

An insight into new strategies to combat antifungal drug resistance

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Abstract: Invasive fungal infections especially in immunocompromised patients represent a dominating cause of mortality. The most commonly used antifungal agents can be divided into three broad categories, including triazoles, echinocandins and polyenes. Antifungal resistance is on the increase, posing a growing threat to the stewardship of immunocompromised patients with fungal infections. The paucity of currently available antifungals leads to the rapid emergence of drug resistance and thus aggravates the refractoriness of invasive fungal infections. Therefore, deep exploration into mechanisms of drug resistance and search for new antifungal targets are required. This review highlights the therapeutic strategies targeting Hsp90, calcineurin, trehalose biosynthesis and sphingolipids biosynthesis, in an attempt to provide clinical evidence for overcoming drug resistance and to form the rationale for combination therapy of conventional antifungals and agents with novel mechanisms of action. What's more, this review also gives a concise introduction of three new-fashioned antifungals, including carboxymethyl chitosan, silver nanoparticles and chromogranin A-N46.

Keywords: carboxymethyl chitosan, chromogranin A-N46, Hsp90, calcineurin, trehalose, sphingolipids

Introduction

Fungal pathogens cause life-threatening infections in immunocompromised individuals, including those undergoing high-dose chemotherapy or radiotherapy for malignant cancer, those receiving immunosuppressive agents for autoimmune disease and for solid organ or hematopoietic stem cell transplantation and those infected with AIDS.¹ Fungi are generally opportunistic pathogens, three most prevalent of which are *Candida albicans*, *Cryptococcus neoformans* and *Aspergillus fumigatus*.² Therapeutic options for invasive fungal infections are restricted to three major structurally distinct classes of compounds, which are polyenes, triazoles and echinocandins. Most antifungal drugs function well by targeting sterol ergosterol of fungal cell membrane or the cell wall linker molecule (1,3)- β -D-glucan, or by hindering their biosynthesis.³

Azoles are the most widely used antifungals, which include fluconazole, voriconazole and posaconazole. Azoles function by inhibiting lanosterol demethylase, an enzyme implicated in the biosynthesis of ergosterol. Lanosterol demethylase is encoded by *ERG11* in *C. albicans* and *C. neoformans*, and by *CYP51A* and *CYP51B* in *A. fumigatus*. Azoles also cause the accumulation of a toxic sterol intermediate referred to as 14 α -methylergosta-8,24(28)-dien-6 β ,3 α -diol, which is generated by Erg3. All these result in the depletion of ergosterol, destroying the integrity of fungal cell membranes.⁴

Echinocandins include caspofungin, micafungin and anidulafungin. Echinocandins bring into full play their fungicidal effect against *Candida* spp. and fungistatic effect

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against *Aspergillus* spp. by inhibiting (1,3)- β -D-glucan synthase, which is encoded by *FKS1* in *C. albicans* and *A. fumigatus*, and by *FKS1* and *FKS2* in *Candida glabrata* and *Saccharomyces cerevisiae*. (1,3)- β -D-glucan, a structural polysaccharide, is a key component of the fungal cell wall, and inhibition of its synthesis leads to the impairment of the fungal cell wall. However, echinocandins have no potency to fight against *Cryptococcus* spp.⁵

Polyenes include amphotericin B (AmB) and nystatin, having a wide spectrum of activity against species of *Candida*, *Cryptococcus* and *Aspergillus*. In addition to the effect of inhibiting membrane transport proteins, amphipathic molecules also adhere to sterol ergosterol on the fungal cell membrane, forming drug–lipid complexes that intercalate into the fungal cell membrane and then drill pores in the cell membrane. Leakage of intracellular ions will destroy the proton gradient, thus resulting in osmotic cellular lysis.^{6,7}

Currently, the limited therapeutic options for invasive fungal infections lead to antifungal resistance to a large extent. In addition, antifungal exposure under the circumstances of prophylactic use and repetitious or long-term treatment is closely correlated with the increasing occurrence of resistance, thus aggravating patient morbidity and mortality. What's more, mechanisms which confer antifungal resistance consist of biofilm formation, filamentation, genomic alterations and overexpression of drug efflux pumps (including major facilitator superfamily of transporters and ATP-binding cassette transporters).^{3,6} With the emergence of resistance to commonly used antifungal agents among opportunistic pathogens, it is imperative to find more effective approaches to eliminate this alarming threat. A better understanding of mechanisms of drug resistance contributes to searching for new targets and developing new antifungal therapies. This review focuses on some potential targets to overcome antifungal drug resistance.

Targeting heat shock proteins

Heat shock proteins (Hsps) act as molecular chaperones, which are responsible for folding and maintaining the proper conformation of client proteins. Hsp90 is a highly conserved molecular chaperone in eukaryotes that modulates the stability and activation of diverse client proteins, most of which play an important role in regulating cellular signal transduction.⁸ In fungi, Hsp90 exerts profound influences on cellular stress response circuitry via its interplay with a multitude of cellular regulators.⁹ Hsp90 consists of three functional domains. An N-terminal domain includes an ATP-binding pocket. A middle domain stabilizes client

proteins and facilitates ATP binding and ATP hydrolysis, through which energy is provided for Hsp90 functioning. A C-terminal domain contains another nucleotide-binding site and regulates Hsp90 dimerization.^{10,11} The function of Hsp90 can be regulated by a variety of mechanisms, including ATP binding and hydrolysis, interactions with other co-chaperones and posttranslational modifications such as phosphorylation, methylation, acetylation and so on.¹²

As discussed above, azoles exert fungistatic activity by inhibiting lanosterol demethylase, thus hindering the synthesis of ergosterol. Meanwhile, accumulation of a toxic sterol intermediate generated by Erg3 can lead to severe cell membrane stress. Echinocandins cause disruption of cell wall integrity and cell wall stress by inhibiting (1,3)- β -D-glucan synthase.¹³ Incompetence of Hsp90 function also abrogates azole or echinocandin resistance induced by a wide range of mutations, including resistance that has already evolved in human hosts treated with azoles or echinocandin.^{14,15} Tolerance of two laboratory *C. albicans* strains (SC5314 and SN95) to micafungin was abrogated by pharmacological inhibition of Hsp90 with geldanamycin and by genetic compromise of their Hsp90 expression via substituting native promoter with the tetO promoter.¹⁴ Pharmacological inhibition of Hsp90 with geldanamycin reduces caspofungin resistance of an *A. fumigatus* clinical isolate.¹⁶ Hsp90 inhibition also reduces resistance to caspofungin of *C. glabrata* clinical isolates.¹⁵ The combined use of Hsp90 inhibitors and echinocandins has fungicidal effect against azole-resistant strains of *A. fumigatus*.¹⁷ Inhibition of Hsp90 with geldanamycin significantly retards growth and proliferation of all clinical isolates when exposed to fluconazole, suggesting that azole resistance is abrogated by inhibiting Hsp90.¹⁸

Upstream regulators

Interactions with co-chaperones and posttranslational modifications serve as upstream regulators to govern drug resistance, altering Hsp90 conformation and thus influencing client protein recognition and chaperone function. Shapiro et al have established that Sgt1 functions as an Hsp90 co-chaperone in *C. albicans*, interacting physically with Hsp90 and potentiating basal tolerance and resistance to azoles and echinocandins. Meanwhile, depletion of Sgt1 also abrogates basal tolerance and acquired resistance to these two antifungals, activates PKA signaling, inhibits calcineurin activation and reduces virulence by inducing *C. albicans* filamentation.¹⁹ In *C. albicans*, stability and function of Hsp90 client proteins can be destroyed by deletion

of regulatory subunit of protein kinase CK2 complex, thus crippling azole resistance.²⁰

Inhibition of lysine deacetylases (KDACs) with trichostatin A destroys the stability and function of a myriad of Hsp90 client proteins, and abrogates resistance to azoles in *C. albicans* and *S. cerevisiae*. The crucial KDACs for drug resistance in *S. cerevisiae* are Hda1 and Rpd3, while KDACs in *C. albicans* remain to be an enigma. Despite the conservation of Hsp90, there exists wide divergence of KDACs between fungi and human beings, thus rendering targeting KDACs a promising strategy to specifically inhibit fungi without host toxicity.²¹

Downstream effectors

Hsp90 modulates drug resistance and virulence through various downstream effectors or client proteins such as calcineurin, the catalytic subunit of which interacts physically with Hsp90 in *C. albicans*. Hsp90 stabilizes the catalytic subunit of calcineurin, so depletion of Hsp90 leads to a decrease in calcineurin.¹⁴ Cyclosporin A and tacrolimus, the widely used immunosuppressants in clinics, fall into the category of calcineurin inhibitor. To develop calcineurin inhibitor analogs that retain antifungal effect without immunosuppressive activity in human beings holds great promise for abrogating drug resistance.¹⁷ Meanwhile, Hsp90 regulates resistance to both azoles and echinocandins via Mkc1 pathway. Depletion of Hsp90 results in disruption of Mkc1, thus blockading downstream responses which potentiate fungi to survive the stress induced by antifungals.¹⁸

Biofilm formation

It is well established that biofilm is the predominant form of fungal growth in nature. Biofilm formation is another important element complicating antifungal therapy. A biofilm is a structured fungal community which is attached to the surface of some object and encapsulated within self-generated extracellular matrix, shielding pathogenic fungi against antifungals. A wide variety of biomaterials used in clinics, especially intravascular catheters, facilitate fungal colonization and biofilm formation. *Candida* spp. are the most frequently detected fungi on biomaterials.²² In *C. albicans*, inhibition of Hsp90 function in vitro not only decreases biofilm formation but also abrogates azole resistance, further retarding the biofilm cell dissemination which might serve as a source for newly found infection. In *A. fumigatus*, Hsp90 hindrance also reduces echinocandin resistance of biofilms in vitro. In a rat model with central venous catheter biofilm infection, azole used as a single agent has been found to be

ineffective while powerful efficacy with little host toxicity was achieved after combination treatment with azoles involving genetic or pharmacological compromise of Hsp90 function. A good case in point is that after the biofilm was formed, the rat catheters were sterilized by co-administration of 17-allylamino-17-demethoxygeldanamycin, for pharmacological inhibition of Hsp90, and fluconazole.²³

Filamentation

Hsp90 exerts a profound influence on the capacity of transition between the yeast form and the filamentous pseudo-hyphal or hyphal form in *C. albicans*.²⁴ It is acknowledged that filaments play critical role in tissue invasion, expression of virulence factors such as adhesins and evasion from macrophages, all of which lead to deep-seated infections, while yeasts are implicated in early infection and disseminated infection.²⁵ Compromise of Hsp90 function induces yeast-to-filament transition under various circumstances including serum exposure, nutrients deficiency, increased carbon dioxide and high temperature through novel circuitry composed of cyclin-dependent kinase Pho85, cyclin Pcl1 and transcriptional regulator Hms1.²⁶

Other Hsps

Mayer et al have demonstrated that Hsp21 potentiates tolerance and resistance to commonly used antifungal drugs in *C. albicans* and have confirmed that Hsp21 functions in the same pathway as Hsp90. Compromise of Hsp21 leads to moderately enhanced susceptibility to AmB. An Hsp21-defective mutant was incapable of proliferating in the presence of caspofungin, suggesting that anti-Hsp21 agents could be used in combination with other conventional antifungals. Meanwhile, deletion of Hsp21 renders *C. albicans* partially susceptible to tacrolimus. Hsp21 is also found in other fungal pathogens such as *Candida dubliniensis*, *Candida tropicalis* and *Candida parapsilosis*, but is not found in human beings. Above all, anti-Hsp21 drugs will meet the requirements of a novel anticandidal compound, destroying several kinds of pathogenic fungal cells with few side effects to patients.^{27,28} Recently, Hsp70, another molecular chaperone, has been revealed to play a key role in orchestrating stress response to caspofungin through Hsp90 and its co-chaperone StiA in *A. fumigatus*. Pharmacological inhibition of Hsp70 with pifithrin- μ or genetic deletion of StiA leads to the impairment of Hsp90 function and increased susceptibility to caspofungin, suggesting that targeting Hsp70–StiA–Hsp90 complex or inhibiting Hsp70 will enhance the antifungal efficacy against caspofungin-resistant *A. fumigatus*.²⁹

Targeting calcineurin

Calcineurin, a highly conserved Ca^{2+} -calmodulin (CaM)-activated protein phosphatase 2B, takes important part in calcium-dependent signaling in various fungi. It consists of a catalytic subunit (CnA) and a regulatory subunit (CnB).³⁰ It is a heterodimer with CnA containing an N-terminal phosphatase domain and CnB-binding helix along with the CaM-binding domain. There exists an auto-inhibitory domain which represses the catalytic activity at the C-terminus. The activity of calcineurin phosphatase is enhanced by adherence of Ca^{2+} -CaM to CnA and CnB, forming the activated complex (CnA–CnB–CaM) through which Ca^{2+} signals are transmitted so as to dephosphorylate the transcriptional factor Crz1 and facilitate translocation of Crz1 into nucleus. Crz1, a fungal homolog of mammalian NFAT, functions by activating the transcription of genes which are involved in growth, virulence, cell wall integrity and drug resistance. Calcineurin activity can be inhibited by its binding to the immunophilin–immunosuppressant complexes, such as FK506–FKBP12 in tacrolimus and CsA–CypA in cyclosporine A.³¹

Calcineurin is crucial to growth, virulence, drug resistance, stress response and transition between morphological states for a broad spectrum of fungi, including *C. albicans*, *A. fumigatus*, *C. neoformans* and so on.^{32,33} Combination of tacrolimus and caspofungin also has a synergistic effect against *C. dubliniensis* strain with echinocandin resistance.³⁴ In *C. albicans*, combination of fluconazole and tacrolimus can partially reverse azole resistance.³⁵ Combination of cyclosporin A with other antifungals also demonstrates synergistic effect against other *Candida* spp.³⁶ Efficacy can be significantly enhanced by the combined application of calcineurin inhibitor and other antifungals in vitro or in experimental models of mucormycosis caused by *Mucor* and *Rhizopus* spp.^{37–40}

It appears a powerful antifungal strategy to target the downstream effectors or substrates in the calcineurin signaling pathway via genetic and biochemical modifications. Crz1 regulates the transcriptional response induced by calcineurin activation in response to stress. Cbp1, an element which is responsible for hyphal growth, calcium homeostasis and regulation of calcineurin signaling, has been identified in *C. neoformans* and *A. fumigatus*.⁴¹

Targeting trehalose biosynthetic pathway

Trehalose, also referred to as α -D-glucopyranosyl-(1,1)- α -D-glucopyranoside, is a simple nonreducing disaccharide containing two glucose subunits connected by an α , α -1,1-glycosidic linkage. Trehalose pathway is directly associated

with glycolysis. Production of several important enzymes that play a pivotal role in trehalose formation, including trehalose-6-phosphate synthase (Tps1) and trehalose-6-phosphate phosphatase (Tps2), is also regulated by trehalose pathway.^{42,43}

Trehalose can be produced by bacteria, fungi, plants and invertebrates, while it cannot be created by mammalian hosts since there is no enzyme machinery for trehalose pathway in mammals. Blockade of trehalose pathway via inhibiting its enzymes perhaps exerts little adverse consequences on the human metabolism and biochemical network, thus rendering inhibitors oriented toward trehalose biosynthetic pathway an appealing potential target against fungal infections.⁴⁴ Trehalose is regarded as an important alternative carbon source, providing energy for certain fungi. Trehalose-6-phosphate (T6P), a kind of trehalose intermediate, is crucial to the regulation of carbon metabolism, acting as a major signaling molecule in the fungal cell.⁴⁵ In fungi, glycogen functions when nutrients are rich. However, with the depletion of glucose, trehalose begins to accumulate gradually and serves as an alternative energy source especially under stress and extreme starvation conditions. Trehalose can form hydrogen bonds by connecting two water molecules and thus functions as a substitute for water by interacting with the phospholipids or other macromolecules on the cell membrane so as to shield pathogenic fungi against stress. More interestingly, trehalose can also protect fungal cell membrane against dehydrated conditions by creating a glass state in cases where there is no water retention or crystallization.^{46,47}

It is well acknowledged that reactive oxygen species (ROS) are crucial for the immune system to fight against pathogenic fungi. When confronted with oxidative stress conditions, trehalose acts as a free radical scavenger to eradicate ROS.⁴⁸ Inhibition of trehalose biosynthesis in vivo may increase the effect of ROS-dependent host immune defense against fungi, as evidenced by the distinctly enhanced susceptibility of trehalose-deficient mutated *S. cerevisiae* to hydrogen peroxide (H_2O_2) compared with the wild type.⁴⁸ After being exposed to oxidative stress factors, reduced viability and poor survival outcomes were also observed in trehalose-deficient *C. albicans*, *C. neoformans* and *A. fumigatus*.^{49–51} A variety of trehalose-deficient mutant fungi including *C. albicans*, *C. neoformans* and *Aspergillus nidulans* are more sensitive to thermal stress, as suggested by a significant decrease in viability both in cold and in hot conditions.^{50,52} Although there has been no strong evidence supporting the fact that trehalose constitutes an integral structural component of fungal cell wall, deficiency of Tps2

in *C. albicans*, *A. nidulans* and *A. fumigatus* attenuates cell wall homeostasis and virulence by reducing the chitin and thus leads to cell lysis in high or low temperature.⁵³ In *S. cerevisiae*, Tps3p is found to play a regulatory role in the Tps complex, especially during heat shock. Phosphorylated Tps3p also regulates the activity of Tps2. In *C. albicans*, a transcriptional factor called Cap1p is closely associated with tolerance to oxidative stress and the binding site for Cap1p is located in the Tps3 promoter region. Exposure to H₂O₂ results in a dramatic elevation in Tps3 mRNA.⁵⁴ After elucidating the significance of trehalose synthesis in fungal survival and adaptation in response to various stresses, we conclude that Tps1, Tps2 and their regulatory subunit Tps3p have the potential to be the ideal antifungal target.

Guirao-Abad et al have identified that validamycin A will be a promising substrate for designing new antifungal compounds targeting trehalose pathway in the future despite the fact that validamycin A cannot be used as a clinical antifungal agent at present.⁵⁵ Magalhães et al have further confirmed that T6P inhibits Tps1 activity in *S. cerevisiae*, *C. albicans* and *C. tropicalis*, suggesting that T6P might be a promising antifungal candidate against pathogens the virulence of which depends on trehalose. However, as a phosphorylated molecule, T6P, is characterized by poor cell membrane permeability. So, routes of administration and drug delivery strategy must be explored to improve cell permeability.⁵⁶

Targeting sphingolipids

Sphingolipids are important ingredients of fungal cell membrane. Some kinds of sphingolipids, such as inositol-phosphoryl ceramide (IPC) and glucosylceramide (GlcCer), play critical roles in fungal pathogenesis and virulence.⁵⁷ Up till now, studies on the role of IPC in virulence are mainly restricted to non-virulent *S. cerevisiae* model.⁵⁸ *C. neoformans* strains which lack GlcCer synthase (Gcs1) gene not only have been found to lose their virulence in animal model but are also not influenced by other virulence factors, such as capsule and melanin.⁵⁹ GlcCer may facilitate fungal tolerance to alkaline conditions as evidenced by an obvious growth retardness in an alkaline/neutral pH environment due to deletion of GlcCer synthase gene in *C. neoformans*.⁶⁰ This is also the case with *C. neoformans* mutant lacking the sphingolipid methyltransferase 1 (Smt1), which yields unmethylated GlcCer.⁶¹ In *C. albicans*, disruption of genes which encode enzymes involved in GlcCer biosynthetic pathway, such as Smt1 and Gcs1, results in reduced cellular elongation in hyphal-inducing solid media. Knock-out of Gcs1 genes in *C. albicans* leads to incompleteness of cell

membrane structure and enhanced susceptibility to fluconazole treatment.^{24,62}

FEN1 and *SUR4* are sphingolipid biosynthetic pathway genes that encode fatty acid elongases. Sharma et al have demonstrated that deletion of *FEN1* and *SUR4* in *S. cerevisiae* and their orthologs in *C. albicans* dramatically enhanced their sensitivity to AmB compared to their parent strains. This can be explained by the fact that depletion of sphingolipids may render ergosterol more easily accessible to AmB binding, thereby sensitizing cells to AmB.⁶³ Bari et al have found that overexpression of *PMP3* gene, which encodes Pmp3 protein, culminates in elevated AmB resistance in both *S. cerevisiae* and *C. albicans* strains. While deletion of *PMP3* gene decreases their AmB resistance. Modulation of AmB resistance mediated by Pmp3 has nothing to do with ergosterol content, cell wall integrity and Hsp90, but is dependent on sphingolipid biosynthetic pathway. This can be manifested by the fact that AmB sensitivity of *PMP3* deletants can be suppressed by the addition of phytosphingosine, a sphingolipid pathway intermediate.⁶⁴ As mentioned previously, biofilm, a complex consisting of yeast, pseudohyphae and hyphae, is usually surrounded by a protective layer called extracellular matrix to evade antifungals. Immunocompromised patients, especially those with long-term implanted medical devices, are more prone to *Candida* biofilm evolution. Alfatah et al have confirmed that genes *CaFEN1* and *CaFEN12* involved in sphingolipid biosynthesis are crucial for cell wall integrity and for the formation of hyphae and biofilms in *C. albicans*. *S. cerevisiae* deleted of *FEN1* and *SUR4* genes and *C. albicans* deleted of their orthologous genes (*CaFEN1* and *CaFEN12*) are defective in sphingolipid biosynthesis, culminating in impaired cell wall integrity and disrupted formation of hyphae and biofilm. All these perhaps contribute to enhanced sensitivity of *FEN1* and *SUR4* deletants to AmB.⁶⁵

There is great promise for the introduction of potential drugs specifically targeting fungal sphingolipids. These potential drugs can be divided into two broad categories: drugs that target biosynthesis of fungal sphingolipids and drugs that target the function of sphingolipids directly. The advantages and disadvantages of potential drugs are summarized in Table 1.^{58,66–76}

Other new drugs

Carboxymethyl chitosan (CM-chitosan)

With the wide application of indwelling or implanted medical devices, there has been a drastic increase in *Candida* infection-related biofilm formation detected on the surfaces of these devices.⁷⁷ Chitosan, a kind of *N*-deacetylated

Table 1 Candidate drugs targeting sphingolipids

Drugs	Advantages	Disadvantages
Targeting the biosynthesis of fungal sphingolipids (inhibitors of sphingolipid-metabolizing enzymes)		
SPT inhibitors (myriocin, sphingofungin)	Impair biofilm formation; effective against <i>Candida</i> and <i>Aspergillus</i> spp.	Toxic to host; enhance the mortality of host
Ceramide synthase inhibitors (australifungin, fumonisin B1)	Have broad spectrum of antifungal effect against <i>Candida</i> and <i>Aspergillus</i> spp. as well as <i>Cryptococcus neoformans</i>	Toxic to host; lack specificity
Inhibitors of SIP, sphingosine kinases and SIP lyase	Highly toxic to fungi; improve the host immune response	No drugs exist till now
IPC inhibitors (aureobasidin, galbonolide, khafrefungin, rustmicin)	Active against <i>Candida albicans</i> and <i>C. neoformans</i> ; impair biofilm formation; Ipc1 is not present in human cells	Lack antifungal effect against mold, such as <i>Aspergillus</i> spp.
GlcCer synthase inhibitors (D-threo-PDMP)	Have antifungal effect against <i>Aspergillus fumigatus</i> and <i>Aspergillus nidulans</i>	Toxic to host; off-target effect; have no significant effect against <i>C. neoformans</i>
GlcCer inhibitors (BHBM, D0)	Show antifungal activity against <i>Candida</i> spp., <i>C. neoformans</i> , <i>A. fumigatus</i> and <i>Histoplasma capsulatum</i> in vitro and in vivo; well tolerated in animal model	Require further study
Targeting the function of sphingolipids directly (targeting GlcCer directly)		
RsAFP2 (defensins)	Have no cross interactions with human GlcCer; active against <i>C. albicans</i> ; impair the transition from yeast to hyphae	Strains lacking GlcCer synthase gene are resistant to RsAFP2 (such as <i>Candida glabrata</i>)
Monoclonal antibodies against GlcCer	Inhibit conidia germination; facilitate phagocytosis by activating macrophages; present a synergistic effect with other antifungals	Antifungal spectrum is relatively narrow

Abbreviations: BHBM, N'-(3-bromo-2-hydroxybenzylidene)-2-methylbenzohydrazide; D-threo-PDMP, D-threo-1-phenyl-2-decanoylamino-3-morpholino-1-propanol; D0, 3-bromo-N'-(3-bromo-4-hydroxybenzylidene) benzohydrazide; GlcCer, glucosylceramide; IPC, inositolphosphoryl ceramide; SIP, sphingosine-1-phosphate; SPT, serine palmitoyltransferase.

derivative of chitin, is characterized by the properties of being bioadhesive, biocompatible, biodegradable and non-toxic. Previous report has it that chitosan can inhibit hyphal growth and spore germination of various fungi.⁷⁸ Several studies have reported strong anti-biofilm formation effect of chitosan and its derivatives on *C. albicans*.^{79–81} As can be observed through scanning electron microscopy, the biofilm was dramatically less dense on the silicone surface treated with CM-chitosan (a kind of chitosan derivative) compared to the control surface. This indicates that CM-chitosan can effectively prevent *Candida* spp. from adhering to surface of medicinal silicone rubber (such as voice prostheses) and inhibit the evolution of mixed fungi biofilm at different stages for a long period of time in vitro.^{82,83} Recently, Tan et al have revealed that CM-chitosan has exerted a strong inhibitory effect on the biofilm formation of non-*C. albicans* species including *C. tropicalis*, *Candida krusei*, *C. parapsilosis* and *C. glabrata*, particularly on mixed-species biofilm.⁸⁴ Yet, there is pressing need for further studies to explore whether medicinal silicone coated with CM-chitosan has an inhibitory effect on mixed fungal biofilm in vivo.

Silver nanoparticles (AgNPs)

AgNPs, the nanomaterials which are most commonly used to combat fungi, are characterized by high electrical conductivity, high thermal conductivity and high catalytic

activity. AgNPs can be synthesized through environmental-friendly approaches, one of which is chemical reduction with cysteine.⁸⁵ AgNPs are more effective than AmB, posaconazole, itraconazole, voriconazole and caspofungine regarding in vitro antifungal activity. Artunduaga Bonilla et al confirmed that AgNPs were 640-fold more effective than fluconazole and particularly had antifungal effects against fluconazole-resistant *Candida* spp. They also reported the tiny cytotoxic effect of AgNPs on murine fibroblast cell lines.⁸⁶ Besides, nanoparticles can interfere with superoxide dismutase, leading to accumulation of ROS, which stimulates inflammatory response and results in mitochondrial destruction.⁸⁷

Chromogranin A-N46 (CGA-N46)

CGA is a kind of soluble protein which is predominantly expressed in neurons and endocrine cells. CGA-N46, a weak alkaline α -helical peptide which corresponds to the N-terminal Pro31-Gln76 sequence (the 31st to 76th amino acids) of human CGA, has recently been identified and then produced in engineered *Bacillus subtilis* strain DB1342 by Li et al.⁸⁸ Their team reported that at the relatively low concentration of <0.8 mM, CGA-N46 demonstrated strong antifungal effect against all the tested *Candida* spp., including *C. glabrata*, *C. parapsilosis*, *C. krusei*, *C. tropicalis* and *C. albicans*. However, even at the high concentration of 3.2 mM, CGA-N46

showed no inhibitory potency on the growth of filamentous fungi or other types of fungi, such as *A. fumigatus*, *Aspergillus flavus*, *Aspergillus niger*, *C. neoformans*, *Fusarium moniliforme*, some *Microsporum* spp. and *Trichophyton* spp. When combined with terbinafine and fluconazole, their antifungal effect against *Candida* spp., particularly against *C. krusei*, could be significantly augmented. Besides, their antifungal activity remained highly stable at 40°C with a wide spectrum of pH (from pH 5.0 to pH 7.0).⁸⁹ Li et al also confirmed that CGA-N46 facilitated instability of phospholipid monolayer of cell membrane via disturbing the arrangement of phospholipids, thus leading to transportation of CGA-N46 into the cytoplasm without destroying the integrity or drilling pores in outer cell membrane of *Candida* spp. Treatment of *C. krusei* cells with CGA-N46 also resulted in severe damage of mitochondrial membrane, vacuolation of mitochondria, deformation or even degeneration of mitochondrial ridge and blockade of mitochondrial electron transfer chain by decreasing the potential of mitochondrial membrane, all of which led to cell death. The results of PCR confirmed that CGA-N46 inhibited DNA biosynthesis of *Candida* spp. in vitro and in vivo by inactivating DNA polymerase.⁹⁰

Based on bioinformatic analysis, a variety of CGA-N46 derivatives was identified after removing some related amino acid sequences from CGA-N46. CGA-N8, CGA-N12, CGA-N15 and CGA-N16 were the final derived peptides synthesized by solid-phase peptide synthesis method and purified by HPLC. CGA-N12 was the inner sequence of CGA-N16, and CGA-N16 was located within CGA-N46. CGA-N12, CGA-N16 and CGA-N46 possessed the same active domain. CGA-N8 and CGA-N12 showed stronger stability than the other derivatives. All the derived peptides exhibited stronger anti-candidal effects than their “mother” peptide CGA-N46, among which CGA-N12 demonstrated the strongest antifungal activity and the weakest hemolytic toxicity, and hence was found to be a promising drug for the treatment of candidiasis.⁹¹

Conclusion and future perspectives

Drug resistance is mushrooming at an alarming rate largely due to the limited categories of conventional antifungal drugs. A better understanding of drug resistance mechanisms illuminates new approaches to enhance therapeutic efficacy of current antifungal armamentarium and minimize host toxicity. The various underlying mechanisms of drug resistance have yet to be further elucidated. We have every reason to believe that targeting Hsp90/21, calcineurin, trehalose biosynthesis and sphingolipids biosynthesis and application

of new-fashioned drugs, such as CM-chitosan, AgNPs, CGA-N46, CGA-N12, will definitely provide encouraging strategies to thwart fungal pathogens and thus form the rationale for the combination therapy with novel drugs in the treatment of refractory fungal infections. What is more, inhibition of biofilm formation, filamentation, drug efflux pump or mitochondrion also serves as a promising strategy to combat pathogenic fungi.^{92–95} However, some potential drugs are toxic. Therefore, therapeutic drug monitoring and careful surveillance should be conducted to determine drug exposure including dose, concentrations, formulations and routes of administration, with the intention of optimizing treatment response and minimizing side effects. Last, appropriate drug stewardship and patient management are also crucial in preventing drug resistance.

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