

Revision of tumor prosthesis of the knee joint

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Abstract

Background Among 40 patients with primary malignant tumors of the knee joint who underwent reconstruction of the affected limb with tumor prosthesis, revision was required in 7 due to stem breakage or loosening.

Subjects and methods In the 7 cases undergoing revision, conditions and background factors at the time of breakage, the breakage site, time of revision, models of previous and new prostheses, stem diameters before and after revision, details of the revision (blood loss, operative time), and the presence or absence of adjuvant therapy were determined.

Results The replacement site was the distal femur in 5 and proximal tibia in 2. Revision was performed 6 years and 2 months after the previous prosthesis placement on average. The broken prosthesis model was KMFTR in 4 and

HMRS and the physio-hinge type in one each. Revision due to loosening was performed in a case requiring replacement with Growing Kotz prosthesis. The model was switched to HMRS in 3, and the stem diameter was changed to 12 mm in 3 KMFTR breakage cases. The mean stem diameters were 11.2 and 10.2 mm in the non-revision and revision groups. The respective resection rates were 36 and 45%. The mean functional evaluation was 70.1% before and 76.2% after revision.

Conclusion To reduce the risk of tumor prosthesis breakage, the amount of bone resection should be limited to 30% or less in the affected bone, the stem diameter should be at least 12 mm, and the stem shape should be fitted to the anatomical shape of the femur.

Keywords Limb salvage · Revision · Tumor prostheses · Malignant bone tumor

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Background

Various methods, such as allografting [1, 2], pasteurized autografting [3], and bone elongation [4], have recently been employed for the reconstruction of limbs affected by malignant bone tumors. However, reconstruction with tumor prosthesis remains the primary treatment. Tumor prosthesis use is advantageous in that it facilitates stable function of the affected limb and an early return to social activities. The survival rate of patients treated with tumor prosthesis was satisfactory in a recent report [5]. However, there are potentially serious complications, including infection, breakage, and loosening. We recently experienced a case in which tumor prosthesis of the knee joint (Howmedica Modular Reconstruction System (HRMS) broke 13 years after surgery. Reportedly, tumor prostheses breakage is caused

by increased patient activity and loosening of the stem. When wide resection is performed for a malignant bone tumor around the knee joint, the surrounding soft tissue is also resected. Thus, a hinge-type prosthesis is inevitably needed to stabilize the knee joint. Breakage of the stem is thus reportedly due to the design of the prosthesis [5]. The causes of breakage are thought to include the stem diameter, the length of resected bone, and prosthesis design. Forty patients with primary malignant tumors around the knee joint underwent limb salvage by reconstruction with prosthesis use. To investigate the causes underlying breakage of prostheses, we divided these patients into those with (7) and without (33) revision of a broken or loose stem. The prosthesis model, stem diameter, length of resected bone, and International Symposium on Limb Salvage (ISOLS) X-ray evaluation were determined in each case. In the 7 revision cases, elements assumed to be causative were analyzed in detail to identify problems and possible countermeasures.

Materials and methods

The 40 subjects had primary malignant tumors of the knee joint and underwent limb salvage by reconstruction with a prosthesis in our department between 1979 and 2008.

The subjects comprised 20 women and 20 men, ranging in age from 7 to 82 years (mean age, 27.5 years). The pathological diagnosis of the primary lesion was osteosarcoma in 28, chondrosarcoma in 5, bone malignant fibrous histiocytoma (MFH) in 3, and a giant cell tumor GCT (grade 3), synovial sarcoma, Ewing's sarcoma, and a primitive neuroectodermal tumor (PNET) in one each. The duration of follow-up ranged from 1 year and 5 months to 19 years (mean: 11 years and 2 months). The 7 patients who underwent replacement were 6 women and 1 man, ranging in age from 7 to 44 years (mean age, 26.5 years). The primary lesion was osteosarcoma in 4, and PNET, GCT (grade 3), and synovial sarcoma in one each. The duration of follow-up after the initial examination ranged from 12 to 19 years (mean: 16 years). The prosthesis model, replacement site, stem diameter, length of resected bone, resection rate, and ISOLS X-ray evaluation were investigated in all 40 cases. In the 7 cases undergoing revision, conditions and background factors at the time of breakage, breakage site, time of revision, models of previous and new prostheses, stem diameters before and after revision, details of the revision (blood loss, operative time, surgical procedure), and the presence or absence of adjuvant therapy were also investigated. In addition, ISOLS X-ray and functional evaluations were performed before revision and at the final follow-up.

Results

Replacement site and time of revision

The prosthesis replacement site was the distal femur in 28 and the proximal tibia in 12 cases. Among the 7 cases requiring revision due to stem breakage or loosening, the replacement site was the distal femur in 5 and the proximal tibia in 2. The shortest and longest times until revision for breakage and loosening, after the initial wide resection followed by reconstruction of the tumor affected limb or an elongation-type prosthesis placement, were 10 months and 11 years, respectively, with a mean of 6 years and 2 months.

Prosthesis models used in the initial replacement and the revision

At the initial replacement in our 40 cases, the Howmedica Modular Reconstruction System (HMRS) was used in 22, and the rotating hinge type in two. The Kotz Modular Femur and Tibia Reconstruction System (KMFTR) was used in 6, the Growing Kotz in 10, the Kyocera custom-made prosthesis in one, and the Kyocera PH1 (physio-hinge type 1) in one. The broken models in the 7 revision cases were the KMFTR in 4, and HMRS and physio-hinge type I in one each. Revision for loosening of the stem was performed in a 7-year-old female with PNET who had undergone reconstruction of the distal femur with a Growing Kotz (Case 2). The model used for revision was the HMRS in 3 cases reconstructed with a KMFTR at the initial replacement excluding a proximal tibial case (Case 2). In Case 38, a PH type 1 with an 11-mm stem diameter was changed to the slightly thicker PH type 2 with a 12-mm stem diameter. In Case 39, the stem diameter (12 mm) of the new prosthesis was the same as that before breakage. However, the new stem, at 15 cm, was longer. In Case 2, a new component was prepared, considering that the tibial component of the HMRS employed for adults is too large. The new tibial component was designed with proximal and distal diameters of 15 and 10 mm, respectively, and a stem length of 14 cm, and the stem was entirely covered with a porous coating (Tables 1, 2).

Stem diameter

The stem diameters ranged from 8 to 14 mm (mean: 11.1 mm) in our 40 cases. In the non-revision cases, they ranged from 8 to 14 mm (mean: 11.2 mm). In the revision cases, the diameters ranged from 9 to 12 mm (mean: 10.2 mm), the diameter of the broken KMFTR was 10 mm in all 4 cases. The prosthesis was changed to one with a stem diameter of 12 mm in 3 of these 4 cases. In Case 39,

Table 1 List of cases with reconstruction of regions around the knee joint using prostheses

Case	Age	Gender	Pathological diagnosis	Model	Replacement site	Resected length (cm)	Stem diameter (mm)	Resection rat (%)
1	7	M	OS	Growing Kotz	DF	14	8	36.80
2	7	F	PNET	Growing Kotz	DF	21	9	53
3	11	M	OS	Growing Kotz	DF	13	11	33
4	16	F	OS	Growing Kotz	DF	13	10	31
5	10	F	OS	Growing Kotz	DF	15	9	45
6	12	M	OS	Growing Kotz	DF	17	10	44
7	8	M	OS	Growing Kotz	PT	12	10	50
8	12	M	Ewing sarcoma	Growing Kotz	PT	15	10	35
9	16	F	OS	Growing Kotz	PT	10	10	33
10	12	F	OS	Growing Kotz	PT	16	10	32
11	34	M	OS	HMRS	PT	16	12	47
12	60	F	OS	HMRS	DF	16	14	38
13	57	F	Chondrosarcoma	HMRS	DF	12	11	35
14	18	F	OS	HMRS	PT	12	12	34
15	57	F	Chondrosarcoma	HMRS (Rotating)	DF	12	12	26
16	27	F	OS	HMRS	DF	18	13	39
17	25	M	OS	HMRS	DF	17	13	34
18	24	M	OS	HMRS	PT	13	11	37
19	12	F	OS	HMRS	DF	18.5	12	42
20	20	M	MFH of bone	HMRS	PT	14.5	11	47
21	25	M	OS	HMRS (Rotating)	DF	12	12	27
22	27	M	OS	HMRS	DF	16	12	33
23	56	F	Chondrosarcoma	HMRS	PT	18	12	47
24	16	M	OS	HMRS	DF	12	10	30
25	13	M	OS	HMRS	DF	16	12	27
26	18	M	OS	HMRS	DF	14	12	43
27	20	M	OS	HMRS	DF	12	13	29
28	66	F	MFH of bone	KMFTR	DF	12	11	27
29	82	M	Chondrosarcoma	KMFTR	DF	16	12	34
30	27	M	OS	HMRS	PT	17	11	45
31	52	F	OS	Kyocera (cement)	DF	16	11	35
32	50	M	Chondrosarcoma	HMRS	DF	18	11	48
33	41	M	GCT	HMRS	PT	13	12	40
34	44	F	OS	KMFTR	DF	12	10	23
35	31	F	OS	KMFTR	PT	12	10	34
36	26	F	OS	KMFTR	DF	23	10	54
37	40	F	Synovial sarcoma	KMFTR	DF	14	10	48
38	15	M	OS	PH type1 (cement)	DF	18	11	55
39	28	F	OS	HMRS	DF	22	12	48
40	66	F	MFH of bone	HMRS	DF	18	12	38

DF distal femur, PT proximal femur, HMRS Howmedica Modular Resection System, KMFTR Kotz Modular Femoral and Tibia Replacement, PH type 1 physio-hinge type 1, PH type 2 physio-hinge type 2

the stem diameter (12 mm) of the new prosthesis was the same as that of the broken one, but the new stem was longer (15 cm). In Case 2, the stem region of the tibial component of the Growing Kotz employed in the initial replacement had proximal and distal stem diameters of 12 and 9 mm,

respectively, and a length of 10 cm. On revision, it was replaced with a new porous-coated tibial component with proximal and distal diameters of 15 and 10 mm, respectively, and a length of 14 cm. Screw breakage was noted in Cases 37 and 39.

Table 2 Revision cases managed by our department

Case	Age	Sex	Location	Time of revision (mon) (m)	Type	Diameter (mm)	Screw breakage	Type of new prosthesis	Diameter
Case 34	44	F	Distal femur	48	KMFTR	10	–	HMRS	12 mm
Case 35	31	F	Proximal tibia	84	KMFTR	10	–	KMFTR	10 mm
Case 36	26	F	Distal femur	10	KMFTR	10	–	HMRS	12 mm
Case 37	40	F	Distal femur	28	KMFTR	10	+	HMRS	12 mm
Case 38	15	M	Distal femur	108	PH type1	11	–	PH type 2	12 mm
Case 39	28	F	Distal femur	132	HMRS	12	+	HMRS	12 mm
Case 2	7	F	Proximal tibia	113	Growing Kotz	Proximal: 12 Distal: 9	–	Growing Kotz	Proximal: 15 m Distal: 10 mm

Resected bone length

The respective maximum and minimum lengths of resected bone including the tumor region were 12 and 23 cm, with a mean of 15.4 cm. Those in the 33 non-revision cases were 10 and 18.5 cm, respectively, with a mean of 14.6 cm. In the 7 revision cases, these lengths were 12 and 22 cm, respectively, with a mean of 17.7 cm (Table 1).

Resection rate of affected bone

The resected region accounted for 27–50% (mean: 36) in the 33 non-revision cases, and 23–53% (mean: 45%) in the 7 revision cases. Thus, the ratio of the resected region was greater, comprising nearly half of the affected bone, in cases undergoing revision for breakage or loosening (Table 1).

Conditions and backgrounds of patients at the time of breakage

The stem was broken in 6 patients. Five had experienced sudden pain in the femoral or knee joint regions, while walking. They visited our hospital, and breakage was identified on X-ray examination. In the other patient (Case 39), dull pain appeared in the proximal femoral region and had

become severe about 4 months later. At this time, breakage was identified. Only this patient was actively engaged in activities such as dancing and mountain climbing, while the other 6 were not especially involved in athletic activities. Regarding the social backgrounds of these 7 patients, Cases 34–37 were housewives, Case 38 was a clerical employee, mainly working at a desk, Case 39 was a speech therapist, and Case 2 was a student.

ISOLS X-ray and functional evaluations

X-ray evaluation was performed at the final follow-up in all 40 cases, and all items pertaining to bone remodeling, interface, and anchorage were graded as excellent in about 70% of these patients. However, in the revision group, the interface before revision was graded as poor and fair in Cases 2 and 39, respectively, and anchorage was graded as fair in all cases. After revision, bone remodeling was graded as poor only in Case 38, in whom the bone cortex around the stem was thinned by more than 1/3. A radiolucent line was also noted in the interface, resulting in a grading of fair. Functional evaluation was performed before revision and at the final postrevision follow-up. The evaluation was 53–80% (mean: 70.1%) before and 63–86% (mean: 76.2%) after revision (Table 3).

Table 3 Functional and radiological assessments and the presence/absence of adjuvant therapy before and after replacement

Case	Functional assessment		Radiographical assessment	
	Before replacement (%)	After replacement (%)	Before replacement	After replacement
Case 34	78	80	Bone remodeling/ interface/ anchorage	Bone remodeling/ interface/ anchorage
Case 35	75	78	E/G/F	G/G/E
Case 36	76	73	E/G/F	G/G/E
Case 37	73	74	E/E/F	F/E/E
Case 38	80	63	G/G/F	G/G/E
Case 39	60	80	G/G/F	P/F/G
Case 2	53	86	G/F/F	G/G/E
			G/P/F	E/E/E

E excellent, G good, F failure, P poor

Table 4 Adjuvant therapy and details of revision surgery

Case	Adjuvant therapy	Blood loss (g)	Operation time (min)
Case 34	+	430	200
Case 35	–	370	260
Case 36	+	282	212
Case 37	+	330	240
Case 38	+	155	210
Case 39	+	600	220
Case 2	+	420	371

Details of revision (blood loss and operative time)

The shortest and longest operative times in the 7 cases were 3 h and 20 min and 6 h and 11 min, respectively, with a mean of 4 h and 7 min. The minimum and maximum blood losses were 155 and 600 g (mean: 369 g), respectively (Table 4).

Presence or absence of adjuvant therapy

Case 33 in the revision group was diagnosed with a grade 3 GCT of the bone, and underwent surgery alone. Pre- and postoperative chemotherapies were administered in the other 6 cases. In Case 2, radiotherapy (50 Gy) was additionally performed for local control, after the completion of preoperative chemotherapy (Table 4).

Discussion

Recent advancements in surgical approaches and chemotherapy for primary malignant bone tumors have increased survival rates. The usefulness of reconstruction methods for affected limbs, including prostheses, has also been confirmed. However, complications associated with prostheses, such as infection, loosening, and breakage, remain problematic. Regarding stem breakage, in 1994, Capanna et al. [6] reported that stem breakage occurred in 6 (6.3%) of 95 cases treated with modular uncemented tumor prostheses. In 2001, Mittenmayer et al. [5] reported that major complications occurred in 19 of 100 cases with uncemented tumor prostheses, 11 of these involved aseptic loosening, and septic loosening and implant fracture occurred in 4 each. In 2006, Gosheger reported that stem breakage occurred in 4 (1.6%) of 250 cases with uncemented tumor prostheses [7]. In our department, breakage occurred after 5 years and 6 months on average, with the earliest being 10 months and latest 11 years. The models used were the KMFTR in 4 and the HMRS and PH type 1 in one case each. The stem diameters of 10 mm in 4 and 11 mm in one case were relatively

thin for distal femoral stems. After revision, the stem diameter was 10 mm in only one, being thicker in all other cases. Although increased activity of patients and stem loosening were considered to be the causes of stem breakage, the design of the prostheses may have contributed to breakage, because the prostheses generally had a hinge-type structure [8]. In 2005, Griffin et al. reported that the incidence of KMFTR stem breakage involving the proximal tibia rose when the stem diameter was small, and the length of resected bone increased. They also described cases of distal femoral replacement: the 5-year survival rates were 35, 85, and 71.2% in patients in whom the distal femoral stem sizes were 10–12, 13, and 14–16 mm, respectively. These observations showed that the stem diameter, rather than the resection length, was related to breakage in cases undergoing distal femoral replacement. We also focused on the stem diameter and the length of resected bone. We investigated the stem diameter and resection rate in all 40 cases. The mean stem size of 10.2 mm in the revision cases and 11.2 mm in the non-revision cases confirmed that a thin stem was used in the revision cases. Currently, 11–15-mm straight types and 12–15-mm curved types of diaphysis-fixing pieces are available for HMRS.

All stems with a 10-mm diameter are of the Growing Kotz and KMFTR types. In cases reconstructed with the HMRS, stems with a relatively small diameter, 11 or 12 mm, were used in 80%. This may reflect the Japanese physique. The mean resection rate was 34.7% in the non-revision and 45% in the revision cases. The length of resected bone was thus greater in the revision than in the non-revision cases. When the resection rate is almost 45% in the clinical setting, possible reconstruction methods other than the use of a tumor prosthesis include total femoral replacement and biological reconstruction [3, 9, 10]. However, these reconstruction methods are indicated in only limited cases. When a tumor prosthesis is used, attention should be paid to the bone resection rate.

Comparison by region, such as the femoral and proximal tibial regions, was not possible because of the small number of cases. However, we would not expect more stress to be loaded on a thin stem used for a region from which a large amount of bone was excised. Griffin et al. also reported that stem breakage occurred in 6 (6.1%) of 99 cases reconstructed with the KMFTR. These breakages occurred at 3 holes in the stem, indicating a structural problem. They stated that the ideal design of a prosthesis may be a strong and thick stem without holes to stop lateral movement, which facilitates bone ingrowth comparable or superior to that around the KMFTR stem. Aseptic loosening of the stem may be another cause of stem breakage. In our 40 patients, loosening was apparently present at the interface, being graded as poor in Cases 2 and 8 with a Growing Kotz. It was also graded as poor in Case 15, a

57-year-old female with distal femoral chondrosarcoma in whom a rotating hinge-type HMRS was applied. The incidence of aseptic loosening varies among reports, ranging from as low as 1 and 5% up to 26 and 29% [11–18]. In 2001, Mittermayer et al. reported that aseptic loosening occurred in 27% of cases with complications involving stems [5]. In 1990, they developed an anatomically curved stem, which fit in the femoral bone marrow cavity to avoid stress shielding generated by firm fixation around the stem. Then in 1996, they rotated the hinge-type HMRS. The incidence of aseptic loosening in cases receiving this type of prosthesis was approximately 10% during a 42–134-month follow-up period. Aseptic loosening is considered to be related to a patient's activity level. However, only in our Case 39 (28-year-old female) in the revision group had a high activity level, i.e., such a tendency was not apparent in our patients. Functional and X-ray evaluations following revision were favorable over the short, medium, and long term in various reports [6, 11, 14, 17]. A similar tendency was noted in our patients. However, a 40-mm leg length discrepancy remained after surgery in our Growing Kotz-revised cases, resulting in a functionally unsatisfactory outcome.

We experienced 6 cases requiring revision for stem breakage. The shortest and longest operative times in the 7 revision cases were 3 h and 20 min and 6 h and 11 min, respectively, with a mean of 4 h and 7 min, and the minimum, maximum, and mean blood losses were 155, 600, and 369 g, respectively. The levels of surgical stress may have been similar to that in the first wide resection with regard to the operative time and blood loss. Tang and Sim reported the revision procedures for stem breakage [19, 20]. The goals of distal femoral revision are to cut-off the femoral bone cortex using a Surge Airtome or drill following the shape of the stem. This requires great care to avoid breakage of the cut-out bone cortex upon removal of the broken stem. A new stem must also be inserted, followed by returning the cut-off bone cortex block to its original position. Concerning reaming, we ream the femoral medullary cavity to a diameter 1 mm larger than that determined by preoperative measurement in principle. However, when the medullary cavity is narrow, reaming is performed to the stem diameter selected based on preoperative measurement. When a trial stem can be inserted, the real stem is inserted. When a trial stem cannot be inserted, over-reaming by 1 mm is performed. In revision surgery, since a thicker stem is inserted, over-reaming by 1 mm is always performed. Firm fixation is then with a cable. At this point, it is also necessary to add autologous or artificial bone grafting to assure sufficient future strength [21] (Figs. 1, 2).

Based on the above observations, stem size, shape, and porous coating serve as countermeasures against stem breakage, as does bone grafting to the bone stump and

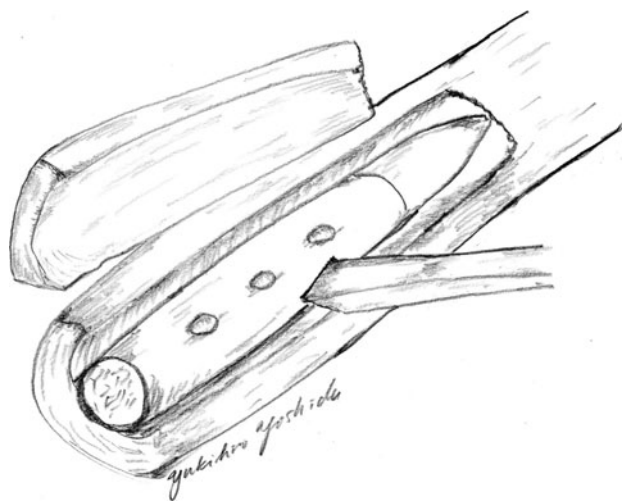


Fig. 1 The residual stem in the femur was carefully cut off using a Surge Airtome or chisel. It is important to carefully remove the broken stem because of intense bone ingrowth. Attention should also be paid to avoiding breakage of the fenestrated bone fragment and to return it to the original position after placement of the new stem

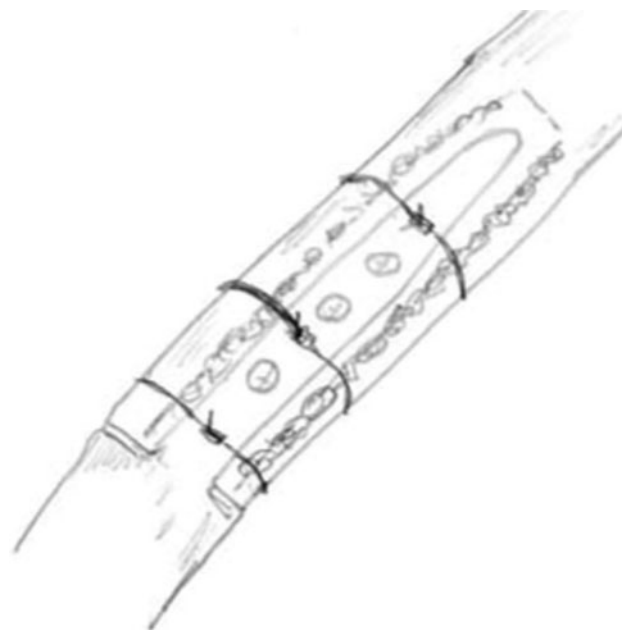


Fig. 2 After placement of the new stem, bone grafting is performed around the stem as shown. The use of a cable should also be considered for achieving stronger fixation

preservation of the periosteum [5, 11]. However, no ideal prosthesis has as yet been established, though many researchers have investigated and developed various promising models [11]. Based on this study, we consider the following points to be important for avoiding prosthetic stem breakage: (1) Minimizing the length of bone resected, i.e., it is desirable not to exceed one third of the affected bone by employing a limited operation, and (2) selection of a stem diameter of at least 12 mm. For the femur, the use of a

curved stem should be investigated in consideration of the anatomical shape of this bone.

Regarding limb salvage for malignant bone tumors in children, an elongation-type prosthesis can be lengthened to correspond to the predicted leg length discrepancy, when employed for wide resection of a periarticular tumor including the joint [22–30]. A characteristic of the elongation-type Growing Kotz is the porous coating on the diaphysis-fixing piece of the elongation region. In contrast, non-porous processing is added to the non-elongation region. However, this structure may create susceptibility to loosening. When a pediatric patient grows more than expected, particularly, in the transverse axis of the proximal tibia, loosening and burying of the stem start and slowly progress. This ultimately, compresses the bone cortex. Although the Growing Kotz can be elongated with growth, the prosthetic design, particularly the width of the tibial component, should be sufficiently investigated in consideration of the child's development.

Conclusion

Prosthesis use facilitates the early acquisition of stable functioning of the affected limb, but several complications have yet to be overcome. Breakage and loosening necessitate revision in some cases. Methods considered to reduce the risk of prosthesis breakage, include limiting resection of the affected bone to no more than 30% and adoption of as thick a stem as possible, i.e., with a diameter of at least 12 mm, fitting the anatomical shape of the femur. The unchanged function of the affected limb after revision and instructing of patients to avoid excessive exercise in daily activities are also important for maintenance of prostheses. Although only the elongation-type of Growing Kotz is covered by the national health insurance system in Japan, this prosthesis should also be selected with care, taking the child's future development into consideration.

Conflict of interest None of the authors has received any type of support, benefits, or funding from any commercial party related directly or indirectly to the subject of this article.

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