Rhythm Puzzle - Answer

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A rare cause of narrow QRS complex tachycardia: the tortoise and the hare

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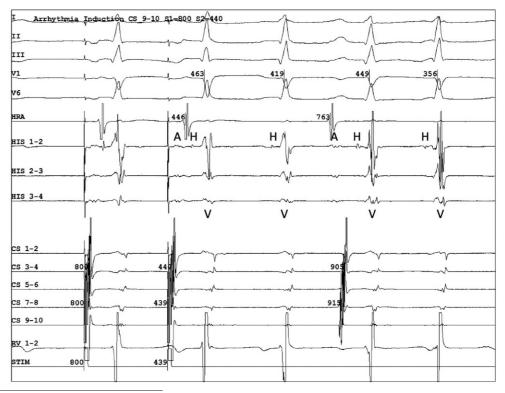
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Answer

The patient underwent an electrophysiology study. At baseline, there was sinus rhythm with normal AH and HV intervals. Dual atrioventricular (AV) nodal physiology with manifest 1:2 AV conduction ('double fire') was observed during atrial extrastimuli (Fig. 1). Dur-

ing sinus acceleration, periods of sustained 1:2 AV conduction were observed. After administration of isoproterenol, a fast-slow AV nodal re-entrant tachycardia (AVNRT) could be induced with a tachycardia cycle length of 290 ms. After radiofrequency ablation of the slow pathway at the right inferoseptal area, no AH jump was present and no tachycardia could be in-

Electrophysiologi-Fig. 1 cal study confirming 'double firing' phenomenon. This occurred after a programmed atrial extrastimulus and also during the subsequent sinus beat. Note that one atrial complex (A) is followed by a dual ventricular response preceded by a corresponding His potential (H). The conduction delay between the fast and slow pathway was 356 ms. A atrium, CS coronary sinus, H His potential, HRA high right atrium, RV right ventricle, V ventricle



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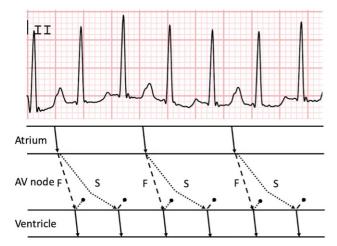


Fig. 2 Putative mechanism of DAVNNT. **a** ECG demonstrating DAVNNT in our patient. One P wave is followed by two QRS complexes. The cycle length between P waves is 640 ms. Note that the P waves are positive in lead II ruling out a retrograde P wave; **b** Sinus beats are conducted anterogradely via the fast (dashed line) and slow (dotted line) pathways from the AV node. There should be a critical delay in the slow pathway to allow recovery of refractoriness in the His-Purkinje system following activation by the fast pathway. Furthermore, there is retrograde unidirectional block in both pathways (denoted by black dot). F fast pathway, S slow pathway

duced. The presenting ECG was, most likely, a dual AV nodal non-re-entrant tachycardia (DAVNNT) (Fig. 2).

DAVNNT is caused by simultaneous antegrade conduction over the fast and slow pathways. DAVNNT is a rare arrhythmia and a systematic review in 2016 identified only 68 cases in the literature [1]. It is often misclassified as atrial fibrillation or premature beats. The combination of AVNRT and DAVNNT is even rarer [2]. DAVNNT may cause tachycardiomyopathy [3]. The ECG provides the clues for the diagnosis, demonstrating one normal P wave followed by two QRS com-

plexes. These QRS complexes are usually narrow, but aberrancy is possible. Aberrant conducted QRS complexes are often misclassified as premature ventricular complexes. The differential diagnosis of AVNRT with 2:1 VA conduction is refuted by the absence of retrograde P waves (positive P-wave morphology in inferior leads) and the slightly irregular RR intervals. Ablation of the slow pathway eliminates dual AV nodal conduction and is the cornerstone of invasive treatment.

 $\textbf{Conflict of interest} \ S.C. \ Yap \ declares \ that \ he \ has \ no \ competing \ interests.$

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