

Coronary Microvascular Dysfunction in HIV: A Review

Leah Rethy, BA; Matthew J. Feinstein, MD, MSc; Arjun Sinha, MD; Chad Achenbach, MD, MPH; Sanjiv J. Shah, MD

I n the United States, >1 million people are living with HIV, and \approx 50% are >50 years old.¹ Potent combination antiretroviral therapy (ART) has significantly reduced the morbidity and mortality of people living with HIV (PLWH).^{1,2} However, as AIDS-related mortality has declined, death due to cardiovascular disease (CVD) and non–AIDS-associated malignancies has increased.^{3,4} This changing pattern of mortality can be partly attributed to the fact that PLWH are living longer on effective ART and thus are now at risk for age-related diseases, but PLWH are dying from these diseases at higher rates and at younger ages than the general population.^{1,5,6}

Epidemiologic research has demonstrated higher rates of heart failure (HF),^{7–10} coronary artery disease (CAD),^{11,12} pulmonary hypertension,¹³ sudden cardiac death,^{14,15} and stroke⁸ in PLWH on ART compared with those without HIV, even when controlling for traditional cardiovascular risk factors. PLWH on ART have also been shown to have higher rates of subclinical CVD. including myocardial fibrosis and steatosis,^{16–18} as well as impaired systolic and diastolic function^{19,20} compared with controls without HIV. For these reasons, clinical cardiovascular specialists are likely to encounter PLWH who are at risk for or who have overt CVD, and HIV-related CVD is poised to become a major public health problem in the coming decades.

In the ART era, CVD research has focused largely on mechanisms and prevention of CAD in PLWH, motivated in part by the fact that treatment with ART (particularly older, protease inhibitor–containing regimens) can directly and quickly lead to the development of an abnormal lipid profile that is amplified by the chronic inflammation associated with HIV.^{21–25} Although the link between inflammation and atherosclerosis is well established,²⁶ chronic inflammation is

© 2019 The Authors. Published on behalf of the American Heart Association, Inc., by Wiley. This is an open access article under the terms of the Creative Commons Attribution-NonCommercial License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited and is not used for commercial purposes. increasingly being understood as a key mediator of other types of CVD, including HF, and may be a prominent mediator of the increased risk of CVD in PLWH. $^{27,27-31}$

Coronary microvascular dysfunction (CMD) is an important pathophysiologic link between cardiovascular risk factors, chronic inflammation, endothelial activation, and the development of clinical CVD.^{17,32,33} CMD is also a risk marker and can be used to risk stratify and to study the effects of particular interventions on coronary microvascular function. Given the elevated rates of both subclinical and clinical CVD among PLWH, along with the lack of evidence-based therapeutics that can be used to specifically target the increased risk of CVD in treated HIV, we believe it is critical to investigate specific mechanisms, such as CMD, that might provide insight into the mechanisms underlying CVD in PLWH. In addition, CMD in PLWH may also provide a unique model to better understand the relationship among immune activation, inflammation, and CVD in people without HIV. In this review, we describe (1) the relationship between inflammation and endothelial dysfunction, as well as methods for the assessment of peripheral endothelial function; (2) the pathophysiology of CMD and its possible contribution to CVD in PLWH; (3) strengths and limitations of prior studies that have examined CMD in PLWH; and (4) unmet needs and future directions for the study of CMD in PLWH.

Inflammation, Endothelial Activation, and Peripheral Endothelial Dysfunction

Endothelial cells, like circulating cells of the innate immune system, express immune receptors, and binding of damageassociated molecular patterns, pathogen-associated molecular patterns, and inflammatory cytokines lead to upregulation and release of proinflammatory cytokines such as interleukin-6 (IL-6), interleukin-1 alpha (IL-1 α), and interleukin-1 beta (IL-1 β); increased expression of adhesion molecules such as vascular cell adhesion molecule-1 (VCAM-1) and intercellular adhesion molecule-1 (ICAM-1); and detachment of endothelial cells from their underlying supporting matrix.^{34,35}

Endothelial activation can lead to endothelial dysfunction via the inhibition of endothelial nitric oxide synthase by reactive oxygen species, thereby decreasing nitric oxide production.³⁶ Nitric oxide–dependent pathways are able to

From the Divisions of Cardiology (L.R., M.J.F., A.S., S.J.S.) and Infectious Diseases (C.A.), Department of Medicine, Northwestern University Feinberg School of Medicine, Chicago, IL.

Correspondence to: Sanjiv J. Shah, MD, Division of Cardiology, Department of Medicine, Northwestern University Feinberg School of Medicine, 676 N St Clair St, Suite 600, Chicago, IL 60611. E-mail: sanjiv.shah@northwestern.edu *J Am Heart Assoc.* 2020;9:e014018. DOI: 10.1161/JAHA.119.014018.

prevent endothelial activation by decreasing expression of cell adhesion markers and by inhibiting platelet activation by promoting cGMP signaling.³⁷ Platelets themselves, once thought of nearly exclusively in the context of thrombosis and hemostasis, are now understood as important mediators and effectors of inflammation. Platelets express toll-like receptors, which, when bound by ligands such as LPS (lipopolysaccharide), release proinflammatory cytokines such as IL-1 β.38 Activated platelets also can induce the transcription of inflammatory proteins in leukocytes via the interaction of P-selectin, expressed on the surface of activated platelets, and PSGL-1 (P-selectin glycoprotein ligand 1), a receptor constitutively expressed by leukocytes.39 In addition, the interaction of P-selectin and PSGL-1 can lead to leukocyte expression of tissue factor and localization of leukocytes to the vascular endothelium, promoting inflammation within the microvasculature.38-40

Endothelial dysfunction, a consequence of impaired nitric oxide signaling, is an early event in the development of diseases such as CAD^{41,42} and HF (specifically, HF with preserved ejection fraction)⁴³ and of extracardiac diseases such as chronic kidney disease.⁴⁴ The endothelial dysfunction seen in these diseases is also seen, as one might expect, in the risk factors associated with these conditions, such as obesity, hypertension, and diabetes mellitus.⁴⁵ Endothelial dysfunction is also present in chronic inflammatory states such as systemic lupus erythematosus, rheumatoid arthritis, and psoriasis and correlates with the increased cardiac risk seen in these populations.^{43,46,47} Systemic endothelial function can be assessed through serum and urine analyses, and peripheral endothelial function can be assessed with both invasive and noninvasive functional testing.^{35,48–53}

The most frequently used functional tests of peripheral endothelial function are brachial flow-mediated dilation (FMD) and peripheral arterial tonometry. These tests noninvasively measure endothelial function by assessing the endothelium-dependent response to ischemia induced by occlusion of peripheral arteries in the forearm (ie, the brachial artery or its distal branches). The health of the endothelium, as measured by brachial FMD and peripheral arterial tonometry, has been shown to correlate with cardiovascular outcomes, although results from these 2 tests do not consistently correlate with one another.^{41,54}

PLWH have evidence of chronic immune activation and systemic and peripheral endothelial dysfunction. PLWH have increased levels of inflammation markers such as high-sensitivity C-reactive protein and IL-6, that decrease but do not normalize with ART and that are associated with increased morbidity and mortality.^{55,56} Increased inflammatory markers have been observed before and after ART initiation (in those treated during acute or chronic stages of infection) and in PLWH who maintain an undetectable viral load without ART

(ie, elite HIV controllers).^{57,58} Importantly, the pivotal Strategies for Management of Antiretroviral Therapies (SMART) trial demonstrated decreased levels of inflammation and improved cardiovascular outcomes in those treated continuously with ART, in contrast to those whose exposure to ART was minimized, although there may be differences in the reduction of inflammation by ART class.^{59,60} Notably, contemporary ART regimens, which frequently include an integrase inhibitor such as dolutegravir, are associated with weight gain more than the older ART regimens, and the longterm effects of these agents on vascular inflammation and CVD are incompletely understood and should be investigated by future studies.⁶¹ The increased inflammation and immune activation seen in PLWH is hypothesized to be multifactorial: gut microbial translocation, immune dysregulation, low-level viremia, and viral coinfections (eg, cytomegalovirus).62-64 There is also a higher prevalence of traditional cardiovascular risk factors such as smoking and hypertension that may also contribute to the chronic inflammatory state seen in PLWH on ART.^{65,66}

There is evidence of endothelial dysfunction in PLWH, as measured by elevations in circulating markers, such as ICAM-1 and VCAM-1, and by FMD.^{62,67–73} Although in vitro studies have shown that ART can lead directly to endothelial activation, most in vivo studies have demonstrated decreased levels of endothelial activation and improved endothelial function with ART initiation, although the degree of improvement may vary by drug class and typically does not normalize to levels seen in people without HIV.^{71,74} Although there is evidence of endothelial dysfunction in PLWH, studies that have found increased endothelial dysfunction (by FMD) in PLWH compared with controls have frequently been complicated by small sample sizes and inclusion of PLWH not on ART and with detectable HIV RNA levels (Table 1).^{42,54,69,75–81}

In addition, evidence shows that platelets in PLWH show signs of increased activation, increased spontaneous and induced aggregation, decreased responsiveness to antiplatelet agents, and increased platelet-mediated endothelial and leukocyte activation.^{82–84} Notably, the directionality of platelet dysfunction has not been well established; it is not known whether platelet activation is a consequence of impaired endothelial function and decreased cGMP signaling or whether abnormalities in platelet function lead to or amplify endothelial activation and dysfunction.

Normal and Abnormal Coronary Microvascular Function

Although peripheral tests of endothelial function have been shown to correlate with cardiovascular outcomes, studying the vascular bed of interest—the coronary circulation—

Table 1. Brachial FMD in PLWH and Controls

Reference	Year Published	Participants (HIV/Control)	HIV Treated	Cardiovascular Risk Factors	FMD Results	Limitations
Nolan et al ⁷⁵	2003	24/24 (adult)	On PI for >9 mo	Excluded: ACEI, lipid-lowering drug use, DM renal failure	No significant difference in FMD	Small sample size, specific to PI treatment
Bonnet et al ⁷⁶	2004	49/24 (pediatric)	15 treatment naïve	Excluded: DM, HTN, renal failure	Significantly lower FMD in HIV+ compared with controls	Participants not on ART
Charakida et al ⁷⁷	2005	83/59 (pediatric)	27 treatment naïve	Excluded: DM, HTN, renal failure	Significantly lower FMD in HIV+ compared with controls	Participants not on ART
Solages et al ⁴²	2006	76/227 (adult)	12 off ART	Excluded: CVD, DM, HTN	Significantly lower FMD in HIV+ compared with controls	Participants not on ART
van Wijk et al ⁷⁸	2006	37/27 (13 with DM, 14 without DM) (adult)	100% ART	Excluded: antihypertensive use, DM (except control DM arm), lipid-lowering drug use, renal disease	Significantly lower FMD in HIV+ compared with controls, HIV without MetS comparable to HIV— with DM	Small sample size, treatment options have changed markedly since 2006
Rose et al ⁶⁹	2013	36/50 (published reference group; adult)	100% treatment naïve	Excluded: BMI >27, lipid-lowering drug use	Significantly lower FMD in HIV+ compared with controls	Participants not on ART
Gleason et al ⁷⁹	2015	281/36 (adult)	51 treatment naïve/230 treated	Excluded: DM	Worse FMD if treatment with efavirenz or ritonavir boosted lopinavir compared with those on nevirapine or treatment naive	Inclusion without analysis of HIV vs controls, participants not on ART
Koethe et al ⁸⁰	2016	70 (35 nonobese, 35 obese)/ 30 obese (adult)	100% on ART	Excluded: CVD, DM, statin use	No significant differences in FMD between obese HIV+ and obese HIV-	Small sample size
Dysangco et al ⁵⁴	2017	72/39 (adult)	44 off ART, 28 on ART	Excluded: CVD, DM, statin use, uncontrolled HTN	No significant differences in FMD among 3 groups (treated, untreated, control)	Participants not on ART
Sharma et al ⁸¹	2018	43/25 (adult)	Treatment naïve	Excluded: BMI >25, CVD, DM, HTN, renal disease	Significantly lower FMD in HIV+ compared with controls	Participants not on ART

Types of ART: non-nucleoside reverse transcriptase inhibitors: efavirenz, nevirapine; PIs: ritonavir, boosted lopinavir. ACEI indicates angiotensin-converting enzyme inhibitor; ART, antiretroviral therapy; BMI, body mass index; CVD, cardiovascular disease; DM, diabetes mellitus; FMD, flow-mediated dilation; HTN, hypertension; MetS, metabolic syndrome; PI, protease inhibitor; PLWH, people living with HIV.

provides more targeted information. CMD describes abnormalities in cardiac blood flow that are not the result of stenosis in major epicardial arteries.⁸⁵ The coronary microvasculature includes both coronary prearterioles and arterioles; extramyocardial prearterioles dilate and constrict largely due to changes in pressure and flow, whereas the arterioles, embedded within the myocardium, respond primarily to changes in myocardial demand via metabolic signaling across the vascular endothelium.⁸⁶ Both segments, however, rely on endothelium-dependent nitric oxide signaling for dilation.⁸⁶ Abnormal coronary microvascular function may be the result of endothelial cell dysfunction, vascular smooth muscle cell dysfunction, or abnormal vascular remodeling.⁸⁷ Endothelial dysfunction in the coronary microvasculature can lead to myocardial ischemia, with or without anginal symptoms; increased platelet aggregation and activation; and leukocyte adhesion to and transmigration across the vascular endothelium—processes key to the development of coronary heart disease and HF via atherosclerosis and myocardial fibrosis, respectively.⁸⁸

Although the coronary microvascular circulation cannot be visualized directly, invasive and noninvasive techniques can assess coronary microvascular function. Coronary microvascular function is assessed by comparing resting and hyperemic myocardial or coronary blood flow, reported as the myocardial or coronary flow reserve. Hyperemia can be induced either through the infusion of vasoactive substances, such as adenosine, acetylcholine, or dipyridamole, or through a maneuver such as cold-pressor testing.⁸⁷ Myocardial flow reserve can be assessed invasively using a blush score or noninvasively using myocardial contrast echocardiography, cardiac magnetic resonance, or positron emission tomography/computed tomography (PET/CT) imaging.^{89,90} Coronary flow reserve can be measured invasively, using coronary Doppler wires or thermodilution, or noninvasively, using Doppler echocardiography.⁹¹ Coronary endothelial function does not specifically assess the microvasculature but is an important potential contributor to CMD in those for whom CMD is hypothesized to be secondary to inflammation and subsequent endothelial dysfunction (eg, PLWH). Coronary endothelial function is typically assessed invasively with coronary angiography or ultrasound using either medications (eg, acetylcholine, salbutamol), pacing, or exercise to induce endothelium-dependent changes in epicardial blood flow.^{89,92} Detailed reviews of the methods of assessing CMD can be found elsewhere.93,94

Importantly, both intrinsic and extrinsic factors can result in a diagnosis of CMD because of the indirect nature of each of the aforementioned diagnostic techniques for measuring myocardial or coronary blood flow. Besides intrinsic factors (eg, primary endothelial or vascular smooth muscle dysfunction), extrinsic factors such as elevated diastolic intracardiac pressures, interstitial myocardial fibrosis, and cardiomyocyte hypertrophy with insufficient coronary microvascular blood supply can each cause a reduction in myocardial or coronary blood flow. In addition, if endothelial dysfunction is severe enough, the endothelial cells can undergo apoptosis, leading to coronary microvascular (capillary) rarefaction. Understanding which of these factors (alone or in combination) results in reduced coronary or microvascular blood flow has important implications for determining the optimal course of treatment for patients with CMD.

Abnormal coronary microvascular function is independently associated with an increased risk of cardiovascular events and increased all-cause mortality in specific populations. For example, CMD is associated with increased all-cause mortality in patients with microvascular angina (ie, ischemia and no obstructive CAD),95,96 increased cardiovascular events in chronic kidney disease,97 and increased cardiovascular mortality in those with suspected or known CAD, hypertrophic cardiomyopathy, or dilated cardiomyopathy.^{86,98,99} CMD is also seen in those with cardiovascular risk factors such as diabetes mellitus, hyperlipidemia, and hypertension and has been shown to improve when these risk factors are treated appropriately.^{86,91} In addition, those with autoimmune and inflammatory diseases, without traditional cardiac risk factors, may have CMD, and treatment of the rheumatologic disease improves their coronary microvascular function. 100,101

More than a decade ago, Camici and Crea proposed a framework that divided CMD into 4 categories: (1) CMD without obstructive CAD or myocardial disease, (2) CMD without obstructive CAD but with myocardial disease, (3) CMD with obstructive CAD, and (4) iatrogenic CMD.⁸⁶ Although PLWH may have CMD that falls into any of these categories, given elevated rates of atherosclerotic diseases, myocardial fibrosis, and greater prevalence of cardiovascular risk factors, the degree to which CMD exists in PLWH as a consequence of upregulated inflammatory pathways is of particular interest because it may provide insight into the unique mechanisms of cardiovascular risk seen in this population (Figures 1 and 2). Furthermore, understanding if and how proinflammatory conditions like HIV are related to CMD may provide insight into other etiologies of CMD in people without HIV.

CMD in HIV

To our knowledge, 2 studies have investigated the frequency and associations of CMD through assessment of myocardial flow reserve, and 3 studies have investigated coronary endothelial dysfunction by measuring changes in coronary artery blood flow in PLWH compared with controls. Two other studies have quantified CMD in those with HIV but without the inclusion of controls (Table 2).^{102–108}

Lebech et al measured coronary microvascular function using PET/CT in PLWH on ART who had minimal traditional cardiovascular risk factors, apart from a subgroup with elevated total cholesterol (\geq 254 mg/dL).¹⁰² They paired their investigation with an assessment of brachial FMD and nitroglycerinmediated dilation. Global myocardial blood flow was assessed at rest and after dipyridamole infusion. Myocardial flow reserve was calculated as a ratio of global myocardial blood flow at

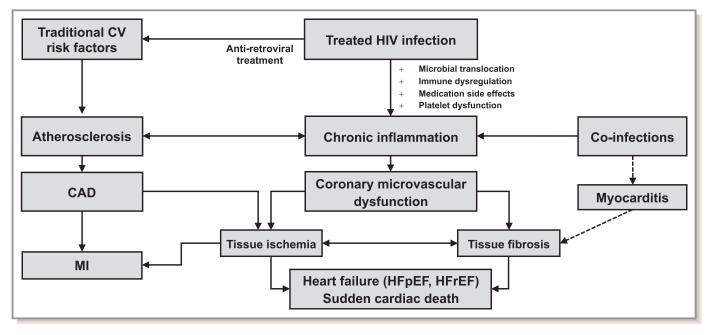


Figure 1. Proposed mechanisms of coronary microvascular dysfunction in treated HIV. People living with HIV (PLWH) have elevated markers of inflammation secondary to both traditional cardiovascular risk factors (eg, smoking, hypertension) and risk factors associated with HIV infection, its treatment, and coinfections. Chronic inflammation can lead to endothelial dysfunction through suppression of endothelial nitric oxide synthase in both systemic and coronary circulation, leading to coronary microvascular dysfunction (CMD), tissue ischemia, and fibrosis. Ultimately, CMD, along with atherosclerosis and its sequelae, may lead to the cardiovascular conditions overrepresented in PLWH including heart failure and sudden cardiac death. CAD indicates coronary artery disease; CV, cardiovascular; HFpEF, heart failure with preserved ejection fraction; HFrEF, heart failure with reduced ejection fraction; MI, myocardial infarction.

stress to global myocardial blood flow at rest. No differences were found in myocardial flow reserve, FMD, or nitroglycerinmediated dilation among the 3 groups.

Knudsen et al also measured myocardial flow reserve using PET/CT in PLWH on ART compared with controls without HIV.¹⁰⁴ Left ventricular ejection fraction and coronary artery calcium score were simultaneously assessed. Baseline characteristics were similar in the 2 groups, apart from higher systolic blood pressure, LDL (low-density lipoprotein), and HDL (high-density lipoprotein) in those with HIV compared with controls. The mean Framingham risk score was <10% in both groups, and the median coronary artery calcium score in both groups was zero. Myocardial blood flow was assessed at rest and after adenosine infusion. Myocardial flow reserve, calculated as described earlier, was similar in PLWH and controls. Notably, myocardial blood flow at rest and at stress was significantly lower in PLWH compared with controls, as was mean left ventricular ejection fraction. No correlations were found among myocardial flow reserve, current CD4 count, nadir CD4 count, use of a protease inhibitor, or duration of HIV.

Three additional studies measured coronary endothelial function using cardiac magnetic resonance imaging and isometric handgrip exercise. In all studies, coronary endothelial function was assessed by cross-sectional images of a native coronary artery with <30% luminal stenosis, and the changes in coronary cross-sectional area and coronary flow velocity during

handgrip exercise were assessed. Prior research has shown that handgrip exercise—mediated changes in coronary blood flow and surface area are mediated by nitric oxide, and coronary endothelial function measurements have shown good reproducibility in a small cohort of healthy and CAD patients.¹⁰⁹ Although all 3 studies used the same methodology, the groups enrolled and the variables measured varied among the groups and will be described individually.

lantorno et al enrolled PLWH on ART and HIV-negative controls with and without a history of CAD, leading to the creation of 4 groups.¹⁰⁵ PLWH without a history of CAD (HIV+/CAD-) were found to have significantly impaired coronary endothelial function compared with controls, as measured by change in mean coronary flow velocity and coronary artery surface area. Coronary endothelial function did not significantly differ between the 2 groups with CAD (HIV+/CAD+ and HIV-/CAD+). Notably, coronary endothelial function in PLWH without CAD was not significantly different from both groups with CAD. Coronary endothelial function was found to be significantly inversely correlated with IL-6 levels among those with HIV, and no associations between coronary endothelial function and HIV-specific parameters (CD4 count at time of testing, viral load, ART regimen) were reported.

lantorno et al conducted an additional study investigating the relationship between coronary endothelial function and local epicardial fat in PLWH and HIV-negative controls.¹⁰⁷



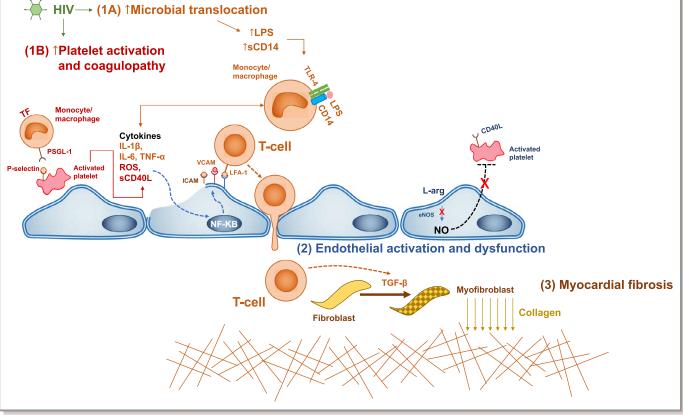


Figure 2. Proposed molecular mechanisms underlying inflammation, coronary microvascular dysfunction, and myocardial fibrosis in treated HIV. People living with HIV (PLWH) have increased levels of LPS (lipopolysaccharide), soluble CD14 (cluster of differentiation 14; sCD14), IL-6 (interleukin 6), tissue factor (TF)–expressing monocytes/macrophages, signs of platelet activation, and increased levels of ICAM-1 (intercellular adhesion molecule 1) and VCAM-1 (vascular cell adhesion molecule 1). We propose the interrelated pathways that may lead to coronary microvascular dysfunction in HIV. **1A**, LPS and CD14 interaction, secondary to microbial translocation, lead to macrophage activation, TF expression and release of proinflammatory cytokines including IL-1, IL-6, and TNF- α (tumor necrosis factor α). This leads upregulation of inflammatory pathways in endothelial cells mediated by NF- κ B (nuclear factor κ B), leading to increased ICAM-1 and VCAM-1 expression and downregulation of endothelial nitric oxide (NO) synthase (eNOS) leads to decreased conversion of the amino acid L-arginine (L-arg) to NO. **1B**, Platelet activation leads to the release of cytokines and procoagulopathic molecules as well as cell-surface expression of CD40L (cluster of differentiation 40 ligand) and P-selectin. Platelets interact with lymphocytes via P-selectin and PSGL-1 (P-selectin glycoprotein ligand 1) facilitating lymphocyte rolling and interactions with endothelial cells via adhesion molecules (e.g., ICAM-1 and VCAM-1) and integrins (e.g., lymphocyte function associated antigen-1 [LFA-1]). **2**, Endothelial cell activation and nitric oxide downregulation leads to increased platelet activation, increased inflammatory and endothelial interaction, and lymphocyte transmigration across the vessel wall. **3**, Lymphocyte transmigration leads to increased TGF- β (transforming growth factor β) expression in the subendothelial space, leading to the transformation of fibroblasts into myofibroblasts with subsequent collagen deposition and

Three groups were included: PLWH with and without CAD and controls without CAD (HIV+/CAD-, HIV+/CAD+, HIV-/CAD-). Data from their prior study were included in this study. Coronary endothelial function was calculated for all groups. Changes in coronary artery surface area and coronary blood flow were significantly lower in those with HIV, with and without CAD, compared with HIV-negative controls. Local epicardial adipose tissue was also inversely correlated with the change in coronary artery surface area (but not coronary artery flow velocity) among those with HIV.

The third study, from Leuker et al, measured coronary endothelial function in PLWH and HIV-negative controls

without CAD (HIV+/CAD-, HIV-/CAD-). This study again demonstrated impaired coronary endothelial function in those with HIV compared with controls.¹⁰⁸ The authors also found a significant inverse relationship between proprotein convertase subtilisin/kexin type 9 (PCSK9) levels and coronary artery surface area dilation among those with HIV but not among controls without HIV.

Although the following 2 studies did not enroll controls without HIV, they assessed CMD in PLWH on ART using PET/ CT. Kristoffersen et al enrolled 12 PLWH before ART initiation and measured myocardial flow reserve and FMD before treatment and then again after therapy was initiated, 24 to

Limitations	Small sample size, restrictive inclusion criteria	No control group, small sample size	Danish cohort, generalizable to US population?	Use of new method to assess CEF, small subgroups, frequent PI use, variability in VL suppression	No control group, significant differences in baseline cardiovascular RF	Participants not on ART, use of new method to assess CEF
MFR/CEF	MFR in PLWH: 3.2±0.3 (normal TC), 3.2±0.3 (elevated TC); MFR in controls: 3.0±0.3	MFR at baseline: 3.11 \pm 0.32; after treatment: 2.48 \pm 0.25	MFR in PLWH: 2.97±0.11; MFR in controls: 3.13±0.17	HIV -/CAD - CSA change: +10.2±0.9%; CBF change: +41.2±5.1%; HIV+/CAD - CSA change: +3.22±1.2% CBF change: (+6.2±3.0%)	Women with HIV: 2.13 ± 0.10 ; men with HIV: 2.57 ± 0.11	HIV –/CAD – CSA change, +10.1±5.5%; CBF change, +33.2±15.2%; HIV+/CAD – CSA change, +0.2±12.3%; CBF change, +0.2±22.5%; HIV+/CAD+ CSA change, -1.1±3.8%; CSA change, -1.1±3.8%; CSF change, -1.1±3.8%;
Results	No significant difference in MFA, FMD, and NMD	FMD, MFR significantly lower after ART initiation; not significant in cold-pressor reserve	No significant differences in MFR	HIV+/CAD – significantly impaired CEF compared with HIV–/CAD –; IL-6 inversely correlated with CEF in HIV+	Women significantly lower MFR than men; significant (negative) association between CMV IgG and MFR in women	CEF significantly impaired in HIV+: epicardial adipose tissue correlated with CSA change in HIV+
HIV Characteristics	100% ART. 60% on PI; mean CD4, 653≟273 cells/mm³; VL suppressed in 80%	Baseline: 0% on ART; mean CD4, 251±68 cells/mm ³ ; VL unsuppressed; after ART: not reported	100% on ART (34% on PI); median CD4, 675 cells/mm ³ (range: 285–1390); 100% VL <40 copies/mL	CAD -: 94% on ART (60% on Ph; mean CD4, 614±93 cells/mm ³ , VL suppressed in 83%; CAD+: 100% on ART (58% on Ph); mean CD4, 629±63 cells/mm ³ , VL suppressed in 95%	Men: 100% on ART (52% on P); median CD4, 645 cells/ mm ³ (range: 285–1390); 94% with suppressed VL; women: 100% on ART (27% P); median CD4, 644 cells/ mm ³ (range: 222–1780); 93% with suppressed VL	CAD -: 94% on ART (16% on Pb); mean CD4, 611±480 cells/mm ³ , 89% with suppressed VL; CAD+: 73% on ART (40% on Pls); mean CD4, 619±254 cells/mm ³ , 80% with suppressed VL
Cardiovascular RF (Exclusion Criteria, Baseline Characteristics of PLWH vs Controls)	Excluded: antihypertensive therapy, CVD, DM, (current) smoking, statin use; in TC <215 mg/dL, lower HDL, higher TC vs controls	Excluded: DM, HTN, ischemic heart disease, lipid-lowering treatment	No cardiovascular RF exclusion criteria; increased TC and HDL in PLWH	HIV—/CAD—: <50 y excluded CAD, DM, >1 cardiovascular RF; >50 y (HIV+/HIV—): CACS=0, CAD+; >50 y (HIV—/HIV+): 30– 70% luminal stenosis, HIV+ significantly higher HCV positivity	No exclusion based on cardiovascular RF; women younger, less likely on antihypertensives and statins, higher DBP and HDL, lower creatinine and FRS	HIV: excluded CAD or any CAD RF. if >50 y, excluded CACS >0; HIV+/CAD: excluded CACS >0; in HIV+/CAD +, 30% to 70% luminal stenosis
No. HIV+ Participants (Subgroups)/ No. Controls	25 (13 with TC ≤215 mg/dL; 12 with TC ≥254 mg/dL)/14	12/0	56/25	35 (18 CAD-, 17 CAD+)/ 77 (36 CAD-, 41 CAD+)	94 (50 men, 44 women/0	51 (36 CAD-, 15 CAD+)/14 CAD-
Imaging Modality (Stressor)	PET/CT (dipyridamole)	PET/CT (cold-pressor testing, dipyridamole)	PET/CT (adenosine)	cMRI (IHE)	PET/CT (adenosine)	cMRI (IHE)
Publication Year	2008	2010	2015	2017	2018	2018
Reference	Lebech et al ¹⁰²	Kristoffersen et al ¹⁰³	Knudsen et al ¹⁰⁴ *	lantomo et al¹ ^{05,∗†}	krudsen et al ¹⁰⁶ *	lantomo et al ^{107,∗†}

Table 2. Coronary Microvascular and Endothelial Function in PLWH

Continued

Reference Year	cation	Imaging Modality (Stressor)	Parucipants (Subgroups)/ No. Controls	Cardiovascular RF (Exclusion Criteria, Baseline Characterístics of PLWH vs Controls)	HIV Characteristics	Results	MFR/CEF	Limitations
Leucker 2018 et al ¹⁰⁸	18	cMRI (IHE)	48/15	HIV-: excluded CVD if >1 cardiovascular RF: if ≥40 y, CACS >0; HIV+: excluded CACS >0, CVD, significantly lower HDL, higher statin use; higher % men in HIV+	100% on ART (0% on PI); 100% with suppressed VL; median CD4, 665 (range: 456–933)	CEF significantly impaired in HIV+ Inverse relationship between CSA change and PCSK9 level	HIV-/CAD- CSA change: +11.1±-3.7% CBF change: +37.5±10.0% HIV+/CAD- CSA change: +2.9±9.6% CBF change: +6.2±19.2%	Use of new method to assess CEF, differences in cardiovascular RF between groups

coronary surface area; CVD, cardiovascular disease; DBP, diastolic blood pressure; DM, diabetes mellitus; FMD, flow-mediated dilation; FRS, Framingham risk score; HCV, hepatitis C virus; HDL, high-density lipoprotein; HTN, hypertension; emission tomography/computed tomography; PI, protease inhibitor; PLWH, people living with HIV; RF, isometric handgrip exercise; IL, interleukin; MFR, myocardial flow reserve; NMD, nitroglycerine-mediated dilation; PET/CT, positron factor; TC, total cholesterol; TG, triglycerides; VL, viral load. risk Ë,

Some participants were included in both studies

VL suppressed: <20 copies/mL

67 days later.¹⁰³ Myocardial flow reserve, assessed by PET/ CT, and dipyridamole infusion as well as cold-pressor testing were used to induce hyperemia. The authors were able to obtain a full set of images from only 9 participants but found a significant decrease in myocardial flow reserve (20%), driven by a decrease in the maximal blood flow after dipyridamole infusion, and a significant decrease in FMD after ART initiation.

Knudsen et al, building on their earlier study, compared myocardial flow reserve in men and women living with HIV.¹⁰⁶ They used PET/CT and adenosine infusion to induce hyperemia. Male participants from their previous study were included, and women were recruited from the Study of HIV, Cervical Abnormalities, and Infections in Women from Denmark (SHADE) cohort, which follows women with HIV in Denmark. They found that women with HIV had significantly lower myocardial flow reserve than men, and myocardial flow reserve in women was found to inversely correlate with cytomegalovirus IgG, whereas no such association was found for men.

A number of possible explanations exist for the inconsistent results of studies comparing coronary microvascular or endothelial function in PLWH and controls without HIV. First, although all studies aimed to enroll participants without a high cardiovascular risk burden (apart from the studies that specifically enrolled patients with CAD), they varied significantly in their enrollment criteria; some excluded participants with any cardiovascular risk factors, whereas others allowed patients with diabetes mellitus, hypertension, and CAD to enroll. Most studies reported no significant differences in risk factor burden between PLWH and controls, but study groups were small, with ranges of 13 to 56 participants with HIV and 14 to 44 participants without HIV included in the studies.

In addition, although HIV-specific parameters were similar in all studies, viral suppression (viral load <20 copies/mL) and ART use varied between studies, with 77% to 100% suppressed and 73% to 100% on ART. Mean or median current CD4+ T-cell count was measured in all studies, and counts were consistently between 600 and 700 cells/µL. Conversely, nadir CD4 count was reported in only 2 studies (although tests of association were done in 3 studies).102,104,106 Notably, no study reported any associations between HIV-related parameters (including use of protease inhibitors, nadir CD4 count, current CD4 count, HIV RNA levels, or hepatitis C virus coinfection) and myocardial flow reserve or coronary endothelial function.

All studies were done by researchers from just 2 academic hospitals, one in the United States and one in Denmark. The 2 Danish studies found no differences in myocardial blood flow in PLWH compared with controls, whereas all 3 studies from the United States found significant differences between the 2 groups. The geographic differences also corresponded to differences in imaging modality and stressor. Although both adenosine and dipyridamole are commonly used to assess

Table 2. Continued

Table 3.	CMD i	n PLWH:	Future	Directions	and	Unmet Needs	s
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Question	Significance	Future Directions
What is the prevalence of CMD in PLWH on ART with well-controlled cardiovascular RFs?	Important to understand whether CMD reflects traditional cardiovascular RFs (HTN, HLD, DM, smoking), HIV infection, or a combination/interaction of HIV and cardiovascular RFs	Cross-sectional studies of PLWH on ART and controls, comparing those with well-controlled cardiovascular RF and no cardiovascular RF
If there are increased rates of CMD in PLWH, what is the mechanism?	CMD may be secondary to myocardial disease, vascular rarefication, atherosclerosis, or RFs including chronic inflammation; mechanism is important for determining therapeutic interventions	Studies in SIV/HIV+ animal models; studies that incorporate simultaneous assessment of atherosclerosis (eg, coronary CT calcium scan), myocardial structure/function, and inflammatory milieu
Are there differences in CMD in men and women with HIV?	Although women frequently were not included in studies of PLWH, one study showed impaired CMD in women with HIV compared with men; different pathophysiologic pathways may be responsible	Prioritize research that focuses on CMD in women living with HIV
What therapeutic interventions may improve CMD in PLWH?	Drug studies that have targeted inflammatory pathways in PLWH have been largely negative using brachial FMD as a surrogate end point; a more specific surrogate may be useful	Randomized trials of antifibrotic and anti-inflammatory medications and intensive RF control using a change in CFR/MRF/CEF as a surrogate end point
Can brachial FMD or EndoPAT (Itamar Medical) be used as screening tools to identify CMD in PLWH?	CFR/MFR/CEF may be impractical for many patients; noninvasive peripheral testing could help identify those in need of further testing	Prospective studies using concurrent brachial FMD or EndoPAT and CFR/MFR/CEF assessment
What is the prognostic significance of CMD in PLWH?	Whether CMD correlates with adverse cardiovascular outcomes in PLWH has significant implications for its value as a screening or risk-stratification tool	Additional testing in PLWH using modalities with proven prognostic value (PET/CT, cMR, or TTE) and prospective studies of PLWH on ART with long-term follow-up

ART indicates antiretroviral therapy; CEF, coronary endothelial function; CFR, coronary flow reserve; CMD, coronary microvascular dysfunction; cMR, cardiac magnetic resonance; CT, computed tomography; DM, diabetes mellitus; FMD, flow-mediated dilation; HLD, hyperlipidemia; HTN, hypertension; MFR, myocardial flow reserve; PET/CT, positron emission tomography/computed tomography; PLWH, people living with HIV; RF, risk factor; TTE, transthoracic echocardiography.

coronary microvascular function, they have been shown to act in both an endothelium-dependent and endothelium-independent manner to promote vasodilation.¹¹⁰ In contrast, isometric handgrip exercise has been shown to act primarily in an endothelium-dependent manner via nitric oxide signaling. Both adenosine and dipyridamole have been used in studies that found abnormal myocardial flow reserve or coronary flow reserve in patients with chronic inflammatory diseases compared with controls; however, CMD in PLWH may be more specifically related to abnormalities at the level of the endothelium, and thus fewer abnormalities may be noted with adenosine or dipyridamole.

The localization of abnormalities of coronary blood flow to the endothelium is consistent with the evidence of immune activation and peripheral endothelial dysfunction seen in PLWH. In addition, 2 of the above studies showed an association between abnormalities in coronary function and markers of inflammation—specifically, between IL-6 levels and coronary endothelial function¹⁰⁵ and between cytomegalovirus IgG levels and myocardial flow reserve.¹⁰⁶

Future Directions and Unmet Needs

Given the conflicting results, the relatively small numbers of patients examined, and the cross-sectional nature of the

aforementioned prior studies, further studies assessing coronary microvascular function in PLWH are required to better understand the epidemiology, time course, and mechanisms of CMD in PLWH on ART. All studies thus far, which have assessed CMD in PLWH compared with controls, have examined CMD at one time point and so have not been able to assess for possible changes in coronary endothelial function that may occur over the course of treated HIV infection. In addition, by imposing strict inclusion and exclusion criteria with regard to traditional cardiovascular risk factors, studies may prevent an appreciation of the additive or multiplicative effect that HIV infection may have with traditional cardiovascular risk factors such as smoking, diabetes mellitus, and hypertension and limit their generalizability, given the high rates of comorbid conditions in PLWH.

Future studies should prioritize simultaneous investigation of CMD and cardiac structure (ie, presence of fibrosis or steatosis) and function (ie, systolic and diastolic function) to examine the degree to which CMD relates to myocardial abnormalities observed in PLWH. Given the multiple etiologies of CMD, careful matching of participants and inclusion of people with well-controlled HIV (eg, suppressed viral load, consistent ART use) will be crucial to minimize confounding. Animal models of HIV infection, for example, SIV-infected rhesus macaques and HIV-1 transgenic rats,¹¹¹ have helped identify cellular mechanisms

that may drive vascular dysfunction and increased myocardial fibrosis associated with HIV infection, but studies assessing CMD in animal models of HIV have not been performed.^{112–114} Such studies would help isolate specific mechanisms underlying CMD in HIV infection and disentangle the confounding or additive effects that traditional cardiovascular risk factors (eg, hypertension, smoking, diabetes mellitus), ART, and coinfections may have on CMD. Noninvasive assessments of CMD have been performed successfully in a variety of animal models to study the pathophysiology of CMD; these methodologies could be applied to animal models of HIV.⁹¹

CMD may be an important target for therapeutic interventions and a useful parameter for assessing and following CVD risk among HIV-infected populations. Randomized control trials and longitudinal studies will help to determine the efficacy of specific interventions (eg, anti-inflammatory agents) on CMD in PLWH and clarify the risk factors, causal pathways, and prognostic value of myocardial flow reserve, coronary flow reserve, and coronary endothelial function in PLWH. Finally, novel therapeutics in development for CMD for other conditions (eg, myeloperoxidase inhibition for CMD in HF with preserved ejection fraction [NCT03756285]) may have utility in PLWH and could be tested in the future in these patients if a firmer link between HIV and CMD were ultimately established. Table 3 lists future directions and unmet needs in the field of CMD in HIV.

Conclusions

CMD may be more common in PLWH on ART than in controls without HIV and with similar (traditional) cardiovascular risk profiles; however, further research is needed. Research focusing on CMD in PLWH should be prioritized because it may provide a novel pathophysiologic link among chronic inflammation, immune activation, and adverse cardiovascular outcomes observed in PLWH and in non-HIV disease states. In addition, because CMD can be reversed with proper therapeutic intervention or lead to cardiovascular remodeling if not addressed, it may be an important metric by which PLWH can be risk stratified, enrolled into trials of anti-inflammatory or antifibrotic agents that improve coronary microvascular function directly, or referred for aggressive cardiovascular risk management. As PLWH age on ART and increasingly present for CVD management, it is imperative that the mechanisms responsible for their increased risk of CVD be elucidated so that the tremendous success of ART is not lessened by premature death or disability from CVD.

Sources of Funding

Rethy was supported with funding from the Sarnoff Cardiovascular Research Foundation. Shah is supported by the US National Institutes of Health (grants R01 HL107577, R01HL127028, R01 HL140731, and R01 HL149423) and the American Heart Association (grants 16SFRN28780016 and 15CVGPSD27260148).

Disclosures

Shah has received research grants from Actelion, AstraZeneca, Corvia, and Novartis and consulting fees from Actelion, Amgen, AstraZeneca, Bayer, Boehringer-Ingelheim, Cardiora, Eisai, Ironwood, Merck, MyoKardia, Novartis, Sanofi, and United Therapeutics. The remaining authors have no disclosures to report.

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Key Words: coronary flow reserve • coronary microvascular function • endothelial dysfunction • HIV • inflammation