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Conundrum of re-positive COVID-19 cases: A systematic review of case reports and case series



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ABSTRACT

Background: The systematic review was conducted to summarize and synthesize evidence from all available case series and case reports published on re-positive COVID-19 cases. *Methods*: The systematic review was registered with Prospero (CRD42020210446). PRISMA guidelines were followed for conducting the systematic review. Inclusion criteria for studies included case reports and case series which have documented cases of positive reverse transcriptase polymerase chain reaction (RT-PCR) after a period of clinical improvement or a negative RT-PCR report. Reviews, opinions, and animal studies were excluded. Methodological quality was assessed using the modified Murad scale. *Results*: A total of 30 case reports/case series were included in the study, wherein a total of 219 cases were included. In re-positive cases, the age range varied from 10 months to 91 years. The pooled proportion of positive cases after follow-up using random-effects was

12% (95% confidence interval [CI]: 09%–15%). Among the re-positives, a total of 57 cases (26%) had comorbidities. A total of 51 (23.3%) and 17 (7.8%) re-positive cases had been treated with antivirals and corticosteroids, respectively. Only a few studies have confirmed the presence of antibodies after the first episode. Studies that included contact tracing of re-positives did not find any positive cases among close contacts of re-positive cases.

Conclusion: The systemic review found that reinfection is a possibility within 123 days of a negative RT-PCR test in a small number of cases of COVID-19. This has wider ramifications in framing clinical, preventive, and public health policy guidelines.

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Introduction

Clusters of atypical pneumonia cases were reported from Wuhan city, China, in December 2019 in the Hubei province.¹ The agent was identified as severe acute respiratory syndrome

Although scientific knowledge of the novel SARS-CoV-2 in the context of characteristics, transmission dynamics,

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corona virus 2 (SARS-CoV-2) and the disease was named as COVID-19.² World Health Organization declared it as Public Health Emergency of International Concern on 30 January 20 and subsequently as a pandemic on 11 March 20.³

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pathophysiology, and clinical spectrum of disease manifestations has considerably increased over the past one year, knowledge gaps continue to persist in the natural history of the disease. The immune response to the infection (humoral versus cellular Immunity, the persistence of acquired immunity, and natural immunity to the disease) are still plagued with uncertainty.

Case reports and case series have documented COVID-19 cases with reverse transcriptase polymerase chain reaction (RT-PCR)—positive test reports at two different time frames following a symptom free period and/or RT-PCR—negative test. These cases may include re-positives, reactivated, and reinfection cases. It is unknown whether these cases share common characteristics or features that may help identify re-positive cases before discharge. The systematic review of the case reports and case series of the re-positives may help in better understanding of the natural history of the disease. Hence, a systematic review to summarize and synthesize evidence from all the published case series and case reports was conducted.

Materials and methods

The present systematic review was registered with Prospero with registration number CRD42020210446. We followed PRISMA guidelines for conducting the systematic review. A detailed literature search was carried out until 12 November 2020 for studies with reported cases of COVID-19 after a symptom-free interval. The databases that were searched included Medline through Pubmed and Cochrane databases. The key terms used were COVID-19, severe acute respiratory syndrome corona virus, relapse, re-activation, re-positive, and re-infection. The detailed search for Pubmed is given in Supplementary Table 1. Hand searches of the references of articles were also carried out. Observational studies, including case reports and case series, which had reported COVID-19 cases positive for RT-PCR on different occasions following a symptom-free interval and/or negative RT-PCR test were considered for the systematic review. Studies published in English language only were considered for the systematic review. Inclusion criteria for studies included case reports and case series that have documented positive RT-PCR cases after a period of clinical improvement or after a negative RT-PCR report. Review, opinions, and animal studies were excluded. Case reports which described clinical presentation or manifestations of COVID-19 cases were also excluded from the studies if they did not specify the positive molecular test after a symptom-free period or negative RT-PCR test.

Case definition

For this systematic review, the words relapse, re-activation, and re-positives were used interchangeably to include anyone who had become RT-PCR positive again after a symptom-free interval or negative RT-PCR test. Reinfection was restricted to only those studies where genomic characterization of the virus at two different time frames following a negative RT-PCR test proved fresh infection. The term "Recurrence" was used for encompassing both reinfection and re-positive/relapse/reactivation. A data extraction form was developed, and data were extracted by two authors independently. The data items consisted of age and sex of the patients, clinical comorbidities, date of initial positive RT-PCR test, date of negative RT-PCR test based on which the patient was declared as cured, and date of positive RT-PCR test in recovered individuals who reported with new onset of symptoms suggestive of COVID-19 reinfection after a disease-free interval. Data on serology (if performed) and the clinical outcome of patients were also collated. If there was a mismatch in data extraction by the two authors, the same was resolved through discussion with a senior epidemiologist.

Methodological quality was assessed using the existing Murad scale.⁴ The scale consists of eight items that converge into four domains: selection, ascertainment, causality, and reporting. Two items pertaining to adverse drug events (dose-response effect and challenge and rechallenge phenomenon) were not considered relevant. The data were extracted for remaining six items by two independent authors, and in case of mismatch, consensus was made in consultation with a senior epidemiologist. Narrative synthesis of the results was carried out. Random-effects model was used for the pooling of results. The description of variable was carried out as mean and standard deviation for continuous variables and proportion for categorical variables. 95% confidence interval (95% CI) was calculated. The statistical analysis was carried out using StataCorp. 2019. Stata Statistical Software: Release 16. College Station, TX: StataCorp LLC.

Results

The selection for the study is shown as PRISMA Chart in Fig. 1. A total of 30 case reports/case series with 219 cases were included in the study. The patients' details and characteristics in the case series and case reports are shown in Table 1.^{5–33} A study carried out in China among children with a median age of age of 5.7 years which studied recurrence in 14 children²² and another Chinese study among 10 elderly subjects which did not mention the age and gender of the participants²⁰ were also included in the study. The pooled mean age of 195 cases was 44.3 \pm 19.2 years. A total of 111 (50.68%) of 195 were women. The age range of the recurrence cases varied from 10 months to 91 years of age.

Molecular test for COVID-19 among discharged patients had been performed on sputum (lower respiratory tract), nasopharyngeal and anal swab. The details are shown in Table 1.

The majority of the cases (197, 89.9%) had mild to moderate clinical presentation. The clinical severity at initial presentation was not specified for 10 cases. Only 12 cases (5.5%; 95% CI: 2.8%–9.4%) had severe disease manifestation at initial presentation. A total of 64 (29.2%) reported cases were symptomatic during the second episode with the majority of them having less severe disease manifestation compared with the first episode. One hundred fifty (68.5%) cases were asymptomatic, and the status of five was unknown.

A total of 57 cases (26%) among the re-positives cases had comorbidities. A total of 51 and 17 re-positive cases had received

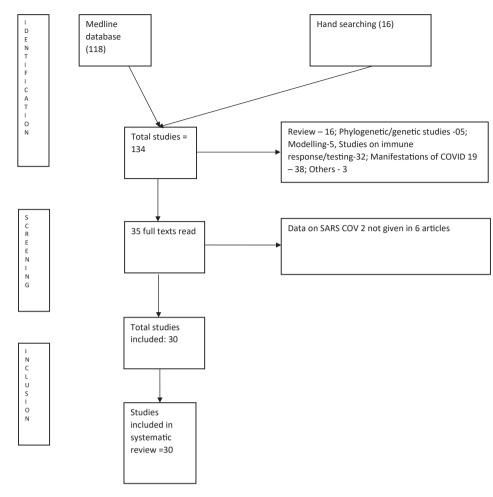


Fig. 1 - Prisma chart for the inclusion of studies in the systematic review.

antivirals and corticosteroids, respectively. Time interval between discharge/preceding a RT-PCR-negative report and a positive molecular test report ranged from 03 days to 123 days.

Eight studies have mentioned the proportion of cases that became re-positives after a negative RT-PCR test during follow-up period. The summary of proportions and their pooled ratio is given in Fig. 2. The pooled proportion using random-effects was 12% (95% CI: 09%–15%). All studies had a follow-up period in the range of 4–17 days except one which had a follow-up period of 14–46 days.²⁶

Only a few studies confirmed the presence of antibodies after the first episode of clinical illness (Table 1). Even after the development of antibodies, studies had reported re-positivity (Table 1). A few studies had conducted contact tracing of repositives. The studies did not find any positive cases among high risk contact with re-positives (Table 1). Mortality was reported in seven re-positive cases. The age range of these cases ranges from 73 to 91 years. All of them had multiple comorbidities.

Only a few studies had looked into the genetic analysis of the SARS-COV-2 to confirm reinfection.^{30–35} These studies had found reinfection to occur even after a period of 123 days after the last RT-PCR negative test. The quality of studies was assessed by using the modified Murad et al scale as shown in Fig. 3. In most of the studies, selection methods of COVID-19 cases were not clear; in addition, there were no precautions taken for ruling out false positives or rule out an alternate pathogen, which could produce similar signs and symptoms.

Korea Centers for Disease Control and Prevention reported 141 cases positive by RT-PCR after they recovered from COVID-19.³⁴ However, the probable reason given was relapse or inconsistent tests. The details were not available on the site.

Discussion

The systematic review was carried out for all case reports and case series to identify common characteristics and evidence available for re-positive cases. Although during review of available literature, we found evidence of re-positives after symptom free and negative RT-PCR test, yet it is difficult to ascertain whether it was due to continuous shedding of the virus, relapse, or reinfection by the virus. Only six studies that have carried out the genetic analysis of the COVID-19 virus in

5 10	Study	Age and sex	Country	Sympt- omatic		Clinical severity	First COVID 19 (PCR)	Test Done	Serological test done after first episode	RT PCR negative after first episode	Symptomatic again after period of weeks	Date of Second COVID 19	Test done	Outcome
L	Batisse et al. ⁶				-						-		-	-
	1	19, F	France	Yes	7 Cormo-	Mild	D2	RT-PCR ^a	Available	NM	Yes	D29,	RT- PCR ^a	3 Dead
	2	32, F		Yes	bidity:	Mild	D18		for 9	NM	Yes	D36,55		and 8
	3	33, F		Yes	4 No co-	Mild	D3		patients	NM	Yes	D28		Alive
	4	43, M		Yes	morbitiy	Mild	D1		5 were	NM	Yes	D38		
	5	85, M		Yes		Mild	D16		positive, one	NM	Yes	D46		
	6	54, M		Yes		Mild	D38,44		slightly	NM	Yes	D45		
	7	91, F		Yes		Mild	D3		positive	NM	Yes	D26		
	8	55, M		Yes		Mild	D6		and three	NM	Yes	D31		
	9	72, M		Yes		Mild	D7		negatives	NM	Yes	D23, 32, 36		
	10	73, M		Yes Yes		Mild	D6			NM	Yes	D35 D50		
2	11 Lafai et al. ⁷	84, F		res		Mild	D11			NM	Yes	D30		
	et al. 1	84, F	France	Yes	Yes	Severe	26 March	PCR	Yes**	No	Yes	26 days	RT PCR ^a	Death
	2	90, F	Trance	Yes	Yes	Severe	05 April	PCR	No	No	Yes	15 days	RITCR	Death
	3	84, F		Yes	Yes	Severe	15 April	PCR ^a (neg)	Yes**	Yes	Yes	11 days		Death
3	Enrico et al. ⁸		Italy	Yes	Yes	Mild	24 March	RT-PCR	Yes IgG Positive	Yes (two)	Yes	32 days	RT PCR	Alive
ł	Ye et al. ⁹													
	1	30, M	China	Yes	No	Mild	NM	NM	NM	Yes	NM	4–17 days	RT PCR ^a	Alive
	2	42, M		Yes	No	Mild	NM	NM	NM	Yes	NM	after		Alive
	3	32, F		Yes	No	Mild	NM	NM	NM	Yes	NM	negative		Alive
	4	27, F		No	No	Mild	NM	NM	NM	Yes	NM	test		Alive
	5 Ravioli et al. ¹⁰	31, F		Yes	No	Mild	NM	NM	NM	Yes	NM			Alive
	1	81, F	Switzerland	Yes	Yes	Moderate	09 March	RT-PCR ^a	NM	Yes	Yes	21	RT-PCR ^a	Died
	2	77, F		Yes	Yes	moderate	23 March		NM	Yes	Yes	14		Alive
5	Loconsole et al. ¹¹	,	Italy	Yes	No	Severe	17 March	RT-PCR	Yes	Yes	Yes	30	RT PCR	Alive
7	Jiang et al. ¹²													
	1	35 F	China	Yes	No	Mild	30 January	RT-PCR ^a	No	Yes	Yes	9 days	RT-PCR ^a	Re-hosp
	2	56 F		Yes	Yes	Mild	30 January		No	Yes	No	14 days		Alive
	3	F		Yes	No	Mild	03 February		No	Yes	Yes	8 days		Alive
	4	F		Yes	No	Mild	03 February		No	Yes	No	7 days		Alive
	5	F		Yes	Yes	Mild	05 February		No	Yes	No	9 days		Alive
	6	F		Yes	No	Mild	06 February		No	Yes	No	5 days		Alive

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er:al. ³⁷ i er:al. ³⁷ 2 13M No No Mide 5 01 February No Yes No 7 44S Alive 3 0.87 Yes No No Yes No Yes No Yes No Yes No 11 2.87.PCR* Alive 4 35M Yes No Yes No Yes No 9 Intr-PCR* and 18 a Alive 6 33M No No Yes No Yes No 8 Alive 7 26M No No Yes No Yes No 11 Mode 1 Lin 35M China Yes No Yes No 11 No Yes So So Alive No Yes	8	Chang													
1 1.2 1.3.4	U	et al. ¹³													
1 0.81 Yes No Yes Yes No Yes Yes Yes No Yes		1		China				-	RT-PCR ^a			No			
1 4 5 5 5 5 5 5 7 6 7 <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>Moderate - 1</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>							Moderate - 1								
5 35.4 35.4 No No 31 January No Yes No 8 January No Yes No 5 January January No Yes No 5 January January No Yes								-						1RT-PCR ^a and 1 Rs	
n No No Y Y No Yes No Yes No S															
9 7 8M Korea Yes No Yes No Yes No Yes Yes Yes Alle Alle ectal ¹⁵ 10 SM Korea Yes No Yes Yes <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>-</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>								-							
9 Yoo 8M Korea Yes No Yes Yes 14 RT-PCR Alive 1 Juid 35M China yes No Mild 30 January RT-PCR Yes Yes Yes 15 RT-PCR Alive 1 Yuan - - - - - - - - - - - - - RT-PCR Yes Yes Yes 15 RT-PCR Alive 1 Yuan -															
if al. ³¹ <td></td> <td>-</td> <td></td> <td></td> <td></td> <td></td>											-				
et al. ¹⁵ veral. ¹⁶ 11 Yuan et al. ¹⁶ 12 1 38M China 19-Yes 6 people had Mild to NM for all RT-PCR ^a 14 were Yes No for all 13 - retested 14 07 days nasophary 2 53M 1 - No comorbidities moderate tested and all of negal 4 61F	9		8M	Korea	Yes	No	Mild	03 March	RT-PCR	No	Yes	Yes	14	RT-PCR	Alive
11 ref r	10		35 M	China	yes	No	Mild	30 January	RT-PCR	Yes	Yes	Yes	15	RT-PCR	Alive
et al. ¹⁶ 1 840 China 19-Yes 6 people had Mild to NM for all RT-PCR [®] 1 keve Yes No for all 10.7 day nasophary 3 40F - - - - neal 4 61F - - - - - neal 5 64F -															
1 38M China 19-Yes 6 people had Mild to NM for all RT-PCR ^a 14 were Yes No for all 13-retested 14 07 days nasophary 2 53M 1 - No comorbidities moderate etsted at 07 days nasophary 3 40F 61F 7 nasophary negal negal 5 64F 7 retested and all of negal negal 6 33F 7 antibodies 14 days swabs 14 days 7 33F 7 33F 7 34 14 days 14 days swabs 14 days 9 34F 1 14 days 14 days swabs 14 days 14 days <td< td=""><td>11</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></td<>	11														
2 53M 1 - No read and all of ngeal 3 40F and all of ngeal 4 61F them have 7 retested and 7 anal 5 64F antibodies 14 days swabs 6 53F antibodies 14 days swabs 7 33F antibodies 14 days swabs 8 1F swabs swabs swabs 9 34F swabs swabs swabs 10 43M swabs swabs swabs 11 34F swabs swabs swabs 12 38M swabs swabs swabs 13 50F station station station 14 50F station station station 15 5F station station station 16 5SF station station station 18 54M station station station 19 8M station <td></td> <td></td> <td></td> <td>-1.1</td> <td></td>				-1.1											
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4 61F nd 7 anal 5 64F antibodies 14 days swabs 6 53F 3F 3F 7 33F 3F 3F 9 34F 5 5 5 10 43M 5 5 5 12 38A 5 5 5 13 50F 5 5 5 14 5 5 5 5 15 5 5 5 5 16 55F 5 5 5 17 72F 5 5 5 18 54M 54M 54M 54M 19 8M 54M 54M 54M 12 124 54M 54M 54M					1 - No	comorbidities	moderate						at 07 days		
564Fantibodies14 daysswabs653F733F81433F934F1043M1134F1250F1350F1450F155716571727F184M198M198M1012012120													7 votostad		
6 53F 7 33F 8 1F 9 34F 10 43M 11 34F 12 38M 13 50F 14 50F 15 5F 16 5F 17 72F 18 54M 19 8M 12 12 13 51F 14 51F 15 51F 16 51F 17 72F 18 54M 19 8M 120 12M															
7 33F 8 1F 9 34F 10 33M 11 34F 12 38M 14 5F 15 5F 16 5F 17 2F 18 5F 19 34M 11 35F 12 36 13 3F 14 3F 15 3F 16 3F 17 3F 18 3M 19 3M 12 12M										anuboules			14 days	Swabs	
8 1F 9 34F 10 43M 11 34F 12 38M 13 50F 14 50F 15 5F 16 5F 17 72F 18 54M 19 8M 19 8M 19 8M 12 12M															
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10 43M 11 34F 12 38M 13 50F 14 50F 15 5F 16 55F 17 72F 18 54M 19 8M 12 12M															
11 34F 12 38M 13 50F 14 50F 15 5F 16 5F 17 72F 18 54M 19 8M 10 10 11 10 12 Lan															
13 50F 14 50F 15 5F 16 55F 17 72F 18 54M 19 8M 20 12M															
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1 30-36, 2 M China 3-Yes NM Mild to NM RT-PCR ^a NM Yes No 5-13 days RT-PCR ^a Alive			30-36, 2 M	Ciina					KI-PCK					KI-PCK	
21- NoNMmoderateNMNMYesNoafterAlive3NMNMNmYesNodischargeAlive					1- INO		moderate								
3NMNMNMYesNodischargeAlive4NMNMNMYesNoAlive													uischarge		
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S no	Study	Age and sex	Country	Sympt- omatic	Comor- bidity	Clinical severity	First COVID 19 (PCR)	Test Done	Serological test done after first episode	RT PCR negative after first episode	Symptomatic again after period of weeks	Date of Second COVID 19	Test done	Outcome
13 (-				_			_
	et al. ¹⁸	E 4 P	China	Vee	Ne	Course			200	Vee	No	10		Alino
	1 2	54F 72F	China	Yes Yes	No No	Severe Moderate	NM NM	RT-PCR ^a	NM NM	Yes Yes	No No	12 14	RT-PCR ^a	Alive Alive
	2 3	60F		Yes	No	Moderate	NM		NM	Yes	No	09		Alive
	5 4	65F		Yes	Yes	Moderate	NM		NM	Yes	No	12		Alive
	+ 5	58M		Yes	No	Moderate	NM		NM	Yes	No	12		Alive
	6	64M		Yes	No	Severe	NM		NM	Yes	No	29		Alive
	7	36F		Yes	No	Moderate	NM		NM	Yes	No	06		Alive
	, 8	26M		No	No	Moderate	NM		NM	Yes	No	06		Alive
	Deng	Age -	China	NM	24 (39.3%)	Severe-3	NM	RT-PCR ^a	Not done	Yes	38-No	0 (7–13)	36-RT-PCR	Alive (All)
	et al. ¹⁹	54.8 years,	Giiiiu		21(55.576)	(4.9%)		KI I GK	not done	100	56 110	0 (/ 13)	17- AS; 8- sputum	
15	Peng et al. ²⁰	F- 36												
	1	67M	China	Yes	NM	Mild	24 January	PCR	NM	Yes	No	4	RT-PCR	Alive
:	2	- M		Yes	NM	Mild	24 January	PCR	NM	Yes	No	6	RT-PCR	Alive
:	3	- F		Yes	NM	Mild	27 January	PCR	NM	Yes	No	3	RT-PCR	Alive
4	4	- M		Yes	NM	Mild	28 January	PCR	NM	Yes	No	7	RT-PCR	Alive
	5	38F		Yes	NM	Mild	24 January	PCR	NM	Yes	No	6	AS	Alive
(6	29M		Yes	NM	Mild	29 January	PCR	NM	Yes	No	6	AS	Alive
-	7	21F		Yes	NM	Mild	31 January	PCR	NM	Yes	No	5	RT-PCR	Alive
	Wu et al. ²¹						-							
	1	>70	China	NM	Yes	NM	01 February	NM	NM	NM	Yes	3	RT-PCR	Alive
:	2	>70		NM	Yes	NM	02 February'	NM	NM	NM	Yes	5	RT-PCR/AS	Alive
	3	NM		NM	NM	NM	02February	NM	NM	NM	No	6	AS	Alive
	4	NM		NM	NM	NM	23 January	NM	NM	NM	No	25	RT-PCR	Alive
	5	NM		NM	NM	NM	27 January	NM	NM	NM	No	16	RT-PCR	Alive
	6	NM		NM	NM	NM	30 January	NM	NM	NM	No	9	RT-PCR	Alive
	7	NM		NM	NM	NM	29 January	NM	NM	NM	No	22	AS	Alive
	8	NM		NM	NM	NM	28 January	NM	NM	NM	No	23	AS	Alive
	9	NM		NM	NM	NM	07 February	NM	NM	NM	No	11	AS	Alive
	10	NM		NM	NM	NM	07 February	NM	NM	NM	No	07	AS	Alive
	Zhou et al. ²²	40M	China	Yes	Yes	Severe	23 January	RT-PCR	Yes	Yes	Yes	5 days after discharge	RT-PCR	Alive

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18	Zhao et al ²³													
	(7/14)	5.7 (Median) (2.9–7.3) Range F-4	China	5 Yes 2 No	No Co- morbidity	Mild (All)	NM (All)	RT-PCR ^a	NM (All)	Yes(all)	6-No 1- Yes	14 days from discharge (7–17)	RT-PCR ^a	Alive (All)
19	Li et al. ²⁴	50M	China	Yes	Yes	Mild	D13	RT-PCR	Yes on D 40. IgM and IgG positive	Yes	No	14	RT-PCR	Alive
20	Chen et al. ²⁵								1					
	1 2 3	29M 49F 12F	China	Yes Yes No	NM NM NM	Mild Mild Mild	01 February 02 February 05 February	RT-PCR ^a	NM NM NM	Yes Yes Yes	No No No	3 3 3	RT-PCR ^a	Alive Alive Alive
	4	38M		Yes	NM	mild	30 January		NM	Yes	No	3		Alive
21	Hu et al ²⁶ (11)	median age 27, range 4–58 years F-4	China	Yes (All)	3-Co- morbidities	Mild-1 Moderate- 9 Severe-1	NM(All)	RT-PCR ^a	NM(All)	Yes (All)	No (All)	14 (9–17)	RT-PCR ^a	Alive (All)
22	Jianghong An et al. ²⁷		China	Yes	1/11 1/27	Mild –11 Moderate 27	Patient were discharged, January 23 to February 25 (14 days)	RT PCR, Anal swab	Yes no difference between the two groups	Yes (All)	No (All)	Weekly after discharge	RT PCR ^a	Alive (All)
23	Chen et al. ²⁸	46 F	China	Yes	No	Mild	24 January	RT-PCR	No	Yes	No	03 days after last negative test	RT-PCR	Alive
24	Duggan et al. ²⁹	82 M	USA	Yes	Yes	Severe	Early April	RT-PCR	No	Yes	No	10 days post discharge	RT-PCR	Alive
25	Ye-min et al. ³⁰	49 M	China	Yes	NM	Mild	22 January	RT-PCR	NM	Yes	No	3 days after discharge	Sputum positive PCR -ve	Alive
26	To et al. ³¹	33M	Hong kong	Yes	No Co- morbidity	Mild	29 March	RT- PCR	NM	Yes	No	123 days after discharge	RT-PCR	Alive
27	Tillet et al. ³²	25M	USA	Yes	No	Mild	18 April	RT- PCR	Yes	Yes	Yes	10 days after last negative test	RT-PCR	Alive

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Table 1 – (continued)	ontinued)												
s Study no	Study Age and Country Sympt- Comor- sex omatic bidity	Country	Sympt- omatic	Comor- bidity	Clinical severity	First COVID 19 (PCR)	Test Done	Serological test done after first episode	RT PCR negative after first episode	RT PCR Symptomatic negative again fter first after (episode period of weeks	Date of Second COVID 19	Test done	Outcome
28 Elslande et al. ³³	51F	Belgium	Yes /	Asthma	Moderate	March 20	RT-PCR	Yes (second time)	No	Yes	10 weeks RT after home quarantine	RT-PCR	Alive
29 Prado- Vivar B et al. ³⁴	46M	Eucadorian Yes		MN	Mild	May 12	RT-PCR	Yes	Yes	Yes	6 weeks after RT-PCR being negative	- PCR	Alive
30 Gupta et al. ³⁵	25M	India	Yes	No	No	05 May	RT-PCR ^a	MN	Yes	No	100 days after RT-PCR tested negative	- PCR	Alive
	28F		4	No		17 May			Yes	No 1		RT-PCR	Alive
AS, anal swab, ^a Same for all	o; F, female; N l.	И, male; NM,	not menti	ioned; RT-PCR	, reverse trans	criptase polym	erase chain r	AS, anal swab; F, female; M, male; NM, not mentioned; RT-PCR, reverse transcriptase polymerase chain reaction (naso-pharyngeal swab). ^a Same for all.	haryngeal sw	ab).			

re-positives found genomic diversity, thus establishing reinfection.

Recurrence has been observed across all ages, from 10 months to 91 years of age. Mortality after reinfection is seen in the older age group with multiple comorbidities which is consistent with primary infection. Innate and acquired immunity of the individual may also influence recurrences.³⁵ Hence, immune-senescence of the old age and immunosuppressant drugs may affect recurrence. However, the majority (92.2%) of the COVID-19 re-positive cases had not been given corticosteroids for management during the primary episode of illness. Many re-positive cases were also given antivirals. However, in absence of control group, it is difficult to draw any inference for association of corticosteroids or antivirals. Second, the denominator in case reports or case series is difficult to ascertain, hence rate can also be not calculated. The effect of other immunomodulators and antiviral drugs on recurrence may be studied in a well-designed study with control group.

Pooled proportion of studies that have specified the proportion of COVID-19 re-positives was carried out. Approximately 12% of discharged COVID-19 cases after the first episode of infection were detected positive during subsequent molecular testing. The reasons may be related to Intermittent shedding of virus, the persistence of the virus, testing technique including sampling, or host characteristics. There was no evidence of secondary cases arising from these repositives. Study carried out on nine patients of COVID-19 cases noted prolonged viral shedding in sputum.³⁶ However, there is a little residual risk of infectivity with viral load less than 100,000 viral RNA copies per ml of sputum.³⁶ This viral shedding in sputum needs to be further explored for infectivity of virus during recurrences as infectiousness of recurrence cases would have major implication on public health policy.

A notable area of scientific interest is the role of seroconversion among re-positives. Although animal studies suggest that antibody formation is protective against reinfection, yet in present systematic review we found that re-positives can occur even after seroconversion.³⁷ The relation between seroconversion and re-positives further need to be explored.

Different anatomical sampling sites may also have some effect on viral detection. In many cases, even if the sample from the nasopharyngeal is negative, the samples from sputum (lower respiratory tract) and anal swab have been positive. There is evidence that the virus may be shed longer from the extrapharyngeal sites. There are reports that virus shedding from asymptomatic patients may continue from extrapulmonary sites in various bodily fluids (saliva, tears, faeces, throat, or nasal discharge) for a longer duration of time.^{38,39} Its role in reinfection is still not known.

Antibody-dependent enhancement is a known phenomenon in viral disease and responsible for increased severity of subsequent infections.⁴⁰ However, in this systematic review, we found that clinical manifestations in majority of repositive cases were milder than the initial infection. This may be because most of the cases were not true reinfections but persistence of the same infection or due to intermittent virus shedding. Even in the six studies with documented genomic analysis, clinical manifestations in the reinfection

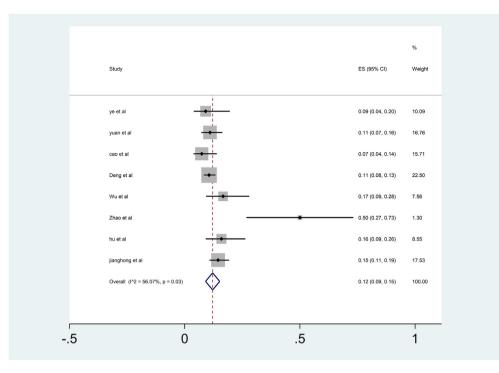


Fig. 2 – Pooled proportions of re-positives from studies.

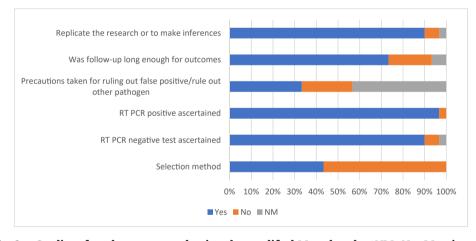


Fig. 3 - Quality of study as assessed using the modified Murad scale. *NM- Not Mentioned.

cases were mild to moderate. A model for reinfection has concluded that the rate of reinfection in the recovered population would decline to zero over time as the virus is cleared clinically from the system of the recovered cases.⁴¹

Risk of bias

Although there are no set guidelines for estimating the risk of bias in case reports and case series, the authors feel that initial RT-PCR positive, subsequent RT-PCR negative, serological testing, and RT-PCR positive after symptom-free period are essential for drawing conclusion about relapse or reinfection. Few case reports did not mention a negative RT-PCR test after the first COVID-19 infection.^{5,9}

One of the limitations of our study is that the literature search has been restricted to only English language and to Medline and Cochrane database. Hence, we may have missed articles published in Chinese and other non-English languages.

Since these patients of recurrence may represent a special subset of COVID-19 cases, the findings may not be generalizable to all COVID-19 cases. More research is needed to delineate the factors responsible for recurrence in recovered cases. As the pandemic progresses, more conclusive evidence in this context would be gathered. Nevertheless, there is a strong case for proper documentation of all the cases to further refute or confirm the findings.

Disclosure of competing interest

The authors have none to declare.

Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.mjafi.2021.05.025.

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