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A recurrent *SHANK3* frameshift variant in Autism Spectrum Disorder

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Autism Spectrum Disorder (ASD) is genetically complex with ~100 copy number variants and genes involved. To try to establish more definitive genotype and phenotype correlations in ASD, we searched genome sequence data, and the literature, for recurrent predicted damaging sequence-level variants affecting single genes. We identified 18 individuals from 16 unrelated families carrying a heterozygous guanine duplication (c.3679dup; p.Ala1227Glyfs*69) occurring within a string of 8 guanines (genomic location [hg38]g.50,721,512dup) affecting *SHANK3*, a prototypical ASD gene (0.08% of ASD-affected individuals carried the predicted p. Ala1227Glyfs*69 frameshift variant). Most probands carried *de novo* mutations, but five individuals in three families inherited it through somatic mosaicism. We scrutinized the phenotype of p.Ala1227Glyfs*69 carriers, and while everyone (17/17) formally tested for ASD carried a diagnosis, there was the variable expression of core ASD features both within and between families. Defining such recurrent mutational mechanisms underlying an ASD outcome is important for genetic counseling and early intervention.

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INTRODUCTION

Autism Spectrum Disorder (ASD) is a heterogeneous condition, both in clinical presentation and in terms of the underlying etiology. Individuals with ASD are increasingly being seen in clinical genetics^{1,2}. More than 100 genetic disorders that can exhibit features of ASD (e.g., Fragile X, Phelan-McDermid syndromes, Rett)³ and dozens of rare susceptibility genes (e.g., *NLGN*, *NRXN*, *SHANK* family genes), and copy number variation (CNV) loci (e.g., 1q21.1 duplication, 15q11-q13 duplication, 16p11.2 deletion), have been identified, which combined can facilitate a molecular diagnosis in ~5–40% of ASD cases^{4–7}. The likelihood of a genetic finding in ASD is dependent on the complexity of the phenotype (e.g., idiopathic or syndromic, with or without intellectual disability)^{8,9}, the genomic technology used (e.g., microarrays, exome sequencing, genome sequencing, or combinations thereof)¹⁰, as well as the annotation pipeline and “gene lists” used for interpretation^{11,12}.

There are examples of how understanding the genetic subtypes of ASD can assist early identification enabling earlier behavioral intervention, and informing prognosis, medical management, and assessment of familial recurrence risk^{13,14}. Moreover, genomic data promise to facilitate pharmacologic-intervention trials through stratification based on pathway profiles^{15,16}. To support these applications, there is a growing interest in performing robust genetic analyses, often in families and in unique populations, linked to deep phenotyping^{17–19}.

The largest datasets available for genotype/phenotype correlations in ASD studies are based on CNV assessment since microarrays became the first-tier clinical diagnostic test^{20,21}. The most relevant finding from this vast literature is that even for recurrent CNVs (i.e., genomic disorders) involved in ASD, which typically affect the same genes, there is the variable expression of phenotypes relevant to the core features in autism, and other medical features^{22–25}.

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More recently, genotype and phenotype studies of sequence-level variation (single-nucleotide variants, or SNV, and insertion/deletion, or indel events) affecting individual genes are starting to reveal clinical correlations in ASD. For example, loss-of-function variants in the *SCN2A* sodium channel gene impair glutamatergic neuronal excitability, leading to ASD and/or intellectual disability, while gain of function variants potentiate excitability leading to infantile-onset seizure phenotypes²⁶. Different germline dominant-acting mutations in the phosphatase and tensin homolog (*PTEN*) gene found in ASD lead to an increased average head circumference in children²⁷. Loss-of-function variants in the *CHD8* chromodomain helicase DNA-binding protein eight gene are also found in overgrowth and intellectual disability forms of ASD²⁸. Despite some progress in resolving genotype-phenotype correlations, the vast genetic complexity and variable expressivity of genes involved in ASD continue to confound most predictive studies.

Following a genotype-first approach, here we initially searched available ASD-specific, controlled access, genome-wide sequence databases, such as MSSNG (<https://research.mss.ng>) and Simon's Simplex Collection (SSC) (<https://www.sfari.org/resource/sfari-base>) as well as our own in-house data (available in the next MSSNG data release) to identify recurrent sequence-level damaging variants (*de novo* loss-of function or missense variants predicted to be damaging based on the American College of Medical Genetics guidelines²⁹) affecting the same site (genomic location) in the same gene in different families. The database searches were then followed by a literature survey to identify additional individuals reported to have the same variant. In our most compelling finding, we identified a mutational 'hotspot' in a string of 8-Gs in exon 21 (p.Ala1227Glyfs*69) of the *SHANK3* gene that was present in 17 individuals from 15 unrelated families with ASD, as well as one individual with several autistic features and Phelan-McDermid Syndrome (but who was not tested for ASD). The individuals identified in both the ASD-specific databases and the published manuscripts had various details available describing the phenotype which we have summarized. We were able to contact the families that are described for the first time in this paper to gather additional information. Using these available data, we assessed the intra- and inter-familial phenotypic variation (as well as all other genetic information) within these individuals and discuss the findings in the context of genotype-phenotype comparison, including variable expression of ASD core symptom and related features.

RESULTS

Identification of the recurrent p.Ala1227Glyfs*69 variant

To achieve the most comprehensive genomic representation (difficult to sequence exons, splice site boundaries) for variant detection, we initially examined the Autism Speaks MSSNG whole-genome sequencing (WGS) cohort (<https://research.mss.ng/>), with 11,359 samples, including 5102 affected individuals and 3567 with family data, typically belonging to trios, or quads (two parents and two affected children) for recurrent mutations. Secondly, we tested the Simon Simplex Collection (SSC) WGS collection (<https://www.sfari.org/resource/simons-simplex-collection/>), which comprises 9,205 samples, including 2419 affected individuals and 2393 with family data (typically two parents, one affected child, one unaffected child). Previous studies have extensively reported on MSSNG^{6,17,30,31} and SSC^{32,33}. Proband from both cohorts met the criteria for ASD based on scores from standardized diagnostic criteria tools, typically the Autism Diagnostic Observation Schedule (ADOS)³⁴ and the Autism Diagnostic Interview-Revised (ADI-R)³⁵ and/or was supported by clinical criteria. Many individuals were also assessed with standardized measures of intelligence (I.Q.), including verbal and nonverbal ability, language,

social behavior, adaptive functioning, and physical measurements^{6,32,33}. All of this phenotype data is available from the respective databases.

From the genome sequences analyzed, our most interesting finding identified five probands in MSSNG (four males and one female) from four families and one proband in SSC (male) carrying a heterozygous guanine duplication in *SHANK3* (NCBI: NM_033517.1; ENSEMBL: ENST00000262795.5; c.3679 or c.3676 depending on the transcript) (Table 1; the reference sequence NM_033517.1 was selected as the appropriate transcript for this study as this was the reference sequence used in the original publication of this variant in Durand et al.³⁶). We also found other recurrent sequence-level *de novo* heterozygous damaging missense variants in the *PTEN*, *CAMK2A*, *SPTAN1*, *MECP2*, and *CSNK1E* genes, but in each of these instances no more than two unrelated individuals were found in the combined MSSNG and SSC data (Supplementary Material; Table S1).

The discovery of this recurrent guanine duplication variant in *SHANK3* was confirmed using Sanger sequencing (Fig. 1). We then scanned the literature, including using Varicarta³⁷ and found that this same guanine duplication was reported in 12 probands affected by ASD^{4,36,38–42}, and one proband within the ASD borderline range, Phelan-McDermid syndrome, significantly delayed language, and speech and visual-motor deficits³⁸. We carefully examined all genotypes and found that one was the same individual in the SSC cohort (14470.p1);⁴⁰ therefore, we removed this duplicate individual. Considering the new cases reported here and the cases reported in the literature, the p.Ala1227Glyfs*69 variant has been observed in a total of 18 cases from 16 families, identified using different genome-testing approaches (Table 2). Nearly all of these probands (17/18) were ascertained for ASD, although the general phenotype, as discussed below, varies somewhat among individuals (Table 3; Fig. 2). We also detected one female individual with ASD (with mild intellectual disability) carrying a *de novo* G deletion (7-G's) at this same site (c.3679del p.Ala1227Profs*57).

Genome annotation of the p.Ala1227Glyfs*69 variant

The *SHANK3* guanine duplication is located within a segment of 8-G's on chromosome 22q13 at genomic location [hg38] g.50,721,505dup or g.50,721,512dup, depending on the position that this variant is annotated in the guanines (Table 1; Fig. 2). Some tools annotate the first G as the duplication, and others annotate it as the final G (Supplementary Material; Fig. 3). The sequencing technology might also affect the variant annotation, with Sanger sequencing conventionally adding the G duplication at the 3' end of the gene as the first point of amino acid change, and Next Generation Sequencing usually left aligning the variant. Independent of the position of the base insertion in the 8-Gs, the frameshift starting in exon 21 results in the new reading frame ending with a stop codon at position 69, causing a truncation lacking the C-terminal region (Fig. 3). We also confirmed that both exome sequencing and WGS reliably captured this 8-G string genomic segment in the short-read sequence (see Methods).

Segregation and population frequency of the recurrent p.Ala1227Glyfs*69 variant

All the probands identified in this study carried *de novo* variants with the exception of five individuals. One family with two brothers first reported in the initial *SHANK3* ASD-discovery paper³⁶ inherited the variant from their mother, who was found to be mosaic. Two siblings within the MSSNG cohort (MSSNG00342-003 and MSSNG00342-004) inherited the variant from their father, who was also shown to be a mosaic (Table 2). In this latter case, the variant was only present in 8 of 50 reads in the father's WGS data and was verified using a T.A. clone Kit (Invitrogen cat number 45-0046). Proband 1-1047-003 also seems to have inherited the

Table 1. Genome annotation of the *SHANK3* guanine duplication (rs797044936).

Reference genome	Transcript accession	Exon	Genomic position	Coding change	Protein change	Annotation tool
Hg38	NM_033517.1	21	Chr22:50721512-50721513	c.3679dup	p.(Ala1227Glyfs*69)	¹ Alamut Visual v2.15.0
	² NM_001080420.1	22	Chr22:g.50721512dup	c.3727dup	p.(Ala1243Glyfs*69)	Alamut Visual v2.15.0
	ENST00000262795.5	24	Chr22:g.50721512dup	c.3676dup	p.(Ala1226Glyfs*69)	Alamut Visual v2.15.0
	NM_001372044 (replaced NM_033517)	22	22-50721503-50721504-T-TG	c.3855dupG	p.L1285fs	MSSNG
Hg19	NM_033517.1	21	Chr22:51159940-51159941	c.3679dup	p.(Ala1227Glyfs*69)	Alamut Visual v2.15.0
	NM_001080420.1	22	Chr22:g.51159940dup	c.3727dup	p.(Ala1243Glyfs*69)	Alamut Visual v2.15.0
	ENST00000262795.5	24	Chr22:g.51159940dup	c.3676dup	p.(Ala1226Glyfs*69)	Alamut Visual v2.15.0
	NM_033517	21	chr22:51159932-51159932-T-TG	c.3630dup	p.L1210fs	VariCarta; GATK VariCarta
	ENST00000262795.3	22	chr22:51159933-51159933-G-GG	c.3719_3720 insG	p.Ala1243GlyfsTer6	O'Roak et al. ⁴⁰
	ENST00000262795.3	22	22-5119932-T-TG	c.3720dupG	p.L1240fs	Feliciano et al. ⁴¹

The annotation considers different reference genomes, the position of the duplication in the guanine string, and the annotation tool. The guanine duplication in each carrier in the main text of the paper is referred to as p.Ala1227Glyfs*69.

¹Alamut Visual version 2.15 (SOPHiA GENETICS, Lausanne, Switzerland). This tool annotates the final G as duplicated and provides the coding and protein change as well as ClinVar entries and general population frequencies (Supplementary Fig. S3).

²NM_001080420.1 record has been removed from NCBI. This RefSeq was permanently suppressed because currently there is insufficient support for the transcript and the protein. Exon 11 was based on ab initio prediction and is not supported by transcript data.

At the time of submission, the most recent RefSeq NM_01372044, which replaces and updates NM_033517, was not available in the Alamut software.

variant from his mother by somatic mosaicism, in whom the variant was present in 1 of 32 reads of the WGS data. Exome sequencing analysis was also performed in this mother, with the variant being observed in 2 of 110 reads. To search for additional potential relevant somatic mutations⁴³, we tested the original alignment files in both cohorts using DeNovoGear's dng-call method for the *SHANK3* locus⁴⁴ using 0.8 as a posterior probability of a *de novo* mutation (ppDNM), but we did not find any other candidates. Considering the families studied in MSSNG and SSC (our most trusted datasets) 6/7,521(0.08%) ASD-affected individuals carried the p.Ala1227Glyfs*69 variant in 5/6,681 (0.07%) of families. The Fisher's exact test of the association between the frequency in heterozygous individuals in ASD cases and control population databases has a *P* value of 0.029.

Consequences of p.Ala1227Glyfs*69 on the SHANK3 protein

Nonsense mutations and frameshifts in *SHANK3* can lead to reduced expression, and *SHANK3*-deficient neurons were found to have an altered phospho-proteome that may explain their decreased dendritic spine density⁴⁵. However, *SHANK3* mRNA is still expressed in truncation mutant-containing induced pluripotent stem cells (iPSCs)⁴⁶ and truncated *SHANK3* proteins may have a dominant-negative effects in neurons^{47,48}. We therefore explored the consequences of p.Ala1227Glyfs*69 on the *SHANK3* protein. We annotated the positions of amino acids to which the variant is mapped according to ENSEMBL and the UCSC genome browser. Using the DISOPRED3 predictor⁴⁹ and the consensus of eight predictors from MobiDB-lite⁵⁰, we identified where the mutation falls with respect to intrinsically disordered regions (IDRs) of the protein, which may influence protein folding and binding⁵¹. In both predictors, the position of interest was found to be embedded within a large IDR, which map to multiple isoforms (Fig. 3B). Mutations that create frameshifts and stop codons in this region of *SHANK3*^{36,52} truncate two proline-rich binding sites for Homer and Cortactin (Fig. 3A) and affect function, including altering neuronal morphology in cell-based experiments^{46,47}. The *SHANK3* protein serves as a scaffold to connect membrane receptors to the actin-cytoskeleton in the postsynaptic density (PSD), a protein-rich sub-compartment considered to be a biomolecular condensate formed by phase separation^{53,54} due to multivalent interactions⁴⁶. In each of the isoforms, these truncations are expected to impair canonical PSD formation and stability.

The variant isoforms were also analyzed using Feature Analysis of Intrinsically Disordered Regions, a tool that identifies the presence of consensus protein recognition motifs in IDRs^{55,56} and using PScore⁵⁷, predicts phase separation propensity via IDR planar pi-contacts (Fig. 3C; Supplementary Material; Fig. S2). A number of specific short linear interaction motifs were found to be altered. Of particular interest is the increase in SH3 domain class I-binding motifs, given that *SHANK3* is known to interact with numerous SH3 domains. The variants significantly increase the number of arginine-glycine and arginine-arginine dipeptide instances, which are associated with mRNA binding and phase separation, and increase the cysteine content of the sequence. A reduction in *SHANK3* protein due to the frameshift (e.g., through nonsense mediated decay; discussed below) could also affect the phase separation of the PSD, which is known to be concentration dependent⁵⁸.

p.Ala1227Glyfs*69 as a pathogenic variant

The p.Ala1227Glyfs*69 variant is classified in ClinVar as "Pathogenic for ASD, NDD, and others" and is exceptionally rare or absent in control populations (ClinVar; <https://www.ncbi.nlm.nih.gov/clinvar/variation/208759>). In the gnomAD v2.1.1 dataset⁵⁹, which uses the hg37 as reference genome, it has an allele frequency of 16/160,994 alleles = 0.000099 (0.0099%). In ALFA⁶⁰,

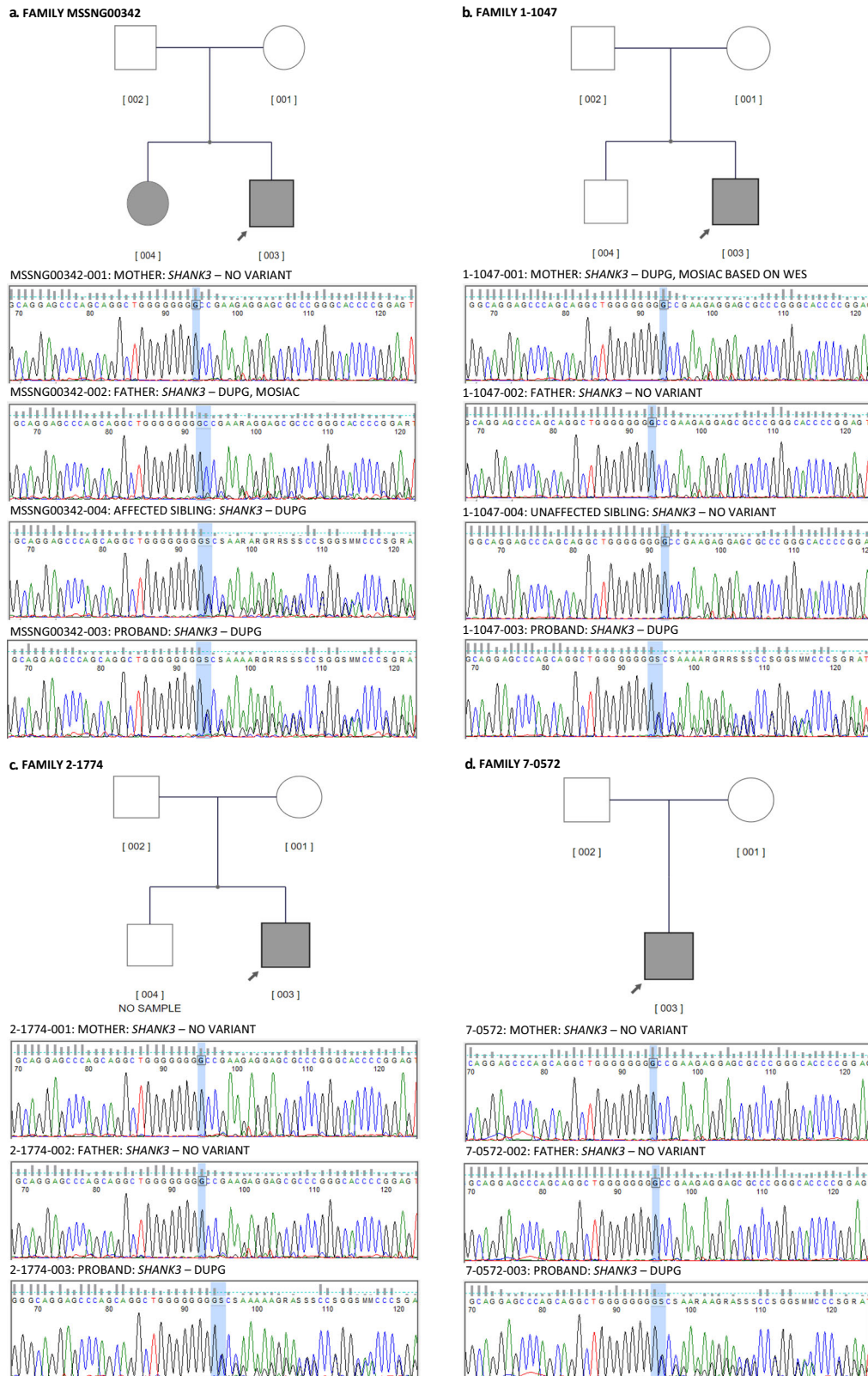


Fig. 1 Pedigrees of MSSNG families reported for the first time in this study and their Sanger sequencing confirmation. A Pedigree MSSNG00342; **B** Pedigree 1–1047 (unaffected sibling was targeted Sanger sequenced but was not the whole-genome sequenced); **C** Pedigree 2-1774 (unaffected sibling sample was not available); **D**. Pedigree 7–0574 (will be available in MSSNG DB7). Gray shapes indicate individuals with an ASD diagnosis and carry the *SHANK3* variant.

Table 2. ASD probands identified in MSSNG, SSC, and other publications containing the p.Ala1227Glyfs*69 SHANK3 variant.

ID	SEX	GENOMIC (H.G.)	REFERENCE SEQUENCE	CODING	PROTEIN	INHERITANCE	PUBLICATION/ COHORT	ANCESTRY	TECHNOLOGY	¹ PRS
MSSNG00342-003	M	g.50721512dup (hg38)	NM_033517.1	c.3679dup	p.A1227Gfs*69	Paternal, mosaic	MSSNG—This paper	European	WGS	3.639
MSSNG00342-004	F	g.50721512dup (hg38)	NM_033517.1	c.3679dup	p.A1227Gfs*69	Paternal, mosaic	MSSNG—This paper	European	WGS	6.336
1-1047-003	M	g.50721512dup (hg38)	NM_033517.1	c.3679dup	p.A1227Gfs*69	Maternal, mosaic	MSSNG—This paper	European	WGS	−1.167
2-1774-003	M	g.50721512dup (hg38)	NM_033517.1	c.3679dup	p.A1227Gfs*69	<i>De novo</i>	MSSNG—This paper	European	WGS	7.035
7-0572-003	M	g.50721512dup (hg38)	NM_033517.1	c.3679dup	p.A1227Gfs*69	<i>De novo</i>	MSSNG-DB7—This paper	European	WGS	15.606
1505221080	M	g.50721512dup (hg38)	NM_033517.1	c.3679dup	p.A1227Gfs*69	<i>De novo</i>	This paper	N/A	Direct Sanger sequencing	Not estimated
HNDS_0130-01	F	g.50721512dup (hg38)	NM_033517.1	c.3679dupG	p.A1227Gfs*69	<i>De novo</i>	This paper	N/A	WES	Not estimated
ASD-2 pt1	M		NM_033517.1	c.3679dup		Maternal, mosaic	Durand et al. ³⁷	European	FISH and direct sequencing	Not estimated
ASD-2 pt2	M		NM_033517.1	c.3679dup		Maternal, mosaic	Durand et al. ³⁷	N/A	FISH and direct sequencing	Not estimated
S7	F	g.51159940dupG (hg19)	NM_033517.1	c.3679dupG	p.A1227Gfs*69	Non-paternal	De Rubéis et al. ³⁸	N/A	WES	Not estimated
S8	M	g.51159940dupG (hg19)	NM_033517.1	c.3679dupG	p.A1227Gfs*69	<i>De novo</i>	De Rubéis et al. ³⁸	N/A	WES	Not estimated
B1	F	g.51159940dupG (hg19)	NM_033517.1	c.3679dupG	p.A1227Gfs*69	<i>De novo</i>	De Rubéis et al. ³⁸	N/A	WES	Not estimated
AU013503	F	(hg19)	NM_033517.1	c.3679dupG	p.Ala1227fs	<i>De novo</i> or father	Zhou et al. ³⁹	Chinese	Target sequencing	Not estimated
AU035703	F	(hg19)	NM_033517.1	c.3679dupG	p.Ala1227fs	<i>De novo</i>	Zhou et al. ³⁹	Chinese	Target sequencing	Not estimated
14470.p1	M	22-51159932 -T-TG (hg19)	ENST00000262795.3	c.3719_3720insG	p. Ala1243GlyfsTer6	<i>De novo</i>	O'Roak et al. ⁴⁰	European	WES - O'Roak et al. 2014	6.718
ASD-685	M		NM_033517.1	c.3630dupG	p.L1210fs	<i>De novo</i>	Du et al. ⁷¹	Chinese	This paper	Not estimated
G01-GEA-71-HI	F	22:51159932:T:TG (hg19)				<i>De novo</i>	Satterstrom et al. ⁴	N/A	WES	Not estimated
SP0051409	F	22-51159932 -T-TG (hg19)	ENST00000262795.3	c.3720dupG	p.L1240fs	<i>De novo</i>	Feliciano et al. ⁴¹	N/A	WES	Not estimated
Farwell - N/A	N/A		NM_033517.1	c.3679dupG	p.A1227Gfs*69	<i>De novo</i>	Farwell et al. ⁴²	American	WES	Not estimated
² ClinVar SCV000850848 History of Neurodevelopmental Disorder	N/A	Chr22: g.50721512dup (hg38)	NM_033517.1	c.3679dup	p.Ala1227fs	N/A	Ambry Genetics	N/A	Clinical testing	Not estimated

Table 2 continued

ID	SEX	GENOMIC (H.G.)	REFERENCE SEQUENCE	CODING	PROTEIN	INHERITANCE	PUBLICATION/ COHORT	ANCESTRY	TECHNOLOGY	PRS
ClinVar SCV000244220 Inborn genetic diseases	N/ A	Chr22: g.50721512dup (hg38)	NM_033517.1	c.3679dup	p.Ala1227fs	N/A	Amry Genetics	N/A	Clinical testing	Not estimated
ClinVar SCV001149930 22q13.3 deletion syndrome	N/ A	Chr22: g.50721512dup (hg38)	NM_033517.1	c.3679dup	p.Ala1227fs	<i>De novo</i>	Institute of Human Genetics, Klinikum rechts der Isar	N/A	Clinical testing	Not estimated
ClinVar SCV001149930 22q13.3 deletion syndrome	N/ A	Chr22: g.50721512dup (hg38)	NM_033517.1	c.3679dup	p.Ala1227fs	<i>De novo</i>	Institute for Genomic Statistics and Bioinformatics, University Hospital Bonn	N/A	Clinical testing	Not estimated
ClinVar SCV000329516 No condition provided	N/ A	Chr22: g.50721512dup (hg38)	NM_033517.1	c.3679dup	p.Ala1227fs	N/A	GeneDX	N/A	Clinical testing	Not estimated
ClinVar SCV001468904 No condition provided	N/ A	Chr22: g.50721512dup (hg38)	NM_033517.1	c.3679dup	p.Ala1227fs	N/A	Laboratoire de Génétique Moléculaire, CHU Bordeaux	N/A	Clinical testing	Not estimated

Thicker lines box individuals from the same family. WGS whole-genome sequencing, WES whole-exome sequencing, PRS polygenic risk score, N/A not available. Note that individual S7 described in De Rubeis³⁸ has not been formally diagnosed with ASD but has reported autism-associated phenotypes. We also detected one female individual with ASD carrying a *de novo* G deletion (7-G's) at this same site (c.3679del p. Ala1227Prof^s*57).

¹For the PRS in addition to the main text only SNPs with minor allele frequency of >0.05 in controls and high imputation quality (INFO >0.9) were included. SNPs within the broad MHC region (Chr6:25–35MB) were excluded as well as all ambiguous SNPs to avoid potential strand conflicts. Only variants with good sequencing quality (filter = PASS) were included. Clumping was done with r^2 threshold and radius set at 0.1 and 500 kb, respectively. Subsequently, PRS was generated with p value threshold of 0.1 weighing by the additive scale effect (log (OR)) of each variant and summing over the variants using PLINK 1.9. The scores were centered by the mean in whole population. ²variants submitted and cataloged by ClinVar (<https://www.ncbi.nlm.nih.gov/clinvar/variation/208759/>), Accession VCV000208759.8, provided from clinical testing and interpreted as pathogenic.

Table 3. Phenotype of ASD probands identified in MSSNG, SSC, and other publications containing the SHANK3 p.Ala1227Glyfs*69 variant Thicker lines box individuals from the same family.

ID	SEX	ASD	Dysmorphia	Intellectual disability/ developmental delay	Other Medical comorbidities	Psychiatric comorbidity	Other Neurological comorbidities	Other Organ anomalies	Language/ speech disorder
¹ MSSNG00342-003	M	Yes	Macrocephaly Mandibular prognathism. Malar flattening	Severe ID		Bipolar disorder		Conductive hearing loss	yes
¹ MSSNG00342-004	F	Yes	Macrocephaly Asymmetric facial features (r; Mandibular prognathism; Prominent supraorbital ridge. Abnormal iris pigmentation. Hirsutism. Thick skin texture	Mild ID		Depression with psychotic tendencies, Self-injurious behavior; late regression			yes
¹ 1-1047-003	M	Yes		Severe ID		ADHD	Epilepsy		severe
¹ 2-1774-003	M	Yes		Severe ID	Food sensitivities, G.I. distress, Eczema, Sleep disturbance	Anxiety	Epilepsy Hypotonia, Hypermobility		Severe, with early language loss
¹ 7-0572-003	M	Yes		ID	Lactose intolerance	PICA (compulsive ingestion of inedible matter)			severe
¹ 1505221080	M	Yes		Moderate ID		ADHD	Developmental Coordination Disorder		
² ASD-2 pt1	M	Yes	large ears and elbow extension limitation	Moderate ID			Neonatal hypotonia		Severe
² ASD-2 pt2	M	Yes	Macrocephaly by 9 months of age, followed by slow growth	Severe ID			Epilepsy		severe
² S7	F	Not available		Mild ID			Hypotonia, Visuo-motor deficits	Coronary artery fistula	severe
² S8	M	Yes		Severe ID			Hypotonia/ Dysphagia, Abnormal gait		yes
² B1	F	Yes	Preauricular skin tags Finger and toe-tapping MRI: Bilateral T2 hyperintensities of posterior centrum semiovale	Mild ID	Scoliosis Sleep disturbance	Hyperactivity	Constipation		Mild
² AU013503	F	Yes		Developmental delay					yes
² AU035703	F	Yes		Developmental delay	Sleep disturbance	Hyperactivity	Abnormal gait Gastrointestinal complaints		Yes, with regression
¹ 14470.p1	M	Yes		Severe ID			Epilepsy		Severe
² ASD-685	M	Yes		ID					
G01-GEA-71-HI	F	Yes		Data not available					
SP0051409	F	Yes		Data not available					
Farwell - N/A	N/A	Yes		Data not available					
A									

ID intellectual disability, DD developmental delay, ADHD Attention deficit hyperactivity disorder, N/A not available.

Note that individual S7 described in De Rubeis et al.³⁸ has not been diagnosed with ASD but has some autism-associated phenotypes. Graphical representation of these phenotypes is presented in Fig. 2.

¹available clinical diagnosis, or scores in clinically significant range

²descriptions from original manuscript

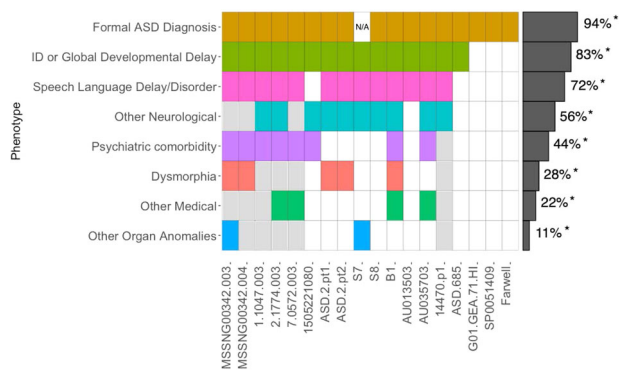


Fig. 2 Phenotypic heterogeneity in individuals (X-axis) carrying the *SHANK3* p.Ala1227Glyfs*69 variant reported in the MSSNG⁶, SSC^{32,33}, and in published papers^{4,36,38–42,71}. Those individuals in the same family are grouped within the black boxes. Gray spaces indicate the absence of the phenotype. White spaces indicate that the phenotype might have not been accessed in the proband. Phenotypic categories are described in Table 3. Individual S7 was not formally reported as being formally tested for ASD. *Caution is needed in the interpretation of these frequencies since some phenotypes were not assessed for some individuals.

this variant is also reported in 0.02% of control Europeans samples. However, in gnomAD v3, 1000 Genomes Project (that uses hg38 as a reference genome), TOPMed⁶¹, two unpublished pediatric controls from our group (INOVA and CHILD), the Personal Genome Project Canada⁶² and Medical Genome Reference Bank⁶³ this variant is not present. In combination, this suggests that the presence of the variant in gnomAD v2.1.1 and ALFA might be due to low-quality sequencing with the preliminary description being corrected in gnomAD v3. It is also noteworthy that ~1/100 people will have ASD, so it would be expected to find p.Ala1227Glyfs*69 variant carriers in control populations. Based on our findings described here they would likely have ASD, but additional studies will be required to further assess this.

We have analyzed the genomic conservation of this variant with GERP⁶⁴, UCSC PhyloP, and phastCons for primates, placental mammals, and 100 vertebrates⁶⁵. GERP identifies constrained elements in multiple alignments by quantifying substitution deficits. These deficits represent substitutions that would have occurred if the element were neutral DNA but did not occur because the element has been under functional constraint. The p.Ala1227Glyfs*69 variant has a GERP score of 5.2 ($p = 0$), suggestive of having a large deleterious effect⁶⁶. The PhyloP score was 0.6 for primates, 1.35 for mammals, and 2.13 considering 100 vertebrates, suggesting high evolutionary conservation. The PhastCon scores were also higher than 0.98 for primates, mammals, and vertebrates, which indicates a strong negative selection on this variant.

Genotype and phenotype correlation

In all 17 p.Ala1227Glyfs*69 carriers evaluated for ASD, ASD was confirmed by review of the ASD gold standard diagnostic tests available in the databases or as reported in the original manuscripts, and the majority of participants described are reported to have an intellectual disability defined as an IQ score below 70 and impairments in adaptive functioning, although the spectrum of severity is wide (Table 3; Fig. 2). Four individuals were ascertained for Phelan-McDermid Syndrome, with three of these being of the 17 receiving a formal ASD diagnosis and one never being assessed for autism. Language deficits are also prevalent and often severe. We were cautious about making claims on other associated conditions as they have not been universally and systematically ascertained. However, hypotonia and gait abnormalities are common, also consistent with animal model data⁶⁷. Seizures were

reported in 3/18 participants. Other neurodevelopmental concerns include ADHD, anxiety, Developmental Coordination Disorder, and mood disorders. Gastrointestinal distress and sleep dysfunction were also reported. Last, both dysmorphia and other organ anomalies were reported (conductive hearing loss- and coronary artery fistula). Within pairs of siblings sharing a variant, there is a similarity of phenotype, with some variability in the severity of the intellectual disability.

Different *de novo* mutations in *SHANK3* have also been associated with other developmental/neuropsychiatric disorders and genetic syndromes such as schizophrenia^{47,68} and Phelan-McDermid Syndrome (PMS)⁶⁹. The majority of children diagnosed with PMS also have ASD, and both conditions are often associated with intellectual and language delay, hypotonia, seizures, and sleep disorders, although children with PMS also often have other organ involvement. We also examined the whole genomes from the MSSNG and SSC p.Ala1227Glyfs*69 carriers and assessed for other clinically relevant variants that could be contributing to the varying phenotypic presentation, but none were identified. Additionally, no other clinically relevant variants were highlighted in those individuals described in the literature^{36,38,69–71}.

To evaluate if common genetic variants may be contributing to the ASD phenotype in the p.Ala1227Glyfs*69 *SHANK3* variant carriers, we calculated their ASD polygenic risk score (PRS) for all accessible individuals from European ancestry in MSSNG (db6) and SSC. PRS in the probands analyzed in this study varied between -1.167 and 15.606 (Table 2), showing no clear pattern between the presence of the clinically significant *SHANK3* variant and the polygenic risk of common variants. PRS in all subjects with autism in MSSNG and SSC ranges between -18.580 and 20.626 .

DISCUSSION

Our data indicate that 17/17 carriers (from 15 independent families) of the p.Ala1227Glyfs*69 variant affecting *SHANK3* who have been formally tested carry a diagnosis of ASD. Our analysis did not identify any other obvious rare or common genetic variants, or combinations thereof, in the genomes of these individuals that could be contributing to the phenotypes reported in these individuals. Given the nature of neurobehavioral complexity, perhaps not surprisingly, there is phenotypic heterogeneity exhibited amongst p.Ala1227Glyfs*69 carriers, which is a hallmark of autism^{72,73}, as well as other related brain disorders that may share overlapping clinical features and contributory susceptibility genes^{74,75}. It is instructive for future “genotype-first” queries that the discovery of this recurrent p.Ala1227Glyfs*69 variant was missed in our early analyses. It was only detected here upon careful consideration of the different naming schemes of the various isoforms (and exons within them) in *SHANK3*, which also varied between different software tools, as well as the various genome builds being compared against (Table 1)^{76,77}.

In addition, we searched for p.Ala1227Glyfs*69 *SHANK3* variants in unpublished data from the SPARK cohort⁴¹. From 8744 ASD-affected individuals for which sequencing data from both parents were available, the variant was detected in two male individuals, both *de novo*. The variant was also detected in three out of 13,156 ASD-affected individuals (two males and one female) for which parental sequences were not available and thus inheritance could not be determined. As well from a private database we identified a female teen with ASD which based on the Vineland she would be described as severe, severe language delay, and severe global developmental delay. As highlighted on continuous measures of emotional difficulties (CBCL), she also presents with attention difficulties. This individual was not included in Table 3 since gold standard ASD measures were not available and this phenotype description is based on available assessments. We mention this data just to demonstrate that the variant is found in other

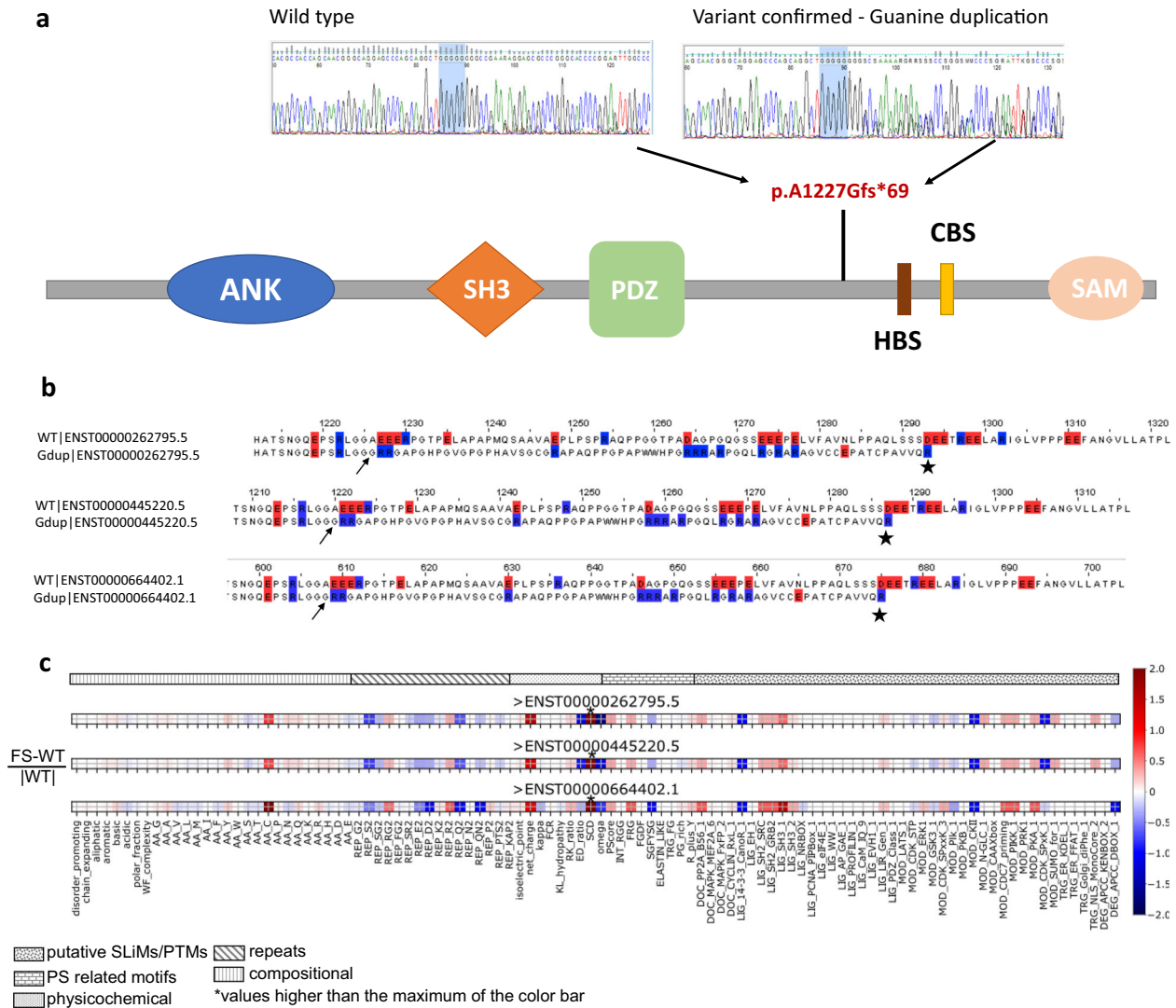


Fig. 3 Impact of the SHANK3 p.Ala1227Glyfs*69 variant on the protein. A (top left) Guanine string containing 8 Gs found in non-affected individuals; (top right) Guanine string containing nine Gs found in ASD-affected individuals and parents with somatic mutations; (bottom) Location of the frequent guanine duplication in the SHANK3 gene. ANK ankyrin repeats, SH3 SRC homology 3 domain, PDZ postsynaptic density 95/Discs large/zona occludens, HBS homer binding site, CBS cortactin binding site, SAM sterile alpha motif domain. **B** Alignment of wild type protein sequences, for each of three highly expressed splice isoforms, to the protein sequence of the variant around the position of the mutation; (note, in this figure the first transcript presented is ENST000000262795.5 and the protein change for this is p.Ala1226Glyfs*69 as shown in Table 1). **C** Normalized impact of the variant for the three isoforms using FAIRDR, a tool that identifies physical features and the presence of consensus protein recognition motifs in intrinsically disordered protein regions³⁶. (*Note that SCD, sequence charge decoration, a measure of charge patterning associated with phase separation, has values significantly above 2: 5.4, 7.0, and 10.2 for the three isoform.).

collections, as would be expected, and await the presentation of more detailed phenotype data from these participants.

Two independently-created murine models with an insertion of a guanine nucleotide into the analogous mouse base pair position, which we refer to here as Shank3 InsG3680, have also demonstrated changes in cellular, circuit, and behavioral phenotypes^{67,78} (Supplementary Material; Table S2). Specifically, these Shank3InsG3680 mouse models demonstrated changes to baseline neurotransmission and/or impairments in long-term depression (LTD) and long-term potentiation (LTP), the synaptic basis of learning and memory. Overall homozygous Shank3InsG3680 +/+ mice exhibited more significant changes than heterozygous Shank3InsG3680 mice, suggesting that functioning of one normal Shank3 copy maybe sufficient to support some of its function.

Regional differences in synaptic deficits and synaptic composition were observed, and the extent of the impact may have been modulated by other Shank family genes. In the adult

hippocampus, expression of the reversible Shank3InsG3680 variant cassette⁶⁷ produced a truncated Shank3 protein and loss of the major high molecular weight isoforms at the synapse. This was associated with impaired hippocampal mGluR dependent LTD, intact LTP, and changes to baseline NMDA receptor (NMDAR) mediated synaptic function. In the striatum, Zhou et al.⁷⁸ showed a significant decrease of levels of Shank3 mRNA in the Shank3InsG3680 strain compared with the wild type, suggesting a reduced level of mRNA through nonsense-mediated decay. This finding suggests that the InsG3680 variant results in a near-complete loss of SHANK3 protein, concomitant with synaptic transmission deficits in juvenile and adult homozygous mutant Shank3InsG3680 (+/+) mice. Post-translational modifications, modulated by nitric oxide, were also found in both young and adult Shank3InsG3680 +/+ mice.

In assessments of general cognitive function, Shank3InsG3680 +/+ mice showed mild spatial learning impairments

in the Morris Water Maze task and motor learning deficits in the accelerating rotarod task, while heterozygous mice did not⁶⁷. ASD-associated behaviors in these two models also showed mixed outcomes in both social interaction impairments and repetitive behaviors that, similar to human assessments, may be dependent on age and gender. Speed et al.⁶⁷ reported statistically different effects in some of their assessments comparing between male and female adult mice. This group did not observe social interaction deficits in the three-chamber task with mixed-sex adult mutant mice, nor did they observe repetitive behaviors, but instead suggested aversion to novel objects. However, in large all-male cohorts, Zhou et al.⁷⁸ showed deficits in social behaviors in both juvenile and adult mice. In addition, in adults there was increased anxiety, repetitive grooming behaviors, and sensory processing differences⁷⁸. On balance, the mouse data seems to generally recapitulate the learning impairments and behavioral differences seen in patients with the p.Ala1227Glyfs*69 *SHANK3* variant.

Highly penetrant alleles such as p.Ala1227Glyfs*69 in neurodevelopmental disorders are under severe negative selection and are constantly being removed from the population^{79,80}. However, recurrent mutations are always being added to the gene pool and while typically occurring randomly, the intrinsic⁸¹ and extrinsic characteristics⁸² may also have an influence⁸³. Experimental investigations have shown that guanine bases can be targets for oxidative damage in DNA, while mutability in other bases is more variable⁸⁴. Moreover, the locus under study is within 8 guanines, which constitutes a homopolymer run (HR). HRs are sequences with six or more identical nucleotides and are associated with >10-fold enrichment of mutation compared to the genomic average⁸⁵. It is noteworthy that there are three other G homopolymer runs in *SHANK3*, but no recurrent variants were found at these sites.

The CpG content of DNA has also been shown to influence the mutation rate in non-CpG-containing sequences, suggesting that intrinsic properties of DNA sequences may be more important than the chromosomal environment in determining mutation rates and genome integrity. Evidence indicates that because of the propensity for methyl-CpGs to deaminate and produce mismatches, it is plausible that error-prone repair mechanisms may have a role in hypermutability. CpG methylation might also have epigenetic effects by promoting chromatin states that make DNA more susceptible to mutations⁸⁶.

Although exceedingly rare (0.075% frequency in the ASD families studied by WGS), the finding that this p.Ala1227Glyfs*69 variant in *SHANK3* is, so far, concordant with an ASD, and that it will surely continue to sporadically re-occur in the population, has important implications for genetic counseling. It will also be important to continue to search for the p.Ala1227Glyfs*69 variant in *SHANK3* to see if it confers risk in other disorders, including perhaps under a multiple-variant model⁸⁷. Defining a specific mutational mechanism underlying an ASD outcome, may also focus strategies for the development of therapeutic interventions.

METHODS

Genome sequence analysis

We searched ASD-specific genomic databases in which the participants upon recruitment had a diagnosis of ASD, for damaging *de novo* sequence-level variants affecting exactly the same genomic location in different families. A variant was defined to be damaging if it caused loss-of function (stop gain, frameshift, or canonical splice site-disrupting) or was a predicted deleterious missense variant based on American College of Medical Genetics guidelines²⁹. Initially, we examined rare (frequency less than 0.001 in gnomAD and 1000 g) *de novo* variants identified from MSSNG data release DB6 (release date June 24, 2020), which were detected as previously described⁶. After identifying this recurrent variant in *SHANK3*, we then searched our in-house databases and performed literature searches for the same variant. Ethical review of these cohort studies was

approved by institutional review boards and included assessing datasets through applications to Data Access Committees.

Phenotyping measures

Phenotypic data was extracted either from the original manuscripts, in which case we attempted to stay close to the original descriptions or from the reference databases. In the latter case, clinical diagnosis of autism spectrum disorder was reported in the databases and was supported by ADI/ADOS. Intellectual disability was reported as a clinical diagnosis and in most cases formal IQ testing was available for confirmation. Language delay was available as a clinical diagnosis, often with characterizations, such as “minimally verbal” or “nonverbal” and in many cases formal language measure scores were available for review. Information on psychiatric/ neurological comorbidities was extracted from the original manuscripts, or available as a clinician diagnosis or clinical concern based on continuous measures of such symptomatology available (e.g., CBCL, RCADS).

Confirming representation of exon 21 in exome and WGS datasets

Given the high GC-density content of *SHANK3*, which can influence exon capture and sequencing⁵², we thought it was critical when assessing mutational frequency to confirm that there were no biases in read-coverage of the site of the target variant within exon 21 (Supplementary Material; Fig. 1). Using whole-exome sequences from 298 patients and 462 controls from our internal dataset, we ran the Agilent Sureselect Clinical research exome V1 for exome sequence analysis and show that the coverage around the G duplication region is at the anticipated 120x coverage (Supplementary Material; Fig. 1). This analysis also indicates that diagnostic exome sequencing will more than adequately capture and accurately genotype this position. WGS analysis of probands from MSSNG and SSC also confirm that exon 21 in *SHANK3* is uniformly covered.

Protein and evolutionary conservation analysis

We used the DISOPRED3 predictor⁴⁹ and the consensus of eight predictors from MobiDB-lite⁵⁰ to map where the p.Ala1227Glyfs*69 variant falls with respect to intrinsically disordered regions (IDRs) of the protein. The variant isoforms were also analyzed using Feature Analysis of Intrinsically Disordered Regions^{55,56} and using PScore⁵⁷. We analyzed the genomic conservation of the p.Ala1227Glyfs*69 variant with GERP⁶⁴, UCSC PhyloP, and phastCons for primates, placental mammals, and 100 vertebrates⁵⁵. The main text, tables, and figures (including Supplemental) have additional details relevant to the presentation of the results.

Polygenic risk score analysis (PRS)

PRS was calculated for all individuals from European ancestry in MSSNG (db6) and SSC merged with 1000 Genomes European population using GWAS summary statistics derived from the iPSYCH Autism project including 13,076 cases and 22,664 controls from Denmark⁸⁸. This included probands MSSNG00342-003, MSSNG0342-004, 1-1047-003, 2-1774-003, and 14470.p1. A total of 25,837 SNPs were included in PRS calculation. Since the proband 7-0527-003 was part of a later version of the MSSNG cohort (db7), he was not included in the initial PRS calculation. This individual's PRS was calculated separately with his parents (7-0527-001 and 7-0527-002) using the same 25,837 SNPs included in PRS calculations for the others and centered by the mean in whole MSSNG/SSC/1000 Genomes European population. However, of 25,837 SNPs, 1496 were missing due to sample quality in this family, and caution is needed in comparison with the other subjects. The approach for interpretation of the PRS data was based on the previous studies^{18,88,89}.

Study recruitment

This study has complied with all relevant ethical regulations including obtaining informed consent from all participants and was approved by the Research Ethics Board at The Hospital for Sick Children.

Reporting Summary

Further information on research design is available in the Nature Research Reporting Summary linked to this article.

DATA AVAILABILITY

Access to the whole-genome sequence and phenotype information from MSSNG and SSC data can be obtained by completing data access agreements (<https://research.mss.ng> and <https://www.sfari.org/resource/sfari-base>, respectively), as was done for this study. These two well-established and stable whole-genome sequence and phenotype resources are utilized by approved investigators worldwide. The 1000 G genome-sequencing data are publicly available via Amazon Web Services (<https://docs.opendata.aws/1000genomes/readme.html>). Access to data through other publications or resources is described in the main text and is outlined in Table 2. Whole-genome sequence for 7-0572-003 will be available in the MSSNG database in its next release but can be requested in advance by contacting the corresponding author. The relevant variant information from the exome or direct Sanger sequencing data for the individuals for which whole-genome sequencing data does not exist and is described for the first time in this paper (HNDS_0130-01; 1505221080) is found in Table 2. Additional data can also be requested by contacting the corresponding author.

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AUTHOR CONTRIBUTIONS

L.O.L., J.L.H., and S.W.S. conceived and designed the experiments. M.S.R., D.R., B.T., M.Z., O.R., L.Y.S.L., C.R.M., E.D.B., and R.D. analyzed the genome sequence data. L.O.L., I.V., A.M., and J.D.F.-K. performed protein and evolutionary conservation analysis. A.I., K.C., S.S., B.G., T.F., J.V., S.S., S.M.E.L., P.S., A.-C.T., M.W., S.L., J.L., T.B., and E.A. diagnosed, examined, and recruited participants as well as completed genotype-phenotype correlations. L.O.L., J.L.H., M.S.R., D.R., I.P., A.M., J.D.F.-K., B.T., M.Z., C.R.M., D.H., C.A.B., E.A., and S.W.S. helped perform different components of analyses and data interpretations. L.O.L., J.L.H., E.A. and S.W.S. wrote the manuscript. L.O.L. and J.L.H. contributed equally to the manuscript.

COMPETING INTERESTS

S.W.S. is on the Scientific Advisory Committees of Deep Genomics, Population Bio and an Academic Consultant for the King Abdulaziz University. The remaining authors declare no competing interests.

ADDITIONAL INFORMATION

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