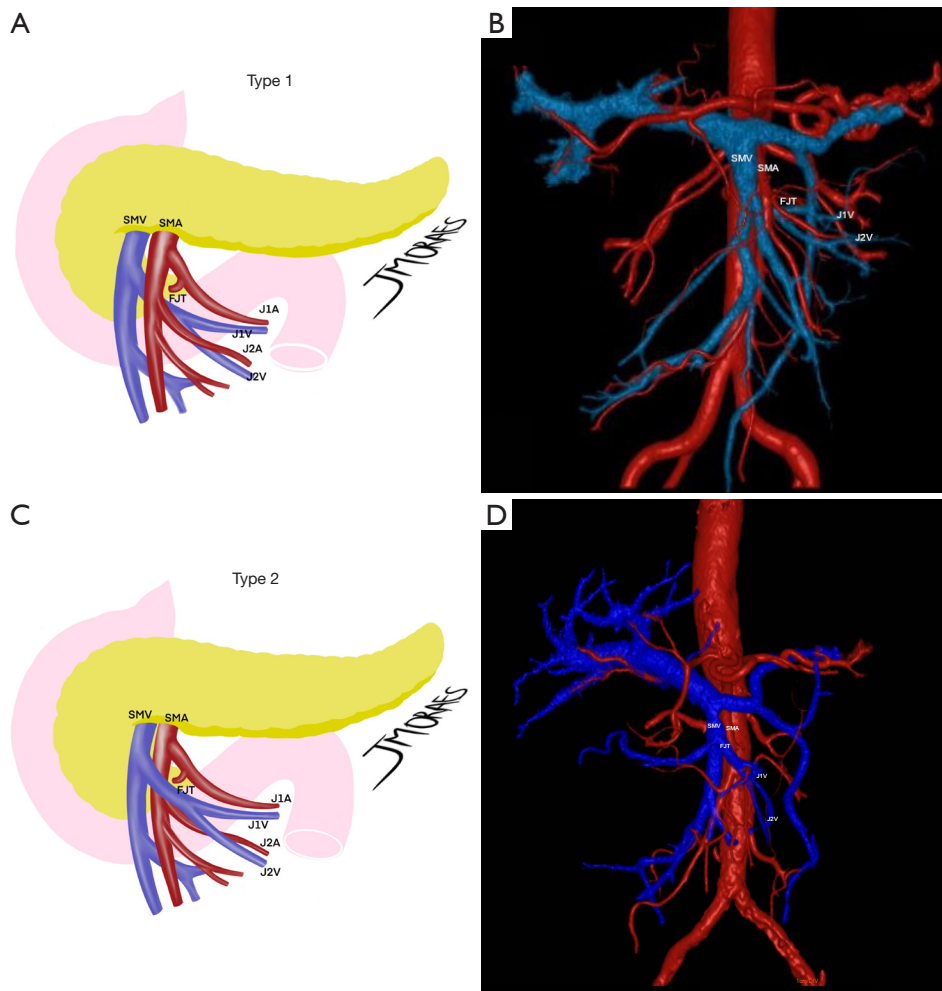
Therefore, we believe that current evidence supports neoadjuvant treatments pathways to borderline and locally advanced tumors, but it is still not enough to change the standard management of resectable PDAC outside the context of clinical trials. Moreover, it is always necessary to consider the patient's expectations regarding treatment options, keeping in mind that the best treatment is also a function of adequate follow up and compliance.

### Anatomy-first approach

Regardless of the approach chosen by the surgeon, preemptive procedure planning is crucial and knowledge of

vascular variability with 3D reconstruction of multidetector row CT scans is paramount in making dissection safer (29).

One of the reasons artery-first approaches have been successful in reducing intraoperative bleeding is probably the early identification of superior mesenteric artery (SMA) and SMV branches and tributaries. In other words, surgical maneuvers that unravel the "consistently inconsistent" inferior pancreatic vascular anatomy are known to be extremely helpful (30). Therefore, preoperative radiologic study can also be a powerful tool in the identification of the inferior pancreaticoduodenal artery and vein (IPDA and IPDV), the first jejunal artery and vein (J1A and J1V) and other eventual but relevant vascular anomalies present (Figure 2A-2D).



**Figure 2** Most common variations of proximal jejunal venous drainage into the SMV as described by Ishikawa *et al.* (29). Rarer variations were not represented. (A) Type 1 FJT, with a posterior course in relationship with the SMA. (B) CT reconstruction of an actual patient. (C) Type 2 FJT, running anterior to the SMA. (D) Corresponding CT reconstruction. SMV, superior mesenteric vein; SMA, superior mesenteric artery; FJT, first jejunal trunk; J1A, first jejunal artery; J1V, first jejunal vein; J2A, second jejunal artery; J2V, second jejunal vein; CT, computed tomography.

Ishikawa *et al.* (29) brilliantly illustrated the main vascular patterns in 155 patients. IPDA and J1A formed a common trunk in 66% of cases, while IPDA originated from the SMA directly in 33% and more rarely, from a replaced right hepatic artery (RHA). The even more complex venous drainage was categorized into 3 types with further subgrouping. The first jejunal trunk (FJT) includes both the J1V and J2V and was present in 84% of the patients. When present, it could run dorsal (type 1: 63%) or ventral to the SMA (type 2: 21%). In the minority of cases when J1V and J2V drained separately to the SMV was classified as type 3 and could be further subdivided regarding each's relationship

with the SMA. This is useful because ventral FJT tends to be larger and could obscure IPDA/J1A origins in the artery-first approach. Even more dangerous in this fine dissection is the risk of IPDV laceration when it drains to the FJT and not to the SMV directly. Partial preservation of the FJT, in the case of extensive drainage encompassing the territory of multiple jejunal arteries, can prevent small bowel congestion (29).

Other landmarks useful to know beforehand are the gastrocolic trunk of Henle, the SMV groove and its relationship with the SMA (31,32). In parallel, accurate study of the splenic-mesenteric confluence, certifying the absence of portal thrombosis and verifying patency of

SMV and tributaries is necessary in order to properly plan more complex vascular reconstructions (33). Furthermore, preoperative identification of a replaced RHA and its course or the existence of a hepatic mesenteric trunk can prevent accidental injuries (34).

An often neglected problem is celiac artery stenosis (CAS), which can be an important risk factor for worse outcomes such as postoperative pancreatic fistula (POPF), biliary leakage, liver perfusion failure and gastric complications. Preoperative diagnosis might be helpful in triggering surgical planned division of the median arcuate ligament or other perioperative treatments (35).

Moreover, it is interesting to outline that the pancreatic uncinate process is a structure that lacks precise anatomical and surgical landmarks and at the same time pose as one of the most common sites of margin positivity (36,37). Its resection can be challenging because of variability in shape, diameter and relationship with the superior mesenteric vessels (36). Risk of bleeding and inadvertent injury to the SMA is especially important when the uncinate process's leftward projection reaches or extends beyond this vessel, as classified by Zhu *et al.* as type III or IV. In these cases, the adoption of uncinate-first or other artery-first approaches can aid in more complete dissection and R0 resection rate (37).

In the setting of distal pancreatectomies, preoperative imaging is crucial from the beginning, as to define the plane of dissection. A deeper retroperitoneal invasion should prompt the surgeon for the removal of the adrenal gland, following the posterior radical antegrade modular pancreatosplenectomy (RAMPS) technique (38).

Here, knowledge of the peripancreatic vascular anatomy can also help predict intraoperative challenges. As an example, when pancreatic parenchyma surrounds the splenic artery's root, this can translate into greater risk of bleeding. Splenic vein tumoral contact should also be investigated. Precise understanding of this anatomy appears to be specially important for minimally invasive distal pancreatectomies (39). Preoperative assessment of the pattern of anatomical variant is even more crucial for classification and planning of celiac arterial resections. For instance, when a tumor spares the proper hepatic and the gastroduodenal arteries, the celiac artery (CA) resection may dismiss the need for revascularization (40).

### The importance of oncological resection

Favorable subgroups of pN0R0 patients submitted

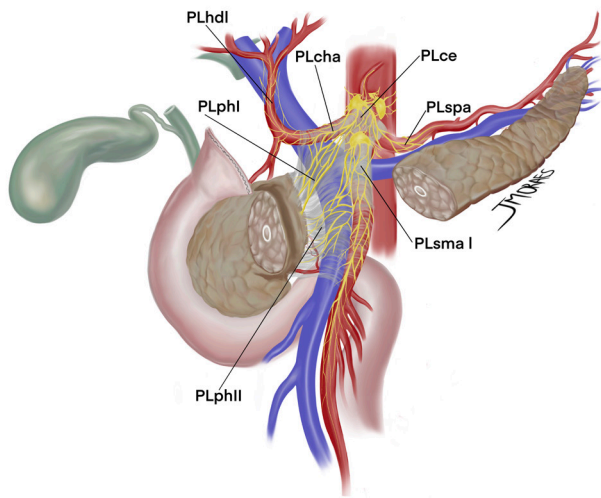
to upfront resection plus adjuvant chemotherapy can present impressive 5-year survival rates above 50% (24). Standardized radical dissection and systematic lymphadenectomy is paramount to achieve this kind of outcome.

As previously addressed, different R-status assessments resulted in high variability of reported R0 resection rates, declining from 70–80% to less than 24% when more strict protocols were used (41). Tumor free circumferential margins of 1 mm evaluated by axial slicing pathological assessment is the most current R0 definition proposed and appears to be a key prognostic indicator (42). This revisited concept was further validated as an independent predictor of survival in a recently published meta-analysis, although some doubts remain such as whether wider margins might be beneficial (43). Specimens should be examined by an experienced surgical pathologist following strict protocols such as the Royal College of Pathologists, which enforces the evaluation of seven radial margins (44).

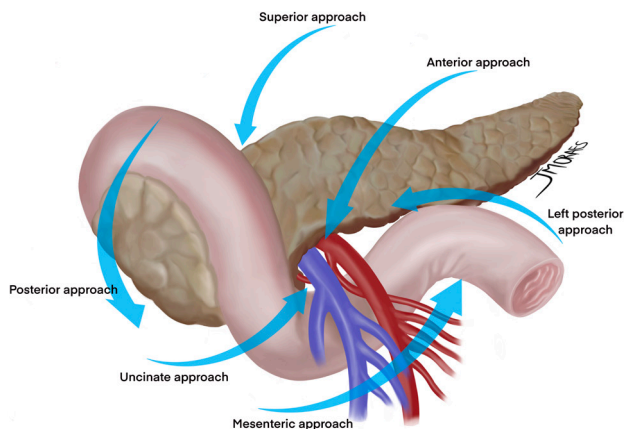
### Pancreaticoduodenectomy (PD): mesopancreas management

In this pursuit of state-of-art negative margin resections, proper mesopancreas dissection might be the answer for tumors at the head of the pancreas. Mesopancreas, mesopancreatoduodenum, retroportal lamina or pancreas-major arteries (P-A) ligament were different terms used to describe the lymph vascular structures, lymph nodes and nerve plexus behind the pancreatic head and uncinate process up to the extent of third and fourth duodenal portions and the proximal jejunum mesentery. Pancreatic cancer is known for invading these perineural structures and local recurrence might often be due to insufficient dissection in this area. Central vascular ligation with the objective of true oncological resections, a concept borrowed from others gastrointestinal cancers, was translated into total mesopancreas excision (*Figure 3*) (45).

Inoue *et al.* (46) went a step further and described the different levels of mesopancreas dissection in PD. Level 1 does not include lymphadenectomy and is standard to more benign pathologies. In level 2, mesopancreas is excised *en bloc*, while ligation at the root of IPDA and J1A facilitates proper lymphadenectomy and soft tissue removal. This might be the choice for tumors far from the SMA and patients with poor performance status, when a less radical surgery might be fit. Regarding PDAC, what appears to be more appropriate as standard dissection was described



**Figure 3** Main nerve structures of the mesopancreas. PLphI, pancreatic head plexus I; PLhdi, hepatoduodenal ligament nerve plexus; PLcha, common hepatic artery nerve plexus; PLlce, celiac artery nerve plexus; PLspa, splenic artery nerve plexus; PLsma, superior mesenteric artery nerve plexus; PLphII, pancreatic head plexus II.



**Figure 4** Main different artery-first approaches.

as level 3, which includes removal of the nerve plexus of the pancreas head (both PLphI and PLphII), and is further characterized by hemircumferential removal of the right and posterior nerve plexus around the SMA (PLsma) (46).

In fact, neurovascular invasion is so dreaded that complete circumferential removal of PLsma was proposed to achieve R0 resections, what was later classified as extended-level 3 dissection. An important drawback of this approach is the increased rates of postoperative diarrhea,

a reason many Japanese surgeons advocate for partial preservation of PLsma. However, when properly treated with opioids-based medication most cases appear to be well controlled and do not preclude adjuvant therapy completion rate (47). The triangle operation described by Hackert *et al.* shares this concept of total mesopancreas excision with arterial skeletonization (48). In fact, removal of all soft tissue around even the CA and hepatic artery (HA) can be safe and without significant increase of postoperative morbidity or mortality. Nonetheless, further evaluation is needed to achieve optimal balance between radicality and true oncological outcomes (49).

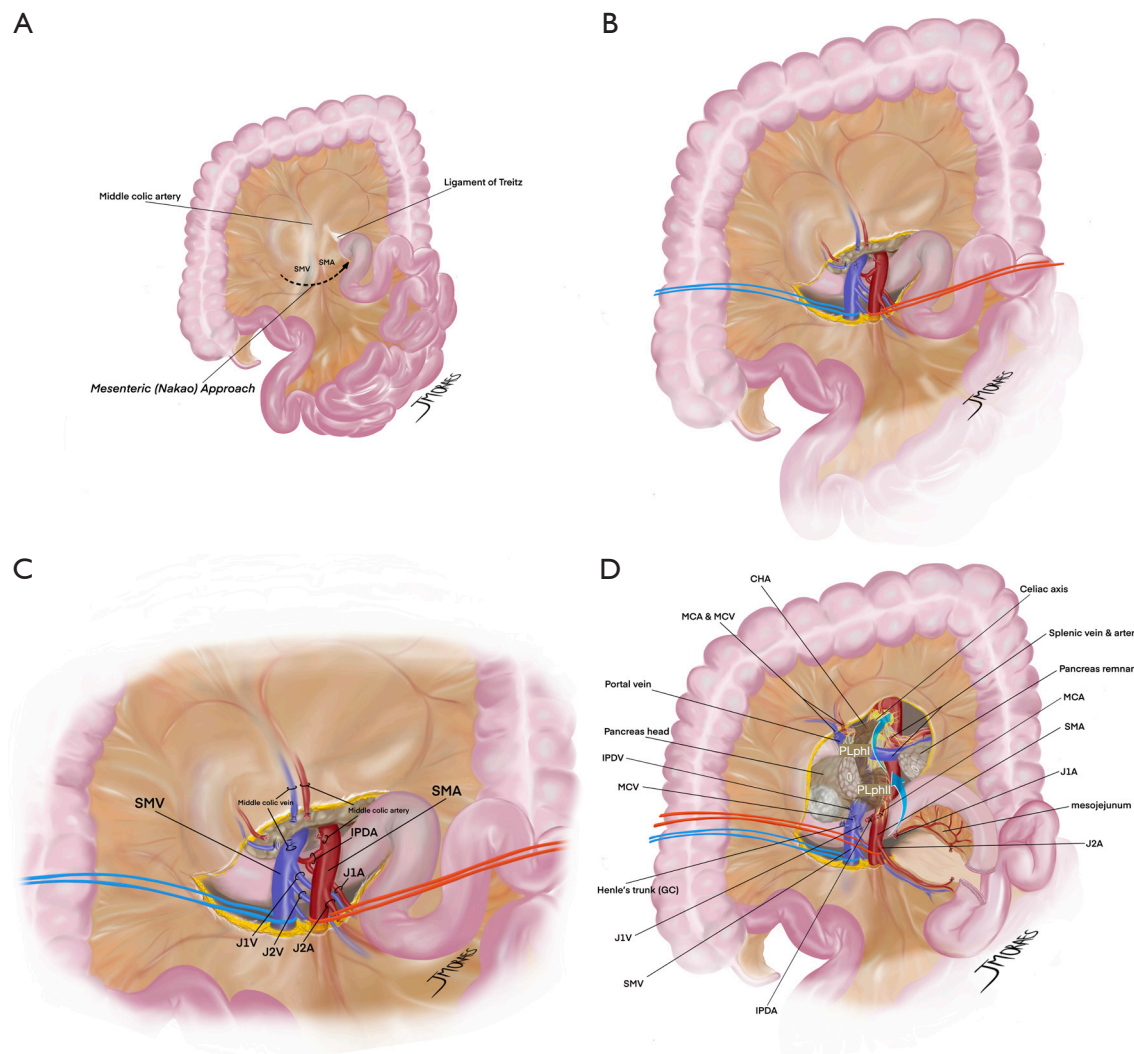
### PD: artery-first approach

The several artery-first approaches focus on early control of the SMA, but vary in the initial mode of dissection (*Figure 4*) (50). Proposed advantages are less blood loss and operative time, more complete lymphadenectomy and increased R0 resections. Even further, these techniques allow early identification of a replaced RHA or even visualization of a non-resectable status before irreversible steps are taken. To date, it is not known any real difference in outcomes between the at least six different artery-first procedures, although when compared to standard pancreatectomy, artery-first approach has shown improved postoperative results and even survival benefits as confirmed in recent meta-analysis (51,52).

Among them, Nakao's mesenteric approach is a sophisticated technique to perform isolated "no touch" PD. It takes advantage of the root of the transverse mesocolon to gradually expose SMA branches, facilitating systematic mesopancreas excision in a safe manner and has become increasingly popular in Japan (*Figure 5A-5D*) (53,54). Prospective evidence of whether this approach is superior to conventional PD starting with Kocher's maneuver is still under investigation by the prospective MAPLE-PD trial (55).

### PD: lymphadenectomy

Although once unclear, standard lymphadenectomy for PD was established by the latest international consensus as resection of pyloric nodes (Nos. 5 and 6), nodes around the common hepatic (No. 8a), hepatoduodenal ligament lymph nodes (Nos. 12b, 12c recently all merged in 12b), the SMA proximal nodes (Nos. 14a and 14b recently updated as 14p) and, naturally, the anterior and posterior pancreaticoduodenal nodes (Nos. 17a, 17b, 13a, and 13b),

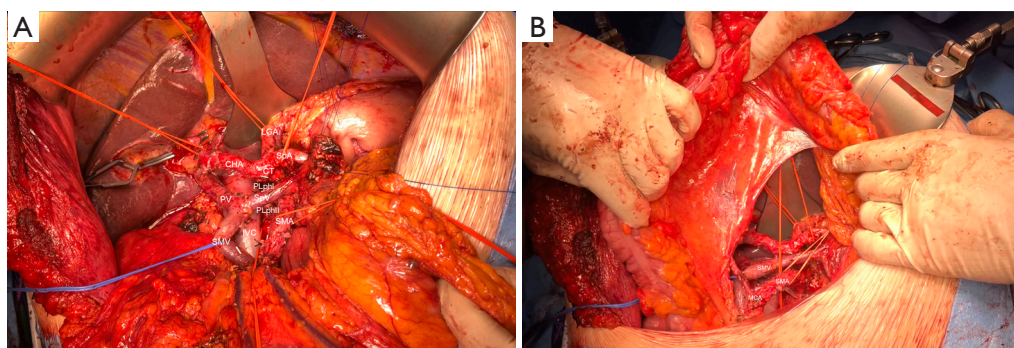


**Figure 5** Main steps of the Mesenteric (Nakao) approach. (A) Initial plane of dissection. (B) Close relationship with the mesenteric vessels. (C) Early operative access of the regional vascular anatomy, allowing early ligation of the IPDA. Safe division of the middle colic vessels can be eventually performed for optimal exposure. (D) Final aspect of dissection and mesenteric window, allowing total mesopancreas excision. SMV, superior mesenteric vein; SMA, superior mesenteric artery; IPDA, inferior pancreaticoduodenal artery; J1A, first jejunal artery; J1V, first jejunal vein; J2V, second jejunal vein; J2A, second jejunal artery; CHA, common hepatic artery; MCA, middle colic artery; MCV, middle colic vein; IPDV, inferior pancreaticoduodenal vein; GC, gastrocolic trunk of Henle; PLphI, pancreatic head plexus I; PLphII, pancreatic head plexus II.

following the Japan Pancreas Society nomenclature (56,57). Further dissection through more distant stations of the common hepatic and celiac arteries nodes (Nos. 8p and 9), hepatoduodenal ligament nodes (Nos. 12a and 12p) and nodes distal of the SMA (No. 14 d). remained without clear recommendation, although some of these stations are often described as routinely dissected in several centers, including ours (45,46,53,56,58).

More controversial is the extended lymphadenectomy including No. 16 para-aortic lymph nodes stations, which are even considered by the latest staging system as distant metastasis (M1), when afflicted by disease. In general, most randomized controlled trials (RCTs) to date didn't show any survival benefit supporting extended lymphadenectomy. It might even offer greater risk of postoperative morbidity, therefore, it is not recommended by most guidelines (59).





**Figure 6** Final aspect of dissection in a patient with pancreatic head cancer. (A) Extended level-3 total mesopancreas excision and periarterial divestment technique. (B) Final intraoperative view from the mesenteric approach. LGA, left gastric artery; CHA, common hepatic artery; SpA, splenic artery; CT, celiac trunk; PLphI, pancreatic head plexus I; PV, portal vein; SpV, splenic vein; PLphII, pancreatic head plexus II; SMA, superior mesenteric artery; IVC, inferior vena cava; SMV, superior mesenteric vein; MCA, middle colic artery.

However, discrepancies in lymphadenectomy classification, center-related technical issues and, even further, reasonably favorable outcomes reported for patients with para-aortic lymph node metastasis continue to make this subject a gray area (59,60).

In parallel, insufficient lymph node retrieval might lead to understaging. What once was defined as the minimum of 12 or 15 lymph nodes is being questioned (56). More adequate staging is obtained when at least 20 lymph nodes are examined (61).

In our institution, the preferred approach tries to approximate the western and eastern visions in treating pancreatic cancer. To ensure proper lymphadenectomy and negative margins, we often start dissection by the artery-first mesenteric approach. At the same time, we pursue total mesopancreas excision with a clear Heidelberg's triangle visualization and entire circumferential clearance of PLsma (Figure 6A,6B).

### Extended pancreatoduodenectomy—venous management

Recent advances have made extended pancreatectomy more often performed. In fact, a recent proposed classification of 4 different types of PD appears more adequate yet still simple to use than the last International Study Group for Pancreatic Surgery (ISGPS) extended PD definition (Table 2) (62,63). In high-volume centers, type 2 PD with venous resection of the portomesenteric veins is expected to account for at least 15% of pancreatic resections (63). Recent meta-analysis reinforces that venous resection

is associated with worse short-term outcomes, such as increased blood loss, perioperative morbidity and higher positive margins as well as lower long-term survival (64,65). Although high heterogeneity and different levels of center experience will always be an inherent challenge in this type of comparison. Nonetheless, it is well accepted that it is a feasible procedure with reproducible outcomes and latest recommendations are that minimal portomesenteric involvement should prompt venous resection, specially in good general condition patients and when R0 resections are possible (66,67).

Techniques vary in function of patients' venous anatomy, tumor's size, location, surgeon's expertise and are classified into four different types by the ISGPS (67). Minor tangential venous resections are usually reconstructed by direct suture or using a patch, respectively types 1 and 2. Segmental resections are more demanding and require right hemicolon and mesenteric root mobilization to ensure tension-free anastomosis, either type 3 primary end-to-end venous reconstruction or type 4 with an interposition graft (Figure 7) (18,53).

Recent discussion by Oba *et al.* hypothesized that the modified regional pancreatectomy, originally described by Fortner and coworkers, could achieve more oncological resection of *en bloc* soft tissue around the PV when segmental resections are planned (68,69). Diversion of portal flow is described as a form to mitigate portal hypertension and reduce the risk of major bleeding, an important approach specially in more extensive portomesenteric axis occlusion or in patients with cirrhosis, due to important collateral development. Mesocaval shunt,

**Table 2** Extended pancreatoduodenectomy definitions

ISGPS definition for extended pancreatoduodenectomy—standard PD plus resection of any of the following (62):

More than the antrum or distal half of the stomach

Colon and/or mesocolon with relevant vascular structures of the transverse mesocolon (ileocolic, right, or middle colic vessels)

Small bowel beyond the first segment of jejunum

Portal, superior mesenteric, and/or inferior mesenteric vein; HA, celiac trunk, and/or SMA; inferior vena cava

Right adrenal gland; right kidney and/or its vasculature; liver; diaphragmatic crura

Mihaljevic *et al.* definition for different pancreaticoduodenectomies (63)

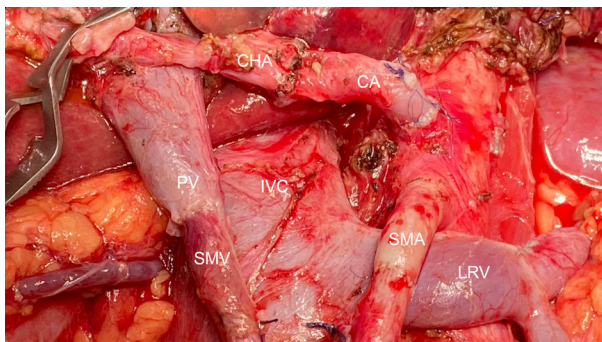
Type 1: standard PD (without vascular or adjacent organ resection)

Type 2: PD with PV/SMV resection

Type 3: PD with multivisceral resection (includes ISGPS definition)

Type 4: PD with arterial resection

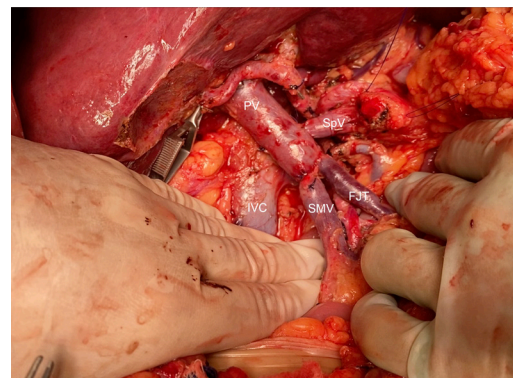
ISGPS, International Study Group for Pancreatic Surgery; HA, hepatic artery; SMA, superior mesenteric artery; PD, pancreaticoduodenal; PV, portal vein; SMV, superior mesenteric vein.



**Figure 7** Intraoperative view after dual arterial and venous resection (ISGPS type 3), and reconstruction with end-to-end arterial and venous anastomosis. CHA, common hepatic artery; CA, celiac artery; PV, portal vein; IVC, inferior vena cava; SMV, superior mesenteric vein; SMA, superior mesenteric artery; LRV, left renal vein; ISGPS, International Study Group for Pancreatic Surgery.

the use of an antithrombogenic catheter or the venous bypass graft–first technique are all operative strategies that a pancreatic surgeon should be familiar with (33,53,70).

Aside from challenges in the resection, venous involvement of the portomesenteric axis should be accounted for careful and planned reconstruction. Consequences of not maintaining splenic vein drainage can be severe and lead to segmental left sided portal hypertension, esophageal varices, splenomegaly and gastric

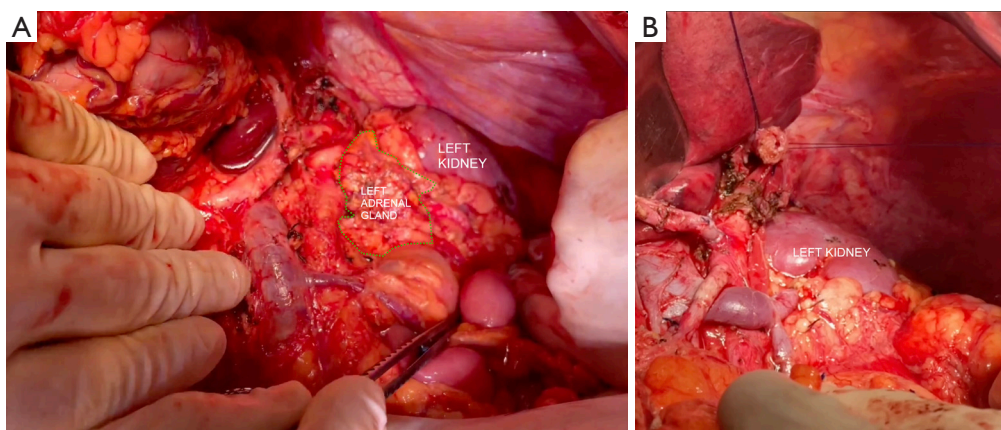


**Figure 8** Example of maintenance of splenic vein drainage through end-to-side anastomosis with the portal vein after resection of the porto-mesenteric confluence (ISGPS type 3). PV, portal vein; SpV, splenic vein; IVC, inferior vena cava; SMV, superior mesenteric vein; FJT, first jejunal trunk; ISGPS, International Study Group for Pancreatic Surgery.

congestion (66). When feasible, reinsertion of the splenic vein into the PV with an end-to-side anastomosis is both straightforward and effective (*Figure 8*).

### Extended pancreatoduodenectomy—arterial management

Arterial resection, or type 4 PD, is much more rarely performed and comprises around 1% of PD even in



**Figure 9** Intraoperative view after the RAMPS technique. (A) Anterior RAMPS, the left anterior renal fascia was resected but the left adrenal gland was preserved. (B) Posterior RAMPS, deeper retroperitoneal excision, with removal of the left adrenal gland. RAMPS, radical antegrade modular pancreatosplenectomy.

high-volume centers (63). Recommendations are still controversial and not to be routinely proposed, thus depending strongly on patient selection (66,67). In spite of this, few centers' reports made clear that it is technically feasible and reproducible and with 5-year survival greater than 11%, emphasizing that a learning curve plays a major role in achieving acceptable postoperative mortality (71,72). The most relevant remarks so far are the impact of neoadjuvant treatment, multidisciplinary discussion, patient informed decision and surgeons' experience. In these highly selected cases, arterial resection appears a better option than palliation alone (73).

Arterial invasion when talking about pancreatic head tumors mainly implicate the SMA or HA. Reconstruction can be performed as end-to-end anastomosis or through the use of conduits, such as interposition grafts (74). Particularly useful is the splenic artery that can serve both for interposition or transposition in several complex reconstruction strategies (75). Common adopted strategies are shown (Figure 7).

Following the understanding that CT images often overestimate tumor burden after neoadjuvant therapy, an artery-sparing approach was recently described. Despite artery encasement on preoperative imaging, no viable tumor was confirmed in frozen specimens from arterial sites, allowing artery clearance without resection (76,77). Although promising, the periarterial divestment technique still requires further validation as it challenges the standard oncological R0 principles and poses risks such as arterial wall weakening (78).

### Distal or left pancreatectomy

Regarding body and tail tumors, ample resection is also accepted as the way to ensure negative margins (18). Similarly to the adaptations that occurred in the Kausch-Whipple procedure, left pancreatectomy's original left to right mode of dissection was subverted to a medial to lateral approach with early vessel-oriented dissection (38). RAMPS procedure achieves desired oncological goals by dissection through the anterior renal fascia (anterior RAMPS) or even removal of the left adrenal gland (posterior RAMPS), ensuring proper retroperitoneal margins (Figure 9). Recent meta-analysis proved this technique successful not only in ensuring R0 resection rates but also less bleeding volume and improving overall survival (79).

Here, lymphadenectomy is more straightforward. Retrieval of splenic hilum and splenic artery nodes (Nos. 10, 11p, and 11d) as well as nodes of the inferior pancreatic border (No. 18) are the accepted rule. Resection of common hepatic, CA and SMA nodes (Nos. 8, 9, and 14) should be considered, especially for more proximal tumors such as those located in the body. Although we favor routine extended lymphadenectomy, evidence remains debatable (56,57).

Porto-mesenteric axis resection is not exclusive to pancreatic head tumors and might be needed in distal pancreatectomies. Reconstruction follows fairly the same principles (80). In contrast, tumors in the body and tail are prone to an unfortunate condition: early local invasion of the celiac axis.

Thus the Appleby procedure, first described for gastric cancer, was readdressed as a novel treatment for

pancreatic cancer, consisting in distal pancreatectomy with celiac axis resection (DP-CAR), which maintains hepatic perfusion through the pancreas head arcade flow into the gastroduodenal artery (GDA) (81). As expected, complications include high morbidity and mortality, with special consideration of hepatic or gastric ischemia (82). Several propositions to prevent this issue include preoperative embolization of either the hepatic or left gastric arteries, left gastric artery preservation when possible and even reconstruction of the HA, defined as a modified Appleby (81).

Truty *et al.* brought clarification to this subject with a tumor extent classification. The authors state that most reports of DP-CAR include only a pure celiac axis invasion, or a class 1 tumor. Further subdivided as 1A, when collaterals are sufficient, 1B, when reconstruction is needed, or even 1C when partial gastrectomy should be obligatory. More locally advanced tumors fit into the class 2 category with further lateral extension and invasion of the common hepatic artery (CHA) of proper hepatic artery (PHA)/GDA bifurcation. When the SMA is invaded, the tumor is then classified as a class 3. This classification is useful not only for scientific uniformity but also for therapy guidance, as some class 2 or class 3 tumors should be considered for total pancreatectomy (TP) (40).

## TP

There are several reasons for the TP procedure to have fallen out of use. Among them are the intrinsic perioperative morbidity, difficult to control diabetes and exocrine insufficiency (83). However, recent progress in both surgical expertise and clinical management of these metabolic consequences contributed to reconsideration of this type of resection for treatment of pancreatic cancer (84). Early postoperative outcomes are now reported as satisfactory and even comparable to partial pancreatectomy, with higher R0 margin resection but no clear oncological benefit or impact in overall survival (84,85).

Recent data emphasize that the long-term survival of patients undergoing TP is more dependent on the biology of the tumor than on the physiological changes caused by the apancreatic state. This procedure should no longer be avoided in stringently selected patients with appropriate indications (86).

Strong indications are still lacking, but the most common oncological drivers for this procedure are multifocal PDAC,

combination with other parenchymal diseases or tumors at the neck of the pancreas (87,88). Although of relatively low incidence in high-volume centers, when present, POPF can lead to sepsis and via the erosion of vessels, to life-threatening hemorrhage. Thus, patients with high risk of pancreatic fistula specially in the context of arterial resection should benefit from TP (71,86,89). We believe that other indications that might justify TP are patient related features such as insulin dependent diabetes or a predominantly atrophic pancreas.

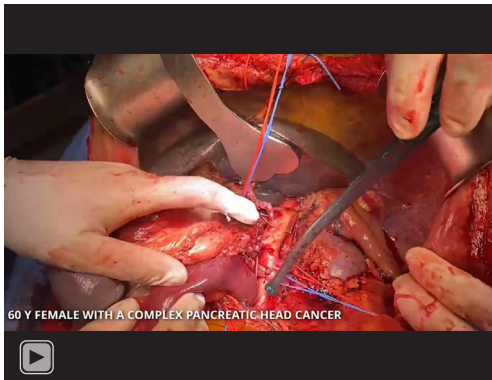
Mode of dissection follows what was later described for other pancreatic surgeries. Triangle dissection, combined with complex vascular resections are often performed as depicted in this case after neoadjuvant therapy (90). A particular issue in this operation is pronounced devascularization of the stomach and risk of gastric complications. Gastric venous congestion (GVC) is a frequent albeit not well-known finding after TP, especially when splenectomy and resection of the coronary vein are performed.

GVC might explain the high morbidity and mortality rates of TP. Loos *et al.* in a recent study with 585 patients investigated postoperative complications caused by impaired venous drainage of the stomach after TP. GVC was observed in 27.9% [163] of the patients requiring partial or total gastrectomy. Factors such as body mass index, ASA class IV, neoadjuvant therapy, completion pancreatectomy, high blood loss, splenectomy, coronary vein resection, and combined vascular resection were independently associated with intraoperative GVC. Adequate decision making for partial gastrectomy during TP is crucial. Therefore, reconstruction or at least preservation of gastric outflow is paramount in diminishing postoperative morbidity and mortality (*Figure 8*) (91).

*Video 1* demonstrates a complex pancreatic head cancer resected with a type IV TP, with both arterial and venous resection. Several techniques described in this paper are illustrated.

## Multivisceral resection

A significant proportion of patients (50–55%) present with distant metastatic disease at diagnosis, most commonly to the liver. As expected, the worst prognosis of an already severe disease is usually managed with supportive and palliative care (20). Even with the advances in neoadjuvant chemotherapy, surgical treatment of oligometastatic disease



**Video 1** Total pancreatectomy with complex vascular resection.

is perhaps the most debatable of all extended pancreatic resection discussions. Evidence of oncological benefit is limited although it has been increasingly performed in high volume centers (92). A recent single center report already explores this setting and demonstrates that some patients with liver only metastases but good preoperative prognostic index and optimal neoadjuvant chemotherapy response might have acceptable outcomes after resection (93). Furthermore, a cohort of 173 patients, including those with liver, peritoneal and distant lymph node metastatic disease reported encouraging survival outcomes, with overall survival of 25.5 months of those with complete pathological response (ypM0) confirmed after resection (94).

### Minimally invasive pancreatic resection

In parallel to advances in open procedures' rising complexity, laparoscopic and robotic pancreatic surgery's current debate moved from feasibility towards reproducibility and questioning of the benefits that deem them worth performing. Less blood loss accompanied by short hospital stay and early recovery are promises that these methods keep delivering and should be accounted for, however, true oncological radicality and long-term survival are still under evaluation (95).

Minimally invasive distal pancreatectomy (MIDP) contemplates both laparoscopic and robotic methods that have evolved greatly, in particular due to the nature of less complexity resection and no anastomosis needed. The LEOPARD prospective, randomized patient-blinded trial showed reduced time to functional recovery, less delayed gastric emptying and maintained overall rate of complications favoring MIDP, but with few resections

regarding malignant tumors (95,96). In the setting of PDAC exclusively, oncological outcomes remain unclear. Although suggested the same as open surgery by some studies, retrospective design, small size and surgeon decision allocation are common problems with probably more aggressive tumors being submitted to open surgery, leading to bias (97). The DIPLOMA multicenter propensity score matched study demonstrates higher R0 resections but less lymph node retrieval with MIDP, reinforcing the challenges in interpreting these results (98). The group is currently performing a RCT with the same name aiming to better answer this question (99).

Minimally invasive pancreatoduodenectomy (MIPD) composes a different scenario. It remains a good operation in few highly experienced hands, and with fewer evidence supporting this approach (95). Lessons from the LEOPARD-2 trial and its early cessation due to unexpected high mortality rate with laparoscopic PD suggests that this type of operation might be a better fit for the robotic approach, with its advantageous learning curve and ergonomics (100,101). Interestingly enough, a recent meta analysis showed that both laparoscopic and robotic methods have similar oncological outcomes with lower postoperative complications than open surgery, with the remark that the robotic PD is associated with a lower conversion rate than the laparoscopic alternative (102).

Nonetheless, we believe that open surgery should be the standard of care for pancreatic cancer both for younger surgeons and for more complex resections, such as type 2, 3, or 4 PD or TP. A more mature and experienced surgeon can contemplate a minimally invasive learning curve and should start by less demanding DP or even type 1 PD. Although we expect more evidence in the early future.

### Conclusions

In this paper we aim to discuss the various possibilities regarding the surgical management of pancreatic cancer. It is a complex subject with multiple and intricate variables, but it is clear that both systemic and surgical therapies have a fundamental and complementary role.

Complex vascular resections and reconstructions, recognizing patterns of dissection and defining proper lymphadenectomy compose an important set of tools concerning pancreatic surgery. Herewith a paramount and detailed knowledge of the patient's anatomy with preoperative imaging contribute for a better and safer surgical outcome. We

propose a vessel oriented technical approach with extended lymphadenectomy, following surgical oncologic principles, including specially the resection of the mesopancreas, aiming for the most favorable outcome and long-term survival. Based on current data regarding pancreatic cancer a more radical approach often brings more accomplishing results bringing as to believe that more is better.

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