



## A patient with a 6q22.1 deletion and a phenotype of non-progressive early-onset generalized epilepsy with tremor



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### ABSTRACT

We report a patient with a 6q22.1 deletion, who presented with a rare syndrome of generalized epilepsy, myoclonic tremor, and intellectual disability. There was no clinical progression after follow-up for more than 10 years. Our report presents the genetic basis for a phenotype involving a non-progressive generalized epilepsy with tremor. The efficacy of valproic acid for seizure control and the partial efficacy of deep brain stimulation with propranolol for myoclonic tremor is detailed.

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### 1. Introduction

Generalized epilepsy and tremor phenotypes have been reported in a few patients with a 6q22.1 microdeletion [1,2], *NUS1* variants, or *DHDDS* variants [3]. Here, we report clinical and genetic studies of a patient with a 6q22.1 microdeletion presenting with a rare syndrome of generalized epilepsy and drug-resistant myoclonic tremor who underwent deep brain stimulation (DBS) of the left thalamic nucleus.

### 2. Case presentation

The patient was a 28-year-old man born after a full-term pregnancy and without asphyxia to healthy non-consanguineous Japanese parents. His early development was unremarkable. Intention tremor was observed at 3 years of age, and mild intellectual disability at 4 years of age. The patient had two episodes of general-

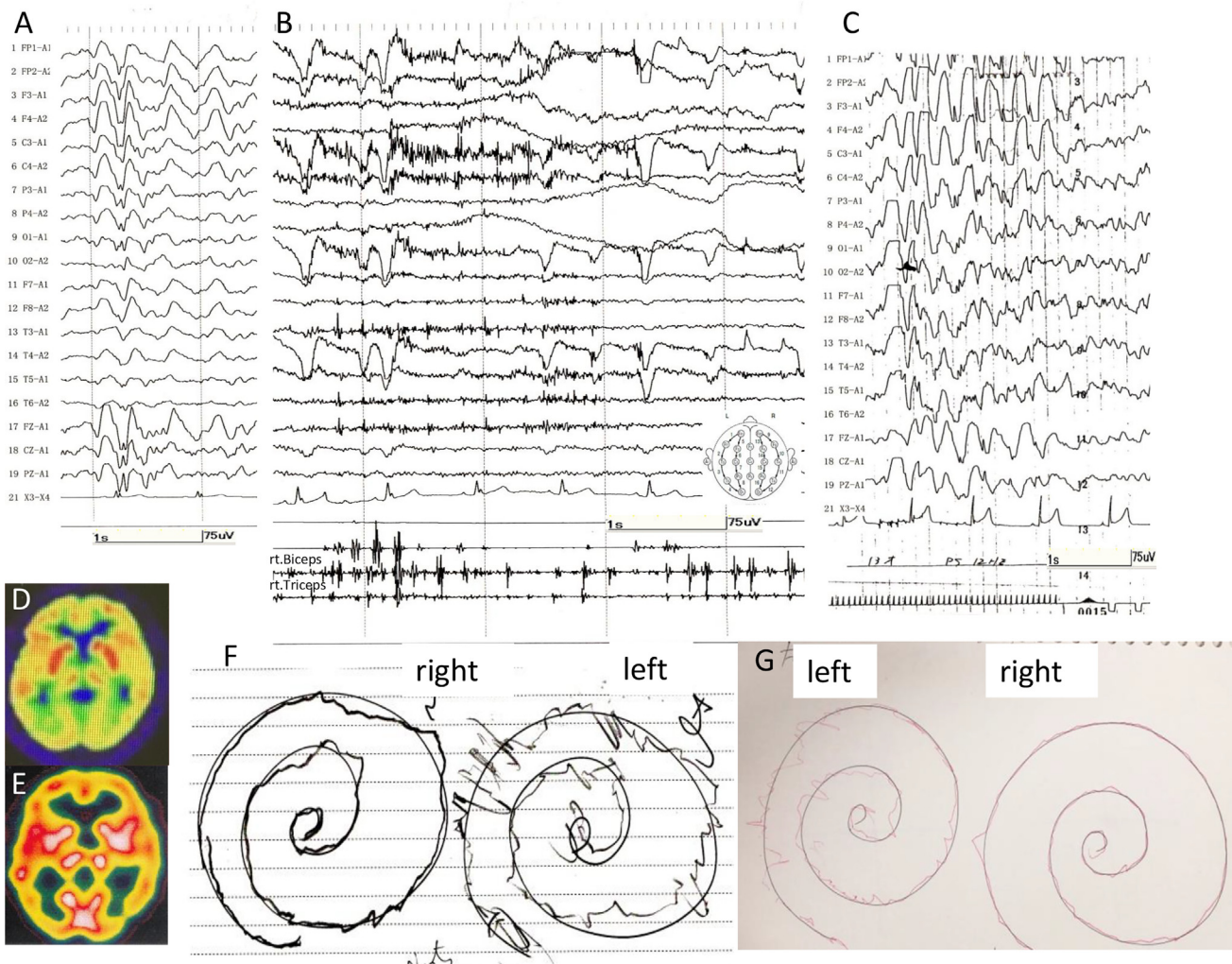
ized tonic-clonic seizures at 11 and 15 years of age. Based on the diagnosis of generalized epilepsy, he was treated with valproic acid (VPA), which resulted in no recurrence.

At 16 years of age, he was referred to our hospital for further testing. On examination, he had a resting tremor, which worsened with postural or voluntary tasks, as seen in his handwriting (Fig. 1F). One-foot standing was affected because of continuous tremor in the lower extremities. He spoke fluently and walked without falling. Deep tendon reflexes were normal. He exhibited no spasticity, but had bilateral cogwheel rigidity in his arms. The patient had no nystagmus or swallowing difficulty. His IQ was 43 (Wechsler Intelligence Scale for Children, fourth edition). He had no microcephaly or dysmorphic features. Blood lactate, pyruvate, and amino acid levels and lysosomal enzyme activities in leukocytes were normal. Bone marrow analysis showed no foam cell or sea-blue histiocytes. Ophthalmological examination was unremarkable. A muscle biopsy was normal. The short-latency somatosensory evoked potentials showed no exaggerated cortical responses. Auditory brainstem responses and visual evoked potentials were normal. Electroencephalography showed rare diffuse spike-waves dominant over the bilateral frontal regions and

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**Fig. 1.** EEG, surface EMG, DFG-PET, ECD-SPECT, and handwriting. (A) The sleep EEG at 20 years of age shows diffuse sharp waves dominant over the bilateral frontal regions. (B) The surface EMG and simultaneous EEG exhibit co-contraction of the biceps and triceps muscles showing myoclonic characteristics but not associated with epileptic discharges. (C) Photic responses elicited by 12 Hz photic stimulation. (D) FDG-PET shows increased glucose uptake in the bilateral basal ganglia. (E) ECD-SPECT shows increased blood flow in the bilateral basal ganglia. (F) Handwriting before deep brain stimulation (DBS) surgery. The left side is more involved in tremulous involuntary movement. (G) Handwriting after DBS surgery of the left thalamus showed improvement of right hand writing.

photosensitive epileptiform responses (Fig. 1A and C). Surface electromyography revealed a myoclonic tremor with co-contraction between active and antagonistic muscles (Fig. 1B). Brain magnetic resonance imaging was normal. Fluorodeoxyglucose position emission tomography (Fig. 1D) and technetium-99m-ethyl cysteinate dimer single photon emission computed tomography (Fig. 1E) showed relatively increased glucose uptake and blood flow in the bilateral basal ganglia.

The patient's tremor was refractory although high-dose propranolol was partially effective. At the age of 23 years, suspecting a pathophysiological similarity to essential tremor, he underwent DBS of the left thalamic ventral intermediate nucleus, which resulted in moderate improvement of the myoclonic tremor of the right hand (Fig. 1G). However, he declined DBS of the right thalamus.

Presently, he has a myoclonic tremor but has shown no clinical progression while taking VPA (1600 mg/day) and propranolol (80 mg/day). He has been working at a welfare center, and DBS is still effective for his daily living.

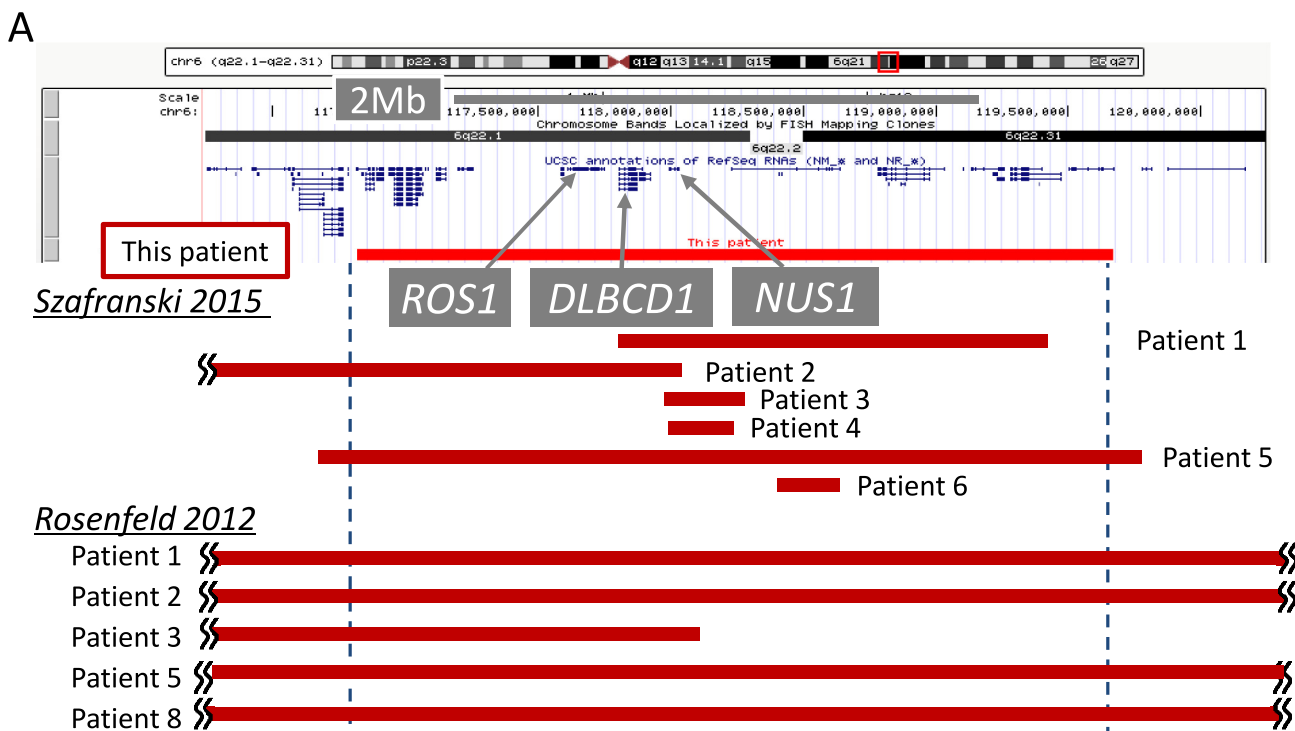
To analyze the molecular diagnosis and clarify the genetic cause, trio-based whole-exome sequencing was performed as previously described [4]. The exome Hidden Markov Model method

and Nord program showed a 2.9-Mb genomic deletion at 6q22.1 involving 25 genes, including *NUS1*, *ROS1*, and *DCBLD* (Fig. 2A). Quantitative polymerase chain reaction validated the *de novo* deletion of *ROS1* and *DCBLD1* (data not shown). Other pathogenic variants were not observed.

### 3. Discussion

To date, 11 patients have been reported to have microdeletions in the same region as our patient (Fig. 2A) [1,2]. Movement disorders, such as myoclonus or tremor, have been reported in 7 of the 12 patients including our patient. Epilepsy was observed in 7 patients; atypical absence or absence seizure in 4, generalized tonic-clonic convulsion in 2, West syndrome in 1, and complex partial seizure in 1 patient. Intellectual disability was observed in 11 patients. Microcephaly was observed in 4 patients, dysmorphic features in 4, and hypotonia in 2. Four patients had ataxia. These findings indicate that a generalized epilepsy and tremor phenotype with intellectual disability is characteristic in patients with a 6q22.1 microdeletion (Fig. 2B).

Szafrański et al. [1] reported an individual with a 6q22.1 microdeletion in a critical 259-bp region that includes only *NUS1*



**B**

		deletion size	symptoms
<b>This patient</b>		2.9 Mb	rare GTCS, myoclonic tremor, ID
<b>Szafranski 2015</b>	Patient 1	1.6 Mb	Absence, seizures, ASD
	Patient 2	5.5 Mb	Hypotonia, language delay, DF, no seizures
	Patient 3	0.3 Mb	Generalized epilepsy with atypical absence seizures, ID, tremor
	Patient 4	0.2 Mb	Generalized epilepsy with atypical absence seizures and GTC, ID, tremor
	Patient 5	2.9 Mb	ID, baseline tremor, microcephaly
	Patient 6	0.2 Mb	Hypotonia, DD, DF
<b>Rosenfeld 2012</b>	Patient 1	12 Mb	One complex seizure, ID, ataxic gait, microcephaly
	Patient 2	7.6 Mb	Adult-onset reticular myoclonus, fine tremor of upper extremities, ID, DF
	Patient 3	4 Mb	Phonological difficulties, poor coordination, poor balance, tremor, ID
	Patient 5	16.5 Mb	Infantile spasms, GTCs, FS, myoclonic jerks, microcephaly, ID, DF
	Patient 8	12.8 Mb	FS at 2 years, atypical absence seizures, nocturnal jerks, microcephaly, ID, DF

ASD, autism spectrum disorder; DD, developmental delay; DF, dysmorphic features; FS, febrile seizures; GTCS, generalized tonic-clonic seizures; ID, intellectual disability

**Fig. 2.** Schematic presentation of deletions (A) and symptoms (B) in our patient and in patients previously reported. The upper panel of the UCSC browser shows the relevant region in chromosome 6. The red horizontal line shows the 2.9-Mb deletion at 6q22.1–q22.31 in our patient. The lower part shows deletions previously reported in two studies (Refs. [1,2]). The dotted vertical lines show deletion breakpoints.

and the *SLC35F1* promoter, who exhibited early onset seizures and tremors as well as intellectual disability. Another two patients with missense frameshift variants and an approximately 1.3-kb deletion encompassing the entire exon 2 of *NUS1* had the same phenotype [3]. From these findings, *NUS1* seems to be the gene causing the generalized epilepsy and tremor phenotype in this patient.

*NUS1* encodes the Nogo-B receptor (NgBR), which is a subunit required for dolichol synthesis in yeast, mice, and humans. NgBR

forms a complex with dehydrodolichol diphosphate synthase (DHDDS; also known as hCIT) to yield dehydrodolichol diphosphate [3,5]. This process is essential for dolichol monophosphate biosynthesis and global N-linked glycosylation [3,5]. *de novo* DHDDS variants were recently reported in patients with generalized epilepsy and tremors [3], indicating that *NUS1* and *DHDDS* variants (NgBR/hCIT complex dysfunction) cause similar phenotypes.

Epilepsy with myoclonus during childhood is common in patients with progressive myoclonus epilepsy. However, generalized epilepsy associated with myoclonic tremor is very rare in patients with non-progressive disease. The differential diagnosis includes benign adult familial myoclonus epilepsy, which is adult-onset genetic generalized epilepsy with rare seizures and cortical tremor [6]. However, clinically, onset in our patient was quite different, and intellectual disability was evident.

#### 4. Conclusion

Our report presents the genetic basis of a phenotype of non-progressive generalized epilepsy with tremor, as well as the efficacy of VPA for seizure control and the partial efficacy of DBS with propranolol for myoclonic tremor. DBS of the ventral intermediate thalamic nucleus and propranolol are effective treatment options for patients with essential tremor [7], which implies a pathophysiological similarity between the condition of the present patient with essential tremor.

#### Conflict of interest

The authors declare no conflict of interest.

#### Ethical Statement

Written informed consent was obtained from all parents to perform the diagnostic procedures and next-generation sequencing and for publication of this case report. The study was approved by the ethical review boards of Miyagi Children's Hospital and Tohoku University School of Medicine.

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