# **ORIGINAL**



# Trends and risk factors for omission of early thromboprophylaxis in Australian and New Zealand ICUs between 2009 and 2020

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### **Abstract**

**Purpose:** Venous thromboembolism (VTE) prophylaxis is effective in reducing VTE events; however, it is underutilized in critically ill patients. We examined trends and risk factors for omission of early thromboprophylaxis within the first 24 h after admission in Australian and New Zealand intensive care units (ICUs) between 2009 and 2020.

**Methods:** Retrospective analysis of data from the Australian New Zealand Intensive Care Society Adult Patient Database. Data were obtained for 1,465,020 adult admissions between 2009 and 2020. Mixed effects logistic regression modeling (accounting for the random effects of the contributing ICUs) was used to identify factors associated with omission of early thromboprophylaxis.

**Results:** A total of 107,486 (7.3%) ICU patients did not receive any form of thromboprophylaxis within the first 24 h after ICU admission without obvious reasons. Omission of early thromboprophylaxis declined from 13.7% in 2009 to 4% in 2020 (by 70.8%) (P < 0.001). Younger patients were more like to miss out on VTE prophylaxis (odds ratios (OR)<sub>per 10-year increase</sub> 0.94, 95% CI 0.95–0.99). A documented process for monitoring VTE prophylaxis (ORs 0.90, 95% CI 0.87–0.93) and having a medical lead, dedicated for coordinating ICU quality (OR<sub>per 0.1 increase in full-time equivalent</sub> 0.97, 95% CI 0.93–0.99), are associated with less omission of VTE prophylaxis.

**Conclusion:** Omission of thromboprophylaxis within the first 24 h after ICU admission has declined steadily over the past decade. Documented process for monitoring VTE prophylaxis and having a medical lead for coordinating quality of ICU care could be potential targets for sustaining the improvement in VTE prophylaxis use.

**Keywords:** Venous thromboembolism, Thromboprophylaxis, Intensive care unit, Critically ill

### Introduction

Venous thromboembolism (VTE) which includes deep vein thrombosis (DVT) and pulmonary embolism (PE) is a major clinical and public health concern. Globally, there are about 10 million cases of VTE every year (79 to 269

per 100,000 population), and a mortality rate in untreated patients of 12–50% [1–3]. The incidence of VTE is even higher in intensive care unit (ICU) patients, ranging from 13 to 31%, often due to additional risk factors typically associated with ICU admission, such as sedation, immobilization, mechanical ventilation, and central venous catheters [4, 5]. VTE care also imposes a significant economic burden on patients and the healthcare system [2]. In Australia, more than 17,000 people develop VTE each year, and costs patients and the health system \$1.72 billion annually [6].

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The use of VTE prophylaxis reduces the risk of VTE by 50–70% in a broad range of medical or surgical patients [7–9]. Practice guidelines recommend that all patients should be assessed for the risk of VTE and that most should receive appropriate VTE prophylaxis within the first 24 h after ICU admission [6, 10]. Nevertheless, a significant proportion of patients at risk of VTE do not receive VTE prophylaxis as recommended in guidelines [8, 11], and there are substantial differences in VTE risk assessment and use of thromboprophylaxis [11]. A survey of 358 hospitals across 32 countries showed that, of the 52% of hospitalized patients who were at risk for VTE as per the American College of Chest Physicians (ACCP) guidelines, only 50% received the recommended VTE prophylaxis, with a range of 0-83% [11]. Delay or omission of thromboprophylaxis within the first 24 h of ICU admission without obvious reasons is associated with a significantly higher risk of VTE and mortality [12, 13]. A study of approximately 80,000 trauma patients reported that a delay of 24-48 h, and beyond 48 h in initiating VTE prophylaxis is associated with a 1.26- and 2.35-fold increased risk of VTE events, respectively [12].

Significant progress has been made in improving VTE prevention and making VTE prevention a priority in health care [9]. Standard VTE risk assessment tools and resources have been developed to reliably guide VTE prophylaxis and improve awareness and compliance with VTE prophylaxis guidelines [8, 9, 14]. Electronic alerts and decision support systems have become more common due to the use of electronic health records [15]. However, whether the proportion of omission of thromboprophylaxis within the first 24 h after ICU admission has declined over time and whether risk factors for omission of early thromboprophylaxis are amenable to intervention remain unclear.

We investigated trends in omission of thromboprophylaxis within the first 24 h after ICU admission, and identified factors associated with omission of VTE prophylaxis.

## Methods

# Data sources and participants

We analyzed data from the Australian and New Zealand Intensive Care Society (ANZICS) Adult Patient Database (APD) and Critical Care Resources survey, binational clinical quality registry datasets run by the ANZICS Centre for Outcome and Resource Evaluation (CORE).

The ANZICS APD contains data from over 2 million patient episodes collected from 203 ICUs, representing more than 90% of Australia and New Zealand ICU admissions, and is one of the largest single datasets on intensive care in the world. The ANZICS CORE participating ICUs contribute de-identified data. Each contributing ICU allows subsequent data use as appropriate,

# Take-home message

In this study of more than 1.4 million critically ill patients, omission of thromboprophylaxis within the first 24 h after admission in intensive care unit (ICU) has declined by 70.8% between 2009 and 2020. Potentially modifiable factors, including documented process for monitoring venous thromboembolism (VTE) prophylaxis and having a medical lead for coordinating quality of ICU care could be potential targets for sustaining the improvement in VTE prophylaxis use.

understanding procedures and in compliance with the ANZICS CORE terms of reference and with a waiver of the need for informed consent. The development and details of the ANZICS APD have been described in detail elsewhere [16].

## Early thromboprophylaxis

Thromboprophylaxis status within the first 24 h of ICU admission was captured in a standard precoded response: "Yes," "No," "Contraindicated," or "Not indicated." Consistent with a previous study using the same database [13], patients who received one or more of the following methods of thromboprophylaxis, including unfractionated heparin, low molecular-weight heparin, pneumatic compression devices, compression stockings, or inferior vena cava filter, within the first 24 h after ICU admission were considered to have received early thromboprophylaxis. Omission of early thromboprophylaxis included patients who did not receive any method of thromboprophylaxis within the first 24 h after ICU admission without obvious reasons or contraindications to pharmacologic or mechanical thromboprophylaxis, as stated by their attending clinicians. Thromboprophylaxis was considered contraindicated for patients who were at risk of bleeding and had physical injuries to their lower extremities, unless an inferior vena cava filter was inserted within the first 24 h after ICU admission. Patients who did not receive any form of thromboprophylaxis within the first 24 h after ICU admission because they were assessed to have a very low risk of VTE by the attending clinical were considered as "not indicated" for early thromboprophylaxis [13]. The Acute Physiology and Chronic Health Evaluation II (APACHE II) scoring system was used to assess the severity illness.

## ICU level process of care indicators

We analyzed data from annual ANZICS Critical Care Resources surveys from 2009 to 2020 to examine the relationship between ICU level processes of care indicators and use of VTE thromboprophylaxis. Participating ICUs reported process of care indicators, including documentation of VTE prophylaxis, number and type of staff available for ICU care, and weekly rounds.

The study was approved by the Alfred Health Human Research Ethics Committee (Project No: 276/21).

### Statistical analysis

Demographic and clinical characteristics were summarized by early thromboprophylaxis status. We calculated the annual proportion of omission of early thromboprophylaxis stratified by sex. We assessed the trends in omission of early thromboprophylaxis using a time series design with Autoregressive Integrated Moving Average (ARIMA) model.

Autocorrelation functions (ACF), partial autocorrelation functions (PACF), and Bayesian Information Criteria (BIC) were used to identify the best fitted model for analysis. The quarterly percentage change in omission of early thromboprophylaxis was used to remove the trend component of the time series before fitting into ARIMA models. Finally, the coefficient of the quarterly changes in percentage of omission of early thromboprophylaxis from the ARIMA model was annualized to obtain the annual percentage change. Mixed effects logistic regression modeling (accounting for the random effects of the contributing ICUs) was used to identify factors associated with omission of early thromboprophylaxis. Variables with P < 0.25 in the univariate analysis were included in the multivariable analysis along with other predictors previously reported as being significantly associated with omission of VTE prophylaxis. Generalized linear model with a binomial distribution and a probit link was used to assess factors associated with ICU level proportion of omission of VTE prophylaxis. P<0.05 was considered significant in 2-sided tests. In the multivariate analysis, we examined the significance of the interaction terms between predictor variables included in the model. The proportion of missing data was negligible, and therefore, data imputation was not necessary. Analyses were carried out using Stata version 16 (StataCorp, College Station, TX, USA).

## Results

# Study subjects

A total of 1,794,267 patients aged 18 years or older were admitted to 203 ICUs in Australia and New Zealand during the study period, and 1,465,020 patients (median age  $65.3\pm17.5$  years) who have early thromboprophylaxis data were included in the analysis (Fig. 1). Patient characteristics by early thromboprophylaxis status are provided in Table 1. Overall, patient characteristics were comparable between those with and without missing data on early thromboprophylaxis (Supplementary Table S1).

# Trends in omission of early thromboprophylaxis

Thromboprophylaxis was used in 1,260,785 (86.1%) of ICU patients within the first 24 h after ICU admission, considered as contraindicated in 55,025 (3.8%), and not indicated in 41,724 patients (2.9%). The remainder 107,486 (7.3%) ICU patients did not receive any form of thromboprophylaxis within the first 24 h after ICU admission. Compared to those who received early thromboprophylaxis, those who did not receive early thromboprophylaxis were more likely to be male (55.8% vs 44.2%), slightly younger, and they were less frequently admitted due to elective (35.9 vs 43.6) or surgical admissions (32.7 vs 43). The mean APACHE II score and admission diagnosis were comparable in both groups (Table 1). As shown in Fig. 2, omission of early thromboprophylaxis declined from 13.7% in 2009 to 4% in 2020 (by 70.8%), or 9.6% per year on average (P < 0.001). This decline was consistent across gender, different types of pre-existing condition and diagnosis at admission (Table 2, Supplemental Tables S2-S5).

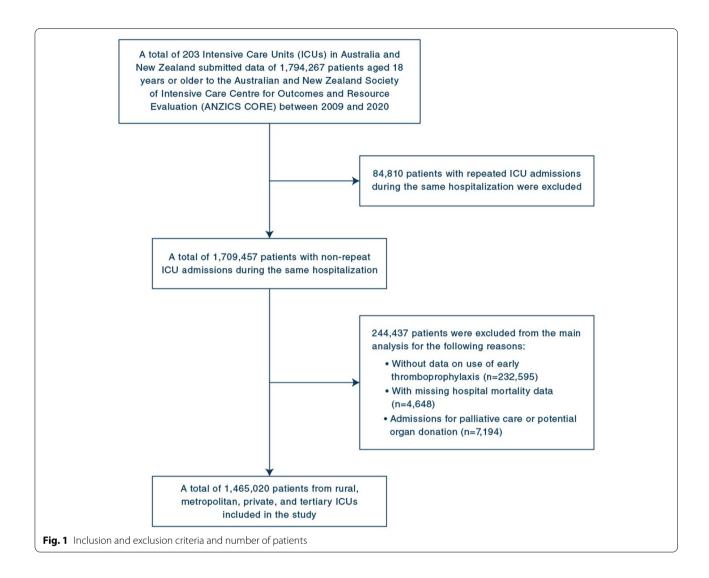
# Characteristics associated with omission of early thromboprophylaxis

In the confounder adjusted analysis, patients who have higher APACHE II scores (OR 1.03, 95% CI 1.02–1.07), chronic liver diseases (OR 1.42, 95% CI 1.36–1.50) and admitted to ICUs in New Zealand (OR 2.21, 95% CI 1.12–4.36) were more likely to miss early thromboprophylaxis. On the other hand, age (OR<sub>per 10-year increase</sub> 0.94, 95% CI 0.95, 0.99) and year of ICU admission (OR<sub>per calendar year</sub> 0.86, 95% CI 0.85, 0.96) were inversely associated with omission of early thromboprophylaxis. There was no significant association between omission of early thromboprophylaxis with patients' sex, hospital type, admission diagnosis or source of ICU admission (Table 3).

# Association between process of care indicators and omission of early thromboprophylaxis

Over the study period, a total of 1737 reports on 32 process indicators were reported by 144 ICUs on average, per year. The number of ICUs that have a documented process for monitoring VTE prophylaxis has almost doubled between 2010 (55.5%, 81/146) and 2020 (95%, 160/168). Overall, 38% of ICUs have a medical staff dedicated for coordinating quality of ICU care, employed on average (standard deviation) at 0.18 (0.5) full-time equivalent (FTE). The number of ICUs that had a medical staff dedicated for coordinating quality of ICU care has increased by 17% between 2013 (30.1%, 44/146) and 2018 (47%, 79/168) (Supplemental Fig. 1).

After adjusting for other covariates including patient volume, only documentation of VTE prophylaxis (OR= 0.90, 95%CI: 0.87-0.93), and full time equivalent (FTE)



of medical staff dedicated for coordinating ICU quality activities (OR *per 0.1 increase in FTE* = 0.97, 95%CI: 0.93-0.99) were significantly associated with decline in omission of early thromboprophylaxis (Table 4). There was no significant association between having a pharmacist on ward round, adverse event minoring system, regular ICU patient or relative satisfaction survey with the omission of early thromboprophylaxis.

### Discussion

Our data demonstrate that omission of thromboprophylaxis within the first 24 h after ICU admission declined by 70.8% between 2009 and 2020, and the decline is consistent across sex, different types of pre-existing chronic condition and diagnosis at admission. While younger patients are more likely to miss out on VTE prophylaxis,

ICUs that have a medical quality lead dedicated for coordinating ICU have less omission of VTE prophylaxis.

The significant decline in omission of early thromboprophylaxis may be explained by improvement in VTE prevention practices [9, 17]. VTE prevention in hospitalized patients has become a national and international priority as a means of reducing avoidable hospital deaths [8, 18]. Standardized tools and resources have been developed and used in practice, in Australia and elsewhere, to standardize VTE risk assessment and provision of riskappropriate thromboprophylaxis [9, 14, 17]. For example, the use of the multifaceted Australian National Inpatient Medication Chart (NIMC) encompassing VTE risk stratification, VTE prophylaxis guidance and prescription prompt has been associated with increased VTE prophylaxis prescription from 52.7 to 66.5% in medical patients [19]. Several VTE prevention strategies and initiatives, including provider education, regular audit, and feedback

Table 1 Characteristics of the patients included in the analysis (n = 1,465,020)

Characteristic	Early thromboprophylaxis within 24 h of ICU admission			
	Yes 1,260,785 (86.1%)	No 107,486 (7.3%)	Contraindicated 55,025 (3.8%)	Not indicated 41,724 (2.9%)
Age (years), median (IQR)	65.5 (51.6–75.4)	63.7 (47.7–75)	66.1 (51.3–76.9)	62.8 (47–74)
Male (%)	714,183 (56.7)	59,990 (55.8)	32,152 (58.4)	24,725 (59.3)
Female (%)	546,133 (43.3)	47,469 (44.2)	22,853 (41.6)	16,989 (40.7)
Hospital type				
Tertiary (%)	495,255 (39.2)	34,735 (32.2)	19,022 (34.6)	16,226 (38.9)
Private (%)	386,186 (30.5)	25,574 (23.8)	11,411(20.8)	9731 (20.3)
Metropolitan (%)	213,147 (16.9)	23,445 (21.8)	11,773 (21.4)	8527 (20.4)
Rural/regional (%)	168,197 (13.3)	23,732 (22.1)	12,789 (23.2)	7240 (17.3)
BMI (kg/m²), median (IQR)	27.7 (24.1-32.6)	27.3 (23.6–32)	27 (23.4–31.5)	27.6 (24.2–31.8)
Elective admission (%)	549,843 (43.6)	38,592 (35.9)	11,748 (21.3)	20,118 (48.2)
Surgical admission (%)	542,001 (43)	35,183 (32.7)	11,190 (20.3)	18,800 (45.1)
Admission diagnosis				
Cardiovascular disease (%)	304,248 (24)	25,201 (23.3)	8819 (15.9)	15,968 (38)
Gastrointestinal (%)	217,435 (17.2)	14,634 (13.5)	14,206 (25.5)	4324 (10.3)
Respiratory disease (%)	193,278 (15.3)	16,387 (15.2)	4027 (8.2)	6102 (14.5)
Neurological disease (%)	151,740 (12)	12,863 (11.9)	10,455 (18.8)	3544 (8.4)
Sepsis (%)	89,523 (7.1)	7882 (7.3)	4700 (8.4)	2239 (5.3)
Multiple trauma (%)	54,800 (4.3)	4834 (4.4)	4719 (8.5)	1289 (3.1)
Chronic respiratory disease (%)	93,399 (7.4)	7521 (7)	3549 (6.4)	2671 (6.4)
Chronic cardiovascular disease (%)	112,346 (8.9)	9313 (8.7)	6547 (11.9)	3391 (8.1)
Chronic renal failure (%)	41,055 (3.3)	3963 (3.7)	2570 (4.7)	1558 (3.7)
Chronic liver disease (%)	18,523 (1.5)	2407 (2.2)	3531 (6.4)	647 (1.5)
Immunosuppressive disease (%)	26,801 (2.1)	2050 (1.9)	1629 (3)	510 (1.2)
Immunosuppressive therapy (%)	54,090 (4.3)	3896 (3.6)	3313 (6)	1159 (2.8)
Diabetes requiring insulin (%)	29,496 (2.3)	3483 (3.2)	1043 (1.9)	1005 (2.4)
Metastatic cancer (%)	50,100 (4)	3130 (2.9)	2085 (3.8)	889 (2.1)
Required mechanical ventilation within 24 h of admission (%)	158,742 (12.5)	6990 (6.5)	6240 (11.2)	3361 (8)
APACHE II score, median (IQR)	16.1 (12.3–19.7)	13.6 (12-17.1)	13.5 (11.6–19)	14.9 (10.8–21.1)
APACHE III score, median (IQR)	48 (35–64)	47 (33–66)	54 (38–75)	46 (32–62)
APACHE III predicted mortality, mean (SD),%	12.5 (18.6)	14.4 (21.7)	21.2 (25.4)	11.8 (20)
ANZROD (%), mean (SD)	7.4 (15.5)	9.4 (19.1)	15.2 (23.6)	7.5 (17.1)
Length of ICU stay, median (IQR) <sup>h</sup>	42.2 (22.1–77.3)	30.1 (19–65.8)	43.9 (21.7–90.1)	24.1 (18.4–48.8)
Length of hospital stay, median (IQR) <sup>d</sup>	8.1 (4.5–14.7)	6.6 (2.8–12.9)	7.8 (3.7–15.9)	6.5 (2.8–11.5)
ICU mortality (%)	55,009 (4.4)	7896 (7.4)	5997 (10.9)	2466 (5.9)
Hospital mortality (%)	89,891 (7.1)	11,285 (10.5)	8723 (15.8)	3376 (8.1)

APACHE Acute Physiology and Chronic Health Evaluation, ANZROD Australian and New Zealand Risk of Death, h hours, d days, ICU Intensive Care Unit

to medical and hospital staff have been implemented to promote and facilitate the uptake of VTE prophylaxis guidelines and improve awareness [14, 18, 20]. Recent studies have also shown improvement in the prevention of VTE and adherence to VTE prophylaxis guidelines in Australia [21, 22] and elsewhere [9]. Our findings of the significant decline in omission of early thromboprophylaxis were consistent across all ages, sex, admission

diagnosis and pre-existing chronic diseases, suggesting a robust generalizability across sites and patient groups.

The faster rate of decline in omission of early thromboprophylaxis among ICUs that have increased availability of medical quality lead, and routinely document VTE prophylaxis is an important finding. A systematic review of experimental and observational studies has shown that availability of a practitioner dedicated to VTE quality improvement was associated with

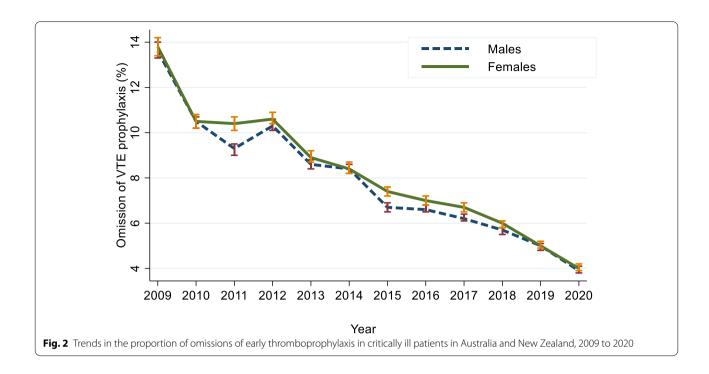


Table 2 Trends of omission of early thromboprophylaxis

Variable	Coefficient <sup>a</sup> (95% CI)	Annual % change	<i>P</i> value
Sex			
Female	- 0.024 (- 0.032, - 0.016)	<b>-</b> 9.8%	< 0.001
Male	- 0.024 (- 0.027, - 0.021)	<b>-</b> 9.7%	< 0.001
Both sexes	- 0.0242 (- 0.030, - 0.018)	<b>-</b> 9.6%	< 0.001
Pre-existing chronic conditions			
Chronic respiratory disease	- 0.20 (- 0.025, - 0.016)	<b>-</b> 8.2	< 0.001
Chronic renal disease	- 0.018 (- 0.024, - 0.012)	<b>–</b> 7.3	< 0.001
Chronic liver disease	- 0.016 (- 0.022, - 0.011)	<b>–</b> 6.7	< 0.001
Cardiovascular disease	- 0.22 (- 0.03, - 0.014)	<b>-</b> 9.1	< 0.001
Admission diagnosis			
Cardiac arrest	- 0.02 (- 0.032, - 0.006)	<b>–</b> 7.7	0.004
Chronic obstructive pulmonary disease	- 0.021 (- 0.038, - 0.004)	<b>-</b> 8.4	0.015
Intracranial hemorrhage	- 0.012 (- 0.02, - 0.006)	<b>–</b> 5.0	< 0.001
Pneumonia	- 0.020 (- 0.025, - 0.014)	<del>-</del> 8.0	< 0.001
Sepsis or septic shock	- 0.020 (- 0.032, - 0.009)	<b>-</b> 8.2	< 0.001
Multiple trauma	- 0.012 (- 0.017, - 0.007)	<del>- 5.0</del>	0.005

<sup>&</sup>lt;sup>a</sup> Coefficient = quarterly percentage change in proportion of omission of early thromboprophylaxis estimated using Autoregressive Integrated Moving Average (ARIMA) model

increased compliance to VTE clinical practice guidelines [23]. The documentation of VTE prophylaxis provides an opportunity for monitoring of compliance with VTE prevention guidelines and can assist hospitals in tracking the success of their efforts to prevent VTE [23, 24]. Our study specifically focused on omission of administration of early thromboprophylaxis and

did not include data on VTE risk assessment and medication management. This is one possible reason for the absence of significant association between some of the individual components of the process of care indicators, including pharmacist on ward round, availability of allied health and nursing staff with omission of thromboprophylaxis. Furthermore, despite improvements

Table 3 Risk factors associated with omissions of early thromboprophylaxis

Characteristic	Odds ratios (95% CI)	<i>P</i> value
Sex, female	1 (0.99–1.02)	0.154
Age, per 10-year increase	0.94 (0.95-0.99)	< 0.001
Admission diagnosis	0.99 (0.99 1)	0.164
Cardiovascular disease	Ref	
Respiratory disease	0.91 (0.88-1.12)	0.295
Gastrointestinal	0.78 (0.60-1.01)	0.070
Neurological disorder	0.98 (0.95-1.28)	0.470
Sepsis	0.95 (0.92-1.01)	0.070
Trauma	1.08 (0.80-1.12)	0.133
Elective surgery	1 (0.84–1.21)	0.932
APACHE II score	1.03 (1.02-1.03)	< 0.001
Chronic respiratory disease	0.88 (0.85-1.02)	0.161
Chronic renal disease	0.99 (0.98-1.07)	0.408
Chronic liver disease	1.42 (1.36–1.50)	< 0.001
Cardiovascular	0.9 (0.87-1.21)	0.705
Immune therapy	1.02 (0.98-1.06)	0.331
Immunosuppressive disease	1.15 (0.83-1.60)	0.368
Metastatic cancer	0.92 (0.88–1.05)	0.181
Hospital type		
Metropolitan	Ref	
Private	0.96 (0.57-1.60)	0.873
Rural/regional	2 (1–3.53)	0.047
Tertiary	0.74 (0.41-1.33)	0.364
ICU admission source		
Operating theater	Ref	
Emergency department	1.3 (1.1526–1.33)	< 0.001
Ward	1.26 (1.22-1.30)	< 0.001
ICU, same hospital	1.25 (1.07-2.71)	0.316
Other hospital	1.11 (0.91-1.33)	0.254
ICU, other hospital	0.92 (0.84–1)	0.047
Direct from home	2.2 (1.78–2.71)	< 0.001
Country		
Australia	Ref	
New Zealand	2.21 (1.12–4.36)	0.021
Year of admission (calendar year starting 2009)	0.86 (0.85–0.86)	< 0.001

ICU Intensive Care Unit

during the study period, the implementation of most process indicators was low. On the other hand, it has been suggested that the current VTE-related quality measures used worldwide do not sufficiently characterize and represent a range of VTE prevention efforts in hospitals [15].

The findings that younger ICU patients were more likely to miss VTE prophylaxis than older patients suggest that younger ICU patients represent a potential

target for initiatives to reduce the burden of VTE. The risk of VTE increases exponentially with age, doubling with each decade of life after the age of 40 years [9, 25], and as such older patients are more likely to receive VTE prophylaxis. However, approximately 50% of all VTE events are related to current or recent hospital admission [26], and therefore, the risk of VTE in middle-aged ICU patients should not be underestimated. The lower risk of VTE in younger ages could be one of the reasons for the frequent omission of thromboprophylaxis in younger ICU patients [27]. Some tests and diagnostics for screening the risk of VTE and bleeding are also not frequently used in younger patients, including to avoid increasing the lifetime cancer risks from exposure to radiation, possibly underestimating the risk of VTE [28, 29].

Our findings have potential implications for VTE prevention in ICU patients. The findings that younger patients are more like to miss out on VTE prophylaxis provides an opportunity to efficiently target younger critically ill patients for VTE prevention. Further research may consider if additional clinical or laboratory parameters can be leveraged to improve identification of younger patients at risk of VTE who would benefit from VTE prophylaxis. The findings also suggest that compliance with VTE process of care indicators, such as documented process for monitoring VTE prophylaxis and medical lead dedicated for coordinating ICU quality, provides an opportunity for system improvements to reduce the burden of potentially preventable VTE.

This study has some limitations that should be noted. The ANZICS APD does not collect data on additional variables which are potentially important for understanding VTE prophylaxis, including the outcome of VTE risk assessment, reasons for not receiving thromboprophylaxis, regimen, dose and duration of anticoagulant. Contextual factors such as local expert opinion, clinician awareness of thromboprophylaxis and the involvement of the patient in the decision-making process that potentially influence decision-making about anticoagulant prescription were not collected.

### **Conclusions**

In summary, our findings suggest that in critically ill patients in Australia and New Zealand omission of early thromboprophylaxis within the first 24 h after ICU admission has declined by 70.8% between or 9.6% 2009 and 2020. The decline was consistent across gender, different types of pre-existing condition and diagnosis at admission. Allocating a medical lead dedicated to coordinating ICU quality offers one of the most promising strategies for optimizing VTE prevention in hospitalized patients.

Table 4 Association between ICU level process of care indicators with proportion of omission of early thromboprophylaxis

Characteristics	Odds ratio (95% CI)	<i>P</i> value
VTE prophylaxis documentation process	0.90 (0.87–0.93)	< 0.001
Medication errors collected	1 (0.95–1.05)	0.870
Medical staff FTE for coordinating ICU quality activities	0.97 (0.93–0.99)	0.027
Nursing staff FTE for coordinating ICU quality activities	1 (0.99–1.01)	0.377
Infectious disease specialist on ward round	1 (0.97–1.03)	0.934
Pharmacist on ward round	1.02 (0.99–1.05)	0.080
Routinely survey patient relative	0.99 (0.97–1.02)	0.639
ICU have lead clinician of research	1.04 (0.99–1.07)	0.078

Adjusted for ICU level patient volume, mean age, and gender (%)

FTE full-time equivalent, VTE venous thromboembolism

### **Supplementary Information**

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# Declarations

### **Conflicts of interest**

The authors declare that they have no conflicts of interest relevant to the manuscript.

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