

## The rat as an animal model of Alzheimer's disease

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### Abstract

As a disease model, the laboratory rat has contributed enormously to neuroscience research over the years. It has also been a popular animal model for Alzheimer's disease but its popularity has diminished during the last decade, as techniques for genetic manipulation in rats have lagged behind that of mice. In recent years, the rat has been making a comeback as an Alzheimer's disease model and the appearance of increasing numbers of transgenic rats will be a welcome and valuable complement to the existing mouse models. This review summarizes the contributions and current status of the rat as an animal model of Alzheimer's disease.

**Keywords:** Alzheimer's disease • rat • transgenic • amyloid • cholinergic

### Introduction

Alzheimer's disease (AD) is characterized by a progressive cognitive decline, where memory of recent facts, spatial orientation, attention and executive functions are ones of the first affected. This is followed by speech and behavioural problems, which affect everyday life [1]. The pathological changes in the brain, which define the disease, are abundant extracellular amyloid plaques and intracellular neurofibrillary tangles (NFTs), accompanied by synaptic and neuronal loss, and brain inflammation [2–5]. The amyloid plaques are composed mainly of aggregated amyloid- $\beta$  peptide (A $\beta$ ) [6, 7], which is derived by proteolytic cleavage from the amyloid precursor protein (APP) [8]. The A $\beta$  peptide can consist of 39–43 amino acid residues, but the two major forms are A $\beta$ 40 accounting for ~90% of all A $\beta$  released from cells and the longer A $\beta$ 42 accounting for only ~10%. A $\beta$ 42 is more hydrophobic and

more prone to aggregation than A $\beta$ 40 [9], and is the predominant form found in the amyloid plaques of AD [10]. The NFTs consist of an aggregated form of hyperphosphorylated microtubule-associated protein, tau [11].

Although the cause of AD still is the subject of considerable debate, the so-called amyloid cascade hypothesis remains the best-defined and most studied conceptual framework for the disease [12]. This hypothesis is based upon the pathological characteristics and the genetics of the disease [13, 14]. To date, about 200 mutations causative of a hereditary early onset form of AD (familial AD; FAD) have been discovered within the genes encoding APP, presenilin 1 (PS1) and presenilin 2 (<http://www.molgen.ua.ac.be/ADMutations>). The presenilins are involved in the processing of APP and mutations in all three proteins result in altered production

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of A $\beta$ . Although details of the amyloid cascade hypothesis have evolved since it was first proposed, its core principle remains essentially unaltered in that the A $\beta$  peptides are the root cause of AD. It is therefore not surprising that many anti-amyloid and other neuroprotective therapeutic approaches are currently under investigation [15].

Animal models offer valuable tools for evaluating new therapeutic strategies for treatment of human diseases, as well as for studying the pathological mechanisms involved in the disease processes. Due to the lack of complete understanding of the aetiology of AD, all the available models have limitations, which have to be carefully considered when using them. There are no natural models of AD, so most of the research is performed using models simulating the disease phenotypes by active manipulation of the animals, or more recently using transgenic animal models. Numerous animal species have been used to model different aspects of AD. Initially, the rat was a favoured species, but during the last decade the increasing knowledge of advanced genetic techniques developed in the mouse, in addition to the discovery of gene mutations causative of familial forms of AD allowed for the generation of a growing number of transgenic mouse models. A fairly complete list of transgenic mouse models relevant for AD is continuously updated on the Alzheimer Research Forum homepage (<http://www.alzforum.org/res/com/tra/default.asp>). But in recent years, the rat has been making a comeback as an AD model. There are several reasons for this, *e.g.* sequencing of the rat genome, recent developments in technologies to manipulate the rat genome and poor predictive power of mouse models for drug efficacy in human beings.

## The laboratory rat

The rat was the first mammalian species domesticated for scientific research over 180 years ago [16]. Since then, it has been one of the most extensively studied model organism, particularly in cardiovascular, cancer, toxicology, behavioural, neurodegeneration and aging research [17]. Selective breeding has resulted in the generation of over 200 inbred rat strains modelling different aspects of human diseases [18]. The rat's contribution to human health cannot be overestimated [16] and it has been the organism of choice for most physiological and behavioural research for decades. Behavioural scientists favour the rat because it is an intelligent and quick learner, whereas physiologists take advantage of the fact that physiological processes are similar in rats and human beings. Furthermore, rats are large enough for convenient physiological measurements [19]. Geneticists on the other hand prefer the mouse, which is smaller and easier to manipulate genetically [20]. Since the mouse has proven easier to manipulate genetically than the rat, it has become the most prevailing mammalian model organism in the transgenic research field. But, what mice provide genetically, they often lack in terms of physiological insights, with researchers often extrapolating from rat data [21].

One of the critical features of an animal model of AD is the ability to analyse memory and cognition in behavioural tests. The differences between the behaviour of rats and mice are far greater than many people realize, although most tasks can be performed by both species [22]. Compared to the rat, the mouse exhibits a simpler behavioural repertoire and much less flexibility in dealing with novel situations. Therefore, the mouse poses a problem for neurobehavioral research as it is a species functioning at a low level of complexity, relative to the rat [23]. Recently, rats have been shown to be able to make adaptive decisions about future behaviour contingent on currently available knowledge. This ability, to reflect on one's own mental processes is termed metacognition and, has previously been thought to be unique to primates [24, 25]. In neuroscience research the rat offers good technological possibilities for neurosurgical/stereotaxic manipulations, neuroimaging, histopathology, electrophysiological recordings or serial sampling of cerebrospinal fluid. In the case of hypertension, atherosclerosis, HIV pathology, Huntington's disease or modelling activation of the complement system, rat models have been shown to represent the human pathology more accurately than analogous mouse models [26–30].

Some of the contributions the rat has made to the field of AD research are summarized below and the recently available transgenic rats are discussed.

## Rat models of cholinergic-dysfunction

Early discoveries dating from the 1960s showing deleterious effects of drugs that block cholinergic activity like atropine and scopolamine on memory in rats, and parallel evidence for cholinergic dysfunction in AD subsequently led to the formulation of the 'cholinergic hypothesis of geriatric memory dysfunction' [31, 32]. Since then different approaches to induce cholinergic lesions in rats have been used to study the role of the cholinergic system in cognitive function [33, 34]. The most commonly used neurotoxins included excitatory amino acid neurotransmitters such as glutamate and its analogues (ibotenate, N-methyl-D-aspartate [NMDA], kainate, quisqualate and alpha-amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid [AMPA]), the AF64A toxin specific to cholinergic neurons, or muscarinic receptor antagonists scopolamine and atropine [35]. In 1990, a chronic rat model with a continuous intracerebroventricular infusion of quinolinic acid was developed to simulate the slow evolution of neurodegenerative diseases, including AD [36, 37]. Continuous infusion of quinolinic acid at low doses into the lateral ventricle causes a reduction of the hippocampal and cortical choline acetyltransferase activities in rats. Since some of the earliest affected neurons in the AD brain are cholinergic neurons of the basal forebrain [38, 39] the generation of the immunotoxin 192IgG-saporin, that specifically targets the rat p75 low affinity neurotrophin receptor expressing cholinergic cells of the nucleus basalis of Meynert (or rats equivalent nucleus basalis magnocellularis) and medial septum, allowed for a more

adequate modelling of the disease [40, 41]. Similarly, a selective destruction of nerve growth factor (NGF) dependent cholinergic neurons of the septum was achieved by a direct intraseptal infusion of anti-NGF antibodies [42]. The memory deficits obtained in all these models were similar to those seen in AD, supporting the notion that functional cholinergic pathways are important for memory and cognition and paving the way for cholinergic-based therapies for AD. After initial unsuccessful trials with acetylcholine precursors choline and lecithin, acetylcholinesterase inhibitors (donepezil, rivastigmine, galantamine) became commonly used drugs for symptomatic treatment of the disease [32, 43].

## A $\beta$ -based models of AD

The discovery that A $\beta$  is the main constituent of the characteristic amyloid plaques in the brains of AD patients [6, 7] and is toxic to neurons [44, 45] led to *in vivo* studies on the effects of A $\beta$  in the brain. The acute neurodegenerative effect of A $\beta$  and amyloid cores from the brains of AD patients was demonstrated *in vivo* already in 1991, when these substances were injected into the brain of two different rat models [46, 47]. In both cases, a significant induction of abnormal tau phosphorylation was observed in the immediate vicinity of the A $\beta$  immunoreactive sites. In the following years, several laboratories reported contradictory results from acute injections or continuous infusions of A $\beta$  directly into the rat brain. Whereas many groups demonstrated neurotoxicity, AD-like astrogliosis, tau hyperphosphorylation [48–53] and/or memory decline in the experimental models [51, 53–57], others showed no significant effect of the peptides [58–60]. Likewise, contradictory results were obtained in similar experiments performed on rhesus monkeys [61, 62]. Much of the variance in the results obtained depended on the nature of the peptide (fibrillized or soluble A $\beta$ ) or solvent used, concentration of the solution and manner of introduction (single injections or continuous infusions over different periods of time into rat ventricles, hippocampus or septum), age of the treated animals (young *versus* old) and time frame when the effects were assessed (immediate or long-term effects). More models demonstrating a deteriorating effect of A $\beta$  *in vivo* followed in the 2000s, proving that this is still a viable approach for modelling different aspects of AD pathology. These models have, for example, been used for testing the protective effects of ginkgo biloba extracts, docosahexaenoic acid (DHA), ginseng, estradiols, green tea, synthetic cognitive enhancers or antioxidants [63–70] and the deteriorating effects of chronic stress [71] on memory in A $\beta$  injected/infused rats. In 2007, Takata *et al.* [72] showed that exogenous microglia, transplanted into the brains of rats microinjected with A $\beta$ , participate in A $\beta$  clearance.

Recently, a variation on the A $\beta$  infusion model was reported [73]. In this model, A $\beta$  was combined with inducers of oxidative stress to induce neuronal cell death, amyloid deposits, gliosis and memory impairment following a 4 week intracerebroventricular infusion. Oxidative stress was induced using the pro-oxidative cation Fe<sup>2+</sup> and the glutathione synthesis inhibitor buthionine

sulfoximine (BSO). This model is now available through a commercial vendor.

## Transgenic rats

The first transgenic models of AD, harbouring human APP with FAD-causative mutations, appeared over ten years ago [74, 75]. These models were generated in mouse but simultaneously, unsuccessful attempts were made to develop AD transgenic rats [76, 77]. Today, many transgenic mouse lines show the presence of amyloid deposits that progress with age. Synaptic and neuronal loss differs considerably between the different lines and behavioural testing has also exposed varying degrees of deficits in reference and working memory tasks [78, 79]. A common feature of these models is the absence of NFTs; only mice expressing mutated human tau develop tangle pathology. Although no tau mutations have been reported in AD patients, they do cause other dementia disorders like fronto-temporal dementia associated with chromosome 17 (FTDP-17), proving that tau dysfunction can cause memory deterioration. Data from these models have allowed for a better understanding of the biophysical and pathological properties of tau polymers in dementia [80, 81]. All in all, the transgenic mouse models have contributed extensively to our understanding of AD pathogenesis and to investigations of possible therapeutic strategies.

Multiple genetically manipulated mouse lines have been generated in the past years: not only transgenic but also knockout, knockin and conditional mutant strains (in which genes can be conveniently switched off and on). Until recently, this has not been possible in rats, due to the impossibility of isolating rat embryonic stem cells, which have been normally used for genetic manipulations [19]. The increasing evolution of transgenic, targeted mutagenesis and cloning techniques has however paved the way for the generation of genetically manipulated rat lines [82, 83]. Whereas the first transgenic rat appeared already in 1990, transgenic rat models of human neurodegenerative diseases started appearing only in the 2000s, and the first rat knockout animal was reported in 2003 [30, 84–87]. During the last few years, several single- and multi-transgenic rat models of AD have emerged (Table 1). Being available for a much shorter time, the transgenic AD rat models are not yet as well characterized as many of the mouse lines with respect to the pathology and memory deterioration, but they do offer a promising new era for AD pharmacological research. Below is a brief review of the APP transgenic rat models that have been published to date.

### The TgAPP<sup>swe</sup> rat

The first APP transgenic rat to be published was the TgAPP<sup>swe</sup> rat by Ruiz-Opazo *et al.* in 2004 [88]. These Fisher-344 rats over-expressed a minigene cDNA construct with human APP containing the Swedish AD mutation (K670N; M671L) driven by the

**Table 1** Alzheimer's disease transgenic rat models

Rat AD models	Background strain	Transgene(s)	Promoter(s)	Extracellular A $\beta$ pathology	Behavioural impairment	References
TgAPPswe	Fischer-344	APPswe	PDGF	No	Attenuated memory decline	[88]
UKUR25	Wistar	APP751 swe/ind hPS1 Finn	PDGF	No	16 months (mild impairment)	[91, 92]
Tg6590	Sprague-Dawley	APPswe	Ubiquitin-C	Yes after 15 months	9 months	[93, 94]
Tg478/Tg116	Sprague-Dawley	APP695 swe APP swe/ind	Rat synapsin I PDGF $\beta$	Yes after 18 months	Nr	[97]
Tg478/Tg1116/Tg11587	Sprague-Dawley	APP695 swe APP swe/ind hPS1 Finn	Rat synapsin I PDGF $\beta$ rat synapsin I	Yes after 9 months	7 months	[97, 99]
APP21 and APP31	Fisher-344	APP695 swe/ind	Ubiquitin-C	Nr	Nr	[101]
#318 line	SHR	hTau truncated	Mouse Thy-1	No (tau pathology)	Yes	[102, 104]

APPswe, APP with the 'Swedish' K670N/M671L mutation; APPind, V717F 'Indiana' mutation; PS1 Finn, PS1 with the M146L Finnish mutation; hTau truncated, human tau truncated at amino acid positions 151–391; PDGF, platelet-derived growth factor; PrP, prion promoter; Thy1, Thymocyte differentiation antigen 1 promoter; P-tau, phosphorylated tau immunoreactivity; SHR, spontaneously hypertensive rat; Nr, not reported.

platelet-derived growth factor (PDGF) promoter. The increase in APP expression was low, only 56.8% at the mRNA level. The A $\beta$  levels in the brain were increased by 21% for A $\beta$ 42 and 6% for A $\beta$ 40 at the age of 12 months. No AD-related pathology was found in these animals up to an age of 18 months. Surprisingly, the TgAPPswe rats performed significantly better in the Morris water maze than the age-matched controls at 6 and 12 months of age. Although the TgAPPswe rats are not a model of AD, the findings certainly raise questions concerning the physiological role for APP and its derivatives in learning and memory functions.

### The UKUR25 rat

The same year as the TgAPPswe rat was reported, a series of papers on double-transgenic Wistar rat line UKUR25 were published [89–92]. The UKUR25 rats express human APP containing the Swedish and Indiana (V717F) mutations, and mutated PS1 (M146L). Both constructs were driven by the PDGF promoter. The main pathological feature in the brain of these animals, visible after 6 months of age, was the accumulation of A $\beta$  intracellularly in neurons of the hippocampus and cortex. The levels of A $\beta$  in the brain has however not been reported. No extracellular amyloid was seen in these animals up to 24 months of age. Behaviour analysis of 7- and 16-month-old UKUR25 rats revealed mild impairment in acquisition learning in 16-month-old male rats. Following acquisition learning the platform was moved and the rats were meant to learn the new location. There was no significant difference between the transgenics and controls in this task. At the age of 9 months, there was an increase in active phospho-

ERK2 in the UKUR25 rat brain, which was accompanied by increased levels of tau phosphorylation at S396 and S404 ERK2 sites (recognized by the PHF-1 antibody). The lack of any extracellular pathology together with the mild behavioural phenotype may limit the use of this transgenic rat in AD research.

### The Tg6590 rat

In 2007, Folkesson *et al.* [93] published on a transgenic rat line Tg6590 that expresses human APP with the Swedish mutation driven by the ubiquitin promoter. The Tg6590 rat line shows mainly neuronal expression of the human APP protein, with the highest levels found in the cortex, hippocampus and cerebellum. These rats developed mild extracellular A $\beta$  immunoreactivity but no compact mature amyloid deposits. The level A $\beta$ 42 and A $\beta$ 40 are increased to a similar extent as would be expected due to the mutation used [94]. The levels of both A $\beta$  species are increased 65% in hippocampus and 40% in cortex of 11-month-old animals. The Tg6590 rats display learning and memory deficits in the Morris water maze at the age of 9 months and altered spontaneous behaviour measured in open-field [94]. As in several APP mouse models, these behavioural changes are seen prior to the appearance of any amyloid depositions. Similar to the UKUR25 line, there is an apparent increase in phosphorylated tau at the PHF-1 site in the Tg6590 rat brain, but the increase does not reach statistical significance. Cultured primary hippocampal neurons from this line show complex alterations of calcium homeostasis, that could potentially play a role in the learning and memory impairments seen in these animals [95, 96]. Although the Tg6590

line needs to be further characterized in terms of onset and progression of behavioural phenotypes, it represents a promising model for advanced behavioural studies.

### The triple transgenic rat

Towards the end of 2007, Flood *et al.* [97] published a paper on new lines of transgenic rats that were developed at Cephalon, Inc. and were first described in an abstract in 2003 [98]. In this paper, two lines of Sprague-Dawley rats with transgenes expressing human APP were crossed. The Tg478 line expresses human APP with the Swedish mutation driven by the rat synapsin promoter. The Tg1116 line expresses a human APP minigene containing the Swedish mutation and Indiana familial AD mutations. The resulting double homozygous rats produce sufficient levels of A $\beta$  for amyloid deposition to occur by the age of 17–18 months. This was reduced to 7 months of age by crossing in a third transgenic rat line carrying a human PS-1 transgene with the familial AD mutation M146V (Tg11587). The triple homozygous transgenic rat, Tg478/Tg1116/Tg11587, has also been called the PSAPP Tg rat [99]. The amyloid deposits in this model are similar to that seen in some mouse models and the compact amyloid deposits found are associated with activated microglia, reactive astrocytes and phosphorylated tau immunoreactivity [99]. These triple transgenic animals showed deficits in the Morris water maze tasks from the age of 7 months, but in both the open field and elevated plus maze behavioural tests, the triple transgenics did not differ from controls [99]. This is the first transgenic rat to develop extensive amyloid deposits, but gross overexpression of multiple transgenes puts an excessive burden on the organism and this rat line has been shown to be prone to premature death due to health problems like chronic kidney disease, hypertension and immunosuppression [100].

### The APP21 and APP31 transgenic rats

Last year, two additional APP transgenic rat lines were reported [101]. These lines were generated by lentiviral vector infection of Fischer 344 zygotes. The resulting transgenic rat lines, APP21 and APP31, express a human APP double mutant construct containing the Swedish and Indiana AD mutations driven by the ubiquitin-C promoter. The APP transgene is reported to be expressed in the brain, in neuronal but not glial cells. No pathological or behavioural studies have been published yet.

### The AD-tau rat

Similarly to the mouse AD models, the APP or APP/PS1 transgenic rats do not show NFTs. The only rodent model with tau pathology specifically relevant for AD is the transgenic rat developed by Novak's group [102]. In contrast to the many mouse tau models, which harbour tau mutations characteristic of other

dementia diseases than AD, this transgenic rat expresses a truncated form of the human tau protein (truncated at amino acid positions 151–391), which is found in the brains of sporadic AD patients. Interestingly, the truncated tau induces neurofibrillary aggregation and decreases the lifespan of the animals without causing any measurable neuronal loss in the hippocampus or brain stem [102, 103]. This lack of neuronal loss might be explained by the inadequately long lifespan of the animal. These transgenic rats show altered spatial navigation in Morris water maze while spontaneous locomotor activity and anxiety in open field is not affected. However, beam-walking test indicates development of progressive sensorimotor disturbances related to the animal's age [104]. To our knowledge, the interesting cross between these tau transgenic rats and an APP transgenic rat has not yet been done.

### Transgenic rats – summary

In general, the APP transgenic rat lines show lower expression levels of the APP transgene than mouse AD models and in most cases only mild or no A $\beta$  deposition in the brain, which might indicate that APP processing is under more stringent control in the rat as compared to mouse, and possibly that A $\beta$  clearance is more efficient. In order to obtain extensive extracellular amyloid deposits in a rat model, introduction of two mutant APP constructs and one mutated PS1 was needed [97]. As in mice, amyloid deposition seems not to be a prerequisite for memory impairment in the transgenic rats. Both the UKUR25, double transgenic APP/PS1 [91] and the single APP transgenic Tg6590 rat [93] lines, show learning and memory impairment in the absence of gross amyloid pathology (Table 1). Even the triple transgenic rat mentioned above shows impairments in memory before the appearance of amyloid plaques [99]. These results are in line with the growing notion that A $\beta$  oligomers might be the villain in the disease process; also soluble A $\beta$  correlates better with memory deterioration in AD than its aggregated forms [105].

### Virally induced models of AD

The independence of A $\beta$  deposition and A $\beta$ -related memory deficits has been examined in two novel AD rat models in which virus mediated gene transfer was used to induce expression of APP with the Swedish mutation or A $\beta$  fragments, selectively in the hippocampus of adult rats. Gong *et al.* [106] demonstrated that Swedish mutated APP transfected rats, displaying A $\beta$ 42 immunoreactivity in the vicinity to the injection sites but no plaques nor signs of neurotoxicity up to 15 months post-transfection, had impaired memory retention in the probe phase of Morris water maze task. In the other virally induced rat model, cDNAs encoding a fusion between human A $\beta$ 40 or A $\beta$ 42 and the BRI protein, which is involved in amyloid deposition in British and Danish



familial dementia, were introduced into hippocampus of adult animals [107]. Only the BRI-A $\beta$ 42 infused animals showed diffuse plaque-like structures in the hippocampus 3 months post-infusion, but displayed no impairment in the open-field or water maze tests. On the other hand, animals infused with both BRI-A $\beta$ 42 and BRI-A $\beta$ 40 showed mild behaviour alterations but exhibited no extracellular A $\beta$  depositions supporting data showing that A $\beta$  deposition is not needed for behavioural impairments in rodent models.

## Concluding remarks

The rat is one of the most commonly used experimental animal species in biomedical research and because of its relevance to

human physiology, the rat may provide highly predictable models for research and the pharmaceutical industry [108]. The availability of new genetic research tools in rats provides considerable advances in the areas where rats are extensively used. In AD research, the rat has for decades been a very important model, for instance in studies on cholinergic dysfunction and memory impairment which played a crucial role in the development of the cholinesterase inhibitor drugs that are currently in use. The attractiveness of the rat as an experimental animal model has been increased further by the availability of the rat genome data and technologies allowing genetic manipulation in rats. In recent years, a number of transgenic rats as models for AD have been reported and new models are under development. We believe that in the coming years, transgenic rats will be a welcome and valuable complement to the available mouse models in AD research.

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