Common data elements (CDEs) for preclinical epilepsy research: Introduction to CDEs and description of core CDEs. A TASK3 report of the ILAE/AES joint translational task force

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SUMMARY

Common data elements (CDEs) are becoming more common as more areas of preclinical research have generated CDEs. Herein we provide an overview of the progress to date in generating CDEs for preclinical epilepsy research. Currently there are CDEs that have been developed for Physiology (in vivo), Behavior, Pharmacology, and Electroencephalography (EEG). Together the CDEs and methodologic considerations associated with these CDEs are laid out in consecutive manuscripts published in *Epilepsia Open*, each describing CDEs for their respective topic area. In addition to the overview of progress for the 4 subjects, core characteristics (Core CDEs) are described and explained. Data collection using a case report form (CRF) is described, and considerations that are involved in using the CDEs and CRFs are discussed.

KEY WORDS: Translation, Case report form, Rigor, Reproducibility, Transparency.

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ORGANIZATION OF PRECLINICAL Epilepsy Common Data Elements (CDEs)

In light of several concerns related to current preclinical research endeavors, common data elements (CDEs), which are "data elements that are common to multiple data sets across different studies,"¹ have emerged as one approach to improve preclinical research. For example, preclinical research studies have not always described methods and presented data in ways that make results comparable from one study to the next. This has made it hard to conduct so-called meta-analyses for preclinical epilepsy research. Such meta-analyses attempt to consider large data sets from multiple laboratories to discern commonalities and differences. This type of large-scale comparison can be used to identify important directions for future studies. One of the ways that one could address the problems related to large-scale comparisons is by defining common methods, terms, and units

KEY POINTS

- Common data elements (CDEs) are fundamental bits of data to be reported for all studies of a particular type
- The use of CDEs in preclinical epilepsy research will increase rigor, standardization, and transparency
- The ILAE/AES Joint Translational Task Force has created CDEs in 4 main areas, Physiology, Pharmacology, Behavior, and EEG, and also a set of Core CDEs
- Core CDEs contain the most common pieces of information that are useful for a preclinical epilepsy study

for data that are usually of interest for comparisons. From this idea CDEs were developed. Strictly speaking, CDEs are the fundamental elements of data reported in the results sections of publications.^{1,2} They are as their name implies, the fundamental data that are common to many types of research, in this case preclinical epilepsy research.

Additional benefits of preclinical epilepsy CDEs have been described before.³⁻⁵ CDEs for *clinical* epilepsy research have also been discussed,² and are available online.⁶ For preclinical epilepsy, the International League Against Epilepsy (ILAE) and the American Epilepsy Society (AES) as well as the National Institute for Neurological Disorders and Stroke (NINDS) partnered to bring together an international group of individuals working in the field of epilepsy research. These individuals were chosen because they represented many countries and types of expertise in epilepsy and included junior as well as senior investigators. Representation by a diversity of individuals was a goal. There were 3 chairpersons (J.F., A.P., and H.S.) who organized the general CDE effort, as well as an additional leader (A.G.) who interfaced between other translational groups and the individuals working on CDEs. To include input from NINDS, Dr. Brandy Fureman and subsequently Dr. Vicky Whittemore were also included. Dr. Lauren Harte-Hargrove assisted, helping coordinate and generate drafts of text, tables, and forms described further below. As manuscripts were prepared and forums were organized, input was also provided by the ILAE and AES leadership.

To begin the work, 4 areas of preclinical research were selected and are presented in this supplement: Physiology (in vivo), Behavior, Pharmacology, and EEG. These topics were chosen because of the need for CDEs in these subject areas, but they are by no means considered to be the only topics that are relevant to preclinical epilepsy research. In the future, additional topics should be developed until all areas of preclinical epilepsy are addressed.

Physiology (in vivo) refers to experimental approaches such as recording body temperature or blood pressure.⁷ *Behavior* includes tests in animals that are used to understand cognitive ability and other abilities relevant to the comorbidities of epilepsy.⁸ Examples include memory, depression, and anxiety. *Pharmacology* CDEs address tests that are intended for studies of drugs on seizures, either in a normal animal, genetically modified condition (i.e., transgenic), or an animal with seizures or epilepsy. Examples include the maximal electroshock test of seizures in rodents, kindling, or induction of status epilepticus.⁹ *EEG* CDEs address the data derived from EEG recording, either in a brain before seizures occur, during seizures, or afterward.¹⁰ All of the CDEs were developed with research using laboratory rats or mice in mind, or other laboratory animals that are periodically used in preclinical research such as primates.

For each topic, 2 chairpersons led a group of individuals (Table 1). Together the work groups chose their approach to develop CDEs, meaning their rationales for selecting subtopics, and other considerations. Forms used as templates for data collection (case report forms, or CRFs) were generated. Explanations of the methods associated with the data collection were drafted also. These are called "companions" in the manuscripts that follow in this Supplement to *Epilepsia Open*. meant to help guide the readers on the use of the CDEs and CRFs and not necessarily to create a mandate for a particular set of methods. Instead, each work group was tasked with developing CDEs, CRFs, and explanatory material that would be of maximum utility in preclinical research given the methods and other considerations of laboratories working in epilepsy in the current era.

Common data elements (CDEs) are currently being developed for preclinical research for several disorders, including not only epilepsy but also traumatic brain injury (TBI).¹¹ Of interest, some of the questions raised by the research community about these CDEs are similar, despite the fact that different methods are used in each type of preclinical research topic, and the issues involved in preclinical research can be quite different for epilepsy, TBI, and spinal cord injury (SCI). The questions that have been commonly asked among epilepsy researchers were gleaned from vetting early drafts of CDEs and CRFs in 2016 at an Open Forum immediately following the annual meeting of AES in 2016.⁵ In addition, questions were raised by reviewers in the fall of 2016 who are outside the field of epilepsy but have expertise in Physiology, Behavior, Pharmacology, or EEG. Additional questions were raised by individuals working on translational endeavors of the ILAE and AES. Although it is fair to say that the idea of CDEs was welcomed by the vast majority, specific concerns about CDEs were raised. A common conception was that CDEs would increase the burden on researchers from a financial perspective. Concerns were raised about how to easily understand CDE tables and CRFs and whether CDEs will hinder creativity or scientific freedom. Many researchers did not appreciate the benefits of using CDEs for their own laboratory.

None of these issues are problematic if one becomes familiar with CDEs and CRFs. For example, researchers

	Table 1. List of work gr	oup co-chairs and group members
Work group title	Work group co-chairs	Work group members
Physiology	Jan Gorter, Astrid Nehlig	Karen Borges, Gordon Buchanan, Stefanie Dedeurwaerdere, Daniel Friedman, Heidi Grabenstatter, Katarzyna Lukasiuk, Fulvio Scorza, Erwin van Vliet
Behavior	Nigel Jones, Andrey Mazarati	Liset Menendez de la Prida, Lisa E. Kalynchuk, Pierre-Pascal Lenck-Santini, Karine Sarkisova, Jana Veliskova
Pharmacology	Claudia Brandt, Melissa Barker-Haliski	Jeremy Barry, Teresa Ravizza, Michael Rogawski, Ilse Smolders, Bo Xiao
EEG	Tomonori Ono, Aristea Galanopoulou (TASK I Liaison)	Joost Wagenaar, Emmanuel Raffo, Ryosuke Hanaya. Filippo Sean Giorgi, Petr Fabera, John Jefferys

will not have an increased financial burden of any kind because CDEs and CRFs will be freely available on the web. They will be free to download and offered in various formats that are common and flexible (e.g., Microsoft Excel). One would expect a savings of time rather than increased time to conduct research as CDEs and CRFs make the time of laboratory personnel more efficient. They also allow Principal Investigators (PIs; heads of laboratories) to collect data from many individuals and merge files easily. In contrast, currently there are many laboratories where the PIs cannot easily take data from one postdoctoral fellow or student and merge it with another because of individual differences in data collection and methods. Those who made time-consuming records might not be able to include them in an ultimate report of the project if others did not keep the same type of records. Thus, a problem that CDEs address is that measurements are not consistently entered, or entry is misplaced or forgotten entirely by different individuals even in the same lab. CRFs provide a template for an entire laboratory or series of laboratories. Many questions have binary answers or simple check marks. If a project needs data entry by more than one individual, the data entries will be the same.

Regarding the benefit of CDEs, it is true that authors of a single study may not benefit from comparing their data to another study using similar methods. However, it is easy to see that adoption of CDEs will ultimately benefit every author. The reason is that all published studies need to establish in introductory material what research has come before their experiments, and how the published results impact the studies of others. Without standards for reporting, some studies may seem relevant but become difficult to compare when considered in detail. Careful review of CDEs should make it clearer why studies differ, if one study cannot reproduce the findings of another. If findings are more transparent, and reproducibility more likely, authors will have more compelling published findings.

There are also other benefits of CDEs. Although not immediately realized, these will be important in the longterm and benefit all individuals conducting research. One such benefit is that researchers may not have to repeat what has been done by others, and doubt what has been done by others, because research will be more transparent and rigorous. It will be more likely that differences in outcomes will be possible to trace to variables that are different. The transparency will come from the availability of data sets in a more universal style, and greater rigor will come from the addition of types of data that might have been absent in the past. For example, some research studies in epilepsy in the past did not note sex or age.¹²

An immediate benefit of using CDEs can be appreciated by considering the normal burden on PIs of training. For example, it is time-consuming to tell individuals new to epilepsy research how to conduct experiments, and there is also an additional burden to explain how to write down data or record data in notebooks or by computer. Without training, data are acquired that could be incomplete. This problem is addressed if a PI can provide CRFs for data collection.

Regarding scientific freedom, use of the CDEs and CRFs do not determine experimental design or influence methods, although they do help remind experimenters of variables that are valuable that otherwise might be forgotten or dismissed. Furthermore, if studies of behavior, for example, are not relevant to a study for any reason, the CDEs and CRFs for behavior are not used.

CORE CDEs

File names: Core CRF.docx; Core CDE.xlsx; CRF for Uploaded Files.docx

Core CDEs describe the general information collected from animal subjects. They are collected for a study of preclinical epilepsy research where a subject may undergo experimentation for physiology, behavior, pharmacology and/or EEG. Core CDEs are fundamental, and common to all experiments, whereas Physiology, Behavior, Pharmacology, or EEG CDEs may not always be needed.

The Core CDE and CRF files can be downloaded as a zip folder from the Supporting Information section at the end of the article (Data S1). Additionally, the CRF for Core Animal Characteristics can be found in Table 2 and the CRF for Uploaded Files can be found in Table 3. A portion of the CDE Chart can be found in Table 4 (because of its very large size, the entire chart can be found in Supporting Information). There are many types of core information that are important for animal subjects and can be organized into the

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Table 2. Core animal characteristics case report form.

Date t	hat th	is CRF	was f	lled	out:
Name	(s) of	person	filling	out	CRF:

Project name/Identifier:

CDE Name	Data Collected	Files Uploaded
	Core animal information	
Animal tag, mark, or other identification	□ Yes; □ No; □ Unknown	
If yes, specify	, ,	
Copy of the cage card(s)	 □ Yes; □ No	[See CRF for uploaded files to upload the copy of
		the cage card]
Date of birth: is it known?	□ Yes; □ No	
If the date of birth is known, specify		
Note: If exact date is not known, but the week is	// (DD/MM/YYYY)	
known, enter Monday of that week		
Weight on arrival to facility (g)	I	
Manadara	Animal source	
Vendor		
City, State (or province or county), Country Other source if there is no vendor (e.g.,	,,,,	
investigator)		
If there was another source, specify Name		
Institution		
Breeding scheme	□ Yes; □ No	[See CRF for uploaded files to upload information]
If animals were shipped, is the arrival date to the	□ Yes; □ No	
facility known?		
If yes, specify date	// (MM/DD/YYYY)	
Period of quarantine after arrival:	🗆 Yes; 🗆 No; 🗆 Unknown	
If there was a period of quarantine, specify start:		
end:	// (MM/DD/YYYY)	
	// (MM/DD/YYYY)	
	Sex and related information	
Males:		
Housed alone prior to use?	□ Yes; □ No; □ Unknown	
If no, specify # males/cage		If we wanted at the tribe in the ODE for walcoded
Was there fighting?	□ Yes; □ No; □ Unknown	[If yes, uploaded details in the CRF for uploaded files]
Was animal		liles]
gonadectomized	□ Yes; □ No; □ Unknown	[See CRF for uploaded files to upload surgical
sham-gonadectomized?	□ Yes; □ No; □ Unknown	information]
intact?	□ Yes; □ No; □ Unknown	
Were there treatments to replace gonadal	□ Yes; □ No; □ Unknown	[See CRF for uploaded files to upload information
hormones (e.g. Testosterone)?		about treatments]
Females:		
Housed alone prior to use?	□ Yes; □ No; □ Unknown	
If no, specify # of females/cage		
Was the estrous cycle monitored?	□ Yes; □ No; □ Unknown	[If yes, upload the estrous cycle log in the CRF for
		uploaded files]
Was the animal:		The the ODE for unleaded files to add the files
ovariectomized?	□ Yes; □ No; □ Unknown	[Use the CRF for uploaded files to add information
sham-ovariectomized? intact?	□ Yes; □ No; □ Unknown	about these procedures, if conducted]
	□ Yes; □ No; □ Unknown	
Was there gonadal hormone treatment (e.g.	🗆 Yes; 🗆 No; 🗆 Unknown	[If yes, see CRF for uploaded files to add information

Was there gonadal hormone treatment (e.g.	Yes; No; Unknown	[If yes, see CRF for uploaded files to add information
estradiol)?		about treatment]
	Species and strain	
Rat strain	□ Wistar;	If other rat strain, specify
	Sprague-Dawley;	
	Long-Evans;	
	□Other	
Mouse strain	□C57BL/6;	If other mouse strain, specify
	□ Other	
Other species:		
strain:		
	Genetic modification	
Genetic modification	Yes; No; Unknown	
Transgenic?	🗆 Yes; 🗆 No; 🗆 Unknown	If yes, name the gene
Constitutive	□ Yes; □ No; □ Unknown	
Deletion	🗆 Yes; 🗆 No; 🗆 Unknown	
Overexpression		

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Mutation	□ Yes; □ No; □ Unknown	If other manipulation, specify
Other	□ Yes; □ No; □ Unknown	
Conditional	□ Yes; □ No; □ Unknown	[If inducible, upload methods to the CRF for
Inducible	\Box Yes; \Box No; \Box Unknown	uploaded files]
	\Box Yes; \Box No; \Box Unknown	
Breeding: Tg x WT?	□ Yes; □ No; □ Unknown	[See CRF for uploaded files to upload information]
If yes, is Tg the father?	\Box Yes; \Box No; \Box Unknown	
Tg x Tg?	\Box Yes; \Box No; \Box Unknown	
Viral expression?	\Box Yes; \Box No; \Box Unknown	[If yes, see CRF for uploaded files to upload
		information]
Confirmation of genotype or viral expression	PCR; Western blot;	[See uploaded files CRF to upload file]
	□ Immunohistochemistry;	
	□ Other	
	Housing	
Pathogen free housing?	□ Yes; □ No	[Use CRF for uploaded files to upload health report]
Number of animals/cage	□ 1; □ 2; □ 3; □ >3	
Cage size	X X	
	length x width x height (cm)	
Cage cover	□ Filter top □ Wire □ Other	
Cage material	□ Clear plastic □ Other	
Cage rack or holding system	□ Controlled air □ Other	
Enrichment	□ Yes; □ No; □ Unknown	
If enrichment, the following appears	Nesting material	[Use CRF for uploaded files to upload information]
	Chewing material	
	□ Hiding place	
	□ Other	
Bedding	□ Corncob; □Other	[Use CRF for uploaded files to upload information if Other is checked]
Room temperature (range)	(°C)	
Relative humidity (range)	(%)	
Lights on; off (timed)	; (HH:MM)	[If Other, use CRF for uploaded files to upload
Other (e.g., natural light)	□ Yes; □ No; □ Unknown	information]
	Diet	
Vendor		[Use CRF for uploaded files to upload information]
Catalog number City, State (or province or county), Country		
Food delivery system	,,,,	
Inside the cage		
On the cage cover		[If Other, use CRF for uploaded files to upload
Other		information]
Water		If Filtered, add information about filtering to the ODE
Ad libitum?	□ Yes □ No; □ Unknown	[If Filtered, add information about filtering to the CRF for uploaded files]
Filtered?	□ Yes □ No; □ Unknown	
Copy and paste the rows above if there were c		pllowing:
Number animals per cage	□ Yes; □ No; □ Unknown	If yes, specify
Cage type	□ Yes; □ No; □ Unknown	If yes, specify
Bedding	□ Yes; □ No; □ Unknown	If yes, specify
Enrichment	\Box Yes; \Box No; \Box Unknown	If yes, specify
Temperature	□ Yes; □ No; □ Unknown	If yes, specify
Humidity		If yes, specify
-		
Diet	□ Yes; □ No; □ Unknown	If yes, specify
	•	le as much description as is relevant and possible. For example, the chow used before shipment of an animal for

following subheadings A-H. The divisions are not intended to influence experiments; instead the order and organization is intended to reflect how the different data elements are typically considered in a Methods section of a publication.

Core animal information

This section covers general information. Using CRFs can greatly facilitate collecting information. Most animals have an identification code for a given study, which can be simple, such as animal 1, 2, 3, and so on. A separate "CRF for

Date that this CRF was filled out: Project name/lo	lentifier:
Name(s) of person filling out CRF:	chunch.
Core animal information	
Copy of the cage card (s) Study design	Upload file
Surgical notes (repeat if >1 surgery)	Upload file
Other procedural data	
If yes, specify	
(repeat if more types of data were collected)	Upload file
Animal source	
Breeding scheme	Upload information
Sex and related information	•
Males:	
Was there fighting?	Upload information
Was animal	
gonadectomized?	Upload information
sham-gonadectomized?	Upload information
Were there treatments to replace gonadal hormones(e.g. Testosterone)?	Upload information
Females:	
Was the estrous cycle monitored?	Upload estrous cycle log
Was the animal ovariectomized?	Lipland information
sham-ovariectomized?	Upload information Upload information
Shan-ovanecionizeu :	
Was there gonadal hormone treatment (e.g. estradiol)?	Upload information
Species and strain	
Breeding	Upload information
Viral expression	Upload viral information
Confirmation of genotype or viral expression	Upload file
Housing	•
Pathogen free housing?	Upload health report
If enrichment, the following appears	Upload information
Bedding	Upload information
Lights on; off	Upload information
Diet	
Vendor	Upload information
Food delivery system Water filtered?	Upload information
water intered?	If Filtered, upload information
Behavior Uploads	
[name of module]	Upload any Behavioral files
	opload any benavioral mes
Pharmacology Uploads	
[name of module]	Upload any Pharmacology files
Physiology Uploads	
[name of module]	Upload any Physiology files
	·
EEG Uploaded Files	
EEG information	Upload file
[name of module]	Upload any EEG files
Histology/Microscopy Uploaded Files	
[name of module] Upload any Hist	tology/Microscopy files

Uploaded Files" also has space to upload files related to the epilepsy induction procedure, such as how pilocarpine was administered, the date, dose, time of injection, and other details prior to and after the injection.

The CRF has a cell where a link to the cage card can be uploaded. This can be useful if there is a history of errors in logging information or forgetting to log information such as date of birth. "Human error" is all too common and the CRF is one way to help address it. Other files such as the study design and details related to surgery (e.g., EEG electrode implantation, cannula implantation) can be uploaded in the CRF.

Regarding date of birth, some vendors do not provide more than a general time of birth. Instead they provide

	Table 4. Sample o	Table 4. Sample of common data elements (CDEs) taken from the core animal characteristics CDE chart	nts (CDEs) take	en from the	core animal charac	teristics CDE	chart	
CDE Name	Variable name	Definition/description	Question text	Permissible value	Description of permissible value	Data type	Quantifier	Instructions
Core Animal Characteristics Animal tag, mark, or other identification Indicator	CoreCharTagMarkInd	Indicates whether or not there is an animal tag or mark or other identification used to identify the animal	Animal tag, mark, or other identification	Yes;no; unknown	Yes, there is an animal tag or mark or other identification; No, there is not an animal tag or mark or other identification; It is not known if there is an animal tag or mark or other identification	Alpha-numeric	Yes/No/ Unknown	Choose one: was there an animal tag or mark or other identification used to identify the animal?
Core Animal Characteristics If animal tag or mark, specify Text	CoreCharTagMarkTxt	Specifies the animal tag or mark used to identify the animal	If yes, specify			Alpha-numeric	Animal tag or mark	Record the animal tag or mark used to identify the animal and upload file if available
Core Animal Characteristics Study design Indicator	CoreCharStudyDesInd	Indicates whether or not there is information regarding the study design available	Study design	Yes;no/ Unknown	Yes, there is a study design available; No, there is not a study design available	Alpha-numeric	Yes/No/ Unknown	Choose one: is information regarding the study design available? Upload the file. if available
Core Animal Characteristics Surgical notes (repeat if >1 surgery) Indicator	CoreCharSurgNotesInd	Indicates whether or not there are surgical notes available	Surgical notes (repeat if > I surgery)	Yes;no/ Unknown	Yes, there are surgical or procedural notes available; No, there are not surgical or procedural notes available	Alpha-numeric	Yes/No/ Unknown	Choose one: are there surgical notes available? Upload the file if available

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animals of a range of body weights. If the specific date is not known, any information about the general time of birth should be entered. If the week is known, one way to standardize the CDE is to make the Monday of that week the birth date.

Animal source

The source of animals refers to how animals were obtained, that is, they might have been bred in the institution where the experiments are conducted or purchased from a vendor who shipped pregnant animals or postnatal animals. Animals may have been shipped from another laboratory, bred, and then experiments were conducted on the offspring. Documenting these details is valuable because the potential for stress to occur early in life can lead to later life changes in seizures,¹³ behavior,^{14,15} or neuronal struc-ture, in some cases.^{15–17} For example, litter size may differ depending upon the source of the animals-whether from an external vendor, or from an in-house breeding source, and this may have an effect on variables such as weight gain.¹⁸ The use of a surrogate dam, and the quality of that dam, may also have an impact on the offspring. If animals are shipped shortly after birth, separation from the mother and the possibility that they will not eat or drink for a prolonged period may lead to dehydration or changes in the diet that can influence seizures.^{19,20} Another variable that is helpful to document is when animals were imported into a quarantine area of the host institution and for how long. Although not in the CRF, it is helpful to ensure that the quarantine area is free of animals who have an illness or have just had surgery because it may cause stress in the exposed animals that have had no surgery but are nearby. The same is true for the other areas where animals are housed.

Sex and related information

Recent efforts in the United States and Europe are making it more important for investigators to log data regarding sex.^{21,22} This raises several issues relevant to neuroendocrinology that are often not discussed in publications but are important to consider. Several examples are included in the CRF for Core CDEs.

The proper identification of an animal as male or female is essential, but not trivial. Determining the accurate sex of an animal can often be difficult at neonatal ages and requires an investigator or technician who is skilled in this area. The importance of accurate sexing becomes evident when one considers that type of housing—whether mice are isolated, housed with another of the same sex or housed with others of the opposite sex—can influence behavior and potentially experimental outcomes.²³

An important issue is not only whether an animal is female or male but also its social housing. Most animals are different behaviorally and sometimes experimentally if they are housed with the same sex compared to isolation. This is particularly important in epilepsy research where animals might have been housed with others initially and then separated after an EEG electrode implant or a cannula implantation to prevent a cage mate from disrupting the implant (e.g., by grooming or gnawing on the implant of another animals in the same cage). The initial social housing might be unavoidable because housing animals in isolation is expensive. Although these changes in housing could affect experimental results, if the timing of such changes is noted at least experimenters can evaluate the potential for one study to differ from another due to the timing of social housing and isolation.

An issue for male housing specifically is that testosterone values can change depending on the numbers of animals per cage and time in a cage with additional males. Research has shown that rodents can establish social dominance and testosterone values can climb in the dominant male or fall in the subordinate male.²⁴ Given the evidence that testosterone and its metabolites can alter behavior and seizures^{25–27} these are important considerations.

For females housed together compared to isolation there is no evidence that hormone values change or that there is a hierarchy that develops. However, females show elevated testosterone after status epilepticus²⁸ and can fight other females if housed together afterward (unpublished results, H.E.S.). Therefore, isolation is important in females as well as males.

Estrous cycle monitoring has been described in detail elsewhere for rats and mice.^{29,30} This is important in females because the hormones that fluctuate during the estrous cycle influence seizures, behavior, and many additional aspects of the brain and periphery.^{31–34} The CRF for Core CDEs points users toward the Uploaded Files CRF where these details can be uploaded, and the section about females can also be expanded or contracted depending on the way females are used, that is, for a study of the estrous cycle, ovariectomy, or hormone administration on seizures.

One final issue to keep in mind pertains not only to the sex of the animals, but to the sex of the scientist or technician who is primarily handling the animals and/or conducting experiments. The sex of the scientist or technician is important because it has been shown that olfactory exposure to human males induces a physiologic stress response in male rodents compared to human females.³⁵ It is possible that increased stress levels may affect research outcomes such as seizure susceptibility,³⁶ and it is therefore important to make a note of the sex of the technician or experimenter in case this information is needed to help interpret experimental results.

Species and strain

In most epilepsy research today, animals are either rats or mice. There are several issues that are important to consider, however. One is the vendor and their location. This may

Genetic modification

Researchers are using transgenic manipulations to conduct epilepsy research at an increasing rate. This makes it very important to clarify exactly what was done to an animal. The origin of the animal at a specific vendor or collaborating institution is important, as well as where the transgenic line was originally produced, that is, an investigator created the transgenic and then gave it to Jackson Laboratories. This information is usually available from the vendor and the Core CRF points users to the CRF for Uploaded Files where details can be uploaded as a single file. It is also valuable to note how the background strain was obtained and if the mouse was backcrossed to a new strain, the number of generations it was backcrossed.

Clarifying how expression was confirmed (e.g., deletion for a knockout and expression for an overexpressing mouse line) is valuable because sometimes the deletion is not 100% and the degree of overexpression varies. For those situations that are complex, for example, the expression varies in different tissues, a file can be uploaded to document the variability. The CRF has educational value in this context because the most junior members of a laboratory may not recognize that these are important aspects of their research.

Housing

Housing is an important variable in animal research, with numerous publications documenting surprising effects of the environment on experimental results.^{38–40} Housing also is highly variable from laboratory to laboratory, making it likely that differences in housing contribute to differences in results. There are also different housing standards around the world, making it difficult to create CDEs that can be used by all. One of the common variables is whether the animals are kept in an environment that is pathogen free. The definition of "pathogen-free" may vary so the Core CRF contains a link to the CRF for Uploaded Files where users can upload detailed information. Theoretically it would be valuable to publish this information in Appendix S1 because the degree that animals are maintained as free of pathogens could be important. For example, a benign virus may be present, and some veterinarians may still consider the colony relatively free of pathogens, but another veterinarian might not. By providing a Health Report, the CRF contains exactly what was tested and the results, avoiding the issues related to interpreting what is or is not "pathogen-free."

Another possible consideration is whether the animal is housed in a specialized holding room, as often occurs after EEG or other types of epilepsy experiments that require invasive procedures such as surgeries to implant electrodes. Novel housing after such procedures is most often an abrupt change from the animal's original housing environment, 21

and the population of other animals housed in the room is very different from the original population to which the animal was exposed. These sudden changes in housing environment have the potential to be a large stressor that may impact seizure susceptibility.³⁶ Moreover, animals in neighboring cages often change more frequently, adding an additional potential stressor. Therefore, it is important to record this information and consider these factors when analyzing results.

The cages used for animals are important in several ways. Across the world the dimensions vary, so including this information is much better than simply stating that the cage is standard, or not including any information at all which is what is typical. Whether the cage is made of transparent plastic or cage walls are dark has an influence on what the animal can see; if nothing is possible to see, the environment is less stimulating that a transparent plastic cage. This affects the overall enrichment of the environment, discussed further below. Again, there are findings that have been published showing how much a variable such as enrichment can matter,^{38–40} supporting the inclusion of these types of information in the CRF for Core CDEs.

Enrichment of the cage is often considered to be, for example, a plastic container where the animal can "hide" or a nestlet that animals can use to make a nest. Therefore, these examples are found in the CRF for Core CDEs. The temperature, humidity, and light-dark cycle are also common variables that are important to specify.^{41,42}

Diet

Several studies have shown that the composition of the diet can affect seizures.^{43,44} Although the most common example is the ketogenic diet, other diets have also been shown to affect rodents.^{43,44} For females, the degree that phytoestrogens are included in the diet is very important because it has been shown to exert an influence on the brain and behavior.⁴⁵ Furthermore, dietary nutritional supplementation can influence aspects of breeding including litter sizes.⁴⁶ In both sexes, the maternal diet and the diet during early life can have effects in adulthood.⁴⁷ The diets of most animals are known and can be uploaded by importing a file from the vendor to the CRF for Uploaded Files.

Although it is often not specified, the water and its delivery may be a variable in research studies. In some laboratories, highly purified water is used, whereas in other laboratories this may not be possible or prohibitively expensive. Automatic watering systems can avoid this issue but are not always available. To the extent these details can be provided the better, but the CRF contains only the most common types of information: whether water is ad libitum or filtered.

Complex experimental designs

Increasing use of complex experimental designs makes it harder and harder to compare epilepsy research studies. For

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example, experimenters may use a virus to express channelrhodopsin in a specific cell type in a single brain region. Those animals may be subjected to epilepsy induction and video-EEG at multiple times of their life, with or without pharmacology. For this reason, the last part of the CRF allows investigators to copy and paste rows from the parts A-G to make a part H where values can be entered for each part of an experiment.

CONCLUSIONS

CDEs for preclinical epilepsy have now been generated for 4 subtopics, and the CDEs, CRFs and guidelines have received comments from experts within and outside of epilepsy research. Many of the comments have raised concerns that are readily addressable by considering exactly what CDEs are, their utility, and flexibility. The CDEs, CRFs, and companion papers have the potential to streamline data collection and make it more standardized, transparent, and cost/time-effective. They can help correct errors and train junior staff to attend to important aspects of their experiments. It is envisioned that this effort to produce some of the first CDEs in preclinical epilepsy research will begin an interactive and growing interest in CDEs that will ultimately expand to all aspects of epilepsy research and the epilepsy research community worldwide.

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DISCLOSURE/CONFLICT OF INTEREST

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of the article.

Data S1. Core CRF and CDE files. The CDE and CRF modules linked to this article can be found and downloaded as a zip folder.