

## Effects of different methods of decontamination for successful cultivation of *Mycobacterium tuberculosis*

Mitali Chatterjee, Susmita Bhattacharya, Kalpana Karak\* & Sujata G. Dastidar\*\*

*Department of Microbiology, Nil Ratan Sircar Medical College,\*Department of Microbiology, K.P.C. Medical College & \*\*Department of Microbiology, Herbicure Healthcare Bio-Herbal Research Foundation, Kolkata, India*

Received February 1, 2012

**Background & objectives:** There has been an extensive invasion of tuberculosis at the global level by multidrug resistant as well as extensively drug resistant organisms. Attempts to recover the pathogen in pure culture have frequently failed since the specimens are often highly contaminated and also due to use of insufficient or over-active decontamination procedures. Hence in the present study different methods of decontamination were tested to evaluate their independent efficacies for culture of *Mycobacterium tuberculosis*.

**Methods:** A total of 359 samples (241 sputum, 59 urine, 50 endometrium biopsy, 9 pus samples) from clinically suspected cases of tuberculosis were subjected to four different methods of decontamination followed by inoculation in Lowenstein-Jensen medium (LJM), and bilayered medium (BLM) and Kirchner's liquid medium (KLM) to determine the influence of differential decontamination processes. Sputum scanty and positive specimens were graded and each sample was subjected to decontamination by four different techniques.

**Results:** Treatment of specimens with 4 per cent NaOH yielded minimum recovery of pure cultures, while use of 2 per cent NaOH produced higher number of contaminants compared to other methods of decontamination. Addition of N-acetyl L-cystein (NALC) coupled with 2 per cent NaOH to the samples for decontamination provided fairly reasonable recovery, but the highest number of *M. tuberculosis* cultures could be obtained when the specimens were treated with tri-sodium phosphate and benzalkonium (TSPB). Among the sputum positive cases recovery of growth of *M. tuberculosis* was higher with greater number of bacilli present in the specimens. Regarding the influence of culture media, BLM produced not only rapid growth, but reasonably higher rate of isolation of *M. tuberculosis*.

**Interpretation & conclusions:** Although use of TSPB was found to be an efficient method of decontamination for successful isolation of *M. tuberculosis* from contaminated samples, both NALC+ 2 per cent NaOH and TSPB also showed significant recovery of *M. tuberculosis* cultures in BLM that can facilitate early diagnosis and initiation of treatment.

**Key words** Acid fast bacilli - bilayered medium - decontamination - *Mycobacterium tuberculosis* - trisodium phosphate benzalkonium

Tuberculosis (TB) continues to be one of the most fatal infections of the present time despite a well-planned therapeutic regimen recommended by the World Health Organization (WHO). In 2011, there were an estimated 8.7 million new cases of TB (13% co-infected with HIV), of whom 1.4 million people died. India is regarded as the country with highest number of tuberculosis according to the statistics of WHO for 2011. This has given an estimated incidence of 2.2 million new cases of tuberculosis in India. The estimated prevalence of tuberculosis in India for 2011 is given as 3.1 million<sup>1</sup>. Approximately 80 per cent of the active cases of TB in the world are seen in 22 low and middle income countries<sup>2</sup>. For isolation and cultivation of *Mycobacterium tuberculosis* there is an inherent, urgent and vital requirement for correct and early detection of the pathogen. Much of the effort is hampered due to the presence of different bacteria and fungi in the patients' sputum as contaminants<sup>3</sup>. This results in delay in confirmation of the causative organism that ultimately interferes in the initiation of the treatment schedule. The contaminated sputum specimens slow down the process of confirmation of the presence of *M. tuberculosis* indicating a pressing need for establishing an inexpensive method for decontamination<sup>3</sup>. Decontamination with acids, alkalis, or even detergents is a common practice as mycobacteria are resistant to such agents<sup>4</sup>. As a result samples are processed by various methods that are being practiced for many years<sup>4</sup>. Certain decontaminating agents destroy a substantial number of mycobacteria along with the contaminants, while others are too weak to destroy them<sup>3-5</sup>. The resulting consequence is a costly delay in detecting the tubercle bacilli thereby slowing down the quintessential process of initiation of therapy. Petroff's method using 4 per cent sodium hydroxide (NaOH) is effective in removing the contaminants, but a large number of mycobacteria are also killed simultaneously thereby proving the limitation of the process<sup>5</sup>. Use of 2 per cent NaOH is less practiced due to its inability to destroy all the unwanted microbes<sup>6,7</sup>.

In another effective sample processing method for successful cultivation of *M. tuberculosis* a mixture of NaOH, sodium citrate and N-acetyl L-cysteine is added to digest the sample for the unbeaten recovery of causative organism<sup>8</sup>. Application of trisodium phosphate along with the mucolytic agent benzalkonium to specimens containing *M. tuberculosis* is also routinely practiced as the bacilli can withstand the action of these agents for as long as overnight and careful timing of exposure is not required<sup>3,9</sup>. All

these processes of decontamination were followed by centrifugation to concentrate the sample, before being inoculated on to specific media.

Thus a suitable decontamination process is an absolute necessity that may provide sufficient control in removing the undesirable contaminants for the best result. The present study describes a comparative analysis of various decontamination methods for subsequent successful cultivation of *M. tuberculosis* in Kirchner's liquid medium (KLM), Lowenstein Jensen medium (LJM) and the recently developed novel bilayered medium (BLM)<sup>10</sup>.

### Material & Methods

The study was conducted at the Department of Microbiology, Nil Ratan Sircar Medical College, Department of Microbiology, KPC Medical College and Department of Microbiology, Herbicare Healthcare Bio-Herbal Research Foundation, Kolkata, West Bengal, India. Approval from the institutional ethics committee of the Institute of Postgraduate Medical Education and Research (IPGMER), Kolkata, was obtained prior to initiation of the study when all the three authors were working in the same Department of Microbiology, IPGMER, Kolkata.

*Strains:* *M. tuberculosis* H<sub>37</sub>Rv 102 and H<sub>37</sub>Ra 16 were used as standards to compare the growth of the new cultures from various specimens after proper decontamination.

*Clinical materials:* A total of 359 consecutive clinical samples were collected from suspected cases of tuberculosis attending the Department of Microbiology, Institute of Postgraduate Medical Education and Research, Kolkata, during August 2006 to December 2010. When a sample volume was less than 2 ml, it was not included in the study. All the specimens were obtained from treatment naïve patients only. The patients who were found to have started treatment were excluded from this study.

Specimens included 241 sputum samples, 59 urine samples, 50 endometrium samples and only nine pus samples. About 8 to 10 ml of different samples were collected from each patient, as every sample had to be divided into four parts for treatment with four different reagents of decontamination. Since the amount was 2 to 2.5 ml in case of all the pus samples these were subjected to homogenization with the help of vortex after addition of 0.5 to 1 ml of sterile saline to each sample. This was then divided into four equal aliquots and processed for

decontamination. Each tissue from the endometrium was homogenized in a tissue homogenizer under strict sterile condition after addition of 5 ml of sterile saline. This was then centrifuged and fluid from the top was processed for decontamination.

The specimens were collected from the Directly Observed Treatment – short course (DOTs) clinic, different outpatient departments (Chest, Medicine, Paediatrics), as well as from the indoor patients (Chest, Medicine, Paediatrics) with suggestive history of tuberculosis and were transported to the laboratory of IPGMER without any further delay. The transportation time was carefully controlled and never exceeded 30 min.

Most of the samples were processed immediately in the laboratory. All sputum and pus samples were collected in sterile containers, each smear was prepared on a clean glass slide in a drop of formalin taking proper precautions, dried and heat fixed and finally stained with Ziehl-Neelsen (Z-N) method<sup>10</sup> and graded. Grading was made from scanty to + to +++ as per Revised National Tuberculosis Control Programme (RNTCP) guidelines<sup>11</sup>. Each sample was then subjected to decontamination by four different techniques.

Samples were collected after obtaining written informed consent of individual patients. Clinical details of patients regarding age, sex, history of persistent cough or other symptoms for more than 3 wk, weight loss, pyrexia, rise of temperature, particularly in the evening, night sweat, chest pain, loss of appetite, shortness of breath, malaise, haemoptysis, family history of tuberculosis, any other complaints, and history of intake of antitubercular drugs were recorded for all the patients.

*Procedures for decontamination:* Each sample was divided into four equal parts. To the first part was added an equal amount of 4 per cent NaOH solution, mixture was incubated at 37°C for 15 min with occasional shaking. In highly contaminated samples incubation time was further extended for additional 10 min. The fluid was centrifuged, the deposit was suspended in 4 ml sterile distilled water, centrifuged again at 3000 g for 10 min<sup>5,7</sup>. The sediment was mixed with 1 ml of sterile distilled water and 0.1 ml of this was used as an inoculum to each medium<sup>12</sup>.

An equal amount of 2 per cent NaOH was added to the second part of the specimen, incubated at 37°C for 15 min, neutralized with 8 per cent HCl and finally centrifuged at 3000 g for 15 min<sup>6</sup>. The deposit was

suspended in 1 ml sterile distilled water, 0.1 ml from which was given as an inoculum to different media.

The third part of the sample was treated with an equal volume of N-acetyl-L-cysteine (NALC) plus 2 per cent NaOH, the mixture was vortexed for 20 sec and kept at room temperature for 15 min. To this was added phosphate buffer and centrifuged at 3000 g for 15 min. The deposit was re-suspended in 1 ml of buffer, and 0.1 ml from this was used as an inoculum to different media<sup>8</sup>.

The last part of the sample was treated in the following manner: 5 g analar trisodium phosphate was dissolved in 20 ml hot sterile distilled water, to which 0.35 ml of 17 per cent benzalkonium was added. Equal parts of specimen and this solution were mixed in a mechanical shaker, allowed to stand for 30 min at room temperature; this was neutralized by phosphate buffer and centrifuged at 3000 g for 15 min<sup>3,9</sup>. The concentrated deposit was resuspended in 1 ml of sterile normal saline, 0.1 ml from which was inoculated onto various culture media.

*Media:* The biological components were obtained from Oxoid, (UK). Kirchner's liquid medium (KLM) and Lowenstein-Jensen medium (LJM) were prepared as per standard protocol<sup>7,13</sup>. The bilayered medium (BLM) consisted of a lower layer of LJM without malachite green, the upper layer contained Middlebrook 7H10 agar medium supplemented with antibiotics and antifungal agents to avoid contaminants plus analar tetrazolium chloride as an indicator whose colour gets changed after growth of tubercle bacilli due to reduction<sup>10</sup>.

*Growth characteristics:* Inoculated bottles were incubated at 37°C up to 8 wk (for LJM) and 3-4 wk (for KLM and BLM). All the bottles were checked for appearance of growth every day before these were finally discarded as failure of growth.

Inoculation of known standard strains *M. tuberculosis* H<sub>37</sub>Rv102 and H<sub>37</sub>Ra16 was routinely made to compare the rates of recovery of the clinical isolates on the three different types of culture media. Moreover, these cultures were grown in KLM for 10 days, vortexed, diluted and given as inoculum to different media to confirm the growth characteristics and time to positivity. This process was repeated once every month throughout the entire period of study. McFarland standard 0.5 (a turbidity standard prepared

by adding 0.5 ml of a barium chloride solution to 99.5 ml of 1% H<sub>2</sub>SO<sub>4</sub>) was routinely taken for inoculation of *M. tuberculosis* H<sub>37</sub>Rv102 and H<sub>37</sub>Ra16. For LJM and BLM the bottles of different media inoculated with decontaminated clinical specimens or with standard control strains were kept in a slanting position for about 2 h for flow of the inocula over the surface of the slant<sup>10</sup>. Incubation of these slants and KLM was in vertical position at 37° C. The growth was confirmed for *Mycobacterium* spp. after performing Z-N staining and different biochemical tests, like niacin test, nitrate reduction test and catalase test<sup>14,15</sup>.

*Statistical analysis:* Sign test or binomial test was followed for this analysis<sup>16</sup>.

### Results

To determine the growth pattern of the isolates in different media the reference strains *M. tuberculosis* H<sub>37</sub>Ra 16 and H<sub>37</sub>Rv 102 were always included in all the media as standard controls. The growth appeared as turbidity in KLM within 10-12 days. In LJM typically rough, tough and buff coloured growth of mycobacteria appeared frequently after 3 wk; however, some specimens took a longer period for exhibiting growth (6-8 wk).

In BLM growth was detected earliest with the help of a hand lens against transmitted light by 48 h. There was either earlier appearance of colour change followed by appearance of translucent colonies or *vice versa*. After 4-5 days the medium became red due to reduction of the tetrazolium indicator demonstrating growth. Small translucent colonies appeared that were

partially above the surface of the media and partially submerged in the top layer. A confluent growth was observed with further incubation.

Growth from the standard strains of *M. tuberculosis* H<sub>37</sub>Ra 16 and H<sub>37</sub>Rv 102 and from clinical samples was confirmed by various biochemical tests and by Z-N staining; typical mycobacterial morphology could be observed as small, straight or slightly curved, non-sporing acid fast rods throughout the entire smear. Positive reaction in niacin test was the basis of differentiation of *M. tuberculosis* from the *M. tuberculosis* complex and non-tubercular mycobacteria since apart from *M. tuberculosis* very rarely *M. bovis*, *M. simiae* and *M. kansasii* may exhibit such a reaction with this test<sup>17,18</sup>.

Each specimen was first examined microscopically in a direct smear prepared from the untreated specimen. Of the 241 sputum samples, 147 showed presence of acid fast bacilli by Z-N staining, and were graded following RNTCP guideline. Of the 147 smear positive cases, 104 failed to grow when the specimens were treated with 4 per cent NaOH, while only 24 samples produced no growth after treatment with 2 per cent NaOH, but a total of 93 cultures were contaminants when 2 per cent NaOH was the decontaminating agent (Table I). Decontamination with NALC + NaOH turned out to be more potent as 97 smears produced typical growth of *M. tuberculosis* in LJM and only 11 samples were grown as contaminants. However, TSPB was the most active decontaminating agent as 122 out of 147 gave rise to typical *M. tuberculosis* cultures, coupled with growth failure in 17 specimens and contamination

**Table I.** Rate of recovery of *M. tuberculosis* from smear positive sputum samples and pus samples following different methods of decontamination

RNTCP grading of smear positive samples	Number tested	Isolation of <i>M. tuberculosis</i> following decontamination in											
		4%NaOH			2%NaOH			NALC+NaOH			TSPB		
		+	-	C	+	-	C	+	-	C	+	-	C
Sputum - scanty	27	4	21	2	6	3	18	14	10	3	20	5	2
Sputum 1+	37	7	26	4	8	6	23	25	9	3	32	3	2
Sputum 2+	39	10	28	1	6*	7	26	28	8	3	34	3	2
Sputum 3+	42	9	28	5	9*	8	25	28	12	2	34	6	2
Pus - scanty	2	1	1	-	1*	-	1	2	-	-	2	-	-
Total	147	31	104	12	30	24	93	97	39	11	122	17	8

+, growth; -, no growth; C, contamination; NALC, N-acetyl-L-cysteine; TSPB, trisodium phosphate + benzalkonium  
\**M. tuberculosis* grew along with contaminants in some cultures; RNTCP, Revised National Tuberculosis Control Programme

in only eight (Table I). Of the two pus samples, one each could be grown when treated with 4 and 2 per cent NaOH, while both the samples yielded *M. tuberculosis* in LJM when decontamination with the other two methods was followed (Table I).

The recovery of pure cultures of *M. tuberculosis* in LJM (Table II) was satisfactory following decontamination TSPB and NALC + NaOH, while treatment with 4 and 2 per cent NaOH yielded contaminants more frequently. However, in many cases growth was found to be associated with contaminants. Treatment of these samples with NALC + 2 per cent NaOH provided 151 pure cultures while decontamination with TSPB successfully yielded 158 typical cultures of *M. tuberculosis*. Similarly samples from urine, endometrium and pus yielded greater number of recovery when these were treated with TSPB or NALC + 2 per cent NaOH compared to when treated with 4 or 2 per cent NaOH.

Growth of *M. tuberculosis* started much earlier in BLM and compared to LJM the number of cultures with growth was also distinctly higher in this medium

(Table III). Following the decontamination procedure by TSPB, 168 of 241 sputum samples revealed growth of *M. tuberculosis*, while treatment with NALC + 2 per cent NaOH yielded 157 pure cultures of *M. tuberculosis*. Compared to LJM, recovery of *M. tuberculosis* cultures was also more in BLM after treatment of the samples with either 4 per cent or 2 per cent NaOH (Table III).

The growth of *Mycobacterium* from various specimens started appearing after 9 days in KLM as turbidity that became more clearly visible within 12 days (Table IV).

### Discussion

Although there are definite and standard culture media for growing *M. tuberculosis*, but it is often difficult to obtain a pure culture due to various reasons. Specimens from suspected patients include fresh sputum, gastric washings, urine, pleural fluid, cerebrospinal fluid, joint fluid, biopsy material or other suspected materials, many of which are frequently associated with contaminating bacteria and fungi<sup>17</sup>. Hence most specimens need to be decontaminated

**Table II.** Cultivation of *M. tuberculosis* in Lowenstein-Jensen medium (LJM) following various methods of decontamination

Sample	No. tested	Decontamination procedure adopted	No. of isolates showing			P value
			Growth	No growth	Contamination	
Sputum	241(including 147 smear positive cases)	4% NaOH	141*	87	13	<0.0001
		2% NaOH	147*	70	24	<0.0001
		NALC + 2% NaOH	151	68	12	<0.0001
		TSPB	158	72	11	<0.0001
Urine	59	4% NaOH	2	53	4	Ns
		2% NaOH	2*	37	20	<0.0001
		NALC + 2% NaOH	4	52	3	Ns
		TSPB	4	53	2	Ns
Endometrium	50	4% NaOH	2*	45	3	Ns
		2% NaOH	3*	31	16	0.022
		NALC + 2% NaOH	3	44	3	Ns
		TSPB	4	44	2	Ns
Pus	9	4% NaOH	1	7	1	Ns
		2% NaOH	1*	4	4	Ns
		NALC + 2% NaOH	2	7	0	-
		TSPB	2	7	0	-

NALC, N-acetyl-L-cysteine; TSPB, trisodium phosphate + benzalkonium; NS, not significant  
 \**M. tuberculosis* grew along with contaminants in some cultures

**Table III.** Recovery of *M. tuberculosis* in bilayered medium (BLM) through differential decontamination procedures

Sample	No. tested	Decontamination process followed	No. of isolates showing			P value
			Growth	No growth	Contamination	
Sputum	241 (including 147 smear positive cases)	4% NaOH	149	88	14	<0.0001
		2% NaOH	153*	67	21	<0.0001
		NALC + 2% NaOH	157	71	13	<0.0001
		TSPB	168	65	8	<0.0001
Urine	59	4% NaOH	5	50	4	Ns
		2% NaOH	9*	36	14	Ns
		NALC + 2% NaOH	22	34	3	<0.0001
		TSPB	32	25	2	<0.0001
Endometrium	50	4% NaOH	3*	44	3	Ns
		2% NaOH	5*	30	15	0.022
		NALC + 2% NaOH	23	25	2	<0.0001
		TSPB	30	18	2	<0.0001
Pus	9	4% NaOH	1	8	0	-
		2% NaOH	2*	3	4	Ns
		NALC + 2% NaOH	3	6	0	-
		TSPB	3	6	0	-

NALC, N-acety-L-cysteine; TSPB, trisodium phosphate + benzalkonium; NS, not significant  
 \**M. tuberculosis* grew along with contaminants in some cultures

**Table IV.** Turbid growth of *M. tuberculosis* in Kirchner's liquid medium (KLM) after decontamination with various agents

Sample	No. tested	Decontamination procedure adopted	No. of isolates showing			P value
			Growth	No growth	Contamination	
Sputum	(including 147 smear positive cases)	4% NaOH	143	84	14	<0.0001
		2% NaOH	151*	64	26	<0.0001
		NALC + 2% NaOH	155	73	13	<0.0001
		TSPB	165	64	12	<0.0001
Urine	59	4% NaOH	1	54	04	Ns
		2% NaOH	2*	34	23	<0.0001
		NALC + 2% NaOH	3	52	4	Ns
		TSPB	5	52	2	Ns
Endometrium	50	4% NaOH	2*	44	4	Ns
		2% NaOH	2*	28	20	<0.0001
		NALC + 2% NaOH	3*	43	4	Ns
		TSPB	5*	43	2	Ns
Pus	(including 2 smear positive cases)	4% NaOH	1	6	2	Ns
		2% NaOH	1*	4	4	Ns
		NALC + 2% NaOH	2	6	1	Ns
		TSPB	3	6	0	-

NALC, N-acety-L-cysteine; TSPB, trisodium phosphate + benzalkonium; NS, not significant  
 \**M. tuberculosis* grew along with contaminants in some cultures

with various agents, neutralized and concentrated by centrifugation before being inoculated into specific culture media. Specimens from sterile sites do not need decontamination and are, therefore, not subjected to decontamination procedures<sup>18</sup>.

Continuous monitoring systems for detection of *M. tuberculosis* have reported higher contamination rates than traditional radiometric technologies<sup>4,19</sup>. In low and middle income countries, detection of patients suffering from tuberculosis is best done by direct sputum smear microscopy which is fast, inexpensive and specific<sup>3,20</sup>, but recurrent contamination hinders the identification of causative organism thereby delaying diagnosis, treatment and destroying valuable time. Therefore, a proper and effective decontamination method is of utmost importance in saving time and life of the tuberculosis patients. In this study it was noted that sputum samples with higher number of acid fast bacilli resulted in higher rate of isolation of pure cultures of *M. tuberculosis*. On a very rare occasion a positive smear had failed to grow in LJM, which might possibly be due to the complex selection pressure present in the medium that did not allow small number of bacilli in the sputum to grow.

Application of 4 per cent NaOH appears to be a rather strong form of decontamination since about 60 per cent of tubercle bacilli may be killed by following such a procedure<sup>15</sup>. Decontamination with 2 per cent NaOH cannot be recommended as the number of contaminants was much higher compared to other processes. Moreover, it is often difficult to achieve an exact point of neutralization with 8 per cent HCl; mycobacteria get damaged if the mixture is acidic, while they fail to grow when it is alkaline<sup>15</sup>.

Sodium citrate added during decontamination along with NALC and 2 per cent NaOH in order to bind heavy metal ions that may be present in the specimens, often inactivate NALC resulting in reduced mucolysis and poor isolation<sup>21</sup>. The methods of application of NaOH alone and in combination with NALC are now widely used in modern laboratories for decontamination of samples from tuberculosis patients<sup>22</sup>. Addition of benzalkonium to trisodium phosphate appears to be a reasonable digestion procedure since these are fairly non-toxic to mycobacteria and a reasonably better mucolytic reagent<sup>3,4,23</sup>.

Amongst the four methods of decontamination use of 2 and 4 per cent of NaOH was least expensive but the results obtained were not satisfactory. Treatment with

NALC+NaOH was costly while TSPB was intermediate in cost but proved to be the best decontaminant of the four methods used in this study.

In conclusion, the present study showed the efficacy of BLM over LJM and KLM as the rate of isolation and cultivation of *M. tuberculosis* was distinctly better in BLM. Although decontamination with the help of TSPB turned out to be the best of all the decontamination methods used with the highest recovery of bacteria, the findings revealed that NANC + NaOH may be considered as an equally efficient decontamination procedure.

### Acknowledgment

The authors are grateful to Dr V.M. Katoch, the then Director, National JALMA Institute for Leprosy and other Mycobacterial Diseases, Agra, India, for providing standard strains of *M. tuberculosis* H<sub>37</sub>Rv102 and H<sub>37</sub>Ra16.

### References

1. World Health Organization, *Global tuberculosis control*. Geneva: WHO; 2012. p. 9.
2. Lawn SD, Zumla AI. Tuberculosis. *Lancet* 2011; 378 : 57-72.
3. Steingart KR, Vivienne NG, Megan H, Hopewell PC, Ramsay A, Cunningham J, *et al.* Sputum processing methods to improve the sensitivity of smear microscopy for tuberculosis: A Systematic Review. *Lancet Infect Dis* 2006; 6 : 664-74.
4. Burdz TVN, Wolfe J, Kabani A. Evaluation of sputum decontamination methods for *Mycobacterium tuberculosis* using viable colony counts and flow cytometry. *Diag Microbiol Infect Dis* 2003; 47 : 503-9.
5. de Kantor IN, Laszlo A. Tuberculosis: Laboratory procedure for developing countries. In: Gangadharan PRJ, editor. *Mycobacteria basic aspects*, vol. 1. New York: Chapman Hall ITP; 1998. p. 351-99.
6. Tomita M, Takeno H, Yoshida S, Suzuki K, Sakatani M. Comparison of BBL Mycoprep and 2% NaOH decontamination procedures for MGIT. *Kekkaku* 2008; 83 : 471-3.
7. Laidlaw M. *Mycobacterium*: tubercle bacilli. In: Collee JG, Duguid JP, Fraser AG, Marmion BP, editors. *Mackie & McCartney practical medical microbiology*, vol. 2. Edinburgh: Churchill Livingstone; 1989. p. 399-416.
8. Buijtelts PC, Petit PL. Comparison of NaOH-N-acetyl cysteine and sulfuric acid decontamination methods for recovery of mycobacteria from clinical specimens. *J Microbiol Methods* 2005; 62 : 83-8.
9. Kumar B, Vinay S, Abbas A. In: *Robbins basic pathology*. United Kingdom: W.B. Saunders Company; 2007. p. 516-22.
10. Bhattacharya S, Ray R, Roy Chowdhury N, Dasgupta A, Dastidar SG. Comparison of a novel bilayered medium with the conventional media for cultivation of *Mycobacterium tuberculosis*. *Indian J Med Res* 2009; 130 : 561-6.

11. Rajpal S, Dhingra VK, Aggarwal JK. Sputum grading as predictor of treatment outcome in pulmonary tuberculosis. *Indian J Tuberc* 2002; 49 : 139-41.
12. Watt B, Rayner A, Harris G. *Mycobacterium*. In: Fraser AG, Marmion BP, Simmons A, editors. *Mackie & McCartney's practical medical microbiology*, vol. II. Edinburgh: Churchill Livingstone; 1996. p. 329-41.
13. Barrow GI, Feltham RKA. In: *Cowan and Steel's manual for the identification of medical bacteria*, 3<sup>rd</sup> ed. Cambridge: Cambridge University Press; 2003. p. 204.
14. Grange JM, Yates MD, de Kantor IN. Differentiation of *M. bovis* from other members of the *M. tuberculosis* complex. In: *Guidelines for speciation within the Mycobacterium tuberculosis complex. Emerging and other communicable diseases, surveillance and control*, Vol IV, 2<sup>nd</sup> ed. Geneva, Switzerland: World Health Organization; 1996. p. 8-11.
15. Kamerbeek J, Schouls L, Kolk A, Agterveld M Van, Soolingen D Van, Kuijper S, *et al*. Simultaneous detection and strain differentiation of *Mycobacterium tuberculosis* for diagnosis and epidemiology. *J Clin Microbiol* 1997; 35 : 907-14.
16. Campbell I. Chi-squared and Fisher-Irwin tests of two-by-two tables with small sample recommendations. *Stat Med* 2007; 26 : 3661-75.
17. Nolte FS, Metchock B. *Mycobacterium*. In: Murray PR, Baron EJ, Tenover FC, Tenover RH, editors. *Manual of clinical microbiology*, Washington DC: American Society for Microbiology; 1995. p. 400-33.
18. Tatsioni A, Zarin DA, Aronson N, *et al*. Challenges in systematic reviews of diagnostic technologies. *Ann Intern Med* 2005; 142 : 1048-55.
19. Gebre-Selassie S. Evaluation of the concentration sputum smear technique for the laboratory diagnosis of pulmonary tuberculosis. *Trop Doct* 2003; 33 : 160-2.
20. Angeby KA, Alvarado-Galvez C, Pineda-Garcia L, Hoffner SE. Improved sputum microscopy for a more sensitive diagnosis of pulmonary tuberculosis. *Int J Tuberc Lung Dis* 2000; 4 : 684-7.
21. Yesilkaya H, Barer MR, Andrew PW. Antibiotic resistance may affect alkali decontamination of specimen containing mycobacteria. *Diagn Microbiol Infect Dis* 2004; 50 : 153-5.
22. Iseman MD. *A clinician's guide to tuberculosis*. Philadelphia: Lippincott, Williams and Wilkins; 2000. p. 29-32.
23. Vasanthkumari R. A single step culture technique for tubercle bacilli. *Tubercle* 1990; 71 : 267-70.

*Reprint requests:* Prof. Sujata G. Dastidar, Research Director, Herbicare Healthcare Bio-herbal Research Foundation  
Saral Dighi (E), Boral, Kolkata 700 154, India  
e-mail: jumicrobiol@yahoo.co.in