# Astaxanthin induces NADPH oxidase activation and receptor-interacting protein kinase 1-mediated necroptosis in gastric cancer AGS cells

SORI KIM, HANBIT LEE, JOO WEON LIM and HYEYOUNG KIM

Department of Food and Nutrition, Brain Korea 21 FOUR Project, College of Human Ecology, Yonsei University, Seoul 03722, Republic of Korea

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Abstract. Astaxanthin (ASX), a red-colored xanthophyll carotenoid, functions as an antioxidant or pro-oxidant. ASX displays anticancer effects by reducing or increasing oxidative stress. Reactive oxygen species (ROS) promote cancer cell death by necroptosis mediated by receptor-interacting protein kinase 1 (RIP1) and RIP3. NADPH oxidase is a major source of ROS that may promote necroptosis in some cancer cells. The present study aimed to investigate whether ASX induces necroptosis by increasing NADPH oxidase activity and ROS levels in gastric cancer AGS cells. AGS cells were treated with ASX with or without ML171 (NADPH oxidase 1 specific inhibitor), N-acetyl cysteine (NAC; antioxidant), z-VAD (pan-caspase inhibitor) or Necrostatin-1 (Nec-1; a specific inhibitor of RIP1). As a result, ASX increased NADPH oxidase activity, ROS levels and cell death, and these effects were suppressed by ML171 and NAC. Furthermore, ASX induced RIP1 and RIP3 activation, ultimately inducing mixed lineage kinase domain-like protein (MLKL) activation, lactate dehydrogenase (LDH) release and cell death. Moreover, the ASX-induced decrease in cell viability was reversed by Nec-1 treatment and RIP1 siRNA transfection, but not by z-VAD. ASX did not increase the ratio of apoptotic Bax/anti-apoptotic Bcl-2, the number of Annexin V-positive cells, or caspase-9 activation, which are apoptosis indices. In conclusion, ASX induced necroptotic cell death by increasing NADPH oxidase activity, ROS levels, LDH release and the number of propidium iodide-positive cells, as well as activating necroptosis-regulating proteins, RIP1/RIP3/MLKL, in gastric cancer AGS cells. The results of this study demonstrated the

Correspondence to: Professor Hyeyoung Kim, Department of Food and Nutrition, Brain Korea 21 FOUR Project, College of Human Ecology, Yonsei University, 50 Yonsei-ro, Seodaemun-gu, Seoul 03722, Republic of Korea E-mail: kim626@yonsei.ac.kr

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necroptotic effect of ASX on gastric cancer AGS cells, which required NADPH oxidase activation and RIP1/RIP3/MLKL signaling *in vitro*.

#### Introduction

Astaxanthin (ASX) is a naturally occurring red-colored oxygenated carotenoid that is present in microalgae, salmon, trout and shrimp (1). Owing to its structure, which consists of a long backbone and hydroxyl and keto moieties at each polar end, ASX has especially powerful antioxidant capacity compared with other carotenoids (2). ASX has no adverse effects (3), and there is evidence of a reduction in biomarkers of oxidative stress and inflammation with ASX administration (4).

ASX has been shown to inhibit cancer cell proliferation by reducing or increasing oxidative stress (5-10). It has been reported that ASX (100-300 μM) decreases NF-κB and Wnt/β-catenin levels, thereby inhibiting hepatic cancer cell proliferation (5). ASX (50 and  $100 \mu M$ ) has been shown to inhibit the proliferation of Kato-III and SNU cells by suppressing cell cycle progression (6). With respect to antioxidant activity in anticancer mechanisms, ASX (50-150  $\mu$ M) is known to induce apoptosis by increasing the expression levels of apoptotic Bax and caspase-3, but decreasing anti-apoptotic Bcl-2 levels in colorectal cancer LS-180 cells (7). Kochi et al (8) showed that ASX treatment inhibited azoxymethane-induced neoplastic lesions in the colonic mucosa of mice. ASX administration reduced serum levels of hydroperoxides, an oxidative stress marker, but increased the colonic mucosal levels of antioxidant enzymes (superoxide dismutase, catalase and glutathione peroxidase). These studies suggest that ASX reduces oxidative stress-mediated cancer cell growth.

By contrast, recent studies have reported the pro-oxidant effects of ASX on cancer cells. In one study, ASX (10, 25, 50 and  $100~\mu \rm g \cdot ml^{-1}$ ) induced cell death in a dose- and time-dependent manner (24, 48 and 72 h) in human non-small cell lung cancer A549 cells (9). ASX (50  $\mu \rm g \cdot ml^{-1}$ ) increased reactive oxygen species (ROS) levels (195% of untreated cells) after 4 h of culture in A549 cells (9). In breast cancer MCF-7 cells, ASX (20, 30, 40 and 50  $\mu \rm M$ ) decreased cell viability in a dose-and time-dependent manner (24, 28 and 72 h culture). Cells

cultured for 48 h with ASX ( $20 \mu M$ ) increased ROS levels to 153% of that of the untreated cells (10). Therefore, ASX may exhibit its anticancer effect through the production of ROS and ROS-mediated death signaling pathways.

Necroptosis is programmed necrosis, which is regulated by necroptotic regulators, such as receptor-interacting protein kinase 1 (RIP1), RIP3 and mixed lineage kinase domain-like protein (MLKL) (11,12). Upon stimulation, including the activation of Toll-like receptors (13), T cell receptors (14) and the TNF receptor superfamily (15), the serine/threonine kinase activity of RIP1 and RIP3 increases, and consecutive phosphorylation of RIP1 and RIP3 forms a RIP1-RIP3 heterodimeric scaffold complex. However, necrosis represents a form of non-programmed cell death. Therefore, necrosis is not regulated by necroptotic regulators, such as RIP1, RIP3 and MLKL (16).

After formation of the RIP1-RIP3 heterodimeric scaffold complex, free RIP3 is recruited and auto-phosphorylated. This allows the recruitment of MLKL to form the necrosome (17,18). Phosphorylated MLKL translocates to the plasma membrane and oligomerizes into complexes, leading to plasma membrane rupture, thereby acting as an executioner of necroptosis (13). Dysregulation of necroptotic proteins results in cancer development (19). RIP3 is lower in breast and colorectal cancer cells than in healthy cells, and low RIP3 expression levels are associated with poor survival in patients with cancer (12,20). MLKL levels are lower in gastric cancer tissues than in normal tissues (21).

ROS activate RIP1 autophosphorylation and contribute to RIP3 recruitment into the necrosome (22,23). NADPH oxidase produces large amounts of ROS upon exposure to various stimuli (24). Thus, NADPH oxidase activation may mediate necroptosis by activating RIP1-RIP3-MLKL signaling in cancer cells.

The present study aimed to determine whether ASX induces necroptosis by activating necroptotic proteins (RIP1, RIP3 and MLKL) and cell death [by determining lactate dehydrogenase (LDH) release, propidium iodide (PI)-positive cells and cell viability] in gastric cancer AGS cells. In addition, to investigate whether ASX-induced necroptosis is induced by NADPH oxidase activation and increased ROS levels, the cells were treated with the NADPH oxidase inhibitor ML171 or antioxidant N-acetylcysteine (NAC) prior to ASX treatment. Moreover, to assess whether ASX affects the viability of normal gastric epithelial cells, normal RGM-1 cells were treated with ASX, and cell viability and NADPH oxidase activity were measured.

#### Materials and methods

Materials. ASX (cat. no. SML0982), necrotatin-1 (Nec-1; the stable variant; cat. no. 5042970001), z-VAD-fmk (cat. no. 627610), ML171 (cat. no. 492002) and N-acetylcysteine (NAC; cat. no. A7250) were purchased from Sigma-Aldrich (Merck KGaA). Dichlorofluorescein diacetate (DCF-DA; cat. no. D399) was purchased from Molecular Probes (Thermo Fisher Scientific, Inc.). RPMI-1640 medium (cat. no. 31800022) was purchased from Gibco (Thermo Fisher Scientific, Inc.). MuLV reverse transcriptase (cat. no. M1705) was obtained from Promega Corporation. The protease

inhibitor complex (cOmplete™; cat. no. 11697498001) was obtained from Roche Diagnostics GmbH. Antibodies against caspase-9 (cat. no. sc-81663), Bcl-2 (cat. no. sc-492), Bax (cat. no. sc-526) and actin (cat. no. sc-47778) were obtained from Santa Cruz Biotechnology, Inc. Antibodies against phosphorylated (p)-RIP1 (cat. no. 65746) and p-MLKL (cat. no. 91689) were obtained from Cell Signaling Technology, Inc. The antibody against RIP1 (cat. no. 610458) was obtained from BD Pharmingen (BD Biosciences). Antibodies against RIP3 (cat. no. ab56164), p-RIP3 (cat. no. ab209384) and MLKL (cat. no. ab183770) were obtained from Abcam. All other reagents were obtained from Sigma-Aldrich (Merck KGaA). ASX, NEC-1, z-VAD-fmk and ML171 were dissolved in dimethyl sulfoxide (DMSO). Cells incubated with DMSO alone (<0.3%) served as controls (vehicle alone).

Cell line and culture conditions. The human gastric cancer cell line AGS (ATCC CRL-1739; gastric adenocarcinoma) was purchased from the American Type Culture Collection and cultured in RPMI-1640 medium with 10% fetal bovine serum (FBS; Gibco; Thermo Fisher Scientific, Inc.), 2 mM glutamine and antibiotics (100 U·ml<sup>-1</sup> penicillin and 100 μg·ml<sup>-1</sup> streptomycin). The cells were cultured at 37°C in a humidified atmosphere with 95% air and 5% CO<sub>2</sub>.

The normal rat gastric epithelial cell line, RGM-1, was obtained from the RIKEN BioResource Center. RGM-1 cells were grown in a 1:1 mixture of Dulbecco's modified Eagle's medium (DMEM; Gibco; Thermo Fisher Scientific, Inc.) and Ham's F-12 medium (Gibco; Thermo Fisher Scientific, Inc.) supplemented with 20% newborn calf serum (Gibco; Thermo Fisher Scientific, Inc.), 100 U·ml<sup>-1</sup> penicillin and 100  $\mu$ g·ml<sup>-1</sup> streptomycin. The cells were cultured at 37°C in a humidified atmosphere with 95% air and 5% CO<sub>2</sub>.

*Experimental protocol*. For all treatments, the cells were cultured at 37°C. For the time-course experiment to determine ROS levels and necroptotic markers, the cells were treated with 20  $\mu$ M ASX and cultured for 0.5, 1 and 2 h (for ROS levels) or 2, 4 and 6 h (for the mRNA and protein expression levels of RIP1, RIP3, MLKL, and p-RIP1, p-RIP3 and p-MLKL levels).

For the concentration-course experiment to assess ROS levels and cell viability, the cells were treated with ASX (5, 10 or 20  $\mu$ M) for 2 h (for ROS determination) and 24 h (for analysis of cell viability).

For the assessment of ROS levels, NADPH oxidase activity, cell viability, LDH release and Hoechst 33342/propidium oxide (PI) double staining, the cells were pretreated with ML171 (2  $\mu$ M), NAC (1 mM), Nec-1 (25  $\mu$ M) or z-VAD-fmk (10  $\mu$ M) for 1 h and treated with 20  $\mu$ M ASX for 2 h (to measure levels of ROS and NADPH oxidase activity) or 24 h (for cell viability, LDH release and Hoechst 33342/PI double staining).

To assess the role of RIP1 in ASX-induced cell death, cells were transfected with RIP1 small interfering (si)RNA or negative control (NC) siRNA and treated with ASX (20  $\mu$ M) for 24 h, and the number of viable cells was counted.

To determine the effect of ASX on caspase-9 activation, the levels of Bax and Bcl-2, and Annexin V-FITC/PI double staining, the cells were treated with 20  $\mu$ M ASX for 24 h. Western blot analysis was used to determine the levels of procaspase-9 and cleaved caspase-9. Fluorescence images

of AGS cells were obtained by Annexin V-FITC/PI double staining.

To determine whether ASX induced cell death and activated NADPH oxidase in normal cells, normal rat gastric epithelial cells (RGM-1) were treated with 20  $\mu$ M ASX for 2 h (to measure NADPH oxidase activity) or different concentrations (5, 10 or 20  $\mu$ M) of ASX for 24 h (for cell viability).

Determination of intracellular ROS levels. 2'-7'-Dichlorofluorescin diacetate (DCFH-DA) was used to measure intracellular levels of ROS. This method is used to detect hydrogen peroxide and hydroxyl radicals (25). The cells were seeded ( $6x10^4$  cells per well) in 6-well plates and incubated with 10  $\mu$ M DCF-DA for 30 min. The cells were then washed and scraped into 1 ml PBS. DCF was measured (excitation/emission at 495/535 nm) using a VICTOR5 multilabel counter (PerkinElmer, Inc.). Intracellular ROS levels were expressed in terms of relative increases.

Cell viability measurement. The cells were plated in a 24-well plate (1x10<sup>4</sup> cells per well) and cultured for 24 h with or without treatment. Viable cell numbers were determined by direct counting using a hemocytometer based on a trypan blue exclusion test (0.2% trypan blue; Sigma-Aldrich; Merck KGaA). The mean number of viable cells that were not treated with ASX (untreated) was set to 100%.

Reverse transcription-quantitative PCR (RT-qPCR) analysis. Total RNA was isolated using the TRIzol® reagent (Invitrogen; Thermo Fisher Scientific, Inc.). RNA was converted to cDNA by reverse transcription using MuLV reverse transcriptase. The reaction conditions were as follows: 23°C for 10 min, 37°C for 60 min and 95°C for 5 min. cDNA was used for qPCR. qPCR was conducted in triplicate using SYBR-Green Real-time PCR Master Mix (Toyobo Life Science). RIP1 primers (forward, 5'-GGCATTGAAGAAAAATTTAGGC-3' and reverse, 5'-TCA CAACTGCATTTTCGTTTG-3') were used to generate a 109-bp PCR product, RIP3 primers (forward, 5'-GACTCCCGGCTT AGAAGGACT-3' and reverse, 5'-CTGCTCTTGAGCTGAGAC AGG-3') were used to generate a 180-bp PCR product and MLKL primers (forward, 5'-AGAGCTCCAGTGGCCATAAA-3' and reverse, 5'-TACGCAGGATGTTGGGAGAT-3') were used to generate a 124-bp PCR product. For β-actin, the forward primer was 5'-ACCAACTGGGACGACATGGAG-3' and the reverse primer was 5'-GTGAGGATCTTCATGAGGTAGTC-3', yielding a 349-bp PCR product. cDNA was amplified by 45 cycles of denaturation at 95°C for 30 sec, annealing at 55°C for 30 sec and extension at 72°C for 30 sec. During the first cycle, the 95°C step was extended to 3 min. Amplification specificity was validated by melting curve analysis generated at the end of each PCR reaction. All genes presented a single peak in the melting curve, indicating the absence of primer-dimer formation during the reaction and specificity of the amplification. Relative changes in gene expression between untreated cells and cells treated with ASX were determined using the  $2^{-\Delta\Delta Cq}$  method (26). Levels of the target transcript were normalized to β-actin endogenous control and were constantly expressed in the group.

Preparation of cell extracts. Preparation of whole-cell extracts, membrane fractions and cytosolic fractions was performed as

previously described (27). Briefly, the cells were harvested by treatment with trypsin/EDTA, washed and centrifuged at 1,000 x g at 21-23°C for 5 min. The cell pellets were resuspended in lysis buffer containing 150 mM NaCl, 1% NP-40, 0.5% sodium deoxycholate, 0.1% SDS, 25 mM Tris (pH 7.4) and protease inhibitor complex. The resulting mixture was centrifuged at 10,000 x g at 21-23°C for 15 min. The supernatants were collected and used as whole-cell extracts. To prepare the cytosolic and membrane fractions, the supernatant was separated by centrifugation at 100,000 x g at 21-23°C for 1 h. The membrane fraction was obtained by resuspending the pellet in lysis buffer containing 50 mM HEPES (pH 7.4), 150 mM NaCl, 1 mM EDTA and 10% glycerol. The supernatant was used as the cytosolic fraction. The protein concentration was determined using the Bradford assay.

Western blot analysis. Whole cell extracts were isolated from cells by using lysis buffer containing 150 mM NaCl, 1% NP-40, 0.5% sodium deoxycholate, 0.1% SDS, 25 mM Tris (pH 7.4) and protease inhibitor complex (Complete; Roche Diagnostics GmbH). The protein concentration was determined using the Bradford assay. Whole cell extracts were loaded onto 8-10% SDS-PAGE gels (40-60  $\mu$ g protein per lane) and separated by electrophoresis under reducing conditions. Proteins were transferred onto nitrocellulose membranes via electroblotting. The membranes were blocked using 3% non-fat dry milk in Tris-buffered saline and 0.2% Tween-20 (TBST) for 1 h at room temperature. The membrane was incubated with antibodies against caspase-9 (1:1,000), actin (1:4,000), RIP1 (1:1,000), p-RIP1 (1:1,000), RIP3 (1:1,500), p-RIP3 (1:1,000), MLKL (1:1,500) and p-MLKL (1:1,000) in TBST solution containing 3% dry milk overnight at 4°C. After washing with TBST, the membrane was incubated with horseradish peroxidase-conjugated anti-mouse (1:3,000; cat. no. sc-2005; Santa Cruz Biotechnology, Inc.) or anti-rabbit (1:4,000; cat. no. sc-2005; Santa Cruz Biotechnology, Inc.) secondary antibodies in TBST solution containing 3% dry milk and anti-rabbit) for 2 h at room temperature. The proteins were visualized by exposure to X-ray film by using an enhanced chemiluminescence (ECL) detection system (cat. no. sc-2048; Santa Cruz Biotechnology, Inc.). Actin was used as the loading control. ImageJ software version 1.52a (National Institutes of Health) was used for densitometry analysis of western blots.

Measurement of NADPH oxidase activity. A luciferase assay was used to measure NADPH oxidase activity in the membrane and cytosolic fractions (28). The assay was performed in 50 mM Tris-MES buffer (pH 7.0) containing 2 mM KCN, 10  $\mu$ M lucigenin and 100  $\mu$ M NADPH. The reaction was initiated by the addition of 10  $\mu$ g membrane-extract protein. Photon emission was measured using a microplate reader (Molecular Devices, LLC). For negative control experiments, cytosolic fraction protein was used instead of the membrane-fraction protein.

PI and Hoechst 33342 double staining. PI is permeable to necrotic cells and is visible as red fluorescence in nuclear DNA (29). Hoechst staining is a cell-permeable nuclear counterstain that emits blue fluorescence when combined with double-stranded DNA (29). Hoechst dyes are very sensitive to DNA conformation and chromatin status in cells and

are, therefore, used to detect nuclear damage, such as distinguishing condensed pycnotic nuclei in apoptotic cells. PI and Hoechst 33342 double staining was used to determine necrosis or apoptosis.

The cells were seeded (6.0x10<sup>4</sup> cells per well in a 6-well plate) and cultured overnight. PI and Hoechst 33342 were prepared in PBS to serve as the staining solutions (0.5 mg·ml<sup>-1</sup>). The cells were treated with 20  $\mu$ l staining solution in the dark and then incubated for 10 min at 37°C. The cells were removed from the medium and fixed for 10 min with 2 ml cold methanol at 20-22°C. After the removal of methanol, the cells were washed with PBS (1 ml) for 5 min, examined under a laser scanning confocal microscope (Zeiss LSM 880; Carl Zeiss AG), and photographed. The optical filters for excitation were 490-630 nm for PI and 350-460 nm for Hoechst. The ratio of red and blue fluorescence density was quantified by ZEN 2.3 (blue edition) software (Carl Zeiss Microscopy GmbH) and expressed as the percentage of PI-positive cells.

Annexin V/PI double staining. Annexin V and PI double staining is used to discriminate between apoptosis and necrosis; PI-positive staining reflects necrosis and Annexin V-positive/PI-negative staining reflects apoptosis (30). The cells were plated (6.0x104 cells per well) in a 6-well culture plate and then cultured overnight. The cells were then treated with 20  $\mu$ M ASX for 24 h. The treated cells were then washed with ice-cold PBS and incubated with Annexin V-FITC and PI (FITC Annexin V Apoptosis Detection Kit; BD Pharmingen; BD Biosciences) in the dark according to the manufacturer's recommendations. The cells were fixed in 2% paraformaldehyde for 10 min at 20-22°C, washed three times with 1 ml PBS for 5 min, and then examined under a laser scanning confocal microscope (Zeiss LSM 880; Carl Zeiss AG) and photographed.

Transfection of RIP1 siRNA. siGenome SMART pool siRNA for human RIP1 (5'-CCACUAGUCUGACGGAUAA-3, 5-UGA AUGACGUCAACGCAAA-3', 5'-GCACAAAUACGAACUU CAA-3' and 5'-GAUGAAAUCCAGUGACUUC-3') and the NC siRNA (siGenome None-Targeting siRNA Pool #1; 5'-UAG CGACUAAACACAUCAA, 5'-UAAGGCUAUGAAGAGA UAC-3', 5'-AUGUAUUGGCCUGUAUUAG-3' and 5'-AUGAA CGUGAAUUGCUCAA-3') were obtained from GE Healthcare Dharmacon, Inc. Cells were transfected with 50 nmol RIP1 or NC siRNAs by using 1,2-dioleoyl-3-trimethylammonium-propane (DOTAP), following the manufacturer's instructions (Invitrogen; Thermo Fisher Scientific, Inc.), and then cultured for 24 h. Then, 24 h after transfection of RIP1 or NC siRNAs, the cells were treated with 20  $\mu$ M ASX.

Measurement of LDH release. LDH release represents the permeabilization of the plasma membrane, a necrosis marker (31). LDH release was measured using an LDH assay kit (cat. no. ab102526; Abcam). Cell lysates were prepared using lysis buffer containing 0.1 M Tris (pH 7.4) and 10% Triton X-100. Cell lysates were centrifuged at 10,000 x g for 15 min at 4°C. LDH activity in the culture medium and the cells was measured, as previously described (32). LDH release was quantified as a percentage of the total LDH content (LDH in the supernatant + LDH inside the cells).

Statistical analysis. All data are expressed as the mean ± standard error of the mean. All experiments were repeated three times. Number of each group was ten (n=10). The statistical differences among groups were evaluated by one-way analysis of variance (ANOVA) followed by Tukey's test. Statistical analysis was performed using SPSS 22.0 software (IBM Corp.). P<0.05 was considered to indicate a statistically significant difference.

#### Results

ASX increases ROS levels and decreases cell viability in AGS cells. To assess the appropriate culture time and concentration of ASX for ROS production in AGS cells, ROS levels were determined using different culture times and various concentrations of ASX. The cells were treated with ASX (20  $\mu$ M) and cultured for 2 h. As shown in Fig. 1A, 20  $\mu$ M ASX increased ROS levels in a time-dependent manner. Furthermore, ROS levels were highest at 2 h of culture. When the cells were treated with various concentrations (5, 10 and 20  $\mu$ M) of ASX and cultured for 2 h, the highest level of ROS in AGS cells was obtained with 20  $\mu$ M ASX (Fig. 1B). Thus, for further studies on ROS levels, cells were treated with 20  $\mu$ M ASX for 2 h.

To determine whether ASX induces cell death and activates NADPH oxidase in normal cells, normal rat gastric epithelial RGM-1 cells were treated with 20  $\mu$ M ASX for 2 h (for determination of NADPH oxidase activity) or different concentrations (5, 10 or 20  $\mu$ M) of ASX for 24 h (for cell viability). ASX had no effect on cell viability or NADPH oxidase in RGM-1 cells (Fig. 1C and D). The results showed that ASX did not induce death of normal gastric epithelial cells.

ASX increases NADPH oxidase activity, which leads to cell death in AGS cells. To determine whether ASX-induced ROS production was linked to NADPH oxidase activation in AGS cells, the cells were pretreated with ML171, a specific inhibitor of NADPH oxidase 1, or an antioxidant, NAC, for 1 h, and then treated with ASX (20  $\mu$ M) for 2 h. The ASX-induced increase in ROS levels was decreased by treatment with ML171 and NAC (Fig. 1E). As shown in Fig. 1F, ASX increased NADPH oxidase activity, which was reduced by ML171 in AGS cells. These results indicated that ASX induced NADPH oxidase activation, leading to increased ROS levels in AGS cells.

To examine whether ASX induces cell death, cell viability was assessed after 24 h of culture with various concentrations of ASX. ASX reduced cell viability in a dose-dependent manner (Fig. 2A).

Further, to determine whether NADPH oxidase and ROS induced ASX-associated cell death, the cells were pretreated with ML171 or NAC for 1 h followed by treatment with ASX for 24 h. As presented in Fig. 2B, both ML171 and NAC inhibited the ASX-induced decrease in cell viability.

To determine whether ML171 or NAC inhibited ASX-induced necrosis in AGS cells, PI and Hoechst 33342 double staining was performed (Fig. 2C). The density ratio of the red and blue fluorescence was quantified and expressed as PI-positive cells (%) (Fig. 2D). The number of necrotic AGS cells increased after ASX treatment, as indicated by the increase in the ratio of PI-positive cells. Both ML171 and NAC reduced the number of PI-positive cells, indicating that NAC

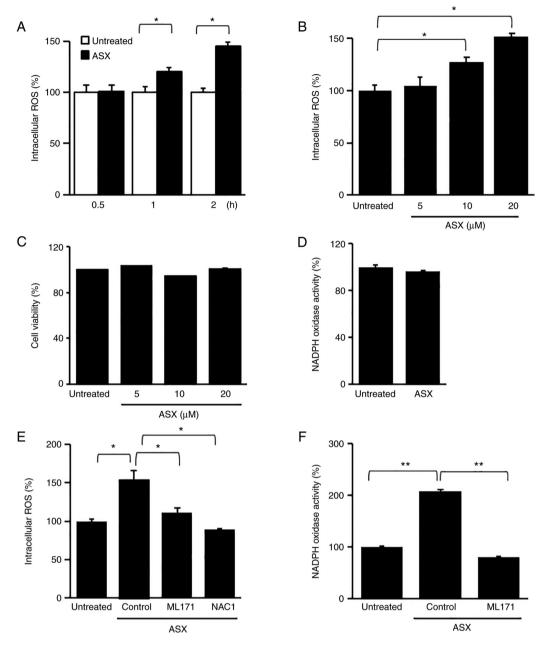


Figure 1. Levels of intracellular ROS, NADPH oxidase activity and cell viability in AGS cells or RGM-1 cells treated with ASX with or without ML171 or NAC. (A) Cells were treated with 20  $\mu$ M ASX for the indicated time periods or (B) cells were treated with the indicated concentrations of ASX for 2 h and levels of intracellular ROS were analyzed using fluorescent DCF-DA. (C) RGM-1 cells were treated with the indicated concentrations of ASX for 2 h and NADPH oxidase activity in the membrane fraction was determined using the trypan blue exclusion test. (D) RGM-1 cells were treated with 20  $\mu$ M ASX for 2 h and NADPH oxidase activity in the membrane fraction was determined using a lucigenin assay. NADPH oxidase activity in cytosolic fraction was used as a negative control. (E) Cells were pretreated with 1 mM NAC or 2  $\mu$ M ML171 for 1 h and then treated with 20  $\mu$ M ASX for 2 h, and then levels of intracellular ROS were analyzed using fluorescent DCF-DA. (F) Cells were pretreated with 2  $\mu$ M ML171 for 1 h and then treated with 20  $\mu$ M ASX for 2 h, and then NADPH oxidase activity in the membrane fraction was determined using a lucigenin assay. NADPH oxidase activity in cytosolic fraction was used as a negative control. For ROS assays, the ROS level of cells that were not treated with ASX (untreated) was considered to be 100%. NADPH oxidase activity of cells that were not treated with ASX (untreated) was considered to be 100%. NADPH oxidase activity of cells that were not treated with ASX (untreated) was considered to be 100%. NADPH oxidase activity of cells that were not treated with ASX (untreated) was considered to be 100%. NADPH oxidase activity of cells that were not treated with ASX (untreated) was considered to be 100%. NaDPH oxidase activity of cells that were not treated with ASX (untreated) was considered to be 100%. NaDPH oxidase activity of cells that were not treated with ASX (untreated) was considered to be 100%. NaDPH oxidase activity of cells that were not treated with ASX (untreated) was considered t

and ML171 blocked ASX-induced necrotic cell death. These results suggested that ASX induced necrosis, which may be mediated by NADPH oxidase and increased ROS levels.

ASX activates necroptotic proteins in AGS cells. During necroptosis, the mRNA and protein levels of necroptotic proteins, including RIP1, RIP3 and MLKL, are upregulated (33,34). In the present study, ASX significantly increased the mRNA expression of RIP1 and RIP3 at 4 h compared with

the untreated group. However, there were no significant changes in mRNA expression of MLKL by ASX treatment (Fig. 3A).

Total and phospho-specific forms of RIP1, RIP3 and MLKL were confirmed via western blotting to determine whether the effect of ASX on cell death involves necroptosis (Fig. 3B). It was found that ASX increased the protein expression of RIP1, RIP3 and MLKL. Moreover, ASX augmented the activation of RIP1, RIP3 and MLKL, as indicated by the increased levels of the phosphorylated forms of RIP1 and RIP3. These

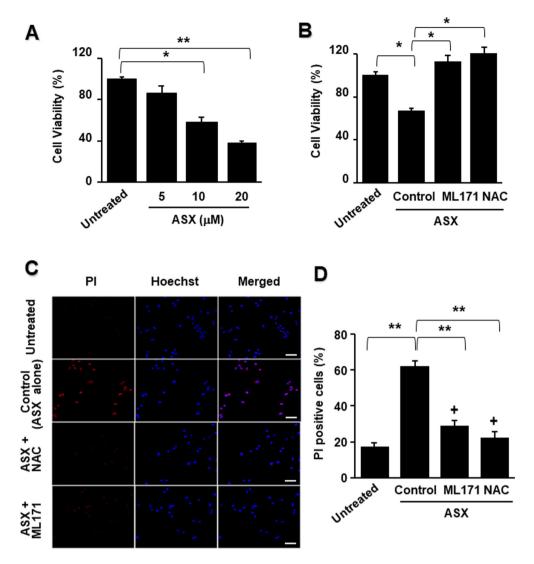


Figure 2. Cell viability and PI/Hoechst 33342 double staining of AGS cells treated with ASX with or without ML171 or NAC. (A) Cells were treated with the indicated concentrations of ASX for 24 h. (B-D) The cells were pretreated with 1 mM NAC or 2  $\mu$ M ML171 for 1 h, and then treated with 20  $\mu$ M ASX for 24 h. (A and B) The number of viable cells was determined using the trypan blue exclusion test. Viability of cells that were not treated with ASX (untreated) was set at 100%. (C) Cells were double stained with PI and Hoechst 33342. Nuclei were stained with Hoechst 33342 (blue). Scale bar, 50  $\mu$ m. Dead cells resulting from necrosis are displayed in red, due to PI staining. Double staining of cells with Hoechst 33342 and PI distinguishes between cells with or without necrosis. (D) The ratio of red and blue fluorescence density was quantified and expressed as PI-positive cells (%). Data are presented as the mean  $\pm$  standard error of the mean. \*P<0.05 and \*\*P<0.01 as determined by one-way ANOVA followed by Tukey's test. PI, propidium iodide; ASX, astaxanthin; NAC, N-acetyl cysteine.

results suggested the involvement of RIP1/RIP3/MLKL in ASX-induced necroptosis in AGS cells.

To further investigate the role of RIP1 in ASX-induced cell death, a gene silencing approach was used to specifically knock down RIP1. To confirm the inhibitory effect of RIP1 siRNA, the protein expression of RIP1 in AGS cells was measured after transfection with RIP1 or NC siRNA. The protein levels of RIP1 were notably suppressed in cells transfected with RIP1 siRNA compared with those transfected with the NC siRNA (Fig. 3C). ASX did not induce cell death in cells transfected with RIP1 siRNA, whereas ASX reduced the viability of cells transfected with the NC siRNA compared with the untreated group (Fig. 3D). These results indicated that ASX-induced cell death may occur through RIP1-mediated necroptosis.

ASX-induced cell death is suppressed by Nec-1, but not by z-VAD, in AGS cells. To determine whether ASX-induced cell death was necroptotic, the cells were treated with Nec-1

or z-VAD for 1 h prior to treatment with ASX for 24 h. Nec-1 is known to be a selective inhibitor of RIP1 (35). As shown in Fig. 4A and B, ASX-induced cell death and LDH release were inhibited by the necroptosis inhibitor Nec-1. A pan-caspase inhibitor, z-VAD, as an inhibitor of apoptosis, did not affect the ASX-induced increase in LDH release and cell death. These results suggested that ASX may induce necroptosis, but not apoptosis.

To determine whether ASX triggered necrotic cell death in AGS cells, PI and Hoechst 33342 double staining was performed (Fig. 4C). Hoechst 33342 is a bis-benzamide derivative that binds to AT-rich sequences in the minor groove of double-stranded DNA. Thus, this fluorescent stain is commonly used to visualize nuclei in microscopic studies (27). The plasma membrane-permeable dye PI can be detected in the necrotic cells. In the present study, Hoechst 33342 stained the nuclei of all cells, including healthy cells, producing blue fluorescence. However, live or apoptotic cells are impermeable

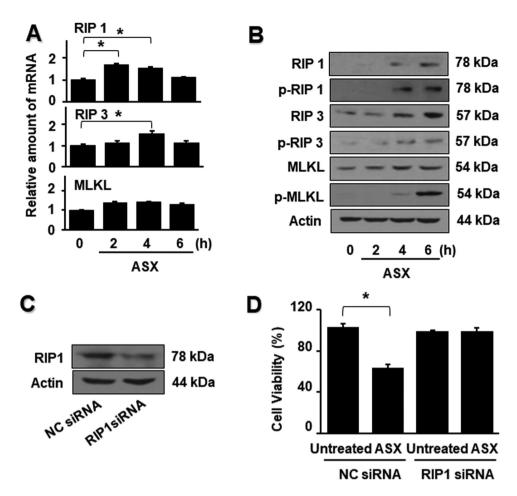


Figure 3. mRNA and protein expression levels of necroptosis-associated proteins in ASX-treated cells and cell viability of ASX-treated cells transfected with NC siRNA or RIP1 siRNA. (A and B) Cells were treated with 20  $\mu$ M ASX for the indicated time periods. (A) mRNA expression levels of RIP1, RIP3 and MLKL were determined via reverse transcription-quantitative PCR analysis and normalized to those of  $\beta$ -actin. (B) The expression levels of p- and total forms of RIP1, RIP3 and MLKL were assessed via western blotting. Actin was used as the loading control. (C) Cells were transfected with siRNA (NC siRNA) or RIP1 siRNA for 24 h. The levels of RIP1 were assessed via western blotting. Actin served as a loading control. (D) Cells transfected with NC siRNA or RIP1 siRNA were treated with 20  $\mu$ M ASX for 24 h. The number of viable cells was determined using the trypan blue exclusion test. The viability of cells that were not treated with ASX (untreated) was set at 100%. Data are presented as the mean  $\pm$  standard error of the mean. \*P<0.05 as determined by one-way ANOVA followed by Tukey's test. ASX, astaxanthin; RIP1, receptor-interacting protein kinase 1; NC, negative control; siRNA, small interfering RNA; MLKL, mixed lineage kinase domain-like protein; p-, phosphorylated.

to PI, which intensely stains necrotic cells red. As presented in Fig. 4C, AGS cells that underwent ASX treatment showed more necrotic cells, as determined by the increased ratio of PI-positive cells (Fig. 4D). Nec-1, a necroptosis inhibitor, decreased the number of PI-positive cells. However, z-VAD did not affect the ASX-induced increase in PI-positive cells, as determined by the ratio of red to blue fluorescence. These results showed that Nec-1 blocked ASX-induced necrotic cell death in AGS cells, suggesting that ASX may induce necroptosis in AGS cells.

ASX does not induce apoptosis in AGS cells. Caspase-9 activation amplifies the apoptosis cascade by activation of caspase-3 and other apoptosis mediators (36). Thus, the effect of ASX on caspase-9 activation in cells was determined. ASX did not increase the levels of active caspase-9 (Fig. 4E). As an index of apoptosis, the ratio of Bax/Bcl-2 was determined in cells treated with or without ASX (Fig. 4F). The Bax/Bcl-2 ratio was not affected by ASX. To determine whether ASX triggered apoptotic or necrotic cell death, double staining with Annexin V-FITC and PI was performed (Fig. 4G). Annexin V is a sensitive

marker for detecting early apoptosis(30). Apoptotic cells can be distinguished from necrotic cells by double staining with PI. Annexin V-FITC and PI double staining easily distinguished apoptotic cells (shown as green fluorescence) from necrotic cells (shown as red fluorescence). ASX did not cause increased green fluorescence, but resulted in increased red fluorescence, indicating that ASX induced necrosis, but not apoptosis. Taken together, these results indicated that ASX-mediated cell death was related to necrosis/necroptosis.

# Discussion

ASX shows anticancer effects by increasing or decreasing ROS levels, depending on the cell type, ASX concentration or redox state of the cancer cells. A number of studies have demonstrated that ASX serves as an antioxidant because it scavenges singlet oxygen and free radicals (37-39). However, a recent study showed that high-dose administration (5, 15 and 30 mg·kg<sup>-1</sup> body weight) of ASX suppresses the activities of antioxidant enzymes (catalase and glutathione peroxidase) in the muscle tissues of mice (40).

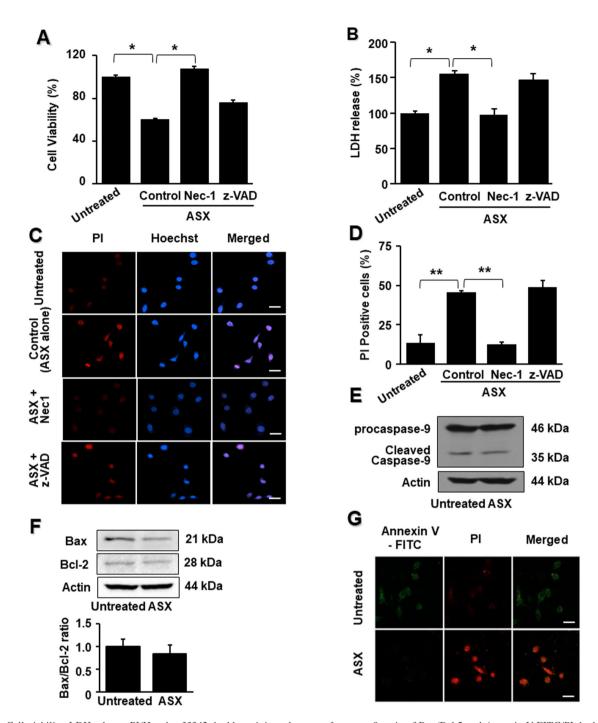


Figure 4. Cell viability, LDH release, PI/Hoechst 33342 double staining, cleavage of caspase-9, ratio of Bax/Bcl-2 and Annexin V-FITC/PI double staining of AGS cells treated with ASX with or without Nec-1 or z-VAD. (A-D) Cells were pretreated with 25  $\mu$ M Nec-1 or 10  $\mu$ M z-VAD for 1 h and then treated with 20  $\mu$ M ASX for 24 h. (A) The number of viable cells was determined using the trypan blue exclusion test. (B) LDH activity was measured in the culture medium and cells. The LDH release was quantified as a percentage compared to the total LDH content (LDH in the supernatant+ LDH inside the cells). The value (cell viability or LDH release) of the cells that were not treated with ASX (untreated) was set at 100%. (C) Nuclei were stained with Hoechst 33342 (blue). Dead cells resulting from necrosis were displayed in red, due to PI staining. Double staining of cells with Hoechst 33342 and PI enabled us to distinguish between the typical features of necrosis. Scale bar, 20  $\mu$ m. (D) The ratio of red and blue fluorescence density was quantified and expressed as PI-positive cells (%). (E-G) AGS cells were treated with 20  $\mu$ M ASX for 24 h. (E) The expression levels of procaspase-9 and cleaved caspase-9 were assessed via western blotting. Actin served as a loading control. (F) Upper panel, levels of Bax, Bcl-2 and actin were assessed via western blotting. Lower panel, ratio of Bax/Bcl-2 was determined based on the protein band densities of Bax and Bcl-2. The ratio of Bax/Bcl-2 activity of cells that were not treated with ASX (untreated) was considered to be 1. (G) Fluorescence images of AGS cells were captured following Annexin V-FITC/PI double staining. Scale bar, 20  $\mu$ m. Data are presented as the mean  $\pm$  standard error of the mean. \*P<0.05 and \*\*P<0.01 as determined by one-way ANOVA followed by Tukey's test. LDH, lactate dehydrogenase; PI, propidium iodide; ASX, astaxanthin; Nec-1, Necrostatin-1.

As relatively few studies have determined the pro-oxidative activity of ASX, the mechanisms underlying it are not well defined. Previous research has shown that NADPH oxidase is a major source of ROS (41,42). The present study found that

ASX increased NADPH oxidase, indicating that the source of ROS in ASX-treated cells is NADPH oxidase.

High levels of ROS mediate necroptotic cell death by increasing the phosphorylation of RIP1 and RIP3, which

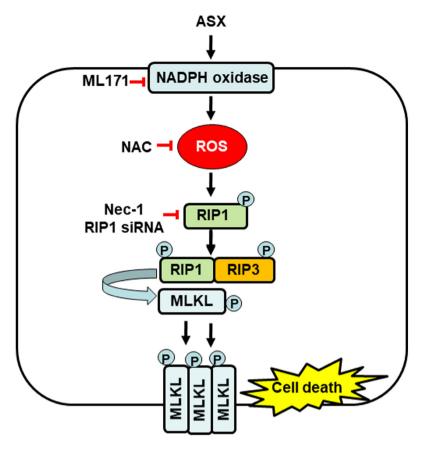


Figure 5. Proposed mechanism by which ASX induces necroptosis in gastric cancer AGS cells. High levels of ASX ( $20~\mu M$ ) may activate NADPH oxidase and increase the production of ROS, which induce the phosphorylation of RIP1, thus, activating RIP3 and MLKL. Activated MLKL is translocated to the plasma membrane, where it possibly ruptures the cell membrane and causes necroptosis. Treatment with NADPH oxidase inhibitor ML171, antioxidant NAC and Nec-1, a specific inhibitor of RIP1, suppresses ASX-induced necroptosis in gastric cancer AGS cells. ASX, astaxanthin; ROS, reactive oxygen species; RIP, receptor-interacting protein kinase; MLKL, mixed lineage kinase domain-like protein; p-, phosphorylated; NAC, N-acetyl cysteine; Nec-1, Necrostatin-1; siRNA, small interfering RNA.

promotes necrosome formation (43-45). Regarding ROS and activation of RIP1/RIP3, RIP1 targets NADPH oxidase and increases ROS production in the plasma membrane in TNF-α-treated mouse fibroblasts (46). ROS increase the expression of RIP1 and RIP3 and their reciprocal binding (44,47) and stabilize this interaction in glioma cells stressed via photodynamic therapy (48). Therefore, ROS may regulate necroptosis by increasing RIP1 and RIP3 protein levels and their interactions. The current study showed that ASX-induced necroptosis was mediated via NADPH oxidase and ROS, as well as the activation of RIP1-RIP3, as Nec-1 (a specific inhibitor of RIP1), NAC (an antioxidant) and ML171 (an NADPH oxidase inhibitor) significantly suppressed the number of PI-positive AGS cells.

RIP3 binds to the plasma membrane and induces the phosphorylation of MLKL, which induces the oligomerization of p-MLKL to induce plasma membrane rupture and necroptosis (49). In the present study, MLKL was activated during ASX-induced necroptosis in AGS cells. The dead cells resulting from necrosis appeared red due to the PI staining. Hoechst 33342 and PI double staining allowed us to distinguish between the typical features of necrosis. Based on the PI and Hoechst 33342 staining results, ASX increased the number of PI-positive cells, which were inhibited by treatment with NAC, ML171 and Nec-1. However, z-VAD did not affect the ASX-induced increase in PI-positive cells. These results

demonstrated that ASX-induced cell death occurred via necroptosis. Moreover, ASX did not induce caspase-9 activation. Moreover, in Annexin V/PI double staining, ASX did not increase the number of Annexin-positive cells, but increased the number of PI-positive cells at 24 h. These findings showed that ASX did not induce apoptosis, but did induce necrotic cell death.

In the present study, it was found that ASX induced an increase in NADPH oxidase activity, ROS production and phosphorylation of RIP1/RIP3/MLKL, leading to cell death in AGS cells. Treatment with the NADPH oxidase 1 inhibitor ML171 suppressed ASX-induced ROS production. High levels of ROS induce mitochondrial dysfunction and increase mitochondrial ROS levels (50,51). Moreover, treatment with ML171, antioxidant NAC and Nec-1, a specific inhibitor of RIP1, and transfection with RIP1 siRNA suppressed ASX-induced necroptosis. Therefore, it was concluded that NADPH oxidase is important in the production of ROS and, consequently, in ROS-mediated activation of RIP1-RIP3-MLK and necroptosis in gastric cancer AGS cells (Fig. 5).

Regarding the effect of ASX on normal cell viability, the current study did not find any effect on cell viability and NADPH oxidase activity in normal RGM-1 cells. Depending on their concentration and oxygen tension, carotenoids have been reported to act as antioxidants or pro-oxidants. The pro-oxidant activity of carotenoids is shown at increased

concentrations under high oxygen tension (52,53). Therefore, ASX-induced activation of NADPH oxidase and cell death may be affected by high concentrations of ASX and cellular environmental events in AGS cells.

For bioavailability of ASX in humans, 6 day-consumption of ASX (daily consumption of 250 g salmon; 5  $\mu$ g ASX per gram of salmon flesh) results in plasma ASX concentrations of 39-52 nM (54). Furthermore, 12-week supplementation of 1 or 3 mg ASX (capsules containing ASX-rich oil) results in plasma concentrations of 18.9 and 62.4 nM, respectively, in Japanese middle-aged and senior subjects (55). Therefore, the concentration of ASX (20  $\mu$ M) used in the present study is much higher than the concentration that results from dietary intake. These results suggested that a high concentration of ASX should be used to induce gastric cell necroptosis. Further studies should be performed to determine whether high concentrations of ASX induces necroptosis in various cancer cell lines *in vitro* and *in vivo*.

In the present study, AGS cells were used to determine the anticancer effects of ASX. The gastric adenocarcinoma AGS cell line is derived from untreated human adenocarcinoma of the stomach. The AGS cell line is a moderately differentiated human gastric adenocarcinoma hyperdiploid cell line. The AGS cell line has been shown to grow in athymic mice (56) and retain the same histochemical and cytological characteristics as the original malignant cells obtained from the patient (57). It is important to characterize human tumor cells *in vitro* in a detailed manner, as they serve as useful model systems for studies involving heterogeneous responses to anticancer drugs (57). Recently, this cell line has been widely used as a model system for evaluating cancer cell apoptosis (58-60).

AGS cells have more genetic changes and higher growth rates than normal cells (60,61). One example is tripartite motif containing 25 (TRIM25), a member of TRIM proteins that has been implicated in carcinogenesis. AGS cells show high expression of TRIM25, which contributes to higher growth rates compared with normal gastric epithelial cells (61). AGS cells exhibit abnormal expression of microRNA-372 (miR-372) (62). miR-372 maintains oncogene characteristics by targeting tumor necrosis factor-α-induced protein 1-regulated AGS cell growth (63). In a study by Guan *et al* (64) expression of the oncogene HER-2 in AGS cells was found to be twice that in normal gastric epithelial cells.

In addition, it is known that ROS are produced by several nutrients, such as vitamin C, zeaxanthin and  $\beta$ -carotene, which induce cell death in AGS cells (65-67). Therefore, in the present study, AGS cells were used to determine the anticancer mechanism of ASX.

In a study by Dong *et al* (68), Nec-1 and NADPH oxidase inhibitor diphenyleneiodonium prevent tumor necrosis factor-α, benzyloxycarbonyl-Val-Ala-Asp-fluoromethylketone and antimycin A (collectively termed TZA)-induced necroptosis by inhibiting the phosphorylation of RIP3 and MLKL in HK-2 cells. Recent studies have demonstrated that NAC suppresses necroptosis induced by high concentrations of iron or glucose through the inhibition of RIP1 phosphorylation (69,70). These studies suggest that NADPH oxidase-mediated ROS production may induce necroptosis through phosphorylation of RIP1, RIP3 and MLKL (69,70). Further studies are needed

to determine whether treatment with ML171, NAC or Nec-1 suppresses ASX-induced expression and activation of RIP1, RIP3 and MLKL in AGS cells.

In conclusion, ASX increased intracellular ROS levels by activating NADPH oxidase, thereby, inducing necroptosis in gastric cancer AGS cells. NADPH oxidase-mediated ROS production may represent an underlying mechanism of ASX-induced necroptosis in gastric cancer AGS cells. Consequently, ASX could be used to treat gastric cancer based on its role in necroptotic signaling.

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#### Availability of data and materials

All data generated or analyzed during this study are included in this published article.

#### **Authors' contributions**

HK conceived and designed the experiments. JWL assisted in designing the experiment. SK and HL performed the experiments. SK and JWL analyzed the data. JWL and HK confirm the authenticity of all raw data. SK wrote the paper. HK reviewed and edited the paper. All authors have read and approved the final manuscript.

## Ethics approval and consent to participate

Not applicable.

## Patient consent for publication

Not applicable.

## **Competing interests**

The authors declare that they have no competing interests.

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