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Impaired Cardiolipin Biosynthesis **Prevents Hepatic Steatosis and Diet-Induced Obesity**

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Mitochondria are the nexus of energy metabolism, and consequently their dysfunction has been implicated in the development of metabolic complications and progression to insulin resistance and type 2 diabetes. The unique tetra-acyl phospholipid cardiolipin (CL) is located in the inner mitochondrial membrane, where it maintains mitochondrial integrity. Here we show that knockdown of Tafazzin (TAZ kd), a CL transacylase, in mice results in protection against the development of obesity, insulin resistance, and hepatic steatosis. We determined that hypermetabolism protected TAZ kd mice from weight gain. Unexpectedly, the large reduction of CL in the heart and skeletal muscle of TAZ kd mice was not mirrored in the liver. As a result, TAZ kd mice exhibited normal hepatic mitochondrial supercomplex formation and elevated hepatic fatty acid oxidation. Collectively, these studies identify a key role for hepatic CL remodeling in regulating susceptibility to insulin resistance and as a novel therapeutic target for diet-induced obesity.

Obesity is now a pandemic, with projections of over 1 billion adults worldwide being obese by 2030 (1) and direct costs in excess of \$100 billion/year in the U.S. alone (2). Obesity is particularly devastating since excess lipid accumulates in nonadipose tissues, contributing to systemic insulin resistance and elevated risk for the development of type 2 diabetes (3). Progressive mitochondrial dysfunction is associated with lipotoxic-mediated disruption of insulin signaling, including a decline in respiratory chain function, reduced or incomplete fatty acid

oxidation (FAO), and overproduction of reactive oxygen species (ROS) (3).

Cardiolipin (CL) regulates numerous mitochondrial proteins and processes as a result of its unique tetra-acyl structure and localization within the inner mitochondrial membrane (4,5). In high metabolic rate tissues, such as heart and skeletal muscle, the predominant form of CL consists of four linoleic acyl side chains (L_4CL) (4,5). Loss of CL and/or L₄CL promotes mitochondrial dysfunction. This is underscored by the development of Barth syndrome (BTHS), a genetic disease characterized by L₄CL deficiency, impaired mitochondrial respiration, dilated cardiomyopathy, and skeletal myopathy (5). Patients with BTHS carry mutations within the Tafazzin (TAZ) gene, which encodes a mitochondrial transacylase required to incorporate linoleic acid into CL (5).

Loss of CL and/or L₄CL has been widely demonstrated in human and animal models of heart failure (4,6-8). One way in which CL content regulates mitochondrial dysfunction is through direct involvement in the assembly and function of respiratory supercomplexes (4). These comprise mainly complex I (NADH-coenzyme Q reductase), complex III (ubiquinol-cytochrome *c* reductase), and complex IV (cytochrome *c* oxidase), and function to promote efficient electron flux to optimize the use of available substrates and control the production of ROS (9). Induced pluripotent stem cells developed from patients with BTHS have decreased supercomplex formation, which coincides with reduced oxygen consumption and increased generation of ROS (10). Indeed, loss of CL content in heart failure is

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3289



associated with reduced activity of individual respiratory complexes and impaired mitochondrial respiratory function (6,8).

Despite the role of CL in regulating mitochondrial function, an association with metabolic syndrome has not been examined extensively. The few studies that exist indicate that diet-induced obesity promotes pathological remodeling of CL (11-13). However, it remains unclear whether reduced levels of mitochondrial L₄CL are sufficient to initiate atypical accumulation of lipids in nonadipose tissues and disrupt insulin signaling. We investigated the role of CL and L₄CL levels in the development of dietinduced obesity and insulin resistance with the use of a TAZ knockdown (kd) mouse model (14). Our results establish that TAZ kd prevents the development of hepatic steatosis and obesity that leads to insulin resistance. Furthermore, despite TAZ deficiency, hepatic CL levels were normal and supercomplexes maintained, providing an environment capable of promoting elevated FAO and the hypermetabolism responsible for a lean phenotype.

RESEARCH DESIGN AND METHODS

Animals

This study was performed with the approval of the University of Manitoba Animal Policy and Welfare Committee. All animals were maintained in an environmentally controlled facility (12-h light/12-h dark cycle), with free access to food and water. Experimental animals were generated by mating male transgenic (Tg) mice [B6.Cg-Gt(ROSA)26Sortm1(¹H/tetO-RNAi:Taz,CAG-tetR)Bsf/ ZkhuJ; The Jackson Laboratory, Bar Harbor, ME], which have a doxycycline (dox)-inducible, TAZ-specific short hairpin RNA (shRNA), with female C57BL/6J mice (The Jackson Laboratory). TAZ kd was induced in utero and maintained postnatally by administering dox (625 mg/kg chow) as part of the standard low-fat (6% fat [w/w]) rodent chow (rodent diet catalog no. TD.01306; Harlan), as described previously (14). Female C57BL/6J mice consumed the dox diet (TD.01306) for at least 4 days before breeding. A low-fat diet lacking dox was used during the 4-day mating period to prevent TAZ kd in the Tg males. Dams were then returned to the dox diet (TD.01306) for their entire pregnancy, birth, and suckling period. Only male offspring were used experimentally; they were weaned at 3 weeks of age onto either the lowfat (6% w/w) (rodent diet catalog no. TD.01306; Harlan) or high-fat (23% w/w) diet (rodent diet catalog no. TD.130261; Harlan) containing dox (625 mg/kg chow). Male mice positive for the TAZ shRNA transgene were identified by PCR using primers (forward: 5'-CCATGGAATTCGAA CGCTGACGTC-3'; reverse: 5'-TATGGGCTATGAACTAAT GACCC-3') described elsewhere (14). Nontransgenic (NTg) littermates treated with a dox diet were used as wild-type controls. In addition, some dams and corresponding male offspring (Tg and NTg) were not treated with dox and served as additional experimental controls. Metabolic measurements were obtained using an Omnitech (Columbus, OH) animal monitoring system and expressed per lean body mass. Intestinal absorption was fecal (kilocalories) minus food consumption (kilocalories).

Mitochondrial Analysis

Mitochondrial hydrogen peroxide (H₂O₂) was quantitated using Amplex UltraRed reagent. Mitochondrial supercomplexes (25 µg protein) were separated by Blue Native PAGE, and individual complexes were visualized using in-gel activity assays (4). The oxygen consumption rate (OCR) was measured from mouse hepatocytes (2 \times 10⁴/well) and skeletal muscle fibers (10 µg protein/well) isolated from the flexor digitorum brevis using a Seahorse Bioscience instrument. Media contained either 1 mmol/L pyruvate and 25 mmol/L glucose for glucose metabolism or 1 mmol/L pyruvate, 2.5 mmol/L glucose, 0.5 µmol/L carnitine, and 0.175 mmol/L palmitate-BSA for fatty acid (FA) metabolism. Basal oxygen consumption was considered to be the basal respiration sensitive to inhibition by 1 µmol/L antimycin A plus 1 µmol/L rotenone. ATP-sensitive oxygen consumption was inhibited by 1 µmol/L oligomycin, and ATP-insensitive respiration (heat) was the remaining proportion of basal oxygen consumption. Maximal oxygen consumption was achieved with 1 μ mol/L carbonyl cyanide 4-(trifluoromethoxy) phenylhydrazone (FCCP) for hepatocytes or 0.4 µmol/L FCCP for skeletal muscle fibers. FA-dependent respiration is the difference in oxygen consumption measured in the presence of 40 µmol/L etomoxir and vehicle (water).

Western Blotting

The mouse monoclonal antibody raised against TAZ (Clone 2G3F7) was affinity purified by Steven Claypool's laboratory at the Johns Hopkins University School of Medicine (15).

Primary Cultures of Hepatocytes

Primary cultures of adult mouse hepatocytes were isolated (16) and treated with serum-free DMEM containing either 2 μ Ci [¹⁴C] oleate plus 0.4 mmol/L oleate-BSA or 2 μ Ci [¹⁴C] acetate per 2-mL dish. Total lipids were extracted (17) and individual species quantitated as previously described (18).

Blood and Tissue Parameters

Plasma levels of tumor necrosis factor- α , insulin, leptin, and adiponectin were quantitated by ELISA (ALPCO). Commercially available kits were used to measure plasma ketones, nonesterified FAs (Wako Diagnostics), and alanine aminotransferase (Biotron Diagnostics Inc.). The mass of triglycerides (TGs), phospholipids, cholesteryl ester, and cholesterol were determined by high-performance liquid chromatography (19) or phosphorus assay (20). Molecular species of CL were quantitated from tissue homogenates by high-performance liquid chromatography coupled to electrospray ionization mass spectrometry (21). Plasma lipoproteins were separated by size using fast-protein liquid chromatography on an Agilent 1200 chromatography system with a Superose 6 column (Amersham Pharmacia Biotech Inc.) and in-line enzymatic assay kits (Thermo Infinity regents) (22). The rate of hepatic TG secretion was measured following a 16-h fast and injection of Poloxamer 407 (1 g/kg, i.p.) (23). Tissues were fixed in 10% buffered formalin for hematoxylin-eosin (5 μ m) staining or 4% paraformaldehyde for Oil Red O (8 μ m) staining and scored using a system modified from that used by Kleiner et al. (24).

Statistical Analysis

Data are expressed as means \pm SEMs. Comparisons between groups was performed by unpaired, two-tailed Student *t* test or one-way ANOVA using Student-Newman-Keuls post hoc analysis where appropriate. A probability value <0.05 was considered significant.

RESULTS

Hypermetabolism Protects TAZ kd Mice From Obesity, Hepatic Steatosis, Hyperlipidemia, and Insulin Resistance

Male mice Tg for the dox-inducible TAZ shRNA were fed dox to induce TAZ kd. We confirmed a reduction in the TAZ protein in several tissues of the dox-fed Tg animals compared with the NTg dox-fed (Ntg + dox) littermate controls (Fig. 1A and Supplementary Fig. 1A and B).

Over a 10-month period, NTg + dox mice gained excess weight, presumably because of the growth-inducing properties of dietary antibiotics (25) (Fig. 1B). By contrast, TAZ kd animals (Tg + dox) had a growth curve that was reduced compared with the littermate controls (NTg + dox) and Tg and NTg mice fed a standard rodent diet (Tg and NTg -dox;Fig. 1B and Supplementary Fig. 1C). There was no significant difference in bone development between genotypes fed or not fed dox (Supplementary Fig. 1D and E). We determined that TAZ deficiency significantly reduced adiposity (Fig. 1C and D), with individual fat pads weighing less (Fig. 1F and Supplementary Fig. 1F and G) and reduced plasma leptin concentrations (~99%; Table 1) compared with littermate controls (NTg + dox). TAZ deficiency limited white adipose tissue (WAT) growth by reducing hypertrophy and hyperplasia and increasing beige cell recruitment (Fig. 1E and Supplementary Fig. 1I-K). The deleterious accumulation of TGs into the liver and skeletal muscle of NTg + dox mice was also attenuated in TAZ deficiency (Table 1). TAZ kd mice were completely protected from developing hepatic steatosis and had normal histological features (Fig. 1G and J and Supplementary Fig. 1*H* and *L*) and plasma alanine aminotransferase (ALT) concentrations (Table 1). In aged NTg + dox animals, obesity was accompanied by plasma hyperlipidemia, hyperglycemia, and hyperinsulinemia (Table 1). By contrast, plasma VLDL-TG and LDL-cholesterol concentrations were reduced in TAZ kd animals (Fig. 1H and I). Furthermore, TAZ deficiency protected against the development of impaired glucose clearance and insulin resistance associated with diet-induced obesity (Fig. 1K and L).

The decreased body weight of TAZ kd mice could not be accounted for by reduced food consumption, water intake, or intestinal caloric absorption (Fig. 2A-C). Alternatively, indirect calorimetry indicated that oxygen consumption (Fig. 2D and H), heat production (Fig. 2E and I), and activity (Fig. 2*F* and *J*) were significantly increased in TAZ kd mice compared with NTg + dox littermates. A reduction in the respiratory exchange ratio indicated that the TAZ kd mice were consuming proportionally more fat than carbohydrate during the light cycle (Fig. 2*G* and *K*).

Obesity Is Prevented in TAZ-Deficient Mice Fed a High-Fat Diet

To assess further the protective effect of TAZ deficiency, we challenged Tg and NTg animals with a high-fat, doxcontaining diet for 16 weeks. The TAZ kd animals gained significantly less weight (34%) compared with the NTg + dox littermates (Fig. 3A), exclusively because of the attenuation of fat mass (68%) (Fig. 3B-D and Supplementary Fig. 2A). The amount of TGs was also significantly reduced in both the liver (70%) and skeletal muscle (84%) of TAZ kd animals compared with the NTg + dox controls (Fig. 3E and F). While hepatic lipid-filled vacuoles were prevalent in the NTg + dox mice, they were almost completely absent in the TAZ kd group (Fig. 3G). This underscored the ability of TAZ deficiency to attenuate liver pathology characterized by elevated plasma ALT concentrations and hepatic macrovesicular and microvesicular steatosis (Supplementary Fig. 2B and C). The glucose intolerance, insulin resistance, and plasma hyperlipidemia that accompanied lipid accumulation in NTg + dox mice was also prevented when TAZ was knocked down (Fig. 3*H* and *I* and Supplementary Fig. 2*E*–*G*).

Indirect calorimetry indicated that oxygen consumption, heat production, and activity were significantly increased in TAZ kd mice fed a high-fat diet compared with NTg + dox controls (Fig. 3*J*–*L*). The difference in weight gain between genotypes could not be accounted for by food consumption or water intake (Supplementary Fig. 2*H* and *I*). Thus, TAZ deficiency promotes a lean phenotype as a result of hypermetabolism and hyperactivity when exposed to either a low- or a high-fat diet challenge.

Hepatic Mitochondrial Supercomplexes Are Maintained in TAZ kd Mice

It has been established that reductions in total CL and/or L₄CL levels in the heart are associated with mitochondrial respiratory chain dysfunction and the development of cardiomyopathy (4,5). Both patients with BTHS and TAZ kd mice develop a cardiomyopathy due to CL-depleted mitochondria (14,26–28). The apparent discrepancy in TAZ kd mice between reduced cardiac capacity for mitochondrial oxidative phosphorylation and the elevation in whole-body oxygen consumption compelled us to identify TAZ-deficient tissues in which mitochondrial function was preserved. One critical way that CL maintains mitochondrial function is through the assembly of electron transport chain supercomplexes (4,29). Thus we investigated the degree to which mitochondrial supercomplex formation was maintained despite TAZ deficiency in several metabolic tissues.

Initially, we confirmed previous reports that targeted TAZ kd lowered total CL and L_4CL (1,448 m/z) levels in the heart compared with littermate controls (NTg + dox;



Figure 1—TAZ kd mice are protected from diet-induced obesity. *A*: Dox-inducible kd of TAZ protein in Tg (T) compared with NTg (N) mice was determined by immunoblot using isolated mitochondria (25 μ g heart, 50 μ g skeletal [Sk.] muscle, and 100 μ g liver). Quantitation was performed with citrate synthase (Cit) as the loading control (n = 3-6). *B*: Body weights of Tg and NTg mice (n = 40). Body mass—both lean (*C*) and fat (*D*)—was measured (n = 17). *E*: Gonadal WAT stained with hematoxylin-eosin (HE; n = 5-10). *F*: Gonadal fat pad mass per body weight (b.w.) (n = 15-40). *G*: Hepatic macrovesicular (macrovesic.) steatosis was scored (n = 5-7). *H* and *I*: Plasma from fasted animals was

		TAZ-deficient mice				
Genotype	NTg	Tg	NTg	Tg	NTg	Tg
Diet	-Dox	-Dox	+Dox	+Dox	+Dox	+Dox
Age (months)	4	4	4	4	10	10
Plasma parameters PC (mg/dL) FC (mg/dL) CE (mg/dL) TG (mg/dL) TG (mg/dL) NEFA (mmol/L) Leptin (mg/mL) ALT (U/L) Glucose (mmol/L) Insulin (ng/mL) Ketones (mmol/L) TNF- α (pg/mL) Adiponectin (μ g/mL)	$\begin{array}{c} 72.6 \pm 7.8 \\ 11.7 \pm 1.1 \\ 79.8 \pm 8.5 \\ 16.4 \pm 1.2 \\ 0.35 \pm 0.02 \\ 0.51 \pm 0.02 \\ 18.5 \pm 1.0 \\ 5.0 \pm 0.2 \\ 0.59 \pm 0.14 \\ 1.16 \pm 0.08 \\ \text{BD} \\ 21.3 \pm 2.7 \end{array}$	71.6 ± 8.1 12.0 ± 1.3 85 ± 9 18 ± 2.5 0.33 ± 0.02 0.55 ± 0.02 20.0 ± 0.5 $5.9 \pm 0.3^{*}$ 0.49 ± 0.03 1.03 ± 0.07 BD 20.4 ± 1.2	$\begin{array}{c} 118.6 \pm 4.6 \\ 22.0 \pm 0.7 \\ 105.2 \pm 5.0 \\ 59.5 \pm 4.2 \\ 0.39 \pm 0.03 \\ 1.25 \pm 0.02 \\ 19.6 \pm 1.3 \\ 5.8 \pm 0.1 \\ 0.40 \pm 0.05 \\ 1.17 \pm 0.06 \\ \text{BD} \\ 23.1 \pm 1.1 \end{array}$	$\begin{array}{c} 108.7 \pm 3.3 \\ 21.3 \pm 0.7 \\ 89.0 \pm 2.3^{*} \\ 40.3 \pm 5.3^{*} \\ 0.39 \pm 0.05 \\ 0.28 \pm 0.01^{*} \\ 15.0 \pm 0.3 \\ 6.1 \pm 0.2 \\ 0.33 \pm 0.05 \\ 1.03 \pm 0.08 \\ \text{BD} \\ 18.4 \pm 1.1^{*} \end{array}$	$\begin{array}{c} 218.2 \pm 8.3 \\ 32.0 \pm 0.4 \\ 165.6 \pm 4.6 \\ 47.8 \pm 4.6 \\ 0.38 \pm 0.04 \\ 23.5 \pm 0.02 \\ 42.7 \pm 5.6 \\ 7.9 \pm 0.3 \\ 2.17 \pm 0.81 \\ 1.00 \pm 0.11 \\ \text{BD} \\ 23.5 \pm 1.3 \end{array}$	$\begin{array}{c} 208.8 \pm 7.6 \\ 30.7 \pm 1.3 \\ 145.3 \pm 5.4^* \\ 34.6 \pm 4.1^* \\ 0.41 \pm 0.04 \\ 0.18 \pm 0.04^* \\ 24.3 \pm 9.3^* \\ 5.7 \pm 0.2^* \\ 0.63 \pm 0.25^* \\ 1.44 \pm 0.09^* \\ \text{BD} \\ 17.3 \pm 0.6^* \end{array}$
Liver parameters PC (nmol/mg) PE (nmol/mg) PS (nmol/mg) PI (nmol/mg) FC (μ g/mg) CE (μ g/mg) TG (μ g/mg) NEFA (μ g/mg) SM (μ g/mg)	$\begin{array}{l} 75.3 \pm 2.1 \\ 33.7 \pm 1.5 \\ 4.4 \pm 0.2 \\ 15.5 \pm 0.7 \\ 7.6 \pm 0.8 \\ 3.9 \pm 0.6 \\ 222.2 \pm 17.8 \\ \text{ND} \\ 9.6 \pm 1.0 \end{array}$	$\begin{array}{c} 80.4 \pm 2.2 \\ 40.0 \pm 2.1^{*} \\ 5.0 \pm 0.3 \\ 15.9 \pm 0.4 \\ 7.5 \pm 0.3 \\ 4.2 \pm 0.4 \\ 238.6 \pm 23.2 \\ \text{ND} \\ 8.2 \pm 1.4 \end{array}$	$\begin{array}{c} 85.8 \pm 1.5 \\ 42.9 \pm 1.1 \\ 4.8 \pm 0.2 \\ 15.5 \pm 0.7 \\ 7.9 \pm 0.2 \\ 3.6 \pm 0.1 \\ 118.1 \pm 12.7 \\ \text{ND} \\ 8.1 \pm 0.3 \end{array}$	$\begin{array}{c} 86.7 \pm 3.2 \\ 45.4 \pm 2.0 \\ 5.4 \pm 0.2 \\ 15.9 \pm 0.4 \\ 8.1 \pm 0.1 \\ 3.6 \pm 0.1 \\ 92.7 \pm 14.6 \\ \text{ND} \\ 8.2 \pm 0.2 \end{array}$	$\begin{array}{c} 66.1 \pm 2.2 \\ 30.7 \pm 1.1 \\ 5.3 \pm 0.2 \\ 13.5 \pm 0.4 \\ 13.2 \pm 1.0 \\ 11.7 \pm 0.8 \\ 677.01 \pm 68.1 \\ 2.3 \pm 0.3 \\ 8.5 \pm 0.6 \end{array}$	$\begin{array}{c} 61.6 \pm 1.2 \\ 34.4 \pm 1.1^{*} \\ 6.2 \pm 0.3^{*} \\ 13.2 \pm 0.3 \\ 12.6 \pm 0.6 \\ 7.3 \pm 1.0^{*} \\ 125.6 \pm 24.9^{*} \\ 1.4 \pm 0.2^{*} \\ 8.6 \pm 0.5 \end{array}$
Skeletal muscle parameters PC (nmol/mg) PE (nmol/mg) PI (nmol/mg) FC (µg/mg) TG (µg/mg)	$\begin{array}{c} 20.3 \pm 2.8 \\ 4.9 \pm 0.6 \\ 3.4 \pm 0.2 \\ 1.1 \pm 0.2 \\ 31.1 \pm 6.0 \end{array}$	31.4 ± 3.2 $8.5 \pm 0.3^{*}$ 3.1 ± 0.3 1.6 ± 0.2 37.2 ± 8.8	$\begin{array}{c} 31.4 \pm 2.2 \\ 9.7 \pm 1.7 \\ 3.3 \pm 0.1 \\ 1.3 \pm 0.2 \\ 53.2 \pm 12.1 \end{array}$	$\begin{array}{l} 24.1 \pm 1.9 \\ 7.5 \pm 0.9 \\ 3.4 \pm 0.5 \\ 1.2 \pm 0.1 \\ 13.8 \pm 4.5^* \end{array}$	$\begin{array}{c} 32.3 \pm 2.6 \\ 10.4 \pm 0.8 \\ 3.2 \pm 0.1 \\ 1.4 \pm 0.1 \\ 213.5 \pm 16.6 \end{array}$	$\begin{array}{c} 25.8 \pm 2.2 \\ 8.9 \pm 0.7 \\ 2.8 \pm 0.1 \\ 1.4 \pm 0.1 \\ 28.3 \pm 3.1^* \end{array}$

Table 1 – Plasma, live	, and skeletal muscle	parameters in	TAZ-deficient mice
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Data are means \pm SEMs (n = 5-17). ALT, alanine aminotransferase; BD, below detection; CE, cholesteryl ester; FC, unesterified free cholesterol; ND, not determined; NEFA, nonesterified fatty acid; PC, phosphatidylcholine; PE, phosphatidylethanolamine; PI, phosphatidylinositol; PS, phosphatidylserine; SM, sphingomyelin; TNF, tumor necrosis factor. *P < 0.05 compared with NTg age-matched mice fed an identical diet.

Fig. 4A). This was accompanied by reduced formation of cardiac supercomplexes (Fig. 4B) that contained complex I (Fig. 4C and Supplementary Fig. 3B) and complex IV (Fig. 4E and Supplementary Fig. 3C). The simultaneous increases in free complex I and IV indicated that the individual complexes were available but prevented from forming respirasomes in the heart of TAZ kd animals. This was additionally supported by immunoblot analysis demonstrating that total levels of complexes I and IV were the same between genotypes (Supplementary Fig. 3A). As expected, complex II (succinate-coenzyme Q reductase) migrated alone (Fig. 4D).

Mitochondria isolated from skeletal muscle and brown adipose tissue of TAZ kd mice also had significantly reduced L₄CL (1,448 m/z) (Fig. 4F and Supplementary Fig. 4A) with impaired formation of supercomplexes (Fig. 4G) containing complexes I (Fig. 4H and Supplementary Figs. 3E and 4E) and/or IV (Fig. 4J and Supplementary Figs. 3F and 4F). There was no significant difference between genotypes with respect to the abundance of individual complexes (Fig. 4I and Supplementary Figs. 3D and 4D). Interestingly, we determined that while the amount of hepatic total CL and L₄CL (1,448 m/z) were reduced in TAZ kd animals compared with the littermate controls (NTg + dox), the levels remained similar to those in animals fed a standard diet (Tg and NTg – dox; Fig. 4K). As a result, supercomplexes containing complex I appeared to assemble normally in the liver of TAZ kd animals (Fig. 4L and M

separated into VLDLs, LDLs, and HDLs, and TGs and total cholesterol (Chol; unesterified and esterified) were measured (n = 3-4). rel. amt, relative amount. *J*: Livers from 10-month-old animals stained with HE or Oil Red O (ORO) (n = 5-14). Glucose tolerance (*K*) and insulin tolerance (*L*) tests (n = 12-28). Data are means \pm SEMs. *P < 0.05 compared with NTg age-matched mice fed an identical diet; †P < 0.05, Tg + dox compared with all other groups; ‡P < 0.05, NTg + dox compared with all other groups.



Figure 2—Hypermetabolism protects TAZ kd mice from diet-induced weight gain. Food (*A*) and water (*B*) consumption were measured in Tg and NTg mice fed a low-fat diet; values are expressed as a proportion of body weight (n = 10-20). *C*: Intestinal absorption represents the amount of calories consumed minus the amount of calories excreted in feces (n = 4-14). *D*–*K*: Indirect calorimetry was performed to measure oxygen consumption (V_{0_2} ; *D* and *H*), heat production (*E* and *I*), activity (*F* and *J*), and the respiratory exchange ratio (RER; *G* and *K*). Values are the means \pm SEMs of 5–14 mice per group. **P* < 0.05 compared with NTg age-matched mice fed an identical diet.

and Supplementary Fig. 3*I*). As previously reported (30), the majority of complex IV and complex II migrated alone in the liver (Fig. 4*N* and *O* and Supplementary Fig. 3*J*). We also determined that CL levels and supercomplex formation in WAT was similar between genotypes (Supplementary Fig. 4*B*, *C*, and *G*–*I*). However, since uncoupling protein 1 expression was unaltered (Supplementary Fig. 1*J*) and WAT generally makes a small contribution to metabolic rate, we expected WAT to have a minor role in elevating wholebody oxygen consumption in TAZ kd mice.

A reduction in supercomplex formation is typically associated with elevated mitochondrial ROS production, primarily because of the dissociation of complex I from complex III (9). Consistent with the reduction of supercomplexes found in TAZ-deficient heart and skeletal muscle, the amount of H_2O_2 was elevated compared with littermate controls (NTg + dox; Fig. 5A and B). By contrast, ROS formation was significantly reduced in the livers of TAZ kd mice compared with NTg + dox controls, indicating improved electron flux between mitochondrial respiratory complexes (Fig. 5C).

Hepatic Respiratory Mitochondrial Function Is Preserved With TAZ Deficiency

We established that supercomplex formation was preserved in the livers, but not the skeletal muscle, of TAZ kd mice. Therefore we sought to determine whether mitochondrial respiratory function was maintained in a corresponding tissue-specific way by measuring the OCR. Furthermore, the use of different energy substrates provided the capability to evaluate whether the liver and/or skeletal muscle contribute to the increase in whole-body OCR that promotes the lean phenotype of TAZ kd animals.

Initially, we performed experiments using glucose as the primary energy substrate. We determined that the levels of basal and ATP-insensitive oxygen consumption (heat) were reduced in cultures of hepatocytes isolated from TAZ kd mice (Fig. 5D and F). However, a defect in mitochondrial function was not detected; the levels of hepatic ATP-sensitive (oligomycin-sensitive) oxygen consumption and maximum respiratory capacity were maintained (Fig. 5E and G). When oxygen consumption was measured from isolated intact skeletal muscle fibers, there



Figure 3—TAZ kd mice are protected from diet-induced obesity when fed a high-fat diet. *A*: Body weights of Tg and NTg mice fed a high-fat diet (n = 40). Lean (*B*) and fat (*C*) body masses (n = 6-13) were measured. *D*: Gonadal WAT stained with hematoxylin-eosin (HE; n = 6-10). *E* and *F*: TG quantitation in skeletal muscle (sk. musc.; soleus) (*E*) and liver (*F*) tissues (n = 8-9). *G*: Livers stained with HE or Oil Red O (ORO) (n = 3-10). Glucose tolerance (*H*) and insulin tolerance (*I*) tests (n = 14-16). *J*–L: Indirect calorimetry was performed to measure oxygen consumption (Vo_2 ; *J*), heat production (*K*), and activity (*L*) (n = 3-8). Data are expressed as means ± SEMs. **P* < 0.05 compared with NTg age-matched mice fed an identical diet; ‡*P* < 0.05, NTg compared with all other groups.



Figure 4—The quantitation of individual cardiolipin species and determination of mitochondrial supercomplex formation in various mouse tissues. Molecular species of CL were determined by mass spectrometry-mass spectrometry and arranged by mass for heart (*A*), skeletal muscle (*F*), and liver (*K*) of 4-month-old animals. Total CL content is shown in the inset for each tissue. Values are means \pm SEMs (n = 5–9). Supercomplexes were separated by Blue Native PAGE for heart (*B*), skeletal muscle (*G*), and liver (*L*) before conducing in-gel activity assays for mitochondrial complexes I (*C*, *H*, and *M*), II, (*D*, *I*, and *N*), and IV (*E*, *J*, and *O*) (heart, skeletal muscle, and liver, respectively). The location of each individual complex is indicated as CI, CII, or CIV, respectively. The supercomplexes that contain the complex of interest (i.e., the active complex) are indicated with brackets at the top of each gel. The ladder size is indicated in kilodaltons on the left, and each lane is representative of 3–6 animals per group. **P* < 0.05 compared with NTg age-matched mice fed an identical diet; †*P* < 0.05, Tg + dox compared with all other groups.

was no difference between groups (Supplementary Fig. 5A-D). These results indicated that TAZ kd tissue neither carries a defect in mitochondrial respiration nor contributes to increased oxygen consumption when glucose is the major substrate.

The absence of measureable mitochondrial respiratory dysfunction in the TAZ kd mice could reflect the capability of glucose to mask defects in oxidative phosphorylation by supporting glycolysis, as previously demonstrated for TAZ-deficient induced pluripotent stem cell-derived cardiomyocytes (31). To better assess the oxidative phosphorylation capacity and directly measure FAO, we repeated the oxygen consumption measurements in hepatocytes and muscle fibers with palmitate-BSA as the major substrate. The experiments were performed with etomoxir, which inhibits CPT1-mediated transport of FAs into the mitochondria. The difference in oxygen consumption between the absence and presence of etomoxir reveals FA-dependent metabolism. We determined that FA-dependent basal, ATP-sensitive, and ATP-insensitive (heat) oxygen consumption were elevated in the hepatocytes isolated from the TAZ kd animals compared with NTg + dox controls (Fig. 5*H*–*K*). By contrast, skeletal muscle fibers isolated from TAZ kd mice had reduced FA-dependent basal and ATP-insensitive oxygen consumption (Supplementary Fig. 5*E*–*G*). The suppression of maximum respiration from skeletal muscle fibers when FA was the major uninhibited source of energy indicated a potential defect in oxidative phosphorylation (Supplementary Fig. 5*H*). Together, these results indicated that the liver contributes to the hypermetabolism of TAZ kd animals by promoting FA-dependent oxygen consumption and heat production.

Hepatic FAO Is Elevated With TAZ Deficiency

The elevation of hepatic FAO in TAZ deficiency was confirmed when we measured increased production of acid-soluble metabolites from primary hepatocyte cultures incubated with $[^{14}C]$ -oleate (Fig. 6A). In addition, fasting



Figure 5—The assessment of mitochondrial function in TAZ kd mice. Quantification of H_2O_2 in heart (*A*), skeletal muscle (*B*), and liver (*C*) of 10-month-old Tg and NTg mice fed a diet containing dox. *D*–*F*: Hepatocytes were cultured in 10 mmol/L glucose, and basal respiratory (*D*), ATP-sensitive (oligomycin-sensitive; *E*), ATP-insensitive (i.e., heat; *F*), and maximum (max; FCCP; *G*) OCRs were measured; values are expressed per milligram of cellular protein (n = 4–5). *H*–*K*: Hepatocytes were cultured in 0.175 mmol/L palmitate-BSA in the presence of 40 µmol/L etomoxir or vehicle (water), and basal respiratory (*H*), ATP-sensitive (*I*), ATP-insensitive (*J*), and maximum (*K*) oxygen consumption were measured (n = 3–4). Values are means ± SEMs. **P* < 0.05 compared with NTg age-matched mice fed an identical diet.

plasma ketone bodies, considered an accurate indicator of hepatic FAO, were elevated in the TAZ kd mice compared with NTg + dox controls (Table 1). We determined that FAO was the major way that TGs were reduced in the liver of TAZ kd mice, since FA uptake (Fig. 6B), TG synthesis (Fig. 6C and D), and TG secretion (Supplementary Fig. 6A and *B*) were similar between genotypes. Furthermore, we determined that elevated hepatic FAO was the result of increased amounts of long-chain acyl-dehydrogenase mRNA and the corresponding protein, the α subunit of mitochondrial trifunctional protein (MTPa) (Fig. 6G–J). The increased levels of adipose triglyceride lipase, phosphorylated hormone-sensitive lipase, plasma nonesterified FAs, and catecholamines in TAZ kd mice indicate that FA may be partly supplied by increased WAT lipolysis (Supplementary Fig. 6H-M).

Interestingly, we determined that CL synthesis from both [¹⁴C]-oleate (Fig. 6*E*) and [¹⁴C]-acetate (Fig. 6*F*) was significantly elevated in hepatocytes isolated from TAZ kd animals compared with littermate controls (NTg + dox). This was specific for CL and was not a global increase in phospholipid synthesis, as incorporation into phosphatidylcholine (PC) remained unchanged (Supplementary Fig. 6*C* and *D*). CL synthesis was promoted in TAZ deficiency by increased levels of the TAM41 protein, which catalyzes the rate-limiting step of CL synthesis and MTPa, which also encodes the CL remodeling enzyme monolysocardiolipin acyltransferase-1 (MLCLAT-1) (4) (Fig. 6*G*). MLCLAT-1 resides at the COOH terminal of MTPa and catalyzes the reacylation of CL with linoleic acid after a fatty acyl chain has been hydrolyzed by a phospholipase. The expression of MTPa was not altered in any other tissue (Supplementary Fig. 6E-G).

DISCUSSION

Increasing evidence suggests that mitochondrial dysfunction is central in the lipid-mediated disruption of insulin signaling during diet-induced obesity. Despite the wellestablished role of CL in regulating mitochondrial function, an association with metabolic syndrome had not been studied extensively. The goal of this study was to test whether reducing total CL and/or L_4CL levels resulted in mitochondrial dysfunction, leading to atypical lipid accumulation and insulin resistance. We determined that TAZ deficiency prevented diet-induced obesity after 10 months of low-fat and 16 weeks of high-fat diet feeding. The significant reduction of neutral lipid in both the liver



Figure 6—Increased hepatic FAO and CL synthesis in TAZ kd mice. A–F: Primary cultures of hepatocytes were isolated from 4-month-old NTg and Tg mice fed a diet containing dox. Cells were incubated with [¹⁴C]-oleate for the durations indicated, and radiolabel was measured in the media as acid-soluble metabolites (ASMs; n = 5–6) (A) and in total cell lysate (n = 5–6) (B). Hepatocytes were incubated with [¹⁴C]-oleate (C and E) or [¹⁴C] acetate (D and F) for the durations indicated, and the incorporation of radiolabel into TG and CL was measured (n = 4–6). *G*: Immunoblot of MTPa, TAM41, ALCAT1, cardiolipin synthase (CLS), uncoupling protein 2 (UCP2), CD36, hormone-sensitive lipase (HSL), and loading control (protein disulfide isomerase [PDI]) in liver lysates and CDP-diacylglycerol synthase 2 (CDS2) and a loading control (citrate synthase) in isolated liver mitochondria (20 μ g protein). *H* and *I*: Quantitation of immunoblots by densitometry with normalization against PDI (n = 3–6). *J*: The mRNA levels of the indicated genes measured in the liver by quantitative PCR. DPM, disintegrations per minute; rel., relative. All data are means \pm SEMs (n = 3–7). *P < 0.05 compared with NTg age-matched mice fed an identical diet; $\dagger P$ < 0.05, Tg +dox compared to all other groups; $\ddagger P$ < 0.05, NTg +dox compared to all other groups.

and skeletal muscle correspondingly accompanied the prevention of insulin resistance in the TAZ kd animals.

Using indirect calorimetry, we determined that the lean phenotype of TAZ kd mice was caused by hypermetabolism as a result of increased energy consumption, elevated heat production, and activity. The increase in hepatic mitochondrial oxygen consumption and heat production mirrored whole-body data when FA was the oxidative substrate. This result indicated a central role for hepatic FAO in providing protection against diet-induced obesity in TAZ kd mice (Fig. 7). Curiously, the liver supported increased FAO, despite evidence that TAZ deficiency in the heart is linked to reduced mitochondrial function and impaired FAO (26,28,31). We attributed this discrepancy to the ability of the liver to maintain normal CL levels. An increase in the expression of CL synthetic/remodeling enzymes (MLCLAT-1 and TAM41) in the liver compensated for the reduction in TAZ expression. We found significant increases in hepatic CL biosynthesis from both acetateand oleate-radiolabeled precursors in the TAZ kd animals. This increase in biosynthesis achieved total hepatic CL and L_4CL levels (80–90%) similar to those of mice fed a standard rodent diet (Tg and NTg - dox). The small but significant reduction (\sim 30%) of CL and L₄CL in the livers of TAZ kd mice compared with the littermate controls (NTg + dox) did not have any detectable negative physiological effect on mitochondrial function: supercomplex stability was preserved, ROS formation reduced, and mitochondrial oxidative metabolism maintained. In previous studies mitochondrial dysfunction occurred in the liver when CL and/or L_4CL levels were reduced by >35%(32,33). Similar reductions in CL have also accompanied mitochondrial dysfunction in the myocardium (6,8). In our recent study using heterozygous Mtpa knockout mice, small reductions (\sim 25–30%) in CL and L₄CL in the heart and liver were found to have no effect on supercomplexes in



Figure 7—Schematic summary. In NTg + dox control animals, circulating FAs are taken up by the liver and adipose and skeletal (Sk.) muscle and are stored as TGs. The resulting accumulation of lipids has lipotoxic effects on insulin signaling (Ins). In TAZ deficiency (Tg + dox), increased CL synthesis (CL Syn) maintains the total CL levels necessary for hepatic mitochondrial supercomplex formation. These supercomplexes provide efficient mitochondrial oxidative phosphorylation (OXPHOS) to support the generation of heat and ATP from the increase in FAO. Overall excess FAs are directed toward hepatic FAO and away from TG stores in the liver and adipose and skeletal muscle, resulting in normal whole-body insulin sensitivity.

either tissue (34). Thus more severe reductions in total CL and/or L_4CL are required to impair mitochondrial function, regardless of tissue type.

FAO in the liver is beneficial in the context of overfeeding. FAO directs excess FAs away from TG synthesis and the subsequent generation of various lipotoxic molecules that promote insulin resistance (35). The results from the current study also support this theory, since increased hepatic FAO correlated with reduced hepatic TG levels and improved insulin sensitivity in the TAZ kd mice. For skeletal muscle, it is proposed that the mismatch between high FA supply and low energy demand promotes increased but incomplete mitochondrial FAO, leading to the generation of lipotoxic by-products (35). Thus the reduction in skeletal FAO observed in the TAZ kd mice may be providing some protection against developing whole-body insulin resistance. The significantly higher rates of locomotor activity in the TAZ kd mice could also increase the demand for muscular energy and alleviate mismatch with FA supply. It is, however, difficult to align the mitochondrial dysfunction observed in the skeletal muscle of TAZ kd mice with a beneficial effect. An alternative notion is that the liver may be shielding the skeletal muscle from exposure to excess lipid supply by acting as a "sink" for FA utilization (Fig. 7). This would potentially protect the skeletal muscle from lipotoxic accumulation, regardless of mitochondrial dysfunction. Previous studies have shown that a targeted approach to increase FAO in the liver of ob/ob and db/db mice fed a high-fat diet reversed and/or prevented diet-induced obesity, hepatic steatosis, whole-body insulin resistance, and the accumulation of lipotoxic metabolites in the skeletal muscle (36–38).

Our data indicate that the combined increase in hepatic CL biosynthesis and FAO prevent lipotoxic events in the TAZ kd mice. Coordination of these processes is justifiable based on the subcellular localization of the β -oxidation cycle and the core CL biosynthetic machinery to the inner mitochondrial matrix. We previously established a direct link between CL synthesis and mitochondrial β -oxidation (34,39). MLCLAT-1 activity was increased when MTPa was

expressed in cell culture (39) and reduced in mice heterozygous for MTPa (34). Because metabolic derangement is closely associated with loss of CL, a coordinated increase in FAO and CL remodeling may be an attempt by hepatocytes to maintain normal mitochondrial energy production. Hepatic CL and/or L_4CL content was increased in several animal models of diabetes and nonalcoholic fatty liver disease, presumably as a metabolic adaptation, since mitochondrial complex activity was maintained (13,40,41). Furthermore, it was established that the coordinated increase in MTPa expression and CL biosynthesis was the molecular mechanism responsible for enhanced mitochondrial complex activity and FAO and reduced ROS production in mice lacking the CL remodeling enzyme ALCAT1 (11).

In conclusion, we showed that TAZ deficiency prevents the development of diet-induced obesity, hepatic steatosis, hyperlipidemia, and insulin resistance. We determined that the beneficial effect of TAZ deficiency is directly linked to the preservation of hepatic CL levels, mitochondrial supercomplexes, and respiratory function. Finally, we identified elevated hepatic FAO and CL biosynthesis as the responsible molecular mechanisms. We suggest that altering hepatic CL remodeling serves as a novel therapeutic option for patients at risk for type 2 diabetes.

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as such, had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

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