

# Automated non-invasive identification of pelvic autonomic nerves with a handheld Raman spectrometer and potential application to nerve-sparing colorectal surgery: a preliminary study in surgical specimens

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**Background:** Although minimally invasive surgery for colorectal cancer, whether performed as standard laparoscopic or robotic surgery, has been established as an oncologically safe procedure, postoperative urinary dysfunction and sexual dysfunction remain matters of concern, even when so-called nerve-sparing surgery is performed. We have hypothesized that Raman spectroscopy can be used intraoperatively as a non-invasive label-free means of objective identification of the pelvic nerves, and we conducted a preliminary study by applying a newly developed handheld Raman spectrometer to surgical specimens.

Methods: Samples of nervous tissue, colon cancer tissue, and tissues from surrounding pelvic organs were obtained from 25 patients undergoing colectomy. Raman spectra were obtained by irradiation with the Progeny<sup>™</sup> Raman spectrometer. We looked for characteristic Raman shifts to distinguish nervous tissue from cancer tissue. To improve discrimination between nervous tissue and other tissues, the spectral data were subjected to principal component analysis.

**Results:** We detected characteristic differences in the spectra at 1,309 cm<sup>-1</sup>, 1,442 cm<sup>-1</sup>, and 1,658 cm<sup>-1</sup>. A significant difference was detected at 1,442 cm<sup>-1</sup>, and accuracy of the modality for identification of nervous tissue was 75%. The addition of principle component analysis (4 components) yielded 100% sensitivity, 85% specificity, and 90%, notably increasing accuracy from 75% to 90% in discriminating between nervous tissue and cancer tissue.

**Conclusions:** Raman spectroscopy holds promise for non-invasive intraoperative recognition of nervous tissue. We expect the modality to become a powerful clinical tool, compensating for the lack of tactile feedback intrinsic to minimally invasive colectomy and thus thwarting the risk of postoperative urinary and/ or sexual dysfunction.

**Keywords:** Autonomic nerve; Raman spectroscopy; colorectal cancer; minimally invasive surgery; postoperative dysfunction

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# Introduction

Total mesorectal excision (TME), described as sharp dissection along the surface of the mesorectum, has become a standard surgical technique for resection of colorectal cancer. Although TME has improved oncological outcomes (1), the reported incidence of urinary dysfunction resulting from injury to a pelvic nerve or any nerve feeding into the pelvic plexus is high, ranging from 30% to 70% following open TME (2,3). The incidence of male sexual dysfunction after rectal cancer surgery is particularly high, shown in a randomized controlled trial to be about 70% (4).

Minimally invasive surgery, whether standard laparoscopic or robotic-assisted surgery, is now widely performed as treatment for colorectal cancer (5,6). Although large randomized trials have shown the oncological outcomes of laparoscopic colectomy to be similar to those of open colectomy, short-term outcomes are improved (7-9). The short-term benefits, such as decreased postoperative stay and briefer use of pain relievers, have popularized the laparoscopic approach.

With the introduction of laparoscopic surgery as treatment for colorectal cancer came the expectation that the closer, magnified view would facilitate preservation of the pelvic nerves and improve outcomes in terms of urinary and sexual function. However, several trials showed the frequency of sexual dysfunction to be similar or even higher following laparoscopic TME than that following open TME (10-13). Even robotic surgery, despite its additional advantages, including the stable high-definition threedimensional view, increased surgical dexterity, and improved ergonomics, has not been found to be superior to open or standard laparoscopic surgery for performance of nervesparing rectal cancer surgery (14-16). Postoperative urinary dysfunction and sexual dysfunction due to intraoperative nerve injury remain matters of major concern even with minimally invasive surgery, and nerve-sparing surgery based simply on visual cues is limited. Thus, a new method is needed to reliably identify the pelvic nerves intraoperatively.

Raman spectroscopy is a non-invasive label-free technology used to measure the scattering of light by matter. The Raman spectra reflect molecular vibrations specific to the different atomic species and the chemical bonds that hold molecules together. Raman spectroscopy was first used in the field of chemistry to obtain valuable structural information about samples via molecular vibrations (17,18). Raman spectroscopy is now being applied in the fields of biology and biochemistry to identify the chemical species present in macromolecules, nucleic acids, proteins, and lipids (19), and it has shown promise for diagnosis of lung, breast, and gastroenterological cancers (20,21).

As previously reported, the small, handheld Raman spectrometer, Progeny<sup>TM</sup> (Rigaku Analytical Devices, Inc., MA, USA), which acquires even weak signals on 1,064-nm excitation and then records Raman spectra immediately, has shown potential for real-time diagnosis of colorectal cancer (22). We have since speculated that this all-in-one Raman spectrometer can be used for intraoperative identification of the autonomic nerves in the pelvis in patients undergoing surgery for colorectal cancer. We tested the possibility of using this spectrometer as an innovative tool for clinical identification of nervous tissue, with the ultimate goal of assisting surgeons in performing nerve-sparing colorectal surgery. We present this article in accordance with the STARD reporting checklist (available at https://dx.doi.org/10.21037/tcr-21-587).

## **Methods**

## Tissue samples

Tissues used in the study were obtained from 25 patients who, having been diagnosed with advanced colorectal cancer, underwent open or laparoscopic colectomy at Kanagawa Cancer Center between June 2019 and June 2020. Clinical characteristics of these patients, including the clinicopathologic characteristics of their tumors, are described below. All 25 patients provided written, informed consent for anonymized use of their clinical data for study purposes.

Sixty-four tissues samples were obtained from the patients' surgical specimens, and the fresh samples were then prepared as  $5\times5\times5$ -mm blocks. The samples were of the tumor itself and of normal colon tissue near the edge of the tumor. Some of the specimens were en bloc surgical specimens, and from these specimens we obtained samples of nervous tissue and of bladder, prostate, uterus, ovary, and ureter tissue in addition to colon tissue samples. The

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**Figure 1** The Progeny<sup>™</sup> (Rigaku Raman Technologies Inc., Tokyo, Japan) Raman spectrometer and tissue sample holder, which is attached with a screw to the front of the device.

study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study and all procedures involved were conducted under approval granted by the institutional review board of Kanagawa Cancer Center (IRB number: 2019EKI43), and informed consent was obtained from all 25 patients.

## Raman spectrometry

We analyzed the tissue samples with use of the Progeny<sup>TM</sup> spectrometer, as previous reported (22). Each tissue block was placed in the holder attached to the front of the device (*Figure 1*), the tissue was irradiated at 3-5 random spots, and the Raman spectra were recorded by the device. A total of 181 Raman spectra were expressed in wavenumbers ranging from 800 to  $1,800 \text{ cm}^{-1}$ .

For the purpose of the study, we compared Raman spectra of 32 nervous tissues against those of 52 colon cancer tissues. We also compared Raman spectra of the 32 nervous tissues against those of normal pelvic organ tissues (49 colon, 9 bladder, 10 prostate, 12 uterus, 9 ovary, and 8 ureter tissues). After irradiation, all tissue blocks were pathologically confirmed to be the tissues of interest.

## Statistical analysis

One hundred ninety-seven shifts were observed in the spectral range of 800 to  $1,800 \text{ cm}^{-1}$ . We evaluated the intensity of scattered light at each shift and compared the intensities to find the characteristic difference between nervous tissue and colon cancer tissue. Differences were analyzed by Kruskal-Wallis test, with P<0.05 considered statistically significant. The discriminatory power of the intensities at the characteristic shift was evaluated by means of nonparametric receiver

operating characteristic (ROC) analysis. The area under the ROC curve (AUC), 95% confidence interval (95% CI), sensitivity, specificity, and accuracy were calculated. These statistical analyses were performed with JMP ver. 14 (SAS Institute Inc., Cary, NC, USA).

## Discriminate analysis

To improve discrimination between the nervous tissue and other tissues, the spectral data were analyzed by means of principal component analysis (PCA). We extracted principal components (PCs) from all Raman spectra of the various tissue samples. Each PC accounted for the maximum amount of variance in the data and allowed us to find the characteristic Raman shifts in samples. That is, we reduced the large set of variables for each sample, the 197 spectral shifts from 800 to 1,800 cm<sup>-1</sup>, to a small set based on PCs that contain specific information about each sample in the large set (22) and performed discriminate analysis with use of the PCs to determine whether the nervous tissue could be identified by Raman spectroscopy. Sensitivity, specificity, and accuracy were calculated. SYSTAT ver. 13 (Systat Software Inc., San Jose, CA, USA) was used for this analysis.

## Results

# Patient and tumor characteristics

The 25 patients who provided samples for the study were 19 men and 6 women ranging in age from 32 to 86 years (median: 72 years) (*Table 1*). None had undergone chemotherapy or radiation therapy preoperatively. The tumor was located in the left colon in 19 (76%) patients and the right colon in 5 (20%) patients. The tumor in 1 case (4%) was a fallopian tube cancer that had invaded the colon. The pathological stage was pT3 or pT4 in 22 (92%) patients, and all 7 stage pT4 tumors, i.e., locally advanced tumors, were treated by en bloc resection. The tumor was found to be a Borrmann type II advanced cancer in 9 (72%) patients (23).

## Analysis of the Raman spectra

Raman spectra of the nervous tissue and of the colon cancer tissue are shown in *Figure 2A*. Characteristic differences in the spectra were detected as high peaks at 1,309 cm<sup>-1</sup>, 1,442 cm<sup>-1</sup>, and 1,658 cm<sup>-1</sup>. The first PC, which shows

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 Table 1 Characteristics of patients (n=25) and clinicopathologic characteristics of their tumors

	Value
Age	72 (32–86) years
Sex ratio (male/female)	19/6
Tumor location <sup>†</sup>	
Right colon	5
Left colon	19
Postoperative pT stage <sup><math>\dagger</math></sup>	
T2	2
Т3	15
Τ4	7
Postoperative pN stage <sup>†</sup>	
NO	9
N1	11
N2	4
Postoperative pM stage <sup><math>\dagger</math></sup>	
MO	19
M1	5
Histologic type <sup>†</sup>	
Well differentiated	8
Moderately differentiated	14
Poorly differentiated	2
Morphologic type <sup><math>\dagger</math></sup> (Borrmann classification)	
Туре І	1
Туре II	19
Туре III	3
Туре IV	0
Туре V	1

Median (range) values or number of patients are shown.  $^{\dagger}$ , Excluding the case of fallopian tube cancer that had invaded the colon.

factors common to all Raman spectra, confirmed these differences in the spectra between nervous tissue and colon cancer tissue (*Figure 2B*). To simplify the diagnostic criteria, we evaluated the possibility of using only the intensity of scattered light at 1,309 cm<sup>-1</sup>, 1,442 cm<sup>-1</sup>, or 1,658 cm<sup>-1</sup>. Statistically significant differences were found at 1,442 cm<sup>-1</sup>; the intensities at 1,309 and 1,658 cm<sup>-1</sup> differed



**Figure 2** Spectrograms showing (A) averaged Raman spectra from nerve tissue and colon cancer tissue, and (B) the first principal component (PC) of all Raman spectra. Both showed a high peak and characteristic variance at 1,309 cm<sup>-1</sup>, 1,442 cm<sup>-1</sup>, and 1,658 cm<sup>-1</sup> that differed between nerve tissue and colon cancer tissue.

only slightly (*Figure 3A*, *Table 2*). ROC analysis showed that the differences in these intensities at the Raman shift distinguished nervous tissue from colon cancer tissue, with a maximum AUC of 0.618 [95% CI: 0.468–0.748) for 1,658 cm<sup>-1</sup>, maximum accuracy =75% (sensitivity =56%, specificity =87%) for 1442 cm<sup>-1</sup>; *Figure 3B*, *Table 2*].

To more powerfully distinguish nervous tissue from cancer tissue, we obtained successive PCs from all samples (*Figure 4*). The first PC accounted for the maximum amount of variance present in the spectral data set, whereas successive PCs accounted for features contributing progressively smaller variances. We calculated PC scores for each sample and then performed discriminate analysis based on these scores (24). We found that the first PC score reliably distinguished nervous tissue from cancer tissue with 100% sensitivity, 85% specificity, and 90% diagnostic accuracy (*Table 3*). When we used the first and second PC scores, the percentages improved, and when we used all 4 PC scores (*Figure 4*), the analysis fully discriminated between the nervous tissue and colon cancer tissue, with 100% diagnostic accuracy, as shown in *Table 3*.



# AUC, area under the ROC curve.

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Raman shift	P value	AUC	95% CI	Sensitivity%	Specificity%	Accuracy%		
1,309 cm⁻¹	0.15	0.544	0.388-0.692	53%	60%	57%		
1,442 cm⁻¹	<0.01	0.589	0.495-0.674	56%	87%	75%		
1,658 cm <sup>-1</sup>	0.12	0.618	0.468-0.748	56%	58%	57%		

Table 2 Characteristic Raman shifts that differed between nervous tissue and colon cancer tissue

AUC, area under the receiver operating characteristic curve; 95% CI, 95% confidence interval. Sensitivity, specificity, and accuracy are shown as the results of discriminant analysis used to identify the characteristic Raman shift.



**Figure 4** The first to fourth principal components (PCs) were obtained from all Raman spectra of samples. Each PC accounts for variance in the total data set and reveals the characteristic difference in Raman shifts.

We investigated the possibility of discrimination between nervous tissue and normal colon tissue, bladder, prostate, uterus, ovary, and ureter tissues based on scores for the 4 PCs of the spectra. The resulting diagnostic accuracy was high, at 90% to 100% (*Table 4*).

# Discussion

Within the narrow pelvic cavity, various nerves and nerve plexuses lie in close proximity to the rectum. These include the hypogastric nerve, pelvic splanchnic nerve, and pelvic nerve plexus, including the neurovascular bundles that travel through the pelvic floor. Nerve-sparing surgery for rectal cancer remains imperfect. Nerve-sparing TME is the gold standard for surgical treatment of rectal cancer, but in a randomized controlled trial (JCOG0212), urinary dysfunction and sexual dysfunction were recognized in 58% and 68% of patients, respectively, even when the surgery was performed by experienced surgeons at high volume centers (2,4). This is because courses of the autonomic Table 3 Discrimination between nervous tissue and colon cancer tissue by the first principal component (PC), first and second PCs, and all 4 PCs

	Pathological diagnosis				
	Nervous tissue	Colon cancer tissue			
Raman diagnosis by first PC					
Nervous tissue	32	8			
Colon cancer tissue	0	44			
Total	32	52			
Sensitivity 100%, specificity 85%, accuracy 90%					
Raman diagnosis by first and second PCs					
Nervous tissue	32	5			
Colon cancer tissue	0	47			
Total	32	52			
Sensitivity 100%, specificity 90%, accuracy 94%					
Raman diagnosis by 4 PCs					
Nervous tissue	32	0			
Colon cancer tissue	0	52			
Total	32	52			

Numbers of tissue samples are shown.

nerves are complex and vary from person to person. Surgeons must gently push aside these nerves during the surgery, but they have no means of identifying these nerves except by direct vision. Because the need exists not only to remove the cancer but also preserve nerve function, an objective method for recognizing the nerves is needed.

As reported herein, we experimented with use of a handheld Raman spectrometer to quickly and precisely identify autonomic nerves in the pelvis. We first evaluated the possibility of finding the specific signal intensity in the 197 Raman shifts we obtained and focused on the high peaks

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**Table 4** Discrimination (Raman diagnosis) between nervous tissueand other pelvic organ tissues by the 4 principal components

	Rama					
Pathological diagnosis	Nervous tissue	Non-nervous tissue	Total			
Nervous tissue	32	0	32			
Colon cancer tissue	0	52	52			
Sensitivity 100%, specificity 100%, accuracy 100%						
Nervous tissue	32	0	32			
Normal colon tissue	2	47	49			
Sensitivity 100%, specificity 96%, accuracy 98%						
Nervous tissue	27	5	32			
Bladder	0	9	9			
Sensitivity 84%, specificity 100%, accuracy 88%						
Nervous tissue	28	4	32			
Prostate	0	10	10			
Sensitivity 88%, specificity 100%, accuracy 90%						
Nervous tissue	31	1	32			
Uterus	0	12	12			
Sensitivity 97%, specificity 100%, accuracy 98%						
Nervous tissue	28	4	32			
Ovary	0	9	9			
Sensitivity 88%, specificity 100%, accuracy 90%						
Nervous tissue	29	3	32			
Ureter	1	7	8			
Sensitivity 91%, specificity 88%, accuracy 90%						

Numbers of tissue samples are shown.

at 1,442 cm<sup>-1</sup>, 1,309<sup>-1</sup>, and 1,658 cm<sup>-1</sup>. The pelvic nerve plexus is supplied by both myelinated and unmyelinated nerve fibers. Myelin sheaths consist of a large amount of adipose tissue, expressing phosphatidylethanolamine and sphingomyelin, and the fibrous connective tissue that surrounds the nerves consists mainly of collagen. These facts are consistent with the following: A Raman shift at 1,309 cm<sup>-1</sup> is associated with CH<sub>2</sub> and CH<sub>3</sub>CH<sub>2</sub> bending vibration from collagen, and at 1,442 cm<sup>-1</sup>, it is associated with CH<sub>2</sub> bending vibration from both collagen and lipid. The peak at 1,660 cm<sup>-1</sup> corelates with the lipid C=C stretch band (25). We found the Kruskal-Wallis-based analysis to be useful and simple for discriminating between the nervous tissue and cancer tissue by means of Raman spectroscopy, with relatively good diagnostic accuracy of 57% to 75%. However, we found there was still room to improve the discriminatory power.

To enhance accuracy, we applied PCA. We succeeded in fully distinguishing the nervous tissue from cancer tissue using 4 PC scores. Calculating PC scores usually takes a long time, as noted previously from a study incorporating 10 PCs (22,26). We used only 4 PCs, shortening the process considerably.

We then applied this method to improve classification of nervous tissue *vs.* pelvic organ tissues including normal colorectal, bladder, prostate, uterus, ovary, and ureter tissues, and we found accuracy to be high. Our PCA of the Raman spectra was also useful for distinguishing between cancer tissue and pelvic organ tissues, with accuracy ranging from 89% to 100% (data not shown). This means that our method will allow for rapid and precise identification not only of nervous tissue but also of the pelvic organs.

Minamikawa et al. reported recognition of nervous tissue by means of Raman microspectroscopy (27). Their study was based on the use of an Nd:YAG laser at an excitation wavelength of 532 nm., However, the short excitation wavelengths of 532 nm and 785 nm damage tissues and result in a low signal-to-noise ratio and high level of background fluorescence. Our device with the 1064-nm excitation light is especially suitable for in vivo assessment because of the minimal effects in tissue, which is an advantage in terms of clinical applicability. In addition, most previously reported data were derived from use of nonportable spectrometers that had little in common between institutions, and the quality of the measurements was not verified. The spectrometer we used for the study described herein is a commercially available handheld spectrometer that provides good quality and highly reproducible data.

Minimally invasive surgery, whether standard laparoscopic surgery or robotic surgery, is becoming increasingly common. However, the element of tactile feedback is missing with both of these approaches, an element that remains important if the pelvic nerves are to be recognized and preserved during surgery for colorectal cancer. Results of our study indicate that it will be possible to improve postoperative urination, defecation, and sexual function by accurately and objectively identifying the complex autonomic nerves of the pelvis intraoperatively. We expect eventual incorporation of our technology into the performance of minimally invasive colorectal surgery, whether standard laparoscopic surgery or robotic surgery,

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to compensate for the lack of tactile feedback and allow for precise identification and manipulation of the pelvic nerves.

In conclusion, we have shown that Raman spectroscopy, performed with a handheld spectrometer as described, can be used for recognition of nervous tissue. Although results of our study should be considered preliminary, we consider such application of this technology to be promising for intraoperative identification of nervous tissue, and we are now planning further study in cadavers. We believe Raman spectroscopy performed with a handheld device will become a clinically powerful tool for rapid, non-invasive recognition of the pelvic nerves and thus prevent the types of postoperative dysfunction that can follow minimally invasive colorectal surgery.

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# Footnote

*Reporting Checklist:* The authors have completed the STARD reporting checklist. Available at https://dx.doi. org/10.21037/tcr-21-587

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*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the

institutional review board of Kanagawa Cancer Center (approval number: 2019EKI43), and informed consent was taken from all the patients. This work complied with the current laws in Japan.

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