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# A high preoperative serum IL-25 level is a negative prognosis predictor after liver resection for HBV-HCC

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**Objective:** The aim of this study was to evaluate the association between preoperative IL-25 levels and HBV-HCC patient outcomes following liver surgery.

**Methods:** This study enrolled consecutive HCC patients that had undergone liver surgery from 2008 to 2015. Baseline patient clinical properties were assessed to establish predictors of postoperative overall survival and recurrence-free survival (OS and RFS, respectively) following liver resection. In addition, serum IL-25 levels were assessed *via* ELISA.

**Results:** Cox regression analyses revealed IL-25 levels to be independently related to the OS and RFS of 896 HBV-associated HCC patients. An optimal IL-25 cutoff level of 14.9  $\mu$ g/ml was identified, with 206 patients in this cohort having IL-25 levels above this threshold. Both the OS and RFS of patients with an IL-25 level <14.9  $\mu$ g/ml were significantly better after liver resection as compared to those of patients with higher preoperative levels of this cytokine (*p* < 0.05). Cox multivariate regression analyses revealed an IL-25 level  $\geq$  14.9  $\mu$ g/L to be an independent predictor of poorer RFS and OS. A combination of IL-25 levels and tumor diameter may be an even more reliable predictor of OS.

**Conclusions:** IL-25 levels are independent predictors of postoperative survival within HCC patients undergoing liver resection.

### KEYWORDS

IL-25, hepatitis B virus, hepatocellular carcinoma, prognosis, biomarker

## Introduction

Hepatocellular carcinoma (HCC) is one of the most common malignant tumors of the digestive system, with high morbidity and mortality (1, 2). Its early diagnosis is crucial for timely treatment and improvement of survival rate (3). Although ultrasound, magnetic resonance imaging (MRI), and other imaging techniques have greatly improved the accuracy of HCC diagnosis, their application is limited due to their high cost, strong invasiveness, and insensitivity to small tumors (3). Therefore, convenient, inexpensive, noninvasive, and reproducible serum biomarkers have played an important role in the diagnosis of HCC (4). Alpha-fetoprotein (AFP) is a widely used biomarker for the diagnosis of liver cancer, but its diagnostic accuracy is limited because it has a high falsenegative rate in the detection of small tumors and early tumors. In addition, AFP may be elevated in some benign liver diseases, such as chronic hepatitis and cirrhosis without HCC (5). At present, the application of AFP in early screening of liver cancer has been controversial (5).

Therefore, it is very important to find new biomarkers related to liver cancer, achieve multi-indicator combined detection, improve the accuracy of early diagnosis of liver cancer, and reduce the rate of missed diagnosis. Over the years, other tumor markers for HCC have been proposed, such as Golgi protein 73 (GP73), Glypican-3 (GPC3), and cytokeratin 19 (CK-19) (6-8). GP73 is considered a potential marker of liver cancer, but serum GP73 levels may also be elevated in patients with liver parenchymal tumors. Therefore, GP73 detection is not suitable for distinguishing HCC from benign liver disease (6). Liu et al. found that serum GPC3 level was increased in patients with liver cancer; however, GPC3 was not sensitive to distinguish benign diseases from early liver cancer (7). Previous studies have shown that CK-19 expression is related to the invasive behavior of HCC, such as low differentiation, metastasis, and microvascular invasion, which indicates that CK-19 can be used as an indicator of survival and recurrence of HCC patients (8). However, these markers have not been considered effective enough for clinical use as indicators for HCC diagnosis.

Chronic inflammation is often a main driver of oncogenesis, and suppressing such inflammation can thus slow or arrest the physiological progression of cancer (9, 10). Inflammatory factors have been closely linked to many solid tumor types, including HCC (11), with certain cytokines including interleukin-6 (IL-6) serving as key mediators of systemic immune responses (12). There have been several previous reports demonstrating that the serum levels of inflammatory factors can predict the development or prognosis of many forms of cancer, including HCC (13). In addition, the understanding of the relationship between IL-25 and clinicopathological features, as well as the role of IL-25 in assessing the diagnostic role in HCC, has not been fully investigated. These findings may contribute to a more complete understanding of the significance of IL-25 in HCC. Here, to resolve these controversies, we measured serum IL-25 levels to evaluate the individual and combined diagnostic performance of IL-25 and AFP for HCC. The diagnostic ability of IL-25 for AFP-negative HCC was also evaluated. In addition, we analyzed the relationship between serum IL-25 levels and clinicopathological features in patients with HCC, in order to investigate the value of IL-25 in assessing the progression and prognosis of HCC. Herein, we therefore explored the prognostic relevance of preoperative IL-25 levels among hepatitis B virus (HBV)-associated HCC cases that had undergone liver resection.

## Patients and methods

### Patients

For this study, HBV-infected patients that had undergone liver transplantation conducted by a single surgical team at the 900th Hospital of Logistics Support Force from January 2008 to June 2015 were retrospectively enrolled. All patients had been diagnosed with HCC as per the European Society for the Study of the Liver (EASL) criteria (14), with pathological examination being used to confirm this diagnosis. Selection criteria for cases that participated in this research cohort were as follows: World Health Organization (WHO) preoperative status = 0-1; Child-Pugh Class A; no macrovascular invasion; no distant metastases; and no preoperative chemotherapy, radiosurgery, radiotherapy, or dermal ethanol injections prior to resection of liver. Patients were HBsAg positive and hepatitis C virus (HCV)-Ab negative. The Hospital Institutional Review Committee of the 900th Hospital of Logistics Support Force confirmed the present research, with cases having given the letter of aware satisfaction.

### Follow-up

For the first 2 years after surgery, patients experienced follow-up every 3 months, and every 6 months thereafter. Hospital staff blinded to study objectives conducted all follow-up. All patients were regularly monitored for recurrence using approaches including AFP analyses, chest x-rays, and abdominal USG, MRI, or CT scans that were conducted every 3 months. HCC recurrence was diagnosed using the same criteria as were used to diagnose the primary disease before surgery. Approaches to treating recurrent diseases included TACE, PRFA, and PEI, with the exact procedure being selected based on patient- and tumor-specific factors.

### Propensity score matching

To diminish the potential for bias inherent in this retrospective analysis, propensity score matching (PSM) was

performed. Specifically, cases with low and high IL-25 were matched *via* a PSM approach as described previously (15). Covariates included in this PSM model are Ishak's inflammation, tumor diameter, AFP, AST, HBeAg, HBV-DNA load, encapsulation of tumor, microvascular invasion, tumor count, and the degree of liver resection. Matching was executed at a 1:1 ratio for cases with low and high IL-25 levels as detailed previously (16).

### **ELISA**

Levels of serum IL-25 were measured in HCC patient samples with the Human IL-25 DuoSet ELISA kit (R&D Systems) based on the provided directions.

### Statistical studies

All outcomes are given as median (range) or mean  $\pm$  standard deviation (SD), and were studied by implementing unpaired Student's *t*-tests or  $\chi^2$  assessments as appropriate. The OS and RFS cases were assessed with Kaplan–Meier curves as well as log-rank measurements. Multivariate and univariate methods were used to guide the design of a prognostic nomogram, which was constructed with the "rms"

package using R v.3.5.1 (http://www.r-project.org/). This nomogram was assessed based on measurements of the conformity index (C-index), with rcorrp.cens being used to compare the C-index values for this nomogram to those for other nomograms in Hmisc (17). Analyses of the receiver operating characteristic (ROC) curve were implemented to study nomograms and predictors, with p < 0.05 as the threshold of significance.

### Results

### **Baseline patient characteristics**

Over the defined study period, 933 patients with HBVassociated HCC underwent liver transplantation for curative purposes, and were registered in the present survey. Of these cases, 37 were excluded for reasons including early metastasis or recurrence within 30 days postoperatively (n = 11), surgery (n = 5), liver failure-related mortality within 30 days postoperatively (n = 6), or clinically detected preoperative infection (n = 15), leaving a cohort of 896 patients eligible for these analyses (Figure 1). These patients exhibited a mean age of 52 years (range: 29–75), and were predominantly male (755 male patients and 141 female patients) as shown in Table 1. All patients were positive for HBeAg and the remaining 695 were



TABLE 1 Patient	clinicopathological	characteristics.
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Characteristics	Total patients ( $N = 896$ )
Gender	
Male	755
Female	141
Age (years) <sup>a</sup>	52
Liver cirrhosis	
Yes	535
No	361
HBeAg	
Positive	201
Negative	695
AFP (ng/ml)	0,0
>20	551
<20	345
Alanine aminotransferase (U/I)	515
>40	385
<10	511
Aspartate aminotransferase (II/I)	511
>40	242
240 <10	545
Total bilimbin (umal/ml)	555
	245
<17.1	551
Albumin (g/L)	551
>25	947
≥55 -25	40
	49
HBV DNA (IU/mi)	502
2,000	302
<2,000	394
Ishak filmanination score	6 (2-14)
There is a second	4 (1-6)
Tumor diameter (cm)	4.5 (0.5-17)
Name	400
None	400
Complete	496
Major resection	120
i es	130
INO	/00
Microvascular invasion	225
Yes	325
No	5/1
lumor number	475
Single	4/5
wumple	421
I umor differentiation	
1/11	145
	/51
Stage of BCLC	505
U+A	595
D	301

<sup>a</sup>Age, score of Ishak inflammation, score of Ishak fibrosis, and diameter of tumor are shown as median (range).

HBeAg, hepatitis B e antigen; HBsAg, hepatitis B surface antigen; AFP, alpha-fetoprotein; BCLC stage, Barcelona Clinic Liver Cancer stage.

negative for HBeAg. All exhibited Child-Pugh A liver function levels, with a median inflammation level of 6 (range: 2–14). A total of 502 cases exhibited HBV DNA levels  $\geq$  2,000 IU/ml. Primary tumors were a median of 4.3 cm in size (range: 0.5–17 cm), and serum IL-25 levels ranged from 0.25 to 45 µg/L (median: 10.1 µg/L). Under BCLC staging criteria, 595 patients were stage 0 and 301 were stage B. Of these 896 patients, 325 exhibited microvascular, 421 presented with multiple tumors, and 496 exhibited complete tumor encapsulations. In addition, 130 patients underwent major liver resection. Tumors differed markedly in 145 patients (E-S Grades I and II). The median period of follow-up was 41.5 months (range: 9.5–98.5).

# IL-25 levels are associated with HCC patient clinicopathological characteristics

Next, ROC curve analyses were used to establish an optimal IL-25 cutoff level capable of differentiating between HCC patient outcomes. The selected cutoff value was 14.9 µg/L, yielding an AUC value of 0.730, a specificity of 0.640, and a sensitivity of 0.757 (Figure 2). In total, 334 and 562 patients were respectively clustered into IL-25-high and -low groups, and there were clear differences in clinical characteristics among these groups (Table 2). Specifically, individuals with high IL-25 levels exhibited higher AFP levels, greater viral loads ( $\geq$ 2,000 IU/ml), and larger tumor sizes (all *p* < 0.05), indicating that higher IL-25 levels are associated with more advanced HCC. After a PSM analysis, 156 patient pairs were generated (Table 3). Following PSM, clinical characteristics did not differ between these cohorts (*p* > 0.05).

# IL-25 levels are correlated with HCC patient prognosis

The 3- and 5-year RFS rates of patients in the group of high IL-25 were detected to be considerably decreased in comparison to those of patients in the low IL-25 group (64.1% and 42.2%, respectively, vs. 90.1% and 78.5%, respectively; p < 0.05). Higher levels of IL-25 were also associated with decreased 3- and 5-year OS relative to lower IL-25 levels (77.3% and 61.8%, respectively, vs. 97.6% and 95.1%, respectively; p < 0.05) (Figures 3A, B).

Following PSM, the 3- and 5-year RFS rates in the IL-25high group were 61.6% and 42.3%, respectively, whereas they were significantly higher at 89.1% and 76.2%, respectively, in the IL-25-low group (p < 0.05). Similarly, following the PSM, the 3and 5-year OS of cases with high IL-25 levels were 77.6% and 61.1%, respectively, which were significantly decreased as compared to those of cases with low IL-25 levels (p < 0.05) (Figures 3C, D)



# Identification of factors related to HCC patient prognosis

Cox regression analyses were next applied to detect risk factors independently correlated with HCC patient RFS and OS. In univariate analyses, HBV DNA levels, IL-25 levels, AFP levels, microvascular invasion, tumor encapsulation, tumor number, tumor differences, tumor scale, and cirrhosis were all independently correlated with a decreased RFS (Table 4), whereas HBV DNA levels, IL-25 levels, AFP levels, tumor encapsulation, and invasion were correlated with worse OS. Subsequently, multivariate approach revealed that HBV DNA levels  $\geq$ 2,000 IU/ml, IL-25  $\geq$  14.9 µg/ml, AFP  $\geq$  20 ng/ml, a lack of complete encapsulation of tumor, multiple tumors, microvascular invasion, and tumor size  $\geq$  5 cm were independent predictors of worse patient RFS (Table 4), while HBV DNA levels  $\geq$  2,000 IU/ml, IL-25  $\geq$  14.9 µg/L, AFP  $\geq$  20 ng/ ml, a lack of complete tumor encapsulation, and tumor size  $\geq$ 5 cm were independently predictive of worse OS (Table 5). Additional analyses of Cox regression were conducted to detect independent predictors of OS and RFS in the cohort of PSM (Tables 6, 7). In this group, an elevated IL-25 level ( $\geq$ 14.9 µg/ml) remained independently associated with poorer RFS and OS.

# Construction and evaluation of nomograms capable of predicting HCC patient survival outcomes

Next, the independent predictors identified in the above multivariate analysis were used to construct nomograms capable of predicting the RFS (Figure 4A) and OS of HCC patients (Figure 4B). The respective values of the Cindex for these nomograms of OS and RFS were 0.726 and 0.645. To explore the predictive value of these nomograms, they were next compared with other independent predictors identified above (Table 8). The RFS nomogram C-index value (0.645) was higher than that for HBV DNA (0.542), AFP (0.564), tumor count (0.538), encapsulation of tumor (0.561), IL-25 (0.549), tumor diameter (0.582), and microvascular invasion (0.559) (all p < 0.001). The nomogram C-index value (0.726) for OS was higher than that for IL-25 (0.559), HBV-DNA (0.569), AFP (0.584), encapsulation of tumor (0.591), and diameter of tumor (0.635) (all p < 0.05). These results thus supported the predictive accuracy of these nomograms, with both the RFS and OS nomograms exhibiting AUC values higher than those for other prognostic risk factors (Table 9).

	Low IL-25 (<14.9 $\mu$ g/ml), N = 562	Elevated IL-25 (≥14.9 µg/ml), N = 334	<i>p</i> -value
Gender 0.087			
Male	483	272	
Female	79	62	
Age (years) <sup>a</sup>	$48.19 \pm 10.2$	50.23 ± 11.0	0.156
Liver cirrhosis			0.778
Yes	338	197	
No	224	137	
HBeAg			0.869
Positive	125	76	
Negative	437	258	
AFP (ng/ml)			< 0.001
≥20	339	212	
<20	223	122	
Alanine aminotransferase (U/L)			0.334
≥40	240	145	
<40	322	189	
Aspartate aminotransferase (U/L)			0.074
≥40	230	113	
<40	332	221	
Total bilirubin (μmol/ml)			
≥17.1	204	141	0.088
<17.1	358	193	
Albumin (g/L)			
≥35	535	312	0.288
<35	27	22	
HBV DNA (IU/ml)			
≥2,000	255	247	0.000
<2,000	307	87	
Ishak inflammation score <sup>a</sup>	5.12 ± 1.73	$5.34 \pm 2.98$	0.102
Ishak fibrosis score <sup>a</sup>	4.73 ± 1.56	$5.08 \pm 1.36$	0.251
Tumor diameter (cm) <sup>a</sup>	5.47 ± 3.67	$8.84 \pm 4.14$	0.002
Tumor encapsulation			0.413
None	249	151	
Complete	313	183	
Major resection			
Yes	92	38	0.049
No	470	296	
Microvascular invasion			
Yes	193	132	0.131
No	369	202	
Tumor number			0.216
Single	289	186	
Multiple	273	148	
Tumor differentiation			
I/II	88	57	0.575
III/IV	474	277	

TABLE 2 HCC patient clinicopathological and demographic characteristics as a function of IL-25 levels.

<sup>a</sup>Age, score of Ishak inflammation, score of Ishak fibrosis, and diameter of tumor are stated as mean ± SD. HbeAg, hepatitis B e antigen; alpha-fetoprotein, AFP.

	Low IL-25 (<14.9 µg/ml), N = 156	Elevated IL-25 (≥14.9 µg/ml), N = 156	<i>p</i> -value
Gender			0.732
Male	138	135	
Female	18	21	
Age (vears) <sup>a</sup>	$50.44 \pm 10.59$	$49.83 \pm 10.93$	0.522
Liver cirrhosis			0.564
Yes	90	96	
No	66	60	
HBeAg			0.798
Positive	40	43	
Negative	116	113	
AFP (ng/ml)	110		1 000
>20	104	104	1.000
<20	52	52	
Alanine aminotransferase (U/L)	52	52	1.000
	81	80	1.000
≥40 <40	75	76	
Aspartate aminotransferase (II/I)	75	70	0.070
	71	00	0.070
<10	25	60	
Total bilimbin (umal/ml)	65	00	0.650
	70	75	0.050
≥17.1	70	/5	
<17.1	00	01	0.724
Albumin (g/L)	20	77	0.734
≥55 -25	80	77	
<pre><jj< pre=""></jj<></pre>	70	79	0.650
ABV DNA (10/mi)	70	0.4	0.050
≥2,000	79	84	
<2,000	//	72	0.004
Ishak inflammation score	$4.93 \pm 2.62$	5.25 ± 2.68	0.304
Ishak fibrosis score	4.61 ± 2.99	4.16 ± 2.72	0.138
Tumor diameter (cm)"	$8.22 \pm 4.48$	8.31 ± 4.11	0.508
Tumor encapsulation			0.908
None	95	93	
Complete	61	63	
Major resection	51	46	0.556
No	105	109	
Microvascular invasion	105	109	0.729
Vac	61	65	0.729
No	05	01	
Tumor number	25	21	0.4045
Single	72		0.4945
Multiple	/5	00	
Tumor differentiation	65	50	0.276
	15	21	0.376
1/11	15	21	
111/1V	141	135	

TABLE 3 HCC patient clinicopathological and demographic characteristics as a function of IL-25 levels after propensity score matching (PSM).

<sup>a</sup>Age, Ishak inflammation, and diameter of tumor are expressed as mean ± SD. PSM, propensity score matching. HBeAg, hepatitis B e antigen; alpha-fetoprotein, AFP.



TABLE 4 Multivariate and univariate studies of factors correlated with HCC patient recurrence-free survival.

	Hazard ratio (95% CI)	<i>p</i> -value	
Univariate studies			
Gender (male vs. female)	0.901 (0.719-1.129)	0.367	
Age (years) (≤60 vs. >60)	0.848 (0.695–1.035)	0.105	
Alanine aminotransferase (≥40 vs. <40 U/L)	1.212 (1.047-1.302)	0.02	
Aspartate aminotransferase (≥40 vs. <40 U/L)	0.504 (0.300-1.741)	0.301	
Albumin (<35 vs. ≥35 g/L)	0.806 (0.588-1.105)	0.185	
HBV DNA (≥2,000 vs. <2,000 IU/ml)	1.577 (1.564–1.883)	< 0.001	
Ishak inflammation score (≥3 vs. <3)	1.227 (1.156–1.345)	0.014	
Ishak fibrosis score (≥3 vs. <3)	0.825 (0.731-1.267)	0.328	
IL-25 (≥14.9 vs. <14.9 µg/L)	1.747 (1.474–2.069)	< 0.001	
AFP (≥20 vs. <20 ng/ml)	1.649 (1.409–1.929)	< 0.001	
HBeAg (positive vs. negative)	1.166 (0.995–1.366)	0.058	
Tumor encapsulation (yes vs. no)	0.698 (0.603-0.809)	< 0.001	
Major resection (yes vs. no)	1.168 (0.973-1.403)	0.096	
Microvascular invasion (yes vs. no)	1.575 (1.343–1.847)	< 0.001	
Number of tumor (multiple vs. single)	1.679 (1.377–2.048)	< 0.001	
Differentiation of tumor (III+IV vs. I+II)	0.560 (0.281-1.899)	0.225	
Diameter of tumor (≥5 vs. <5 cm)	1.644 (1.419–1.904)	< 0.001	
Liver cirrhosis (yes vs. no)	0.056 (0.376–1.442)	0.403	

(Continued)

### TABLE 4 Continued

	Hazard ratio (95% CI)	<i>p</i> -value
Multivariate analysis		
HBV DNA (≥2,000 vs. <2,000 IU/ml)	1.235 (1.133–1.465)	0.013
IL-25 (≥14.9 vs. <14.9 µg/L)	1.494 (1.350–1.786)	< 0.001
AFP (≥20 vs. <20 ng/ml)	1.363 (1.254–1.610)	< 0.001
Encapsulation of tumor (yes vs. no)	0.785 (0.712–0.879)	0.006
Microvascular invasion (yes vs. no)	1.126 (1.114–1.357)	0.017
Tumor number (multiple vs. single)	1.216 (1.128–1.424)	0.015
Diameter of tumor (≥5 vs. <5 cm)	1.285 (1.188–1.518)	0.003

# Assessment of the prognostic value of IL-25 as a predictor of HCC patient survival

For RFS, the C-index value for IL-25 was 0.549, which was considerably greater as compared to that associated with the number of tumors (p < 0.05) (Table 8). In a ROC curve analysis for RFS (Table 9), no differences were observed. The AUC value

for IL-25 was higher than that for all other predictors with the exception of tumor number (p < 0.05), and in an analysis of multivariate for predictors associated with patient RFS, the HR for IL-25 was the greatest. As IL-25 exhibited the greatest specific weight of any factor in a predictive nomogram for HCC patient RFS, this suggested that IL-25 is the most robust predictor of RFS in this patient population (Figure 4A). The C-index value for IL-25 when used to predict HCC patient OS was 0.559, which

TABLE 5 Multivariate and univariate studies of factors correlated with HCC patient overall survival.

	Hazard ratio (95% CI)	<i>p</i> -value
Univariate analysis		
Gender (male vs. female)	0.901 (0.719–1.129)	0.367
Age (years) (≤60 vs. >60)	0.848 (0.695–1.035)	0.105
Alanine aminotransferase (≥40 vs. <40 U/L)	1.212 (1.047–1.302)	0.02
Aspartate aminotransferase (≥40 vs. <40 U/L)	1.504 (1.300–1.741)	< 0.001
Albumin (<35 vs. ≥35 g/L)	0.806 (0.588-1.105)	0.18
HBV DNA (≥2,000 vs. <2,000 IU/ml)	1.577 (1.564–1.883)	< 0.001
Ishak inflammation score (≥3 vs. <3)	1.227 (1.156–1.345)	0.014
Ishak fibrosis score (≥3 vs. <3)	0.825 (0.731-1.267)	0.328
IL-25 (≥14.9 vs. <14.9 µg/L)	1.747 (1.474–2.069)	< 0.001
AFP (≥20 vs. <20 ng/ml)	1.649 (1.409–1.929)	< 0.001
HBeAg (positive vs. negative)	1.166 (0.995–1.366)	0.058
Tumor encapsulation (yes vs. no)	0.698 (0.603-0.809)	< 0.001
Major resection (yes vs. no)	1.168 (0.973–1.403)	0.096
Microvascular invasion (yes vs. no)	0.575 (0.343-1.847)	0.432
Number of tumor (multiple vs. single)	0.679 (0.377-2.048)	0.501
Differentiation of tumor (III+IV vs. I+II)	0.560 (0.281–1.899)	0.356
Diameter of tumor (≥5 vs. <5 cm)	1.644 (1.419–1.904)	< 0.001
Liver cirrhosis (yes vs. no)	1.256 (1.176–1.442)	0.003
Multivariate analysis		
HBV DNA (≥2,000 vs. <2,000 IU/ml)	1.235 (1.133–1.465)	0.013
IL-25 (≥14.9 vs. <14.9 µg/L)	1.494 (1.350–1.786)	< 0.001
AFP (≥20 vs. <20 ng/ml)	1.363 (1.254–1.610)	< 0.001
Tumor encapsulation (yes vs. no)	0.785 (0.712–0.879)	0.006
Diameter of tumor (≥5 vs. <5 cm)	1.285 (1.188-1.518)	0.003

	Hazard ratio (95%CI)	<i>p</i> -value
Univariate analysis		
Gender (male vs. female)	0.619 (0.476-1.039)	0.536
Age (years) (≤60 vs. >60)	0.654 (0.275–0.982)	0.016
Alanine aminotransferase (≥40 U/L vs. <40 U/L)	0.827 (0.382-1.026)	0.569
Aspartate aminotransferase (≥40 U/L vs. <40 U/L)	1.381 (1.167–1.839)	0.026
Albumin (<35 g/L vs. ≥35 g/L)	0.712 (0.369–1.076)	0.876
HBV DNA (≥2,000 IU/ml vs. <2,000 IU/ml)	1.516 (1.084–1.964)	0.001
Total bilirubin (≥17.1 µmol/ml vs. <17.1 µmol/ml)	0.941 (0.672–1.169)	0.532
Score of Ishak inflammation (≥3 vs. <3)	1.519 (1.287 -1.961)	0.021
Score of Ishak fibrosis (≥3 vs. <3)	0.824 (0.384–1.587)	0.198
IL-25 (≥14.9 vs. <14.9 µg/ml)	1.471 (1.028–1.763)	0.001
AFP (≥20 vs. <20 ng/ml)	1.751 (1.537 –2.571)	< 0.001
HBeAg (positive vs. negative)	1.473 (1.021–1.694)	0.029
Encapsulation of tumor (yes vs. no)	0.633 (0.632 -1.469)	< 0.001
Major resection (yes vs. no)	0.911 (0.681–1.072)	0.723
Microvascular invasion (yes vs. no)	1.629 (1.169 –2.069)	< 0.001
Number of tumor (multiple vs. single)	1.957 (1.037 –2.379)	0.001
Differentiation of tumor (III+IV vs. I+II)	0.996 (0.357 -2.467)	0.267
Tumor diameter (≥5 cm vs. <5 cm)	1.051 (0.863–1.714)	< 0.001
Liver cirrhosis (yes vs. no)	1.419 (1.167–1.963)	0.036
Multivariate analysis		
Age (years) (≤60 vs. >60)	0.993 (0.653–1.279)	0.756
Aspartate aminotransferase (≥40 U/L vs. <40 U/L)	0.914 (0.583-1.327)	0.279
HBV DNA (≥2,000 IU/ml vs. <2,000 IU/ml)	1.469 (1.127–1.937)	0.026
Ishak inflammation score (≥3 vs. <3)	1.716 (1.382–1.973)	0.039
IL-25 (≥14.9 vs. <14.9 µg/ml)	1.487 (1.096–1.672)	0.001
AFP (≥20 vs. <20 ng/ml)	0.961 (0.284–1.037)	0.637
Tumor encapsulation (yes vs. no)	0.758 (0.189–0.836)	0.041
Microvascular invasion (yes vs. no)	0.976 (0.376-1.073)	0.583
Number of tumor (multiple vs. single)	0.993 (0.536–1.376)	0.493
Diameter of tumor (≥5 cm vs. <5 cm)	1.072 (0.753–1.539)	0.001
Differentiation of tumor (III+IV vs. I+II)	0.963 (0.365-1.073)	0.367
Liver cirrhosis (yes vs. no)	1.631 (1.256–1.983)	0.034

TABLE 6 Multivariate and univariate studies of factors correlated with HCC patient recurrence-free survival in a propensity score matching (PSM) cohort.

Values of HRs (95% CI) and p were determined via multivariate and univariate Cox proportional hazard regression studies.

HbeAg, hepatitis B e antigen; AFP, alpha-fetoprotein; PSM, propensity score matching.

was the lowest of all tested predictors (Table 8) in an analysis of the curve of ROC (Table 9). Furthermore, IL-25 exhibited a lower AUC value than any other predictor analyzed in this study, and consistently possessed the least specific weight in a nomogram used to predict patient OS (Figure 4B). As such, we evaluated combinations of IL-25 and other predictors with the goal of defining the most reliable prognostic combination associated with patient OS (Table 9), revealing that a combination of IL-25 and tumor diameter yielded a greater AUC value than any other combination, thus suggesting that these two parameters may represent a more reliable means of predicting HCC patient OS.

# Discussion

The onset and progression of HCC are driven in large part by interactions between nascent tumor cells and the surrounding inflammatory milieu (18–22). There is thus clear value in further elucidating the specific roles played by particular inflammatory mediators during the progression of cancer (9, 10). HCC is a common malignant tumor of the digestive system, characterized by aggressive growth and early metastasis, and is the second leading cause of cancer mortality in China (2, 3). Because the early symptoms are not obvious, many patients with liver cancer are diagnosed as advanced stage (23). Systematic screening of

-	Hazard ratio (95% CI)	t-value	
		<i>p</i> -value	
Univariate analysis			
Gender (male vs. female)	0.756 (0.417-1.391)	0.426	
Age (years) (≤60 vs. >60)	0.851 (0.726-1.109)	0.269	
Alanine aminotransferase (≥40 U/L vs. <40 U/L)	0.716 (0.541–1.019)	0.654	
Aspartate aminotransferase (≥40 U/L vs. <40 U/L)	1.929 (1.172–2.013)	< 0.011	
Albumin (<35 g/L vs. ≥35 g/L)	0.651 (0.392-1.103)	0.682	
HBV DNA (≥2,000 IU/ml vs. <2,000 IU/ml)	1.419 (1.071–1.939)	0.031	
Total bilirubin (≥17.1 µmol/ml vs. <17.1 µmol/ml)	0.817 (0.421-1.253)	0.719	
Ishak inflammation score (≥3 vs. <3)	1.461 (1.093–1.865)	0.029	
Ishak fibrosis score (≥3 vs. <3)	0.910 (0.612-1.382)	0.349	
IL-25 (≥14.9 vs. <14.9 µg/ml)	1.563 (1.192–1.829)	0.016	
AFP (≥20 vs. <20 ng/ml)	1.792 (1.461–2.031)	< 0.001	
HBeAg (positive vs. negative)	1.521 (1.069–2.392)	0.042	
Tumor encapsulation (yes vs. no)	0.669 (0.479–0.816)	0.011	
Major resection (yes vs. no)	0.719 (0.368–1.310)	0.623	
Microvascular invasion (yes vs. no)	1.536 (1.217–1.973)	< 0.021	
Tumor number (multiple vs. single)	1.604 (1.359–2.679)	< 0.041	
Tumor differentiation (III+IV vs. I+II)	0.593 (0.431-1.618)	0.161	
Tumor diameter (≥5 cm vs. <5 cm)	1.329 (1.195–1.921)	< 0.001	
Liver cirrhosis (yes vs. no)	0.792 (0.538–1.139)	0.435	
Multivariate analysis			
Aspartate aminotransferase (≥40 U/L vs. <40 U/L)	0.651 (0.493-1.079)	0.791	
HBV DNA (≥2,000 IU/ml vs. <2,000 IU/ml)	1.3219 (1.167–1.736)	0.031	
Ishak inflammation score (≥3 vs. <3)	0.563 (0.352–1.057)	0.259	
IL-25 (≥14.9 vs. <14.9 µg/ml)	1.526 (1.056–1.983)	0.049	
AFP (≥20 vs. <20 ng/ml)	0.756 (0.328-1.569)	0.129	
HBeAg (positive vs. negative)	0.538 (0.393-1.289)	0.563	
Tumor encapsulation (yes vs. no)	0.726 (0.357-1.089)	0.369	
Microvascular invasion (yes vs. no)	0.574 (0.346-1.147)	0.573	
Tumor number (multiple vs. single)	0.692 (0.379–1.639)	0.134	
Tumor diameter (≥5 cm vs. <5 cm)	1.328 (1.125-2.537)	< 0.011	

TABLE 7 Multivariate and univariate analyses of factors correlated with HCC patient overall survival in a propensity score matching (PSM) cohort.

The values of HRs (95% CI) and p were determined via multivariate and univariate Cox proportional hazard regression analyses.

HBeAg, hepatitis B e antigen; AFP, alpha-fetoprotein; PSM, propensity score matching.

high-risk groups is necessary for early diagnosis. AFP is the most commonly used biomarker for HCC patients, although its sensitivity and specificity are unsatisfactory, especially for early-stage disease (14, 15). Previous studies have shown that the ability of AFP to diagnose liver cancer is relatively poor. Using cutoff values of 17.76 ng/ml and 21.47 ng/ml would result in 60 (35.71%) and 62 (36.90%) of 168 HCC patients being considered negative. Fifteen of 153 healthy controls (9.80%) and 23 of 150 patients with benign liver disease (15.33%) were considered positive, and these inaccuracies supported the inadequacy of AFP as a biomarker (24). Therefore, new and reliable biomarkers are needed to improve the diagnostic level of liver cancer.

IL-25 is an inflammatory IL-17 family cytokine that is best studied as a driver of type 2 immune responses (13, 25–27). In previous reports, IL-25 was shown to perform a central task in

the incidence of acute hepatitis (AH), liver fibrosis, and cirrhosis (28-30). As an anti-inflammatory cytokine, IL-25 promotes type 2 cytokine-dependent immunity and limits the production of pro-inflammatory cytokines by inhibiting the expression of type 1 cytokines. Deregulation of IL-25 has been found in many inflammation-related diseases, including helminth parasite infection, inflammatory bowel disease, asthma, severe hepatitis, and NAFLD (31-33). Meanwhile, IL-25 also plays an important role in several human cancers (31-35). However, it is not completely clear whether IL-25 affects the development of HCC. Studies have shown that IL-25 plays a direct role in cancer cells and affects the development of breast cancer (32-34). Previous results showed that IL-25 did not directly affect the growth, apoptosis, or migration of HCC cells. IL-25-induced M2 macrophages attenuated obesity and NAFLD (36). Similarly, Wang et al. reported that IL-25 induces hepatic macrophages to



### TABLE 8 C-index values for predictors of HCC patient survival outcomes.

Variables 0	RFS			OS				
	C-index	95% CI	<i>p</i> <sup>+</sup> -value	p*-value	C-index	95% CI	$p^{\dagger}$ -value	p*-value
Nomogram	0.645	0.605-0.678		< 0.001	0.726	0.675-0.756		< 0.001
IL-25	0.549	0.534-0.564	< 0.001		0.559	0.538-0.579	< 0.001	
AFP					0.584	0.558-0.609	< 0.001	0.018
Tumor encapsulation	0.561	0.542-0.580	< 0.001	0.076	0.591	0.565-0.618	< 0.001	< 0.001
Tumor diameter	0.582	0.563-0.602	< 0.001	0.599	0.635	0.609-0.661	< 0.001	< 0.001
HBV-DNA	0.542	0.523-0.562	< 0.001	0.064	0.569	0.543-0.595	< 0.001	0.413
Tumor number	0.538	0.524-0.549	< 0.001	0.005				
Microvascular invasion	0.559	0.543-0.575	< 0.001	0.323				

AFP, alpha-fetoprotein.

 $p^{\dagger}\mbox{-}value:$  nomogram vs. other predictors.

p<sup>‡</sup>-value: IL-25 vs. other predictors.

		RFS			OS			
Variables	AUC	95% CI	$p^{\dagger}$ -value	p*-value	AUC	95% CI	$p^{\dagger}$ -value	p*-value
Nomogram	0.615	0.602-0.668		0.006	0.653	0.621-0.723		< 0.001
IL-25	0.561	0.539-0.583	0.004		0.559	0.533-0.585	< 0.001	
AFP					0.590	0.562-0.618	0.003	0.105
Tumor encapsulation	0.566	0.537-0.595	0.001	0.787	0.599	0.570-0.629	0.001	0.026
Tumor diameter	0.568	0.539-0.597	< 0.001	0.649	0.624	0.595-0.653	0.001	< 0.001
HBV-DNA	0.567	0.538-0.596	0.032	0.723	0.584	0.555-0.613	< 0.001	0.227
Tumor number	0.532	0.513-0.551	< 0.001	0.048				
Microvascular invasion	0.571	0.547-0.595	0.019	0.547				
Combination								
IL-25	0.561	0.539-0.583	< 0.001		0.559	0.533-0.585	< 0.001	
IL-25+AFP					0.618	0.587-0.648	0.067	0.007
IL-25+Tumor encapsulation	0.496	0.466-0.526	< 0.001	0.005	0.463	0.432-0.495	< 0.001	< 0.001
IL-25+Tumor diameter	0.593	0.563-0.622	< 0.001	0.006	0.637	0.606-0.668	0.012	< 0.001
IL-25+HBV-DNA	0.603	0.574-0.632	0.019	0.001	0.616	0.586-0.646	0.020	0.007
IL-25+Tumor number	0.574	0.548-0.599	0.021	0.128				
IL-25+Microvascular invasion	0.605	0.578-0.633	0.019	0.026				

TABLE 9 ROC curve results pertaining to analyses of the predictors of recurrence-free and overall HCC patient survival.

AFP, alpha-fetoprotein.

 $p^{\dagger}\mbox{-value:}$  nomogram vs. other predictors.

p<sup>‡</sup>-value: IL-25 vs. other predictors.

have an M2 phenotype, negatively regulates the proinflammatory immune microenvironment, and improves HDF-induced hepatic steatosis (37). Rizzo et al. reported that IL-25-induced alternatively activated macrophages inhibit colitis (38). In addition, Zhujun Jiang et al. reported that inhibition of IL-25 led to a decrease in the incidence rate of type 2 diabetes T cells and macrophages in the primary tumor microenvironment, as well as enhanced breast tumor invasion and subsequent lung metastasis (31). These findings suggest that macrophages are the key targets of IL-25, and the activation of M2 phenotype may be the main pathway by which IL-25 promotes the development of HCC. Herein, we found that elevated preoperative IL-25 levels were correlated with features of more advanced HCC and with poorer clinical outcomes (RFS and OS) within HBV-associated HCC cases following the resection of the liver. Tumor recurrence differed significantly between cases with low and high levels of serum IL-25 determined via a multivariate analysis approach, with elevated preoperative IL-25 levels being independent predictors of decreased OS and RFS in these cases. Importantly, high IL-25 levels functioned as an accurate predictor of long-lasting survival in cases with early-stage disease. While IL-25 levels were the best-identified predictor of RFS in this study, a combination of IL-25 levels and tumor diameter was better able to predict HBV-associated HCC patient OS. The mechanisms behind these effects are not fully understood, but some researchers believe that IL-25-induced

dysregulation of intestinal microbiota promotes hepatocellular carcinoma through alternate activation of macrophages in the tumor microenvironment. Together, these results provide clear evidence that preoperative serum IL-25 levels can predict HCC patient prognosis.

The primary limitation of this research is that it was a singlecenter retrospective analysis, and it is thus susceptible to potential bias with respect to patient selection. Future largescale multi-center studies validating and expanding upon our results will thus be essential to affirm the clinical relevance of serum IL-25 as a prognostic biomarker in HBV-HCC patients.

### Conclusion

This study suggests that serum IL-25 levels may be an independent and useful tumor marker for the diagnosis of liver cancer. IL-25 is still valuable in the diagnosis of AFP-negative HCC and can be used as a supplement to AFP in the diagnosis of HCC. The combined diagnosis of the two markers greatly improves the early diagnostic accuracy of HCC. In addition, IL-25 values are associated with several pathological features that represent tumor aggressiveness and/or poor prognosis. Finally, IL-25 could help in the customized management of cases with risk factors for HCC recurrence after liver resection.

### Data availability statement

The original contributions presented in the study are included in the article/supplementary material. Further inquiries can be directed to the corresponding author.

### **Ethics statement**

The studies involving human participants were reviewed and approved by Ethics Committee of 900TH Hospital of Logistics Support Force (LLH-20150801). The patients/participants provided their written informed consent to participate in this study.

### Author contributions

Conception and design: S-hC and XW; Administrative support: S-hC and XW; Provision of study materials or patients: S-hC and XW; Collection and assembly of data: All

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# Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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