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Associations Between Cytochrome P450 (CYP) Gene Single-Nucleotide Polymorphisms and Second-to-Fourth Digit Ratio in Chinese University Students

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Study Design A
Data Collection B
Statistical Analysis C
Data Interpretation D
Manuscript Preparation E
Literature Search F
Funds Collection G

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Background: Cytochrome P450 (CYP) genes are necessary for the production or metabolism of fetal sex hormones during pregnancy. The second-to-fourth digit ratio (2D: 4D) is formed in the early stage of human fetal development and considered an indicator reflecting prenatal sex steroids levels. We explored the association between 2D: 4D and single-nucleotide polymorphisms (SNPs) of CYP.


Material/Methods: Correlation analysis between 2D: 4D and 8 SNPs, rs2687133 (*CYP3A7*), rs7173655 (*CYP11A1*), rs1004467, rs17115149, and rs2486758 (*CYP17A1*), and rs4646, rs2255192, rs4275794 (*CYP19A1*), was performed using data from 426 female and 412 male Chinese university students. SNP genotyping was conducted using PCR. Digit lengths were photographed and measured by image processing software.

Results: rs2486758 (*CYP17A1*) correlated with left hand 2D: 4D in men ($P=0.026$), and rs1004467 (*CYP17A1*) correlated with right hand 2D: 4D in men ($P=0.008$) and the whole population ($P=0.032$). In men, allele G rs1004467 decreased right hand 2D: 4D, while allele C of rs2486758 increased left hand 2D: 4D. In women, left hand 2D: 4D was higher in genotypes with allele A of SNP rs4646 (*CYP19A1*) under the dominant genetic model; female D_{R-L} was higher in genotypes with allele T of rs17115149 (*CYP11A1*). SNPs rs2687133 (*CYP3A7*) and rs1004467 (*CYP17A1*) were significantly correlated with right hand 2D: 4D ($P=0.0107$).

Conclusions: SNPs rs1004467 and rs2486758 of *CYP17A1* are significant in the relationship between 2D: 4D and CYP gene polymorphisms under different conditions. SNP interactions between CYP genes probably impact 2D: 4D. The correlation between 2D: 4D and some sex hormone-related diseases may be due to the effect of CYP variants on the 2 phenotypes.

Keywords: **Fetal Development • Genetics • Gonadal Steroid Hormones • Polymorphism, Single Nucleotide**

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Background

The ratio of the second-to-fourth digit length (2D: 4D) in human hands is a sex dimorphism trait that tends to be higher in females than in males and is believed to reflect prenatal sex steroid levels [1]. This ratio is possibly determined by the balance of prenatal testosterone and estrogen levels in a narrow window during the fetal period and remains stable after birth [2]. Thus, 2D: 4D is commonly used as a noninvasive retrospective index of prenatal exposure to sex steroids, especially androgen and estrogen. Studies have shown that 2D: 4D is strongly associated with health conditions and diseases of sex dimorphisms or those affected by sex hormones. Therefore, 2D: 4D might be an indicator of human conditions such as body composition [3], personality traits [4], and physical performance [5], and of disease susceptibilities, including cancer [6], congenital adrenal hyperplasia [7], infertility [8], and mental disorders [9].

Genetic studies on 2D: 4D in twins have shown that 2D: 4D is highly heritable (about 80%) [10]. Gene polymorphisms and the 2D: 4D ratio are significant in studies on factors that can affect the upper limbs [11]. Therefore, 3 genome-wide association studies (GWAS) have been conducted to identify the single-nucleotide polymorphisms (SNPs) associated with 2D: 4D. In 2010, Medland et al studied a sample of 1382 twins and their siblings from Australia, and the SNP rs314277 of gene *LIN28B* was found to be strongly associated with 2D: 4D [12]. In 2013, Lawrance-Owen et al conducted a 2D: 4D GWAS in the UK and found that the *SMOC1* polymorphism was correlated with 2D: 4D [13]. In 2018, Warrington et al performed the largest 2D: 4D genome-wide association meta-analysis, in which 11 loci were identified (*GLIS1*, rs4927012; *EFNA1*, rs11581730; *LDAH*, rs340600; *OLA1*, rs12474669; *FLI1*, rs10790969; *HOXD11/12*, rs847158; *GLI3*, rs77640775; *SMOC1*, rs2332175; *SALL1*, rs6499762; *TOX3*, rs1080014; and *SALL3*, rs4799176), and were believed to explain only 3.8% of the 2D: 4D discrepancy [14]. It is worth noting that none of these SNPs were located in the sex chromosome, and an Asian population was not involved in the studies. Later, other 2D: 4D correlation studies targeting hormone-related gene polymorphisms were conducted, with the majority mainly focusing on estrogen and androgen receptor genes [15,16]. However, 2D: 4D-associated SNPs of enzyme-related genes involved in hormone synthesizing and metabolism have been less frequently studied.

In humans, cytochrome P450s (CYPs) constitute one of the most abundant and diverse enzyme superfamilies, whose members catalyze the oxidative transformation of many organic substrates [17]. The function of CYP genes is critical for many metabolic processes, particularly for sex steroid conversion [18]. The altered expression of CYP genes involved in steroid metabolism may affect sex hormone levels and further increase the risk of some sex-related diseases, such as breast cancer [19], prostate cancer [20], infertility [21], polycystic ovary syndrome [22], and

congenital adrenal hyperplasia [23]. During pregnancy, fetal sex hormones affect embryo development in many ways. The expression of specific CYP genes in the fetal liver, gonad, and placenta is indispensable across the development to synthesize sex hormones including progesterone, estrogen, and androgen [24]. First, *CYP11A1*, an enzyme initiating the steroidogenesis to converse cholesterol to pregnenolone, is pivotal for fetal survival in the early phase of pregnancy. Also, about 30% of the estrogen produced during pregnancy is yielded from the pregnenolone conversion by placental *CYP17A1*. In humans, dehydroepiandrosterone (DHEA) and DHEA sulfate produced by the fetal adrenal glands mainly undergo 16-hydroxylation by *CYP3A7* in the liver, and are then metabolized by the placental enzyme aromatase (*CYP19A1*) [25]. Additionally, *CYP19A1* is a rate-limiting enzyme involved in catalyzing the conversion of androgen to estrogen [26]. There is growing evidence to support that the analysis of sex hormone balance in a developing fetus might be helpful for predicting adult diseases during the lifespan [27].

In particular, some SNPs of CYP genes may affect the sex steroids, leading to physiological or pathological changes in humans. The C allele of rs45446698 in *CYP3A7* causes the overexpression of the fetal *CYP3A7* gene in adults and further impacts the levels of circulating endogenous sex hormones [28]. The SNP rs17115149 (C>A) of the *CYP17A1* gene was strongly correlated with testosterone levels in men with infertility [29]. The SNPs in the *CYP11A1* and *CYP17* genes are significantly associated with testosterone plasma concentrations of patients with polycystic ovary syndrome, and SNPs rs4441215 and rs936306 of the *CYP19A1* gene are associated with serum estradiol levels [30]. Further, SNPs in the CYP genes *CYP3A7*, *CYP11A1*, *CYP17A1*, and *CYP19A1* have been shown to be associated with malignancy and androgenic enzyme expression in the fetal liver [31,32]. Therefore, it is proposed that CYP SNPs may have effects on prenatal sex hormones.

Herein, we conducted a study on 4 CYP genes involved in fetal or placental sex steroid synthesis and metabolism, namely *CYP3A7*, *CYP11A1*, *CYP17A1*, and *CYP19A1*. The association between these CYP gene polymorphisms and 2D: 4D were evaluated in a population of Chinese university students. Our study might elucidate the underlying mechanism of genetic influence on the formation of 2D: 4D. Also, the study might indirectly support 2D: 4D as a useful predictor for many hormone-related diseases, especially for those with significant sex differences in prevalence, incidence, and clinical manifestation.

Material and Methods

Study Subjects

The participants were 426 women aged 19.6±1.3 years and 412 men aged 19.2±1.2 years. All participants were recruited from the

Ningxia Medical University in Yinchuan city of the Ningxia Hui Autonomous Region in northwestern China. All participants were physically and mentally healthy. The study design was approved by the Ningxia Medical University Ethics Committee (No.2019-057). Informed written consent was obtained from each participant. All the study samples are stored securely. The DNA samples, research data, and any information that can be traced to individual participants will not be provided to any other party.

SNP Genotyping

Four CYP genes were chosen based on the review of related literature, namely *CYP3A7* (critical for sex steroid synthesis during embryogenesis and expressed mainly in fetal liver), and *CYP11A1*, *CYP17A1*, and *CYP19A1* (the genes of 3 rate-limiting enzymes catalyzing sequential steps in steroidogenesis). SNPs for the CYP genes were selected using the 1000 Genomes Browser database and Haploview 4.2 software, per the following criteria: (1) Functional SNPs from regions including 1000bp upstream and downstream of target genes were systematically screened using the online tools ENSEMBL (<https://asia.ensembl.org>) and SNPinfo Web Server (<https://snpinfo.niehs.nih.gov/>); (2) an r^2 cut-off (0.8) and minor allele frequency cut-off (0.05) for the Han Chinese in Beijing population of the SNPs were defined; (3) the SNPs have been studied or reported in other diseases. Finally, we selected 8 SNPs, *CPY3A7* (rs2687133 C>T), *CYP11A1* (rs7173655 C>T), *CYP17A1* (rs1004467 A>G, rs17115149 C>T, rs2486758 T>C), and *CYP19A1* (rs4646 C>A, rs2255192 C>T, rs4275794 T>C).

Genomic DNA was extracted from peripheral blood samples using DNA extraction kits, according to the manufacturer's instructions (DP304 TIANamp Genomic DNA Kit, TIANGEN Biotech Co. Ltd., Beijing, China). Genotyping of each variant was performed using the multiplex polymerase chain reaction (PCR) technique developed by Novogene Biotech Co., Ltd. (Beijing, China). The PCR program was performed in 2 rounds: round 1 consisted of 1 cycle at 95°C for 15 min; 4 cycles at 94°C for 30 s, 60°C for 10 min, and 72°C for 30 s; and 24 cycles at 94°C for 30s, 60°C for 1 min, and 72°C for 30 s; and round 2 consisted of 1 cycle at 95°C for 15 min; 5 cycles at 94°C for 30 s, 60°C for 4 min, and 72°C for 30 s; and 10 cycles at 94°C for 30 s, 65°C for 1 min, and 72°C for 30 s. After PCR, the amplified products were mixed in a centrifuge tube and shaken overnight. The PCR products were then purified using a CA2 absorption column. The purified PCR product was loaded and run on the Illumina X-10 sequencer. Illumina RTA software was used to perform quality control and raw data analysis.

Data Collection

The participants put their 2 hands flat against the same white background with the palms facing up and fingers straight. A

digital camera was used to collect the images of both hands. The photos were not used when the fine structures of each digit were not clearly visible. The Image-Pro Plus 6.0 (Media Cybernetics, Inc., USA) was used to measure the digit lengths of both hands (from the fingertip to the middle point of the most proximal crease to the palm). The measurement of each digit was performed 3 times by 3 different individuals who were well trained in the procedure, and the mean value was used for further analysis. The length ratios of both hands between the second and fourth digits were calculated.

Statistical Analyses

The Statistical Package for the Social Sciences (SPSS) 22.0 software (IBM, Armonk, NY, USA) was used to conduct the statistical analyses. The intra-class correlation coefficients (r_1) were used for evaluating the digit length measurement credibility. The difference comparisons were performed using the t test for 2 groups and ANOVA for more than 2 groups. The Benjamini-Hochberg method was applied for multiple comparisons to control the false discovery rate. The χ^2 test and Fisher's exact test were used to evaluate the genotype and allele frequency distributions between groups. The statistical tests were 2-tailed and $P < 0.05$ indicated statistical significance. The mean \pm standard deviation was used to represent all 2D: 4D data.

The Hardy-Weinberg equilibrium, minor allele frequency, and linkage disequilibrium were analyzed using Haploview software (Broad Institute of Harvard and MIT, MA, USA). The haplotype block was defined using the method of the Four Gamete Rule in Haploview.

Snpstats (<https://www.snpstats.net/start.htm>) was used to analyze the differences in haplotype, genotype, and allele frequencies between sexes. The linear regression analysis in the Plink package (v.1.9) was used to verify the associations between 2D: 4D and CYP SNPs. We assessed the interactions among SNPs of CYP genes using the generalized multifactor dimensionality reduction (GMDR) method [33]. The box-shaped scatter composite figure plotted by R was used to visualize the 2D: 4D genotype association characteristics.

Results

Description and distribution of CYP SNPs in our population

A total of 8 SNPs separately located in *CPY3A7*, *CYP11A1*, *CYP17A1*, and *CYP19A1* were selected. The information and locations of the associated SNPs are listed in **Table 1**. The genotype frequencies of all the SNPs met the requirement of Hardy-Weinberg equilibrium in our population ($P > 0.05$). The results indicated that the genotype and allele frequencies of all SNPs

Table 1. Specific information on candidate SNPs of *CYP* genes.

Gene	SNP	Chromosome	Position	Location	Allele	MAF	HWpval
<i>CYP3A7</i>	rs2687133	7	99170019	Intron	C>T	0.254	0.9280
<i>CYP11A1</i>	rs7173655	15	72419415	Intron	C>T	0.350	0.4637
<i>CYP17A1</i>	rs17115149	10	104587708	5'-UTR	C>T	0.189	0.1475
	rs1004467	10	104584497	Intron	A>G	0.329	0.9660
	rs2486758	10	104587470	5'-UTR	T>C	0.190	0.1097
<i>CYP19A1</i>	rs4646	15	49290136	3'-UTR	C>A	0.297	0.6116
	rs2255192	15	49288127	3'-UTR	C>T	0.188	0.1793
	rs4275794	15	49288409	3'-UTR	T>C	0.189	0.1940

SNPs – single-nucleotide polymorphisms.

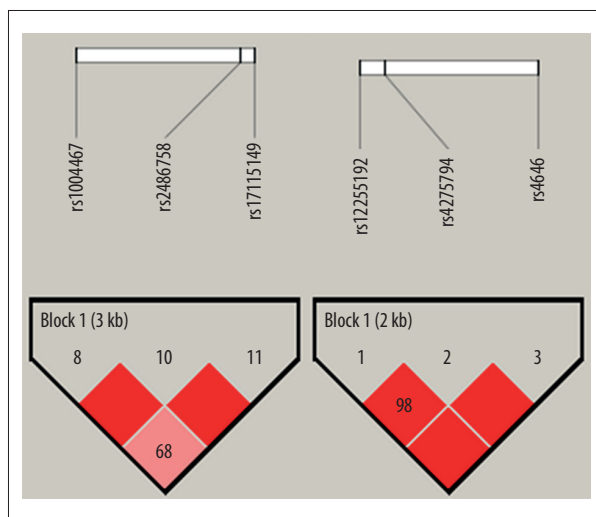


Figure 1. Linkage disequilibrium (LD) map of single-nucleotide polymorphisms (SNPs) in genes *CYP17A1* and *CYP19A1*. A good LD was found among rs1004467, rs2486758, and rs17115149 of *CYP17A1*(rs1004467 – rs2486758: $D' = 0.9993$, $r^2 = 0.1153$; rs1004467 – rs17115149: $D' = 0.6885$, $r^2 = 0.0202$; rs2486758 – rs17115149: $D' = 0.9964$, $r^2 = 0.0203$); and rs2255192, rs4275794, and rs4646 of *CYP19A1*(rs2255192 – rs4275794: $D' = 0.9883$, $r^2 = 0.9728$; rs2255192 – rs4646: $D' = 0.9992$, $r^2 = 0.0974$; rs4275794 – rs4646: $D' = 0.9992$, $r^2 = 0.0978$). The haplotypes in the blocks were established based on the LD values.

were not significantly different between men and women. A good linkage disequilibrium was found in the 2 groups of the following SNPs: 3 SNPs (rs1004467, rs17115149, rs2486758) of *CYP17A1* and 3 SNPs (rs4646, rs2255192, rs4275794) of *CYP19A1* (Figure 1). The haplotypes in the blocks were established and analyzed for differences between sexes, but no statistically significant differences were observed.

2D: 4D Characterizations in Our Population

Remeasurement reliability of all digit lengths were acceptable for both hands in the intra-class correlation coefficient test (digit length of left hand: $F = 44.620$, $P < 0.001$; digit length of right hand: $F = 44.484$, $P < 0.001$). The significant difference was observed between different sexes in the left hand (L)2D: 4D ($t = -2.951$, $P = 0.003$) and the right hand (R)2D: 4D ($t = -2.353$, $P = 0.019$). The L2D: 4D and R2D: 4D were both higher in women than in men, which was consistent with previous reports. However, the R2D: 4D minus L2D: 4D (D_{R-L}) was not different between men and women (Table 2).

Correlation of Single CYP SNPs to 2D: 4D in the Study Population

The L2D: 4D, R2D: 4D, and D_{R-L} of CYP SNP genotypes were analyzed to explore the relationship between the CYP gene polymorphisms and the prenatal sex hormones. From the analytical results, the R2D: 4D was found to be significantly different in the 3 genotypes of SNP rs1004467 ($F = 4.113$, $P = 0.017$) (Table 3). The existence of minor allele G decreased the R2D: 4D, suggesting an increased fetal androgen or decreased fetal estrogen level. However, no genotype difference was observed in L2D: 4D and D_{R-L} .

The associations between CYP SNPs and 2D: 4D by sex were then assessed, and only SNPs of *CYP17A1* showed a relationship (Figure 2). For men, the L2D: 4D showed a statistically significant difference among different genotypes of SNP rs2486758 ($F = 4.771$, $P = 0.009$) and the genotypes with minor allele C had a higher L2D: 4D. The R2D: 4D was significantly different among different genotypes of SNPs rs1004467 ($F = 5.997$, $P = 0.003$) and rs2486758 ($F = 4.973$, $P = 0.007$). The minor allele G of rs1004467 was associated with a decrease in the R2D: 4D, while the minor allele C of rs2486758 was associated with an increase in the R2D: 4D. For women, a statistically significant difference in

Table 2. The summary of 2D: 4D results for men and women.

	L2D: 4D		R2D: 4D		D _{R-L}	
	Range	Mean±SD	Range	Mean±SD	Range	Mean±SD
Total	0.8271-1.0788	0.964±0.033	0.8551-1.0598	0.961±0.033	-0.1185-0.0833	-0.002±0.028
Male	0.8271-1.0595	0.960±0.036	0.8551-1.0524	0.959±0.033	-0.1061-0.0833	-0.002±0.027
Female	0.8726-1.0788	0.967±0.032	0.8811-1.0598	0.964±0.034	-0.1185-0.0675	-0.003±0.028
t	-2.951		-2.353		0.687	
p	0.003		0.019		0.492	

* $P < 0.05$; ** $P < 0.01$. 2D: 4D – second-to-fourth digit ratio.

the L2D: 4D was observed in SNP rs4646 ($F=3.142$, $P=0.044$), and the L2D: 4D was higher in genotypes with minor allele A. Also, the D_{R-L} in women was higher in genotypes containing the minor allele T of rs17115149 ($F=3.260$, $P=0.039$).

Further, the linear regression model was used to verify the causal relationship between CYP SNPs and 2D: 4D. As shown in **Table 4**, rs2486758 was correlated with the L2D: 4D ($P=0.026$) in men, and rs1004467 was correlated with the R2D: 4D in men ($P=0.008$) and the whole population ($P=0.032$). However, no relationship was found between CYP SNPs and the 2D: 4D in women. Additionally, there was no correlation between CYP SNPs and D_{R-L} for either men or women.

Correlation of CYP SNPs with 2D: 4D Under Different Genetic Models and Haplotypes

The digit ratios of dominant and recessive models of SNP genotypes were compared. For the whole population, L2D: 4D was significantly lower in C/C than in A/C and A/A genotypes under the dominant model of rs4646 ($t=-2.218$, $P=0.027$), R2D: 4D was significantly higher in A/A than in A/G and G/G genotypes under the dominant model of rs1004467 ($t=2.618$, $P=0.009$), and D_{R-L} was significantly different between the genotypes of SNP rs2687133 under the dominant model ($t=2.067$, $P=0.039$). In men, there were significant differences in L2D: 4D in the dominant model of rs2486758 ($t=2.831$, $P=0.005$), recessive models of rs1004467 ($t=2.109$, $P=0.036$) and rs2486758 ($t=-2.028$, $P=0.043$), in R2D: 4D in dominant models of rs1004467 ($t=2.878$, $P=0.004$) and rs2486758 ($t=-3.132$, $P=0.002$), and the recessive model of rs1004467 ($t=2.644$, $P=0.009$). In women, the optimal models were the recessive model of rs17115149 ($t=2.128$, $P=0.034$) and the dominant model of rs4646 ($t=2.419$, $P=0.016$) for L2D: 4D, but there were no statistically significant genetic models for R2D: 4D and D_{R-L}.

Next, 2D: 4D in different haplotypes of *CYP17A1* and *CYP19A1* were analyzed. As shown by the data summarized in **Table 5**, only rs17115149-rs1004467-rs2486758 in *CYP17A1* showed

significant differences in male R2D: 4D values ($F=4.382$, $P=0.005$). Multiple comparisons were performed, and the results indicated that R2D: 4D was significantly lower in the haplotype G-G-T.

Implications of SNP-SNP Interactions Within CYP Genes in 2D: 4D

Next, we used GMDR analysis to detect the potential high-dimension interactions among the CYP SNPs, with the interaction confirmed by cross-validation consistency. Key variables were defined as L2D: 4D, R2D: 4D, and D_{R-L} for each participant, with SNP variables ranging from 0 to 2, indicating the number of minor alleles in an individual participant (0=0 minor allele, 1=1 minor allele, 2=2 minor alleles). Considering the effect on the R2D: 4D, *CYP17A1* SNP rs1004667 had the highest testing balanced accuracy and CV consistency among the 8 SNPs, but without statistical significance. On testing, SNPs rs2687133 (*CYP3A7*) and rs1004467 (*CYP17A1*) had the highest accuracy in a 2-way interaction ($P=0.0107$) (**Table 6**, **Figure 3**).

Discussion

The current study was designed to help us understand the genetic polymorphisms of CYP genes and the association of these polymorphisms with the prenatal sex hormone balance in a northwestern Chinese population. Our results support the hypothesis that polymorphisms in CYP genes are correlated with the 2D: 4D; that is, variants of CYP genes might affect the synthesizing and metabolizing of sex hormones in utero and further result in the difference of digit ratio formation during early embryo development.

Genetic polymorphisms in CYP genes might lead to changes in CYP gene expression and thereby affect steroid synthetization and endocrine regulation [18]. Studies have found that the allele frequencies of many CYP SNPs vary between different ethnic groups [34] and diseases [35], but differences due

Table 3. The difference of the digit ratios among SNP genotypes of CYP genes.

Genotype	L2D: 4D			R2D: 4D			D _{R-L}		
	Mean±SD	F	P	Mean±SD	F	P	Mean±SD	F	P
rs2687133									
CC	0.9676±0.0344			0.9634±0.0360			-0.0043±0.0275		
TT	0.9626±0.0331	0.925	0.397	0.9620±0.0337	0.282	0.754	-0.0005±0.0271	2.138	0.119
TC	0.9652±0.0327			0.9605±0.0323			-0.0047±0.0282		
rs7173655									
CC	0.9645±0.0336			0.9629±0.0351			-0.0016±0.0273		
TT	0.9645±0.0346	0.187	0.830	0.9619±0.0314	0.739	0.478	-0.0026±0.0309	0.301	0.740
TC	0.9631±0.0322			0.9600±0.0320			-0.0032±0.0269		
rs17115149									
GG	0.9636±0.0334			0.9615±0.0329			-0.0021±0.0272		
TT	0.9771±0.0367	0.76	0.468	0.9755±0.0480	0.874	0.418	-0.0016±0.0508	0.295	0.744
TG	0.9645±0.0306			0.9603±0.0344			-0.0042±0.0275		
rs1004467									
AA	0.9661±0.0336			0.9649±0.0331			-0.0012±0.0279		
GG	0.9587±0.0356	2.097	0.123	0.9553±0.0356	4.113	0.017*	-0.0034±0.0287	0.625	0.535
AG	0.9630±0.0318			0.9596±0.0326			-0.0034±0.0270		
rs2486758									
CC	0.9705±0.0384			0.9629±0.0333			-0.0076±0.0318		
TT	0.9626±0.0319	1.647	0.193	0.9600±0.0339	1.677	0.187	-0.0026±0.0273	0.879	0.415
TC	0.9659±0.0346			0.9647±0.0318			-0.0012±0.0276		
rs4646									
AA	0.9656±0.0348			0.9654±0.0343			-0.0001±0.0256		
CC	0.9613±0.0327	2.485	0.084	0.9602±0.0328	0.889	0.411	-0.0012±0.0269	1.527	0.218
AC	0.9666±0.033			0.9622±0.0337			-0.0043±0.0287		
rs2255192									
CC	0.9637±0.0332			0.9605±0.0343			-0.0032±0.0277		
TT	0.9609±0.0315	0.259	0.772	0.9665±0.0294	0.91	0.403	0.0056±0.0245	1.786	0.168
TC	0.9649±0.0330			0.9630±0.0314			-0.0018±0.0277		
rs4275794									
CC	0.9609±0.0315			0.9665±0.0294			0.0056±0.0245		
TT	0.9640±0.0331	0.154	0.857	0.9609±0.0341	0.542	0.582	-0.0031±0.0278	1.723	0.179
TC	0.9641±0.0332			0.9621±0.0320			-0.0020±0.0274		

* P<0.05. SNP – single-nucleotide polymorphism.

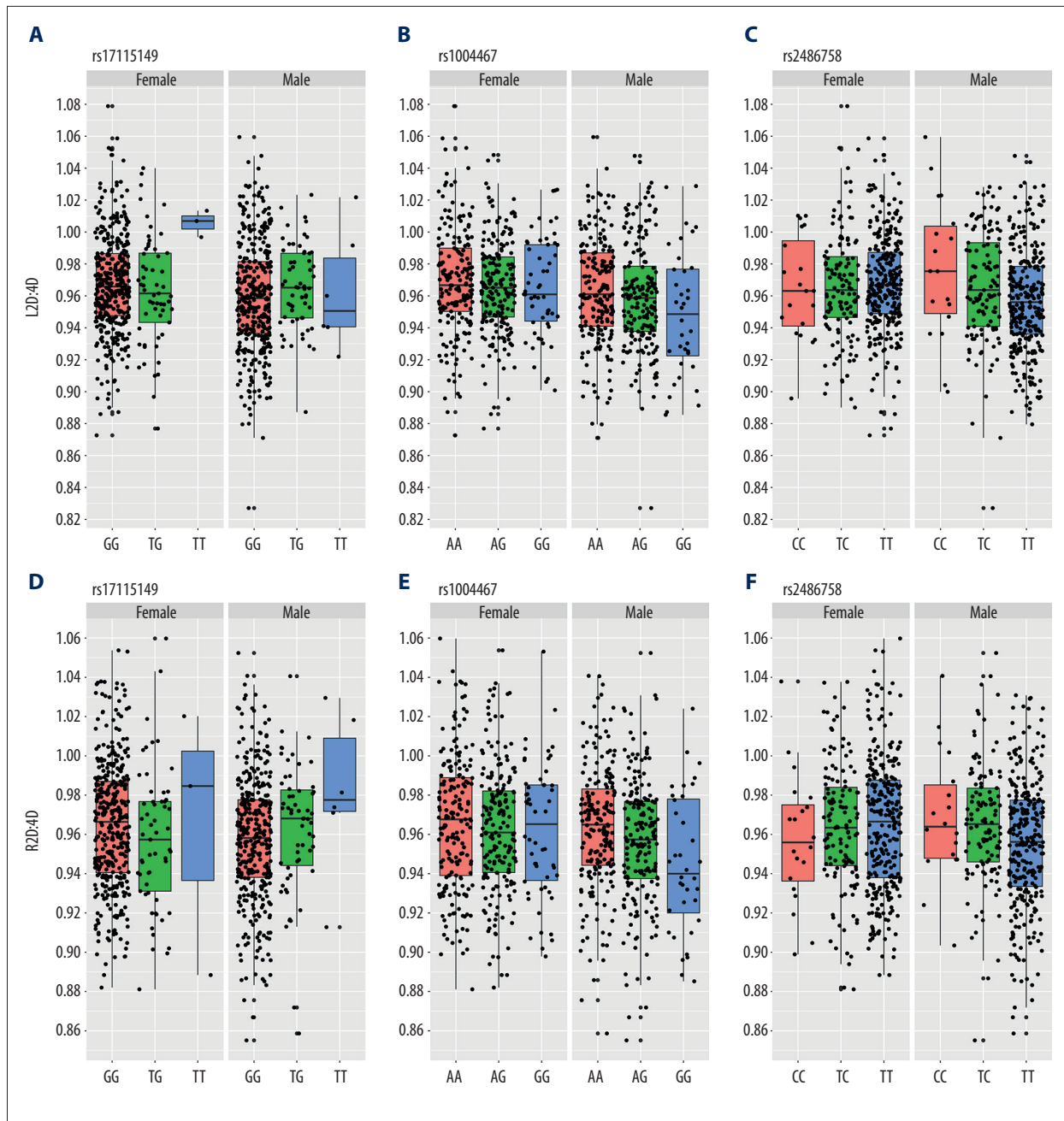


Figure 2. Second-to-fourth digit ratios (2D: 4D) of different sexes distributed in different genotypes of the *CYP17A1* single-nucleotide polymorphisms (SNPs). (A-C) Left hand 2D: 4D of rs17115149, rs1004467, and rs2486758 genotypes; (D-F) Right hand 2D: 4D of rs17115149, rs1004467, and rs2486758 genotypes. The black scatter points are individual 2D: 4D observations (including 400 men and 404 women). The box along with the upper and lower vertical lines represent the quartile range of 2D: 4D. Different colors of boxes represent different phenotypes. The horizontal line inside the box represents the mean value of the 2D: 4D. Remeasurement reliability of all digit lengths among 3 operators were acceptable for both hands in the intra-class correlation coefficient test.

Table 4. The relationship between CYP SNPs and L2D: 4D, R2D: 4D, and D_{R-L} in men and women.

Genotype	L2D: 4D			R2D: 4D			D _{R-L}		
	BETA	STAT	P-adjusted	BETA	STAT	P-adjusted	BETA	STAT	P-adjusted
rs2687133									
Total	0.0025	1.361	0.298	-0.0004	-0.195	0.845	-0.0029	-1.869	0.372
Male	0.0049	1.773	0.288	0.0008	0.319	0.818	-0.0040	-1.856	0.291
Female	0.0005	0.215	0.954	-0.0013	-0.503	0.820	-0.0018	-0.844	0.946
rs7173655									
Total	-0.0004	-0.237	0.887	-0.0012	-0.723	0.627	-0.0008	-0.589	0.613
Male	-0.0020	-0.808	0.566	-0.0025	-1.073	0.426	-0.0005	-0.279	0.851
Female	0.0011	0.472	0.954	-1.6×10 ⁻⁵	-0.006	0.995	-0.0011	-0.537	0.946
rs17115149									
Total	0.0024	0.822	0.617	0.0009	0.302	0.832	-0.0015	-0.620	0.613
Male	0.0046	1.119	0.566	0.0073	1.871	0.200	0.0027	0.849	0.595
Female	0.0004	0.094	0.954	-0.0062	-1.439	0.603	-0.0066	-1.829	0.618
rs1004467									
Total	-0.0035	-2.038	0.176	-0.0050	-2.863	0.032*	-0.0014	-1.005	0.613
Male	-0.0055	-2.082	0.228	-0.0086	-3.426	0.008**	-0.0031	-1.482	0.291
Female	-0.0023	-1.045	0.889	-0.0023	-0.9664	0.790	3.69×10 ⁻⁵	0.019	0.985
rs2486758									
Total	0.0036	1.808	0.176	0.0032	1.59	0.337	-0.0004	-0.246	0.805
Male	0.0091	3.087	0.026	0.0087	3.075	0.013	-0.0004	-0.174	0.862
Female	-0.0017	-0.645	0.954	-0.0021	-0.7386	0.790	-0.0004	-0.159	0.985
rs4646									
Total	0.0034	1.921	0.176	0.0024	1.319	0.375	-0.0011	-0.708	0.613
Male	0.0025	0.934	0.566	0.0019	0.7177	0.568	-0.0007	-0.313	0.851
Female	0.0045	1.916	0.336	0.0030	1.215	0.675	-0.0015	-0.694	0.946
rs2255192									
Total	6.1×10 ⁻⁵	0.030	0.976	0.0027	1.344	0.375	0.0027	1.588	0.400
Male	-0.0003	-0.109	0.913	0.0034	1.166	0.419	0.0038	1.554	0.291
Female	-0.0001	-0.057	0.954	0.0017	0.599	0.820	0.0019	0.782	0.946
rs4275794									
Total	-0.0006	-0.300	0.887	0.0020	0.944	0.518	0.0025	1.502	0.400
Male	-0.0007	-0.223	0.899	0.0028	0.968	0.445	0.0035	1.459	0.291
Female	-0.0011	-0.407	0.954	0.0007	0.243	0.881	0.0018	0.750	0.946

P value was adjusted by Benjamini-Hochberg method; * P<0.05, ** P<0.01. SNPs – single-nucleotide polymorphisms; L2D: 4D – left hand second-to-fourth digit ratio; R2D: 4D – right hand second-to-fourth digit ratio; D_{R-L} – R2D: 4D minus L2D: 4D.

Table 5. The association between *CYP17A1* SNPs and 2D: 4D under different haplotypes for men and women.

rs17115149- rs1004467-rs2486758		L2D: 4D			R2D: 4D			D _{R-L}		
		Mean±SD	F	p	Mean±SD	F	p	Mean±SD	F	p
Total	G-A-T	0.9639±0.0331	1.116	0.341	0.962±0.0328	1.790	0.147	-0.0019±0.0272	0.239	0.869
	G-G-T	0.9618±0.0338			0.9589±0.0331			-0.0030±0.0275		
	G-A-C	0.9662±0.0370			0.9644±0.0320			-0.0018±0.0292		
	T-A-T	0.9657±0.0305			0.9622±0.0355			-0.0035±0.0290		
Male	G-A-T	0.9605±0.0343	2.135	0.094	0.9593±0.0321	4.382	0.005**	-0.0013±0.0277	0.389	0.761
	G-G-T	0.9577±0.0374			0.9544±0.0332			-0.0034±0.0275		
	G-A-C	0.9666±0.0404			0.9659±0.0313			-0.0006±0.0307		
	T-A-T	0.9662±0.0257			0.9657±0.0339			-0.0004±0.0279		
Female	G-A-T	0.9673±0.0316	0.197	0.898	0.9648±0.0333	0.645	0.586	-0.0025±0.0268	0.396	0.756
	G-G-T	0.9656±0.0296			0.9630±0.0326			-0.0026±0.0275		
	G-A-C	0.9659±0.0337			0.9630±0.0327			-0.0028±0.0278		
	T-A-T	0.9652±0.0351			0.9586±0.0371			-0.0066±0.0300		

** $P < 0.01$. SNPs – single-nucleotide polymorphisms; 2D: 4D – second-to-fourth digit ratio.

Table 6. Generalized multifactor dimensionality reduction analysis for prediction of R2D: 4D.

Model	Training Bal.Acc	Testing Bal.Acc	Sign Test(p)	CV consistency
rs1004467	0.5568	0.5558	8 (0.0547)	10/10
rs2687133-rs1004467	0.5786	0.5379	9 (0.0107*)	9/10

* $P < 0.05$. R2D: 4D – right hand second-to-fourth digit ratio.

to sex have been rarely investigated. For example, the *CYP17* 34 T>C allele distribution was found to be different between male (n=756) and female (n=915) healthy control participants in a study in an Austrian population, in which men had a statistically significant higher mutant C allele frequency than did women [36]. Our present study analyzed the genotype and allele frequencies of 8 SNPs of CYP genes in a population of northwestern China. However, the results indicated that there were no statistically significant differences in the genotype and allele frequencies of any SNPs between the men and women included in the study.

Research in the last decades has shown that unbalanced exposure to prenatal testosterone (PT) or prenatal estrogen (PE) may cause differences in 2D: 4D. High PT or low PE might lead to a low 2D: 4D, while low PT or low PE might result in a high 2D: 4D [37]. Many studies have demonstrated that women have a higher 2D: 4D than men, which is consistent with our findings. In addition, the D_{R-L} or D_{L-R} of 2D: 4D can reveal 2D: 4D asymmetry between the left and right hands [38]. Several reports have suggested that PT influences R2D: 4D and D_{R-L} more than it influences L2D: 4D, and the D_{R-L} of 2D: 4D is negatively

correlated with prenatal exposure and sensitivity to testosterone [39]. However, in our present study, we did not observe marked differences in the range of D_{L-R} between the sexes. Also, a study found that the number of TA(n) repeats in the promoter region of the *ESR1* gene was significantly correlated with 2D: 4D in male left hands [40], but rs9340799 of the *ESR1* gene might be related to the 2D: 4D of the right hands in school-aged boys [41]. Our research showed that some CYP gene polymorphisms were associated with 2D: 4D in the left or right hand, while others were associated with both left and right hands, indicating that the association between CYP gene polymorphisms and 2D: 4D had no left or right hand preference. Although the underlying mechanisms for this phenomenon are unclear, we assume that some SNP variants probably affect the CYP gene functions weakly and result in the weak effect on the associations between CYP SNPs and 2D: 4D.

CYP3A7, the most abundant *CYP3A* isoform in the fetus, is not typically expressed in adults. The SNP rs2687133 is an intron variant of *CYP3A7*. In the present study, the D_{R-L} of T/C and C/C was higher than that of T/T genotypes in rs2687133, indicating that the minor allele C was possibly related to the prenatal

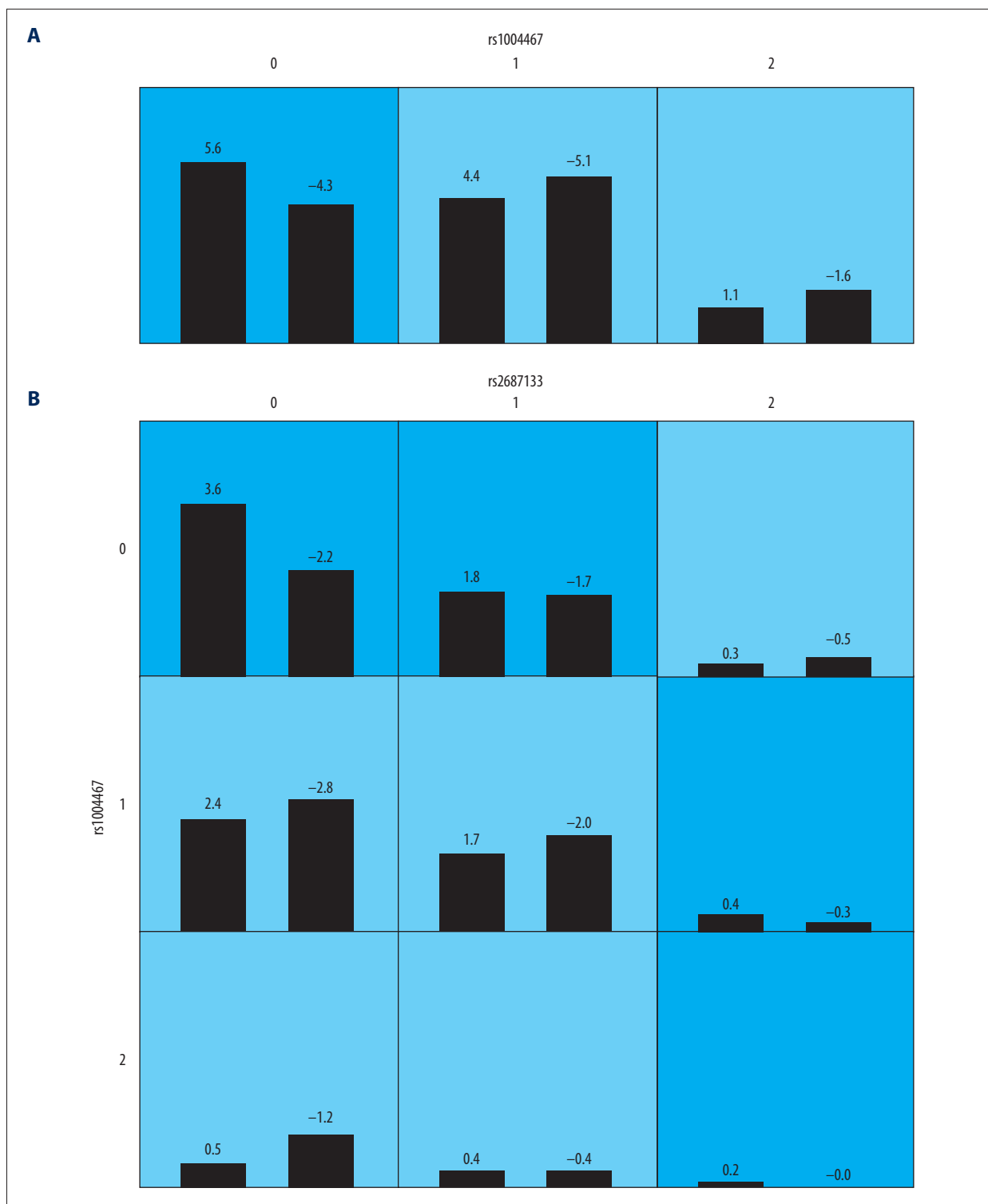


Figure 3. Single-nucleotide polymorphism (SNP) interaction graphs analyzed by generalized multifactor dimensionality reduction for second-to-fourth digit ratio (2D: 4D). **(A, B)** Optimal models as determined by generalized multifactor dimensionality reduction (GMDR) for CYP SNPs (0 = 0 minor allele; 1=1 minor allele; 2=2 minor alleles). The numbers within each small square represent positive scores (**left**) and negative scores (**right**). For each square, dark blue cells indicate the high effect on the 2D: 4D, and light blue cells represent the low effect on the 2D: 4D. The test was adjusted for sex.

sex hormone level. The SNP rs2687133 has been studied in research on drug metabolizing enzyme function and congenital adrenal hyperplasia, but no associations were observed [42]. Additional research may be required to confirm the relationship between rs2687133 and other sex steroid-related phenotypes and diseases. CYP11A1, the initial rate-limiting enzyme for steroidogenesis, is expressed mainly in the adrenal glands and gonads and is involved in the hypothalamus-pituitary-adrenal regulatory axis [43]. Because of its physiological importance, many studies have focused on the single-nucleotide polymorphism of *CYP11A1*. Women carrying the variant allele for SNPs rs7173655 have a higher risk of endometrial cancer than do women with 2 wild-type alleles in *CYP11A1* [44]. Further, rs7173655 in *CYP11A1* showed a statistically significant association with acrylamide intake for breast cancer risk [45]. Although 2D: 4D has been reported to be linked with cancers, especially breast cancer [46], no significant relationship between rs7173655 and 2D: 4D was observed in our study. We believe that the correlations between other SNPs in *CYP11A1* and 2D: 4D are worthy of further study.

Three SNPs, namely rs1004467, rs17115149, and rs2486758 of *CYP17A1*, a gene encoding a key cytochrome P450 enzyme in the steroidogenic pathway, were analyzed to explore their roles in digit ratio formations. Our present data indicated that the R2D: 4D differed markedly in different genotypes and genetic models (dominant and recessive) of SNP rs1004467. In addition, we verified an association between rs1004467 and R2D: 4D by generalized linear analysis in men and the entire study population. The existence of the G allele significantly decreased the R2D: 4D, suggesting an increased PT or decreased PE. As previously reported, men carrying the GG genotype for SNP rs1004467 have significantly elevated concentrations of dihydrotestosterone and testosterone, which probably leads to a higher susceptibility for the development of prostate cancer [47]. Interestingly, it was found that low 2D: 4D is strongly associated with prostate cancer [6]. Additionally, the rs1004467 minor G allele of rs1004467 is statistically significantly correlated with a decreased risk of hypertension [48], and 2D: 4D is related to blood pressure. In terms of SNP rs2486758, which is mapped to the intergenic section near the 5' UTR of the *CYP17A1* gene, L2D: 4D and R2D: 4D showed significant correlations with SNP rs2486758 in men under different statistical or genetic models, and the minor allele C of rs2486758 increased the 2D: 4D values. The C allele of rs2486758 has been reported to be linked with a high serum estrogen level, prostate cancer, and coronary artery disease [49], which are also related to 2D: 4D [6,50]. In addition, rs17115149 showed a significant association with the development of prostate cancer in Korean men [51] and with testosterone levels of men with infertility [29]. In our present study, the D_{R-L} in women was higher in minor allele T genotypes of rs17115149, and a significant difference of L2D: 4D was observed between TT

and TC/CC in women. However, we did not find any association in men and failed to verify an association by linear analysis, indicating that a larger sample size and a more diverse ethnic population might be needed. It has been implied that rs1004467 and rs2486578 of *CYP17A1* are important SNP loci for explaining digit ratio development and elucidating the fetal origin and organizational effect of disorders including prostate cancer, hypertension, and coronary artery disease, especially for men.

The product of the *CYP19A1* gene, aromatase, is the key enzyme participating in converting androgen to estrogen. In human placental tissues, expression levels of *CYP19A1* are elevated dramatically during pregnancy. A previous study on the relationship between 6 SNPs of *CYP19A1* and 2D: 4D indicated that an association between rs4775936 and D_{R-L} was found only in women [52]. In our study, we analyzed 3 SNPs which were also of clinical significance but we found no relationship between 2D: 4D and rs2255192 or rs4275794 of *CYP19A1*. However, we found rs4646 was correlated with L2D: 4D in women, under the dominant model. The L2D: 4D of genotype A/C and A/A was higher than that of genotype C/C, suggesting the A allele was associated with low PT or high PE. Researchers discovered that the rs4646 C/C genotype is correlated with higher estrogen levels in patients with breast cancer [53]. The homozygous minor allele (AA) of rs4646 is significantly related to the improved therapy outcomes of patients with early breast cancer [54]. It was found that a high 2D: 4D is linked with elevated breast cancer risk and bad prognosis [6]. Also, rs4775936 has been linked to both 2D: 4D and breast cancer in the study by Zhanbing et al [52]. For this reason, SNPs of *CYP19A1* are valuable for identifying the 2D: 4D variances in women.

Heredity and GWAS studies have demonstrated that digit ratio is a polygenic genetic trait; that is, a single gene seldomly contributes to its development. The formation of 2D: 4D is influenced by multiple genes and environmental factors. Hence, the combined function and interaction among CYP genes involved in the synthesizing and metabolizing of sex steroids were studied to elucidate the relationship between CYP SNPs and 2D: 4D. The haplotype of rs17115149-rs1004467-rs2486758 in *CYP17A1* showed remarkable differences compared with other haplotypes in R2D: 4D values in men, suggesting that multiple SNPs of *CYP17A1* and the effect of their interaction might alter the digit ratios more obviously. As we know, progesterone is a common substrate for both *CYP3A7* and *CYP17A1* in producing downstream sex steroids [55]. It was found that the SNPs rs2687133 (*CYP3A7*) and rs1004467 (*CYP17A1*) have a strong interaction with R2D: 4D, which better explains the formation of 2D: 4D under the SNP-SNP interaction model between CYP genes.

Our study has the following limitations: 1) the SNPs of CYP genes selected in our research were not numerous enough to cover all potential function locations, and therefore more SNPs, as well as their interactions, might be required in future studies; 2) the source of all participants was limited to the Ningxia Medical University, and the small sample size of this study probably resulted in weak statistical significance; 3) the factor of a limited ethnic group might affect the results of SNP distributions and digit ratios; and 4) the study lacks functional validation. Therefore, an association study with more CYP SNP loci, a larger sample size, more ethnic groups with different genetic backgrounds, and molecular function validation might be conducted in future.

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Conclusions

Our research demonstrated that the SNPs rs1004467 and rs2486758 of the *CYP17A1* gene are of great significance in the evaluation of the relationship between 2D: 4D and CYP gene polymorphisms under different conditions. SNP interactions between CYP genes also probably impact the association with 2D: 4D. Further, our study results suggest that the correlation between 2D: 4D and some sex hormone-related diseases is possibly due to the common effect of CYP variants on the 2 different phenotypes.

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Conflict of Interest

None.

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