# Quantum Interstate Phase Differences and Multiphoton Processes: Quantum Jumps or Dynamic Beats? 

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Cite This: ACS Omega 2022, 7, 30632-30641


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#### Abstract

Whether quantum state transitions occur by instantaneous jumps (a la Bohr) or deterministic dynamics (Schrödinger's preference) has been intensely debated. Recent experimental measurements of shelved electrons have reignited the debate. We examine aspects of the time-dependent numerical solutions of the Schrödinger equation in quantum systems with two and three levels perturbed by a sinusoidal field. A geometrical construction involving quantum state phase differences illuminates the role of interstate phase differences in a deterministic, rather than random, process of multiphoton absorption. Alternate halves of the Rabi cycle exhibit phase reversals much like the classical beats of coupled oscillators. For non-zero detuning, population inversion does not occur because the exciting field drifts out of the proper phase before inversion is complete. A close correspondence with classical, coupled oscillator beats offers insights for interpretation of deterministic quantum dynamics and suggests an experimental test for the correctness of this picture depending on the long-time phase stability of exciting fields.



multiphoton ionization. This paper introduces a simple theoretical tool in numerical simulations of one- and twophoton processes, revealing a key dependence on interstate phase differences.

A sinusoidally perturbed quantum system can be described theoretically on several different levels. Although the quantum mechanical description of both the system and the perturbing field has certain advantages, the most common treatment describes the field as an externally imposed perturbation (i.e., a classical field). Some call this a semiclassical ${ }^{6}$ or neoclassical analysis since the system is treated quantum mechanically and the field is treated classically. Herein we avoid this terminology because the term semiclassical is also used to describe approximate quantum treatments such as the JWKB method, ${ }^{7}$ EBK quantization, ${ }^{8}$ or the Heisenberg correspondence principle approximation of matrix elements. ${ }^{9}$

We analyze a quantum system with discrete states in the Schrödinger picture ${ }^{10}$ as described by the time-dependent Schrödinger equation ${ }^{11}$

[^0]
\[

$$
\begin{equation*}
i \hbar \frac{\partial \Psi}{\partial t}=H \Psi \tag{1}
\end{equation*}
$$

\]

where $\hbar$ is Planck's constant divided by $2 \pi, \boldsymbol{H}$ is the Hamiltonian operator for the system, and $\Psi$ is the wave function. Equation 1 describes the interaction of a quantum system with an externally imposed sinusoidal field, most often an electromagnetic field, by dividing the Hamiltonian into two parts, $\boldsymbol{H}=\boldsymbol{H}_{0}+\boldsymbol{H}_{1}$, where $\boldsymbol{H}_{0}$ contains all of the timeindependent description of the system (i.e., the discrete bound states) and $\boldsymbol{H}_{1}$ contains the time-dependent part of the Hamiltonian describing the interaction of the system with the external field. Assuming that the eigenfunctions, $\psi_{n}{ }^{0}$, and eigenvalues, $E_{n}{ }^{0}$, of $\boldsymbol{H}_{0}$ are known, the general solution of eq 1 can be expanded as a linear combination of $\psi_{n}{ }^{012}$

$$
\begin{equation*}
\Psi(q, t)=\sum_{n} c_{n}(t) \psi_{n}^{0}(q)=\sum_{n} a_{n}(t) \mathrm{e}^{-i E_{n}^{0} t / \hbar} \psi_{n}^{0}(q) \tag{2}
\end{equation*}
$$

where $q$ represents the coordinates of the system and where the second equality exhibits the natural, oscillatory, time dependence of the linear expansion coefficients, $c_{n}(t)$, that result from eq 1. If $\boldsymbol{H}$ contains only the internal Hamiltonian, $\boldsymbol{H}_{0}$, then the $a_{n}$ coefficients are time-independent. However, if the perturbing Hamiltonian, $\boldsymbol{H}_{1}$, is included, then the $c_{n}$ coefficients may not have the simple oscillatory time dependence indicated in eq 2 , or equivalently, the $a_{n}$ coefficients must be allowed to vary in time. In either case, the amplitude coefficients describe the probability of the system being in the $n$th quantum state at time $t$ :

$$
\begin{equation*}
P_{n}(t)=\left|c_{n}(t)\right|^{2}=\left|a_{n}(t)\right|^{2} \tag{3}
\end{equation*}
$$

By substituting the wave function from eq 2 into the timedependent Schrödinger equation, eq 1 , the time-dependent Schrödinger equation is reduced to a set of first-order, coupled differential equations for the coefficients $c_{n}(t)$ or $a_{n}(t)$ in terms of the matrix elements of the perturbing Hamiltonian ${ }^{13}$

$$
\begin{align*}
& \dot{c}_{n}(t)=\frac{-i}{\hbar}\left[c_{n}(t) E_{n}^{0}+\sum_{k} c_{k}(t)\langle n| H_{1}(t)|k\rangle\right]  \tag{4}\\
& \dot{a}_{n}(t)=\frac{-i}{\hbar}\left[\sum_{k} a_{k}(t) e^{i \omega_{n k} t}\langle n| H_{1}(t)|k\rangle\right] \tag{5}
\end{align*}
$$

where $\langle n| H_{1}(t)|k\rangle$ is the matrix element of $\boldsymbol{H}_{1}$ coupling states $n$ and $k$ and $\omega_{n k}=\left(E_{n}^{0}-E_{k}^{0}\right) / \hbar$ is the transition frequency between state $k$ and state $n$. We explore the continuous dynamics of these equations for which instantaneous quantum jumps are not really an allowed result.

Methods for solving eq 4 or eq 5 include (1) numerical solution as an initial value problem, (2) Fourier analysis (Floquet theory), ${ }^{14}$ or (3) perturbation theory. We chose option 1 , numerically integrating eq 4 from $t=0$ to a sufficiently large time using a standard integrator ${ }^{15}$ which returns real and imaginary parts of $\left\{c_{1}, c_{2}, \ldots c_{n}\right\}$ (where $n$ is the number of states) at uniformly spaced time intervals. The amplitude and phase of $c_{n}$ are then reconstructed using

$$
\begin{align*}
\left|c_{n}\right| & =\left\{\left[\operatorname{Re}\left(c_{n}\right)\right]^{2}+\left[\operatorname{Im}\left(c_{n}\right)\right]^{2}\right\}^{1 / 2} ; \theta_{n} \\
& =\operatorname{ATAN} 2\left[\operatorname{Im}\left(c_{n}\right), \operatorname{Re}\left(c_{n}\right)\right] \tag{6}
\end{align*}
$$

where ATAN2 is the two-argument inverse tangent function defined on $(-\pi, \pi]$ (argument order for ATAN2 lacks a uniform
standard). The relationship between $c_{n}$ and $a_{n}$ with the phase $\theta_{n}$ is

$$
\begin{equation*}
c_{n}=r_{n} e^{i \theta_{n}}=a_{n} \mathrm{e}^{-i E_{n}^{0} t / \hbar} \tag{7}
\end{equation*}
$$

where $r_{n}=\left|c_{n}\right|=\left|a_{n}\right|$. The phase of $a_{n}$ can also be defined

$$
\begin{equation*}
a_{n}=r_{n} e^{i \phi_{n}} \tag{8}
\end{equation*}
$$

where

$$
\begin{equation*}
\theta_{n}=\bmod \left[\phi_{n}-E_{n}^{0} t / \hbar\right]_{2 \pi} \tag{9}
\end{equation*}
$$

The most useful information comes, not from these phases, but from the difference in phases between two states as discussed below.

The time-dependent Schrödinger equation, eq 1 , requires solutions which have both real and imaginary parts, and the complex-valued nature of quantum wave functions is a fundamental difference between classical mechanics and quantum mechanics. When combined with the fact that the wave function represents a complex amplitude rather than a probability, complex wave functions result in the strikingly nonclassical effect of interference. Consider the form of eq 4. The first term in the square brackets results in the oscillating nature of the $c_{n}$ coefficients. Because the zero-order eigenvalues, $E_{n}{ }^{0}$, are real, the contribution of this first term to the time derivative of $c_{n}$ always differs in phase from $c_{n}$ by $\pi$ / 2 (e.g., $-i=e^{-i \pi / 2}$ ), so this term can never cause a change in the probability. For real perturbations, even the diagonal term from $\boldsymbol{H}_{1}$ only causes $c_{n}$ to rotate, rather than change in length. The terms that cause changes in probability are those terms for which the $c_{k}$ coefficients are near $\pm \pi / 2$ out of phase with $c_{n}$ such that the contribution of the whole term is in phase with $c_{n}$. Thus, we conclude that transitions between quantum states in this picture are phase sensitive, and an analysis of the phase relationships between states is necessary to understand transitions, although few previous treatments have explicitly examined their role. In this paper, we examine the phase relationships between the time-dependent coefficients and develop an instructive geometrical method to understand the absorption and emission process.

We use the Morse oscillator as a useful approximate description of the stretching motion of a diatomic molecule, as described in the Supporting Information, Section 1, but the results presented here are much more general and applicable to any multilevel quantum system among whose levels transitions may be induced. We ignore spontaneous emission, which does not appear unless the field is quantized. ${ }^{16}$

## II. TWO LEVEL SYSTEMS: THE RABI SOLUTION

Insight into the dynamics of energy absorption and emission usually grows from an understanding of simplified model systems. ${ }^{17}$ The Rabi solution to the two-level system in the rotating-wave approximation is perhaps the classic example of Schrödinger picture dynamics.

For physical reasons, we restrict this discussion to realvalued perturbations. For an oscillating field of angular frequency $\omega$, the matrix elements of $H_{1}$ will be given by

$$
\begin{align*}
\langle n| H_{1}|k\rangle & =-2 \hbar V_{n k} \cos (\omega t+\gamma) \\
& =-\hbar V_{n k}\left[e^{i(\omega t+\gamma)}+\mathrm{e}^{-i(\omega t+\gamma)}\right] \tag{10}
\end{align*}
$$

where $V_{n k}$ is real and $\gamma$ is the initial phase. We have chosen the negative sign because, for our applications, $\boldsymbol{H}_{1}$ is given by $-\mu$.
$E$, the electric dipole coupling, and $V_{n k}=\mu_{n k} \mathrm{E}_{0} / 2$ (see Supporting Information, Section 2).
II.A. Two-Level Rabi Solution and Rotating-Wave Approximation. We denote the two levels as 1 and 2 where state 2 is the highest in energy (i.e., $E_{2}{ }^{0}>E_{1}{ }^{0}$ ). Since diagonal matrix elements of $H_{1}$ cannot cause transitions, we temporarily neglect $\langle 1| H_{1}|1\rangle$ and $\langle 2| H_{1}|2\rangle$. The only additional term we need consider is

$$
\begin{align*}
\langle 1| H_{1}|2\rangle & =-2 \hbar V_{12} \cos (\omega t+\gamma) \\
& =-\hbar V_{12}\left[\mathrm{e}^{i(\omega t+\gamma)}+\mathrm{e}^{-i(\omega t+\gamma)}\right] \tag{11}
\end{align*}
$$

Since $V_{12}$ is the only such quantity for two states, we call it simply $V$. The Rabi solution is obtained by retaining only the first of the two exponentials in eq 11. The neglect of the second, counter-rotating term is called the rotating-wave approximation (RWA). ${ }^{18,19}$ The resulting coupled equations are

$$
\begin{equation*}
\dot{a}_{1}=i V a_{2} \mathrm{e}^{i(\delta t+\gamma)} ; \dot{a}_{2}=i V a_{1} \mathrm{e}^{-i(\delta t+\gamma)} \tag{12}
\end{equation*}
$$

where $\delta=\omega-\omega_{21}$ is the detuning. The detuning is zero if the perturbation frequency is equal to the frequency of the transition, in other words, on resonance. If probability is entirely in state 1 at $t=0$ (i.e., $a_{1}(0)=1, a_{2}(0)=0$ ), eqs 12 have an analytic solution

$$
\begin{gather*}
a_{1}(t)=\left[\cos (\Omega t)-\frac{i \delta}{2 \Omega} \sin (\Omega t)\right] \mathrm{e}^{i \delta t / 2} ; \\
a_{2}(t)=\frac{i V}{\Omega} \sin (\Omega t) \mathrm{e}^{-i \gamma} \mathrm{e}^{-i \delta t / 2} \tag{13}
\end{gather*}
$$

where $\Omega=\left[\delta^{2} / 4+V^{2}\right]^{1 / 2}$ is the Rabi frequency. ${ }^{20}$ The time dependence of the probability of being in the second state is given by

$$
\begin{equation*}
P_{2}(t)=\left|a_{2}\right|^{2}=\frac{V^{2}}{\Omega^{2}} \sin ^{2}(\Omega t)=\frac{V^{2}}{2 \Omega^{2}}[1-\cos (2 \Omega t)] \tag{14}
\end{equation*}
$$

When the perturbing field is on resonance (zero detuning), the maximum probability in state 2 is unity and probability oscillates between the states with frequency $2 \Omega=2 V$ and period $T=\pi / \Omega$. This oscillation is illustrated in Figure 1 where


Figure 1. Probability as a function of time for the upper state of a two-level system with $V=0.005495 \hbar \omega_{0}$ determined by numerical integration of eq 5 showing that the Rabi solution gives the proper frequencies and probability maximum on resonance (black) and off resonance (red line).
we plot the results of a numerical calculation for two states without making any approximations. For this computation, an electric field equivalent to a light intensity of $1.0 \mathrm{TW} / \mathrm{cm}^{2}$ perturbs a hydrogen fluoride molecule (HF). For this field, $V=$ $0.005494 \hbar \omega_{0}$ for which the period of the oscillation should be 571.81 in units such that the harmonic oscillation period is $2 \pi$ (hereafter called natural units) and the harmonic frequency is $\omega_{0}$. This prediction agrees with the numerically determined period to five decimal places. The first half of this oscillation corresponds to stimulated absorption of radiation, but after the maximum is reached, no more absorption is possible, and stimulated emission occurs.

The maximum probability in the upper state as a function of radiation frequency has a familiar resonance (Lorentzian) shape. As the detuning deviates from zero in either direction, the maximum probability in the second state decreases, and the Rabi oscillation frequency increases. The half-width of maximum $P_{2}$ at half-maximum as a function of frequency is 2 V , and the maximum value of $P_{2}$ falls as the inverse of the square of the detuning. The period of oscillation as a function of exciting frequency also has a resonance shape with halfwidth at half-maximum of $12^{1 / 2} \mathrm{~V}$, falling as the inverse of the absolute detuning. For the detuning used in Figure $1(\delta=$ -0.007 ), the predicted period is 482 time units and the predicted maximum probability is 0.7113 , both in excellent agreement with the numerical calculation.

How can a photon cause a jump to an energy level for which it does not supply the correct energy $(\delta \neq 0)$ ? The answer can come from the time-energy uncertainty principle. The higher level state is occupied for only a limited time and with only a small probability.

Note that the second exponential term in the perturbation described by eq 11 has a detuning of about $-1.9 \omega_{0}$, for which the amplitude of maximum probability would be only $3 \times 10^{-5}$. This result justifies our neglect of the counter-rotating term because it is rotating in the wrong direction (wrong sign) and thus is oscillating too fast to cause significant excitation. Its effect, to the extent that the two terms can be treated independently, must be rapidly oscillating and of low amplitude compared to the first term.

A close examination of stimulated absorption and emission into and out of the second state shows the effects of the counter-rotating wave (see Figure 2). In Figure 2, we compare


Figure 2. Higher resolution comparison of the Rabi solution (dashed lines) with the numerical solution of the two-level system from Figure 1. The fast oscillations result from the counter-rotating term and diagonal terms in the dipole moment.
a numerical solution of the differential equations from Figure 1 to the Rabi solution, eq 14, on a zoomed scale for greater detail. The counter-rotating wave causes small oscillations in the absorption that are absent from the Rabi solution. For zero detuning, the slope of $P_{2}(t)$ is always greater than or equal to zero when the second state is absorbing, and less than or equal to zero when the second state is emitting. The counter-rotating wave can be considered to alternate between constructive and destructive interference with the rotating wave. When it interferes destructively with the rotating wave, the slope of $P_{2}(t)$ is zero, and when it interferes constructively, the slope of $P_{2}(t)$ is twice that of the Rabi solution. Similar oscillations are also seen for nonzero detuning (Figure 2). Additional corrections to the Rabi solution can be obtained by perturbation theory using the Rabi solution as the zero-order approximation (see the Supporting Information, Section 3). Although more accurate solutions beyond the RWA may be interesting for high intensities, the counter-rotating wave has little effect on the overall absorption of energy of the system at low to moderate intensity levels, providing only a small amplitude, rapidly oscillating perturbation. Likewise, the diagonal matrix elements of $H_{1}$ add an additional correction seen as rapid oscillation in the $a_{n}$ phases. Our plotted results compare numerically exact results (including both counterrotating terms and diagonal dipole matrix elements) to analytic results obtained using the RWA. The diagonal matrix elements for a molecule with a permanent dipole moment can be quite large (see the table in the Supporting Information, Section 5).
Note that the initial phase of the field, $\gamma$, does not appear in the probability expression for the Rabi solution. Its sole effect is to change the relative phases by a constant amount (see eq 13). The initial field phase also changes the phase of the counter-rotating wave oscillations, but again, this has little consequence on the overall dynamics for weak to moderate fields.
II.B. Inter-Level Phase Difference Defined. For two states using RWA, the differential equation for the time derivative of $a_{2}$ is eq 12 . In the expression for the time derivative of $a_{2}$ in eq 12 , the phase of the right-hand side is $\bmod \left(\pi / 2+\varphi_{1}-\delta t-\gamma\right)_{2 \pi}$. Likewise, from eq 12 for the time derivative of $a_{1}$, the phase of the right-hand side $\bmod \left(\pi / 2+\varphi_{2}\right.$ $+\delta t+\gamma)_{2 \pi}$. Thus, we define the phase difference between $a_{1}$ and $a_{2}$ and their time derivatives as

$$
\begin{gather*}
d_{12}=\bmod \left(\phi_{1}-\phi_{2}-\frac{\pi}{2}-\delta t-\gamma\right)_{2 \pi} ; \\
d_{21}=\bmod \left(\phi_{2}-\phi_{1}-\frac{\pi}{2}+\delta t+\gamma\right)_{2 \pi} \tag{15}
\end{gather*}
$$

The effect of state 2 on state 1 is proportional to the projection of the time derivative of $a_{1}$ on $a_{1}$, leading to the definition of angle $d_{12}$ whose cosine determines the rate of change of the length of $a_{1}$. The effect of state 1 on state 2 is likewise proportional to the cosine of angle $d_{21}$. Note that $d_{12}=-d_{21} \pm$ $\pi$, so only one of the two phase differences is independent, a kind of quantum analogy to Newton's Third Law.

The time evolution of the quantities $r_{1}, r_{2}$, and $d_{21}$ is expressed by substitution into eq 12 and simplifying:

$$
\begin{gather*}
\dot{r}_{1}=V r_{2} \cos \left(d_{12}\right)=-V r_{2} \cos \left(d_{21}\right) ; \dot{r}_{2}=V r_{1} \cos \left(d_{21}\right) ; \\
\dot{d}_{21}=\delta+V\left(\frac{r_{2}}{r_{1}}-\frac{r_{1}}{r_{2}}\right) \sin \left(d_{21}\right) \tag{16}
\end{gather*}
$$

Equation 16 clarifies the effect of the interstate phase angles on the dynamics. When $-\pi / 2<d_{12}<\pi / 2, r_{1}$ increases due to stimulated emission from state 2 . When $\pi / 2<d_{12}<3 \pi / 2, r_{1}$ decreases due to stimulated absorption into state 2 . If $d_{12} \approx 0$, $r_{1}$ increases most rapidly. If $d_{12} \approx \pi, r_{1}$ decreases most rapidly. For $d_{12} \approx \pm \pi / 2$, the interaction between the two states only serves to change the relative phases. Similarly, $V r_{1} \cos d_{21}$ is the rate of change of $r_{2}$ due to interaction with state 1 . The solutions to the differential equations of eq 16 may be transformed from eq 13 . The form of $d_{21}$ is given by

$$
\begin{equation*}
d_{21}=\frac{\pi}{2}(1-\operatorname{sign}(\sin (\Omega t)))+A \tan 2(\delta \sin (\Omega t), 2 \Omega \cos (\Omega t)) \tag{17}
\end{equation*}
$$

The first term in eq 17 is just the phase of $a_{2}(0$ or $\pi)$ determined by the sign of the term $\sin (\Omega t)$. The second term comes from the phase of the first term of the formula for $a_{1}$ in eq 13. We have defined $d_{21}$ so that all other contributions cancel. Equation 17 agrees well with the results of numerical calculations exhibited in figures and which do not use the RWA. For numerical calculations, it is useful to define interstate phase differences in terms of the $c_{n}$ variables using eq 15 and eq 9:

$$
\begin{align*}
& d_{12}=\bmod \left(\theta_{1}-\theta_{2}-\frac{\pi}{2}-\omega t-\gamma\right)_{2 \pi} ; \\
& d_{21}=\bmod \left(\theta_{2}-\theta_{1}-\frac{\pi}{2}+\omega t+\gamma\right)_{2 \pi} \tag{18}
\end{align*}
$$

In Figure 3, we have plotted $d_{21}$ as a function of time for two states with the field on resonance $\left(\omega=\omega_{21}\right.$ or $\left.\delta=0\right)$ (black line). Again, this plot was generated numerically without the RWA. The relative phase, $d_{21}$, remains near 0 during the first half of the Rabi cycle (absorption), and then $d_{21}$ abruptly shifts to near $\pi$ for the second half of the cycle. This abrupt shift can be attributed to the term with $r_{1}$ in the denominator in the


Figure 3. Quantum interstate phase difference, $d_{21}$, versus time. When the perturbation is resonant (black line), the phase switches between 0 and $\pi$ for alternate halves of the Rabi oscillation. When the perturbation is not resonant, the $d_{21}$ drifts out of an absorption relationship before complete population inversion can occur (red line).
second line of eq 16 . When $r_{1}$ passes near zero, $d_{21}$ changes by $\pi$. The high frequency oscillations in Figure 3 about 0 and $\pi$ (barely visible on the scale of the figure) are primarily due to diagonal terms in eq 5 because of the large permanent dipole moment of HF. Except for these oscillations, eq 17 is very accurate.
When $\delta<0$, the first term in eq 16 , line 2 , causes $d_{21}$ to drift downward from zero until it makes a rapid shift back to zero when it reaches $-\pi$ (see red line in Figure 3) due to the second term in eq 16 , line 2 . When $\delta>0, d_{21}$ drifts upward to $\pi$ where it makes a shift downward by $\pi$ (not shown). In all three of these cases, the rapid shifts by $\pi$ can be understood as due to a change in either $\varphi_{1}$ or $\varphi_{2}$ through $\pi$ as the corresponding amplitude passes through (or near to) zero in the complex plane.
This analysis explains why absorption is limited when the perturbing frequency is off-resonant: the two states drift out of proper phase relationship for absorption before much probability is transferred. In fact, when $d_{21}$ becomes greater than $\pi / 4$ or less than $-\pi / 4$, the interaction acts primarily to drive the phases apart and limit absorption even more (see the rapid change in $d_{21}$ near the midpoint of the off-resonance absorption or emission process in Figure 3). If two states remain in phase (because of zero detuning), the value of $P_{2}$ eventually reaches unity. However, when the phases drift apart due to nonzero detuning, the maximum probability is less than one. In other words, reduced excitation occurs when relative phases stay in proper relationship for a shorter time.

The relationship between quantum phases represented by $d_{21}$ corresponds in detail to the phase relationship between coupled classical oscillators which undergo classical beats. This correspondence is reviewed in Supporting Information, Section 4. This same correspondence with classical oscillators is shown in the period for energy exchange, the maximum probability in the excited state for quantum systems, and phase reversals by $\pi$ in opposite halves of the beat cycle. The dynamics of single and multiphoton processes can be easily and clearly understood in terms of this correspondence between the quantum Rabi cycles and classical beats. The clearer analogy may actually be the classical-quantum correspondence for coupled oscillators where the field is treated as a second oscillator in a conservative system (similar to a dressed state picture); ${ }^{21}$ however, we confine the present discussion to a forced oscillator view of the excitation for simplicity.
II.C. Geometric Complex Phase Plane Defined. The importance of the interlevel phase difference, $d_{21}$, is illuminated if we plot the phase in the complex plane with

$$
\begin{equation*}
z=r_{2} e^{i d_{21}}=r_{2} \cos \left(d_{21}\right)+i r_{2} \sin \left(d_{21}\right) \tag{19}
\end{equation*}
$$

so $r_{2} \cos d_{21}$ is plotted on the $x$-axis (real axis), and $r_{2} \sin d_{21}$ is plotted on the $y$-axis (imaginary axis) as in Figure 4. In this polar representation, the radial coordinate is $r_{2}$, and the angular coordinate is $d_{21}$. During the first half of the Rabi cycle with a resonant perturbation, $d_{21} \approx 0$ and the graphed point moves to the right along the real axis as absorption occurs. (A complementary polar plot of $r_{1}$ and $d_{12}$ would start with $r_{1}=$ 1 and $d_{12}=\pi$ with the graphed point moving rightward along the negative real axis.) When $r_{2}$ reaches its maximum, $r_{1} \approx 0$ and $\varphi_{1}$ decreases almost instantly from $\pi$ to 0 . Consequently, $d_{12}$ changes from $\pi$ to 0 , and $d_{21}$ changes from 0 to $\pi$. The second half of the Rabi cycle proceeds with the two graphs exchanging roles. The small oscillations in Figure 4 are primarily due to the diagonal dipole terms whose effects are


Figure 4. Geometric quantum phase plane showing the phase differences in Figure 3 as the polar angle and $\left(P_{2}\right)^{1 / 2}$ as the radius. Angles between $-\pi / 2$ and $+\pi / 2$ indicate absorption. Angles between $\pi / 2$ and $3 \pi / 2$ indicate emission.
magnified when $r_{1}$ is very small because of the large oscillations in $\varphi_{1}$.

In summary, when the field is exactly on resonance ( $\delta=0$ ), $d_{21}$ oscillates between zero and $\pi$ in alternate halves of the Rabi oscillation. If the detuning is negative ( $\omega<\omega_{21}$ ), the graphed point circles downward and clockwise through negative angles in the plane (see Figure 4). If the detuning is positive ( $\omega>$ $\omega_{21}$ ), the graphed point circles upward and counterclockwise through positive angles in the complex plane (not shown). This circling motion is due to the term $\delta=\omega-\omega_{21}$ in the definition of $d_{21}$, shown in the first term on the right-hand side of line 2 in eq 16.

Regardless of the sign of $\delta$, the position of the point $z$ describes the system geometrically. When the point is in quadrants I and IV, absorption takes place from the first state into the second state, and (in the absence of other states) $r_{2}$ increases. When $z$ is in quadrants II and III, emission from the second state to the first state occurs, and $r_{2}$ decreases. Furthermore, the square of the radial distance is the probability of the molecule being in the second state. A phase shift of $\pi$ is caused by either of the graphed points passing near the origin and represents a reversal of the relative phase analogous to two coupled oscillators which alternatively drive each other in classical beats with periodic phase reversal. ${ }^{22}$ This construction provides a geometric picture of the phase relationship between two states involved in a transition and can be augmented to show the time evolution which is not seen in the polar plots by including time as a third dimension, in which case the offresonance curve becomes a spiral and the resonant curve is a sawtooth line.

## III. MULTIPHOTON PROCESSES INVOLVING THREE OR MORE LEVELS

The possibility of multiphoton processes was first discussed by Göppert-Mayer. ${ }^{23}$ A two-photon absorption usually involves two photons of the same frequency, $\omega .^{24}$ Sometimes, two photon excitation is described as a simultaneous absorption of two photons; however, it has also been described as absorption of one photon to an energy halfway to the second excited state,
but not exactly into the first excited state (a virtual state), ${ }^{25}$ followed quickly by absorption of a second photon into the second excited state (see Figure 5). In fact, the dynamics of a


Figure 5. Energy states in a two-photon absorption. The excitation initially is to an energy halfway from the ground state to the second excited state and thence into the second excited state. The first excited state must be near the "virtual state," state 1. For the Morse oscillator, the energy gap between the ground and the first excited state is greater than between the first and second excited states so the detuning is negative.
two-photon process as described by the time-dependent Schrödinger equation, eq 1 , is not simple and involves phase relationships between the states similar to those described above for two states. Interlevel phase differences defined in the previous section illuminate this important but easily visualized relationship.

Some would argue that eq 1 describes only the probability of an ensemble as a function of time and does not describe the dynamics of absorption by individual molecules. We leave this discussion to experts in quantum measurement theory and philosophy of science. We will concentrate on the solution and clarification of the dynamics described by eq 1 and await experiments to confirm or refute the results. Electron shelving experiments, ${ }^{1-3}$ for example, involve single atoms and cannot easily be described using optical Bloch equations and density matrices of ensembles.

Temporarily neglecting again any diagonal elements of $\boldsymbol{H}_{\mathbf{1}}$ (which do not cause transitions) and $\langle 1| H_{1}|3\rangle$ because its detuning is large, the differential equations, eq 5 , for three states excited by a monochromatic field at the two-photon resonance frequency (meaning $2 \omega=\omega_{21}+\omega_{32}$, see Figure 5) are

$$
\begin{gather*}
\dot{a}_{1}=i a_{2} V_{1} e^{i \delta t} e^{i \gamma} \\
\dot{a}_{2}=i\left[a_{1} V_{1} \mathrm{e}^{-i \gamma}+a_{3} V_{2} e^{i \gamma}\right] \mathrm{e}^{-i \delta t} \\
\dot{a}_{3}=i a_{2} V_{2} e^{i \delta t} \mathrm{e}^{-i \gamma} \tag{20}
\end{gather*}
$$

where we have used the RWA and the following notation: $H^{(1)}{ }_{12}=\hbar V_{1} \mathrm{e}^{\mathrm{i}(\omega t+\gamma)}, H^{(1)}{ }_{23}=\hbar V_{2} e^{i(\omega t+\gamma)}, H^{(1)}{ }_{21}=H^{(1)}{ }_{12}{ }^{*}, H^{(1)}{ }_{32}$ $=H^{(1)}{ }_{23}{ }^{*}$, and $\delta=\omega-\omega_{21}=\omega_{32}-\omega$. These equations yield the following solutions if $a_{1}(0)=1$

$$
\begin{gather*}
a_{1}=V^{-2}\left[V_{2}^{2}+\mathrm{e}^{-i \delta t / 2} V_{1}^{2}\left(\cos (\Omega t)-\frac{i \delta}{2 \Omega} \sin (\Omega t)\right)\right] \\
a_{2}=\frac{i V_{1}}{\Omega} \sin (\Omega t) e^{i \delta t / 2} \mathrm{e}^{-i \gamma} ; \\
a_{3}=\frac{V_{1} V_{2}}{V^{2}} e^{-2 i \gamma}\left[-1+\mathrm{e}^{-i \delta t / 2}\left(\cos (\Omega t)-\frac{i \delta}{2 \Omega} \sin (\Omega t)\right)\right] \tag{21}
\end{gather*}
$$

where $\Omega=\left(\delta^{2} / 4+V^{2}\right)^{1 / 2}$, and $V=\left(V_{1}^{2}+V_{2}^{2}\right)^{1 / 2}$. The probability of being in each state is given by

$$
\begin{align*}
P_{1}(t)= & 1-\frac{2 V_{1}^{2} V_{2}^{2}}{V^{4}}-\frac{V_{1}^{4}}{2 \Omega^{2} V^{2}}+\frac{2 V_{1}^{2} V_{2}^{2}}{V^{4}} \cos \left(\frac{\delta t}{2}\right) \cos (\Omega t) \\
& +\frac{V_{1}^{4}}{2 V^{2} \Omega^{2}} \cos (2 \Omega t)+\frac{\delta V_{1}^{2} V_{2}^{2}}{\Omega V^{4}} \sin \left(\frac{\delta t}{2}\right) \sin (\Omega t) \\
P_{2}(t)= & \frac{V_{1}^{2}}{\Omega^{2}} \sin ^{2}(\Omega t) \\
P_{3}(t)= & \frac{V_{2}^{2} V_{2}^{2}}{2 \Omega^{2} V^{4}}\left[4 \Omega^{2}-V^{2}-4 \Omega^{2} \cos \left(\frac{\delta t}{2}\right) \cos (\Omega t)\right. \\
& \left.+V^{2} \cos (2 \Omega t)-2 \delta \sin \left(\frac{\delta t}{2}\right) \sin (\Omega t)\right] \tag{22}
\end{align*}
$$

The probability in the third state includes three frequencies: a slow oscillation (frequency $\Omega-|\delta| / 2$ ) that describes the overall absorption of probability into the third state; a second oscillation frequency that is due to the interaction of the second state with its neighbors (frequency $2 \Omega$ ) and is similar to the Rabi frequency in the two level system; and a third oscillation frequency $(\Omega+|\delta| / 2)$ which may be smaller or larger than $2 \Omega$. Figure 6 shows about two oscillations of the low frequency oscillation as determined numerically (without making the RWA or neglecting diagonal matrix elements). For this simulation, $V_{1}$ was the same as in Figures $1-3$ and $V_{2}=$ $0.007653 \hbar \omega_{0}$. For these parameters, the predicted slow


Figure 6. Probability in the second and third states shown in Figure 5 versus time during a two-photon absorption as determined numerically. Population in the intermediate state oscillates with a period of approximately 223 . The first 10 probability maxima are labeled $a-j$ for future reference. The probability in the third state oscillates with a maximum near 1.0 with a period approximately 1840. The field frequency in these units is $0.936554 \omega_{0}$.
oscillation has period 1775 time units, in good agreement with the simulation.
The probability in state 2 in Figure 6 oscillates with a low amplitude oscillation similar to that in a two-level system excited off-resonance. The major difference between $P_{2}(t)$ from eq 14 for two levels and $P_{2}(t)$ from eq 22 for three levels is that the one-photon Rabi frequency, $\Omega$, for the latter case involves both coupling matrix elements $V_{1}$ and $V_{2}$. In addition, the numerically determined $P_{2}(t)$ has a modulation frequency $\Omega-|\delta| / 2$ in the amplitude of the oscillation of frequency $2 \Omega$, which is not present in the RWA solution, eq 22. The probability $P_{3}(t)$ undergoes a low frequency oscillation similar to the Rabi oscillation of the two-level problem on resonance (similar in that the probability reaches nearly unity each oscillation). Superimposed on this low-frequency oscillation are faster oscillations of frequency $2 \Omega$ which correspond to the oscillations in $P_{2}(t)$. When $P_{2}(t)$ is significant, the relative interlevel phases can either act to cause stimulated emission back to the initial state or further excitation up to the higher state. If these phases were random, one would expect that each would be equally likely, and that the odds of accumulating probability into the upper state would be remote. The fact that a periodic oscillation occurs as exhibited in Figure 6 shows that the mechanism of multiphoton excitation combines the interstate phases precisely in such a way to make the absorptions sequentially reinforcing.

## III.A. Inter-Level Phase Differences with Three Or

 More States. The interlevel phase difference, $d_{n k}$, can be generalized for more than two states as was done in eq 21 by expressing the solutions in polar form and specifying the phase of the term containing $a_{k}$ on the right-hand side of eq 5 less the phase of $a_{n}$ onto which it is projected$$
d_{n k}=\left\{\begin{array}{ll}
\phi_{n}-\phi_{k}-\frac{\pi}{2}-\delta_{n k} t+\gamma ; & \text { for } E_{n}^{0}>E_{k}^{0}  \tag{23}\\
\phi_{n}-\phi_{k}-\frac{\pi}{2}-\delta_{k n} t-\gamma ; & \text { for } E_{n}^{0}<E_{k}^{0}
\end{array}\right\}
$$

where $\delta_{i j}=\omega-\omega_{i j}$. When specified in this form, $d_{n k}$ represents the phase difference between $a_{n}$ and the time derivative of $a_{n}$ due to the term containing $a_{k}$ in eq 5 . The magnitude of the term multiplied by $\cos d_{n k}$ then gives the time derivative of $r_{n}$ due to interaction with the state $a_{k}$. Note also that $d_{n k}+d_{k n}=\pi$. For the three state problem of the previous section, the equations may be reduced to the following set (within the RWA):

$$
\begin{gather*}
\dot{r}_{1}=-r_{2} V_{1} \cos \left(d_{21}\right) \\
\dot{r}_{2}=r_{1} V_{1} \cos \left(d_{21}\right)+r_{3} V_{2} \cos \left(d_{23}\right) \\
\dot{r}_{3}=-r_{2} V_{2} \cos \left(d_{23}\right) \\
\dot{\phi}_{1}=-\frac{r_{2}}{r_{1}} V_{1} \sin \left(d_{21}\right) \\
\dot{\phi}_{3}=-\frac{r_{1}}{r_{2}} V_{1} \sin \left(d_{21}\right)-\frac{r_{3}}{r_{2}} V_{2} \sin \left(d_{23}\right) \\
\dot{\phi}_{3}=-\frac{r_{2}}{r_{3}} V_{2} \sin \left(d_{23}\right) \tag{24}
\end{gather*}
$$

The definitions of $d_{21}$ and $d_{23}$ from eq 23 can be used to obtain their time derivatives

$$
\begin{align*}
& \dot{d}_{21}=\delta+V_{1}\left(\frac{r_{2}}{r_{1}}-\frac{r_{1}}{r_{2}}\right) \sin \left(d_{21}\right)-V_{2} \frac{r_{3}}{r_{2}} \sin \left(d_{23}\right) \\
& \dot{d}_{23}=\delta-V_{1} \frac{r_{1}}{r_{2}} \sin \left(d_{21}\right)+V_{2}\left(\frac{r_{2}}{r_{3}}-\frac{r_{3}}{r_{2}}\right) \sin \left(d_{23}\right) \tag{25}
\end{align*}
$$

where we have assumed two-photon resonance where $\delta=\delta_{21}=$ $-\delta_{32}$ (note that $\delta$ is negative for the Morse oscillator example). Unlike the two-state model described by eq 16, with three states there are two terms that affect each phase difference.

To understand the phase relationships in the two-photon absorption, we examine the motion of two points in the complex $a_{2}$ plane. Complex amplitudes were obtained numerically for the first three states of the Morse oscillator from the numerical results was used to produce Figure 6. In Figure 7 we plot $d_{21}$ and $d_{23}$ as a function of time. In Figures 8


Figure 7. Phase difference $d_{21}$ (black line) and $d_{23}$ (red line) versus time for the same calculation as Figure 6. Note the phase reversals twice each Rabi cycle.
and $9, r_{2} e^{i d_{21}}$ and $r_{2} e^{i d_{23}}$ are plotted in the complex plane to show the relative phases. Since $\delta$ is negative, $d_{21}$ and $d_{23}$ have general negative slope (see Figure 7) in a time plot. For the same


Figure 8. Geometric phase difference plot of $z_{21}$ for the same calculation as in Figures 6 and 7. Points labeled $a-h$ correspond to maxima similarly labeled in Figure 6. Motion in time describes a clockwise circling with a superimposed counterclockwise precession. Note the shift in phase by nearly $\pi$ between $d$ and $e$.


Figure 9. Geometric phase difference plot of $z_{23}$ for the same calculation as Figures 6-7. Points labeling $a-j$ correspond to maxima similarly labeled in Figure 6. Motion in time describes a clockwise circling with a superimposed counterclockwise precession. Note the shift in phase by nearly $\pi$ between $h$ and $i$.
reason, $d_{21}$ and $d_{23}$ generally circle clockwise in the complex plane (Figures 8-9). Whenever $r_{2}$ approaches zero, $d_{21}$ and $d_{23}$ have a simultaneous positive jump in the time plot (Figure 7). However, eq 25 has an additional coupling term not found in the corresponding eq 16 . If it were not for the term in eq 25 , line 2, involving $d_{23}, r_{2} e^{i d_{2}}$ would continue to execute a closed circle in the complex plane. The additional term causes the circle to precess in a direction dependent on the sign of $\sin d_{23}$. The motion of $d_{23}$ is likewise affected by the term involving $d_{21}$. The result of these coupling terms in the complex plane is a precession of the circling motion in the positive direction through which the positive jumps by approximately $\pi$ more than offset the negative drift and the resultant clockwise circling.

A third type of motion occurs when either $r_{1}$ or $r_{3}$ approach zero. When this occurs, it causes a jump by $\pi$ in the corresponding phase difference and reverses the relationship of the two interlevel phase differences. When state 2 is absorbing from state 1 and emitting into state $3, d_{21}$ remains $+\pi / 2$ ahead of $d_{23}$. When the system changes from stimulated absorption into the third state to stimulated emission from the third state (at $t \approx 940$ time units in Figures 6-9), the relationship between $d_{21}$ and $d_{23}$ changes. Where $d_{21}$ had lead by $\pi / 2$, it jumps $+\pi$ and then trails $d_{23}$ by $\pi / 2$, and $d_{23}$ now leads. This is clearly illustrated by the graph of the difference in phase differences (see Figure 10), where $d_{21}-d_{23}-\pi$ is plotted as a function of time. In Figure 10, it is easy to see that the difference between the phase differences oscillates between + $\pi / 2$ and $-\pi / 2$ just as $d_{21}-\pi / 2$ does in the one-photon case shown in Figure 3. During absorption into the third state, the difference $d_{21}-d_{23}-\pi$ is negative and near $-\pi / 2$. This plot shows, now for a two-photon absorption, the clear correspondence with classical beats reviewed in Supporting Information, Section 4. When $P_{3}(t)$ nears its maximum of unity and stimulated emission begins, the difference $d_{21}-d_{23}-\pi$ jumps by $\pi$ and oscillates around $+\pi / 2$. Throughout the cycle, the two phase differences remain $\pi / 2$ out of phase, and only one of the states is in phase to absorb probability from the intermediate state. The oscillations in $r_{2}$ stay in phase because


Figure 10. Quantity $d_{21}-d_{23}-\pi$ versus time for the numerical integration in Figures 6 and 7 showing the phase reversal behavior between quantum state phase differences that allows the coherent two-photon absorption process to occur.
the angle drift term is the same for both points, $\delta$. Thus, the fact that $\delta_{21}=-\delta_{32}=\delta$ keeps the absorption-emission cycle in phase until a $\pi$ shift occurs to reverse the phase relationship.

When the laser frequency is not adjusted to the resonant frequency for two-photon absorption then a second detuning may be defined as

$$
\begin{equation*}
\tilde{\delta}=\omega-\frac{1}{2 \hbar}\left(E_{3}^{0}-E_{1}^{0}\right) \tag{26}
\end{equation*}
$$

When $\tilde{\delta}$ is positive, the system tends to act more and more like a two level system since $\delta_{21}$ is closer to zero (for negative detuning), increasing the maximum probability in state 2 . At the same time, $\delta_{32}$ gets larger so the probability in state 3 quickly decreases. Because $\delta_{21}$ is still negative, $d_{21}$ drifts downward in time, but at a different rate than $d_{23}$. The overall phase angle difference, $d_{21}-d_{23}$, drifts upward in time and makes more and more $\pi$ shifts as drift due to $\tilde{\delta}$ allows less and less probability to be absorbed into the third state (see Figure 11). Because $P_{3}(t)$ does not come close to one as $\tilde{\delta}$ increases, the $\pi$ shifts in $d_{21}$ do not occur. The effects of the third state, however, do cause the phase plots in the complex plane to go more gradually through $+\pi / 2$ or $-\pi / 2$.


Figure 11. Quantity $d_{21}-d_{23}-\pi$ versus time showing the phase relationships between quantum state phases when the field is slightly detuned from the two-photon absorption resonance. The upward drift is due to detuning from the 2-photon maximum. The field frequency is $0.937148 \omega_{0}$.

If $\tilde{\delta}$ is negative (not shown), the response is similar. The $\pi$ jumps in $d_{21}$ stop and those in $d_{23}$ become more frequent. Because the detuning $\delta$ is already large for the one photon absorption into the second state, $P_{2}(t)$ drops off quickly as does the radius of the real-imaginary plane plot of $d_{21}$. It circles close to zero in a negative direction. This behavior corresponds again to that of classical oscillators as reviewed in Supporting Information, Section 4.
The frequency of beating and the maximum probability in state 3 have behavior similar to the two-state Rabi frequency defined eq 13 and eq 14. For two-photon resonance, however, the frequency half-width at half-height of the maximum value of $P_{3}$ is approximately $V_{1} V_{2} / \delta$, and the period of low-frequency oscillation as a function of driving frequency has half-width at half height approximately $(3)^{1 / 2} V_{1} V_{2} / \delta$. Even though classical systems do not exhibit "multiphoton transitions", the resonance analogy to classical beats is still clear in the phase reversals and resonance shapes of both period and excitation probability plots. Moreover, the analogy to classical beats can be generalized to systems with more than three levels, For example, in preliminary calculations, we have found that fourstate three-photon absorption also shows equally strong correspondence with classical coupled oscillator beats. In this case, the overall phase angle showing the beats is $d_{21}-d_{23}-$ $d_{34}$.

## IV. DISCUSSION AND COMPARISON WITH OTHER MULTIPHOTON MODELS

The possibility for multiphoton absorption is often presented using a conservation of energy argument stating that the sum of the energies of the two photons must add up to the total energy difference between the initial and final energy levels. Because the energy of a quantum state controls the phase of the Schrödinger amplitudes (eq 2 or 5), we have recast this fact as an argument in terms of frequency and phase differences. The proper phase relationship is maintained only when the driving frequencies are adjusted to maintain proper phase. Thus, the geometrical phase difference we have defined does not contain any new physics; rather it is a conceptual tool to aid in heightening intuition concerning the processes.
The Feynman-Vernon-Hellwarth (pseudospin vector) treatment ${ }^{26}$ is a common, useful picture that describes the absorption of light between two levels in terms of a threedimensional vector precessing and nutating under the perturbation resulting from the radiation. Hioe and Eberly ${ }^{27}$ have generalized the Feynman-Vernon-Hellwarth picture from the $S U(2)$ picture appropriate for a two level system to the full $S U(N)$ picture for an $N$-level system. This picture requires an 8 -dimensional space for three levels and $N^{2}-1$ dimensions for the general $N$-level system. Many elegant results may be derived using this formalism, ${ }^{28}$ but the phase difference construction defined here may be advantageous in that it requires only two or three (if time is included) dimensional constructions more amenable to graphical presentation and is more intuitive than the coherence vectors defined by Hioe and Eberly.

The description of multiphoton absorption described here is consistent with the time-dependent Schrödinger equation but may be claimed to be inconsistent with the granularity of radiation fields as described as a collection of discrete photons. The common perception of multiphoton processes is that of several discrete photons being absorbed more or less simultaneously. The picture described here is of a continuous
process taking place over a relatively long time, perhaps hundreds or thousands of field oscillations-and which requires suitable phase relationships to be maintained throughout. If the physics described by the phase difference picture is correct, the phase stability of radiation fields that induce multiphoton transitions must be maintained throughout the excitation process to induce population inversion. A phase change in either the field or the system will upset the phase relationship required to continue the process and inhibit excitation to the highest state. However, if multiphoton processes can be detected experimentally in a system with short phase coherence time (whether limited by the phase coherence time of the field or by collisions that destroy the phase of system states) compared to the time for population inversion, our picture may need revision. However, experiments by Zou et al. ${ }^{29}$ have shown the importance of phase relationships in laser fields, and calculations by Pollnau ${ }^{30}$ show phase relationships in emission and absorption similar to our results. In addition, experiments by Minov et al. ${ }^{3}$ and many others ${ }^{1,2}$ and can often be interpreted in terms of a deterministic dynamics for quantum transitions similar to those we have demonstrated here.

Electron shelving experiments on trapped, single atoms rely on interrupted fluorescence seen at right angles to the exciting field's propagation. This fluorescence is at least partially due spontaneous emission because conservation of momentum arguments confine stimulated emission to the direction of the field propagation. Thus, our analysis concerning stimulated emission has little application to such experiments. In addition, phase information is much more difficult to access experimentally than energy level information. However, our analysis may be more directly useful for those exploring numerical simulation of quantum dynamics for which phase information is accessible.

## ASSOCIATED CONTENT

## (5) Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acsomega.2c04554.

Morse oscillator as an illustrative model for vibrational excitation; derivation of electric dipole coupling; perturbation theory beyond the rotating wave approximation; description of beats between classical coupled oscillators; list of calculated hydrogen fluoride dipole moment matrix elements (PDF)

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## Notes

The authors declare no competing financial interest.

## ACKNOWLEDGMENTS

This work was supported by a grant from the Brigham Young University College of Physical and Mathematical Sciences. J.S.W. was also the recipient of a BYU Research and Creative Arts Award. We acknowledge useful comments, suggestions, and encouragement by Prof. Karl Sohlberg, Drexel University.

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[^0]:    Received: July 20, 2022
    Accepted: July 28, 2022
    Published: August 15, 2022

