

For Submission to Frontiers in Microbiology

Supplementary Data

**MATERNAL BREASTFEEDING, BUT NOT WELL-BEING, IS ASSOCIATED WITH
OFFSPRING MICROBIOME DIVERSITY; A SECONDARY ANALYSIS OF THE
MICROBEMOM RANDOMISED CONTROL TRIAL**

Table S1 Differences between participant demographics in the probiotic vs. placebo groups of the MicrobeMom Study.

| Variable | Placebo Group (n=62) | | Probiotic Group (n=56) | | p |
|---|-------------------------|--------------|---------------------------|--------------|-------|
| | n | % | N | % | |
| Completed 3 rd level education | 56 | 90 | 46 | 82 | 0.407 |
| Caucasian Ethnicity | 58 | 94 | 56 | 100 | 0.121 |
| First Child | 31 | 50 | 37 | 48 | 0.094 |
| Delivery – SVD | 52 | 84 | 42 | 75 | 0.259 |
| ABX in Labour | 20 | 32 | 20 | 36 | 0.702 |
| Male Infant | 34 | 55 | 25 | 45 | 0.357 |
| NICU Admission | 9 | 15 | 3 | 54 | 0.132 |
| <i>Breastfeeding Practices at discharge</i> | | | | | |
| Exclusive | 36 | 58 | 38 | 68 | 0.244 |
| Any breastfeeding | 49 | 79 | 45 | 80 | 0.810 |
| <i>Breastfeeding Practices at 1 month</i> | | | | | |
| Exclusive | 29 | 47 | 27 | 48 | 0.935 |
| Any breastfeeding | 42 | 68 | 40 | 71 | 0.684 |
| | Mean | SD | Mean | SD | p |
| Age at recruitment (years) | 34.10 | 3.64 | 32.59 | 4.12 | 0.037 |
| Height (m) | 1.65 | 0.07 | 1.65 | 0.08 | 0.572 |
| Weight (Kg) | 67.74 | 8.35 | 68.64 | 10.00 | 0.599 |
| BMI (Kg/m ²) | 24.87 | 3.08 | 25.33 | 3.51 | 0.446 |
| Gestational age (days) | 279.23 | 9.63 | 281.75 | 8.34 | 0.133 |
| Birthweight (g) | 3749.76 | 562.90 | 3546.88 | 516.58 | 0.044 |
| Early Well-being Score | 16.68 | 3.76 | 16.75 | 3.34 | 0.921 |
| Late Well-being Score | 16.37 | 3.14 | 17.07 | 2.81 | 0.213 |
| | Median | IQR | Median | IQR | P |
| HP Index | 5.48 | -0.77, 13.91 | 5.62 | -0.99, 14.00 | 0.899 |

P value determined using Chi Square of categorical variables and independent T-tests used for continuous variables (mean / SD reported). P<0.05 significance. For HP index; Mann Whitney U Test used for P value and median / 25th, 75th centile presented. SVD spontaneous vaginal delivery; ABX antibiotics; NICU neonatal intensive care unit; Early well-being 16 weeks; Late well-being 34 weeks; BMI body mass index; HP index Pobal Haase & Pratschke Deprivation Index

Table S2. Adjusted linear regression analysis of breastfeeding habits at discharge and outcomes of infant microbiome diversity

| Models | B | p | 95% Confidence interval | R ² Adj. |
|--|-------|-------|-------------------------|---------------------|
| <i>Outcome – PC2</i> | | | | |
| Exclusive Breastfeeding | 0.254 | 0.007 | 0.006, 0.038 | 0.153 |
| Model is controlled for delivery mode (SVD vs LSCS), antibiotics at delivery, maternal age, maternal body mass index, and study group (probiotic vs. placebo). P< 0.05 significance. | | | | |

Table S3. Adjusted linear regression analysis of breastfeeding habits at 1 month postpartum and outcomes of infant microbiome diversity

| Models | B | p | 95% Confidence interval | R ² Adj. |
|--------------------------------------|--------|--------|-------------------------|---------------------|
| <i>Outcome – Shannon Diversity</i> | | | | |
| Any Breastfeeding | -0.241 | 0.013 | -0.498, -0.060 | 0.042 |
| Exclusive Breastfeeding*** | -0.364 | <0.001 | -0.573, -0.194 | 0.117 |
| <i>Outcome – Simpson Diversity *</i> | | | | |
| Exclusive Breastfeeding*** | 0.339 | <0.001 | 0.027, 0.091 | 0.084 |
| <i>Outcome – Observed Species **</i> | | | | |
| Any Breastfeeding*** | -0.315 | <0.001 | -0.207, -0.060 | 0.229 |
| Exclusive Breastfeeding*** | -0.271 | 0.003 | -0.172, -0.037 | 0.207 |
| <i>Outcome – PC2</i> | | | | |
| Any Breastfeeding*** | 0.319 | <0.001 | 0.013, 0.045 | 0.236 |
| Exclusive Breastfeeding | 0.014 | 0.062 | -0.001, 0.029 | 0.124 |

* Reflect and square root transformation applied due to skew of data. **log10 transformation applied due to skew of data. All models are controlled for delivery mode (SVD vs LSCS), antibiotics at delivery, maternal age, maternal pre-pregnancy BMI and study group (intervention vs. control). P< 0.05 significance. *** Remained significant following Benjamini Hochberg Correction.