

## Infection after pacemaker implantation: infection rates and risk factors associated with infection in a population-based cohort study of 46299 consecutive patients

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| Aims                   | Infection is a serious complication of pacemaker (PM) systems. Although the rate of infection has been debated, the figures are largely unknown. We therefore studied the incidence of PM infection and its associated risk factors in the Danish population.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Methods<br>and results | Since 1982, all PM implantation and removal procedures performed in Denmark have been prospectively recorded in the Danish Pacemaker Register. All patients ( $n = 46299$ ) who underwent implantation between 1982 and 2007 were included. The total length of surveillance was 236 888 PM-years. The incidence of infection was calculated according to the total number of PM-years. The incidence of surgical site infection ( $\leq$ 365 days after PM implantation) was compared with later infection in first implant and replacement procedures. Multiple-record and multiple-event-per-subject proportional hazards analyses were used to identify the independent risk factors of PM infection. Surgical site infection occurred in 192 cases after first implantation (incidence rate 4.82/1000 PM-years), and in 133 cases after replacement (12.12/1000 PM-years). Infections occurring more than 365 days after the first implantation occurred in 153 cases (1.02/1000 PM-years), and in 118 cases after replacement (3.26/1000 PM-years). Independent factors associated with an increased risk of PM infection were a greater number of PM operations (including replacements), male sex, younger age, implantation during the earliest part of the study period, and absence of antibiotics ( $P < 0.001$ ). |
| Conclusion             | The overall risk of infection after PM implantation was low. A greater number of operations augmented the risk of infection. This should be taken into account when considering revisions of PM systems.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Keywords               | Pacemakers • Complications • Infection • Registries                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

## Introduction

Implantation of a permanent pacemaker (PM) has been widely accepted and implemented worldwide as the treatment of choice for bradyarrhythmias.<sup>1</sup>

Infection in a permanently implanted PM is a serious complication. It may occur either as a surgical site infection (SSI), occurring within 1 year after implantation,<sup>2</sup> or as late-onset lead endocarditis. Pacemaker implantation rates are on the rise worldwide,<sup>1</sup> and the population of patients living with a PM is growing.

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As a consequence, PM infections are also increasing. It has been suggested that the relative rates of infection are increasing;<sup>3,4</sup> however, no large studies support this suggestion, and the overall statistics for PM infection remain largely unknown.

A number of small studies<sup>5–10</sup> as well as one larger prospective study<sup>11</sup> have identified risk factors for infection in permanent PM systems. However, the results of these studies are somewhat contradictory, and the risk factors for such infections have not been studied in a large cohort. The Danish Pacemaker Register (DPR), a prospective record of all implantations and removals of permanent PMs and PM-leads in Denmark since 1982, offers a unique opportunity to study the short- and long-term incidences of infection in permanently implanted PM systems, as well as their associated risk factors.

## **Methods**

#### Study group

All Danish patients who underwent PM implantation or reoperation with changes in hardware between 1 January 1982 and 31 December 2007 were included in the study. Patients with an implanted cardioverter-defibrillator (ICD) were excluded from the study. A minor fraction had their first PM implanted before 1982; these patients were included at the time of their first PM replacement. Patients were followed from the first PM implantation after January 1982 until death, loss to follow-up, discontinuation of PM treatment, or until 31 December 2007. Each patient's vital status as of 31 December 2007 was obtained from the Central Population Registry.

The DPR contains data from all Danish patients who received a permanent PM after 1 January 1982. Data collection was based on reports from all 14 centres in Denmark that perform implantations of permanent PM systems. Five of these centres were high-volume university clinics, and nine were non-university clinics with lower patient volumes. The implantation practice in the study period has shifted from unipolar leads with passive fixation to predominantly bipolar leads with active fixation in the recent years. Cephalic cut-down was used for venous access in more than half of the patients and epicardial approach in < 1%.

Pacemaker treatment in Denmark is standardized through a national reference program. All clinics adhered to these standards except for one, in which no preoperative antibiotics were administered when first-time PM implantations were performed. All clinics used preoperative antibiotics for patients undergoing PM replacements or reoperations. Local guidelines determined the type and dosage of antibiotics, but these data are not available in the study. All reoperations that involved changes to the implanted hardware were recorded in the register, while reoperations without hardware changes were not. The number of reoperations prior to actual implantation were counted for each patient and included in the analysis.

The reason for replacement or removal of a PM was recorded as 'normal-end-of-life', 'technical failure', or 'surgical reason'. The latter category included the four sub-categories 'infection', 'mechanical protrusion', 'erosion', or 'wound pain', which were considered to be infected PM systems and constituted the primary outcome. The infections were not sub-classified as either wound infection or endocarditis, but all infections occurring within 1 year after PM implantation were considered to be SSIs in accordance with current guidelines.<sup>2</sup> Infections occurring beyond this period were categorized as late infections.

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The indication for implantation of a permanent PM system was recorded at the time of first implantation, according to a predefined classification. This was divided into four major groups: atrioventricular (AV) block, sinus node disease, atrial fibrillation with bradycardia, and 'other'. The mode of pacing at first PM implantation was classified as single chamber AAI- or VVI-pacing, or dual chamber DDD pacing [including cardiac resynchronization therapy (CRT)]. A surrogate index for the duration and complexity of the procedure was constructed by counting the number of pieces of hardware implanted and removed during the same procedure.

#### **Statistical analyses**

Multiple-record and multiple-event per subject proportional hazards analyses were used to identify independent risk factors of PM infection. This model allowed the evaluation of time-dependent prognostic factors and multiple events per subject. It also allowed for gaps in the observations.

The factors considered in the univariate and multivariate analyses are shown in *Table 2*. All factors except sex and indication for PM implantation were considered to be time-dependent and were allowed to change with each new implantation.

Separate preliminary models were analysed for first implantations and replacements, as well as for early ( $\leq$ 365 days) and late (>365 days) infections. This analysis justified a model without interaction terms.

Patients were censored at the time of death or other termination of PM treatment, such as discontinuation of PM use upon upgrade to an ICD system or loss to follow-up. Results are presented as hazard ratios  $\pm$  95% confidence intervals for the univariate analysis. For the multivariate analysis, only the risk factors in the final model are presented. All tests were two sided, and the *P*-value threshold for significance was 5%.

Incidence of PM infection was calculated as the rate of infection per 1000 device-days.<sup>12</sup> Statistical analyses were performed using the R software (version 2.7.1 for Windows).

## Results

#### **Patients**

Patient characteristics at the time of first PM implantation are shown in *Table 1*.

A total of 46 299 patients underwent one or more PM implantations during the study period. The first implantation was performed in 44 630 patients during the study period, and prior to the start of the study period in 1669 patients. One or more PM replacements were carried out in 8380 patients. A total of 2498 patients underwent one or more PM reoperations consisting of lead replacements without PM replacement. The total follow-up was 236 888 device-years.

During the study period, 26 552 deaths occurred. The number of patients lost to follow-up was 170, and PMs were removed without replacement in 342 patients. The remaining 19 235 patients were living with an implanted PM at the end of the study period. The total number of PMs implanted during the study period was 56 657.

A subgroup of 902 patients in the DDD group received a CRT system as a first time implant. In total, 1127 CRT devices were implanted.

| Table I | Patient characteristics |
|---------|-------------------------|
|---------|-------------------------|

| Variable                                    | Patients at first pacemaker<br>implant (n = 44630) |
|---------------------------------------------|----------------------------------------------------|
|                                             |                                                    |
| Sex (n, %)                                  |                                                    |
| Male                                        | 24 023, 53.8%                                      |
| Female                                      | 20 607, 46.2%                                      |
| Age (median, 25–75%<br>interquartile range) | 76, 68–82                                          |
| Pacing mode (n, %)                          |                                                    |
| AAI                                         | 4084, 9.2%                                         |
| VVI                                         | 20 140, 45.1%                                      |
| DDD                                         | 19 504, 43.7%                                      |
| CRT                                         | 902, 2.0%                                          |
| Indication ( <i>n</i> , %)                  |                                                    |
| AV block                                    | 19 408, 43.5%                                      |
| Sick sinus syndrome                         | 14 598, 32.7%                                      |
| Atrial fibrillation                         | 6258, 14.0%                                        |
| Other                                       | 4366, 9.8%                                         |
| Complexity of the procedure <sup>a</sup>    |                                                    |
| 2                                           | 24 210, 54.2%                                      |
| 3                                           | 19 603, 43.9%                                      |
| 4+                                          | 817, 0.8%                                          |

<sup>a</sup>A surrogate index for the duration and complexity of the procedure was constructed by counting the number of hardware pieces implanted and removed during the same procedure.

#### Infections

A total of 596 PMs were removed due to infection: 345 after the first PM implantation (incidence 1.82/1000 PM-years) and 251 after replacement (incidence 5.32/1000 PM-years).

'Infection' was listed as the reason for removal of these PMs in 461 cases (77.3%); a minority of removals were attributed to other clinical presentations of infection, such as 'mechanical protrusion' in 77 cases (12.9%), 'erosion' in 44 cases (7.4%), and 'wound pain' in 14 cases (2.3%).

In 542 of these patients, one PM removal was performed due to infection, and 27 patients underwent two PM removals.

The time to PM infection is illustrated by Kaplan–Meier plots in *Figure 1.* 

Surgical site infection ( $\leq$ 365 days after PM implantation)<sup>2</sup> occurred in 192 cases after the first PM implantation (incidence rate 4.82/1000 PM-years), and in 133 cases after PM replacement (12.12/1000 PM-years). Infections after 365 days post-implantation occurred in 153 cases after first PM implantation (1.02/1000 PM-years), and in 118 cases after PM replacement (3.26/1000 PM-years).

The risk of SSI was significantly higher than the risk of infection after 365 days post-implantation for both first implantations and replacement procedures. The risk of SSI relative to the risk of later infection did not differ significantly between first implantations and replacement procedures.

#### **Risk factors associated with infection**

Univariate proportional hazards analyses indicated that all potential risk factors studied were significant, except for high-volume centre vs. low-volume centre and for prior infection (*Table 2*). In summary, the following factors were associated with an increased risk of PM removal due to infection: PM replacement vs. first PM implantation, male sex, younger age, implantation during the earliest part of the study period, absence of prophylactic antibiotics (but only for first PM implantations), dual chamber pacing mode, AV block as an indication for pacing, greater number of PM operations, and greater complexity of the procedure.

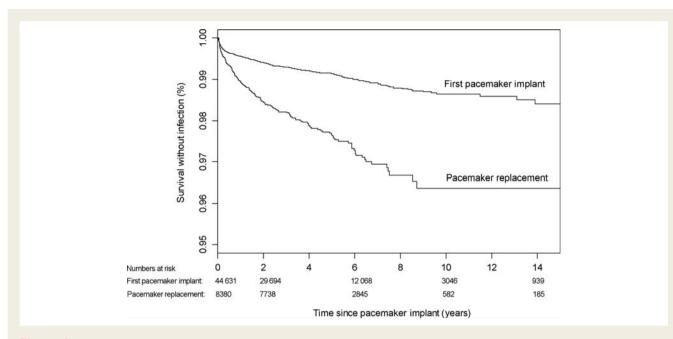
In the multivariate analyses, 'prior procedures' was included as a variable. A large number of these prior procedures consisted of PM replacements, and therefore the variable 'first PM implantation vs. PM replacement' was excluded from the multivariate analyses. In the final multivariate statistical model, pacing mode, indication for pacing, and complexity of the procedure were not found to be significantly associated with a risk of PM infection. Thus, the following risk factors were independently associated with an increased risk of PM removal due to infection in the final multivariate model: male sex, younger age, implantation during the earliest part of the study period, absence of prophylactic antibiotics (during the first PM implantation), and greater number of PM operations (*Table 2*).

## Discussion

To our knowledge, the present study represents the largest population-based study of PM infections and associated risk factors to date and reports reliable rates for the risk of infection after first PM implantations and PM replacements. Repeated operative procedures after the first PM implantation were associated with a substantial incremental risk of PM infection. Conversely, female sex, older age, and preoperative antibiotics given at the first PM implantations were associated with a lower risk of later PM infection. The pacing mode, indication for pacing, and complexity of the procedure were not independently associated with the risk of later PM infection. Although the majority of infections occurred within the first year of follow-up, a large number of infections were found to occur during the late follow-up period, >1 year post-implantation. This very late onset of infection is consistent with the findings from other studies that consider extended follow-up periods<sup>8-10</sup> and with the current understanding of slowly progressing, implant-related infection.<sup>13</sup> The defined 1 year period post-implant surgery for SSI may be more or less arbitrary,<sup>2</sup> and in our study we were not able to distinguish between clinical SSI and lead endocarditis. The significant number of infections occurring later than 1 year after implantation highlights the continued need for long-term clinical follow-up of PM patients.

#### **Rates of infection**

The incidence of PM in our population was 1.82 per 1000 PM-years after the first implantation. This is similar to the rate of 1.9 per 1000 device-years reported in a smaller, retrospective,



**Figure I** Kaplan–Meier plot of the time to infection after first pacemaker implantation (n = 44631) and after pacemaker replacements (n = 8380).

population-based cohort study.<sup>9</sup> Other epidemiological studies that include long-term follow-up have calculated cumulative rates per patient or device and report infection rates of 2.2<sup>10</sup> and 1.6%,<sup>8</sup> respectively. Studies examining shorter follow-up periods report infection rates of only 0.68<sup>11</sup> and 1%.<sup>14</sup> However, these studies failed to report weighted incidences.<sup>12</sup> In contrast to our study, these prior studies also reported infections after implantation of ICD systems. The effect of this difference is unclear; the rate of infection in ICD systems has been reported to be similar to the rates observed for PM systems,<sup>8,10,11</sup> with the exception of one study that demonstrated a higher risk of infection in ICD patients.<sup>11</sup> This is likely explained by the higher proportion of abdominal, non-transvenous ICD systems.

The incidence of SSI was 4.82/1000 PM-years after first PM implantation and 12.12/1000 PM-years after PM replacement. This is comparable with the rates observed in other fields of prosthesis implant surgery, as a recent extensive review of 1707 cases of hip and knee arthroplasty demonstrated SSI rates of 1.32 and 1.83%, respectively.<sup>15</sup> Although the setting described in the review differs from that of our study and there is a general lack of data on SSI in implant surgery, we find our incidences of SSI in PM implantation to be acceptable.

Based on estimates from Medicare<sup>3</sup> and the National Hospital Discharge Survey,<sup>4</sup> the incidence of infections in implanted devices is assumed to be rising. This assumption could not be confirmed in the present population-based study, which demonstrated a fairly constant rate of infection after implantation of permanent PM systems over the past 20 years. The rate of infection after implantation of more complex CRT systems in patients with severe heart failure within the last decade may be higher, but it has not yet been studied in suitably large patient cohorts.

#### **Prior procedures**

The substantially elevated risk of infection after PM replacements and other repeated procedures observed in the present study has been reported previously.<sup>8,10,11,16</sup> A recent randomized trial found a higher rate of infection after first implantations compared with after PM replacements.<sup>17</sup> In this trial, however, follow-up was carried out for only 6 months, and the number of infected patients reached 13 in the two treatment arms. Four of these patients presented with superficial infections that were treated with antibiotics. The increased risk of infection after repeated procedures argues strongly that industry should improve PM batteries and that physicians should increase device longevity by appropriately programming PM parameters. Furthermore, the increased risk of infection after repeated procedures should be considered in the decision-making process when handling device recalls,<sup>18</sup> which are a common reason for premature repeated procedures. In each patient, the benefits of replacing the hardware should be balanced with the increased risk of device infection.

At first glance, the higher risk of infection after repeated procedures (most often simple PM replacements) is unexpected, as these procedures most often involve only a minor surgical revision and are short-lasting compared with first implantations. It is generally recognized, however, that revision surgery is an important risk factor for the infection of an implanted prosthesis or device.<sup>19</sup> Our findings could likely be explained by the fact that PM pockets can be colonized by bacteria, even in the absence of any initial clinical signs of infection.<sup>20</sup> In combination with the limited immunological response of the fibrous and poorly vascularized PM pocket that is opened during replacement or revision procedures,<sup>21</sup> the rapid formation of a microbial biofilm<sup>22</sup> by either latent or perioperative inoculation of pathogens may be favoured, thereby allowing pocket infection.

#### Table 2 Infection of pacemaker systems and its associated risk factors

| /ariable                 | Devices          | Device-years      | Events                                  | Univariate                              |         | Multivariate <sup>a</sup> |          |
|--------------------------|------------------|-------------------|-----------------------------------------|-----------------------------------------|---------|---------------------------|----------|
|                          |                  |                   |                                         | Hazard ratio95% CI                      | P-value | Hazard ratio95%<br>Cl     | P-valu   |
| mplantation              |                  |                   |                                         |                                         |         |                           |          |
| First                    | 44 630           | 189 687           | 345                                     | 1                                       | < 0.001 | b                         |          |
| Replacement              | 12 027           | 47 201            | 251                                     | 2.79(2.38-3.28)                         |         |                           |          |
| ·····                    |                  |                   |                                         |                                         |         |                           |          |
| nfection                 |                  |                   |                                         |                                         |         |                           |          |
| ≤365 days                | 56 657           | 50 821            | 325                                     | 1                                       | < 0.001 | 1                         | < 0.00   |
| >365 days                | 45 420           | 186 067           | 271                                     | 0.16(0.08–0.31)                         | <0.001  | 0.35(0.17–0.61)           |          |
| Sex                      |                  |                   |                                         |                                         |         |                           |          |
| Male                     | 30 294           | 121 238           | 384                                     | 1                                       | < 0.001 | 1                         | < 0.00   |
| Female                   | 26 363           | 115 650           | 212                                     | 0.60(0.51-0.71)                         |         | 0.67(0.57-0.80)           |          |
| Age                      |                  |                   |                                         |                                         | •••••   |                           | •••••    |
| 0–19                     | 571              | 2499              | 22                                      | 1.63(0.96-2.78)                         |         | 1.41(0.83-2.38)           |          |
| 20-49                    | 2551             | 14 352            | 69                                      | 1.05(0.70-2.70)                         | < 0.001 | 1                         | < 0.001  |
| 50-59                    | 3938             | 21 045            | 9                                       | 0.75(0.55-1.03)                         | ~0.001  | 0.79(0.58-1.08)           | ~0.00    |
| 60-69                    | 9527             | 46 552            | 150                                     | 0.62(0.47-0.83)                         |         | 0.68(0.51-0.90)           |          |
| 70–79                    | 19 186           | 86 155            | 181                                     | 0.39(0.29–0.51)                         |         | 0.44(0.34–0.59)           |          |
| 80-89                    | 17 812           | 59 396            | 89                                      | 0.24(0.17-0.32)                         |         | 0.29(0.21-0.39)           |          |
| 90-                      | 3072             | 6888              | 6                                       | 0.11(0.05-0.25)                         |         | 0.31(0.06-0.30)           |          |
|                          |                  |                   |                                         |                                         |         |                           |          |
| fear of implantation     |                  |                   |                                         |                                         |         |                           |          |
| 1982-84                  | 2033             | 14 357            | 63                                      | 1                                       | < 0.001 | 1                         | < 0.00   |
| 1985-89                  | 7614             | 46 755            | 102                                     | 0.53(0.39-0.72)                         |         | 0.58(0.43-0.78)           |          |
| 1990–94                  | 8618             | 44 937            | 89                                      | 0.44(0.32-0.59)                         |         | 0.45(0.33-0.61)           |          |
| 1995–99                  | 10 693           | 53 120            | 105                                     | 0.41(0.31–0.56)                         |         | 0.42(0.31-0.56)           |          |
| 2000-04                  | 16 146           | 62 560            | 144                                     | 0.42(0.32-0.55)                         |         | 0.40(0.31-0.53)           |          |
| 2005–07                  | 11 553           | 15 159            | 93                                      | 0.65(0.47–0.89)                         |         | 0.60(0.44-0.82)           |          |
| High volume centre       |                  |                   |                                         |                                         |         |                           |          |
| No                       | 37 764           | 167 489           | 425                                     | 1                                       | 0.160   |                           |          |
| Yes                      | 18 893           | 69 398            | 171                                     | 0.88(0.73-1.06)                         |         |                           |          |
| Preoperative antibiotics |                  |                   | • • • • • • • • • • • • • • • • • • • • | • • • • • • • • • • • • • • • • • • • • | •••••   | ••••••                    |          |
| Yes                      | 51 473           | 213 911           | 516                                     | 1                                       | < 0.001 | 1                         | < 0.001  |
| No                       | 5184             | 22 976            | 80                                      | 2.27(1.76-2.91)                         |         | 2.33(1.81-2.98)           |          |
| ·····                    |                  |                   |                                         | ····· · · · · · · · · · · · · · · · ·   |         | ·····                     |          |
| Pacing mode              | 4074             | 22.117            | 40                                      | 1                                       | 0.005   |                           |          |
| AAI                      | 4874             | 22 116            | 42                                      | 1                                       | 0.005   |                           |          |
| VVI<br>DDD               | 25 334<br>26 449 | 115 482<br>99 289 | 245<br>309                              | 1.18(0.84–1.65)<br>1.49(1.07–2.08)      |         |                           |          |
|                          | 20 77 7          | 77 207            | 507                                     | 1.49(1.07-2.08)                         |         |                           |          |
| ndication                |                  |                   |                                         |                                         |         |                           |          |
| AV block                 | 24 854           | 103 365           | 322                                     | 1                                       | < 0.001 |                           |          |
| Sick sinus syndrome      | 18 452           | 80 358            | 151                                     | 0.61(0.50-0.75)                         |         |                           |          |
| Atrial fibrillation      | 7354             | 25 521            | 44                                      | 0.51(0.37–0.69)                         |         |                           |          |
| Other                    | 5997             | 27 644            | 79                                      | 0.89(0.76–1.26)                         |         |                           |          |
| Prior procedures         |                  |                   |                                         |                                         |         |                           |          |
| 0                        | 44 556           | 186 357           | 323                                     | 1                                       | < 0.001 | 1                         | < 0.00   |
| 1                        | 9235             | 38 701            | 180                                     | 2.62(2.19-3.14)                         |         | 2.74 (2.27-3.31)          |          |
| 2                        | 2035             | 8784              | 57                                      | 3.69(2.78-4.88)                         |         | 3.76 (2.78–5.08)          |          |
| 3                        | 586              | 2268              | 20                                      | 5.80(4.04-8.33)                         |         | 5.49 (3.71-8.13)          |          |
| 4+                       | 245              | 775               | 16                                      | 11.02(4.89-24.8)                        |         | 8.68 (3.63–20.8)          |          |
|                          |                  |                   |                                         |                                         |         |                           | Continue |

#### Table 2 Continued

| Variable             | Devices               | Device-years | Events | Univariate         |         | Multivariate <sup>a</sup> |         |
|----------------------|-----------------------|--------------|--------|--------------------|---------|---------------------------|---------|
|                      |                       |              |        | Hazard ratio95% CI | P-value | Hazard ratio95%<br>Cl     | P-value |
| Complexity of the pr | rocedure <sup>c</sup> |              | •••••  |                    |         |                           |         |
| 2                    | 28 887                | 131 238      | 262    | 1                  | < 0.001 |                           |         |
| 3                    | 24 144                | 91 674       | 254    | 1.22(1.02-1.46)    |         |                           |         |
| 4                    | 3626                  | 13 974       | 80     | 2.56(1.98-3.32)    |         |                           |         |
| Prior infection      |                       |              |        |                    |         |                           |         |
| No                   | 11 345                | 46 588       | 239    | 1                  | 0.120   |                           |         |
| Yes                  | 682                   | 612          | 12     | 1.58(0.89-2.80)    |         |                           |         |

Results of univariate and multivariate proportional hazards analyses.

<sup>a</sup>For the multivariate analysis, only the risk factors in the final model are presented.

<sup>b</sup>The variable 'first pacemaker implantation vs. pacemaker replacement' was excluded from the multivariate analyses, as a large number of the 'prior procedures' consisted of PM replacements.

<sup>c</sup>A surrogate index for the duration and complexity of the procedure was constructed by counting the number of hardware pieces implanted and removed during the same procedure.

#### **Preoperative antibiotics**

No single, sufficiently powered randomized trial has been performed to evaluate the effects of preoperative antibiotics on the long-term incidence of infection in PM treatment. A meta-analysis performed in 1998 revealed that preoperative administration of prophylactic antibiotics is effective in reducing the risk of infection,<sup>23</sup> and antibiotic prophylaxis before PM implantation has been recommended for the last decade.<sup>2,24</sup> The omission of systemically administered prophylactic antibiotics during the first implantation was confirmed to be an important risk factor for infection in the present study, whereas prophylactic antibiotics were used in all reoperations. Other studies<sup>11,17,25</sup> confirming the beneficial effects of antibiotics, irrespective of the dosing regimen used, have included both first PM implantations and reoperations. To date, however, no study has separately analysed the effects on first implantations vs. reoperations. The immune response is altered in the device pocket as a consequence of the presence of a foreign body,<sup>21,26</sup> and antimicrobial agents have been shown to have a limited effect on biofilm-associated bacterial infections.<sup>27</sup> It has therefore been suggested that the future antimicrobial strategy employed in implantation surgery should include local antimicrobial applications,<sup>28</sup> although such an approach has not been tested in prospective trials.

#### **Other procedure-related factors**

A higher rate of infection was observed during the earliest period, from 1982 to 1984, than during the subsequent 23 years. A possible explanation for these findings is that these procedures were often shared by thoracic surgeons and cardiologists, thus making the procedure more complicated.

In contrast, three potentially important procedure-related factors—the size of the implanting centre, the complexity of the procedure, and the number of leads—did not influence the rate of infection. This is consistent with the results of previous studies.<sup>10,11</sup> These results underscore the importance of other procedure-related factors, namely the use of preoperative antibiotics and repeated procedures.

In Denmark, implantation of PMs is performed only in hospitals with a fairly high implantation volume, and the majority of procedures are carried out by experienced cardiologists.<sup>29</sup> Thus, the present findings regarding higher- and lower-volume centres cannot necessarily be generalized to clinics with limited experience and/or a very low implantation volume (< 50 PM implantations per year).

#### **Patient factors**

We found that male sex was an important risk factor, consistent with the findings of Catanchin.<sup>8</sup> Surprisingly, we observed an inverse relationship between increasing age and the risk of infection, with the rate of infection highest in children and adolescents and declining with age. Prior studies<sup>8-11</sup> have not demonstrated this relationship between age and infection rate, most likely due to the presence of low numbers of children and adolescents in their study populations. Young patients are more likely to possess non-transvenous systems, which bear a higher rate of infection.<sup>30</sup> For reasons that remain unclear, the declining risk of infection with age was sustained in older age groups. Factors such as the presence of less firm subcutaneous connective tissue, which would permit less traumatic formation of the PM pocket, as well as a less aggressive immune response against lowvirulence bacteria with increasing age could theoretically play a role. Another possibility is that physicians might be more reluctant to perform a full and potentially hazardous extraction procedure in elderly, more fragile PM patients, and may therefore pursue a more conservative treatment.

#### Limitations

The present study is a retrospective analysis, and thus bears the inherent limitations of such studies. The data, however, were

reported prospectively to the register, reducing some of these limitations. With a 25-year-long period of reporting and follow-up, we find it very unlikely that the data are flawed by systematic bias caused by single operators or clinics. The DPR, however, has been subject to an external audit documenting the quality of the data.<sup>29</sup>

Any reporting of complications to a register is subject to underreporting, as well as to inappropriate classification of the causal explanation at the time of PM removal. The infection rates observed therefore represent minimal numbers, with a risk of underestimating the problem. Furthermore, the DPR was not exclusively set up to monitor device infections, and several potential risk factors such as renal dysfunction and diabetes mellitus were not available in the current analysis. The large number of patients and the completeness of follow-up should counterbalance the inherent weakness of registry-based studies.

We were not able to distinguish whether removal of the PM system was due to infection arising from a device pocket infection or from a bloodstream infection of the intravascular portion of the system. However, data suggest an overlap between these two events.<sup>5,31</sup>

## Conclusion

The incidence of infection after first PM implantation was 1.82/1000 PM-years in this nationwide cohort of 46 299 consecutive PM patients with long-term follow-up. The rate of infection was significantly higher after PM replacement procedures, for which 5.32/1000 PM-years was observed. Repeated operative procedures after the first PM implantation were associated with a substantial incremental risk of PM infection. Female sex, older age, and administration of preoperative antibiotics in the first PM implantation were associated with a decreased risk of later PM infection. Pacing mode, indication for pacing, and procedure complexity were not independently associated with the risk of later PM infection.

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#### CARDIOVASCULAR FLASHLIGHT

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### Imaging of perimyocardial sarcoidosis during successful treatment

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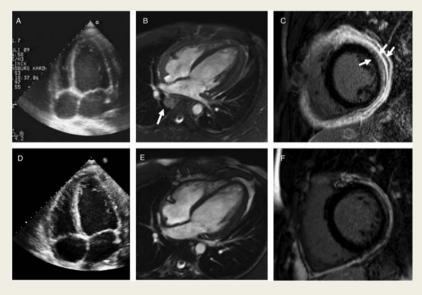
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A 29-year-old previously healthy man presented with progressive dyspnoea and a history of recurrent arthritic symptoms.

Transthoracic echocardiography revealed a dilated left ventricle with a global hypokinesia and thickened pericardium (*Panel A*; see Supplementary material online, *Movie SI*).

Cardiovascular magnetic resonance (CMR) showed global hypokinesia of the left and right ventricles with a predominant akinesia of the left ventricular lateral wall and marked pericardial thickening (*Panel B*; see Supplementary material online, *Movie SII*). Delayed enhancement images disclosed extensive hyperenhancement of the entire peri/epicardium and mainly in the subepicardial anterolateral myocardium (*Panel C*, arrows). In addition, enlarged hilar and med-



iastinal lymph nodes were noted. By endobronchial lymph node biopsy, the diagnosis of sarcoidosis was made. After the medication with steroids (prednisolone 1 mg/kg body), the patient improved rapidly (*Panel D*; see Supplementary material online, *Movie SIII*). After 6 weeks, CMR follow-up showed an improvement of left ventricular function (*Panel E*; Movie IV) and a marked reduction of delayed enhancement (*Panel F*).

Supplementary material is available at European Heart Journal online.

Panel A. Transthoracic echocardiogram, apical four-chamber view, shows an impaired left ventricular function and a thickened pericardium (see Supplementary material online, *Movie SI*).

Panel B. Cardiovascular magnetic resonance (four-chamber view) demonstrates the distinct thickness of the epi- and pericardium, resulting in an impaired systolic and diastolic left ventricular function (see Supplementary material online, *Movie SII*).

*Panel C.* Delayed-enhanced magnetic resonance imaging reveals severe circular hyperenhancement of the entire epi/pericardium and of the subepicardial anterolateral myocardium (white arrows).

Panel D. Two weeks after steroid therapy, transthoracic echocardiography (apical four-chamber view) shows an improved left ventricular function (see Supplementary material online, *Movie SIII*).

Panel E. Six weeks after steroid therapy, cardiovascular magnetic resonance (four-chamber view) demonstrates a marked regression of the epi/pericardial inflammation and an improved systolic and diastolic left ventricular function (see Supplementary material online, *Movie SIV*).

Panel F. Six weeks after steroid therapy, areas of hyperenhancement in the epi/pericardium and the anterolateral supepicardial myocardium are considerably decreased.

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