

Urological Oncology

Preliminary Results of Noninvasive Detection of *TMPRSS2:ERG* Gene Fusion in a Cohort of Patients With Localized Prostate Cancer

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Purpose: The aim of this study was to evaluate *TMPRSS2:ERG* fusion rates in tissue, urine, blood, and pubic hair samples in a cohort of patients with localized prostate cancer and to correlate these findings with various clinicopathological parameters.

Materials and Methods: A cohort of 40 patients undergoing radical prostatectomy for localized prostate cancer (RRP group) and 10 control patients undergoing prostate biopsy were enrolled between 2006 and 2008. Urine, pubic hair, and peripheral blood samples were obtained following prostatic massage before the needle biopsy or radical prostatectomy. Quantitative polymerase chain reaction analysis was performed on all collected samples.

Results: The patients' mean age was 62.4 (± 5.5) years. We observed higher expressions of *TMPRSS2:ERG* fusion in tissue, urine, and blood samples from the RRP group than in samples from the control group. Overall, the fusion was present in urine samples of 23 RRP patients (57.5%). To predict high-stage cancer ($> T3a$), the Gleason score was the only significant factor in the logistic regression analysis (score, 10.579; $p=0.001$). Quantitative evaluation of the gene fusion in tissue (Pearson $r=0.36$, $p=0.011$) and urine (Pearson $r=0.34$, $p=0.014$) samples had a significant positive correlation with the preoperative prostate-specific antigen level.

Conclusions: Urine sediments collected after prostatic massage appear to be a feasible noninvasive method of detecting *TMPRSS2:ERG* fusion. The Gleason score is the only significant factor to predict high-stage cancer ($> T3a$). No correlation between *TMPRSS2:ERG* gene fusion status and tumor stage, Gleason grade, prostate-specific antigen level, or surgical margin status was observed.

Keywords: Prognosis; Prostate neoplasms; *TMPRSS2-ERG* fusion protein

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INTRODUCTION

Prostate cancer (PCa) is the most prevalent cancer in men and is the second leading cause of male cancer deaths [1]. Treatment options for patients with PCa are diverse owing to the heterogeneity of the disease, and this diversity necessitates proper stratification of patients according to risk. The validated tools we have for this purpose are the prostate-specific antigen (PSA) test and its derivatives, Gleason grade and disease stage, which are far from perfect.

The *TMPRSS2:ERG* gene fusion was first described in

2005 [2] as a PCa-specific biomarker, and it has been widely investigated as a new biomarker for PCa [3]. The *TMPRSS2* (androgen-regulated transmembrane protease serine 2) gene codes for serine protease and is expressed in normal and malignant prostatic epithelium. ERG is a member of the ETS family of oncogenes, which act as transcriptional activators and inhibitors, usually controlled by phosphorylation. When fused with *TMPRSS2*, ERG comes under the control of androgens [3]. Recurrent *TMPRSS2:ERG* fusions are reported to be present in 50% of PCas from PSA-screened cohorts [4-7]. This genetic alteration has

been studied by several groups with a focus on associated clinical and pathological parameters to assess clinical implications [8,9]. However, the results are inconsistent, with some authors indicating the presence of TMPRSS2:ERG fusion as a sign of bad prognosis in a cohort of men with localized PCa [5,10,11] and others suggesting favorable prognosis in PCa cell lines [12,13]. A very recent meta-analysis concluded that TMPRSS2:ERG fusion is associated with tumor stage at diagnosis but does not strongly predict biochemical recurrence or mortality in patients with localized PCa [14].

TMPRSS2:ERG fusion is also studied as a biomarker of PCa detected in urine (alone or in conjunction with PCA3) [15-17] and peripheral blood samples. Laxman et al. [18] reported a fusion rate of 42% in urine collected from PCa patients after a digital rectal exam (post-DRE urine), and Mao et al. [19] detected the fusion in blood samples in 10 of 15 patients with advanced PCa.

The aim of this study was to evaluate TMPRSS2:ERG fusion rates in not only prostate tissue but also post-DRE urine, blood, and pubic hair samples in a cohort of patients with localized PCa. We also investigated the correlation between various clinical and pathological parameters and the presence of the gene fusion in this patient population.

MATERIALS AND METHODS

1. Study subjects

A cohort of 40 patients who were undergoing radical prostatectomy for localized PCa (RRP group) and 10 patients who proved to be free of PCa after saturation biopsy of the prostate for an elevated PSA at the Marmara University School of Medicine, Department of Urology, between 2006 and 2008 were enrolled. The inclusion criteria were as follows: 1) no history of previous PCa treatment, 2) no history of androgen deprivation therapy or chemotherapy before surgery, and 3) no evidence of metastasis (by radiological evaluation) at the time of diagnosis. All patients provided written informed consent after approval of the study by the local ethics committee.

2. Sample collection

Urine, pubic hair, and peripheral blood samples were obtained following prostatic massage before the needle biopsy or radical prostatectomy. Urine was collected in sterile urine culture specimen cups followed immediately by centrifugation of a minimum of 30 mL urine at 4,000 rpm for 15 minutes at 4°C. Samples were stored at -80°C until RNA isolation [18]. A total of 3 pubic hair samples were obtained from each patient and immediately placed in the TriPure Isolation Reagent (Roche, Mannheim, Germany). Peripheral blood samples were collected in tubes containing ethylenediaminetetraacetic acid, and all samples were stored at -80°C until RNA isolation. Prostatic tissue samples were taken with an 18 G needle from men who underwent saturation biopsy and from surgical specimens after radical prostatectomy. Tissue cores were snap-frozen and stored

at -80°C.

3. Real-time polymerase chain reaction (RT-PCR)

RNA was isolated from the samples by use of the TriPure Isolation Reagent according to the manufacturer's protocol (Roche, Mannheim, Germany). RT-PCR was performed by monitoring, in real time, the increase in fluorescence of the SYBR Green dye (Light Cycler-RNA Amplification Kit SYBR Green I, Roche) by using a Light Cycler Carousel-Based quantitative RT-PCR system (Roche) and a cytokine control commercial kit (Light Cycler Control Kit RNA, Roche).

All RNA obtained was reverse transcribed and denatured by use of random hexanucleotides according to the instructions from the manufacturer (Roche). Total mRNA was detected by use of the LightCycler Carousel-Based system. Quantitative RT-PCR was performed with published primers for TMPRSS2:ERGA as follows: CGCGG-CAGGAAGCCTTA (sense) and TCCGTAGGCACACTC-AAACAAC (antisense) [18]. RT-PCR conditions were as follows: reverse transcription, 10 minutes at 55°C; denaturation, 30 seconds at 95°C; annealing, 12 seconds at 55°C; extension, 15 seconds at 72°C (45 cycles).

The amount of target gene fusion was determined relative to the housekeeping gene glyceraldehyde-3-phosphate dehydrogenase (GAPDH) by the comparative threshold cycle method (www.appliedbiosystems.com).

4. Statistical analyses

The quantitative PCR results of different samples were analyzed with the Mann-Whitney test according to subgroups of prognostic factors. Preoperative PSA levels and quantitative PCR results were analyzed with the Pearson correlation method. Logistic regression analysis was used to evaluate independent prognostic factors. All data analysis was conducted by using SPSS ver. 13.0 (SPSS Inc., Chicago, IL, USA).

RESULTS

The mean age of the patients in the RRP group was 62.2 years (range, 43.0 to 78.0 years) and that of the control group was 63.3 years (range, 56.0 to 70.0 years). The clinicopathological characteristics of the patients are shown in Table 1.

The quantitative RT-PCR results from four different samples (tissue, post-DRE urine, blood, and pubic hair) in the RRP and control groups are shown in Table 2. We observed higher expressions of the TMPRSS2:ERG fusion in tissue, post-DRE urine, and blood samples from the RRP group than in samples from the control group, but none of the differences was statistically significant. Overall, the fusion was present in post-DRE urine samples of 23 RRP patients (57.5%).

To predict high-stage cancer (>T3a), Gleason score was the only significant factor in the logistic regression analysis (score, 10.579; $p=0.001$). Preoperative PSA, PCR analy-

sis, and age did not prove to be significant in this study (Table 3).

There was no correlation between gene expression in different samples and tumor stage, Gleason score, or surgical margin status (Table 4). Quantitative evaluation of the fusion gene in tissue (Pearson $r=0.36$, $p=0.011$) and post-DRE urine (Pearson $r=0.34$, $p=0.014$) samples had a significant positive correlation with preoperative PSA level, in contrast with peripheral blood and pubic hair samples.

DISCUSSION

The noninvasive detection of the *TMPRSS2:ERG* gene fusion in urine samples by use of quantitative PCR was first reported by Laxman et al. [18], who found a positive gene fusion rate of 42% in patients with localized PCa. Our study is unique in that all possible noninvasive detection methods were compared in the same patient cohort. We performed quantitative PCR analysis of the *TMPRSS2:ERG* gene fusion in easy-to-obtain patient samples such as

blood, post-DRE urine, and pubic hair and compared these findings with findings from tissue samples.

Among several isoforms of the fusion gene, the *TMPRSS2:ERGA* isoform was used in this study. This is the most prevalent isoform, with a positivity rate of 85% to 95% among fusion-positive PCas [20].

TABLE 1. Clinicopathological characteristics of the groups

Characteristic	RRP group (n=40)	Control group (n=10)
Age (y)	63.3±4.5	62.2±5.7
PSA at diagnosis ^a (ng/mL)	5.57±2.0	8.05±5.0
Pathological stage		
pT2	32 (80.0)	-
pT3	8 (20.0)	-
Gleason sum		
<7	24 (60.0)	-
≥7	16 (40.0)	-
Postoperative surgical margins		
Negative	37 (92.5)	-
Positive	3 (7.5)	-

Values are presented as mean±standard deviation or number (%). RRP group, patients undergoing radical prostatectomy for localized prostate cancer; PSA, prostate-specific antigen.

^a: $p=0.79$. Mann Whitney U test.

TABLE 2. Quantitative RT-PCR results in different samples of the groups

	RRP group (n=40)	Control group (n=10)	p-value ^b
Tissue quantitative RT-PCR ^a	11.0±24.2	2.9±3.5	0.12
Urine quantitative RT-PCR ^a	10.8±22.2	3.3±3.2	0.24
Blood quantitative RT-PCR ^a	6.1±8.4	2.5±2.6	0.18
Pubic hair quantitative RT-PCR ^a	3.4±3.1	2.5±2.7	0.59

Values are presented as mean±standard deviation.

RRP group, patients undergoing radical prostatectomy for localized prostate cancer; RT-PCR, real-time polymerase chain reaction.

^a:*TMPRSS2/ERG*: GAPDH×100. ^b:Mann-Whitney U test.

TABLE 3. Logistic regression analysis of Gleason score, preoperative PSA, and different samples for PCR to predict high-stage cancer

Variable	Score	Degree of freedom	Significance
PSA	0.015	1	0.902
Age	0.740	1	0.390
Gleason score	10.579	1	0.001
Tissue PCR	0.488	1	0.485
Urine PCR	0.120	1	0.729
Blood PCR	0.011	1	0.917
Pubic hair PCR	0.191	1	0.662

PSA, prostate-specific antigen; PCR, polymerase chain reaction.

TABLE 4. Quantitative PCR results of different samples according to pathological findings

	Tissue PCR ^a	Urine PCR ^a	Blood PCR ^a	Hair PCR ^a
Pathological stage				
≤pT2 (n=32)	12.3±26.6	11.4±24.3	6.0±8.1	3.3±2.8
≥pT3 (n=8)	5.7±8.7	8.4±11.2	6.4±10.2	3.8±4.2
Gleason sum				
<7 (n=24)	15.3±30.3	13.2±27.8	6.3±8.3	3.5±2.8
≥7 (n=16)	4.5±6.3	7.2±8.6	5.9±9.0	3.2±3.5
Postoperative surgical margins				
Negative (n=37)	11.8±25.0	11.6±22.9	6.5±8.6	3.5±3.1
Positive (n=3)	1.4±0.64	1.0±0.24	0.92±0.17	1.3±0.81

Values are presented as mean±standard deviation.

PCR, polymerase chain reaction.

^a:*TMPRSS2/ERG*: GAPDH×100 and all $p > 0.05$.

The concentration of androgen receptors is shown to be higher in dermal papilla cells derived from androgen-dependent follicles, including the beard, moustache, pubic hair, and scrotal hair, than from elsewhere on human body, such as the scalp [21]. The rationale for analyzing pubic hair follicles in this study was to check whether this androgen-sensitive fusion gene could be detected from androgen-sensitive hair follicles in a cohort of PCa patients. We did not expect to detect the fusion gene in pubic hair follicles, but they served as an internal control in each group.

Our RT-PCR results identified higher copy numbers of the fusion gene in post-DRE urine and tissue samples than in blood and pubic hair samples in this cohort of RRP patients. Post-DRE urine and tissue samples yielded nearly 3.5 times higher levels than in the control group, whereas this difference was only 1.3 times in pubic hair samples (Table 2). Thus, we concluded that peripheral blood and pubic hair PCR analysis of *TMPRSS2:ERG* gene fusion seems to be suboptimal. According to our results, the samples obtained from urine after prostatic massage seemed to be as effective as direct tissue sampling.

In a recently published multicenter prospective study evaluating post-DRE urine *TMPRSS2:ERG* fusion status and urine PCA3 as a diagnostic adjunct to increase the accuracy of serum PSA testing, *TMPRSS2:ERG* fusion was found to be a significant predictor of biopsy Gleason score and clinical tumor stage [22]. Those authors confirmed the diagnostic (increase in the sensitivity of ERSPC [European Randomized Study of Screening for Prostate Cancer] risk calculator) and prognostic value of *TMPRSS2:ERG* fusion positivity in patients undergoing prostate biopsy. Although the present study was not designed to test the diagnostic accuracy of *TMPRSS2:ERG*, we observed a significant positive correlation between preoperative PSA levels and *TMPRSS2:ERG* fusion gene transcription in tissue and post-DRE urine. A similar correlation was reported in the literature previously [20]. Thus, post-DRE urine *TMPRSS2:ERG* could be a valuable biomarker to combine with serum PSA to predict clinically significant disease in PCa patients.

Unlike the previous studies [11,20,23,24] and a recent meta-analysis [14], our study could not confirm the association of the *TMPRSS2:ERG* fusion gene with more advanced disease. The only significant predictor among age, PSA, and the presence of gene fusion in different samples to predict high-stage cancer was the Gleason score. This was possibly due to the limited number of radical prostatectomy patients and even more limited number of pathologic $> pT3a$ (n=8) patients involved. This represents the major limitation of this study.

Previously, *TMPRSS2:ERG* fusion was reported to significantly predict Gleason score and clinical tumor stage in a subcohort of patients with PSA < 10 [22]. Although our PCa group comprised mostly patients who had PSA < 10 (34/40), we did not find a similar association. Further prospective, high-volume studies are needed to describe the prognostic role of *TMPRSS2:ERG* fusion status in different

subcohorts of patients with PCa.

It was previously hypothesized that the fusion gene is present in the very early stages of PCa and it is possible to detect the fusion gene in tissue samples of patients with benign prostatic hyperplasia [25]. We also report very low expression of *TMPRSS2:ERG* fusion transcripts in tissue samples of biopsy-negative patients (n=10). This could be explained by either false-negative biopsies or the presence of the fusion gene in the very early stages of PCa.

Previous studies failed to demonstrate an association between biochemical recurrence or mortality and *TMPRSS2:ERG* fusion status [14,26]. With the limited follow-up in our study, there was no significant difference in PCa-specific survival in patients with multiple fusion copies.

CONCLUSIONS

In summary, our results indicated the absence of a significant correlation between *TMPRSS2:ERG* gene fusion status and tumor stage, Gleason grade, PSA level, and surgical margin status, although our study had limitations in patient number and follow-up time. PSA levels had a significant positive correlation with post-DRE urine and tissue transcript numbers. Thus, post-DRE urine sediments after prostatic massage appear to be a feasible noninvasive alternative in detection of the fusion. Gleason score was the only significant factor for predicting high-stage cancer ($> T3a$) in this study.

CONFLICTS OF INTEREST

The authors have nothing to disclose.

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