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Meta-analysis of *GSTM1* null genotype and lung cancer risk in Asians

Authors' Contribution:
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Data Collection B
Statistical Analysis C
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Background: Several molecular epidemiological studies have been conducted to examine the association between glutathione S-transferase M 1 (*GSTM1*) null genotype and lung cancer in Asians; however, the conclusions remained controversial. We therefore performed an extensive meta-analysis on 31 published case-control studies with a total of 5347 lung cancer cases and 6072 controls.

Material/Methods: PubMed and EMBASE were searched to identify case-control studies investigating the associations of *GSTM1* null genotype with risk of lung cancer in Asians. Odds ratios (ORs) with 95% confidence intervals (CIs) were used to assess the strength of association between lung cancer risk and polymorphism of *GSTM1*.

Results: *GSTM1* null genotype was significantly associated with lung cancer risk (OR=1.43; 95% CI, 1.30–1.58). This result remained statistically significant when the adjusted ORs were combined (OR=1.38; 95% CI, 1.23–1.54). In the subgroup analysis by sex, there were significant associations in women and men. When stratifying for histology, this genotype showed increased adenocarcinoma risk and squamous cell carcinoma risk. In the subgroup analysis stratified by smoking status, lung cancer risk was increased in both smokers and non-smokers.

Conclusions: This study suggests that *GSTM1* null genotype is a risk factor for lung cancer in Asians.

MeSH Keywords: **Meta-Analysis • Lung Neoplasms – genetics • Polymorphism, Genetic – genetics**

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Background

Lung cancer is one of the leading causes of cancer-related deaths in the world. The mechanism of lung carcinogenesis is not understood. Although it is well known that smoking is the primary risk factor for lung cancer, lung cancer develops in less than 20% of people who smoke throughout their life. Moreover, lung cancer is a multi-cellular and multistage process involving a number of genetic changes in oncogenes, suggesting that genetic factors may play an important role in its development.

The glutathione S-transferases (GSTs) are a gene superfamily of phase II metabolic enzymes that detoxify free radicals, particularly in tobacco smoke, products of oxidative stress, and carcinogens such as benzopyrene and other polycyclic aromatic hydrocarbons [1]. *GSTM1* has been mapped to the GST mu gene cluster on chromosome 1p13.3. One variant in *GSTM1* has been identified: a deletion. The deletion (*GSTM1* null variant) has been examined extensively in epidemiologic studies. Persons with a homozygous deletion of the *GSTM1* locus have no enzymatic functional activity. Phenotype assays have confirmed this lack of function by demonstrating a strong concordance between phenotype and genotype [2]. Previous studies have suggested that individuals with null genotypes of *GSTM1* may be unable to eliminate electrophilic carcinogens efficiently and have a high risk of lung cancer. However, the results from previous reported studies in Asians were inconclusive [3–33]. Therefore, we conducted a meta-analysis to explore the effect of *GSTM1* null genotype on lung cancer risk in Asians.

Material and Methods

Selection of published studies

We searched the PubMed and EMBASE to identify published case-control studies investigating the associations of *GSTM1*

null genotype with risk of lung cancer in Asians. We used the following terms: 'glutathione S-transferases' or '*GSTM1*' and 'lung cancer', without restriction on language. Additional studies were identified by a manual search of references of original studies or review articles. The inclusion criteria were: (1) original papers containing independent data; (2) studies should provide the sample size, odds ratios (ORs), and 95% confidence intervals (CIs), as well as the genetic distribution or the information needed to infer the results; and (3) case-control or cohort studies. The major exclusion criteria for studies were: (1) overlapping data; (2) insufficiently useful data; and (3) case-only studies or family-based studies; (4) reviews, abstracts, or commentaries; (5) not relevant to lung cancer or *GSTM1*; and (6) not conducted in Asians.

Data extraction

Two independent researchers extracted raw data according to the inclusion criteria. The following information was collected from each study using a data extraction form: the surname of the first author, year of publication, country of origin, sex of subjects, histology, smoking status, number of cases and controls, adjustment, and ORs and the corresponding 95% confidence intervals (CIs) of lung cancer risk.

Statistical analysis

For the *GSTM1* gene, we estimated the risk effect of the null genotype on lung cancer compared with the non-null genotypes in the recessive model (null vs. heterozygous + wild type). The strength of the association between the *GSTM1* gene and lung cancer risk was measured by ORs with 95% CIs.

The ORs with corresponding 95% CIs from individual studies were pooled using fixed or random effects models, according to the heterogeneity. When the *P* value for Cochran's Q statistic was less than 0.1, and a significant heterogeneity existed across the included studies, the random effects model

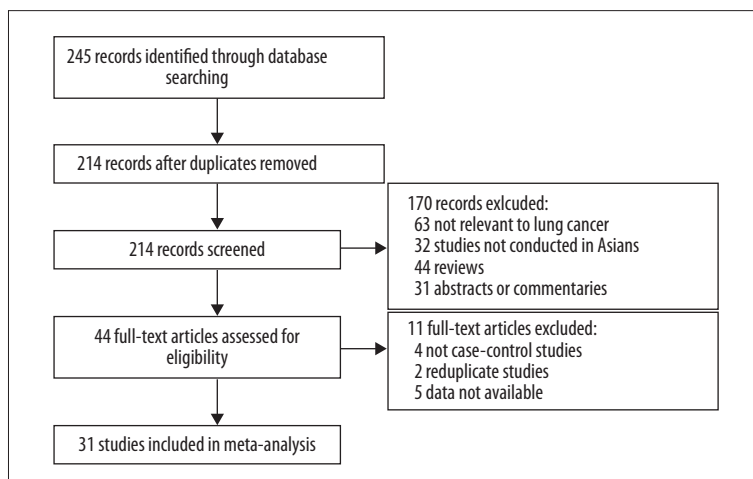


Figure 1. Flow diagram of the literature search.

Table 1. Characteristics of the case-control studies included in this meta-analysis.

First author	Year	Country	Sex	Histology	Smoking	Case	Control	Adjustment
Kihara	1995	Japan	Mixed	Mixed*	Smoker	97	185	No
Ge	1995	China	Mixed	Mixed	NA	89	25	No
Hong	1998	Korea	Mixed	Mixed*	NA	85	63	No
Gao	1998	China	Mixed	Mixed	Mixed	70	46	No
Gao	1999	China	Mixed	Mixed*	Mixed*	59	132	No
Kiyohara	2000	Japan	Mixed	Mixed	Mixed	86	88	Yes
Lan	2000	China	Mixed	Mixed	Mixed	122	122	Yes
London	2000	China	Men	Mixed	Mixed	232	710	Yes
Chen	2001	China	Mixed	Mixed	Mixed	106	106	No
Xue	2001	China	Mixed	Mixed	Mixed	106	106	No
Lu	2002	China	Mixed	Mixed	Mixed	314	320	No
Kiyohara	2003	Japan	Women	Mixed	Nonsmoker	158	259	Yes
Wang	2003	Japan	Mixed	AD	Mixed*	112	119	Yes
Chan-Yeung	2004	China	Mixed	Mixed*	Mixed	130	117	Yes
Chen	2004	China	Mixed	Mixed	Mixed	97	197	No
Yang	2004	China	Women	Mixed	Mixed	200	144	No
Gu	2004	China	Mixed	Mixed	Mixed*	180	224	No
Li	2004	China	Mixed	Mixed	Mixed*	217	200	No
Li	2005	China	Mixed	Mixed	Mixed*	99	66	Yes
Lee	2006	Korea	Mixed	Mixed*	Mixed	171	196	Yes
Chang	2006	China	Mixed	Mixed	Mixed*	163	163	No
Osawa	2007	Japan	Mixed	Mixed*	Mixed*	113	121	Yes
Yang	2007	Korea	Mixed*	Mixed*	Mixed	318	353	Yes
Jin	2010	China	Mixed	Mixed	Mixed*	150	150	Yes
Zheng	2010	China	Mixed	Mixed	Mixed	265	307	No
Zhu	2010	China	Women	Mixed	Nonsmoker	160	160	Yes
Kiyohara	2012	Japan	Mixed	Mixed	Mixed	462	379	Yes
Li	2012	China	Mixed	Mixed	Mixed*	217	198	Yes
Liu	2012	China	Mixed	Mixed*	Mixed*	360	360	No
Chen	2012	China	Mixed	Mixed	Mixed*	200	200	No
Wang	2012	China	Mixed	Mixed	Mixed	209	256	Yes

* More information can be extracted. AD – adenocarcinoma.

(DerSimonian and Laird method) was used for meta-analysis, or the fixed-effects model (Mantel-Haenszel method) was used. Sensitivity analysis was further performed by excluding a single study to assess the impact of an individual study

on the pooled estimate. Subgroup analyses were stratified by sex, histology, and smoking status. Cumulative meta-analysis was also performed. Funnel plots and Egger's regression test were used to assess the potential publication bias [34]. Data

Table 2. Detailed results of meta-analysis.

	Test of association		Heterogeneity	
	OR (95% CI)	P Value	P Value	I ² (%)
Overall	1.43 (1.30–1.58)	<0.00001	0.06	30.0
Men	1.38 (1.06–1.78)	0.02	0.78	0.0
Women	1.30 (1.03–1.64)	0.03	0.24	28.0
Adenocarcinoma	1.27 (1.05–1.55)	0.02	0.49	0.0
SCC	1.40 (1.10–1.78)	0.006	0.48	0.0
SCLC	1.22 (0.81–1.83)	0.35	0.18	38.0
Non-smoker	1.49 (1.25–1.79)	<0.00001	0.87	0.0
Smoker	1.78 (1.43–2.23)	<0.00001	0.37	8.0

SCC – squamous cell carcinoma; SCLC – small-cell lung cancer.

analysis was performed using STATA 12 (StataCorp LP, College Station, Texas, USA).

Results

Study characteristics

The flow chart shown in Figure 1 summarizes the study selection process. A total of 31 studies were retrieved based on the search criteria for lung cancer susceptibility related to the *GSTM1* polymorphism [3–33]. The main study characteristics are summarized in Table 1. There are 5347 lung cancer cases and 6072 controls.

Meta-analysis results

The evaluations of the association between *GSTM1* polymorphism and lung cancer risk are summarized in Table 2. The null genotype of *GSTM1* was associated with a significantly increased risk of lung cancer when compared with present genotype (OR=1.43; 95% CI, 1.30–1.58; Figure 2). Fifteen studies reported adjusted ORs. The combination of adjusted ORs for lung cancer was 1.38 (95% CI, 1.23–1.54).

When stratified by sex, significantly elevated risks were observed in men (OR=1.38; 95% CI, 1.06–1.78) and women (OR=1.30; 95% CI, 1.03–1.64). In the subgroup analysis according to histology, significantly increased risks were observed in adenocarcinoma (OR=1.27; 95% CI, 1.05–1.55) and squamous cell carcinoma (OR=1.40; 95% CI, 1.10–1.78), but not in small-cell lung cancer (OR=1.22; 95% CI, 0.81–1.83). Subgroup analysis based on the smoking status showed that increased risks were found in non-smokers (OR=1.49; 95% CI, 1.25–1.79) and smokers (OR=1.78; 95% CI, 1.43–2.23).

As shown in Figure 3, significant associations were evident with each addition of more data over time. The results showed that the pooled ORs tended to be stable. A single study involved in the meta-analysis was deleted each time to reflect the influence of the individual data set on the pooled ORs, and the corresponding pooled ORs were not materially altered (Figure 4).

Funnel plot and Egger's test were used to assess the publication bias of the literature. Figure 5 shows the funnel plot for the assessment of publication bias. The shape of the funnel plot did not reveal any evidence of obvious asymmetry (Figure 5). Egger's test did not show evidence of publication bias ($P=0.09$).

Discussion

The present meta-analysis, including 5347 lung cancer cases and 6072 controls from 31 case-control studies, explored the association of *GSTM1* null genotype with lung cancer risk. We demonstrated that the null genotype of *GSTM1* was associated with a significantly increased lung cancer risk in Asians. Furthermore, in the stratified analysis by sex, we found that both men and women with *GSTM1* null genotype had increased lung cancer risk. However, it should be noted that the numbers of these studies were small. More studies are needed to assess the association between *GSTM1* null genotype and lung cancer risk in males and females. Cigarette smoking is a pro-inflammatory stimulus and an important risk factor for lung cancer. Some studies explored the interaction between *GSTM1* genotype and smoking habits. Our results showed significant associations between *GSTM1* polymorphism and lung cancer risk among smokers and non-smokers. We also found that patients with *GSTM1* null genotype had increased non-small-cell lung cancer (adenocarcinoma and squamous cell

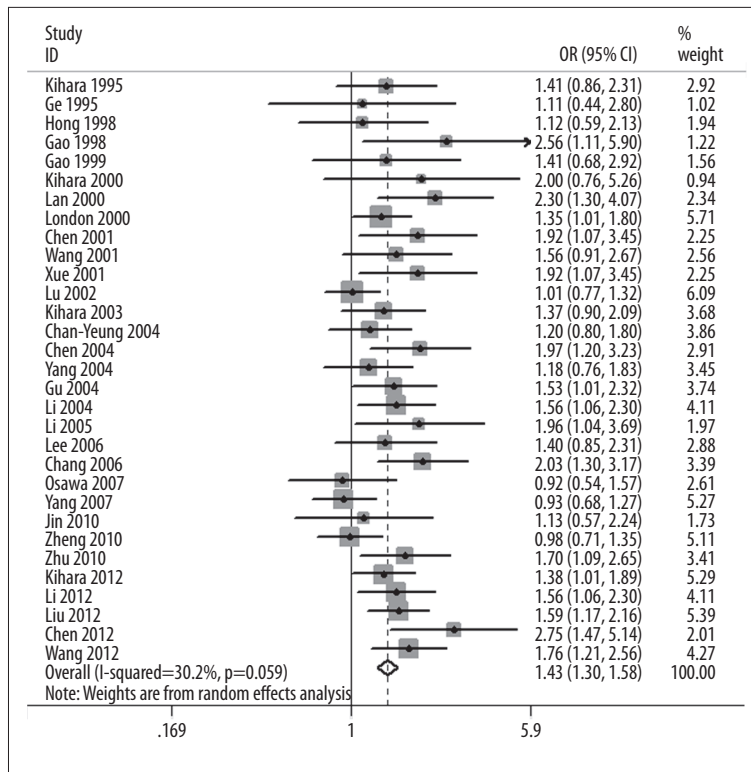


Figure 2. Forest plot of lung cancer risk of *GSTM1* polymorphism.

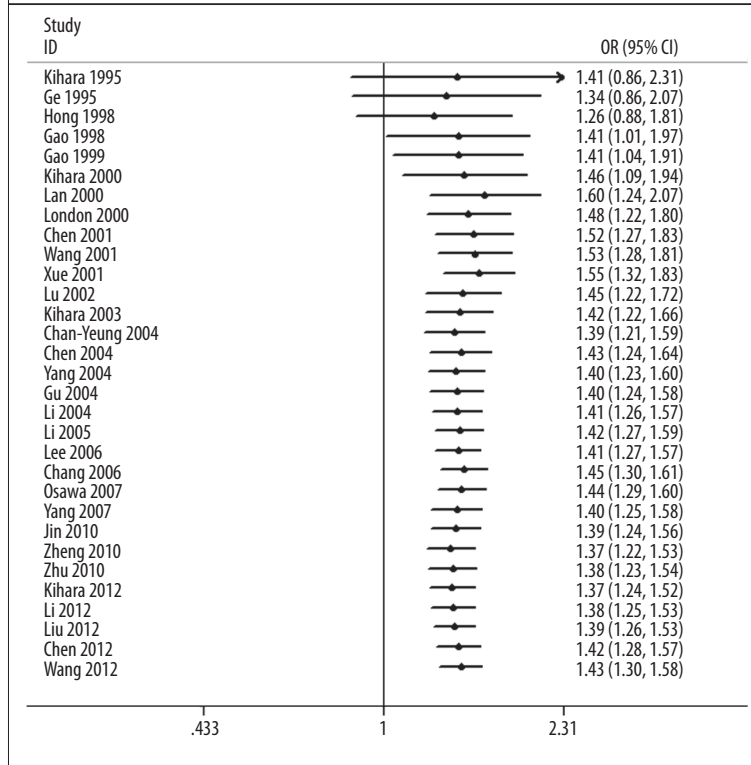


Figure 3. Cumulative meta-analysis of lung cancer risk of *GSTM1* polymorphism.

carcinoma) risk. However, we failed to find a significant relationship between *GSTM1* null polymorphism and small-cell lung cancer risk. This result suggested that *GSTM1* null polymorphism may play an important role in the development of non-small-cell lung cancer.

GSTs are biotransformation enzymes, and they are phase II enzymes with both catalytic activities and non-catalytic functions. Previous studies have shown that individuals with the *GSTM1* null genotype have a decreased capacity to detoxify certain carcinogens. Thus, impaired *GSTM1* function may lead

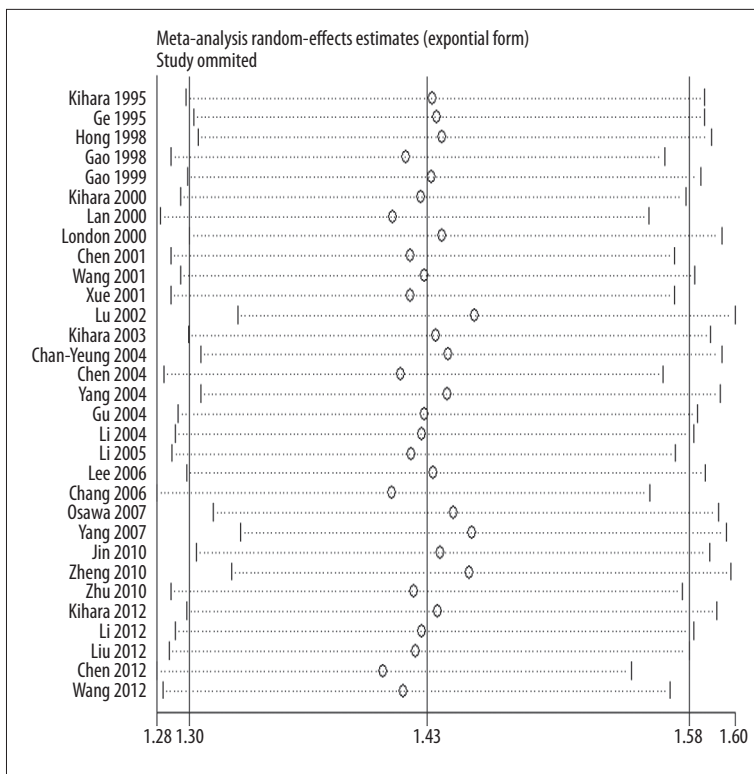


Figure 4. Sensitivity analysis of lung cancer risk of *GSTM1* polymorphism.

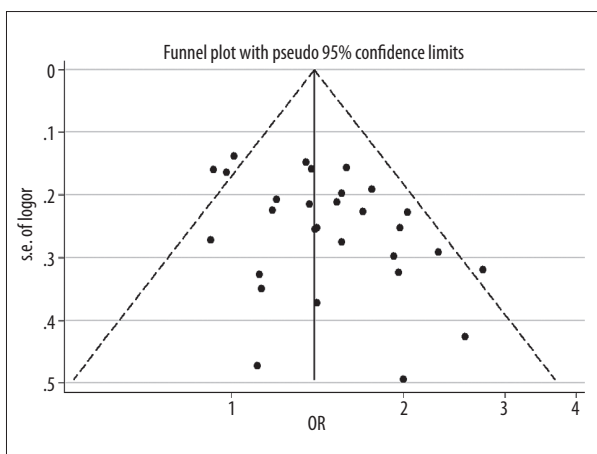


Figure 5. Funnel plot of association between *GSTM1* polymorphism and lung cancer risk.

Results from one-way sensitivity analysis and cumulative meta-analysis suggested high stability and reliability of our results and significant heterogeneity was not observed in this meta-analysis. Moreover, funnel plots and Egger's tests were used to find potential publication bias. The results indicated that there was no significant publication bias.

Some limitations in our meta-analysis should be mentioned. First, the numbers of published studies were not sufficient for a comprehensive analysis. Second, lack of the original data from the eligible studies limited the evaluation of the effects of the gene-gene and gene-environment interactions in the development of lung cancer. Third, only published studies were included in this meta-analysis; therefore, publication bias may have occurred even though the statistical test did not show it.

to serious DNA damage and carcinogenesis. Thus, it is biologically plausible that the *GSTM1* null genotype may increase risk of lung cancer.

Our study had some advantages. First, the methodological issues for meta-analysis such as one-way sensitivity analysis and cumulative meta-analysis were well investigated. Second, the main result remained statistically significant when the adjusted ORs were combined.

Conclusions

In conclusion, this meta-analysis suggests that an increased risk of lung cancer was associated with the null polymorphism of *GSTM1* in Asians.

Conflicts of interest

None.

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