ORIGINAL PAPER

Eye bank issues: II. Preservation techniques: warm versus cold storage

Pels Elisabeth · Beele Hilde · Claerhout Ilse

Received: 8 February 2007/Accepted: 28 March 2007/Published online: 16 May 2007 © Springer Science+Business Media B.V. 2007

Abstract Most of the tissue used for penetrating keratoplasty is issued through eye banks that store the corneoscleral button either in hypothermic storage at $2-6^{\circ}$ C or in organ culture at $31-37^{\circ}$ C.

These two preservation techniques differ in technical aspects, tissue evaluation possibilities, storage time and microbiological safety. Hypothermic storage is simple and requires little expensive equipment. In general a pre-storage evaluation of the endothelium is performed by specular microscopy and storage time is usually around 7–10 days. Organ culture is a relatively complicated technique requiring more expertise and well-equipped facilities. Evaluation of the endothelium is not only performed before storage, but is routinely performed after storage through the use of light microscopy. With organ culture the allowed storage period is longer, up to four weeks. The vulnerability of organ culture to microbial

contamination can be turned into an advantage because it allows the detection of residual micro-organisms on the cornea before surgery. Both preservation techniques seem to result in similar graft survival.

The method of choice for preservation of the donor cornea is dictated by a number of factors mentioned in this review and this helps to explain the geographical differences in the use of the different techniques.

Keywords Organ culture · Hypothermic storage · Eye banking

Introduction

Throughout the world post-mortem eye tissue is used for keratoplasty. The generally accepted storage method for the whole globe is the "moist chamber"; a moistened pot at 2–6°C introduced in 1935 [1]. The corneoscleral button is stored in tissue culture medium, either in the hypothermic storage method at 2–6°C introduced in 1974 [2] or in the organ culture method at 31–37°C introduced in 1976 [3]. Corneas cannot reliably be frozen.

The prevailing storing technique today is the storage of the corneoscleral button. The storage time can be extended by removing the corneoscleral button from the globe. A longer storage time permits greater flexibility in the use of the donor tissue and prevents wastage. In addition in many countries, for different reasons, legal or ethical, corneoscleral disc

P. Elisabeth

Cornea Bank Amsterdam, Netherlands Institute for Neuroscience, Meibergdreef 47, 1105 BA Amsterdam, The Netherlands

B. Hilde

Tissuebank, Ghent University Hospital, De Pintelaan 185, 9000 Ghent, Belgium

C. Ilse (⊠)

Department of Ophthalmology, Ghent University Hospital, De Pintelaan 185, 9000 Ghent, Belgium e-mail: Ilse.Claerhout@UGent.be



excision in situ is preferred to the removal of the whole globe. Moreover, the preparation of lamellae and mushroom-shaped grafts from a corneoscleral button is nowadays possible with help of an artificial anterior chamber. With the introduction of the preservation media, corneal surgeons have to rely on highly skilled technicians employed in eye banks selecting and storing the donor tissue.

The original hypothermic storage solution, the M–K medium, has been succeeded by other solutions claiming better and longer maximum storage results. The hypothermic method is common all over the world.

Although organ culture originates from the United States [3, 4] it has been strongly promoted by the Eye Bank of Århus in Denmark [5, 6] and is now widely applied in Western Europe but not commonly used elsewhere. After some modifications shortly after its introduction the organ culture storage technique has stayed the same. The storage media became commercially available although some eye banks still prefer to prepare them themselves. They differ slightly in composition between banks and countries [7].

Both storage methods, hypothermic and organ culture will be compared considering technical aspects, tissue evaluation possibilities, storage time, microbiological safety, graft survival and future applications with regard to the increased interest in lamellar grafting.

Technical aspects

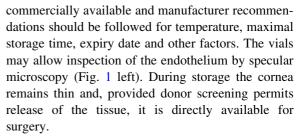
General

Procurement and storage techniques have to be performed under aseptic conditions. Increasingly, eye banks have a formally established quality assurance program.

This and the increasing regulation may affect banks working on a smaller scale. For example in France the number of operating eye banks reduced form 226 in 1993 to 43 in 2004.

Hypothermic storage

The technique is simple: refrigerator storage with minimal handling. It requires no complex or expensive equipment. The storage solutions are



The medium consists of a tissue culture medium, supplemented with antibiotics, deturgescent agents like dextran and chondroitin sulphate to prevent corneal swelling in vitro, and other additives such as energy sources, antioxidants, membrane stabilizing and growth factors to improve the storage capacity. Inspection of the tissue by slit-lamp and/or specular microscope can be performed in a closed system.

Organ culture

The technique is relatively complicated, despite the fact that nowadays the storage solutions are commercially available.

The corneas are stored in an incubator at 30–37° C in a tissue culture medium, supplemented with fetal or newborn calf serum, antibiotics and antimycotics (Fig. 1 right). Dehydrating macromolecules, necessary to maintain normal hydration in vitro, are ingested by the corneal cells at a physiological temperature and found accumulated in vacuoles in the cells and layers of the cornea [8, 9]. Therefore they are omitted from the storage solution. As a result the cornea swells to about twice its normal thickness during storage. The swelling should be reversed before transplantation. This is performed by placing the cornea in the storage medium supplemented with dextran. This so-called transport medium is also used for the transport of the cornea at room temperature. The extent of deswelling depends on the dextran concentration, varying from 4-8% in the different banks, resulting in a thickness of about 0.5 to 0.7 mm, depending on the preference of the surgeon(s) using the tissue from a certain bank. The maximum time the cornea spends in the transport medium also varies between banks; from less than one up to seven days [7, 8]. The risk of the ingested dextran in relation to the export area and transport time is judged differ-

Depending on the media used, renewal of the medium occurs after 10–14 days of storage [7]. For



Fig. 1 Corneoscleral buttons in different vials for hypothermic storage (left) and in the incubator during organ culture (right)



inspection of the endothelium, mandatory after storage, an invasive technique has to be used, which has to be performed under strict aseptic conditions.

The necessary transfer of the cornea from the storage to the transport solution averts a stored cornea from being directly available for use. Besides, a minimal storage period is required for microbiological testing. All this makes the technique more complicated than the hypothermic storage method.

Tissue evaluation

General

Irrespective of the storage method(s) used the donor should be adequately screened. Tissue that is potentially hazardous to eye bank personnel and the recipient should be excluded in addition to tissue that poses a risk for the success of the surgery. Physical assessment, serologic testing and evaluation of medical and social history of the donor are mandatory.

Routine inspection of the endothelium is also part of the donor evaluation. Moreover, it can play an important role in setting higher and more-uniform quality standards for tissue acceptance. It may also help to increase the donor supply by assessing corneas that may otherwise be arbitrarily excluded for transplantation on the basis of age or time post mortem. The possibilities for evaluation of the endothelium are dependent of the storage method used.

Studies linking graft outcome with morphometric parameters of solely the endothelium are still lacking. A model has been presented to calculate endothelial

cell loss in the long run of 10–20 years after penetrating keratoplasty [10]. In this way it is possible to predict when cell density would reach levels that are incompatible with maintenance of transparency and graft function. The model provides a rationale for the setting of minimum donor cell densities. However, the definite cut-off points are still at the discretion of the bank and surgeon.

Hypothermic storage

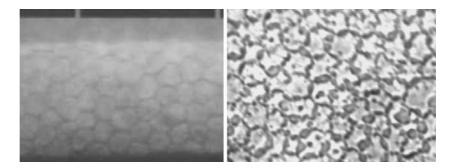
Determination of endothelial cell density is a standard method of corneal tissue evaluation according to the Medical Standards of the Eye Bank Association of America, effective since December 2001. In general this will be a pre-storage evaluation of the endothelium by specular microscopy (Fig. 2 left). Because the appearance of the endothelial cells varies with temperature, type and time of preservation and media, evaluation at room temperature is recommended. When it is impossible to obtain an endothelial cell count, this requirement may be waived on a case-by-case basis by the Medical Director.

Selection criteria and cut-off points for the morphology of the corneal endothelium are not defined. In most cases only descriptions of the endothelial mosaic are used: swollen cells, dark spots, guttae, lysed cells, mild to severe polymegethism and pleomorphism [11].

Most specular microscopes are equipped with software programs to determine parameters describing the endothelial mosaic in terms of variation in cell shape andthe percentage of hexagonal cells in addition to the assessment of the cell density. The obtained morphometric results may help to standardize descriptions, but only provided the microscopes are well



Fig. 2 Evaluation of the endothelium by specualr microscopy (left) and light microscopy after artificial swelling of the intercellular space (right)



calibrated and the necessary interactive manipulation is performed by an experienced observer.

Organ culture

After organ culture specular microscopy is not suitable for visualization of the endothelium. Therefore light microscopy is applied, bright field or phase contrast. It is necessary to visualize the endothelial cells by swelling the intercellular space with a hypotonic solution. This allows inspection over the entire endothelial surface (Fig. 2 right). The mechanism has been described by Kirk and Hassard [12] and was worked out for the corneal endothelium by Sperling [13]. Because it is an invasive technique, it must be performed under aseptic conditions. The swelling is transient, it disappears after a couple of minutes and is dependent on the integrity of the cellular membranes. In dead and necrotic cells and in their direct neighborhood swelling will not occur. Before and after storage balanced salt solution (BSS), phosphate buffered saline (PBS), 1.8% sucrose—PBS mixture or hypo-osmotic BSS may induce swelling, while for tissue in solutions with dehydrating agents a stronger stimulus with 1.8% sucrose might be necessary [7]. Induction of swelling and the swelling pattern are dependent on storage time and medium [14]. Therefore the interpretation of images requires experience and constant working conditions.

The application of a vital stain such as trypan blue [15, 16] preceding the artificial swelling of the intercellular space may help to recognize dead or necrotic cells or denuded Descemet's membrane.

Microscopes should be well calibrated both for manual counting as for evaluation by image analysis programs [17]. These software programs are commercially available, either specifically designed for endothelial evaluation, or as general programs adapted to do this. All programs aim for automated cell analysis that is independent of the observer and experience. However, in general, reliable parameters for the endothelial mosaic are only obtained interactively. This still requires experienced observers. Manual counting by Gunderson's method [18] can provide reliable cell counts [19], but for parameters such as variation in cell size and the percentage of hexagonals image analysis is necessary.

The quality of the corneal stroma can be evaluated by light microscopy. The significance of the presence of lysed keratocytes for the survival of the graft has not yet been investigated [20].

Storage time

General

As the endothelium is essential for graft clarity and survival, the maximum allowed storage time is predominantly determined by maintenance of the endothelial function and integrity [21]. Regression lines, coefficients and equations have been published for storage time and damage or loss of endothelial cells. In Fig. 3 the regression lines are collected for different storage methods [22–24]. The referred studies have in common that the vital stain with trypan blue is used to assess endothelial damage. The figure clearly demonstrates the differences in endothelial viability and explains the differences in the allowed maximum storage period.

Hypothermic storage

The original M-K medium claimed a storage period of up to 10 days. Solutions introduced later, such as



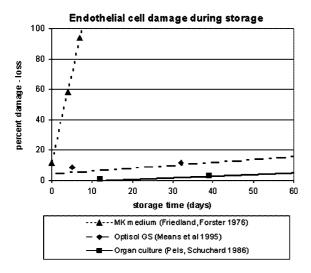


Fig. 3 Regression lines showing endothelial cell damage and loss in different storage solutions assessed after staining with trypan. The regression formulas for the M-K medium, the Optisol GS and the organ cultures are respectively: y = 11.8x + 11.6, y = 0.19x + 4.2, and y = 0.11x - 1.8

the modified M-K medium, K-sol, Dexsol, Likorol, Optisol (Plus, GS) claimed better storage capabilities and a maximum storage period of 14-16 days. Changes in the endothelium as a result of postmortem time and other variables, such as cause of death, donor age, circumstances of death etc., might result in the transplantation of corneas of inferior quality after storage. Because degenerative changes will progress during hypothermic storage, endothelial cell loss has to be taken into account [25], and might even lead to complete cell death. The need for methods to detect corneas not tolerating the prolonged hypothermic storage has therefore been suggested [26]. To reduce the risk of primary graft failure, the recommended storage periods are kept far below the claimed maxima. The applied period increased from 2-3 days for the M-K medium [27, 28] up to 7–10 days for Optisol [7, 25]. In addition the time interval from death of the donor to storage of the cornea is generally kept relatively short, within 12 h or shorter [7].

Organ culture

With organ culture the allowed storage period is longer. In addition the time interval between death and storage is generally extended to 24–48 h, because

significant wound healing can still occur during storage [29].

The loss of endothelial cells during storage may differ between individual corneas (Fig. 4) and is supposed to reflect differences in vitality as a result of post-mortem time and other variables such as cause of death, donor age, circumstances of death etc. In this respect, prolonged hypothermic storage might not be so different from organ culture. Severe endothelial cell loss during organ culture may also be caused by herpes simplex virus infection of the donor tissue [30, 31]. Organ culture is therefore considered a stress test [32, 33]. A storage period of up to 4–5 weeks is possible [32–35]. However, in order to detect tissue not tolerating the storage, according to European Eye Bank Rules, inspection of the endothelium after storage is mandatory.

Microbiological safety

General

Donor eye tissue is usually contaminated [36] and each eye bank has to cope with this. As a first step decontamination procedures are applied before

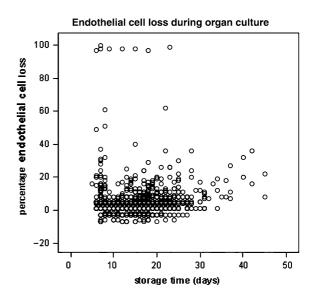


Fig. 4 Percentage endothelial cell loss (endothelial cell density before storage minus the cell density after divided by the cell density before multiplying by 100) during routine storage by organ culture is plotted for a given year



enucleation or excision of the corneoscleral button. When properly performed these procedures are very effective at reducing the risk of contamination [37]. As a next step, antibiotics, and in the case of organ culture antimycotics, are present in the storage solutions. These are more effective if the contaminating microbes are metabolically active, which means that they are more effective in organ culture than during hypothermic storage. In addition the vulnerability of organ culture to microbial contamination can be exploited to detect microorganisms remaining from the donor and/or introduced into the culture medium by the environment or personnel. Theoretically, in organ culture the risk of contamination is therefore lower than in hypothermic storage.

Hypothermic storage

Antibiotics have little effect during hypothermic storage. Preoperative warming of the storage media to room temperature is important to enhance the decontamination effect. The optimal time period of room-temperature storage has yet to be established [38]. In addition, antibiotics accumulate in the tissue during storage [39] and become active in the eye after grafting as the temperature rises.

Donor rims tested after grafting are positive for bacteria and fungi in 12–28% of the cases [40]. However, the value of routine donor rim cultures in clinical use is debated. On the one hand no relevance of infectious complications after keratoplasty has been reported [41, 42]. On the other hand a 22 times increased incidence of endophthalmitis in the case of a positive rim culture [43] to a fully associated fungal infection following penetrating keratoplasty has been described [44]. The overall incidence of postoperative keratitis and endophthalmitis caused by microbes transferred with the donor cornea is low and varies from 0.2% [43] to 0.41% [45] and to 1.3% [46].

The addition of alternative antibiotics to the current hypothermic storage solutions has been suggested, because donor corneas are often removed in hospitals and other settings where resistant bacteria may be thriving [38]. These may cause an increased incidence of endophthalmitis. From a microbiological point of view, however, it is disputable whether the addition of the latest antibiotics with the widest spectra is the best solution.

Organ culture

Contamination detected during organ culture varies between eye banks [7]. This may be dependent on the antibiotic cocktail present in the medium (narrow- to wide-spectrum antibiotics), collection procedures, in situ excision or enucleation and the post-mortem time of collection and storage [47]. Microbiological testing of medium samples before surgery is mandatory as well as a quarantine period before issuing corneas. Microbiological safety of the tissue stored by organ culture is obtained by discarding contaminated tissue before grafting. The incidence of endophthalmitis reported after a properly performed organ culture procedure is 0–0.1% [7].

Sterility may be better with organ culture since microbial contamination will become more readily evident. Organ culture might be considered as the method of choice in circumstances where corneas are suspected of being at a higher risk of contamination.

The mandatory reporting of adverse reactions and the central registration of these within the EU area where both the hypothermic and the organ culture techniques are used will demonstrate in time whether the incidence of endophthalmitis really differs between organ culture and hypothermic storage.

Graft survival

Only one prospective study is available comparing clinical results after grafting between the hypothermic storage and organ culture [48]. During the 1–2 year study period no statistically significant differences in visual acuity, corneal thickness or endothelial cell density were found in keratoconus patients. Bourne [49], however, found fewer endothelial cells after grafting on corneas stored by organ culture. At that time, M–K medium was used to reverse the swelling, a method differing from the method used in Europe.

Retrospective studies claim improved [33, 50] or comparable results with organ culture [34, 35, 51]. The improvement is not ascribed to the storage itself but to the extra selections routinely included in organ culture preservation. In addition most of the studies were performed at a time when old-fashioned hypothermic storage methods did not always include inspection of the endothelium.



Future aspects

With the advent of new surgical techniques such as lamellar grafting, the issues for eyebanks are also changing. The risk for immunological graft rejection is theoretically lower in lamellar grafting. This may reduce the interest in HLA matching of donor and recipient, an important reason to prefer organ culture as a storage method. Organ culture provides sufficient time for typing and matching and is also thought to immunologically modify the tissue through the loss of passenger leucocytes and epithelium [52].

For a long time stored corneosclereal buttons were used for penetrating keratoplasty whereas lamellar grafting was performed with tissue from whole globes stored in a moist chamber. With the introduction of the artificial anterior chamber, the microkeratome and the intralase or femtosecond laser, this is changing quickly. Corneoscleral buttons which have been precut in order to reduce the manipulation of the donor tissue at the time of surgery will be new products of eye banks. For a reliable production of these precut buttons the intralase or femtosecond laser technique seems very promising [53–55]. Whether the storage technique (hypothermic of organ culture) might affect the postoperative fate of the corneal lamella is still open for discussion.

The revival of the mushroom technique is another development, where the eye bank would be expected to prepare the corneal button [56, 57]. Hypothermic storage, where the thickness of the cornea is maintained and where the risk of epithelial ingrowth is low because there is no epithelial growth, seems to be more suitable for these indications.

Conclusions

With the more widespread use of the specular microcope and the introduction of hypothermic storage solutions claiming an intermediate storage period some of the advantages ascribed to organ culture [58], such as scheduling operations and minimizing wastage of donor tissue, have become less important. Others still remain: allowing time for tissue typing and matching and extensive testing, detection of residual micro-organisms before surgery, and selecting and dispatching corneas with a well-defined endothelial quality assessed after storage. In addition the pool of

possible donors can be enlarged thanks to the possibility of wound healing during organ culture and the inspection of the tissue after storage. Because organ culture involves extensive testing of the quality of the donor cornea, there are theoretically no preset limits on donor age and postmortem time.

To permit these possibilities the organ culture procedure is more complicated than the hypothermic storage. Well qualified personnel, advice of microbiological laboratory staff, and a well suited facility are essential for a proper organ culture procedure but may also be valuable for hypothermic storage. The higher costs of organ culture have to be balanced against the offered advantages and possibilities not permitted by the hypothermic storage.

Whether organ culture will also be the proper storage technique for surgically manipulated corneoscleral buttons remains to be investigated.

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