

# Original Article Dermatology

Check for updates

# Serum 25-Hydroxy Vitamin D Levels and Association of Vitamin D Receptor Gene Polymorphisms in Vitiligo

Tae-Eun Kim <sup>(b)</sup>,<sup>1\*</sup> Su Kang Kim <sup>(b)</sup>,<sup>2\*</sup> Min Kyung Shin <sup>(b)</sup>,<sup>1</sup> Ki-Heon Jeong <sup>(b)</sup>,<sup>1</sup> and Mu-Hyoung Lee <sup>(b)</sup> <sup>3</sup>

<sup>1</sup>Department of Dermatology, School of Medicine, Kyung Hee University, Seoul, Korea <sup>2</sup>Department of Biomedical Laboratory Science, Catholic Kwandong University, Gangneung, Korea <sup>3</sup>Department of Dermatology, Hanil General Hospital, Seoul, Korea

### OPEN ACCESS

Received: Oct 8, 2021 Accepted: Mar 14, 2022 Published online: Apr 4, 2022

# Address for Correspondence:

#### Ki-Heon Jeong, MD, PhD

Department of Dermatology, College of Medicine, Kyung Hee University, 23 Kyungheedae-ro, Dongdaemun-gu, Seoul 02447, Korea. Email: mdfamily@naver.com

\*Tae-Eun Kim and Su Kang Kim contributed equally to this work.

© 2022 The Korean Academy of Medical Sciences.

This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (https:// creativecommons.org/licenses/by-nc/4.0/) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

#### **ORCID** iDs

Tae-Eun Kim https://orcid.org/0000-0001-6617-0510 Su Kang Kim https://orcid.org/0000-0001-6178-8514 Min Kyung Shin https://orcid.org/0000-0001-9834-7931 Ki-Heon Jeong https://orcid.org/0000-0001-6908-0932 Mu-Hyoung Lee https://orcid.org/0000-0002-0902-6843

#### Disclosure

The authors have no potential conflicts of interest to disclose.

# ABSTRACT

**Background:** The role of vitamin D deficiency and vitamin D receptor (VDR) gene polymorphisms has been established in many autoimmune diseases, including vitiligo, but the result is still controversial.

**Objectives:** The aim of this study was to investigate the serum vitamin D levels in vitiligo patients and to compare the association of VDR gene polymorphisms in vitiligo patients and healthy controls.

**Methods:** We collected the data of age, sex, serum 25-hydroxy vitamin D (25[OH]D) level, thyroid autoantibodies, disease duration, types of vitiligo, family history and the affected body surface area of vitiligo from 172 patients. And we analyzed the VDR gene polymorphisms in 130 vitiligo and 453 age-sex-matched control subjects.

**Results:** The mean serum level of 25(OH)D in 172 vitiligo patients was 18.75 ± 0.60 ng/mL, which had no significant difference with a mean serum value of 25(OH)D in the Korean population. However, there were significant differences according to the duration of the disease and family history. Also, there were no significant differences in the genotypic and allelic distributions of 37 examined SNPs of VDR gene between vitiligo patients and healthy controls. **Conclusion:** Serum level of 25(OH)D in vitiligo patients was not significant differences in the genotypic distributions of VDR gene between vitiligo patients and healthy controls.

Keywords: Association Study; Vitamin D; Vitamin D Receptor; Vitiligo

# INTRODUCTION

Vitiligo is an acquired and multifactorial pigmentation disorder with a complex pathogenesis that is not clearly elucidated. Various hypotheses have been proposed for the pathogenic mechanisms of vitiligo, but the most important hypothesis is thought to be the autoimmune mechanism. Vitamin D is synthesized in the skin and affects by binding a nuclear hormone receptor called the vitamin D receptor (VDR). VDRs are present in cells related to calcium and bone metabolism, as well as in other cell types such as keratinocytes, melanocytes, fibroblasts, and immune-related cells of the skin.<sup>1</sup> Recent studies have shown that vitamin

#### **Data Sharing Statement**

The data that support the findings of this study are available from the corresponding author upon reasonable request.

#### **Author Contributions**

Conceptualization: Jeong KH. Data curation: Kim SK. Formal analysis: Jeong KH, Kim SK. Methodology: Shin MK, Lee MH. Writing - original draft: Kim TE. Writing - review & editing: Kim TE, Jeong KH. D has an immune-protective effect. The role of vitamin D deficiency and VDR gene polymorphisms has been established in many autoimmune diseases, including vitiligo, but the results are still controversial.<sup>1,2</sup> In this study, we investigated the association between 25(OH)D levels, VDR gene polymorphisms, and vitiligo in Korean patients.

# **METHODS**

#### Subjects

The study enrolled 172 patients with vitiligo who visited to the Dermatology Department of Kyung Hee Medical Center (Seoul, Korea) between June 2012 and October 2017. Vitiligo was diagnosed based on patient history and clinical evaluation. Patients with a history of phototherapy, vitamin D supplementation, other autoimmune diseases, or a history of smoking were excluded from the study. Data on vitamin D levels in healthy controls were collected from the Korea National Health and Nutrition Examination Survey (KNHANES) conducted in 2013.

For the analysis of the VDR gene polymorphism, 130 patients with non-segmental vitiligo (NSV) were enrolled. In addition, 453 age- and sex-matched controls from dermatology outpatients attending the same department were included in the study.

#### **Clinical assessments**

We collected data on age, sex, 25(OH)D level, duration, type of vitiligo, thyroid autoantibodies, family history, and the affected body surface area of 172 patients with vitiligo. Serum 25(OH)D levels were measured using the LIAISON 25 OH Vitamin D TOTAL Assay (DiaSorin, Saluggio, Italy), which employs a chemiluminescent immunoassay technology for the quantitative determination of the 25(OH)D levels in the human serum and plasma.

#### **DNA extraction and genotyping**

The peripheral blood samples were collected in tubes coated with ethylene-diamine-tetraacetic acid, and genomic DNA was obtained by using Roche DNA extraction kit (Roche, IN, USA). We used the Customer Axiom Exome Array by Affymatrix (Affymatrix, CA, USA) to genotype the selected SNPs. The experimental process was conducted by Theragen (Suwon, Korea).

#### **Design of the customized DNA chip**

We selected VDR genes from the NCBI gene database (https://www.ncbi.nlm.nih.gov/gene) and manually searched for all known SNPs in all the selected genes using the dbSNP database (https://www.ncbi.nlm.nih.gov/snp/). The exon and promoter regions were considered as candidate SNPs. Candidate SNPs were selected according to the following criteria: 1) SNPs located in the exon and promoter regions of each gene; 2) SNPs studied in previous GWASs or case and control studies with various diseases; 3) SNPs reported in Asians; 4) SNPs with > 10% minor allele frequency in Asians; and 5) > 0.1 heterozygosity. Finally, a customized chip was designed on the basis of these criteria.

#### **Statistical analysis**

An independent samples t-test was used to compare the mean vitamin D levels between the patients and the mean serum value of the Korean population. The significance level for the statistical tests was set at P < 0.05. For the analysis of VDR gene polymorphism, a chi-square test was performed to test the Hardy-Weinberg equilibrium (HWE) in the control group. Logistic regression models were used to analyze the relationship between each SNP and the susceptibility to NSV. The models were log-additive, dominant, and recessive. Odds ratios (ORs), 95% confidence intervals (CIs), and *P* values were determined. All statistical analyses were performed using SNPStats (http://bioinfo.iconcologia.net/index. php?module=Snpstats). This was tested at a significance level of 0.05.

#### **Ethics statement**

The present study protocol was reviewed and approved by the Institutional Review Board of Kyung Hee University Medical Center (approval No. 2016-07-059). Informed consent was waived because of the retrospective nature of the study.

# RESULTS

#### Analysis of the serum 25(OH)D levels in vitiligo patients

The characteristics of 172 subjects with ages ranging from 3 to 85 years (mean,  $40.96 \pm 22.22$  years) and the mean serum 25(OH)D levels are listed in **Table 1**. The mean serum 25(OH)D level in the 172 patients with vitiligo and KNHANES (2013) was  $18.75 \pm 0.60$  ng/mL and 17.28

Characteristics	Values	Serum25(OH)D level (ng/mL)	P value <sup>a</sup>
Total	172	18.75 ± 0.60	
Sex			0.375
Male	69 (40.1)	$18.10 \pm 6.70$	
Female	103 (59.9)	$19.18 \pm 8.50$	
Age			0.006*
0-9	18 (10.5)	$24.11 \pm 8.88$	
10-19	22 (12.8)	$17.37 \pm 4.53$	
20-29	24 (14.0)	$15.23 \pm 3.93$	
30-39	13 (7.6)	$17.56 \pm 8.41$	
40-49	25 (14.5)	$16.80 \pm 5.21$	
50-59	26 (15.1)	$19.28 \pm 7.76$	
≥ 60	44 (25.6)	$20.31 \pm 9.94$	
Duration of vitiligo			0.023*
< 1 yr	86 (50.0)	$20.10 \pm 8.22$	
≥ 1 yr	86 (50.0)	$17.39 \pm 7.20$	
Type of vitiligo			0.634
Segmental	29 (16.9)	$18.11 \pm 8.35$	
Non-segmental	143 (83.1)	$18.88 \pm 7.74$	
Family history of vitiligo <sup>b</sup>			0.013*
Negative	154 (89.5)	$19.25 \pm 8.00$	
Positive	18 (10.5)	$14.45 \pm 4.19$	
Affected body surface area			0.244
< 10%	127 (73.8)	$19.13 \pm 8.31$	
> 10%	45 (26.2)	$17.66 \pm 6.20$	
Thyroid antibody			0.758
Negative	132 (76.7)	$18.85 \pm 7.83$	
Positive	40 (23.3)	$18.41 \pm 7.88$	
Season <sup>c</sup>			0.404
Spring	32 (18.6)	$18.16 \pm 6.55$	
Summer	88 (51.2)	$19.61 \pm 8.48$	
Autumn	33 (19.2)	$18.34 \pm 7.72$	
Winter	19 (11.0)	$16.47 \pm 6.63$	

Table 1. Serum 25-hydroxyvitamin D levels (ng/mL) according to clinical features and laboratory findings

Values are presented as number (%).

<sup>a</sup>A *P* value < 0.05 is considered statistically significant; <sup>b</sup>Family history includes first-degree relatives (parents, siblings, and children); <sup>c</sup>Spring is from March to May. Summer is from June to August. Autumn is from September to November. Winter is from December to February.

ng/mL, respectively. The mean serum 25(OH)D level in vitiligo patients was not significantly different from the mean serum value of the Korean population (P = 0.087).

We also compared the mean serum 25(OH)D levels in patients with vitiligo according to the clinical features and laboratory findings (**Table 1**). There were no significant differences in the mean serum 25(OH)D levels according to sex, type, affected body surface area, thyroid antibody, and season. However, there were significant differences in the mean serum 25(OH) D levels according to age, duration, and family history of vitiligo. Serum 25(OH)D levels were significantly lower in the group who had vitiligo for at least 1 year compared with the group who had less than 1 year. In addition, the serum 25(OH)D levels were significantly lower in patients with a family history of vitiligo than in those without.

#### Genotypic frequencies in patients with NSV and unaffected controls

The genotype distributions of 37 SNPs of VDR gene in the control group were in HWE (P > 0.01, data not shown). The distribution of genotypic frequencies for each SNP is shown in **Table 2**. Among the 37 SNPs, four SNPs (rs2239186, rs4760648, rs4237855, and rs7299460) were statistically associated with NSV. We observed a difference in the genotype frequencies of rs2239186 in the dominant model (OR = 1.89, 95% CI = 1.10–3.23, P = 0.017), rs4760648 in the recessive model (OR, 0.54; 95% CI, 0.30–0.96; P = 0.029), rs4237855 in the log-additive and dominant model (OR, 0.67; 95% CI, 0.49–0.92; P = 0.012, log-additive model; OR, 0.56; 95% CI, 0.36–0.86; P = 0.009, dominant model), and rs7299460 in the recessive model (OR, 1.69; 95% CI, 1.03–2.76; P = 0.041). However, these associations were not significant after the Bonferroni correction.

# DISCUSSION

Our understanding of the immunomodulatory effects of vitamin D continues to grow.<sup>2</sup> Although there is *in vitro* and animal evidence that vitamin D can prevent autoimmune disease in humans, the data to support this hypothesis are still lacking.<sup>2</sup> Despite the multitude of cross-sectional and case-control studies that demonstrate lower levels of vitamin D among individuals with autoimmune diseases, such as inflammatory bowel disease, multiple sclerosis, systemic lupus erythematosus, type I diabetes mellitus, and rheumatoid arthritis, compared to healthy controls, these studies are not able to address clear causality.<sup>2,3</sup> Several previous studies have shown that 1,25(OH)<sub>2</sub>D<sub>3</sub> inhibits the maturation and differentiation of dendritic cells, T-cell proliferation, and Th1 cytokine secretion. In addition, 1,25(OH)<sub>2</sub>D<sub>3</sub> may increase the number of regulatory T cells and enhance the secretion of interleukin (IL)-10.<sup>4</sup>

The role of vitamin D in vitiligo remains unclear despite the presence of several studies attempting to explain it. Koizumi et al.<sup>5</sup> have shown that vitamin D can exert immunomodulatory effects by inhibiting the expression of proinflammatory and proapoptotic cytokines, such as IL-6, IL-8, TNF- $\alpha$ , and TNF- $\gamma$ , which can cause vitiligo. Sauer et al.<sup>6</sup> reported that 1,25(OH)<sub>2</sub>D<sub>3</sub> was shown to inhibit the apoptosis of human melanocytes through the formation of sphingosine-1-phosphate. In addition, there have been attempts to use topical vitamin D for the treatment of vitiligo. In one study, calcipotriol may stimulate melanin production by activating the melanocytes and keratinocytes.<sup>7</sup>

There have been a few previous studies examining the vitamin D levels in vitiligo, and the results have been controversial. Khurrum et al.<sup>8</sup> reported that there was no difference in

CND	Control (AA /AB/BB)	NCV/ (AA/AB/BB)	I na-additin		Dominant		Baraceivia	
			OR (95% CI)	P value	OR (95% CI)	P value	OR (95% CI)	P value
rs11574129	273 (72.8%)/98 (26.1%)/4 (1.1%)	89 (68.5%)/36 (27.7%)/5 (3.8%)	1.27 (0.85-1.91)	0.240	1.18 (0.75-1.86)	0.470	3.64 (0.91-14.56)	0.070
rs3847987	254 (67.4%)/116 (30.8%)/7 (1.9%)	81 (62.3%)/43 (33.1%)/6 (4.6%)	1.25 (0.86-1.82)	0.250	1.21 (0.78-1.86)	0.390	2.17 (0.69-6.86)	0.200
rs739837	226 (60.1%)/134 (35.6%)/16 (4.3%)	69 (53.5%)/50 (38.8%)/10 (7.8%)	1.24 (0.88-1.73)	0.220	1.26 (0.83-1.90)	0.290	1.50 (0.64-3.49)	0.350
rs731236	344 (91.2%)/30 (8%)/3 (0.8%)	116 (89.2%)/13 (10%)/1 (0.8%)	1.08 (0.59-1.96)	0.810	1.15 (0.58-2.27)	0.690	0.62 (0.06-6.39)	0.680
rs7975232	227 (60.2%)/134 (35.5%)/16 (4.2%)	69 (53.1%)/51 (39.2%)/10 (7.7%)	1.25 (0.89-1.75)	0.200	1.28 (0.84-1.93)	0.250	1.49 (0.64-3.47)	0.360
rs757343	255 (67.6%)/115 (30.5%)/7 (1.9%)	81 (62.3%)/43 (33.1%)/6 (4.6%)	1.26 (0.87-1.84)	0.230	1.22 (0.79-1.88)	0.370	2.17 (0.69-6.86)	0.200
rs1544410	348 (92.3%)/26 (6.9%)/3 (0.8%)	118 (90.8%)/11 (8.5%)/1 (0.8%)	1.06 (0.57-2.00)	0.850	1.14 (0.55-2.35)	0.720	0.62 (0.06-6.39)	0.680
rs7963776	228 (60.8%)/131 (34.9%)/16 (4.3%)	69 (53.9%)/50 (39.1%)/9 (7%)	1.23 (0.88-1.73)	0.230	1.27 (0.84-1.93)	0.260	1.39 (0.58-3.31)	0.460
rs2239185	229 (60.7%)/131 (34.8%)/17 (4.5%)	68 (52.7%)/52 (40.3%)/9 (7%)	1.24 (0.89-1.74)	0.210	1.31 (0.86-1.98)	0.210	1.31 (0.56-3.09)	0.540
rs7305032	236 (62.8%)/123 (32.7%)/17 (4.5%)	71 (55%)/50 (38.8%)/8 (6.2%)	1.20 (0.85-1.68)	0.300	1.32(0.86 - 2.01)	0.200	1.00(0.41 - 2.45)	1.000
rs2248098	217 (57.7%)/139 (37%)/20 (5.3%)	67 (51.5%)/55 (42.3%)/8 (6.2%)	1.11 (0.80-1.56)	0.530	1.19 (0.78-1.80)	0.410	0.96 (0.40-2.29)	0.920
rs987849	213 (56.8%)/142 (37.9%)/20 (5.3%)	64 (50%)/55 (43%)/9 (7%)	1.14 (0.81-1.60)	0.450	1.22 (0.81-1.86)	0.340	1.00 (0.43-2.32)	0.990
rs2239182	224 (59.9%)/132 (35.3%)/18 (4.8%)	74 (56.9%)/50 (38.5%)/6 (4.6%)	1.05 (0.74-1.48)	0.800	1.09 (0.72-1.65)	0.700	0.91 (0.34-2.41)	0.850
rs2107301	193 (51.3%)/153 (40.7%)/30 (8%)	66 (51.2%)/56 (43.4%)/7 (5.4%)	0.91 (0.65–1.27)	0.590	0.99 (0.65–1.50)	0.950	0.59 (0.25-1.42)	0.220
rs2239181	236 (62.6%)/128 (34%)/13 (3.5%)	82 (63.1%)/38 (29.2%)/10 (7.7%)	1.03 (0.72-1.47)	0.870	0.88 (0.57-1.35)	0.570	2.14 (0.89-5.14)	0.095
rs2239180	235 (62.5%)/128 (34%)/13 (3.5%)	81 (62.8%)/38 (29.5%)/10 (7.8%)	1.04 (0.73-1.48)	0.840	0.89 (0.58-1.37)	0.600	2.15 (0.90-5.16)	0.093
rs2238139	342 (91%)/33 (8.8%)/1 (0.3%)	119 (91.5%)/11 (8.5%)/0 (0%)	0.83 (0.40-1.70)	0.600	0.83 (0.40-1.74)	0.630	0.00 (0.00-NA)	0.610
rs2239179	226 (60%)/134 (35.5%)/17 (4.5%)	77 (59.7%)/48 (37.2%)/4 (3.1%)	0.96 (0.67-1.38)	0.820	1.02 (0.67–1.55)	0.930	0.61 (0.20-1.92)	0.380
rs12717991	200 (53%)/150 (39.8%)/27 (7.2%)	70 (53.9%)/53 (40.8%)/7 (5.4%)	0.90 (0.65-1.26)	0.550	0.95 (0.63-1.43)	0.800	0.65 (0.27-1.58)	0.330
rs886441	342 (90.7%)/34 (9%)/1 (0.3%)	119 (91.5%)/11 (8.5%)/0 (0%)	0.80 (0.39-1.65)	0.540	0.81 (0.39-1.68)	0.560	0.00 (0.00-NA)	0.610
rs2189480	156(41.4%)/180(47.8%)/41(10.9%)	54(41.9%)/64(49.6%)/11(8.5%)	0.90 (0.65-1.24)	0.510	0.95 (0.62-1.44)	0.800	0.69 (0.34-1.43)	0.310
rs3819545	204 (54.3%)/144 (38.3%)/28 (7.5%)	68 (52.7%)/55 (42.6%)/6 (4.7%)	0.93 (0.67-1.30)	0.690	1.05 (0.69-1.59)	0.820	0.52 (0.20-1.31)	0.140
rs3782905	284 (75.3%)/83 (22%)/10 (2.6%)	98 (75.4%)/30 (23.1%)/2 (1.5%)	0.98 (0.65-1.49)	0.920	1.05 (0.65-1.70)	0.840	0.52 (0.11-2.45)	0.380
rs2239186	97 (25.8%)/193 (51.3%)/86 (22.9%)	21 (16.8%)/77 (61.6%)/27 (21.6%)	1.29 (0.94-1.77)	0.110	1.89 (1.10-3.23)	0.017	1.05 (0.63-1.75)	0.840
rs11168275	144(38.3%)/168(44.7%)/64(17%)	54(41.5%)/61(46.9%)/15(11.5%)	0.83 (0.62-1.13)	0.230	0.88 (0.58-1.34)	0.540	0.63 (0.34-1.17)	0.130
rs2408876	150 (40.1%)/187 (50%)/37 (9.9%)	53 (42.7%)/55 (44.4%)/16 (12.9%)	1.00 (0.72-1.37)	0.980	0.91 (0.60-1.40)	0.680	1.22 (0.64–2.32)	0.560
rs2238136	232 (61.5%)/134 (35.5%)/11 (2.9%)	79 (60.8%)/45 (34.6%)/6 (4.6%)	1.01 (0.70-1.46)	0.950	0.97 (0.63-1.48)	0.880	1.37 (0.46-4.02)	0.580
rs2238135	198(52.5%)/159(42.2%)/20(5.3%)	61 (47.7%)/58 (45.3%)/9 (7%)	1.12 (0.79-1.57)	0.520	1.12(0.74 - 1.70)	0.590	1.24 (0.53-2.90)	0.620
rs2853564	186 (49.3%)/151 (40%)/40 (10.6%)	57 (44.2%)/57 (44.2%)/15 (11.6%)	1.22 (0.90-1.66)	0.200	1.29(0.85 - 1.95)	0.230	1.32 (0.68-2.53)	0.420
rs4760648	119 (31.6%)/170 (45.1%)/88 (23.3%)	45 (35.7%)/64 (50.8%)/17 (13.5%)	0.75 (0.56-1.01)	0.058	0.79 (0.51-1.22)	0.290	0.54 (0.30-0.96)	0.029
rs10875694	266 (70.7%)/106 (28.2%)/4 (1.1%)	85 (65.9%)/41 (31.8%)/3 (2.3%)	1.17 (0.78-1.76)	0.460	1.17 (0.75-1.83)	0.490	1.36 (0.27-6.74)	0.710
rs11168287	172 (45.6%)/168 (44.6%)/37 (9.8%)	67 (51.5%) / 51 (39.2%) / 12 (9.2%)	0.95 (0.69-1.30)	0.730	0.90 (0.59-1.36)	0.620	1.03 (0.51-2.08)	0.930
rs4237855	116 (30.8%)/190 (50.4%)/71 (18.8%)	58 (47.1%)/49 (39.8%)/16 (13%)	0.67 (0.49-0.92)	0.012	0.56 (0.36-0.86)	0.009 <sup>d</sup>	0.67 (0.37-1.22)	0.180
rs7302235	133 (35.6%)/181 (48.4%)/60 (16%)	62 (48.1%)/48 (37.2%)/19 (14.7%)	0.82 (0.61-1.11)	0.200	0.68 (0.44-1.04)	0.075	0.98 (0.55-1.74)	0.940
rs4760655	123 (32.6%)/194 (51.5%)/60 (15.9%)	39 (30%)/55 (42.3%)/36 (27.7%)	1.24 (0.93-1.67)	0.150	1.07 (0.68-1.68)	0.760	1.75 (1.06-2.87)	0.030
rs12581281	280 (74.5%)/88 (23.4%)/8 (2.1%)	99 (76.7%)/28 (21.7%)/2 (1.6%)	0.88 (0.57-1.36)	0.560	0.90 (0.55-1.46)	0.660	0.60 (0.12-3.00)	0.520
rs7299460	113 (30%)/201 (53.3%)/63 (16.7%)	33 (25.8%)/59 (46.1%)/36 (28.1%)	1.29 (0.95-1.74)	0.100	1.17 (0.73-1.87)	0.500	1.69 (1.03-2.76)	0.041 <sup>ª</sup>
VDR = vitamin [ <sup>a</sup> A <i>P</i> value < 0.0	D receptor, NSV = non-segmental vitiligo, OR 5 is considered statistically significant.	= odds ratio, CI = confidence interval.						



# JKMS

the vitamin D levels between the vitiligo patients and the control subjects. In contrast, Upala et al.<sup>9</sup> identified a significant relationship between low 25(OH)D levels and vitiligo. In our study, the mean serum level of 25(OH)D in 172 vitiligo patients was not significantly different from the mean serum value of 25(OH)D in the normal Korean population. Alshiyab et al.<sup>10</sup> reported that there was no significant difference in the levels of vitamin D between patients with vitiligo and healthy controls in Jordan. The serum levels of 25(OH)D were significantly lower in the group who had vitiligo for at least 1 year compared with the group who had vitiligo for less than 1 year. The lower 25(OH)D levels in patients with a longer disease duration may be explained by its consumption in chronic autoimmune inflammatory processes beyond the endogenous synthesis of vitamin D in the skin.<sup>6</sup> It may also be possible that patients with vitiligo had been advised to avoid exposure to sunlight. In addition, the serum levels of 25(OH)D were significantly lower in the group with a family history of vitiligo than in the group without. A similar finding was observed by Sobeih et al.<sup>11</sup>, who found a significant negative correlation between serum 25(OH)D levels and the presence of a family history of vitiligo in an Egyptian population.

VDR gene polymorphisms affect the expression and function of VDR. Previous studies have shown an association between vitiligo and VDR polymorphisms. Birlea et al.<sup>12</sup> detected an association between *VDR-Apa I* polymorphism and vitiligo. In a meta-analysis by Zhang et al., <sup>13</sup> it was suggested that VDR Apal locus increased the risk of patients with vitiligo. In another study, Aydingoz et al.<sup>14</sup> observed that VDR TaqI gene polymorphisms and the haplotype BsmI/ApaI/TaqI/FokI/Cdx2 GCCCG may be a novel risk factor for vitiligo. In this study, the association between 37 SNPs of VDR gene including these polymorphisms and vitiligo was analyzed. There were no significant differences in the genotypic distributions of the VDR gene between patients with vitiligo and healthy controls. These results suggest that SNPs of the VDR gene do not contribute to the development of NSV in Korean patients with vitiligo.

In conclusion, there was no significant difference in the serum vitamin D levels. Furthermore, there were no significant differences in the VDR polymorphism between vitiligo patients and the normal control group. However, the small sample size was a limitation of this study. Further studies are needed to establish the relationship between serum vitamin D levels and vitiligo in individual patients.

# REFERENCES

- AlGhamdi K, Kumar A, Moussa N. The role of vitamin D in melanogenesis with an emphasis on vitiligo. Indian J Dermatol Venereol Leprol 2013;79(6):750-8.
  PUBMED | CROSSREF
- Kriegel MA, Manson JE, Costenbader KH. Does vitamin D affect risk of developing autoimmune disease?: a systematic review. *Semin Arthritis Rheum* 2011;40(6):512-531.e8.
  PUBMED | CROSSREF
- Arnson Y, Amital H, Shoenfeld Y. Vitamin D and autoimmunity: new aetiological and therapeutic considerations. *Ann Rheum Dis* 2007;66(9):1137-42.
  PUBMED | CROSSREF
- Li K, Shi Q, Yang L, Li X, Liu L, Wang L, et al. The association of vitamin D receptor gene polymorphisms and serum 25-hydroxyvitamin D levels with generalized vitiligo. *Br J Dermatol* 2012;167(4):815-21.
  PUBMED | CROSSREF
- Koizumi H, Kaplan A, Shimizu T, Ohkawara A. 1,25-Dihydroxyvitamin D3 and a new analogue, 22-oxacalcitriol, modulate proliferation and interleukin-8 secretion of normal human keratinocytes. *J Dermatol Sci* 1997;15(3):207-13.
  PUBMED | CROSSREF

- Sauer B, Ruwisch L, Kleuser B. Antiapoptotic action of 1alpha,25-dihydroxyvitamin D3 in primary human melanocytes. *Melanoma Res* 2003;13(4):339-47.
  PUBMED | CROSSREF
- Yalçin B, Sahin S, Bükülmez G, Karaduman A, Atakan N, Akan T, et al. Experience with calcipotriol as adjunctive treatment for vitiligo in patients who do not respond to PUVA alone: a preliminary study. *J Am Acad Dermatol* 2001;44(4):634-7.
  PUBMED | CROSSREF
- Khurrum H, AlGhamdi KM. The relationship between the serum level of vitamin D and Vitiligo: a controlled study on 300 subjects. *J Cutan Med Surg* 2016;20(2):139-45.
  PUBMED | CROSSREF
- Upala S, Sanguankeo A. Low 25-hydroxyvitamin D levels are associated with vitiligo: a systematic review and meta-analysis. *Photodermatol Photoimmunol Photomed* 2016;32(4):181-90.
  PUBMED | CROSSREF
- Alshiyab DM, Al-Qarqaz FA, Heis LH, Muhaidat JM, Eddin WS, Atwan AA. Assessment of serum vitamin D levels in patients with vitiligo in Jordan: a case-control study. *Dermatol Res Pract* 2019;2019:2048409.
  PUBMED | CROSSREF
- Sobeih S, Mashaly HM, Gawdat H, Amr K, Hamid MF, Shaalan E. Evaluation of the correlation between serum levels of vitamin D and vitamin D receptor gene polymorphisms in an Egyptian population. *Int J Dermatol* 2016;55(12):1329-35.
  PUBMED | CROSSREF
- Birlea S, Birlea M, Cimponeriu D, Apostol P, Cosgarea R, Gavrila L, et al. Autoimmune diseases and vitamin D receptor Apa-I polymorphism are associated with vitiligo in a small inbred Romanian community. *Acta Derm Venereol* 2006;86(3):209-14.
  PUBMED | CROSSREF
- Zhang JZ, Wang M, Ding Y, Gao F, Feng YY, Yakeya B, et al. Vitamin D receptor gene polymorphism, serum 25-hydroxyvitamin D levels, and risk of vitiligo: a meta-analysis. *Medicine (Baltimore)* 2018;97(29):e11506.
  PUBMED | CROSSREF
- Aydıngöz IE, Bingül I, Doğru-Abbasoğlu S, Vural P, Uysal M. Analysis of vitamin D receptor gene polymorphisms in vitiligo. *Dermatology* 2012;224(4):361-8.
  PUBMED | CROSSREF