

Supplementary Tables

Table 1. Suppression-induced forgetting from Experiment 1 (%)

Think	No-think conscious	No-think unconscious	Control
64.79 (25.14)	54.79 (26.95)	55.83 (24.33)	61.67 (25.09)

Table 2. Shadow-induced forgetting from Experiment 1 (%)

	Independent Cue				Trained Cue			
	Think	No-think conscious	No-think unconscious	Control	Think	No-think conscious	No-think unconscious	Control
Identification	60.42 (23.17)	56.67 (20.60)	54.58 (21.35)	65.83 (23.56)	49.73 (21.89)	43.33 (18.31)	45.39 (17.14)	55.49 (20.63)
Gist	82.08 (19.75)	72.50 (24.03)	74.17 (20.31)	79.58 (21.18)	63.72 (18.91)	56.74 (24.37)	56.56 (18.10)	64.79 (22.28)

Table 3. Suppression-induced forgetting from Experiment 2 (%)

Think	No-think novel	No-think old	Control
69.62 (23.97)	55.42 (24.64)	56.67 (24.55)	61.04 (21.88)

Table 4. Shadow-induced forgetting from Experiment 2 (%)

	Independent Cue			Trained Cue		
	Think	No-think unconscious	Control	Think	No-think unconscious	Control
Identification	60.50 (25.55)	52.83 (28.35)	62.08 (19.96)	77.08 (22.04)	68.96 (31.14)	77.08 (25.79)
Gist	45.22 (24.45)	40.10 (24.42)	49.44 (16.86)	57.21 (20.19)	48.93 (24.14)	58.37 (22.68)