

PHOTODYNAMIC THERAPY OF MELANOMA USING NEW, SYNTHETIC PORPHYRINS AND PHTHALOCYANINES AS PHOTOSENSITISERS – A COMPARATIVE STUDY

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Abstract

Melanoma, a cancer that arises from melanocytes, is one of the most unresponsive cancers to known therapies and has a tendency to produce early metastases. Several studies showed encouraging results of the efficacy of photodynamic therapy (PDT) in melanoma, in different experimental settings in vitro and in vivo, as well as several clinical reports.

Aims. *Our study focuses on testing the antimelanoma efficacy of several new, synthetic photosensitizers (PS), from two different chemical classes, respectively four porphyrins and six phthalocyanines.*

Methods. *These PS were tested in terms of cell toxicity and phototoxicity against a radial growth phase melanoma cell line (WM35), in vitro. Cells were exposed to different concentrations of the PS for 24h, washed, then irradiated with red light (630 nm) 75 mJ/cm² for the porphyrins and 1 J/cm² for the phthalocyanines. Viability was measured using the MTS method.*

Results. *Two of the synthetic porphyrins, TTP and THNP, were active photosensitizers against WM35 melanoma in vitro. Phthalocyanines were effective in producing a dose dependent PDT-induced decrease in viability in a dose-dependent manner. The most efficient was Indium (III) Phthalocyanine chloride, a metal substituted phthalocyanine.*

Conclusions. *The most efficient photosensitizers for PDT in melanoma cells were the phthalocyanines in terms of tumor cell photokilling and decreased dark toxicity.*

Keywords: melanoma, photodynamic therapy, porphyrins, phthalocyanines, cell photokilling.

Introduction

Melanoma, a cancer that arises from melanocytes, is one of the most unresponsive cancers to known therapies and has a tendency to produce early metastases [1,2]. Early detection, surgery, and adjuvant therapy enable improved outcomes; nonetheless, the prognosis of metastatic melanoma remains poor [3].

There are studies that show encouraging results of

the efficacy of photodynamic therapy (PDT) in melanoma, in different experimental settings in vitro and in vivo as well as several clinical reports. *In vitro and in vivo*, on human and mice melanoma cell lines, PDT induced significant cell death [4-11], tumor size decrease, delay of tumor growth and increase of life span [12-20]. Several clinical reports showed that PDT, using verteporfin, a porphyrinic PS, was well tolerated and effective on skin melanoma metastases [21] and induced complete remission [22,23] or were partially effective in choroidal melanoma [24,25].

PDT is a simple procedure that requires the

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administration of a PS, followed by irradiation. PS activation generates singlet oxygen ($O_2^{\cdot-}$) and other reactive oxygen species (ROS) [26-28]. The antitumor effects result from direct tumor photodamage, destruction of tumor vasculature and activation of an immune response [11].

The ideal PS criteria are: chemical purity, preferential and fast tumor accumulation and rapid clearance, high light absorption coefficient, no dark toxicity, minimal or absent remaining skin photosensitivity [29]. There are several classes of PS: porphyrins, chlorines, phthalocyanines, texapyrins, porphycens, antracens, chlorophyll derivatives, purpurins, hypocrellins and hypericin. More than 30 different PS are used in preclinical studies [29], but only ALA (5-aminolevulinic acid, Levulan) and its methyl ester (Metvix), *m*-THCP (*meta*-tetrahydroxyphenylchlorin, Foscan), porfimer sodium (Photofrin) have been approved for use in clinical oncology [11].

However, classical PDT has shown some limitations in clinical application [3]. The most important challenge is to find improved sensitizers, able to overcome melanoma resistance, due to melanosomal trapping, pigmentation, oxidative stress defense, immune evasion [25]. Our study focuses on testing the antimelanoma efficacy of several new, synthetic PS, from two different chemical classes, respectively porphyrins and phthalocyanines. These PS were tested in terms of cell toxicity and phototoxicity against a radial growth phase melanoma cell line (WM35), *in vitro*.

Materials and methods

1. Synthesis and characterization of the photosensitizers

The porphyrins 5,10,15,20-tetra-*p*-tolyl porphyrin (TTP), 5,10,15,20-tetra-*p*-naphthyl-porphyrin (THNP), 5,10,15,20-tetra-*p*-phenyl orphyrin (TPP), 5,10,15,20-tetra-*p*-methoxy-phenyl porphyrin (TMOPP) (Fig. 1) were obtained in the laboratory by using the Lindsey method

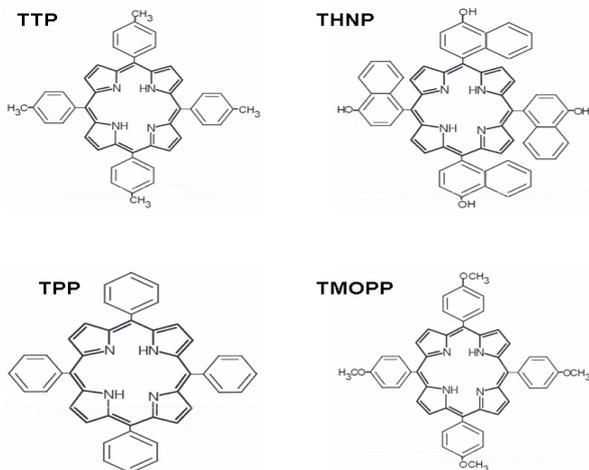


Figure 1. Chemical structures of the porphyrins tested as PS in PDT against melanoma.

[30]. **Mass spectrum** (FAB) Found (MW): TTP = 672, THNP=882, TPP=616, TMOPP=736 (Fig. 1).

The phthalocyanines (Pc) used were: 1: chloride indium (III) phthalocyanine [ClIn(III)Pc], 2: dihydroxide-silicon 2,3 naphthalocyanine - [(OH)₂SiNc], 3: hydroxide methylsilicon (IV) phthalocyanine (OH)CH₃Si(IV)Pc, 4: dihydroxide silicon phthalocyanine [(OH)SiPc], 5: dichloride silicon phthalocyanine [Cl₂SiPc], 6: dichloride silicon 2,3-naphthalocyanine -[Cl₂SiNc] (Fig. 2). All these compounds have been provided by Sigma Aldrich, and used without any purification.

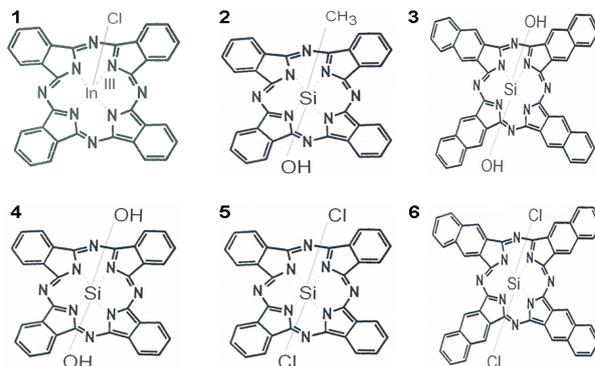


Figure 2. Chemical structures of the six phthalocyanines tested as PS in PDT against melanoma.

Mass spectrum (FAB) Found (MW): ClIn(III)Pc =662.79, (OH)₂SiNc=774.86, (OH)CH₃Si(IV)Pc =572.65, (OH)SiPc =574.63, Cl₂SiPc =611.51, Cl₂SiNc =811.86.

The phthalocyanines are as follows: 1: chloride indium (III) phthalocyanine [ClIn(III)Pc], 2: dihydroxide-silicon 2,3 naphthalocyanine - [(OH)₂SiNc], 3: hydroxide methylsilicon (IV) phthalocyanine [(OH)CH₃Si(IV)Pc], 4: dihydroxide silicon phthalocyanine [(OH)SiPc], 5: dichloride silicon phthalocyanine [Cl₂SiPc], 6: dichloride silicon 2,3-naphthalocyanine -[Cl₂SiNc], Pc1 contains a metal core, represented by Indium, while the others have silicon in the active center; they are either chlorinated (1, 5, 6), or hydroxylated compounds (2, 3, 4) to allow better tissue penetration (a combination of hydro/lipophylic properties).

2. Melanoma bioassays

2.1. Cell culture: The assessment was performed on a human radial growth phase (RGP) melanoma cell line (WM35). Melanoma cells (Wistar Institute, Philadelphia, PA, USA) were maintained in RPMI medium supplemented with 5% fetal calf serum, 50 µg/ml gentamicyn and 5 ng/ml amphotericin (Biochrom). Cultures were fed twice weekly and incubated in a humid atmosphere at 37°C and 5% CO₂. All experiments were conducted in subdued light, in triplicate.

2.2. Light source: irradiation was done with red

light (wave length 630 nm, lamp power 2.5 mW/cm²) provided by a Philips LED red light system, with doses of 4.5 J/cm² for porphyrins and 6 J/cm² for phthalocyanines respectively.

2.3. Photosensitiser exposure: Cells were exposed to PS for 24h prior to irradiation. Synthetic PS were solubilized in DMSO to obtain a stock solution of 10 mg/ml. Dilutions of this solution in fresh medium were made immediately before use. The DMSO final concentration in the medium was <0.05%, not harmful to the cells [31].

2.4. Cytotoxicity assay

The cells were seeded at a density of 10⁴/well in ELISA 96 wells micro titration flat bottom plaques (TPP, Switzerland) and settled for 24h. Then the cells were exposed to each photosensitiser, prepared as described above, in concentrations ranging from: 1-2000 µg/ml for porphyrins, 2.5-250 µg/ml for phthalocyanines respectively in medium for 24h. Cells were then washed, irradiated and further incubated for 24h with fresh medium. Viability was measured by colorimetric measurement of formazan, a coloured compound generated by mitochondrial reductase activity in viable cells using CellTiter 96® Aqueous Non-Radioactive Cell Proliferation Assay (Promega, USA). Untreated cultures exposed to medium were used as controls. Briefly, WM35 cultures were exposed to 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium, inner salt (MTS) /phenazine metosulphate (PMS) mixture for 2h, then the optical density values were tested at absorbance of 490 nm (as indicated by the producer) by

an ELISA plate reader (Tecan, Switzerland). Cytotoxicity was evaluated as OD 490 and % of untreated controls [32].

2.5. Statistical method

The statistical significance of the difference between treated and control groups was evaluated by paired Student TTEST, results were considered significant for p≤0.05. Statistical package Prism version 4.00 for Windows, GraphPad Software, San Diego, California, USA, www.graphpad.com was used for data analyses.

Results

The effectiveness of the porphyrins: TTP, THNP, TPP, TMOPP (Fig. 1) and the phthalocyanines (1-6): ClIn(III)Pc, (OH)₂SiNc, (OH)CH₃Si(IV)Pc, (OH)Si₂,3Pc, Cl₂Si₂,3Pc, Cl₂Si₂,3Nc (Fig. 2) was tested against the radial growth phase human melanoma cell line WM35. Porphyrins, especially TTP exhibited a slight cytotoxicity at high doses. PDT induced different rates of viability decrease (Fig. 3). The order of efficacy was: TTP, THNP, TPP and TMOPP. TTP induced photokilling at concentrations as low as 0.1 µg/ml (p≤ 0.003, compared to irradiated controls) and was dose dependent, while the cytotoxic effect, also dose dependent, appeared at concentrations above 100 µg/ml (p≤0.015, compared to controls). The same effect was seen in the case of THNP (p≤0.02, for concentrations above 1µg/ml, compared to irradiated controls), with cytotoxicity at concentrations above 500 µg/ml (p≤0.011, compared to controls). Despite the lack of cytotoxicity, the other porphyrins showed decreased PDT efficacy.

Phthalocyanines were effective in producing a dose

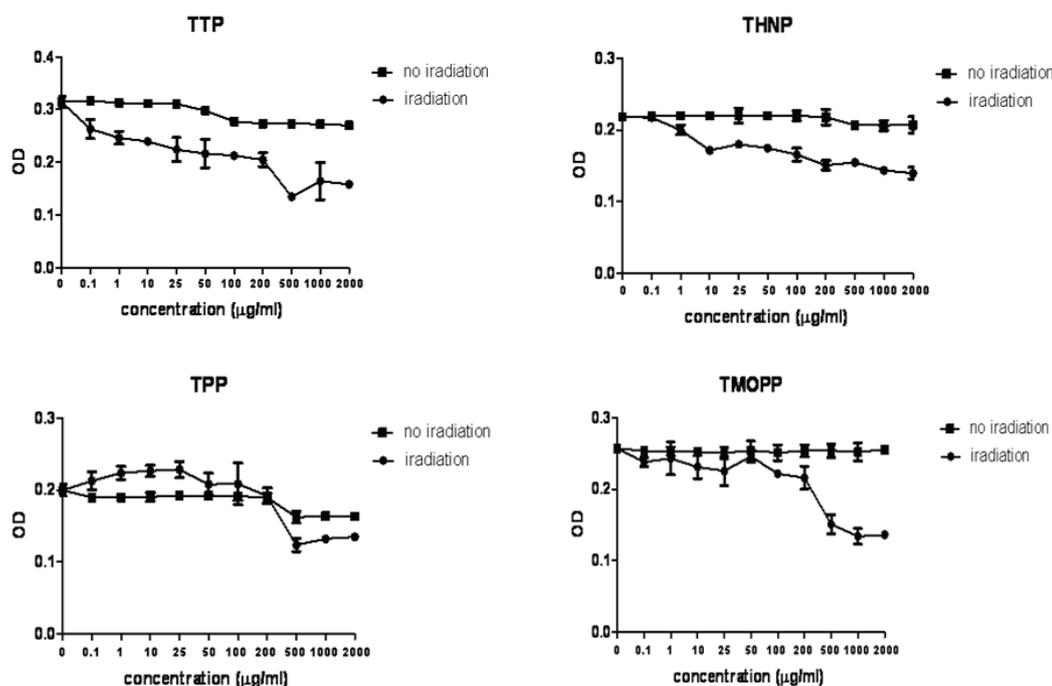


Figure 3. Cell viability testing following PDT mediated by the four porphyrins. Viability data are presented as OD490, TTP and THNP (upper panels) proved to be good PS against WM 35 melanoma cells.

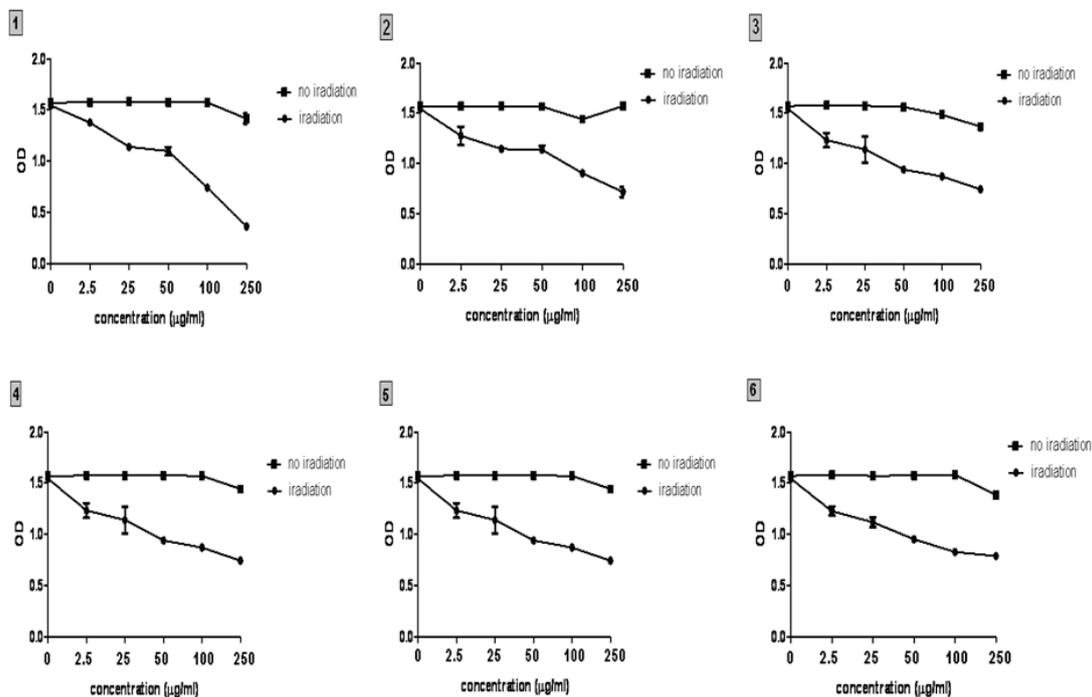


Figure 4. Cell viability testing following PDT mediated by the six phthalocyanines. Viability data are presented as OD490, all Pc induced photokilling with no dark toxicity, Pc1 showed the best phototoxic efficacy against WM 35 melanoma cells.

dependent PDT-induced loss of mitochondrial activity in a dose-dependent manner (Fig. 4). The cell viability decrease was significant for all concentrations ($p \leq 0.001$ for Pc1, $p \leq 0.006$ for Pc2, $p \leq 0.002$ for Pc3, $p \leq 0.014$ for Pc4, $p \leq 0.041$ for Pc5, and $p \leq 0.006$ for Pc6, compared to irradiated controls). The order of efficacy was: Pc1, 3, 2, 4, 6 and 5. Pc's did not exhibit dark toxicity after 24h incubation in any of the cases case.

Discussion

This report has demonstrated that two of the synthetic porphyrins, TTP and THNP are active photosensitizers against WM35 melanoma *in vitro*. However, the safety profile of the compounds needs to be improved to meet the requirements [29], namely high phototoxicity with minimal cytotoxicity.

The other class of the compounds tested, the Pc, yielded more promising results, regarding the safety profile. However, the decrease in viability was not as high as expected. This may be due to a very low dose of irradiation, of only 6 J/cm². Other reports on G361 human melanoma cells with a disulfonated chloroaluminum phthalocyanine (CIAIPcS₂) showed PDT experiments using light doses of 25 J/cm² [33], others used PDT regimens with Pc's and light doses of 10 mJ/cm² or 20 mJ/cm² [9,34]. Since our research is a preliminary comparative PDT viability study, we aimed to find the best suited PS against the WM35 melanoma cell line. PDT efficacy directly depends on the PS properties and the light dose [25]. The PDT irradiation doses were

intentionally kept lower, in order to differentiate among the PS's efficacies.

Other studies also reported similar PDT results by using various Pc compounds as PS against different melanoma cell lines and *in vivo* melanoma models [33-38, 41]. A comparative study with Photophrin, a porphyrinic PS and a newly synthesized tetrabenzamido-substituted Zn(II) phthalocyanine (ZnNcA) against B16 melanoma mouse model showed better results for ZnNcA [33].

Porphyrins were the first substances used as PS. However, in melanoma, porphyrins like aminolevulinic acid, its methyl ester, Metvix, and Photofrin lacked the efficiency showed in non-melanoma skin cancers [5, 39,40]. This was probably due to the presence of the melanin pigment which acts as a defense mechanism. First, melanin is able to absorb the wavelengths of light necessary to activate the porphyrins and secondly, it can behave as an intracellular ROS scavenger, neutralizing the PDT induced ROS [25].

Phthalocyanines are macrocycle compounds, similar to porphyrins. They are activated by the same wavelengths of light as porphyrins. There are two advantages of the Pc's over porphyrins, as potential PDT agents: higher ROS generation and better spectroscopic properties [41]. These make them more suitable as anti melanoma agents since the ROS production is higher and can potentially overcome the melanin and other enzymatic antioxidant defenses of the melanoma cells.

A major problem of the Pc's is the lack of tumor

specificity that porphyrins possess. Thus, multiple synthetic compounds were synthesized in order to find ways to improve the tumor penetration of the Pc's [41].

Also, aggregation is a common problem of the macrocyclic complexes [41]. One way is to chemically substitute the active center of the molecule with silicon [34,36,37]. In our study, five of the six PC's, respectively 2-6 are this type of compounds. They shared a similar PS behavior with good efficacy and decreased dark toxicity. Another way to decrease Pc aggregation, while increasing lipophilicity, thus the tissue penetration, is to synthesize metal substituents coordinated to the silicon center [9], in our case Indium. As seen by the viability study, this compound showed greater photokilling properties with no toxic effects at therapeutic doses.

Conclusion

The most efficient photosensitizers for PDT in melanoma cells were the phthalocyanines, especially the Indium (III) Phthalocyanine chloride. The viability decrease induced by the PDT was accompanied in this case by low dark toxicity. This makes it suitable for further testing in order to find the molecular mechanisms that led to tumor cell photokilling.

Acknowledgments

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