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# Transcriptional Regulation of T Helper 17 Cell Differentiation

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The third lineage of T helper subsets, Th17, has recently been identified as an IL-17-producing CD4+ Th cell, and its functions and regulatory mechanisms have been extensively characterized in immune responses. Functional studies have provided evidence that Th17 cells are important for the modulation of autoimmune responses, such as chronic asthma, rheumatoid arthritis, inflammatory bowel diseases, and multiple sclerosis. Murine Th17 cell differentiation is enhanced by the coordinated functions of distinct cytokines including TGF $\beta$ , IL-6, IL-21, and IL-23, whereas IL-2, IL-4, IFN $\gamma$ , and IL-27 inhibit its differentiation. In addition, Th17 cells are controlled by several transcription factors such as ROR $\gamma$ t, IRF4, BATF, FoxP3, T-bet, PPAR $\gamma$ , E-FABP, and SOCSs. This review focuses on the functions and regulatory mechanisms of several transcription factors in the control of Th17 cell differentiation.

Key Words: T helper 17, TGF $\beta$ , IL-6, transcription factor

#### **INTRODUCTION**

CD4+ T helper (Th) precursor cells are activated by the antigenic stimulation of T cell receptor (TCR) and are subsequently differentiated into different subsets of effector Th cells in order to boost the immune responses.<sup>1</sup> Th1 and Th2 cells are traditionally thought to be the major subsets generated upon antigenic stimulation and produce distinct cytokine interferon  $\gamma$  (IFN $\gamma$ ) and interleukin (IL)-4, which are then involved in the elimination of intracellular and extracellular pathogens, respectively.<sup>2</sup> Coordinated cytokine signaling induces the activation of specific transcription factors to promote lineage-specific cytokine production. While Tbox-containing protein expressed in T cells (T-bet) is activated by IL-12 and IFN $\gamma$ and is exclusively expressed in Th1 cell differentiation,<sup>3</sup> GATA-binding protein 3 (GATA-3) and c-Maf are required for the chromatin remodeling and direct activation of Th2 cytokines IL-4, IL-5, and IL-13 for Th2 cell development.<sup>4,5</sup> The balance of Th1/Th2 cells is thought to be determined by the expression ratio of Tbet/GATA-3 and is important for inducing autoimmune and allergic immune responses.<sup>6</sup> However, the Th1/Th2 paradigm was recently shifted to the Th1/ Th2/Th17/regulatory T (T-reg) hypothesis, a multi-lineage commitment from the same Th precursor cells.<sup>7,8</sup> regulatory T cells, referred to as regulatory T cells, express forkhead box P3 (FoxP3) and suppress activated immune responses by producing transforming growth factor  $\beta$  (TGF $\beta$ ),<sup>9,10</sup> whereas Th17 cells induce

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Yonsei University College of Medicine 2010 This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (http://creativecommons.org/ licenses/by-nc/3.0) which permits unrestricted noncommercial use, distribution, and reproduction in any medium, provided the original work is properly cited. retinoic acid-related orphan receptor  $\gamma t$  (ROR $\gamma t$ )-mediated IL-17 production and control the inflammatory autoimmune response.<sup>11,12</sup> The differentiation of Th17 and T-reg cells requires the activation of TGF $\beta$ -mediated signaling, and IL-6 selectively drives Th17 cell differentiation from TGF $\beta$ -stimulated Th cells by promoting sequential activation of IL-21 and IL-23 signaling.<sup>10,13</sup>

Here, we review the current understanding of the transcription factors involved in the regulation of Th17 cell differentiation, including updates of ROR $\gamma$ t, FoxP3, and other Th17-specific transcription factors such as interferon regulatory factor 4 (IRF4), B-cell activating transcription factor (BATF), peroxisome proliferator activated receptor (PPAR $\gamma$ ), T-bet, and suppressors of cytokine signaling (SOCS) 3 (Fig. 1).

# TGF $\beta$ - AND IL-6-MEDIATED TH17 CELL DIFFERENTIATION

Many scientists have reported that TGF $\beta$  and IL-6 are essential for Th17 cell differentiation.<sup>12,14,15</sup> TGF $\beta$ , which is produced by innate immune cells, binds to its specific receptor and induces engagement of TGF $\beta$  receptor I and II with subsequent activation of receptor-associated SMADs. Activated SMADs interact with a variety of transcription factors, resulting in chromatin remodeling and modulation of gene transcription of TGF $\beta$  target genes.<sup>16</sup> TGF $\beta$  inhibits signal



**Fig. 1.** Cytokine signaling and transcription factors in the regulation of Th17 cell differentiation. TCR stimulation activates gene expression of general transcription factors such as NFAT, AP-1, and NF- $_{x}$ B, and induces Th cell activation and proliferation. BATF is activated upon TCR stimulation and stimulates IL-17 gene transcription. TGF $\beta$  stimulation induces both FoxP3 and ROR $_{\gamma}$ t (also RORa) activation. High concentrations of TGFb increase FoxP3 through the activation of SMAD4 and subsequently induce TGFb production and simultaneously suppress ROR $_{\gamma}$ t activity and Th17 cell differentiation. However, the presence of cytokine IL-6 or IL-21 activates STAT3 and induces gene expression of the IL-21 and IL-23 receptor, activating positive IL-21 autocrine regulation for Th17 cell differentiation. In addition, IL-1 induces IRF4 or epidermal FABP4, which in turn induces IL-17 gene transcription by blocking the activation-induced removal of repressor complexes from the IL-17 gene transcription by blocking the activation-induced removal of repressor complexes from the IL-17 gene promoter. SOCS1 and SOCS reciprocally modulate Th17 cell differentiation. TCR, T cell receptor; NFAT, nuclear factor of activated T cells; AP, activator protein; BATF, B cell-activating transcription factor; IL-17, interfeuxin-17; TGF $\beta$ , transforming growth factor  $\beta$ ; ROR $_{\gamma}$ t, retinoic acid-related orphan receptor  $_{\gamma}$ t; STAT, signal transcription; IRF4, interferon-inducible factor-4; E-FABP, epidermal-fatty acid-binding protein; PPAR $_{\gamma}$ , peroxisome proliferator activated receptor  $_{\gamma}$ ; SOCS, suppressors of cytokine signaling.

transducer and activator of transcription (STAT5)-mediated IL-2 production in TCR-stimulated T cells17 and also interferes with Th1 and Th2 cell differentiation by inhibiting expression of master transcription factor T-bet and GATA-3.<sup>18,19</sup> In addition, TGF $\beta$  increases FoxP3 expression and induces generation of T-reg cells.10 FoxP3-positive T-reg cells potently suppress cell proliferation and differentiation of Th cells by boosting TGF $\beta$  production.<sup>10</sup> Overexpression of TGF $\beta$  in a T cell-specific manner in mice leads to the generation of T cells with regulatory functions and protects IL-2-deficient mice from developing severe systemic inflammation with autoimmunity.20,21 However, additional production of the pro-inflammatory cytokine IL-6 along with TGF $\beta$  suppresses FoxP3 expression and T-reg cell generation and simultaneously induces IL-17 production, resulting in Th17 cell differentiation.<sup>12</sup> Consistent with this. TGF $\beta$  transgenic mice treated with myelin oligodendrocyte glycoprotein (MOG) in complete Freund's adjuvant (CFA) exhibit substantially increased Th17-mediated immune responses and aggravated experimental autoimmune encephalomyelitis (EAE),<sup>12</sup> indicating that TGF $\beta$  plus IL-6 induces the generation of Th17 cells. Despite the importance of TGF $\beta$  function in murine Th17 cells, TGF $\beta$  is dispensable for human Th17 cell differentiation. Instead, human Th17 cells are induced by stimulation with IL-6, together with another cytokine such as IL-1, IL-21, or IL-23.15,22,23

# STAT3 AND RORγt AS KEY TRANSCRIPTION FACTORS FOR TH17 CELL DIFFERENTIATION

IL-6 is a key factor for inducing human and murine Th17 cell differentiation by activating STAT3 and RORyt expression. STAT3 activation is induced not only by IL-6 but also by IL-21 and IL-23.13,24,25 While STAT3-null cells fail to express RORyt and produce a diminished level of IL-17, retroviral restoration of STAT3 rescues the IL-17 defect.<sup>26</sup> Although it is still unclear whether STAT3 modulates RORyt gene transcription, activated STAT3 directly binds to the STAT-binding sites in the IL-17 gene promoter and increases IL-17 gene transcription.27 In addition to the functional importance of STAT3 activation in Th17 cell differentiation, ROR $\gamma$ t has been identified as a master regulator of Th17 cell differentiation. Analogous to STAT4mediated T-bet in Th1 cells and STAT6-dependent GATA-3 in Th2 cells, Th17 cells require activation of STAT3 and subsequent RORyt induction.11 RORyt, a spliced isoform of ROR $\gamma$ , is a member of the nuclear receptor superfamily, and is closely related to the retinoic acid receptor (RAR) subfamily,28 and is required for thymocyte survival and lymphoid organogenesis.<sup>29</sup> Deficiency of ROR $\gamma$ t results in profound Th17 deficiency and protects mice from EAE development.<sup>11</sup> Ectopic overexpression of STAT3 in ROR $\gamma$ tdeficient cells, and vice versa, fails to restore IL-17 production.<sup>13</sup> This suggests that STAT3 and ROR $\gamma$ t may each regulate the other's gene transcription and induce IL-17 expression parallel to some extent. More recently, ROR $\alpha$ was reported as a novel Th17-specific transcription factor. Like ROR $\gamma$ t, ROR $\alpha$  is induced by TGF $\beta$  plus IL-6 in a STAT3-dependent manner, and promotes Th17 cell differentiation through direct activation of IL-17 gene transcription.<sup>30</sup> Double deficiency of ROR $\gamma$ t and ROR $\alpha$  results in complete blockade of IL-17 production and EAE development.<sup>30</sup>

## IRF-4 FUNCTIONS IN IL-21-INDUCED TH17 CELL DIFFERENTIATION

IRF4 was originally identified as a GATA-3 inducer in Th2 cell differentiation.<sup>31,32</sup> However, IRF4-null mice exhibit impaired generation of Th17 cells in response to TGF $\beta$  and IL-6 and increased resistance to EAE.<sup>33</sup> In addition, IRF4-deficient Th cells exhibit an intrinsic defect in the autocrine IL-21 loop and an increased population of FoxP3-mediated T-reg cells with no effect on STAT3 activation and SOCS3 expression.<sup>34</sup> A more recent report implies that IRF4 is activated upon IL-1 signaling and is critical for early Th17 cell differentiation.<sup>35</sup> Despite the importance of IRF4 in Th17 cell differentiation, the molecular mechanisms are unclear. The fact that IRF4 interacts with NFATp to induce IL-4 expression may suggest that IRF4 modulates NFATp-dependent IL-2 expression, which is associated with IL-17 production.<sup>36,37</sup>

# BATF AS A PROMOTER FOR TH17 CELL DIFFERENTIATION

The BATF is a basic leucine zipper (bZIP) transcription factor and dimerizes with Jun class factors of the activator protein-1 (AP-1) family.<sup>38-40</sup> BATF is known to function as a potent inhibitor of AP-1-mediated gene expression via the phosphorylation of BATF.<sup>40-42</sup> In addition, expression analysis reveals that BATF is highly expressed in hematopoietic cells and is increased in B and T cells by the activation of NF-*k*B in response to viral infection or IL-6-stimulation.<sup>43-47</sup> BATF gene transcription is substantially increased in activated Th cells subsets including Th1, Th2, and Th17 cells.<sup>48</sup> Despite its wide expression in all Th1, Th2, and Th17 cells, BATF-deficiency fails to generate IL-17 in CD4+ and CD8+ T cells *in vitro* and *in vivo*, but

rather increases T-reg cell generation, thus protecting mice from EAE development.<sup>48</sup> While the levels of ROR $\alpha$  and ROR $\gamma$ t expression are not sustained in BATF-deficient Th17 cells compared with those in wild type (WT) cells, enforced ROR $\gamma$ t expression is not able to restore IL-17 production in BATF-deficient Th cells. Nevertheless, BATF synergizes with ROR $\gamma$ t to induce IL-17 expression through direct interaction with the IL-17 gene promoter.<sup>48</sup> Many questions regarding BATF, such as whether IL-6induced STAT3 activation is affected by BATF deficiency and whether BATF is required for DNA binding of ROR $\gamma$ t or IRF4, remain to be addressed in the future.<sup>49</sup>

# FOXP3, T-BET, AND ETS-1 SUPPRESS TH17 CELL DIFFERENTIATION

Differentiation of FoxP3-directed T-reg cells and RORytdriven Th17 cells has been shown to be triggered by TGF $\beta$ signaling, but the Th17 differentiation program requires additional IL-6 or IL-21 cytokine signaling either to switch off FoxP3 or to switch on RORyt, 10,11,15 suggesting reciprocal regulation of T-reg and Th17 cells during Th cell differentiation. It has been asked whether T-reg can be converted to Th17 in response to IL-6 and how FoxP3 and RORy t modulate each other's expression or activity.30,50,51 Interestingly, FoxP3 and IL-17 are both induced upon TGF $\beta$  stimulation.<sup>13,52</sup> In addition, FoxP3-positive Th cells produce IL-17 in the presence of IL-6 through the activation of  $ROR\gamma t$ , whereas FoxP3 antagonizes  $ROR\gamma t$  activity in a manner dependent on SMAD4, suggesting the plasticity of T-reg cells.30 Others also report that FoxP3 inhibits IL-17 expression by antagonizing ROR $\gamma$ t function in a TGF $\beta$ concentration-dependent manner<sup>53</sup> or through direct interaction with RORyt.54 Like the suppressive function of FoxP3 on IL-17 expression, the Th1-specific transcription factor T-bet suppresses RORyt-mediated Th17 cell differentiation.55-57 Several functional studies indicate that T-bet suppresses RORyt expression and Th17 cell differentiation and further attenuates autoimmune responses.56,58-62 Nonetheless, the mechanism by which T-bet directly or indirectly inhibits IL-17 expression and whether T-bet antagonizes ROR $\gamma$ t activity remain to be characterized. In addition, a T-bet-interacting transcription factor, Ets-1 positively modulates Th1 cell differentiation but inhibits Th17 cell generation.63,64 Ets-1-deficient Th cells exhibit preferential differentiation into Th17 cells and increased IL-22 and IL-23 receptor expression.<sup>64</sup> Moreover, targeting of Ets-1 by microRNA miR-326 promotes Th17 differentiation.65 Since there is no apparent interaction between Ets-1 and IL-17 gene promoter, how Ets-1 modulates IL-17 expression must be defined in the future.

## PPARγ AND E-FABP MODULATE TH17 CELL DIFFERENTIATION

Peroxisome proliferator-activated receptory (PPAR $\gamma$ ) is a nuclear receptor like ROR $\gamma$ t and ROR $\alpha$  and forms heterodimers with retinoid X receptors (RXRs) to bind to the gene promoter.66,67 PPARy activation upon ligand binding is critical for the expression of genes such as adiponectin and fatty acid-binding protein (FABP) (also referred as aP2) involved in adipocyte differentiation and lipid metabolism68,69 While enforced PPAR $\gamma$  expression induces adipocyte differentiation from fibroblasts, PPARy-deficiency attenuates white adipose tissue development.<sup>70</sup> Although PPAR $\gamma$  functions as a master transcriptional regulator for adipocyte differentiation, the anti-inflammatory activity of PPAR $\gamma$  is also well-characterized.71-73 The anti-inflammatory function of PPAR $\gamma$  is mediated through the inhibition of both maturation and function of dendritic cells and macrophages.74,75 More precisely, the ligand-binding domain of PPAR $\gamma$  is sumoylated upon ligand activation and prevents the removal of repressor complexes composed of nuclear receptor corepressor and histone deacetylase-3, thus resulting in sustained repressor complex-induced silencing of pro-inflammatory cytokine genes.76,77 In addition to the modulation of macrophage function, PPAR $\gamma$  modulates T cell activity by inhibiting IL-2 production in T cell receptor-stimulated Th cells78 and by suppressing Th2 cell differentiation.79 Therefore, PPAR $\gamma$  ligands including endogenous and synthetic agonists such as linoleic acid, prostaglandin J2, and thiazolidinediones have been extensively studied due to the interest in treating inflammatory diseases.71,80,81 A recent study demonstrates that PPAR $\gamma$  is an intrinsic suppressor for Th17 cell generation.<sup>82</sup> PPARy activation is thought to prevents removal of repressor complexes from RORyt gene promoter, thus suppressing  $ROR\gamma t$  expression and RORyt-induced Th17 cell differentiation in an intrinsic manner. Moreover, human multiple sclerosis patients are impressively susceptible to PPARy-mediated suppression of Th17 cell development, strongly asserting PPAR $\gamma$  as a promising target for specific immunointervention in autoimmune disorders.82

In contrast to the suppressive function of adipogenic PPAR $\gamma$ , epidermal FABP (E-FABP) is characterized as a positive modulator of IL-17 production in Th cells.<sup>83</sup> FABP-deficiency contributes to the protection from EAE development,<sup>84</sup> which has been explained by the reduced level of pro-inflammatory cytokines in macrophages and dendritic cells.<sup>85</sup> Moreover, FABP-deficient Th cells express increased amounts of PPAR $\gamma$  and subsequently suppress IL-17 production; however, this can be reversed by treatment with the PPAR $\gamma$  antagonist, GW9662.<sup>83</sup> More

detailed molecular mechanisms of E-FABP have yet to be characterized.

# OTHER TRANSCRIPTIONAL MODULATORS FOR TH17 CELL DIFFERENTIATION

The SOCS inhibit STAT-mediated cytokine signaling.<sup>86,87</sup> Since SOCS1 suppresses both IFN $\gamma$ - and IL-4-mediated Th1 and Th2 cell differentiation, genetic ablation of SOCS1 results in unconditional hyperactivation of T cells.<sup>88</sup> In addition, T cell-specific SOCS1-conditional knockout mice exhibit attenuated Th17 cell generation and induced hyperactivation of SOCS3 in Th cells,<sup>89</sup> suggesting that SOCS1 as a transcriptional activator for Th17 cell development. Activated SOCS3 is known to selectively suppress STAT-3 activation induced by IL-6, granulocyte-colony stimulating factor (GCSF), and leptin,<sup>90,91</sup> whereas deficiency of SOCS3 increases TGF $\beta$  production and simultaneously enhances Th17 cell development.<sup>27,92</sup> It is also reported that TGF $\beta$  inhibits SOCS3 gene transcription and prolongs STAT3 activation during Th17 cell differentiation.<sup>93</sup>

#### CONCLUSION

With the recent reports of the functions of IL-17-producing Th17 cells in autoimmune responses and the regulatory mechanisms for Th17 cell differentiation, a new paradigm of Th cell differentiation has been established. The Th1/ Th2 paradigm is mainly shifted to a Th1/Th2/ Th17/T-reg program. This review describes the function and potential mechanisms of transcription factors critical for the regulation of Th17 cell differentiation and also includes interconnection among transcription factors such as Th1specific T-bet, T-reg-limited FoxP3, and Th17-specific  $ROR\gamma t$ . These transcription factors have prevalent roles in determining lineage commitment through interaction with cytokine gene promoters and/or other lineage-specific transcription factors. Targeting these transcription factors, as well as signature cytokines, may be beneficial for controlling several autoimmune diseases, although research is currently underway to identify the detailed mechanisms.

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