

¹H-Detected Biomolecular NMR under Fast Magic-Angle Spinning

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ABSTRACT: Since the first pioneering studies on small deuterated peptides dating more than 20 years ago, ¹H detection has evolved into the most efficient approach for investigation of biomolecular structure, dynamics, and interactions by solid-state NMR. The development of faster and faster magic-angle spinning (MAS) rates (up to 150 kHz today) at ultrahigh magnetic fields has triggered a real revolution in the field. This new spinning regime reduces the ¹H–¹H dipolar couplings, so that a direct detection of ¹H signals, for long impossible without proton dilution, has become possible at high resolution. The switch from the traditional MAS NMR approaches with ¹³C and ¹⁵N detection to ¹H boosts the signal by more than an order of magnitude, accelerating the site-specific analysis and opening the way to more complex immobilized biological systems of higher molecular weight and available in limited amounts. This paper reviews the concepts underlying this recent leap forward in sensitivity and resolution, presents a detailed description of the experimental aspects of acquisition of multidimensional correlation spectra with fast MAS, and summarizes the most successful strategies for the assignment of the resonances and for the elucidation of protein



structure and conformational dynamics. It finally outlines the many examples where ¹H-detected MAS NMR has contributed to the detailed characterization of a variety of crystalline and noncrystalline biomolecular targets involved in biological processes ranging from catalysis through drug binding, viral infectivity, amyloid fibril formation, to transport across lipid membranes.

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1. INTRODUCTION

1.1. Scope of This Review

By probing structure, dynamics, and interactions of biomolecules at atomic resolution, nuclear magnetic resonance (NMR) spectroscopy is one of the most powerful tools available for structural biology. While NMR in solution is a mature technique, nowadays focusing primarily on applications, the development of magic-angle spinning (MAS) NMR methods for hydrated solid proteins is currently a thriving field of research.

A successful application of solid-state NMR depends critically on resolution and sensitivity. For many years, biomolecular solid-state NMR has been developing exploiting the detection of nuclei with low gyromagnetic ratio (γ), such as ¹³C and ¹⁵N, for which MAS in combination with strong ¹H dipolar decoupling suffices to recover narrow lines. However, the detection of low- γ nuclei compromises sensitivity and thus requires long experimental times and considerable sample amounts.

The direct detection of proton coherences, exploiting the high gyromagnetic ratio and abundance of proton nuclei, is the most natural way to enhance the spectral sensitivity, and it is the standard in solution NMR. The very same high gyromagnetic ratio and abundance, coupled to the small spectral dispersion of ¹H resonances, however, generate a network of strong dipolar couplings, which results in severe line broadening at moderate (10–20 kHz) MAS rates. This has prevented for a long time the straightforward application of ¹H detection to proteins in the solid state and limited its scope to extensively deuterated systems.

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The field of MAS NMR has experienced an extremely rapid development over the last two decades, promoted by continuous advances in terms of probe and magnet technology. The continuous development of probes capable of reaching faster MAS rates (above 100 kHz today) and higher magnetic fields has allowed a more efficient averaging of the ¹H dipolar interactions, ultimately enabling the direct detection of the larger magnetic moment available from ¹H at high resolution. These new possibilities have progressively fueled a large number of developments in the technique, transforming the spectroscopic tools and the sample preparation practices, reducing the sample quantity requirements, accelerating the spectral acquisition and analysis, broadening size and variety of the biomolecular target systems, and expanding the scope of information that can be extracted.

Thanks to these leaps forward, proton-detected solid-state NMR at very fast MAS has now matured into a technique that has finally stepped out of the shadow of its solution counterpart and enabled the site-specific investigation of structure, dynamics, and interactions in proteins of several tens of kDa within crystalline and noncrystalline preparations.

In this review, we guide the reader through these developments which span the last two decades, presenting the underlying concepts and the associated experimental protocols, and give a flavor of the many different biomolecular application areas. We first introduce the factors determining the linewidth observed in the NMR spectra of biomolecular solids and discuss the effects of higher frequency MAS and magnetic fields on resolution and sensitivity. Next, we present the set of spectroscopic tools improved over the years to obtain multidimensional correlations at fast (>40 kHz) MAS conditions. We then describe the various strategies capable of correlating backbone and side-chain resonances which efficiently provide site-specific resonance assignment. We explain how these schemes are extended to experiments reporting on protein geometry, via the direct evaluation of ¹H-¹H proximities, or dynamics, via the measurement of scaled anisotropic interactions and relaxation parameters. We finally review the main protocols enabling the calculation of structures and the description of molecular motions at high resolution. We finish with a passage through the ever-growing number of example studies where ¹H-detected NMR has contributed in bridging structure to function in a variety of biological processes.

1.2. Previous Reviews

The field of proton detection for biological solids has been constantly developing for about 20 years or more. A first review on the early work was published in 2006,¹ followed by several accounts on the use of highly deuterated proteins at moderate MAS rates by the Reif group.^{2–4} The methodological novelties enabled by the first experiments in the 60 kHz MAS regime were covered in a review by Lange's group in 2011, which additionally discussed the prospect of direct proton detection.⁵ In 2013, the Lyon and Florence groups reviewed their first results of 60 kHz MAS NMR with a special focus on paramagnetic metalloproteins.⁶ In 2015, the Griffin group



Figure 1. Schematic showing the different sources of spectral line broadening in solid-state MAS NMR and how they contribute to the final lineshape. Both the incoherent and coherent homogeneous broadening is assumed to be Lorentzian, and all sources of inhomogeneous broadening are assumed to be Gaussian.

wrote an extensive review on the latest progress of ¹H detection with fast MAS and DNP enhanced solid-state NMR at low temperatures.⁷ In the same period, methods and applications developed in this MAS regime were summarized in two perspective papers in the *Journal of Magnetic Resonance*, which included outlook sections on the expected benefits of higher spinning rates.^{8,9}

The Linser and Ishii groups summarized their work in 2018, including, respectively, strategies for determining structure and dynamics in microcrystalline proteins,¹⁰ as well as a discussion of the sensitivity enhancement and on assignment strategies at fast MAS rates.¹¹ We published a review with a focus on ¹H detected solid-state NMR on membrane proteins in 2018¹² and a general membrane protein review in 2021.¹³ Mandala and Hong presented a short review on the latest progress of ¹H detection with fast MAS and DNP enhanced solid-state NMR at low temperatures.¹⁴ Nishiyama presented a summary on the development of ¹H-detected MAS NMR for the analysis of samples at natural abundance,¹⁵ and Samoson presented a perspective paper on MAS rates up to 170 kHz.¹⁶

Sections relating to the benefits of ¹H-detected MAS NMR in a biomolecular context can be found in several reviews centered on broader thematic areas, such as amyloids,¹⁷ microcrystalline proteins,¹⁸ viruses,^{19,20} and paramagnetic systems.²¹ Many reviews dealt with the topic of protein dynamics in the solid state.^{22–24} In particular, Schanda and Ernst published a very elaborate topical review on all aspects of protein dynamics,²⁵ and Rovó focused on relaxation– dispersion methods.²⁶ Finally, our recent work highlights all recent developments in the field with a special focus on ¹Hdetected methodological advances.²⁷ Solid-state nuclear magnetic resonance spectroscopy is a method with widespread application in chemistry and biology. A general overview and introduction to the subject was published very recently by Reif, Ashbrook, Emsley, and Hong. 28

2. LINESHAPES AND LINEWIDTHS IN SOLID-STATE NMR

In this section, we discuss the decoherence of NMR signal components under MAS conditions^{29,30} and how this affects the lineshape and linewidth in the NMR spectrum. Three main contributions are responsible in solids for signal decay and associated linewidth, namely, inhomogeneous, homogeneous coherent and homogeneous incoherent (Figure 1). In the following, we will describe in detail their origin and response to experimental conditions which are predominantly the static magnetic field strength and MAS frequency. Throughout the following section, we denote the MAS frequency as ω_r in rad s⁻¹ and $\nu_r = \omega_r/2\pi$ in Hz.

2.1. Homogeneous Incoherent Effects

A first component to the observed lines in solid-state NMR is transverse spin relaxation, originating from molecular global or local motions.^{31–33} Relaxation is caused by random timedependent fluctuations of the local field felt by the nuclei, producing an exponential decay $s_{env}(t) = \exp(-R_2t)$ of the envelope of the time-domain signal S(t), characterized by a decay, or transverse relaxation, rate constant R_2 , or equivalently a decay time constant $T_2 = 1/R_2$. The corresponding peak in the NMR spectrum (the real part of the frequency domain $\tilde{S}(\omega)$) is then described by a Lorentzian function, so that

$$\widetilde{S}(\omega) = S(0) \frac{R_2}{R_2^2 + (\omega - \Omega)^2}$$
(1)

where S(0) is the signal at t = 0 and Ω is a resonance frequency. The linewidth, Δ , defined by the full width at half-maximum (FWHM), is given by $R_2/\pi = 1/(\pi T_2)$ in Hz; i.e., the linewidth is directly proportional to the rate constant.

The mechanism which randomly modulates the spin interactions over time is rotational diffusion, a process by which the molecule or part of the molecule randomly changes its orientation. Rotational diffusion may be unrestricted and isotropic, such as for molecules tumbling in an isotropic solvent, or restricted, where the motion is restrained. The precise nature of the motion is described by a model, of which there are several available. For the purposes of this discussion, we employ the so-called model-free approach,^{34,35} where the motion is characterized by a correlation time τ_c and an order parameter S^2 . The correlation time is the mean time required for a change in molecular orientation of 1 rad and can be interpreted as the time scale of the dynamic process. The order parameter characterizes how restricted the rotational is and takes values from $S^2 = 0$ for unrestricted isotropic motion to $S^2 = 1$ for complete restriction, i.e., no motion. The random motion can be broken down into oscillations occurring at different frequencies, with the amount of motion at frequency ω being given by the spectral density function $j(\omega)$. For the model-free approach, $i(\omega)$ is given by^{34,35}

$$j(\omega) = (1 - S^2) \frac{2\tau_c}{1 + \omega^2 \tau_c^2}$$
(2)

The relaxation rate constant R_2 is often described as the sum of two terms $R_2^{(0)}$ and R_2^{ex} . $R_2^{(0)}$ accounts for proper spin relaxation and can be decomposed into the different paths corresponding to the anisotropic interactions involved, which are, for a pair of spin 1/2 nuclei, *i* and *j*, the homonuclear and heteronuclear dipolar couplings and the chemical shift anisotropy (CSA). An explicit expression for the relaxation rates is usually provided by Redfield theory.^{31,32,36} Using this approach, $R_2^{(0)}$ rate constants are given by^{25,37}

$$R_{2}^{(i)} = \sum_{j>i} b_{ij}^{2} \left(\frac{1}{15} j(\omega_{\rm r}) + \frac{1}{30} j(2\omega_{\rm r}) + \frac{3}{20} j(\omega_{0,j}) + \frac{3}{40} j(\omega_{0,i}) + \frac{3}{20} j(\omega_{0,i} + \omega_{0,j}) + \frac{1}{40} j(\omega_{0,i} - \omega_{0,j}) \right) + \Delta \Omega_{i}^{2} \left(\frac{1}{45} j(\omega_{\rm r}) + \frac{1}{90} j(2\omega_{\rm r}) + \frac{1}{30} j(\omega_{0,i}) \right),$$
(3)

where $b_{ij} = -\mu_0 \hbar \gamma_i \gamma_j / (4\pi r_{ij}^3)$ is the dipolar coupling constant between spins *i* and *j*, μ_0 is the permeability of free space, γ_i is the gyromagnetic ratio of spin *i*, \hbar is Planck's constant divided by 2π , and r_{ij} is the distance between the two spins. $\Delta \Omega_i$ is the chemical shift anisotropy, which for an axially symmetric chemical shielding tensor is given by $\Delta \Omega_i = -\gamma_i B_0 (\sigma_{\parallel} - \sigma_{\perp})$, where σ_{\parallel} and σ_{\perp} are the parallel and perpendicular components of the chemical shielding tensor in its principle axis frame.

For motions with correlation times that are much shorter than the rotor period $\tau_r = 2\pi/\omega_r$ (e.g., by at least two orders of magnitude), R_2 is independent of both MAS frequency and magnetic field and represents a modest contribution to the

overall linewidth. However, for slower motions, such that the correlation time is comparable to the rotor period, which currently has a lower bound of $\sim 10 \ \mu s$ for practicable spinning frequencies, it becomes a much larger contribution (up to several hundred Hz, see Figure 2). This broadening is reduced at faster MAS frequencies.



Figure 2. Homogeneous incoherent contribution to ¹H linewidths (¹H $\Delta^{\rm inc}$) calculated with eq 3, with a homonuclear coupling to a proton at a distance of 3 Å, heteronuclear coupling with the bonded ¹⁵N at a distance of 1.04 Å, and 10 ppm of ¹H CSA. The correlation functions were calculated with the simple model-free approach, with S^2 set to 0.9 and τ_c varied between 10^{-8} and 10^{-3} s. One should note that the values given here are only semiquantitative as Redfield theory is not a rigorous approach for the slowest motions (largest τ_c).

In solution, resolution is often dominated by R_2 , which in turn is mainly determined by the overall tumbling of the molecule. This is an intrinsic limitation of solution NMR for biomolecules of large size. In contrast, relaxation in solids is driven by local fluctuations of the structure and is therefore usually slower (except when τ_c is comparable to τ_r) and independent of the size of the target.

The other contribution to R_2 , R_2^{ex} , is caused by stochastic modulation of isotropic chemical shifts through conformational rearrangements (exchange). R_2^{ex} can be formalized by Bloch–McConnell equations^{38–40} and depends mainly on the



Figure 3. Experimental ¹³C and ¹H solid-state MAS NMR spectra of natural abundance glycine acquired at increasing spinning frequencies. The ¹³C spectra shown in (a) were acquired under broadband heteronuclear ¹H decoupling, and so the coherent homogeneous contribution to the linewidth of the spinning side-bands is largely suppressed, and the total linewidth is largely independent of MAS frequency. By contrast, the ¹H spectra in (b) were not acquired with any decoupling sequence, and so the coherent homogeneous linewidth is dominant and decreases with increasing MAS frequency.

chemical shift distribution of the ensemble of conformers, the relative populations of the exchanging states, their rate of interconversion, and the strength of the external magnetic field. As in solution NMR experiments, exchange has a strong impact on the MAS NMR signals from parts of the molecule undergoing microsecond to millisecond motions.

2.2. Homogeneous Coherent Effects

The homogeneous coherent component of signal decay is the factor that in many cases determines the resolution of ¹H MAS NMR spectra. It is due to the evolution of the transverse magnetization under an extended strong dipolar coupling network and so is dominated by the ¹H spins in the structure.^{29,41,42} The effect was initially described by van Vleck using a moment expansion⁴³ and subsequently applied to samples under MAS.^{44–48} In a spinning solid, we can gain insight into the spin dynamics and the resulting spectrum by restricting our signal observation to integer multiples of the rotor period τ_r , and employing average Hamiltonian theory (AHT). From this we calculate the average Hamiltonian \overline{H} , which determines the spin dynamics in such restricted observation conditions and is given by the following series^{41,42}

$$\bar{H} = \sum_{n=1}^{+\infty} \bar{H}^{(n)} \tag{4}$$

where $\overline{H}^{(n)}$ is the *n*th-order average Hamiltonian. The analytical expressions for the $\overline{H}^{(n)}$ become increasingly complicated with increasing *n*. The first three terms are

$$\overline{H}^{(1)} = \frac{1}{\tau_{\rm r}} \int_0^{\tau_{\rm r}} \widetilde{H}(t_1) \mathrm{d}t_1 \tag{5}$$

$$\bar{H}^{(2)} = -\frac{\beta}{2\tau_{\rm r}} \int_0^{\tau_{\rm r}} \int_0^{t_2} [\tilde{H}(t_2), \tilde{H}(t_1)] dt_1 dt_2$$
(6)

$$\bar{H}^{(3)} = -\frac{1}{6\tau_{\rm r}} \int_{0}^{t_{\rm r}} \int_{0}^{t_{\rm s}} \int_{0}^{t_{\rm s}}$$

$$\{ [\tilde{H}(t_3), [\tilde{H}(t_2), \tilde{H}(t_1)]] + [\tilde{H}(t_1), [\tilde{H}(t_2), \tilde{H}(t_3)]] \} dt_1 dt_2 dt_3$$
(7)

Spin interactions contribute differently to these averages depending on whether the Hamiltonian commutes or not with itself when sampled at pairs of arbitrary time points. For interactions such as an isolated two-spin dipolar coupling and an isolated CSA, the terms for n > 1 vanish and the average Hamiltonian is zero and becomes a meaningful description of the spectrum when ν_r is larger than the strength of the interaction.⁴⁹ For a larger network (i.e., between more than two spins) of dipolar couplings, however, subsequent average Hamiltonians of higher-order n do give rise to homogeneous resonance broadening, with amplitudes that have the form $[b^n]/\omega_r^{n-1}$, where $[b^n]$ represents a product of *n* dipolar coupling constants.^{9,50} As a result, this coherent homogeneous effect translates (to a reasonably good approximation) into a monoexponential signal decay, whose rate constant R^{coh} contains contributions that vary as $1/\omega_r^{n-1}$. The leading contribution to $R^{\rm coh}$ is the second moment which varies as 1/ $\omega_{r'}$ and which is therefore reduced by increasing the MAS frequency. Overall, coherent and incoherent effects add up to give the following signal decay envelope

$$s_{\rm env}(t) = \exp(-R_2't) = \exp(-R_2^{\rm con}t)\exp(-R_2t)$$
 (8)

where R_2' is given by the sum of the two homogeneous rate constants $(R_2' = R_2^{\text{coh}} + R_2)$.



Figure 4. 2D amide ${}^{1}H^{-15}N(a-d)$ and methyl ${}^{1}H^{-13}C(f-h)$ correlation spectra acquired at variable MAS frequencies [(a) 20, (b,f) 40, (c,g) 60, and (d,h) 111 kHz] on a microcrystalline sample of protonated GB1 (structure displayed with hydrogen atoms in blue in panel e).

An illustration of these different effects of MAS averaging is presented by the experimental ¹³C and ¹H solid-state MAS NMR spectra of glycine powder in Figure 3a,b. The ¹³C spectra were acquired with broadband irradiation of the ¹H in order to decouple the ¹H-¹³C dipolar coupling interactions, and the lineshapes are therefore determined by the ¹³C CSA. For these spectra, coherent homogeneous broadening under MAS is largely suppressed, and the signals break into a pattern of narrow signals separated by the MAS frequency (spinning side-band pattern), with residual linewidths largely constant over a range of MAS frequencies from 1 to 10 kHz. On the other hand, the ¹H spectra show a clear narrowing of the peaks on increasing the MAS frequency but remain significantly broadened over the whole range of MAS rates from 15 to 111 kHz, although the strength of the H-H dipolar interaction between neighboring protons is only ≃10-25 kHz. No decoupling was applied during the acquisition of these spectra, and so the lineshape is dominated by the homogeneous coherent contribution, which as shown decreases with increasing MAS frequency.

2.3. Inhomogeneous Effects

An inhomogeneous contribution to the signal decay arises in cases where the signal is a superposition of different components from nuclear spins at different spatial positions in the sample, each oscillating at a slightly different frequencies. The most frequently described case is where the Larmor frequency of the spin is spatially dependent, due to either a spatial variation in the external magnetic field B_0 , the chemical shift δ , or variations in the magnetic susceptibility over the sample.

The contributions to the inhomogeneous decay and associated line broadening in solids can be partitioned into two groups: those due to the intrinsic nature of the sample and those due to the instrumentation. Contributions due to the sample include structural disorder, where the atomic positions throughout the sample are different for different molecules throughout the structure that are otherwise nominally equivalent. Since the chemical shift depends on the molecular conformation, any such disorder leads to a spatial distribution of chemical shifts and thus line broadening. A second contribution is due to the anisotropic bulk magnetic



Figure 5. (a) Bulk T'_2 of amide (black) and methyl ¹H (gray) in a microcrystalline sample of nondeuterated GB1 plotted versus MAS frequency (at field strength $B_0 = 23.5$ T). (b–c) Total linewidths, Δ^{tot} , of amide (black) and methyl ¹H (gray) of residue T11 as a function of the MAS frequency (ν_r linear with the *x*-axis in b, and τ_r linear with the *x*-axis in c). T'_2 values translate into homogeneous contributions, Δ^{hom} , and for amide ¹H of residue T11 are depicted in (c) along with total linewidths, Δ^{tot} , and the fitted inhomogeneous contribution, Δ^{hom} .

susceptibility (ABMS), where a nuclear spin in a sample crystallite experiences a magnetic field in addition to B_0 from neighboring sample crystallites, due to the discontinuity in the sample susceptibility at the crystallite boundary.^{51–53} This contribution depends on both the magnetic properties of the molecule itself, as well as the packing of the crystallites in the rotor. Contributions to the inhomogeneous broadening due to the instrumentation include the spatial deviation of the external magnetic field B_0 from perfect uniformity and temperature gradients across the sample due to MAS, which introduce a spatial variation in temperature-dependent chemical shifts. In addition, there is an ABMS contribution due to the shape of the sample holder (rotor).

Although all of these contributions originate from different sources and effects, they can all be classified as inhomogeneous because they can all be treated as being due to a spatial variation of the Larmor frequency and can all be refocused by use of a spin—echo sequence. The inhomogeneous contribution to the signal decay is frequently assumed to be monoexponential, resulting in a Lorentzian lineshape, characterized by a decay rate R_2^{\dagger} or equivalently a time constant T_2^{\dagger} . However, its contribution in the solid state is often better approximated by a Gaussian function, of decay envelope of the form

$$s_{\rm env}(t) = \exp(-\gamma^2 t^2/2) \tag{9}$$

where γ is a parameter that characterizes the rate of decay. The corresponding peak in the spectrum is also described by a Gaussian function given by

$$\widetilde{S}(\omega) = S(0)(1/\gamma)\sqrt{\pi/2}\exp(-(\omega-\Omega)^2/(2\gamma^2))$$
(10)

with a FWHM equal to $2\gamma\sqrt{2 \ln(2)}$ in rad s⁻¹, or $\gamma\sqrt{2 \ln(2)}/\pi$ in Hz. The inhomogeneous linewidth in Hz scales with the external field B_0 , or equivalently the linewidth in parts per

million is independent of B_0 . On both scales, it is independent of the MAS frequency for samples at constant temperature.

2.4. Overall Linewidth

All three contributions described above contribute to the actual decay rate of the signal component, depending on the experimental conditions employed and the nature of the pulse sequence element. The total lineshape in the spectrum is thus a convolution of a Lorentzian lineshape due to homogeneous broadening and a Gaussian lineshape due to inhomogeneous broadening, referred to as a Voigt profile, with a total homogeneous linewidth still given by $\Delta^{\text{hom}} = R_2'/\pi$ in Hz and inhomogeneous linewidth by $\Delta^{\text{inhom}} = \gamma \sqrt{2 \ln(2)} / \pi$ Hz. In contrast to the case where all contributions to the signal decay are monoexponential, the total linewidth Δ^{tot} is no longer the simple Pythagorean sum of Δ^{hom} and Δ^{inhom} but is approximately equal to

$$\Delta^{\text{tot}} \approx \frac{\Delta^{\text{hom}}}{2} + \sqrt{\frac{(\Delta^{\text{hom}})^2}{4} + (\Delta^{\text{inhom}})^2} \tag{11}$$

3. BIOMOLECULAR NMR AT FAST MAS

The development of ¹H-detected solid-state NMR has relied on two orthogonal and highly complementary approaches, the development of new hardware capable of faster MAS for better averaging the proton—proton dipolar interactions and of strategies for weakening the interaction network by partial substitution of protons with deuterons. In the following sections, we discuss the efficiency and complementarity of both routes, with a particular emphasis on spectral resolution and sensitivity.

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Figure 6. 2D ¹H-¹⁵N (top) and ¹H-¹³C (bottom) correlation spectra acquired at 100 kHz MAS frequency for (a) microcrystalline maltose binding protein,⁵⁷ (b) tubular HIV-1 capsid protein assemblies,⁵⁸ (c) 26mer box C/D RNA bound to the L7Ae protein,⁵⁹ (d) membrane protein AlkL,⁶⁰ and (e) fibrils of $A\beta_{42}$.⁶¹ Displayed regions correspond to amide and α sites (a,b,d,e) and imino N-H and ribose C1'-H1' and U/C C5-H5 moieties (c). The corresponding structures (PDB codes 1ANF, 6WAP, 2N0R, 6QWR, 5KK3) are displayed on top of each pair of spectra.

3.1. Faster MAS and Resolution

Figure 4 illustrates the effect of faster MAS on the quality of ¹H-detected solid-state NMR spectra of a biomolecule. It presents different ¹⁵N–¹H and ¹³C–¹H dipolar-based heteronuclear single-quantum correlations (CP-HSQC) recorded at 1 GHz with MAS rates ranging between 20 and 111 kHz for a microcrystalline preparation of the protein GB1, a 6.2 kDa model system known for its high spectral quality in solid-state NMR.

The first spectrum on the left (panel a) was acquired at 20 kHz MAS with the most traditional setup for solid-state NMR, which is suitable for the detection of ¹³C resonances but completely incongruous for ¹H-detected NMR. The spectra from panels b and f were acquired at 40 kHz MAS, a spinning regime which became available in the first years of the century and enabled the acquisition of the first resolved ¹H-detected correlations on a small, fully protonated model microcrystalline protein.⁵⁴ The spectra from panels c and g were acquired at 60 kHz MAS, which corresponds to the regime where the possibility of fingerprinting fully protonated medium-size proteins was demonstrated about 10 years ago. Finally, the spectra from panels d and h, recorded at 111 kHz, illustrate the

benefits brought by the introduction of Bruker's latest 0.7 mm MAS probe technology, which enables today full structure determinations on a variety of biosolids.

These spectra constitute a very useful representation of the concepts introduced in the previous section. GB1 is a wellcharacterized and rigid system, and its microcrystalline preparations conserve only motional processes with small amplitude and occurring in the sub-microsecond time scale.⁵⁵ Incoherent contributions thus contribute only weakly to the observed ¹H linewidths, which are determined by the relative interplay between homogeneous and inhomogeneous coherent contributions. The observed total linewidths decrease monotonously with the spinning frequency over the entire range of 20-111 kHz, with a quadratic improvement in ¹H coherence lifetimes (Figure 5).^{50,56} At the fastest spinning condition, amide proton linewidths average to about 100 Hz (0.1 ppm at 1 GHz). Aliphatic protons exist in a denser network of homonuclear couplings and feature larger linewidths. In panel c of Figure 5, linewidths are plotted against the inverse of the MAS rate and show that the line narrowing is dominated by the decrease of the homogeneous component. The slope of this curve is a function of the overall proton density

corresponding to the second- and third-order terms in average Hamiltonian theory. The plot also indicates that, for GB1 at 1 GHz, inhomogeneous effects resulting from imperfect magnetic field homogeneity and static disorder in the sample contribute for about 50-60 Hz to the lineshape.

Today high-quality correlation spectra can be acquired in a matter of minutes to hours on fully protonated samples of different nature and aggregation state with MAS at 100 kHz and above, and Figure 6 compiles several recent examples. A resolution comparable to that of GB1 is frequently encountered in microcrystalline samples, which feature a high degree of sample homogeneity. At 100 kHz MAS and on 800-1000 MHz spectrometers, amide proton linewidths of $\simeq 100$ Hz, comprising approximately equal contributions from homogeneous and inhomogeneous sources, have been reported for a number of microcrystalline preparations of proteins and enzymes of different molecular size, macromolecular assemblies, and RNAs. These samples are ideal for biological investigation, as well as for the systematic measurement of factors affecting homogeneous resolution. Interestingly, equally narrow signals were reported for noncrystalline, sedimented proteins, although these preparations do not possess a mesoscopic order.

Broader lines are generally observed for fibrils and membrane-embedded proteins, which exhibit increased structural heterogeneity. For these samples, poor preparations often feature few resonances, indicating that most signals are broadened beyond detection or a single unresolved intensity, associated with the presence of multiple static conformational states. Such heterogeneity can, however, be significantly reduced with intensive sample optimization, involving seeding procedures and/or truncation of the primary sequence to a better-defined core region for fibrils, or optimization of the composition of the lipid phase during reconstitution for transmembrane proteins (see section 4.1). Even when prepared carefully, for these samples, the inhomogeneous linewidth is typically larger, about 0.1 to 0.2 ppm. In fibrils, heterogeneous line broadening is particularly severe for amide protons, whose shifts are sensitive to distortions of hydrogen bond geometries.^{62,63} Membrane proteins are endowed with higher conformational flexibility, and their broader lines may additionally reflect a larger contribution from motional processes.

3.2. Faster MAS and Sensitivity

3.2.1. Sensitivity of Direct and Indirect Detection. The sensitivity of the NMR signal scales with the gyromagnetic ratio of the detected nuclei so a gain of approximately $(\gamma_{\rm H}/\gamma_{\rm N})^{3/2} \simeq 31$ and $(\gamma_{\rm H}/\gamma_{\rm C})^{3/2} \simeq 8$ is expected using ¹H signal to indirectly detect ¹⁵N and ¹³C resonances, respectively, with an identical experimental setup. While proton detection has been recognized as the main avenue to maximize the sensitivity of solution NMR from the onsets of the technique,⁶⁴ its advantages for solid-state NMR experiments have long been a forbidden dream. In the following, we recall some elements for a clearer understanding of this point.

The sensitivity gain (ξ) associated with indirect detection of a heteronucleus can be evaluated by comparison of 2D $X(=^{13}C/^{15}N)/^{1}H$ correlations detected either on ¹H or on X⁶⁵ (see Figure 7a,b for the corresponding irradiation schemes). In these conditions where all other experimental parameters are kept constant, the sensitivity ratio of indirect (ID) versus direct detection (DD) is expressed as



Figure 7. Sensitivity gains by detecting on ¹H with respect to heteronuclei (X being ¹⁵N or ¹³C). Virtual RF irradiation schemes for measuring 2D ¹H–X correlations with (a) heteronuclei detection and (b) proton detection. Excitation pulses are depicted as black rectangles; indirect chemical shift encoding is performed during the t_1 evolution time, and transfer sequences are shown as orange blocks. (c) Sensitivity gain factors ξ are calculated with eq 12 with linewidths (*W*) measured on a fully protonated microcrystalline GB1 sample: $W_{\rm H} = 220$, 156, 120, 102, 95 Hz (at 40, 60, 80, 100, 111 kHz MAS, respectively), $W_{\rm C} = 105$ Hz, and $W_{\rm N} = 55$ Hz. Both $W_{\rm C}$ and $W_{\rm N}$ are supposed to be constant over the 20–111 kHz MAS frequency range.

$$\xi = \frac{(S/N)_{\rm ID}}{(S/N)_{\rm DD}} = f \left(\frac{\gamma_{\rm H}}{\gamma_{\rm X}}\right)^{3/2} \left(\frac{W_{\rm X}}{W_{\rm H}}\right)^{1/2} \left(\frac{Q_{\rm H}}{Q_{\rm X}}\right)^{1/2}$$
(12)

where the factor f ($\simeq 0.5$) accounts for the efficiency of the additional transfer step in the ¹H detection scheme, $W_{\rm H}$ and $W_{\rm X}$ are the linewidths of the detected signals, and $Q_{\rm H}$ and $Q_{\rm X}$ are the quality factors of triple-resonance probes (typically $Q_{\rm H}/Q_{\rm C} \simeq 1.5$ and $Q_{\rm H}/Q_{\rm N} \simeq 2$).

3.2.2. Sensitivity Gains versus MAS Rates. The sensitivity gains are therefore intimately connected to the resolution. In static or slow MAS experiments, ¹H lines are much broader than 1 kHz, and no sensitivity gains are possible. However, as soon as MAS exceeds 20-30 kHz, sensitivity enhancements are progressively observed for nuclei of increasing γ . Ishii and Tycko were the first to demonstrate the relevance of indirect detection in MAS NMR in dry preparations of peptides and polymers, with enhancements of 2.0–3.2 versus ${}^{15}N$ detection 65 and 1.5–2.5 versus ${}^{13}C$ detection 66 demonstrated with MAS rates of 30 kHz. Comparable enhancements were subsequently measured for a fully protonated sample of GB1 spinning at 40 kHz MAS,⁵⁴ paving the way for the development of efficient assignment and structure calculation strategies with proton detection. With the intention of quantifying the trends, we calculate the relative sensitivity of ¹H over ¹³C and ¹⁵N detection for the prototypical biomolecular sample GB1 as a function of the MAS rate (Figure 7c). A steady increase in the sensitivity gain is provided by faster spinning, with a theoretical maximum of 29 and 5 governed by the ratio of the inhomogeneous linewidths of ¹H and heteronuclei. At the fastest MAS rates enabled today by Bruker hardware (111 kHz), inverse detection outplays the directly detected counterpart by a factor of 5 and 27 for ¹³C and ¹⁵N, respectively, for model microcrystalline systems.

3.2.3. Absolute and Mass Sensitivity. The gains demonstrated above refer to sensitivity without considering

Table 1. Comparison of a Set of Commercially Available MAS Rotors^a

d ^{out} (mm)	$d^{ m in}$ (mm)	sample volume $(\mu L)^b$	$\max_{\text{(kHz)}} \nu_{\text{R}}$	surface velocity $(m \cdot s^{-1})$	RCF (10 ⁶ g)	$P_{ m centri}$ (bar)	frictional heating (K)	detection sensitivity (au)
Bruker Bi	iospin							
7.0	6.0	250	6	132	0.4	51	n/a	4.48
4.0	3.0	70.0	15	188	1.4	80	25	2.20
3.2	2.6	35.6	24	241	3.0	154	35	1.40
3.2	2.2	25.5	24	241	2.5	110	35	1.00
2.5	1.5	13.5	35	275	3.7	109	45	0.68
1.9	1.5	10.0	42	251	5.3	157	n/a	0.66
1.3	0.9	2.50	67	274	8.1	143	35	0.24
0.7	0.5	0.59	111	244	12.4	121	25	0.11
Phoenix N	NMR							
6.0	5.1	200	6	113	0.4	37	n/a	4.18
6.0	4.5	155	9	170	0.7	65	n/a	3.24
4.0	3.2	88	14	176	1.26	79	n/a	2.76
4.0	2.46	46	18	226	1.6	77	n/a	1.16
3.2	2.6	34	15	151	1.2	60	n/a	1.33
3.2	2.0	21	25	251	2.5	99	n/a	0.82
2.5	1.88	20	30	236	3.4	126	n/a	1.0
1.6	1.14	8	40	201	3.7	82	n/a	0.63
1.2	0.64	1.0	60	226	4.7	60	n/a	0.10
JEOL Res	sonance							
8.0	n/a	616	8	201	n/a	n/a	n/a	9.66
4.0	n/a	69	19	269	n/a	n/a	n/a	2.16
3.2	2.2	49	24	241	2.5	110	n/a	1.92
2.0	1.6	17	40	251	5.0	152	n/a	1.07
1.0	0.5	0.8	80	251	6.4	63	n/a	0.10
Samoson'	s lab (Darkl	ands OU)						
3.0	n/a	n/a	30	282	n/a	n/a	n/a	n/a
1.8	n/a	15	50	283	n/a	n/a	n/a	1.05
1.3	n/a	5.2	67	274	n/a	n/a	n/a	0.50
0.81	0.55	1.02	100	254	11.1	119	24	0.16
0.51	0.35	0.31	150	240	15.8	109	30	0.08

^{*a*} d^{out} and dⁱⁿ are the outer and inner diameters, respectively. Their maximum available MAS rates ($\nu_{\rm R}$) are given along with the velocity of the rotor surface. Maximal relative centrifugal forces (RCF = $1/g \times 4\pi^2 \nu_{\rm r}^2 \times d^{in}/2$) and pressures ($P_{\rm centri} = 1/3\rho \times 4\pi^2 \nu_{\rm r}^2 \times (d^{in}/2)^2$, where ρ is the sample density, estimated to be 1200 kg·m⁻³) are calculated at these speeds. Temperature increase induced by the rotation (frictional heating) is reported for the maximal MAS rate (see Figure 20 for Bruker systems). The detection sensitivity is the product of the rotor volume and the inverse of the outer diameter and is normalized with respect to a Bruker 3.2 mm standard wall rotor. ^{*b*}For rotors manufactured by Bruker, the entry corresponds to the active volume. For all other rotors, we report the actual sample volume.



Figure 8. Comparison of six Bruker rotors spinning at MAS frequencies up to 111 kHz. The rotor outer diameters are indicated, while a pencil serves as a scale reference.



Figure 9. Detection sensitivity as the function of MAS frequency (thus also rotor size) for ¹³C and ¹H nuclei. (a) Rotor inner volume for different commercial rotors (Bruker 3.2, 2.5, 1.3, and 0.7 mm) is depicted an orange area. The detection sensitivity of the probe, calculated as the product of the sample volume and the inverse of the rotor diameter, is shown in blue in the same plot. Values are normalized to the detection sensitivity of a Bruker 3.2 mm probe. (b) Mass sensitivity of a direct proton 1D experiment (yellow) as compared to ¹³C-detected 1D CP (purple) versus MAS. CP efficiency of 50% was assumed. Increasing MAS reduces homogeneous contribution to ¹H linewidths, which in turn translates into better sensitivity. Simulations are performed for different inhomogeneous contributions to the lines (from 0 to 200 Hz, dashed lines) and calculated values for microcrystalline GB1 correspond to the solid line (60 Hz inhomogeneous linewidth). ¹³C LW are supposed to be identical in the whole MAS range, corresponding to constant mass sensitivity. Values are normalized to ¹H detection (yellow) and ¹³C detection (purple). Values are normalized to ¹³C detection at 20 kHz MAS.

the sample mass, i.e., the calculation implies that the sample amount is the same at different MAS rates. We refer to this as the mass sensitivity, as it is equivalent to sensitivity per sample mass. Naturally, an increase in rotation rate imposes a reduction in the rotor diameter (d) to limit the linear speed of rotor periphery and ensure its physical integrity. Of note, efforts are made to push forward this limit with alternative spherical rotor designs, more resistant to centrifugal stress than their cylindrical counterparts.⁶⁷

Table 1 reports some physical characteristics of a variety of commercial rotors, manufactured by Bruker Biospin, Phoenix NMR, and JEOL as well as by the laboratory of Samoson who has been continuously setting the stage for any new records in MAS rates.¹⁶

As can be readily appreciated from the comparison of the commercial rotors listed in Table 1 and displayed in Figure 8, a drastic decrease in the sample volume is entailed. In principle, it could scale with d^2 ; however, in practice, also rotor length must be scaled accordingly, resulting in a $\propto d^3$ dependence of a rotor (and approximately also sample) volume (Figure 9a, orange area). For example, 0.7 mm rotors can accommodate 0.59 μ L, while 3.2 mm rotor inner volume is 25.5 μ L, resulting, in principle, in a > 40 ratio of the overall sensitivity. This penalty is partially offset by the inductive coupling between a coil and sample, which improves as coil size decreases ($\propto d^{-1}$). In Figure 9a (blue area), the detection sensitivity for a series of commercial rotors is plotted against the achievable MAS rates, showing a roughly d^2 dependence, with the detection sensitivity in a 0.7 mm rotor being nearly 10 times lower than 3.2 mm (Table 1).

In addition, provided that the acquisition time is adjusted to T_2^* , the signal-to-noise ratio scales inversely to the square root of the linewidth, producing a monotonic sensitivity gain with increasing MAS rate (per unit of sample). This effect yields an improvement of more than a factor of 2 between 20 and 111 kHz (Figure 9b, solid line). Of note, the gain of this kind depends strongly on the contributions to the linewidths, with larger mass sensitivity enhancements for the ideal case of purely homogeneous linewidths and more moderate gains when the inhomogeneous contribution is substantial (Figure 9b, dashed lines). This reduces the benefit of faster MAS for preparations characterized by large inhomogeneous broadening. Overall, the sensitivity of proton detection in a 0.7 mm rotor is still nearly twice as large as carbon detection in a 3.2 mm rotor, despite the massive sample reduction (Figure 9c).

The reduction in the required sample volume to fill small, fast-spinning rotors is of particular importance for biological samples, as it opens the way to the investigation of biological solids available in limited amounts. Notably, the decrease in sample quantity requirement below a milligram reached with 0.7 mm rotors brings complex membrane proteins into reach, which can often only be produced in small quantities.

Faster MAS rates have an additional indirect effect on sensitivity through longer coherence lifetimes, which result in a higher efficiency of the transfer steps employed in triple-resonance experiments (as delineated in section 5). Each scalar or dipolar transfer is governed by R_2' or $R_{1\rho}$ rate and pulse sequences performing not one but multiple successive coherence transfers between neighboring spins along the protein skeleton exponentially amplify this additional indirect sensitivity gain, with respect to the number of transfers.⁶⁸

3.3. Paramagnetically Accelerated Acquisitions

It is interesting to note that (as we will discuss in detail in section 5) the RF schemes employed above 40 kHz MAS rely on both CP and heteronuclear decoupling performed with low-power irradiation. This translates into a further increase in sensitivity because it enables a reduction in the interscan delay to about 1 s (governed solely by T_1). The high-power irradiations necessary at slower MAS require on the contrary longer delays (3–5 s thus \gg 1.5 T_1) in order to avoid excessive sample heating and subsequent deterioration.

In samples containing paramagnetic radicals or metal ions, T_1 times are shortened, both for nuclei in proximity of the unpaired electrons (hyperfine interactions) and also across the entire sample (via spin-diffusion mechanism, particularly efficient for ¹H due to their high gyromagnetic ratio). As a result, recycle delays as short as a few tens of milliseconds can be used for detection of the paramagnetic signals,^{69–71} boosting the theoretical sensitivity of ¹H solid-state NMR by an order of magnitude compared to that of diamagnetic systems.

This sensitivity enhancement can be obtained in diamagnetic substrates using paramagnetic ion doping. This is usually performed by soaking a sample with a buffer containing Cu²⁴ ions complexed with $EDTA^{72-74}$ or Gd^{3+} complexed with $DTPA^{75}$ or $DOTA^{76}$ or by incorporating a thiol-specific EDTA-metal reagent bound to Cu²⁺ or Mn^{2+.77} These paramagnetic ions effectively enhance the longitudinal relaxation rates of protons without significant line broadening and chemical shift perturbation side effects, yielding a sensitivity gain of $\sqrt{\nu_{
m rec}'}/
u_{
m rec}$ (where $u'_{
m rec}$ and $u_{
m rec}$ stand for the recycling rates with and without paramagnetic doping, respectively). The approach, dubbed "paramagnetic relaxationassisted condensed data collection",78 tackles the adverse scaling of T_1 times with increasing MAS rates and raises the possibility of extending fast MAS to systems available only in small quantities, such as fibrils and membrane proteins, or to complex heterogeneous biological systems at natural abundance.

3.4. Proton Dilution

3.4.1. Deuteration of the Backbone. Ultrafast NMR probes have become available only recently. For many years, the only means to extract resolved information from ¹Hdetected NMR on biosolids has come through the combination of MAS with dilution of the proton content in the sample. After the first proof-of-concept demonstrations on small organic molecules and peptides,⁷⁹⁻⁸¹ the concept was translated to proteins, where proton dilution is conveniently achieved by expression in perdeuterated media and then by exchanging the amides using buffers with appropriate H₂O/ D_2O ratios to achieve protonation at a controlled level (Figure 10a,b). Resolution enhancements following protein deuteration were first demonstrated at MAS rates of 10-20 kHz on samples with full protonation of the amide sites (Figure 10c), yielding factors ξ of 5–7 in sensitivity enhancement versus ¹⁵N detection in microcrystalline model samples.⁸²⁻

Reif's group showed that a further improvement in resolution could be achieved by lowering the levels of amide protonation down to 10%.⁸⁵ On microcrystalline SH3, this approach yielded the most resolved ¹H correlation spectrum in the solid state reported to date on a protein, with ¹H linewidths of 17–35 Hz on a 600 MHz spectrometer (Figure 10d). At the same time, however, the extreme spin dilution



Figure 10. Proton dilution for high-resolution proton detection. The general dilution scheme is shown in (a) for an arbitrary spin network. In (b), the protons of SH3 are depicted for full protonation, exchangeable protons only, and finally, 10% exchangeable protons at random. 2D $^{1}H-^{15}N$ correlation spectra of a perdeuterated sample of microcrystalline SH3 with (c) 100% back-exchange and (d) 10% back-exchange acquired at 13 kHz MAS frequency at a magnetic field of 14.1 T. Reproduced with permission from ref 85 (copyright 2006 John Wiley & Sons) and ref 3 (copyright 2012 Elsevier).

countered the overall sensitivity benefits of ¹H detection (Figure 11).

Since the linewidths in that regime are dominated by inhomogeneous broadening, trade-offs in resolution were possible with higher (30-40%) ¹H concentrations, with a larger number of total protons increasing sensitivity.⁸⁸ At 24 kHz MAS, reprotonation levels of 40% were found as the best compromise between resolution and sensitivity for the NMR spectra of microcrystalline SH3.⁸⁹ With faster MAS, however, the network of ¹H dipolar interactions is more efficiently averaged and less ¹H dilution is necessary to achieve the same narrow linewidths. At 60 kHz, this compromise is no longer necessary. Proton lines of two microcrystalline SH3 samples, perdeuterated with 10 and 100% exchangeable ¹H, were found to be virtually identical, and both were dominated by inhomogeneous broadening on a 1 GHz spectrometer.8 Similarly, ¹H linewidths of perdeuterated systems are only marginally different upon increasing MAS from 60 to 100 kHz.⁹⁰ In fully back-exchanged (100% ¹H at exchangeable sites) and otherwise [²H,¹³C,¹⁵N]-labeled microcrystalline GB1, for example, average amide ¹H linewidths of 87 Hz can be obtained at 60 kHz and of about 81 Hz at 100 kHz. Nonetheless, ${}^{1}\text{H}^{N}$ T'_{2} increases steeply with MAS rate in this spinning regime regardless of the labeling scheme, halving the coherent contribution to the linewidths. In the case of deuterated GB1, ¹H^N coherence lifetimes of 23 ms were obtained at 111 kHz MAS versus 11 ms at 60 kHz, corresponding to a decrease of the ¹H^N homogeneous linewidth from 30 to 14 Hz.

3.4.2. Deuteration of Side-Chains. Side-chain signals are essential reporters of structure, dynamics, and interactions in a protein, but their observation is abolished in the perdeuteration and exchange approach. In contrast to amide sites, introduction of protons or deuterons in side-chains can only take place during protein expression. Several alternative



Figure 11. (a) Evolution of the mass sensitivity of ¹H-detected experiments with MAS rates, estimated for different labeling schemes: ¹H (100%) natural abundance (yellow), perdeuteration with 10% (light blue), 30% (medium blue), and 100% (dark blue) proton back-exchange at labile sites. ¹H sensitivity is assumed to be proportional to $\alpha W_{\rm H}^{-1/2}$, where α is the level of protonation at the labile sites and $W_{\rm H}$ is the ¹H linewidth. The latter parameter is as measured on GB1 (for 100% ¹H^N and 100% ¹H) or calculated with an inhomogeneous contribution of 60 Hz and homogeneous contributions extrapolated from refs 86 (for 10% ¹H^N) and 87 (for 30% ¹H^N). Similarly to Figure 8b, mass sensitivity is given with respect to 100% ¹H samples spun at 111 kHz. (b) Absolute sensitivity of ¹H-detected experiments, calculated as the product of probe detection sensitivity from Figure 8a and mass sensitivity without compromising resolution for each sample preparation. As in Figure 8c, the reference sensitivity is that of ¹³C detection in a Bruker 3.2 mm rotor at 20 kHz MAS.

protocols have therefore been developed for proton dilution within aliphatic and aromatic side-chains in order to observe their resonances with increased resolution and enable general application of ¹H detection to large targets. A graphical summary of these labeling schemes is given in Figure 12, together with the resulting levels of ¹H incorporation into the side-chains.

The first reports targeted the detection of high-resolution signals in methyl groups, which are important reporters of sidechain dynamics and, for the majority of globular proteins, provide tertiary contacts essential to define a protein fold with high precision. It was quickly realized that the deuterated precursors employed for protein biosynthesis are not completely ¹H-depleted, and samples produced from >97% enriched ²H-glucose contain a non-negligible degree (\sim 9%) of methyl protonation.⁹¹ This finding progressively crystallized into two routes for the dilution of side-chain protons, consisting either in expression using ²H,¹³C-glucose and controlled low concentration (5-25%) of H_2O in a D_2O buffer, an approach termed reduced adjoining protonation (RAP),⁹² or in using ¹H,¹³C-glucose in D₂O media, in the socalled fractional deuteration (FD) method.⁹³ These methods result in the incorporation of protons at a level of 10-40% into deuterated protein matrices and yield aliphatic ¹H linewidths with a resolution between 25 and 60 Hz at 55 kHz MAS, permitting their site-specific assignment and opening the doors to structural and dynamical studies.

These approaches enhance resolution through a low site occupancy of aliphatic protons, as most sites are labeled in a largely random fashion from water or glucose sources. This, however, counters the benefits of ¹H detection by impacting sensitivity. An alternative concept consists in supplementing an Escherichia coli deuterated expression medium with suitably labeled metabolic precursors. Following an idea originally proposed in the context of solution NMR, proton occupancy at methyl sites was shown to be significant when expression takes place from a partially (40%) protonated pyruvate precursor in 1:9 H_2O/D_2O media.⁹⁴ Despite the fact that methyl groups of alanine, valine, leucine, and isoleucine are expressed as isotopomeric mixtures, the use of relaxation filters allows the acquisition of ¹H, ¹³C-methyl correlation spectra from a single isotopomer at a ultrahigh resolution comparable to that of solution NMR. Later, the use of α -keto acids and acetolactate as precursors was demonstrated to be the most efficient route for labeling of valine, leucine, and isoleucine residues, providing either ¹³C¹H₃ or stereospecific ¹³C¹HD₂ incorporation with 100% occupancy for these three residue types.95,96 CHD₂ labeling provides lower occupancy but is useful when coupled to 60 kHz MAS for obtaining ¹H-¹H distance restrains without dipolar truncation⁹⁷ as well as for the description of side-chain dynamics.⁹⁸ Under these MAS conditions, CH₃ labeling was shown to entail a certain loss of resolution compensated by a 2-fold higher sensitivity in fingerprint ¹³C,¹H correlation spectra.

A technique which is not restricted to the presence of methyl groups is proton-cloud labeling, consisting in the incorporation of specific fully protonated amino acids into an otherwise deuterated matrix.⁹⁹ This approach can be implemented with



Figure 12. Schematic representation of labeling schemes in a value– alanine fragment. The nuclei present in natural abundance (C, N, O) and deuterons are colored in gray, ¹³C in black, and ¹H in red. For positions that are only partially labeled in the protein, the rough ¹H/²D ratio is indicated by a red/gray pie chart.

most canonical amino acids, which are added independently in a desired ¹H-cloud pattern. Incorporation of protons in undesired amino acids ("scrambling") is dependent on the biosynthetic pathways active in a given expression system. In *E. coli*, this is generally negligible for almost all amino acids outside of the citric acid cycle or can be suppressed with auxotrophic strains. A 2–3-fold reduction of proton linewidths and spectral crowding was reported at 60 kHz MAS for a V,L ¹H-cloud-labeled sample of microcrystalline ubiquitin and a V,L,K ¹H-cloud-labeled sample of membrane-embedded BamA, a component of the β -barrel assembly machinery.⁹⁹

3.4.3. Incomplete Exchange Issue. Expression in D_2O is a common requirement in all methods for proton dilution described above. The use of highly concentrated D_2O , however, slows down growth and lowers the expression levels in bacteria and is often incompatible with certain expression systems, e.g., insect or mammalian cells. Reintroduction of ¹H by exchange requires additionally transient or chemically induced unfolding and refolding and is thus limited to exchangeable and solvent-accessible sites if a protein is folded in the presence of suitable chaperones. This is also the case for systems that assemble directly after expression such as viral coat proteins or for integral membrane proteins, where a drastic loss of information is observed for the extensive hydrophobic transmembrane regions shielded by the lipid bilayers.¹⁰⁰ Different labeling strategies provide a solution to the issue.

Inverse fractional deuteration (iFD), proposed by Weingarth and co-workers,¹⁰¹ relies on a minimal expression medium composed by ²H-glucose in H₂O. This results in low (10-40%) and random deuterium incorporation in side-chains but in 100% ¹H occupancy at H α sites, including those in exchange-protected regions. iFD increases ¹H coherence lifetime by about 40% compared to full protonation and entails remarkable resolution enhancements in ¹H,¹⁵N and ¹H, ¹³C α correlations not only at 60 kHz MAS but also at 100 kHz MAS.90 Most importantly, iFD was shown to provide access to backbone and side-chain resonances in transmembrane regions of the potassium transporter KcsA.¹⁰¹ In this scheme, improved ¹H resolution is also observed for the rest of the side-chain resonances, where the advantage is, however, offset by an increased broadening of the ¹³C resonances (up to 0.3 ppm per 2 H) due to the 1 H/ 2 H isotopomeric distributions. The α proton exchange by transamination (α -PET), demonstrated by Andreas' group,¹⁰² allows for full protonation at the backbone H α position, while maintaining protein side-chains with a high level of deuteration. This method consists of supplementing a growth medium with keto acids, which are converted by E. coli transaminase activity to the respective amino acids, while adding a proton at the α position from the water pool. Protonation of H α positions higher than 90% was observed for Ile, Leu, Phe, Tyr, Met, Val, Ala, Gln, Asn, Thr, Ser, Glu, and Asp while suppressing many side-chain signals. Gly methylene carbon is labeled preferentially with a single deuteron, allowing stereospecific assignment of its α protons. A resolution improvement by a factor of 2 or higher was observed in ${}^{1}\text{H}, {}^{13}\text{C}\alpha$ correlations with respect to fully protonated samples at 55 kHz MAS, easing the determination of $H\alpha-H\alpha$ and $H\alpha - H^N$ contacts defining β -sheet topologies.

Stereoarray isotope labeling (SAIL) conjugates proton dilution with complete site incorporation at any aliphatic side-chain position.¹⁰³ It offers access to all side-chain sites and considerably reduces spectral crowding due to flexibility and precise control over sites of incorporation with inherent absence of scrambling. For example, reduction of ¹H linewidths by factors ranging between 2 and 7 were reported for valine residues in microcrystalline ubiquitin at moderate MAS rates (~30 kHz).¹⁰⁴ Coupled with 80 kHz MAS, SAIL was demonstrated to yield a complete side-chain signal assignment in microcrystalline ubiquitin with as little as 10 nmol of sample within 3 days.¹⁰⁵ Due to the high cost of specifically labeled amino acids, the approach has so far seen specialized implementation but is expected to become viable for backbone and side-chain assignment with the sub-milligram sample requirements of fast MAS.

Finally, with sample amounts decreasing below a milligram at very fast MAS, the use of cell-free protein synthesis (CFPS) expression systems becomes feasible for NMR sample preparation.¹⁰⁶ CFPS has the advantage that various NMR isotope labeling schemes, including amino-acid-selective labeling, can be easily implemented. Importantly, also deuteration in combination with complete amide protonation can be



Figure 13. Homogeneous linewidths reported in the literature for protonated (black) and perdeuterated samples with 100% back-exchange of labile protons (red), at 23.5 T B_0 field: GB1, microcrystalline β 1 immunoglobulin binding domain of protein G (triangles);¹¹¹ SOD, microcrystalline Cu^I,Zn^{II}-loaded dimeric superoxide dismutase (ellipses);¹¹² AP205, *Acinetobacter* phage 205 coat protein (stars);¹¹¹ AlkL, outer-membrane alkane transporter from *Pseudomonas putida* (hexagons);⁶⁰ and at 20.0 T B_0 field strength: UBQ, microcrystalline human ubiquitin (squares and filled circles); CP149, hepatitis B viral capsid core protein (open circles).¹¹³ For ubiquitin, three sets of experimental values correspond to the studies by Penzel et al. (squares), ¹¹⁴ Penzel et al. (filled circles), ⁵⁰ and Schleedorn et al.¹¹⁵ and dashed lines to the fits reported therein (valid for $B_0 \approx 20.0$ T). The right panel shows a close-up view for MAS rates above 100 kHz, indicating the putative MAS rate ($\nu_r \simeq 500$ kHz) for which protonated samples will reach the coherent linewidth (red horizontal line) of deuterated samples spun at 100 kHz. Similarly, the gray horizontal line indicates a hypothetical MAS rate required for a protonated ($\nu_r \simeq 1200$ kHz) and a deuterated ($\nu_r \simeq 350$ kHz) sample to match ¹H resolution observed in solution NMR for a small protein of MW = 10 kDa ($\tau_c \simeq 10$ ns). Note that the *x*-axis is linear with rotor period.



Figure 14. ¹H resolution as a function of degree of sample or structural inhomogeneity (Δ^{inhom}). Total effective linewidth, Δ^{tot} (solid curves), is simulated for a range of MAS frequencies using eq 11, assuming the inhomogeneous contribution of 0.2, 0.15, 0.10, and 0.05 ppm (black, red, green, and blue solid and dashed curves, respectively), and the homogeneous contribution as determined experimentally for $\nu_r = 40-111$ kHz for a representative amide ¹H of residue T11 in nondeuterated GB1 on 23.5 T (a) and 11.75 T (b) spectrometers. The *x*-axis is linear with rotor period. Note that despite a generally lower absolute linewidth (in Hz) on a 500 MHz ¹H spectrometer (b) for $\nu_r > 60$ kHz, the actual resolution in ppm (second vertical axes) is inferior compared to that of a 23.5 T spectrometer (a).

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achieved directly during synthesis, avoiding a denaturation and refolding step. In this context, the wheat-germ (WG) CFPS has recently been shown to be instrumental for the production of hepatitis C virus (HCV) membrane proteins in both fully protonated and deuterated/back-exchanged forms, demonstrating the possibility of structural investigations of eukaryotic membrane proteins by solid-state NMR.^{107–109}

3.5. Why Do We Need to Spin Even Faster?

As seen above, the incredible progress in probe technology that occurred over the last 20 years has extended the range of available MAS frequencies up to above 100 kHz, enabling the detection of resolved resonances from fully protonated



Figure 15. Comparisons of 2D ¹H–¹³C correlation spectra at 100 kHz MAS and at two different external magnetic fields for fully protonated (a,b) microcrystalline GB1 ($\omega_{0,H}/(2\pi) = 500$ MHz in black and 1000 MHz in red), (c) M2 embedded in lipid membrane ($\omega_{0,H}/(2\pi) = 950$ MHz in blue and 1200 MHz in red),¹¹⁸ and (d) sedimented Rpo4/7 protein complex ($\omega_{0,H}/(2\pi) = 850$ MHz in blue and 1200 MHz in red).¹¹⁹ Reproduced with permission from ref 118 (copyright 2021 MDPI) and ref 119 (copyright 2021 Springer Nature).

samples. From a necessity, deuteration has turned today into an option for studies by ¹H-detected solid-state NMR.

Nonetheless, even at the fastest MAS rotation frequencies available, the spectral resolution obtained from deuterated samples is superior to that observed using protonated samples, with a strong dependence of ¹H and heteronuclear coherence lifetimes on the deuteration level.^{90,110}

Meier's laboratory has extensively investigated the MAS behavior of the homogeneous linewidths in microcrystalline ubiquitin, in deuterated and 100% back-exchanged¹¹⁴ as well as in fully protonated preparations.^{50,115} They have recently shown that a relatively quantitative determination of these linewidths could be obtained with a second moment approach for rigid parts of the protein.¹¹⁶ The linewidths can also be simulated using (computationally expensive) numerical methods for a small number, on the order of 10, spins,^{116–118} although the results are not expected to be quantitative.

Homogeneous linewidths measured by Meier and coworkers are compiled into Figure 13 together with several other literature data on different microcrystalline and noncrystalline systems. From this plot, it is evident that coherent effects still determine the ¹H resolution at 100 kHz MAS for fully protonated samples, and that further linewidth reduction is envisaged with faster MAS. The first studies on prototype

probes capable of spinning at 126⁵⁰ and even 150 kHz MAS¹¹⁵ report a further improvement in the resolution for fully protonated systems, but also in these cases, the observed homogeneous linewidths are still significantly larger than those accessible combining MAS with spin dilution. One can appreciate from Figure 13b that MAS rates of above 500 kHz would be necessary to reduce the homogeneous linewidth of a protonated system to that observed today on a partly deuterated protein at 100 kHz. Figure 13b extrapolates also the MAS rates required in order to match the homogeneous linewidths typically observed in solution for a protein of the molecular weight of ubiquitin ($\tau_{\rm C} \simeq 10$ ns). This corresponds to MAS rates over 300 and 1000 kHz for deuterated/backexchanged and protonated samples, respectively (note, however, that slower rates would be required for larger proteins, for which the solution linewidth grows to \sim 50–100 Hz while the solid-state linewidth is expected to still be the same).

Whether these prospective improvements in homogeneous linewidth would turn into observable resolution enhancements, however, would depend on the nature of the sample, according to the relative weight of the (MAS independent) inhomogeneous contribution in the total linewidth (Figure 14). For samples of exceptional quality, the inhomogeneous line is sufficiently narrow that substantial line narrowing can be



Figure 16. Evolution of resolution (a,b) and sensitivity (c,d) as a function of the external magnetic field, simulated for glycine protons.¹¹⁸ In addition to the homogeneous dipolar broadening, panels (b,d) include an inhomogeneous contribution of 0.05 ppm to the lines. Resolution is defined as the inverse of the full linewidth at half-maximum (FWHM) of the proton signal in parts per million and is calculated for 79.2 kHz (black), 100 kHz (red), 125 kHz (green), and 166.7 kHz (purple) MAS frequencies. Sensitivity was assumed to scale as $B_0^{3/2}$ and $W_H^{-1/2}$, where B_0 is the external magnetic field and W_H is the FWHM of the proton signal in hertz. Time saving was defined as the square of the sensitivity.

expected beyond 150 kHz MAS. For example, for a microcrystalline system such as GB1 ($\Delta^{\text{inhomog}} \approx 0.05$ ppm), a reduction of the linewidth by 30% can be expected by increasing MAS rates from 100 to 200 kHz, which corresponds to the ability to resolve at least twice as many signals in a multidimensional experiment containing two proton dimensions. For samples with a less ideal homogeneity such as fibrils or membrane proteins in lipid bilayer preparations ($\Delta^{\text{inhomog}} \approx 0.15-0.2$ ppm), diminishing improvements in resolution are expected beyond 100 kHz. Also for these samples, however, the indirect gain associated with longer coherence lifetimes will always be present, with the immense potential to enhance global sensitivity, notably in spectra of high dimensionality, which contain multiple transfer steps.

3.6. Why Do We Need Higher Fields?

Equally important in ¹H-detected MAS NMR is the use of very high magnetic fields, which simultaneously enhance resolution and sensitivity. The leaps forward accomplished by ¹H-detected NMR over the past decade have been made possible by the availability of high magnetic fields in the range between 18.8 and 23.5 T (800 MHz and 1.0 GHz in ¹H Larmor

frequency), and this momentum continues to be fueled with the installation and the operation of the first persistent superconducting magnets at 28.2 T (1.2 GHz) by Bruker Biospin and with the development of a series-connected hybrid magnet capable of increasing the ¹H Larmor frequency up to 1.5 GHz at the National High Magnetic Field Laboratory in Tallahassee (FL).

Magnetic fields do not have an impact on resolution in the presence of dominant inhomogeneous broadening (which is constant in parts per million) but do improve resolution for homogeneously broadened signals. The effect of a field increase is two-fold, that is, a larger chemical shift dispersion (which scales with $1/B_0$) and a further reduction of the coherent contributions to the linewidth (note the difference in slope of Δ^{hom} in Figure 14 between 23.5 and 11.75 T fields), as heavily overlapped proton resonances become more separated and spin polarization exchanges by flip-flops are slowed down. This latter effect is stronger for protonated samples, where the proton dipolar network is denser, and may lead to remarkable more than linear improvements in resolution at higher fields



Figure 17. Top: Sample optimization of ¹⁵N-labeled AlkL in lipid bilayers of different compositions. (a) DPhPC, protein-to-lipid ratio 1:1, (b) DMPC, protein-to-lipid ratio 1:1 recorded on a 800 MHz spectrometer at 60 kHz MAS, (c) DMPC, protein-to-lipid ratio 2:1, recorded on a 1000 MHz spectrometer at 111 kHz MAS. Reproduced with permission from ref 12. Copyright 2018 Elsevier. Bottom: Spectral resolution as a function of LPR. Two-dimensional ¹H,¹⁵N correlation spectra of Gly- and Tyr-labeled NS4B reconstituted into PC/Chol liposomes at LPRs from 0.25 to 8 acquired at $\omega_{\rm H}$ = 850 MHz and 80 kHz (d–g) or 90 kHz (h,i) MAS. Reproduced with permission from ref 108. Copyright 2020 John Wiley & Sons.

(Figure 15) and is particularly noticeable for CH_2 and CH_3 aliphatic side-chain resonances.

This phenomenon was reported for microcrystalline proteins at 750 MHz⁵⁴ and 1 GHz¹²⁰ and more recently confirmed on a variety of samples including membrane proteins, fibrils and capsids investigated by Andreas' and Meier's groups at 1200 MHz.^{118,119} These resolution enhancements are even more important if one again considers that NMR spectra are mostly recorded in a multidimensional frequency space. In this light, for example, a 25% increase in field strength (1 GHz versus 800 MHz or 1.2 GHz versus 950 MHz) translates into the possibility of resolving 2- and 2.5-fold more signals in a 3D or a 4D correlation, respectively. Given that dipolar coherent contributions still play a major role in the linewidth even above 100 kHz MAS, a significant resolution gain can be predicted for the combined use of faster MAS rates and higher field strengths (Figure 16a).¹¹⁸

This effect would still be relevant even in the presence of moderate inhomogeneous contributions (Figure 16b). Spectral sensitivity depends on the external magnetic field strength and scales with $B_0^{3/2}$ (Figure 16c,d). For the ${}^{1}\text{H}{-}{}^{15}\text{N}$ and ${}^{1}\text{H}{-}{}^{13}\text{C}$ correlation spectra of Figure 15, improvements in sensitivity of about 2.8 and 1.4 (i.e., of $\simeq 8$ and 2 in experimental time) were observed on the 1 GHz as compared with the 500 and 800 MHz instruments, respectively, and of about 1.3 (1.6 in experimental time) on the 1.2 GHz as compared with the 950 MHz. Even larger gains in sensitivity are expected for ${}^{1}\text{H}{-}{}^{1}\text{H}$ dipolar interactions transitioning from a strong coupling to a weak coupling limit upon increasing the field strength. For example, upon increasing the magnetic field from 11.7 T (500

MHz) to 23.5 T (1 GHz), additional gains as large as a factor of 2 beyond the expected factor of $2^{3/2} = 2.83$ were observed for methyl groups located in proton-dense regions.¹²¹ Overall, the improvement in sensitivity and resolution brought up from the combined use of faster MAS rates and higher field strengths is set to produce unprecedented benefits for biomolecular ¹H-detected solid-state NMR, clearly broadening the applicability of the method and bringing a whole range of new systems within reach.

4. PRACTICAL ASPECTS OF ¹H-DETECTED MAS NMR

4.1. Sample Optimization

Unlike the solution counterpart, solid-state NMR has no protein molecular weight limitation, and furthermore, higher pH values (>7.4), inclusion of salts, lipids, or precipitation agents needed to maintain sample homogeneity do not impact spectral quality, with the exception being t_1 noise from proton containing components present in large quantity. Therefore, almost any kind of protein sample can be investigated by solid-state NMR, provided it can be isotopically labeled and immobilized in a MAS rotor.

Small soluble proteins in a microcrystalline state are traditionally used for methodology developments.¹⁸ Crystalline preparations usually show the highest homogeneity, resulting in long coherence lifetimes and sensitive, well-resolved spectra. While X-ray crystallography studies require small amounts of large crystals, solid-state NMR requires milligram quantities of protein crystals, but diffraction quality is not required. Buffer conditions for protein microcrystallization are usually inspired from previous crystallography works.¹²² Most commonly,

protein solutions at very high concentrations are titrated with precipitants such as polyethylene glycol (PEG), 2-methyl-1,3propanediol, or ammonium sulfate until the solubility limit is reached and, when conditions are matching, the protein precipitates as microcrystals. Using batch methods, tens to hundreds or milligrams of protein can be prepared, sufficient material to fill large 3.2 and 4 mm rotors. This procedure is very fast and efficient for highly stable samples but might be too harsh for more fragile proteins. The development of smaller rotors reduced the sample requirements to 0.5-2 mg and returned to the traditional sitting-drop crystallization setup.

Membrane proteins are usually more challenging because of the lower expression yields and the need of a suitable membrane mimic to maintain stability during purification. Since these premises are conserved among all in vitro techniques, also here existing protocols can be adopted. Crystallization is a possible method for membrane protein preparation but reconstitution into lipid bilayers is experimentally more straightforward and physiologically closer to the native environment.^{123,124} Lipid preparations are commonly sedimented by ultracentrifugation and packed into the NMR rotor as a hydrated lipid paste. Parameters such as the type(s) of lipid, the lipid-to-protein ratio, pH, and salt concentration, and the reconstitution method itself need to be optimized in order to improve sample homogeneity. Screening can be performed with activity assays, if applicable, or directly by comparing solid-state NMR fingerprint spectra. Figure 17 shows the sample optimization for AlkL (top) in terms of lipid type, and the NS4B protein from HCV (bottom) for the lipid-to-protein ratio. Optimal conditions can be deduced from the quality of the (H)NH correlation spectra. Proteins and peptides prone to formation of amyloids are either expressed or synthesized and kept under denaturing conditions throughout the purification. Fibril formation is then initialized by buffer exchange and oligomerization occurs within minutes, hours or up to several days depending on the protein. Experimental conditions influence the formation of specific polymorphs and the sample homogeneity in general.¹²⁵ Preformed seeds can be used to accelerate fibril formation and drive it toward a specific polymorph of particular interest.¹²⁶ Fibrils are packed in rotors as hydrated protein aggregates. Other methods for immobilization of soluble proteins are direct sedimentation by ultracentrifugation¹²⁷ or entrapment into biosilica materials.¹²⁸ Sedimentation works particularly well for large multimeric protein assemblies such as viral capsids.

4.2. Rotor Packing

The rotor packing process should achieve maximal signal/ noise, ensure biological relevance, and be robust and reproducible. Of equal importance is the sample hydration, which critically impacts homogeneity and thus for highresolution NMR, hydration must typically be preserved at all times including the process of packing.

In order to maximize the NMR signal, one aims to pack the maximum amount of sample at the expense of excess buffer. Centrifugation is typically employed to concentrate the biological solids to fit them into the MAS rotor volume. Traditionally the hydrated sample is centrifuged into a dense pellet and transferred into the rotor either by carefully scooping the sample with microspatulas or using funnelshaped devices made of pipet tips or other common lab plastics in combination with a fixed-angle tabletop centrifuge. These methods risk sample losses, partial dehydration and uneven packing of the material, the latter compromising MAS stability. Furthermore, these approaches become increasingly inconvenient with smaller rotors.¹¹⁵ A superior method, successfully employed in our and other laboratories for many years, relies on the use of dedicated ultracentrifugal packing tools^{129–131} (Figure 18). Sample pelleting and rotor filling are combined in



Figure 18. Schematic drawing of a solid-state NMR rotor filling tool for a swinging bucket ultracentrifuge rotor. The plot indicates the theoretical acceleration needed to sediment a protein (assembly) of a given molecular weight. Adapted with permission from ref 133. Copyright 2019 Elsevier.

a single step and the use of swing-out rotors guarantees the even packing of the sample. While crystalline preparations have limited capacity of compression and can be packed in short time, membrane and fibril samples profit from extended centrifugation times for dense packing and removal of excess water. Such devices can also be used to sediment soluble proteins directly into a MAS rotor.¹³²

4.3. Frictional Heating and Temperature Control

Magic-angle spinning induces frictional heating which, if not controlled, might result in dehydration or degradation of biological samples. Frictional heating increases with the linear speed at the rotor periphery and depends strongly on the stator design. The temperature increase induced by frictional heating is illustrated as a function of MAS frequency in Figure 19 for commercial Bruker probe models.

A strong flow of cooling gas is applied to counter the heating and keep the sample in a physiologically relevant temperature range. The temperature is usually measured at the cooling gas outlet and not inside the rotor, resulting in a discrepancy between the displayed temperature and the actual sample temperature. Understanding the extent of frictional heating as a function of MAS frequency requires the use of an external or internal "NMR thermometer", i.e., specific compounds that exhibit a temperature dependence of the isotropic chemical shift. Suitable substances for external temperature calibration are KBr, Sm₂Sn₂O₇, Pb(NO₃)₂, or (CH₃NH₃)PbCl₃ (refer to Table 1 in ref 134). KBr has the advantage that a designated rotor is most likely already available in a laboratory and that every probe for biomolecular NMR tunes to ⁷⁹Br which has a frequency close to ¹³C. Considering that the frictional heating and sample cooling efficiency vary only minimally from one rotor to another, external temperature calibration can provide a



Figure 19. Frictional heating induced by MAS rotors of different sizes in dependence of their spinning frequency. Parabolic fit curves are plotted as lines. Asterisks label the experimental datasets, determined by monitoring the chemical shift of lead chloride. Data points for the 0.7 mm probe are inferred from the ⁷⁹Br chemical shift of KBr following the procedure described in ref 135. In this experiment, the variable-temperature gas flow was set to 1200 L/h and regulated at 293 K. Adapted with permission from ref 134. Copyright 2017 Elsevier.

very good estimation of the sample temperature. Water is most commonly used as an internal temperature sensor in biomolecular solid-state NMR even though its ¹H peak is usually not very sharp and might correspond to different water pools.¹³⁰ Methyl or methylene proton signals from precipitants such as PEG or MPD or from lipids in membrane protein preparations can serve as an internal chemical shift reference. Water-soluble lanthanide complexes such as TmDOTP can be added to the sample for a more precise measurement of the sample temperature in real time.¹³⁶ This is also useful for the quantification of temperature gradients across the rotor and their dependence on radio frequency irradiation or spinning frequency.

In order to compensate the temperature variation and preserve sample integrity, a stepwise spin-up and cool-down (and, vice versa, spin-down and warm-up) protocol is typically applied as shown in Figure 20 for a 0.7 mm Bruker rotor.

4.4. Magic-Angle Setting

The magic angle on MAS NMR probes is traditionally set using KBr.¹³⁷ A small quadrupole coupling in crystalline KBr is the result of defects in the cubic lattice. Under MAS, this manifests itself in the ⁷⁹Br spectrum as a pattern of side-bands, whose relative intensities are very sensitive to the magic-angle setting. In MAS probes, the intensity of the first spinning sideband is used to monitor the effect of systematic adjustments around the magic angle, usually at low MAS frequencies of about 5–10 kHz. Figure 21a shows the side-band intensity changes by turning the rod by 180°.

For fast MAS probes, the small sample volume and a design optimized for ¹H detection results in low sensitivity of the KBr method. At the same time, the ¹H linewidth becomes particularly sensitive to the magic angle in the fast-spinning regime. Simulations showed that measuring at 0.05° off the magic angle already results in 10% or more increase in linewidth at 100 kHz MAS. Notably, just changing from KBr to



Figure 20. Spin-up and cool-down method to counter frictional heating with sample cooling in order to keep the sample temperature constant in a Bruker 0.7 mm rotor.

a protein sample can induce such a mis-set. This observation led us to adjust the spinning angle for each sample based on the observation of proton T_2' .¹¹⁸ First, the sample is spun to about 100 kHz and the cooling gas temperature set to the desired value. Then, only after the probe temperature is equilibrated, the (H)NH CP experiment is optimized. Finally, the angle is adjusted by maximizing the amide ¹H T_2 ' for the bulk proton signal, using a 1D Hahn echo of appropriate duration (on the order of $\sim T_2'$, Figure 21b). Amide signals are selected in this method and solvent signals suppressed by appending the Hahn echo to the (H)NH CP experiment. A slightly different alternative of the "on-sample" method was presented by Penzel et al., where the angle is set by optimizing the H–N J coupling full spin–echo.¹³⁸ In this method, the goal is to eliminate the contribution of residual N-H dipolar coupling to the evolution of the scalar coupling (from the inphase ¹⁵N single quantum (SQ), through the antiphase term, back to ¹⁵N SQ coherence) during the period incorporated into a regular CP-HSQC scheme (described in section 5). A comparison of the two methods is shown in Figure 21b,c. The J-modulated signal oscillates with angle deviations, whereas the T_2' -based method produces a monotonically increasing function toward the optimal value. Both methods are suitable to adjust the angle on a fully protonated protein. The J modulation method is slightly more sensitive to angle deviations; however, the T_2' -based method is more helpful when the angle setting is far from the magic angle, as it is always clear how to optimize toward the single maximum in the signal intensity.

5. DISSECTING TRIPLE-RESONANCE PULSE SEQUENCES

Biomolecules contain hundreds to thousands of unique ¹H resonance frequencies due to local differences in spin chemical environment and presence of anisotropic fields (e.g., ring currents). A key to detailed studies on structure, dynamics or interactions by NMR is thus site-specific resolution, but ¹H line narrowing alone is far from sufficient to reach this objective. In fact, resolution is mostly enhanced by spreading detected ¹H resonances in multidimensional spectra, where ¹H



Figure 21. Spectral data and simplified pulse sequences for three methods to set the magic angle. (a) Classic ⁷⁹Br (KBr) method is shown on top, methods for angle adjustment directly on a protein sample rely either on (b) optimizing the ¹H T_2' (middle) or (c) H–N J coupling spin–echo (bottom). In (b), the ¹H echo delay τ_1 is set close to $T_2'/2$, whereas in (c), the ¹⁵N echo delay τ_2 is set to exactly (2 $J_{\rm NH}$)⁻¹ \approx 10.87 ms to fully refocus ¹ $J_{\rm NH}$ coupling.



Figure 22. (a) General block scheme of a multidimensional NMR experiment with ¹H detection. An RF scheme of 2D ¹H, ¹N or ¹H, ¹C correlation experiments employing either two (b) cross-polarizations ("CP-HSQC") or (c) refocused scalar transfers ("*J*-HSQC") between ¹H and heteronuclear spins (X).

frequencies are correlated to those of 13 C or 15 N spins (thus so-called triple-resonance techniques), leveraging on sample isotope enrichment. The actual choice of correlation type, i.e., the kind of coherence transfer between spins, determines whether the spectrum provides information on bond and spin topology (in resonance assignment techniques), dynamics properties, or structural features. In this section, we discuss the spectroscopic methods to obtain such correlations under fast (>40 kHz) MAS conditions which are commonly employed in resonance assignment. A vast majority of the discussed techniques are also used (along with additional tailored RF schemes) to compose experiments reporting on structure or dynamics, discussed later in this review.

5.1. Block Design of Correlation Experiments

Multidimensional experiments, despite their apparent complexity, consist in fact of a relatively small number of concatenated primitive building blocks. A general scheme shown in Figure 22a encompasses ¹H excitation, several heteronuclear transfers or homonuclear mixing periods, interleaved with indirect evolution of chemical shifts, and a final acquisition of ¹H FID signal. A simple but fundamental 2D correlation usually employs a dipolar coupling based cross-polarization ("CP-HSQC",⁸³ Figure 22b) to effect a transfer between ¹H and a heteronucleus X. Spin pairs that undergo microsecond or faster time scale dynamics evade the transfer, but can sometimes be detected using scalar-based methods (refocused "J-HSQC", Figure 22c). Such a ¹H-¹⁵N transfer found application in historically first triple-resonance techniques.¹³⁹ However, as shown in Figure 23, it requires sufficiently long ¹H coherence lifetimes (on the order of $(2J_{XH})^{-1}$) for reasonable efficiency, thus it is practical only for extensively deuterated proteins¹³⁹ or otherwise requires very fast MAS (above 100 kHz). A



Figure 23. Efficiency of an out-and-back scalar-coupling-based transfer between ¹H and ¹⁵N (¹J_{NH} = 93 Hz) as a function of ¹H refocused coherence lifetime T''_2 (neglecting efficiency loss of refocusing the antiphase to in-phase ¹⁵N coherences). Red, light blue, and blue circles correspond to ¹H^N bulk coherence lifetimes reported, respectively, for deuterated, inverse fractionally deuterated, ¹⁰¹ and nondeuterated proteins. Labels denote the proteins, for which coherence lifetimes were reported in the following literature: UBQ, microcrystalline ubiquitin;^{50,142} GB1, microcrystalline β_1 Immunoglobulin Binding Domain of Protein G;^{90,111} SH3, microcrystalline superoxide dismutase;¹¹² SSB, gel-like precipitate of the tetrameric single-stranded DNA-binding protein;¹²⁰ AP205 sedimented, *Acinetobacter* phage 205 coat protein;^{90,111} $\beta_{2m_{D76N}}$, β_{2} microglobulin fibrils.⁶⁸ The MAS frequency is indicated for each case.

particular application is 1 H, 13 C *J*-HSQC of selectively protonated 13 CHD₂-labeled methyl sites, which usually outperforms CP-HSQC due to particular dynamics of methyl spins^{97,140} (nevertheless, the highest sensitivity at about 60 kHz MAS is obtained with 13 CH₃ labeling and CP-HSQC, at a slight expense of resolution 141). In either CP or *J* experiments, in contrast to a standard HSQC in solution NMR, in t_1 one evolves an in-phase 15 N or 13 C SQ coherence under constant 1 H decoupling for optimal resolution. Quite different than in solution, the HMQC-type of correlations proved disadvantageous even for extensively deuterated proteins, 141 since strong homonuclear 1 H interactions enhance relaxation of ZQ/DQ 1 H-X coherences present in t_1 , offsetting any gain of suppressed incoherent direct dipolar 1 H-X relaxation.

5.2. Cross-Polarization

Dipolar transfer, most notably cross-polarization, is the most common and sensitivity determining building block of protein experiments. Floquet theory predicts recoupling under constant RF irradiation of dipolar-coupled nuclei A and B under the following set of conditions:

$$\nu_{1,A} - \nu_{1,B} = \pm n' \nu_r \ (n' = 0, 1, 2) \tag{13}$$

$$\nu_{\rm LA} + \nu_{\rm LB} = \pm n\nu_{\rm r} \ (n = 1, 2) \tag{14}$$

referred to as respectively zero-quantum ("high-power")¹⁴³ and double-quantum ("low-power")144 CP conditions. Importantly, these two phenomena lead to opposite polarization transfer and interfere destructively if both conditions are exactly or approximately satisfied. As a consequence, there is a striking difference between CP at "slow" (Figure 24a) and "fast" MAS (Figure 24b,c). The increased spacing between ZQ and DQ conditions results in straightforward, predictable lowpower (in terms of ν_1/ν_R) conditions accessible at $60^{145,146}$ or 111 kHz MAS. Experimentally determined efficiency of ¹H,¹⁵N CP-HSQC at variable RF strength during first CP (dubbed "square plot", Figure 24d) generally follows the pattern predicted by spin dynamics simulations in SIMPSON.¹⁴⁷ Additional features, specifically the skewed and broadened CP bands, originate from B_1 field inhomogeneity on both RF channels and are possible to reproduce qualitatively (Figure 24e) using a relatively unsophisticated model of an RF coil comprising a few separate current loops. It is worth noting that due to a relatively broad B_1 distribution in a short MAS RF coil, CP conditions entail a spatial selectivity¹⁴⁸ and associated substantial sensitivity loss (compare Figure 24c,e). A common remedy is either a linearly ramped or tangentially modulated ("adiabatic" CP¹⁴⁹) RF strength for one nucleus, typically the one with larger RF amplitude (usually ¹H). Sensitivity improvement (Figure 24f) is two-fold: a larger sample volume contributes to the signal, and for a specific sample element, CP efficiency increases since deleterious effects of CSA are minimized. Ramped RF also broadens the effective CP condition (Figure 24f), thus contributing to higher stability of the transfer with respect to inevitable RF strength variations during long experiments. Recent CP RF schemes developed using optimal-control (OC) theory perform superior in recovering signal from sample in inhomogeneous B_1 field.¹⁴⁸ While, in principle, a specific OC pulse is extensively optimized for a particular MAS frequency, a relatively high efficiency (\geq 90%) can be retained in the range of 0.7–1.3 of nominal ν_R by appropriate rescaling of applied RF strength and pulse duration.¹⁵⁰ Nevertheless, for largely different MAS frequency ranges (e.g., 50-70 and 80-120 kHz) individually optimized pulses must be used to account for time scale of evolution of various recoupled or suppressed spin interactions (which are not flexible with ν_R).

CP transfer requires a certain time (dubbed "contact time") to build up, dependent on the magnitude of dipolar coupling $\omega_{\rm D}$ (in frequency units). For an isolated ¹H-X spin pair under MAS undergoing no stochastic motions, the transferred X spin signal intensity has an oscillatory nature described as $S(\tau) = 1 - \cos\left(\frac{\sqrt{2}}{4}\omega_{\rm D}\sin(2\beta)\tau\right)$, where β stands for the angle between an internuclear vector and the rotation axis and τ denotes the contact time.^{152,153} The first maximum should theoretically occur at approximately 60 μ s, 120 μ s, and 1.0 ms, for isolated ¹H-¹³C, ¹H-¹⁵N, and ¹³C'-¹⁵N spin pairs.



Figure 24. Efficiency of ¹H to ¹⁵N cross-polarization (a–c,e,f) simulated in SIMPSON¹⁴⁷ and (d) measured experimentally using the ¹H, ¹⁵N CP-HSQC experiment with variable ¹H and ¹⁵N RF strengths (within available power limits) during the first CP performed for a microcrystalline sample of maltose binding protein at 111 kHz MAS on an 18.8 T spectrometer. Theoretical CP efficiency at (a) 20, (b) 62.5, and (c) 111 kHz MAS with DQ and ZQ conditions color coded in blue and red, respectively. Simulations (a–c) assumed a uniform B_1 field within an RF coil, the same sample amount and coil geometry in all cases, a contact time of 300 μ s, and a spin system consisting of ¹⁵N and four ¹H spins (¹H^N, ¹H α ¹H β_2 , ¹H β_3) of a geometry and chemical shift tensors described in detail in ref 151. Time dependence of inhomogeneity (due to MAS) was not considered. (e) CP efficiency derived from (c) by taking into account the spatially dependent B_1 field distribution, modeled according to the Biot-Savart law in 10,000 sample voxels, and generated by an 8-loop RF coil with infinitely thin wire of a geometry closely corresponding to Bruker 0.7 mm coil design (courtesy of Frank Engleke, Bruker BioSpin GmbH). (f) CP efficiency assuming additionally a moderately ramped ¹H RF amplitude (varied from 0.9 to 1.0), as typically used for greater sensitivity and RF stability of the CP. All simulations included B_1 -dependent: excitation, sample coupling to the RF coil, and additional spatial filtering by a second CP (from ¹⁵N to ¹H). (g,h) Simulated relative efficiency of (g) ¹H to ¹⁵N to ¹H ("backward") CP as a function of a contact time for the cases where the ¹H RF amplitude is either constant (blue curve) or linearly varied from 0.8, 0.7, or 0.5 to 1.0 of the maximum RF over contact time (green, magenta, and orange curves, respectively).

For a multispin system with concurrent long-range ${}^{1}H-X$ dipole interactions, there is a superimposed slowly building contribution, which shifts the first maximum, and the major oscillation is damped with increasing τ (Figure 24g). The use of ramped RF on ${}^{1}H$ spin also suppresses oscillations since effective (crystallite-averaged) dipolar coupling is altered when traversing across Hartmann–Hahn conditions. Also, sample

elements in inhomogeneous B_1 field contribute at various time, further averaging out oscillations of CP signal. Excessive ramps should be avoided since the passage would span over destructively interfering ZQ and DQ condition (Figure 24g). For the case of ¹H-¹⁵N CP with a moderate ramp (e.g., 0.7 to 1.0), a plateau is achieved at about 6–8 ms (Figure 24g); however, in practice, the ¹H $T_{1\rho}$ -like relaxation leads to an optimum typically already at 2–3 ms. Particular care should be taken when optimizing the contact time of the backward transfer (from ¹⁵N to ¹H). Although simulation shows a maximum transfer in this case at about $\tau = 2$ ms (Figure 24h), due to relaxation and the undesirable signal dispersion over multiple ¹H sites one usually truncates the transfer at τ between 0.5 and 1 ms. Naturally, the ¹H–X optimal contact time can depend on the occupancy of proton sites: in perdeuterated samples, back-exchanged at labile sites, it is about 5 ms for both X = ¹³C α and ¹³C' as they undergo long-range transfers; however, in fully protonated samples, only ¹H–¹³C' experiences a slow CP buildup.

5.3. Solvent Signal Suppression

Proper hydration of a solid protein sample is crucial to preserve resolution and long coherence lifetimes (Figure 25a).¹⁵⁴ However, solvent ¹H signal, which is at least 1 order



Figure 25. Relevance of sample hydration and efficiency of water signal suppression in ¹H-detected MAS NMR. (a) Effect of gradual sample dehydration due to improper sealing of the rotor observed in ¹H 1D spectra that lead to degradation of resolution of ¹H and ¹⁵N resonances. (b–f) 1D spectra of a microcrystalline sample of chicken α -spectrin SH3 labeled uniformly with ²H, ¹³C, and ¹⁵N, selectively ¹³CH₃-labeled for ILV residues, and back-exchanged at labile ¹H sites, measured on a 18.8 T spectrometer in a 0.81 mm rotor at 94.3 kHz MAS. (b) Directly excited ¹H spectrum with a close-up of a baseline. 1D first-increment spectra of (c,e) ¹H, ¹⁵N and (d,f) ¹H, ¹³C CP-HSQC experiments performed with one-step (c,d) or two-step (e,f) phase cycling. Green curves correspond to spectra with active suppression of water resonance by MISSISSIPPI of 40 ms duration (without use of a homospoil gradient).

of magnitude stronger than those of protein (Figure 25b), requires effective means of suppression.⁸² While a certain degree of depolarization is already achieved with ¹H irradiation during CP (Figure 25c,d), an additional saturation, e.g., with a MISSISSIPPI scheme¹⁵⁵ over typically 50–200 ms, with or without a homospoil gradient,⁸² leads to a fairly effective suppression (Figure 25c,d). Recently, Ishii and co-workers proposed a novel scheme for suppression of solvent signal from

liquid phase employing adiabatic pulses (dubbed SLAP)¹⁵⁶ which improves its efficiency by a factor of 3 (with regard to MISSISSIPPI), using even smaller ¹H RF power and in a considerably shorter time (40–50 ms). The latter is of particular interest in the context of fast scan repetition (discussed in subsection 5.7), where solvent suppression contributes considerably to the overall experiment time.

When active suppression is combined with a basic coherence selection by appropriate phase cycling, the solvent signal is eliminated usually to the extent that no digital filtering is required (Figure 25e,f), provided stable experimental conditions (e.g., no coil vibrations) between scans. An important implication is the feasibility of ${}^{1}\text{H}\alpha$ -detected experiments under fast MAS.⁶²

5.4. Heteronuclear ¹⁵N-¹³C Transfer

An extension of HSQC of Figure 22b to triple-resonance experiments requires an introduction of a heteronuclear 15 N $^{-13}$ C transfer, which can be implemented by CP or, as in the early versions for perdeuterated proteins,^{139,157} by a scalar transfer (INEPT). Their relative efficiencies were meticulously compared for a microcrystalline sample of a deuterated ubiquitin spun at a frequency of 93 kHz.¹¹⁴ For a J-mediated out-and-back ${}^{13}C'-{}^{15}N$ transfer, the efficiency is equal to $\epsilon = \frac{\eta^2}{1+\eta^2} \exp(-2\eta^{-1} \tan^{-1}(\eta)), \quad \eta = \pi J_{\text{NC}'} T'_{2,N} \text{ and depends}$ only on a usually long ¹⁵N coherence lifetime (Figure 26a). The ${}^{13}C\alpha - {}^{15}N$ case, however, is more challenging due to the concurrent evolution of one- and two-bond couplings and smaller coupling constants. Experimental efficiencies of 41 and 22% were reported, strongly suggesting the preference of CP against INEPT at least for recording ${}^{1}H-{}^{15}N-{}^{13}C\alpha$ correlations. Recently, it was also suggested that ¹⁵N,¹³C TEDOR significantly outperforms CP in deuterated microcrystalline proteins.¹⁵⁸

¹⁵N–¹³C CP is slightly different from the above considered ¹H–X CP in a sense that a typically available RF power allows only a DQ condition under fast MAS, which also entails higher spatial selectivity (i.e., lower tolerance to B_1 inhomogeneity). There are three additional important considerations. First, ¹⁵N–¹³C CP can be approximated by an isolated spin pair with a dominant coupling of $D_{NC'} = 1.3$ kHz or $D_{NC\alpha} = 1.0$ kHz, which justifies the use of adiabatic CP,¹⁴⁹ with the RF strength modulated tangentially as

$$\omega(t) = \omega_{\text{avg}} + D_{\text{NC}}^{\text{eff}} \tan\left(\frac{2}{\tau} \tan^{-1}\left(\frac{\Delta}{D_{\text{NC}}^{\text{eff}}}\right) \left(t - \frac{\tau}{2}\right)\right)$$
(15)

where $D_{\rm NC}^{\rm eff}$ is the orientation-averaged dipolar coupling, Δ is the empirically optimized modulation depth, and $\omega_{\rm avg}$ is the average RF strength. Second, ${}^{15}{\rm N}{-}^{13}C\alpha$ CP occurs primarily between the bonded nuclei, as the inter-residue coupling is approximately 4.4-fold smaller, and the transfer is further reduced due to the stronger coupling, though not to the extent of truncation in homonuclear recoupling.¹⁶⁰ This, compared to solution NMR, greatly simplifies the spectra correlating ¹H, ${}^{15}{\rm N}$ and ${}^{13}C\alpha$ nuclei. Finally, in the case of ${}^{15}{\rm N} \rightarrow {}^{13}{\rm C}\alpha$ ("reverse") transfer, one should ensure that ${}^{15}{\rm N}{-}^{13}C\alpha$ and ${}^{15}{\rm N}{-}^{13}{\rm C}'$ RF matching conditions do not overlap by preferring a low-power ${}^{13}{\rm C}$ irradiation (SPECIFIC-CP^{161,162}). Should this require a prohibitively high RF of ${}^{15}{\rm N}$, at least a proper time order of the two conditions can be imposed by choosing a



Figure 26. Efficiency of an out-and-back scalar transfer between (a) ¹⁵N and ¹³C', (b) ¹³C' and ¹³C α , and (c) ¹³C α and ¹³C β as a function of ¹⁵N, ¹³C', or ¹³C α refocused coherence lifetime, respectively, and a reduced variable η (see text). Triangles, circles, and squares correspond to bulk coherence lifetimes reported in the literature for heteronuclei in deuterated, inverse fractionally deuterated, ¹⁰¹ and nondeuterated proteins at MAS frequency labeled for each case: UBQ, ¹¹⁴ GB1, ^{90,111} SH3, ⁸⁶ SOD, ^{68,112} AP205, ^{111,159} and β 2mD76N (fibrils).⁶⁸ Protein name abbreviations are the same as in the caption to Figure 23.

certain direction of RF ramp (increasing 13 C or decreasing 15 N RF strength over the contact time).⁵⁹

5.5. Homonuclear ¹³C—¹³C Transfer

A majority of triple-resonance experiments also employ a ¹³C homonuclear transfer to route the coherence pathway through ¹³C nuclei within the backbone (between ¹³C α and ¹³C') or side-chains. One-bond transfer is particularly convenient for the use of INEPT (Figure 27a) and usually provides very high efficiency for the out-and-back (Figure 27b) ${}^{13}C' - {}^{13}C\alpha - {}^{13}C'$ pathway¹⁵⁹ (Figure 26b). An analogous ${}^{13}C\alpha - {}^{13}C\beta - {}^{13}C\alpha$ scalar transfer¹⁵⁹ is efficient only if refocused ¹³C α lifetime T'_{2} is above 20 ms (Figure 26c), thus either in perdeuterated proteins¹¹⁴ or for fully protonated ones under MAS above 100 kHz,¹¹¹ where large ${}^{1}H^{-13}C\alpha$ dipolar couplings (≈ 22 kHz) are sufficiently suppressed.⁶² Alternatives for the one-bond $^{13}C-^{13}C$ transfer are dipolar-based techniques, such as DREAM (Figure 27f)^{163,164} or band-selective homonuclear CP (BSH)¹⁶⁵ (Figure 27g). Particularly, DREAM, an adiabatic passage through the ¹³C HORROR condition, proved attractive for incorporation in triple-resonance experiments under slow¹⁶⁶ and fast MAS,¹¹⁴ due to low RF power required $(\nu_1 = \nu_R/2)$ and spin selectivity adjustable with the RF offset. A particular care must be taken for ${}^{13}C'-{}^{13}C\alpha$ DREAM transfer at high B_0 fields and intermediate MAS frequencies, where

large chemical shift difference approaches or exceeds the effective DREAM bandwidth of about 0.5 ν_R . In this case, a frequency-selective transfer can still be obtained up to $\Delta\nu$ ($^{13}C'-^{13}C\alpha$) = 0.9 ν_R but with an altered DREAM RF strength.¹⁶⁴

Homonuclear ¹³C mixing schemes are also core elements of experiments for assignment of side-chain ¹³C (and ¹H) resonances. Low-power variants of the symmetry-based rotorsynchronized TOBSY technique¹⁶⁷ are suitable under fast MAS.¹⁶⁸ In this symmetry-based method built around $C9_n^1$ with POST block¹⁶⁹ (Figure 27c), anisotropic interactions (¹³C CSA and D_{CH}) are suppressed to the first order, and the transfer is predominantly mediated by one-bond ¹³C couplings $({}^{1}J_{CC} = 35 \text{ Hz})$. A similar logic supports the use of the classical solution NMR decoupling scheme WALTZ¹⁷⁰ at rotation frequency-dependent RF amplitude $\nu_1 = \nu_R/4$ (Figure 27e).^{62,111} Interestingly, under fast MAS a mostly scalarbased transfer within the ¹³C spin network can be obtained in a rotor-asynchronous mode using the MOCCA scheme (Figure 27d),¹⁷¹ although conditions under dipolar or CS recoupling are attenuated, are somewhat empirical, and require further investigations. In contrast to the slow spinning conditions, a dipolar-based DREAM can be employed for mixing within the full aliphatic ¹³C band, with the specific effect of alternating signs of cross-peaks or their possible cancellations.^{166,10}



Figure 27. Simplified RF schemes for commonly used ¹³C homonuclear mixings. (a–e) Transfers based predominantly on ¹³C–¹³C scalar couplings. Schemes in (f–h) recouple either dipolar ¹³C–¹³C couplings (f–h) or (i) higher-order cross-terms involving also ¹H–¹³C dipolar couplings. In (a) and (b), bell-shaped pulses represent band-selective pulses; "BS" denotes the Bloch–Siegert phase compensation pulses, and δ_j is a delay adjusted to the magnitude of scalar coupling: $\delta_j = (4J)^{-1}$.

Suitable dipolar-based schemes are also finite-pulse RFDR¹⁷² (Figure 27h), efficient particularly for small side-chain spin systems (3–4 spins), or symmetry-based CORD¹⁷³ with a short mixing time (Figure 27i). A combination of the mentioned first-order (RFDR) and second-order (CORD) recoupling methods was shown to overcome dipolar truncation effects and lead to more uniform transfers or even long-range ${}^{13}C-{}^{13}C$ contacts in uniformly labeled proteins at moderate MAS (40 kHz).¹⁷⁴ However, extended periods of ${}^{1}H$ irradiation during CORD may compromise hydration of fragile biomolecular samples at very fast MAS.

5.6. Band-Selective Pulses

Important building blocks of the ¹³C-¹³C INEPT blocks of Figure 27a,b and of evolution periods of either ${}^{13}C'$ or ${}^{13}C\alpha$ chemical shifts are band-selective inversion and refocusing pulses. Established solution NMR designs such as Gaussian cascades $(Q3, Q5)^{175}$ or BURP-family members (iBURP-2, ReBURP)¹⁷⁶ can be employed,¹⁷⁷ with the steepness of a transition band, and top-hat profile being minor differences (Figure 28a,b). Under fast MAS ($\nu_R \gtrsim 60$ kHz), their performance is indistinguishable from the "isotropic" case (where all anisotropic interactions are neglected), whereas at $\nu_R = 20$ kHz insufficiently averaged CSA side-bands degrade the pulse quality for ${}^{13}C'$ and, to a smaller extent, also for ${}^{13}C\alpha$ spins (Figure 28c,d). The application of selective pulses at fast MAS is further facilitated by the fact that their bandwidth (thus also RF strength and duration) can be adjusted in a wide range without recoupling of anisotropic interactions (Figure 28e). Therefore, modern convenient implementations of tripleresonance pulse programs¹⁷⁸ automatically determine shaped pulse parameters. In contrast, at 20 kHz MAS, even very selective (long) Q3 pulses, which retain high on-resonance performance, simultaneously invert spins on a spinning sideband (i.e., ν_R apart from the irradiation offset) (Figure 28e). It is worth noting that a simultaneous inversion of $^{13}C'$ and ^{13}Ca spins, as required in the INEPT block (Figure 27a), historically performed by a rectangular π pulse, can also be accomplished by a pairs of shaped pulses (Figure 28f). The latter choice optimizes efficiency and reduces phase distortions that otherwise occur due to limited RF strength available for ^{13}C rectangular pulses ($\nu_1 < 100$ kHz).

5.7. Heteronuclear Decoupling

Decoupling of heteronuclear interactions with rare spins, i.e., ¹H coherences from ¹⁵N and ¹³C spins, is a trivial task under MAS frequencies exceeding the direct dipolar coupling (approximately 22 and 14 kHz for bonded ¹H-¹³C and $^{1}H^{-15}N$ spins, respectively). The remaining scalar interaction is suppressed by conventional WALTZ-16¹⁷⁰ or DIPSI-3¹⁷⁹ decoupling with a moderate RF strength ($\nu_1 = 10-20$ kHz), determined by a bandwidth of spins to decouple and the figure of merit of a particular decoupling scheme. The opposite case, i.e., a decoupling of heteronuclear (¹³C and ¹⁵N) coherences from abundant ¹H spins, is fundamentally different due to evolution of multispin ¹H system on a time scale of sample rotation, including coherent and incoherent effects (e.g., ZQ transitions). Efficient ¹H decoupling for fully protonated samples of proteins undergoing dynamics on a time scale of the rotor period ($\approx 10 \ \mu s$) is crucial for both heteronuclear resolution and efficiency of ¹³C-¹³C INEPT transfer^{180,181} and remains an active area of research.¹⁸² Irrespective of a particular decoupling scheme, a recoupling of dipolar ¹H⁻¹³C interactions is destructive to heteronuclear coherences at $\nu_{1H} = \nu_R$ or $2\nu_R$.¹⁸³ At 20 kHz MAS, a substantial RF strength (>5 ν_R) is required for efficient continuous-wave decoupling (Figure 29). As first demonstrated by Emsley and co-workers,^{146,184} under 60 kHz MAS or above, a very efficient



Figure 28. Inversion profiles of Q3 (a,c,e–h) and ReBURP (b,d) pulses acting on (a,b,e,f) 13 C' and (c,d,g,h) 13 C α spins in a three-spin system (including additionally a 13 C β spin), simulated using SIMPSON. Simulations were performed for spinning frequencies of 20, 62.5, and 100 kHz and are color coded in (a–d) with green, orange, and blue curves, respectively. Additionally, an isotropic case was emulated by preserving only isotropic chemical shifts, and the corresponding curve (magenta) virtually superimposes with the case of 100 kHz MAS. The duration of Q3 and ReBURP pulses were set to, respectively, 179.6 and 244.2 μ s to ensure an identical nominal bandwidth of 19 kHz (95 ppm for 13 C at 18.8 T). (e– h) Inversion profiles of Q3 pulses with duration and RF amplitude varied accordingly to yield a nominal bandwidth of 50, 25, 10, 5, and 2.5 kHz are shown as red, green, blue, magenta, and orange curves, respectively. In simulations, MAS frequency was set to (e,g) 100 and (f,h) 20 kHz. (i) Inversion profiles of two independent Q3 pulses applied at the centers of a chemical shift band of 13 C' (176 ppm, magenta) and 13 C α (56 ppm, blue), superimposed with inversion profiles of rectangular π pulses of RF amplitude $\nu_{1C} = 100$ (red curve) and 75 kHz (in green) applied at the offset between 13 C' and 13 C α chemical shifts are indicated. In (i), a spinning frequency of 100 kHz was assumed. In all simulations, the following spin system parameters were set: (δ_{iso} , δ_{aniso} , η) = 175.0 ppm, 124.3 ppm, 0.99 (for 13 C'); 6.8 ppm, -30 ppm, 0.89 (for 13 C α); 40.6 ppm, 25.9 ppm, 0.98 (for 13 C β) = 2180 Hz, $J({}^{13}$ C' ${}^{-13}$ C α) = 50 Hz, $D({}^{13}$ C $\alpha {}^{-13}$ C β) = 2085 Hz, $J({}^{13}$ C $\alpha {}^{-13}$ C β) = 3 Hz; 1 ppm of 13 C corresponds approximately to 200 Hz at assumed B_0 field of 18.8 T.



Figure 29. Efficiency of ¹H continuous-wave (a–c) and swept-frequency TPPM (d–f) decoupling as a function of RF amplitude ($\nu_{\rm H} = \gamma_{\rm H}B_1/2\pi$) varied between 0 and 350 kHz, monitored with the intensity (and linewidth) of ¹³C α resonances of a microcrystalline sample of uniformly ¹³C, ¹⁵N-labeled N-formylated Met-Leu-Phe tripeptide (purchased from Giotto Biotech, Italy) packed into a 0.81 mm MAS rotor. For each decoupling condition, a 1D ¹³C signal was acquired for 24.5 ms under ¹H decoupling immediately after ¹H, ¹³C CP. For SW_f TPPM, the phase difference within the primitive pulse pair was set to 25°, and the pulse duration was varied between 0.78 and 1.22 of a nominal length τ_{180} . Measurements were performed at B_0 field of 18.8 T at 100, 62.5, and 20 kHz MAS, using a MAS probe built by the group of Samoson (Darklands OU, Estonia).

decoupling is feasible also with a low-power ¹H irradiation ($\nu_{1\text{H}}$ between $\nu_R/4$ and $\nu_R/2$, see Figure 29a,b). Carefully optimized swept frequency^{185,186} two-pulse phase modulation¹⁸⁷ (SW_fTPPM) allows one to broaden the low-power decoupling condition, increasing its efficiency virtually to the case of infinite RF for rigid molecules (Figure 29d). Alternative schemes such as X-inverse-X (XiX),¹⁸⁸ its amplitude modulated and supercycled version (AM-XiX),¹⁸⁹ PISSAR-RO,¹⁹⁰ or refocused continuous-wave (rCW)¹⁹¹ have been proposed in the context of fast MAS. The benefit of the low-power decoupling condition is two-fold: fragile samples are no longer exposed to detrimentally strong ¹H RF irradiation for extended periods of time, and faster recycling is allowed compared to typical conditions of triple-resonance experiments at slow MAS.

Protein partial deuteration, while beneficial for ¹H linewidths and coherence lifetime, can have adverse effects on ¹³C resolution due to nonuniform isotope shifts in mixtures of isotopomers,^{90,192} second-order scalar relaxation, or scalar onebond couplings (${}^{1}J_{CD} \approx 19-23$ Hz). The last two effects can be tackled given either home-built¹⁹³ or commercially available probes (Bruker) with a ²H channel. Only a weak RF irradiation (1-2 kHz) using WALTZ decoupling is sufficient to remove 1:2:3:2:1 quintets in CHD₂ groups^{141,193} (Figure 30a,b). Another relevant application is removal of triplet splittings (or quintets for Gly) in ${}^{13}C\alpha$ dimension of (H)CANH and (H)(CO)CA(CO)NH experiments (Figure 30c,d). The potential of resolution enhancement for other ¹³C sites (e.g., ${}^{13}C\beta$) is limited due to difficulties in removing ${}^{13}C-{}^{13}C$ scalar couplings by selective pulses and the magnitude of ${}^{1}J_{CC}$ (35 Hz) that obscure ${}^{1}J_{CD}$ fine structure.

6. SEQUENTIAL RESONANCE ASSIGNMENT

Site-specific resonance assignment is a key step toward the indepth analysis of dynamics, interaction or structural NMR data. Biopolymers are usually characterized by a large number of resonances, high degree of frequency overlap, but repetitive local bond topology. Thus, a reasonable solution is a systematic process which relies on correlation of detected ¹H spins to shared neighboring heteronuclei, usually ¹³C and ¹⁵N, leading finally to the sequence of resonances along the biopolymer backbone. To this end, one employs multidimensional (at least 3D) spectra on uniformly ¹³C- and ¹⁵N-labeled samples, where unambiguous chemical shift correlations originate mostly from short-range spin interactions, e.g., one-or two-bond scalar or short-distance (through-space) dipolar couplings.

6.1. Backbone Assignment Using H^N Detection

A significant ¹H line narrowing under fast MAS (\geq 40 kHz) suggested that systematic resonance assignment strategy established in solution NMR, centered around the detected amide ¹H resonances, can be adapted in a straightforward way for immobilized proteins. The classical solution NMR protocol aims at correlating amide ¹H,¹⁵N with inter- and intraresidue $^{13}C\alpha$, $^{13}C\beta$, and $^{13}C'$ chemical shifts in experiments such as HNCO, HNCA, 194,195 and HNCACB. 196 The simplest (H)CANH and (H)CONH correlation experiments based exclusively on dipolar transfers were first proposed by Rienstra and co-workers at 40 kHz MAS in application to ¹³C,¹⁵Nlabeled protein GB1.54 Soon, Reif and co-workers showed that a direct translation of (entirely J-based) solution NMR experiments HNCO, HNCA, and HNCACB can yield sequential backbone assignment of a perdeuterated model α spectrin SH3 domain at relatively slow MAS (9 and 14 kHz).¹³⁹ The same group then adapted the solution NMR HN(CA)CO experiment which provides intraresidue correlations to ¹³C' resonances and showed that at these conditions C' nuclei feature exceptionally narrow lines (≈ 15 Hz).¹⁹⁷ Shortly after, Pintacuda's group proposed (H)CO(CA)NH and (H)CA(CO)NH experiments¹⁷⁷ which make use of heteronuclear dipolar and homonuclear scalar transfers. These implementations are applicable to moderately or nondeuterated samples under fast MAS (≥50-60 kHz) and thus represent a more general solution to obtain intraresidue $^{13}C'$ and inter-residue $^{13}C\alpha$ chemical shifts. Finally, the



Figure 30. (a) Leu- ${}^{1}H \beta / {}^{13}C \delta$ and Val- ${}^{1}H \gamma / {}^{13}C \gamma$ region of ${}^{1}H, {}^{13}C J$ -HSQC recorded for a sample of perdeuterated microcrystalline sample of GB1 protein, with selectively ${}^{13}C^{1}HD_{2}$ -labeled methyl Ile- δ_{1} and Pro-R groups of Leu and Val (and otherwise at natural abundance of ${}^{13}C$ and ${}^{12}C$). ${}^{13}C$ chemical shifts were indirectly evolved up to 24.8 ms under low-power ${}^{1}H$ decoupling (black contours) or additionally under ${}^{2}H$ WALTZ decoupling (red contours). (c) 2D (H)CA(N)H planes of (H)CANH experiment recorded for uniformly ${}^{13}C, {}^{15}N, {}^{2}H, {}^{1}H^{N}$ -labeled GB1 under low-power ${}^{1}H$ decoupling (black contours) or additionally under ${}^{2}H$ WALTZ decoupling (red contours), as well as with ${}^{13}C'$ and ${}^{13}C\beta$ selective inversion pulses during ${}^{13}C\alpha$ evolution time ($t_{1,max} = 20$ ms). (b,d) Comparison of ${}^{13}C$ linewidths for three selected (b) methyl ${}^{1}H, {}^{13}C$ or (d) ${}^{13}C\alpha - {}^{1}H^{N}$ cross-peaks. All spectra were recorded using a Bruker 0.7 mm HCND MAS probe on a 18.8 T spectrometer at 111 kHz MAS.

incorporation of out-and-back INEPT transfers allowed recording intra- and inter-residue correlations to ${}^{13}C\beta$ with (H)(CA)CB(CA)NH¹⁵⁹ and (H)(CA)CB(CA)(CO)NH¹⁹⁸ experiments, respectively. Figure 31a–f gathers the state-of-the-art implementations of these six experiments. It is noteworthy that implementations with scalar ${}^{13}C$ transfers replaced by either adiabatic (DREAM)¹¹⁴ or nonadiabatic¹⁹⁹ passage through the HORROR condition can be advantageous for nondeuterated and noncrystalline preparations such as amyloid fibrils¹⁹⁹ or membrane-embedded proteins, which usually show shorter ${}^{13}C$ coherence lifetimes.

The complete protocol was demonstrated on a variety of deuterated¹⁹⁸ (see spectra for *Acinetobacter* phage 205 (AP205) coat protein in Figure 32a) and protonated¹²⁰ proteins at 60 kHz MAS, and, while largely successful, also showed certain limitations of the approach.

First, ¹H and ¹⁵N linewidths determine the limiting size of a protein for which resolution of a ¹⁵N CP-HSQC presents an impassable barrier for either manual or automated assignment. Additionally, increased overlap in 3D spectra leads indirectly to loss of resolution, since peak positions are increasingly difficult to define. Second, a success of the approach requires the presence of corresponding peaks in both intra- and interresidue correlation spectra. Unfortunately, there is a considerable sensitivity difference between experiments in each of the

three kinds of correlations (Figure 33) due to the uneven number of ${}^{13}\text{C}{-}^{13}\text{C}$ transfers. In this respect, the efficiency of the correlations can be optimized by smart exploitation of the delays necessary to evolve scalar couplings and chemical shifts of the backbone nuclei. For example, the implementation of the experiments presented in Figure 33 shows two significant improvements with respect to those reported in ref 198. In the (H)CO(CA)NH experiment (Figure 33c), the ${}^{13}\text{C}{-}^{13}\text{C}$ scalar transfer time can be exploited for a semi-constant time evolution of the ${}^{13}\text{C}'$ chemical shift. In the (H)(CA)CB(CA)-(CO)NH (Figure 33f) experiment, $C\alpha$ - $C\beta$ and C'- $C\alpha$ scalar transfer blocks are concatenated and produce an overall efficiency similar to that of the shorter (H)(CA)CB(CA)NH sequence.

Another concern is that, while correlations to ${}^{13}C\alpha$ and ${}^{13}C'$ show generally higher sensitivity compared to those to ${}^{13}C\beta$, the obtained chemical shifts do not provide specific information on a residue type, which is essential in the assignment process. Regarding the accuracy of ${}^{13}C$ frequency matching between pairs of correlations, it should be emphasized that, at least for deuterated proteins, ${}^{13}C$ linewidths are close to those in solution NMR, the scalar couplings to ${}^{13}C\beta$, ${}^{2}H$ and to ${}^{13}C\alpha$, ${}^{13}C\gamma$ and ${}^{2}H$ being the major limiting factors for ${}^{13}C\alpha$ and ${}^{13}C\beta$ spins, respectively.^{200,201} To summarize, a pair of correlations to ${}^{13}C\alpha$ is



Figure 31. RF irradiation schemes of 3D correlation experiments with backbone amide ¹H detection. Experiments in each row yield a pair of matching correlations to (a) intra- and (b) inter-residue ${}^{13}C\alpha$ (${}^{1}H_{i}$ - ${}^{15}N_{i}$ - ${}^{13}C\alpha_{i}$ and ${}^{1}H_{i}$ - ${}^{15}N_{i}$ - ${}^{13}C\alpha_{i-1}$, respectively), (c) intra- and (d) interresidue ${}^{13}C'$ (${}^{1}H_i - {}^{15}N_i - {}^{13}C'_i$ and ${}^{1}H_i - {}^{15}N_i - {}^{13}C'_{i-1}$, respectively), (e) intra- and (f) inter-residue ${}^{13}C\beta$ (${}^{1}H_i - {}^{15}N_i - {}^{13}C\beta_i$ and ${}^{1}H_i - {}^{15}N_i - {}^{13}C\beta_{i-1}$, respectively), (g) preceding and (h) successive ${}^{15}N$ (${}^{1}H_i - {}^{15}N_i - {}^{15}N_{i-1}$ and ${}^{1}H_i - {}^{15}N_i - {}^{15}N_{i+1}$, respectively). For each pair, color-coded coherence transfer pathways are illustrated on a schematic structure of a protein backbone (note that the first transfer involves both short- and long-range CP). High-power $\pi/2$ and π flip angle pulses are denoted as narrow and wide rectangles, respectively. ¹³C α , ¹³C α /¹³C β , or ¹³C'-selective Q3 pulses are shown as solid bell shapes; the orange bell shapes in (f) represent ${}^{13}C\alpha$ or ${}^{13}C'$ -selective Q5 pulses, and the open bell shapes in (c,g,h) denote $^{13}C\alpha$ -selective ReBURP pulses. Gray bell shapes denote pulses for compensation of Bloch-Siegert phase. Heteronuclear decoupling and CP transfers are shown as gray rectangles and orange rectangles or trapezoids, respectively. In all experiments except (H)CANH and (H)CONH, scalar coupling is employed for homonuclear ¹³C transfer and highlighted in blue, light red, and green for ¹³C' \rightarrow ¹³C α , ¹³C α \rightarrow ¹³C', and ¹³C α \rightarrow ¹³C β transfers, respectively. Corresponding transfer delays δ_1 , δ_2 , and δ_3 should be set to the relaxation-adjusted values: $\delta_1 = 1/2 \tan^{-1}(\pi J_{CaC'}T'_{2,C'})/2$ $(\pi J_{CaC'}), \delta_2 = 1/2 \tan^{-1}(\pi J_{CaC'}, T'_{2,Ca})/(\pi J_{CaC'}), \delta_3 = 1/2 \tan^{-1}(\pi J_{CaC\beta}, T'_{2,Ca})/(\pi J_{CaC\beta}),$ with the exception of pulse sequence (f) where the full transfer time $\delta_2^* = 1/4(J_{CaC})^{-1}$ and $\delta_3 > \delta_2^*$ must be set. All phases are applied along the x axis except for the pulses labeled with encircled numbers, for which the phases are cycled as follows: in all sequences, $\bigcirc = yy \overline{yy} \overline{yy} yy$, $\bigcirc = x\overline{x}$, $\bigcirc = yy \overline{yy}$, $\bigcirc = y$. In (b,e,f), $\bigcirc = x$, and in (g,h), $\bigcirc = x$. 8(x)8(y). Additionally, in (a-d,f,g,h), © = xy for suppression of undesired pathways. In (a-f), $\phi_{rec} = x\overline{x}x\overline{x}$ $\overline{x}x\overline{x}x$, and in (g,h), $\phi_{rec} = x\overline{x}$ $\overline{x}\overline{x}$ $\overline{x}x\overline{x}$ xx xx xx xx. The full phase-cycle length of 8 for (a-f), and 16 (g,h) can be reduced to 4 and 8, respectively, with a minimal loss of quality. The phases of the MISSISSIPPI pulses ④ = xyxy are not cycled. Open and filled red (or blue) circles indicate phases which are respectively incremented or decremented for quadrature detection in t_1 (or t_2) according to the States-TPPI procedure. Off-resonance CP or selective pulses are performed with a fine stepwise phase modulation. The former require appropriate phase alignment either at the beginning or end of the CP pulse. In (b) and (c), 13 C chemical shifts are evolved off-resonance; however, folding (aliasing) of resonance frequencies is avoided by t_1 time-proportional phase incrementation: $\Delta \varphi = 360^{\circ} \Delta \Omega t_1$ (in degrees), $\Delta \Omega = \Omega_{C'/C\alpha} - \Delta_{carrier'}$ where $\Omega_{C'/C\alpha}$ are effective (requested) centers of either ¹³C' or ¹³C\alpha bands. In (c), transfer time δ_1 is exploited for a constant-time evolution of ¹³C' if $t_1 < \delta_1$; otherwise, a real-time mode is used. Panels (a-f) were adapted with permission from ref 198 (copyright 2014 American Chemical Society) and panels (g-h) from ref 200 (copyright 2015 Springer Nature).

typically sensitive and weakly indicates a few amino acid types but alone is insufficient to yield unambiguous assignment due to resolution limitations of ${}^{13}C\alpha$. Correlations to ${}^{13}C'$ potentially benefit from superior resolution (in Hz) due to absence of irrefocusable scalar coupling and usually longer ${}^{13}C'$ coherence lifetimes but suffer from a narrow chemical shift distribution. The correlations to ${}^{13}C\beta$ are superior in terms of frequency matching^{200,201} but are often incomplete due to lower sensitivity. One final flaw of the approach is the vulnerability of a large set of six experiments to instrumental (B_0 field, shim, temperature) or sample temporal instability. A number of solutions have been proposed to tackle the above issues. To a certain extent, the limited resolution of 3D spectra was addressed by high-dimensional extensions of the four



Figure 32. Representative 2D cross sections (strip plots) from (a) six H^N -detected 3D experiments providing intra- and inter-residue correlations to ¹³C', ¹³C α , and ¹³C β chemical shifts and (b) five H α -detected 3D experiments correlating to ¹³C', ¹⁵N, and ¹³C β . Chemical shift of the orthogonal (a) ¹⁵N or (b) ¹³C α dimensions is indicated in each strip. Spectra were recorded on the deuterated (a) and nondeuterated (b) U-¹³C, ¹⁵N-labeled samples of *Acinetobacter* phage 205 coat protein. Adapted with permission from (a) ref 198 (copyright 2014 American Chemical Society) and (b) ref 62 (copyright 2016 John Wiley & Sons).

experiments which provide correlations to ${}^{13}C\alpha$ and ${}^{13}C'.{}^{202}$ Heterogeneous samples can greatly benefit from this approach as showed by Linser and co-workers (Figure 34). 199

An orthogonal approach was a direct correlation of amide pairs using directional transfer through intervening ${}^{13}C\alpha$ and ¹³C' spins in (H)N(CA)(CO)NH and (H)N(CO)(CA)NH experiments^{200,201} (Figure 31g,h). Since, in principle, the resonance connectivity is derived in a single experiment, the impact of instrumental instabilities is minimal. Narrow lines, well-distributed 15N chemical shifts and the absence of diagonal peaks contribute to high resolution of these spectra, the only disadvantage being relatively low sensitivity due to in total five coherence transfer steps. High dimensional extensions were also proposed, in which either all ¹H and ¹⁵N dimensions (in 4D HN(CA)(CO)NH²⁰³ and 5D HN(CA)CONH²⁰⁴), or all ¹³C chemical shifts are recorded (5D (H)NCACONH and (H)NCOCANH).⁶⁸ They showed potential to obtain resonance assignment of either heterogeneous samples or large microcrystalline proteins^{203,204} or to automate the process to the extent that no manual spectral analysis is required.⁶⁸

6.2. Backbone Assignment Using H^{α} Detection

Availability of spinning frequencies above 100 kHz enabled a complementary assignment strategy based on detection of α protons, which were shown to feature similar or even smaller linewidths than for amide ones.⁶² In fact, H α are not engaged in H-bonds and thus are less susceptible to temperature gradients or instabilities or to sample structural heterogeneity as, for example, prevalent in amyloid fibrils.^{62,192} For the homogeneous contribution to linewidths, similar lifetimes (2.5-3 ms) as for amide protons were observed in non-deuterated proteins.⁶² The ability to record sensitive 2D ¹H,¹³C correlations, with the α -region virtually devoid of residual solvent signal, permitted a development of a set of five triple-resonance experiments in which two pairs yield matching intra- and inter-residue correlations of ${}^{1}\text{H}\alpha$ and ${}^{13}\text{C}\alpha$ to amide ¹⁵N and ¹³C' chemical shifts (note that the (H)NCAHA experiment was originally proposed by Rienstra's group⁵⁴). The (H)(CA)CBCAHA experiment, although alone does not offer sequential resonance matching, shows a significantly higher sensitivity than the H^N-detected analogue due to topological proximity of ${}^{1}\text{H}\alpha$ to ${}^{13}\text{C}\beta$ spins. Representative

MBP, ¹³C, ¹⁵N

(371 aa)



Figure 33. Sensitivity of eight H^N-detected triple-resonance correlation experiments of Figure 31 relative to ¹H,¹⁵N CP-HSQC, measured in the first FIDs on a ¹³C,¹⁵N-labeled sample of microcrystalline maltose binding protein under 107 kHz MAS and at $B_0 = 18.8$ T.

strips for H α -detected experiments, also for AP205 coat protein, are shown in Figure 32b. It is noteworthy that, with lower MAS frequencies available, the strategy is applicable to samples with other labeling schemes that show high occupancy of H α sites but a certain degree of deuteration, such as α -PET,¹⁰² iFD,¹⁰¹ or partial random deuteration.¹⁹²

Interestingly, if chemical shifts of only ${}^{1}\text{H}\alpha$ (or ${}^{1}\text{H}\beta$) are sought (e.g., for the secondary structure information encoded) and amide ${}^{1}\text{H}^{N}$ resonances are already assigned, correlations can be obtained using inverse second-order CP transfer directly from amide ${}^{15}\text{N}$, in principle, even in (singly) ${}^{15}\text{N}$ labeled proteins.²⁰⁵ Otherwise, a combination of (H)CANH and (H)NCAHA spectra should yield unambiguous extension of the assignments to ${}^{1}\text{H}\alpha$ resonances.

As the experimental toolset for resonance assignment increases, so does the issue of chemical shift inconsistency across the entire data set. It was shown recently that the medium term, approximately linear B_0 instabilities can be tackled at the data processing stage with appropriate phase corrections.²⁰⁶ Even the nonlinear magnet drifts, usually occurring after helium fill or magnet charging, helium boil-off or during probe (and bore) temperature stabilization after insertion, can be monitored by small-angle excitation of ¹H spectra and corrected afterward.²⁰⁷ A dedicated hardware, dubbed the bore temperature control system,²⁰⁸ was also proposed as a remedy for fast B_0 drifts related to bore temperature changes during probe equilibration after insertion or during temperature-swept spectral series.

A complementary approach to improve agreement of chemical shifts is an interleaved acquisition of independent intra- and inter-residue correlation experiments, although its implementation is technically challenging. An elegant alternative is a parallel acquisition of H α - and H^N-detected experiments, which offers additional sensitivity gains. Pairwise combinations for intra- and inter-residue ¹³C-¹⁵N-¹H correlations were demonstrated. ^{151,209} Direct amide-to-amide coherence transfer schemes^{200,201} offer even greater opportunities for the recovery of typically suppressed chemical shift correlations (so-called RAVASSA approach).^{151,210} Notably, the obtained data sets are amenable to automated analysis as demonstrated¹⁵¹ by the backbone resonance assignment of 371-residue maltose binding protein by FLYA.²¹¹

6.3. Assignment of Side-Chain Resonances

Access to side-chain ¹³C chemical shifts presents a great value to sequential resonance assignment since they reliably identify the amino acid types (note that such information is key in ¹³Cdetection-based strategies, in which these chemical shifts are derived from, e.g., the (H)NCACX experiment). For



Figure 34. Assignment of heterogeneous filaments of protein Tau.^{63,199} (a) Backbone walk using a pair of 4D nonuniformly sampled (H)CACONH and (H)COCANH spectra (black and pink contours, respectively), illustrated by a sequence of alternating 2D H^N/N and ${}^{13}C\alpha/{}^{13}C'$ (orthogonal) cross sections. The strategy is supplemented by a 3D (H)N(CO)(CA)NH spectrum (gray contours). (b) Coherence transfer pathways of the three experiments used, sketched on a protein backbone. Adapted with permission from ref 199. Copyright 2016 Royal Society of Chemistry.

perdeuterated proteins, back-exchanged at labile sites, identification of ¹³C shifts beyond ¹³C α and ¹³C β presents a challenge due to increased distance from the only available source of proton polarization (¹H^N). However, as demonstrated⁹¹ by Reif and co-workers even a tiny amount of residual protons (present due to incomplete deuteration of side-chains) can be exploited for detection of magnetization transferred from ${}^{13}C\alpha$, ${}^{13}C\beta$ or ${}^{13}C'$ spins by (H)CCH experiment employing rotor-synchronous TOBSY. 167,212 Certain resonances of major importance, namely, methyls of Leu/Val/Ile residues pose a great challenge to this approach, despite the possibility of sparse protonation at these sites by either RAP⁹² or non-random protonation using α -keto acids as precursors.⁹⁴ A peripheral position of I/L/V methyl ¹³C nuclei prohibits sensitive correlations to distant backbone ¹³C spins, and in this case, one can only resort to short-range (one- or two-bond) correlations obtained using RFDR-based²¹³ or *J*-based⁸ 3D CCH correlations. However, this implicitly requires a prior identification of all non-methyl ¹³C chemical shifts.

To address the issue of initial polarization of side-chain ¹³C spins, Linser proposed to combine long-range CP with a direct excitation, with ¹³C steady-state polarization enhanced by paramagnetic doping, an approached referred to as COPOR-ADE.²¹⁴ Additionally, a ¹³C mixing can be employed before ¹³C chemical shift encoding to equalize polarization of distant sidechain ¹³C spins. A direct polarization of side-chain ¹³C from amide ¹⁵N via through-space transfer TEDOR was recently proposed; however, ambiguities due to inter-residue transfers may arise.¹⁵⁸ TOBSY or rotor-asynchronous MOCCA¹⁷¹ were demonstrated as suitable schemes for ${}^{13}C$ mixing before t_1 or for a following transfer that ultimately connects the side-chain ¹³C to the backbone ¹³C α -¹⁵N-¹H moieties. The strategy, dubbed side-chain-to-backbone (S2B), proved instrumental in the assignment of medium-sized (260 aa) deuterated human carbonic anhydrase II.²⁰³

In nondeuterated proteins, either ¹³C and ¹H chemical shifts are of high interest, since particularly the latter ones report on structure and protein interactions.¹⁰ For such samples a correlation of S2B resonances is greatly facilitated since all ¹³C aliphatic spins can be directly polarized from nearby (bonded) protons.¹⁹⁹ Above mentioned S2B schemes can be used, however, inevitably low transfer efficiencies from ¹³C spins distant to ${}^{13}C\alpha$ in multispin systems (e.g., Ile, Val, Leu, Arg, Lys) invalidate this approach for sensitivity-challenging samples. As mentioned above, certain ¹H shifts (mostly ${}^{1}H\alpha$ and some ${}^{1}H\beta$) can be accessed using a scheme which does not involve ¹³C nuclei but still exploits well-dispersed amide ¹⁵N and ¹H shifts for detection.²⁰⁵ A more general route for complete side-chain ¹H and ¹³C is a two-hop strategy, in which ${}^{1}\mathrm{H}\alpha$ and ${}^{13}\mathrm{C}\alpha$ spins are first correlated to backbone, and then to other side-chain resonances using sensitive (H)C(CC)CH and H(C)(CC)CH experiments 62,111 based on WALTZ $^{13}\mathrm{C}$ mixing.

This approach proved effective for noncrystalline samples (as illustrated in Figure 35 for AP205 coat protein) including also amyloid fibrils.²¹⁵ Complexity of 3D CCH-type spectra may be an issue for large proteins and/or heterogeneous samples, in which case a 4D HCCH variant may recover sufficient resolution as demonstrated recently⁵⁹ for ribose spin systems in RNA-protein complex (Figure 36) and for a membrane protein.²²⁹



Figure 35. Representative 2D cross sections (strip plots) from two 3D experiments correlating ${}^{1}H$, ${}^{13}C$ shifts of bonded nuclei to either ${}^{13}C$ or ${}^{1}H$ chemical shifts of side-chain atoms within the same residue, recorded on a nondeuterated U- ${}^{13}C$, ${}^{15}N$ -labeled sample of *Acinetobacter* phage 205 coat protein on a 23.5 T spectrometer at 100 kHz MAS. Cross-peaks of isoleucine-124 residue in 2D cross sections and in the ${}^{1}H$, ${}^{13}C$ CP-HSQC are highlighted in red. Adapted with permission from ref 62. Copyright 2016 John Wiley & Sons.

To summarize, various approaches have been proposed for backbone and side-chain resonance assignment based on ¹H detection, and suitable experiment variants should be flexibly and often empirically selected according to sample properties (coherence lifetimes, extent of local dynamics, sample heterogeneity, feasibility of deuteration, residue count). As a guide, Table 2 showcases notable protein resonance assignments, including hybrid approaches with ¹³C detection.

One of the most promising tool which can aid the abovedescribed strategies is protein cell-free expression, perfectly compatible with low demands on sample amount for ultrafast MAS.²¹⁶ Not only does it address notorious issues with incomplete exchange of amide protons in otherwise deuterated proteins in membranes or viral assemblies^{107,108} but it allows selective amino acid ¹⁵N or ¹³C labeling which greatly simplifies spectra as well their analysis.¹⁰⁹ Another increasingly popular, although by no means a general strategy to reduce complexity of resonance assignment is the segmental labeling^{217–221} or selective labeling/unlabeling.²²² Further improvements in reliability and efficiency of resonance assignment in ¹H detection are observed with the advent of even stronger magnetic fields (e.g., 1.2 GHz¹¹⁹), even faster MAS rates,¹¹⁵ and more widespread use of automated analysis.^{109,151,223}



Figure 36. (a) Coherence transfer scheme of a 4D HCCH experiment for ribose resonances of RNAs. CP and TOCSY transfers are depicted as solid and dotted arrows, respectively. (b) Representative ¹³C, ¹H 2D planes from a 4D HCCH spectrum of a ¹³C, ¹⁵N-labeled 26-nucleotide box C/D RNA complexed by L8Ae protein from *Pyrococcus furiosus*, recorded at 100 kHz MAS on a 18.8 T spectrometer. Intranucleotide correlations of G6, A18, and U20 detected on respective anomeric (H1') protons (red contours) are overlaid on the ¹³C, ¹H CP-HSQC spectrum (gray contours). Adapted with permission from ref 59. Copyright 2018 Royal Society of Chemistry.

7. STRUCTURAL INFORMATION

Structure determination protocols for solid-state NMR follow a similar simulated annealing approach as developed for solution NMR. These incorporate multiple restraint types, including prior knowledge of chemical bonding geometry, local angles often derived from chemical shifts, and, most importantly, measurement of spin-spin interaction through space. To determine these spatial proximities, a large variety of recoupling sequences have been developed. Here we describe some of the particular benefits as well as remaining challenges of using protons to measure internuclear distances.

The dense network of protons within structured proteins provides a rich set of sensitive NMR reporters. They are harnessed for structure determination via measurement of spin interactions that depend on internuclear distance. Primarily, dipolar couplings are measured via magnetization exchange, dephasing effects, or excitation of double quantum coherence, although other structural techniques that measure angles have also been reported. The angle-measurement approaches typically provide more local information, while in the following, our focus is on measurement of long-range information that defines the protein fold. For proteins, backbone geometry is defined by two torsion angles, φ and

 ψ , which if defined exactly could determine protein fold. Practically speaking, the accumulation of errors makes this approach infeasible. Alternatively, the various side-chains present different ways of indirectly determining the fold, i.e., by measuring long-range restraints. Long-range information is typically defined as distances among residues that are separated by at least five residues in the protein sequence. In other words, long-range information is anything that is not among amino acid neighbors, nor those that are close in regular helical geometries.

7.1. ¹H–¹H Distances in a Dense Network

When the objective is a structure elucidation, protons are ideal for several reasons. First, they are exposed on or near the surface of amino acid residues, such that the important interresidue distances among protons are similar to the less informative intraresidue distances. Second, they have the highest gyromagnetic ratio available, which leads to substantial dipolar couplings even for longer distances. For example, a 5 Å distance results in a dipolar coupling constant of just under 1 kHz. For comparison, a carbon–nitrogen coupling at the same distance is only about 24 Hz. This leads to particularly short recoupling times for proton–proton interactions, which is technically advantageous since this leads to reduced losses due to experimental imperfections or spin relaxation properties.

More fundamentally, there is a higher abundance of protons in proteins than any other nucleus. This leads to a tapestry of close connections among protons which is fundamental to a reliable structure determination. The redundancy of information in the dense network of proton connections leads to high quality structure determination in the presence of limited precision in the measured distances as well as assignment ambiguity. This is available only from fully protonated samples, which as detailed in earlier sections, has motivated ever increasing MAS frequencies. With fewer protons available, structure determination is successful with a combination of restraint types, for example ¹³C-¹³C and ¹³C-¹⁵N restraints. In the case of ${}^{13}C-{}^{13}C$ restraints, the strong one-bond couplings are often removed via tailored labeling strategies. This reduces the problem of dipolar truncation,¹⁶⁰ which occurs for popular first-order recoupling sequences such as RFDR and DREAM. In dipolar truncation, transfer to more remote spins is observed to be "quenched" by the presence of a nearby spin. For ¹H-¹H contacts, such dilution strategies are not strictly required, although clearly still of benefit, since the protons are more exposed, leading to more favorable longrange distances.

While the benefits of protons were highlighted above, protons also present particular challenges in structure determination. It has long been recognized that the protons form a network of spins with large dipolar couplings, and that the resulting proton spectra would only become resolvable with particularly fast MAS and high magnetic fields.²⁹ The geometry of the proton, carbon, and nitrogen spins is depicted in Figure 37 in the structure of HELLF (PDB 6EKA), which is a β solenoid fibril.²¹⁵

As can be seen by counting the number of spins within a radius of 4-10 Å, the proton spin density is highest, at about 50 spins per cubic nanometer (nm³). Carbon spins are the next dense at about 35 per nm³, and nitrogen spins are most dilute at about 10 per nm³. (Oxygen was not considered since it is rarely labeled in NMR active form). For the purpose of magnetization transfer, the number of spins within a certain

Table 2. Representative Examples of Protein Resonance Assignment Using ¹H Detection

protein	size	labeling	strategies	time (days)	B_0 (T)	$rac{ u_{ m R}}{ m (kHz)}$	extent	ref
			microcrystallin	e				
TS	665	¹ H ^N , ² H, ¹³ C, ¹⁵ N	D C ^{′αβ} NH, ^a 4D S2B, ^b 90 16.4 55 bb (74.8%) SD HNcCNH bwd/fwd ^c		bb (74.8%)	204		
MBP	371	¹³ C, ¹⁵ N	RAVASSA ^d , HCCH-TOCSY	14	18.8, 23.5	107	bb (90%), sc (partial)	151, 57
hCAII	260	¹ H ^N , ² H, ¹³ C, ¹⁵ N	HNNH, ^e S2B, ^b $C'^{\alpha\beta}$ NH ^a	27.2	18.8	55	bb (90%)	203
ϵ_{186}	179	¹³ C, ¹⁵ N	$C'^{\alpha\beta}NH^a$	7.1	18.8	60	bb (74%)	120
SOD	153	¹ H ^N , ² H, ¹³ C, ¹⁵ N	C' ^a NH ^f	5.6	23.5	60	bb (95%)	112
$\beta 2m$	99	¹ H ^N , ² H, ¹³ C, ¹⁵ N	$C'^{\alpha\beta}NH^{a}$	3.0	23.5	60	bb (76%)	198
			membrane-embed	lded				
CorA	5 × 351	¹³ C, ¹⁵ N	$C'^{\alpha\beta}NH$, ^{<i>a</i>} H^{α} det.	28.3	18.8, 23.5	107	bb (35%, 54% in TM)	224
hVDAC1	283	¹ H ^N , ² H, ¹³ C, ¹⁵ N	$3D/4D C'^{\alpha\beta}NH^a, NNH^e$	74.1	18.8, 22.3	55, 91	bb (69%)	225, 226
OmpG	281	¹ H ^N 70/100%, ² H, ¹³ C, ¹⁵ N	$C'^{\alpha\beta}NH^a$	13.1	23.5	60	bb (60%), sc (51%)	198, 227
		¹³ C-selective	¹³ C det.		21.4	13		
PR	6 × 243	¹³ C, ¹⁵ N	C' ^a NH, ^f H ^a -det., hCCH-TOCSY	13.5	23.5	100	bb (61%), sc (57%)	228
AlkL	203	¹³ C, ¹⁵ N	$C'^{\alpha\beta}NH$, ^{<i>a</i>} H^{α} -det., HCCH-TOCSY	31.7	23.5	111	bb (84%), sc (partial)	60, 229
		¹ H ^N , ² H, ¹³ C, ¹⁵ N		22.1	18.8	60		
GlpG	189	¹ H ^N , ² H, ¹³ C, ¹⁵ N	$C'^{\alpha\beta}NH^a$	N/A	14.1	40	bb (60%)	230
KCsA	166	iFD, ¹³ C, ¹⁵ N	$C'^{\alpha\beta}NH$, ^{<i>a</i> 13} C-det.	20.4	18.8	60	bb (21% of TM)	101, 231
M2	2 × 43	¹ H ^N , ² H, ¹³ C, ¹⁵ N	$C'^{\alpha\beta}NH^{a}$	13.7	23.5	60	bb (51%)	198
			aggregates/assemblies/p	recipitates	:			
$FcRn_{ECD}$	373	¹³ C, ¹⁵ N	$C'^{\alpha}NH^{f}, C^{\alpha}C^{\beta}NH^{g}$	N/A	20	100	bb (25 aa)	232
TET-2	12×353	¹ H ^N , ² H, ¹³ C, ¹⁵ N	$C'^{\alpha\beta}NH^a$	11.1	14.1	38, 53	bb (85%), sc (70%)	223
		¹³ C, ¹⁵ N	¹³ C-det.	42.4	14.1, 23.5	15, 18		
		aa. sel. ¹³ C, ¹⁵ N	¹³ C-det.	16.7	14.1	15		
		ILV-CH ₃	solution HMQC (mutagenesis)				ILV-CH ₃ (94)	
Cp149	149	¹³ C, ¹⁵ N	$C'^{\alpha\beta}NH^{a}$	15.5	20.0	100	bb (85%)	113
AP205CP	180×130	¹³ C, ¹⁵ N	H^{α} -det., HCCH-TOCSY	6.9	23.5	100	bb (78%), sc (74%)	111, 62
		¹ H ^N , ² H, ¹³ C, ¹⁵ N	$C'^{\alpha\beta}NH^{a}$	6.7	23.5	60	bb (72%)	198
SSB	110	¹³ C, ¹⁵ N	$C'^{\alpha\beta}NH^{a}$	7.1	18.8	60	bb (75%)	120
			amyloid fibrils	5				
BacA	103	¹ H ^N , ² H, ¹³ C, ¹⁵ N	3D C' ^a NH ^f	8.0	21.2	40	bb (93%)	233
$\beta 2m$	99	¹ H ^N , ² H, ¹³ C, ¹⁵ N	5D hNCCNH bwd/fwd ^h	4.8	23.5	55	bb (77%)	234, 68
Tau	96	¹³ C, ¹⁵ N	4D C' ^{α} NH, ^f 3D C ^{β} NH, NNH ^{e}		18.8	55	bb (27%)	199
HELL-F	51	¹³ C, ¹⁵ N	C' ^{αβ} NH, ^a H ^α -det., hCCH-TOCSY	13.5	23.5	100	bb (92%), sc (91%)	215
$A\beta_{1-42}$	42	¹³ C, ¹⁵ N	$C'^{a\beta}NH^{a}$	3.5	23.5	100	bb (100%), sc (100%) in 15–42 region	61
$\mathrm{A}\beta_{\rm 1-42}$	42	¹³ C, ¹⁵ N	$3D/4D C'^{\alpha\beta}NH^{a}$	6.3	18.8	90	bb (76%), sc (~54%)	126
		Val-rev. lab. ¹³ C, ¹⁵ N			17.6	80		

 ${}^{a}C'{}^{a\beta}NH = C\alpha_{i/i-1} \cdot N_{i} \cdot H_{i}, C'_{i/i-1} \cdot N_{i} \cdot H_{i}, C\beta_{i/i-1} \cdot N_{i} \cdot H_{i}, {}^{b}S2B = side-chain to backbone correlations (C^{X}_{i} \cdot N_{i} \cdot H_{i}). {}^{c}5D HNcCNH bwd/fwd = H_{i-1} \cdot N_{i-1} \cdot C'_{i-1} \cdot N_{i} \cdot H_{i} + H_{i+1} \cdot N_{i+1} \cdot C\alpha_{i} \cdot N_{i} \cdot H_{i}, {}^{d}Simultaneous N_{i-1} \cdot N_{i} \cdot H_{i}, C\alpha_{i+1} \cdot C\alpha_{i} \cdot H\alpha_{i}, C\alpha_{i/i-1} \cdot N_{i} \cdot H\alpha_{i} C\alpha_{i/i-1} \cdot N_{i} \cdot H\alpha_{i} correlations + C\beta_{i} \cdot C\alpha_{i} \cdot H\alpha_{i} + C\beta_{i} \cdot C\alpha_{i} \cdot H\alpha_{i} C\alpha_{i/i-1} \cdot N_{i} \cdot H\alpha_{i} \cdot H\alpha_{i} C\alpha_{i/i-1} \cdot N_{i} \cdot H\alpha_{i} \cdot H\alpha_{i} C\alpha_{i/i-1} \cdot N_{i} \cdot H\alpha_{i} \cdot H$

distance is important, since magnetization will tend to diffuse within these spins, which quickly reduces the efficiency of the transfer since the magnetization is divided. For protons, this effect already becomes severe at between 6 and 8 Å, where the transfer efficiency can be expected to be below 1 to 2%, considering the signal is diluted among ~50–100 spins. This presents a problem for transfer of signal among the backbone nuclei (e.g., amide protons) of neighboring β -sheets or neighboring α -helices, both of which are separated by about 7–8 Å. As described above, this problem has been overcome by measuring the shorter side-chain contacts, for example between methyl protons of two α -helices which are in van der Waals contact (Figure 38a). In the important case of the antiparallel β sheets, the protein fold may be sufficiently defined by contacts only between amide protons, since the distance for these long-range structural restraints is below 3 Å (Figure 38b).

7.2. ¹H-¹H Distances in Partially Deuterated Samples

Alternatively, to acquire relatively long proton-proton distance information, high levels of deuteration on both nonexchangeable and to some extent even exchangeable sites



Figure 37. Visualization of the spin density in a folded protein, PDB 6EKA, the β solenoid HELL-F. The first panel shows side-chains of a protein monomer (two layers in the β solenoid). The next panels depict spins within 4–10 Å of a β proton located in the core of the structure. Spins in b–f are colored white for protons, gray for carbon, blue for nitrogen, red for oxygen, and yellow for sulfur. Numbers in gray, black, and blue indicate the number of proton, carbon, and nitrogen spins, respectively, within the given distance.



Figure 38. Two examples of ${}^{1}H{-}{}^{1}H$ contacts particularly useful to define a protein fold. Panel (a) shows an example of helix–helix contact among methyl groups. Panel (b) shows an example of amide– amide contact that indicates a β -sheet arrangement.

were used together with MAS rates of 20–24 kHz.²³⁵ Distances of up to about 10 Å could be identified, using RFDR for proton–proton magnetization transfer (Figure 39a).

Without dilution, the volume represented by this distance would be filled by over 200 protons. However, amide protons make up only around 10 of these, which with the dilution strategy explains the particularly long-distance transfer. A schematic representation of the amide restraints used in this study are shown in Figure 40a-c.

With 55 kHz MAS and CHD_2 labeling of V and L methyl groups, a related sequence was used to acquire methyl-methyl distance information.^{97,236} Other sites were deuterated, and exchangeable sites protonated at 20–30%. DREAM mixing (Figure 39b) was used and the structure of ubiquitin determined together with amide restraints. A schematic representation of the methyl restraints (C-H restraints more generally) is shown in Figure 40d-f.

While partial deuteration is still advantageous at spinning frequencies above 60 kHz, spin-diffusion is quenched under these conditions. This led to the development of alternative approaches that maintain the advantages of second-order recoupling. Using 100 kHz MAS, the structure of ubiquitin was determined based on ${}^{1}\text{H}{-}{}^{1}\text{H}$ transfers induced by rotating-frame spin-diffusion (Figure 39c).¹⁴² Since this transfer mechanism occurs during a spin lock, the signal is severely affected by a short ${}^{1}\text{H}$ T_{1 ρ}. The search for a sequence that depends instead on the slower ${}^{1}\text{H}$ longitudinal relaxation led to the development of AM-MIRROR, in which longitudinal



Figure 39. Sequences employed to recouple ${}^{1}\text{H}-{}^{1}\text{H}$ dipolar interactions at the first (a,b) and second order of AHT (c,d). (a) Finite-pulse RFDR with xy8 phase cycling, a versatile scheme applied for a variety of conditions for broadband ${}^{1}\text{H}-{}^{1}\text{H}$ mixing, also in fully protonated samples. (b) DREAM mixing for selective recoupling within amide or methyl protons. (c,d) Sequences designed to enhance ${}^{1}\text{H}$ spin-diffusion through (c) ${}^{1}\text{H}$ spin-lock field (rotating-frame spin-diffusion) or (d) optimized RF irradiation of the X-nucleus (e.g., ${}^{15}\text{N}$), which affects (broadens) the ZQ linewidth of a coupled (bonded) proton. All schemes except AM-MIRROR use only ${}^{1}\text{H}$ RF irradiation. The spin operator (either polarization ${}^{1}\text{H}_{z}$ or transverse magnetization ${}^{1}\text{H}_{xy}$) at the start of the mixing period is indicated.




Figure 40. Magnetization transfer schemes for obtaining secondary, tertiary, and quaternary structure information. (a–c) Amide-based proton–proton correlation, encoded as 4D or 3D variants. (d–f) H^C -based proton–proton correlations, encoded as 4D or 3D variants. Methyl contacts are shown; however, the general scheme also applies to methylene, aromatic, and other H^C moieties. (g) Carbon–carbon contacts. Heteronuclear contacts: (h) carbonyl carbon–proton contacts and (i) proton–carbon contacts; more generally, other heteronuclear contacts, such as proton–nitrogen or nitrogen–carbon, are also possible.

proton–proton spin-diffusion is reactivated by an RF field applied on a heteronucleus, e.g., ^{15}N (Figure 39d). 237

7.3. ¹H-¹H Distances in Nondeuterated Samples

With the advent of probes capable of spinning beyond 100 kHz, such methods, most commonly RFDR, were applied to fully protonated proteins.¹¹¹ Although the very high proton density limits the distance over which contacts can be acquired, this is compensated by measurement of many close distances which are available when there is a high assignment completeness in both backbone and side-chain resonances.

Selective recoupling methods have also been proposed in order to improve the transfer efficiency among amide protons, while limiting transfer to aliphatic spins. In principle this improvement would extend the upper distance limit, similar to the case for a perdeuterated protein. Some first examples of selective transfer are the band-selective spectral spin-diffusion $(BASS-SD)^{238}$ (Figure 41a) in which distances of 5–6 Å could be observed in nondeuterated proteins.

Another method, dubbed selective phase-optimized recoupling (SPR, Figure 41b)²³⁹ was demonstrated on the nondeuterated tripeptide MLF spun at 150 kHz to outperform broadband RFDR by up to a factor of 3. The pulse sequence is based on phase-alternated 90° pulses. Negative peaks suggest a double quantum mechanism when offsets are opposite in sign, or zero quantum when offsets have the same sign, with the zero-quantum mechanism much less significant at faster MAS rates. The SPR scheme was later generalized to arbitrary flip angle.²⁴⁰ A related selective double (or zero) quantum sequence, SERP, was demonstrated at 68 kHz MAS.²⁴¹ These approaches mirror selective sequences demonstrated at lower MAS rates of below about 20–30 kHz.^{242–244} The



Figure 41. RF pulse schemes used for selective recoupling of ${}^{1}H{-}^{1}H$ interactions in fully protonated samples. (a) BASS-SD mixing with RF offset applied at the center of the amide proton frequency band (selection of other frequency bands, such as α or methyl protons is also possible). Panel (b) shows the SPR scheme, which is reminiscent of *CN* symmetry-based sequences, with a 90° pulse as a basic element (gray and black rectangles). SPR was further generalized for arbitrary phases (pSPR) and unrestricted phase incrementation, resulting in the identification of the MODIST sequence.

SERP sequence was shown to encode quantitatively for relatively short distances (below about 4 Å). The authors concluded that the effects of remote (passive) ¹H spins are responsible for the remaining 10–15% systematic underestimation of distance with respect to diffraction-based crystal structures.²⁴⁵ The bandwidth of SERP was reported to be about 20% of the relevant dipolar coupling. Selective recoupling was also explored within the framework of *C*-symmetry sequences²⁴⁶ by selection of particular *C* elements that allow DQ dipolar recoupling with RF amplitudes of 0.3 to 0.8 times the spinning frequency.²⁴⁷ Polarization transfer efficiency of 40–50% was reported for microcrystalline histidine.

Inspired by SPR, jump return pulses of varying pulse widths and phase were simulated for a four-proton spin system modeled after two amide protons and two α protons. The performance was evaluated according to preservation of total signal and selective transfer among the amide protons, which resulted in the selection of the pulse sequence dubbed modest offset difference internuclear selective transfer (MODIST, Figure 41b).²⁴⁸ The selectivity of the method was shown to be similar for both strong and weak couplings, with only a minor dependence on placement of the offset, such that both amide– amide and aliphatic-aliphatic transfers occur simultaneously.

The above homonuclear methods can suffer from the effects of strong diagonal signals that obscure relevant cross-peaks that lie close to the diagonal. By recording a diagonal-only spectrum, in which mixing is turned off, it was shown that better intensity information also led to a better structure determination for the SH3 protein, as indicated by a reduction in bias to the X-ray structure.²⁴⁹ An alternative diagonal suppression method uses an orphan spin operator to suppress diagonal peaks, which in practice resulted in about 50% suppression with no loss in sensitivity of the structurally relevant cross-peaks.²⁵⁰ While not yet demonstrated, the two methods could logically be combined.

Obtaining exact distances for homonuclear zero-quantum mixing is particularly challenging due to spin-diffusion. Analogous to the eNOE²⁵¹ approach used in solution NMR, recording multiple mixing times, together with an iterative fitting approach improved the precision of the measured distances.²⁵²

Homonuclear carbon–carbon transfer has also been explored for conditions amenable to narrow proton resonances: the fast MAS regime and sample deuteration. First-order recoupling sequences DREAM and RFDR were compared for a deuterated protein at spinning frequencies of 20 kHz.²⁵³ While first-order sequences are affected by dipolar truncation, second-order sequences such as spin-diffusion²⁵⁴ can be used to acquire structurally important contacts, but become inefficient for fast MAS and for deuterated samples. To address this, methods such as MIRROR,²⁵⁵ PARIS,²⁵⁶ PAR^{257–259} (Figure 42a), SHANGHAI,²⁶⁰ or CORD¹⁷³ (Figure 42b) have been developed.



Figure 42. Selection of RF schemes used to recouple homonuclear $({}^{13}C{-}^{13}C$ or ${}^{15}N{-}^{15}N)$ dipolar interactions via second-order mechanisms involving a ${}^{1}H$ proxy spin. Panel (a) shows protonassisted recoupling (PAR), which has been applied to monitor ${}^{13}C{-}^{13}C$ or ${}^{15}N{-}^{15}N$ distances. RF field strengths need to be empirically found with guidance from spin dynamics simulations but generally avoiding CP conditions. Panel (b) shows a CORD recoupling scheme, which has been used to record ${}^{13}C{-}^{13}C$ proximities, also in combination with RFDR (CORD-RFDR).

Nitrogen-nitrogen transfer was also demonstrated using PAR.^{261,262} While these sequences are typically acquired using carbon (or nitrogen) detection (Figure 40g), they could also be extended for proton detection simply by addition of a cross-polarization step at the end of the sequence.

7.5. ¹H-¹³C, ¹H-¹⁵N, and ¹³C-¹⁵N Distances

Heteronuclear long-range transfers can also be recorded together with proton detection. This has the advantage that there are only around 70% as many carbon spins and 20% as many nitrogen spins as compared with proton spins (Figure 37). For example, hydrogen bonding geometries place amide proton–carbonyl carbon spin pairs (Figure 40h) within the range of efficient cross-polarization transfer (Figure 43a).²⁶³

Proton-carbon transfer has been implemented by REDOR,²⁶⁴ nitrogen–carbon transfer with TEDOR¹⁵⁸ and either nitrogen–carbon or proton-carbon transfer demonstrated with the recently described combination of REDOR and TEDOR, named TREDOR (Figure 43b).²⁶⁵ In TREDOR, coacquisition of both REDOR and TEDOR compensates for relaxation, reducing the number of fit parameters compared with TEDOR, which improves the precision of the measured couplings. The proton-carbon version of the above heteronuclear recoupling sequences is represented in Figure 40I. The use of selective pulses in REDOR and TEDOR-based recoupling results in a selective version of the measurement, for example, selectively recoupling the carbonyl or aliphatic carbon spins.



Figure 43. RF schemes employed for the detection of heteronuclear proximities. Panel (a) shows long-range cross-polarization, e.g., between remote ¹H and ¹³C' spins. Panel (b) shows the basic element of REDOR, TEDOR, and TREDOR used for nitrogen–carbon and proton–carbon recoupling. This element is shown on a single channel, preferably the one of the rare (least abundant) nucleus, i.e., ¹⁵N, to avoid recoupling of homonuclear interactions. Additional pulses can be incorporated on the other channel to compensate for RF pulse imperfections.

7.6. Long-Range Paramagnetic Effects

Long-range structural information across the size of protein domains can be accessed when the target biomolecule contains radicals or paramagnetic metal ions. In these samples, the hyperfine coupling between the unpaired electrons and the surrounding nuclei causes paramagnetic relaxation enhancements ("PREs") and paramagnetic shifts (contact or "pseudocontact" shifts, "PCS") that, on account of the large electron magnetic moment, provide structural information over larger distances than those characteristic of internuclear interactions. Jaroniec and co-workers tagged solvent-accessible cysteine residues in GB1 with a thiol-specific paramagnetic nitroxide (TEMPO)²⁶⁶ or a thiol-specific EDTA-metal reagent bound to Cu^{2+} and Mn^{2+} ions⁷⁷ and showed that significant ¹³C and ¹⁵N longitudinal (R₁) PREs can be measured for nuclei up to 120 Å away from the paramagnetic center. Similarly, PCS were first measured with ¹³C detection on microcrystalline Co-MMP12 up to ≃20-22 Å from the metal ion.^{267,268}

2D and 3D ¹H-detected correlations at fast MAS provide an ideal platform to overcome the sensitivity problems encountered in these first determinations, and allow the easy quantitative measurement of long-range paramagnetic effects. In deuterated proteins at 60 kHz, the measurement of $^{15}NR_1$ relaxation rates can be based upon the ¹H-¹⁵N CP-HSQC experiment combined with a ¹⁵N inversion-recovery block, and the measurement of ${}^{13}C R_1$ rates can be based on the 2D (H)(CO)NH dipolar correlation module incorporating a ¹³C inversion-recovery period. This results in highly sensitive experiments, which for example were used to provide more than one hundred PREs between 10 and 24 Å of the Cu²⁺ ion in Cu,Zn-SOD, with a few milligrams of sample and a couple of days of experimental acquisitions (Figure 44a).¹⁷⁷ Similarly, 3D (H)CONH and (H)CANH correlations were used to obtain several hundred PCS, including ${}^{1}\text{H}$ PCS, in Co ${}^{2+}$ SOD. 269 From these correlations, PCS were measured as characteristic shifts along parallel lines between the chemical shifts of Co-SOD and the isostructural diamagnetic analogue Zn-SOD (Figure 44b). The implementation of these sequences at 60 kHz MAS further reduced the blind sphere around the metal center, and PCS could be obtained for spins down to 5 Å from the Co²⁺ ion, in contrast to 12 Å for previous studies at slower MAS.

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Figure 44. (a) ¹H-detected measurement of ¹⁵N PREs from the comparison of ¹H,¹⁵N CP-HSQC spectra of Cu²⁺,Zn²⁺-SOD and Cu⁺,Zn²⁺-SOD. (b) ¹H-detected measurement of ¹H and ¹⁵N PCS from the comparison of ¹H,¹⁵N CP-HSQC spectra of Co²⁺-SOD and Zn²⁺-SOD ("E" - empty at the second binding site). Reproduced from ref 6. Copyright 2013 American Chemical Society.

7.7. Resolution Considerations

The information content available from the recoupling methods discussed above critically depends on resolution of the spectra by which they are recorded. In ¹³C- and ¹⁵Nenriched samples, the interacting spins can be identified by the evolution of one or two chemical shifts *before* and one or two *after* the recoupling period, leading to three- to fourdimensional correlations. As summarized in Figure 45, a number of solutions exist, and a particular choice depends mostly on (i) the protein size which determines the number of observed contacts, (ii) the linewidth of spins whose shifts are evolved, and (iii) the inherent (available) sample sensitivity.

In practice, resolution of a 2D ${}^{1}H{}^{-1}H$ spectrum is, somewhat different from solution NMR, insufficient even in the simplest systems and one or two indirect heteronuclear dimensions (${}^{13}C$ or ${}^{15}N$) are employed.

If the recoupling acts on ¹H magnetization/coherence (Figure 45a-c), each heteronuclear dimension entails two magnetization transfers (usually CP), *from* and *to* the ¹H spins, so that the entire RF scheme benefits from highly sensitive ¹H excitation and ¹H detection.

Figure 45a shows a general scheme for experiments with broadband ¹H mixing, e.g., (H)NHH or (H)CHH. These sequences feature moderate resolution with a pair of heteronuclear and ¹H shifts to identify the spin of origin but only a single ¹H chemical shift for the spin of destination. They correspond to the earliest schemes used to interpret ¹H proximities, namely, 3D HN(H)H and (H)CON(H)H-RFDR experiments,²⁷⁰ and have been employed in structure determination of relatively small proteins such as GB1^{111,270} and ubiquitin^{97,142} but also a number of more challenging targets: HELL-F fibrils,²¹⁵ SOD,¹¹² M2,¹⁴⁰ AP205CP,¹¹¹ and OmpG.²²⁷

The scheme shown in Figure 45b implements the heteronuclear evolution *after* ¹H recoupling, resulting in either H(H)CH or H(H)NH experiments.^{235,271} They require extensive evolution of ¹H in t_1 , i.e., the only shift identifying the spin of origin, to match the resolution offered by scheme (a). However, this scheme is often more sensitive for the observation of aliphatic-to-aromatic¹¹¹ and aliphatic-to-amide spectra, which contain asymmetric ¹H–¹H correlations (result of the fact that the two correlated spins receive different starting polarization from CP.

Finally, ¹H recoupling can be sandwiched symmetrically by heteronuclear and proton dimensions for *both* the spin of origin and of destination (Figure 45c). The resulting experiment, e.g., 4D (H)NH(H)NH²³⁵ or 4D methyl (H)CH(H)CH,^{97,140} provides ultimate resolution and lowest spectral ambiguity for identifying a contact. For simplicity, the

(a) 3D (H)XHH



Figure 45. Schematic RF irradiation schemes employed to record $^1\mathrm{H}-^1\mathrm{H}$ (a–c) or $^{13}\mathrm{C}-^{13}\mathrm{C}$ proximities (d) with $^1\mathrm{H}$ detection. The asymmetric schemes (a) and (b) employ a heteronuclear (X) chemical shift evolution period before and after $^1\mathrm{H}$ recoupling, respectively. Panel (c) shows an extended version with two heteronuclear (X) indirect dimensions, optionally augmented to a 4D experiment with a supplementary indirect $^1\mathrm{H}$ evolution of the spin of origin. The RF diagram (d) is used to record heteronuclear distances via second-order recoupling.

indirect ¹H evolution may be skipped leading to the somewhat more conventional 3D (H)N(HH)NH variant.²³⁵ Either way, the extra resolution comes at the cost of two additional CP or INEPT transfers, which may compromise sensitivity. Successful applications of this editing scheme were reported for



Figure 46. Protein structures determined using proton-detected solid-state NMR (with corresponding PDB IDs in parentheses, if available), in the chronological order: GB1, SH3, ubiquitin (2L3Z), SOD (2LU5), M2 (2N70), bactofilin BacA (2N3D), AP205CP (5JZR), OmpG (5MWV), hCAII (6QEB), AlkL (6QWR), HELL-F amyloid (6EKA), and hVDAC1 (7QI2). Coordinates for GB1 and SH3 protein models were obtained from authors of respective publications.^{270,235}

crystalline samples of ubiquitin⁹⁷ and SH3²³⁵ but also for far more challenging membrane-embedded proteins M2,¹⁴⁰ OmpG,²²⁷ and AlkL⁶⁰ and cytoskeletal bactofilin A.²³³ A partial remedy to the sensitivity issue is the concurrent acquisition of up to four spectra if *simultaneous* transfers to and from ¹³C and ¹⁵N spins are implemented.^{235,271}

Interestingly, second-order recoupling simplifies the scheme of Figure 45c by removing the need for an extra heteronuclear transfer (Figure 45d). The observation of distances between pairs of heteronuclei presents therefore, in principle, a sensitivity advantage, which is, however, offset by the generally degraded efficiency of second-order sequences with increasing MAS frequency.

8. STRUCTURE CALCULATIONS BASED ON ¹H–¹H CONTACTS

In the previous section, we discussed the spectroscopic methods to yield structural information under fast MAS. Here, we present the evolution of increasingly ambitious structure determinations, which stimulated the continuous development of spectroscopic and tailored isotope labeling methods for structure determination.

The Protein Data Bank currently contains 142 structures determined from solid-state NMR data, of which 12 were calculated using ${}^{1}H{-}^{1}H$ contacts as input (Figure 46).

The structures include microcrystalline preparations of small protein domains (ubiquitin¹⁴² and GB1¹¹¹), enzyme complexes (Cu(I),Zn(II)-loaded superoxide dismutase (SOD),¹⁷⁷ human carbonic anhydrase II-acetazolamide complex

(hCAII),²⁷¹ and dodecameric aminopeptidase TET2²²³), viral assemblies (Acinetobacter phage 205 coat protein (AP205CP)¹¹¹ and bacteriophage SPP1 tail tube²⁷²), membrane proteins in lipids (Influenza A proton channel M2,¹⁴⁰ outer membrane protein G (OmpG),²²⁷ outer membrane protein AlkL⁶⁰) as well as fibrillar assemblies (bactofilin BacA²³³ and functional amyloid HELL-F²¹⁵). Structurally, the proteins represent different fold classes, although "all-beta" (all- β) and "alpha and beta" ($\alpha + \beta$) protein folds comprising mainly antiparallel β -sheets are dominant. The methodologies used to determine these structures are quite diverse and were adapted for each particular case by taking into consideration the maximum achievable MAS frequency at the time, employed sample labeling scheme as well as possibility to measure other restraints (e.g., paramagnetic relaxation enhancements (PREs), cryo-EM density maps).

8.1. Structures from Dilute Proton Networks

The original motivation for protein structure determination by MAS solid-state NMR was that, contrary to solution NMR, it is, in principle, not limited by molecular size. Hence, the early development of ¹³C-detected solid-state NMR methods for protein structure determination²⁷³ opened way for obtaining structures of some very challenging high-molecular-weight systems including protein assemblies,²⁷⁴ protein aggregates (amyloids),^{275,276} as well as membrane proteins.²⁷⁷ However, the approach suffered from low sensitivity and dipolar truncation imposed by strong one-bond dipolar couplings, requiring large sample amounts and use of complex labeling schemes to allow measurement of longer distances. To enable



Figure 47. ¹H-detected long-range paramagnetic restraints used in the calculation of the solid-state NMR structure of SOD. In the different panel, bundles were calculated (a) without paramagnetic restraints, (b) with ¹⁵N and ¹³C PREs, (c) with ¹H, ¹⁵N, and ¹³C PCSs, and (d) with both PREs and PCSs. The Cu and Co ions are represented by violet and pink spheres, and the mean NMR structure is depicted as an aquamarine ribbon. Reproduced from ref 6. Copyright 2013 American Chemical Society.

high-sensitivity detection in solid-state NMR, several strategies (mainly using proton spin dilution and faster MAS) were put forward for measurement of resolved proton resonances and long-range ${}^{1}H-{}^{1}H$ contacts. The potential of using ${}^{1}H-{}^{1}H$ contacts for protein structure determination by magic-angle spinning solid-state NMR was first investigated by Rienstra and co-workers.²⁷⁰ The authors combined spin dilution (perdeuteration with back-exchange of labile protons), high field (750 MHz), fast MAS (39 kHz), and triple-resonance experiments to measure hundreds of ¹⁵N- and ¹³C-resolved ¹H^N-¹H^N distance restraints and demonstrate the feasibility of a highresolution structure with the GB1 model protein. A similar approach, but exploiting higher magnetic field and faster MAS, was used for fast resonance assignment and fold determination of the larger human superoxide dismutase.¹¹² Reif and Meier with co-workers extended the strategy to additionally measure highly unambiguous amide-methyl and methyl-methyl correlations in microcrystalline samples of the α -spectrin SH3 domain and ubiquitin, respectively.^{97,235} These pioneering studies showed that protein assignment and collection of distance restraints by ¹H-detected solid-state NMR has potential for determination of de novo protein structures.

SOD, M2, BacA, and OmpG are other structures obtained via these first approaches, relying on extensive protein deuteration to achieve sufficient resolution for the measurement of resolved ¹H–¹H contacts at 40–60 kHz MAS. Thus, the studied proteins were perdeuterated and either reprotonated at exchangeable sites or with ¹³CHD₂ labeling of ILV methyl groups, allowing the observation of amide–amide (more generally NH–NH) or ILV methyl–methyl contacts only. For the determination of protein structures with high precision, the ¹H–¹H contacts were in most cases complemented by other structural constraints, such as ¹³C-detected ¹³C–¹⁵N contacts (from TEDOR, N(HH)C experiments) and ¹³C–¹³C contacts (from PDSD, DARR, PAR, RFDR, C(HH)C experiments) as well as hydrogen-bond and paramagnetic restraints.

8.2. Incorporation of Paramagnetic Restraints

In paramagnetic samples, data such as PREs and PCSs can be easily implemented as restraints in combination with internuclear distances and dihedral angles in structure determination protocols, thus complementing the sparse network of amide–amide contacts that can be accessed in deuterated samples reprotonated at exchangeable sites. Also in this case, several established protocols designed in the context of solution NMR²⁷⁸ can be extended to the solid state. In the case of PREs,^{177,279} quantitative ¹⁵N and ¹³C R_1 enhancements are first converted into distances using the Solomon equations in the point-dipole approximation, and then used as NOE-type

distance restraints with appropriate upper and lower limits (typically 3 Å greater and lower than the calculated values respectively). Larger PREs, corresponding to residues whose $H^{N}-N^{H}$ cross-peaks are not observable in the paramagnetic form, are included using exclusively an upper limit from the paramagnetic center (typically of 10 Å in the case of Cu^{2+}), and conversely, a purely repulsive term can be used for residues with R_1 below of a 0.1 s⁻¹ cutoff. For the implementation of PCSs as structure restraints,^{268,269} the susceptibility χ tensor needs to be first established. This includes determining the metal ion position (3 coordinates), the anisotropy of the χ tensor (two parameters), and the orientation of its principal axes with respect to the protein frame (three Euler angles). Once reference shifts and an approximate structure model for a diamagnetic analogue are available, the determination of the χ tensor is implemented in iterative way together with the assignment of the PCSs and the refinement of the protein structure.

¹H-detected ¹³C and ¹⁵N longitudinal (R_1) PREs¹⁷⁷ as well as ¹H, ¹³C, and ¹⁵N PCSs²⁶⁹ from endogenous Cu²⁺ and Co²⁺ ions were used to refine the structure of the protein SOD. The addition of these paramagnetic restraints largely improved the quality of the NMR structures (Figure 47), reducing the rmsd of the resulting ensembles from 3.1 Å without any paramagnetic restraints down to 1.6 Å (PREs), 1.7 Å (PCSs), or 1.4 Å (simultaneous use of both PREs and PCSs). Notably, paramagnetic data lead to dramatic improvements in backbone geometry in the proximity of the Cu²⁺ and Co²⁺ binding sites. Differently from solution, in solids, depending on the paramagnetic center used and the location of the binding/ tagging site, neighbor effects may become non-negligible, and dilution methods should be applied to distinguish interand intramolecular contributions, both in the case of PREs²⁸⁰ and PCSs.^{268,281}

The use of paramagnetic data is of crucial importance for the calculation of structure models with sparse internuclear proximities, and is likely to become an asset for the generation of highly accurate structural model with the development of new integrating computational tools, such as those involving physics-based atomistic simulations.²⁸²

8.3. Structures from Dense Proton Networks

The later development of ultrafast MAS (>100 kHz) providing a significant narrowing of spectral resonances, reduced the need for protein deuteration to resolve ${}^{1}H{-}^{1}H$ contacts. This paved the way for the first structure determinations of fully protonated proteins with ${}^{1}H$ detection, the 6.2 kDa GB1 domain and the 28 kDa AP205CP dimer within a 2.5 MDa viral nucleocapsid assembly.¹¹¹ A pivotal change was the abundance of ${}^{1}H{-}^{1}H$ contacts between the side-chains that



Figure 48. Structural bundles of 10 lowest-energy conformers of fully protonated GB1 (a-d) and AP205CP (e-h) with specific long-range ${}^{1}H-{}^{1}H$ contacts indicated by purple lines: (b,f) between backbone amide protons; (c,g) between backbone amide and methyl protons of ILV residues, (d,h) between all protons. For AP205CP the symmetry-equivalent monomers are depicted in tan and cyan. Reproduced with permission from ref 111. Copyright 2016 National Academy of Sciences of the USA.

could be interpreted site-specifically and with reasonably low ambiguity (Figure 48). For the first time, a structure calculation convergence was obtained without additional constraints from 13 C-detected experiments.

The same approach was later used to determine the structures of the more complex AlkL, hCAII and HELL-F. In the case of the AlkL β -barrel, the authors noted a clear pattern of proton-proton cross-strand contacts in 4D RFDR or NOE spectra, which were essential for the structure calculation. These contacts are due to the characteristic short H^N-H^N distances between hydrogen-bonded residues in antiparallel β sheets and their ease of measurement could explain the dominance of all- β and α + β proteins among solid-state structures determined using ${}^{1}H-{}^{1}H$ contacts. In the case of the HELL-F amyloid, a distinction between intra- and intermolecular contacts was necessary. Therefore, the approach was extended for measurement of intermolecular ¹H-¹H contacts using an asymmetric mixed labeling strategy based on an equimolar mixture of fully protonated proteins at natural abundance and deuterated, amide-reprotonated uniformly ¹⁵Nlabeled proteins (Figure 49).

8.4. Computational Aspects

One of the advantages of using ${}^{1}\text{H}{-}{}^{1}\text{H}$ contacts (as upper distance limits) for solid-state NMR structure determination is that the computational methods and software developed for protein structure determination in solution (such as CYANA,²⁸³ UNIO,²⁸⁴ ARIA,²⁸⁵ XPLOR-NIH;²⁸⁶ see Table 3) can be used with only minor adjustments of a few parameters.

Furthermore, specific routines for preparation of input data and structural analysis are applicable without modification. Figure 50 illustrates the approach used for calculating the structures of GB1 and AP205CP based on proton-detected solid-state NMR experiments.

The structures were calculated with the UNIO software package, by taking as inputs the backbone chemical shifts, the side-chain chemical shifts, TALOS+²⁸⁷ backbone dihedral angle restraints (based on ¹³C', ¹³C^{α}, ¹³C^{β}, ¹H^N, and ¹H^{α} chemical shifts), two to three 3D peak lists from (H)NHH,



Figure 49. (a) Mixed labeling strategy used to detect intermolecular interactions in HELL-F amyloid based on a (1/1) $[(U^{-1}H)^{/4}N)/(U^{-1}H^{N/2}H)^{15}N)]$ -labeled sample. (b) Intermolecular distances based on a $H\cdots(H)NH$ experiment on (1/1) $[(U^{-1}H)^{/4}N)/(U^{-1}H^{N/2}H)^{15}N)]$ -labeled HELL-F. Adapted with permission from ref 215. Copyright 2021 National Academy of Sciences of the USA.

aliphatic (H)CHH, and aromatic H(H)CH spectra (for GB1 only), and manually defined hydrogen bond (or other distance) restraints (for AP205CP only). The three peak lists were obtained by manual peak picking of the corresponding 3D RFDR spectra. The standard unsupervised UNIO-CANDID protocol was used, consisting of seven cycles of cross-peak assignment, conversion into meaningful distance restraints, and structure calculation using simulated annealing in CYANA. The only modifications to default parameters were larger chemical shift tolerances for cross-peak assignment corresponding to the experimental linewidths, namely 0.15 and 0.4 ppm for proton and heavy-atom dimensions. Default calibration of peak intensities (not volumes, to prevent integration errors due to signal overlap), assuming a median of deduced distances of 4 Å, was used with r^{-6} scaling of peak intensities. In addition to the torsion angle restraints from TALOS+, UNIO-generated torsion angle restraints for the backbone dihedral angles φ and ψ were added to the input for

hemical Reviews					pubs.acs.org/CR					Review				
	ref	270 111	235 249 252	97 142	112 177 269	140	233	111	227	271	60	215		225
	PDB ID	sJXV		2L3Z	2LUS	2N70	2N3D	SJZR	SMWV	6QEB	6QWR	6EKA		7Q12
	backbone rmsd, Å (heavy-atom rmsd, Å)	0.82 (1.71) 0.48 (1.04)	1.16 (2.09) 1.28 (2.05) 0.56	0.72 0.55 (1.06)	1.64 1.66 1.71	0.7 (1.1)	0.4 (1.0)	1.23 (1.84)	1.19	2.2 (2.8)	0.66 (1.40)	0.73 (1.18)		2.2 (2.8)
ucture Calculations Based on ¹ H– ¹ H Contacts and Structural Statistics	other restraints				175 PRE 445 PCS	¹³ C-det. TEDOR, PDSD, PAR, RFDR	116 H-bond, ¹³ C- det. PDSD, N(HH)C	27 H-bond	184 H-bond, ¹³ C- det. DARR		94 H-bond	26 H-bond		76 H-bond, 5 PRE, 38 AFM ^a
	torsion angle restraints	94 108	70 N/A N/A	N/A 120	182 182 182	92	172	352	256	302	303	68		292
	distance restraints per residue	9.2 13.7	4.7 1.6 1.8	1.4 2.8	1.3 1.7 1.9	4.4	18.8	5.3	6.6	5.9	3.1	4.5		0.34
	distance restraints (of which long-range)	517 (142) 766 (236)	294 (148) 99 (45) 112	110 (60) 212 (104)	192 (120) 257 297	191	1932 (488)	1376 (410)	1847 (435)	1583 (376)	769 (323)	211 (143)		60) 26
	input peak lists from ¹ H-detected experiments	CON(H)H, HN(H)H, N(H)H (H)NHH, (H)CHH, arom. H(H)CH	H(H)NH, H(H)CH HN(H)(H)(H) H(H)NH	HN(H)H, (H)CH(H)CH (1): HN(H)H; (2): (H)CH(H)CH	HHN(H) HHN(H)	(H)СНН, (H)NHH	HN(H)(H)NH	(H)NHH, (H)СНН	(H)NHH, (H)N(HH)NH	Н(Н)ИН, Н(Н)СН	(1) (H)NH(H)NH; (2): H(H)NH, H(H)CH, (H) N(HH)NH, (H)C(HH)CH (H)NH(H)NH	(1): H(H)NH, H(H)CH; (2) H(H)NH	mixed labeling: H(H)NH	HN(H)(H)NH 4-determined barrel shape.
-State NMR St	software	XPLOR-NIH UNIO/CYANA	ARIA ARIA €NORA2	CYANA CYANA	UNIO/CYANA UNIO/CYANA CYANA	XPLOR-NIH	XPLOR-NIH	UNIO/CYANA	ARIA	ARIA	CYANA	ARIA		CYANA nts based on AFN
Table 3. Details of Solid	protein and labeling	GB1 U ¹ Ht ^N , ² H, ¹³ C, ¹⁵ N U ⁻¹³ C, ¹⁵ N GH3	U-(25%) ¹ H ^N , ² H, ¹³ C, ¹⁵ N U-(25%) ¹ H ^N , ² H, ¹³ C, ¹⁵ N U- ¹ H ^N , ² H, ¹³ C, ¹⁵ N	$\begin{array}{c} \text{Uotquint} \\ \text{U}^2\text{H}_1^{15}\text{N}, \text{LV}^{13}\text{CHD}_2 \\ (1) \text{ U}^2\text{H}_1^{13}\text{N}, 2\text{H}_1^{13}\text{C}_1^{15}\text{N}_1 \\ (2) \text{ U}^2\text{H}_1^{13}\text{CHD}_2 \\ (2) \text{ U}^2\text{H}_2^{13} \\ \text{LV}^{13}\text{CHD}_2 \end{array}$	U ¹ H ^N , ² H, ¹³ C, ¹⁵ N U ¹ H ^N , ² H, ¹³ C, ¹⁵ N U ¹ H ^N , ² H, ¹³ C, ¹⁵ N	U ¹ H ^N , ² H, ¹³ C, ¹⁵ N, ILV- ¹³ CHD ₂	ВасА U- ¹ H ^N ² H, ¹³ C, ¹⁵ N	AP205CP U ^{_13} C, ¹⁵ N	U- ¹ H ^N , ² H, ¹³ C, ¹⁵ N	hCAII U_ ¹³ C, ¹⁵ N	$\begin{array}{c} \mathbf{A}_{11} \mathbf{X}_{1} \\ (1) \ \mathbf{U}^{-1} \mathbf{H}^{N} \ \mathbf{Z}_{1} \\ (2) \ \mathbf{U}^{-13} \mathbf{C}_{1} \ \mathbf{U}^{5} \mathbf{N}_{3} \end{array}$	HELLF (1) $U^{-13}C_{, 15}N_{;}$ (2) $1/1 U^{-1}H_{, 14}N/U^{-1}H^{N}_{,}$ $^{2}H_{, 15}N_{;}$		UDALI U ¹ H ^N , ² H, ¹³ C, ¹⁵ N $a^{13}Ca^{-13}Ca$ distance restrai

Ch



Figure 50. Flowchart of protein structure calculation based on proton-detected solid-state NMR experimental input. At the bottom, statistics of the GB1 structure calculation using UNIO-CANDID/CYANA are shown, illustrating the convergence of the calculation from cycles 1 to 7.¹¹¹



Figure 51. Proton-proton contact maps measured for AlkL. In (a), automatically generated contacts from peaks picked from the (H)NH(H)NH spectra. Contacts arising from one side of the spectrum diagonal are shown in red, whereas those from the other are shown in blue. In (b), the contact map of the final structure is shown, after resolution of ambiguities using CYANA, and including contacts from all spectra. Adapted with permission from ref 60. Copyright 2020 National Academy of Sciences of the USA.

each cycle of structure calculation. 80 structures were calculated in each cycle, and the 20 conformers with the lowest CYANA target function values were selected and passed to the subsequent cycle. The statistics of the GB1 structure calculation shown in Figure 50 illustrate the convergence of the structure calculation of GB1 from the first to last cycle. An important aspect of the iterative approach to interpretation of the initially ambiguous ${}^{1}\text{H}{-}{}^{1}\text{H}$ contacts is that in subsequent cycles, most of erroneous cross-peak assignments are discarded based on the approximate (interim) structure. This was clearly illustrated during structure determination of AlkL, where a clear pattern of contacts between residues in antiparallel β -sheets appeared in the course of calculation, but was initially obscured by spectral ambiguities (Figure 51).

Table 3 lists the input data for solid-state NMR protein structure calculations with ${}^{1}\text{H}{-}{}^{1}\text{H}$ upper distance limits and structural statistics. In contrast to the common approach used for interpretation of ${}^{13}\text{C}{-}^{13}\text{C}$ contacts, ${}^{1}\text{H}{-}^{1}\text{H}$ cross-peaks

were in nearly all cases interpreted quantitatively (and not grouped qualitatively). This is because of the rather uniform degree of (re)protonation across different protein residues. Furthermore, the conversion into distance restraints was mostly done using automated methods available in the used NMR structure calculation software assuming r^{-6} scaling of peak intensities.

The quality of experimental input data and reliability of the structure calculations is often characterized by the number of distance restraints per residue, which is in the range of 1.7-18.8. For some proteins such as GB1 and BacA this number is approaching a value characteristic for solution NMR structure determinations (>10). However, in most cases the structures were calculated based on approximately 4-6 distance restraints per residue. Therefore, to obtain structures with high precision (i.e., with backbone rmsd < 2 Å), the distance restraints were complemented with other types of experimental restraints, mostly torsion angle restraints determined from backbone

chemical shifts using TALOS+, hydrogen bond restraints from characteristic contact patterns or initial structure calculations, or even paramagnetic relaxation enhancements (PREs) as in the case of SOD.

8.5. Integrative Approaches

The ${}^{1}\text{H}-{}^{1}\text{H}$ contacts obtained from solid-state NMR have also been combined with structural data obtained using other methods such as cryo-EM and solution NMR for calculation of hybrid structures of TET2 aminopeptidase and SPP1 tail tube (Figure 52).



Figure 52. "Hybrid" structures of TET2 aminopeptidase (PDB ID 6F3K) and bacteriophage SPP1 tail tube (PDB ID 6YQ5) determined using solid-state NMR $^{1}H-^{1}H$ contacts together with other structural methods (solution NMR and/or cryo-EM).

In the case of TET2, ¹H-¹H distances between backbone amide sites and between amides and methyls of ILV sidechains as well as contacts between such methyls were measured in a single time-shared ¹³C/¹⁵N 3D RFDR experiment. ¹³C-¹³C distances were additionally measured on a selectively LKP-labeled sample. However, attempts to calculate the structure from the NMR data (471 spectrally unambiguous and 45 spectrally ambiguous distance restraints, 544 backbone dihedral angle restraints) failed in achieving convergence. Therefore, an approach was developed for the combined use of EM and NMR data, which is applicable to cases where only medium-resolution cryo-EM maps (between 6 and 10 Å) are available. In this approach, certain structural elements (e.g., α helices) and their relative arrangement in 3D space is identified in the medium-resolution EM maps and included as distance restraints in the NMR-based structure calculation driving the convergence toward the correct fold.²²

In the case of SPP1 tail tube, highly unambiguous long-range ${}^{1}H-{}^{1}H$ distance restraints between amides, methyl groups, methyl, and amide sites (both globally and at protein—protein interfaces) were measured using 4D and 3D RFDR experiments with several differently labeled samples. Combination of the local information provided by the NMR restraints with the global shape information encoded in the cryo-EM map allowed the authors to compute a near-atomic structure of the tail tube, which was not possible based only on the NMR restraints and homology information with literature values for the symmetry parameters.²⁷²

These two examples illustrate the power of an integrated approach, where NMR provides structural information on a shorter and cryo-EM on a longer length scales.

9. ¹H DETECTION AND PROTEIN DYNAMICS

Protein function tightly depends on a hierarchy of local and collective conformational transitions, which encompasses over 15 orders of magnitude in time.^{288,289} One of the long recognized advantages of NMR is to measure molecular motions with both time and space resolution. The measurement of dynamics is of particular interest in solid samples such as microcrystals, hydrated sediments and transmembrane proteins, where functionally relevant internal motions are present, while the overall rotational tumbling, which often dominates solution NMR studies, is abrogated. In powdered solids under MAS, information on the motional process is obtained either by measuring site-specifically anisotropic spin interaction tensors (recoupling) or by measuring spin relaxation and chemical exchange, which detect the fluctuations of the interaction tensor within observable-specific "time windows".

¹H-detected NMR spectroscopy at fast MAS has developed as an asset in this context. Relaxation/recoupling modules can be combined with 2D ¹H,¹⁵N and ¹H,¹³C correlation sequences (typically "CP-HSQC" or "J-HSQC") into schemes that possess the resolution required for the efficient determination of multiple site-specific parameters in large proteins, as sketched in Figure 53. A general scheme is presented in Figure 53b, where 2D sequences can be used as read-out modules combined with a third relaxation/recoupling pseudodimension. Depending on the nucleus of interest (X or ¹H, respectively), the relaxation/recoupling block can be inserted before or after the second polarization transfer. As recalled in section 5, at fast MAS rates these experiments employ only low-power RF fields, thus removing the danger associated with prolonged high-power irradiations. In parallel, the leap forward in sensitivity offered by ¹H detection introduces a drastic reduction in the experimental times. As an example, the measurement of 15 N T_1 in microcrystalline Crh, a dimeric protein of 85 residues, reported by Giraud et al. required 540 h of signal averaging, 290 whereas less than 12 h are necessary today with ¹H detection and fast MAS for targets of equivalent molecular complexity. Further addition of a heatcompensation block after the detection of the FID assures constant irradiation conditions for the sample throughout the whole experiment and is often necessary to eliminate small inconsistencies between different time points of the pseudodimension. Overall, this reduces the vulnerability of the experiment to machine or sample instabilities and yields reliable and consistent datasets. For proteins of medium size (up to 150 residues), the resolution provided by 2D ¹H,¹⁵N correlations at high magnetic fields with 60 kHz MAS (in deuterated samples) or 100 kHz MAS (in fully protonated samples) is typically sufficient to resolve more than 50% of sites. This guarantees that the pseudo-3D schemes described above yield a sufficient number of site-specific probes for dynamics distributed across the primary sequence. In the case of larger molecules, these schemes can be further extended including an additional chemical shift-encoding dimension for improved resolution.^{60,203,291} In fully protonated molecules, the coupling to many different protons prevents the accurate interpretation of anisotropic lineshapes, and coherent contributions interfere with the measurement of relaxation parameters. As we will see below and shown in Table 4, the very same approaches developed in the last decades and based on proton dilution by deuteration and/or faster MAS to favor



Figure 53. (a–c) Schematic representation of (b) spin relaxation caused by fluctuations of the anisotropic interactions and (c) direct measurement of scaled (motion-averaged) anisotropic interaction tensors, encoded in two chemical shift dimensions (a). Reproduced with permission from ref 27. Copyright 2021 Elsevier. (d) General block scheme of a ¹H-detected NMR experiment for site-specific measurement of heteronuclear spin relaxation, exchange, and/or anisotropic interaction recoupling for which the "relaxation/recoupling" block is detailed in (e).

¹H detection, alleviate these problems and have transformed our practice for detecting and quantifying motions in biomolecules.

9.1. Recoupling of Anisotropic Interactions

One of the most direct ways to quantify dynamical processes by solid-state NMR is to measure anisotropic interaction tensors. If motional modes with frequencies larger than the strength of an NMR interaction happen, dynamics partially average the observed components of the corresponding tensor. The measurement of the motionally scaled anisotropy and asymmetry thus brings direct information on the spatial sampling of the molecule. One-bond ${}^{1}H-X$ (X = ${}^{13}C$, ${}^{15}N$) dipolar couplings give a straightforward access to order parameters $S = \delta_D / \delta_{D,rigid}$, as the rigid-limit reference $\delta_{D,rigid}$ corresponds to the bond distance. Many techniques exist to selectively reintroduce these interactions under slow MAS, but their precision is typically affected by the prolonged highpower RF irradiations necessary to eliminate the parasite contributions from ${}^{1}H-{}^{1}H$ couplings (see ref 304). Reif's group was the first to demonstrate that high proton dilution (perdeuteration and 10% back-exchange) removes the requirement for homonuclear decoupling in these sequences, allowing the measurement of backbone ¹H-¹⁵N dipolar couplings with high accuracy.^{301,305} In these early implementations, ¹⁵N coherences were dephased by a phase-inverted CP (CPPI),

in which Hartmann–Hahn matching alternates between the +1 and -1 rotary resonance condition.³⁰¹ Provided highly deuterated samples are used, rotational-echo double resonance (REDOR),³⁰⁶ which makes use of a train of rotorsynchronized π pulses, was subsequently shown to be more robust toward RF mis-setting and offset position.307 With perdeuterated and 10-30% back-exchanged proteins in the 40-60 kHz MAS regime, REDOR guarantees an elevated precision for the determination of backbone order parameters^{308–310} and provides information also on the asymmetry of the dipolar interaction tensor, a relevant information for the description of side-chain rotameric motions.⁹⁸ The main limitation in the application of REDOR is its sensitivity to the presence of neighboring protons, which introduces an additional dephasing contribution. Higher MAS rates make the method compatible with less stringent proton dilution, and for example numerical simulations have shown that REDOR can be applied to perdeuterated proteins with 100% back-exchange when MAS frequencies exceed 100 kHz.³¹¹ The variable contact time cross-polarization (CPVC)^{303,312} is an alternative approach that determines the dipolar couplings directly by registering the dipolar modulation active during the polarization transfer step. This method is particularly suitable in fast MAS conditions and elevated proton contents, as the decoupling of ¹H homonuclear dipolar interactions does not depend on rotor synchronization but is guaranteed by MAS

Table 4. Summary of the Minimal MAS Frequency Required to Make the Coherent Effects on the Dynamic Observables Discussed in the Text Negligible under Different **Protonation Conditions**

observable	proton content	min MAS rate (kHz)	ref
15 N R_1	$\ll 100\% H^N$	13	292
	100% H ^N	50	177
	100% H	50	293
${}^{13}C' R_1$	100% H	60	184
13 C α R_1	sel. lab. ^a	50	294
	100% H	>100	295
$^{13}Cs R_1^{b}$	sel. lab. ^a	24	294
	100% H	>100	295
NOE	≪100% H	20	296
¹⁵ N $R_{1\rho}^{c}$	$\ll 100\% H^N$	20	297
	100% H ^N	27	298
	100% H	45	298
${}^{13}C' R_{1\rho}^{c}$	100% H	45	55
¹³ C $\alpha R_{1\rho}^{c}$	100% H	45	55
${}^{1}\text{H} R_{1\rho}$	100% H ^N	>150	50
	100% H	>150	50
¹⁵ N RD ^d	$\ll 100\% H^N$	39.5	38
	100% H ^N	60	299
13 C RD ^d	sel. lab. ^a	55	294
¹ H RD^d	$\ll 100\% H^N$	40	300
	100% H ^N	>150	50
¹ H CSA	100% H	100	58
$D(^{1}H-^{15}N)^{e}$	$\ll 100\% \text{ H}^{N}$	20	301
	$100\% H^N$	40	302
	100% H	40	303
$D(^{1}H-^{13}C)^{e}$	≪100% H	20	98
	100% H	40	303
Selective ¹³ C	labeling. ^b Side-cha	$1^{13}C$ R ₁ . ^c Spin loc	k fields

amplitudes >10 kHz. ^dRelaxation dispersion. ^eDipolar coupling.

frequencies above 40 kHz. The CPVC pulse sequence has been implemented for ¹H detection³¹³ in a pseudo-3D and, recently, pseudo-4D manner²⁹¹ and proven to be suitable even on unlabeled molecules.³¹⁴ Reif and co-workers have also recently presented a completely different approach, based on the measurement of the dipolar dephasing during a spin-echo at off-magic-angle conditions in highly deuterated samples. A small magic-angle misadjustment (on the order of 0.0388°) does not degrade significantly the quality of the ¹H-¹⁵N and ¹H-¹³C correlation spectra but is sufficient for the quantification of the heteronuclear dipolar coupling constants.^{315,316} This method can be applied at arbitrarily high MAS frequencies, as neither rotor synchronization nor particularly high radio frequency field strengths are required.

9.2. Spin Relaxation Rates

While averaged anisotropies are mainly reporting on geometric details of the dynamics, nuclear spin relaxation gives more specific access to motional time scales. Figure 54 shows the sensitivity of the most notable relaxation rates to motional time scales, as derived from Redfield theory.³¹⁷

On the fastest edge, longitudinal relaxation rates report on motions in the picosecond-nanosecond window, that is on fast backbone and side-chain fluctuations.¹⁸⁴ In the solid state, however, proton-driven spin-diffusion during the longitudinal relaxation period promotes magnetization transfer between spins. This introduces a coupling to fast relaxing sites



Figure 54. ¹⁵N (a) and ¹³C (b) R_1 and $R_{1\rho}$ relaxation rates calculated for variable correlation times and variable Larmor frequency (for R_1) or MAS frequency (for $R_{1\rho}$). Relaxation rates are calculated using the expressions derived from Redfield theory in ref 317 by assuming that ¹⁵N relaxation is driven by the dipolar interaction with a ¹H spin 1.02 Å away and by its CSA (170 ppm). For ¹³C relaxation, we considered a dipolar interaction with a ¹H spin 1.1 Å away and a CSA of 40 ppm. The density functions are assumed to follow the model-free formalism, with only the "internal" part of the Lipari–Szabo function³⁴ and the order parameter S^2 fixed to 0.85.

(relaxation "sinks") which flattens the measured R_1 rates of different sites into average values which are no longer reporting on internal dynamics.

This effect is smallest on ¹⁵N, which has a lower gyromagnetic ratio and is sparsely distributed in a protein. ¹⁵N PDSD is present but small in protonated samples at 10–20 kHz MAS and on 500-700 MHz spectrometers.^{292,318} As PDSD scales inversely with the magnetic field strength and MAS frequency, its effect is completely suppressed with 60 kHz MAS on a 1 GHz machine¹⁷⁷ and ¹⁵N R_1 rates can be quantified reliably.

The situation is more complex for ¹³C spins, which have larger gyromagnetic ratios and are present in a much denser network in proteins. This makes 13C PDSD much more efficient to the point that it dominates the measurement of longitudinal relaxation rates for C α and side-chain carbons¹⁸⁴ and is not abrogated even at the fastest MAS available today. Longitudinal relaxation of aliphatic ¹³C spins, which encodes information about side-chain motions, can be retrieved by combining fast (>50 kHz) MAS with a particular labeling scheme where both ¹H and ¹³C spins are diluted via deuteration and sparse ¹³C labeling.²⁹⁴ The case of carbonyl ¹³C is different by virtue of their distinct chemical shifts which slows down PDSD, so that at 60 kHz MAS site-specific relaxation rates can be measured even in fully protonated proteins.¹⁸⁴ ${}^{13}C' R_1$ rates represent a complementary probe of fast (picosecond-nanosecond) backbone fluctuations,⁵⁵ and today they can be measured simultaneously with ^{15}N R_1 rates, in a strategy which optimizes the experimental time.²⁹

Earlier attempts to enrich the picture of protein dynamics provided by longitudinal relaxation rates focused, in analogy with the solution NMR approaches, on the measurement of heteronuclear NOEs under MAS.³¹⁹ Only high deuteration and selective labeling, however, were shown to yield NOE

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Table 5. Published Quantitative Analysis of Backbone Dynamics with Spin Relaxation

protein (form)	proton content	MAS (kHz)	method of analysis ^a	ref
Crh (microcrystalline) ^b	100% H	10	C-EAS	290
	100% H	10	3D-GAF-EAS	325
thioredoxin (precipitate) ^b	100% H	10		331
SH3 (microcrystalline)	10% H ^N	20	EMF, C	320
	30% H ^N	27.7, 40, 55.5	SMF, BMRD, NERRD	332
ubiquitin (microcrystalline)	30% H ^N	45	EMF	308
	50% H ^N	39.4	EMF	293
GB1 (microcrystalline)	100% H	60	C-EAS, 1D-GAF-EAS	298
	100% H	60	EMF	55
	100% H	60	SMF, BMRD	333
GB1 (in complex with IgG, precipitate)	100% H	45/52/60	3D-GAF, BMRD	299
	100% H	60	SMF, RD	333
ubiquitin (microcrystalline)	20% H	50	BMRD	40
	50% H	39.5	BMRD, NERRD	38
	20% H	44	BMRD, NERRD	334
SOD (microcrystalline)	100% H	60	C-EAS, 1D-GAF-EAS, SMF	177
	100% H ^N	60	SMF, BMRD	335
ASR (membrane-embedded) b	100% H	8/12/50	SMF	336
	100% H	20/60	EMF, 3D-GAF	337
HET-s (fibrils)	100% H ^N /25% H (iFD)	40/60	EMF	310
OmpA (membrane-embedded)	100% H ^N	60	3D-GAF-EAS	338
β 2m (microcrystalline)	100% H ^N	60	SMF, BMRD	234
hCAII (microcrystalline)	100% H ^N	55.5	BMRD, NERRD	339
rhomboid protease (membrane embedded)	100% H ^N	60	BMRD	230
huPrP23–144 (fibrils)	50% H ^N	40	BMRD, NERRD	340

 ${}^{a}GAF$ = Gaussian axial fluctuations; SMF = simple model free; EMF = extended model free; C = diffusion in a cone; EAS = explicit averaged sums; 290 BMRD = Bloch-McConnell relaxation-dispersion; NERRD = near-rotary resonance relaxation-dispersion. ${}^{b}Studies$ based on ${}^{13}C$ detection.

values free from coherent contributions.²⁹⁶ Another strategy to refine the determination of motional time scales consists in exploiting the dominant contribution of terms depending on Larmor frequency in the expression of R_1 relaxation rates via the measurement of ¹⁵N and ¹³C R_1 rates at variable magnetic fields.^{320,321}

In principle, transverse relaxation rates represent a more complementary piece of information to reconstruct the protein dynamics landscape, as they are sensitive to motions on a slower time scale. While in solution the most used parameters in this case is ${}^{15}N$ R₂, the particular sensitivity of this observable to coherent dephasing triggered the investigation of alternative parameters with equivalent sensitivity to slower motional time scales. CSA/dipolar cross-correlated relaxation rates have been first used as probes of ns-ms motions of perdeuterated proteins.^{322–324} These parameters are calculated as the difference of decay rates for two doublet components, so to cancel the impact coherent dephasing, which affects both lines identically. The most accessible parameters in this context are ¹⁵N and ¹³C' spin-lattice relaxation rates in the presence of a spin-lock field (15 N and 13 C' $R_{1
ho}$). Also in these cases, the measurements are susceptible to residual coherent effects in fully protonated samples. For example, MAS frequencies >40 kHz and a spin-lock nutation frequency >15 kHz are required to accurately measure ¹⁵N $R_{1\rho}^{298}$ and ¹³C' $R_{1\rho}^{55}$ in fully protonated solids. On deuterated samples, the requirement on the spin-lock nutation frequency is further weakened, with the possibility of observing ¹⁵N $R_{1\rho}$ relaxation in the window below 10 kHz spin-lock fields.^{38,297}

9.3. Modeling Protein Dynamics

The combination of data sets for different observables represents the most efficient route to approach the complexity of protein motions. The combined analysis of different relaxation rates (typically ¹⁵N R_1 and $R_{1\rho}$) models dynamics with discrete time distributions.^{177,325} This can be carried out using the Lipari and Szabo's model-free approach (with a single time scale of motion, simple model free or SMF; with multiple independent time scales, extended model free or EMF), or by explicitly taking into account the spatial sampling of the motions (as restricted rotational diffusion of unit bond vectors (e.g., amide NH) in a cone,³⁴ discrete jumps,³²⁶ or 3D anisotropic Gaussian axial fluctuations (GAF) of the amide NH bond orientations.³²⁷ All of these analyses gain robustness when additionally complemented with global order parameters from averaged dipolar couplings.^{308,328} As an alternative, a model-independent approach has been recently proposed which considers the existence of a continuous rather than discrete distribution of motions.³²⁹ This analysis is based on the use of "dynamic detectors", reporters which are obtained as linear combination of relaxation rates and can be optimized so to cover more uniformly the range of correlation times.³³⁰ Table 5 reports an overview of MAS NMR studies where

backbone motions were analyzed quantitatively using motional models.

9.4. Exchange Spectroscopy

As in solution NMR, relaxation rates may have contributions arising from chemical shift fluctuations occurring during conformational exchange. This phenomenon is the basis for another class of experiments, classically grouped under the name "exchange spectroscopy".³⁴¹ ¹H-detected methods at fast MAS have fueled the development of these techniques, which reveal "invisible" excited states of proteins involved in crucial phenomena such as transport, signaling, folding, and misfolding. Slow (microsecond-millisecond) processes can be unveiled by measuring ¹⁵N $R_{1\rho}$ at variable spin-lock fields, the commonly named relaxation-dispersion (RD) experiment (Table 5). In solids, this experiment can be implemented by either measuring on-resonance ¹⁵N $R_{1\rho}$ with relatively low-power irradiations (3–20 kHz)²⁹⁸ or by sampling spin-lock fields approaching the MAS frequency,^{38,342} a method dubbed near rotary resonance RD (NERRD) that relies on the interference between sample rotation and RF irradiation (Figure 55).



Figure 55. ¹⁵N $R_{1\rho}$ relaxation–dispersion profiles for motions occurring at a typical time scale τ of 1 ms (blue) or 10 ns (red). The profiles are the sum of the rates calculated with Bloch–McConnell equations for a two-site exchange (with τ defined as 1/ k_{ex})³⁴³ and $R_{1\rho}$ expression derived from Redfield theory for 40 kHz MAS (with τ being the correlation time).³¹⁷

A fit of the resulting profile $R_{1\rho}$ versus RF strength with the Bloch-McConnell equations returns parameters such as the populations of the exchanging conformational states, their chemical shifts and their exchange rate. These parameters are often highly correlated if only the low-power irradiation window is measured, as it is the case in solution NMR studies. Under MAS, joint analysis with the NERRD data permits to disentangle the fit parameters and to derive additional structure information. RD methodology requires the acquisition of a relatively large number of relaxation experiments, but can be accelerated significantly via paramagnetic doping, which reduces ¹H T_1 times but does not affect the exchange contribution to the measured ¹⁵N $R_{1\rho}$ rates.³³³ Coherent effects are even more detrimental for the ¹³C $R_{1\rho}$ relaxation– dispersion experiments, where additionally ${}^{13}C^{-13}C$ dipolar and scalar couplings further complicate quantitative interpretations. The only successful ¹³C $R_{1\rho}$ RD study made use of selective ¹³C-¹H labeling and fast MAS rates for the characterization of slow aromatic ring flips.³⁴⁴ For the slow (microsecond-millisecond) processes, Rovó and Linser recently showed that a more accurate description, including

quantification of the relative populations of exchanging states, can be obtained if off-resonance ¹⁵N $R_{1\rho}$ data are combined with chemical exchange saturation transfer (CEST) profiles.³⁴⁵ CEST relies on a RF irradiation period with varying offset which produces a saturation profile dependent on the chemical shift of the (invisible) alternative conformer.³⁴⁶ Only in the case where extensive deuteration is combined with fast MAS rates, the investigation of conformational exchange can be extended to slower millisecond time scales by CPMG relaxation–dispersion⁴⁰ and to the millisecond–second range by dipolar- or CSA-based exchange spectroscopy.³⁴⁷

9.5. ¹H-Based Dynamics

By efficiently averaging strong ¹H–¹H couplings, fast MAS paves the way to CSA recoupling, spin relaxation and RD experiments on ¹H, removing the need for ¹H-decoupling via Lee–Goldberg irradiations, used in early implementations.³⁴⁸

¹H CSA is a small effect but extremely diagnostic of dynamics and hydrogen bonding interactions. A particularly adapted solution for its measurement is provided by symmetrybased recoupling sequences of the RN_n^{ν} family,²⁴⁶ consisting of trains of rotor-synchronized π pulses applied with a specific phase increment. Polenova's laboratory has presented in-depth analysis of the performance of such experiments and validated their site-specific application to various protein assemblies.³⁴⁹ 2D and 3D ¹H-detected implementations have been demonstrated at 100 kHz MAS on organic powders,^{350,351} in a peptide at natural isotopic abundance³⁵² and on tubular assemblies of fully protonated HIV-CA protein.⁵⁸ A scheme based on C_n^1 symmetry was more recently used to selectively recouple ¹H CSA in strongly coupled ¹H networks for application to fully protonated samples under fast MAS.³⁵³

The palette of observables for protein dynamics has been further extended with preliminary investigations of ¹H $R_{1\rho}$ RD. ¹H $R_{1\rho}$ relaxation is of particular interest, as it is driven by dipolar couplings with several protons from neighboring residues, and could therefore, in principle, report on largescale structural rearrangements and on translations of the amide vector. Analyses of $R_{1\rho}$ RD have been reported for amide protons in highly deuterated proteins at MAS rates in the 30–60 kHz regime, showing that even under these conditions these rates are affected by coherent effects and are only compatible with a qualitative picture of protein motions.^{300,332}

10. STRUCTURAL AND DYNAMICAL BIOLOGY BY ¹H-DETECTED MAS NMR

Given their peripheral location, protons are very sensitive probes of any structural and/or environmental changes of proteins. Direct observation of proton nuclei allows monitoring of the ¹H NMR resonances and their relaxation properties with high sensitivity (per unit sample), and therefore ¹H-detected solid-state NMR is an excellent technique for studying protein interactions in systems available in limited quantities. In this section, we review the plethora of recent examples leveraging the advantages of ¹H-detected solid-state NMR for the study of protein interactions, dynamics, protonation states, hydrogen bonding, water exposure, and environmental effects, which all are important indicators of protein function. For large molecules, fast MAS averages anisotropic interactions more efficiently than Brownian motions in solution, and MAS NMR thus provides site-resolved pictures of structure and internal dynamics independently from the molecular size. In addition, crystallinity is not a prerequisite for obtaining resolved spectra with MAS NMR, making this technique particularly suitable to investigate precipitates of binary protein-protein or protein-DNA complexes, large modular molecular machines and periodic assemblies such as viral capsids.

In one of the first applications of this concept, sedimentation and ¹H-detected NMR were employed to investigate the 20S proteasome degradation machinery of Thermoplasma acidophilum.³⁵⁴ The modular architecture of this particle followed the spectral fingerprint of the α -subunit (26 kDa) inside assemblies, whose size was progressively increased from 360 kDa to 1.1 MDa by the addition of β -subunit and 11S activator (Figure 56). Samples were perdeuterated, and only the α



Figure 56. (a) Side view of the proteasome assembly of Thermoplasma acidophilum with its molecular weight. The heptameric rings of the α -, β -, and 11S-subunits are colored in green, red, and white, respectively. One α -subunit is highlighted in orange. (b) Resonance assignment of the proteasome α -subunit within the 1.1 MDa 11S- $\alpha_7\beta_7\beta_7\alpha_7$ -11S complex. Reprinted with permission from ref 354. Copyright 2013 John Wiley & Sons.

subunit was ¹³C- and ¹⁵N-labeled and sparsely protonated $(\sim 20\%)$ at amide sites. This approach allowed the extraction of secondary structure information and the observation of intersubunit contacts within the assembly.

At the same time, Reif's group studied the human small heatshock protein α B-crystallin in concentrated solutions by ¹Hdetected MAS NMR spectroscopy. αB is an ATP-independent chaperone that inhibits uncontrolled protein aggregation. A comparison between spectra of oligomeric αB and dimeric α B10m revealed the interaction sites between neighboring dimers in the oligomer. NMR was then used to study the interaction of αB with fibril-forming Alzheimer's disease A β_{1-40} peptide and lysozyme.³⁵⁵

Faster MAS rates allowed the extension of this methodology to samples prepared with lower proton dilution. In another milestone work, Reif and co-workers identified residues of a 48

kDa trigger factor (TF) chaperone which are involved in binding to the ribosome. TF stabilizes nascent chains (NCs) emerging from the ribosomal tunnel and plays a crucial role in the cotranslational folding. The ²H,¹³C,¹⁵N-labeled ribosome binding domain of the trigger factor in complex with deuterated 50S ribosomal subunit was sedimented into a 1.3 mm NMR rotor. Well-resolved ¹⁵N-¹H CP-HSQC spectra were obtained at a MAS frequency of 60 kHz, and the comparison with solution NMR spectroscopic data of free TF allowed the residues which are involved in binding to 50S subunit to be identified.356

In Pintacuda's laboratory, the same procedure was applied to study weak and transient interactions in the bacterial replisome.³⁵⁷ Chemical shift and relaxation mapping were notably used for the structural and dynamical characterization of the transient association between two regions in a noncrystalline, 80 kDa protein assembly. This lead to a direct verification of a mechanism of regulation of E. coli DNA metabolism.

In another work from the same group, high-resolution ¹Hdetected NMR fingerprints were used to probe the degree of molecular order and flexibility of individual capsid proteins in both intact and trypsin-digested sedimented measles nucleocapsids.³⁵⁸ Later, Polenova and co-workers presented the first ¹H-detected spectra of tubular assemblies of HIV-1 capsid protein. High-resolution 2D and 3D spectra permitted the assignment of many residues, but several stretches of residues were missing in the spectra due to exchange broadening at high temperature.³

Böckmann and co-workers expanded their work on hepatitis B virus capsids, previously studied by ¹³C-detected methods, with proton-detected solid-state NMR at 100 kHz MAS. The authors compared the completeness of assignments, discussed the use of protonated versus deuterated samples for this protein, and compared spectra recorded on the deuterated protein at 60 and 100 kHz.¹¹³

Lewandowski and co-workers employed this methodology with 100 kHz MAS to characterize the sedimented complex of a fully protonated GB1 with a full-length human immunoglobulin which has a molecular weight exceeding 300 kDa. Given the sensitivity boost provided by ¹H detection, acquisition of spectra suitable for the quantitative analysis of the complex was feasible in a matter of minutes to hours using quantities as small as a few nanomoles.³⁵⁹

Protein-protein interactions not only induce structural changes but can also impact protein dynamics. In a follow-up study,²⁹⁹ these authors compared the backbone dynamics for protein GB1 in the crystalline form and the precipitated GB1antibody complex. ¹⁵N R_1 and $R_{1\rho}$ relaxation rate measurements were performed on a 100% proton back-exchanged ²H, ¹³C, ¹⁵N-labeled GB1 samples on a 850 MHz spectrometer and at 60 kHz MAS frequency, providing a picture of protein dynamics at time scales spanning 9 orders of magnitude. The data revealed that the crystal packing and protein-antibody interactions in the pure crystalline and IgG-bound forms mainly influence slow molecular motions in the microsecondmillisecond (>500 ns) range, which are more prevalent in the complex, whereas dynamics in the picosecond-nanosecond time scale were generally conserved.

More recently, the same authors used sedimentation and 100 kHz MAS NMR to map interaction surfaces and structural rearrangements in the 70 kDa complex between two nonribosomal peptide synthetase subunits responsible for

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Figure 57. CP (H)PH correlation spectrum recorded on a sedimented complex of DnaB with ADP:AlF₄⁻ and DNA at 105 kHz MAS. Correlations between the phosphate groups and ADP or DNA are highlighted in green and light red/purple, respectively. Reproduced with permission from ref 364. Copyright 2021 Springer Nature.

chain release from the enacyloxin polyketide synthase, which binds an antibiotic with promising activity against the pathogen *Acinetobacter baumannii*.³⁶⁰

Recently, Schanda and co-workers presented new results on TET2. The 0.5 MDa aminopeptidase, a prototypical protease important for cellular homeostasis, degrades peptides within a ~ 60 Å wide tetrahedral chamber with four lateral openings. MAS NMR revealed that a loop in the catalytic chamber is a key element for enzymatic function. REDOR and NERRD measurements on specifically methyl-labeled samples showed that the loop samples a wide conformational space within the cavity and is able to stabilize ligands in the active site, whereby a conserved histidine plays a key role. The data provided strong evidence for the functional importance of highly dynamic parts of enzymes and the potential of MAS NMR to investigate their dynamics at atomic resolution.³⁶¹

Using the same model system, Schanda and co-workers demonstrated that ¹H-detected fast MAS NMR combined with a tailored isotope labeling scheme can provide insight into central functional and structural role of aromatic residues. A particular difficulty in observing their resonances in large proteins is dynamics and limited spectral dispersion. In their unique study, the authors quantified the ring-flip motions in phenyloalanine residues as a function of temperature by MAS NMR measurements down to 100 K. Furthermore, ¹³C $R_{1\rho}$ relaxation—dispersion measurements were used to detect structural excursions occurring on a microsecond time scale in the entry pore to the catalytic chamber and at a trimer interface that was proposed as the exit pore.³⁴⁴

The influence of the environment on protein structures is of high relevance in the field of vaccines, where chemically coupled or cocrystallized adjuvants may alter the properties of antigens in pharmaceutical formulations. MAS NMR was recently applied to assess the structure of the influenza virus hemagglutinin antigen, both in its free form and chemically coupled to the surface of large (2.5 MDa) virus-like particles. The sensitivity boost provided by high magnetic fields and proton detection at fast MAS rates allowed the signal reduction associated with the antigen dilution in the formulation to be overcome. Comparison of the MAS NMR fingerprints between the free and coupled forms provided the structural evidence of the conservation of its native fold upon bioconjugation.³⁶²

Protein–DNA complexes were recently studied by Wiegand and co-workers. NMR experiments focusing on the detection of protein side-chains from lysine, arginine, and aromatic amino acids were employed to study an archaeal pRN1 primase-DNA complex and characterize protein–DNA contacts in the presence and absence of bound ATP molecules.³⁶³ In another work, DnaB helicase, an ATP-fueled catalyst responsible for the unwinding of DNA, was sedimented in complexes with nucleotides and single-stranded DNA. The transition state of ATP hydrolysis, which is part of the catalytic cycle, was captured and characterized by EPR and MAS NMR of different nuclei (³¹P, ¹⁹F, ²⁷Al).

Figure 57 shows a ${}^{1}H-{}^{31}P$ correlation spectrum probing the protein-DNA interface. Furthermore, ¹H-detected experiments at fast MAS allowed to access ¹H chemical shifts, whose temperature dependence was used to determine the presence of H-bonds in the nucleotide binding site.³⁶⁴ The Carlomagno and Marchanka lab has pioneered various solidstate NMR applications for RNA, most commonly within the microcrystalline L7Ae box C/D RNA complex from Pyrococcus *furiosus*. First ¹H-detected spectra of the complex were obtained using 20 kHz MAS and 90% deuteration. The protein-RNA interface was identified from a comparison of protonated and ²H-labeled RNA samples, based on the fact that in the protonated RNA sample, protein regions in close proximity to RNA protons show reduced signal intensities because of dipole-mediated line broadening.³⁶⁵ The first set of experiments developed at 100 kHz MAS were used to correlate resonances of close proximity and assign the intranucleotide correlations.⁵⁹ These methods were recently extended by through-space connectivities to accomplish the rapid identification of RNA base pair patterns, assignment of all nucleobase spin systems, and the assignment of the base pairs to individual spin systems.³⁶⁶

10.2. Ligand, Drug, or Cofactor Binding

A few studies have employed ¹H-detected solid-state NMR to characterize small molecule binding to various protein targets including a sedimented soluble protein and oligomeric complex, a crystalline globular enzyme and membrane proteins in lipids.

To design an allosteric modulator of the neonatal Fc receptor (FcRn)-immunoglobulin G interaction, ¹H-detected solid-state NMR was used alongside X-ray crystallography to detect allosteric effects of compound binding.²³² The authors recorded resolved proton-detected 2D and 3D spectra of a sedimented fully protonated ¹³C,¹⁵N-labeled extracellular domain of the neonatal Fc receptor (FcRn_{ECD}) at 850 MHz with 100 kHz MAS (Figure 58). Ligand-induced chemical shift perturbations were observed for residues in the binding pocket as well as for distant residues due to allosteric effects at the



Figure 58. (a) Soluble FcRn_{ECD} (42 kDa) was sedimented by ultracentrifugation directly into a 0.7 mm MAS NMR rotor. (b) CSPs upon UCB-FcRn-303 binding to FcRn_{ECD} as observed in 2D planes of 3D (H)CANH spectra with (black) and without (blue) the ligand. (c) CSPs are mapped on the FcRn_{ECD} diprotomer structure in complex with UCB-FcRn-303 (red). In (d), the FcRn_{ECD} crystal structure is shown in cartoon representation with β 2m in green and dark gray and the α -chain molecules in blue and light gray. Reprinted with permission from ref 232. Copyright 2018 PLoS.

interface of the two receptor heterodimers present in the asymmetric unit, as well as potentially in the albumin interaction site. The study established a method to structurally characterize small molecule binding to nondeuterated large proteins by NMR, facilitating the detection of allosteric effects in support of structure-based drug design campaigns.

Using a similar approach and integrating a number of other biophysical techniques, Schanda and co-workers investigated the inhibition and activation of the drug target caseinolytic protease ClpP from *Thermus thermophilus* induced by bortezomib. The assembly forms a double-ring structure of a total molecular weight of 300 kDa, composed of 14 identical 21 kDa subunits. 4D ¹H-detected MAS NMR spectra were employed to tackle the complexity of resonance assignments.³⁶⁷ Site-specific chemical shift perturbations and relaxation rates modulation contributed to unveil that the binding of this inhibitor promotes concerted allosteric conformational changes which stabilize the active state and therefore increase the catalytic activity.³⁶⁸ Linser and co-workers studied human carbonic anhydrase II in complex with acetazolamide at 111 kHz MAS. Ligandbinding-induced chemical shift perturbations were used as restraints to correctly position the ligand during structure calculation.²⁷¹

Working on proteorhodopsin (PR), Lalli and co-workers detected cross-peaks between protein and the retinal cofactor (Figure 59). Such signals are valuable to establish the location, orientation, and configuration of the chromophore in the transmembrane region of the protein, which is directly related to the protein functionality. The detection of such signals was only possible in fully protonated samples with 100 kHz MAS, as hydrogen bonding and solvent inaccessibility severely limit reprotonation at labile amide sites and thus application of deuteration schemes in PR.²²⁸

Andreas and Pintacuda's group investigated β -barrel AlkL protein involved in the uptake of hydrophobic molecules by bacteria. Its long extracellular extensions facilitate compound crossing of the polysaccharide layer at the outer membrane.



Figure 59. 2D cross sections (left) of a 3D H(H)CH-RFDR spectrum acquired on U-[15 N, 13 C] proteorhodopsin in lipids at 100 kHz MAS at 305 K and 23.5 T, with 1 H $^{-1}$ H correlations assigned to intra/interhelical and helix-retinal contact cofactor, as depicted in the schematic 3D structure of the protein (right). Reprinted from ref 228. Copyright 2017 American Chemical Society.

NMR measurements were used to detect structural variations and motional processes relevant to hydrophobic substrate permeation.⁶⁰ High chemical shift perturbations highlighted significant changes in the barrel extension in the presence of either carvone and octane. The presence of substrate manifested also in $R_{1\rho}$ rates, an indicator of transient chemical shift changes and microsecond-millisecond motions.

10.3. Amyloid Fibrils

The use of ¹H detection and fast MAS for the investigation of amyloid samples is not obvious because spectra of amyloids are known to be broad for a variety of reasons, such as sample purity and polymorphism. Proof-of-concept studies employed deuteration with partial reprotonation of the amide,¹⁵⁷ H α ,¹⁹² or methyl sites³⁶⁹ in model amyloid preparations. These pioneering examples showed that also in these cases, despite a larger contribution of inhomogeneous broadening as compared to microcrystalline samples, ¹H linewidths are sufficiently narrow to guarantee a significant spectral dispersion and non-negligible sensitivity enhancements as compared to the more traditional ¹³C-based strategies.

The first biologically relevant applications concerned the structural characterization of assembled hydrophobin rodlets^{249,370} and of β 2-microglobulin fibrils²⁴⁹ and were developed on samples deuterated and 100% ¹H backexchanged at labile sites with 55–60 kHz MAS.

Hydrophobins are amphiphilic proteins secreted by filamentous fungi in a soluble form, which can self-assemble at hydrophilic/hydrophobic or water/air interfaces to form amphiphilic layers with a rodlet morphology.³⁷⁰ ¹H–¹H correlation spectra were acquired on EAS Δ 15 rodlets in order to elucidate the conformational changes that occur upon

self-assembly. The spectra included proximity peaks that were expected based on the monomer structure as well as peaks that could not be explained by the monomer fold.²⁴⁹ These observations hinted to major structural rearrangements of the hydrophobin monomer upon rodlet assembly.

The D76N mutant of β -2 microglobulin (β 2m) was reported to be responsible for an aggressive form of systemic amyloidosis with large fibrillar deposits in internal organs. ¹H-detected correlation experiments were used on in vitro generated fibrils and established the important rearrangements of the monomer (β 2m structure upon fibril formation and to characterize the tertiary/quaternary structure of the aggregate.²³⁴ Notably, a contact pattern between residues spaced in sequence by less than five residues was revealed, strongly indicative of a parallel, in register β -sheet intermolecular arrangement, where each residue faces its homologous residue in a neighboring molecule. Common structural and dynamical features are disclosed for both WT and D76N fibrils, but also differences in the fine details of the secondary structures. These findings support a picture where different aggregation pathways converge toward comparable fibril architectures.

More recently, a growing number of examples has illustrated the broader applicability of the technique on fully protonated amyloid samples. Linser and co-workers used ¹H-detected solid-state NMR strategies to elucidate the determinants of polymorphism in fibrillar aggregates of Tau, one of the hallmarks of Alzheimer's disease (Figure 60).63 In contrast to the general approach to characterize the most homogeneous preparations by construct truncation or intricate seeding protocols, the authors targeted nonseeded samples of the three-repeat-domain Tau3RD, and the modest requirements in terms of sample amounts were leveraged to fingerprint a large number of different preparations. Chemical shift assignments derived from 4D spectra showed that the paired helical filaments of the construct Tau3RD inherently exist as a heterogeneous ensemble of structures. However, while different geometries of H-bonding interactions were deduced for the N- and C-terminal regions, a strikingly low structural variability was observed for the hexapeptide motif in repeat R3, a crucial motif for fibril formation. These findings are an important step for understanding the processes of nucleation and fibril formation and for designing future pharmacological intervention.

¹H-detected solid-state NMR experiments were also used to investigate the possible modulation of α -synuclein amyloid structure by cyclophilin A (CypA) activity.³⁷¹ The authors recorded (H)CANH and (H)CCH spectra at 800 MHz and 55 kHz MAS frequency of two ¹³C,¹⁵N-labeled α -synuclein fibril samples prepared in the absence and presence of a substoichiometric amount of CypA and compared the respective 2D N–C α and C–C projections, which showed changes in position and intensity of some resonances. The structural differences could be mapped to the residues G41, S42, T59, G68, and T81, suggesting that CypA activity modulates the structure of α -synuclein fibrils at specific sites.

The advent of 0.7 mm MAS rotors that achieve $\nu_r = 110$ kHz has increased the insight provided by ¹H-detected NMR for this class of samples. Loquet and co-workers recently recorded ¹H–¹H restraints and used them for a full determination of the amyloid prion structure of HELLF, a distant homologue of the model prion HET-s, sharing only 17% sequence identity but a nearly identical β -solenoid fold (Figure 61). The authors engineered the HELL-F sequence to explore the limits of the



Figure 60. (a) Negative-stain electron microscopy images of heterogeneous paired helical filaments of protein Tau⁶³ and (b) their assigned ¹H,¹⁵N CP-HSQC spectrum showing significant inhomogeneous line broadening. (c,d) Pictorial interpretation of how the NMR shifts from invariant and variable residues may originate in the fibril building block: (c) secondary structure (β -strand or loop/kink, as derived from ¹³C secondary chemical shifts) is comparable among different batches of samples; however, ¹⁵N chemical shifts of many regions ("non-blue") vary between different fibrils; (d) variability of the local chemical environment, including H-bond architecture, including shearing (top), twisting (middle), and bending of β -sheets (bottom). Reprinted from ref 63. Copyright 2017 American Chemical Society.

sequence-to-fold conservation and to pinpoint determinants of cross-seeding and prion specificity. A designed protein from a HELL-F-based sequence was able to break the cross-seeding barrier in vivo between HELL-F and HET-s, unveiling determinants controlling cross-seeding at residue level. Chemical shifts obtained by solid-state NMR reporting on secondary structure elements were used to validate the structure conservation of HELL-F sequence variants.²¹⁵

Griffin and co-workers recently expanded their ongoing work on in vitro preparations of $A\beta$ 42 fibrils to higher fields and fast MAS rates. Good spectral dispersion, limited overlap and most importantly very long coherence lifetimes allowed the assignment of backbone and side-chain signals (\simeq 92% completeness) within the fibril core by the use of a small set of three-dimensional experiments, recorded within a few days on 0.5 mg of sample.⁶¹ In parallel, Ishii and co-workers explored the feasibility to characterize the structure of synthetic $A\beta$ 42 amyloids seeded with trace amounts of brain-extracted fibrils by ¹H-detected solid-state NMR at 80–90 kHz MAS frequency.¹²⁶ The comparison with unseeded fibrils revealed marked structural differences as manifested by different chemical shifts and peak doubling, indicating two or more different structures in the brain-derived sample. The authors also performed spectral assignments of a synthetic fully protonated ¹³C,¹⁵N-labeled A β 42 fibril by ¹H-detected 3D and 4D experiments. Identification of locations of secondary structural elements from the chemical shifts clearly indicated that the examined A β 42 fibril is a new polymorph with a different structure from those reported previously.

10.4. Solvent and Lipid Accessibility

Protein—water and protein—lipid interactions are important factors for a mechanistic understanding of protein function as they play key roles in stabilization of particular structural (and functional) states of the protein.

In an early application of ¹H-detected NMR with proton dilution by deuteration, Reif and co-workers engineered a conceptually clever experiment to quantify equilibrium protein backbone hydrogen—deuterium exchange rates in microcrystalline SH3. The experiments relied on a ¹⁵N-detected HETCOR experiment in which a mixing period was introduced after the ¹H,¹⁵N CP step and made use of the deuterium isotope effect that splits the amide nitrogen line if the time required for exchange is shorter than the individual ¹⁵N longitudinal relaxation times.³⁷² Later on, Linser and co-workers measured



Figure 61. HELL-F(209–277) amyloid fold presents strong similarity with HET-s (218–289), while the two prion domains lack in vivo cross-seeding. (a) Backbone structural alignment of the MAS NMR structures of the HELL-F (in blue) and HET-s (in yellow) prionforming domains. (b,c) Four cartoons representing the hydrophobic triangular core of amyloid fibrils formed by the successively stacked pseudorepeats—R1 (left) and R2 (right)—of HELL-F (b) and HET-s (c). Hydrophobic residues are shown in white, acidic residues in red, basic residues in blue, and others in green. Reprinted with permission from ref 215. Copyright 2021 National Academy of Sciences of the USA.

nonequilibrium backbone amide exchange rates in the same protein by tracking the reduction of ${}^{15}N{-}^{1}H$ peak intensities upon exchange of a supernatant buffer with D₂O. H/D exchange could be directly determined for hydrogen-bonded amides using ¹H detection under fast MAS. These changes were shown to be related to site-specific hydrogen bond strength and are likely to reflect water accessibility in a qualitative manner.³⁷³

Ladizhansky and co-workers have exploited the fact that extensive hydrophobic transmembrane regions are shielded by the lipid bilayers to study the solvent-exposed regions of PR. The protein was produced in fully deuterated medium and protons reintroduced to solvent-accessible sites through exchange with a 40% H_2O/D_2O mixture. Only the residues

susceptible to H/D exchange were observed by ¹H-detected spectroscopy. Beside those located at the membrane interface, most of the observed resonances clustered within a particular transmembrane helix. This result was used to prove transient exposition of a hydrophilic cavity in the extracellular half of the protein, an aspect related to proton conduction.¹⁰⁰

In another recent example, incomplete H/D exchange in the transmembrane region was used as a tool for improved ¹H resolution of water-inaccessible protein regions (Figure 62a). Incubation in D₂O of the K⁺ channel KcsA led to the complete disappearance of the water-exposed residues, with a substantial enhancement in spectral quality at 60 kHz MAS. Additionally, the D₂O wash removed any residual dipolar couplings to water protons from large internal water-filled cavities and buried water molecules, further narrowing the ¹H linewidths.³⁷⁴

¹H-detected solid-state NMR with fast MAS can also be used to determine directly the exposure of proteins to lipids and water site-specifically, as demonstrated by Andreas and coworkers on two membrane proteins, the human voltage dependent anion channel VDAC and the alkane transporter AlkL from Pseudomonas putida (Figure 62b). Using 55 kHz MAS, high magnetic field, and sample deuteration to reduce spin-diffusion, the authors measured longitudinal magnetization transfer from lipids to protein amide sites selectively in the membrane spanning region.³⁷⁵ The same method was later used to investigate interactions of α -synuclein fibrils with negatively charged phospholipids. The authors identified two lipid-binding domains at both the N- and C-terminal parts of the fibril core. In combination with other data from solution and ¹³C-detected solid-state NMR experiments, this allowed establishing the mechanism of α -synuclein folding on lipid membranes.³⁷⁷ In the case of VDAC, the comparison of spectra acquired on samples reconstituted in DMPC-only, DMPC with cholesterol, and near-native lipids established that the protein structure remains unchanged in different membrane compositions and to locate cholesterol on the outside of the β -barrel (Figure 62c).³⁷⁶ A similar approach was used by Lange and co-workers to confirm the presence of water molecules in the catalytic cavity in the bacterial intramembrane protease GlpG (Figure 62d).³⁷⁴

Solvent accessibility can also be monitored indirectly by the addition of a paramagnetic relaxation agent, CuEDTA or Gd(DTPA-BMA), which induces site-specific ¹H T_1 relaxation enhancements of the NMR signals of the protein backbone H^N close to the surface. Reif and co-workers showed that this technique ("solvent paramagnetic relaxation enhancement", solvent PRE),^{378,379} today popular in solution NMR, can be adapted to solid samples using perdeuteration (which abolishes spin-diffusion and thus provides a clear picture of the specific sites accessible to the paramagnetic agent).³⁸⁰ While a variant of this approach can be designed using ^{15}N T_1 relaxation enhancements under slow MAS,³⁸¹ recently, Lewandowski and co-workers demonstrated that the method can be implemented on fully protonated samples using ¹H T_1 enhancements under very fast MAS conditions which sufficiently slow down spindiffusion among protons. The method was again benchmarked on the GB1 complex with immunoglobulin G. From the knowledge of the 3D structure of the protein, the water accessibility of the amide protons (and thus the relaxation enhancement) was calculated based on a monomeric model. Deviations between experimental and calculated values indicated protection of certain residues in the complex, and therefore provide a way to identify the interaction surface.³⁸²



Figure 62. Measurement of site-specific proximity to mobile small molecules, water, lipids, and cholesterol. (a) Water-exposed residues in KcsA are highlighted based on a (H)NH spectrum after the sample is washed in acidic buffer. Proximity to water was recorded in the same study via H(H)N and H(H)CC spectra. Reprinted from ref 374. Copyright 2014 American Chemical Society. (b) Selected strips from a 4D H(H)(N)CANH spectrum highlighting cross-peaks to water and lipid moieties. Reprinted with permission from ref 375. Copyright 2019 John Wiley & Sons. Panel (c) shows cholesterol docked to the structure of VDAC, in agreement with the measured proximity to nearby residues as determined by transfer from the protons of cholesterol in a H(H)NH spectrum. Adjacent hydrophobic side-chains that form grooves on the outside of the protein are labeled. Reprinted with permission from ref 376. Copyright 2021 Springer Nature. (d) Sites of water exposure are mapped onto the structure of GLPG, based on a H(H)NH spectrum, shown in red. Reproduced from ref 230. Copyright 2019 American Chemical Society.

A slightly different strategy was recently employed by Jirasko and co-workers who used Gd^{3+} -loaded molecular cages chelated to lipid headgroups to map the interaction interface of NS5A with the lipid membrane. Nonstructural protein 5A (NS5A) from the hepatitis C virus is a membrane-associated protein involved in multiple steps of the viral life cycle and a target for antivirals. PRE effects revealed a clear pattern and classified regions according to their distance from the lipid membrane (Figure 63). It is noteworthy that the authors used cell-free expression and a combinatorial labeling strategy to obtain resonance assignments of NS5A.¹⁰⁹

10.5. Protein NMR Crystallography

Crystals and microcrystals have been extensively used as model systems for the development of biomolecular MAS NMR, because the high homogeneity of crystalline preparations guarantees high spectral resolution. Despite the higher order present in these preparations, a growing body of evidence indicates protein functional dynamics are conserved in hydrated crystals.^{383,384} As we saw in section 9, NMR with fast MAS can access these phenomena over a range of time scales, which is even larger than its solution counterpart as MAS NMR measurements are not affected by molecular

tumbling. Moreover, in the case of proteins containing a transition metal ion, NMR is a direct probe of the most interesting aspects of metallic activity which are linked to the electronic structure at the active site, and which can only be inferred indirectly from the coordinates of the constituent atoms in diffraction studies.

Microcrystals have developed therefore today into an ideal platform for the biophysical characterization of protein geometries, multi-timescale dynamic processes, electronic structures and reactivity by ¹H-detected solid-state NMR. In recent applications, the investigation of proteins in microcrystalline preparations has shed new unforeseen light on the activity of enzymes and on the unfolding properties of pathologic mutants.

SOD is a metalloenzyme (Cu, Zn-SOD) involved in the regulation of cellular oxidative stress. While Cu depletion does not have a significant effect on the protein fold, we were able to show that it acts as a control element of internal dynamics. In particular, Cu acts as a switch, selectively promoting or deactivating motions over multiple time scales. The combined characterization of backbone and Cu-coordinating side-chain motions revealed a coupling between the active site and



Figure 63. (a) Overlaid 2D ¹⁵N–¹H projections of 3D (H)CANH spectrum of the NSSA-AHD1 protein in the presence of Lu³⁺-DPPE (blue) or Gd³⁺-DPPE lipids (red) mixed with PC/Chol lipids. (b) Membrane orientation of NSSA-AHD1. PREs are color-coded on the homology models based on X-ray structure of D1 and HA. Blue-gray-red qualification shows increasing PRE. Reprinted with permission from ref 109. Copyright 2021 John Wiley & Sons.

remote backbone regions pivotal for SOD stability and efficient enzymatic activity.³³⁵

Human carbonic anhydrase is another well-known enzyme for which numerous crystal structures are available. An extended MAS NMR investigation of dynamics of the 29 kDa carbonic anhydrase/acetazolamide complex by Linser's group revealed a that fast picosecond—nanosecond motions are not prominent in the active site of the enzyme, but instead processes of conformational exchange in the microsecond range are active.²⁰³ These motions are important for enzyme activity, as confirmed by their abrogation in the presence of the inhibitor acetazolamide.²⁷¹ Importantly, a dynamic role of the solvent in catalysis was revealed by the presence of exchange on the same time scale for water molecules in the active site (Figure 64).³³⁹ These observations provided overall a more comprehensive picture of hCAII catalysis with respect to the one captured by X-ray structures only.

More recently, Linser, Mueller and co-workers extended the approach to access to the active-site chemistry in the 2 × 72 kDa enzyme tryptophan synthase (665 amino acids per asymmetric unit). Chemical-shift assignments were obtained for 498 residues (74.8% of the total), enabling downstream atom-specific characterization of chemical and motional properties of large portions of the enzyme, including residues important for the catalytic turnover. In particular, in combination with first-principles calculations, the analysis of the chemical shifts in the β -subunit active site suggested a connection between active-site chemistry, the electrostatic environment, and catalytically important dynamics of the region protecting the β -subunit from solution.²⁰⁴

If the catalytic center of a metalloprotein is a paramagnetic metal ion, the peak position and intensity in NMR spectra are altered by various effects that depend on the nature of the metal. These paramagnetic effects are highly sensitive reporters on the protein and the electronic structure of the metal center and can be exploited as structural restraints, or to study the catalytic mechanism of the protein. For example, SOD coordinates a Cu ion either in Cu⁺ (diamagnetic) or Cu²⁺ (paramagnetic) form, and a second metal ion, which can be (diamagnetic) Zn²⁺ or (paramagnetic) Co²⁺. When it is prepared without Cu at one site, and Co²⁺ instead of Zn²⁺ at the second site (Co-SOD), the situation changes drastically. As discussed in section 8, long-range PREs and PCSs were employed as structural constraints for the determination of the protein structure.

Cu²⁺ and Co²⁺ additionally induce Fermi contact shifts to the coordinating Histidine residues along with an extreme reduction in T_1 relaxation times, which results in the disappearance from NMR spectra of the resonances from all the nuclei within \sim 5 Å from the metals. More recently, the combination of 100 kHz MAS with tailored radio frequency irradiation schemes obtained data from the "blind sphere" of Co-SOD. Fermi contacts shifts are proportional to the electron spin densities delocalized onto the nuclei and are extremely sensitive to the fine details of the coordination geometry at the metal center. By comparing the experimental paramagnetic NMR effects to those obtained with first-principles quantum chemical calculations, it was possible to refine a high-resolution structure of the metal coordination sphere with picometer precision in the bond lengths and 1° resolution in the bond angles around the metal center. The coordination geometry of the resulting structure was shown to be precise enough to explain the nonreactive nature of the Co^{II}/Zn^{II} centers (Figure $65).^{3}$

In parallel, the high-potential iron–sulfur protein I from *Ectothiorhodospira halophila* (HiPIP) was characterized in a microcrystalline preparation. In HiPIP, a cubane Fe_4S_4 cluster is coordinated by the side-chains of four cysteine residues. NMR spectra recorded with 60 kHz MAS contained contact shifted resonances, up to 100 ppm in the ¹H case and up to 400 ppm for ¹³C. The large chemical shift dispersion and sensitivity of paramagnetic NMR to local geometry captured distinct signatures from the two conformations present in the asymmetric unit.³⁸⁶

Another intriguing property of microcrystalline preparations is the fact that, when it comes to aggregation-prone proteins, pubs.acs.org/CR



Figure 64. (a) Representation of conformational dynamics in hCAII. The protein backbone is represented as a cylinder, where thickness and color (gray to red) highlight areas undergoing microsecond conformational exchange in the active site loop, assessed by ¹⁵N relaxation–dispersion experiments. (b–e) Effect of ligand binding on the exchange motions of hCAII sensed by T198 backbone and N67 side-chain ¹⁵N spin. The top row shows the free form, whereas the bottom row shows the dorzolamide-bound form. Reprinted with permission from ref 339 (copyright 2019 American Chemical Society) and from ref 27 (copyright 2021 Elsevier).

the crystal lattice preserves the native conformation. Coupled to MAS NMR, this provides a perfect platform for the investigation of protein folding and misfolding. These concepts were exploited to explain the aggressive aggregation propensity of the pathological mutant D76N of β -2 microglobulin involved in systemic amyloidosis. A comparative study of the intrinsic dynamics of WT and mutant protein in microcrystals revealed in D76N the existence of exchange with a less structured high-energy state. These data provide a molecular explanation for the reactivity of the pathological mutant at the earliest steps of fibrillization.^{234,387}

In hydrated microcrystalline solids, beside internal local dynamics, proteins conserve collective motions, either in the form of small-amplitude overall reorientation or as other anisotropic motions that are likely to be pertinent to function. Following the first demonstration experiment by Emsley and co-workers,³²⁵ Schanda and co-workers used ¹H-detected MAS NMR to study the three crystal forms of ubiquitin and observed multiple sets of resonances for some of the preparations. This peak multiplicity was in good agreement with the number of nonequivalent molecules in the asymmetric unit of the crystals. Relaxation experiments revealed the overall rocking motion in the different crystal preparations with possible correlation times of 0.1–100 μ s. The amplitude of rocking varies from one crystal form to another and is correlated with the resolution obtainable in X-ray diffraction experiments.³⁰⁹ In a follow-up study, Schanda's group revealed that the crystalline environment affects motions on slower time scales. In particular the crystal lattice affects both the amplitude and time scale of the protein collective motion.³³⁴

10.6. Protonation States

A critical aspect to consider in the investigation of protein behavior is the protonation state of the residues which have a role in protein function. With ¹H-detected NMR, this aspect is directly accessible from the ¹H chemical shifts and its changes can be easily monitored at variable pH.

This strategy was used to determine the protonation state of side-chains exposed in the conductive channel of the influenza M2 protein, which elucidated the proton conduction mechanism.³⁸⁸ Later, Andreas and co-workers studied hydrogen bonding between histidine side-chains in the *apo* and drug (rimantadine)-bound states of influenza A M2 tetramer at a

pH of 7.8.³⁸⁹ An imidazole–imidazole ^{2H} $J_{\rm NN}$ coupling was measured on a fully protonated sample in lipid bilayers with 100 kHz MAS using a homonuclear *J*-transfer period on the nitrogen channel. The observed *J* coupling of 8.9 ± 0.3 Hz agreed with the value of 8.1 Hz ^{2H} $J_{\rm NN}$ coupling extracted from 1D ¹⁵N-detected spin–echo spectra for the more challenging sample condition of pH 6.2.³⁹⁰ No ^{2H} $J_{\rm NN}$ coupling could be detected in the drug-bound state (Figure 66a), indicating that rimantadine affects the structure of the M2 channel at the pH sensing residue H37.

In the case of crystalline human carbonic anhydrase II, ¹Hdetected NMR determined the protonation state for the core histidine side-chains which play a role in the enzyme catalysis function and could not be seen by X-ray crystallography (Figure 66b). Here, the protonation states were not influenced by ligand binding.²⁷¹

Figure 66c shows the determination of water as another hydrogen bonding partner in M2. The measurement of a bound water chemical shift at 11 ppm at both ambient and cryogenic temperatures was complemented by density functional theory calculations. Figure 66d shows a spectral editing technique based on selective inversion of characteristic nitrogen frequency ranges associated with either protonated or deprotonated imidazole nitrogen resonances. The method was applied to both a model system (the amino acid histidine), as well as HIV-1 capsid protein, in order to determine the tautomeric state(s) of histidine residues.

Protonation states were also in the focus in a work by Oschkinat and co-workers. The protonation dynamics of the active site of bacteriorhodopsin was monitored by ¹H chemical shift exchange experiments and revealed slow oscillatory motions of protons in the dark state. Such protonation dynamics is thought to be disrupted in the light-activated states, thus promoting the functional proton pumping.³⁹³

10.7. Transport Mechanisms

In cells, very few molecules enter or leave without the intervention of membrane proteins. Even the transport of small molecules which can diffuse across lipid bilayers is often accelerated by dedicated transport proteins. The investigation of structure and dynamic properties of these systems in a closeto-native environment is the key to understand the molecular basis for their function.



Figure 65. NMR spectra of Co-SOD acquired at 100 kHz MAS on a 500 MHz spectrometer. (a) ¹H spectrum (1D spin–echo), (b,c) 2D ¹H, ¹³C, and ¹H, ¹⁵N TEDOR correlation spectra, acquired without (black) and with (magenta) spin magnetization exchange between ¹H nuclei close in space. (d) Overlay of Zn^{2+} site in 10 protein chains of the single-crystal X-ray structure of SOD 1, illustrating the crystallographic uncertainty in the metal coordination geometry and (e) NMR ensemble of structures of the Co²⁺ complex of Co-SOD.

Figure 65. continued

Schematic representation of the metal site (f) in the X-ray diffraction ensemble and (g) in the NMR ensemble. Reprinted from ref 385. Copyright 2020 American Chemical Society.

The advantages associated to ¹H detection and fast MAS in spin relaxation studies of membrane proteins have been first applied to the precise determination of collective wobbling motions of individual helices in the seven-helical transmembrane protein, anabaena sensory rhodopsin (ASR)³³⁷ and of the β -barrel of the outer membrane protein A from *K. pneumoniae* (KpOmpA) in lipids.³³⁸

Following these studies, ¹H-detected techniques have provided a deeper understanding of gating mechanisms in different classes of transporters. A notable example is the alkane transporter AlkL, a minimalistic outer membrane protein from oil-consuming bacteria.⁶⁰ The complete ¹Hdetected MAS NMR structure determination of AlkL in lipid bilayers was combined with spin relaxation measurements and MD simulations, as well as with the determination of structure in micelles. These techniques revealed the fundamental role of lipid environment to stabilize functional extracellular loops. Site specific ¹⁵N relaxation rates and chemical shift perturbations, corroborated by MD simulations, highlighted functional dynamics in a region which appeared to be a lateral exit pore for alkane substrates. Overall, this work solved a controversy on the mechanism of permeation of the outer membrane of bacteria by hydrophobic molecules. Intriguingly, it also elucidated the subtle balance between the rigidity necessary to confine substrates at the pore entrance and the plasticity required for lateral exit toward the hydrophobic portion of the outer membrane.

Among the proteins involved in molecular transports, channels catalyze movement of specific ions down their electrochemical gradient. In particular K⁺ channels have been for many years interesting targets for MAS NMR investigations which can explore the conformational equilibria associated with their gating mechanism with a great level of spatial and temporal detail. For example, dynamics in the KcsA selectivity filter was revisited with comprehensive approach based on ¹H detection by the Weingarth group. Using MAS at 60 kHz and deuterated KcsA, 15 N $R_{1\rho}$ relaxation rates of the transmembrane region were measured site-specifically revealing for the first time the presence of slow collective nanosecondmicrosecond motions in the selectivity filter, a feature connected to the gating mechanism.¹⁰¹ The investigation was brightly extended in a recent study, which elucidated the molecular determinants for modal gating switches. By rapidly scanning chemical shifts and relaxation properties of the wild type protein and of three mutants mimicking different naturally occurring gating states the authors revealed that the variations in conformational dynamics of the filter have a key role in promoting the modal gating (Figure 67).²³¹

Another fundamental ion involved in many biological processes is the divalent cation Mg^{2+} . Due to the physicochemical characteristics of the ion, its transport is particularly difficult to predict and is still largely under debate. The major uptake system of Mg^{2+} in prokaryotes is CorA, a large pentameric divalent cation channel. Thanks to the first investigations of *T. maritima* CorA by ¹H MAS NMR at 100 kHz MAS, site-specific information was gathered on backbone dynamics, which gave access to the description of conforma-



Figure 66. Revealing hydrogen bonding and protonation states. (a) $N-H\cdots N$ hydrogen bond is detected through measurement of a ^{2H}J_{NN} coupling (blue and green) for H37 of Influenza A M2. In black and red, this hydrogen bond is broken upon addition of the inhibitor rimantadine. Reproduced from ref 389. Copyright 2020 American Chemical Society. (b) Long-range CP transfers were used in the NH spectra to identify tautomer states of histidine, as well as a hydroxyl proton hydrogen bonded to a histidine side-chain nitrogen. These histidine residues are at the heart of active chemistry in carbonic anhydrase. Reprinted with permission from ref 271. Copyright 2019 John Wiley & Sons. (c) Low- and high-temperature spectra were used to identify the chemical shift of a water proton hydrogen-bonded to a histidine side-chain nitrogen in the M2 protein from Influenza A. Reproduced with permission from ref 391. Copyright 2021 John Wiley & Sons. (d) Selective TEDOR sequence was used to identify tautomer states in the C-terminal domain of the HIV capsid protein with SP1 using fractional deuteration. Reprinted with permission from ref 392. Copyright 2021 Frontiers Media SA.

tional equilibria of the system. Combining NMR spectra with Small Angle Neutron Scattering data and MD simulations, previous structure-based models of transport regulation have been extended. In particular, the new findings support the presence of conformational equilibria between multiple states, regulated by variations in backbone dynamics induced by Mg²⁺ release.²²⁴

Rhomboid proteases are transmembrane proteins that hydrolyze substrate peptide bonds within a lipid bilayer. Crystal structures of these membrane-embedded enzymes suggest the existence of "open" and "closed" conformations, largely differing in the relative position of the lateral transmembrane helix TM5. However, the functional role of such large displacement remained ambiguous. In a recent work by Lange and co-workers, microsecond conformational exchanges were investigated in GlpC reconstituted in lipid bilayers. The presence of a well-defined conformation was observed to be promoted by the lipid environment with respect to detergent. However, ¹⁵N $R_{1\rho}$ relaxation–dispersion experiments revealed the presence of conformational changes in the orders of tens of microseconds in TM5, explaining the role of this region in the gating processes and proving the existence of equilibria between closed and open states.²³⁰

10.8. In-Membrane and Cell Wall Investigations

Cellular membranes are much more complex than reconstituted lipid bilayers in terms of the lipid and protein composition, and this can influence membrane protein function. Solid-state NMR can be used to analyze membrane proteins directly in *E. coli* membrane extract.³⁹⁴ However, adequate spectral quality is a challenge in cellular NMR studies owing to the low concentration of the target protein. Since many cellular components such as lipids and carbohydrates do not contain nitrogen, acquisition of 2D ¹H–¹⁵N spectra offers a sensitive option to observe mainly the overexpressed protein in membrane extracts. Weingarth and co-workers showed a well-resolved spectrum of KcsA and were able to annotate the spectrum based on the in vitro assignments.¹⁰¹

In a different study Baldus and co-workers compared reconstituted membrane protein insertase YiDC with a membrane extract of YidC-expressing cells.³⁹⁵ Although the spectra agreed in many places, there were significant differences between the native and reconstituted samples.



Figure 67. (a) ¹⁵N rotating-frame ssNMR relaxation rates ($R_{1\rho}$) that report on slow molecular motions in wild-type (WT) KcsA and mutants E71A, E71I, and E71Q; signal decay curves are shown for selected filter residues. The illustrations show the site-resolved selectivity filter dynamics. The size of the spheres corresponds to the $R_{1\rho}$ relaxation rates. (b) 2D ¹H–¹⁵N spectra of E71A in protonated (red) and deuterated (gray) buffers showing the fast exchange of Y78, together with illustrations of the NMR-derived water cavity size in WT KcsA and mutants. Reprinted with permission from ref 231. Copyright 2019 Springer Nature.



Figure 68. Lipid II–nisin complex in cellular membranes. (a) Comparison of ¹H-detected 2D ¹H–¹⁵N spectra of lipid II-bound nisin in native *M. flavus* membranes (magenta) and in DOPC (cyan). The gray spectrum shows nisin nonspecifically bound to DOPG/DOPC liposomes (7:3 ratio) in the absence of lipid II. (b) Membrane arrangement of the nisin/lipid II topology as seen by MAS NMR. Plastic residues that are required to adapt to the bacterial target membrane are highlighted with red circles. Residues that showed ¹H/²H exchange are colored in blue and align the pore lumen. The C-terminus is dynamically disordered and resides at the water–membrane interface. Reprinted with permission from ref 397. Copyright 2018 Springer Nature.

Changes in signal intensities and chemical shifts showed clearly that backbone dynamics and protein structure are sensitive to the environment and that solid-state NMR can be an avenue to understand membrane proteins in their native context. The Baldus group also recently published a detailed protocol on all aspects of sample preparation for studying a sample in whole cells, in cell envelopes or isolated membrane preparations.³⁹⁶

Weingarth and co-workers applied solid-state NMR to study nisin, the preeminent lantibiotic, binding to lipid II, directly in native bacterial membranes. The bacterial peptidoglycan precursor lipid II is a promising target for new antibiotics. The MAS NMR data conclusively showed that the conformation of lipid II-bound nisin is drastically different in membranes compared to the complex in DMSO in solution. De novo MAS NMR assignments demonstrated that the membrane environment markedly modulates the nisin:lipid II complex structure (Figure 68), which is because nisin forms a pore complex with lipid II in membranes, as opposed to a closed pore state in DMSO.³⁹⁷

The bacterial cell wall is composed of the peptidoglycan, a large polymer that maintains the integrity of the bacterial cell. Due to its multigigadalton size, heterogeneity, and dynamics, atomic-resolution studies are inherently complex. Using 100 kHz magic-angle spinning NMR, Bougault and co-workers showed that intact bacterial peptidoglycan yields highly resolved ¹H-detected correlation spectra. Despite the very small amount of sample used (0.5 mg), it was possible to obtain site-specific resonance assignments and information about spatial proximities. ¹H–¹H correlation experiments demonstrated the feasibility to study cell walls of bacterial strains without isotopic enrichment through the use of minimal media, which are often incompatible with culture growth.³⁹⁸

10.9. Studies at Natural Abundance

Fast MAS and proton detection open an avenue to investigate peptides, proteins, and other biosolids from natural or synthetic sources without the need of expensive isotopic labeling. Multidimensional correlation spectra exploiting the natural isotopic abundance can be used as powerful reporters of folding, dynamics and interactions.

Already in 2009, Rienstra and co-workers mapped structural differences between lyophilized and fibrillar insulin samples using natural abundance ${}^{1}\text{H}-{}^{15}\text{N}$ correlation spectra with 40 kHz MAS.³⁹⁹ More recently, the Weingarth lab analyzed hydrogel-forming peptides with 60 kHz MAS and succeeded in assigning most resonances in a 2D ${}^{1}\text{H}-{}^{13}\text{C}$ spectrum and in determining structural and dynamical differences between preparations.⁴⁰⁰

With faster MAS rates, homonuclear ${}^{1}\text{H}-{}^{1}\text{H}$ correlations can be acquired at high resolution and serve as a sensitive detection window. ${}^{1}\text{H}-{}^{1}\text{H}$ through-space proximities were thus inferred between water and collagen in a bone sample spinning at 110 kHz MAS, demonstrating a new avenue to investigate such complex architectures.⁴⁰¹ By acquiring ${}^{1}\text{H}$ DQ- ${}^{1}\text{H}$ SQ spectra, Nishiyama and co-workers were able to identify the intermolecular packing of alanine peptides in microcrystalline preparations³⁵² or to characterize pharmaceutical formulations.⁴⁰² In these studies, the addition of a ${}^{14}\text{N}$ dimension was instrumental to increase resolution and to assign the ${}^{1}\text{H}$ resonances.

The same group developed 3D ¹H SQ–¹H DQ–¹H SQ experiments to reveal ¹H–¹H proximities at high resolution at 100 kHz MAS.⁴⁰³ In combination with 2D ¹H–¹³C experiments, this module was exploited to investigate the powder structure of a pharmaceutically relevant organic molecule consisting 51 carbon atoms at natural abundance.⁴⁰⁴ This experimental setup required 147 h on a 16.4 T spectrometer (¹H 700 MHz), mainly due to the very long ¹H T_1 in this sample, requiring an interscan delay of 10 s.

The impact of this latter obstacle is mitigated in protein studies, where, due to substantial local dynamics, ¹H T_1 relaxation times are remarkably shorter (usually 0.5–1 s) and can be further reduced by paramagnetic doping. This directly translates to increased sensitivity and brings unlabeled protein

samples within reach. Figure 69 shows the $H\alpha$ - $C\alpha$ region of a 2D ^{1}H - ^{13}C spectrum of microcrystalline GB1 recorded in 8 h



Figure 69. Region of α -resonances of ${}^{1}H{-}{}^{13}C$ CP-HSQC spectrum recorded on a sample of microcrystalline protein GB1 at natural abundance (implying also no deuteration), in a 0.7 mm rotor spun at 100 kHz on a 23.5 T spectrometer. Microcrystals were doped (impregnated) with paramagnetic Cu(II) ions to increase scan recycling and thus boost sensitivity. Note that no heteronuclear decoupling was needed during acquisition, and that ${}^{13}C$ lines are free from homonuclear scalar couplings.

in our lab at 100 kHz MAS on a 23.5 T spectrometer. Considering the availability of higher fields and even faster MAS nowadays, high-resolution fingerprinting at ¹³C natural abundance should be possible also for proteins of higher complexity and would detect changes in structure and dynamics between different sample preparations or upon ligand binding.

11. OUTLOOK

We reviewed the advances in ¹H-detected MAS NMR of approximately the last two decades, which have seen the technique progress from proof-of-principle studies of peptides and small crystalline proteins to tackle a wide range of applications. The steady progress over this time has been punctuated by the introduction of transformational instrumentation, such as ultrafast spinning probes, and ultra-highfield magnets. We have detailed how these capabilities led to a reexamination of acquisition and processing protocols, with the most striking transformation occurring for proton-detected methods, which these days allow atomic resolution investigation of structural dynamics, interactions, and tertiary/ quaternary structure, for proteins up to several tens of kDa in size both as monomers and as oligomers. Recently introduced fast MAS probes for dynamic nuclear polarization NMR allow the combination of signal enhancement by DNP and ¹H detection,⁴⁰⁵ demonstrating the possibility to employ it for the analysis of samples with extreme spin dilution.

Naturally, other techniques have also progressed within this time, such that the structural biologist has a better toolbox than ever before with which questions of molecular function and dysfunction are addressed with atomic resolution. For example, fibril structure determination, which is orthogonal to diffraction techniques, can now be performed by cryo-electron microscopy as well as MAS NMR. Yet important oligomeric species in the fibrillization cascade are still too small for single particle analysis, remaining a mainstay of MAS NMR. In addition, AlphaFold is now openly accessible,⁴⁰⁶ giving the structural biologist a new starting point for investigation of structure, function, dynamics, etc., as it can often infer the "ground-state" structure based on bioinformatics.

It is particularly interesting to anticipate how MAS NMR will dovetail with these other techniques in order to paint a rich picture of precise structure, dynamics and interaction. While global structure will often be filled in by cryo-EM or even AlphaFold, we expect that the access to atomic resolution chemical structure information as well as more flexible protein regions will remain uniquely accessible by NMR. These more plastic and chemically active protein regions are clearly at the heart of many biological processes whose function MAS NMR can reveal. Generally, understanding of functional mechanisms will increasingly require the combination of several experimental and computational techniques, in particular, for emerging research areas such as in-cell or in-membrane NMR, or interactions among complex samples containing small molecules, lipopolysaccharides, peptidoglycans, or misfolded protein states. ¹H-detected solid-state NMR spectroscopy is now ready to provide atomic-scale structural, dynamical, and chemical information on a multitude of different systems and to play a major role in the growing field of integrated structural biology.

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Tobias Schubeis studied chemical biology at Technical University in Dortmund (Germany) and completed his doctoral work at the Helmholtz Center for Infection Research in Braunschweig (Germany) on the structural biology of functional amyloid biogenesis. He received his Ph.D. from Technical University in Braunschweig in 2013. He was then a MSCA fellow within the ITN on paramagnetic NMR, working at Giotto Biotech in Florence (Italy). Since 2015 he has been a postdoctoral fellow in the group of Guido Pintacuda at the CRMN in Lyon. His research interests are NMR based structural biology, protein dynamics and interactions as well as NMR method development for fast magic-angle spinning.

Marta Bonaccorsi received her Ph.D. in Chemistry from the Ecole Normale Supérieure de Lyon (France) in 2020, under the supervision of Guido Pintacuda. She developed and applied methods in ¹Hdetected MAS NMR for the investigation of dynamics in complex biomolecules, such as metalloenzymes and membrane proteins. Currently, she is a postdoctoral researcher at the Department of Biochemistry and Biophysics at Stockholm University and at the Science for Life Laboratory, Sweden with Dr. David Drew and Prof. Lucie Delemotte. Her research work focuses on the investigation of conformational dynamics of a sugar transporter by a combination of experimental methods and MD simulations.

Piotr Paluch graduated from Łódź University of Technology with M.Sc. in chemistry in 2011. He received his Ph.D. at Center of Molecular and Macromolecular Studies of Polish Academy of Science (CBMM PAS) in Łódź in 2017. In his thesis, supervised by prof. M.J. Potrzebowski, he proposed new solid-state NMR methods for inverse detection of insensitive nuclei and quantification of protein dynamics. For his postdoctoral fellowship (2018-19) he joined the group of prof. O. Lafon at Lille University, where he developed novel solid-state NMR methods for detection of nuclei experiencing large anisotropic interactions. Since mid-2019 he has been a postdoctoral fellow in J. Stanek's group at University of Warsaw and Assistant Professor at CBMM PAS in Łódź. His primary scientific interests are development of new solid-state NMR methods for structural studies of active pharmaceutical ingredients, biomolecules and new materials of industrial importance.

Daniela Lalli received her Ph.D. in Chemical Science from the University of Florence in 2011, where she employed solution and solid-state NMR techniques to study high molecular weight paramagnetic metalloproteins in the group of Prof. Ivano Bertini at the Center of Magnetic Resonance. She took a 4-year postdoctoral fellowship in the team of Guido Pintacuda at the CRMN in Lyon, where she performed research on membrane proteins in their native and artificial membrane environments by magic-angle spinning solidstate NMR. Currently, she is Assistant Professor at the University of Eastern Piedmont where her research focuses on the structural and dynamic characterization of biomolecules and more recently, on the development of paramagnetic complexes as MRI contrast agents.

Andrew J. Pell received his B.A., M.Sc. (2005) and Ph.D. (2009) degrees in chemistry from the University of Cambridge. At Cambridge, he worked for Dr James Keeler on the development of what afterwards become known as pure shift NMR. He then spent four years (2009-2013) as a postdoctoral fellow at the CRMN Lyon with Prof. Lyndon Emsley and Dr Guido Pintacuda, where he developed new methods in solid-state NMR, with a particular focus on paramagnetic systems. He returned to Cambridge for a second postdoctoral position (2014-2016) with Prof. Clare P. Grey, where he worked on applying solid-state NMR to paramagnetic battery materials. He joined Stockholm University as Assistant Professor in 2016 and was promoted to Associate Professor in 2020. In 2021, he was appointed a Full Professor of Chemistry at the ENS Lyon and CRMN. He develops new solid-state NMR methods for studying materials, and applies them to materials with a wide range of a applications, such as in energy storage, solid-state lighting, and with exotic topological properties.

Loren Andreas was first introduced to solid-state NMR by Manish Mehta as an undergraduate student at Oberlin College. He received his Ph.D. degree from the Massachusetts Institute of Technology, USA, in 2014 under the supervision of Prof. Robert G. Griffin. He then moved to Lyon, France, where he worked as a Marie Skłodowska-Curie Postdoctoral fellow in the group of Guido Pintacuda at the CRMN. Since 2016, he has led an Emmy Noether research group in solid-state NMR at the Max Planck Institute for Biophysical Chemistry, where he is focused on revealing the structure of membrane proteins and mis-folded proteins in complex with small molecules.

Kristaps Jaudzems received his Ph.D. in chemistry from the Riga Technical University, having spent two years at the Scripps Research Institute as an external graduate student. Subsequently, he was senior researcher at the Latvian Institute of Organic Synthesis (LIOS). From 2015 to 2017 he was a Marie Skłodowska-Curie fellow at the CRMN in Lyon. Since 2017, he has been group leader at LIOS and professor at the University of Latvia. His work focuses on NMR-based structural biology and biophysical techniques for drug discovery.

Jan Stanek received his Ph.D. degree in Chemistry from University of Warsaw (Poland) in 2015. He received EMBO long-term and Marie Skłodowska-Curie postdoctoral fellowships to conduct research in CRMN in Lyon under supervision of G. Pintacuda. In 2018 he was awarded a return grant from Polish Agency for Academic Exchange and was appointed a permanent research associate position at Faculty of Chemistry of University of Warsaw. His main scientific interest are method development for ultrafast MAS, automated analysis, and novel approaches for data acquisition.

Guido Pintacuda studied Chemistry at the Scuola Normale Superiore in Pisa, where he graduated in 1997, and then completed his Ph.D. in 2002 under the direction of Prs. Lorenzo Di Bari and Piero Salvadori. After working at the Karolinska Institute in Stockholm and at the Australian National University in Canberra with Prof. Gottfried Otting, he moved to Lyon, where he first became a CNRS Researcher in 2005 with Prof. Lyndon Emsley, and in 2009 a Research Director. Since 2018, he is the head of the Lyon High-Field NMR center, where he leads a research team on the development of new methods and applications in biomolecular solid-state NMR. He has been Principal Investigator in several projects funded by French national and European agencies, coordinated an Initial Training Network, and in 2015 he was awarded an ERC consolidator grant on "Structure of paramagnetic integral membrane metalloproteins by MAS-NMR".

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Review