

Received: 20 January 2016 Accepted: 23 March 2016 Published: 07 April 2016

OPEN Altitudinal patterns and controls of plant and soil nutrient concentrations and stoichiometry in subtropical China

Xianjin He^{1,2,*}, Enqing Hou^{1,*}, Yang Liu^{1,2} & Dazhi Wen¹

Altitude is a determining factor of ecosystem properties and processes in mountains. This study investigated the changes in the concentrations of carbon (C), nitrogen (N), and phosphorus (P) and their ratios in four key ecosystem components (forest floor litter, fine roots, soil, and soil microorganisms) along an altitudinal gradient (from 50 m to 950 m a.s.l.) in subtropical China. The results showed that soil organic C and microbial biomass C concentrations increased linearly with increasing altitude. Similar trends were observed for concentrations of total soil N and microbial biomass N. In contrast, the N concentration of litter and fine roots decreased linearly with altitude. With increasing altitude, litter, fine roots, and soil C:N ratios increased linearly, while the C:N ratio of soil microbial biomass did not change significantly. Phosphorus concentration and C:P and N:P ratios of all ecosystem components generally had nonlinear relationships with altitude. Our results indicate that the altitudinal pattern of plant and soil nutrient status differs among ecosystem components and that the relative importance of P vs. N limitation for ecosystem functions and processes shifts along altitudinal gradients.

Mountains cover approximately 25% of the land surface of the Earth and host at least one-third of terrestrial plant species1. Mountains are useful "indicators" of how changes in climate may affect non-mountain terrestrial ecosystems². Changes in climatic conditions (e.g., temperature and precipitation) along altitudinal gradients can influence the nutrient status³ and many other aspects (e.g., carbon pool) of mountain ecosystems⁴. Understanding the changes in nutrient status and nutrient dynamics along altitudinal gradients can improve our understanding about the spatial variation in nutrient cycling in mountain ecosystems and can also enhance our ability to predict how terrestrial ecosystems will respond to global warming^{5–8}.

Changes in plant and soil nutrient concentrations along altitudinal gradients have often been studied over the last four decades⁹⁻¹². In wet tropical regions, some studies have reported that foliar and litter nitrogen (N) concentrations always decrease and that foliar and litter phosphorus (P) concentrations usually decrease as altitude increases^{11,12}, suggesting a shift from P limitation on plant growth in lowland tropical forests to N limitation in montane tropical forests¹². These studies are generally consistent with a field fertilization study in which plant growth was found to be limited by N in high montane forests in the humid tropical Peruvian Andes but co-limited by N and P in lowland forests in Amazonia³. Other studies, however, have reported a lack of significant change or even an increase in foliar and/or litter N concentrations along altitudinal gradients^{11,13,14}. Because low temperatures at high altitudes are likely to limit decomposition and other soil processes, researchers have proposed that soil organic carbon (C) concentration may increase while the availability of soil nutrients (e.g., N and P) may decrease with increasing elevation 11,15. This view has been supported by most but not by all previous studies^{11,16,17}

Although many studies have explored the changes in plant and soil nutrient concentrations along altitudinal gradients^{11,12}, few studies have considered this topic from a stoichiometric perspective, i.e., from a perspective that considers nutrient ratios^{11,13}. Empirical studies have demonstrated that the vegetation N:P ratio may indicate

¹Key Laboratory of Vegetation Restoration and Management of Degraded Ecosystems, South China Botanical Garden, Chinese Academy of Sciences, Guangzhou, China. ²University of Chinese Academy of Sciences, Beijing, China. *These authors contributed equally to this work. Correspondence and requests for materials should be addressed to D.W. (email: dzwen@scbg.ac.cn)

the nature of nutrient limitation on plant growth 16,18 and that the litter N:P ratio may indicate the nature of nutrient limitation on the decomposition of leaf litter 19 .

Like studies on changes in plant and soil nutrient concentrations with altitude, studies on changes in plant and soil nutrient ratios along altitudinal gradients have been inconsistent 13,20. Some studies reported that leaf N:P ratios gradually decreased with increasing altitude in wet tropical regions 3,14. A study of tundra ecosystems, in contrast, reported that foliar and litter N:P ratios consistently increased with altitude for heath and meadow plants at intraspecific, interspecific, and community levels 13. Some other studies have demonstrated that altitudinal changes in nutrient ratios may differ among ecosystem components (leaves vs. mineral soil, trees vs. shrubs, etc.) 11,21. The community C:N ratio in fern species, for example, declined but the soil C:N ratio increased with altitude in humid montane forests in the Bolivian Andes 11. With an increase in altitude, the leaf N:P ratio increased for the dominant tree species but declined for the dominant shrub species in Papua New Guinea 10. Dissimilar changes in nutrient ratios along altitudinal gradients between ecosystem components indicate the differing sensitivities of ecosystem components to environmental changes along the gradient 11,20,21. Such dissimilar changes have important implications for the nature of nutrient limitation on different ecosystem functions (e.g., primary productivity) and processes (e.g., litter decomposition) 3,20,22.

As shown in a recent review¹¹, many ecosystem properties and processes exhibit some general patterns of change with altitude but there are also frequent exceptions. The common responses of nutrient status to changes in altitude across different regions are generally thought to be driven by changes in temperature with altitude^{11,23}. Exceptions sometimes occur because other factors such as precipitation, parent rock, and vegetation type can vary with altitude in a different way from that of temperature^{11,20,23}. Moreover, just as ecosystem processes can differ in their responses to the changes in environmental conditions with changes in altitude^{11,24}, nutrient status may differ among ecosystem components and nutrients along altitudinal gradients^{11,21}. Given this complexity, our capacity to predict how and why a nutrient status changes with elevation is still limited^{11,20,23}. Additional research is needed to clarify how the nutrient status of key ecosystem components responds to altitude gradients, because such studies can help us understand how changes in climate may alter nutrient cycling and ultimately plant growth^{11,15,23}.

This study determined the concentrations and ratios of C, N, and P in four key ecosystem components (forest floor litter, fine roots, mineral soil, and soil microbial biomass) along a 900-m altitudinal gradient (from 50 m to 950 m a.s.l.) in subtropical China. A total of 19 forest plots were assessed along this gradient. Our principal hypothesis was that these nutrient measures would change along the gradient and that the pattern of change could differ depending on the ecosystem component and the nutrient measure. Specifically, we hypothesized that (1) mineral soil C concentration would increase while plant C concentration would be constant along the altitudinal gradient; (2) the N and P concentrations in litter and fine roots would decrease with increasing altitude; and (3) the N:P ratios in litter and fine roots would decrease with altitude.

Results

Changes in basic site characteristics along the altitudinal gradient. The average temperature of mineral soil at 0–10 cm depth decreased linearly with increasing altitude at a rate of $0.44\,^{\circ}$ C per $100\,\text{m}$ (Fig. 1A). A similar trend was evident for soil moisture content (Fig. 1B). Soil pH tended to be constant (3.7) between 100– $550\,\text{m}$ altitude but increased linearly from a value of $4.0\,\text{a}$ to $600\,\text{m}$ altitude to a value of $4.7\,\text{a}$ to $950\,\text{m}$ (Fig. 1C). Soil P adsorption capacity increased from $681\,\text{mg/kg}$ at $950\,\text{m}$ (Fig. 1D).

Changes in nutrient concentrations with altitude. Litter and fine root C concentrations did not significantly change with altitude (Fig. 2A,D). Soil total organic C and microbial biomass C concentrations increased linearly with altitude (Fig. 2G,J). Litter and fine root N concentrations decreased linearly with altitude (Fig. 2B,E), while the opposite was true for soil total N and microbial biomass N concentrations (Fig. 2H,K). Change in P concentration along the altitude gradient was better described by a quadratic function than by a linear one (Fig. 2C,F,I,L). The P concentrations of litter, fine roots, soil microbial biomass, and soil decreased from 50 m to 700 m altitude and then increased to 950 m altitude (Fig. 2C,F,I,L). Soil microbial biomass N was positively correlated with soil total N but negatively correlated with fine root N (Table 1). Soil microbial biomass P was positively correlated with soil total P, fine-root P, and litter P, which were positively correlated with each other.

Changes in nutrient ratios with altitude. While the C:N ratio of the soil microbial biomass did not change significantly with altitude (Fig. 3G), the C:N ratios of litter, fine roots, and soil all increased linearly with altitude (Fig. 3A,D,J). Plant and soil C:P and N:P ratios generally had a unimodal relationship with altitude, with highest values at the intermediate altitudes (500–700 m) (Fig. 3). Relative to global averages, the C:N ratios of litter, fine roots, and the soil microbial biomass were relatively low while most C:P and N:P ratios of fine roots, litter and soil were relatively high in the study area (Fig. 3). Soil C:N was positively correlated with fine root C:N and litter C:N, while fine root C:N was negatively correlated with microbial biomass C:N (Table 1). Litter C:P was positively correlated with soil C:P and fine root C:P, and litter N:P was positively correlated with soil microbial biomass N:P.

Path analysis. According to the path analysis (Fig. 4), temperature had a direct and negative effect on soil organic C concentration ($\beta = -1.78$) and also an indirect and positive effect on soil organic C concentration via its influence on C input (indicated by community height) ($\beta = 0.92 \times 1.13 = 1.04$); the net effect of temperature on soil organic C concentration was negative ($\beta = -1.78 + 1.04 = -0.74$). Soil microbial biomass C concentration was positively influenced by soil organic C concentration ($\beta = 0.62$). Soil total N concentration was positively influenced by soil organic C concentration ($\beta = 0.99$) and was also positively influenced by soil moisture content

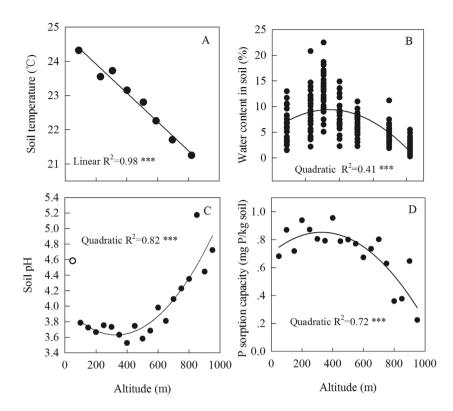


Figure 1. Soil temperature (**A**), moisture (**B**), pH in water (**C**), and P sorption capacity (**D**) along an altitudinal gradient in Dinghushan, South China. ***P < 0.001.

 $(\beta=0.18)$. Soil microbial biomass N concentration was positively influenced by soil microbial biomass C concentration $(\beta=0.64)$. Fine root N concentration was positively influenced by temperature $(\beta=0.66)$, and soil total N $(\beta=0.59)$ was negatively influenced by soil microbial biomass N concentration $(\beta=-0.46)$. Temperature had a direct and positive influence on litter N concentration, although the influence was not statically significant (P=0.212).

Discussion

As predicted, altitudinal changes in nutrient status differed among ecosystem components and nutrients (Fig. 2). Although plant material C concentration is typically insensitive to environmental change²⁵, soil organic C concentration and microbial biomass C concentration significantly increased with altitude. Path analysis indicated that while low temperature simultaneously constrained the turnover of soil organic matter and the input of organic matter into the soil (as indicated by community height), the overall effect of temperature on soil organic C concentration was negative (Fig. 4). The path analysis also suggests that the decomposition of organic matter is more sensitive than ecosystem primary productivity to change in temperature, which has implications for the impact of global warming on C storage and fluxes in terrestrial ecosystems. In addition to the low temperature, the relatively high C:N and C:P ratios of litter, fine roots, and soil (Fig. 3) might also constrain the decomposition of litter and organic matter²⁶ and therefore help explain why soil organic C concentration increased with altitude in the current study. Soil microbial activity is most commonly limited by soil C availability²⁷, and therefore soil microbial biomass C, like soil organic C, also increased with altitude.

Similar as soil organic C and microbial biomass C concentrations, soil total N and microbial biomass N concentrations significantly and linearly increased with altitude (Fig 3), which could be explained by the typical close couplings between soil organic C and total N concentrations and between soil microbial biomass C and N concentrations²⁷. Unlike soil total N and microbial biomass N concentrations, however, litter and fine root N concentrations linearly decreased with altitude (Fig. 2). These results are consistent with several previous studies in wet tropical regions^{3,12,14} but are inconsistent with some studies in other regions^{21,28}. Path analysis revealed that although soil total N concentration had a positive influence on fine root N concentration, low temperature probably limited the mineralization of organic N in soil and/or the uptake of N by fine roots at high altitudes (Fig. 4). Indeed, lower rates of N mineralization at higher than at lower altitudes has been previously documented²⁹. These findings are consistent with the hypothesis that low temperature slows biogeochemical cycles, including the turnover of organic matter and the uptake of nutrients by roots³⁰. The direct and negative influence of soil microbial biomass N concentration on fine root N concentration (Table 1) indicates that the increases in soil microbial biomass N concentration with altitude contributed to the decreases in fine root N concentration with altitude (Fig. 2), probably as a result of the competition for N between soil microorganisms and plants^{31,32}.

Unlike plant and soil C and N concentrations, whose changes were linearly related to altitude, the changes in plant and soil P concentrations with altitude were all better described by quadratic than by linear functions

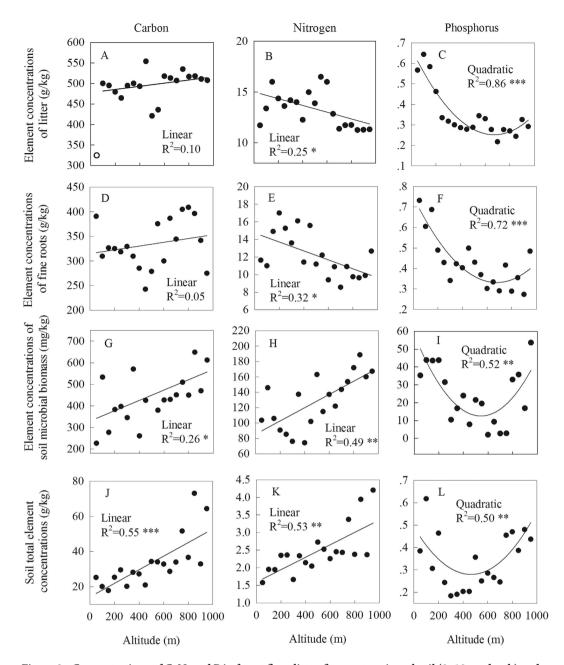


Figure 2. Concentrations of C, N, and P in forest floor litter, fine roots, mineral soil (0–10 cm depth) and soil microbial biomass along an altitudinal gradient in Dinghushan, South China. Litter concentration of C (A), N (B), and P (C); fine root concentration of C (D), N (E), and P (F); soil microbial biomass concentration of C (G), N (h), and P (I); soil concentration of total C (J), total N (K), and total P (L). ***P < 0.001; **P < 0.01; **P < 0.05. An abnormal value in (A) is indicted by an empty circle and was excluded from the statistical analysis.

Components	С	N	P	C:N	C:P	N:P
Soil vs. SMB ^b	0.59 a	0.66	0.52	-0.38	0.21	0.06
Soil vs. Litter	0.21	-0.36	0.42	0.51	0.69	0.42
Soil vs. FR ^b	0.29	-0.23	0.21	0.68	0.28	0.38
SMB vs. Litter	0.25	-0.11	0.55	-0.12	0.44	0.53
SMB vs. FR	-0.13	-0.59	0.57	-0.62	0.32	0.05
Litter vs. FR	-0.17	0.13	0.81	0.39	0.58	0.34

Table 1. Coefficients (r values) of correlations for C, N, and P concentrations and their ratios between ecosystem components^a. ^aCoefficients in bold are significant (P < 0.05). ^bSMB: soil microbial biomass; FR: fine roots.

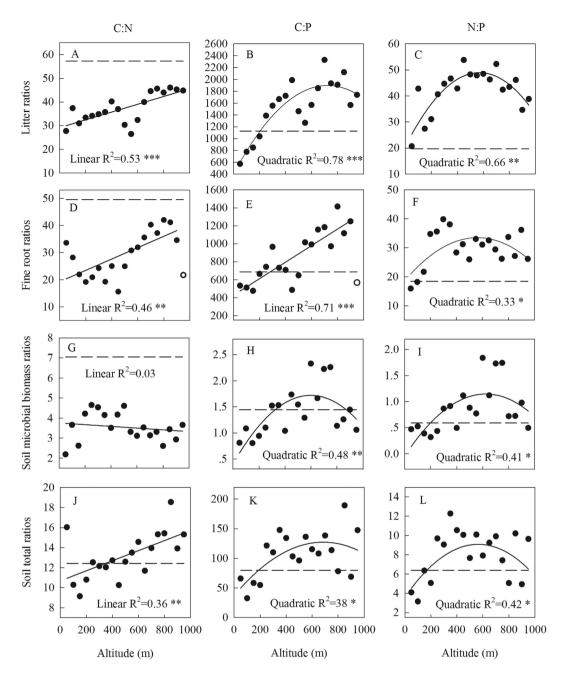


Figure 3. Ratios of C:N, C:P, and N:P in forest floor litter, fine roots, mineral soil (0–10 cm depth), and soil microbial biomass along an altitudinal gradient in Dinghushan, South China. Litter C:N (A), C:P (B), and N:P (C); fine root C:N (D), C:P (E), and N:P (F); soil microbial biomass C:N (G), C:P (H), and N:P (I); soil total C:N (J), C:P (K), and N:P (L). ***P < 0.01; **P < 0.01; **P < 0.05. The dashed lines represent the stoichiometric scaling between C:N:P (mass concentrations) from a global meta-analysis: forest litter averaged C:N:P ratios = $1179:20:1^{56}$; fine root averaged C:N:P ratios = $686:18:1^{25}$; forest soil microbial biomass C:N:P = $27.8:3.9:1^{27}$; forest soil total C:N:P = $79.4:6.4:1^{27}$. Soil microbial biomass C:P (H) and N:P (I) ratios were log-transformed to fit a normal distribution. Two abnormal values (one in D and one in E) are indicated as empty circles and were excluded from the statistical analysis.

(Fig. 2). The quadratic relationship indicated a shift in the factors controlling soil total P concentration along the altitudinal gradient. The decrease in soil total P concentration from 50 m to 700 m altitude might be due to the leaching of soluble P from the upslope to the downslope³³. For the high altitude sites (750–950 m), the increase in soil total P concentration with altitude was probably a result of the decrease in soil weathering and/or the increase in soil erosion with altitude, as suggested by the decreases in soil temperature (Fig. 1A), soil P sorption capacity (Fig. 1D), and soil depth (as observed in field) and the increase in soil pH (Fig. 1C) with altitude^{34,35}. Because the concentrations of soil microbial biomass P and plant material P are often mainly determined by soil P availability

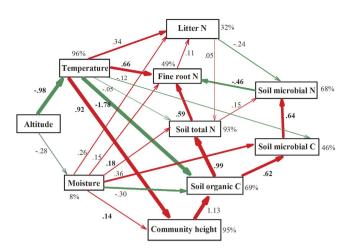


Figure 4. Path analysis of the changes in plant N concentration and soil C and N concentrations along an altitudinal gradient in Dinghushan, South China. Red lines indicate positive paths, and green lines indicate negative paths. Numbers on arrows are standardized path coefficients (equivalent to correlation coefficients), which are in bold if significant at P < 0.05. Line widths are positively related to path coefficients. Percentage near boxes indicate the variance explained by the model (\mathbb{R}^2).

(indicated by total P concentration) 17,36 (Table 1), their changes with altitude were generally similar to that of soil total P concentration.

Plant and soil nutrient ratios can indicate the balance between nutrients in plant and soil systems and can have important implications for nutrient cycles and plant growth 37,38 . In this study, the C:N ratios of litter, fine roots, and soil microbial biomass (Fig. 3) were consistently lower than the global averages, and soil total C:N ratios at the low altitudes ($100-350\,\mathrm{m}$) were also lower than the global average, indicating the generally high N status of the studied forests and particularly of the forests at low altitudes. These results are consistent with previous studies that reported no response or even a negative response of soil microbial activity 39 and ecosystem primary productivity 40 to experimental N additions in low-altitude ($<350\,\mathrm{m}$) forests. The high N status of sites has been previously attributed to high stand age (>60 years) and to continuously high atmospheric N deposition $^{41-43}$.

Significant and linear increases in the C:N ratio of litter, fine roots, and soil with altitude indicate increases in N limitation with altitude 44 and support the hypothesis that tropical montane forests are N limited 12 . Lack of a significant change in the soil microbial biomass C:N ratio with altitude probably resulted from the strong stoichiometric homeostasis of soil microorganisms 45 . Previous studies demonstrated that heterotrophs including soil microorganisms generally have stronger C:N homeostasis than plants 17,46 . A recent meta-analysis of 15 N-labelling studies revealed that soil microorganisms are generally more competitive for N than plants, especially when N supply is low 32 , which probably explains why C:N homeostasis is stronger in soil microorganisms than in plants.

Previous studies have proposed that P supply generally limits key ecosystem processes (e.g., litter decomposition) and functions (e.g., stand biomass) in the low-altitude forests of the current study area^{41,43}. Consistent with this, the C:P and N:P ratios of the fine roots, litter, and soil samples were mostly higher than the global averages. As indicated by the nonlinear relationship between P measures and altitude, there were unimodal changes in the C:P and N:P ratios of all kinds of samples with altitude, indicating that P limitation was highest at intermediate altitudes (500–700 m). The nonlinear changes in soil P with altitude may have resulted from nonlinear changes in soil water content, pH, and P sorption capacity (Fig. 1) and from interactions among micro-climate, topography, and the vegetation; these effects on P warrant further study. The nonlinear relationships observed in this study suggest that the common assumption that plant and soil properties linearly change with altitude may not always hold¹¹.

Conclusions

This study showed that soil organic C and total N concentrations significantly increased with altitude, likely because low temperature limits the cycling of organic matter at high altitudes. Soil microbial biomass C and N concentrations exhibited similar altitudinal patterns as soil organic C and total N concentration but the opposite was true for litter and fine root N concentrations. Changes in soil total P and microbial biomass P concentrations with altitude were better described by unimodal curves than by linear functions, indicating a shift in the control of soil total P and microbial biomass P concentrations with altitude. C:N ratios of all of the studied ecosystem components significantly increased with altitude, suggesting that N may limit the decomposition of litter and soil organic matter at high altitudes. An exception was the C:N ratio of soil microbial biomass, which did not significantly change with altitude, probably as a result of the strong stoichiometric homeostasis of soil microorganisms. Unimodal distributions of plant and soil C:P and N:P ratios along the altitudinal gradient suggest that the potential for P limitation of plant growth and nutrient cycles is highest at intermediate altitudes in the study area.

Materials and Methods

Study sites. The study was conducted in the Dinghushan Biosphere Reserve (DHSBR), Guangdong Province, China (23°09′21″-23°11′30″N, 112°30′39″-112°33′41″E). The altitude of the Reserve ranges from 10 m to

 $1000\,\mathrm{m}$ a.s.l., with the peak located in the Reserve's northwest margin. The Reserve has a slope ranging from 15° to 40° in most areas.

The soils are mainly lateritic red Ferralsols⁴⁷ developed from granite. The mean annual temperature is about 21 °C and the mean annual precipitation is about 1900 mm, 70% of which occurs between May and September. The vegetation is tropical monsoon forests and subtropical monsoon evergreen broadleaf forests (Wu *et al.* 1982; He *et al.* 1982). Vegetation height declines as altitude increases (Table S1).

The basic site information for the 19 forest plots is summarized in Table S1. These 19 plots are distributed on the southeast slope of Dinghu Mountain and roughly follow the fire lane at about 50-m intervals in altitude (determined by GPS), with altitudes ranging from 50 to 950 m a.s.l. There is a classic elevation-caused vegetation change among the 19 plots. The plots are rarely impacted by humans, except the 50-m plot, which is near a tourist road

Sampling and analytical methods. All plots were sampled in July 2014. At each plot $(20 \times 30 \text{ m}^2)$, 10-15 sampling areas $(20 \times 20 \text{ cm}^2)$ were randomly selected. In each sampling area, apparently undecomposed forest floor leaf litter was collected, and then the underling mineral soil at 0-10 cm depth was collected using a stainless soil corer (inner diameter, 3.5 cm). Litter and fine root samples were used to represent the plant communities because they are easier to collect at the community level than fresh foliage samples. For both forest floor litter and mineral soil, samples collected from the same plot were pooled to form one composite sample. Volumetric soil samples were taken to determine soil bulk density and moisture content (g of water per 100 g of dry soil).

We collected one composite sample of each kind of sample (litter, fine roots, and mineral soil) from each of the 19 plots. This differs from the more common sampling method in which several (usually three to five) replicate samples are collected from each of a small number of (usually <10) plots. As proposed by Cottingham $et\ al.^{48}$, the present sampling design is superior to the common one for studying the relationship between a response variable and one or more continuous independent variables (e.g., elevation) because it more is amenable to regression analysis. Regression is especially useful because it is generally more powerful than ANOVA and provides quantitative output that can be easily incorporated into ecological models.

Mineral soil samples were placed in a $4\,^{\circ}$ C refrigerator within 6 h after sampling. After the fresh weight of each sample was recorded, the soil was passed through a 2-mm sieve, and stones (>2 mm) and living fine roots (identified by the color) removed and saved. The soil was then mixed before a subsample was stored at $4\,^{\circ}$ C and subsequently used for the determination of microbial biomass C, N, and P concentrations; the remainder of the soil sample was air-dried for 2 weeks. A subsample of the air-dried soil was further ground to pass through a 0.15-mm sieve and was used for the determination of concentrations of total organic C, total N, and total P. The stones and living fine roots were washed with flowing water and then oven-dried at 65 °C for dry weight determination. The oven-dried fine roots together with oven-dried (at 65 °C) forest floor litter samples were ground to pass through a 0.15-mm sieve for the determination of concentrations of total organic C, total N, and total P.

For all plant and soil samples, total organic C and total N concentrations were determined by dry combustion with an elemental analyser (Perkin Elmer 2400 Series II); total P concentration was determined by a malachite green colorimetric method 49 using a UV–Vis spectrometer (UV1800, Shimadzu, Japan) after digestion with nitric acid/perchloric acid.

Microbial biomass C, N, and P were determined by the chloroform fumigation extraction technique⁵⁰: a 5-g quantity (d.w. equivalent) of soil was fumigated for 24 h at 25 °C and extracted with 0.5 M K_2SO_4 (for C and N) or Bray-1 (for P). Organic C and total N concentrations in the extract were determined with a Shimadzu TOC-VCPH analyser with an ASI-V auto sampler. Inorganic P (Pi) concentration in the extract was determined by a malachite green method⁴⁹. The C, N, and P concentrations in the soil microbial biomass were calculated as the difference between the fumigated and the unfumigated samples using conversion factors of 0.45 for C^{51} , 0.45 for C^{51} , and 0.40 for C^{53} . During extraction, some of the Pi in the solution can react with the soil colloids. This quantity of Pi was estimated by measuring the recovery of a known amount of orthophosphate P that had been added to the soil in the NaHCO₃ extract⁵⁴.

Phosphorus adsorption capacity was determined as the amount of P adsorbed by 1 g of dry soil following the procedure of Kovar⁵⁵: duplicate 2.0 g air-dried soil samples were obtained, and one was added to 40 ml of 0.02 M KCl, and the other was added to 40 ml of 75 mg P/L (as KH_2PO_4) + 0.02 M KCl. After the samples were shaken and centrifuged, P concentrations in the supernatants were determined. The amount of P adsorbed is equal to

$$75 \, mg/L - P_a + P_{ck}$$

where $P_a = P$ concentrations in equilibration with added P, and $P_{ck} = P$ concentrations in equilibration without added P. The soil pH was measured at a soil/water ratio of 1:2.5.

Temperature of mineral soil at 10 cm depth was monitored hourly for 1 year with a temperature recorder (HOBO Onset U22-001, USA) in eight (elevation 100–800 m at 100-m intervals) of the 19 plots. Moisture content (g of water per 100 g of dry soil) of mineral soil at 10 cm depth was determined with a moisture probe meter (ICT International MPM-160B, Australia) three times between October and November 2014. At each time, soil moisture content was measured at 10 randomly distributed points in each plot.

Data analysis. C:N:P ratios were calculated on a mass basis. Changes in plant and soil measures with altitude were analysed using a polynomial regression technique, with "altitude" as the independent variable and the plant or soil measure as the dependent variable. Response variables were log-transformed when necessary to satisfy assumptions of normality. Best polynomial (linear or quadratic) regressions are shown if they explained a statistically significant proportion (P < 0.05) of the variation. Correlations between all plant and soil measures

were examined using the Pearson's correlation method. All of these analyses were performed with SPSS 18.0 (IBM SPSS, USA).

Path analysis was performed to analyse hypothetical pathways that may explain how altitude influences the cycles of C and N in plants and soil. In our model, altitude influences the C and N concentrations of the plant and/or soil samples indirectly via its influence on the environmental conditions (temperature and moisture). Temperature can affect soil organic C concentration via its influences on both the input of organic C (represented by community height, as an indicator of community biomass and litter input) and the output of organic C (the decomposition of soil organic matter). Soil organic C concentration is the C source for soil microorganisms. Carbon concentration can also influence the N concentration in soil and in soil microorganisms because C and N concentrations are typically coupled. Nitrogen in fine roots and litter is mainly derived from the soil by sorption and transfer processes, which could be further influenced by temperature and the interaction between plant and soil microorganisms. Path analysis was performed in Amos 21.0 (IBM SPSS, USA), and the results are presented as typical path diagrams.

References

- Barthlott, W., Lauer, W. P. A. & Placke, A. Global Distribution of Species Diversity in Vascular Plants: Towards a World Map of Phytodiversity. Erdkunde. 50, 317–327 (1996).
- 2. Beniston, M. Climatic Change in Mountain Regions: A Review of Possible Impacts. Climatic Change. 59, 5-31 (2003).
- 3. Fisher, J. B. et al. Nutrient Limitation in Rainforests and Cloud Forests Along a 3,000-M Elevation Gradient in the Peruvian Andes. Oecologia. 172, 889–902 (2013).
- 4. Jobbagy, E. G. & Jackson, R. B. The Vertical Distribution of Soil Organic Carbon and its Relation to Climate and Vegetation. *Ecol Appl.* **10**, 423–436 (2000).
- Nottingham, A. T. et al. Soil Microbial Nutrient Constraints Along a Tropical Forest Elevation Gradient: A Belowground Test of a Biogeochemical Paradigm. Biogeosciences Discussions. 12, 6489–6523 (2015).
- Sun, H., Wu, Y., Yu, D. & Zhou, J. Altitudinal Gradient of Microbial Biomass Phosphorus and its Relationship with Microbial Biomass Carbon, Nitrogen, and Rhizosphere Soil Phosphorus on the Eastern Slope of Gongga Mountain, SW China. *Plos One.* 8, e72952 (2013).
- Unger, M., Leuschner, C. & Homeier, J. Variability of Indices of Macronutrient Availability in Soils at Different Spatial Scales Along an Elevation Transect in Tropical Moist Forests (NE Ecuador). Plant Soil. 336, 443–458 (2010).
- 8. Townsend, A. R., Cleveland, C. C., Asner, G. P. & Bustamante, M. M. C. Controls Over Foliar N:P Ratios in Tropical Forests. *Ecology.* 88, 107–118 (2007).
- 9. Grubb, P. J. Control of Forest Growth and Distribution on Wet Tropical Mountains: With Special Reference to Mineral Nutrition. *Annual Review of Ecology and Systematics.* 8, 83–107 (1977).
- 10. Körner, C. The Nutritional Status of Plants From High Altitudes. Oecologia. 81, 379-391 (1989).
- 11. Sundqvist, M. K., Sanders, N. J. & Wardle, D. A. Community and Ecosystem Responses to Elevational Gradients: Processes, Mechanisms, and Insights for Global Change. *Annual Review of Ecology, Evolution and Systematics.* 44, 261–280 (2013).
- 12. Tanner, E. V. J., Vitousek, P. M. & Cuevas, E. Experimental Investigation of Nutrient Limitation of Forest Growth on Wet Tropical Mountains. *Ecology*. **79**, 10–22 (1998).
- 13. Sundqvist, M. K., Giesler, R. & Wardle, D. A. Within- and Across-Species Responses of Plant Traits and Litter Decomposition to Elevation across Contrasting Vegetation Types in Subarctic Tundra. *Plos One.* 6, e27056 (2011).
- 14. van de Weg, M. J., Meir, P., Grace, J. & Atkin, O. K. Altitudinal Variation in Leaf Mass Per Unit Area, Leaf Tissue Density and Foliar Nitrogen and Phosphorus Content Along an Amazon-Andes Gradient in Peru. *Plant Ecol Divers.* 2, 243–254 (2009).
- 15. Vincent, A. G., Sundqvist, M. K., Wardle, D. A. & Giesler, R. Bioavailable Soil Phosphorus Decreases with Increasing Elevation in a Subarctic Tundra Landscape. *Plos One.* **9**, e92942 (2014).
- 16. Koerselman, W. & Meuleman, A. F. M. The Vegetation N:P Ratio: A New Tool to Detect the Nature of Nutrient Limitation. *The Journal of Applied Ecology.* 33, 1441–1450 (1996).
- 17. Sterner, R. W. & Elser, J. J. Ecological Stoichiometry: The Biology of Elements From Molecules to the Biosphere Princeton University Press, Princeton, N.J (2002)
- 18. Güsewell, S. N & P Ratios in Terrestrial Plants: Variation and Functional Significance. New Phytol. 164, 243–266 (2004).
- 19. Güsewell, S. & Verhoeven, J. T. A. Litter N:P Ratios Indicate Whether N Or P Limits the Decomposability of Graminoid Leaf Litter. *Plant Soil.* **287**, 131–143 (2006).
- 20. Sundqvist, M. K., Liu, Z., Giesler, R. & Wardle, D. A. Plant and Microbial Responses to Nitrogen and Phosphorus Addition Across an Elevational Gradient in Subarctic Tundra. *Ecology.* **95**, 1819–1835 (2014).
- 21. Wegner, C., Wunderlich, M., Kessler, M. & Schawe, M. Foliar C:N Ratio of Ferns along an Andean Elevational Gradient. *Biotropica*. **35**, 486–490 (2003).
- 22. Hobbie, S. E. & Vitousek, P. M. Nutrient Limitation of Decomposition in Hawaiian Forests. Ecology. 81, 1867-1877 (2000).
- 23. Körner, C. The Use of 'Altitude' in Ecological Research. Trends Ecol Evol. 22, 569-574 (2007)
- 24. Reich, P. B. & Oleksyn, J. Global Patterns of Plant Leaf N and P in Relation to Temperature and Latitude. *Proc Natl Acad Sci USA* 101, 11001–11006 (2004).
- 25. Yuan, Z. Y., Chen, H. Y. H. & Reich, P. B. Global-Scale Latitudinal Patterns of Plant Fine-Root Nitrogen and Phosphorus. *Nat Commun.* 2, 1–6 (2011).
- Mooshammer, M., Wanek, W., Zechmeister-Boltenstern, S. & Richter, A. Stoichiometric Imbalances Between Terrestrial Decomposer Communities and their Resources: Mechanisms and Implications of Microbial Adaptations to their Resources. Front Microbiol. 5, 1–10 (2014).
- 27. Cleveland, C. C. & Liptzin, D. C:N:P Stoichiometry in Soil: Is there a "Redfield Ratio" for the Microbial Biomass? *Biogeochemistry*. **85**, 235–252 (2007).
- 28. Körner, C. Alpine Plant Life: Functional Plant Ecology of High Mountain Ecosystems Springer, Berlin, Germany 1999
- Liu, X. & Wang, G. Measurements of Nitrogen Isotope Composition of Plants and Surface Soils Along the Altitudinal Transect of the Eastern Slope of Mount Gongga in Southwest China. Rapid Commun Mass Sp. 24, 3063–3071 (2010).
- 30. Reich, P. B. & Oleksyn, J. Global Patterns of Plant Leaf N and P in Relation to Temperature and Latitude. *Proc Natl Acad Sci USA* **101**, 11001–11006 (2004).
- 31. Turner, B. L. et al. Soil Microbial Biomass and the Fate of Phosphorus During Long-Term Ecosystem Development. Plant Soil. 367, 225–234 (2013).
- 32. Kuzyakov, Y. & Xu, X. Competition Between Roots and Microorganisms for Nitrogen: Mechanisms and Ecological Relevance. *New Phytol.* **198**, 656–669 (2013).
- 33. Roberts, T. & Bettany, J. R. The Influence of Topography On the Nature and Distribution of Soil Sulfur Across a Narrow Environmental Gradient. *Can J. Soil Sci.* **65**, 419–434 (1985).

- 34. Wasklewicz, T. A. Importance of Environment On the Order of Mineral Weathering in Olivine Basalts, Hawaii. *Earth Surf Proc Land.* 19, 715–734 (1994).
- 35. Bain, D. C. & Langan, S. J. Weathering Rates in Catchments Calculated by Different Methods and their Relationship to Acidic Inputs. Water, Air, & Soil Pollution. 85, 1051–1056 (1995).
- 36. Wardle, D. A., Bonner, K. I. & Barker, G. M. Linkages Between Plant Litter Decomposition, Litter Quality, and Vegetation Responses to Herbivores. Funct Ecol. 16, 585–595 (2002).
- 37. Yu, Q. et al. Linking Stoichiometric Homoeostasis with Ecosystem Structure, Functioning and Stability. Ecol Lett. 13, 1390–1399 (2010).
- 38. Hou, E., Chen, C., Wen, D. & Liu, X. Phosphatase Activity in Relation to Key Litter and Soil Properties in Mature Subtropical Forests in China. Sci Total Environ. 515–516, 83–91 (2015).
- Mo, J. et al. Nitrogen Addition Reduces Soil Respiration in a Mature Tropical Forest in Southern China. Global Change Biol. 14, 403–412 (2008).
- 40. Lu, X., Mo, J., Gilliam, F. S., Zhou, G. & Fang, Y. Effects of Experimental Nitrogen Additions On Plant Diversity in an Old-Growth Tropical Forest. Global Change Biol. 16, 2688–2700 (2010).
- 41. Hou, E., Chen, C., McGroddy, M. E. & Wen, D. Nutrient Limitation on Ecosystem Productivity and Processes of Mature and Old-Growth Subtropical Forests in China. *Plos One.* 7, e52071 (2012).
- 42. Fang, Y. T., Gundersen, P., Mo, J. M. & Zhu, W. X. Input and Output of Dissolved Organic and Inorganic Nitrogen in Subtropical Forests of South China Under High Air Pollution. *Biogeosciences.* 5, 339–352 (2008).
- 43. Huang, W. et al. Increasing Phosphorus Limitation Along Three Successional Forests in Southern China. Plant Soil. 364, 181–191 (2013).
- 44. He, J. et al. Stoichiometry and Large-Scale Patterns of Leaf Carbon and Nitrogen in the Grassland Biomes of China. Oecologia. 149, 115–122 (2006).
- Kaiser, C., Franklin, O., Dieckmann, U. & Richter, A. Microbial Community Dynamics Alleviate Stoichiometric Constraints During Litter Decay. Ecol Lett. 17, 680–690 (2014).
- 46. Yu, Q. et al. Stoichiometric Homeostasis of Vascular Plants in the Inner Mongolia Grassland. Oecologia. 166, 1-10 (2011).
- 47. FAO-UNESCO. FAO-UNESCO Soil Map of the WorldUNESCO, Paris 1974
- 48. Cottingham, K. L., Lennon, J. T. & Brown, B. L. Knowing When to Draw the Line: Designing More Informative Ecological Experiments. *Front Ecol Environ.* **3**, 145–152 (2005).
- 49. Murphy, J. & Riley, J. P. A Modified Single Solution Method for the Determination of Phosphate in Natural Waters. *Anal Chim Acta*. 27, 31–36 (1962).
- 50. Wu, J. et al. Quantifying Microbial Biomass Phosphorus in Acid Soils. Biol Fert Soils. 32, 500-507 (2000).
- 51. Wu, J., Joergensen, R. G., Pommerening, B., Chaussod, R. & Brookes, P. C. Measurement of Soil Microbial Biomass C by Fumigation-Extraction—an Automated Procedure. *Soil Biology and Biochemistry*. 22, 1167–1169 (1990).
- 52. Jenkinson, D. Measuring Soil Microbial Biomass. Soil Biology and Biochemistry. 36, 5-7 (2004).
- 53. Hedley, M. J. & Stewart, J. W. B. Method to Measure Microbial Phosphate in Soils. Soil Biology and Biochemistry. 14, 377-385 (1982).
- 54. Brookes, P. C., Powlson, D. S. & Jenkinson, D. S. Measurement of Microbial Biomass Phosphorus in Soil. Soil Biology and Biochemistry. 14, 319–329 (1982).
- 55. Kovar, J. L. & Pierzynski, G. M. Methods of Phosphorus Analysis for Soils, Sediments, Residuals, and Waters Second Edition Virginia Technical University, Blacksburg, VA (2009).
- 56. McGroddy, M. E., Daufresne, T. & Hedin, L. O. Scaling of C: N: P Stoichiometry in Forests Worldwide: Implications of Terrestrial Redfield-type Ratios. *Ecology.* 85, 2390–2401 (2004).

Acknowledgements

This research was funded by the National Natural Science Foundation of China (31570483; 41401326) and Natural Science Foundation of Guangdong Province (2015A030311029). We thank Chuanyin Xiang for assistance in the field and Bruce Jaffee for technical editing.

Author Contributions

E.H., D.W. and X.H. conceived the study; X.H., E.H. and Y.L. performed the experiment; X.H., E.H. and D.W. wrote the manuscript.

Additional Information

Supplementary information accompanies this paper at http://www.nature.com/srep

Competing financial interests: The authors declare no competing financial interests.

How to cite this article: He, X. *et al.* Altitudinal patterns and controls of plant and soil nutrient concentrations and stoichiometry in subtropical China. *Sci. Rep.* **6**, 24261; doi: 10.1038/srep24261 (2016).

This work is licensed under a Creative Commons Attribution 4.0 International License. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in the credit line; if the material is not included under the Creative Commons license, users will need to obtain permission from the license holder to reproduce the material. To view a copy of this

license, visit http://creativecommons.org/licenses/by/4.0/