

Exploring the mechanism of Buyang Huanwu Decoction in the treatment of spinal cord injury based on network pharmacology and molecular docking

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Abstract

Buyang Huanwu Decoction, a traditional Chinese medicine decoction, is widely used to treat spinal cord injury in China. However, the underlying mechanism of this decoction in treating spinal cord injury is unclear. This study used network pharmacology and molecular docking to examine the pharmacological mechanism of Buyang Huanwu Decoction in prevention and treatment of spinal cord injury. The active compounds and target genes of Buyang Huanwu Decoction were collected from the Traditional Chinese Medicine Systems Pharmacology and the SwissTargetPrediction Database. The network diagram of "traditional Chinese medicine compound target" was constructed by Cytoscape software. Genetic data of spinal cord injury were obtained by GeneCards database. According to the intersection of Buyang Huanwu Decoction's targets and disease targets, the core targets were searched. The protein-protein interaction network were constructed using the STRING and BisoGenet platforms. Meanwhile, gene ontology enrichment and Kyoto encyclopedia of genes, and genome pathway were performed on the intersection targets by Metascape. Molecular docking technology was adopted to verify the combination of main components and core targets. A total of 109 active compounds and 5440 prediction targets were screened from 7 Chinese herbal medicines of Buyang Huanwu Decoction, with 98 active components and 49 related prediction targets being strongly linked to Spinal Cord Injury. By studying protein-protein interaction network, a total of 8 core proteins were identified, primarily interleukin-6, tumor protein P53, epidermal growth factor receptor, and others. Positive regulation of kinase activity regulation of reaction to inorganic chemicals are the basic biological processes. Buyang Huanwu Decoction cures Spinal Cord Injury primarily by moderating immunological inflammation, apoptosis, and oxidative stress, which involves the cancer pathway, the HIF-1 signaling pathway, the p53 signaling pathway, the MAPK signaling pathway, and so on. The results of molecular docking demonstrated that the primary components could attach to the target protein effectively. Finally, the mechanism of Buyang Huanwu Decoction in the treatment of spinal cord injury through multicomponent, multitarget, and multichannel was deeply explored. And it offers new ideas and directions for future research on the mechanism of the treatment of spinal cord injury.

Abbreviations: AKT1 = recombinant Human Protein Kinase, AMP-activated, gamma 1, BC = betweenness centrality, BP = biological processes, CASP3 = Apoptosis-Related Cysteine Peptidase, CC = closeness centrality, CTNNB1 = Recombinant Human Catenin beta-1, $DL =$ drug-likeness, EGFR = epidermal growth factor receptor, GO = gene ontology, HIF-1 = hypoxiainducible factors- 1, HRAS = v-Ha- ras Harvey rat sarcoma viral oncogene homolog, IL6 = interleukin-6, KEGG = Kyoto encyclopedia of genes and genomes, MAPK = mitogen-activated protein kinase, OB = oral bioavailability, PPI = protein–protein interaction, SCI = spinal cord injury, STAT3 = signal transducer and activator of transcription 3, TCM = traditional Chinese medicine, TCMSP = Traditional Chinese Medicine System Pharmacology, TNF = tumor necrosis factor, TP53 = tumor protein p53, VEGFA = vascular endothelial growth factor.

Key words: Buyang Huanwu Decoction, mechanism of action, molecular docking, network pharmacology, spinal cord injury

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The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

All our main data used to support the findings of this study have been deposited by the corresponding author. The datasets supporting the conclusions of this article are available in public database from TCMSP, UniProt, GeneCards, DisGeNET, String, DAVID, KEGG.

Our institution does not require ethical experimentation for reporting individual cases or case series.

This article does not contain any studies with human or animal subjects.

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1. Introduction

Spinal cord injury (SCI) is a common and devastating neurological injury that can result in significant neurological damage and possibly paralysis around the world.^{[[1\]](#page-11-0)} The primary pathogenic mechanisms of SCI include axonal separation, neuronal death, and, eventually, lifelong neurological impairment.^{[\[2](#page-11-1)]} Acute spinal cord injury (ASCI) is caused by two mechanisms: primary and subsequent injury. The term "primary injury" refers to the first mechanical lesion to the spinal cord, whereas " subsequent injury " refers to a set of biochemical and cellular processes involved in SCI, such as oxygen free radical gener-ation and the inflammatory response after trauma.^{[\[3](#page-11-2)]} The literature reports that the global incidence of SCI is 10.4 to 83 cases/million/year.[[4\]](#page-11-3) According to the latest SCI epidemiological data in China, the incidence rate has risen quickly in the last decade, with the elderly (65–74 years old) having the greatest incidence rate, with an average annual incidence rate of 127.1 cases/million people.[[5\]](#page-11-4) SCI can result in major consequences, in China, the proportion of quadriplegia and complete damage is as high as 37.4% to 82.0% and 14.1% to 73.9% , respectively.^{[\[6](#page-11-5)]} SCI will not only bring considerable bodily and psychological impairment to the sufferer, but will also impose a significant economic burden on society as a whole. As a result, its treatment is a critical issue.

The goal of SCI treatment is to promote spinal cord tissue regeneration and functional recovery. SCI treatment is currently separated into two stages: anti-inflammatory symptomatic treatment in the acute stage and rehabilitation function exercise in the latter stage.[\[7\]](#page-11-6) The latter is critical in the treatment of SCI patients, yet current physical and rehabilitative exercises are ineffective.[[8\]](#page-11-7) Thus, finding a more effective treatment strategy is critical. SCI is classified as "low back pain," "atrophy syndrome," and "long bi" in traditional Chinese medicine (TCM). According to studies, TCM has obvious therapeutic effects on it, particularly when used later in the recovery process.[[9\]](#page-11-8) Buyang Huanwu Decoction (BYHWD), which is composed of Astragalus membranaceus, Angelica tail, Red Peony Root, Earthworm, Sichuan lovase rhizome, Carthamus tinctorious, Persicae Semen, has been shown to improve the ischemic and inflammatory response of post-injury tissues to reduce post-injury tissue edema, inhibit lipid peroxidation, neural cell apoptosis.[\[10](#page-11-9)–[13\]](#page-11-10) However, because TCM prescriptions have complicated components and targets, network pharmacology methodologies must be used to describe their distinct pharmacological mechanisms.^{[[14\]](#page-11-11)}

Data mining may be fully utilized in network pharmacology to disclose the association between TCM chemicals and diseases, as well as to clarify the mechanism of TCM to treat diseases.[[15\]](#page-11-12) Molecular docking may anticipate the link between the active component and the target protein based on receptor features, receptor interaction mode with the drug molecule, and intermolecular binding mode and affinity, making it more pow-erful in proving the drug's mechanism of action.^{[[15,](#page-11-12)[16\]](#page-11-13)} Finally, the objective of this study is to systematically reveal the internal mechanism of BYHWD in the treatment of SCI from multiple levels and perspectives using network pharmacology in conjunction with systems, bioinformatics, network science, and other disciplines, in order to provide better clinical guidance.

2. Materials and Methods

2.1. Collection and screening of active ingredients and targets of BYHWD

The TCM Systematic Pharmacology Database^{[[17\]](#page-11-14)} (TCMSP, [http://lsp.nwu.edu.cn/tcmp.php\)](http://lsp.nwu.edu.cn/tcmp.php) was used to collect the relevant chemical components of BYHWD -Chi Shao, Chuanxiong, Angelica, Di Long, and Huang Qi. To acquire the active ingredients of BYHWD, the active ingredients of each medicine were screened based on oral bioavailability (OB) \geq 30% and drug-like

characteristics $(DL) > 0.18$, and then merged and de-weighted.
To collect the action target ts of the components, the TCMSP To collect the action target ts of the components, the TCMSP database and SwissTargetPrediction database ([http://www.](http://www.swisstargetprediction.ch/) [swisstargetprediction.ch/](http://www.swisstargetprediction.ch/)) were used, and the Uniprot database (<http://www.uniprot.org/>) was used. "Protein names" were universally adjusted to official names.

2.2. Drug-component-target network construction and analysis

Import the active ingredients and predicted target information from BYHWD and "1.1" into Cytoscape 3.7.2 software^{[[18\]](#page-11-15)} to create a drug-component-predicted target network diagram, and then use Cytoscape 3.7.2 software's Merge function to create the final drug-component-target network. The nodes represent TCMs, active substances, and targets, while the edges reflect the relationships between TCMs and ingredients, as well as between ingredients and targets. Analyze the node degree value of the aforementioned network using the software's " Networkanalyzer" plug-in. The greater the value, the more significant the node in the network. BYHWD appears to play a major role in the treatment of SCI based on the components with higher node degree values.

2.3. Screening and prediction of core targets of BYHWD in the treatment of SCI

To screen disease targets, use the human gene database GeneCards ([https://www.genecards.org/\)](https://www.genecards.org/) and enter keywords such as "spinal cord injury" to retrieve SCI-related targets. Upload the anticipated targets and SCI-related targets from "1.1" to the WeChat platform ([http://www.bioinformatics.com.](http://www.bioinformatics.com.cn/) [cn/\)](http://www.bioinformatics.com.cn/), choose "Venn Diagram," and get BYHWD in the treatment of potential SCI targets.

2.4. Construction and topology analysis of protein–protein interaction network

The protein-protein interaction (PPI) network of putative therapeutic targets of SCI was examined in this study utilizing the STRING database [\(https://stringdb.org](https://stringdb.org)). To obtain protein-protein interactions, the possible therapeutic targets were imported into the Search Tool for the Retrieval of Interaction Gene/ Proteins (STRING) database, the species was set to human, and a moderate interaction value of "0.4" was used. The data was displayed and analyzed using Cytoscape 3.7.2 software, and the topological features of prospective treatment targets were investigated using Cytoscape's cytoNCA function.

2.5. Gene ontology and Kyoto encyclopedia of genes and genomes enrichment analysis

The BYHWD junction genes in the therapy of SCI were imported into the biological information annotation database Metascape ([https://metascape.org/\)](https://metascape.org/), and the species was restricted to "H. sapiens." For GO enrichment analysis of the targets of BYHWD in the treatment of SCI, the biological process (BP), cellular component (CC), and molecular function were chosen; pathway enrichment analysis of target genes was performed using the KEGG database. To screen out biologically transgenic target pathways with substantial differences, the threshold was set to *P* < .05, and the *P* value was ordered in increasing order. Create bar and bubble charts from the results.

2.6. Composition-target molecular docking

This study used AutoDockTools-1.5 to see if the beneficial chemicals in BYHWD could attach to target proteins in the body and exert their curative effect after entering the body. Molecular docking between the core compound and the core target can successfully determine the small molecule compound that matches the spatial and electrical properties of the target receptor's active site, as well as whether the compound can bind to the target after entering the body. Check the precision of compound target predictions. Enter the name of the potential target protein into the PDB (<http://www.rcsb.org/pdb/>) database, find the PDBID of the corresponding protein, and save it in pdb format. Next, search the TCMSP database for the compound component corresponding to the target protein, download and save it as mol2 format, import the target protein data information and its corresponding active ingredient information into AutoDockTools-1.5.6 software, dewater and hydrogenate the protein, dock the small molecule following hydrogenation to acquire the docking binding energy of the drug and the target protein, and then do visual analysis with PyMOL-2.5.0 software.

3. Results

3.1. Prediction of compounds and active ingredients in BYHWD

The TCMSP database yielded 109 chemicals (Radix Paeoniae 29 + Chuanxiong 7 + Angelicae 2 + Dilong 6 + Safflower 22 + Astragalus 20 + Peach kernel 23) after deleting duplicate entries and using $0B > 30\%$ and $DL > 0.18$ as screening
criterion. Following screening 98 active components (Radix criterion. Following screening, 98 active components (Radix Paeoniae 21 + Chuanxiong 6 + Angelicae 2 + Dilong 6 + Safflower 20 + Astragalus 20 + Peach kernel 23) were found, which are given in Table 1, and the primary active ingredients of B uyang Huan wu decoction are displayed in [Table 2.](#page-2-1) After SwissTargetPrediction predicted a total of 5440 target proteins corresponding to the obtained active ingredients, the target proteins were standardized into 834 using the uniprot database Gene (Chishao 866 + Chuanxiong 423 + Angelica 82 + Dilong 523 + Honghua 1292 + Astragalus 1174 + Taoren 1080). According to the table, red peony root has the most medicinal benefit in BYHWD, followed by peach kernel and safflower. As can be observed, BYHWD primarily stimulates blood circulation and eliminates blood stasis, as well as treating qi shortage and blood stasis illness.

3.2. Drug-component-target network construction and topology analysis

To fully understand the molecular mechanism of BYHWD in the treatment of SCI, a drug-component-target network was built. The drug-component-target network was created and visualized using Cytoscape 3.7.2's Merge function, as shown in [Figure 1,](#page-3-0) where the green circle represents TCM, the colored octagon represents the active compound, and the central turquoise blue diamond represents the disease-drug common target. A total of 926 nodes were found, including 7 for TCM, 85 for active chemicals, and 834 for disease-drug common targets. [Figure 1](#page-3-0) shows that

Table 1

 $DL = drug$ -likeness, $OB = oral$ bioavailability

Figure 1. Interaction network of Buyang Huanwu Decoction.

Tonic Yang Returning Five Soup exerts its therapeutic effect via multi-drug-multi-component-multi-target interactions. Then, using Cytoscape's Network Analyzer tool, compute the important topological properties of network nodes, such as Degree value, Betweenness Centrality (BC), Closeness Centrality (CC), and Topological Coefficient. The core chemicals that were larger than or equal to the median Degree values were Hederagenin, Quercetin, Baicalein, Beta-Sitosterol, and Stigmasterol [\(Tables 3](#page-3-1) and [4](#page-4-0)), all of which may be key components for the therapy of SCI.

3.3. The target of BYHWD in the treatment of SCI

The Venn diagram is presented in [Figure 2](#page-4-1) by the intersection of BYHWD's action target and the SCI illness target. The green portion represents the SCI target, the blue portion represents the BYHWD target, and the overlapping portion represents the common target. As illustrated in the table, a total of 49 intersecting targets were identified, including IL6, MAPT, CASP3, EGFR, ADA, HRAS, TNF, AR, TTR, RET, SCN9A, MME, TP53, COMT, GRIN1, DKK1, DRD2, SLC2A1, F2, NTRK1, MTOR, BRAF, STAT3, SERPINE1, TLR4, ICAM1, APP, VCP, PPARG, PSEN1, CTNNB1, SHH, EP300, FGFR1, VEGFA, PTPN11, TRPV4, IL1B, MMP9,

PIK3CA, CREBBP, NLRP3, AKT1, CCND1, MPO, ASAH1, IDH1, NOS3, NOS2.

3.4. Construction and analysis of PPI network

The top 8 potential targets were identified after twice screening the median of the values greater than or equal to Degree: AKT1, TP53, IL6, VEGFA, EGFR, CASP3, STAT3, and TNF, as shown in [Table 5.](#page-4-2) The PPI network of potential therapeutic targets of BYHWD for SCI was visualized using Cytoscape 3.7.2 software ([Fig. 3](#page-5-0)).

Beta-Sitosterol 168 0.004531 0.345278 0.241228 Stigmasterol 126 0.004326 0.342974 0.240606

 $BP = biological$ processes, $CC =$ closeness centrality, $TC =$ topological coefficient.

Table 5

AKT1 = recombinant Human Protein Kinase, BP = biological processes, CASP3 = Apoptosis-Related Cysteine Peptidase, CC = closeness centrality, EGFR = epidermal growth factor receptor, IL6 = interleukin-6, PPI = protein-protein interaction, STAT3 = signal transducer and activator of transcription 3, TC = topological coefficient, TNF = Tumor Necrosis Factor, TP53 = Tumor Protein p53, VEGFA = vascular endothelial growth factor.

In order to determine the top 10 core targets of Degree value, the intersection of the active ingredient targets of Tonic Yang Returning Five Soup and SCI disease targets were taken and visualized by Cytoscape 3.7.2 software ([Fig. 4](#page-5-1)). The top 10 targets were HNRNPM, NCL, HNRNPK, DDX5, TUBB, HIST1H4I, SYNCRIP, HIST1H4H, DHX9, and PABPC, as detailed in [Table 6.](#page-5-2)

3.5. GO and KEGG analysis

Figure 5 displays a bar graph showing the findings from the GO enrichment study, and [Table 7](#page-7-0) contains the findings from the GO analysis: There are 1492 enrichment findings for the biological process, and after hierarchical clustering, the pathway GO:0033674, which enriches 20 genes, has the lowest *P* value.

Figure 3. PPI network diagram. PPI = protein-protein interaction.

Table 6

This pathway is followed by GO:0051091, which enriches 16 genes. Positive control of kinase activity, positive regulation of DNA-binding transcription factor activity, and regulation of inorganic substance response were the key functions of the top-ranked genes. After hierarchical clustering, the pathway GO:0045121 in the cellular fraction, which had a total of 74

Figure 5. Bar graph of GO enrichment analysis results. BP = biological processes, CC = closeness centrality, GO = gene ontology, MF = molecular function.

enrichment findings, had the lowest *P* value and enriched 12 genes, followed by GO:0031983, which enriched 9 genes. The top ranking mostly involves (nerve direction) membrane rafts, sacs, and dendrites. There are a total of 73 enrichment findings in the molecular functions. GO:0019903 has the lowest *P* value after hierarchical clustering, enriching 8 genes, followed by GO:0001085, enriching 7 genes. Protein phosphatase binding, RNA polymerase II transcription factor binding, and protein domain specific binding are among the top ranks.

The top ranking mostly involves (nerve direction) membrane rafts, sacs, and dendrites. There are a total of 73 enrichment findings in the molecular functions. GO:0019903 has the lowest *P* value after hierarchical clustering, enriching 8 genes, followed by GO:0001085, enriching 7 genes. Protein phosphatase binding, RNA polymerase II transcription factor binding, and protein domain specific binding are among the top ranks.

The results of KEGG analysis showed that 49 targets of Buyang Huanwu Decoction in the treatment of SCI were enriched in 243 channels (see [Table 8\)](#page-8-0). See [Figures 6](#page-8-1) and [7](#page-9-0) for the enrichment bar and bubble charts of the top 20 KEGG pathways.

3.6. Molecular docking

The key chemicals Hederagenin, Quercetin, Baicalein, Beta-Sitosterol, and Stigmasterol were chosen to dock with the PPI network's core targets, AKT1, TP53, IL6, VEGFA, EGFR, CASP3, STAT3, and TNF, and the results were promising. [Table 9](#page-9-1) shows that if the binding energy is less than zero, the ligand molecule can spontaneously bind to the target protein, and the lower the binding energy, the more stable the molecule binds to the target protein. In the AutoDock context, a binding energy absolute value larger than 5 suggests better binding. For graphical analysis, the docking conformations of AKT1 and Stigmasterol, TP53 and Stigmasterol, and VEGFA and Stigmasterol were chosen [Figures](#page-9-2) 8–[10.](#page-10-0)

4. Discussion

SCI is a widespread, devastating condition of the central nervous system that places a heavy financial burden on the whole community in addition to seriously harming sufferers' physical and emotional health.^{[[19\]](#page-11-16)} We must better investigate the pathophysiology of SCI and find novel therapy approaches in order to solve the treatment conundrum. Neuroprotection and regeneration are now the major methods for treating spinal cord injuries.[\[20](#page-11-17)] However these therapies, particularly the later regenerative repair procedure, have not yet had satisfactory results.[\[9](#page-11-8)] TCM, which originated in China, has had success in treating certain illnesses.[[21\]](#page-11-18) According to TCM, the injury to the Governor Vessel, the stoppage of qi and blood circulation, the loss of nutrition to the bones, muscles, and bones, atrophy of the limbs, and sta-sis of qi and blood are the basic etiologies of this disease.^{[\[22](#page-11-19)]} BYHWD, a decoction that is frequently used in TCM, has been shown to have a considerable therapeutic impact in the treatment of SCI. Its actions include tonifying qi, stimulating blood, cleansing meridians, and activating collaterals.[[23\]](#page-11-20) However, the specific mechanism of the compound in the treatment of SCI needs to be further elucidated.

This investigation into the mechanism of action of BYHWD in the treatment of SCI was based on network pharmacology methodology. The BYHWD was found to have 109 compounds and 98 active ingredients, among which Hederagenin, Quercetin, Cortexin, Baicalein, Beta-Sitosterol, and Stigmasterol may be crucial elements in the therapy of SCI. Helexin has pharmacological actions that include anti-inflammatory, liver protection, anticoagulant, antidepressant, anticancer, antibacterial, anti-AS, and others.[[24\]](#page-11-21) Additionally, it can increase the expression of Bax while decreasing the expression of Bcl-2, which would eventually encourage cell death.^{[\[25](#page-11-22)]} Quercetin, β-sitosterol, and stigmasterol have anti-inflammatory and antioxidant effects.^{[[26](#page-11-23),[27\]](#page-11-24)} According to studies, quercetin can chelate metal ions, scavenge reactive oxygen radicals, and prevent oxidative damage to low-density lipoproteins. The production of inflammatory cytokines and the activity of inflammatory enzymes are both inhibited at the same

Table 7 GO-related genes.

 $GO = Gene$ ontology.

time.^{[\[28](#page-11-25)]} In order to minimize the synthesis of inflammatory factors and TLR4 overexpression, β-sitosterol can block the activation of NLRP3, the activation of the MAPK signaling pathway, and the activation of NLRP3.[[29\]](#page-11-26)

Through network analysis, it was shown that AKT1, IL6, TP53, VEGFA, EGFR, CASP3, TNF, STAT3, CTNNB1, and HRAS may be the primary targets of BYHWD in the treatment of SCI. Three members of the serine/threonine protein kinase family, known as AKT (AKT1, AKT2, and AKT3), are closely connected to one another and are involved in a number

of biological activities. The PI3K/Akt system is strongly associated with both pro-inflammatory and anti-inflammatory responses, and the Akt signaling pathway has the ability to regulate activities including inflammatory cytokines and macrophage phagocytosis.[[30](#page-11-27)[,31](#page-11-28)] An essential tumor suppressor gene called TP53 is involved in cell cycle arrest, apoptosis, senescence, and carcinogenesis.[\[32](#page-11-29)] MicroRNAs (miRNAs) are a part of the TP53 signaling pathway. According to research, miR-429-5p controls the expression of Bcl-2, which controls the apoptosis of spinal cord cells and contributes to the healing

Table 8 KEGG-related genes.

KEGG = Kyoto encyclopedia of genes and genomes.

Figure 7. Bubble map of 20 KEGG Pathway Enrichment before Clustering (Enrichment of bubble map stands for Hitgenelist/GeneInGO)). KEGG = Kyoto encyclopedia of genes and genomes.

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Docking binding energies of Buyang Huanwu Decoction core compounds and core targets.

AKT1 = recombinant Human Protein Kinase, CASP3 = Apoptosis-Related Cysteine Peptidase, EGFR = epidermal growth factor receptor, IL6 = interleukin-6, STAT3 = signal transducer and activator of transcription 3, TNF = tumor necrosis factor, TP53 = tumor protein p53, VEGFA = vascular endothelial growth factor.

Figure 8. Molecular docking diagram of AKT1 and stigmasterol. AKT1 = recombinant Human Protein Kinase.

process after SCI.[[33\]](#page-11-30) The caspase family, which is classified into apoptosis-related caspases and inflammation-related caspases, is a collection of highly homologous and structurally identical proteases. Specifically, caspase3 controls apoptosis.[\[34](#page-11-31)] According to studies, BYHWD can help rats recover their

neurological function after a SCI by suppressing the caspase cells' apoptotic process.[[35\]](#page-11-32) The STAT protein family, which includes STAT3, is activated by phosphorylation in response to a number of cytokines and growth factors.[\[36](#page-11-33),[37\]](#page-11-34) The JAK2/ STAT3 signaling system controls the production of several

Figure 9. Molecular docking diagram of TP53 and stigmasterol. TP53 = Tumor Protein p53.

Figure 10. Molecular docking diagram of VEGFA and stigmasterol. VEGFA = vascular endothelial growth factor.

cytokines and growth factors as well as cell proliferation, differentiation, and death. It is also linked to the incidence and progression of acute SCI. We propose that the inflammatory response, cellular autophagy, and the apoptotic process can control neurological impairment and recovery in tonic yang and rejuvenation soup.[[38\]](#page-11-35)

BYHWD can also cure SCI by controlling inflammation, antioxidant stress, and apoptosis via the cancer route, HIF-1 signaling pathway, MAPK signaling pathway, and Wnt signaling pathway, among other pathways, according to the KEGG enrichment study. We discovered that BYHWD can help neural stem cell transplantation, which is mostly controlled by wnt signaling, to cure spinal cord damage in experimental rats, boost the growth of mitotic cells in the spinal cord, and thereafter, to some extent, support the restoration of neurological function. Additionally, several researchers have discovered that BYHWD can lessen secondary damage to the spinal cord brought on by ischemia and hypoxia, ameliorate ischemia and hypoxia, and stimulate the production of HIF-1 and VEGF in the SCI section of SD rats following SCI. support the restoration of nerve function after sexual damage.[[35\]](#page-11-32) More research is required to more conclusively demonstrate the mechanism of action of BYHWD, as there are currently only a small number of studies on its use in the treatment of SCI.

5. Conclusion

BYHWD, a tonic, possesses anti-inflammatory and antioxidant properties, suppresses apoptosis, and aids in the healing of nerve cells. Several targets that are important for treating SCI can be affected by a single chemical, and each target may be connected to a number of pathways. Clinically, BYHWD is successful in

treating SCI, although it's unknown how it works. Through the use of TCM network pharmacology and molecular docking tools, we investigated the mechanism of multi-component, multi-target, and multi-channel therapy of SCI in this research. It draws attention to the legitimacy and efficacy of BYHWD, which offers clinical practitioners direction in the treatment of SCI and fresh thoughts for further examining the mechanism of action of BYHWD.

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Conceptualization: Lan Chen. **Data curation:** Ying Wang. **Formal analysis:** Ying Wang and Lan Chen. **Investigation:** Hai-Xu Chen. **Methodology:** Ying Wang and Hai-Xu Chen. **Project administration:** Lan Chen, Ying Wang, and Hai-Xu Chen. **Resources:** Jun-Wei Wang, Xin Chen. **Software:** Jun-Wei Wang. **Supervision:** Ying Wang and Lan Chen. **Validation:** Jun-Wei Wang. **Writing – original draft:** Ying Wang. **Writing – review & editing:** Lan Chen.

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