

1 Point Prevalence Estimates of Activity-Limiting Long-Term Symptoms among U.S. Adults  $\geq$ 1 Month After  
2 Reported SARS-CoV-2 Infection, November 1, 2021

3  
4 **Short title:** Prevalence of post-COVID conditions

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26

1 **Abstract**

2 **Background:** Although most adults infected with SARS-CoV-2 fully recover, a proportion have ongoing  
3 symptoms, or post-COVID conditions (PCC), after infection. The objective of this analysis was to estimate  
4 the number of US adults with activity-limiting PCC on November 1, 2021.

5 **Methods:** We modeled the prevalence of PCC using reported infections occurring from February 1, 2020  
6 – September 30, 2021, and population-based, household survey data on new activity-limiting symptoms  
7  $\geq 1$  month following SARS-CoV-2 infection. From these data sources, we estimated the number and  
8 proportion of US adults with activity-limiting PCC on November 1, 2021, as 95% uncertainty intervals,  
9 stratified by sex and age. Sensitivity analyses adjusted for under-ascertainment of infections and  
10 uncertainty about symptom duration.

11 **Results:** On November 1, 2021, at least 3.0–5.0 million US adults were estimated to have activity-  
12 limiting PCC of  $\geq 1$  month duration, or 1.2%–1.9% of US adults. Population prevalence was higher in  
13 females (1.4%–2.2%) than males. The estimated prevalence after adjusting for under-ascertainment of  
14 infections was 1.7%–3.8%.

15 **Conclusion:** Millions of US adults were estimated to have activity-limiting PCC. These estimates can  
16 support future efforts to address the impact of PCC on the U.S. population.

17 **Key words:** Post-COVID conditions; long COVID; disability; COVID-19; modeling; prevalence

18

1 **Introduction**

2 The coronavirus disease 2019 (COVID-19) pandemic, caused by severe acute respiratory syndrome  
3 associated coronavirus 2 (SARS-CoV-2), has had a devastating global impact. In the United States, almost  
4 1 million COVID-19-related deaths were reported through April 2022 [1]. Although most individuals  
5 infected with SARS-CoV-2 survive, a proportion experience post-acute sequelae that may last for weeks  
6 or longer [2, 3]. Various post-COVID conditions (PCC), often referred to as long COVID, have been  
7 described. Common among them are fatigue and body aches, respiratory symptoms, and neurocognitive  
8 dysfunction, although a variety of additional sequelae are observed [4-7].

9         Understanding the prevalence of PCC is important for enumerating the full impact of the COVID-  
10 19 pandemic, allocating resources and developing evidence-based prevention and management  
11 strategies, and planning for and mobilizing healthcare and social support services. Although several  
12 clinical case definitions for PCC have been developed [8, 9], a universally agreed definition does not exist  
13 [10-12]. Challenges in defining PCC and evaluating its prevalence include non-specific signs and  
14 symptoms that may have other causes; knowledge gaps in pathophysiology [13, 14]; limited duration of  
15 follow-up leading to incomplete understanding of its natural history; and heterogeneity in design,  
16 outcomes, and populations evaluated across published studies [15].

17         We developed a model-based approach to provide estimates of the point prevalence of activity-  
18 limiting PCC among US adults on November 1, 2021. These estimates are intended to provide a  
19 foundation for future research focused on estimating the prevalence of PCC over time as the COVID-19  
20 pandemic evolves and definitions of and instruments for assessing PCC continue to mature.

21

## 1 **Methods**

### 2 *Data sources*

3 Our objective was to estimate the number of adults (aged  $\geq 18$  years) residing in the US on November 1,  
4 2021 experiencing PCC that adversely affected their daily activities at least 1 month following infection  
5 with SARS-CoV-2. In developing the estimates, we chose reported activity-limiting symptoms attributed  
6 to prior SARS-CoV-2 infection as our primary outcome to capture PCC associated with significant  
7 functional impairment. Other PCC-related outcomes reported in published studies [15], such as  $\geq 1$   
8 persistent symptom of any severity or new clinical diagnoses, were not evaluated and might lead to  
9 different estimates of PCC prevalence. The period of at least 1 month post-infection corresponds with  
10 Centers for Disease Control and Prevention (CDC) definitions of PCC [16].

11 We developed PCC point prevalence estimates using two primary data sources. First, to  
12 estimate the number of adults in the general US population who were at risk of having PCC on  
13 November 1, 2021, we used the total number of infections reported to CDC through the Nationally  
14 Notifiable Disease Surveillance System (NNDSS) between February 1, 2020 and September 30, 2021 [17].  
15 We used data through September 30, 2021, to predate the effects of the Omicron variant and its  
16 sublineages (because the probability of PCC after Omicron may be different from the probability of PCC  
17 after previous variants), and of reinfections with SARS-CoV-2, which have been reported with increasing  
18 frequency subsequently [18]. November 1, 2021 was selected for estimating the point prevalence of PCC  
19 to allow at least a 1-month interval between time of infection, for those most recently infected, and  
20 initiation of PCC.

21 The second primary data source was the household Coronavirus Infection Survey (CIS)  
22 conducted by the Office for National Statistics in the United Kingdom (UK) [19]. This data source  
23 employs population-based sampling including non-hospitalized adults with primarily mild or

1 asymptomatic acute SARS-CoV-2 infection, to represent most SARS-CoV-2 infections. In the CIS, persons  
2 with PCR-confirmed SARS-CoV-2 infection were asked the following questions, “Would you describe  
3 yourself as having ‘long COVID’, that is, you are still experiencing symptoms more than 4 weeks after  
4 you first had COVID-19, that are not explained by something else?” If yes: “Does this reduce your ability  
5 to carry-out day-to-day activities compared with the time before you had COVID-19?”

6 Summary CIS data on responses to these questions were available from participants recruited  
7 April 2020 through August 2021 within strata defined by days since positive test (range 42 to 168 days),  
8 sex, age group (18-49, 50-64,  $\geq 65$  years), and severity of acute infection (asymptomatic or symptomatic)  
9 [20]. All CIS participants are regularly tested for SARS-CoV-2, irrespective of symptoms, so the data  
10 include both symptomatic and asymptomatic infections. However, the CIS is a household survey and  
11 does not include people in communal establishments such as hospitals or care homes. In order to  
12 estimate PCC for persons from inpatient settings who were included in NNDSS counts, we assumed their  
13 probability of PCC was 1.5 to 3.5 times greater than the PCC probability among those who were  
14 symptomatic but not hospitalized. These estimates were based on evidence demonstrating that various  
15 symptoms and other post-COVID-19 sequelae correlate with the severity of acute SARS-CoV-2 infection  
16 [4, 21, 22].

17 CDC receives reports of SARS-CoV-2 infections from US states and other jurisdictions in two  
18 primary ways (1). For a portion of infections, line listed (LL) data are reported. These reported cases  
19 (including asymptomatic infections identified by laboratory testing results) include information on date  
20 of testing, age, sex, hospitalization status on date of testing, and acute COVID-19-related symptoms  
21 experienced when the SARS-CoV-2 test was administered. CDC also receives aggregate counts of SARS-  
22 CoV-2 infections in which only the total numbers of cases are reported over time (i.e., no additional  
23 information beyond date of report is provided). Given the lack of identifying information in either data  
24 source, it is not possible to determine the precise extent of overlap in counts of reported infections in

1 the LL and aggregate data. More than 26 million non-fatal SARS-Cov-2 infections among persons aged  $\geq$   
2 18 years were reported in LL format between February 2020 and September 2021. However, LL data  
3 underestimates the total number of reported infections. During the same period, approximately 36  
4 million non-fatal SARS-CoV-2 infections were reported among those aged  $\geq 18$  years in aggregate form.  
5 To develop a more complete estimate of reported cases, we added the difference between the number  
6 of non-fatal infections reported in aggregate and the number reported in LL format.

7 The prevalence of PCC among the US adult population on November 1, 2021, was estimated  
8 through a series of steps with associated uncertainty assumptions (Table 1). The general steps in the  
9 estimation process were: 1) assignment of both the LL and aggregate counts of adult non-fatal infections  
10 to two-month time intervals corresponding to dates of case reports ranging from February-March 2020  
11 through August-September 2021; 2) imputation of data on age group, sex, and severity of SARS-CoV-2  
12 acute infection when missing in the LL data and for the entire collection of aggregate data; 3) estimation  
13 of excess reported infections in the aggregate data, with excess infection counts added to the  
14 appropriate strata of the LL data; 4) application of stratum-specific PCC probability estimates from the  
15 CIS to corresponding strata of US adults at risk for PCC; and 5) summation of estimates across time-  
16 since-infection intervals.

17 The modeled measures of PCC prevalence are summarized using 95% uncertainty intervals (UI)  
18 derived from 10,000 Monte Carlo realizations of the model outputs. Variation across these Monte Carlo  
19 samples reflects repeated sampling from the assumed uncertainty distributions for model input  
20 parameters (Supplementary Appendix Table A2, Supplementary Appendix equations [1] – [5]). The lower  
21 and upper limits of the UIs are defined by the 2.5<sup>th</sup> and 97.5<sup>th</sup> percentiles of the of 10,000 Monte Carlo  
22 realizations.

1 We expect our estimates of the number of US adults at risk for PCC to be underestimated,  
2 because of undiagnosed SARS-CoV-2 infections and under-reporting of diagnosed infections [1, 23]. We  
3 used a modified version of our modeling approach to evaluate the potential impact of this likely under-  
4 estimation on the PCC prevalence estimates. This sensitivity analysis was conducted by inflating the  
5 reported number of infections in the combined LL and aggregate data by a multiplier based on the ratio  
6 of the estimated seroprevalence of SARS-CoV-2 in the US to the corresponding time-specific reported  
7 number of infections [1, 23].

8 Estimates of the probability of having a PCC with time since infection were available from the  
9 CIS for time periods ranging from 42 to 168 days after testing, corresponding to intervals of  
10 approximately 1 to 6 months after infection. Using the combined LL and aggregate data, however, we  
11 were able to estimate the number of persons at risk for PCC ranging from 1–2 months (August-  
12 September 2021) to 19–20 months (February-March 2020) prior to the prevalence estimation target  
13 date of November 1, 2021. As a result, it was necessary to assume trends in probability of PCC for time-  
14 since-infection periods greater than 6 months. Based on trends observed in the CIS, the probability of  
15 PCC was assumed to be constant beyond 6 months in the base model. To investigate the impact of  
16 violations of this assumption, we considered an alternative model in which the probability of having a  
17 PCC decreased for times since infection greater than 6 months at a rate similar to that observed among  
18 symptomatic CIS participants during the first 6 months post-infection. Details on the modeling steps and  
19 assumptions used to conduct both sensitivity assessments are presented in the Supplementary  
20 Appendix. Analyses were conducted using R Version 4.0.3 (Vienna, Austria). The project was determined  
21 to be a non-research, public health surveillance activity by CDC. We performed secondary data analysis  
22 on de-identified cases reports and survey responses; written informed consent was not obtained.

23

## 1 **Results**

### 2 *Model Estimates*

3 Through September 30, 2021, approximately 36.3 million SARS-CoV-2 infections were reported in US  
4 adults (Table 2), including 19.2 million (53%) in females and 23.1 million in adults 18-49-years old (64%)  
5 [Table 2]. Of these reported infections, we estimated that approximately 24 million (66%) were  
6 symptomatic but not hospitalized for acute infection, 10 million (28%) were asymptomatic and not  
7 hospitalized, and 2 million (6%) were hospitalized for acute infection. The number of reported infections  
8 peaked at 10 million in the December 2020 – January 2021 time interval with an upward trajectory in  
9 cases by September 30, 2021, when the Delta variant predominated in the US (Figure 1). The time  
10 between infection and November 1, 2021, was 1–6 months for 22% of persons, 7-12 months for 44%,  
11 and >12 months for 34%, with a median period of 10 months.

12 Survey response rate in the CIS survey ranged from 51% during the initial pilot phase in April  
13 2020, when eligible households included respondents to prior ONS surveys, to 12% in August 2021 after  
14 enrollment was expanded to include households randomly selected from address lists [24]. Among  
15 those who enrolled, loss to follow-up rates were low. Defining loss to follow-up as formal withdrawal  
16 from the study or non-attendance at the three mostly recently scheduled follow-up visits (loss of  
17 contact), the average monthly attrition rate was <1% through 2021. From the CIS household survey  
18 data, among adults who were generally not hospitalized for acute SARS-CoV-2 infection, the estimated  
19 probability of having PCC was higher among those with symptomatic compared to asymptomatic acute  
20 infection and in females compared to males (Figure 2). The estimated percent of persons with confirmed  
21 SARS-CoV-2 infection who were not hospitalized due to infection during the acute phase and reported  
22 new activity-limiting symptoms 42 days post infection ranged from 22.7% among symptomatic females  
23 aged 50-64 years to 3.3% among asymptomatic males aged  $\geq 65$  years old. At 168 days post infection,



1 the percentage who reported PCC ranged from 16.8 % among symptomatic females aged 50-64 years to  
2 3.0% among 18-49-year-old asymptomatic males.

3 Overall, 3.0–5.0 million US adults with documented SARS-CoV-2 infection were estimated to be  
4 living with activity-limiting PCC on November 1, 2021, representing approximately 1.2%–1.9% of the US  
5 adult population (Table 2). An estimated 0.4–1.3 million cases of activity-limiting PCC were estimated  
6 among adults hospitalized during acute infection, corresponding with 13%–25% of all PCC cases. The  
7 prevalence was higher in females (1.4%–2.2%) than males (0.9%–1.7%). Adults aged 50-64 years had the  
8 highest prevalence of activity-limiting PCC, with an estimated 1.5%–2.5% prevalence, and lower  
9 estimates for adults 18-49 and  $\geq 65$  years old.

#### 10 *Sensitivity analyses*

11 In a model incorporating seroprevalence estimates to account for under-ascertainment of infections  
12 [23], we estimate that 61.3-90.6 million SARS-CoV-2 infections occurred in US adults through September  
13 30, 2021 (Table 3). With adjustment for under-ascertainment of infections, 4.3–9.7 million US adults  
14 with any SARS-CoV-2 infection were estimated to be living with activity-limiting PCC, representing 1.7%–  
15 3.8% of the US adult population. A second sensitivity analysis, assuming a decrease in the probability of  
16 having PCC beyond 6 months and holding other parameters from the primary model constant, resulted  
17 in lower PCC prevalence compared to the primary model, with an estimated 2.2–4.2 million US adults  
18 living with PCC on November 1, 2021, representing approximately 0.9%–1.6% of the US adult  
19 population.

#### 20 **Discussion**

21 Using a model-based approach, we estimated that at least 3.0 to 5.0 million US adults were living with  
22 activity-limiting symptoms of PCC on November 1, 2021. Accounting for underdiagnosis or  
23 underreporting of SARS-CoV-2 infections, we estimated that 4.3–9.7 million adults were living with

1 activity-limiting PCC at this time. These are pre-Omicron period estimates, which relied on reported  
2 infections and used activity-limiting symptoms as criteria for PCC, so they are conservative estimates.  
3 Estimates further accounted for uncertainty due to limitations of data sources and an incomplete  
4 understanding of the natural history of PCC. The prevalence of PCC is expected to be dynamic and  
5 influenced by temporal changes in the incidence of infections with circulating SARS-CoV-2 variants and  
6 the distribution of time since infection [25, 26]. As the COVID-19 pandemic continues, population-level  
7 immunity has increased, with a growing proportion of infections occurring in those with prior infection  
8 and those who received COVID-19 vaccinations. This accumulated immunity may further affect the risk  
9 of PCC [24, 27-30]. Notably, even our conservative estimates suggest a substantial prevalence of activity-  
10 limiting symptoms lasting for weeks to months after SARS-CoV-2 infection. This foundational study  
11 highlights an urgent need for basic science, epidemiological and clinical research to understand the  
12 pathophysiology of and risk factors for PCC, and an evidence base to guide medical management, as well  
13 as to assist with planning for and mobilizing healthcare and social support services [31].

14 A strength of this analysis is the use of data from national surveillance system of SARS-CoV-2  
15 cases and hospitalizations combined with data from a population-based, longitudinal household survey  
16 of individuals after acute infection, most of whom experience mild infection not requiring hospitalization  
17 or asymptomatic infection [32, 33]. In contrast, other PCC studies have generally focused on the severe  
18 end of the spectrum of acute illness [15], and have often cross-sectionally measured heterogeneous  
19 outcomes that may not correlate with functional impairment. A recent systematic review found that a  
20 majority of published studies report at least 1 post-acute sequelae of COVID-19 in more than 50% of  
21 survivors, including at follow-up periods of >6 months [15]. Compared to a baseline (reference) period  
22 predating infection, the CIS captures new onset of activity-limiting symptoms of 4 weeks or longer with  
23 longitudinal evaluations. Although the survey relied on self-reporting and did not include a SARS-CoV-2-  
24 negative comparator population, new onset of impairment evaluated in the survey is likely to reflect

1 ongoing illness correlating with need for clinical or other support services. Multipliers were used to  
2 estimate the probability of having PCC in adults after hospitalization for acute infection because of the  
3 limitations of household survey data. These individuals may experience long-term sequelae of COVID-19  
4 from pathophysiological mechanisms and underlying sequelae that follow less severe acute infection, as  
5 well as through additional mechanisms associated with severe disease [34]. Uncertainty in the estimates  
6 of probability of having PCC in adults after hospitalization for acute infection is unlikely to have a large  
7 impact on prevalence estimates, even though the probability of PCC is higher for those who were  
8 hospitalized, as a minority of SARS-CoV-2 infections result in hospitalization [35].

9         The estimated prevalence of PCC was higher in females than males, reflective of higher  
10 reporting of activity-limiting symptoms among females participating in the household survey. Similar  
11 findings have been observed across studies that assessed a variety of PCC-related outcomes [36-38].  
12 Although mechanisms are unclear, differences by sex have been observed in other chronic syndromes  
13 that have overlapping characteristics with PCC, including myalgic encephalitis/chronic fatigue syndrome  
14 (ME/CFS) [39]. Estimates stratified by age suggest that PCC prevalence is distributed across age groups,  
15 with highest prevalence among adults aged 50-64 years. Notably, the estimated risk was lower both in  
16 younger (18-49-years of age) and older ( $\geq 65$ -years of age) adults. This finding may reflect a higher risk of  
17 death in older adults [40] or higher vaccine coverage (and associated lower PCC risk) in older compared  
18 to younger adults sampled in the CIS. Limitations of data sources precluded the application of our model  
19 to generate estimates of the prevalence of PCC by race or ethnicity among US adults.

20         These estimates are subject to several limitations. Multipliers were used to scale the probability  
21 of having PCC in adults hospitalized for acute SARS-CoV-2 infections due to the absence of direct  
22 sampling in the UK household surveys. We did not account for differential PCC risk in those experiencing  
23 reinfection or with prior COVID-19 vaccination due to limitations of survey data. Because the majority of  
24 SARS-CoV-2-positive CIS participants were unvaccinated at the time of infection over the study period

1 [30], sample size was insufficient to include activity-limiting PCC by vaccination status cross-stratified by  
2 age, sex, and severity of acute illness. This analysis predated circulation of the Omicron variant and its  
3 sublineages, which is associated with less severe COVID-19 compared to previously circulating SARS-  
4 CoV-2 variants, and potentially differential risk of PCC [25, 27]. Several key parameters had a large  
5 degree of uncertainty. To account for these uncertainties, sensitivity analyses were performed to  
6 provide a broader range of prevalence estimates.

7 UK household survey data were used to estimate the probability of having PCC over time in a US  
8 population. Models did not account for differences between populations, such as differences in certain  
9 sociodemographic characteristics, vaccine coverage and products, underlying health conditions, and  
10 access and availability of health services that may influence the probability of experiencing PCC and  
11 reporting activity-limiting PCC. COVID-19 vaccination before, as well as after, incident SARS-CoV-2  
12 infection may modify the risk of PCC and risk of continuing to experience persistent symptoms in those  
13 who already have symptoms when vaccinated [24, 30]. Differences in COVID-19 vaccination coverage  
14 over time between the UK and US may therefore contribute to differences in the risk of activity-limiting  
15 PCC between settings, although infections among individuals fully vaccinated against COVID-19 were  
16 relatively uncommon during the study period. A recent systematic review and meta-analysis also found  
17 differences in PCC risk across geographic regions, but some of these differences may be attributable to  
18 differences in sociodemographic characteristics, follow-up time, and COVID-19 study populations  
19 including severity of infections, among other factors [41]. Our analysis included longitudinal follow-up  
20 and results were stratified into meaningful groups, including age, sex, and severity of acute illness, likely  
21 to correlate with risk of activity-limiting PCC across different settings. Modeling methods, including use  
22 of US case data, may address some of the differences in the underlying SARS-CoV-2-infected population  
23 between the US and UK.

1 Finally, in the absence of a universally accepted definition of PCC, we used a primary outcome  
2 measure intended to capture self-reported PCC that interfered with daily activities. Self-reported  
3 outcomes may be subject to bias and other definitions of PCC likely would have resulted in different  
4 estimates. Respondents may also define activity-limiting symptoms differently and the survey does not  
5 capture the severity of activity-limiting symptoms. Use of existing functional scales that grade severity  
6 might provide more granularity on degree of disability associated with PCC.

7 Our findings conservatively suggest that millions of US adults were living with activity-limiting  
8 symptoms of PCC on November 1, 2021. The modeling framework used for this analysis is intended to  
9 serve as a foundation for future research estimating and monitoring the prevalence of PCC. Further  
10 analyses will need to consider growing population immunity through natural infection and vaccination,  
11 differences in risks of PCC with Omicron or other emerging variants, and changing probabilities of having  
12 PCC with longer times since infection. Ideally, estimates should be stratified by race and ethnicity, age  
13 groups that include children, and other sociodemographic characteristics. These estimates provide an  
14 initial framework to understand the prevalence of PCC in the adult US population and highlight the  
15 importance of continued prevention efforts to reduce the incidence of SARS-CoV-2 infections and  
16 mitigate not only acute COVID-19 but also the subsequent impact of long-term, activity-limiting  
17 symptoms among adults.

18

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- 24

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- 1 **Table 1.** Steps and key underlying assumptions used to model estimates of prevalence of activity-
- 2 limiting post-COVID conditions among US adults on November 1, 2021

Step in Estimation Process	Key Assumptions
<p>Use 26,606,924 LL records for survivors of SARS-CoV-2 infection among those <math>\geq 18</math> years of age into strata defined by date of infection in 2-month intervals, sex, age group, and severity of acute infection (i.e., hospitalization/symptom status).</p>	Those classified as hospitalized and asymptomatic were not hospitalized for SARS-CoV-2 infection.
	Missing information on hospitalization and symptom status can be imputed based on LL data for which these data are available.
	Persons with LL records missing hospitalization status are more likely not to have been hospitalized than those with records in which hospitalization status is documented.
	Persons with LL records missing symptom status (asymptomatic/symptomatic) are more likely to be asymptomatic than those with records in which symptom status is documented.
	Reinfections comprise a negligible proportion of infections reported in the LL data.
<p>Add estimated excess number of survivors<sup>†</sup> of infection reported to CDC in aggregate<sup>§</sup> form to LL stratum-specific infection counts to obtain total confirmed SARS-CoV-2 infections reported to CDC from February 2020 through September 2021 in strata of 2-month date of infection</p>	<p>Excess numbers of survivors of confirmed SARS-CoV-2 infections reported to CDC can be estimated as the difference in counts of survivors of infection between the aggregate and LL data in jurisdictions where both LL and aggregate data are reported.</p>
	Sex, age group, and hospitalization/symptom status

<p>interval, sex, age group, and severity of acute infection (i.e., hospitalized, non-hospitalized symptomatic, and non-hospitalized asymptomatic).</p>	<p>for additional survivors of infection reported in aggregate data can be imputed using the distribution of infections across these strata observed in the LL data.</p>
<p>Apply stratum-specific probabilities of reporting PCC that limits daily activities from the UK Coronavirus Infection Survey (CIS) data to the appropriate stratum-specific infection counts reported to CDC.</p>	<p>Reinfections comprise a negligible proportion of infections reported in the aggregate data.</p> <p>Responses from UK CIS participants are representative of responses that would be expected if the survey was conducted among US residents with confirmed SARS-CoV-2 infection who were infected between February 2020 and September 2021.</p> <p>Those who were hospitalized for COVID have a probability of having PCC that is 1.5 to 3.5 times greater [4], regardless of time since infection, than the risk for those with an infection that was symptomatic but did not require hospitalization.</p>

1 \* Line listed data are comprised of an individual record for each reported infection. Date of testing, age  
2 group, and hospitalization and symptom status are either recorded or reported as missing on each  
3 record.

4 † Sum of aggregate reported infections minus reported aggregate deaths within 2-month time of  
5 infection intervals.

6 § Reported to CDC as aggregate counts of infections and deaths, by date.

1 **Table 2.** Estimated point prevalence of the number of adults in the United States with activity-limiting  
 2 post-COVID conditions (PCC), November 1, 2021

3

	Cumulative reported SARS-CoV-2 infections that occurred through 9/30/21	PCC Cases		
		N, millions	N, millions (95% UI)	% of infected (95% UI)
Total	36.3	3.0 – 5.0	8.3 – 13.8	1.2 – 1.9
Sex				
Male	17.1	1.2 – 2.1	6.8 – 12.4	0.9 – 1.7
Female	19.2	1.8 – 2.9	9.5 – 15.3	1.4 – 2.2
Age, years				
18-49	23.1	1.5 – 2.4	6.5 – 10.3	1.1 – 1.7
50-64	8.3	1.0 – 1.6	11.8 – 19.7	1.5 – 2.5
≥65	5.0	0.5 – 1.1	9.6 – 21.7	0.9 – 2.0

4 Abbreviations: UI = uncertainty interval

5 \* <https://www.census.gov/data/tables/2020/demo/popest/2020-demographic-analysis-tables.html>

6

1 **Table 3.** Estimated number of adults in the United States with activity-limiting post-COVID conditions  
 2 (PCC) under sensitivity analyses, November 1, 2021  
 3

	Cumulative reported SARS-CoV-2 infections that occurred through 9/30/21	PCC Cases		
		N, millions	N, millions (95% UI)	% of infected (95% UI)
<i>Sensitivity analysis 1. Adjusting for under-ascertainment of infections</i>				
Total	61.3 – 90.6*	4.3 – 9.7	6.4 – 11.5	1.7 – 3.8
Sex				
Male	28.9 – 42.6	1.7 – 4.0	5.2 – 10.1	1.3 – 3.2
Female	32.4 – 48.0	2.7 – 5.7	7.4 – 12.7	2.0 – 4.4
Age, years				
18-49	38.5 – 57.8	2.2 – 4.9	5.1 – 9.0	1.6 – 3.5
50-64	13.9 – 21.3	1.4 – 3.1	9.1 – 16.3	2.3 – 4.9
≥65	8.3 – 12.6	0.7 – 1.7	7.0 – 16.3	1.3 – 3.2
<i>Sensitivity analysis 2. Assuming decrease in risk of PCC &gt;6 months post-infection</i>				
Total	36.3	2.2 – 4.2	6.2 – 11.6	0.9 – 1.6
Sex				
Male	17.1	0.9 – 1.8	5.1 – 10.3	0.7 – 1.4

Female	19.2	1.4 – 2.4	7.1 – 12.8	1.0 – 1.9
Age, years				
18-49	23.1	1.1 – 2.0	5.0 – 8.7	0.8 – 1.4
50-64	8.3	0.7 – 1.3	8.7 – 16.2	1.1 – 2.1
≥65	5.0	0.4 – 0.9	7.1 – 17.7	0.7 – 1.6

1 Abbreviations: UI = uncertainty interval

2 \* Uncertainty intervals are presented for the reported SARS-CoV-2 infection counts in sensitivity analysis  
3 1 to reflect estimation of these values under assumed under-ascertainment of the true number of  
4 infections.

5 † <https://www.census.gov/data/tables/2020/demo/popest/2020-demographic-analysis-tables.html>

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1 **Figure 1.** Number of SARS-CoV-2 infections among adults reported to CDC from February 2020 –  
2 September 2021\*, by two-month intervals of time of infection<sup>†</sup> and infection severity

3 \* 95% uncertainty intervals for number of infections within severity strata reflect imputation performed  
4 due to missing data.

5 <sup>†</sup> The date of SARS-CoV-2 clinical testing was assumed to be equivalent to the date of infection.

6 **Figure 2.** Percent of CIS participants with confirmed SARS-CoV-2 infection reporting long-term COVID-19  
7 symptoms that limit daily activities; by age, days since infection, and infection severity status\*

8

9 Abbreviations: CIS = UK Coronavirus Infection Survey; NH = non-hospitalized

10 \* Estimates do not include the probability of having activity-limiting PCC among adults hospitalized for  
11 acute SARS-CoV-2 infection, which was generated using multipliers estimating a 1.5-3.5 relative risk of  
12 activity-limiting symptoms in hospitalized adults compared to symptomatic adults who were not  
13 hospitalized.

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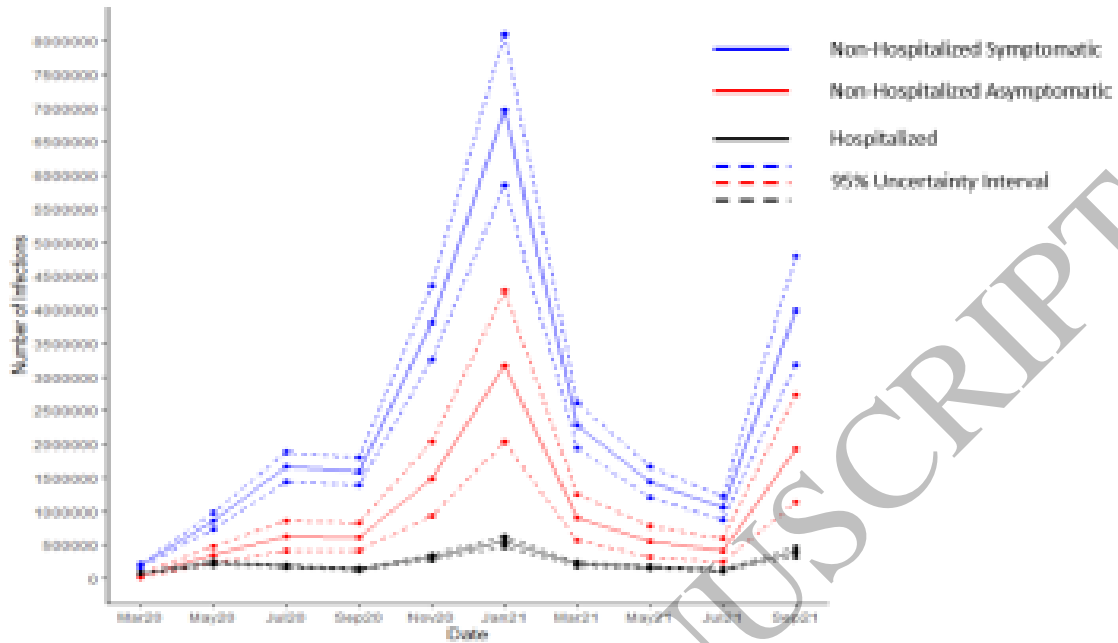


Figure 1  
42x25 mm (.32 x DPI)

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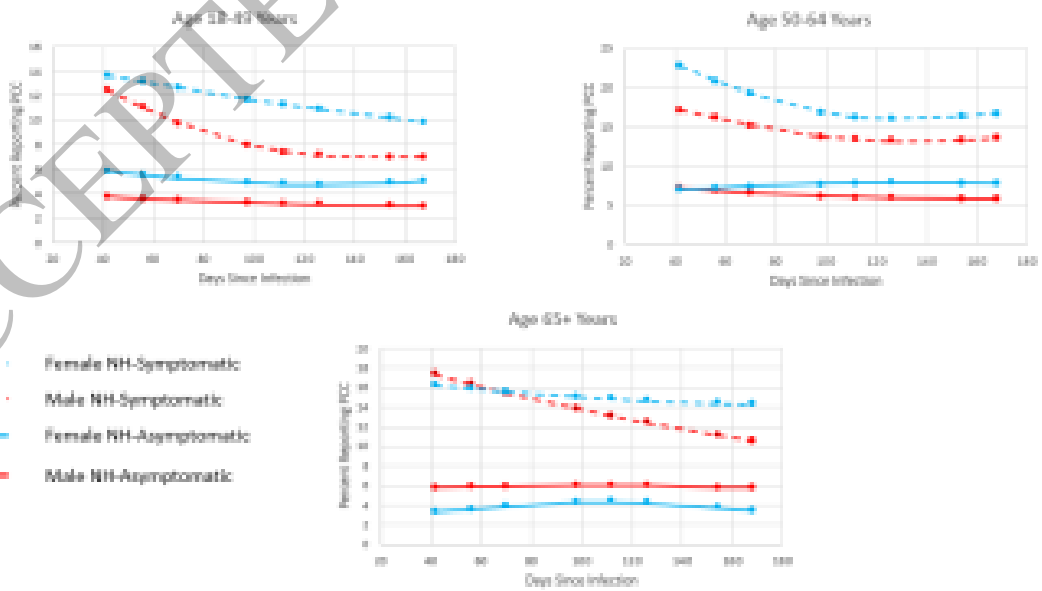


Figure 2  
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