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α T-catenin: A developmentally dispensable, disease-linked member of the α -catenin family

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ABSTRACT

 α -Catenins are actin-filament binding proteins and critical subunits of the cadherin-catenin cell-cell adhesive complex. They are found in nominally-defined epithelial (E), neural (N), and testis (T) forms transcribed from three distinct genes. While most of α -catenin research has focused on the developmentally essential founding member, α E-catenin, this review discusses recent studies on α T-catenin (*CTNNA3*), a developmentally dispensable isoform that is emerging as relevant to cardiac, allergic and neurological diseases.

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Introduction

The cadherin-catenin complex is widely viewed as a linchpin of tissue cohesion and organization. This complex contains a transmembrane cadherin extracellular domain that engages an identical cadherin on adjacent cells. The cadherin cytoplasmic domain associates with catenins that either stabilize cell surface cadherins (e.g., p120^{ctn}) or physically links cadherins to the underlying cytoskeleton (e.g., β -catenin and α -catenin to actin filaments; p120^{ctn} to microtubules) to bring about robust intercellular adhesion.^{1,2} For historical reasons, the most well studied cadherin-catenin complex comprises cadherin and catenins typically found in epithelia across tissue types-an Epithelial-cadherin (E-cadherin), paired with the more ubiquitously expressed p120^{ctn}, β -catenin and "epithelial" α -catenin (α E-catenin, or α E-cat). This "canonical" cadherin-catenin complex, however, belies known gene complexity at each protein position in the cadherin-catenin complex (Fig. 1). Although fundamental paradigms of cell-cell adhesion have been gleaned from this canonical cadherin-catenin complex, expansion of the cadherin-catenin gene family evolved for a reason- enabling cell and tissue specialization of the

basic epithelial adhesive paradigm, which favors organismal fitness. In this review, we focus on one of the more recently evolved catenins, α T-catenin (α T-cat), as a means to understand how modest alterations in the cadherin-catenin adhesion system may be relevant to a range of human diseases.

α -Catenins: Knock-out phenotypes reflect tissue distribution

 α -Catenins are β -catenin and actin-binding proteins, where binding to both β -catenin and actin is required to directly link the cadherin complex to cortical actin filaments. They are found in nominally-defined epithelial (E), neural (N), and testis (T) forms transcribed from three distinct genes,³ where each is sufficient to rescue cadherin-based adhesion in α -catenin-negative cell lines.³⁻⁶ As is often the case with early nomenclature, formal names can be misleading now that greater resolving RNA sequencing technologies are available. In this regard, the human genotype-tissue expression (GTEx) database⁷ clearly shows that α E-cat (*CTNNA1*) is not epithelial-restricted, but rather ubiquitously expressed (Fig. 2a). These data are consistent with

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Figure 1. Schematic representation of cadherin-catenin complexes with distinct α -catenin isoforms α E-cat, α N-cat and α T-cat. Note that there is substantial isoform diversity at the other positions in the cadherin-catenin complex, such as \sim 19 classical cadherins (i.e., cate-nin-binding) encompassing both type I and type II forms,⁹¹ three p120ctns as well as the β -catenin homologue, plakoglobin (reviewed in⁹²). For simplicity, these other isoforms are not shown with the exception of α E-cat participating in an E-cadherin complex, and α T-cat with an N-cadherin complex.

evidence that mouse knock-outs targeting Ctnna1 across a range of tissues can lead to penetrant loss of cell-cell adhesion/tissue organization (e.g., whole embryo,⁸ skin,⁹ brain¹⁰ and heart¹¹). In contrast to the ubiquity of α E-cat, α N-cat (CTNNA2) is largely restricted to brain (Fig. 2b), consistent with evidence that Ctnna2 knock-out mice display hypomorphic brains and perinatal lethality.^{12,13} Remarkably, the more recently evolved α T-cat (CTNNA3), named after its expression in the testis and best known for its role in the heart,¹⁴ is also abundantly expressed in the brain, spinal cord, and peripheral nerve (Fig. 2c). Although Ctnna3 knock-out mice are viable and fertile,¹⁵ this curious tissue distribution of CTNNA3, together with growing linkages between CTNNA3 and diseases compatible with this distribution (see below), raise the intriguing notion that α T-cat/CTNNA3 may be the α -catenin most relevant to a broad range of human diseases.

α *E-cat:* Founding member of the α -catenin family

Due to its ubiquity, molecular and structural analyses are best known for α E-cat, the subject of recent excellent reviews.^{16-18,19,20} The prevailing view of α E-cat in the cadherin complex is as a mechanosensitive scaffold protein that features a series of six, bundled α -helical domain-regions.²¹⁻²⁵ There are two key aspects to its mechanosensitivity. First, the C-terminal F-actin binding domain of α E-cat shows preferential binding to actin filaments under tension *in vitro*,²⁶ suggesting that α E-cat may preferentially couple the cadherin/

 β -catenin complex to actin filaments that are under myosin-based cortical tension. Contractile actin structures are typically found at discreet plasma membrane locations (e.g., zonula and focal adhesions), and the precise nature of this force-activated binding event is presently unclear. Second, the middle or M-region of α E-cat undergoes force-dependent unfurling,^{23,27} exposing a cryptic site that favors recruitment of the related actin-binding protein, vinculin. In epithelia, vinculin recruitment to α E-cat occurs in regions of the plasma membrane that are under elevated forces, such as an apical adhesive zone known as the zonula adherens.^{23,24} Since a number of proteins interact with αE cat through its mechanosensitive M-region,^{17,28} it is possible that some of these partners may be variably recruited to a Ecat under distinct force-activated thresholds (Fig. 3).

Given the level of amino acid identity/similarity between α E-cat and α T-cat (56.1%/73.7%) or α N-cat (76.5%/83.1%)[3], we may reason that these related α -catenins share an analogous mechanosensitivity. Although biochemical and cellular characterization of α N-cat and α T-cat lags behind α E-cat, recent studies suggest that cadherin complexes containing these α -catenins are indeed different. For example, α E-cat recruits vinculin to adherens junctions more effectively than α N-cat using an α -catenin negative epithelial cell line, possibly due α E-cat's higher affinity for actin filaments *in vitro*.²⁴ How such differences are leveraged by epithelia (α E-cat) and neurons (α N-cat) to suit their respective junction-coupling needs



Figure 2. α -Catenin isoform expression analysis across human tissues. Graphs exported from the human Genotype-Tissue Expression (GTEx) portal using *CTNNA1*, *CTNNA2* and *CTNNA3* gene identifiers. Expression values shown as Transcripts Per Million (TPM) calculated from a gene model with isoforms collapsed to a single gene. No other normalization steps were applied. Box plots are shown as median and 25th and 75th percentiles; points are displayed as outliers if they are above or below 1.5 times the interquartile range. Number of human tissue samples range from ~100-500 per tissue and can be viewed via the portal.



Figure 3. Mechanosensor model of α E-cat in cell-cell adhesion. The actin-binding domain (ABD) of α E-cat (green) preferentially associates with actin filaments under tension (high tension versus low tension). This leads to unfurling of the M-domain (M1), which allows vinculin binding and adherens junction reinforcement.

remains to be clarified. Moreover, in contrast to the established allosteric behavior of α E-cat, where β -catenin binding curiously limits *a*E-cat's capacity to bind actin filaments in solution,^{29,30} aT-cat can bind cadherin/ β -catenin and actin filaments, simultaneously.³¹ Thus, while αE -cat within the cadherin/ β -catenin complex shows preferential binding to actin filaments under tension,²⁶ α T-cat behaves as a constitutively active, actin-binding protein that can physically couple cadherin/ β -catenin to actin in the absence of tension,³¹ which may be relevant to α T-cat's unique junctional and tissue-specific role (see below). In addition to differences in actin-binding between αE - and aT-cat proteins, recruitment of ligand-binding partners through the M-domain also appears distinct, as loss of α E-cat in heart reduces vinculin recruitment to cardiac cell-cell junctions,¹¹ whereas loss of α T-cat reduces plakophilin-2 (PKP2) recruitment^{15,32} (also below). Lastly, it is worth noting that all three α -catenins show a capacity to form homodimers in vitro that are incompatible with cadherin/ β -catenin binding, and which allows for robust F-actin binding and bundling activity.^{30,31,33,34} However, recently measured kinetic parameters suggest that only α E-cat may be able to sustain the homodimeric state at physiological concentration in cells,³³ where homodimerization contributes to membrane protrusive activities required

for cell migration and nascent contact formation.^{35,36} Together, these data suggest that mechanosensor, M-domain-binding-partner and homodimerization abilities of α T-cat are distinct from α E-cat, which may be relevant to the tissue-restricted functions of α T-cat.

α *T*-cat in the heart and cardiomyopathy

 α T-cat was named for its localization in peritubular myoid cells of the testis,³² but is currently best known for its role in the heart. This is largely because α T-cat null mice show no obvious fertility defects, but rather develop a dilated cardiomyopathy (DCM) after 3–6 months of age.¹⁵ Although mutations in α T-cat have not yet been found associated with DCM in humans,^{37,38} two mutations (detailed below) have been implicated in the development of arrythmogenic right ventricle cardiomyopathy (ARVC).³⁹ As recent evidence indicates that the left ventricle is often affected in historically defined ARVC patients, this biventricular disease is now referred to as arrhythmogenic cardiomyopathy (ACM).⁴⁰

ACM disease is typically caused by mutations in proteins that comprise desmosomes, a type of cadherin-based intercellular adhesion that employs plaque proteins (plakoglobin, plakophilins, desmoplakin) to link to the intermediate filament cytoskeleton.⁴¹

Desmosomes are particularly important in tissues that withstand substantial mechanical strain, such as heart and skin.^{42,43} In this regard, α T-cat prominently localizes to a specialized cell-cell junction in cardiomyocytes, known as the intercalated disc (ICD), which contains distinct adherens junction, desmosome and gap junction structures.^{44,45} In the hearts of higher vertebrates, the ICD largely comprises a hybrid adherens junction/desmosome structure known as the area composita,46,47 where this hybrid junction is considered optimized to withstand the increased mechanical load of the four-chamber mammalian heart.48-50 Although the unique strength and molecular mechanics of this junction type remains poorly understood, α T-cat may be a key integrator of the *area composita*, as it directly binds the desmosome component plakophilin-2 (PKP2)⁵¹ while also participating in the cadherin/ β -catenin complex, presumably reinforcing adherens junction and desmosome alignment (Fig. 4). Indeed, while α T-cat knock-out hearts develop normally due to compensation by the related α E-cat, over time, these mice show reduced localization of PKP2 and the Connexin 43 gap junction component at intercalated disks.¹⁵ Reduced area composita, hybridjunction coupling (via PKP2) likely contributes to the decreased cardiac contractility and ejection fraction of α T-cat null mice, whereas reduced gap junction coupling (via Connexin 43) increases sensitivity to ventricular arrhythmia following ischemic injury.¹⁵

Evidence that PKP2 mutations are also associated with ACM,⁵² suggest that a particular aspect of α Tcat/PKP2 coupling may be important for normal right ventricle structure and function. For example, PKP2 interacts with α T-cat (but not α E-cat) via the Mdomain.^{39,51} As discussed above, both α E-cat M- and actin-binding domains require force-dependent conformation regulatory events for their respective binding activities, whereas α T-cat appears less mechanosensitive, being more available to its binding-partners.^{20,31} These or other differences may explain why α T-cat is dispensable for normal heart development (due to compensation by α E-cat), but important for cardiac function with age. Indeed, as the mechanical load on the heart increases after birth and the ICD matures, α T-cat's role as molecular integrator of the area composita appears critical, as evidenced by the earlier onset of cardiomyopathy in α T-cat mutant mice compared to aE-cat conditional KO mice (3 versus 8 months of age, respectively).^{11,15}

Recent biochemical and cell culture studies now rationalize how α T-cat heterozygous mutations may function as dominant inhibitors of cardiomyocyte function in ACM: One mutation (V94D) blocks β -catenin binding³⁹ and favors α T-cat homodimerzation,³¹ leading to altered junctional localization in cardiomyocyte junctions³¹; the second mutation deletes a leucine in the critical actinbinding domain (L765del) and induces protein dimerization/ aggregation.^{31,39} Although formal evidence for these mutations causing ACM awaits testing in mouse models, it appears that both α T-cat pathogenic mutations enhance the intrinsic homodimerization and/or aggregation potential of α T-cat, which may prevent normal cadherin/catenin/actin coupling and other possible maladaptation. Lastly, it is worth noting that requirement of α -cateninbased cell-cell adhesion to heart structure and function is not absolute, but contextual, and based on developmental timing or degree of tissue injury. For example, the early loss of both αE - and αT -cat in mice is incompatible with heart development but tolerated when induced perinatally.⁵³ Remarkably, the loss of both catenins appears beneficial when removed in adult hearts subjected to ischemic injury, in part due to elevated YAP signaling that favors proliferation.⁵³ Such complexities raise the counterintuitive possibility that attenuating the function of proteins collectively required for tissue development may be beneficial during adult tissue repair after injury.

α T-cat linkages to allergic disease

One of the more surprising developments in the α -catenin field are the number of independent genetic association studies linking α T-cat (*CTNNA3*) with asthma and food allergy. Genome-wide association studies have linked several non-coding *CTNNA3* polymorphisms with two distinct forms of asthma, occupational asthma induced by chemical exposure^{54,55} and steroid resistant atopic asthma.^{56,57} One study identified copy number deletions in *CTNNA3* associated with pediatric food allergy.⁵⁸ The surprise with these associations is that the restricted distribution of α Tcat expression in human tissues (Fig. 2, brain/peripheral nerve, heart, skeletal muscle and testis) suggests that either rare, contextually activated or non-canonical cell-types contribute to allergic disease.

Using the viable and fertile α T-cat knock-out mouse described above, our team has validated these α T-cat linkages to asthma using both chemical and house dust-mite models of asthma.^{59,60} Curiously, full loss of



Figure 4. Model of α T-cat in cardiomyocyte cell-cell adhesion. α T-cat (orange) can interact with β -cat, actin and the desmosomal component, PKP2, via its central M-domain (end of M2 and M3), which allows for the alignment and reinforcement of a hybrid adherens junction-desmosome structure known as the *area composita* region of the intercalated disk. The intermediate filament-binding protein, desmoplakin (DSP), is also shown.

 α T-cat strongly suppresses airway hyperreactivity, a hallmark of asthma, but the α T-cat-expressing cell type that drives allergic airway responses remains to be determined. Remarkably, the only lung cells that obviously express α T-cat are cardiomyocytes that line the pulmonary vasculature.^{60,61} However, anatomical differences in human versus rodent pulmonary veins, their proximity to airways and relative degree of cardiomyocyte ensheathment has raised doubt that cardiomyocytes are the α T-cat-expressing cell type that drives asthma.^{61,62} An appealing cell-type to consider for linkages between an adhesion protein and allergic diseases are immune cells. Although low levels of α T-cat RNA have been detected in EBV-transformed peripheral blood cells and lymphoid cancer lines^{54,56,58} (https://www.proteinatlas. org/ENSG00000183230-CTNNA3/cell), evidence for protein detection is generally lacking, with exception of one study suggesting that α T-cat may contribute to the upregulation of basophil-activation markers, CD203c and CD63.⁵⁸ Indeed, immune cells generally do not express cadherins or α -catenin adhesion components, but Th2-cytokines can robustly upregulate E-cadherin and α E-cat in dendritic cells and alternatively activated macrophages.⁶³⁻⁶⁷ We find no evidence that α T-cat is upregulated under these same conditions (not shown). Thus, future work will be required to further validate and understand these intriguing connections between α T-cat and allergic disease.

α T-cat in the nervous system and disease

Early studies documented aT-cat protein expression in brain,³ but functional significance of this expression has lagged presumably because of difficulties interrogating behavioral defects in mice. Moreover, identification of α T-cat-expressing cell types in the brain has been somewhat limited by the lack of robust tools (e.g., fluorescent membrane-anchored reporter mouse). For example, while an early study suggested that α T-cat protein may be expressed in murine cortical neurons,⁶⁸ α T-cat is more prominently detected in ependymal cell junctions that line ventricles, as well as cells within the molecular layer of the cerebellum.⁶⁹ In human tissue, RNA sequencing data reveal that α T-cat expression is highest in brain and spinal cord (Fig. 2), the latter of which is likely due to the presence of a central canal lined by α T-cat-positive ependymal cells. The unique functional role of α T-cat in this specialized epithelium remains unclear, however, as α T-cat knock-out mice show no obvious defect in ventricle structure, possibly due to compensatory upregulation of α E-cat.⁶⁹

Despite the absence of an obvious neurological phenotype in α T-cat null mice (Frans Van Roy, personal communication), a number of linkage studies raise the possibility that α T-cat may contribute to disease in humans. Specifically, the α T-cat gene, CTNNA3, is located near a common fragile site on chromosome 10,⁷⁰ and has been linked to late onset Alzheimer's disease in females⁷¹ (reviewed in⁷²). CTNNA3 is also linked to autism in two large cohorts of European ancestry with replication in two other cohorts,⁷³ and rare deletions in α T-cat were identified in individuals with autism spectrum disorder.74,75 While transcriptomic analysis of WT and *a*T-cat knock-mouse cerebella suggest alteration of pathways linked to Alzheimer's and autism,⁶⁹ future work will be required to define the cell type and unique junctional-specialization supported by α T-cat function. Indeed, available online transcriptomic datasets of human and mouse brain cell populations suggest that oligodendrocytes may be a major α T-cat-expressing cell type in brain.⁷⁶

α *T-cat associations with cancer*

Among the α -catenin family members, α E-cat is best appreciated for playing a contributing role in tumorigenesis in large part because it plays an integral part in epithelial cell-cell adhesion with E-cadherin (*CDH1*), a bona fide tumor-suppressor gene.^{77,78} Since

 α T-cat mRNA and protein are generally absent from epithelial tissues (Fig. 2; see also Human Atlas), there was an early expectation that it might not contribute to cancer. However, a number of recent studies suggest that we may need to keep an open mind on this front. For example, a recent proximity proteomics study revealed α T-cat as the 9th most abundant protein at E-cadherin contacts in non-transformed Madin Darby Canine Kidney epithelial cells,⁷⁹ raising the possibility that low levels of α T-cat mRNA may be uncorrelated from its polypeptide abundance. Remarkably, CTNNA3 is one of the largest genes in the genome (i.e., spanning 1.78 Megabases) and proximal to a common fragile site (FRAD10D).⁸⁰ In this regard, monoallelic or reduced expression of CTNNA3 is associated with urothelial carcinoma of the bladder,⁸¹ pancreatic cancer associated with Schwachman-Diamond Syndrome,⁸² oropharyngeal squamous cell carcinoma⁸³ and hepatocellular carcinoma.⁸⁴ In addition, deletion, truncation and missense mutations were identified in CTNNA3 in NSCLCs⁸⁵ and laryngeal carcinoma.⁸⁶ In some of these studies, α T-cat was knocked-down and phenotypes typically associated with cancer were modestly enhanced (e.g., proliferation, invasion, migration).^{84,86} Intriguingly, SNPs in CTNNA3 were associated with radiation induced brain cancers⁸⁷ and focal loss of CTNNA3 was associated with a hybrid neurofibroma/ schwannoma,⁸⁸ perhaps consistent with the prominent expression of CTNNA3 in brain and peripheral nerve (Fig. 2). While these studies are suggestive, future work that makes use of validated, isoform-specific aT-cat antibodies and α T-cat knock-out/floxed mice^{15,53} will be required to determine the extent to which α T-cat is a *bona fide* tumor suppressor protein, particularly since the relationship between cell-cell adhesion and cancer is not universally suppressive.89

Revised evolutionary perspective

Comparison of the three α -catenin genes reveals that α T-cat is the most recently evolved, likely arising from an amniote-specific duplication of the α N-cat gene.⁹⁰ Evidence that α T-cat emerged with the development of terrestrial vertebrates that have a four-chambered heart, together with it being linked to ACM disease and required for normal cardiac function during murine lifespan, has led to the notion that α T-cat evolved to address the unique mechanical demands of

the heart.^{15,31,39} However, recent transcriptomic studies reveal that α T-cat is also abundantly expressed in the nervous system (Fig. 2).⁷⁶ This not only strengthens the plausibility of recent genetic linkages between α T-cat and neurological diseases,⁶⁹⁻⁷⁶ but suggests that α T-cat evolved to meet the demands of two very different tissue systems (i.e., brain/peripheral nerves and heart). The mechano-organizational features that α T-cat uniquely brings to adherens junctions across these systems will require further study. Thus, while most of α -catenin research has focused on the developmentally essential founding member, α E-cat, the developmentally dispensable α T-cat may be worthy of greater attention, emerging as a broadly diseaserelevant α -catenin.

Disclosure of potential conflicts of interest

No potential conflicts of interest were disclosed.

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