# Expression of sialyl-Tn predicts the effect of adjuvant chemotherapy in node-positive breast cancer

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Summary Sialyl-Tn (STn) is a carcinoma-associated carbohydrate determinant expressed on cancer-associated mucins and has the structure NANA $\alpha$ (2-6) $\alpha$ GalNAc. Expression of STn in colon and ovarian cancer is associated with a poor prognosis independent of tumour grade, stage or histological type. We have examined 237 cases of primary breast cancer for expression of this antigen using the antibody HB-STn (Dako). The frequency of STn expression was 31% in the whole group, 36% in the node-negative and 28% in the node-positive group. Survival was lower, but not significantly so, in the STn-positive group (P = 0.07), but this effect was highly significant for patients with node-positive disease (P < 0.002), the curves for node-negative disease being coincident (P = 0.31). In node-positive disease the effect was limited to those receiving adjuvant chemotherapy (P = 0.001). In a multivariate (Cox) analysis on the whole group STn staining, combined with adjuvant chemotherapy improved survival (relative risk 2.3, 95% confidence intervals 1.4–3.9), whereas adjuvant chemotherapy did not influence survival in patients which expressed STn (relative risk 1.1, 95% confidence intervals 0.6–2.2). Thus, by either direct or indirect mechanisms, STn positivity appears to be a marker of resistance to adjuvant chemotherapy.

Abnormal glycosylation patterns have been recognised as a feature of carcinoma-associated mucins (Hakomori, 1985). Expression of blood group-related carbohydrate antigens demonstrated by lectin binding (Fenlon *et al.*, 1987; Leathem & Brooks, 1987) and monoclonal antibodies (Narita *et al.*, 1993) has been shown to be of prognostic importance in primary breast cancer. One potential mechanism to explain this finding is that blood group-related antigens such as sialyl-Le<sup>a</sup> and sialyl Le<sup>x</sup> are known to be ligands for the endothelial cell adhesion molecule ELAM-1/E-selectin (Lowe *et al.*, 1990; Takada *et al.*, 1991), which may therefore result in an increase in the metastatic potential of malignant cells expressing these antigens.

Sialyl-Tn [ $\alpha(2-6)$ -N-acetylgalactosamine, STn] is a core region carbohydrate antigen of tumour-associated mucin (Kjeldsen *et al.*, 1988) formed by the premature 2-6 sialation of N-acetylgalactosamine (Nakasaki *et al.*, 1989). STn expression has been studied in several tumour types and found to be of prognostic significance in colonic (Itzkowitz *et al.*, 1990) and gastric carcinoma (Chun Ma *et al.*, 1993). Circulating antigen has been detected in gastrointestinal and ovarian malignancies, and raised levels have also been shown to be associated with a poor prognosis (Motoo *et al.*, 1991; Kobayashi *et al.*, 1992).

The incidence of expression of STn in primary breast cancer has been reported previously and is less than that observed in gastrointestinal and ovarian malignancies (Yonezawa *et al.*, 1992). In this study we have examined the prognostic significance of STn expression in primary breast cancer.

#### Patients and methods

#### Patients

Case records of 237 patients with primary operable breast cancer were reviewed. All patients had a total mastectomy and axillary clearance or a conservation technique comprising excision biopsy and axillary clearance followed by iridium

implant and external beam radiotherapy as primary treatment. As part of a controlled trial testing adjuvant chemotherapy in patients with node-positive disease, 78 of 148 patients randomised received chemotherapy postoperatively. Chemotherapy (CMF) was cyclophosphamide  $80 \text{ mg m}^{-2}$  orally on days 1-14, methotrexate  $32 \text{ mg m}^{-2}$ intravenously on days 1 and 8 of each cycle and fluorouracil  $480\,mg\,m^{-2}$  intravenously on days 1 and 8 of each cycle. Chemotherapy was repeated every 28 days for 12 cycles. The results of this trial have been reported previously (Howell et al., 1984). During this period patients with node-negative disease were not routinely given chemotherapy, although one patient in this group did receive adjuvant CMF. Tumour size measured clinically was recorded in 234 cases. Steroid hormone receptor status was determined using a dextran-coated ligand binding assay (King et al., 1979) with a value of  $\geq$  10 fmol mg<sup>-1</sup> cytosol protein taken as positive. Data on oestrogen receptor (ER) status was available on 218 tumours and on progesterone receptors (PgR) on 213 tumours. The histological type of all tumours was documented at diagnosis and infiltrating ductal tumours were graded according to the criteria of Bloom and Richardson (1957).

### *Immunohistochemistry*

Staining for STn was assessed on  $4 \mu m$  sections cut from formalin-fixed, paraffin-embedded tissue. Sections were incubated for 30 min at room temperature with the antibody HB-STn (Dako) raised against ovine submaxillary mucin at a dilution of 1 in 100. Sections were then treated with biotinylated rabbit anit-mouse immunoglobulin followed by avidin-biotin complex. Peroxidase activity was demonstrated using diaminobenzidine solution and nuclei were counterstained with Mayer's haematoxylin. Any case in which invasive carcinoma cells expressed STn was regarded as positive.

#### Statistical analysis

Relationships between variables were examined using the chi-squared and Mann-Whitney tests. Relapse-free and overall survival were calculated using the method of Kaplan and Meier (Peto *et al.*, 1977), and differences between curves were analysed by the log-rank test. Multivariate analysis was by Cox's proportional hazards model (Cox, 1972).

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## Results

STn expression was noted in 74 of 237 (31%) tumours examined (Figure 1). STn staining was usually coarsely granular and showed pan-cytoplasmic distribution. Occasionally when luminal differentiation was present the staining was located along the luminal surface. In most cases showing STn expression, staining was seen in 25-75% of tumour cells, but in some cases staining of less than 25% of cells was observed when positive cells were either scattered singly throughout sheets of negatively stained tumour cells or were present in small foci. The relationship between STn staining and other tumour characteristics is shown in Table I, none being statistically significant.

Although patients with STn-positive tumours had a lower survival, this was not significant (P = 0.07, Figure 2). The influence of STn positivity on survival was then examined within subgroups defined by nodal status. STn positivity did not influence survival in patients with node-negative breast cancer (P = 0.31, Figure 3) but in the node-positive group those patients which were also STn positive had a shorter survival than those with STn-negative tumours ( $P \le 0.001$ , Figure 3). STn positivity was not of prognostic significance in patients with node-positive disease who did not receive adjuvant chemotherapy (P = 0.24, Figure 4), but was in those so treated (P = 0.001, Figure 4). Established prognostic factors were well balanced in the two arms of the adjuvant chemotherapy study (data previously published). There was no imbalance of prognostic factors between STn-positive and-negative patients who received adjuvant chemotherapy.

In univariate analyses, nodal status was the most powerful predictor of relapse-free (P < 0.0001, Table II) and overall survival (P < 0.0001. Table III). Multivariate analyses were performed to assess the independence of the prognostic information given by STn staining interacting with adjuvant chemotherapy. Although nodal status remained the most powerful predictor of relapse-free survival, the interaction of adjuvant chemotherapy and STn negativity was a significant independent prognostic variable for survival ( $\chi^2 = 10.15$ ,



Figure 1 Infiltrating ductal carcinoma of breast which shows positive staining with the anti-STn antibody in the majority of tumour cells. Both cytoplasmic and membrane expression is present in this section. Bar =  $100 \,\mu m$ .



Figure 2 Overall survival by STn staining. (a) STn negative. (b) STn positive.

Factor	STn – ve (n = 163)	STn + ve (n = 74)		P-value
Age				
Mean	50	53		
Range	24-84	28-74		
Tumour size				
Median (cm)	3	3		0.51ª
Nodal status				
Negative	58 (36%)	31 (42%)	)	
1-3 nodes positive	56 (34%)	20 (27%)		o cch
4-9 nodes positive	24 (15%)	10 (14%)	>	0.66
≥10 nodes positive	25 (15%)	13 (18%)	)	
Menstrual status			,	
Pre	89 (55%)	32 (43%)	>	
Peri	20 (12%)	9 (12%)		0. <b>0.0</b> h
Post	53 (33%)	32 (43%)	>	0.23
Uncertain	1	1 .	J	
Histology			-	
Ductal grade I	12 (7%)	1 (1%)	>	
Ductal grade II	59 (36%)	30 (41%)		
Ductal grade III	63 (39%)	27 (37%)	U	0.27 <sup>b</sup>
Lobular	19 (12%)	8 (11%)	ſ	
Other	10 (6%)	8 (10%)	)	
ER status			/	
Negative	40 (26%)	24 (36%)	)	
Positive	112 (74%)	42 (64%)	}	0.19 <sup>b</sup>
Unknown	11	8	J	
PgR status				
Negative	58 (40%)	35 (53%)	)	
Positive	89 (61%)	31 (47%)	}	0.18 <sup>b</sup>
Unknown	11	8	J	

 Table I
 Presentation characteristics

<sup>a</sup>Mann–Whitney. <sup>b</sup>Chi-squared.



**Figure 3** Overall survival by nodal status and STn staining. (a) Node negative, STn positive (n = 31). (b) Node negative, STn negative (n = 58). (a) vs (b),  $\chi^2 = 1.05$ , P = 0.31. (c) Node positive, STn negative (n = 105). (d) Node positive, STn positive (n = 43). (c) vs (d),  $\chi^2 = 10.97$ , P < 0.001.



Figure 4 Overall survival of node-positive patients by adjuvant treatment and STn staining: (a) STn negative, received adjuvant chemotherapy (n = 59). (b) STn negative, no adjuvant chemotherapy (n = 24). (c) STn positive, no adjuvant chemotherapy (n = 14). (d) STn positive, received adjuvant chemotherapy (n = 14). (a) vs (d)  $\chi^2 = 10.63$ , P = 0.001. (b) vs (c)  $\chi^2 = 1.4$ , P = 0.24.

Table II Analysis of prognostic factors for relapse-free survival

Variable	Univariate		Multivariate	
	χ <sup>2</sup>	P-value	χ²	P-value
Nodal status	39.5	< 0.0001	51.13	< 0.0001
Adjuvant CT/STn - ve	2.01	0.16	10.15	0.001
Histology	6.49	0.01	8.61	0.003
Tumour size (log)	8.85	0.003	6.02	0.01
Adjuvant CT	2.63	0.01	3.20	0.07

Table III Analysis of prognostic factors for overall survival

Variable	Univariate		Multivariate	
	χ²	P-value	χ²	P-value
Nodal status	35.97	< 0.0001	45.41	< 0.0001
Adjuvant CT/STn - ve	2.75	0.097	11.79	0.0006
Histology	7.25	0.007	10.81	0.001
Tumour size (log)	8.91	0.003	4.75	0.03
Adjuvant CT	1.32	0.25	1.36	0.24

P = 0.0001; Table II). In terms of overall survival, adjuvant chemotherapy and STn negativity remained an independent prognostic factor ( $\chi^2 = 11.79$ , P = 0.0006; Table III). Administration of adjuvant chemotherapy in patients with nodepositive disease whose tumours were STn negative was associated with improved survival [relative risk 2.3, 95% confidence intervals (CI) 1.4–3.9]. Conversely, the use of adjuvant chemotherapy for node-positive and STn-positive tumours did not improve survival (relative risk 1.1, 95% CI 0.6–2.2).

## Discussion

Malignant transformation of epithelial cells is frequently associated with altered glycosylation of cell membrane glycoproteins or glycolipids. In the case of O-linked oligosaccharides, the premature 2-6 sialation of the Tn antigen (GalNAc) leads to accumulation of the STn antigen (Nakasaki et al., 1989). Expression of this carcinoma-associated antigen sialyl Tn has been shown to be a prognostic factor in ovarian, gastric and colorectal adenocarcinomas. It has been demonstrated that normal glycoproteins (Simon et al., 1990), tumour-associated glycoproteins (Irimura et al., 1987) and sialic acid residues (Dennis et al., 1982) may be involved in cell-cell or cell-matrix interactions. It has been postulated therefore that the association of STn expression and poor prognosis may be due to such interactions in a manner analogous to the interactions between ELAM-1 and the blood group-related antigens sialyl Lewis A and sialyl Lewis X. Cells expressing STn might therefore be expected to have higher metastatic potential.

In this study, we have examined the effects of STn expression on prognosis in operable breast cancer. STn expression was noted in the invasive component of primary breast cancers in nearly one-third of cases. Expression was not associated with other known prognostic factors. In particular, STn expression was not associated with nodal status, which may suggest that different mechanisms are involved in lymphatic and blood-borne dissemination. For the whole group of patients, STn expression was of borderline prognostic significance. In the subgroup of patients who were node negative, the survival curves were coincident, whereas in the node-positive group STn expression was associated with a poorer prognosis. The prognostic value of STn expression appeared to be confined to the node-positive group which received adjuvant chemotherapy in that patients with STnnegative tumours who received adjuvant chemotherapy had an improved survival compared with those not so treated. By contrast, administration of adjuvant chemotherapy to those patients whose tumours expressed STn did not influence survival. Thus STn positivity by either direct or indirect mechanisms appears to be a marker of resistance to adjuvant chemotherapy. The findings from this retrospective analysis require corroboration and, if confirmed, would have major implications for the selection of patients for adjuvant chemotherapy.

Although STn positivity may reflect aberrant glycosylation of other peptides, the function of P-glycoprotein, associated with multidrug resistance, is not influenced by its degree of glycosylation (Beck & Cirtain, 1982; Ling *et al.*, 1983). Proposed mechanisms of drug resistance are based largely on unicellular characteristics involving reduced drug uptake, increased drug efflux, increased drug inactivation, increased DNA repair and altered molecular expression of drug targets within cells. Other evidence showing that tumour cells grown in monolayer culture may be more sensitive to cytotoxic drugs than when grown as multicellular spheroids (Sutherland, 1988), suggests that some forms of drug resistance operate at a multicellular level. Altered cell-cell interactions as a result of aberrant carbohydrate expression may be important in mediating this type of drug resistance.

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