



Article The Effect of APOE ε4 on the Functional Connectivity in Frontoparietal Network in Hypertensive Patients

Dandan Wang ^{1,2}, Chang Xu ^{1,2}, Wenxiao Wang ^{1,2}, Hui Lu ^{1,2}, Junying Zhang ³, Furu Liang ⁴ and Xin Li ^{1,2,*}

- State Key Laboratory of Cognitive Neuroscience and Learning & IDG/McGovern Institute for Brain Research, Beijing Normal University, Beijing 100875, China; wdandan_no1@163.com (D.W.); b_bbecky@163.com (C.X.); xiaoxiaxbx@163.com (W.W.); luhuinn@163.com (H.L.)
- ² Beijing Aging Brain Rejuvenation Initiative (BABRI) Center, Beijing Normal University, Beijing 100875, China

³ Institute of Basic Research in Clinical Medicine, China Academy of Traditional Chinese Medicine, Beijing 100700, China; zhangjuny1985@163.com

- ⁴ Department of Neurology, Baotou Central Hospital, Baotou 014040, China; ru_liang@sina.com
- * Correspondence: lixin99@bnu.edu.cn

Abstract: Allele 4 of the apolipoprotein E gene (APOE ε 4) and hypertension are considered risk factors for Alzheimer's Disease (AD). The detection of differences in cognitive function and brain networks between hypertensive patients who are APOE ε 4 carriers and non-carriers may help in understanding how hypertension and risk genes cumulatively impair brain function, which could provide critical insights into the genetic mechanism by which hypertension serves as a potential risk factor for cognitive decline and even AD. Using behavioral data from 233 elderly hypertensive patients and neuroimaging data from 38 of them from Beijing, China; the study aimed to assess the effects of APOE ε 4 on cognition and to explore related changes in functional connectivity. Cognitively, the patients with APOE ε 4 showed decreased executive function, memory and language. In the MRI sub-cohort, the frontoparietal networks in the APOE ε 4 carrier group exhibited an altered pattern, mainly in the left precentral regions, inferior frontal lobe and angular gyrus. More importantly, the decline of cognitive function was correlated with abnormal FC in the left precentral regions in APOE ε 4 carriers. APOE ε 4 aggravated the dysfunction in frontal and parietal regions in hypertensive patients. This highlights the importance of brain protection in hypertensive patients, especially those with a genetic risk of AD.

Keywords: hypertension; APOE; alzheimer disease; functional connectivity; resting-state network; executive function

1. Introduction

Hypertension is a well-established risk factor for cognitive impairments and dementia [1,2]. However, not every person with hypertension develops cognitive impairments, suggesting an interaction with other determinants, e.g., genetic factors. The apolipoprotein E (APOE) epsilon 4 (ε 4) allele is well established as the strongest genetic risk factor for cognitive impairments [3,4] and hypertension [5], and therefore, may moderate the association between hypertension and cognitive decline. However, the mechanism of how APOE ε 4 and hypertension lead to the increased risk of cognitive impairments remains unclear.

The panoply of cognitive functions requires coordination among networked brain regions [6,7]. In the brain, there are some intrinsic functional resting-state networks (RSNs) [8,9], which are related to cognitive impairments. Previous studies have found that there is alternation in the frontoparietal network (especially in the posterior parietal cortex) and salience network (especially in the rostral prefrontal cortex) in hypertensive patients [10–12]. The decreased connectivity efficiency in the frontoparietal network and salience network is related to the worse performance of executive



Citation: Wang, D.; Xu, C.; Wang, W.; Lu, H.; Zhang, J.; Liang, F.; Li, X. The Effect of APOE ε4 on the Functional Connectivity in Frontoparietal Network in Hypertensive Patients. *Brain Sci.* **2022**, *12*, 515. https:// doi.org/10.3390/brainsci12050515

Academic Editors: Gabriella Santangelo and Stephen D. Meriney

Received: 2 March 2022 Accepted: 15 April 2022 Published: 19 April 2022

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). functions [13]. Meanwhile, the APOE- ε 4 allele is also associated with localized brain functional alterations. Most consistently, studies showed decreased default mode network (DMN) connectivity in parietal and frontal areas [9–16], increased central executive network (CEN) connectivity in parietal areas [14], such as the inferior parietal lobule, and increased connectivity in the salience network (SN) [15–17] in older APOE- ε 4 carriers. Disrupted connectivity patterns are evident, respectively, in hypertensive patients and the elderly with APOE ε 4, suggesting that breakdowns in this interregional choreography lead to dysfunction [7].

Anatomically, the white matter (WM) tracts are considered the anatomic links of RSNs and densely interconnect the regions within these RSNs [18]. Interestingly, both hypertension and APOE ε 4 influence the WM tracts, especially in the frontal and subcortical regions [19]. There is a significantly higher subcortical white matter lesion volume in APOE ε 4 carriers with hypertension than in non- ε 4 carriers [20]. Based on these previous findings, we could infer the existence of the joint effect of the APOE risk gene and hypertension on the functional connectivity (FC) of RSNs. Exploring the FC of RSN networks could help our understanding of the effect of APOE ε 4 on cognitive function in hypertensive patients.

This study aimed to assess the cognitive performance in hypertensive patients with APOE ε 4 in a sample of individuals of Han nationality and the related neural mechanisms. We hypothesized that the hypertension patients with APOE ε 4 carrier would be associated with changed functional connectivity of frontoparietal networks, leading to deficits in cognitive functions. The study of the cognitive impairment due to genetic factors in hypertensive patients could help in understanding how hypertension and risk genes cumulatively impair brain function and build an early warning for dementia. To the best of our knowledge, such a study on alterations in RSNs in hypertension is not available in the literature.

2. Materials and Methods

2.1. Large Sample of Behavioral Research

2.1.1. Participants

The participants in the present study were from the Beijing Aging Brain Rejuvenation Initiative (BABRI) [21]. Participants with addictions, psychiatric diseases, those undergoing treatments that would affect cognitive function, or who were unable to complete the neuropsychological tests were excluded. All of the hypertensive patients were measured with standard laboratory testing by a specialist physician. The blood pressures were controlled below 140/90 mmHg [10]. They all had a history of using oral antihypertensive medications based on their medical records. The antihypertensive medications included angiotensin receptor blockers, calcium channel blockers, diuretics, β blockers, and compound antihypertensives. There were 233 qualified hypertensive participants who completed the neuropsychological tests, personal information questionnaire and genotyping. All participants gave written informed consent to our protocol, which was approved by the ethics committee of the State Key Laboratory of Cognitive Neuroscience and Learning, Beijing Normal University.

2.1.2. Analysis of Genotyping

Participants were pre-screened for the APOE genotype using a TaqMan SNP genotyping assay on a 7900HT Fast Real-Time PCR system (Applied Biosystems, Foster City, CA, USA). DNA was extracted from the blood samples of subjects for the subsequent characterization of the APOE genotype via PCR according to standard procedures. All participants were genotyped for two SNPs in the APOE gene (rs429358 and rs7412) using previously published methods [22,23]. Genotype identifications were manually and independently verified by two laboratory personnel. Ten percent of the sample's genotypes underwent quality control duplication. Thirty-four APOE ε 4 carriers and 199 APOE ε 4 non-carriers were included in our present study.

2.1.3. Neuropsychological Tests and Personal Information Questionnaire

A group of students who were trained by professional neuropsychologists performed the neuropsychological tests and the personal information questionnaire on these study participants. The Chinese translation of the Mini-Mental State Examination (MMSE) served as a general cognitive function test. The neuropsychological battery included memory (Auditory Verbal Learning Test (AVLT), Rey–Osterrieth Complex Figure test (ROCF) (delay), forward and backward Digit Span), visuospatial ability (ROCF (copy), Clock-Drawing Test (CDT)), language (Category Verbal Fluency Test (CVFT), Boston Naming Test (BNT)), processing speed (Trail Making Test (TMT) A and Stroop Color and Word Test (SCWT)-B) and executive function (TMT-B and SCWT-C-B) cognition domains. The personal information questionnaire included demographic information, such as a series of chronic diseases including hypertension, coronary heart disease, diabetes mellitus, cerebrovascular disease, chronic bronchitis or emphysema, osteoarthritis and intervertebral disk disease and medical history.

2.2. MRI Studies

2.2.1. Participants

All Magnetic resonance imaging (MRI) acquisitions were performed no more than one month after the neuropsychological tests. Exclusion criteria included a previous history of chronic disease, neurological disease and unsuitability for MRI (e.g., due to metal dentures, metal prostheses, prosthetic heart valve, stents, pacemakers, claustrophobia, or Meniere's syndrome diseases). There were 19 qualified hypertensive participants carrying the APOE ϵ 4, and then chose 19 age-, education- and sex-matched non-carriers (Figure 1) from the 233 total subjects to MRI scans.



Figure 1. Participant flow chart. BABRI: Beijing Aging Brain Rejuvenation Initiative; APOE: Apolipoprotein E; fMRI: functional magnetic resonance imaging; MRI: magnetic resonance imaging.

2.2.2. MRI Data Acquisition

MRI data were acquired using a SIEMENS TRIO 3T scanner in the Imaging Center for Brain Research, Beijing Normal University and included resting-state functional magnetic resonance imaging (rsfMRI) scans [24]. To minimize head movement, participants lay supine with their heads snugly fixed by straps and foam pads. Resting-state data were collected using a gradient echo EPI sequence [TE = 30 ms, TR = 2000 ms, flip angle = 90°, 33 slices, slice thickness = 3.5 mm, matrix = 64 × 64, and field of view (FOV) = $200 \times 200 \text{ mm}^2$, acquisition time = 8 min and 5 s].

2.2.3. Resting-State fMRI Data Analysis

For each participant, the first 10 volumes were discarded to allow the participants to adapt to the magnetic field. Functional data were preprocessed using SPM8 (http://www.fil.ion.ucl.ac.uk/spm) (accessed on 19 September 2019) and DPARSF (http://www.restfmri.net/forum/taxonomy/term/36) (accessed on 3 September 2019), including slice timing, within-subject inter-scan realignment to correct possible movement, spatial normalization to a standard brain template in the Montreal Neurological Institute coordinate space, resampling to $3 \times 3 \times 3$ mm³ and smoothing with an 8-mm full-width half-maximum Gaussian kernel. Besides, rsfMRI data were processed with linear detrending, 0.01–0.08 Hz bandpass filtering and regression correction for nuisance covariates, including six motion parameters, the global mean signal, the white matter signal and the cerebrospinal fluid signal.

We performed an independent component analysis (ICA) using the group ICA toolbox (GIFT version 2.0e; http://mialab.mrn.org/software/gift/ accessed on 1 March 2020) with 25 independent components separately estimated for each group. There were three main stages: (i) a principal component analysis was performed for each subject for data reduction, (ii) the ICA algorithm was applied, and (iii) back-reconstruction was performed for each individual subject [23]. The best-fit components for the left frontoparietal (LFP), right frontoparietal (RFP) network, default mode network (DMN) and salience network (SN) were identified by visual inspection. For each network, ANCOVA tests were used to compare FC z values to determine the significance of between-group differences (p < 0.05, FWE corrected).

2.3. Statistical Analysis

ANCOVA analyses were used to compare neuropsychological assessments between the two groups, with age, education, gender, and medical history (including coronary heart disease, cerebrovascular disease and diabetes) as covariates. A generalized linear model (GLM) with functional connectivity and hypertension with APOE ε 4 carriers-status as predictor variables was used and controlled the above covariates. If significant effects exist, Pearson's partial correlation analysis was continued and performed separately for the APOE ε 4 carriers and APOE non- ε 4 carriers to explore the relationship between the functional connectivity of networks and cognitive function. These associations were significant if *p* was less than 0.05. All statistical analyses were performed using SPSS version 17.0 for Windows.

3. Results

3.1. Neuropsychological Characteristics of the Large Sample

Our study included 34 patients with APOE ε 4 and 199 age-matched APOE ε 4 non-carriers (Figure 1).

There were no significant differences in age, education or gender (p > 0.05). The APOE ε 4 carriers group had worse executive function (Stroop C-B time, p = 0.048; TMT B time, p = 0.044), memory (Digit span-forward, p = 0.033) and language (CVFT, p = 0.032) than APOE ε 4 non-carriers group (Table 1).

	APOE $\varepsilon 4$ ($n = 34$)	Non-APOE ε4 (<i>n</i> = 199)	F	p
AGE (years)	66.12 ± 6.848	65.23 ± 7.265	0.66	0.509
SEX (male, %)	12, 35.3%	70, 35.2%	0.00	0.566
Education (years)	10.74 ± 3.387	11.11 ± 3.619	-0.57	0.570
MMSE	27.53 ± 1.674	27.87 ± 1.577	0.965	0.327
Memory				
AVLT	5.09 ± 2.598	5.77 ± 2.490	1.69	0.195
ROCF-delay	13.71 ± 5.745	13.85 ± 6.375	0.03	0.856
Digit span-forward	6.85 ± 1.329	7.39 ± 1.221	4.59	0.033
Digit span-backward	4.06 ± 1.349	4.37 ± 0.955	0.303	0.586
Executive function				
Stroop C-B time (s)	41.56 ± 14.724	37.04 ± 11.081	3.95	0.048
TMT B time (s)	184.09 ± 60.452	163.96 ± 46.934	4.11	0.044
Processing speed				
TMT A time (s)	62.26 ± 20.211	57.91 ± 20.236	0.69	0.407
Stroop B time (s)	38.74 ± 9.291	37.61 ± 7.815	0.36	0.547
Visuo-spatial ability				
ROCF-copy	33.18 ± 2.564	33.20 ± 3.378	0.01	0.907
CDT	24.36 ± 3.141	24.61 ± 3.490	0.02	0.882
Language				
CVFT	42.53 ± 8.140	45.83 ± 8.580	4.67	0.032
BNT	22.82 ± 4.196	23.41 ± 3.454	0.35	0.556

Table 1. Characteristics and neuropsychologic test results of participants in large sample from Beijing communities.

Notes: The measured data are represented by mean and standard deviation. The comparisons of age, education and neuropsychological assessment were performed with ANCOVA analyses (*F* values). The p-value for gender was obtained using a Chi-square test. Mini-Mental State Examination (MMSE); AVLT: Auditory Verbal Learning Test; ROCF: Rey-Osterrieth Complex Figure test; Stroop Test: Stroop Color and Word Test; TMT: Trail Making Test; CDT: Clock-Drawing Test; CVFT: Category Verbal Fluency Test; BNT: Boston Naming Test; p < 0.05, uncorrected, the same below.

3.2. Selectively Altered RSNs in Patients with Hypertension

In the MRI study, 19 hypertensive patients carrying the APOE ε 4, another 19 age, education- and sex-matched non-carriers were included (Table 2). To investigate the pattern of the FC of hypertension patients, the best-fit components for the LFP, RFP, SN and DMN were obtained by the ICA group (p < 0.05, FWE corrected) (Figure 2). We performed ANCOVA tests on each of the four RSNs, contrasting the individual, back-reconstructed IC patterns of both groups, with age, gender, and education as covariates. The LFP network revealed a significant group difference (p < 0.05, FWE corrected). None of the ANCOVA tests on the other networks revealed a significant group difference (p < 0.05, FWE corrected). The following areas of the LFP network' associated ICA pattern demonstrated decreased connectivity in the ε 4-carrier group: left precentral (-51, 12, 36) and right triangle inferior frontal gyrus (54, 30, 24). The following area demonstrated increased connectivity in the ε 4-carrier group: right angular gyrus (60, -54, 33) (Figure 3).

	APOE ε4 (<i>n</i> = 19)	Non-APOE ε4 (<i>n</i> = 19)	F	р
AGE (years)	68.26 ± 6.94	68.16 ± 4.07	-0.06	0.96
SEX (male, %)	11, 47.4%	9, 57.9%	0.11	0.745
EDU (years)	10.13 ± 3.01	11.74 ± 3.48	1.52	0.14
MMSE	26.58 ± 4.22	27.89 ± 1.66	1.42	0.24
Memory				
AVLT	4.53 ± 3.29	5.21 ± 2.12	0.08	0.78
ROCF-delay	12.26 ± 6.23	14.11 ± 5.91	0.83	0.37
Digit span-forward	6.89 ± 1.33	8.26 ± 1.76	5.42	0.026
Digit span-backward	4.00 ± 1.33	4.37 ± 0.96	0.43	0.52
Executive function				
Stroop C-B time (s)	43.26 ± 13.78	31.94 ± 13.41	5.02	0.033
TMT B time (s)	204.28 ± 62.48	167.42 ± 55.74	3.06	0.09
Processing speed				
TMT A time (s)	70.05 ± 33.30	59.53 ± 15.94	1.16	0.29
Stroop B time (s)	46.05 ± 17.12	38.74 ± 6.72	2.42	0.13
Visuo-spatial ability				
ROCF-copy	31.84 ± 3.75	34.21 ± 1.99	4.37	0.044
CDT	23.32 ± 4.74	24.63 ± 3.62	0.57	0.46
Language				
CVFT	37.89 ± 8.69	45.32 ± 8.33	4.97	0.033
BNT	21.95 ± 4.31	23.58 ± 3.42	3.58	0.07

Table 2. Characteristics and neuropsychologic test results of participants in MRI sample.

Notes: MRI sample means participants in Magnetic resonance imaging (MRI) Studies.



Figure 2. Group ICA estimated resting-state patterns grouped as the default mode network (DMN), left frontoparietal network (LFP), right frontoparietal network (RFP) and salience network (SN) in each group (Color-coded were t value, p < 0.05, Family Wise Error (FWE) corrected; L/R, left/right side).

non-APOE ε4 > APOE ε4



Figure 3. The significant group difference in functional connectivity within the LFP network. The *x*-axis represents groups and the *y*-axis represents the functional connectivity. In the left precentral and right triangle inferior frontal gyrus, the APOE ε 4-carrier group showed decreased connectivity to the APOE non- ε 4 group. However, in the right angular gyrus, the APOE ε 4-carrier group showed increased connectivity than APOE non- ε 4 group. *, *p* < 0.05, FWE corrected.

3.3. Frontal-Parietal Network Functional Connectivity Is Correlated with Behavior

The results showed that within the frontal-parietal network, significant FC of the left precentral gyrus × APOE ε 4-status interaction effects were found in memory (Digit span-backward, p = 0.03, uncorrected), language (CVFT, p = 0.02, uncorrected) and processing speed (Stroop B time, p = 0.02, uncorrected) and significant FC of the right angular × APOE ε 4-status interaction effects were found in memory (Digit span-backward, p = 0.02, uncorrected). Further analysis revealed that the FC of the left precentral gyrus was significantly correlated with memory (Digit span-backward, r = -0.50, p = 0.03), language (CVFT, r = -0.54, p = 0.02) and processing speed (Stroop B time, r = 0.53, p = 0.02) only in the ε 4-carrier group. The FC of the right angular was significantly correlated with memory (Digit span-backward, r = 0.53, p = 0.02) only in the ε 4-carrier group. The FC of the right angular was significantly correlated with memory (Digit span-backward, r = 0.53, p = 0.02) only in the ε 4-carrier group. The FC of the right angular was significantly correlated with memory (Digit span-backward, r = 0.53, p = 0.02) only in the ε 4-carrier group, and there was no significant correlation between the FC and other cognitive performance (p > 0.05). There was no significant correlation between the FC of the right inferior frontal gyrus and cognitive performance in each group (p > 0.05) (Figure 4).



Figure 4. The relationship between functional connectivity within the frontal-parietal network and cognition. The functional connectivity (FC) of the left precentral regions is correlated with the performance of Digit span-backward, Category Verbal Fluency Test (CVFT) and the reaction times of the Stroop B test only in the ε 4-carrier group. The functional connectivity of the right angular is correlated with the performance of digit span-backward only in the ε 4-carrier group. p < 0.05, uncorrected.

Finally, our findings should be interpreted with caution because when we corrected for multiple comparisons (FDR) to group differences and group correlations, we found that not all the *p*-values could survive multiple comparisons corrections.

4. Discussion

The current study assessed the joint effects of hypertension and APOE $\varepsilon 4$ risk genes on cognitive function in a large sample of elderly people. Cognitively, APOE $\varepsilon 4$ carriers with hypertension mainly showed decreased execution functions, memory and language in the large cohort study. Only in the LFP networks were there obvious abnormal patterns of FC in APOE $\varepsilon 4$ carrier hypertensive patients. The important finding was that the abnormal FC pattern in the LFP network was significantly related to the poorer performance in memory, language and processing speed. Our results suggested that APOE $\varepsilon 4$ risk genes target a specific pattern of cognitive decline and FC changes and elevate frontoparietal dysfunction in hypertensive patients. These results may help us to understand the genetic mechanism by which hypertension serves as a potential risk factor for dementia and cognitive decline.

There are a few large-sample studies about the joint effect of hypertension and APOErelated cognitive decline, such as the Personality and Total Health (PATH) through Life project [25], the Honolulu-Asia Aging Study [26] and the Tone Project [19], and these studies have shown that hypertensive patients with APOE ε 4 carriers can aggravate cognitive decline, especially in cognitive flexibility, working memory and episodic memory. Our results are consistent with those longitudinal studies, indicating that the APOE ε 4 carrier patients showed decreased performance in several cognitive domains compared with the non-carriers, mainly in execution function. We also found that the APOE ε 4 carrier group had a lower performance in language fluency and working memory tests, which might require more execution resources.

There are significant differences in the alterations of the LFP network between APOE ε 4 carriers and APOE ε 4 non-carriers under FWE correction. There was evidence showed that the FP network plays a vital role in executive function, attention control, and working-memory processing [27]. Moreover, the alterations in the frontal and parietal regions of the brain are highly correlated with cognitive deficits in hypertension [10–12]. The results reported here are in line with previous findings that a pattern of topologically worse connections focused on the frontoparietal network posterior parietal cortex in hypertensive patients [13], and the increased gene risk is accompanied by reduced functional brain activity in parietal and frontal areas [28,29], which means that APOE ε 4 may aggravate frontal and parietal neurodegeneration patterns in hypertensive patients.

The significant regions included the left precentral gyrus, right IFG and angular regions. The left precentral gyrus was more susceptible to cognitive impairments. Reduced grey matter volume was also observed in precentral cortical regions in AD [30] and MCI [31]. The cortical precentral gyrus is also reported to be thinner in the APOE $\varepsilon 4$ carriers than in non- $\varepsilon 4$ allele carriers [32]. We found that decreased FC in the left precentral gyrus was related to worse memory, language and processing speed in APOE ε 4 carriers. The IFG is known to participate in the maintenance of memory [33,34] and verbal fluency, which is negatively correlated with age [35,36] and is decreased in patients with AD [37]. Nevertheless, the inferior frontal regions play a critical role in protecting against the negative impact of neurodegeneration among people at risk for AD [36]. The present study found that altered connections in functional connectivity of IFG were not significantly correlated with cognitive function, which may indicate that hypertensive patients with APOE ε 4 carriers could maintain normal cognitive function despite altered functional connectivity. The inferior parietal lobule, including the angular gyrus, is the core structure of the frontal parietal control system and also an important component of the default-mode network [38], whose functions involve cognitive control, memory extraction [39,40], perceptual information integration and conflict monitoring [38]. We found that increased FC of the angular regions was correlated with working memory. Actually, in the large sample study and the MRI study, we did not find a significant difference between APOE ε 4 carriers and non-carriers in the working memory test—Digit span-backward. Previous studies have found no significant differences between the two groups in neuropsychological test performance in cognitively normal people. We could speculate that this cognitive ability may be impaired by hypertension indiscriminately, so there is no significant difference between the two groups. However, from the perspective of functional connectivity, functional connectivity abnormalities were significantly correlated with working memory. The current findings of significant differences and correlations could partly explain the effect of APOE ε 4 on cognitive decline in hypertensive patients.

There are several explanations for the interaction between hypertension and the APOE genotype in relation to cognitive impairment pathology. First, the mouse model indicated the APOE ε 4 genotype seems less able to adjust to a more defiant environment due to the impaired synaptic plasticity and delayed the astroglial repair process [41,42]. Second, APOE ε 4 could increase the risk of cardiovascular disease [43], which is in turn associated with the pathology of AD. Third, APOE ε 4 could aggravate the effect of hypertension on tau levels [44].

Our study has several limitations. First, before patients were diagnosed with hypertension, their brains may have been affected by fluctuations in blood pressure. However, this effect cannot be assessed accurately prior to diagnosis. Second, the present study is cross-sectional in nature. Continued follow-up of this sample will help to further elucidate the neural mechanisms underlying the association between APOE and hypertension. Third, the sample in MRI is slightly small because the exclusion criteria and the ratio of APOE $\varepsilon 4$ in Chinese elderly individuals is only approximately 15%, which may influence the results of cognition differences, functional connectivity and its relationship with cognition. Fourth, the present study did not set the non-hypertensive controls APOE $\varepsilon 4$ carrier and non-carrier controls, it is because we only pay more attention to disease risk factors on the impact of the cognition and its neural mechanism, we did not test for risk genes in non-disease patients. Given the rigor of the research design, we would like to include corresponding participants and expand the sample size for subsequent studies to clarify possible confounding results.

We should note that we did not consider if there are differences in the type of hypertensive medication used by the different groups. Based on the existing research results, there is no significant difference in the effects of different drugs for hypertension. For example, researchers have found that there is no difference in cognition or brain function between two medications, a beta blocker (atenolol) and an angiotensin converting enzyme inhibitor (lisinopril) [45]. This may explain when researchers explored the effects of hypertension on cognitive and brain function in older adults, they also did not take their different medications into account [46]. In addition, in APOE £4 carriers, six participants (31.6%) took angiotensin receptor blockers medications, eight participants (42.1%) took calcium channel blocker medications, one participant (5.2%) took β blockers medications, and four participants (21.1%) took compound antihypertensives medications. In APOE ε4 non-carriers, four participants (21.1%) took angiotensin receptor blockers medications, nine participants (47.4%) took calcium channel blocker medications, and six participants (31.5%) took compound antihypertensives medications. The result of the Chi-square test showed that there is no difference between group and medications, so we did not explore the effects of different antihypertensive medications on cognition and brain function. In fact, answers to this important question may be provided by performing specialized larger prospective studies to analyze the impact of medications on the identified microstructural and functional brain alterations.

5. Conclusions

In conclusion, our results suggest that APOE ε 4 carriers are at increased risk for cognitive decline and abnormal FC in the left FP network if they suffer from hypertension as well. Our data imply that APOE ε 4 expands the FC alteration, which is related to the cognitive impairment pattern in hypertensive patients. Possible clinical implications could be that clinicians should be more aware of hypertension in these APOE ε 4 carriers. Furthermore, treatment trials for hypertension using dementia or cognitive decline as an outcome measure should stratify their results for the APOE genotype.

Author Contributions: Conceptualization, D.W. and X.L.; Formal analysis, C.X. and F.L.; Methodology, C.X.; Visualization, C.X.; Writing—original draft, D.W., C.X., W.W., H.L. and J.Z.; Writing—review & editing, D.W., F.L. and X.L. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by State Key Program of National Natural Science of China and the project is "Study on syndrome and neuroimaging features of XinNaoTongZhi therapy in early dementia", grant number 82130118; International Cooperation and Exchange of the National Natural Science Foundation of China and the project is "Cognitive characteristics and brain network connection patterns of early Alzheimer's disease with different TCM syndromes", grant number 81820108034; Natural Science Foundation of China and the project is "Effects of Aβ pathological factor on the degeneration pattern of brain networks for memory decline in brain aging", grant number 32171085; Natural Science Foundation of China and the project is "Effects of Aβ pathological **Institutional Review Board Statement:** The study was conducted in accordance with the institutional review board (IRB) at the Imaging Center for Brain Research at Beijing Normal University (protocol code ICBIR_A_0041_002_02 and date of approval 03.2015).

Informed Consent Statement: Written informed consent was obtained from all subjects involved in the study.

Data Availability Statement: The data presented in this study are available on request from the corresponding author. The data are not publicly available due to privacy and ethical restrictions.

Acknowledgments: We thank all the participants for their participation in the study.

Conflicts of Interest: The authors declare no conflict of interest.

References

- Sepe-Monti, M.; Pantano, P.; Vanacore, N.; De Carolis, A.; Bianchi, V.; Antonini, G.; Guidoni, S.V.; Giubilei, F. Vascular risk factors and white matter hyperintensities in patients with amnestic mild cognitive impairment. *Acta Neurol. Scand.* 2007, 115, 419–424. [CrossRef] [PubMed]
- 2. Wiseman, R.M.; Saxby, B.K.; Burton, E.J.; Barber, R.; Ford, G.A.; O'Brien, J.T. Hippocampal atrophy, whole brain volume, and white matter lesions in older hypertensive subjects. *Neurology* **2004**, *63*, 1892–1897. [CrossRef] [PubMed]
- Corder, E.H.; Saunders, A.M.; Strittmatter, W.J.; Schmechel, D.E.; Gaskell, P.C.; Small, G.W.; Roses, A.D.; Haines, J.L.; Pericak-Vance, M.A. Gene dose of apolipoprotein E type 4 allele and the risk of Alzheimer's disease in late onset families. *Science* 1993, 261, 921–923. [CrossRef] [PubMed]
- 4. Henderson, A.S.; Easteal, S.; Jorm, A.F.; Mackinnon, A.J.; Korten, A.E.; Christensen, H.; Croft, L.; Jacomb, P.A. Apolipoprotein E allele epsilon 4, dementia, and cognitive decline in a population sample. *Lancet* **1995**, *346*, 1387–1390. [CrossRef]
- Niu, W.; Qi, Y.; Qian, Y.; Gao, P.; Zhu, D. The relationship between apolipoprotein E epsilon2/epsilon3/epsilon4 polymorphisms and hypertension: A meta-analysis of six studies comprising 1812 cases and 1762 controls. *Hypertens. Res.* 2009, *32*, 1060–1066. [CrossRef] [PubMed]
- 6. Mesulam, M.M. From sensation to cognition. Brain 1998, 121, 1013–1052. [CrossRef]
- Buckholtz, J.W.; Meyer-Lindenberg, A. Psychopathology and the Human Connectome: Toward a Transdiagnostic Model of Risk For Mental Illness. *Neuron* 2012, 74, 990–1004. [CrossRef]
- Pierce, T.W.; Madden, D.J.; Siegel, W.C.; Blumenthal, J.A. Effects of aerobic exercise on cognitive and psychosocial functioning in patients with mild hypertension. *Health Psychol.* 1993, 12, 286–291. [CrossRef]
- 9. Foo, H.; Mather, K.A.; Jiang, J.; Thalamuthu, A.; Wen, W.; Sachdev, P.S. Genetic influence on ageing-related changes in resting-state brain functional networks in healthy adults: A systematic review. *Neurosci. Biobehav. Rev.* **2020**, *113*, 98–110. [CrossRef]
- Li, X.; Liang, Y.; Chen, Y.; Zhang, J.; Wei, D.; Chen, K.; Shu, N.; Reiman, E.M.; Zhang, Z. Disrupted Frontoparietal Network Mediates White Matter Structure Dysfunction Associated with Cognitive Decline in Hypertension Patients. *J. Neurosci.* 2015, 35, 10015–10024. [CrossRef]
- 11. Li, X.; Ma, C.; Sun, X.; Zhang, J.; Chen, Y.; Chen, K.; Zhang, Z. Disrupted white matter structure underlies cognitive deficit in hypertensive patients. *Eur. Radiol.* **2015**, *26*, 2899–2907. [CrossRef] [PubMed]
- 12. Li, X.; Wang, W.; Wang, A.; Li, P.; Zhang, J.; Tao, W.; Zhang, Z. Vulnerability of the frontal and parietal regions in hypertensive patients during working memory task. *J. Hypertens.* **2017**, *35*, 1044–1051. [CrossRef] [PubMed]
- Carnevale, L.; Maffei, A.; Landolfi, A.; Grillea, G.; Carnevale, D.; Lembo, G. Brain Functional Magnetic Resonance Imaging Highlights Altered Connections and Functional Networks in Patients With Hypertension. *Hypertension* 2020, 76, 1480–1490. [CrossRef]
- 14. Wu, X.; Li, Q.; Yu, X.; Chen, K.; Fleisher, A.S.; Guo, X.; Zhang, J.; Reiman, E.M.; Yao, L.; Li, R. A Triple Network Connectivity Study of Large-Scale Brain Systems in Cognitively Normal APOE4 Carriers. *Front. Aging Neurosci.* **2016**, *8*, 231. [CrossRef] [PubMed]
- 15. Ying, L.; Li, Z.; Jing, W.; Li, C.; Zhang, X.; Alzheimer's Disease Neuroimaging Initiative. Frequency Specific Effects of ApoE ε4 Allele on Resting-State Networks in Nonde-mented Elders. *BioMed Res. Int.* **2017**, 2017, 9823501.
- 16. Lu, H.; Ma, S.L.; Wong, S.W.; Tam, C.W.; Cheng, S.T.; Chan, S.S.; Lam, L.C.W. Aberrant interhemispheric functional connectivity within default mode network and its relationships with neurocognitive features in cognitively normal APOE epsilon 4 elderly carriers. *Int. Psychogeriatr.* 2017, *29*, 805–814. [CrossRef]
- Machulda, M.M.; Jones, D.T.; Vemuri, P.; McDade, E.; Avula, R.; Przybelski, S.; Boeve, B.F.; Knopman, D.S.; Petersen, R.C.; Jack, C. Effect of APOE ε4 Status on Intrinsic Network Connectivity in Cognitively Normal Elderly Subjects. *Arch. Neurol.* 2011, 68, 1131–1136. [CrossRef]

- Van den Heuvel, M.P.; Mandl, R.C.; Kahn, R.S.; Hulshoff Pol, H.E. Functionally linked resting-state networks reflect the underlying structural connectivity architecture of the human brain. *Hum. Brain Mapp.* 2009, 30, 3127–3141. [CrossRef]
- Wang, R.; Fratiglioni, L.; Laukka, E.J.; Lövdén, M.; Kalpouzos, G.; Keller, L.; Graff, C.; Salami, A.; Bäckman, L.; Qiu, C. Effects of vascular risk factors and APOE ε4 on white matter integrity and cognitive decline. Neurology 2015, 84, 1128–1135. [CrossRef]
- 20. De Leeuw, F.-E.; Richard, F.; de Groot, J.C.; van Duijn, C.M.; Hofman, A.; van Gijn, J.; Breteler, M.M.B. Interaction between hypertension, apoE, and cerebral white matter lesions. *Stroke* 2004, *35*, 1057–1060. [CrossRef]
- 21. Yang, C.; Li, X.; Zhang, J.; Chen, Y.; Li, H.; Wei, D.; Lu, P.; Liang, Y.; Liu, Z.; Shu, N.; et al. Early prevention of cognitive impairment in the community population: The Beijing Aging Brain Rejuvenation Initiative. *Alzheimer's Dement.* **2021**, *17*, 1610–1618. [CrossRef] [PubMed]
- 22. Chen, Y.; Lv, C.; Li, X.; Zhang, J.; Chen, K.; Liu, Z.; Li, H.; Fan, J.; Qin, T.; Luo, L.; et al. The positive impacts of early-life education on cognition, leisure activity, and brain structure in healthy aging. *Aging* **2019**, *11*, 4923–4942. [CrossRef] [PubMed]
- 23. Felsky, D.; Voineskos, A.N.; Lerch, J.P.; Nazeri, A.; Shaikh, S.A.; Rajji, T.K.; Mulsant, B.H.; Kennedy, J.L. Myelin-Associated Glycoprotein Gene and Brain Morphometry in Schizophrenia. *Front. Psychiatry* **2012**, *3*, 40. [CrossRef] [PubMed]
- Calhoun, V.; Adali, T.; Pearlson, G.; Pekar, J. A method for making group inferences from functional MRI data using independent component analysis. *Hum. Brain Mapp.* 2001, 14, 140–151. [CrossRef]
- 25. Andrews, S.; Das, D.; Anstey, K.J.; Easteal, S. Interactive Effect of APOE Genotype and Blood Pressure on Cognitive Decline: The PATH through Life Study. J. Alzheimer's Dis. 2015, 44, 1087–1098. [CrossRef]
- Peila, R.; White, L.R.; Petrovich, H.; Masaki, K.; Ross, G.W.; Havlik, R.J.; Launer, L.J. Joint effect of the APOE gene and midlife systolic blood pressure on late-life cognitive impairment: The Honolulu-Asia aging study. *Stroke* 2001, 32, 2882–2889. [CrossRef]
- 27. Leech, R.; Kamourieh, S.; Beckmann, C.F.; Sharp, D.J. Fractionating the Default Mode Network: Distinct Contributions of the Ventral and Dorsal Posterior Cingulate Cortex to Cognitive Control. *J. Neurosci.* 2011, *31*, 3217–3224. [CrossRef]
- Elgh, E.; Larsson, A.; Eriksson, S.; Nyberg, L. Altered Prefrontal Brain Activity in Persons at Risk for Alzheimer's Disease: An fMRI Study. Int. Psychogeriatr. 2003, 15, 121–133. [CrossRef]
- Johanna, L.; Jonas, P.; Martin, I.; Anne, L.; Marc, C.; Christine, V.B.; Adolfsson, R.; Bäckman, L.; Nilsson, L.; Petersson, K.M.; et al. Reduced functional brain activity response in cognitively intact apolipoprotein E ε4 carriers. *Brain* 2006, 129, 1240–1248.
- Drzezga, A.; Grimmer, T.; Henriksen, G.; Muhlau, M.; Perneczky, R.; Miederer, I.; Praus, C.; Sorg, C.; Wohlschlager, A.; Riemenschneider, M.; et al. Effect of APOE genotype on amyloid plaque load and gray matter volume in Alzheimer disease. *Neurology* 2009, 72, 1487–1494. [CrossRef]
- Wang, L.; Goldstein, F.; Veledar, E.; Levey, A.; Lah, J.; Meltzer, C.; Holder, C.; Mao, H. Alterations in Cortical Thickness and White Matter Integrity in Mild Cognitive Impairment Measured by Whole-Brain Cortical Thickness Mapping and Diffusion Tensor Imaging. Am. J. Neuroradiol. 2009, 30, 893–899. [CrossRef] [PubMed]
- Fennema-Notestine, C.; Panizzon, M.S.; Thompson, W.R.; Chen, C.-H.; Eyler, L.T.; Fischl, B.; Franz, C.E.; Grant, M.D.; Jak, A.J.; Jernigan, T.L.; et al. Presence of ApoE ε4 Allele Associated with Thinner Frontal Cortex in Middle Age. J. Alzheimer's Dis. 2011, 26, 49–60. [CrossRef] [PubMed]
- McLaren, D.G.; Sreenivasan, A.; Diamond, E.L.; Mitchell, M.B.; Van Dijk, K.R.; DeLuca, A.N.; O'Brien, J.L.; Rentz, D.M.; Sperling, R.A.; Atri, A. Tracking Cognitive Change over 24 Weeks with Longitudinal Functional Magnetic Resonance Imaging in Alzheimer's Disease. *Neurodegener. Dis.* 2012, *9*, 176–186. [CrossRef] [PubMed]
- 34. De Chastelaine, M.; Wang, T.H.; Minton, B.; Muftuler, L.T.; Rugg, M.D. The Effects of Age, Memory Performance, and Callosal Integrity on the Neural Correlates of Successful Associative Encoding. *Cereb. Cortex* **2011**, *21*, 2166–2176. [CrossRef]
- Heinzel, S.; Metzger, F.G.; Ehlis, A.-C.; Korell, R.; Alboji, A.; Haeussinger, F.B.; Hagen, K.; Maetzler, W.; Eschweiler, G.W.; Berg, D.; et al. Aging-related cortical reorganization of verbal fluency processing: A functional near-infrared spectroscopy study. *Neurobiol. Aging* 2013, 34, 439–450. [CrossRef]
- Katzorke, A.; Zeller, J.B.M.; Müller, L.D.; Lauer, M.; Polak, T.; Reif, A.; Deckert, J.; Herrmann, M.J. Reduced Activity in the Right Inferior Frontal Gyrus in Elderly APOE-E4 Carriers during a Verbal Fluency Task. Front. Hum. Neurosci. 2017, 11, 46. [CrossRef]
- Herrmann, M.J.; Langer, J.B.; Jacob, C.; Ehlis, A.-C.; Fallgatter, A.J. Reduced Prefrontal Oxygenation in Alzheimer Disease During Verbal Fluency Tasks. *Am. J. Geriatr. Psychiatry* 2008, *16*, 125–135. [CrossRef]
- Vincent, J.L.; Kahn, I.; Snyder, A.Z.; Raichle, M.E.; Buckner, R.L. Evidence for a Frontoparietal Control System Revealed by Intrinsic Functional Connectivity. J. Neurophysiol. 2008, 100, 3328–3342. [CrossRef]
- 39. Cabeza, R.; Ciaramelli, E.; Olson, I.R.; Moscovitch, M. The parietal cortex and episodic memory: An attentional account. *Nat. Rev. Neurosci.* **2008**, *9*, 613–625. [CrossRef]
- 40. Oitzl, M.S.; Champagne, D.L.; Veen, R.; Kloet, E. Brain development under stress: Hypotheses of glucocorticoid actions revisited. *Neurosci. Biobehav. Rev.* 2010, *34*, 853–866. [CrossRef]
- Levi, O.; Jongen-Relo, A.L.; Feldon, J.; Michaelson, D.M. Brain area- and isoform-specific inhibition of synaptic plasticity by apoE4. J. Neurol. Sci. 2005, 229–230, 241–248. [CrossRef] [PubMed]
- 42. Blain, J.-F.; Sullivan, P.M.; Poirier, J. A deficit in astroglial organization causes the impaired reactive sprouting in human apolipoprotein E4 targeted replacement mice. *Neurobiol. Dis.* **2006**, *21*, 505–514. [CrossRef]
- 43. Bennet, A.M.; di Angelantonio, E.; Ye, Z.; Wensley, F.; Dahlin, A.; Ahlbom, A.; Keavney, B.; Collins, R.; Wiman, B.; de Faire, U.; et al. Association of apolipoprotein E genotypes with lipid levels and coronary risk. *JAMA* 2007, *298*, 1300–1311. [CrossRef]

- 44. Kester, M.I.; van der Flier, W.M.; Mandic, G.; Blankenstein, M.A.; Scheltens, P.; Muller, M. Joint Effect of Hypertension and APOE Gen-otype on CSF Biomarkers for Alzheimer's Disease. J. Alzheimers Dis. 2010, 20, 1083–1090. [CrossRef] [PubMed]
- 45. Jennings, J.R.; Muldoon, M.F.; Price, J.; Christie, I.C.; Meltzer, C.C. Cerebrovascular support for cognitive processing in hypertensive patients is altered by blood pressure treatment. *Hypertension* **2008**, *52*, 65–71. [CrossRef] [PubMed]
- 46. Jennings, J.R.; Muldoon, M.F.; Allen, B.; Ginty, A.T.; Gianaros, P.J. Cerebrovascular function in hypertension: Does high blood pressure make you old? *Psychophysiology* **2020**, *58*, e136542020. [CrossRef] [PubMed]