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# Pleiotropic Roles of Type 1 Interferons in Antiviral Immune Responses

# J.R. Teijaro<sup>1</sup>

The Scripps Research Institute, La Jolla, CA, United States <sup>1</sup>Corresponding author: e-mail address: teijaro@scripps.edu

# Contents

1.	Type 1 Interferon Signaling During Acute Viral Infection	136
	1.1 Suppressing Viral Replication/Dissemination	136
	1.2 Promote Antiviral Immune Responses	137
	1.3 Augment Pathological Immune Responses	139
2.	Type I Interferon Signaling and Persistent/Chronic Viral Infection	144
	2.1 Controlling Virus Replication/Dissemination	144
	2.2 Shaping the Immune Suppressive Environment	146
3.	Perspective	150
References		152

## Abstract

Since Isaac's and Lindenmann's seminal experiments over 50 years ago demonstrating a soluble factor generated from heat killed virus-stimulated chicken embryos could inhibit live influenza virus replication, the term interferon has been synonymous with inhibition of virus replication. While the antiviral properties of type 1 interferon (IFN-I) are undeniable, recent studies have reported expanding and somewhat unexpected roles of IFN-I signaling during both acute and persistent viral infections. IFN-I signaling can promote morbidity and mortality through induction of aberrant inflammatory responses and recruitment of inflammatory innate immune cell populations during acute respiratory viral infections. During persistent viral infection, IFN-I signaling promotes containment of early viral replication/dissemination, however, also initiates and maintains immune suppression, lymphoid tissue disorganization, and CD4 T cell dysfunction through modulation of multiple immune cell populations. Finally, new data are emerging illuminating how specific IFN-I species regulate immune pathology and suppression during acute and persistent viral infections, respectively. Systematic characterization of the cellular populations that produce IFN-I, how the timing of IFN-I induction and intricacies of subtype specific IFN-I signaling promote pathology or immune suppression during acute and persistent viral infections should inform the development of treatments and modalities to control viral associated pathologies.

## 1. TYPE 1 INTERFERON SIGNALING DURING ACUTE VIRAL INFECTION

#### 1.1 Suppressing Viral Replication/Dissemination

Many viruses harbor viral proteins with specific functions geared toward preventing IFN-I production and/or signaling, highlighting the evolutionary selective pressure exerted by IFN-I during viral replication (Devasthanam, 2014). The absence of IFN-I signaling during acute virus infection in vivo increases virus replication, dissemination, and lethality during multiple viral infections in animal models. Global deletion of IFNAR1 results in enhanced mortality during vesicular stomatitis virus (VSV), vaccinia virus (VV), West Nile virus (WNV), and lymphocytic choriomeningitis virus (LCMV) infections (Muller et al., 1994). Moreover, infection of IFNAR1 KO mice with acute LCMV Armstrong (Arm) (Nakayama et al., 2010; Zhou, Cerny, Fitzgerald, Kurt-Jones, & Finberg, 2012) and treatment of Arm-infected mice with an IFNAR1 neutralizing antibody elevated viral loads and promoted virus persistence (Teijaro et al., 2013; Wilson et al., 2013). Dendritic cell-specific deletion of IFNAR1 results in elevated virus replication and systemic persistence of the CW3 strain of murine Norovirus (MNoV) despite increased cell-mediated and humoral adaptive immune responses (Nice et al., 2016). IFN-I signaling has been shown to be essential for controlling WNV infection and restricting viral pathogenesis (Sheehan, Lazear, Diamond, & Schreiber, 2015). Mice deficient in IFNAR1 signaling display increased susceptibility to WNV infection (Pinto et al., 2014; Samuel & Diamond, 2005). During infection with the Coronavirus, mouse hepatitis virus (MHV-A59), the magnitude of the IFN-I and -II responses directly correlated with viral loads (Raaben, Koerkamp, Rottier, & de Haan, 2009). Moreover, IFN-I produced by plasmacytoid dendritic cells (pDCs) was essential to control virus replication and prevent mortality following MHV-A59 infection in mice (Cervantes-Barragan et al., 2007). During experimental infection of mice and nonhuman primates with the Lassa hemorrhagic fever virus, delayed or reduced induction of IFN-I and downstream gene signatures correlated with high viral loads and fatal outcome (Baize et al., 2009; Yun et al., 2012).

Deletion of IFN-I related signaling pathways during respiratory virus infections in animal models results in diverse effects depending on the virus strain and genetic background (Durbin et al., 2000; Garcia-Sastre, Durbin, et al., 1998; Price, Gaszewska-Mastarlarz, & Moskophidis, 2000). In the context of respiratory viral infection, genetic deletion of STAT1 reduced

virus control, enhanced pathology, and mortality during SARS-CoV and influenza virus infection (Durbin et al., 2000; Frieman et al., 2010). Interestingly, STAT1-deficient animals were highly susceptible to influenza virus infection, displaying elevated viral titers and increased pathology compared to STAT1-sufficient mice. Studies in mouse models of influenza virus have revealed conflicting evidence for the role of IFNAR1 in controlling influenza virus replication, morbidity, and mortality. Infection of IFNAR1<sup>-/-</sup> mice with the PR8 strain of influenza virus resulted in altered recruitment of Ly6C<sup>hi</sup> vs Ly6C<sup>int</sup> monocytes in the lung, translating into increased production of the neutrophil chemoattractant, KC (CXCL8), elevated numbers of neutrophils in the lung and increased morbidity and mortality (Seo et al., 2011). Therefore, modulation of type 1 interferon signaling and production needs to be balanced to have enough to control virus infection but not promote excessive inflammation. The discrepancy between influenza pathogenicity in IFNAR1 and STAT1-deficient mice was later clarified when animals lacking both IFNAR1/IFN- $\lambda$  were unable to control influenza virus replication. This is further supported in humans where null mutations in the human Interferon regulatory factor-7 gene results in reduced IFN-I and -III production from myeloid DCs and pDCs and life-threatening seasonal influenza virus infection (Ciancanelli et al., 2015). Exposure of bone marrow cells to IFN-I prior to their recruitment to lung endows these cells with an antiviral program that protects from virus infection after entry into the infected lung (Hermesh, Moltedo, Moran, & Lopez, 2010). Deletion of the IFN- $\beta$  or IFNAR1 genes in mice with a functional Mx1 gene increased virus replication and reduced the LD<sub>50</sub> 20-fold (Koerner, Kochs, Kalinke, Weiss, & Staeheli, 2007). Infection of IFNAR1-deficient mice with low dose mouse adapted H1N1 influenza viruses resulted in mortality, elevated viral loads, exacerbated lung pathology, and reduced numbers of IL-10-producing cells as compared to IFNAR1-sufficient controls (Arimori et al., 2013). Moreover, exogenous administration of IL-10 to IFNAR1-deficient animals following influenza virus infection partially restored survival and ameliorated lung pathology. Thus, IFN-I can be protective during influenza virus infection either through suppressing virus spread or prompting induction of immune-suppressive cytokines to reign in excessive inflammation.

#### 1.2 Promote Antiviral Immune Responses

In addition to directly inhibiting virus propagation, IFN-I also has potent immune stimulatory functions which support the resolution of virus infection. IFN-I promotes upregulation of MHC-I expression in multiple cell lineages (Lindahl, Gresser, Leary, & Tovey, 1976a, 1976b), which is required for optimal T cell stimulation, differentiation, expansion, and killing of virus-infected cells. Autocrine signaling of IFN-I on dendritic cells promotes their activation and T cell stimulatory capacity (Montoya et al., 2002). IFN-I signaling during virus infection promotes conversion of pDCs into myeloid derived DCs and impairs hematopoietic differentiation of bone marrow progenitors into DCs (Sevilla, McGavern, Teng, Kunz, & Oldstone, 2004; Zuniga, McGavern, Pruneda-Paz, Teng, & Oldstone, 2004). Following exposure to IFN-I, metallophilic macrophages induce expression of the Usp18 protein which prevents Jak1 phosphorylation and inhibits IFN-I signaling in these cells. In turn, repression of IFN-I signaling allows for restricted virus replication in these macrophages, promoting the production of viral antigens which are recognized by B cells, the final result is the facilitation of antiviral antibody generation and enhanced virus control (Honke et al., 2012).

IFN-I also exerts potent costimulatory effects directly on CD8 T cells, enhancing CD8 T cell proliferation upon IFNAR1 signaling (Curtsinger, Valenzuela, Agarwal, Lins, & Mescher, 2005; Kolumam, Thomas, Thompson, Sprent, & Murali-Krishna, 2005). The timing of CD8 T cell exposure to IFN-I significantly influences the differentiation and magnitude of the response (Welsh, Bahl, Marshall, & Urban, 2012). Exposure of naïve CD8 T cells to APC and IFN-I prior to antigenic stimulation promotes the maintenance of a naïve phenotype with reduced proliferation despite production of effector cytokines. Direct IFN-I signaling on naïve and memory T cells promotes rapid apoptosis, inhibits proliferation, and promotes early effector differentiation of memory cells upon exposure. Blockade of IFN-I signaling during WNV infection has significant effects on T cell expansion, cytokine production, and differentiation when administered during the maturation phase of the T cell response, however, had no effect when given prior to infection (Pinto et al., 2011). Moreover, low dose priming with the VV Ankara strain had little effect on effector or memory T cell recall in IFNAR1<sup>-/-</sup> mice (Volz, Langenmayer, Jany, Kalinke, & Sutter, 2014). In addition to T cells, IFN-I signaling is known to be important for NK cell function. IFN-I signaling promotes NK cell cytolytic capacity and survival during acute viral infection (Hwang et al., 2012; Martinez, Huang, & Yang, 2008; Nguyen et al., 2002) and was recently reported to protect antiviral CD8 T cells from NK cell lytic effects (Crouse et al., 2014; Xu et al., 2014). Reconstitution of IFNAR1<sup>-/-</sup> mice with IFNAR1<sup>+/+</sup> NK cells

restored early control of VV infection in vivo (Martinez et al., 2008), suggesting that NK cell intrinsic IFNAR1 signaling is important for early control of VV replication. Moreover, direct IFN-I signaling on NK cells was required to induce NK cell IFN-y production during acute LCMV infection. Early IFN- $\gamma R$  signaling was required for promoting initial virus control in the peritoneum (Mack, Kallal, Demers, & Biron, 2011), suggesting that IFN-I signaling directly on NK cells promotes virus control during acute LCMV infection. IFN-I signaling during viral infection can also signal to regulatory T cells and subsequently alter their suppressive functions. It was recently demonstrated that IFNAR1 signaling on FoxP3<sup>+</sup> Tregs limits their suppressive function during acute LCMV infection, thus promoting virus control (Srivastava, Koch, Pepper, & Campbell, 2014). Deletion of IFNAR1 on FoxP3<sup>+</sup> cells blunted virus-specific T cell responses and elevated virus loads. Thus, IFN-I signaling on suppressive T cell populations temporarily suspends suppressive function and allows for optimal antiviral T cell responses during an ongoing viral infection.

Similar to effects on T cells, IFN-I signaling has both positive (Le Bon et al., 2001) and negative effects on antiviral B cell responses. The survival and maturation of immature B cells can be inhibited by IFN-I signaling (Lin, Dong, & Cooper, 1998). In contrast to immature B cells, IFN-I signaling promotes B cell activation, antibody production, and isotype switch following influenza, VSV, and WNV infection (Coro, Chang, & Baumgarth, 2006; Fink et al., 2006; Purtha, Chachu, Virgin, & Diamond, 2008; Rau, Dieter, Luo, Priest, & Baumgarth, 2009). However, it was also reported that influenza virus-specific antibody levels were elevated at later time points following influenza virus challenge in IFNAR1-deficient mice compared to IFNAR1-sufficient controls (Price et al., 2000). During acute LCMV infection, blockade of IFN-I signaling in both wild-type and STAT3-deficient mice enhanced T follicular helper cell (T<sub>FH</sub>), germinal center B cell differentiation, and anti-LCMV antibody responses (Ray et al., 2014). Elevated antibody responses during acute viral infections following IFNAR1 blockade suggest that, in certain circumstances, IFN-I signaling can restrain optimal antiviral antibody responses.

#### 1.3 Augment Pathological Immune Responses

The correlation of an aggressive immune response and severe disease following influenza virus infection in humans and animal models has been discussed previously (La Gruta, Kedzierska, Stambas, & Doherty, 2007). An aggressive innate response, with elevated recruitment of inflammatory leukocytes to lung, likely contributed to the morbidity of the 1918 influenza infection (Ahmed, Oldstone, & Palese, 2007; Kobasa et al., 2007). In fact, lung injury during infection of macaques with the 1918 H1N1 influenza virus strain directly correlated with early dysregulated inflammatory gene expression, including elevated IFN-I signatures (Cilloniz et al., 2009; Kobasa et al., 2007). More recently, clinical studies on avian H5N1-infected humans documented a significant association between excessive early cytokine responses and immune cell recruitment as predictive of poor outcome (de Jong et al., 2006). An aberrant cytokine/chemokine response was observed in patients with severe disease during the most recent H1N1 pandemic in 2009 (Arankalle et al., 2010). Type I interferon signaling is well known to inhibit influenza virus replication and spread (Garcia-Sastre & Biron, 2006). The production of the NS1 protein, one of 11 viral proteins, acts to inhibit type 1 interferon production and signaling (Hale, Randall, Ortin, & Jackson, 2008), suggesting that IFN-I signaling exerts substantial selection pressure on virus fitness. Deletion or mutation of the NS1 gene results in significant increases in the levels of type 1 interferon in infected cells and significantly lower virus titers both in vitro and in vivo (Garcia-Sastre, Egorov, et al., 1998; Jiao et al., 2008; Kochs, Garcia-Sastre, & Martinez-Sobrido, 2007). Despite strong evidence demonstrating extensive antiviral properties of IFN-I, several studies also suggest pathogenic roles for IFN- $\alpha$  during influenza virus infection. The production of several proinflammatory cytokines and chemokines is known to be amplified by IFN-I receptor signaling. In addition to protective effects of IFN-I signaling, pathogenic roles for IFN-I have been reported during influenza virus infection (Fig. 1A). Appearance of IFN- $\alpha$  in lavage fluid directly coincides with symptom onset during human experimental influenza virus infection (Hayden et al., 1998), suggesting that IFN-I signaling and pathological responses in humans temporally coincide. Recently, it was paradoxically reported that deletion of IFNAR1 or depletion of pDCs in SvEv129 mice inhibited pulmonary pathology and improved survival following lethal influenza virus challenge (Davidson, Crotta, McCabe, & Wack, 2014). Reduced immune pathology and enhanced survival in mice deficient in IFN-I signaling transpired without significant increases in viral loads or impediment of eventual viral clearance (Fig. 1B). In contrast to deletion of IFN-I signaling, treatment of influenza virus-infected mice with IFN- $\alpha$  resulted in enhanced morbidity and mortality; thus, IFN-I can promote pathological consequences during acute influenza virus infection.



**Fig. 1** IFN-I signaling enhances cytokine/chemokine amplification, innate immune cell recruitment, and immune pathology during respiratory viral infections. (A) Viral infection in the lung with Influenza or SARS-CoV promotes the induction of delayed IFN-I production which enhances cytokine/chemokine production, recruitment of NK cells, and neutrophils and inflammatory macrophage/monocytes all which contribute to lung immune-mediated pathology. (B) Blockade or genetic deletion of IFNAR1 blunts cyto-kine/chemokine amplification, inhibits recruitment of NK cells, neutrophils, and inflammatory macrophages/monocytes resulting in reduced immunopathology, and improved survival. Treatment of mice with S1P1R agonists early during influenza virus infection suppresses IFN-I amplification from plasmacytoid dendritic cells which lowers IFN-I levels. The end result is blunting of cytokine/chemokine amplification, inhibition of NK cell, neutrophil, and inflammatory macrophage/monocyte recruitment into the lung, reduced immunopathology, and improved survival.

Over the past 5 years, we identified that therapeutic administration of sphingosine 1 phosphate (S1P) analogs early during influenza virus infection in mice resulted in reduced morbidity and mortality (Walsh et al., 2011). S1P is a lipid metabolite converted from ceramide precursors to sphingosine.

The subsequent phosphorylation by sphingosine kinase 1 and 2 produces bioactive S1P in vivo where it acts on S1P-specific G-protein couples receptors (GPCRs) (Chalfant & Spiegel, 2005). The levels of bioactive S1P are regulated through the actions of S1P phosphatases and lyases which dephosphorylate and degrade S1P, respectively. Highest levels of S1P are found in the blood and lymph with significantly lower levels maintained in peripheral tissues (Cyster, 2005). S1P binds and signals through five GPCRs denoted as S1PR1-5 which couple to various G-protein signaling effectors. The expression of S1P receptors is heterogeneous, being found on both hematopoietic and nonhematopoietic lineages (Im, 2010). The functional coupling to multiple heterotrimeric G-proteins promote the diverse cellular functions associated with S1P receptor signaling. Signaling through these five receptors is known to modulate multiple cellular processes including: cell adhesion, migration, survival, proliferation, endocytosis, barrier function, and cytokine production (Rivera, Proia, & Olivera, 2008).

Recently, we identified a novel regulatory function of S1PR1 signaling in blunting early cytokine amplification and innate immune cell recruitment following influenza virus infection (Fig. 1B). Early administration of a promiscuous S1PR agonist, AAL-R, or an S1P1R-selective agonist (CYM-5442) significantly blunted production of multiple pro-inflammatory cytokines and chemokines following infection with either WSN or human pandemic H1N1 2009 influenza virus (Teijaro et al., 2011; Walsh et al., 2011). Further, both AAL-R- and CYM-5442-mediated reduction of early innate immune cell recruitment and cytokine/chemokine production correlated directly with reduced lung pathology and improved survival during H1N1 2009 influenza virus infection. While these S1PR agonists clearly inhibited innate immune responses, significant inhibition of activated T cell recruitment into the lung at various times post infection occurred in mouse adapted (Marsolais et al., 2009) and human pathogenic strains of influenza virus (Walsh et al., 2011). The above findings were extended using genetic and chemical tools to probe functions of the S1P1 receptor (S1P1 GFP knockin transgenic mice, S1P1 receptor agonists and antagonists), revealing that pulmonary endothelial cells modulate innate immune cell recruitment and cytokine/chemokine responses early following influenza virus infection (Teijaro et al., 2011). Importantly, S1P1R agonist treatment blunted cytokine/chemokine production and innate immune cell recruitment in the lung independently of endosomal and cytosolic innate sensing pathways (Teijaro, Walsh, Rice, Rosen, & Oldstone, 2014). Further, S1P1R signaling suppression of cytokine amplification was

independent of multiple innate signaling adaptor pathways but required the MyD88 adaptor for cytokine amplification following influenza virus challenge. Immune cell infiltration and cytokine production were found to be distinct events, both orchestrated by signaling through the S1P1R. Suppression of early innate immune responses through S1P1R signaling also reduced mortality during infection with human pathogenic strains (H1N1/2009 swine) of influenza virus in a ferret model, demonstrating that

(H1N1/2009 swine) of influenza virus in a ferret model, demonstrating that S1PR1-mediated blunting of influenza virus pathogenesis in mice could be extended to a model more closely resembling human disease.

The link between S1PR1 and IFN- $\alpha$  amplification following influenza virus infection was striking. In fact, the absence of IFNAR1 abolished cytokine amplification and the capacity of S1P1R agonists to further blunt cytokine/chemokine responses (Teijaro et al., 2016, 2011). To understand how S1PR1 signaling regulates IFN- $\alpha$  and cytokine amplification, we assessed the pulmonary cell subsets that produce IFN- $\alpha$  and cytokines/chemokines following influenza virus challenge. Expression of S1P1R was quickly observed in purified pDCs; moreover, S1P1R agonists suppressed IFN-I induction/amplification from both mouse and human pDCs following influenza virus simulation (Teijaro et al., 2016). Further mechanistic studies revealed that S1P1R agonist-mediated suppression was independent of Gi/o signaling and required signaling through the S1P1R C-terminus. Biochemically, S1P1R agonists accelerated the turnover of IFNAR1 and promoted trafficking to lysosomes for degradation, abrogating STAT1 phosphorylation, blunting the IFN-I autoamplification loop. The fact that IFN-I production/signaling can down modulate S1PR1 expression/activity indirectly through upregulation of CD69 which promotes internalization of S1PR1 in T cells is significant (Shiow, 2006) and suggests that S1P1R and IFN-I signaling are closely linked and capable of counter regulating one another. An additional study also reported IFN-I modulation in pDCs via other S1PRs (Dillmann et al., 2016), suggesting that this phenomenon could be more promiscuous than originally thought.

Similar to influenza virus infection, aberrant innate cytokine/chemokine responses and immune cell recruitment into lungs correlate with disease severity in human patients (Huang et al., 2005). IFN-I signaling during murine SARS-CoV infection appears to be dispensable for virus control while also potentiating immune pathology. However, the role IFN-I signaling plays in this pathology has only recently been systematically addressed. Deletion of IFNAR1 in mice does not mirror the enhanced viral loads or pathological consequences observed in STAT1<sup>-/-</sup> mice in SARS-CoV

infection, suggesting an IFNAR1-independent STAT-1-dependent pathway is necessary for controlling SARS-CoV (Frieman et al., 2010). This study provocatively suggests that IFN-I signaling is dispensable for controlling SARS-CoV replication in vivo. Recently, an important study was published where the authors further highlighted the importance of IFN-I signaling in respiratory virus pathology by reporting that delayed IFN-I induction and signaling during SARS-CoV infection in mice promoted the development and infiltration of inflammatory monocyte-macrophages into the lung, resulting in exacerbated lung pathology and lethal pneumonia (Channappanavar et al., 2016). Attenuation of IFN-I signaling either through genetic deletion or through antibody neutralization of IFNAR1 prevented inflammatory monocyte-macrophage infiltration into the lung, abrogated lung immune pathology, and resulted in mild clinical disease. Importantly, genetic deletion or blockade of IFN-I signaling resulted in control of viral loads similar to control animals, reinforcing that IFN-I signaling is dispensable for control of SARS-CoV infection in vivo. One possibility is that in the absence of IFN-I signaling, induction of an IFN-III (IFN- $\lambda$ ) antiviral program may effectively limit viral replication. The results found in this study were strikingly similar to those found in influenza virus-infected SvEv129 mice and suggest that strategic modulation of IFN-I signaling could ameliorate pathologies associated with severe respiratory virus infection.

Collectively, the studies above suggest that IFN-I signaling is essential to cytokine and chemokine amplification and innate immune cell recruitment and can promote excessive immunopathology during acute respiratory viral infections (Fig. 1). Importantly, that IFN-I production and signaling can be blunted without enhancing virus propagation following acute respiratory viral infection suggests that this pathway can be modulated without compromising host antiviral responses. The correlation between blunting IFN-I signaling, lessened immune pathology, and improved survival during multiple respiratory viral infections highlight the need to mechanistically dissect how IFN-I promotes immune pathology during these infections.

## 2. TYPE I INTERFERON SIGNALING AND PERSISTENT/ CHRONIC VIRAL INFECTION

### 2.1 Controlling Virus Replication/Dissemination

The role of IFN-I signaling in restraining chronic/persistent viral infection is well documented. Inhibition of IFN-I signaling by antibody blockade of IFNAR1 results in elevated virus replication early following LCMV Cl13 infection and treatment of mice with IFN-I during the early stages of persistent LCMV infection promotes rapid virus control (Wang et al., 2012). Mechanistically, IFN-I therapy increased expansion of virus-specific CD8 T cells and prevented T cell exhaustion; however, whether this was due to IFN-I-mediated immune stimulatory effects, lowering of antigen levels, or both was not systematically addressed. An additional study reported that deletion of the 2'-5' oligoadenylate synthetase-like 1 gene prior to LCMV Cl13 infection facilitated sustained IFN-I production/signaling, promoted T cell expansion, reduced T cell exhaustion, and promoted rapid virus control (Lee, Park, Jeong, Kim, & Ha, 2013). Similar to persistent LCMV infection, IFN-I administration can exert protective effects through slowing SIV replication and disease progression if administered early following infection (Sandler et al., 2014) and has shown some efficacy in patients with persistent HIV infection (Asmuth et al., 2010; Azzoni et al., 2013). Moreover, treatment with pegylated IFN- $\alpha$  in conjunction with the antiviral drug Ribavirin was the standard of care for treating patients with chronic hepatitis C virus (HCV) infection until recently (Heim, 2013; Moreno-Otero, 2005). However, despite success in HCV therapy, the modest efficacy observed following IFN- $\alpha$  administration requires Ribavirin and, even in combination, only a slim majority of patients respond. Moreover, patients who fail to control HCV following IFN-I therapy were reported to express a higher IFN-I gene signature prior to treatment (Sarasin-Filipowicz et al., 2008). Similar trends were observed following IFN-I administration during HIV and SIV infections, where IFN-I administration had only the modest effects if given during established persistent infection (Asmuth et al., 2008; Hubbard et al., 2012). The reasons for the discrepancies observed in human persistent viral infections, where IFN-I therapy can promote control (50-60% of HCV patients) while in others (during established HIV infection) minimal benefit is observed, remain unknown. One could imagine a scenario where in some persistently infected HCV patients, elevated IFN-I signatures persist, and addition of pegylated IFN- $\alpha$  provides minimal benefit while patients with lower IFN-I signatures respond to the therapy. Whether treatment with pegylated IFN- $\alpha$  earlier during infection (prior to sustained IFN-I signatures) would be beneficial would be interesting to discern. A similar profile appears to exist in persistent SIV infection, where early administration of IFN-I promotes control of viral loads and pathogenesis, while later administration has modest effects on viral titers and disease outcome. During infection with a model Gamma Herpesvirus, MHV68, the lack of IFN-I signaling exacerbated virus replication, increased reactivation from latency, and

resulted in enhanced morbidity and mortality (Barton, Lutzke, Rochford, & Virgin, 2005; Dutia, Allen, Dyson, & Nash, 1999). Taken together, IFN-I therapy may be beneficial during the early stages of persistent, latent chronic viral infection, or infections with lower IFN-I signatures; however, block-ing IFN-I signaling either alone or in conjunction with antiviral or immune checkpoint therapies may prove more effective once virus persistence and elevated IFN-I signatures are established. However, the ultimate outcome will likely depend on the persistent virus studied, genetic susceptibilities of individuals, and subtype and timing of IFN-I species produced; all which require further investigation. Moreover, given the undesirable side effects of IFN-I administration, IFN therapy can do as much harm as good during viral infection, highlighting the need for developing alternative approaches to treat persistent virus linections.

#### 2.2 Shaping the Immune Suppressive Environment

During persistent viral infections, chronic immune activation, negative immune regulator expression, an elevated interferon signature, and lymphoid tissue destruction correlate with disease progression. Elevated IFN-I signatures have been observed during LCMV infection in mice (Hahm, Trifilo, Zuniga, & Oldstone, 2005) and HIV and HCV infections in humans and nonhuman primates (Bosinger et al., 2009; Jacquelin et al., 2009; Wieland et al., 2014). Chronic immune activation following HIV infection has been reported, and suppression of this hyperactivated state has been proposed as a potential strategy to alleviate HIV-associated pathologies (Boasso, Hardy, Anderson, Dolan, & Shearer, 2008; Boasso & Shearer, 2008; d'Ettorre, Paiardini, Ceccarelli, Silvestri, & Vullo, 2011). Disease following experimental SIV infection in rhesus macaques correlates with elevated IFN-I production and inflammatory signatures (Jacquelin et al., 2009; Manches & Bhardwaj, 2009). In contrast, SIV infection in sooty mangabeys and African green monkeys, which develop modest pathology despite equivalent viral loads as macaques, correlate with reduced IFN-I and inflammatory gene signatures (Bosinger et al., 2009). Similar correlations with respect to reduced immune activation exist in HIV-infected elite controllers, although whether reduced immune activation follows virus control is uncertain (Deeks & Walker, 2007; Saez-Cirion et al., 2007). Blockade of PD-1 signaling during chronic SIV infection reduces hyperimmune activation and microbial translocation in rhesus macaques and lowers IFN-I signatures in the blood and colon (Dyavar Shetty et al., 2012).

Moreover, an elevated interferon signature is observed in HCV-infected patients despite limited control of virus replication and development of liver pathology (Guidotti & Chisari, 2006; Su et al., 2002; Wieland et al., 2014). In fact, HCV infection in culture blocks ISG protein expression through activation of RNA-dependent protein kinase (Garaigorta & Chisari, 2009), creating a paradoxical IFN-I-dependent viral advantage. Thus, IFN-I signaling pathways have the potential to aid viral fitness and promote pathology during persistent viral infection. These studies further highlight the viability of the IFN-I signaling system as a target to promote control of persistent viral infection.

While the literature suggests a causative role for IFN-I in contributing to pathogenesis of persistent virus infections, definitive studies assessing how IFN-I neutralization affects the outcome of virus persistence were lacking until recently. Two laboratories assessed the role IFN-I signaling plays during persistent infection using the LCMV Clone-13 (Cl13) strain of virus. During their investigation, they found that blockade of IFN-I signaling using an IFNAR1 neutralizing antibody reduced immune system activation, decreased expression of negative immune regulatory molecules IL-10 and PD-L1 and restored lymphoid architecture in mice persistently infected with LCMV (Fig. 2). Importantly, blockade of IFNAR1 both prior to and following established persistent LCMV infection promoted faster virus clearance and required an intact CD4 T cell compartment (Teijaro et al., 2013; Wilson et al., 2013). Blockade of IFN-I signaling significantly enhanced CD4 T cell differentiation into Th1 effectors as well as increased  $T_{FH}$  cell differentiation (Osokine et al., 2014). The above studies demonstrate for the first time a direct causal link between IFN-I signaling, immune activation, negative immune regulator expression, lymphoid tissue disorganization, and long-term virus persistence. More recently, it was reported that during Cl13 infection, both type I and II interferon promoted the induction and suppressive capacity of CD95<sup>+</sup>CD39<sup>+</sup> immune regulatory DCs (iregDCs), respectively (Cunningham et al., 2016). While IFN-y promoted the differentiation of iregDCs from monocytes, IFN-I promoted the suppressive functions of iregDCs. Genetic deletion of IFNAR1 prevented the expression of PD-L1 and production of IL-10 from iregDCs, relieving their suppressive capabilities. In addition to modulating the suppressive capacity of iregDCs, IFN-I signaling also limited their generation/expansion. During MNoV infection, selective genetic deletion of IFNAR1 in DCs increased expression of the cellular activation markers CD80, CD86, and MHCII, suggesting that direct IFN-I signaling on DCs may be



Fig. 2 See legend on opposite page.

responsible for restraining DC function in vivo (Nice et al., 2016). Generation of elevated numbers of iregDCs was also observed during HIV and mycobacterium tuberculosis infections as well as cancer, suggesting that iregDC generation is common in immunosuppressive environments. The IFN-I-driven immune-suppressive state during persistent LCMV infection also inhibits macrophage function. A recent study found that mice infected with the persistent docile strain of LCMV have impaired humoral immune responses to a superinfecting VSV infection (Honke et al., 2016). The absence of virus replication in CD169<sup>+</sup> macrophages was not due to antiviral CD8 T cell-mediated killing of CD169<sup>+</sup> macrophages but instead the result of sustained IFN-I responses and an elevated IFN-I antiviral gene program. In turn, reduction in VSV replication and antigen production in CD169<sup>+</sup> macrophages reduced antigen production in these cells which was essential for antiviral antibody generation.

The existence of multiple IFN-I subspecies (14 IFN- $\alpha$  species in mice and 13 in humans in addition to IFN- $\beta$ ) suggests that either the IFN-I system requires redundancy to be effective or that individual IFN-I species evolved to execute specific functions. Certainly, different IFN- $\alpha$  species and  $\beta$  display varying degrees of affinity for the IFNAR1/2 receptor complex (Ng, Mendoza, Garcia, & Oldstone, 2016; Thomas et al., 2011), with IFN- $\beta$  displaying the highest binding affinity. LCMV persistence was influenced more by IFN- $\beta$  than IFN- $\alpha$  signaling as treatment of mice infected with LCMV

Fig. 2 Elevated IFN-I signatures during persistent viral infection support a global immunosuppressive program. 1. Infection with persistent viruses results in elevated IFN-I production and downstream gene signatures, which are maintained throughout the infection even without detectable IFN-I protein levels. 2. At the organ level, elevated IFN-I signatures prevent proper organization of secondary lymphoid architecture, with fewer T cell zones and less recruitment of T cells into T cell zones. 3. Elevated IFN-I signatures promote T cell exhaustion reducing T cells numbers and preventing Th1/T<sub>FH</sub> differentiation. Upregulation of antiviral gene expression in marginal zone macrophages results in inhibition of virus replication in these cells and suboptimal levels of viral antigen required for triggering antiviral humoral immune responses. IFN-I signaling on dendritic cells promotes sustained expression of the negative immune regulatory molecules IL-10 and PD-L1, promotes the generation of iregDCs, and maintains T cell immune suppression. 4. Blockade of IFN-I signaling during persistent viral infection using an anti-IFNAR1 monoclonal antibody restores lymphoid architecture and promotes T cell migration/residence in T cell zones. 5. Restores T cell function, increases expression of viral antigens in CD169<sup>+</sup> macrophages, blunts production of the negative immune regulatory molecules IL-10 and PD-L1, and inhibits differentiation and suppressive function of iregDCs. The above restoration of immune cell functions following IFN-I blockade ultimately results in hastened clearance of the persistent viral infection.

Cl13 with an IFN- $\beta$  neutralizing antibody displayed accelerated virus clearance compared to a polyclonal IFN- $\alpha$  antibody which had minimal effects on virus control (Ng et al., 2015). IFN- $\beta$  neutralization did not exacerbate early virus replication, improved lymphoid architecture, and enhanced virus-specific CD4 and CD8 T cell responses. However, while IFN-β neutralization clearly promoted faster virus clearance as compared to neutralization with a polyclonal IFN- $\alpha$  antibody, the contribution of IFN- $\alpha$  species not neutralized by the polyclonal antibody used was not investigated. Nevertheless, neutralizing IFN- $\beta$  may promote adaptive immune control of virus without significantly affecting virus replication and thus may represent a safer approach to promoting control of persistent virus infection in vivo. The dichotomy between IFN- $\alpha$  and  $\beta$  was further highlighted upon infection of New Zealand black (NZB) mice with LCMV Cl13. Infection of NZB mice with Cl13 resulted in early lethality that was found to be due to CD8 T cell-dependent thrombocytopenia and pulmonary endothelial cells loss (Baccala et al., 2014). Interestingly, despite upregulation of PD-1/PD-L1 expression and IL-10 production, T cell function remained intact. Moreover, this enhanced pathology correlated with elevated IFN-I protein levels and gene signatures; however, unlike infection in C57BL/6J mice, the pathology required IFN- $\alpha$  signaling and was IFN- $\beta$ independent. It was recently reported that IFN- $\beta$  signaling required binding to IFNAR1 but was independent of IFNAR2. Deletion of IFNAR1 ameliorated LPS-induced sepsis induction, while IFNAR2<sup>-/-</sup> mice were unaffected (de Weerd et al., 2013); thus, it would be interesting to test how IFNAR2<sup>-/-</sup> NZB mice respond to Cl13 infection. The above studies demonstrate that IFN- $\alpha$  and - $\beta$  species can differentially modulate immune responses in various viral infections, highlighting the importance of future investigation into how different IFN-I subtypes modulate viral control and disease pathogenesis.

# 3. PERSPECTIVE

Several important questions still remain that provide exciting avenues for investigating the roles of IFN-I signaling during viral infection in the future. Although IFN-I signaling can trigger various downstream effector pathways, how signaling via select IFN-I species dictate specific outcomes following viral infections remain incompletely understood. Specifically, there is a great need to understand the roles individual IFN- $I-\alpha$  and - $\beta$  subsets play in restraining viral replication or promoting immune inflammatory/suppressive programs in vivo. Further, how IFN-I signaling in specific cellular subsets in vivo regulates immune pathological and immunesuppressive responses will be interesting to dissect. The IFNAR1-floxed mouse strain which was generated recently will be instrumental in future studies to investigate this question. Illuminating what cell types require IFN-I signaling in vivo should pave the way for generating a detailed understanding of the cellular and molecular mechanisms by which IFN-I signaling acts to promote immune pathology and suppression in acute and persistent viral infections.

The capacity of IFN-I signaling to promote immune pathology during acute respiratory viral infection appears in animal models of both influenza and SARS-CoV infection. The necessity of IFN-I signaling to restrain viral spread during acute viral infection suggest that targeting the IFN-I signaling pathway may be ill advised. However, one wonders whether targeting specific IFN-I species to suppress detrimental inflammation can be achieved without compromising virus clearance during acute respiratory viral infections. Moreover, the production of IFN- $\lambda$  during respiratory viral infection may be sufficient to control viral loads while IFN-I signaling is inhibited. Recent results in mouse models suggest this may be possible; however, further studies are needed. Moreover, whether the effects observed in mice will translate to human respiratory viral infections is unknown and should be investigated with caution.

In the context of the immune-suppressive programs elicited by IFN-I signaling during persistent virus infection, the recent demonstration that blockade of IFN- $\beta$  enhanced virus control by inducing improved lymphoid architecture and enhanced virus-specific CD4 and CD8 T cell responses, suggest that targeting selective IFN-I species can redirect immune responses sufficiently to promote immune-mediated virus control. Importantly, relief of the immune-suppressive environment in this case was not accompanied by elevated viral loads following treatment with IFN- $\beta$ -neutralizing antibody, suggesting that more selective modulation of specific IFN-I species can allow for preservation of some antiviral functions.

The mechanisms by which the different IFN-I species interact with the IFNAR1 and IFNAR2 receptors to induce differential downstream signaling suggests this pathway could be manipulated pharmacologically. It is interesting to postulate whether small molecules or biologics could be developed to block binding/signaling of specific IFN-I species (i.e., IFN- $\beta$  or specific  $\alpha$ -species). For example, could IFN- $\beta$  signaling be selectively inhibited without altering IFN- $\alpha$  species engagement with the IFNAR1/2 receptor complex during ongoing viral infection using a small molecule or antibody therapeutic? Could a small molecule be designed to reverse aspects of the immune-suppressive environment and promote virus control without compromising virus replication? On the contrary, could selective IFN-I agonists be developed to increase IFN-I signaling in a productive way to lower viral loads and bring persistent/chronic viral infection under control? A similar question could be posited during acute viral infections where IFN-I signaling promotes aberrant inflammation and immune pathology. Moreover, it would be interesting to investigate whether selective biological or pharmacological modulation of IFN-I signaling may translate to treat autoimmune disease states associated with elevated and sustained IFN-I signaling. However, any therapy that enhances or blocks IFN-I signaling acut required for controlling virus replication while safely modulating immune responses.

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