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Original Article

# The Effect of Pentoxifylline on *bcl-2* Gene Expression Changes in Hippocampus after Long-term use of Ecstasy in Wistar Rats

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#### **Abstract**

3,4- Methylenedioxymethamphetamine (MDMA or "Ecstasy") is a psychoactive and hallucinogenic drug of abuse. MDMA has been shown to produce neurotoxicity both in animals and humans. Recently, the vasodilator drugs such as pentoxifylline is one of the new strategies which have been considered as neuroprotector. In this study effect of pentoxifylline on *bcl*-2 gene expression changes in hippocampus of rat following long- term use of ecstasy was investigated.

30 male Wistar rats weighing 250-300 g were randomly divided into 5 groups: control (normal), sham (MDMA injection), experimental 1 (MDMA and then PTX injections), experimental 2 (PTX injection and after 1 week, MDMA injection) and vehicle (saline injection) groups. All drugs were injected intraperitoneally. Two weeks later, the hippocampi were removed for studying the changes in *bcl-2* gene expression. We used quantitative real time PCR for detection of *bcl-2* gene expression in treated groups and then compared them to control samples. The results showed the gene dosage ratio of 0.49, 0.78 and 1.17 for sham, experimental 1 and experimental 2 groups, respectively. The results also showed the *bcl-2* gene expression declined in sham group as compared to the experimentalgroups. Furthermore, we observed a significant difference in the *bcl-2* gene expression between sham and experimental 2 groups. We conclude that quantitative real time PCR could be used as a direct method for the detection of *bcl-2* gene expression in tested and normal samples.

**Keywords:** Ecstasy; Hippocampus; Pentoxifylline; bcl,; Real-time PCR.

#### Introduction

3,4-Methylenedioxymethamphetamine (MDMA or "Ecstasy") is a psychoactive recreational hallucinogenic substance and a major drug of abuse worldwide (1, 2). MDMA is known to inhibit the DA Transporter (DAT), NE Trasporter (NET), and 5-HT Transporter (5-HTT) (2).

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MDMA elicit 5-HT, DA and NE release in the brain (2, 3). Neurochemical and anatomical studies have shown that MDMA decreased number of 5-HTT neurons in the rodent neocortex, striatum, and hippocampus (1). The studies have shown that MDMA decrease brain 5-HT transporters in human (4). MDMA has been shown to produce neurotoxicity both in animals and humans (2, 5). Despite more than two decades of studies on MDMA neurotoxic effects, the underlying mechanisms of neurotoxicity still remain to be fully elucidated (2). MDMA and

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**Table 1.** Characteristics of the primers used in the real-time PCR assay.

rat-bcl-2F	ATCGCTCTGTGGATGACTGAGTAC
rat-bcl-2R	AGAGACAGCCAGGAGAAATCAAAC
rat-GAPDH-F	AAGTTCAACGGCACAGTCAAGG
rat-GAPDH-R	CATACTCAGCACCAGCATCACC

other amphetamines induce serotonergic and dopaminergic terminal neurotoxicity and also neurodegeneration in areas including the cortex, hippocampus, striatum and thalamus (2, 4, 5). Amphetamine and amphetamine derivatives induce apoptosis upon acute and repeated exposures. Apoptotic pathways induced by amphetamine and methamphetamine in neurons seem to be mainly mediated by the mitochondrial apoptotic pathway, associated with a decrease in Bcl-2 levels and direct interference with mitochondrial transmembrane potential (6). Apoptosis is accompanied by endonucleosomal DNA cleavage, activation of caspase-3 and proapoptoic genes (1, 2, 4). It is well known that ecstasy causes apoptosis in brain and liver (7). Direct MDMA 5-HT<sub>2A</sub> - receptor stimulation produces intracellular oxidative stress that leads to neuronal apoptosis accompanied by caspase-3 activation (5). MDMA has also been shown to cause apoptotic cell death in two different studies using cell cultures (8). Recently, the vasodilator drugs such as pentoxifylline is one of the new strategies which have been considered as neuroprotector (2). Pentoxifylline is a methylxanthine derivative that has multiple properties as anti-inflammatory, inhibitors of free radical production, neuroprotectors, vasodilators, immunomodulators and antiplatelet agents (9, 10-13).

A study has shown that PTX significantly reduced apoptosis of cortical cells following burn injury(9),however,another study indicated that pentoxifylline is able to reduce the severity of lesions in the hippocampus following long-term use of MDMA (14). Pentoxifylline improves learning and memory in glutamate- lesioned rats andboth pentoxifylline and propentofylline reduce neural damage following ischemia (11). In this study, we designed and optimized quantitative real- time PCR assay based on SYBR Green I chemistry to determine the effect

of PTX on *bcl-2* gene expression changes in hippocampus after long-term use of ecstasy in rat.

## **Experimental**

30 male Wistar rats weighing 250-300g were used in this study. Animals were housed at temperature 22±2 °C and light- controlled environment, with free access to food and water. The rats were divided into five groups, each consisting of n = 6; I: Control group, II: Sham group that on day one rats were treated with a total three intraperitoneal (IP) injections of MDMA (7.5 mg/kg) at 2 h intervals. III: Experimental 1 group that received three IP injection every 2 h, with the last injection of MDMA, pentoxifylline (100 mg/kg)was injected intraperitoneally. IV: Experimental 2 group that rats were injected (IP) with one 100 mg/kg dose of pentoxdifylline at a time, and after 1 week received three IP injections of MDMA (7.5 mg/kg) at 2 h intervals. V: Vehicle group that received saline. (14) 14 days later, the animals were anaesthetized and immediately killed by decapitation. Brains were immediately removed, rinsed with ice cold PBS and hippocampi were rapidly dissected, snapfrozen in liquid nitrogen, and frozen at -80 °C until used for studying the changes in bcl-2 gene expression.

# RNA isolation and reverse transcription

The tissue samples were treated with total RNA isolation reagent (Sigma) as recommended by the manufacturer and the extracted RNA was purified using RNeasy Mini Kit (Qiagen). The concentration and purity of the purified RNA were determined by spectrophotometry. High quality RNAs (A260/280≥1.8) were selected and kept at -80 °C until use for cDNA synthesis. Up to 1 μg RNA was converted to cDNA using QuanTitect® Reverse Transcription Kit (Qiagen) according to the manufacturers instructions. To verify the integrity of the cDNA, a PCR experiment was performed using glyceraldehydes-3-phosphate dehydrogenase (GAPDH) specific primer. The primers for real-time PCR of bcl-2 and GAPDH genes were designed by the Primer Express v.3.0 software (Applied Biosystems, Foster City, USA).

### Real-time PCR with SYBR green I

The selected primers underwent an extensive search using BLAST tool (www.ncbi.nlm.nih. gov/blast). The characteristics of the primers used in this study have been summarized in Table 1.Real-time PCR was carried out in optical grade 96-well plates (Micro amp, Applied Bio systems, Singapore) at reaction volume of 25 Microlitr, including 12.5 SYBR Green Master Mix (primer design), 300 nM primer and 5 ng template DNA. All samples were run in duplicate. Thermal cycling was performed on the Applied Biosystems 7300 real-time PCR system using the following cycling conditions: 95 °C for 10 min, and 40 cycles at 95 °C for 15 sec, and 60°C for 1 min. Each complete amplification stage was followed by a dissociation stage at 95 °C for 15 sec and 60 °C for 30 sec. Then, temperature was ramped up from 60°C to 95 °C (0.03 °C/sec), and fluorescence intensity data was collected continuously over the ramping stage for 20 min. Melting curve analysis was performed according to the dissociation stage data and reactions with a single peak at expected melting temperature (Tm) were considered for further analysis.

### Data analysis

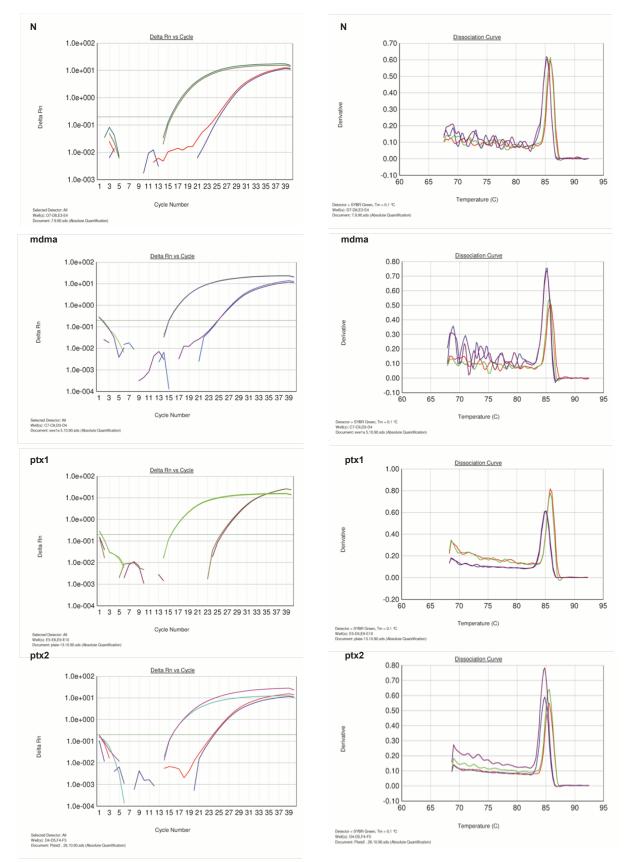
Quantitative analysis was performed by the measurement of threshold cycle(CT) values during the exponential phase of amplification. The parameter CT was defined as the cycle number at which the amplification plot passed a fixed threshold. In each assay, mCT was the mean CT value of duplicate amplifications. Relative quantity of bcl-2 gene was determined using comparative CT method and  $\Delta$ CT was calculated as the difference between the CT values of the bcl-2 and the CT value of GAPDH gene. The data were analyzed using the following formula: Gene dosage ratio =  $2^{-\Delta\Delta CT}$ , where- $\Delta\Delta$ CT = [mCT*bcl-2* (test sample)–mCT*GAPDH* gene (test sample) -[mCTbcl-2 (normal sample)-mCTGAPDH gene (normal sample)]. Gene dosage ratios were relative to the mean  $\Delta$ CT value of these samples. Data processing was analyzed with ABI Prism 7300 Sequence Detection System (version 1.2.3, Applied Biosystems, UK). The graph preparation were performed using Microsoft Excel 2007 and RJS Graph 3.90.10 (15).

Statistical analysis

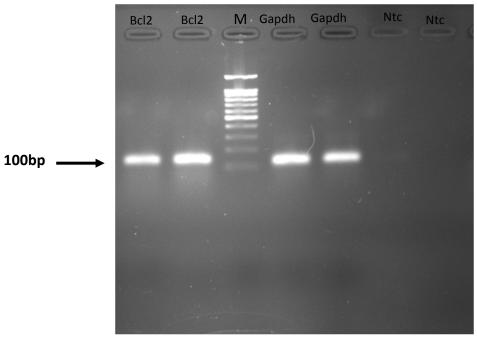
The results were analyzed with ANOVA test. Analysis of differences between treatment groups followed by post hoc comparsion. A probability level of p < 0.05 was considered significant.

#### Results

In this study, pentoxifylline effects on bcl-2 gene expression changes in hippocampus after long-term use of ecstasy were compared in sham group. Using this method, tested and normal samples were analyzed. As expected, there was a significant difference between the tested and normal samples in real time PCR. To optimize and validate the real-time PCR assay before using  $\Delta\Delta$ CT method for gene expression, a validation experiment was performed to determine the PCR efficiencies of the target and the reference genes. The input amount of template DNA was plotted against the corresponding CT values. The slope of the best-fit lines were within the acceptable range of -3.6<slope<-3.1 (http://www.genequantification.de). The consistency of all the PCR reactions through a wide range of template DNA concentrations (3-50 ng) was assessed by plotting  $\Delta$ CT values of *bcl-2* gene against the input amount of DNA. The absolute slopes of the best-fit lines were  $\leq 0.1$  for *bcl-2* gene which indicated the validity of the  $\Delta\Delta$ CT relative quantitation. Melting curve analysis was performed for every single reaction to exclude amplification of non-specific products (Figure 1). Each valid amplification reaction displayed a single peak at expected Tm. Furthermore, gel electrophoresis analysis of the PCR products revealed a single band with the expected size for each amplicon, (Figure 2). The results showed the gene dosage ratio of 0.49, 0.78 and 1.17 for sham, experimental 1 and 2, respectively. The results also showed the bcl-2 gene expression declined in sham group as compared to the experimental groups. Therefore, this study was undertaken to reveal the effect of the pentoxifylline on bcl-2 gene expression changes in hippocampus after long-



**Figure 1.** Amplification and melting curve analysis of real-time PCR for *bcl-2*and *GAPDH* genes. N: normal group, MDMA: sham group, PTX1: experimental 1, PTX2: experimental 2.



**Figure 2.** Gel electrophoresis analysis of the PCR products. NTC, non-template control. M, DNA Size marker.

term use of ecstasy in rats.

## **Discussion**

(ecstasy) MDMA is a synthetic amphatemine derivative (7). That has been shown to produce neurotoxicity both in animals and humans (2, 5). It is well known that ecstasy causes apoptosis in brain and liver (7). Proteins belonging to the Bcl-2 family seem to play a key role in the apoptotic response triggered by derivatives of amphetamines (16). Bcl-2 family proteins are classically divided into death- inhibiting or death-inducting members.Bcl-2, Bclw and Bclx<sub>L</sub> are known to enhance cell survival whereas Bax,Bak, Bad and Bid are inducers of death (17).

Bcl<sub>2</sub> inhibits cytochrome c release from mitochondria elicited by pro-apoptotic Bax, resulting in inhibition of caspase activation and apoptotic death (18). The aim of this study was the effect of pentoxifylline on *bcl-2* gene expression changes in hippocampus after long-term use of ectasy in Wistar rats. We designed and optimized quantitative real-time PCR assay using SYBR green I technologies from Applied Biosystems. Overexpression of *bcl-2* in transgenic mice protected neurons from naturally

occurring cell death and experimental ischemia (18). METH induces significant increases in the pro-death Bcl-2 family genes Bad, Bax and Bid, and decreases in the anti-death genes Bcl-2 and Bcl-X<sub>1</sub>(17,19).

Moreover, a marked induction of caspase-3 activity was demonstrated in the hippocampus of rats previously administrated with a neurotoxic does of MDMA (20).

METH treatment down-regulated Bcl-2 in the striatum in mice (21). D- amphetamine increases basal apoptosis of neoplastic liver lesions through dysregulation of *bcl-2* family genes (16); and increased expression of *bcl-2* can prevent apoptosis of immortalized neuron cells by methamphetamine (22). The results of SYBR Green method were similar to those of obtained from TUNEL assay (14). In the present study, the mean value of the ratios, obtained from tested and normal samples using SYBR Green assay for *bcl-2* gene, was in agreement with the results reported by Imam *et al.* (21), Tamburini *et al.* (20), Sharifi *et al.* (14) and Sari *et al.* (23).

## Conclusion

This work represents the first systematic

study of the simultaneous changes in bcl-2 gene expression after long-term use of ecstasy in Wistar rats using real-time PCR technique. Although many studies have focused on bcl-2 mRNA expression in amphetamines-induced brain injury, conventional techniques such as Northern blot analysis, quantitative RT-PCR and in-situ hybridization are not able to detect small amounts of mRNA, and do not provide quantitative measure of the amounts of mRNA present in the samples. Since the real-time PCR requires a very small amount of mRNA. In the present study, bcl-2 mRNA expression significantly declined in sham group as compared to experimental 2 group. These findings are consistent with anti-apoptotic properties of bcl-2 gene. Furthermore, this method provides a powerful tool for investigators to study MDMAinduced brain damage and response to treatment drugs with anti-apoptotic agents.

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