Preclinical *in vitro* and *in vivo* activity of 5,6-dimethylxanthenone-4-acetic acid

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Summary 5.6-Dimethylxanthenone-4-acetic acid (5.6-MeXAA) is a fused tricyclic analogue of flavone acetic acid (FAA) which was developed in an attempt to improve on the activity of FAA. Previous studies have shown 5.6-MeXAA to be curative in 80% of mice bearing colon 38 tumours and 12 times more dose potent than FAA. This investigation has demonstrated that a murine colon tumour cell line (MAC15A) is approximately 60 times more sensitive to 5.6-MeXAA than to FAA, although these differences were not seen in three human cell lines tested. 5,6-MeXAA caused significant blood flow shutdown and haemorrhagic necrosis in subcutaneous MAC15A tumours in syngeneic and nude hosts, but measurable changes in tumour volume were seen only in syngeneic hosts. 5,6-MeXAA was inactive against intraperitoneal MAC15A but produced significant anti-tumour effects against the same cell line inoculated via an intravenous route. FAA has been shown previously to be inactive in this model. Interestingly, the effects against lung colonies were not accompanied by obvious necrotic changes, suggesting that they may be the result of increased direct cytotoxicity rather than an indirect host mechanism. Further studies to investigate the effects against systemic tumour deposits are under way.

Keywords: preclinical studies; in vitro; in vivo; 5,6-dimethylxanthenone-4-acetic acid

Flavone acetic acid (FAA) is a synthetic flavonoid which was selected for clinical trials on the basis of its anti-tumour activity against a wide range of murine subcutaneously (s.c.) transplantable solid tumours which are generally refractive to conventional cytotoxic agents (Corbett *et al.*, 1986; Plowman *et al.*, 1986; Bibby *et al.*, 1987). Clinical trials, however, showed that the promising activity observed in these murine models was not repeated in cancer patients, as the compound was found to be inactive against all tumour types tested (Kerr *et al.*, 1989).

In vitro data suggest that FAA possesses very little direct cytotoxic activity, requiring long exposure times and high concentrations to kill any of the cell lines tested (Bibby et al., 1987; Capolongo et al., 1987; Schroyens et al., 1987), and therefore an indirect mechanism of action was proposed. Studies by Bibby et al. (1989a) suggested that tumour site was important as, although good responses were seen against s.c. solid tumours, no activity was observed against the same tumour cells when implanted intraperitoneally (i.p.) or intravenously (i.v.) to produce systemic lung deposits. It was suggested, therefore, that the action of FAA is dependent on the presence of tumour vasculature, as Bibby et al. (1988) demonstrated that the response of s.c. tumours to FAA treatment improved with time as tumour vasculature was established. Vascular shutdown and reduction in tumour blood flow have been shown to accompany the anti-tumour activity (Evelhoch et al., 1988; Bibby et al., 1989b; Hill et al., 1989; Zwi et al., 1989).

An immunomodulatory effect was also implicated (Ching and Baguley, 1987; Hornung *et al.*, 1988; Wiltrout *et al.*, 1988), and previous studies in this laboratory have shown that the immune status of the mouse is important, as no objective responses were observed in s.c. tumours transplanted in thymectomised and nude mice although haemorrhagic necrosis and a reduction in tumour blood flow did occur (Bibby *et al.*, 1991). Lack of activity in nude mice is not universal as studies in other laboratories have demonstrated modest responses in tumours in immune compromised mice (Pratesi *et al.*, 1990; Ching *et al.*, 1992). The production of both tumour necrosis factor alpha (TNF- α) (Mahadevan *et al.*, 1990) and plasma nitrite/nitrate (Thom-

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sen et al., 1991) has been implicated in FAA-mediated vascular shutdown.

Even though FAA was clinically disappointing, investigation has continued, because of the unusual mechanism of action, into the development of a series of analogues. These are based largely around the structurally related xanthenone chromophore (Atwell et al., 1989; Rewcastle et al., 1989, 1991a-c). From these studies 5,6-dimethylxanthenone-4acetic acid (5,6-MeXAA, Figure 1) was found to exhibit increased dose potency against s.c. murine tumours (Rewcastle et al., 1991a) and was selected for further evaluation including a pharmacokinetic study (McKeage et al., 1991) and demonstration of stimulation of nitric oxide production from activated macrophages (Thomsen et al., 1990, 1991, 1992; Veszelovszky et al., 1993). An earlier study also demonstrated that 5,6-MeXAA is more effective than FAA at producing measurable growth delays in colon 38 tumours growing in nude mice (Ching et al., 1992). On the basis of these early studies 5,6-MeXAA has been selected for clinical evaluation by the Cancer Research Campaign and is awaiting entry into phase I trials.

The aims of the present study were to investigate further the preclinical activity of 5,6-MeXAA by comparison of its anti-tumour profile against a panel of cell lines and an experimental colon tumour (MAC15A) with that observed for FAA, in an attempt to assess the compound's clinical potential. In order to make a direct comparison with FAA, and possibly to identify any advantage, the study paid particular attention to the influence of site and host immune status. Anti-tumour effects were examined together with a histological evaluation of treated tumours growing at various sites. The effect of the compound on tumour vasculature was

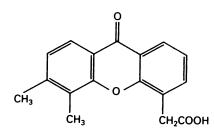


Figure 1 Structural formula of 5.6-dimethylxanthenone-4-acetic acid.

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evaluated in both immunocompetent mice and immunodeficient nude mice by a dye perfusion assay designed to measure tumour blood concentration.

Materials and methods

Animals

Pure-strain NMRI mice aged 6-8 weeks from an inbred colony and NCR nude mice obtained from the NCI were used. They received CRM diet (Labsure, Croyden, UK) and water *ad libitum*, and were exposed to regular alternate 12 h cycles of light and dark. Nude mice were housed in isolation cabinets. All animal experiments were carried out under appropriate licences issued by the Home Office, London, UK, and each experimental group contained at least five animals.

Test compounds

5,6-MeXAA was a gift from the Cancer Research Campaign. For *in vivo* use 5,6-MeXAA was made up immediately before use in physiological saline, at an appropriate concentration for the desired dose to be administered in 0.1 ml per 10 g body weight. All treatments were administered i.p.

For *in vitro* use 5,6-MeXAA and FAA (a gift from Lipha, Lyon, France) were dissolved to the appropriate concentration in complete RPMI-1640 (RPMI) tissue culture medium immediately before use and serially diluted.

Tumour system

The MAC15A ascitic tumour was originally developed from the solid MAC15 s.c. tumour induced in NMRI mice by prolonged administration of dimethylhydrazine (Double *et al.*, 1975). The tumour was routinely passaged as an intraperitoneal ascites tumour in NMRI mice. Cells were removed by aseptic peritoneal washing with physiological saline, established in culture or implanted s.c. $(1 \times 10^6 \text{ per mouse})$, i.p. $(5 \times 10^5 \text{ per mouse})$ and i.v. $(1 \times 10^7 \text{ per mouse})$ to produce tumours at various sites.

In vitro studies

Ascitic MAC15A cells, obtained as described above, and HRT-18 (Tompkins et al., 1974) and HT-29 (Fogh and Trempe, 1975) cell lines derived from human primary adenocarcinomas of the large bowel, were routinely maintained as monolayer cultures in RPMI tissue culture medium supplemented with 10% fetal calf serum, sodium pyruvate (1 mM), penicillin/streptomycin (50 IU ml⁻¹, 50 μ g ml⁻¹) and L-glutamine (2 mM) at 37°C. K562 human chronic myelogenous leukaemia-derived cells (Lozzio and Lozzio, 1975) were maintained as a suspension culture in complete RPMI. Subconfluent cells were used for all assays, and all assays were performed in triplicate. Cytotoxicity was assessed over a range of 5,6-MeXAA or FAA concentrations in a continuous 96 h exposure assay. Cell survival was assessed using the MTT assay (Carmichael et al., 1987) and the IC₅₀ calculated for each cell type.

Chemotherapy

5,6-MeXAA was given on day 5 after tumour implantation for all s.c. tumours to allow for vascular development (established by histological examination), and tumour growth was followed by serial caliper measurements. Mean tumour volumes on day 5 were similar for both hosts (186 mm³, range 72-405, for nude hosts; and 169 mm³, range 72-252, for NMRI hosts). Anti-tumour activity was assessed by tumour volume, determined by the formula $a^2 \times b/2$, where *a* is the smaller and *b* the larger tumour diameter (Geran *et al.*, 1972). Growth delay was determined by comparison of the median time taken to reach relative tumour volume 2 of the treated and control tumours. The significance of these results was determined by Mann-Whitney statistical analysis.

Anti-tumour activity of i.p. tumours was assessed using median survival times (MST) of treated and control groups. Treatment occurred on day 2 following tumour cell implantation.

For systemic disease treatment occurred 2 days after i.v. inoculation of MAC15A cells via the tail vein. The effects of treatment were assessed by two methods: MST of treated vs controls and a colony counting method. The latter method involved the sacrifice of all mice on the day of death of the first control, with the removal of all lungs. Individual tumour colonies were counted on all surfaces of the lungs.

Turnour histology

Subcutaneous tumours were excised 24 h after treatment, together with untreated controls, and processed for histological examination. Lungs from mice injected i.v. with MAC15A cells were also examined. Paraffin-embedded blocks were sectioned (5 μ m) and stained with haematoxylin and eosin (H&E). The percentage haemorrhagic necrosis occurring within the tumours was calculated using an image analysis system (Seescan, Cambridge, UK). Sections through the centre of each tumour were measured and the total area calculated. Areas of viable and necrotic tissue were then determined and the ratio between the two areas calculated.

Tumour blood perfusion

Tumour blood volume was measured by the Evans blue dye perfusion technique. Evans blue dye (10 mg ml^{-1}) was injected i.v. into the tail vein of NMRI and nude mice bearing MAC15A s.c. tumours. Treatment groups received 5,6-MeXAA 2, 4 and 24 h before injection with Evans blue. Tumours were removed 2 min after injection and the dye extracted from tumours using a method based on the study of Harada *et al.* (1971).

Statistical analysis of results

The significance of the results was determined by the use of Student's t or Mann-Whitney tests.

Results

In vitro studies

IC₅₀ values for the cell lines, MAC15A, K562, HRT-18 and HT-29 following a continuous 96 h exposure to 5,6-MeXAA are shown in Table I. Comparative *in vitro* IC₅₀ data with FAA are also presented. MAC15A cells are more sensitive than the other cell lines tested (IC₅₀, $1.9 \pm 1.2 \,\mu g \,ml^{-1}$), and over 60 times more sensitive to FAA under the same conditions (IC₅₀, 119 ± 18.6 $\mu g \,ml^{-1}$). The human cell lines derived from solid tumours showed moderate sensitivity to 5,6-MeXAA. HT-29 gave an IC₅₀ value of 70 ± 1.4 $\mu g \,ml^{-1}$ and HRT-18 a value of 88 ± 22 $\mu g \,ml^{-1}$. 5,6-MeXAA was relatively non-cytotoxic to the human leukaemia-derived cell line K562 (IC₅₀, 241 ± 61).

In vivo studies

Untreated MAC15A s.c. tumours had mean volume doubling times of 3.5 days and 2.6 days for NMRI and nude mice

 Table I
 In vitro cytotoxicity of 5,6-MeXAA and FAA in a continuous

 96 h exposure MTT assay

Cell line	IC ₅₀ (µg ml ⁻¹) 5,6-MeXAA	IC _{so} (µg ml ⁻¹) FAA
MAC15A	1.9 ± 1.2	119±19
K.562	241 ± 61	170 ± 48
HT-29	70 ± 1	198 ± 30
HRT-18	88 ± 22	85 ± 16

respectively. The effect of i.p. administered 5,6-MeXAA on day 5 s.c. MAC15A tumours was significantly different for NMRI and nude hosts. Growth delay was calculated as the difference in time taken for the median control and treated tumours to reach relative tumour volume 2. In nude mice 25 mg kg^{-1} 5,6-MeXAA had no statistically significant effect on tumour growth in two independent experiments (Figure 2a), however on increasing this dose to 30 mg kg⁻¹ a small growth delay of 4.2 days was observed but deaths were seen. 5,6-MeXAA showed a highly significant effect against MAC15A tumours in NMRI mice, with tumour regression and a 13.3 day growth delay (P < 0.01) observed at 28 mg kg⁻¹ (Figure 2b). A similar delay (16.3 days) was observed when the experiment was repeated independently.

Histological examination of treated s.c. tumours revealed large areas of haemorrhagic necrosis 24 h after treatment (Figure 3a). The percentages of necrotic area in s.c. tumours, calculated from the image analysis technique, are presented in Table II. There was a highly significant increase in the amount of necrosis seen in treated tumours in comparison with controls in both NMRI and nude hosts. Mean values in nude mice were 84% for a dose of 25 mg kg⁻¹ 5,6-MeXAA and 80% for 28 mg kg⁻¹ as compared with control levels of

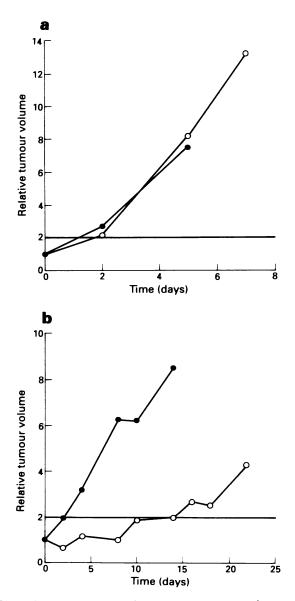


Figure 2 (a) Assessment of 5,6-MeXAA (25 mg kg^{-1}) against MAC15A tumours grown subcutaneously in nude mice (\oplus , control; O, treated). Graphs represent mean relative tumour volume. (b) Influence of 5,6-MeXAA (28 mg kg^{-1}) against MAC15A tumours grown subcutaneously in NMRI mice (\oplus , control; O, treated). Graphs represent mean relative tumour volume.

11%. These were similar to those observed in NMRI mice with 9.2%, 97% and 89% area necrosis observed in control tumours and tumours treated with 25 mg kg⁻¹ 5,6-MeXAA and 28 mg kg⁻¹ 5,6-MeXAA respectively.

Tumour blood volume measurements as assessed by the Evans blue dye perfusion assay are presented in Tables III and IV. Data showed that tumour blood volume was reduced on administration of 5,6-MeXAA (28 mg kg^{-1}) in NMRI mice from mean control levels of $23 \mu \text{g} \text{g}^{-1}$ tumour to $18 \mu \text{g} \text{g}^{-1}$ at 2 h and $8.5 \mu \text{g} \text{g}^{-1}$ at 4 h. Blood volumes remained reduced after 24 h ($10 \mu \text{g} \text{g}^{-1}$). A similar pattern was observed in nude mice after 30 mg kg⁻¹ 5,6-MeXAA, $23 \mu \text{g} \text{g}^{-1}$ control levels being reduced to $11 \mu \text{g} \text{g}^{-1}$ at 2 h and 6.1 $\mu \text{g} \text{g}^{-1}$ at 4 h. Deaths occurred within 24 h at 30 mg kg⁻¹ so the experiment was repeated at 25 mg kg⁻¹, and at this dose level Evans blue concentration within the tumour was reduced to a mean level of 6.3 $\mu \text{g} \text{g}^{-1}$.

When MAC15A tumour cells were grown i.p. in NMRI mice, no increase in the median survival time was observed for the group treated on day 2 (30 mg kg^{-1} , 5,6-MeXAA) compared with the control (MST: 8.0 days, treated; 7.5 days, control).

Activity was noted against MAC15A systemic tumours in NMRI mice when assessed by both the comparison of MST and the lung colony counting method (Tables V and VI).

Following 5,6-MeXAA (30 mg kg⁻¹) the MST increased significantly by 70% (P < 0.01), although there was one acute death. This dose also reduced significantly the number of colonies counted in a separate experiment (P < 0.05), but the effect was not as prominent at the reduced dose of 27.5 mg kg⁻¹.

Histological evaluation of H&E-stained sections showed that no necrosis was present within these tumours (Figure 3b). Necrosis was also not observed when the lung tumours were allowed to develop for 7 days before treatment with 5,6-MeXAA at single i.p. doses of either 25 mg kg^{-1} , 28 mg kg^{-1} or 30 mg kg^{-1} .

Discussion

This study set out to evaluate further the preclinical activity of 5,6-MeXAA with a view to providing additional information which might guide future clinical investigations; in particular, it was important to investigate the compound in situations in which FAA was ineffective. Previous studies have demonstrated increased potency compared with FAA (Rewcastle et al., 1991a) and increased activity against colon 38 tumours in nude mice (Ching et al., 1992). However, the colon 38 is also moderately responsive to the clinically inactive FAA in nude mice, so its in vivo responsiveness to this class of compound suggests that it may not be the most appropriate model to use for predicting potential clinical activity. Previous studies in this laboratory demonstrated MAC15A to be a useful model for assessing influence of tumour site on chemotherapeutic response and also showed FAA to be inactive against systemic tumour deposits (Bibby et al., 1989a). The present investigation has addressed the question of direct cytotoxicity by initially carrying out a limited in vitro screen against four cell lines. The murine colon cell line (MAC15A) tested was much more sensitive to 5,6-MeXAA than to FAA in a 96 h MTT assay, but this difference was not seen for the human cell lines. The significance of this observation is not yet established and the study needs to be extended to include additional cell lines from each species.

Examination of the effects of 5,6-MeXAA against the sensitive MAC15A cell line transplanted s.c. into NMRI mice confirmed the earlier colon 38 data in that dramatic tumour growth delays were seen. However, unlike the colon 38, no anti-tumour effects were detected in nude hosts by tumour volume measurements. More detailed study of the effects of 5,6-MeXAA revealed a similar degree of vascular shutdown in both hosts. Objective measurements of necrosis failed to reveal any differences between treated tumours in either host,

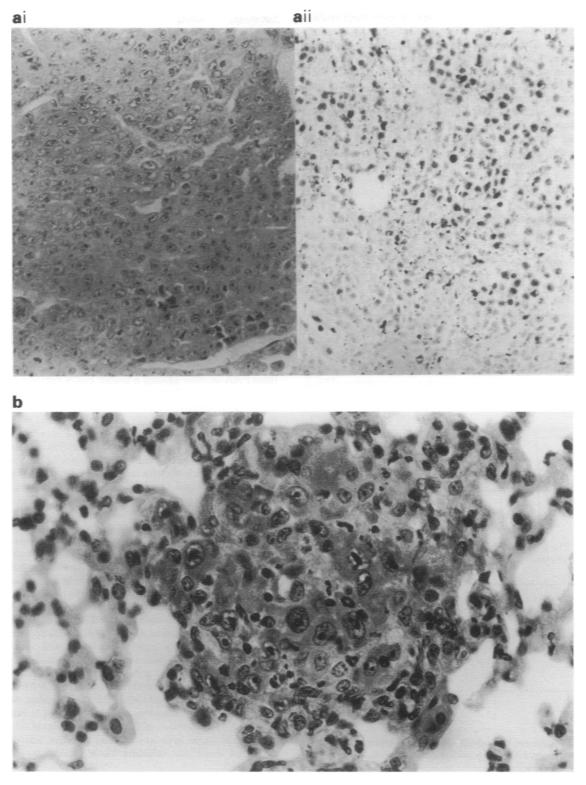


Figure 3 Histological appearance of treated tumours (28 mg kg^{-1} 5.6-MeXAA). (a) Haemorrhagic necrosis in subcutaneous tumours: (i) untreated, (ii) treated. (b) Lung deposits of MAC15A cells from responding animals showing normal morphological appearance.

with similar massive haemorrhagic necrosis being seen in each case. In this respect 5,6-MeXAA appears similar to FAA (Bibby *et al.*, 1991).

It is likely that better tumour models of the actual clinical targets for chemotherapy might better predict clinical outcome, but although inoculation of a cell suspension into a mouse has clear limitations in this respect it does at least give the opportunity to assess some aspects of systemic disease. As outlined earlier, FAA was shown to be inactive against MAC15A cells grown within the peritoneal cavity or systemically (Bibby *et al.*, 1989a), although there were dramatic anti-tumour effects when the same cell line was allowed to develop into established s.c. tumours. Since FAA has also been shown to be inactive in the clinic, it was thought that additional useful information on 5,6-MeXAA might be obtained by evaluating it against i.p. and i.v. inoculated cells, initially in syngeneic hosts, in addition to studies on s.c. tumours. This study showed the compound to be inactive against i.p. tumour cells, although activity was seen when the i.v. model was examined, suggesting that the increased potency of 5,6-MeXAA over FAA might be a useful property. Histological examination of lung deposits from either control mice or those treated with (and responding to) 5.6-MeXAA failed to reveal any signs of haemorrhagic necrosis. A further experiment allowed tumour nodules to develop for 7 days before treatment, but these also did not become necrotic. It is important to realise that even in these more established tumour nodules there is no neovasculature and the deposits are smaller than the s.c. tumours treated in these studies. Survival studies have not been carried out against these more advanced systemic tumours. The observations to date provide evidence that the mechanism of action against systemic (lung) deposits is different from, or at least lacks some of the features of. that occurring against s.c.

 Table II
 Percentage area necrosis of s.c. MAC15A tumours 24 h after treatment with 5.6-MeXAA as assessed by image analysis

	Area of necrosis $(\%)$, mean \pm s.d.		
Treatment	NMRI mice	Nude mice	
Untreated	9.2 ± 7.9	11 ± 8.9	
25 mg kg ⁻¹	97 ± 5*	84 ± 23*	
28 mg kg ⁻¹	89 ± 17*	80 ± 7*	

 Table III
 The influence of 5.6-MeXAA (28 mg kg⁻¹) on tumour blood perfusion (MAC15A) assessed by intravenous administration of Evans blue dye in NMRI mice

Time after treatment	Evans blue concentration (µg g ⁻¹)
Untreated	23 ± 3
2 h	18 ± 3
4 h	8.5 ± 1.1*
24 h	$10 \pm 2^*$

**P* < 0.001.

 Table IV
 The influence of 5.6-MeXAA on tumour blood perfusion (MAC15A) assessed by intravenous administration of Evans blue dye in NCR nude mice

	Evans blue concentration $(\mu g g^{-1} tumour)$	
Time after treatment	30 mg kg ⁻¹ MeXAA	25 mg kg ⁻¹ MeXAA
Untreated	23 ± 10	23 ± 10
2 h	11 ± 2	15 ± 1
4 h	$6.1 \pm 2^*$	12 ± 1
24 h	Toxic	6.3 ± 1.4*

*P<0.05.

 Table V
 The influence of 5.6-MeXAA on mice bearing intravenously administered MAC15A cells (median survival times)

Treatment	Survival time (days)	Median survival time (days)	Т С%
Control	9. 10. 10. 10. 10	10	
5.6-MeXAA (30.0 mg kg ⁻¹)	0, 13, 16, 18, 18	17	170*

^{*}P<0.01.

tumours. One of the major components in the mechanism of action against s.c. tumours is vascular shutdown, but there was no evidence in this study of vascular shutdown in lung deposits, possibly because of differences in blood supply to the deposits in this site (Bibby and Double, 1993). Future studies will address the role of tumour vasculature in systemic disease in this context.

It is clear that immunomodulation is involved in the mechanism of action of FAA in mice (reviewed by Bibby and Double, 1993), and the relevance of this to clinical disease remains to be established. Futami et al. (1991) compared the expression of cytokine genes in murine splenic leucocytes with human peripheral blood leucocytes, and their results demonstrated direct stimulation of cytokine gene expression in mouse but not in human leucocytes. They concluded that the failure of FAA to induce profound immunomodulation or therapeutic responses in man may relate to inherent differences in sensitivity between mouse and human cells. Preliminary data from this laboratory (Patel et al., 1994) have demonstrated 5.6-MeXAA to be more effective than FAA at inducing TNF production from murine macrophages and splenocytes in vitro, and Ching et al. (1994) have demonstrated induction of TNF- α messenger RNA in human and murine cells, whereas FAA was effective only in murine cells. The relevance of these observations to possible in vivo activity in man needs to be addressed.

In conclusion, 5.6-MeXAA is substantially more potent than FAA in vitro against a mouse colon tumour cell line but is of only equal effectiveness against three human cell lines tested. The sensitive murine cell line produces established s.c. tumours which are highly responsive to 5.6-MeXAA in syngeneic hosts, but this activity is lost in nude hosts even though blood flow shutdown and haemorrhagic necrosis still occur. As with FAA there appears to be a very narrow therapeutic window, with activity being seen only close to maximum tolerated dose in each host. Anti-tumour effects are similar against s.c. tumours in NMRI mice. Maximum tolerated doses were marginally higher in NMRI than in nude hosts. Tumour cells inoculated i.p. fail to respond to the compound, even though in vitro studies showed the cells to be very sensitive to the compound. This is possibly due to insufficient drug exposure within the peritoneal cavity, although pharmacokinetic studies would be needed to substantiate this proposal. Clearly, as these cells grow as ascites, a vascular component cannot be involved. 5,6-MeXAA, unlike FAA, causes anti-tumour effects in an i.v. model, but the mechanism of action against this target appears different from that occurring against s.c. tumours and probably reflects the increased potency of the compound against this cell line. This increased potency will not be as useful against cell lines that are inherently resistant to 5.6-MeXAA, so a study of in vitro cytotoxicity against a number of cell lines reflecting different histological tumour types is being undertaken. A comparison of these data with in vivo activity against the same lines at clinically relevant anatomical sites might be useful for selecting likely clinical targets for this compound.

Acknowledgements

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 Table VI
 The influence of 5.6-MeXAA on mice bearing intravenously administered MAC15A cells (colony counting method)

Treatment	Number of colonies per mouse	Significance (Mann-Whitney)
Control	43. 44. 53. 83. 94. 97. 100. 103	
5.6-MeXAA (27.5 mg kg ⁻¹)	21, 24, 27, 31, 32, 35, 55, 112, 137	Not significant
5.6-MeXAA (30.0 mg kg ⁻¹)	16, 20, 20, 21, 37, 40, 58, 86, 104	P<0.05

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