

Clinical and reproductive outcomes of uterine smooth muscle tumor of uncertain malignant potential: a single-center retrospective study

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## Abstract

**Objective:** To evaluate the clinical outcomes, histopathological features, and obstetric and oncological outcomes of uterine smooth muscle tumor of uncertain malignant potential (STUMP).

**Methods:** We conducted a single-center, database review of patients with STUMP between January 2001 and December 2015. We investigated the clinical, operative, histopathologic, recurrence, and fertility outcomes of the included cases.

**Results:** Nineteen patients with STUMP were studied. Three were reclassified as sarcoma after slide review, and 16 patients were finally included in the study. The mean age was 45 years. Ki-67 expression was  $\geq 10\%$  in 25.0% of cases and 30% in the only recurrent case. Recurrence occurred 52 months after a diagnosis of STUMP in a 56-year-old female patient who underwent hysterectomy. Two of six patients who underwent myomectomy had fertility requirements, and both successfully delivered babies without recurrence. Recurrence was not related to mitosis, degree of atypia, or necrosis. There was also no relationship between type of surgery or surgical approach and recurrence.

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**Conclusions:** Patients with STUMP warrant a pathological review process in centers with experience. Fertility-preservation is worth attempting, but young patients must be followed-up closely. Ki-67 might be a valuable marker predicting recurrence.

### **Keywords**

Uterine smooth muscle tumor of uncertain malignant potential, recurrence, leiomyosarcoma, myomectomy, fertility preservation, Ki-67

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# Introduction

The 2014 World Health Organization (WHO) criteria classify uterine smooth muscle tumors that cannot be identified as definitely malignant or benign as uterine smooth muscle tumors of uncertain malignant potential (STUMPs). The diagnosis and treatment of STUMP can be challenging because its behavior is unpredictable and because it may be difficult to differentiate from other uterine smooth muscle tumors with atypical histology, such as leiomyosarcoma (LMS) and atypical leiomyoma (LM).<sup>1–4</sup>

STUMPs are distinct and relatively rare lesions.<sup>2,5</sup> The diagnosis, treatment, and follow-up of STUMP remains controversial, especially in young women with a desire to retain their fertility.<sup>6</sup> This study aimed to review a single institution's experience of STUMP, and to update the information regarding the clinical management, histological features, treatment, and follow-up of this rare uterine neoplasm.

# Materials and methods

## Case selection

We retrospectively searched the surgical pathology files of our Pathology Department for patients with a diagnosis of STUMP between January 2001 and December 2015. Only patients with available slides and a minimum follow-up period of 2 years were included (Figure 1). The choice of uterus-preserving surgery depended largely on the patient's wish to preserve their uterus for future childbearing. Recurrence was defined as the occurrence of STUMP or LMS after previous surgery. Uterine LM or other benign diagnoses were not considered as recurrence.

#### Slide review process

The pathological materials for all patients were re-reviewed by two coauthors experienced in gynecologic pathology. Cases were defined as STUMP in our institution if they met one of the following 2014 WHO criteria: (1) tumor cell necrosis (TCN), no atypia, and a mitotic index <10 mitoses per 10 high-power fields (HPFs); (2) moderate-to-severe atypia, no TCN, and a mitotic index <10 mitoses per 10 HPFs; and (3) no TCN, no atypia, and a mitotic index  $\geq$ 15 mitoses per 10 HPFs. Cases that did not fit the above criteria were reclassified or excluded. Tumor mitotic activity was categorized as <10 mitoses, 10 to 15 mitoses, and >15 mitoses per 10 HPFs, using the highest count in 10 HPFs at ×400 magnification. TCN was noted and typed if present. Cases were considered indeterminate if the necrosis type was difficult to classify.



**Figure 1.** Microscopic findings of cases that met the criteria for uterine smooth muscle tumor of uncertain malignant potential (STUMP). (a) Coagulative tumor cell necrosis was not found (hematoxylin and eosin (H&E;  $\times$ 40). (b) Clear tumor margins, abundant cells, and obvious cellular atypia compared with the surrounding myometrium (H&E  $\times$ 100). (c) Significant (moderate-severe) atypia (H&E  $\times$ 400). (D) Mitotic index <10 mitoses per 10 high-power fields (H&E  $\times$ 400).

## Clinical and follow-up data

Information on immunohistochemical staining for Ki-67, p53, desmin, smooth muscle actin (SMA), caldesmon, CD10, progesterone receptor (PR), and estrogen receptor (ER) was available for all patients. Medical records included information on the patients' clinical features, treatment results, recurrence-free survival, and obstetric outcomes. After primary treatment, patients were followed-up with clinical visits including gynecological examinations every 6 months for the first 3 years and annually for the following 2 years. Chest computed tomography was performed every 12 months. For recurrent cases, we recorded the site of recurrence, the size and pathologic features of the recurrent lesions, and subsequent treatment.

#### Ethics statement

This study was approved by the Ethics Committee of the Obstetrics and Gynecology Hospital, Fudan University, Shanghai, China (approval number: 2019-09). All patient records/information were anonymized and de-identified prior to analysis. All patients provided written informed consent for publication of these case details.

#### Statistical analysis

A P-value <0.05 was considered statistically significant. Categorical variables were recorded as numbers and percentages, and numerical variables as mean and standard deviation, or median and range. Means were compared using Fisher's exact test and the Wilcoxon rank-sum test. Statistical analysis was carried out using Stata 15.1 software (StataCorp, College Station, TX, USA).

### Results

Slides were reviewed for 19 patients with a diagnosis of STUMP. Three (15.8%) were interpreted as LMS, undifferentiated endometrial sarcoma and low-grade endometrial stromal sarcoma, respectively, and were

	Overall				
Characteristic	$\begin{array}{c} STUMP \\ (n=16) \end{array}$	Revised diagnosis (n = 3)	P-value		
Median age (years)	45 (23–56)	45 (35–67)	0.822		
Prior treatment					
Prior myomectomy history (%)	3 (18.8)	l (33.3)	>0.95		
Median follow-up time (months)	59.5 (41-87)	62 (24–72)	0.502		
Surgical approach			0.546		
Laparoscopy (%)	10 (62.5)	l (33.3)			
Laparotomy (%)	6 (37.5)	2 (66.7)			
Surgery type			0.458		
Myomectomy (%)	6 (37.5)	l (33.3)			
Subtotal hysterectomy+/-BSO (%)	l (6.3)	l (33.3)			
Hysterectomy+/-BSO (%)	9 (56.3)	l (33.3)			
Ovary-conserving (%)	10 (62.5)	3 (100)	0.517		
Alive with no evidence of disease at last follow-up (%)	16 (100)	l (33.3)	0.018		
Recurrence rate (%)	l (6.3)	2 (66.7)	0.05 I		

Table 1. Clinical characteristics of the patients.

STUMP, uterine smooth muscle tumor of uncertain malignant potential; BSO, bilateral salpingo-oophorectomy.

subsequently excluded. Sixteen patients (11 in-house and 5 consultations) with a final diagnosis of STUMP were therefore enrolled. The clinical characteristics of the included patients are summarized in Table 1. Three cases (18.8%) had a history of previous laparoscopic myomectomy, including the relapsed case. The other patients had no related surgical history. None of the patients had received hormone replacement therapy or pelvic irradiation prior to being diagnosed with STUMP, and none received adjuvant chemotherapy or radiotherapy after the initial diagnosis of STUMP.

Among the 16 patients, four (25%) underwent total hysterectomy (TH) alone, five (31.3%) had TH with bilateral salpingo-oophorectomy (BSO), one (6.3%) was treated with subtotal hysterectomy with BSO, and six patients (37.5%) underwent myomectomy. Ten patients (62.5%) were treated by laparoscopic surgery and six (37.5%) by laparotomy. Of the five patients who underwent total laparoscopic hysterectomy with BSO, one had a relapse of STUMP 52 months after surgery. There were no recurrences in patients treated with laparotomy or myomectomy. Neither type of surgery (uterus-preserving versus hysterectomy) nor surgical approach (laparotomy versus laparoscopy) was predictive of recurrence.

Microscopic evaluation of the 16 STUMP cases revealed moderate to severe atypia in two cases (12.5%) (Table 2). Fifteen (93.7%) individuals had <10 mitoses/10 HPFs. Necrosis was present in one of the 16 (6.3%) cases, but no TCN was found. According to the 2014 WHO classification of STUMP, 15 cases met the criteria of diffuse atypia, no TCN, and a mitotic index <10 mitoses/10 HPFs (Table 2, Figure 1). The other case who met the criteria of no TCN, no atypia, and a mitotic index >15 mitoses/10 HPFs had a relapse of STUMP (Table 2, Figure 2). The results immunohistochemical analyses of are shown in Table 3. Six (37.5%) cases were positive for p53 and 13 (81.3%) were positive for SMA. Twelve tumors were positive for PR expression (75.0%) and 10 were

			Histologica				
Case	Age (years)	Surgery	Cellularity	Atypia	MI	Necrosis	Recurrence
I	34	Abdominal myomectomy	high	mild to moderate	<10	absent	No
2	44	Laparoscopic myomectomy	moderate	mild	<10	absent	No
3	51	TAH, BSO	high	mild	$<\!10$	absent	No
4	38	tah, bso	moderate	mild	$<\!10$	absent	No
5	38	TLH	high	mild to moderate	$<\!10$	absent	No
6	51	TAH	moderate	mild	$<\!10$	absent	No
7	53	tlh, bso	high	mild to moderate	$<\!10$	absent	No
8	50	TAH	moderate	moderate	$<\!10$	absent	No
9	46	TLH	high	moderate	$<\!10$	absent	No
10	40	Laparoscopic myomectomy	moderate	moderate to severe	<10	absent	No
11	53	Laparoscopic myomectomy	moderate	moderate	<10	absent	No
12	23	Laparoscopic myomectomy	moderate	mild	<10	absent	No
13	38	Subtotal LH, BSO	moderate	mild	$<\!10$	absent	No
14	52	tah, bso	moderate	moderate to severe	$<\!10$	absent	No
15	38	Laparoscopic myomectomy	high	mild to moderate	<10	multifocal	No
16	56	tlh, bso	high	mild to moderate	$\geq$ IO	absent	Yes (as STUMP)

Table 2. Clinical features of patients with uterine smooth muscle tumors of uncertain malignant potential.

STUMP, uterine smooth muscle tumor of uncertain malignant potential; TAH, total abdominal hysterectomy; TLH, total laparoscopic hysterectomy; BSO, bilateral salpingo-oophorectomy; LH, laparoscopic hysterectomy; MI, mitotic index; MF, mitotic figure; HPF, high-power field.

positive for ER expression. The patient who developed recurrence (Case 16) was positive for desmin, caldesmon, SMA, PR, and ER, but negative for p53. Ki-67 expression was  $\geq 10\%$  in four (25.0%) cases, and was 30% in the recurrent case.

The only patient with recurrent STUMP was a 56-year-old woman who underwent total laparoscopic hysterectomy and BSO. Recurrent lesions were detected in the retroperitoneum 52 months after her first diagnosis of STUMP. She had undergone laparoscopic myomectomy 3 years previously and the pathologic diagnosis was benign myoma. Abdominal pelvic mass excision and exploration were performed

to remove the recurrent lesions and the final pathologic diagnosis based on that surgery was STUMP, with the same mitotic activity as the initial STUMP tissue slices. She remained alive at last follow-up with no evidence of disease 60 months after the initial surgery for STUMP.

Although not defined as recurrence, one patient developed a uterine mass 3 years after the initial diagnosis of STUMP and continued to be followed-up. The overall recurrence rate was therefore 6.3%. There were no significant differences in clinical characteristics between STUMP cases with and without relapse. In contrast, two patients with a revised diagnosis of sarcoma



**Figure 2.** Microscopic findings of primary and recurrent lesions in a patient with recurrent uterine smooth muscle tumor of uncertain malignant potential (STUMP). (a) Coagulative tumor cell necrosis was not found (hematoxylin and eosin (H&E  $\times$ 40). (b) Clear tumor margins, abundant cells, but no obvious cellular atypia compared with the surrounding myometrium (H&E  $\times$ 100). (c) Minimal atypia: regular nuclear membrane, fine granules on staining, and small nucleoli (H&E  $\times$ 400). (D) Mitotic index >15 mitoses per 10 high-power fields (HPFs) (H&E  $\times$ 400). (e, f) Recurrent tumors: minimal atypia and mitotic index >15 mitoses per 10 HPFs, no histological progression (H&E  $\times$ 400).

had rapid recurrence as endometrial stromal sarcoma and LMS, respectively (Table 1). The difference in recurrence rate between patients with STUMP (6.3%) and the reclassified group (66.7%) was borderline significant (P = 0.051).

Two of six patients who underwent myomectomy wished to retain their fertility (Table 4). Both patients subsequently successfully delivered full-term live babies by Cesarean section, with no complications. The patients were alive with no evidence of disease at 78 and 71 months after the surgery, respectively.

# Discussion

We evaluated the clinicopathological features, and obstetric and oncological outcomes of patients with STUMP. Only one of 16 patients experienced recurrence of STUMP (6.3%), giving a lower recurrence rate compared with previous reports for STUMP (7.3%-26.7\%) and stage I uterine

Case	р53	Ki-67 (%)	SMA	Desmin	Caldesmon	PR	ER	CD10	Recurrence
I	_	<5	+	+	+			+	No
2	-	10	+		+	+	+	-	No
3	-	<5	+	+	+	+	+	-	No
4	-	10	+	+	+	+	+	-	No
5	+	I	+	+	+	+	+	-	No
6	60%	5	+	+	+	+	+	-	No
7	-	5	+	+	+			-	No
8	-	5	+	+	+	+	+	-	No
9	-	5				+	+		No
10	+	2		+	+	+	+	-	No
11	+	I	+	+	+	+	+	+	No
12		2	+	+	+	+	-	-	No
13	-	15	+	+	-			+	No
14	+	I		+		+		+	No
15	+	5	+		+	-	-	+	No
16	-	30	+	+	+	+	+		Yes (as STUMP)

**Table 3.** Immunochemical results in patients with uterine smooth muscle tumors of uncertain malignant potential.

PR, progesterone receptor; ER, estrogen receptor; SMA, smooth muscle actin.

**Table 4.** Obstetric outcomes in patients who attempted pregnancy after uterus-preserving treatment for uterine smooth muscle tumors of uncertain malignant potential (n=2).

Patient	Age at diagnosis (years)	Gestational age (weeks)	Initial surgery	Pregnancy outcome	Follow-up (months), status
I	34	38	Abdominal myomectomy	Live birth by C/S	78, ANED
2	38	38	Laparoscopic myomectomy	Live birth by C/S	71, ANED

C/S, cesarean section; ANED, alive with no evidence of disease.

LMS (72.3%).<sup>5,7–11</sup> The detailed slide review performed during case selection ruled out three patients with sarcomas that were originally reported as STUMP, which might have reduced the recurrence rate.<sup>5,12</sup> Derman et al.<sup>13</sup> reported that six of 21 patients with a final diagnosis of STUMP were initially evaluated with equivocal smooth muscle tumors or LMS before pathologic review. The interchangeability and vagueness of the diagnosis presents a major problem in patients who present with uterus smooth muscle tumors. We therefore strongly recommend that a slide review should be carried out in centers with experience of STUMP diagnosis.

We found no significant difference in age, prior myomectomy history, uterusconserving surgery, or surgical approach (laparotomy versus laparoscopy) between patients with and without recurrence. This was consistent with the findings of previous studies.<sup>5,8,14</sup> Guntupalli et al.<sup>5</sup> investigated risk factors for STUMP recurrence by comparing demographics between patients with and without recurrence but found no relationships. However, the low incidence and limited number of recurrent events make it difficult to draw conclusions regarding the risk factors or management of STUMP.

We failed to identify any pathological factors associated with recurrence or death with among the patients STUMP. However, the only patient to experience a relapse in this study had a mitotic count >15/10 HPFs, suggesting that increased proliferation, not sufficient to cause malignant behavior, may still be an important parameter. Notably, the recurrent case had no moderate-severe nuclear atypia or TCF, whereas patients with tumors with moderate-to-severe atypia (2 cases) had no adverse events at last follow-up. Although there was no significant associations between mitosis, degree of atypia, or necrosis and relapse, some other parameters have recently been reported in patients with malignant tumors. Gupta et al.<sup>15</sup> found that several morphological parameters, including vascular space involvement, infiltrative margins, and atypical mitosis, appeared to distinguish between malignant tumors and benign lesions in STUMP cases. Sabrina et al.<sup>16</sup> found that genomic analysis using array-comparative genomic hybridization provided an improved classification method for predicting malignant uterine smooth muscle tumors, especially those with equivocal morphological features. These approaches need to be validated in future prospective studies.

Given that the diagnosis of STUMP is difficult, markers such as Ki-67, p16, and p53 have been investigated.<sup>8,17</sup> Several studies reported that Ki-67 expression differed among STUMP, LMS, and LM,<sup>18,19</sup> with significantly higher expression in STUMP and LMS compared with LM. Ki-67 expression was also higher in LMS compared with STUMP, but the difference was not significant. Ip et al.<sup>8,17</sup> reported that recurrent cases were strongly positive for p16, p53, and Ki-67 expression, and Qing et al.<sup>20</sup> reported that ER and PR expression were significantly lower in LMS than in STUMP. Furthermore, high PR expression was significantly associated with longer overall survival.<sup>20</sup> In the current study, 75% of STUMP tumors (12/16) showed PR expression and 63% (10/16) showed ER expression. The recurrent case showed 30% Ki-67 and was negative for p53 and positive for PR and ER. Ki-67 expression might not be the most useful marker for differentiating between LMS and STUMP, but might be valuable for predicting recurrence.<sup>18,19</sup>

The patient with recurrence in our study underwent TH with BSO and developed a late relapse of STUMP 52 months after surgery. According to previous reports, STUMP can recur as STUMP or LMS.<sup>2,7,8,14</sup> Ip et al.<sup>14</sup> reviewed previous cases using the Stanford diagnostic criteria and identified 10 cases of recurrence among 91 cases of STUMP. The average recurrence interval was 51 months after the primary treatment (range 15 months to 9 years).<sup>21</sup> Yoon et al.<sup>22</sup> reported a rapid relapse as LMS 6 months after a STUMP diagnosis and myomectomy. These studies confirmed that STUMP could have rapid or late recurrence, suggesting that patients should undergo regular follow-up examinations for the first 5 years, with further longterm follow-up.<sup>6,21,23</sup>

There were no remarkable differences in recurrence rates between patients treated myomectomy and hysterectowith mv.<sup>12,17,24–28</sup> In the present study, six patients with STUMP underwent myomectomy and none experienced recurrence. Both patients with fertility requirements subsequently delivered full-term live babies. They retained their uterus after childbirth and remained alive with no evidence of disease. George et al.<sup>6</sup> conducted a literature review of the histopathologic analysis and clinical outcomes of patients with STUMP diagnosed from myomectomy specimens and those who subsequently underwent hysterectomy. Residual lesions were found in 2 of 14 patients (14.3%) who underwent hysterectomy following initial myomectomy, suggesting that recurrence after myomectomy might result from incomplete excision. Although the current results suggest that fertility-preserving management should be considered, we still recommend hysterectomy as the gold standard for women who have completed their childbearing, considering the proven possibilities of recurrence and incomplete excision. Full exploration should be carried out in patients undergoing fertility-preserving surgery to ensure that no residual lesions remain, and close follow-up should be provided.

There were some limitations to this study, including the relatively small sample size and its retrospective design.

In conclusion, pathological review of lesions diagnosed as STUMP can reduce inappropriate labeling and may help to select suitable data for predicting longterm outcomes. Patients with STUMP may require closer surveillance throughout their life to detect rapid or slow recurrence. Ki-67 and sex steroid hormone receptors might be valuable markers for differentiating between LMS and STUMP. Future large studies including a comprehensive review of the literature and immunohistochemical and molecular analyses might provide information to aid the prospective diagnosis of patients with STUMP at higher risk of recurrence.

## Presentation

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## **Declaration of conflicting interest**

The authors declare that there is no conflict of interest.

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