

### **ABSTRACT**

Although current treatments for Duchenne Muscular Dystrophy (DMD) have proven to be effective in delaying myopathy, there remains a strong need to identify novel targets to develop additional therapies. Mitochondrial dysfunction is an early pathological feature of DMD. A fine balance of mitochondrial dynamics (fission and fusion) is crucial to maintain mitochondrial function and skeletal muscle health. Excessive activation of Dynamin-Related Protein 1 (Drp1)-mediated mitochondrial fission was reported in animal models of DMD. However, whether Drp1-mediated mitochondrial fission is a viable target for treating myopathy in DMD remains unknown. Here, we treated a D2-mdx model of DMD (9-10 weeks old) with Mdivi-1, a selective Drp1 inhibitor, every other day (i.p. injection) for 5 weeks. We demonstrated that Mdivi-1 effectively improved skeletal muscle strength and reduced serum creatine kinase concentration. Mdivi-1 treatment also effectively inhibited mitochondrial fission regulatory protein markers, Drp1(Ser616) phosphorylation and Fis1 in skeletal muscles from D2- mdx mice, which resulted in reduced content of damaged and fragmented mitochondria. Furthermore, Mdivi-1 treatment attenuated lipid peroxidation product, 4-HNE, in skeletal muscle from D2-mdx mice, which was inversely correlated with muscle grip strength. Finally, we revealed that Mdivi-1 treatment downregulated Alpha 1 Type I Collagen (Col1a1) protein expression, a marker of fibrosis, and Interleukin-6 (IL-6) mRNA expression, a marker of inflammation. In summary, these results demonstrate that inhibition of Drp1-mediated mitochondrial fission by Mdivi-1 is effective in improving muscle strength and alleviating muscle damage in D2-mdx mice. These improvements are associated with improved skeletal muscle mitochondrial integrity, leading to attenuated lipid peroxidation. **Keywords:** muscular dystrophy, mitochondria dynamics, Drp1, lipid peroxidation, muscle.

### **INTRODUCTION**

Duchenne muscular dystrophy (DMD) is an x-linked severe and progressive muscle wasting disorder that affects approximately 1 in 5,000 boys worldwide (48). DMD arises from a recessive mutation in dystrophin, a structural protein responsible for linking muscle cell membranes to the extracellular matrix (25), resulting in impaired myofiber membrane integrity that leads to muscle damage, degeneration and fibrosis. DMD patients develop muscle weakness and wasting at early ages (2-5 years old) (69), leading to severe respiratory and cardiac failure in early adulthood, and eventually premature death (1). Although current approved treatments (e.g., Elevidys, Duvyzat, and glucocorticoids) have proven to be effective in preserving muscle strength and function, they frequently come with serious side effects and/or has limited age range for treatment (55, 76). Therefore, there remains a strong need to identify novel therapeutic targets for developing additional therapies to treat DMD and improve quality of life in DMD patients.

Mitochondria play a vital role in energy homeostasis and muscle contraction by generating ATP (12). Dystrophin-deficiency in DMD renders the myofibers more susceptible to 62 damage during muscle contraction, leading to excessive intramyocellular  $Ca^{2+}$  influx to mitochondria, which causes mitochondrial damage and dysfunction (50). Indeed, mitochondrial dysfunction is a well-known pathological hallmark of DMD and precedes muscle degeneration in DMD (33, 50, 57), suggesting mitochondrial dysfunction may play an early role in the development of myopathy in DMD. For example, impaired mitochondrial respiration and elevated Reactive Oxygen Species (ROS) emission were detected in skeletal muscle from D2- mdx mice as early as 4-week-old (33), which preceded skeletal muscle damage and necrosis

(50). As such, mitochondria have emerged as a novel therapeutic target in the field of DMD research (13).

Mitochondria are dynamic organelles that undergo constant cycles of fusion and fission to adapt to the bioenergetic demands of their cellular environment (71). Balanced mitochondrial dynamics between fusion and fission is critical in maintaining mitochondrial quality and function (72). At the molecular level, mitochondrial fusion is primarily regulated by Optic atrophy 1 (OPA1), Mitofusion 1 and 2 (Mfn1 and Mfn2) (66). On the other hand, mitochondrial fission is primarily mediated by Dynamin-Related Protein 1 (Drp1), which is recruited from cytosol to mitochondria outer membrane upon activation by a group of specific adaptors, such as mitochondrial fission protein 1 (Fis1), mitochondrial fission factor (Mff), and mitochondrial dynamics proteins of 49 and 51 kDa (Mid49 and Mid51) (8, 66, 75). Although Drp1-mediated mitochondrial fission is essential in maintaining skeletal muscle function health (21, 24), overexpression of Drp1 caused impaired muscle growth (67), highlighting the importance of maintaining optimal level of Drp1-mediated mitochondrial fission in muscle growth. Emerging studies have shown that in various mouse models of Duchenne muscular dystrophy (DMD), skeletal muscle mitochondrial dynamics are disrupted at a young age, with a shift towards excessive mitochondrial fission and over-activation of Drp1 (30, 50, 51, 61, 62). The significance of Drp1-mediated mitochondrial fission in muscle degeneration in DMD was further supported by the evidence that loss of Drp1 reduced muscle degeneration and improved mobility in dystrophin-deficient worm and zebrafish models (26, 62). However, the therapeutic potential of targeting Drp1 in treating myopathy in DMD remains unclear. Mitochondrial division inhibitor 1 (Mdivi-1) is a cell-permeable pharmacological

inhibitor of Drp1-mediated mitochondrial fission, which prevents the recruitment of Drp1 to



### **MATERIALS AND METHODS**

### **Animal Care and Study Design**

117 Male D2.B10-*Dmd*<sup>mdx</sup>/J and DBA/2J mice were purchased (The Jackson Laboratories, Bar Harbor, ME. Stock ID #0013141 and #000671) at 4 to 5-weeks of age and acclimatized to the animal facility for 1 week. Animals were housed in a temperature and humidity-controlled environment and maintained on a 12:12 h light–dark cycle with food and water provided ad libitum.

122 After being acclimatized, D2.B10-*Dmd*<sup>mdx</sup>/J (D2-mdx) were randomly divided into either a vehicle (VEH, 2% DMSO in PBS) or Mdivi-1 treatment group (40mg/kg body weight Mdivi-1). DBA/2J (wildtype, WT) mice also received vehicle injections and served as the control group. Animals received intraperitoneal injections 3 times per week for 5 weeks (Figure 1). These interventions created 3 experimental groups: WT (n=8), D2-mdx/VEH (n=8), and D2- mdx/Mdivi-1 (n=8). This dose of Mdivi-1 has been previously reported to be safe in mice up to 8 weeks of treatment (3, 4). Mice were subjected to muscle function testing before and after the intervention to determine muscle strength. All Mice were euthanized 24 hours after the last injection.

In addition, to evaluate whether Mdivi-1 had any adverse effects on phenotypes in normal healthy mice, we added another group with Mdivi-1 injections in wildtype mice (WT/Mdivi-1, n=4) and measured all functional tests. Due to the fact that Mdivi-1 treatment did not result in any detrimental effects on body phenotype and muscular function, we excluded WT/Mdivi-1 group from the rest of the mitochondrial and biochemical analyses and focused on the therapeutic effects of Mdivi-1 on D2-mdx mice as a treatment.

- All experimental procedures were approved by the Institutional Animal Care and Use Committee of the University of Massachusetts Boston.
- **Mdivi-1 Preparation**
- Mdivi-1 was purchased from Caymen Chemical (Ann Arbor, Michigan) and 100mg/mL
- stock solution was made using 100% DMSO. For injections, Mdivi-1 was diluted in sterile PBS
- (2mg/ml). Due to the poor aqueous solubility of Mdivi-1, each dose was gently sonicated in
- order to produce a homogenous suspension and delivered immediately through intraperitoneal
- injection as previously described (40, 58)

### **Grip Strength Testing**

The day before the last injection, mice were subjected to a grip strength test to determine limb muscle strength. All mice were placed on the wire grid of the BIOSEB BIO-GS4 Grip Strength Test meter (Bioseb, Pinellas Park, FL). Once all four limbs were gripping the grid, the mouse was gently pulled by the base of the tail and the peak pull force (g) was recorded on the digital force transducer. The peak pull force was collected for each mouse for 3 trials, with a 60 second rest period in between each trial. The output was recorded as force (g)/body weight (g). The average of the three trials was calculated.

**Hang Wire Testing**

All mice were subjected to a hang wire test to determine limb strength and endurance as previously described (15). All mice were gently placed on the wire set up 12 inches from the base of the cage. Mice were left suspended on the wire until they reached exhaustion and dropped to the base of the cage. The time they remained suspended was recorded for three trials. All mice were given 60 second rest times between each trial. Impulse (s\*g) was calculated

according to DMD\_M.2.1.004 standard operating procedures by multiplying the average time

suspended (in seconds) by body mass (in grams).

### **Tissue Collection**

162 24 hours after the final Mdivi-1 injection, mice were euthanized using  $CO<sub>2</sub>$ 

asphyxiation/cervical dislocation. Blood was collected immediately via cardiac stick and

centrifuged for 15 minutes at 3,000 rpm at 4°C to collect serum. Quadriceps, soleus,

gastrocnemius, and tibialis anterior muscles were collected, weighed, and stored for further

analyses.

### **Serum Creatine Kinase Activity**

Serum creatine kinase activity was determined using a commercially available assay kit

(ab155901, Abcam, Waltham, MA) and Biotek Synergy H1 Microplate Reader (Agilent,

Lexington, MA). The protocol was completed per manufacturer's instructions.

### **Skeletal Muscle Mitochondrial Isolation**

The quadricep was dissected from the mouse and was immediately added to 1 mL ice cold Mitochondrial Isolation Buffer 1 or IBM1 (67mM sucrose, 50mM Tris/HCl, 50mM EDTA/Tris, and 0.2% BSA) in a 5mL Eppendorf tube. Dissection scissors were used to snip muscle tissue until desired consistency was achieved. Sample was then transferred to 15mL conical tube and final volume was brought up to 5mL and 2.5uL trypsin was added (0.05% trypsin). Sample was incubated in trypsin for 45 minutes. After digestion, the sample was centrifuged at 200g, 4°C, for 3 minutes. After spin, supernatant was discarded, and pellet was resuspended in 3mL of IBM1 and then transferred to a 10mL Teflon glass homogenization tube. Tissue was homogenized using a drill press with serrated tissue grinding pestle attached (510rpm with 10-14 passages). After homogenization, homogenate was transferred to 15mL conical tube



### **Mitochondrial Respiration**

Isolated mitochondria were used to determine mitochondrial respiration rates by measuring oxygen consumption rates (OCR) with Seahorse XFp Extracellular Flux Analyzer (Agilent Technologies, Santa Clara, CA) as previously described (42). Immediately after protein quantification, isolated mitochondria were plated on the Seahorse plate at a concentration of 4  $\mu$ g/well in the presence of 10 mM pyruvate and 5 mM malate. ADP (5 mM), oligomycin (2  $\mu$ M), 196 carbonyl cyanide-4 phenyl- hydrazone (FCCP, 4  $\mu$ M), and antimycin (4  $\mu$ M) were subsequently injected into ports to measure OCR under different respiratory states: Pyruvate+Malate to measure state 2 respiration rate, ADP (5 mM) to measure state 3 respiration rate, oligomycin (2  $\mu$ M) to measure state 4 respiration rate, carbonyl cyanide-4 phenylhydrazone (FCCP, 4  $\mu$ M) to 200 measure maximal respiration rate, and antimycin  $(4 \mu M)$  to measure non-mitochondrial 201 respiration rates. Respiratory control ratio (RCR) was calculated by state 3 respiration rate  $\div$ state 4 respiration rate and used to assess mitochondrial integrity. RCR is a measure used to assess efficiency of mitochondrial respiration and is calculated by dividing the rate of oxygen consumption with ADP stimulated respiration (state 3) by the respiration after oligomycin

addition (state 4). Coupling efficiency is the proportion of oxygen consumed to drive ATP synthesis compared with that driving proton leak and is calculated as: (basal respiration-state 4 respiration)/basal respiration. Spare capacity is calculated as the difference between the maximal respiration and the basal respiration. All data were analyzed using the Agilent Seahorse Wave software.

### 210 **Mitochondrial Hydrogen Peroxide Production**

- 211 Mitochondrial-derived  $H_2O_2$  production  $(mH_2O_2)$  was measured fluorometrically as
- 212 previously described (42). Briefly,  $mH_2O_2$  was measured in Buffer Z (105 mM K-MES, 30 mM
- 213 KCl, 1 mM EGTA, 10 mM K<sub>2</sub>HPO<sub>4</sub>, 5 mM MgCl<sub>2</sub>-6H<sub>2</sub>O, 2.5 mg/mL BSA, pH 7.1),
- 214 supplemented with creatine (5 mM), creatine kinase (20 U/mL), phosphocreatine (30 mM, to
- 215 mimic resting condition), Amplex Ultra Red  $(10 \mu M)$ , horseradish peroxidase  $(20 \mu M)$
- 216 U/mL), superoxide dismutase (20 U/mL), ATP (5 mM), and auranofin (0.1  $\mu$ M). The following
- 217 substrates assessed various sites: (1) pyruvate (10 mM) + malate (5 mM) to assess Complex I via
- 218 generation of NADH; (2) pyruvate (10 mM) + malate (5 mM) + antimycin (2  $\mu$ M) for the
- 219 assessment of Complex III; (3) succinate  $(10 \text{ mM})$  + rotenone  $(4 \mu \text{M})$  to assess Complex II via
- 220 generation of FADH and (4) pyruvate  $(5 \text{m}) +$  rotenone  $(4 \mu)$  to assess pyruvate
- 221 dehydrogenase complex (PDC) (56). All reactions were done at 37 °C, in a microplate reader
- 222 (Thermo Fisher Scientific, Waltham, MA). Fluorescence values were converted to picomoles of
- 223  $\text{H}_2\text{O}_2$  via an  $\text{H}_2\text{O}_2$  standard curve, and  $\text{H}_2\text{O}_2$  emission rates were calculated as picomoles of
- 224 H<sub>2</sub>O<sub>2</sub> per minute per milligram mitochondria  $(73)$ .

### 225 **Transmission Electron Microscopy**

226 Fresh skeletal muscle tissue (soleus) was immediately fixed in 2.5% glutaraldehyde in

227 0.1 M Sodium Cacodylate buffer (pH 7.2) for 24 hours at 4  $\degree$ C and postfixed in 1% osmium for

228 1 h. Fixed tissues were dehydrated in a series of ascending ethanol concentrations, followed by two propylene oxide baths, and infiltrated using resin SPI-Pon 812 resin mixture per instructions and then switched to Resin/100% Propylene Oxide mixture (1:1), to polymerize overnight at 231 60 °C. Thin sections (70 nm) of polymerized Epon–Araldite blocks were cut using a Leica 232 Ultracut UCT ultramicrotome placed on Cu grids (200 mesh size), and stained for 5 min in uranyl acetate, followed by 2 min in lead citrate. Muscle fibers were examined on a FEI (Thermo Fisher Scientific, Waltham, MA) Tecnai Spirit 12 transmission electron microscope and images captured using a Gatan Rio9, 9-megapixel side-mounted digital camera. Ten representative micrographs from subsarcolemmal and intermyofibrillar regions were acquired 237 at  $\times$ 19,000 magnification. Quantification was achieved using the ImageJ software. **Mitochondrial Morphology Analysis**  Mitochondrial morphology analysis was completed using a previously developed protocol by Lam et al. (43). Briefly, damaged mitochondria were determined by identifying mitochondria with visible damage, represented in TEM images as mitochondria with areas of white space. The ratio of damage is expressed as # of damaged mitochondria/ total # of mitochondria counted in image. Circumference, area, roundness, and aspect ratio parameters were calculated by ImageJ by tracing along the membrane of each individual mitochondria in each TEM image. Aspect ratio refers to the ratio of the length of a mitochondrion to its width, indicating how elongated each mitochondrion is; a lower aspect ratio indicates a more rounded or punctate mitochondrion, suggesting mitochondrial fragmentation.

**Immunoblot Analyses** 

Gastrocnemius muscles were homogenized in ice-cold homogenization buffer supplemented with protease and phosphatase inhibitors as previously described (42). Protein



**Quantitative real-time PCR (RT-PCR)** 

RNA was extracted using RNeasy kit (Qiagen, Hilden, Germany) as previously described (41). Concentrations and purity of RNA samples were assessed on a Biotek Synergy H1 Microplate Reader (Agilent, Lexington, MA). cDNA was reversed transcribed from a 100ng of RNA using a High-Capacity cDNA Reverse Transcription Kits (Applied Biosystems, Foster City, CA) following manufacture instructions. cDNA was amplified in a 0.2 mL reaction containing SYBR Green PCR Master Mix (for GPx4) or TaqMan Universal PCR Master Mix, TaqMan Gene Expression Assay and RNase-free water. RT-PCR was performed using a QuantStudio 3 Real-Time PCR (Thermo Fisher Scientific, Waltham, MA), and results were analyzed using Design and Analysis Application (Thermo Fisher Scientific, Waltham, MA). Gene expression was quantified for all genes of interest (Supplementary Table 2 and 3) using the

∆∆CT method. The expression of β-Actin (for GPx4) or GAPDH was used as the housekeeping gene.

### **Statistical Analysis**

- 276 Data were expressed as Mean  $\pm$  SEM. For muscle functional data, Drp1 and Fis1 protein data,
- Two-way ANOVA was performed (main effect of *mdx and Mdivi-1*), followed by Fisher's LSD
- post-hoc analysis when significant interaction was detected. For other data, One-way ANOVA
- was performed, followed by Fisher's LSD post-hoc analysis when significant main effect was
- detected. Pearson correlation analysis was used to assess linear relationships between 4-HNE and
- grip strength, hangwire time or Col1a1 protein expression. All statistical analysis was performed
- 282 using GraphPad Prism 10 with a significance level set at as  $P < 0.05$ .

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### **RESULTS**

### **Mdivi-1 treatment improves muscular strength and attenuates muscle damage in D2-mdx mice.**

We first sought to verify the phenotypical atrophy and muscle weakness reported in D2- mdx mice. When comparing with their respective WT controls, D2-mdx mice had significantly lower body weight throughout the course of study (Fig. 2A, main effect of mdx, P <0.0001) and lower weights of gastrocnemius, tibialis anterior, quadriceps, and heart (Fig. 2B, main effect of 303 mdx, P <0.0001, P = 0.0008, P <0.0001, and P = 0.0002, respectively). However, Mdivi-1 treatment had no significant effect on body weight or any of these muscle tissue weights (Fig. 2A and B).

Furthermore, D2-mdx mice had a lower grip strength when compared to WT controls 307 (Fig. 2C, main effect of mdx,  $P = 0.010$ ). Importantly, a Mdivi-1 and genotype interaction was noted in grip strength, revealing a significant improvement in grip strength in D2-mdx mice 309 (14.3%, Fig. 2C,  $P = 0.046$ ), but not in WT mice. Similarly, holding impulse (hang wire time normalized to body weight) also reflected a significant reduction in D2-mdx compared to WT mice (Fig. 2D, P <0.0001), and although there was not a statistically significant effect of Mdivi-1 treatment, a 92.2% improvement in holding impulse in D2-mdx/Mdivi-1group was found when compared to D2-mdx group (Fig. 2D). Finally, serum creatine kinase (CK) activity, a marker of 314 muscle damage, was higher in D2-mdx mice compared to WT (Fig 2E,  $P = 0.006$ ), but was significantly reduced in D2-mdx mice treated with Mdivi-1 when compared to the vehicle treated 316 counterparts (Fig. 2E,  $P = 0.043$ ).

**Mdivi-1 inhibits Drp1-Mediated mitochondrial fission machinery in skeletal muscle from D2-mdx mice.** 



skeletal muscle when compared to WT mice (Fig. 4A, P = 0.031, 0.028 and 0.005 respectively).

Importantly, Mdivi-1 treatment significantly reduced LC3B I and elevated LC3B II protein



361 mice compared to WT (Fig. 5C,  $P = 0.007$ ), but was significantly decreased with Mdivi-1

362 treatment (Fig. 5C,  $P = 0.003$ ), indicating Mdivi-1 may have attenuated mitochondrial swelling.

Mitochondrial roundness, a parameter indicating fragmented mitochondria, was higher in the

364 D2-mdx model compared to WT (Fig. 5D,  $P = 0.030$ ), but was significantly attenuated with



388 and, although not significant, RCR was enhanced 80.1% in D2-mdx/Mdivi-1 mice compared to 389 D2-mdx (Fig. 6D).

# 390 **Mdivi-1 treatment did not alter mitochondrial H2O2 production in skeletal muscle from D2-**

391 **mdx mice.** 

392 Mitochondria generate  $H_2O_2$  during oxidative phosphorylation (74). We next sought to

393 further assess mitochondrial function by measuring mitochondrial  $H_2O_2$  production. D2-mdx

394 mice had significantly lower levels of Complex I-, Complex II- and Complex III-supported

395 mitochondrial H<sub>2</sub>O<sub>2</sub> emission when compared to WT group (Fig. 7A-C, P = 0.014, 0.004 and

396 0.0001, respectively). However, Mdivi-1 did not significantly alter any of these mitochondrial

397  $\text{H}_2\text{O}_2$  emission rates in D2-mdx mice (Fig. 7A-C), and Complex II and III- supported

398 mitochondrial  $H_2O_2$  emission rates remained significantly lower in D2-mdx/Mdivi-1 mice when

399 compared to WT mice (Fig. 7B-C, P=0.036 and 0.0001, respectively). There were no differences

400 in Pyruvate Dehydrogenase Complex (PDC)-supported mitochondrial  $H_2O_2$  emission among the

401 three groups (Fig. 7D).

### 402 **Mdivi-1 treatment reduces lipid peroxidation in skeletal muscle from D2-mdx mice.**

403 ROS refers to a collection of radical molecules (e.g., hydrogen peroxide  $(H_2O_2)$ , lipid 404 hydroperoxide (LOOH)) (44). Since Mdivi-1 did not improve mitochondrial  $H_2O_2$  emission in 405 D2-mdx mice, we next measured other sources of ROS. 4-HNE, a marker for lipid peroxidation 406 (17), was markedly higher in the skeletal muscle from D2-mdx mice than WT counterparts (Fig 407 8A, P < 0.0001), but was significantly reduced with Mdivi-1 treatment (Fig. 8A, P = 0.008). In 408 addition, 4-HNE expression had a significant inverse correlation with grip strength and holding

409 impulse (Fig. 8B and C,  $r = -0.49$  and  $-0.53$ , respectively; P=0.016 and 0.012, respectively).



### **DISCUSSION**

Despite the recent approval of the first dystrophin gene therapy for DMD, it has only been approved for a subset of patients (those aged 4-5 years old) and at best it can only partly increase dystrophin protein content (31). Given these limitations of the current gene therapy to restore dystrophin, targeting secondary defects (e.g., inflammation, fibrosis) to improve quality of life in DMD patients has been one of the major focuses for guiding therapy development (29). Increasing evidence suggests that mitochondrial dysfunction is an early pathological hallmark of DMD that may culminate in skeletal muscle inflammation, fibrosis, and eventual muscle weakness (33, 50, 51). Here, we demonstrated that Mdivi-1, a pharmacological inhibitor targeting Drp1-mediated mitochondrial fission, was effective in reducing muscle damage, inflammation and fibrosis makers, and improving skeletal muscle strength in D2-mdx mice after 5 weeks of treatment. These improvements are associated with improved mitochondrial morphology and reduced lipid peroxidation. To our knowledge, this study is the first to investigate Drp1-mediated mitochondrial fission, a key process in maintaining mitochondrial quality and function, as a potential drug target for developing novel therapies to alleviate myopathy in DMD.

The main finding of the present study is that D2-mdx mice treated with Mdivi-1, a pharmacological inhibitor of Drp1, showed significantly improved muscle strength and reduced muscle damage compared to their vehicle-treated counterparts. Consistent with our findings, Rexius-Hall et al. recently reported that Mdivi-1 increased contractility generated by engineered muscle fibers *in vitro* (59). In DMD, muscle weakness and dysfunction are largely due to the presence of elevated fibrosis and chronic inflammation within the skeletal muscle tissue, which results from the degeneration of muscle fibers caused by the lack of dystrophin protein (35). Our

findings of reduced expressions of Col1a1 and IL-6 in skeletal muscle tissues from Mdivi-1 treated DMD mice suggest that the improved skeletal muscle strength observed in D2-mdx mice may be due to the attenuated fibrosis and inflammation. The extracellular matrix (ECM) is primarily comprised of collagens (>80%) with the most common type of collagen in skeletal muscle tissue as Collagen I (36). Skeletal muscle from DMD models normally exhibit high levels of muscle collagen content, leading to fibrosis, compromised muscle quality and strength (49). It has been shown that targeting fibrosis in DMD models was effective to improve muscle strength and function (16, 32, 68). In addition, we observed reduced IL-6 gene expression in skeletal muscle tissue from D2-mdx mice treated with Mdivi-1. IL-6 is an inflammatory cytokine that is chronically elevated in DMD, which can promote inflammation and necrosis, leading to fibrosis (53). In line with this, studies using anti-IL-6 receptor antibody in mdx mice have shown attenuated muscle fibrosis, atrophy and improved muscle regeneration and strength (52, 70). Overall, our data suggest that Mdivi-1 treatment may reduce IL-6 production in skeletal muscle, which subsequently attenuate inflammation and fibrosis, leading to improved muscle strength in D2-mdx mice. It is worth noting that we did not perform direct evaluations of fibrosis with histology (e.g. hematoxylin and eosin (H&E) and Masson's trichrome staining) in this study, which is one of the limitations. Future studies should warrant such assessment of fibrosis to provide definitive evidence as to whether Mdivi-1 can effectively reduce fibrosis in skeletal muscle from DMD mice.

In the present study, several regulatory markers of mitochondrial fission, including Drp1(Ser616) phosphorylation, Drp1 and Fis1 protein content, were significantly higher in skeletal muscle from D2-mdx mice. These finding are in agreement with previous studies using various models of DMD, demonstrating that skeletal muscle mitochondrial dynamics was

imbalanced in a manner that shifted towards mitochondrial fission with excessive activation of Drp1-mediated fission machinery at young age (9-11 weeks) (30, 50, 51, 61, 62). Importantly, 5 weeks of Mdivi-1 administration was successful in reducing Drp1-mediated mitochondrial fission in D2-mdx mice, suggesting inhibited Drp1 activity by Mdivi-1 likely contributed to the improvements in skeletal muscle in D2-mdx mice. Since discovered by Cassidy-Stone and colleagues in 2008 (14), Mdivi-1 is by far the most accessible and frequently studied pharmacological inhibitor of primary mitochondrial fission protein Drp1 (45, 63), with the evidence that Mdivi-1 inhibits mitochondrial fission, leading to elongated mitochondria in various types of cells. More importantly, the therapeutic potential of Mdivi-1 has been extensively reported in various neurodegenerative disease models such as Amyotrophic Lateral Sclerosis and Alzheimer's disease (46, 60), highlighting its clinical potential (45). However, two recent studies found no evidence that Mdivi-1 acts as a mitochondrial fission inhibitor and identified off-target effects (7, 37). The discrepancy in results from different studies may be attributed to different protocols of Mdivi-1 treatment (e.g., concentration, duration and cell lines). Our Drp1 phosphorylation data, coupled with mitochondrial morphology data from TEM images, demonstrated that Mdivi-1 is an effective inhibitor of Drp1 and mitochondrial fission in skeletal muscle cells. Our findings are consistent with previous studies utilized muscle cell line in vitro and/or skeletal muscle tissues in vivo (40, 46, 59), suggesting Mdivi-1 is an effective inhibitor targeting Drp1-mediated mitochondrial fission in skeletal muscle. Furthermore, we found a significantly lower ratio of LC3B II/I in skeletal muscle from D2-mdx mice, suggesting that autophagic flux was blunted in dystrophin-deficient muscles. This

finding agrees with several studies using skeletal muscle samples from mdx mice and DMD

patients (6, 19, 39, 65), but is contradictory to a recent study (50). Moore et al., reported no

changes in autophagic protein markers in mdx mice in comparison to the age-matched WT controls (50). The discrepancy in the findings of LC3B may be due to the utilization of different mouse models; Moore and colleagues used the B10.mdx mouse model at young age, which presents mild myopathy, whereas we utilized the more severe D2-mdx model. In fact, Spitali et al. reported lower LC3B II/I ratio in skeletal muscle from 16-week-old mdx mice, a stage with more severe DMD symptoms (65). In addition, the discrepancy may also arise from the use of different muscles for detecting LC3B protein. Moore et al. used quadriceps for immunoblotting, whereas we analyzed protein expression alterations in gastrocnemius. Unexpectedly, Mdivi-1 treatment improved LC3B II/I ratio in mdx mice, indicating an enhancement in autophagic flux to allow irreversibly damaged cellular components to be cleared rather than accumulating. Future studies are needed to validate the effects of Drp1-mediated mitochondrial fission inhibition on autophagic flux and, if validated, to explore the mechanism by which Drp1-inhibition is involved in the promotion of autophagic flux.

The balance of mitochondrial dynamics controls mitochondrial morphology. Compared to WT, subsarcolemmal (SS) mitochondria exhibited more damage and fragmented shapes (e.g., elevated roundness and reduced aspect ratio) than intermyofibrillar (IMF) mitochondrial in the skeletal muscle from D2-mdx mice. This is consistent with previous studies demonstrating that SS mitochondria are more sensitive and prone to damage due to muscle disuse and atrophy (38). In the current study, the morphology of SS mitochondria in mdx mice was significantly improved by Mdivi-1 treatment with a notable shift towards elongated mitochondria. These findings corroborate with the alterations in proteins responsible for mitochondrial fission, validating Mdivi-1 indeed inhibited Drp1-mediated mitochondrial fission. Interestingly, our study found that 5 weeks of Mdivi-1 treatment did not improve IMF mitochondrial morphology.

525 We speculate that insufficient amount of Mdivi-1 may have reached to IMF mitochondria due to 526 relatively deeper location within myofibers compared to SS mitochondria.

527 ROS accumulation is a common feature in skeletal muscle from mdx mice due to the 528 compromised oxidative phosphorylation in mitochondria and plays an important role in the 529 pathogenesis of DMD (33, 64). Excessive ROS accumulation is tightly linked to inflammation, 530 fibrosis, and necrosis in skeletal muscle from DMD. There are several sources of ROS, including 531 hydrogen peroxide  $(H_2O_2)$ , hydroxyl radical (OH.), and lipid hydroperoxide (LOOH). Hughes et 532 al., found mitochondria-derived  $H_2O_2$  emission during oxidative phosphorylation was higher in 533 skeletal muscle from 4-week-old D2-mdx mice compared to the WT controls (33). Surprisingly, 534 we found reduced  $m_{12}O_2$  emission in mdx mice and there was no significant effect of Mdivi-1 535 on mH<sub>2</sub>O<sub>2</sub> emission regardless of substrates. Our finding is consistent with a previous study, in 536 which lower  $m_{2}O_{2}$  production was reported in skeletal muscle from 6-week-old male mdx mice 537 compared to WT (27). These contradictory findings regarding  $mH_2O_2$  emission may be due to 538 the different age of mdx mice used in the studies. Hughes et al. used 4-week-old mdx mice, 539 which may have developed early mitochondrial dysfunction with compromised mitochondrial 540 respiration capacity and elevated  $m_{2}O_{2}$  emission. Subsequently, a compensatory adaptation 541 may occur in dystrophin-deficient skeletal muscle at later stage (6-9-week-old) to counteract 542 oxidative stress with enhanced mH<sub>2</sub>O<sub>2</sub> scavenging capacity (e.g., antioxidant system) in response 543 to oxidative stress (Godin et al., 2012).

544 In contrast to  $m_{2}O_{2}$  emission, 4-HNE, a marker of lipid peroxidation, was higher in D2-mdx mice compared to WT. This is consistent with multiple studies finding markers of lipid peroxidation elevated in plasma and skeletal muscle biopsies from DMD patients (20, 28, 34, 47). In addition, it has also been shown that increased production of LOOH (5, 22, 54), a

548 byproduct of lipid peroxidation, but not  $H_2O_2(23)$  was associated muscle wasting and weakness. More importantly, our study found that Mdivi-1 treatment effectively reduced lipid peroxidation in skeletal muscle from 9-week-old D2-mdx mice. While no study has been done in targeting lipid peroxidation in DMD, recent studies reported that inhibition of LOOH protected muscle loss and improved muscle strength, supporting that LOOH plays an important role in regulating 553 skeletal muscle mass and function (22, 54). It is also possible that  $mH_2O_2$  emission may be elevated at the early age in D2-mdx model, which may initiate the cascade of other ROS generations (e.g., LOOH) at the later age. Regardless, a future time-course study should be 556 conducted to identify different sources of ROS, including  $H_2O_2$  and LOOH in skeletal muscle from different ages of mdx mice, to determine the optimal time window for targeting these different ROS sources for developing additional therapies to treat myopathy. Our study has some limitations. First, our study only investigated one dose (40mg/kg

BW) of Mdivi-1 administration. Future studies should consider assessing the efficacy of Mdivi-1 using different doses and longer durations to validate its potential therapeutic efficacy and safety. In fact, we found partial restoration of several markers in mitochondrial and skeletal muscle health (e.g., respiration, CK, muscle strength). We anticipate that there may be more robust improvements with longer duration of Mdivi-1 treatment. Second, although grip strength and hang wire impulse tests are commonly utilized for *in vivo* assessment of muscle strength in mice, they are both indirect measures. Future studies should utilize a more direct assessment of skeletal muscle strength, such as *ex vivo* contractile assessments of isometric force. Finally, Mdivi-1 was delivered systemically via intraperitoneal injection. Therefore, it is unclear if the improvements on grip strength and muscle damage seen in our study can be directly attributed to the



## **DISCLOSURES**

No potential conflicts of interest relevant to this article were reported.

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### **FIGURES LEGENDS**

**Figure 1:** Study design schematic. (Illustrated using BioRender)

### **Figure 2: Mdivi-1 treatment improves muscular strength and attenuates muscle damage in**

- **D2-mdx mice.** A) Body weights over a 5-week period. B) Tissue weights were reported at the
- time of tissue collection expressed as absolute weight (grams). Gastrocnemius (Gastroc), tibialis
- anterior (TA), quadriceps (Quad), and heart; C) Grip strength expressed in average peak
- force/body weight; D) Hang wire impulse testing expressed in time (sec) x body weight (grams).
- E) Creatine kinase activity assay from serum collected via cardiac stick. Data are presented as
- 857 Mean  $\pm$  SEM. N=4-8 mice per group. \* P < 0.05; \*\* P < 0.01 significant difference between
- 858 groups. ##  $P < 0.01$ ; ###  $P < 0.001$  and ####  $P < 0.0001$  significant main effect of DMD. & P  $<$
- 0.05 significant main effect of Mdivi-1.

### **Figure 3: Mdivi-1 inhibits Drp1-Mediated mitochondrial fission and improves**

- **mitochondrial dynamics in skeletal muscle from D2-mdx mice.** A) Drp1 (Ser616)
- phosphorylation. B) Total Drp1 protein expression. C) Ratio of phospho Drp1 (Ser616) over
- total Drp1. D) Protein expression of mitochondrial fission markers. E) Protein expression of
- 864 mitochondrial fusion markers. F) Representative immunoblots for D and E. Data are presented as
- Mean ± SEM. N=4-8 mice per group. \* P < 0.05; \*\* P < 0.01; \*\*\* P < 0.001; \*\*\*\* P < 0.0001
- 866 significant difference between groups.  $\#P < 0.05$ ;  $\#P < 0.01$  significant main effect of DMD.
- 867 & P < 0.05; & P < 0.01 significant main effect of Mdivi-1.

### **Figure 4: Mdivi-1 treatment lowers autophagy markers, but does not alter mitophagy,**

### **mitochondrial biogenesis or content markers in skeletal muscle from D2-mdx mice.** A)

- 870 Protein expression of autophagy and mitophagy markers. B)  $PGC1\alpha$  protein expression. C)
- Protein expression of oxidative phosphorylation complexes. D) VDAC protein expression. Data

872 are presented as Mean  $\pm$  SEM. N= 7-8 mice per group. \* P < 0.05; \*\* P < 0.01; \*\*\* P < 0.001; 873 \*\*\*\*  $P < 0.0001$  significant difference between groups.

### 874 **Figure 5: Mdivi-1 treatment improves subsarcolemmal, but not intermyofibrillar**

### 875 **mitochondrial morphology in skeletal muscle from D2-mdx mice.** A) representative TEM

876 images. B) Ratio of Subsarcolemmal (SS) damaged mitochondria over total mitochondria. C) SS

877 mitochondrial circumference. D) SS mitochondrial roundness. E) SS mitochondrial aspect ratio.

878 F) Intermyofibrillar (IMF) damage mitochondria over total mitochondria. G) IMF mitochondrial

879 circumference. H) IMF mitochondrial roundness. I) IMF mitochondrial aspect ratio. Data are

880 presented as Mean values  $\pm$  SEM. N= 3-4 mice with 5 TEM images quantified per animal

881 (13,000x magnification).  $* P < 0.05$ ;  $** P < 0.01$  significant difference between groups.

### 882 **Figure 6. Mdivi-1 treatment has minimal effect on mitochondrial respiration in skeletal**

883 **muscle from D2-mdx mice** A) Representative graph of oxygen consumption rates (OCR). B)

884 Mitochondrial oxygen consumption rate (OCR). C) spare capacity. D) Respiratory control ratio.

885 Data are presented as Mean  $\pm$  SEM. N = 5-8 mice per group. \* P < 0.05; \*\* P < 0.01 significant

886 difference between groups.

#### 887 **Figure 7: Mdivi-1 treatment did not alter mitochondrial hydrogen peroxide production in**

888 **skeletal muscle from D2-mdx mice.** A) Pyruvate/malate (Complex I-supported mH<sub>2</sub>O<sub>2</sub>

889 production). B) Succinate/rotenone (Complex II-supported  $mH_2O_2$  production). C)

- 890 pyruvate/malate/antimycin (Complex III-supported  $mH_2O_2$  production). and D)
- 891 pyruvate/rotenone (Pyruvate Dehydrogenase Complex-supported  $mH_2O_2$  production). Data are
- 892 presented as Mean values  $\pm$  SEM. N= 5-8 mice per group. \* P < 0.05; \*\* P < 0.01; \*\*\* P <
- 893 0.001; \*\*\*\* P < 0.0001 significant difference between groups.

### **Figure 8: Mdivi-1 treatment reduces lipid peroxidation in skeletal muscle D2-mdx mice.** A)

- 4-HNE protein expression. B) Correlation between 4-HNE protein expression and grip strength.
- C) Correlation between 4-HNE protein expression and hangwire time. Data are presented as
- 897 Mean values  $\pm$  SEM. D) GPx4 mRNA expression. N= 7-8 mice per group. \* P < 0.05; \*\* P <
- 898 0.01; \*\*\*  $P < 0.001$ ; \*\*\*\*  $P < 0.0001$  significant difference between groups.

### **Figure 9: Mdivi-1 treatment improved protein/gene expression of fibrosis and**

- **inflammation markers in skeletal muscle from D2-mdx mice.** A) Collagen 1 (Col1a1) and
- Fibronectin 1 (FN1) protein expressions. B) Correlation between 4-HNE protein expression and
- Col1a1 protein expression. C) IL-6 mRNA expression. D) IL-1β mRNA expression. Data are
- 903 presented as Mean values  $\pm$  SEM. N= 6-8 mice per group. \* P < 0.05; \*\* P < 0.01; \*\*\* P < 0.001
- significant difference between groups.















 $-80-100$ kda

- 23-28kda

OPA1

Ponc S

Figure 3

**Figure 4** 





D







 $0.5 \mu m$  $0.5 \mu m$  $0.5~\mu m$ 

Intermyofibrillar



Subsarcolemmal

 $\mathbf{A}$ 

![](_page_40_Figure_1.jpeg)

Figure 7

![](_page_41_Figure_1.jpeg)

 $\dot{\mathbf{W}}$ 

D2-mdx D2-mdx/Mdivi-1

![](_page_42_Figure_0.jpeg)

![](_page_42_Figure_1.jpeg)

### Figure 9

![](_page_43_Figure_1.jpeg)

 $\mathbf{D}$ 

![](_page_43_Figure_2.jpeg)

![](_page_43_Figure_3.jpeg)

![](_page_43_Figure_4.jpeg)

![](_page_43_Figure_5.jpeg)

![](_page_43_Figure_6.jpeg)

![](_page_43_Figure_7.jpeg)

![](_page_43_Figure_8.jpeg)