

## Case Study



# An outbreak of schistosomiasis in a primary school in Omusati region, Namibia, March, 2016

Kofi Mensah Nyarko<sup>1,2,&</sup>, Uzenia Ndatelela Mupakeleni<sup>1,2</sup>, Francine Ananias<sup>2</sup>, Emmy-Else Ndevaetela<sup>1,2</sup>, Joseph Asamoah Frimpong<sup>3</sup>

<sup>1</sup>Namibia Field Epidemiology and Laboratory Training Program, Windhoek, Namibia, <sup>2</sup>Ministry of Health and Social Services, Namibia, <sup>3</sup>African Field Epidemiology Network, Accra, Ghana

**&Corresponding author:**

Kofi Mensah Nyarko, Namibia Field Epidemiology and Laboratory Training Program, Windhoek, Ministry of Health and Social Services, Namibia

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**Corresponding author:** Kofi Mensah Nyarko, Namibia Field Epidemiology and Laboratory Training Program, Windhoek, Ministry of Health and Social Services, Namibia (konyarko22@yahoo.com)

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## Abstract

Schistosomiasis is endemic in some parts of northern Namibia and there is a control program in the country with the use of mass drug administration to control and prevent the disease. On the 1st March, 2016, there was a report of bloody urine among primary school pupils in a school in Omusati region, Namibia. A team of health professionals was dispatched to investigate. This case study describes steps in conducting a schistosomiasis outbreak investigation and how to determine the risk factors. This describes how to calculate both the basic and analytical measures of association with 95% confidence intervals. This case study provides a step-by-step approach and can be used as a tool to teach the fundamental principles of outbreak investigation and response and how to measure the appropriate measures of association. This case study is targeted at intermediate- and advanced-level residents of the Field Epidemiology and Laboratory Training Program and other epidemiology trainees.

## How to use this Study

**General instructions:** ideally, 1 to 2 instructors facilitate the case study for 15 students in a classroom or conference room. The instructor should direct participants to read a paragraph out loud, going around the room to give each participant a chance to read. When the participant reads a question, the instructor directs all participants to perform calculations, construct graphs, or engage in discussions. The instructor may split the class to play different roles or take different sides in answering a question. As a result, participants learn from each other, not just from the instructors. There are also specific instructor's notes that are included with each question in the instructor's version of this case study.

**Audience:** residents in the 9-month intermediate and the 2-year advanced Field Epidemiology Training Programs (FETP), Masters of Public Health Training Programs, and others who are interested in this topic.

**Prerequisites:** before using this case study, participants should have received lectures or other instruction in outbreak investigation, epidemiological study designs and measures of association.

**Materials needed:** laptop with Microsoft Excel, Epi-info or graph paper, flipchart or white board with markers and calculators

**Level of training and associated public health activity:** Intermediate and Advanced – Outbreak investigation

**Time required:** approximately 3 hours

**Language:** English

## Competing interest

The authors declare no competing interest.

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## Resources

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