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Diagnostic Performances of 99mTc-Methoxy Isobutyl Isonitrile Scan in Predicting the Malignancy of Lung Lesions

A Meta-Analysis

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Abstract: We performed a meta-analysis to evaluate the value of technetium-99m methoxy isobutyl isonitrile (^{99m}Tc-MIBI) single photon emission computed tomography (SPECT) in differentiating malignant from benign lung lesions.

The PubMed and Embase databases were comprehensively searched for relevant articles that evaluated lung lesions suspicious for malignancy. Two reviewers independently extracted the data on study characteristics and examination results, and assessed the quality of each selected study. The data extracted from the eligible studies were assessed by heterogeneity and threshold effect tests. Pooled sensitivity, specificity, diagnostic odds ratio (DOR), and areas under the summary receiver-operating characteristic curves (SROC) were also calculated.

Fourteen studies were included in this meta-analysis. The pooled sensitivity, specificity, positive and negative likelihood ratio, and DOR of ^{99m}Tc-MIBI scan in detecting malignant lung lesions were 0.84 (95% confidence interval [CI]: 0.81, 0.87), 0.83 (95% CI: 0.77, 0.88), 4.22 (95% CI: 2.53, 7.04), 0.20 (95% CI: 0.12, 0.31), and 25.71 (95% CI: 10.67, 61.96), respectively. The area under the SROC was 0.9062. Meta-regression analysis showed that the accuracy estimates were significantly influenced by ethnic groups (P < 0.01), but not by image analysis methods, mean lesion size, or year of publication. Deek funnel plot asymmetry test for the overall analysis did not raise suspicion of publication bias (P = 0.50).

Our results indicated that ^{99m}Tc-MIBI scan is a promising diagnostic modality in predicting the malignancy of lung lesions.

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Abbreviations: AUC = area under the ROC curve, CI = confidence interval, DOR = diagnostic odds ratio, FN = false negative, FP = false positive, ¹⁸F-FDG = ¹⁸F-fluorodeoxyglucose, LR - = negative predictive value, LR + = positive predictive value, PET = positron emission tomography, SE = standard error, SEN = sensitivity, SPE = specificity, SPECT = single photon emission computed

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tomography, SROC = summary receiver-operating curve, TN = true negative, TP = true positive, 201 Tl = talium-201 chloride, 99m Tc-MIBI = technetium-99m methoxy isobutyl isonitrile.

INTRODUCTION

L ung cancer is one of the most prevalent and aggressive tumors in the world. The best treatment procedure for patients with a lung lesion depends principally on the probability of cancer for that lesion. Therefore, the accurate diagnosis of lung lesions is crucial not only for early detection of malignancies, but also to avoid unnecessary surgery for benign lesions.¹

Various noninvasive approaches have been tried to differentiate benign from malignant lung lesions. Conventional imaging modalities, such as chest computed tomography and magnetic resonance have a limited diagnostic value since their interpretation was based on lesion size.² Functional nuclear imaging methods, that demonstrate the metabolic properties of a lesion, have been applied for the identification of lung cancer. Several studies have shown that ¹⁸F-fluorodeoxyglucose positron emission tomography(FDG-PET) has been widely accepted in clinical practice due to its good test performance in identifying lung cancer.^{3,4} FDG-PET scanner is helpful but the high cost and limited availability have restricted its clinical use.⁵ Additionally, other studies have questioned the role of FDG-PET in detecting lung cancer. Several inflammatory diseases (tuberculosis, inflammatory pseudo tumor, pneumonia, and abscess) have been associated with the high uptake of glucose.⁶ In addition, some well-differentiated malignancies such as bronchioalveolar carcinoma and carcinoids may not be visualized by FDG-PET.7

Consequently, single photon emission computed tomography (SPECT) has been proposed as a feasible alternative method in lung cancer imaging. Commonly used tracers in lung cancer imaging by SPECT include ^{99m}Tc-depreotide, talium-201 chloride (²⁰¹Tl), and technetium-99m methoxy isobutyl isonitrile (^{99m}Tc-MIBI).⁹⁻¹¹ Encouraging results in lung cancer detection have been obtained with ^{99m}Tc-MIBI, a lipophilic cation widely used as a tracer for myocardial perfusion imaging.^{12,13 99m}Tc-MIBI has been emphasized in clinical use due to its shorter half-life, improved spatial resolution, lower cost, and easy availability.^{14,15} The bio-distribution of ^{99m}Tc-MIBI is characterized by rapid blood clearance and consequently by early uptake by target organs.¹⁶ Early imaging of malignancies, at 10 minutes after intravenous injection of ^{99m}Tc-MIBI, is satisfactory.^{17,18} However, published articles about test performance of ^{99m}Tc-MIBI scan in distinguishing malignancy from benign lung lesions are discordant and a meta-analysis on this topic was lacking. The purpose of the present study is to systematically investigate the efficacy of ^{99m}Tc-MIBI scan in detection of malignant lung lesions.



FIGURE 1. Flow diagram of the study selection process.

MATERIALS AND METHODS

Search Strategy

This meta-analysis followed the Preferred Reporting Items for Systematic Reviews and Meta-analyses criteria.¹⁹ A systematic computer literature search of PubMed and Embase databases was conducted to identify relevant articles published until August 20, 2015 concerning the assessment of ^{99m}Tc-MIBI SPECT in patients with lung lesions suspicious for malignancy. Our search algorithm was based on a combination of the following terms: (1) "MIBI" or "sestamibi" or "methoxyisobutylisonitrile"; and (2) "lung" in this search. All searches were limited to human studies without language restriction. Additionally, to enlarge our search, references of the relevant studies and review articles were also manually checked. We directly contacted the corresponding author for more detailed information if the articles provided insufficient information.

Study Selection

The inclusion criteria for this meta-analysis were as follows: (1) 99m Tc-MIBI SPECT was performed to identify and characterize the suspected lung cancer; (2) studies in which 2×2 tables could be extracted and the reported data were

First Author	Country	Sample Size	Mean Size (cm)	Study Design	Mean Age, years	M/F	Analysis Method	Injected Dose, MBq	ТР	FP	FN	TN
Santini 2008 ¹⁰	Italy	79	3.76	Р	66	61/18	Semi	NA	55	3	5	16
Kao 1993 ¹²	Taiwan	54	>3	Р	NA	47/7	Visual	740	30	2	16	6
Nosotti 2002 ²⁷	Italy	116	2.52	Р	64.7	87/29	Visual	740	89	0	10	17
Yang 1999 ²⁸	China	50	NA	Р	56	40/10	Visual	740 to 1110	39	4	3	4
Chili 1996 ²⁹	Italy	39	NA	Р	63.3	34/2	Visual	740 to 925	29	0	5	5
Santini 201030	Italy	52	3.34	Р	65.5 (median age)	36/16	Semi	NA	32	1	6	13
Katarina 2014 ³²	Serbia	60	2.96	Р	56.7	45/15	Visual	740	27	7	3	23
Minai 200033	USA	25	2.38	Р	66.8	11/14	Semi	740 to 925	18	0	3	4
Shih 1998 ³⁴	USA	31	>3	Р	64.8	31/0	Visual	925 to 1110	22	0	3	6
Oskoei 200735	Iran	30	>3	Р	56	25/5	Semi	555 to 740	16	3	4	7
Yamamoto 199936	Japan	43	<3	Р	NA	35/8	Semi	600	13	7	14	9
Sergiacomi 2006 ³⁷	Italy	23	1.3	Р	63.2	17/6	Visual	740	10	1	1	11
Boyaci 2003 ³⁸	Turkey	37	2.5	Р	54	19/18	Visual	555 to 925	15	4	3	15
Schuurmans 2007 ³⁹	South Africa	49	2.24	Р	54.2	29/20	Visual	740	12	3	1	33

TABLE 1. Characteristics of Studies Included in the Meta-analysis of ^{99m}Tc-MIBI Scan in Detection of Malignant Lung Lesions

F = female, FN = false negative, FP = false positive, M = male, NA = not available, P = prospective, Semi = semi-quantitative, SPECT = single photon emission computed tomography, TN = true negative, TP = true positive.

sufficient to calculate true positive (TP), false positive (FP), false negative (FN), true negative (TN), sensitivity (SEN), specificity (SPE), positive likelihood ratio (LR+), negative likelihood ratio (LR-) values and diagnostic odds ratio (DOR); (3) the study enrolled at least 10 participants with benign or malignant lesions; (4) pathology and/or close clinical and/or radiological follow-up were used as the reference standard; and (5) no data overlap (if studies had the overlapping data, only the study with the most complete article was included in the final analysis). Studies were excluded based on the following criteria: (1) studies in which 2×2 tables could not be extracted, (2) previous therapy before ^{99m}Tc-MIBI scan, and (3) animal studies, case reports, abstracts, review articles, letters, editorials, comments, and conference proceedings.

Two investigators independently reviewed the titles, abstracts, and full text (if available) of potentially relevant articles, applying the above-mentioned inclusion and exclusion criteria. Any differences were resolved by consensus.

Data Extraction

We constructed the 2×2 contingency tables according to the reference standard. Information extracted included baseline characteristics (authors, year of publication, ethnic group), study design (prospective or retrospective), patients' characteristics (sample size, mean size of lung lesion, mean age, gender), as well as technical characteristics of ^{99m}Tc-MIBI SPECT (image analysis method, reference standard).

		Risk of Bias	8		Applicability	Concerns	
First Author	Patient Selection	Index Test	Reference Standard	Flow and Timing	Patient Selection	Index Test	Reference Standard
Santini 2008 ¹⁰	LR	LR	LR	LR	LR	LR	LR
Kao 1993 ¹²	LR	LR	LR	LR	LR	UR	UR
Nosotti 2002 ²⁷	LR	LR	LR	LR	LR	LR	LR
Yang 1999 ²⁸	LR	LR	LR	LR	UR	UR	LR
Chili 1996 ²⁹	LR	LR	LR	LR	LR	HR	LR
Santini 2010 ³⁰	LR	UR	LR	LR	LR	LR	LR
Katarina 2014 ³²	LR	LR	LR	LR	LR	UR	LR
Minai 2000 ³³	LR	LR	LR	UR	LR	LR	LR
Shih 1998 ³⁴	HR	LR	LR	UR	LR	LR	LR
Oskoei 2007 ³⁵	UR	LR	LR	UR	LR	LR	LR
Yamamoto 1999 ³⁶	LR	LR	LR	LR	LR	LR	LR
Sergiacomi 200637	LR	LR	LR	LR	LR	UR	LR
Boyaci 2003 ³⁸	LR	LR	LR	LR	LR	LR	LR
Schuurmans 2007 ³⁹	LR	LR	LR	LR	LR	LR	LR

TABLE 2. Summary of the Quality Assessment Tool for Diagnostic Accuracy Studies Version 2 (QUADAS-2) Assessment

HR = high risk, LR = low risk, UR = unclear risk.



FIGURE 2. Forest plot of the sensitivity (a) and specificity (b) of the meta-analysis. The sensitivity and specificity of each study are represented by circles, with the 95% CI of each represented by the horizontal line through each circle. The pooled sensitivity and specificity for this meta-analysis are represented by diamonds. CI = confidence interval, df = degrees of freedom.

Quality Assessment

The same 2 independent reviewers assessed the methodological quality of the selected studies using a revised version of Quality Assessment Tool for Diagnostic Accuracy Studies version 2 (QUADAS-2).²⁰ This modified tool is composed of 4 domains related to "Risk of bias" judgment. For 3 of the 4 domains related to concerns of applicability. The disagreements between 2 investigators were resolved by means of consensus.

Statistical Analysis

The recommended standard methods for diagnostic performance of meta-analysis were used.^{21,22} Heterogeneity in studies caused by a threshold effect was tested using the Spearman rank test. A notable correlation indicated a threshold effect, with P < 0.05. In addition, the presence of heterogeneity among different studies was tested using chi-squared tests and the inconsistency index (I^2). Notable heterogeneity was defined as P < 0.1 or $I^2 > 50\%$. If these studies showed sufficient clinical homogeneity, the statistical pooling of the data was performed using a fixed-effects model; otherwise, a randomeffects model was used.^{23,24} The pooled SEN, SPE, LR+, LR-, and DOR were presented with 95% confidence intervals (95% CI). The observed sensitivity and specificity for 99m Tc-MIBI test performance are displayed using forest plots.

A summary receiver-operating characteristic curve (SROC) was obtained for selected studies and area under the curve (AUC) was calculated to assess the overall accuracy of 99m Tc-MIBI imaging. AUC values <50% would indicate that the diagnostic test has no test performance. AUC values ranging from 51% to 70%, from 71% to 90%, and >90% indicated low, moderate, and high diagnostic performance, respectively.

Subsequently, subgroup analyses were also performed using a more homogeneous group of studies.²⁵ Subgroups including more than 3 studies would be constructed. Differences between subgroups were assessed through test of interaction.²⁶ In this study, we used meta-regression analysis to assess potential heterogeneity source. Anticipated sources of heterogeneity (mean size of lung lesion, year of publication, ethnic group, and image analysis method) were included in the meta-regression.

The above mentioned statistical analyses were performed using Meta-Disc (version 1.4) software package.²² Publication



FIGURE 3. Summary receiver-operating characteristic curve of ^{99m}Tc-MIBI scan in detection of malignant lung lesions. AUC = area under the curve, SE = standard error, SPECT = single photon emission computed tomography, SROC = summary receiver-operating characteristic. The middle blue line represents the SROC curve and the other 2 represent confidence intervals. Each red dot in the SROC plot represents a separate study in this meta-analysis. Q^{*} index represents the point on the SROC at which SEN and SPE are equal.

bias analysis was performed using Stata 12.0 (Stata Corp, College Station, TX).

RESULTS

Study Characteristics and Quality Assessment

The literature search process is demonstrated as a flowchart in Figure 1. Of the 15 articles deemed eligible for inclusion, $^{10,12,27-30,32-39}$ one pair of article by Nikoletic et al^{31,32} had overlapping data; thus, only the latest article³² was included. Consequently, the final review comprised 14 studies. The characteristics of these eligible studies are outlined in Table 1. The sample size of the 14 studies ranged from 23 to 116; a total of 688 eligible patients were included in this meta-analysis.

All the 14 studies were prospective cohort studies. Image analysis was visual in 9 studies and semi-quantitative in 5. All 14 included studies had pathology and/or clinical and/or radiological follow-up as the reference standard. The injected dose ^{99m}Tc-MIBI ranged from 555 to 1110 MBq. None of these studies reported any adverse events.

We used the "QUADAS-2" quality assessment tool to evaluate the individual study. Table 2 shows the risk of bias and concerns about the applicability of the 14 selected articles in this study. Overall, the studies included in this meta-analysis have shown satisfactory methodological quality according to QUADAS-2.

Quantitative Analysis

A total sample size of 688 patients with suspected lung cancer was included in our meta-analysis. In the overall studies,

SEN had a wide distribution, ranging from 0.48 to 0.93, with all but one³⁶ >0.6. SPE ranged between 0.50 and 1.0, with all but $2^{28,36}$ >0.7. In this meta-analysis the Spearman correlation coefficient was -0.24 (P = 0.41), suggesting that a significant threshold effect does not exist in accuracy evaluations in the included studies. The test performance was summarized using a random-effects coefficient binary regression model for the significant heterogeneity observed in our studies. The diagnostic performance values of ^{99m}Tc-MIBI SPECT in the 14 studies included in the review are presented in Figure 2. The pooled SEN, SPE, LR+, LR-, and DOR were 0.84 (95% confidence interval [CI]: 0.81, 0.87), 0.83 (95% CI: 0.77, 0.88), 4.22 (95% CI: 2.53, 7.04), 0.20 (95% CI: 0.12, 0.31), and 25.71 (95% CI: 10.67, 61.96), respectively. The area under the SROC was 0.91 and the SROC curves are shown in Figure 3.

Among the 5 studies reporting average lesion diameter of greater than 3 cm, the pooled SEN, SPE, LR+, and LR- were 0.82(0.76, 0.87), 0.841(0.72, 0.93), 4.13(2.31, 7.38), and 0.21(0.11, 0.39), respectively, with an AUC under the SROC of 0.90. Seven studies with an average lesion diameter of less than or equal to 3 cm had the similar diagnostic performance. The AUC showed no difference between the 2 subgroups (mean size of lesion \leq or >3 cm in diameter) (P = 0.91).

Ethnic group was significantly associated with diagnostic efficacy. Three studies were performed in Asian group. The pooled SEN, SPE, LR+, and LR- were 0.71(0.62, 0.79), 0.59(0.41, 0.76), 1.54(0.98, 2.43), and 0.47(0.20, 1.07), respectively, and an AUC under the SROC of 0.67. The other 10 studies were performed in Caucasian patients. The AUC differed significantly between Asian group and Caucasian group (P < 0.01).

		Sample	Threshold	SEN		SPE		LR+		LR-		
Category	Studies, r	ı Size, n	Effects, P value	(95% CI)	I^2	(95% CI)	I^2	(95% CI)	I^2	(95% CI)	I^2	AUC (SE)
Overall	14	688	0.41	0.84 (0.81, 0.87)	67.4%	0.83 (0.77, 0.88) 55	5.6%	4.22 (2.53, 7.04)	60.6%	0.20 (0.12, 0.31) 7	72.5%	0.91 (0.03)
Ethnic groups												
Asian	ŝ	147	0.667	0.71 (0.62, 0.79)	89.7%	0.59 (0.41, 0.76) (0.0%	1.54 (0.98, 2.43)	0.2%	0.47 (0.20, 1.07) 7	$^{14.0\%}$	0.67(0.09)
Caucasian	10	455	0.464	0.88 (0.84, 0.91)	0.0%	0.86 (0.79, 0.91) 39	9.9%	4.70 (3.19, 6.93)	0.0%	0.15 (0.11, 0.20)	0.0%	0.93 (0.02)
Analysis method												
Visual	6	459	0.90	0.86 (0.82, 0.90)	53.5%	0.85 (0.78, 0.91) 5.	7.7%	4.70 (2.64, 8.38)	49.2%	0.17 (0.11, 0.27) 5	53.2%	0.92 (0.02)
Semi-quantitative	5	229	0.19	0.81 (0.74, 0.86)	80.5%	0.78 (0.66, 0.87) 5-	4.6%	3.55 (1.26, 9.99)	73.0%	0.25 (0.10, 0.61) 8	34.1%	0.87(0.08)
Year of publication												
1993 to 1999	5	217	1.00	0.76 (0.69, 0.83)	83.9%	0.70 (0.54, 0.83) 62	2.6%	2.13 (1.01, 4.49)	50.6%	0.30 (0.14, 0.65) 7	9.3%	0.83(0.09)
2000 to 2006	4	201	0.20	0.89 (0.82, 0.93)	0.0%	0.90 (0.79, 0.97) 5:	3.7%	7.22 (2.48, 20.99)	29.7%	0.13 (0.09, 0.21)	0.0%	0.92(0.03)
2007 to 2014	5	270	0.51	0.88 (0.82, 0.93)	0.0%	0.84 (0.76, 0.91) 22	2.0%	5.02 (2.99, 8.43)	24.3 %	0.15(0.10, 0.24)	0.0 %	0.94(0.02)
Mean size												
>3 cm	5	246	0.32	0.82 (0.76, 0.87)	68.6%	0.841 (0.72, 0.93)1:	5.4 %	4.13 (2.31, 7.38)	2.6 %	0.21 (0.11, 0.39) 6	67.6 %	0.90(0.04)
$\leq 3 \text{ cm}$	7	353	0.16	0.84 (0.79, 0.89)	74.5 %	0.84 (0.76, 0.89) 60	5.8 %	4.94 (2.09, 11.71)	74.6 %	0.19 (0.08, 0.44) 8	82.4 %	0.91 (0.05)
AUC = area under	the ROC cı	irve, $CI = c$	onfidence interval	, $LR-=$ negative p	redictive va	lue, LR+=positive pre	edictive va	alue, SE = standard e	error, SEI	V = sensitivity, SPE =	= specifi	city.

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Subgroup analyses by year of publication (1993–1999 versus 2000–2006 versus 2007–2014) and image analysis methods (visual versus semi-quantitative analysis) were also performed. Results of subgroup analyses are demonstrated in Table 3.

Heterogeneity Analysis and Publication Bias

There was notable heterogeneity in the studies included in the summarized analysis. Meta-regression analysis showed that the accuracy estimates were significantly influenced by the ethnic group (Asian group versus Caucasian group, P < 0.01), but not by image analysis methods, mean lesion size, or year of publication.

Deek funnel plot asymmetry test for the overall analysis did not raise suspicion of publication bias (P = 0.50) (Figure 4).

DISCUSSION

To our knowledge, this is the first study to systematically evaluate the test performance of 99m Tc-MIBI SPECT for diagnosis of lung cancer. The pooled sensitivity and specificity were at around 0.8, and the AUC under the SROC for the overall analysis was 0.91, indicating that 99m Tc-MIBI SPECT has moderately good overall diagnostic accuracy for identifying lung cancer. Furthermore, the DOR is a single summary measure of the test power, independent of prevalence.⁴⁰ In simple terms, the higher the DOR is, the better test performance the test has.⁴¹ The overall DOR was 25.71 for this meta-analysis. In addition, a good diagnostic test may have LR+ greater than 10, LR- less than 0.1 to have a greatest test performance.⁴¹ Nevertheless, this review gave an overall LR+ of 4.22 and LR- of 0.20 indicating that 99m Tc-MIBI SPECT can neither confirm nor exclude nodal metastasis in lung cancer. In general, 99m Tc-MIBI SPECT is a useful imaging modality in clinical practice.

The test performance did not differ significantly between 2 subgroups according to their mean size of lesion (\leq or >3 cm in diameter), as demonstrated by our sub-analysis. Our result was in concordance with the findings of Santini et al¹⁰ and Nosotti et al,²⁷ who reported that tumor delectability by ^{99m}Tc-MIBI SPECT is independent of the lesion size. That is, it does not mean that a larger lesion will be easier to be identified on ^{99m}Tc-MIBI SPECT.

Image analysis methods for detecting lung cancer vary considerably in these studies. Visual analysis was performed in 9 of 14 studies. Semi-quantitative analysis was performed in the other 5 studies. However, the subgroup analysis showed no difference in diagnostic performance between the 2 methods. Up to now, there is no standard criterion reported for identifying lung cancer on SPECT. The visual assessment of images is crucially influenced by the experience of the image readers. Semi-quantitative analysis method, such as region of interest analysis or the lesion-to-background ratio, may help standardize the image evaluation.^{33,42} Thus, further studies are needed to put forward the ideal criteria for interpreting SPECT scans.

Although this meta-analysis showed promising results for the diagnostic accuracy of ^{99m}Tc-MIBI SPECT in lung cancer detection, the outcomes should be interpreted with caution due to several limitations. Firstly, the studies varied in year of publication, sample size, continuity of patients enrolled, and ethnic groups as well as lesion size. Besides, ^{99m}Tc-MIBI SPECT images were performed under variable conditions, including tracer dose, image analysis methods, the interval time between tracer injection and scanning.



FIGURE 4. Funnel plot of publication bias of studies included.

Secondly, it is impossible for us to identify all studies of ^{99m}Tc-MIBI SPECT for lung cancer diagnosis, especially unpublished studies. Since articles reporting significant results are more likely to be published than those reporting non-significant results, publication bias is a major concern in meta-analysis. However, the Deek funnel plot asymmetry test for the overall analysis did not raise suspicion of publication bias. In addition, we adopted rigid inclusion criteria and we selected only articles that included at least 10 patients who performed MIBI imaging for lung lesions, which may bring about selection bias.

Thirdly, it was not clear whether SPECT or PET is superior in differentiating malignant from benign lesions. Two recent published meta-analyses^{7,43} were performed to evaluate the diagnostic accuracy of FDG-PET for detecting lung cancer with a sensitivity of 94% to 96% and specificity of 78% to 86%. However, a direct comparison between PET and SPECT is in the absence. Only 2 of the studies^{30,39} compared SPECT with PET included in our meta-analysis, but the results were generally inconclusive. According to Santini et al,³⁰ ^{99m}Tc-MIBI SPECT was similar to FDG-PET in the detection of lung malignancies and represents an alternative if PET was not available. Finally, a further interesting point of discussion is a comparison of PET and ^{99m}Tc-MIBI SPECT to estimate the value of these modalities in differentiating malignant and benign lung lesion.

CONCLUSIONS

In conclusion, this meta-analysis showed that ^{99m}Tc-MIBI SPECT scan had moderately good diagnostic performance in predicting the malignancy of lung lesions. Despite of the limitations described above, the non-invasiveness, low cost, and the easy availability of ^{99m}Tc-MIBI SPECT make it a reliable diagnostic tool in the evaluation of lung lesions.

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