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# High mobility group box 1 levels in large vessel vasculitis are not associated with disease activity but are influenced by age and statins

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## Abstract

**Introduction:** Takayasu arteritis (TA) and giant cell arteritis (GCA) are large vessel vasculitides (LVV) that usually present as granulomatous inflammation in arterial walls. High mobility group box 1 (HMGB1) is a nuclear protein that acts as an alarmin when released by dying or activated cells. This study aims to evaluate whether serum HMGB1 can be used as a biomarker in LVV.

**Methods:** Twenty-nine consecutive TA patients with 29 healthy controls (HC) were evaluated in a cross-sectional study. Eighteen consecutive GCA patients with 16 HC were evaluated at the onset of disease and some of them during follow-up. Serum HMGB1 levels were measured by enzyme-linked immunosorbent assay.

**Results:** In GCA patients at disease onset mean serum HMGB1 levels did not differ from HC ( $5.74 \pm 4.19$  ng/ml vs.  $4.17 \pm 3.14$  ng/ml;  $p = 0.230$ ). No differences in HMGB1 levels were found between GCA patients with and without polymyalgia rheumatica ( $p = 0.167$ ), ischemic manifestations ( $p = 0.873$ ), systemic manifestations ( $p = 0.474$ ) or relapsing disease ( $p = 0.608$ ). During follow-up, no significant fluctuations on serum HMGB1 levels were observed from baseline to 3 months ( $n = 13$ ) ( $p = 0.075$ ), 12 months ( $n = 6$ ) ( $p = 0.093$ ) and at the first relapse ( $n = 4$ ) ( $p = 0.202$ ). Serum HMGB1 levels did not differ between TA patients and HC [ $1.19$  (0.45–2.10) ng/ml vs.  $1.46$  (0.89–3.34) ng/ml;  $p = 0.181$ ] and no difference was found between TA patients with active disease and in remission [ $1.31$  (0.63–2.16) ng/ml vs.  $0.75$  (0.39–2.05) ng/ml;  $p = 0.281$ ]. HMGB1 levels were significantly lower in 16 TA patients on statins compared with 13 patients without statins [ $0.59$  (0.29–1.46) ng/ml vs.  $1.93$  (0.88–3.34) ng/ml;  $p = 0.019$ ]. Age was independently associated with higher HMGB1 levels regardless of LVV or control status.

**Conclusions:** Patients with TA and GCA present similar serum HMGB1 levels compared with HC. Serum HMGB1 is not useful to discriminate between active disease and remission. In TA, use of statins was associated with lower HMGB1 levels. HMGB1 is not a biomarker for LVV.

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### 33 Introduction

34 Takayasu arteritis (TA) and giant cell arteritis (GCA) are  
 35 large vessel vasculitides (LVV) characterized by granu-  
 36 lomatous inflammation of the vessel wall [1]. Although  
 37 both diseases present significant overlap in features and  
 38 some similarities in the distribution of angiographic le-  
 39 sions [2], TA predominantly affects young females and  
 40 involves the aorta and its main branches whereas GCA  
 41 affects predominantly branches of carotid and vertebral  
 42 arteries in individuals older than 50 years [1].

43 Despite clinical symptoms, acute phase reactants and  
 44 vascular imaging help to assess disease activity in LVV,  
 45 there is a need for novel biomarkers for diagnosis, prognos-  
 46 is and to distinguish active disease from damage or infec-  
 47 tion. In TA, active disease is associated with higher serum  
 48 levels of pentraxin-3, matrix metalloproteinase 9 (MMP-9),  
 49 interleukin (IL)-6, IL-8, IL-18, B cell-activating factor  
 50 (BAFF), monocyte chemoattractant protein-1 (MCP-1)  
 51 and regulated on activation, normal T cell expressed and  
 52 secreted (RANTES) [3–9]. In GCA, high serum levels of  
 53 tumor necrosis factor alpha (TNF- $\alpha$ ), IL-6, IL-10, che-  
 54 mokine (C-X-C motif) ligand 9 (CXCL9) and BAFF are  
 55 associated with active disease while serum levels of CC  
 56 chemokines CCL2 and CCL11 are decreased at disease on-  
 57 set [10–14]. Moreover, adaptive immunity is triggered dur-  
 58 ing GCA pathogenesis manifested by T helper (Th)1 and

Th17 responses with the production of interferon (IFN)- $\gamma$  59  
 and IL-17A, which enhance arterial inflammation [15, 16]. 60

High mobility group box 1 (HMGB1) is a nuclear non- 61  
 histone protein that acts as an alarmin when released 62  
 into the extracellular milieu either by cellular death or 63  
 upon activation of inflammatory cells, e.g. macrophages 64  
 by lipopolysaccharide (LPS) or IFN- $\gamma$  [17, 18]. High 65  
 serum HMGB1 levels have been observed in infectious 66  
 diseases, atherosclerosis, mechanical trauma, cancer, and 67  
 in systemic autoimmune diseases such as systemic lupus 68  
 erythematosus (SLE) [19–23]. In systemic vasculitis, high 69  
 serum HMGB1 levels were observed in Kawasaki dis- 70  
 ease, immunoglobulin (Ig)A vasculitis, and in patients 71  
 with antineutrophil cytoplasmic antibody (ANCA)- 72  
 associated vasculitis, especially in granulomatosis with 73  
 polyangiitis (GPA) with granulomatous manifestations 74  
 [24–27]. Serum HMGB1 levels have not been evalu- 75  
 ated in patients with LVV. This study aims to evaluate 76  
 serum HMGB1 levels as a surrogate marker of disease 77  
 activity in patients with LVV and associations between 78  
 serum HMGB1 and acute phase reactants, disease 79  
 manifestations and therapy in patients with TA and 80  
 GCA. Due to epidemiological differences in the preva- 81  
 lence of both diseases, patients with TA were recruited 82  
 from Brazil whereas GCA patients were recruited 83  
 from The Netherlands. 84

t1.1 **Table 1** Demographic, disease features and therapy of patients with giant cell arteritis at disease onset and Takayasu arteritis

t1.2 Variables	GCA	HC	<i>p</i>	Variables	TA	HC	<i>p</i>
t1.3	( <i>n</i> = 18)	( <i>n</i> = 16)			( <i>n</i> = 29)	( <i>n</i> = 29)	
t1.4 Demographic features							
t1.5 Age, years	72.0 (63.7–75.0)	68.5 (63.0–72.0)	0.643	Age, years	38.0 (34.5–48.5)	38.0 (27.5–48.5)	0.392
t1.6 Females, <i>n</i> (%)	14 (77.8)	11 (68.8)	0.551	Females, <i>n</i> (%)	28 (96.6)	27 (93.1)	0.553
t1.7 Disease features and therapy							
t1.8 GCA	Results			TA	Results		
t1.9 Headache, <i>n</i> (%)	12 (66.7)			Disease duration, months	108 (60–186)		
t1.10 Constitutional symptoms, <i>n</i> (%)	8 (44.4)			Angiographic type V, <i>n</i> (%)	16 (55.2)		
t1.11 Cranial ischemic manifestations, <i>n</i> (%)	8 (44.4)			Previous ischemic events, <i>n</i> (%)	11 (37.9)		
t1.12 <i>n</i> (%)							
t1.13 Jaw claudication, <i>n</i> (%)	6 (33.3)			Active disease, <i>n</i> (%)	11 (37.9)		
t1.14 Visual symptoms, <i>n</i> (%)	4 (22.2)			Remission, <i>n</i> (%)	18 (62.1)		
t1.15 Polymyalgia rheumatica, <i>n</i> (%)	4 (22.2)			Statins, <i>n</i> (%)	16 (55.2)		
t1.16 Headache, <i>n</i> (%)	12 (66.7)			Prednisone, <i>n</i> (%)	16 (55.2)		
t1.17 ESR, mm/1 <sup>st</sup> hour	69.6 $\pm$ 28.7			Prednisone daily dose, mg	8.7 (5.0–28.7)		
t1.18 CRP, mg/l	40.0 (20.2–84.2)			Immunosuppressive agents, <i>n</i> (%)	19 (65.5)		
t1.19 Positive TAB, <i>n</i> /total	8/11			Biological agents, <i>n</i> (%)	9 (31.0)		
t1.20 Positive PET-CT scan, <i>n</i> /total	13/15						

t1.21 Continuous variables are presented as mean  $\pm$  standard deviation or as median and interquartile range

t1.22 CRP C-reactive protein, ESR erythrocyte sedimentation rate, GCA giant cell arteritis, HC healthy controls, *n* number of patients, PET-CT positron emission computed tomography, TA Takayasu arteritis, TAB temporal artery biopsy

## 85 **Methods**

### 86 **Study population**

87 The study comprised 18 GCA patients with 16 healthy  
88 controls (HC), both from the University Medical Center  
T1 89 Groningen (UMCG), The Netherlands (Table 1), and 29  
90 consecutive TA patients from Universidade Federal de São  
91 Paulo (UNIFESP), Brazil with 29 HC from the same region  
92 (Table 1). Inclusion criterion for TA patients was the ful-  
93 fillment of the 1990 American College of Rheumatology  
94 (ACR) classification criteria [28] while the exclusion cri-  
95 teria were current chronic infectious disease, malignancy,  
96 and pregnancy. GCA patients were included if they  
97 fulfilled the 1990 ACR criteria [29] or when presenting  
98 compatible manifestations associated with an enhanced  
99  $^{18}\text{F}$ -fluorodeoxyglucose uptake in large vessels by positron  
100 emission computed tomography ( $^{18}\text{F}$ FDG-PET/CT). Exclu-  
101 sion criteria for GCA included current chronic infectious  
102 disease and malignancy. The study was approved by the  
103 Ethics Committee on Research from UNIFESP and by the  
104 Medical Ethical Committee of UMCG and complied with  
105 the Declaration of Helsinki. All necessary consent was  
106 provided from all participants involved in this study.

107 Active disease in GCA was considered if patients pre-  
108 sented manifestations of active disease (e.g. temporal  
109 headache, optic neuritis, jaw claudication) not attributable  
110 to other causes and/or polymyalgia rheumatica (PMR)  
111 symptoms with an increase in ESR  $> 30$  mm/hour whereas  
112 remission was considered in the absence of GCA mani-  
113 festations with normal ESR [30]. Kerr's criteria and the  
114 Indian Takayasu activity score 2010 (ITAS2010) with  
115 acute phase response (ITAS.A) using ESR or CRP were  
116 employed to ascertain disease activity in TA [31, 32].

117 In the 18 GCA patients, blood samples were collected at  
118 disease onset prior to glucocorticoid therapy and follow-up  
119 samples were obtained from 13 patients at 3 months and  
120 from six patients at 12 months. Blood samples were col-  
121 lected from 29 TA patients as a cross-sectional evaluation.

### 122 **Serum HMGB1**

123 Serum HMGB1 levels were determined by enzyme-linked  
124 immunosorbent assay (ELISA) using a commercial kit  
125 (Shino Test Corp., Sagami, Kanagawa, Japan) according  
126 to the manufacturer's instructions. Results were expressed  
127 in nanograms per milliliter.

### 128 **Statistical analysis**

129 Statistical analysis was performed using IBM SPSS soft-  
130 ware for Windows version 20.0 (IBM Corp, Armonk, NY,  
131 USA) and graphs were created with GraphPad Prism ver-  
132 sion 3.02 (GraphPad Software, La Jolla, CA, USA). Mean  $\pm$   
133 standard deviation or median and interquartile range were  
134 used to present normally distributed and nonnormally  
135 distributed continuous variables, respectively. Categorical  
136 variables were presented as total number and percentage.

Comparisons between groups were performed using Stu- 137  
dent's *t* test or Mann-Whitney *U* test for continuous data 138  
or using chi-square test or Fisher's exact test for categorical 139  
variables. Correlations between numerical data were per- 140  
formed with Spearman's correlation coefficient. A linear 141  
regression model was built to analyze whether age and 142  
the diagnosis of LVV were independently associated with 143  
serum HMGB1 levels. Receiver operating characteristic 144  
(ROC) analysis was performed to find out the HMGB1 145  
cutoff with the best sensitivity and specificity to differenti- 146  
ate GCA from TA. The cutoff value was chosen from the 147  
maximized sum of sensitivity and specificity. Paired *t* test 148  
or Wilcoxon's test were used to analyze longitudinal data. 149  
The significance level accepted was 5 % ( $p < 0.05$ ). 150

## 151 **Results**

### 152 **Disease features and therapy of GCA and TA patients**

153 Disease features and therapy of GCA and TA patients  
154 are described in Table 1. After the first evaluation, all  
155 GCA patients were treated with high-dose prednisolone  
156 (60 mg/day) with slow tapering after improvement of  
157 disease symptoms and laboratory abnormalities. Disease  
158 relapse was observed in four (22.2 %) GCA patients and  
159 the median time to the first relapse after diagnosis was  
160 6.0 months (6.0–15.0). Methotrexate 10–15 mg per week  
161 was added to two patients (11.1 %) after the first relapse  
162 during steroid tapering. Five GCA patients (27.8 %) were  
163 on statins at disease onset.

164 Previous ischemic events in TA included unstable an-  
165 gina (four patients), stroke (three patients), acute myo-  
166 cardial infarction (two patients), transient ischemic  
167 attacks and mesenteric ischemia in one patient each.  
168 Two TA patients were treated only with prednisone  
169 whereas the remainder used either an immunosuppres-  
170 sive drug or a biologic agent. ESR, ITAS.A ESR and  
171 ITAS.A C-reactive protein (CRP) values were signifi-  
172 cantly higher in TA patients with active disease than in  
173 those in remission, whereas there was a trend for higher  
174 serum CRP levels in patients with active disease. No sig-  
175 nificant differences could be found between patients  
176 with active disease and remission regarding therapy  
177 (Table 2).

### 178 **HMGB1 levels in giant cell arteritis**

179 In GCA patients with active disease at onset and prior to  
180 therapy mean serum HMGB1 levels did not differ between  
181 patients and HC ( $5.74 \pm 4.19$  ng/ml vs.  $4.17 \pm 3.14$  ng/ml;  
182  $p = 0.230$ ) (Fig. 1). Furthermore, among GCA patients  
183 mean serum HMGB1 levels at onset were not higher in  
184 patients with or without PMR [ $1.25$  (0.21–10.50) ng/ml vs.  
185  $5.42$  (2.94–8.92) ng/ml;  $p = 0.167$ ], cranial ischemic mani-  
186 festations ( $5.56 \pm 3.31$  ng/ml vs.  $5.89 \pm 4.95$  ng/ml;  $p =$   
187  $0.873$ ), constitutional symptoms ( $4.92 \pm 3.90$  ng/ml vs.

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t2.1 **Table 2** Comparison between patients with Takayasu arteritis with active disease and in remission

t2.2 Variables	Active disease (n = 11)	Remission (n = 18)	p
t2.3 HMGB1, ng/ml	1.31 (0.63–2.16)	0.75 (0.39–2.05)	0.281
t2.4 ESR, mm/1 <sup>st</sup> hour	39.0 (25.0–68.0)	17.5 (8.0–25.5)	0.017
t2.5 CRP, mg/l	6.0 (4.4–24.9)	2.0 (0.1–10.7)	0.053
t2.6 ITAS2010	3.0 (2.2–5.2)	–	–
t2.7 ITASA ESR	3.5 (2.0–6.2)	1.0 (1.0–1.7)	0.001
t2.8 ITASA CRP	5.1 ± 2.5	2.1 ± 0.9	0.012
t2.9 Statins, n (%)	7 (63.6)	9 (50.0)	0.702
t2.10 Prednisone, n (%)	6 (54.5)	10 (55.6)	0.958
t2.11 Prednisone daily dose, mg	20.0 (7.5–45.0)	5.0 (2.5–13.7)	0.055
t2.12 Immunosuppressive agents, n (%)	7 (63.6)	12 (66.7)	0.868
t2.13 Biological agents, n (%)	3 (27.3)	6 (33.3)	0.732

t2.14 Continuous variables are presented as median and interquartile range or as mean ± standard deviation

t2.15 CRP C-reactive protein, ESR erythrocyte sedimentation rate, ITAS Indian Takayasu activity score, ITASA Indian Takayasu activity score with acute phase response,

t2.16 HMGB1 high mobility group box 1, n number of patients

188 6.40 ± 4.50 ng/ml;  $p = 0.474$ ) or relapsing disease (4.75 ±  
 189 3.31 ng/ml vs. 6.02 ± 4.47 ng/ml;  $p = 0.608$ ), respectively.

190 Mean serum HMGB1 levels in GCA patients were  
 191 5.74 ± 4.19 ng/ml at baseline, 5.18 ± 3.98 ng/ml at 3  
 192 months, 8.19 ± 6.80 ng/ml at 12 months, and 6.23 ± 2.48  
 193 ng/ml at the first relapse. During follow-up, no signifi-  
 194 cant fluctuations on serum HMGB1 levels were ob-

F2 195 served from baseline levels to 3 and 12 months (Fig. 2).

196 Moreover, serum HMGB1 levels in relapsing patients  
 197 were not different from their levels at disease onset ( $p =$   
 198 0.825), at 3 months ( $p = 0.629$ ), at 12 months ( $p = 0.601$ )

T3 199 and from HC ( $p = 0.170$ ) (Table 3). In GCA patients

200 no correlation was present between HMGB1 and ESR  
 201 ( $\rho = -0.220$ ;  $p = 0.380$ ) or between HMGB1 and CRP  
 202 levels ( $\rho = -0.258$ ;  $p = 0.301$ ).

### Serum HMGB1 in Takayasu arteritis

203 As depicted in Fig. 3, serum HMGB1 levels did not differ  
 204 between TA patients with active disease [1.31 (0.63–2.16)  
 205 ng/ml], patients in remission [0.75 (0.39–2.05) ng/ml] and  
 206 HC [1.46 (0.89–3.34) ng/ml] ( $p = 0.220$ ). Similar median  
 207 serum HMGB1 levels were found in TA patients with and  
 208 without previous ischemic events [1.53 (0.42–3.34) ng/ml  
 209 vs. 0.97 (0.50–1.93) ng/ml;  $p = 0.486$ ]. There was no dif-  
 210 ference in serum HMGB1 levels in TA patients under  
 211 prednisone therapy compared with those not receiving  
 212 prednisone [1.13 (0.45–2.34) ng/ml vs. 1.31 (0.36–1.94)  
 213 ng/ml;  $p = 0.676$ ] or between TA patients receiving im-  
 214 munosuppressive agents compared with those on bio-  
 215 logical agents [1.59 (0.43–2.45) ng/ml vs. 0.59 (0.42–0.96);  
 216  $p = 0.140$ ]. However, serum HMGB1 levels were signifi-  
 217 cantly lower in TA patients on statins compared with  
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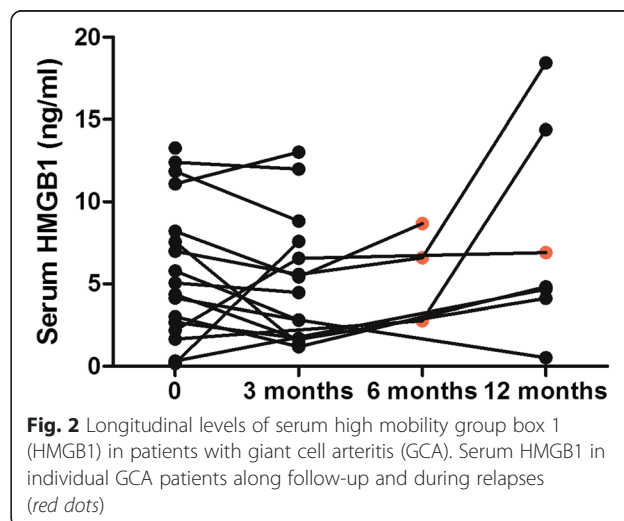
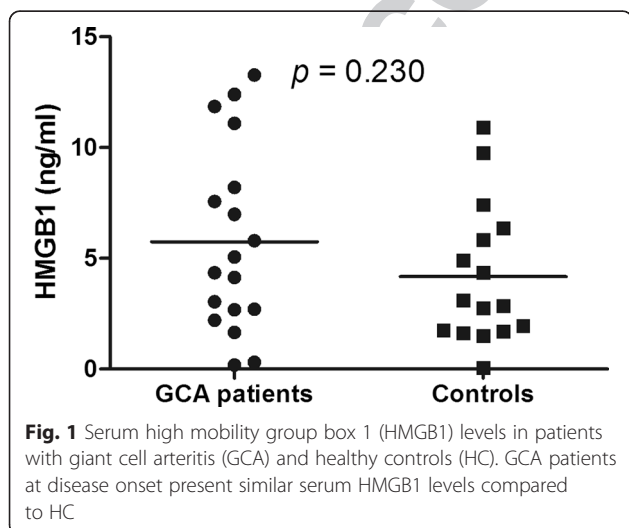
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t3.1 **Table 3** Longitudinal data on disease activity and serum HMGB1 levels in patients with giant cell arteritis

t3.2 Variables	Baseline (n = 18)	3 months (n = 13)	12 months (n = 6)	Relapse (n = 4)
t3.3 HMGB1, ng/ml	5.74 ± 4.19	5.18 ± 3.98	8.19 ± 6.80	6.23 ± 2.48
t3.4 ESR, mm/1 <sup>st</sup> hour	69.6 ± 28.7	15.1 ± 6.6	21.0 ± 4.9	57.5 ± 24.2
t3.5 CRP, mg/l	40.0 (20.2–84.2)	2.5 (2.5–7.0)	8.0 (5.1–14.7)	38.5 (12.0–82.2)
t3.6 Prednisolone, mg/day	–	20.0 (18.7–27.5)	18.7 (3.7–30.0)	6.2 (1.2–9.3)

t3.7 Continuous variables are presented as median and interquartile range or as mean ± standard deviation  
 t3.8 CRP C-reactive protein, ESR erythrocyte sedimentation rate, HMGB1 high mobility group box 1

F4 219 patients not receiving these agents [0.59 (0.29–1.46) ng/ml  
 220 vs. 1.93 (0.88–3.34) ng/ml;  $p = 0.019$ ] (Fig. 4).

221 No correlation could be observed between serum  
 222 HMGB1 levels and ESR ( $\rho = 0.104$ ;  $p = 0.590$ ), CRP  
 223 ( $\rho = 0.090$ ;  $p = 0.642$ ), ITAS2010 ( $\rho = 0.230$ ;  $p = 0.231$ ),  
 224 ITAS.A ESR ( $\rho = 0.216$ ;  $p = 0.261$ ) or ITAS.A CRP  
 225 ( $\rho = 0.070$ ;  $p = 0.720$ ).

226 **Comparison between Takayasu arteritis and giant cell**  
 227 **arteritis regarding serum HMGB1 levels**

228 GCA patients at disease onset presented significantly  
 229 higher median serum HMGB1 levels compared with TA  
 230 patients with active disease [4.70 (2.55–8.92) ng/ml vs.  
 F5 231 1.31 (0.63–2.16) ng/ml;  $p = 0.0075$ ] (Fig. 5). Even when  
 232 GCA and TA patients without statins were analyzed sep-  
 233 arately, serum HMGB1 levels were significantly higher  
 234 in GCA patients compared to TA patients [5.06 (2.86–  
 235 10.0) ng/ml vs. 1.80 (0.63–3.34);  $p = 0.015$ ].

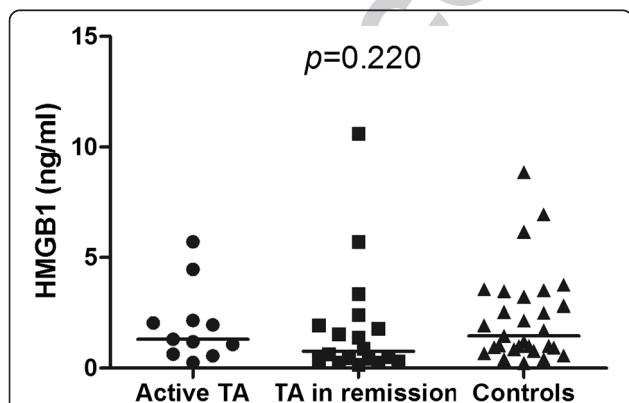
236 Higher serum HMGB1 levels observed in GCA com-  
 237 pared with TA seems to be an effect of aging, since  
 238 serum HMGB1 levels were also higher in GCA controls  
 239 than in TA controls [2.98 (1.70–6.23) ng/ml vs. 1.46  
 240 (0.89–3.34) ng/ml;  $p = 0.019$ ]. A weak correlation was  
 241 found between serum HMGB1 levels and age in all study  
 242 participants ( $\rho = 0.244$ ;  $p = 0.019$ ) while in a linear re-  
 243 gression model, age was independently associated with

244 serum HMGB1 levels ( $\beta = 0.056$ ;  $p = 0.003$ ;  $R^2 = 0.099$ ),  
 245 regardless of the diagnosis of LVV or control status.  
 246 ROC analysis of GCA and TA patients showed that the  
 247 best HMGB1 cutoff value for differentiating GCA from  
 248 TA is 2.17 ng/ml with 83.3 % sensitivity and 79.3 %  
 249 specificity.

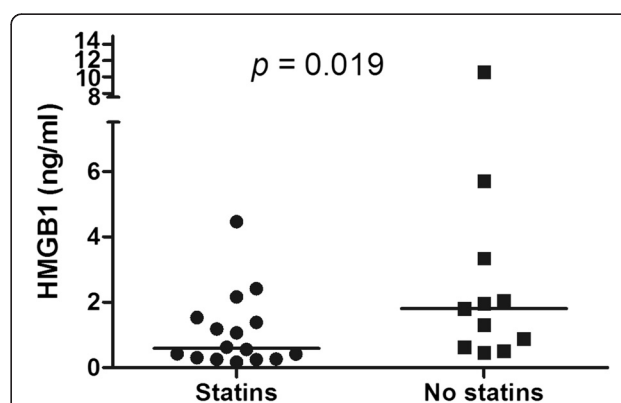
250 **Discussion**

251 In this study, we observed that patients with active LVV  
 252 present similar serum HMGB1 levels compared with pa-  
 253 tients in remission and HC. TA patients in remission  
 254 and those with relapsing disease were already under  
 255 therapy and the use of statins was associated with lower  
 256 serum HMGB1 levels. Furthermore, in GCA patients  
 257 with active disease prior to therapy, serum HMGB1  
 258 levels were not different from HC but were higher than  
 259 HMGB1 levels found in TA patients with active disease.

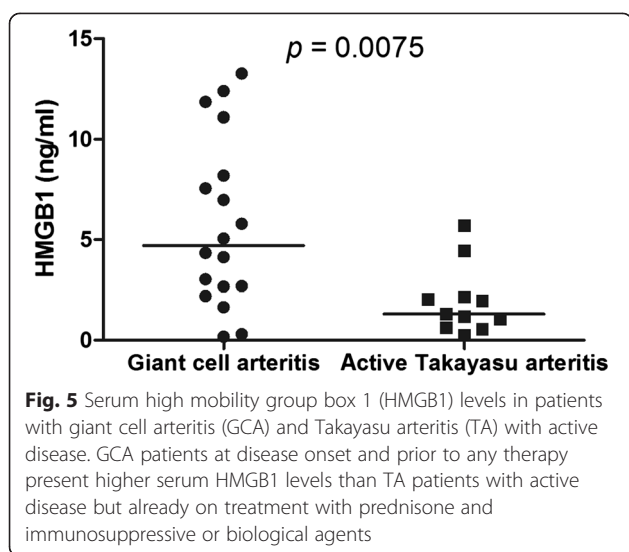
260 The need for reliable biomarkers for disease activity is  
 261 an issue of utmost importance in TA. The evaluation of  
 262 disease activity is a challenge; since the disease course is  
 263 protracted and silent relapses are common, occurring in  
 264 up to 96 % of patients who attained remission. It is not  
 265 easy to define when the disease is actually in remission  
 266 and most patients develop new angiographic lesions over  
 267 time usually without clear manifestations of disease



**Fig. 3** Serum high mobility group box 1 (HMGB1) levels in patients with Takayasu arteritis (TA) and healthy controls (HC). TA patients with active disease and in remission present similar serum HMGB1 levels compared with HC



**Fig. 4** Influence of statins use on serum high mobility group box 1 (HMGB1) levels in patients with Takayasu arteritis (TA). Statins use was associated with significantly lower serum HMGB1 levels in TA patients



**Fig. 5** Serum high mobility group box 1 (HMGB1) levels in patients with giant cell arteritis (GCA) and Takayasu arteritis (TA) with active disease. GCA patients at disease onset and prior to any therapy present higher serum HMGB1 levels than TA patients with active disease but already on treatment with prednisone and immunosuppressive or biological agents

268 activity [33]. In this context, a novel biomarker would  
269 help medical decisions for TA.

270 Granulomatous inflammation and vessel wall necrosis  
271 are well-known features of LVV [34]. Either necrosis or in-  
272 filtrating macrophages are important sources of HMGB1  
273 release into the extracellular milieu that in turn activate  
274 innate and adaptive immunity [35]. Patients with GPA and  
275 predominant granulomatous inflammation present higher  
276 serum HMGB1 levels compared with GPA patients with  
277 predominantly vasculitic manifestations [25]. Thus, we  
278 evaluated associations between disease activity in LVV and  
279 serum HMGB1 levels. Unfortunately, no difference could  
280 be found between patients with active disease and remis-  
281 sion or between patients with LVV and HC.

282 On the other hand, GCA patients at disease onset and  
283 prior to therapy presented serum HMGB1 levels that  
284 were similar to those of HC, and no association could be  
285 found between HMGB1 and acute phase reactants, dis-  
286 ease manifestations or disease relapse. Moreover, during  
287 follow-up no significant fluctuations in serum HMGB1  
288 levels were observed in GCA patients. Novel biomarkers  
289 in GCA would help to recognize active disease in pa-  
290 tients with signs and symptoms of GCA but normal  
291 acute phase reactants. However, serum HMGB1 levels  
292 were not increased in patients with active disease.

293 Serum HMGB1 levels were significantly higher in  
294 GCA patients than in TA patients, and even though the  
295 ROC analysis showed that a cutoff value of 2.17 ng/ml  
296 in HMGB1 levels would help to differentiate GCA from  
297 TA, we believe that it is unlikely that in clinical practice  
298 it would replace the 50-year-old cutoff point used to dif-  
299 ferentiate both entities [1]. Furthermore, GCA controls  
300 had higher serum HMGB1 than TA controls. These  
301 findings indicate that serum HMGB1 levels increase dur-  
302 ing aging and may be influenced by the burden of

atherosclerosis in older individuals. In mice, the age- 303  
dependent DNA double-strand break is associated with 304  
a reduction of nuclear HMGB1 in neurons leading to an 305  
increased release of extracellular HMGB1 [36]. However, 306  
in a population study performed in Japan with 626 sub- 307  
jects, aging did not seem to affect serum HMGB1 levels 308  
in healthy subjects [37]. In the present study, although 309  
only a weak correlation was found between age and 310  
serum HMGB1 levels, age was independently associated 311  
with serum HMGB1 levels regardless of the diagnosis of 312  
LVV or control status. 313

We found a strong association between statins and 314  
lower serum HMGB1 levels in 16 patients with TA (55.2 315  
%). Recently, lower HMGB1 levels were observed in 316  
hyperlipidemic patients and in GPA patients in remis- 317  
sion both on statin therapy [38, 39]. Moreover, atorva- 318  
statin was able to reduce *in vitro* the release of HMGB1 319  
in stimulated human umbilical vein endothelial cell 320  
(HUVEC) cultures. This indicates that the inhibition of 321  
HMGB1 release by activated cells is one of the pleio- 322  
tropic effects of statins [39]. Other drugs may also influ- 323  
ence HMGB1 release from cells such as dexamethasone 324  
and metformin [40, 41]. These findings may explain in 325  
part why TA patients already under treatment presented 326  
serum HMGB1 levels similar to HC. 327

The role of statins in GCA has still to be determined. 328  
No impact on relapse rate or on the prevention of severe 329  
ischemic events was observed in retrospective studies. 330  
However, conflicting results were found regarding the 331  
influence of statins on acute phase reactants and daily 332  
glucocorticoid dose in GCA patients using statins [42–44]. 333  
In TA patients, a retrospective study could not find any 334  
difference in ischemic events between patients with and 335  
without statins but associations with disease activity were 336  
not analyzed [45]. In the present study, more TA patients 337  
used statins than GCA patients at diagnosis although this 338  
difference was not statistically significant (data not shown). 339  
This could be due to the long disease course of our TA pa- 340  
tients in comparison with the GCA patients who were eval- 341  
uated at disease onset. 342

Limitations of this study are its mainly cross-sectional 343  
nature and the inclusion of patients already on therapy 344  
for TA, whereas the low number of patients and the 345  
short-term follow-up period are limitations for the GCA 346  
patients. Nevertheless, the data seem robust enough to 347  
conclude that HMGB1 is not a suitable biomarker in 348  
LVV in contrast to SLE [23]. 349

## 350 Conclusions

351 Serum HMGB1 levels were neither different between pa- 352  
tients with LVV and HC, nor between patients with ac- 353  
tive disease and those in remission. Therefore, serum 354  
HMGB1 is not a useful biomarker for LVV. Moreover, 355  
serum HMGB1 levels were not associated with any

356 disease phenotypes in LVV. In long-standing TA, ther-  
357 apy with statins seems to lead to lower serum HMGB1  
358 levels.

#### 359 Abbreviations

360 18FDG-PET/CT: 18<sup>F</sup>-fluorodeoxyglucose positron emission computed tomography;  
361 ACR: American College of Rheumatology; ANCA: antineutrophil cytoplasmic  
362 antibody; BAFF: B cell-activating factor; CRP: C-reactive protein; CXCL9: chemokine  
363 (C-X-C motif) ligand 9; ELISA: enzyme-linked immunosorbent assay;  
364 ESR: erythrocyte sedimentation rate; GCA: giant cell arteritis; GPA: granulomatosis  
365 with polyangiitis; HC: healthy controls; HMGB1: high mobility group box 1;  
366 HUVEC: human umbilical vein endothelial cell; IFN: interferon; Ig: immunoglobulin;  
367 IL: interleukin; ITAS: Indian Takayasu activity score; ITAS-A: ITAS with acute phase  
368 response; LPS: lipopolysaccharide; LVV: large vessel vasculitides; MCP-1: monocyte  
369 chemoattractant protein-1; MMP-9: matrix metalloproteinase 9; PMR: polymyalgia  
370 rheumatica; RANTES: regulated on activation, normal T cell expressed and  
371 secreted; ROC: receiver operating characteristic; SLE: systemic lupus  
372 erythematosus; TA: Takayasu arteritis; Th: T helper cell; TNF- $\alpha$ : tumor necrosis  
373 factor alpha; UMCG: University Medical Center Groningen; UNIFESP: Universidade  
374 Federal de São Paulo.

#### 375 Competing interests

376 All authors declare that they have no competing interests.

#### 377 Authors' contributions

378 AWSS contributed to the study design, performed laboratory tests,  
379 conducted the statistical analysis, and drafted the manuscript. KSMG  
380 contributed to the study design, evaluated the study participants, collected  
381 data from medical records, and revised the manuscript. EB contributed to  
382 the study design, collected data from patients' medical records, helped with  
383 the interpretation of results, and revised the manuscript. FAGP evaluated the  
384 study participants, collected data from medical records, helped with the  
385 interpretation of data and revised the manuscript. ACDO evaluated the  
386 study participants, collected data from medical records, helped with the  
387 interpretation of data and revised the manuscript. EIS contributed to the  
388 study design, helped with the interpretation of results, and revised the  
389 manuscript. LECA contributed to the study design, helped with the  
390 interpretation of results, and revised the manuscript. MB contributed to  
391 the study design, interpretation of data and revised the manuscript. JW  
392 contributed to the study design, performed laboratory tests, helped with  
393 the interpretation of data and revised the manuscript. CGMK conceived the  
394 study, contributed to the study design, interpretation of data and revised the  
395 manuscript. All authors read and approved the manuscript.

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