

# Activation of the CRABP<sub>II</sub>/RAR pathway by curcumin induces retinoic acid mediated apoptosis in retinoic acid resistant breast cancer cells

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Received September 23, 2016; Accepted February 8, 2017

DOI: 10.3892/or.2017.5495

**Abstract.** Due to the anti-proliferative and anti-apoptotic effects of retinoic acid (RA), this hormone has emerged as a target for several diseases, including cancer. However, development of retinoid resistance is a critical issue and efforts to understand the retinoid signaling pathway may identify useful biomarkers for future clinical trials. Apoptotic responses of RA are exhibited through the cellular RA-binding protein II (CRABP<sub>II</sub>)/retinoic acid receptor (RAR) signaling cascade. Delivery of RA to RAR by CRABP<sub>II</sub> enhances the transcriptional activity of genes involved in cell death and cell cycle arrest. The purpose of this study was to investigate the role of curcumin in sensitizing RA-resistant triple-negative breast cancer (TNBC) cells to RA-mediated apoptosis. We provide evidence that curcumin upregulates the expression of CRABP<sub>II</sub>, RAR $\beta$  and RAR $\gamma$  in two different TNBC cell lines. Co-treatment of the cells with curcumin and RA results in increased apoptosis as demonstrated by elevated cleavage of poly(ADP-ribose) polymerase and cleaved caspase-9. Additionally, silencing CRABP<sub>II</sub> reverses curcumin sensitization of TNBC cells to the apoptotic inducing

effects of RA. These findings provide mechanistic insights into sensitizing TNBC cells to RA-mediated cell death by curcumin-induced upregulation of the CRABP<sub>II</sub>/RAR pathway.

## Introduction

With an estimated 1.7 million cases of breast cancer diagnosed worldwide in 2012, this type of cancer remains the most common in women. Among the patients with breast cancer, triple-negative breast cancer (TNBC) accounts for 10-20% of the invasive breast cancer which is defined as estrogen receptor (ER)-negative, progesterone receptor (PR)-negative and human epidermal growth factor receptor 2 (HER2)-negative (1). Due to the lack of markers, it carries poor prognosis and presents an emerging need to understand the biology of this subtype of breast cancer and develop alternative therapeutic options.

Retinoids are structurally related to the hormone of vitamin A with all-*trans*-retinoic acid (ATRA) being the active metabolite. Despite the toxicity associated with retinoids, it is in general considered to be well tolerated pharmacological agent. Based on the notion that retinoic acid (RA) promotes cell differentiation, regulates proliferation and apoptosis, it has been combined with anthracycline-based chemotherapy to successfully treat acute promyelocytic leukemia with a success rate of 80% (2). Depending on its interacting partner, RA has distinct biological functions. The ligand binding domain of the retinoic acid receptor (RAR) which includes RAR $\alpha$ , RAR $\beta$  and RAR $\gamma$  and retinoic X receptors RXR $\alpha$ , RXR $\beta$  and RXR $\gamma$  can interact with RA (3,4) and activate genes that are involved in anti-proliferation, apoptosis, differentiation and cell cycle arrest (5-9). However, binding of RA to the alternative nuclear receptor, peroxisome proliferator-activated receptor  $\beta/\delta$  (PPAR $\beta/\delta$ ) transduces signals which facilitate cell growth, promote cell survival and protect cells against apoptosis (10-13). Delivery of RA to RARs is facilitated by cellular RA-binding protein II (CRABP<sub>II</sub>), which sequesters RA, translocates to the nucleus, channels RA to RAR and enhances the transcriptional activity of RAR target genes (6,8,14). On the other hand, fatty acid-binding protein 5 (FABP5) can transport RA to its cognate receptor, PPAR $\beta/\delta$  which targets genes that

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*Abbreviations:* RA, retinoic acid; CRABP<sub>II</sub>, cellular retinoic acid-binding protein II; RAR, retinoic acid receptor; TNBC, triple-negative breast cancer; PARP, poly(ADP-ribose) polymerase; ER, estrogen receptor; PR, progesterone receptor; HER2, human epidermal growth factor receptor 2; ATRA, all-*trans*-retinoic acid; PPAR $\beta/\delta$ , peroxisome proliferator-activated receptor  $\beta/\delta$ ; FABP5, fatty acid-binding protein 5; GAPDH, glyceraldehyde 3-phosphate dehydrogenase; MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide; DMEM, Dulbecco's modified Eagle's medium; FBS, fetal bovine serum; qRT-PCR, quantitative real-time polymerase chain reaction; DMSO, dimethyl sulfoxide

*Key words:* cellular retinoic acid-binding protein II, retinoic acid receptor, breast cancer, curcumin, retinoic acid

are involved in proliferation and cell growth (10-13). Due to the dual and opposing function of RA, the growth inhibitory effects of RA are determined by the expression of the regulatory factors, CRABP/II, RARs, FABP5 and PPAR $\beta/\delta$ . The differential effects of retinoids on anti-proliferation, cell cycle arrest and apoptosis is dependent on the concentration of RA and the time frame of RA treatment (15,16). Retinoids repress genes involved in cell division and cell proliferation, which is followed by differentiation, without affecting cell viability. While decrease in proliferation and cell cycle arrest of cancer cells occurs at an earlier time frame of within 2 days, the apoptotic effects of retinoids begin on day 4 of treatment, with increased apoptosis after day 5 or 6 of treatment (15,16).

Recent study has demonstrated the importance of CRABP/II in mammary carcinoma tumor growth suppression through RA-dependent and RA-independent mechanism (17). The clinical significance of CRABP/II has been highlighted in several types of cancer, including non-small lung cancer (18), non-melanoma skin cancer (19) and pancreatic cancer cells (20), pinpointing that restoring the CRABP/II signaling pathway may serve as a therapeutic intervention to ameliorate the efficacy of RA or sensitize cancer cells to this hormone. While CRABP/II acts to deliver RA to its RAR receptors, each of the different isoforms of RAR exhibits specific function with each receptor regulating a subset of distinct genes (21-26). RAR $\beta$  has been implicated in inflammation and tumor suppression (21-23), while the loss of RAR $\gamma$  has been demonstrated in the progression of malignant squamous cell carcinoma (24,25). Selective activation of RAR $\alpha$  by retinoids induces autophagy in ER-positive breast cancer cells (26). Though there may be alternative RA-resistant mechanisms in cancer, the loss of sensitivity to RA in cancers has been related to the lack of CRABP/II and RAR expression with increased expression of FABP5 and PPAR $\beta/\delta$  (11,19,27,28).

Phytochemicals have been extensively studied for the treatment of diseases such as cancer. Curcumin, an active ingredient in the dietary spice turmeric (*Curcuma Longa*), possesses antioxidant, anti-inflammatory and anticancer properties (29,30). The apoptotic effects of curcumin have been observed in several cancers including breast (31), pancreatic (32), prostate (33) and lung (34), while having no cytotoxic effects on healthy cells (35). Despite its low solubility and bioavailability, the combination of curcumin with conventional chemotherapeutic agents has been demonstrated to be effective in cancer regression (36,37). Synthesis of nanocarriers has not only increased the solubility in aqueous solution but has also improved the bioavailability of curcumin towards cancer cells (38-40). Several studies have demonstrated the ability of curcumin to increase the sensitivity of cancer cells to chemotherapeutic drugs (41,42). Through multiple mechanisms, curcumin and its analogs sensitize cancer cells to chemotherapeutic agents, thus overcoming drug resistance and improving susceptibility to growth suppression by conventional drug treatments (43-47).

Previously, we reported that 30  $\mu$ M curcumin sensitizes TNBC cells to RA-mediated growth suppression by altering the expression level of FABP5/PPAR $\beta/\delta$  pathway and targeting PPAR $\beta/\delta$  target genes (45). However, we did not explore the role of curcumin on the second arm of the retinoid pathway, namely CRABP/II/RAR, and in this study we evaluated the hypothesis

that curcumin mediated upregulation of the CRABP/II/RAR pathway in TNBC cells promotes sensitivity to RA-mediated apoptosis. The overall aim of this study is to investigate the effect of curcumin on the CRABP/II/RAR pathway and assess the contribution of this pathway in sensitizing TNBC to RA-mediated growth suppression by triggering cell death. In order to achieve this aim, we examine whether regulation of CRABP/II/RAR by curcumin is dose-dependent and the functional consequence of this pathway in increasing sensitivity to RA. Furthermore, we explored the impact of silencing CRABP/II on apoptosis facilitated by curcumin and/or RA. In the present study, we demonstrate that while 30  $\mu$ M curcumin induces CRABP/II, it does not affect RARs in TNBC cells. However, lower doses of curcumin (5 and 10  $\mu$ M) upregulate CRABP/II, RAR $\beta$  and RAR $\gamma$  expression in these cells. We also provide evidence that induction of the CRABP/II/RAR pathway by curcumin sensitizes RA-resistant TNBC cells to RA-mediated apoptosis, and knockdown of CRABP/II in TNBC cell lines reverses the sensitization of the apoptotic effects of RA by curcumin.

## Materials and methods

**Reagents.** Antibodies for RAR $\alpha$ , RAR $\beta$ , RAR $\gamma$  and glyceraldehyde 3-phosphate dehydrogenase (GAPDH) were obtained from Abcam (Cambridge, MA, USA). Anti-CRABP/II was purchased from R&D Systems (Minneapolis, MN, USA). Caspase-9 and poly(ADP-ribose) polymerase (PARP) antibodies were obtained from Cell Signaling Technology, Inc. (Danvers, MA, USA). Anti-mouse and anti-rabbit immunoglobulin horseradish peroxidase-conjugated antibodies were from Bio-Rad Laboratories, Inc. (Hercules, CA, USA) and anti-goat immunoglobulin was from Santa Cruz Biotechnology, Inc. (Santa Cruz, CA, USA). Curcumin (C-1386) and ATRA (R-2625) were purchased from Sigma-Aldrich (St. Louis, MO, USA). 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) reagent was purchased from Sigma-Aldrich. CRABP/II and control siRNA were obtained from Santa Cruz Biotechnology, Inc.

**Cell lines.** MDA-MB-231 and MDA-MB-468 cells were maintained in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal bovine serum (FBS) with antibiotics. MDA-MB-231 cells were a kind gift from Dr Ming Tan (Mitchell Cancer Institute, Mobile, AL, USA). MDA-MB-468 was purchased from American Type Culture Collection (ATCC; Manassas, VA, USA).

**Western blot analyses.** Cells were cultured in 100-mm plates and treated with curcumin and/or ATRA in media containing 10% charcoal treated FBS for the indicated time. Cells were lysed in a buffer containing 150 mM NaCl, 10 mM Tris, pH 7.2, 0.1% SDS, 1% Triton X-100, 1% deoxycholate, 5 mM EDTA and 1 mM PMSF for 1 h. The concentration of the whole cell protein was determined using the Bradford assay. Cell lysate was resolved by SDS-PAGE and transferred onto a nitrocellulose membrane. The membrane was blocked in 10% bovine serum albumin (BSA) in Tris-buffered saline containing 0.05% Tween-20 for 1 h at room temperature. The membrane was then probed using the appropriate antibody, CRABP/II,

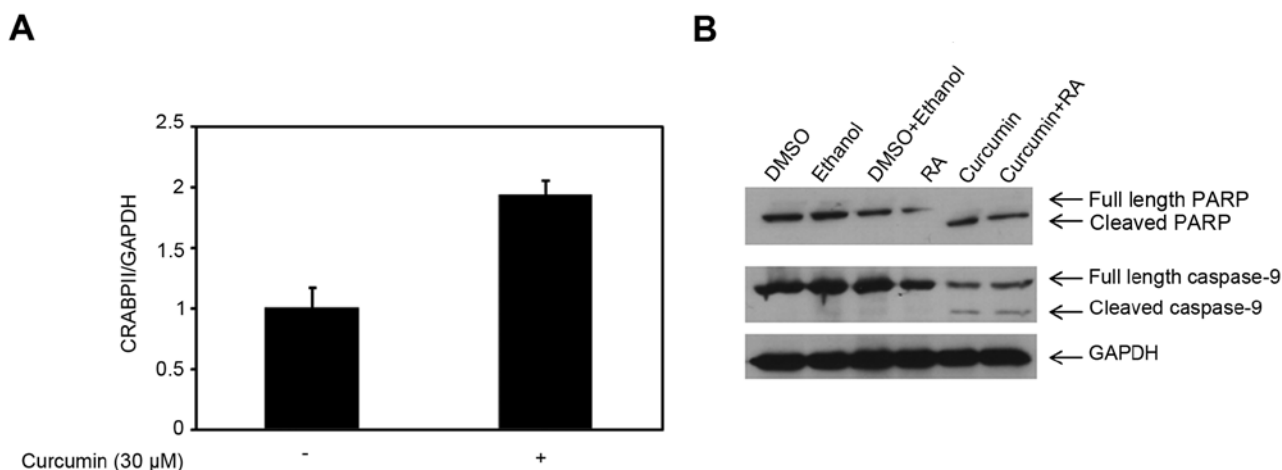


Figure 1. Upregulation of CRABP II by high-dose of curcumin does not sensitize TNBC cells to RA-mediated apoptosis. (A) Total RNA was collected from MDA-MB-231 cells treated with 30  $\mu$ M curcumin for 4 h (DMSO was used as control). Expression level of CRABP II mRNA in MDA-MB-231 cells was analyzed by qRT-PCR. GAPDH was used for normalization. Data are mean  $\pm$  SE (n=3), p=0.016 (curcumin treatment compared to control treatment). (B) MDA-MB-231 cells were treated with 30  $\mu$ M curcumin in the presence or absence of 1  $\mu$ M ATRA (RA) for 48 h prior to cell lysis. Controls used were DMSO, ethanol or the combination corresponding to the drug treatment. Cell lysates were resolved with SDS-PAGE and immunoblotted with antibodies recognizing PARP and caspase-9. GAPDH was used as a loading control. CRABP II, cellular retinoic acid-binding protein II; TNBC, triple-negative breast cancer; ATRA, all-*trans*-retinoic acid.

RAR $\alpha$ , RAR $\beta$ , RAR $\gamma$ , PARP or caspase-9 at a dilution of 1:1,000 overnight at 4°C. After a 30 min wash, the appropriate secondary antibody was added for 1 h at room temperature prior to exposure. Anti-GAPDH (1:2,000) was used as a loading control and was incubated with the membrane for 1 h at 4°C. The antigen-antibody complex was visualized with SuperSignal West Pico Chemiluminescent Substrate (Thermo Fisher Scientific, Inc., Hanover Park, IL, USA).

**Quantitative real-time polymerase chain reaction (qRT-PCR).** Cells were treated with curcumin for 4 h, and RNA was extracted using TRIzol (Life Technologies, Grand Island, NY, USA). As outlined in the protocol for the high-capacity RNA to cDNA kit from Applied Biosystems (Foster City, CA, USA), 2  $\mu$ g total RNA was reverse transcribed into cDNA. To determine expression of CRABP II, RAR $\alpha$ , RAR $\beta$  and RAR $\gamma$ , qRT-PCR was carried out by using commercially available TaqMan chemistry and assay on demand probes (Applied Biosystems). GAPDH was used for normalization. Detection and data analysis were carried out on the ABI StepOnePlus Real-Time PCR system. Relative quantity of gene expression was performed using  $2^{-\Delta\Delta C_t}$  method (48).

**Cell viability assay.** MDA-MB-231 and MDA-MB-468 cells (5,000 cells/well) were cultured in media containing 10% charcoal treated FBS and plated in a 96-well plate overnight. Cells were then treated with curcumin in the presence or absence of ATRA for 72 h. Controls used were DMSO and/or ethanol depending on the drug treatment. After 72 h, 5  $\mu$ g/ml of MTT reagent was added directly to the cells for 3 h and allowed to incubate at 37°C. The media was removed from the plate and the intact cells were resuspended in 150  $\mu$ l of 0.04 M HCl in isopropanol. The cells were placed in the incubator for 15 min to solubilize the cells, and were then mixed completely. Absorbance was read at 570 nm to determine cell proliferation.

**Cell transfection.** MDA-MB-231 and MDA-MB-468 cells were transfected with CRABP II siRNA according to the protocol from Invitrogen Life Technologies (Grand Island, NY, USA). Briefly, 30 pmol of control or CRABP II siRNA was mixed with 500  $\mu$ l Gibco Opti-MEM<sup>®</sup> I medium without serum by Life Technologies in a 6-well plate. Lipofectamine<sup>™</sup> RNAiMAX (5  $\mu$ l) was added to the diluted RNAi molecules for 20 min at room temperature. MDA-MB-231 and MDA-MB-468 (250,000 cells) were diluted in 2.5 ml of antibiotics-free media and added to the plates containing the RNAi duplex/Lipofectamine<sup>™</sup> mixture labeled with control or CRABP II siRNA. After 24 h, the cells were treated with 10  $\mu$ M curcumin in the presence or absence of 1  $\mu$ M ATRA for 96 h. ATRA was added every 2 days. Cells were then lysed, protein was extracted, quantitated and protein extract was loaded onto a gel for SDS-PAGE. The blot was probed with the appropriate antibodies.

**Statistical analysis.** Statistical significance of differences between treatments was determined using two-tailed Student's t-test and P-values were noted. Differences between groups were considered statistically significant at p<0.05.

## Results

**Concentration-dependent impact of curcumin on CRABP II and RAR expression in TNBC cell lines.** Knowing that TNBC cells are resistant to RA due to the expression patterns of CRABP II and FABP5 (11,20,49), our previous study demonstrated that 30  $\mu$ M curcumin reduced the expression of FABP5 and its cognitive receptor, PPAR $\beta/\delta$  (45). In this study, we sought to examine the effect of curcumin on the CRABP II/RAR pathway in TNBC cells. As shown in Fig. 1A, 30  $\mu$ M curcumin enhanced the CRABP II mRNA expression level compared to control (p=0.016) in MDA-MB-231 cells, however, had no effect on the RAR isoforms (data not shown).

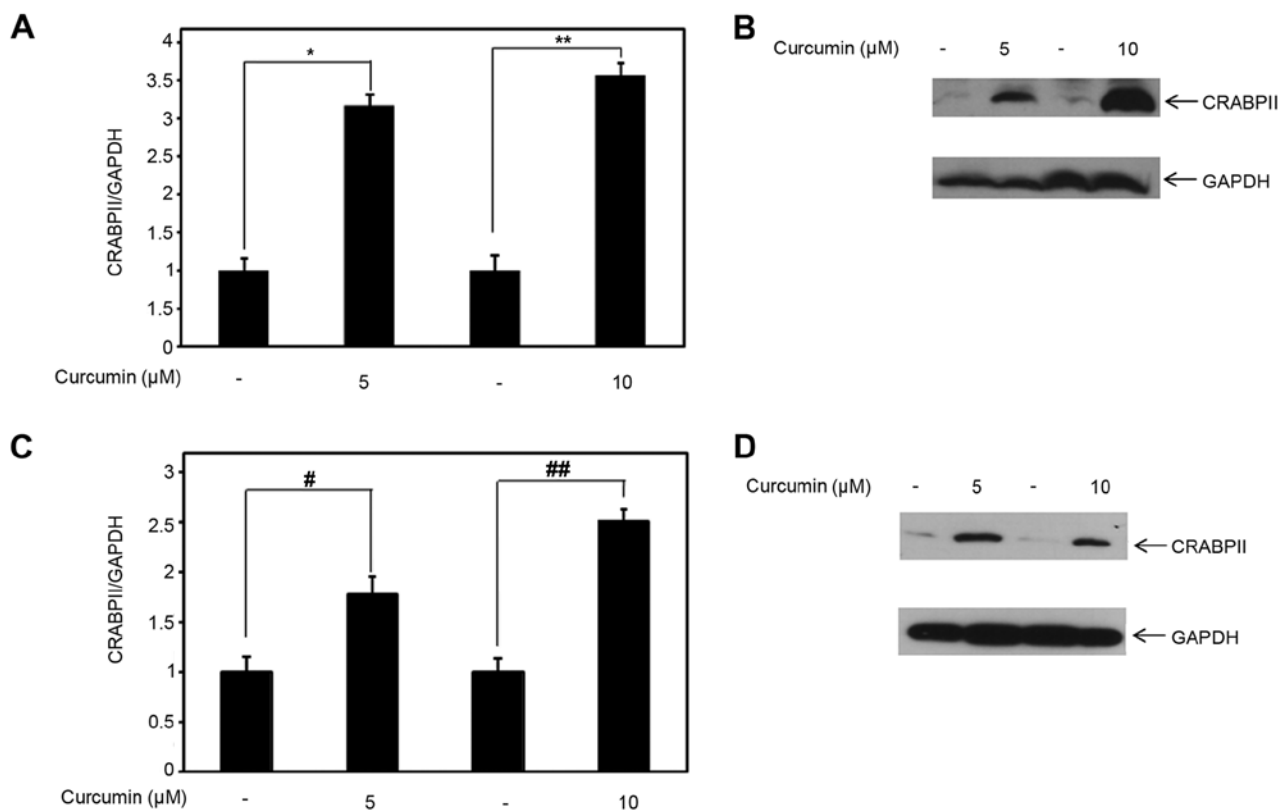


Figure 2. Lower doses of curcumin induce CRABP2 expression level in TNBC cell lines. (A) Total RNA was collected from MDA-MB-231 and (C) MDA-MB-468 cells treated with 5 or 10  $\mu\text{M}$  curcumin for 4 h (DMSO was used as control). (A) Expression level of CRABP2 mRNA in MDA-MB-231 cells and (C) MDA-MB-468 cells were analyzed by qRT-PCR. GAPDH was used for normalization. Data are mean  $\pm$  SE (n=3). (A) \*p=0.005 (5  $\mu\text{M}$  curcumin treatment compared to the control), \*\*p=0.001 (10  $\mu\text{M}$  curcumin treatment compared with its respective control). (C) #p=0.047 (5  $\mu\text{M}$  curcumin treatment compared to the control), ##p=0.006 (10  $\mu\text{M}$  curcumin compared with its respective control). (B) MDA-MB-231 and (D) MDA-MB-468 cells were treated with 5 or 10  $\mu\text{M}$  curcumin for 24 h (DMSO was used as control) prior to cell lysis. Cell lysates were resolved with SDS-PAGE and immunoblotted with antibodies recognizing CRABP2, and GAPDH was used as a loading control. CRABP2, cellular retinoic acid-binding protein II; TNBC, triple-negative breast cancer.

Since CRABP2 delivers RA to RAR isoforms, we tested whether the induction of CRABP2 was sufficient to sensitize RA-resistant MDA-MB-231 cells to RA-mediated apoptosis. To investigate cell death, we tested PARP, an indicator of apoptosis and RAR target, caspase-9. As shown in Fig. 1B, treatment of MDA-MB-231 cells with 30  $\mu\text{M}$  curcumin for 48 h completely converted full length PARP to cleaved PARP, and thus there was no effect with the combination of curcumin and RA. Examination of the caspase-9 showed there was no difference in the expression of cleaved caspase-9 in cells treated with curcumin compared to the co-treatment with curcumin and ATRA (Fig. 1B). Despite upregulation of CRABP2 by 30  $\mu\text{M}$  curcumin, this dose of curcumin induced apoptosis in 48 h, independent of the CRABP2 pathway.

Because 30  $\mu\text{M}$  curcumin is a high-dose which alone induces apoptosis within 48 h, we examined the expression level of CRABP2 and RAR isoforms at lower doses of curcumin (5 and 10  $\mu\text{M}$ ). Compared to control, 5 and 10  $\mu\text{M}$  curcumin induced CRABP2 mRNA expression, with statistical significance (p<0.05), in MDA-MB-231 cells by ~3-3.5-fold (Fig. 2A). Concomitantly, we examined the effect of lower doses of curcumin on CRABP2 protein expression. Consistent with the upregulation of CRABP2 mRNA expression by 5 and 10  $\mu\text{M}$  curcumin, we also observed that at both of these doses, curcumin induced CRABP2 protein expression in MDA-MB-231 cells (Fig. 2B). Because curcumin affects

CRABP2 expression in RA-resistant MDA-MB-231 cells, we further tested whether curcumin regulates CRABP2 mRNA and protein expression in the TNBC cell line, MDA-MB-468. As shown in Fig. 2C, both of the lower doses of curcumin, in comparison to control, upregulated the expression of the CRABP2 mRNA (p<0.05). Correspondingly, curcumin induced CRABP2 protein expression level in MDA-MB-468 (Fig. 2D).

We next investigated whether 5 and 10  $\mu\text{M}$  curcumin had an effect on the cognate receptors of CRABP2, RAR isoforms  $\alpha$ ,  $\beta$  and  $\gamma$ . At both of these doses, RAR $\beta$  and RAR $\gamma$  protein expression were upregulated in MDA-MB-231 cells compared to their respective controls (Fig. 3A and B). To determine whether regulation of RAR $\beta$  and RAR $\gamma$  by curcumin is a global effect among TNBC cells, treatment of MDA-MB-468 cells with 5 and 10  $\mu\text{M}$  curcumin induced both RAR $\beta$  and RAR $\gamma$  protein expression (Fig. 3C and D). Interestingly, we observed that curcumin did not affect the expression of RAR $\alpha$  in either of the TNBC cell lines, MDA-MB-231 and MDA-MB-468 (data not shown). These results suggest that lower doses of 5 and 10  $\mu\text{M}$  curcumin enhance RAR $\beta$  and RAR $\gamma$  protein expression in TNBC cells.

*Lower doses of curcumin sensitize TNBC cells to RA-mediated apoptosis.* Suppression of cell growth by RA is followed by RA-induced apoptosis. Previously, we showed that treatment

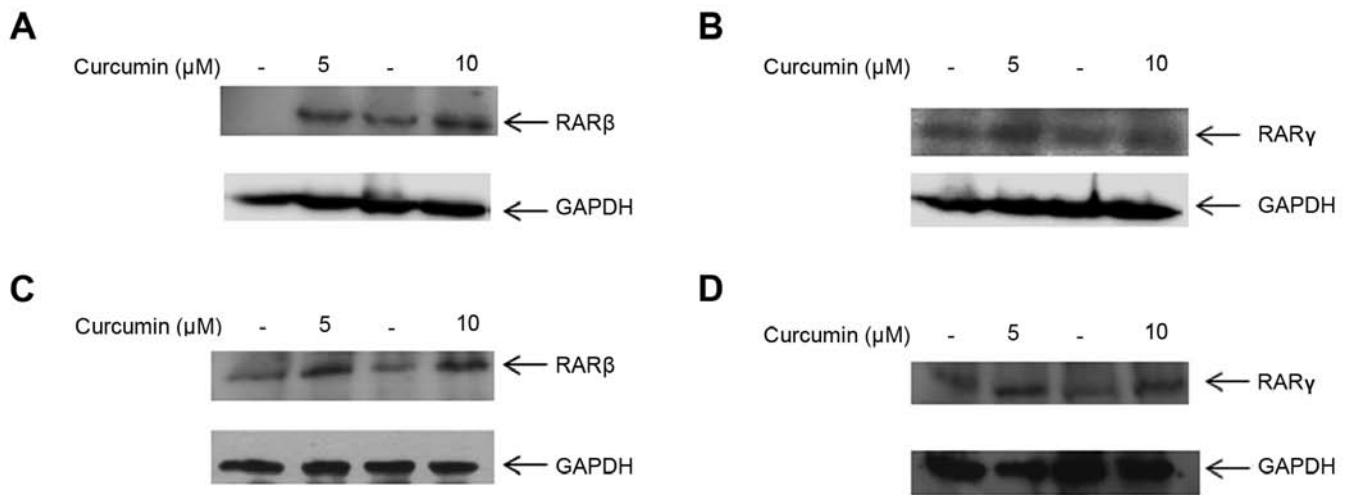


Figure 3. Lower doses of curcumin induce the expression level of RAR $\beta$  and RAR $\gamma$  in TNBC cell lines. (A and B) MDA-MB-231 and (C and D) MDA-MB-468 cells were treated with 5 or 10  $\mu$ M curcumin for 24 h (DMSO was used for the control) prior to cell lysis. Cell lysates were resolved with SDS-PAGE and immunoblotted with antibodies recognizing RAR $\beta$  and RAR $\gamma$ . GAPDH was used as a loading control. RAR, retinoic acid receptor; TNBC, triple-negative breast cancer.

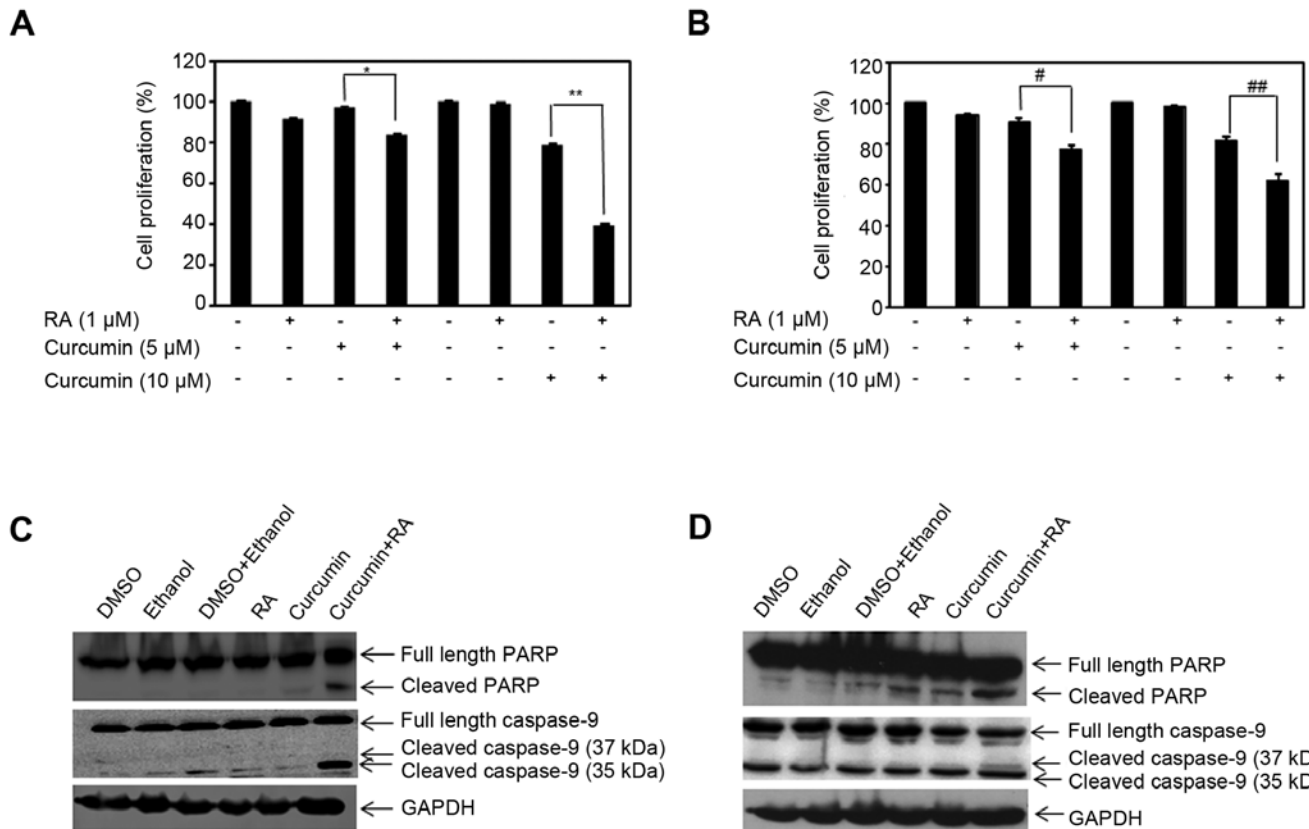


Figure 4. Lower doses of curcumin enhance the sensitivity of TNBC cell lines to RA-mediated growth suppression and apoptosis. (A) MDA-MB-231 and (B) MDA-MB-468 cells were treated with 5 and 10  $\mu$ M curcumin in the presence or absence of 1  $\mu$ M ATRA (RA) for 72 h. The cell proliferation (%) for each of the treatment was calculated with respect to the controls (DMSO, ethanol or the combination of both). The controls were set at 100%. Data are mean  $\pm$  SE (n=3). \*p=0.037, \*\*p=0.04, #p=0.0008, ##p=0.012. (C) MDA-MB-231 and (D) MDA-MB-468 cells were treated with 10  $\mu$ M curcumin in the presence or absence of 1  $\mu$ M ATRA (RA) for 96 h (DMSO, ethanol or the combination of both) prior to cell lysis. Cell lysates were resolved with SDS-PAGE and immunoblotted with antibodies recognizing PARP and caspase-9. GAPDH was used as a loading control. TNBC, triple-negative breast cancer.

of TNBC cells with 30  $\mu$ M curcumin for 48 h sensitized these cells to RA-mediated growth suppression by reducing the expression level of the FABP5/PPAR $\beta/\delta$  pathway (45). In this study, we observed that lower doses of curcumin (5 and 10  $\mu$ M) induced the expression of CRABP II, RAR $\beta$  and

RAR $\gamma$  (Figs. 2 and 3). To determine the effect of lower doses of curcumin on sensitizing TNBC cells to RA-mediated apoptosis, we treated MDA-MB-231 and MDA-MB-468 cells with 5 and 10  $\mu$ M curcumin in the presence or absence of 1  $\mu$ M ATRA for 72 h. As expected, RA did not inhibit cell

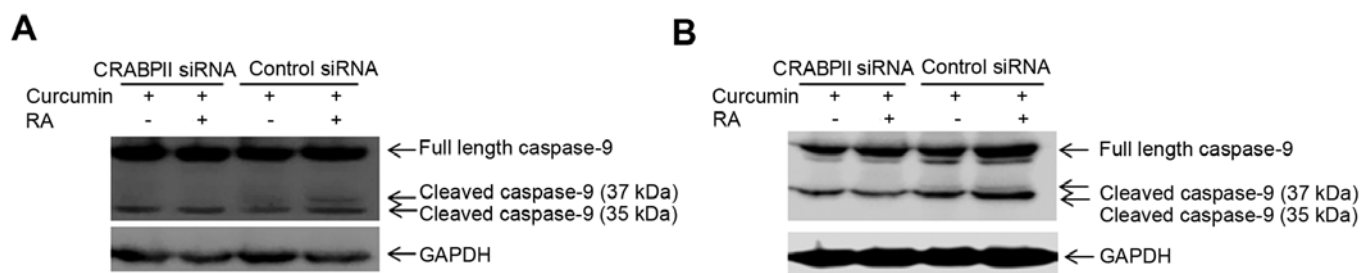


Figure 5. RA-induced apoptosis by curcumin in TNBC cells is regulated by CRABP2/RAR pathway. (A) MDA-MB-231 and (B) MDA-MB-468 cells were transfected with CRABP2 or control siRNA for 24 h, then treated with 10  $\mu$ M curcumin in the presence or absence of 1  $\mu$ M ATRA (RA) for 96 h, protein extracted and expression level of caspase-9 was probed with antibodies recognizing caspase-9. GAPDH was used as a loading control. TNBC, triple-negative breast cancer; CRABP2, cellular retinoic acid-binding protein II.

growth in MDA-MB-231 cells (Fig. 4A). While the lower concentration of curcumin (5  $\mu$ M) did not suppress growth of MDA-MB-231 cells after 72 h, 10  $\mu$ M curcumin did reduce growth compared to control, with statistical significance ( $p=0.03$ ) by ~20% (Fig. 4A). Combining either 5 or 10  $\mu$ M curcumin with ATRA sensitized MDA-MB-231 cells to RA-mediated growth suppression, with a robust effect with 10  $\mu$ M curcumin and ATRA (Fig. 4A). Similar findings were concluded in MDA-MB-468 cells. RA treatment had marginal growth inhibitory effects on MDA-MB-468 cells ( $p<0.05$ ). In comparison to control treated cells, lower doses of curcumin (5 and 10  $\mu$ M) statistically reduced growth of MDA-MB-468 cells ( $p<0.05$ ) but the combination of curcumin with RA sensitized MDA-MB-468 cells to RA-induced growth suppression, with a more pronounced effect with 10  $\mu$ M curcumin (Fig. 4B).

Knowing that 10  $\mu$ M curcumin had a greater impact on sensitization of TNBC cells to RA-induced growth suppression at 72 h (Fig. 4A and B), and the fact that 10  $\mu$ M curcumin induced CRABP2, RAR $\beta$  and RAR $\gamma$  expression in these cells (Figs. 2 and 3), we tested whether this dose of curcumin could sensitize TNBC cells to RA-mediated apoptosis. Because the apoptotic effects of RA occur subsequent to growth suppression, we examined cell death by curcumin and RA at a later time-point. Cells were treated with 10  $\mu$ M curcumin in the presence or absence of 1  $\mu$ M ATRA for 96 h and PARP expression was examined. In MDA-MB-231 cells, RA did not activate PARP cleavage, while 10  $\mu$ M curcumin potentiated cleaved PARP (Fig. 4C). Co-treatment of curcumin and RA further enhanced active, cleaved PARP compared to curcumin treatment alone. Activation of RAR induces the transcriptional activity of several downstream targets, such as apoptotic protein caspase-9. Concurrently, we examined the effect of curcumin and RA on caspase-9 expression in MDA-MB-231 cells. As shown in Fig. 4C, curcumin alone marginally induced cleaved caspase-9, while the combination of curcumin with RA enhanced the expression of cleaved/active caspase-9. Similarly, the effects of ATRA and/or curcumin on the activation of PARP and caspase-9 was examined in MDA-MB-468 cells. The combination of curcumin and RA further enhanced apoptosis as evidenced by increased cleaved PARP in comparison to curcumin or RA alone (Fig. 4D). In addition, the treatment of MDA-MB-468 cells with curcumin and RA induced cleavage of caspase-9 (37 kDa) and reduced inactive caspase-9 expression compared to either treatment

(Fig. 4D). Results from the data demonstrate the ability of curcumin to potentiate the apoptotic effects of RA and reverse RA-resistance in TNBC by curcumin-mediated induction of CRABP2 and RARs.

*Sensitization to RA-mediated apoptosis by curcumin is regulated by CRABP2.* Since CRABP2/RAR is involved in RA-mediated cell death, we sought to investigate whether upregulation of CRABP2 by curcumin (Fig. 2) regulates RA-induced apoptosis. To test this hypothesis, we silenced CRABP2 expression in MDA-MB-231 cells, treated the cells with 10  $\mu$ M curcumin in the presence or absence of 1  $\mu$ M ATRA for 96 h and examined for the protein expression of caspase-9. MDA-MB-231 transfected with control siRNA was also treated with curcumin and as expected, curcumin induced apoptosis by activation of caspase-9 (37 kDa), which was further enhanced in the presence of RA (Fig. 5A). However, when the cells were transfected with CRABP2 siRNA, the combination of curcumin and RA abolished the active 37 kDa form of caspase-9 (Fig. 5A). These results suggest that curcumin mediated upregulation of CRABP2 sensitizes TNBC cells to RA-mediated apoptosis by the induction of caspase-9, one of the RAR target genes. We also silenced CRABP2 in MDA-MB-468 cells and combinatorial treatment of the cells with curcumin and RA enhanced expression of cleaved/active caspase-9 (37 and 35 kDa), in comparison to curcumin alone (Fig. 5B). However, knockdown of CRABP2 reduced active caspase-9 (35 kDa) and abolished the expression of the cleaved/active 37 kDa caspase-9 (Fig. 5B).

## Discussion

Sensitivity of cancer cells to RA is determined by two distinct pathways, CRABP2/RAR and FABP5/PPAR $\beta/\delta$  (10,11,14, 20,49). While the delivery of RA to the FABP5/PPAR $\beta/\delta$  pathway results in increased proliferation, transporting RA by CRABP2 to RAR inhibits proliferation and promotes apoptosis (10,11,14). Reducing the ratio of FABP5:CRABP2 can overcome the resistance of cancer cells to RA by shifting the delivery of RA to RAR by CRABP2 instead of activating the FABP5/PPAR $\beta/\delta$  pathway (10,11,14).

Phytochemicals such as curcumin exhibit chemosensitizing properties which may circumvent toxicity issues faced with traditional chemotherapeutic agents (50). While they are less toxic and have no side effects, combinatorial treatment

of phytochemicals with chemotherapeutic agents can be an alternative method to reduce the dosage of traditional chemotherapeutic regimens and lower cardiac toxicity associated with them (50). Owing to drug resistance in cancer, curcumin has been shown to be an effective adjuvant in reversing chemoresistance and sensitizing cancer cells to chemotherapeutic drugs (41-47,51-54).

Our previous study reported that the potential therapeutic activity of curcumin to sensitize RA-resistant TNBC cells to RA-mediated growth suppression was exhibited through the inhibition of the FABP5/PPAR $\beta/\delta$  pathway (45). The present study focused on the effect of curcumin on the CRABP $\text{II}$ /RAR pathway to reverse resistance of TNBC cells to RA by activation of apoptosis. Results of the present study demonstrate that low concentrations of 5 and 10  $\mu\text{M}$  curcumin increase the expression level of CRABP $\text{II}$ , while concomitantly induces expression of its cognate receptor, RAR $\beta$  and RAR $\gamma$ . Similarly, a recent study demonstrated that curcumin upregulated the expression of RAR $\beta$  in several cancer cells, including TNBC MDA-MB-231 cells and activated RAR $\beta$  via epigenetic regulation (22). Though the RAR subtypes have different functions and regulate distinct RARE targeted genes, RAR signaling plays a critical role in cancer progression. While RAR $\beta$  is epigenetically silenced in tumor cells and its loss has been associated with lymph node metastasis (21,55,56), RAR $\gamma$  has been implicated as a tumor suppressor and restoration of this retinoid receptor reverses the tumorigenic potential of mouse keratinocytes (57,58). While curcumin induces the expression of several regulatory genes involved in apoptosis (59), we present evidence in this study that curcumin upregulates genes involved in the retinoid signaling pathway, namely CRABP $\text{II}$ , RAR $\beta$  and RAR $\gamma$  in mammary carcinoma MDA-MB-231 and MDA-MB-468 cells.

Although 30  $\mu\text{M}$  of curcumin induces the mRNA expression level of CRABP $\text{II}$ , it did not affect the expression of RARs. However, lower doses of curcumin (5 and 10  $\mu\text{M}$ ) induces the protein expression level of not only CRABP $\text{II}$  but also RAR $\beta$  and RAR $\gamma$  in two TNBC cell lines suggesting that this is a global effect among TNBC cells. Alterations in gene expression associated with different doses of curcumin are not unusual and have been well documented with other genes (60). The differential effects of curcumin have been observed with several apoptotic genes that are upregulated or downregulated by only higher dose of curcumin, while the reverse has also been observed for some genes that are upregulated only at lower doses of curcumin (60). As noted in this study, the differences in concentration of curcumin to induce the CRABP $\text{II}$ /RAR pathway may be an important determinant in identifying the required optimum dosage to sensitize TNBC cells to RA for future *in vivo* studies.

The concentration-dependent regulation of CRABP $\text{II}$  and RARs by curcumin determined the outcome on the activation of apoptotic proteins, PARP and caspase-9. Although 30  $\mu\text{M}$  curcumin upregulates the mRNA level of CRABP $\text{II}$ , this dose of curcumin completely activates PARP and induces activation of caspase-9 in 48 h. However, the fact that 30  $\mu\text{M}$  curcumin does not regulate the RARs indicates that this concentration of curcumin induces apoptosis independent of the CRABP $\text{II}$ /RAR and 30  $\mu\text{M}$  curcumin does not sensitize MDA-MB-231 cells to RA-induced apoptosis.

Curcumin has a differential effect on gene regulation and cell death initiated by this agent dose- and time-dependently (60,61). The present data demonstrates that curcumin can re-activate the CRABP $\text{II}$ /RAR pathway in TNBC cells and cause RA to initiate apoptosis by activation of PARP and caspase-9. Such doses of curcumin (5 and 10  $\mu\text{M}$ ) upregulates RAR $\beta$  and RAR $\gamma$ , as well as CRABP $\text{II}$  in TNBC cells. Combination of 10  $\mu\text{M}$  curcumin with RA for 96 h sensitizes TNBC cells to apoptosis mediated by RA as evidenced by increased PARP cleavage. Because 10  $\mu\text{M}$  curcumin induces RAR $\beta$  and RAR $\gamma$  in TNBC cells, curcumin at this dose sensitizes the cells to RA-mediated apoptosis through RAR-dependent activation of caspase-9. Initiation of cell death by RAR itself is not sufficient to regulate apoptosis by RA, and hence shuttling of RA from the cytosol to the nucleus by CRABP $\text{II}$  facilitates binding of RA to RARs and enhances the transcriptional activation of genes such as caspase-9 involved in the retinoid signaling pathway. To extend these studies and gain a mechanistic understanding on the role of curcumin on the CRABP $\text{II}$ /RAR pathway, our results also provide evidence that silencing CRABP $\text{II}$  prevents curcumin from sensitizing TNBC cells to RA-induced activation of caspase-9. Taken together, our data suggest that in order to activate cell death by RA in RA-resistant TNBC cells, CRABP $\text{II}$  and RAR pathway have to be upregulated by lower concentrations of curcumin and these two proteins work in concert to sensitize cells to RA-mediated apoptosis.

In conclusion, the present study revealed that reversing the resistance of TNBC to RA-induced apoptosis is dependent on the dose of curcumin and length of treatment. Accordingly, lower concentrations of curcumin induce CRABP $\text{II}$ , RAR $\beta$  and RAR $\gamma$ , and thus upregulation of CRABP $\text{II}$ /RAR pathway contributes to the sensitization of TNBC cells to apoptosis by RA. As such this study highlights a novel mechanism by which RA-resistant mammary carcinoma cells can be resensitized to RA-mediated apoptosis by curcumin. The effectiveness in the combination of curcumin with RA warrants further consideration for its use in RA-resistant TNBC cells. Overall, this study provides mechanistic insights on the role of curcumin to reverse RA resistance in breast cancer cells through the regulation of the CRABP $\text{II}$ /RAR pathway, and highlights the potential of using curcumin as a therapeutic adjuvant in RA resistant cancers.

## Acknowledgements

This study was supported by the Research and Scholarship Development Grant Program, University of South Alabama, Office of Research and Economic Development and the start-up funds from the College of Allied Health Professions at University of South Alabama. We thank the Department of Pharmacology, University of South Alabama for use of their film developer.

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