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Predictable Resistance and Overall Survival of Gemcitabine/Cisplatin by Platelet Activation Index in Non-Small Cell Lung Cancer

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Background: Gemcitabine/cisplatin (GP) resistance displays a negative role in treating advanced and metastatic non-small cell lung cancer (NSCLC). Several studies found that the association existed between platelets and cancer antigen 125 (CA125) with anticancer drugs. But the exact correlation between GP resistance and platelet activation index remains poorly understood.





Material/Methods: Pre-chemotherapy platelet activation index and CA125 were retrospectively evaluated in 169 advanced and metastatic NSCLC patients. All variables were screened by chi-square test and then evaluated by log-rank test. Survival curves were generated by Kaplan-Meier analysis. Univariate and multivariate survival analysis were performed by using Cox proportional hazards model.

Results: The overall rate of GP resistance for NSCLC patients was 72.19%. Mean platelet volume (MPV) and plateletcrit (PCT) are negative predictors of GP resistance adenocarcinoma [Odds ratio (OR): 5.81, 95% confidence interval (CI): 1.082–31.195, $P=0.004$] and squamous cell carcinoma (PCT: R: 3.517, 95% CI: 1.087–11.387, $P=0.036$), respectively. But both were an independent factor associated with overall survival (OS). Moreover, only CA125 was a dependent factor associated with OS for squamous cell carcinoma [OS: hazard ratio (HR): 1.741, 95% CI: 1.002–3.024, $P=0.049$; GP resistance: OR: 4.862, 95% CI: 1.437–16.448, $P=0.011$].

Conclusions: Platelet activation index will be a potential marker for predicting GP resistance. Besides, $CA125 \geq 16.9$ could be used as a potential marker for predicting GP resistance and OS, which was more sensitive than $CA125 \geq 35$ for squamous cell carcinoma.

MeSH Keywords: **Blood Platelets • Carcinoma, Non-Small-Cell Lung • Drug Resistance • Mean Platelet Volume**

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Background

Non-small cell lung cancer (NSCLC) continues to be the cancer with the highest incidence and cancer-related mortality among malignant tumors, accounting for approximately 80% of all diagnosed lung cancer cases. The main reason for poor prognosis is that the great majority of NSCLC patients are diagnosed at an advanced stage [1]. With the development of technology, many methods have been used to treat NSCLC [2–6]. Chemotherapy has become the standard approach in the treatment of advanced NSCLC [7]. Gemcitabine/cisplatin (GP) serves as first-line doublet chemotherapy for treating advanced NSCLC, with an objective response rate of 20%, median progression-free-survival of 6.1 months, and median overall survival (OS) time of 13.1 months [8]. Unfortunately, not all the sufferers receive clinical benefits from GP chemotherapy [8]. The majority of patients treated with GP who are GP resistance will eventually become deceased, which suggests that we need to find a suitable marker to predict GP resistance before its use.

Platelets count is commonly used to evaluate whether chemotherapy can be used for patients. Recently, several studies found complex interactions between platelets and tumor cells resulting in tumor progression and metastases [9,10]. Clinical studies reported that platelet activation index including platelet count (PLC), mean platelet volume (MPV), platelet distribution width (PDW), and plateletcrit (PCT) were associated with poor prognosis in solid tumors [11–15]. Theoretically, platelets display an anti-proliferative effect role through releasing various growth factors during chemotherapy [16]. In fact, laboratory research demonstrated that platelets increase the survival of tumor cells challenged with anticancer drugs [16]. Furthermore, a few researchers found that some anti-platelet drugs enhanced the effect of anticancer drugs, including gemcitabine, paclitaxel, and 5-fluorouracil, by a complicated mechanism that downregulates the phosphorylation of DNA repair proteins and epithelialization in cancer cells, while enhancing drug-induced cell cycle arrest [16–18]. It might imply an important link between platelet activation index and GP resistance for NSCLC patients.

Additionally, cancer antigen 125 (CA125) ≥ 35 is commonly considered a marker of disease progression and sometimes also a sign of ineffective chemotherapy by oncologists. In this study, we focused on the evaluation of GP resistance and prognosis via platelet activation index such as PLT, MPV, PCT, and PDW in NSCLC patients. The potential value of CA125 in predicting both GP resistance and OS time were also discussed.

Material and Methods

Enrolled population

This work was approved by Zhejiang Cancer Hospital Ethic Committee. Based on the patient enrollment criteria, 169 NSCLC patients were enrolled by a medical team at our hospital (to reduce the subjective differences in the treatment groups) from January 2008 to December 2010. The information about patient gender, age, smoking status, histology, tumor-node-metastasis (TNM) stage, PLT, MPV, PCT, PDW, and CA125 were collected based on the original patient records.

Cancer staging was assessed by the TNM classification criteria issued by the International Union Against Cancer (UIAC) in 2007. Peripheral blood was collected with EDTA tubes at 1 week before chemotherapy. The routine full blood test was performed by our hospital Clinical Laboratory Department.

Patient enrollment criteria were as follows: 1) without any treatment before GP chemotherapy; ≥ 2 cycles of GP chemotherapy (gemcitabine (GEM) 1000 mg/m² day 1 and 8 + cisplatin (DDP) 35–45 mg/m² day 1 and 2). 2) 18 years < age < 75 years, life expectancy ≥ 3 months (90 days); pathological diagnosis of squamous cell carcinoma or adenocarcinoma. 3) Systemic functional status score (WHO ECOG) 0–2 or KPS score ≥ 70 . 4) Bone marrow hematopoietic function is basically normal: peripheral blood leukocyte count $\geq 3.5 \times 10^9/L$, neutrophil absolute value number $\geq 1.5 \times 10^9/L$, hemoglobin ≥ 9.0 g/L, platelet count $\geq 100 \times 10^9/L$. 5) Liver and kidney function test: serum aminotransferase ≤ 2 times the upper limit of normal, total bilirubin ≤ 1.5 times the upper limit of normal, serum creatinine ≤ 1.5 times the upper limit of normal or serum creatinine clearance ≥ 50 mL/min. 6) No previous history of malignancy, organ function was normal, without serious complications, or died from lung cancer and related complications.

Exclusion criteria were as follows: 1) allergy and allergy to many drugs, 2) suffers from mental disorders, 3) severe infection or organic disease, 4) for women, pregnancy and lactation.

To determine OS, follow-up was conducted by telephone and during hospitalization from April 6, 2011. The survival time was calculated until the last follow-up (April 24, 2012).

Response evaluation

The primary drug resistance with GP chemotherapy were assessed after 2 cycles of chemotherapy, based on the rules established the Response by Evaluation Criteria in Solid Tumors (RECIST) [19]. The standard with GP chemotherapy resistance follows the principles described by Altan et al. [20].

Table 1. Different variables according to histology with NSCLC.

Variable	ADC (n=90)	SqCC (n=79)	P value	
Gender				
Female	35 (38.889)	12 (15.190)	0.001	
Male	55 (61.111)	67 (84.810)		
Age (yr)				
Median (range)	53.311±10.211 (27–73)	57.038±6.991 (44–72)	0.007	
TNM stage				
IIIA	8 (8.889)	12 (15.190)	0.378	
IIIB	28 (31.111)	26 (32.911)		
IV	54 (60.000)	41 (51.899)		
Smoking				
Never smoker	41 (45.556)	21 (26.582)	0.011	
Current or former smoker	49 (54.444)	58 (73.418)		
GP resistance				
PD+SD	71 (78.889)	51 (64.557)	0.038	
PR+CR	19 (21.111)	28 (35.443)		
State				
Alive	15	16	0.548	
Death	75	63		
Median survival time [MST]	505 days	434 days		
PLT (10 ⁹ /L)	Median (range)	249.689±77.664 (123–484)	260.430±87.46 (120–483)	0.402
MPV (fl)	Median (range)	10.639±1.594 (7.1–18.5)	10.162±1.708 (6.5–14.7)	0.064
PCT (%)	Median (range)	0.263±0.079 (0.15–0.62)	0.257±0.070 (0.13–0.46)	0.586
PDW (%)	Median (range)	13.662±2.826 (8.1–22.7)	13.585±3.033 (8.5–23.7)	0.88
CA125 (U/mL)	Median (range)	93.451 (6.4–509.2)	59.713 (6.5–677.3)	0.001

NSCLC – non-small cell lung cancer; ADC – adenocarcinoma; SqCC – squamous cell carcinoma; GP – gemcitabine+cisplatin; PD – progressive disease; SD – stable disease; PR – partial response's; CR – complete response; PLC – platelet count; MPV – mean platelet volume; PDW – platelet distribution width; PCT – plateletcrit, OS – overall survival time.

PLR measurement

The PLC, MPV, PDW, PCT, and CA125 of peripheral blood were measured with an automatic hematology analyzer 1 week before GP chemotherapy.

Statistical analysis

Inter-group differences in categorical variables were assessed for significance using the chi-square test; differences in continuous variables were assessed using the Mann-Whitney U test or *t*-test. The optimal cutoff value for age, PLC, MPV, PDW, PCT, and CA125 were determined by receiver operating characteristic (ROC) curve analysis. All variables were screened by chi-square test and then evaluated by log-rank test to confirm the risk factors eventually. Survival curves were generated

by Kaplan-Meier analysis. Univariate and multivariate survival analysis were performed using Cox proportional hazards model. All data were analyzed by SPSS 16.0 software. (Version 16.0, purchase by SPSS software package). *P*<0.05 was considered as statistical significance.

Results

Patient characteristics

The characteristics of the patients according to histology are summarized in Table 1. Only 31 patients (24.627%) were alive after the last follow-up (April 24, 2012) among the 169 patients who were enrolled in our study. In total, 72.19% of NSCLC patients (122 out of 169) developed GP resistance. According to

Table 2. The correlation between the parameters and GP resistance.

Variable	B	OR	95% CI	P value
Gender	0.476	0.4	0.588–3.792	0.4
Age (yr)	0.02	0.169	0.988–1.071	0.169
Smoking	0.425	0.387	0.628–3.324	0.387
CA125(U/mL)	0.002	0.197	0.994–1.001	0.197

GP – gemcitabine+cisplatin; OR – odds ratio; CI – confidence interval.

Table 3. The Age, PLT, MPV, PCT, PDW, CA125 markers for prediction of survival status.

Variable	AUC (95% CI)	SN, %	SP, %	Cut-off value
Age (yr)	0.503 (0.395–0.611)	0.877	0.968	44.5
PLT (10 ⁹ /L)	0.517 (0.404–0.63)	0.899	0.806	166.5
MPV (fl)	0.504 (0.396–0.613)	0.312	0.194	11.05
PCT (%)	0.544 (0.436–0.653)	0.464	0.323	0.255
PDW (%)	0.54 (0.43–0.649)	0.543	0.355	13.15
CA125 (U/mL)	0.652 (0.548–0.757)	0.746	0.419	19.8

AUC – area under the curve; CI – confidence interval; SN – sensitivity; SP – specificity; PLC – platelet count; MPV – mean platelet volume; PDW – platelet distribution width; PCT – plateletcrit.

pathological histology, we divided the 169 cases into 2 groups: 90 cases (53.254%) had adenocarcinoma (ADC group) and 79 cases (46.746%) had squamous cell carcinoma (SqCC group). Among all the variables, gender, age (years), smoking status, CA125 (U/mL), and GP resistance were significantly different between the 2 groups, especially the factor of GP resistance.

However, between the two groups, gender, age, smoking status, and CA12 were not the influence factors for GP resistance according to non-conditional logistic regression analysis (Table 2). Therefore, the study result that showed the incidence of GP resistance in the ADC group was higher than that in the SqCC group was reliable (71 out of 90 cases versus 51 out of 79 cases, $P=0.038$ at <0.05 , Table 1).

Subgroup analysis for OS according to histology

First, we used ROC curve analysis to determine the optimal cutoff value for age, PLC, MPV, PDW, PCT, and CA125 for prediction of survival status, which was 44.5, 166.5, 11.05, 0.255, 13.15, and 19.8, respectively (Table 3, Figure 1). Second, we investigated the OS value of pathological histology type relative to gender, age, TNM stage, GP resistance, smoking status, PLT, MPV, PCT, PDW, and CA125 (Table 4). There was no significant correlation between the OS value and histology irrespective of parameters (gender, age, TNM stage, smoking status, PLT, MPV, PCT, PDW, and CA125). We found that the SqCC group had

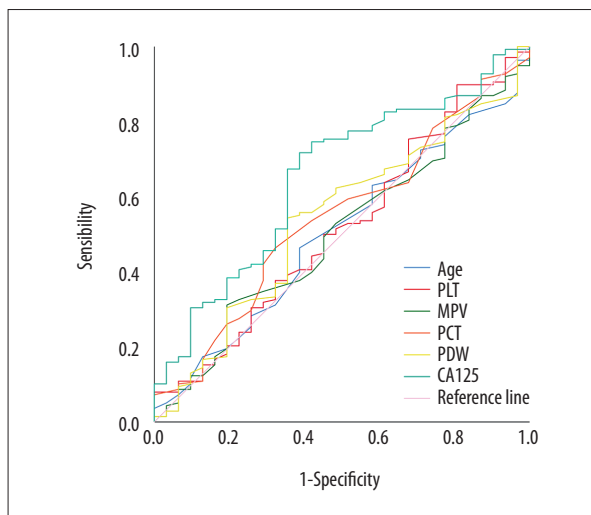


Figure 1. Overall survival in NSCLC group. ROC curve analysis was performed to analyze the optimal cutoff values of age, PLC, MPV, PCT, PDW, and CA125 for survival status prediction. NSCLC – non-small cell lung cancer; ROC – receiver operating characteristic; PLC – platelet count; MPV – mean platelet volume; PCT – plateletcrit; PDW – platelet distribution width; CA125 – cancer antigen 125.

Table 4. Subgroup analysis for OS according to histology.

Histology	OS, days				
	N (%)	Median (SD)	95%CI	P value	
Gender					
Female	ADC	35 (74.468)	626 (84.373)	460.629–791.371	0.419
	SqCC	12 (25.532)	357 (175.604)	12.817–701.183	
Male	ADC	55 (45.082)	460 (76.106)	310.832–609.168	0.842
	SqCC	67 (54.918)	437 (65.476)	308.668–565.332	
Age (yr)					
<44.5	ADC	11 (61.111)	405 (125.51)	159.001–650.999	0.487
	SqCC	7 (38.889)	456 (115.738)	229.153–682.847	
≥44.5	ADC	79 (52.318)	562 (56.302)	451.649–672.351	0.214
	SqCC	72 (47.682)	429 (63.109)	305.306–552.694	
TNM stage					
IIIA	ADC	8 (40)	867 (166.651)	540.364–1193.636	0.932
	SqCC	12 (60)	502 (233.48)	44.378–959.622	
IIIB	ADC	28 (51.852)	697 (97.404)	506.089–887.911	0.058
	SqCC	26 (48.148)	434 (95.607)	246.611–621.389	
IV	ADC	54 (56.842)	436 (35.63)	366.165–505.835	0.735
	SqCC	41 (43.158)	356 (11.068)	334.307–377.693	
GP resistance					
PD+SD	ADC	71 (58.197)	554 (62.722)	431.065–676.935	0.047
	SqCC	51 (41.803)	356 (17.068)	322.546–389.454	
PR+CR	ADC	19 (40.426)	544 (156.353)	237.548–850.452	0.618
	SqCC	28 (59.574)	480 (101.273)	281.504–678.496	
Smoking					
Never smoker	ADC	41 (66.129)	606 (48.649)	510.647–701.353	0.304
	SqCC	21 (33.871)	343 (166.587)	16.489–669.511	
Current or former smoker	ADC	49 (45.794)	460 (36.052)	389.339–530.661	0.667
	SqCC	58 (54.206)	437 (71.081)	297.682–576.318	
PLT (10⁹/L)					
<166.5	ADC	11 (55)	455 (107.894)	243.527–666.473	0.491
	SqCC	9 (45)	476 (58.138)	362.05–589.95	
≥166.5	ADC	79 (53.02)	554 (65.425)	425.768–682.232	0.214
	SqCC	70 (46.98)	429 (59.315)	312.743–545.257	

Table 4 continued. Subgroup analysis for OS according to histology.

Histology	OS, days				
	N (%)	Median (SD)	95%CI	P value	
MPV (fl)					
<11.05	ADC	61 (50.833)	481 (68.456)	346.827–615.173	0.64
	SqCC	59 (49.167)	474 (71.315)	334.223–613.777	
≥11.05	ADC	29 (59.184)	606 (100.463)	409.092–802.908	0.095
	SqCC	20 (40.816)	289 (105.654)	81.917–496.083	
PCT (%)					
<0.255	ADC	46 (48.421)	544 (77.432)	392.234–695.766	0.826
	SqCC	49 (51.579)	474 (29.408)	416.361–531.639	
≥0.255	ADC	44 (59.459)	505 (90.89)	326.855–683.145	0.209
	SqCC	30 (40.541)	356 (19.855)	317.084–394.916	
PDW (%)					
>13.15	ADC	44 (53.012)	481 (75.528)	332.964–629.036	0.204
	SqCC	39 (46.988)	429 (67.809)	296.095–561.905	
≤13.15	ADC	46 (53.488)	570 (85.344)	402.725–737.275	0.966
	SqCC	40 (46.512)	437 (88.544)	263.454–610.546	
CA125 (U/mL)					
<19.8	ADC	19 (35.549)	744 (156.327)	437.599–1050.401	0.527
	SqCC	34 (64.151)	695 (129.722)	440.744–949.256	
≥19.8	ADC	71 (61.207)	455 (37.323)	381.848–528.152	0.07
	SqCC	45 (38.793)	357 (9.389)	338.597–375.403	

OS – overall survival time; SD – standard deviation; CI – confidence interval; ADC – adenocarcinoma; SqCC – squamous cell carcinoma; GP – gemcitabine+cisplatin; PD – progressive disease; SD – stable disease; PR – partial responses; CR – complete response; PLC – platelet count; MPV – mean platelet volume; PDW – platelet distribution width; PCT – plateletcrit.

significantly shorter OS than the ADC group once the GP resistance occurred (ADC: median survival time (MST)=554 days vs. SqCC: MST 356 days, $P=0.047$, Table 4, Figure 2).

The impact of various factors on GP resistance to OS in the ADC group

First, the optimal cutoff value with GP resistance for age, PLT, MPV, PCT, PDW, and CA125 were determined by ROC curve analysis. And were 66.5, 235.5, 10.85, 0.355, 12.2, and 29.55, respectively (Table 5, Figure 3). Then, we assessed risk factors with GP resistance for the ADC group by univariate analysis and multivariate analysis. We found that the presence of GP resistance was an independent factor associated with MPV (≥ 10.85) factors [odds ratio (OR): 5.81, 95% confidence interval

(CI): 1.082–31.195, $P=0.004$] eventually (Tables 6, 7). In addition, we found that there was no significant link between GP resistance and CA125, whether we used 35 or 29.55 as the optimal cutoff value for CA125 (Tables 6, 7).

Finally, we found there was no significant correlation between OS and MPV, with using 10.85 as the optimal cutoff value for MPV [hazard ratio (HR): 1.025, 95%CI: 0.321–3.271, $P=0.967$, Table 8].

The impact of various factors on GP resistance to OS in the SqCC group

First, we determined the optimal cutoff value with GP resistance for age, PLT, MPV, PCT, PDW, and CA125 were 58.5, 229.5,

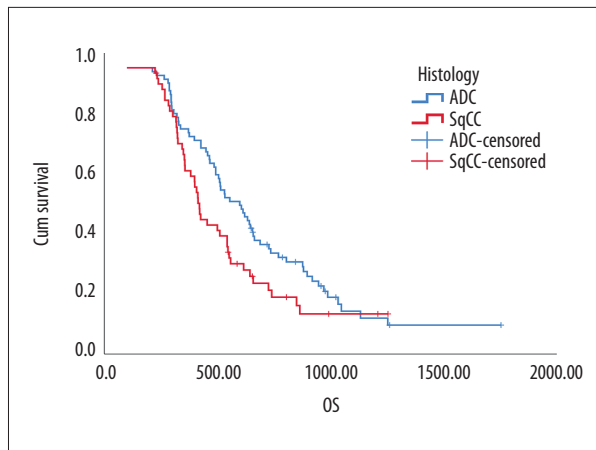


Figure 2. Kaplan-Meier analysis of the overall survival of histology difference in non-small cell lung cancer patients with gemcitabine/cisplatin resistance ($P=0.047$, $n=122$).

9.3, 0.235, 14.95, and 16.9 respectively, by ROC curve analysis (Table 9, Figure 4). Then, using 35 as the CA125 (U/mL) standard cutoff value, we confirmed PCT (%) (≥ 0.235) and CA125 (U/mL) (≥ 16.9) were dependent predictors of GP resistance in the lung SqCC group by chi-square test and log-rank test. At the same time, by comparison, we found GP resistance evaluated at a cutoff value of 16.9 for CA125 was more sensitive than using 35 as a cutoff value for CA125.

In addition, although PDW (%) (< 14.95) and CA125 (≥ 16.9) were not dependent factors of GP resistance, we found they were both significantly associated with GP resistance (Table 10). Then, we assessed risk factors with GP resistance for the SqCC group by univariate analysis and multivariate analysis. We found the presence of GP resistance was an independent factor associated with PCT MPV (≥ 0.235) factors (OR: 3.517, 95% CI: 1.087–11.387, $P=0.036$), and CA125 (≥ 16.9) factors (OR: 4.862, 95% CI: 1.437–16.448, $P=0.011$) (Table 11).

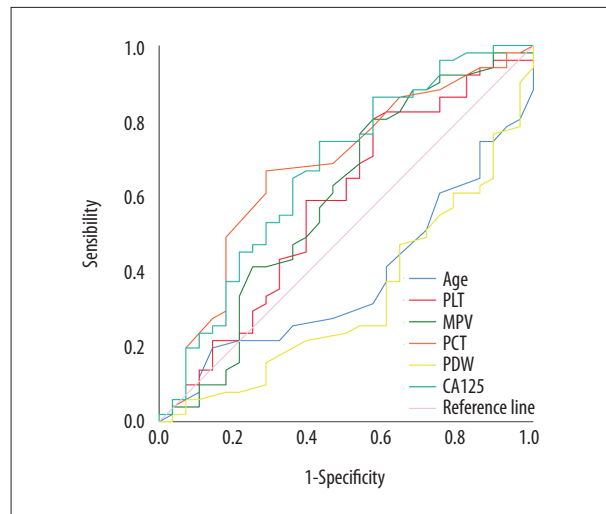


Figure 3. Gemcitabine/cisplatin resistance for adenocarcinoma. ROC curve analysis was used to measure the optimal cutoff values for gemcitabine/cisplatin resistance for age, PLT, MPV, PCT, PDW, and CA125. ROC – receiver operating characteristic; PLC – platelet count; MPV – mean platelet volume; PCT – plateletcrit; PDW – platelet distribution width; CA125 – cancer antigen 125.

Finally, we found no difference in the OS of PCT (≥ 0.235) group and PCT (< 0.235) group by Cox proportional regression model ($P=0.439$, Table 12). Therefore, the data presented in Table 12 for multivariate analysis were the results that incorporated PDW, TNM stage, and CA125 (not PDW, TNM stage, CA125, and GP resistance) into the Cox proportional regression model together. On the other hand, predicting GP resistance and OS evaluated at a cutoff value of 16.9 for CA125 was more sensitive than using 35 as a cutoff value for CA125 (cutoff = 16.9: HR: 1.741, CI: 1.014–2.988, $P=0.044$; cutoff = 35: HR: 1.365, CI: 0.816–2.284, $P=0.236$, Table 12). Additionally, the data analyzed from the Cox proportional regression model, which included GP resistance and TNM stage, showed that GP resistance was a prognostic factor independent of stage (HR: 1.858,

Table 5. The age, PLT, MPV, PCT, PDW, CA125 markers for prediction of GP resistance for ADC.

Variable	AUC (95% CI)	SN, %	SP, %	Cut-off value
Age (yr)	0.504 (0.353–0.656)	0.085	0.211	65.5
PLT ($10^9/L$)	0.463 (0.321–0.604)	0.437	0.632	235.5
MPV (fl)	0.616 (0.488–0.745)	0.451	0.105	10.85
PCT (%)	0.499 (0.35–0.648)	0.099	0.211	0.355
PDW (%)	0.579 (0.423–0.734)	0.676	0.421	12.2
CA125 (U/mL)	0.459 (0.324–0.594)	0.549	0.737	29.55

AUC – area under the curve; CI – confidence interval; SN – sensitivity; SP – specificity; PLC – platelet count; MPV – mean platelet volume; PDW – platelet distribution width; PCT – plateletcrit.

Table 6. Univariate analysis of risk factors for GP resistance in ADC.

Variable	PD+SD (n, %)	PR+CR (n, %)	P value
Gender			
Female	28 (80)	7 (20)	0.837
Male	43 (78.182)	12 (21.818)	
Age (yr)			
<65.5	65 (81.25)	15 (18.75)	0.121
≥65.5	6 (60)	4 (40)	
TNM stage			
IIIA	6 (75)	2 (25)	0.438
IIIB	20 (71.429)	8 (28.571)	
IV	45 (83.333)	9 (16.667)	
Smoking			
Never smoker	32 (78.049)	9 (21.951)	0.858
Current or former smoker	39 (79.592)	10 (20.408)	
PLT (10 ⁹ /L)			
≥235.5	31 (72.093)	12 (27.907)	0.131
<235.5	40 (85.106)	7 (14.894)	
MPV (fl)			
<10.85	39 (69.643)	17 (30.357)	0.006
≥10.85	32 (94.118)	2 (5.882)	
PCT (%)			
≥0.355	7 (63.636)	4 (36.364)	0.186
<0.355	64 (81.013)	15 (18.987)	
PDW (%)			
<12.2	23 (67.647)	11 (32.353)	0.042
≥12.2	48 (85.714)	8 (14.286)	
CA125 (U/mL)			
≥29.55	39 (73.585)	14 (26.415)	0.14
<29.55	32 (86.486)	5 (13.514)	
CA125 (U/mL)- standard			
<35	34 (85)	6 (15)	0.204
≥35	37 (74)	13 (26)	

PD – progressive disease; SD – stable disease; PR – partial responses; CR – complete response; PLC – platelet count; MPV – mean platelet volume; PDW – platelet distribution width; PCT – plateletcrit.

Table 7. Multivariate analysis of risk factors for GP resistance in ADC.

Factors	OR	95%CI	P value
MPV(fl) (≥ 10.85)	5.81	1.082–31.195	0.04
PDW (%) (≥ 12.2)	1.377	0.431–4.403	0.589

GP – gemcitabine+cisplatin; ADC – adenocarcinoma; OR – odds ratio; CI – confidence interval; MPV – mean platelet volume; PDW – platelet distribution width.

Table 8. Cox proportional regression model for OS with ADC.

Variables	OS, days			
	Univariate		Multivariate	
	HR (95%CI)	P value	HR (95%CI)	P value
GP resistance (PD+SD vs. PR+CR)	1.081 (0.604–1.935)	0.793		
Gender (Male vs. Female)	1.447 (0.897–2.334)	0.13		
Age (yr) (<65.5 vs. ≥ 65.5)	0.522 (0.235–1.159)	0.11		
TNM stage (IIIA, IIIB, IV)	2.015 (1.351–3.007)	0.001	2.198 (1.458–3.313)	<0.001
Smoking (Never smoker vs. current or former smoker)	1.106 (0.701–1.744)	0.665		
PLT ($10^9/L$) (<235.5 vs. ≥ 235.5)	0.949 (0.602–1.496)	0.821		
MPV (fl) (<10.85 vs. ≥ 10.85)	1.025 (0.321–3.271)	0.967		
PCT (%) (<0.355 vs. ≥ 0.355)	0.835 (0.399–1.747)	0.64		
PDW (%) (<12.2 vs. ≥ 12.2)	1.094 (0.685–1.747)	0.707		
CA125 (U/mL) (<29.55 vs. ≥ 29.55)	0.53 (0.33–0.853)	0.009	0.459 (0.282–0.749)	0.002
CA125 (U/mL)-standard (<35 vs. ≥ 35)	1.757 (1.103–2.797)	0.018	2.117 (1.311–3.418)	0.002

OS – overall survival time; HR – hazard ratio; CI – confidence interval; GP – gemcitabine+cisplatin; PD – progressive disease; SD – stable disease; PR – partial responses; CR – complete response; PLC – platelet count; MPV – mean platelet volume; PDW – platelet distribution width; PCT – plateletcrit.

Table 9. The Age, PLT, MPV, PCT, PDW, CA125 markers for prediction of GP resistance for SqCC.

Variable	AUC (95% CI)	SN, %	SP, %	Cut-off value
Age (yr)	0.377 (0.253–0.502)	0.314	0.571	58.5
PLT ($10^9/L$)	0.578 (0.442–0.715)	0.647	0.393	229.5
MPV (fl)	0.593 (0.454–0.733)	0.804	0.571	9.3
PCT (%)	0.675 (0.549–0.802)	0.667	0.286	0.235
PDW (%)	0.329 (0.206–0.452)	0.235	0.571	14.95
CA125 (U/mL)	0.669 (0.539–0.798)	0.765	0.429	16.9

AUC – area under the curve; CI – confidence interval; SN – sensitivity; SP – specificity; PLC – platelet count; MPV – mean platelet volume; PDW – platelet distribution width; PCT – plateletcrit.

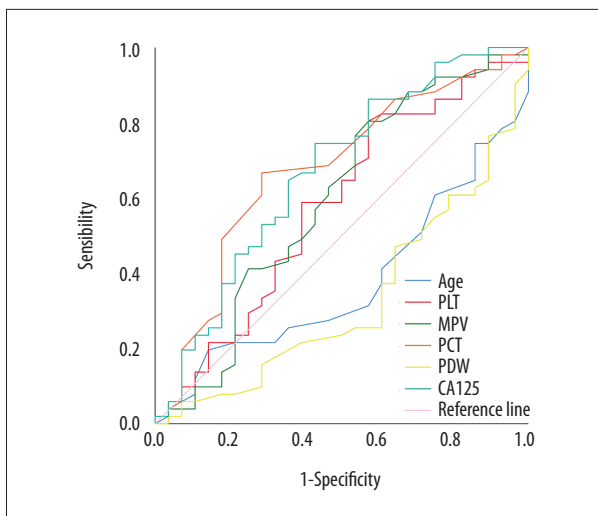


Figure 4. Gemcitabine/cisplatin resistance for squamous cell carcinoma. ROC curve analysis was used to assess the optimal cutoff values for gemcitabine/cisplatin resistance for age, PLT, MPV, PCT, PDW, and CA125. ROC – receiver operating characteristic; PLC – platelet count; MPV – mean platelet volume; PCT – plateletcrit, PDW – platelet distribution width; CA125 – cancer antigen 125.

Table 10. Univariate analysis of risk factors for GP resistance in SqCC.

Variable	PD+SD (n,%)	PR+CR (n,%)	P value
Gender			
Female	10 (75)	2 (25)	0.14
Male	41 (61.194)	26 (38.806)	
Age (yr)			
≥58.5	16 (50)	16 (50)	0.026
<58.5	35 (72.34)	12 (27.66)	
TNM stage			
IIIA	7 (58.333)	5 (41.667)	0.757
IIIB	16 (61.538)	10 (38.462)	
IV	28 (65.854)	13 (34.146)	
Smoking			
Never smoker	17 (76.19)	4 (23.81)	0.067
Current or former smoker	34 (58.621)	24 (41.379)	
PLT (10⁹/L)			
<229.5	18 (51.429)	17 (48.571)	0.03
≥229.5	33 (72.727)	11 (27.273)	
MPV (fl)			
<9.3	10 (45.455)	12 (54.545)	0.027
≥9.3	41 (70.175)	16 (29.825)	

Table 10 continued. Univariate analysis of risk factors for GP resistance in SqCC.

Variable	PD+SD (n,%)	PR+CR (n,%)	P value
PCT (%)			
<0.235	17 (45.946)	20 (54.054)	0.001
≥0.235	33 (78.571)	9 (21.429)	
PDW (%)			
≥14.95	13 (43.333)	17 (56.667)	0.002
<14.95	38 (75.51)	11 (24.49)	
CA125 (U/mL)			
<16.9	14 (44.828)	16 (55.172)	0.005
≥16.9	38 (74)	12 (26)	
CA125 (U/mL)-standard			
<35	30 (57.692)	22 (42.308)	0.077
≥35	21 (77.778)	6 (22.222)	

PD – progressive disease; SD – stable disease; PR – partial responses; CR – complete response; PLC – platelet count; MPV – mean platelet volume; PDW – platelet distribution width; PCT – plateletcrit.

Table 11. Multivariate analysis of risk factors for GP resistance in SqCC.

Factors	OR	95% CI	P value
Age (yr) (<58.5)	2.92	0.932–9.148	0.066
PLT (10 ⁹ /L) (≥229.5)	0.932	0.161–5.389	0.937
MPV (fl) (≥9.3)	4.258	0.696–26.069	0.117
PCT (%) (≥0.235)	3.517	1.087–11.387	0.036
PDW (%) (<14.95)	1.267	0.282–5.689	0.757
CA125 (U/mL) (≥16.9)	4.862	1.437–16.448	0.011

OR – odds ratio; CI – confidence interval; PLC – platelet count; MPV – mean platelet volume; PDW – platelet distribution width; PCT – plateletcrit.

CI: 1.084–3.186, $P=0.024$, Table 12). Overall, a cutoff value of 16.9 for CA125 was significantly associated with GP resistance and OS for the SqCC group (Figure 5).

Discussion

According to the NCCN and European Society for Medical Oncology guidelines, GP chemotherapy is one of the recommended first-line treatment options for patients with advanced and metastatic NSCLC [21,22]. The objective response rate with GP chemotherapy for NSCLC patients is approximately 30% [23], which is close to our result of 27.81%.

A few studies have demonstrated the ascendancy of GP for squamous cell carcinoma in ORR (objective response rate) and OS [24,25]. In our study, we also found ORR with GP chemotherapy for ADC patients was significantly lower than that in SqCC patients. Strangely, we found the SqCC patients had significant shorter OS than ADC patients with the condition of GP resistance. According to the existing literature reports, few follow-up treatment options are recommended for those with squamous cell and adenocarcinoma histology once the GP resistance happens [22]. It is seldom reported that squamous cell NSCLC patients got benefit from third generation EGFR-TKI targeted drugs or immunotherapy agents compared to adenocarcinoma histology. Therefore, it is particularly important to know the risk factors with GP resistance for lung squamous

Table 12. Cox proportional regression model for OS with SqCC.

Variables	OS, days			
	Univariate		Multivariate	
	HR (95%CI)	P value	HR (95%CI)	P value
GP resistance (PD+SD vs. PR+CR)	1.78 (1.042–3.041)	0.035		
Gender (Male vs. Female)	1.196 (0.569–2.515)	0.636		
Age (yr) (<58.5 vs. ≥58.5)	1.284 (0.775–2.126)	0.332		
TNM stage (IIIA, IIIB, IV)	1.546 (1.087–2.197)	0.015	1.502 (1.064–2.119)	0.021
Smoking (Never smoker vs. current or former smoker)	0.93 (0.519–1.666)	0.807		
PLT (10 ⁹ /L) (<229.5 vs. ≥229.5)	1.127 (0.681–1.862)	0.642		
MPV (fl) (<9.3 vs. ≥9.3)	1.629 (0.927–2.863)	0.09		
PCT (%) (<0.235 vs. ≥0.235)	1.217 (0.74–2.004)	0.439		
PDW (%) (<14.95 vs. ≥14.95)	1.74 (1.028–2.943)	0.039	1.617 (0.952–2.748)	0.076
CA125 (U/mL) (<16.9 vs. ≥16.9)	1.741 (1.014–2.988)	0.044	1.741 (1.002–3.024)	0.049
CA125 (U/mL)-standard (<35 vs. ≥35)	1.365 (0.816–2.284)	0.236		

OS – overall survival time; HR – hazard ratio; CI – confidence interval; GP – gemcitabine+cisplatin; PD – progressive disease; SD – stable disease; PR – partial responses; CR – complete response; PLC – platelet count; MPV – mean platelet volume; PDW – platelet distribution width; PCT – plateletcrit.

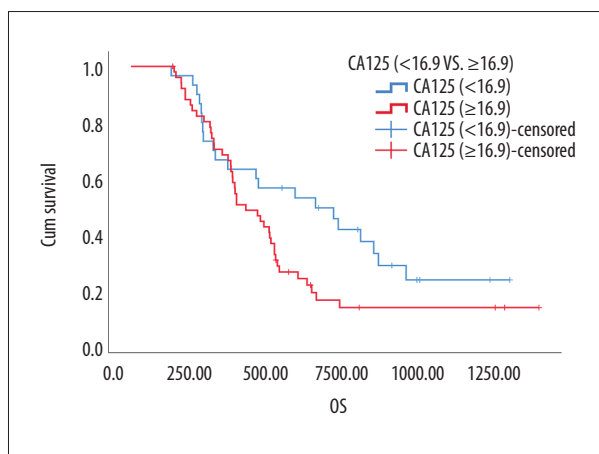


Figure 5. Kaplan-Meier analysis of the overall survival of CA125 (U/mL) in squamous cell carcinoma patients (P=0.049, n=79). CA125, cancer antigen 125.

cell carcinoma, so that patients are not exposed to potentially harmful GP chemotherapy without benefits.

Recently, the relationship between GP resistance and platelet activation is getting more and more attention. The complex mechanism between platelets and GP resistance lies in epithelialization: increasingly activated platelets through direct contact or release of transforming growth factor beta 1 (TGFβ1) can activate epithelial-mesenchymal transition (EMT) in tumor

cells [26–29]. Then a variety of adhesion proteins and transcriptional factors (Snail, Slug, and EMX2) are upregulated by epithelialization resulting in GP resistance [30–32].

PCT is the marker of platelet activation, which is obtained by multiplying PLT and MPV. Changes in the PCT have been reported in a small number of inflammatory diseases and cancer patients [33]. Higher PCT seems to be associated with tumorigenesis for epithelial ovarian cancer [34]. In this study, we found that PCT ≥0.235 had no significant link with outcomes but was a main risk factor for GP resistance for lung squamous cell carcinoma. PCT is a maker that seems to be mainly associated with platelet plaque formation [35], including tumor cell-induced platelet aggregation (TCIPA) through tumor cells and platelet-related interactions, resulting in the release of platelet cytokines to tumor cells, and finally affecting GP resistance [30,36]. Simultaneously, we found that MPV ≥10.85 was the only main risk factor with GP resistance for lung adenocarcinoma cell carcinoma. MPV level is regarded as a signal of abnormal platelet production and activation, especially for high platelet levels. Thus, larger platelets release more cytokines upon stimulation than smaller ones, and some of cytokines can hearten epithelial-mesenchymal transition (EMT) in tumor cells, leading to GP resistance [28,29,37,38]. This is the reason why MPV ≥10.85 was the only main risk factor with GP resistance for lung adenocarcinoma cell carcinoma in this research.

Generally, increasing the value of CA125 is often considered a sign of ineffective treatment after GP chemotherapy compared with before therapy. The mechanism involved may be related to enhance mesohaline-related EMT [38]. In our research, we found that CA125 ≥ 16.9 was more sensitive than CA125 ≥ 35 to predictive GP resistance for lung squamous cell carcinoma. Furthermore, we found that MPV ≥ 10.85 was more sensitive than CA125 ≥ 35 to predictive GP resistance for lung adenocarcinoma cell carcinoma, and PCT ≥ 0.235 was more sensitive than CA125 ≥ 35 to predictive GP resistance for lung squamous cell carcinoma. But we also found that CA125 ≥ 16.9 was more sensitive than PCT ≥ 0.235 to predictive GP resistance for lung squamous cell carcinoma. This suggests that GP resistance emerges at the cutoff value of 16.9 for CA125 but not 35.

Conclusions

PCT and MPV are important parameters showing platelet functions, and PCT and MPV decrease has been shown in earlier studies in colorectal cancer treated with bevacizumab [39]. In our study, MPV ≥ 10.85 was significantly related to GP resistance for lung adenocarcinoma cell carcinoma, and PCT ≥ 0.235 was significantly related to GP resistance for lung squamous cell carcinoma. Therefore, platelets and its activation index will be potential makers for predicting GP resistance. Furthermore, platelets and its activation index are likely to be used more extensively due to their low cost in comparison with serum tumor markers.

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In clinical practice, the intense surveillance for platelet-related indicators of NSCLC is conducive to early understanding of the status of GP resistant for NSCLC, which is of great significance for disease assessment, treatment guidance, and complications prevention of NSCLC. With the pervasive application of platelet-related indicators in NSCLC, we expect to be able to effectively control the risk factors to reduce the morbidity and mortality of NSCLC.

To the best of our knowledge, this is the first study to use the ROC curve replaced Bonferroni test analysis. In this study, we confirmed that the ideal cutoff value of PCT was 0.235 for predicting GP resistance in patients with advanced stage IIIA–IV lung squamous cell carcinoma, and had a significantly higher area under the curve (AUC) value than CA125 ≥ 16.9 ; MPV was 10.85 for predicting GP resistance in patients with advanced stage IIIA–IV lung adenocarcinoma cell carcinoma. Besides, CA125 ≥ 16.9 was a potential marker for predicting GP resistance and OS, which was more sensitive than CA125 ≥ 35 as well.

There were some limitations to this study. This was a single-center, small sample, retrospective study; multicentric prospective studies are needed to reduce selection bias. In future research, we will make the value of platelet activation index and CA125 with GP resistance more precise and operable by increasing the clinical cases in future research.

Conflict of interests

None.

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