Original



2,5-hexanedione induced apoptosis of rat bone marrow mesenchymal stem cells by reactive oxygen species

Shuang Liu¹, Feng Chen², Longjuan Wang², Wenchang Sun², Qigui Liu³, Haibo Chen⁴, Dan Su², Yue Jiang², Fengyuan Piao¹, Xiance Sun¹ and Wenfang Sun⁵

¹Department of Occupational and Environmental Health, Dalian Medical University, PR China, ²Department of Microbiology, Dalian Medical University, PR China, ³School of Public Health, Dalian Medical University, PR China, ⁴Institute of Cancer Stem Cell, Dalian Medical University, PR China and ⁵Department of Neurology, Second Affiliated Hospital, Dalian Medical University, PR China

Abstract: Objectives: n-Hexane, a common industrial organic solvent, causes multiple organ damage, especially neurotoxicity, which is proved to be caused by its metabolite 2,5-hexanedione (2,5-HD). We previously showed that 2,5-HD induced apoptosis of rat bone marrow mesenchymal stem cells (BMSCs). In the current study, we explored the mechanism of 2.5-HDinduced apoptosis, especially the role played by reactive oxygen species (ROS). Methods: Intracellular ROS levels after 2,5-HD treatment were measured by the dichloro-dihydro-fluorescein diacetate (DCFH-DA) method, and the antioxidant N-acetyl cysteine (NAC) was used to scavenge ROS. Apoptosis, mitochondrial membrane potential (MMP), and caspase-3 activity were measured after 2,5-HD exposure with or without NAC pretreatment. Results: In rat BMSCs, 20 mM 2,5-HD significantly increased ROS levels and apoptosis. In addition, MMP activity was decreased and caspase-3 activity was increased. With NAC pretreatment, ROS increases were prevented, cells were rescued from apoptosis, and both MMP and caspase-3 activity returned to normal levels. Western blotting analysis of malondialdehyde-modified proteins and superoxide dismutase (SOD) 1 showed that after 2,5-HD exposure, BMSCs had oxidative damage and abnormal SOD1 expression. These returned to normal when cells were pretreated with NAC in addition to 20 mM 2,5-HD. Furthermore, the expressions of NF-KB p65/RelA and

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phospho-NF- κ B p65/RelA (Ser536) were suppressed after 2,5-HD exposure and restored by NAC pretreatment. **Conclusions:** 2,5-HD-induced apoptosis in rat BMSCs is potentially mediated by excessive ROS production.

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Key words: Apoptosis, 2,5-hexanedione, Rat bone marrow mesenchymal stem cells, Reactive oxygen species

n-Hexane is a common organic solvent widely used in the fields of industrial cleaning, oil extraction, and leather adhesion. It can be absorbed by inhalation and is then distributed to lipid-rich tissues and organs such as the brain, peripheral nerves, liver, spleen, and kidneys¹). Chronic exposure leads to severe neuropathy in humans and experimental animals^{2,3}. 2,5-Hexanedione (2,5-HD), a metabolite of n-hexane, is proved to be the causative agent in neurotoxicity^{2,4}). It can result in axonal atrophy of the peripheral and central nervous systems^{5,6}). The mechanisms of 2,5-HD-induced neurotoxicity are unclear but likely involve its interaction with lysine residues of neurofilaments to form pyrrole adducts, followed by the crosslinked proteins produced by the adducts^{5,7)}. n-Hexane can also lead to damage to the reproductive systems⁸.

2,5-HD has been demonstrated to induce apoptosis in mouse dorsal root ganglia neurons⁹⁾ and the human neuroblastoma cell line SH-SY5Y¹⁰⁾. It can also induce apoptosis in ovarian granulosa cells through the Bcl-2, Bax, and caspase-3 signaling pathways^{11,12)} and apoptosis in testicular germ cells through the Fas and caspase-3 pathways¹³⁾. Therefore, apoptosis is one of the likely mechanisms for 2,5-HD-induced multiple organ toxicity.

Reactive oxygen species (ROS) increase has been de-

Correspondence to: W. Sun, Department of Microbiology, Dalian Medical University, PR China (e-mail: wenchangsun@yahoo.com), W. Sun, Department of Neurology, Dalian Medical University, PR China (e-mail: wenfangsun2013@163.com)

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tected in the spermatogenic cells after 2,5-HD exposure and can be scavenged by an antioxidant¹⁴). In addition, ROS are involved in the 2,5-HD-induced cytotoxicity of neural progenitor cells⁴). 2,5-HD-induced oxidative damage has been demonstrated recently in rat tissues and organs, including nerves, ovary, uterus, liver, and kidney¹⁵⁻¹⁷). Our previous data have shown that 2,5-HD can induce apoptosis in the bone marrow mesenchymal stem cells (BMSCs) through a mitochondrial pathway¹⁸). Because excessive ROS are usually produced by uncoupling of the mitochondrial respiratory chain by the toxins¹⁹), we hypothesized that ROS play a role in the 2,5-HD-induced apoptosis in BMSCs.

BMSCs are multipotential stem cells and can be easily acquired from bone marrow aspirate^{18,20,21}). BMSCs have unique properties, such as self-renewal and differentiation into bone, fat, and cartilage. Many studies have demonstrated that BMSCs can directly differentiate into neurons and glial cells²¹⁻²³⁾. Therefore, they have therapeutic potential for regenerative medicine. In the current study, we evaluated 2,5-HD-induced apoptosis in BMSCs, detected the ROS production and subsequently investigated the role of ROS in apoptosis. NF-KB proteins are a family of transcription factors that are crucial to inflammation and immunity and are also involved in many pathological conditions²⁴, including oxidative stress. Thus, we investigated the expression of NF-kB p65/RelA and phospho-NF-KB p65/RelA (Ser536) to explore the signaling pathways involved in 2,5-HD-induced BMSC apoptosis.

Materials and Methods

Animal care

Experiments were performed using male Sprague Dawley rats (120-140 g). All procedures were conducted in accordance with the Animal Guide of Dalian Medical University and approved by the Animal Care and Use Committee of Dalian Medical University.

BMSC culture and treatment

Isolation and expansion of BMSCs were performed as described previously^{18,25)}. Briefly, after rat euthanasia by cervical dislocation, BMSCs were harvested by repeated flushing of the femoral and tibial cavities and were cultured in low-glucose Dulbecco's Modified Eagle's Medium (L-DMEM; HyClone, Beijing, China) with 10% fetal bovine serum (NQBB, Hong Kong). Cells were passaged at a ratio of 1:3 when they reached 90% confluence. The BMSCs surface markers CD29, CD45, and CD90 were analyzed by flow cytometry to ensure that the purity of the cell preparation was greater than 95%. 2,5-HD (Sigma, Switzerland) solutions were prepared in cell culture medium. At about 60% confluence, cells were treated with 2,5-HD media (10, 20, 40 mM) at 37°C for 24 h. Where indicated, they were instead pretreated with

10 mM N-acetyl cysteine (NAC; Sigma, China) in culture medium for 1 h before adding 2,5-HD to the final concentrations of 20 or 40 mM and incubating for 24 h. Cell culture media with no additions or with only NAC were used as vehicles.

Analysis of apoptosis by the TUNEL assay

The TUNEL assay was performed using the *In Situ* Cell Death Detection Kit and Fluorescein (Roche, Mannheim, Germany). All procedures were based on the manufacturer's protocol with slight modifications. Briefly, cells with various treatments on 35-mm cell culture dishes were rinsed with PBS, fixed in 4% paraformaldehyde, then treated with permeabilization solution (0.1% Triton X-100 in 0.1% sodium citrate) for 2 min on ice. Samples were incubated with a terminal deoxynucleotidyl transferase (TdT) reaction mixture for 1 h at 37°C in a humidified chamber, then stained with Hoechst 33342 (2 µg/ml in PBS) for 5 min. Finally, samples were mounted with fluorescence mounting medium and visualized under a confocal microscope (TCS SP5; Leica, Mannheim, Germany).

ROS measurements

Intracellular ROS were measured by the dichlorodihydro-fluorescein diacetate (DCFH-DA) method²⁶). After various treatments, cells were rinsed twice with cold PBS, loaded with DCFH-DA (10 μ M) for 40 min at 37°C and then washed. The cell number was adjusted to 5×10⁵/ m*l* before fluorescent intensity was detected in a fluorescence spectrophotometer (F-2700; Hitachi, Tokyo, Japan). Excitation and emission wavelengths were 488 and 525 nm, respectively. Results were expressed as fluorescent intensity per 5×10⁵ cells.

MMP evaluation using JC-1

Mitochondrial membrane potential (MMP) in BMSCs was measured using the mitochondrion-specific lipophilic cationic dye, JC-1²⁷⁾. JC-1 forms J-aggregates and emits red fluorescence (excitation/emission wavelength=525/ 590 nm) in the mitochondria with higher membrane potentials, but remains monomers and emits green fluorescence (excitation/emission wavelength=490/530 nm) in apoptotic or damaged cells with low MMP. The ratio of green to red fluorescence therefore provides a reliable estimate of the impairment of MMP. For this assay, cells were incubated with JC-1 (5 µM) in L-DMEM at 37°C for 30 min and analyzed with a confocal microscope. The mean optical density (OD) value of each sample from at least six random fields was obtained using Image-Pro Plus 6.0 (Media Cybernetics, MD), and the OD ratio of green to red fluorescence was calculated.

Caspase-3 activity assay

Caspase-3 activity was determined using a caspase-3



Fig. 1. Effects of 2,5-HD and N-acetyl cysteine (NAC) on ROS levels. Intracellular ROS were measured by the DCFH-DA method. Results are expressed as fluorescent intensity per 5×10⁵cells. Means ± SEM. n=3, Student's unpaired *t* test or one-way ANOVA with *post hoc* LSD test. ***p*<0.01.</p>

activity kit by measuring levels of *p*-nitroanilide (p-NA) cleaved from the substrate N-Ac-DEVD-pNA (Beyotime Institute of Biotechnology, Haimen, China). Supernatants of cell lysates were prepared after their respective treatments. Protein concentrations of supernatants were measured by the Bradford assay (Bio-Rad, CA). Caspase-3 activity assays were performed on the 96-well plates by incubating 40- μ l supernatant with 50- μ l reaction buffer (1% NP-40, 20 mM Tris-HCl, 137 mM NaCl, and 10% glycerol) and 10- μ l caspase-3 substrate (2 mM Ac-DEVD pNA). Reactions were incubated at 37°C for 4 h. The OD values were measured with a microplate reader at 405 nm, and the caspase-3 activities were expressed as μ M pNA/mg protein.

Western blotting analysis

After various treatments, the BMSCs were collected in PBS with 1% HaltTM Protease and Phosphatase Inhibitor (Thermo, IL) and stored at -80° C until use. Total protein concentrations in the lysates were determined using the PierceTM 660nm protein assay kit (Thermo, IL). Then, 10-µg/lane proteins were loaded on SDS-PAGE gels. After blocking, the PVDF membrane (Bio-Rad) was incubated overnight at 4°C with one of the following antibodies: rabbit anti-superoxide dismutase (SOD) 1 antibody (1:2000; LifeSpan, WA), goat anti-malondialdehyde (MDA) antibody (1:2500; LifeSpan), rabbit anti-NF- κ B p65, and anti-phospho-NF- κ B p65 (Ser536) antibodies (1: 1000; Cell Signaling, MA). The HRP-conjugated secondary antibodies were from Jackson ImmunoResearch (PA). Signals were detected using ECL Prime Western



Fig. 2. Effects of 2,5-HD and N-acetyl cysteine (NAC) on TUNEL-positive cells. Apoptosis was detected by the TUNEL assay, and samples were mounted with fluorescence mounting medium and visualized under the confocal microscope. To determine percentage of apoptotic cells, 300-500 cells were counted for each sample. Means \pm SEM. n=3, Student's unpaired *t* test or one-way ANOVA with *post hoc* LSD test. ***p*<0.01.

Blotting Detection Reagent (GE Healthcare, Buckinghamshire, UK) and ChemiDocXRS+(Bio-Rad), then quantified densitometrically by the software Image Lab 4.1 (Bio-Rad).

Statistical analysis

Data are presented as means \pm SEM from at least three independent experiments. All data were analyzed with SPSS 11.5 for Windows. Differences in mean values were assessed with the Student's unpaired *t* test or oneway ANOVA followed by a *post hoc* LSD test. *p* values less than 0.05 were considered significant.

Results

ROS levels increased after 2,5-HD exposure

ROS levels were measured with ROS-sensitive probe DCFH-DA. Exposure of BMSCs to 2,5-HD at 20 mM and 40 mM significantly increased ROS levels from control levels of 2.5 ± 0.09 to 4.5 ± 0.19 and 10.3 ± 0.35 , respectively (p<0.01, Fig. 1). With the antioxidant NAC (10 mM), the increase in the ROS levels in response to 20 mM 2,5-HD was suppressed. Because of the limited ROS scavenging ability of 10 mM NAC, the ROS levels were significantly decreased (p<0.01, Fig. 1), but not restored



Fig. 3. Effects of 2,5-HD and N-acetyl cysteine (NAC) on mitochondrial membrane potential (MMP). Cells were incubated with JC-1 in L-DMEM at 37°C for 30 min and analyzed with a confocal microscope. The mean optical density (OD) value of each sample from at least six random fields was obtained using Image-Pro Plus 6.0, and the OD ratio of green to red fluorescence was calculated. (A) Representative JC-1 staining results. Control cells with normal MMP are primarily stained red (indicating JC-1 aggregates). Apoptotic cells with low MMP are stained green (indicating JC-1 monomers). Scale bar=50µm. (B) The OD ratio of green-to-red fluorescence with JC-1 staining. Means \pm SEM. n=6-12, Student's unpaired *t* test or one-way ANOVA with *post hoc* LSD test. ***p*<0.01.



Fig. 4. Effects of 2,5-HD and N-acetyl cysteine (NAC) on caspase-3 activity. Caspase-3 activity was determined by measuring levels of p-NA cleaved from the substrate N-Ac-DEVD-pNA. Reactions were incubated at 37°C for 4 h. The optical density (OD) values were measured, and the caspase-3 activity expressed as μ M pNA/mg protein. Means ± SEM. n=3, Student's unpaired *t* test or one-way ANOVA with *post hoc* LSD test. ***p*<0.01.

to the normal levels in the NAC+40 mM 2,5-HD group $(3.6\pm0.14, p<0.01, \text{ Fig. 1})$. Higher NAC concentrations were not tested because of possible toxic effects to the BMSCs.

2,5-HD induced BMSC apoptosis through ROS

Apoptosis of BMSCs was detected by the TUNEL assay. After exposure for 24 h, 2,5-HD at 20 mM and 40 mM induced $2.5\pm0.18\%$ and $8.9\pm0.46\%$ apoptosis, respectively, both significantly higher than that of control $(0.74\pm0.06\%, p<0.01,$ Fig. 2) and corresponding to the higher ROS productions. NAC pretreatment returned apoptosis to normal in the NAC+20 mM 2,5-HD group $(0.80\pm0.07\%, p>0.05,$ Fig. 2), but only partially reduced apoptosis in the NAC+40 mM 2,5-HD group $(2.1\pm0.12\%, p<0.01,$ Fig. 2) with higher ROS level than that in the NAC group $(0.71\pm0.07\%)$; this indicates that ROS played important role in it.

Apoptosis was mediated by mitochondria and the caspase-3 pathway

MMP was detected by staining of mitochondria with the JC-1 probe. Control cells were primarily stained red, indicating normal MMP (Fig. 3), whereas with 40 mM 2,5-HD treatment, more cells were stained green, indicating a loss of MMP (Fig. 3). MMP returned to almost normal in the NAC pretreatment group, providing a link between ROS overproduction and MMP loss (Fig. 3). There was a significant increase in the caspase-3 activity in cells after 20 mM and 40 mM 2,5-HD exposure, as compared with that of control cells (30.16 and 36.56 vs. 11.27 μ M pNA/mg protein, p<0.01, Fig. 4). NAC pretreatment reduced ROS levels and returned the caspase-3 activity to normal in the NAC+20 mM 2,5-HD group (10.98±0.50 μ M pNA/mg protein, p>0.05, Fig. 4), but not in the NAC+40 mM 2,5-HD group (18.17±0.85 pNA/mg protein, p<0.01, Fig. 4), indicating that more ROS were produced and higher apoptosis rate was observed. The changes in caspase-3 activity after 2,5-HD exposure with or without NAC pretreatment further supported a connection between ROS productions and apoptosis.

Western blotting

MDA levels are widely used as an indicator of lipid peroxidation²⁸⁾. The antibody against MDA is used to detect MDA-modified proteins. Levels of MDA-modified proteins were significantly increased in cells treated with 20 mM and 40 mM 2,5-HD (1.52±0.11 and 1.66±0.06, respectively, p < 0.01, Fig. 5) as compared with those in control cells. The levels of MDA-modified proteins were reduced to normal in the NAC+20 mM 2,5-HD group (0.98±0.06, Fig. 5), but expressed high in the NAC+40 mM 2,5-HD group (1.38±0.13, p<0.05, Fig. 5) as compared with that of the NAC group (0.88±0.11). These differences corresponded well to the relative ROS levels in each group. SOD1 is the main form of three superoxide dismutases to clear free superoxide radicals in the cells²⁹. The SOD1 expression level was significantly higher in the 20 mM 2,5-HD group (1.72±0.16, p<0.01, Fig. 5), returned to normal in the NAC+20 mM 2,5-HD group (0.94 ±0.01), and remained elevated in the NAC+40 mM 2,5-HD group $(1.40\pm0.09, p<0.05, Fig. 5)$, consistent with the relatively high ROS levels in this group.

Activation of transcription factor NF-KB can translocate p65/RelA to the nucleus to regulate gene expressions²⁴⁾. Expression levels of p65/RelA were significantly lower in the 20 and 40 mM 2,5-HD groups (0.67±0.07 and 0.54 ± 0.03 , respectively, p < 0.01, Fig. 6) as compared with that of control, and increased significantly in the NAC+20 mM and NAC+40 mM 2,5-HD groups (1.1± 0.06 and 0.98±0.06, *p*<0.05 and *p*<0.01, respectively, Fig. 6). Phosphorylation of p65/RelA at serine 536 is important for its enhanced transcription activity³⁰⁾. Expression levels of phospho-NF-κB p65/RelA (Ser536) were decreased significantly in all the 2,5-HD-treated groups (0.08-0.52, *p*<0.01, Fig. 6). With NAC, the expression of phospho-NF-kB p65/RelA (Ser536) in the NAC+20 mM (0.42 ± 0.06) and NAC+40 mM (0.35 ± 0.08) 2,5-HD groups increased significantly compared to that without NAC pretreatment (0.08-0.16) and returned to the levels in the NAC group (0.46 ± 0.07) .





Fig. 5. Effects of 2,5-HD and N-acetyl cysteine (NAC) on levels of MDA and SOD1. (A) Representative Western blotting images showing MDA and SOD1. (B) Quantitative densitometric analysis of MDA and SOD1 using Image Lab 4.1. All densitometry values were normalized to that of actin, and the ratio of the control group was defined as 1.00. Means \pm SEM. n=3, Student's unpaired *t* test or one-way ANOVA with *post hoc* LSD test. **p*<0.05, ***p*<0.01.

Discussion

In this study, 20 mM 2,5-HD induced significant BMSC apoptosis. These apoptosis levels returned to normal by the antioxidant NAC, indicating that the apoptosis was caused by excessive ROS production. When BMSCs were treated with 40 mM 2,5-HD, higher ROS and apoptosis levels were detected, and the same concentration of NAC could not clear the ROS to the normal levels as shown by the ROS value and the Western blotting results using the antibody against MDA; consequently, apoptosis was apparent in the NAC+40 mM 2,5-HD group. MMP was reduced significantly in the 20 mM and 40 mM 2,5-HD groups with concomitant increases in caspase-3 activities; moreover, both MMP and caspase-3 activity returned to normal in the NAC+20 mM 2,5-HD group but remained abnormal in the NAC+40 mM 2,5-HD group. These data indicated an important role for ROS in 2,5-HD-induced apoptosis. ROS-induced cell death has been reported in 2,5-HD-treated neural precursor and spermatogenic cells4,14) with apoptosis demonstrated in the spermatogenic cells¹⁴). In the current study, BMSCs were used, and the role ROS played in the apoptosis was shown.

2,5-HD concentration of 8.8 mM (0.1%) and 20 mM has been shown to induce apoptosis in the mouse neurons and rat ovarian granulosa cells, respectively^{9,12)}. In a rat toxicity model, the serum 2,5-HD level is 2.8 mM³¹⁾, which is lower than the 10-40 mM used in our study. However, because of the accumulation of toxic effects of 2,5-HD during long-term exposure *in vivo*, the higher concentrations we used were appropriate for our short-term exposure experiments.

SOD1 participates in the clearance of ROS²⁹; the high expression of SOD1 in the 20 mM 2,5-HD group indicated that more antioxidant enzyme was induced as more ROS formed²⁹. In the 40 mM 2,5-HD group, although more ROS were produced and more SOD1 was needed to clear them, the SOD1 level was lower than that in the 20 mM group. This was probably because of the inhibition effect of high concentration of 2,5-HD on SOD1 synthesis. Excessive ROS are usually produced by uncoupling of the mitochondrial respiratory chain by the toxins¹⁹. In

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Fig. 6. Effects of 2,5-HD and N-acetyl cysteine (NAC) on levels of NF-κB p65/RelA and phospho-NF-κB p65/RelA (Ser536). (A) Representative Western blotting images showing NF-κB p65/RelA and phospho-NF-κB p65/RelA (Ser536). (B) Quantitative densitometric analysis of NF-κB p65/RelA and phospho-NF-κB p65/RelA (Ser536) using Image Lab 4.1. All densitometry values were normalized to that of actin, and the ratio of the control group was defined as 1.00. Means ± SEM. n=3, Student's unpaired *t* test or oneway ANOVA with *post hoc* LSD test. *p<0.05, **p<0.01.

the current study, excessive ROS are probably produced by uncoupling of the mitochondria respiratory chain, that is, inhibition of complexes I to IV by the toxin 2,5-HD acting in concert with the limited clearance ability of antioxidant enzymes such as SOD1. The high ROS levels and relative low SOD1 expression in the 40 mM 2,5-HD group were consistent with this explanation.

Low MMP has been used as the indicator of apoptosis³²⁾. MMP was significantly lower in the 2,5-HD-treated groups, which was followed by the release of cytochrome c through the membrane pore. The cytochrome c switched the signal to activate the executioner caspase-3³³⁾ and the apoptosis, as shown in our study. Related mechanisms of mitochondria- and caspase-3-mediated apoptosis have been reported in 2,5-HD-exposed ovarian granulosa, sperm cells, and BMSCs^{11-13,18)}. Similarly, decreased Bcl-2/ Bax ratio is observed in ovarian granulosa cells^{11,12)} and in the BMSCs that we used for the present study¹⁸⁾.

NF-KB activation can translocate p65/RelA to the nucleus where it regulates gene expression, including inhibiting apoptosis³⁴⁾. Liver apoptosis is demonstrated in the p 65/RelA-deficient mice35), and combined inhibition of NF- κB and Bcl-2 induces apoptosis in the melanoma cells³⁶. Our results showed decreased expressions of p65/RelA in 20 and 40 mM 2,5-HD groups, which would reduce p65/ RelA-mediated transactivation. The inhibition of Bcl-2 is reported in our previous work¹⁸⁾. Whether NF- κ B and Bcl-2 act in BMSCs as they are reported to act in the melanoma cells needs to be studied further. The phosphorylation of p65 at serine 536 has been reported to be important for the enhanced transcriptional activity³⁰⁾. NAC is found to induce the phosphorylation of p65 in the cytoplasm independent of its antioxidant function, indicating that it may modulate cellular functions either independent or dependent of ROS³⁷⁾. In our study, NAC pretreatment improved total and phospho-NF-kB p65/RelA expression, indicating that excessive ROS inhibited p65/RelA production directly. However, the role that low NF-KB expression played in the 2,5-HD-mediated apoptosis needs further investigation, including examining the specific activation and inhibition of this factor.

In summary, in BMSCs, ROS overproduction induced by exposure to the toxin 2,5-HD decreased MMP, which resulted in activation of the downstream executioner caspase-3 and apoptosis. The ROS scavenger NAC normalized MMP and caspase-3 activity and rescued apoptosis. These data support our hypothesis that ROS are involved in 2,5-HD-mediated toxicity of BMSCs. However, the detailed molecular mechanism of this apoptosis must be further explored.

Conflict of Interest: None.

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