

## Research Article

# Active Ingredients and Potential Mechanisms of the Gan Jiang-Huang Qin-Huang Lian-Ren Shen Decoction against Ulcerative Colitis: A Network Pharmacology and Molecular Docking-Based Study

Ce Zhou <sup>1</sup>, Hang Zhou,<sup>2</sup> Furong Zhang <sup>3</sup>, Liangliang Hao,<sup>1</sup> and Jing Guo <sup>4</sup>

<sup>1</sup>Department of Proctology, Hospital of Chengdu University of Traditional Chinese Medicine, Chengdu 610072, China

<sup>2</sup>School of Basic Medical Sciences, Chengdu University of Traditional Chinese Medicine, Chengdu 610072, China

<sup>3</sup>College of Health Preservation and Rehabilitation, Chengdu University of Traditional Chinese Medicine, Chengdu 610072, China

<sup>4</sup>School of Clinical Medicine, Hospital of Chengdu University of Traditional Chinese Medicine, Chengdu 610072, China

Correspondence should be addressed to Jing Guo; guojing66@cducm.edu.cn

Received 17 June 2021; Revised 1 August 2021; Accepted 31 August 2021; Published 9 September 2021

Academic Editor: Duygu Ağagündüz

Copyright © 2021 Ce Zhou et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

**Background.** Ulcerative colitis (UC), a chronic and nonspecific inflammatory bowel disease, seriously affects the quality of patients' life. Han Re Bing Yong Fa (treating diseases with both cool- and warm-natured herbs) is a classical therapeutic principle of traditional Chinese medicine (TCM), which is often used to treat chronic diseases, including UC. The Gan Jiang-Huang Qin-Huang Lian-Ren Shen decoction (GJHQHLRSD), a representative of Han Re Bing Yong Fa, is effective in alleviating inflammatory symptoms in UC. However, the pharmacological mechanism underlying its anti-inflammatory effect remains unclear. **Methods.** A network pharmacology strategy, including the construction and analysis of the drug–disease network, was used to explore the complex mechanism of GJHQHLRSD treatment of UC. In addition, molecular docking technology was used to preliminarily examine the binding ability of the potential active components and core therapeutic targets of GJHQHLRSD. **Results.** The network pharmacology results revealed 140 targets of GJHQHLRSD which are involved in UC. The PPI network analysis identified seven target genes: *BCL2L1*, *NR3C1*, *ALOX5*, *S1PR5*, *NR1I2*, *CYP2D6*, and *LPAR6*. The molecular docking results revealed that the following displayed strongest combined effects: *EGFR* with kaempferol, *ERK1* with worenine, *STAT3* with Palmidin A, *BCL2L1* with diop and *VEGFA* with ginsenoside Rg3. The KEGG and gene ontology enrichment analyses results indicated that GJHQHLRSD functions by regulating the EGFR signaling pathway in UC treatment. Other effective biological processes involved in UC treatment included cancer-related as well as inflammation and viral infection signaling pathways, such as the “MicroRNAs in cancer,” “TNF signaling pathway,” and “JAK-STAT signaling pathway.” **Conclusions.** This study reflects the multicomponent, multitarget, and multipathway characteristics of the action mechanism of GJHQHLRSD in treating UC. Furthermore, it helps better understand the TCM therapeutic principle of Han Re Bing Yong Fa and explore novel candidate drug targets for UC treatment.

## 1. Introduction

Ulcerative colitis (UC), a chronic, relapsing, and nonspecific inflammatory disease, affects several million individuals worldwide. UC is an inflammatory bowel disease (IBD), and its aetiology and pathogenesis are not yet fully understood. Currently, it is believed that IBD is a complex genetic disease

that is instigated and amplified by the confluence of multiple genetic and environmental variables that perturb the immune–microbiome axis [1]. However, drug resistance, dependence, and adverse reactions have further limited the clinical efficacy. The prevalence of UC is increasing globally, but the clinical benefits of current treatments are controversial [2]. With a long-term ineffective treatment, UC is

likely to develop into colon cancer, and up to 15% of patients may need surgical resection of the colon during later stages of the disease [3]. Hence, patients with colitis-associated cancer (CAC) suffer from more severe pain and struggle with economic burden. UC is now becoming a complex problem for physicians worldwide owing to the lack of effective treatments.

Traditional Chinese medicine (TCM) plays an important role in China's public health system, particularly in the treatment and management of chronic diseases such as UC. Currently, studies have been focusing on TCM as an alternative therapy for UC; however, there are some limitations in terms of TCM use in clinical practice, such as the lack of full guidance from the theoretical basis of TCM and the use of complex and multicoloured herbs which are not used frequently in clinical practice. For instance, the TCM formula Guchang Zhixie Wan (GCZXW) exerts a protective effect on IBD through the STAT3/NF- $\kappa$ B/IL-6 pathway, and the active ingredients of the Banxia Xiexin decoction (BXXXD) primarily act on IL-4, IL-10, IL-1 $\beta$ , and TNF- $\alpha$  [4, 5]. However, several types of herbs are used in GCZXW, which hinders further study. Furthermore, BXXXD is frequently used in gastritis treatment but seldom used in UC treatment. TCM focuses on syndrome differentiation and treatment because different patients present with different syndromes. Han Re Bing Yong Fa (treating diseases with both cool- and warm-natured herbs) is a classical therapeutic principle of TCM, which is often used to treat diseases involving complex pathogenesis. Han Re Bing Yong Fa can enhance the curative effect by guiding the compatibility of one or more cold herbs with warm herbs. The *Gegen Qinlian* decoction (GGQLD), *Wumei* pill (WMP), *Shaoyao* decoction (SYD), and *Gan Jiang-Huang Qin-Huang Lian-Ren Shen* decoction (GJHQHLRSD) apply this principle and are representative prescriptions for UC treatment. The efficacy of GGQLD, WMP, and SYD has been demonstrated in several pharmacological and animal studies, which showed that formulas based on Han Re Bing Yong Fa can improve intestinal barrier function, alleviate UC, and delay cancer development [6–10]. However, to our knowledge, no studies have explored the mechanism and active components of GJHQHLRSD for UC treatment.

In China, GJHQHLRSD is primarily used to treat patients with gastrointestinal diseases, especially those with large intestinal damp-heat syndromes, which lie in the indication scope of Han Re Bing Yong Fa. GJHQHLRSD comprises *Gan Jiang* (*Zingiberis Rhizoma*), *Huang Qin* (*Radix Scutellariae*), *Huang Lian* (*Coptidis Rhizoma*), and *Ren Shen* (*Ginseng Radix et Rhizoma*). The *Zingiberis Rhizoma* decoction has been found to reduce colitis in mice by reducing the expression levels of TNF- $\alpha$ , IL-1 $\beta$ , IL-6, and IL-10 [11]. The respective active components of *Radix Scutellariae* and *Coptidis Rhizoma* can improve intestinal barrier function, thus alleviating the adverse symptoms in patients with UC [12, 13]. Moreover, the *Huang Lian-Jiedu* decoction has been demonstrated to alleviate UC in mice by regulating the metabolism of arachidonic acid and glycerophospholipid and may evolve into a new antiulcer drug in the future [14]. UC is caused by various genetic and

environmental factors; therefore, it was hypothesized that the treatment needs a combination of multitarget drugs, similar to AIDS cocktail therapy. The current research on TCM in the treatment of UC reflects the advantages of a multitarget and multichannel approach. The current literature presents network pharmacology studies on a single herb among those included in this prescription; however, no comprehensive study has focused on the formula as a whole. A network pharmacology-based research is needed for understanding the mechanism of GJHQHLRSD in UC treatment. Therefore, this study aimed to help better understand the Han Re Bing Yong Fa therapeutic principle, clarify the possible mechanism of GJHQHLRSD in UC treatment, and explore novel candidate drug targets for UC treatment based on network pharmacology analysis results to provide a reference for future confirmatory studies.

## 2. Materials and Methods

**2.1. Effective Chemical Composition and Targets of GJHQHLRSD.** Data on the active compounds and protein targets of four herbs were retrieved from the Traditional Chinese Medicine Systems Pharmacology Database and Analysis Platform (TCMSP, <https://lsp.nwu.edu.cn/tcmsp.php>). The drug feasibility was evaluated by oral bioavailability (OB) and drug likeness (DL) indices. In this study, molecules with OB of  $\geq 30\%$  and DL of  $\geq 0.18$  were considered active compounds. The structures of GJHQHLRSD components were obtained from the PubChem database (<https://pubchem.ncbi.nlm.nih.gov/>) and were imported into the Swiss target prediction database (STP, <https://www.swisstargetprediction.ch/>); targets with a prediction score of  $>0$  were considered the drug targets. The databases and tools were last accessed on 13 February, 2021.

**2.2. Potential Disease Target Genes.** Potential disease targets associated with UC were collected from the OMIM (<https://omim.org/>), DisGeNET (<https://www.disgenet.org/>), and GeneCards (<https://www.genecards.org/>) databases. The GeneCards database establishes the correlation ranking between genes and diseases and provides the gifts and score algorithm [15]. The common targets of drugs and diseases are obtained by intersecting GJHQHLRSD component targets with disease targets. Through the software analysis and screening, the overlapping genes between active drug compounds and diseases were depicted using Venn diagram (<https://bioinformatics.psb.ugent.be/webtools/Venn/>). Finally, Cytoscape software (Version 3.7.1) was used to map the disease network of drug components.

**2.3. Construction of the Protein-Protein Interaction Network and Key Gene Screening.** The identified overlapping target genes were introduced into the STRING network platform (<https://string-db.org/>). "*Homo sapiens*" was chosen, and a confidence score of  $>0.9$  was set to predict the interactions. The protein-protein interaction (PPI) network analysis results were saved in TSV format and imported into Cytoscape software (<https://www.cytoscape.org/>). Key genes were

screened using the CytoHubba module and MCODE plug-ins [16]. First, the MMC algorithm of CytoHubba plug-in was used to calculate the gene core degree; the genes with the top seven MMC scores were selected. Next, the MCODE plug-in was applied to set the K-core to 2 and obtain the intersection of the three core modules by clustering. Moreover, the identified genes considered the key genes involved in GJHQHLRSD treatment for UC.

**2.4. Gene Ontology and Kyoto Encyclopedia of Genes and Genomes Pathway Enrichment Analysis.** Gene ontology (GO) analysis was performed using the WebGestalt online tool (<https://www.web-gestalt.org/>) [17]. The GO enrichment analysis included the biological process (BP), cellular component (CC), and molecular function (MF). The results showed that the GO function with an FDR value of  $<0.05$  indicated significant enrichment. The Kyoto Encyclopedia of Genes and Genomes (KEGG) database (<https://www.genome.jp/kegg/>) was used for the systematic analysis of molecular networks with interacting genes. To assess a possible mechanism of GJHQHLRSD in treating UC, the KEGG pathway enrichment analysis was performed via DAVID Bioinformatics Resources (<https://david.ncifcrf.gov>). Top 20 significant pathway items were considered important and were presented via a bubble graph. The abovementioned database was last accessed on 14 February, 2021.

**2.5. Molecular Docking Analysis.** First, the SDF formats of small ligand molecules were downloaded from the PubChem database and then converted to the PDB format using the Open Babel software (version 3.0.0). Second, the PyMOL software (version 2.3.6) was used to remove water molecules; the original ligand was isolated from the core target protein. The processed protein targets were imported into the AutoDock software (version 4.2.0) for hydrogenation, the total charge was calculated, the atomic type was set, and the file was saved in PDBQT format. Finally, the mol2 structures of the corresponding part of the core targets were downloaded from the TCMSP database and saved in PDBQT format. The AutoDock-Vina software (version 1.1.2) was used to perform molecular docking and comprehensively scored the receptor-ligand complex to evaluate its affinity.

The flowchart of the network pharmacology approach used in this study is shown in Figure 1.

### 3. Results

**3.1. Identification of GJHQHLRSD Compounds.** The active components of *Zingiberis Rhizoma*, *Radix Scutellariae*, *Coptidis Rhizoma*, and *Ginseng Radix et Rhizoma* were identified using the TCMSP database, and 75 potential active components were obtained. A total of 836 drug targets were selected by retrieving GJHQHLRSD from the STP database. The keyword “ulcerative colitis” was searched in the OMIM, DisGeNET, and GeneCards databases, and 906 disease targets were obtained after deduplication. Finally, the intersection images of GJHQHLRSD-UC targets were created

using the Venny 2.1 online software. After mapping the UC-related genes with the targets of active compounds, 140 intersected genes were identified (Figure 2).

**3.2. Topological Network Analysis.** Four active components were deleted owing to a lack of intersection with the disease target, thus obtaining 71 active components. Data of 71 active components and 140 overlapping target genes were entered into the Cytoscape software for creating network diagram. The isolated components were deleted because of the lack of intersection with the targets, and then, a network diagram of the interaction between the drug component and target disease was drawn (Figure 3). A network analyzer was used to perform a topology analysis on the network graph, wherein the degree value represented the number of associations between the component and the target. The greater the degree value of the target point, the more important is its component.

**3.3. PPI Network and Key Gene Analysis.** The PPI network was obtained from the STRING database and visualized using the Cytoscape software. The minimum confidence was set to 0.40 to construct the PPI network and hide independent target protein nodes. The PPI network nodes represent the proteins, and the edges represent the interactions between the proteins. The importance and priority of proteins were analyzed based on network results, and seven target genes were obtained (Figure 4). The seven core genes were related to cell apoptosis (B cell lymphoma-2 like 1 (*BCL2L1*)), sphingosine-1-phosphate receptor 5 (*S1PR5*), inflammation (arachidonate 5-lipoxygenase (*ALOX5*)), hormones (nuclear receptor subfamily 3 group C member 1 (*NR3C1*)), nuclear receptor subfamily 1 group I member 2 (*NR1I2*)), a monooxygenase gene with a detoxification effect (cytochrome P450 subfamily IID 6 (*CYP2D6*)), and a cell signal transduction gene with immune regulation (lysophosphatidic acid receptor 6 (*LPAR6*)).

**3.4. GO Enrichment Analysis.** After searching the 140 common targets in the R language software, BP, CC, and MF were selected for the GO analysis. The GO results showed that the intersection genes included multiple biological processes. The effect of GJHQHLRSD on UC is a result of complex multichannel synergy. In addition, the GO enrichment analysis was performed for top 20 BPs (Figures 5(a) and 5(b)). On the basis of the enrichment results, three most remarkable BPs were positive response regulation to external stimulus (GO:0032103), molecule of bacterial origin (GO:0002237), and lipopolysaccharide (GO:0032496). The MCODE algorithm was used to identify the mechanism underlying the positive regulation of the responses to external stimuli, molecules of bacterial origin, and lipopolysaccharides. The genes involved in these BPs are shown in Figures 5(c)–5(e).

**3.5. KEGG Enrichment Analysis.** Data of a total of 140 potential targets of GJHQHLRSD for UC were uploaded to the DAVID database for the enrichment analysis, and 141 pathways with a  $P$  value of  $<0.05$  were obtained. The results of

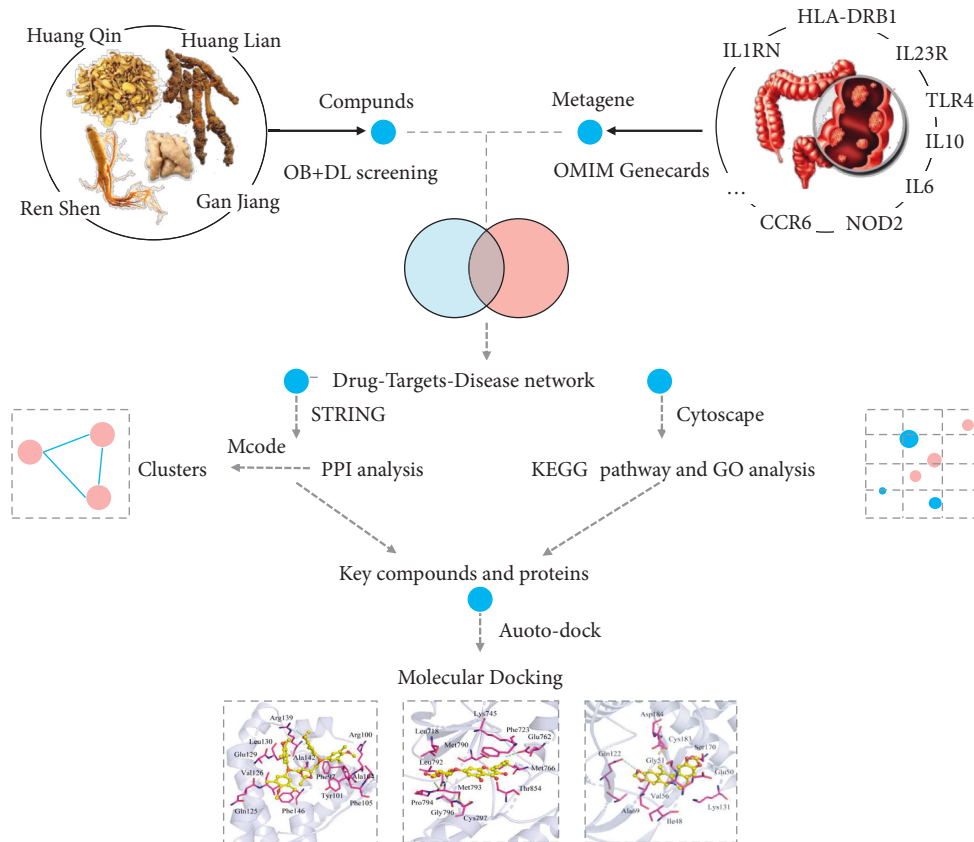


FIGURE 1: Flowchart of UC treatment using GJHQHLRSD based on the network pharmacology approach.

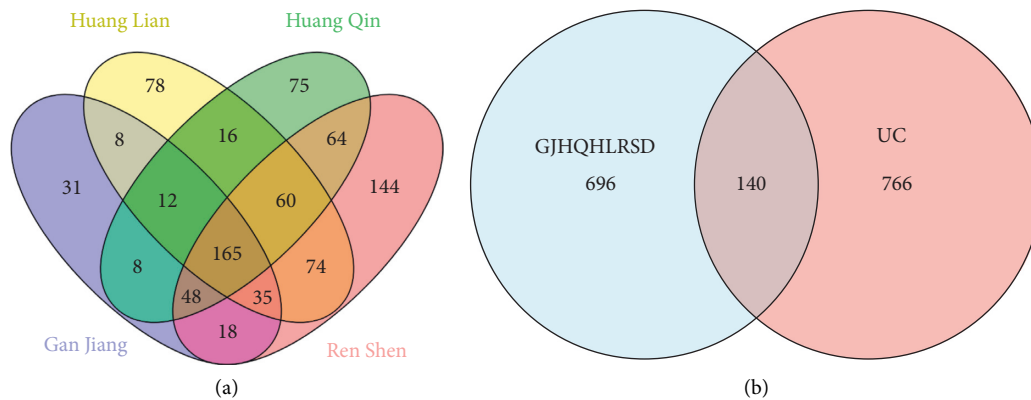


FIGURE 2: (a) Venn diagram of the GJHQHLRSD targets. (b) Venn diagram showing the overlapping target genes between GJHQHLRSD and UC.

top 20 pathways were visualized as a bubble diagram (Figure 6), which suggested that GJHQHLRSD treatment of UC is related to the tyrosine kinase inhibitor resistance of the epidermal growth factor receptor (EGFR). In addition, the analysis results included cancer-related as well as inflammation and virus infection signaling pathways, such as the “MicroRNAs in cancer,” “TNF signaling pathway,” and “JAK-STAT signaling pathway.”

3.6. Molecular Docking Analysis. The top five target genes were selected, including *BCL2L1*, *EGFR*, extracellular

regulated kinase 1 (*ERK1*), signal transducer and activator of transcription 3 (*STAT3*), and vascular endothelial growth factor A (*VEGFA*), which play a significant role in the GJHQHLRSD-UC network. Through a series of calculations, small molecules of diop, kaempferol, worenine, Palmidin A, and ginsenoside Rg3 ligands were selected. Molecular docking simulations were performed for selected target genes and small molecules. The docking results showed that five targets could directly couple with five bioactive compounds. Moreover, the following displayed strongest combined effects: EGFR with kaempferol, ERK1

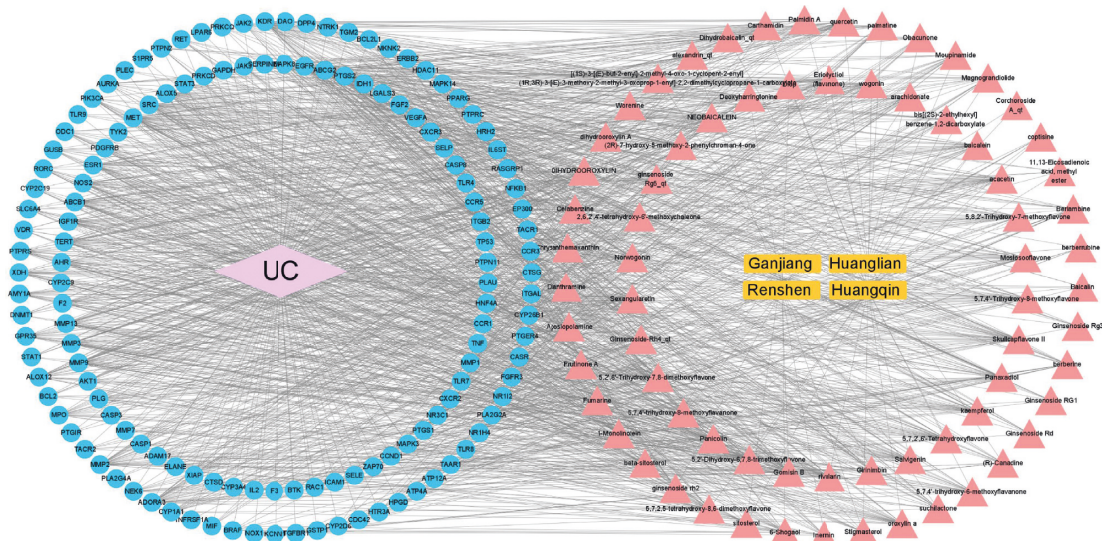


FIGURE 3: Network diagram of interaction between the drug component and the target disease.

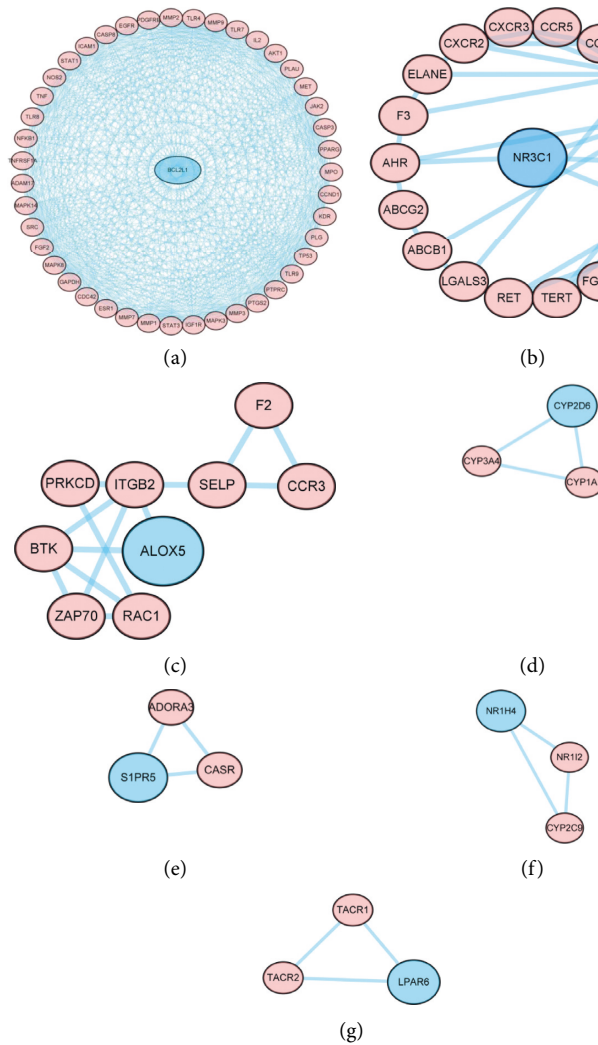
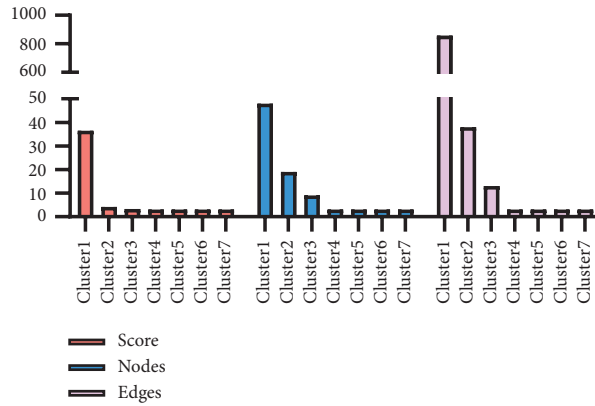


FIGURE 4: Continued.



(h)

FIGURE 4: Protein-protein interaction network clusters of common targets for both GJHQLRSD and UC. (a–g) Clusters 1–6 found using MCODE and had densely connected regions. (h) Comparison of the MCODE scores of different clusters.

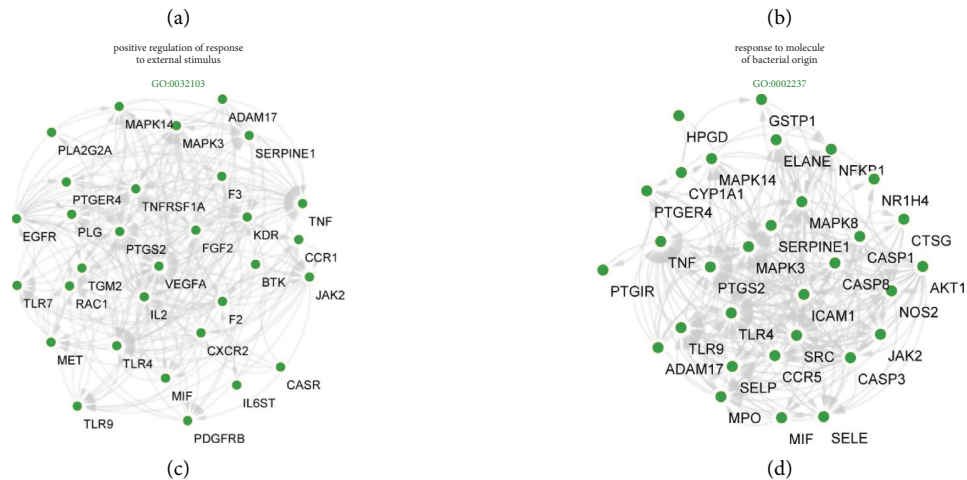
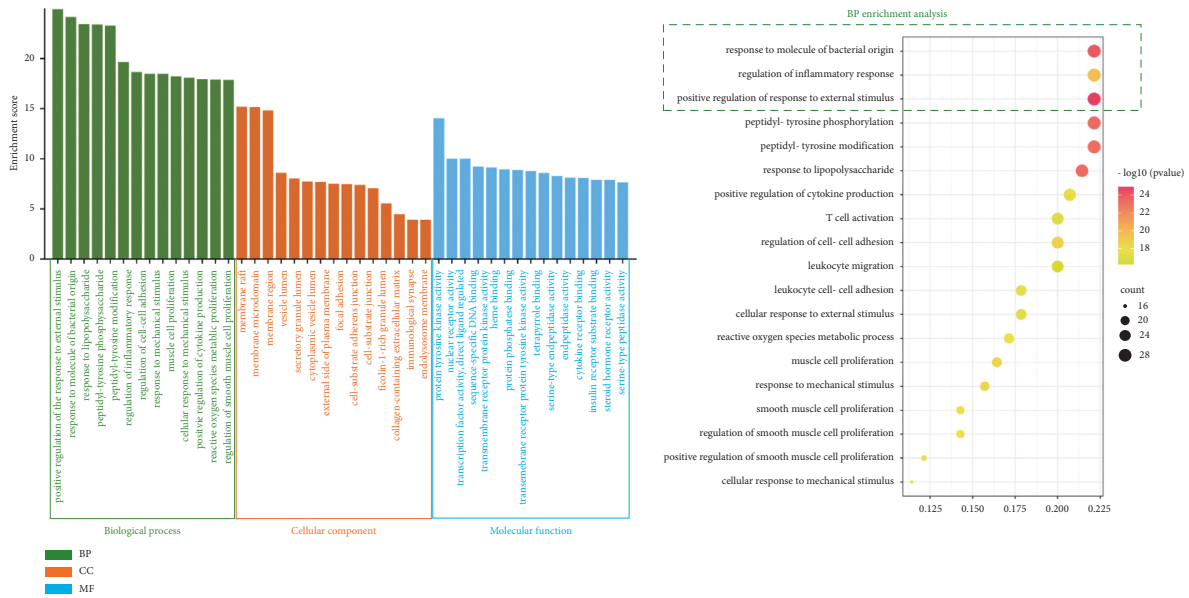


FIGURE 5: Continued.

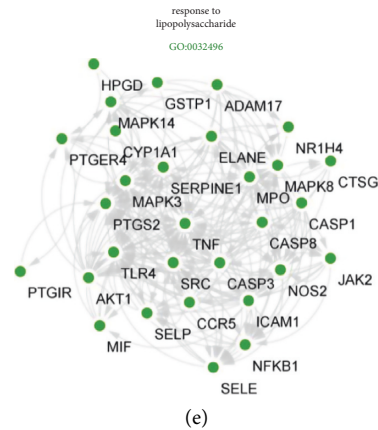


FIGURE 5: GO enrichment analysis. (a) Go enrichment analysis of three processes. (b) The BP 20 bubble diagram. (c–e) BP-related gene signaling pathway network.

with worenine, STAT3 with Palmidin A, BCL2L1 with diop and VEGFA with ginsenoside Rg3 (Figure 7).

#### 4. Discussion

UC is a precancerous lesion with lifelong recurrence tendency, which requires long-term medication. Its typical clinical manifestations include abdominal pain, diarrhoea, and purulent stool, among which abdominal pain and frequent defecation severely affect the quality of life of patients with UC [18]. A Chinese study found that the prevalence of anxiety and depression in patients with IBD reached 33.1%, which in turn can aggravate the disease severity [19]. More than 240 genetic risk loci are associated with IBD. However, their effects on the disease are poorly understood [20]. Owing to the complex aetiology and pathogenesis of UC, various modalities are used for its treatment, including the administration of 5-aminosalicylic acid, glucocorticoid, immunosuppressant, and antibiotics, as well as surgery [21–23]. However, drug resistance, drug dependence, and adverse reactions have further limited the clinical effect of pharmacological therapy. Thus, IBD treatment is far from optimal, and currently, the prognosis of patients is not that satisfactory.

Alternative therapies represented by TCM have been reported increasingly in recent years [24–27]. In China, TCM prescriptions based on Han Re Bing Yong Fa have been widely used in UC treatment, with preferable efficacy and safety [28–30]. Basic studies demonstrated that modified BXXXD, a formula similar to GJHQHLRSD, can effectively alleviate UC as well as relieve depression and UC through targeting VEGFA, TNF, STAT3, EGFR, and others [31–33].

However, the scientific explanation of Han Re Bing Yong Fa in treating UC currently remains unclear, which indicates the need for conducting more basic studies to better understand the scientific connotation of the TCM Han Re Bing Yong Fa therapeutic principle. The isolation of artemisinin was inspired by the use of *Artemisia annua* in TCM, which is a typical outcome from the research and mining of TCM theory [34]. Network pharmacology and molecular docking

analysis are computed prediction tools offering results that can provide a direction for future research, such as revealing scientific evidence for the TCM principle of Han Re Bing Yong Fa.

The reason TCM treatment of UC has become a research hotspot may be related to its complex pharmacological action featuring the multitarget and multipathway approach. UC pathogenesis is related to pathogenic factors such as abnormal gut microbiota, immune response dysregulation, environmental changes, and gene variants [35]. In this study, the Venn diagram showed that the therapeutic effect of GJHQHLRSD on UC was related to 140 genes (Figure 2). Furthermore, seven target genes were screened by the cluster analysis: *BCL2L1*, *S1PR5*, *ALOX5*, *NR3C1*, *NR1I2*, *CYP2D6*, and *LPAR6*. These target genes are involved in physiological processes such as apoptosis and inflammation as well as hormone and immune regulation. Therefore, these targets might play an important role in the activity of GJHQHLRSD against UC. A network pharmacology study has found that Baitouweng decoction (BTWD) may alleviate UC through multiple targets and pathways [36]. The BTWD has been found to also alleviate inflammation in the mouse model of colitis, which may be related to a variety of signaling pathways, including the modulation of intestinal microflora and inflammatory signaling pathways, such as IL-6/STAT3 [37]. As is known, studying the effect of TCM on human health has always been challenging because of the complex composition of Chinese herbal medicine. The integral and systematic characteristics of the growing field of network pharmacology research into TCM are consistent with TCM's holistic view and principle of syndrome differentiation and treatment. For this reason, some researchers use data mining technology to study TCM. Although the research methods of network pharmacology has some shortcomings, it provides a novel way to study the complex systems of TCM by revealing drugs' regulatory mechanisms through the integration of a large amount of clinical and experimental data and scientific verification [38].

Currently, the primary strategy of IBD is to balance the excessive immune response of the intestinal mucosa so as to

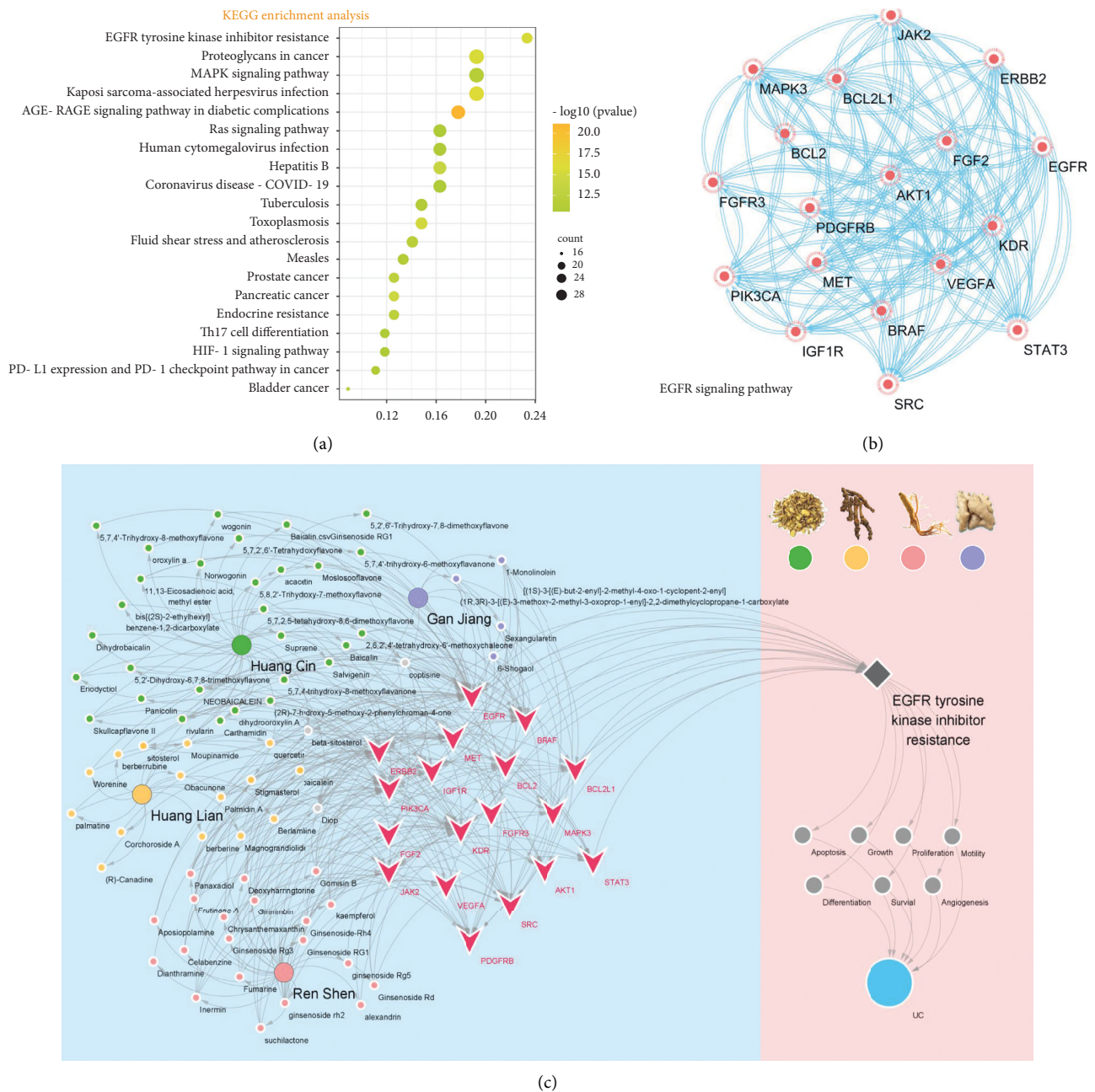


FIGURE 6: KEGG enrichment analysis. (a) Bubble diagram of the KEGG enrichment analysis. (b) Gene distribution of the EGFR signaling pathway. (c) GJHQHLRSD against the UC target-pathway network.

restore the epithelial regeneration of colon. Epidermal growth factor is an activated ligand of EGFR, which can alleviate disease by directly targeting intestinal mucosal healing. EGFR activation therapy works well in clinical practice but has not shown progress in the past few decades, partly because its long-term use may cause cancer. Animal studies have shown that early administration of gefitinib, an EGFR kinase inhibitor, can increase the tumour size, whereas its late administration can reduce the tumour size. EGFR plays an important role in the pathological development of IBD, especially CAC [39, 40]. The mechanism of EGFR in IBD treatment is unclear, yet most studies show

that EGFR is closely related to cytokines and mitochondrial autophagy [41, 42]. Previous studies found that A disintegrin and metalloproteinase-17 and EGFR can alleviate UC by relieving inflammation and restoring intestinal barrier [43, 44]. EGFR activation promotes cellular proliferation, differentiation, survival, and wound healing in several cell types [45]. Moreover, the specificity of UC is still associated with an altered EGFR expression, and the rate of epithelial apoptosis and proliferation is determined by the histological activity of inflammation [46]. The PPI network analysis demonstrated that seven target genes of GJHQHLRSD were related to cell proliferation, apoptosis, and immune



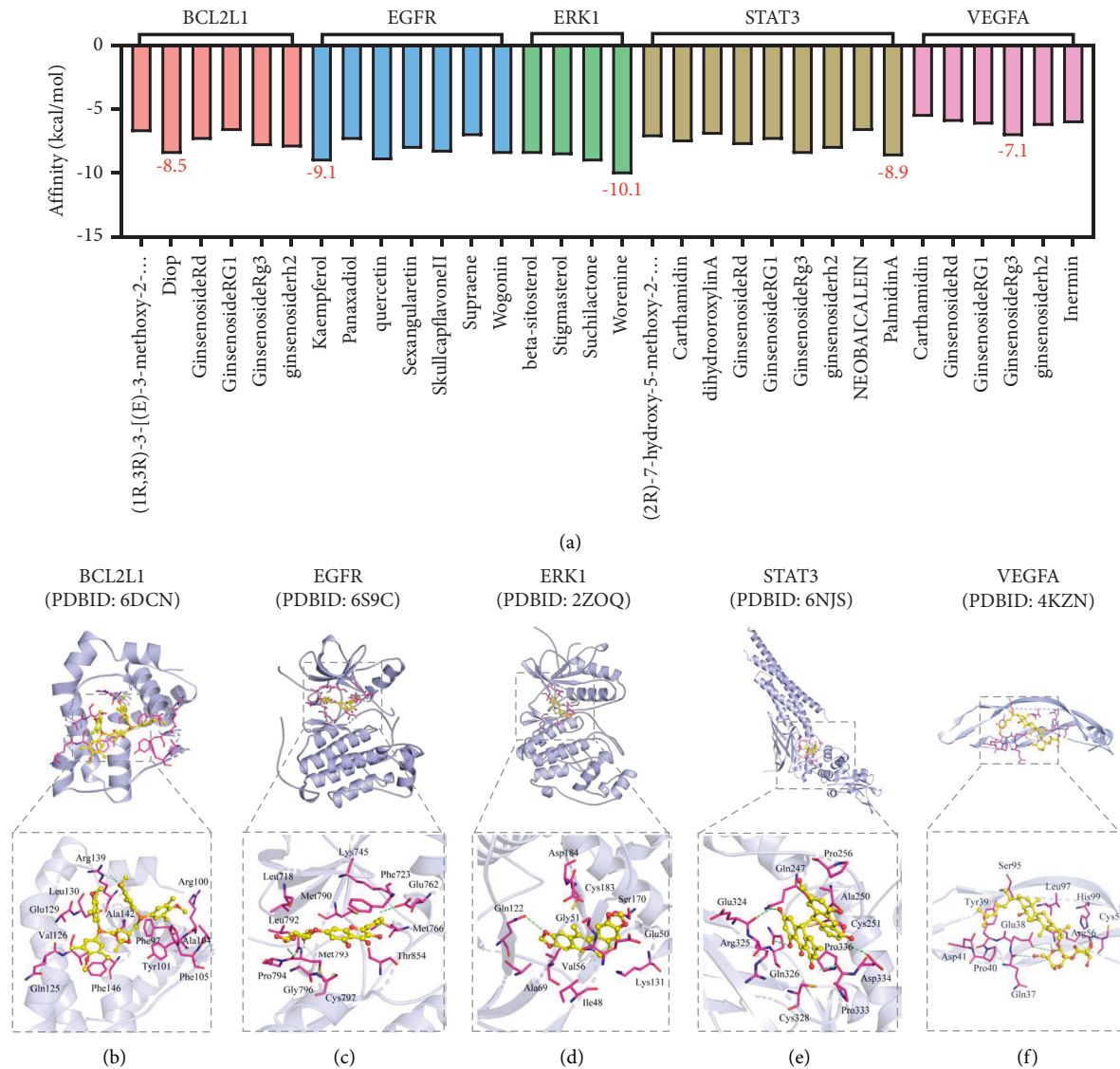


FIGURE 7: (a) Binding energy scores of molecular docking. (b–f) Binding modes of target genes and ligand proteins.

regulation (Figure 4), which is accordance with the principle of balancing excessive immune response in UC treatment.

In addition to recent research on EGFR and excessive immune response in UC treatment, research on mitochondrial autophagy demands scientific attention. Because epithelial barrier repair in colitis is dependent on energy, EGFR tyrosine kinase inhibitors and mitochondrial autophagy regulation are particularly important. Xianglian pill reduced DSS-induced acute colitis in mice by inhibiting the secretion of proinflammatory cytokines and enhancing autophagy [47]. Moreover, a study on compound Sophorae decoction found that TCM can inhibit UC-associated carcinogenesis by fighting inflammation and regulating apoptosis and mitochondrial autophagy [48], which suggest that mitochondrial dysfunction is critical in UC-associated carcinogenesis [49]. In light of these findings, mitochondria may become a new pharmacological target for the prevention and treatment of IBD [50, 51]. This speculation is consistent with the results of this study. The KEGG and GO

enrichment analyses results indicated that GJHQLRSD functions are regulating the EGFR signaling pathway in UC treatment (Figure 8). In this study, other effective biological processes involved in UC treatment included cancer-related as well as inflammation and viral infection signaling pathways, such as the “MicroRNAs in cancer,” “TNF signaling pathway,” and “JAK-STAT signaling pathway.” Growing evidence demonstrates that microRNA-mediated posttranscriptional regulation is important in autophagy in IBD [52]. MicroRNA was found to be involved in regulating the occurrence and development of UC in four ways by affecting the intestinal epithelial cell barrier, regulating immune cells, regulating intestinal microbiota, and participating in tumour formation [53]. Baicalin, the active component of Radix Scutellariae, was found to play an antitumour role by regulating dozens of microRNAs [54]. Previous studies on Radix Scutellariae and Coptidis Rhizoma also found that the mechanism of alleviating UC is related to TNF- $\alpha$ , STAT3, and JAK-STAT signaling pathways [47, 55–57]. In

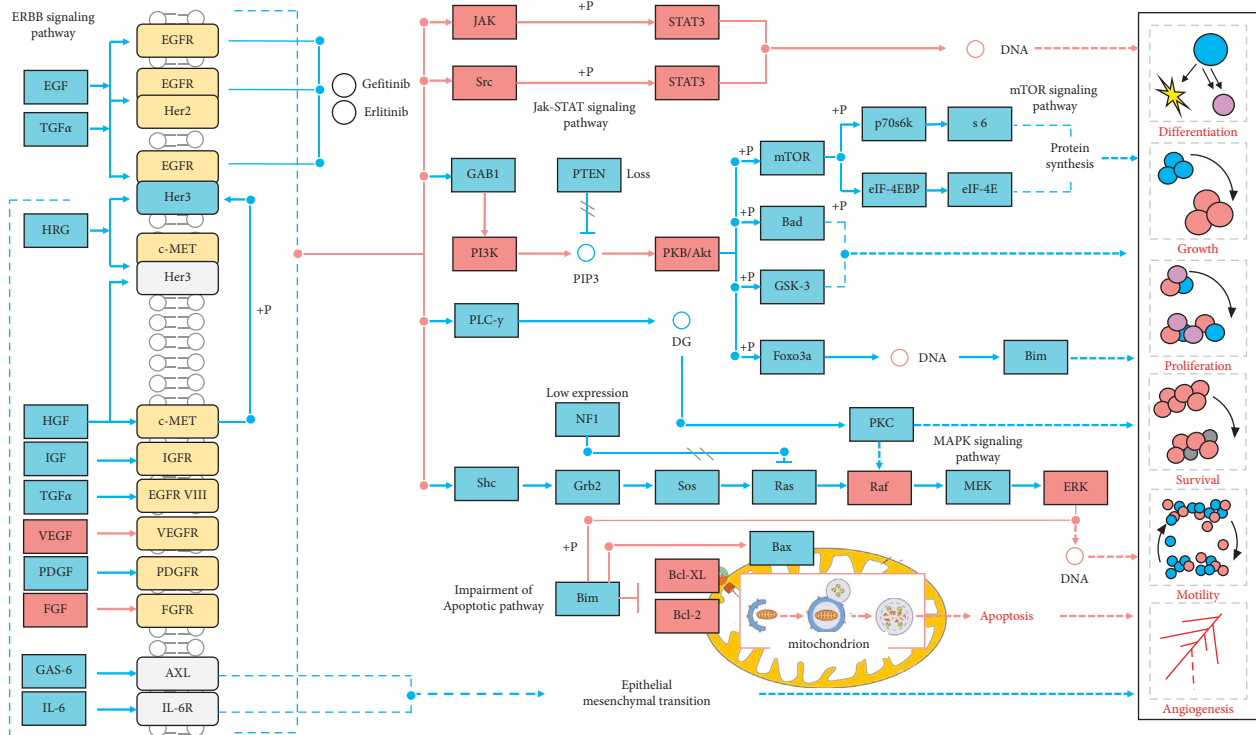


FIGURE 8: EGFR signaling pathway of GJHQHLRSD against UC.

conclusion, EGFR tyrosine kinase inhibitor and mitochondrial autophagy are key factors in the pathological progression and recovery of UC.

In this network pharmacological study, 71 potentially bioactive compounds of GJHQHLRSD were identified, including kaempferol, worenine, Palmidin A, diop, and ginsenoside Rg3. Kaempferol, present in Ginseng Radix et Rhizoma and Radix Scutellariae, exerts anti-inflammatory and antitumour effects by inhibiting inflammatory factors [58]. Worenine is a major active component of Coptidis Rhizoma, which inhibits colorectal cancer cell growth by negatively regulating HIF-1 $\alpha$  [59]. Moreover, the molecular docking results revealed that the five abovementioned major compounds of GJHQHLRSD had a high binding affinity to the EGFR in the tyrosine kinase inhibitor signaling pathway (Figure 7). In particular, EGFR with kaempferol and ERK1 with worenine displayed the strongest combined effects. Kaempferol and worenine have definite anti-inflammatory and antitumour effects, consistent with the fact that UC is an inflammation-based precancerous lesion. Collectively, this network analysis suggested that the major active components of GJHQHLRSD work effectively on UC by counteracting inflammation and regulating the EGFR signaling pathway along with other biological processes.

**4.1. Study Limitations.** This study has some limitations. The pharmacological mechanisms of GJHQHLRSD in treating UC were investigated in this study. However, further animal experiments are warranted to ensure the reliability and rationality of the predicted results. In addition, further studies on related mechanisms are required to determine the function of upstream and downstream proteins regulated by

key genes. Moreover, key proteins and KEGG signaling pathways must be verified through a scientific experimental design. As GJHQHLRSD is a compound ingredient, further studies are required to scientifically screen its active ingredients, improve OB, and identify adverse reactions.

## 5. Conclusions

The application of the TCM Han Re Bing Yong Fa therapeutic principle has shown some advantages in UC treatment, especially in improving the intestinal barrier function and delaying cancer development. In this study, network pharmacological analysis revealed the characteristics of the action mechanism through which GJHQHLRSD treats UC, which may involve multiple components, targets, and multiple pathways. On the basis of the network pharmacology analysis, GJHQHLRSD achieves anti-inflammatory effects by regulating 141 pathways, included inflammation as well as cancer-related and viral infection signaling pathways, such as the “EGFR signaling pathway,” “MicroRNAs in cancer,” “TNF signaling pathway,” and “JAK-STAT signaling pathway.” Although these pathways have been shown to be strongly associated with UC, some pathways have not yet been shown to be regulated by GJHQHLRSD. Therefore, further studies on related mechanisms are required, especially on the role of upstream and downstream proteins regulated by key genes.

## Data Availability

The figures used to support the findings of this study are included within the article, and the data used to support the results are available from the corresponding author upon request.

## Conflicts of Interest

The authors declare that there are no conflicts of interest.

## Authors' Contributions

Ce Zhou and Hang Zhou contributed equally to this work.

## Acknowledgments

This study was supported by the “Hundred Talents Program” of the Hospital of Chengdu University of Traditional Chinese Medicine (grant nos. 20-B01, 20-Q03, and 20-Q05).

## References

- [1] D. B. Graham and R. J. Xavier, “Pathway paradigms revealed from the genetics of inflammatory bowel disease,” *Nature*, vol. 578, no. 7796, pp. 527–539, 2020.
- [2] V. Sinopoulou, M. Gordon, T. M. Dovey, and A. K. Akobeng, “Interventions for the management of abdominal pain in ulcerative colitis,” *Cochrane Database of Systematic Reviews*, vol. 7, Article ID Cd013589, 2021.
- [3] J. D. Feuerstein, A. C. Moss, and F. A. Farraye, “Ulcerative colitis,” *Mayo Clinic Proceedings*, vol. 94, no. 7, pp. 1357–1373, 2019.
- [4] W. Wang, C. Xu, X. Li et al., “Exploration of the potential mechanism of Banxia Xiexin Decoction for the effects on TNBS-induced ulcerative colitis rats with the assistance of network pharmacology analysis,” *Journal of Ethnopharmacology*, vol. 277, Article ID 114197, 2021.
- [5] W. Zhang, X. Chao, and J. Q. Wu, “Exploring the potential mechanism of Guchang Zhixie wan for treating ulcerative colitis by comprehensive network pharmacological approaches and molecular docking validation as well as cell experiments,” *Chemistry and Biodiversity*, vol. 18, no. 1, Article ID e2000810, 2021.
- [6] Y. Zhao, H. Luan, H. Jiang et al., “Gegen Qinlian decoction relieved DSS-induced ulcerative colitis in mice by modulating Th17/Treg cell homeostasis via suppressing IL-6/JAK2/STAT3 signaling,” *Phytomedicine*, vol. 84, Article ID 153519, 2021.
- [7] X. Wang, S. M. Saud, X. Zhang, W. Li, and B. Hua, “Protective effect of Shaoyao Decoction against colorectal cancer via the Keap1-Nrf2-ARE signaling pathway,” *Journal of Ethnopharmacology*, vol. 241, Article ID 111981, 2019.
- [8] X. Wang, S. M. Saud, F. Wang et al., “Protective effect of ShaoYao decoction on colitis-associated colorectal cancer by inducing Nrf2 signaling pathway,” *Journal of Ethnopharmacology*, vol. 252, Article ID 112600, 2020.
- [9] M. Tao, X. Wang, A. Wang et al., “Effect of jiaweiwumel decoction on regulatory T cells and interleukin-10 in a rat model of ulcerative colitis,” *Journal of traditional Chinese medicine*, vol. 35, no. 3, pp. 312–315, 2015.
- [10] H. Chi, D. Wang, M. Chen et al., “Shaoyao decoction inhibits inflammation and improves intestinal barrier function in mice with dextran sulfate sodium-induced colitis,” *Frontiers in Pharmacology*, vol. 12, Article ID 524287, 2021.
- [11] Y. Wei, N. Jiang, T. Liu et al., “The comparison of extraction methods of ganjiang decoction based on fingerprint, quantitative analysis and pharmacodynamics,” *Chinese Medicine*, vol. 15, no. 1, p. 81, 2020.
- [12] Y. Wang, J. Liu, Z. Huang et al., “Coptisine ameliorates DSS-induced ulcerative colitis via improving intestinal barrier dysfunction and suppressing inflammatory response,” *European Journal of Pharmacology*, vol. 896, Article ID 173912, 2021.
- [13] M.-Y. Li, M.-X. Li, N. Xu et al., “Effects of Huangqin Decoction on ulcerative colitis by targeting estrogen receptor alpha and ameliorating endothelial dysfunction based on system pharmacology,” *Journal of Ethnopharmacology*, vol. 271, Article ID 113886, 2021.
- [14] Z. Yuan, L. Yang, X. Zhang, P. Ji, Y. Hua, and Y. Wei, “Mechanism of Huang-lian-Jie-du decoction and its effective fraction in alleviating acute ulcerative colitis in mice: regulating arachidonic acid metabolism and glycerophospholipid metabolism,” *Journal of Ethnopharmacology*, vol. 259, Article ID 112872, 2020.
- [15] G. Stelzer, N. Rosen, I. Plaschkes et al., “The GeneCards suite: from gene data mining to disease genome sequence analyses,” *Current protocols in bioinformatics*, vol. 54, pp. 1–33, 2016.
- [16] C. H. Chin, S. H. Chen, and H. H. Wu, “cytoHubba: identifying hub objects and sub-networks from complex interactome,” *BMC Systems Biology*, vol. 8, p. S11, 2014.
- [17] Y. Liao, J. Wang, E. J. Jaehnig, Z. Shi, and B. Zhang, “WebGestalt 2019: gene set analysis toolkit with revamped UIs and APIs,” *Nucleic Acids Research*, vol. 47, pp. W199–w205, 2019.
- [18] H. Nakase, M. Uchino, S. Shinzaki et al., “Evidence-based clinical practice guidelines for inflammatory bowel disease 2020,” *Journal of Gastroenterology*, vol. 56, no. 6, pp. 489–526, 2021.
- [19] X. Gao, Y. Tang, N. Lei et al., “Symptoms of anxiety/depression is associated with more aggressive inflammatory bowel disease,” *Scientific Reports*, vol. 11, no. 1, p. 1440, 2021.
- [20] S. Hu, W. T. Uniken Venema, H.-J. Westra et al., “Inflammation status modulates the effect of host genetic variation on intestinal gene expression in inflammatory bowel disease,” *Nature Communications*, vol. 12, no. 1, p. 1122, 2021.
- [21] S. Bruscoli, M. Febo, C. Riccardi, and G. Migliorati, “Glucocorticoid therapy in inflammatory bowel disease: mechanisms and clinical practice,” *Frontiers in Immunology*, vol. 12, Article ID 691480, 2021.
- [22] G. Privitera, D. Pugliese, S. Onali et al., “Combination therapy in inflammatory bowel disease—from traditional immunosuppressors towards the new paradigm of dual targeted therapy,” *Autoimmunity Reviews*, vol. 20, no. 6, Article ID 102832, 2021.
- [23] K. Akutko and A. Stawarski, “Probiotics, prebiotics and synbiotics in inflammatory bowel diseases,” *Journal of Clinical Medicine*, vol. 10, no. 11, 2021.
- [24] S. Liu, Q. Li, and F. Liu, “Uncovering the mechanism of curcuma in the treatment of ulcerative colitis based on network pharmacology, molecular docking technology, and experiment verification,” *Evidence-Based Complementary And Alternative Medicine*, vol. 2021, Article ID 6629761, 14 pages, 2021.
- [25] X. Wang, H. Gu, and H. Zhang, “Oral core-shell nanoparticles embedded in hydrogel microspheres for the efficient site-specific delivery of magnolol and enhanced antiulcerative colitis therapy,” *ACS Applied Materials & Interfaces*, vol. 13, 2021.
- [26] C. Li, N. Dong, B. Wu, Z. Mo, J. Xie, and Q. Lu, “Dihydroberberine, an isoquinoline alkaloid, exhibits protective effect against dextran sulfate sodium-induced ulcerative colitis in mice,” *Phytomedicine*, vol. 90, Article ID 153631, 2021.
- [27] X. Liu, Y. Fan, L. Du, Z. Mei, and Y. Fu, “In silico and in vivo studies on the mechanisms of Chinese medicine formula

- (gegen qinlian decoction) in the treatment of ulcerative colitis," *Frontiers in Pharmacology*, vol. 12, Article ID 665102, 2021.
- [28] F. Ke, P. K. Yadav, and L. Z. Ju, "Herbal medicine in the treatment of ulcerative colitis," *Saudi Journal of Gastroenterology: Official Journal of the Saudi Gastroenterology Association*, vol. 18, no. 1, pp. 3–10, 2012.
- [29] C. Zhang, M. Jiang, and A. Lu, "Considerations of traditional Chinese medicine as adjunct therapy in the management of ulcerative colitis," *Clinical Reviews in Allergy and Immunology*, vol. 44, no. 3, pp. 274–283, 2013.
- [30] F.-S. Kou, L. Shi, J.-X. Li et al., "Clinical evaluation of traditional Chinese medicine on mild active ulcerative colitis," *Medicine*, vol. 99, no. 35, Article ID e21903, 2020.
- [31] X.-H. Han, J. Zhong, J.-Y. Guo et al., "Relationships between pharmacokinetics and efficacy of Xie-xin decoction in rats with experimental ulcerative colitis," *Journal of Ethnopharmacology*, vol. 148, no. 1, pp. 182–189, 2013.
- [32] G. Chen, Y. Yang, M. Liu et al., "Banxia xiexin decoction protects against dextran sulfate sodium-induced chronic ulcerative colitis in mice," *Journal of Ethnopharmacology*, vol. 166, pp. 149–156, 2015.
- [33] Y. Yu, G. Zhang, T. Han, and H. Huang, "Analysis of the pharmacological mechanism of Banxia Xiexin decoction in treating depression and ulcerative colitis based on a biological network module," *BMC complementary medicine and therapies*, vol. 20, no. 1, p. 199, 2020.
- [34] J. Pellicer, C. H. Salsis-Lagoudakis, E. Carrió et al., "A phylogenetic road map to antimalarial Artemisia species," *Journal of Ethnopharmacology*, vol. 225, pp. 1–9, 2018.
- [35] S. H. Lee, J. E. Kwon, and M.-L. Cho, "Immunological pathogenesis of inflammatory bowel disease," *Intestinal research*, vol. 16, no. 1, pp. 26–42, 2018.
- [36] Z. W. Miao, Y. Xu, and L. Q. Ning, "Network pharmacological analysis and preliminary validation of mechanisms of Baitouweng Decoction in treatment of ulcerative colitis," *China journal of Chinese materia medica*, vol. 45, no. 8, pp. 1808–1815, 2020.
- [37] C. Xuan-Qing, L. V. Xiang-Yu, and L. Shi-Jia, "Baitouweng decoction alleviates dextran sulfate sodium-induced ulcerative colitis by regulating intestinal microbiota and the IL-6/STAT3 signaling pathway," *Journal of Ethnopharmacology*, vol. 265, Article ID 113357, 2021.
- [38] S. Li, "Network pharmacology evaluation method guidance-draft," *World Journal of Traditional Chinese Medicine*, vol. 7, no. 1, 2021.
- [39] P. E. Dubé, C. Y. Liu, N. Girish, M. K. Washington, and D. B. Polk, "Pharmacological activation of epidermal growth factor receptor signaling inhibits colitis-associated cancer in mice," *Scientific Reports*, vol. 8, no. 1, p. 9119, 2018.
- [40] J. Pekow, K. Meckel, U. Dougherty et al., "miR-193a-3p is a key tumor suppressor in ulcerative colitis-associated colon cancer and promotes carcinogenesis through upregulation of IL17RD," *Clinical Cancer Research*, vol. 23, no. 17, pp. 5281–5291, 2017.
- [41] A. Larabi, N. Barnich, and H. T. T. Nguyen, "New insights into the interplay between autophagy, gut microbiota and inflammatory responses in IBD," *Autophagy*, vol. 16, no. 1, pp. 38–51, 2020.
- [42] P. Lapaquette, J. Guzzo, L. Bretillon, and M. A. Bringer, "Cellular and molecular connections between autophagy and inflammation," *Mediators of Inflammation*, vol. 2015, Article ID 398483, 13 pages, 2015.
- [43] L. A. Monticelli, L. C. Osborne, M. Noti, S. V. Tran, D. M. W. Zaiss, and D. Artis, "IL-33 promotes an innate immune pathway of intestinal tissue protection dependent on amphiregulin-EGFR interactions," *Proceedings of the National Academy of Sciences*, vol. 112, no. 34, pp. 10762–10767, 2015.
- [44] M. Shimoda, K. Horiuchi, A. Sasaki et al., "Epithelial cell-derived a Disintegrin and metalloproteinase-17 confers resistance to colonic inflammation through EGFR activation," *EBioMedicine*, vol. 5, pp. 114–124, 2016.
- [45] N. Lu, L. Wang, and H. Cao, "Activation of the epidermal growth factor receptor in macrophages regulates cytokine production and experimental colitis," *The Journal of Immunology*, vol. 192, no. 3, pp. 1013–1023, 2014.
- [46] F. Sipos, B. Molnár, T. Zágoni, L. Berczi, and Z. Tulassay, "Growth in epithelial cell proliferation and apoptosis correlates specifically to the inflammation activity of inflammatory bowel diseases: ulcerative colitis shows specific p53- and EGFR expression alterations," *Diseases of the Colon & Rectum*, vol. 48, no. 4, pp. 775–786, 2005.
- [47] C.-S. Liu, T. Xia, Z.-Y. Luo et al., "Network pharmacology and pharmacokinetics integrated strategy to investigate the pharmacological mechanism of Xianglian pill on ulcerative colitis," *Phytomedicine*, vol. 82, Article ID 153458, 2021.
- [48] S. Deng, Q. Tang, and X. Duan, "Uncovering the anticancer mechanism of compound sophorae decoction against ulcerative colitis-related colorectal cancer in mice," *Evidence-Based Complementary And Alternative Medicine*, vol. 2019, Article ID 8128170, 16 pages, 2019.
- [49] D. Zhang, P. Yan, T. Han, X. Cheng, and J. Li, "Identification of key genes and biological processes contributing to colitis associated dysplasia in ulcerative colitis," *Peer Journal*, vol. 9, Article ID e11321, 2021.
- [50] H. S. Lee, E. Lobbstaël, S. Vermeire, J. Sabino, and I. Cleynen, "Inflammatory bowel disease and Parkinson's disease: common pathophysiological links," *Gut*, vol. 70, no. 2, pp. 408–417, 2021.
- [51] E. A. Novak and K. P. Mollen, "Mitochondrial dysfunction in inflammatory bowel disease," *Frontiers in cell and developmental biology*, vol. 3, p. 62, 2015.
- [52] S. Wang, Y. Huang, and C. Zhou, "The role of autophagy and related micRNAs in inflammatory bowel disease," *Gastroenterology Research and Practice*, vol. 2018, Article ID 7565076, 10 pages, 2018.
- [53] J. Zhou, J. Liu, Y. Gao, L. Shen, S. Li, and S. Chen, "miRNA-based potential biomarkers and new molecular insights in ulcerative colitis," *Frontiers in Pharmacology*, vol. 12, Article ID 707776, 2021.
- [54] H. Lan, H. Wang, M. Gao et al., "Analysis and construction of a competitive endogenous RNA regulatory network of baicalin-induced apoptosis in human osteosarcoma cells," *BioMed Research International*, vol. 2021, Article ID 9984112, 20 pages, 2021.
- [55] H. Li, C. Feng, C. Fan et al., "Intervention of oncostatin M-driven mucosal inflammation by berberine exerts therapeutic property in chronic ulcerative colitis," *Cell Death & Disease*, vol. 11, no. 4, p. 271, 2020.
- [56] N. Wu, X. K. Mao, and Z. P. Wan, "Bioinformatics analysis and systematic review of key genes and therapeutic traditional Chinese medicine of ulcerative colitis active stage," *China Journal Of Chinese Materia Medica*, vol. 45, no. 11, pp. 2677–2686, 2020.
- [57] L. Zhu, P. Gu, and H. Shen, "Protective effects of berberine hydrochloride on DSS-induced ulcerative colitis in rats,"

*International Immunopharmacology*, vol. 68, pp. 242–251, 2019.

- [58] M. Imran, B. Salehi, and J. Sharifi-Rad, “Kaempferol: a key emphasis to its anticancer potential,” *Molecules*, vol. 24, no. 12, 2019.
- [59] L. Ji, W. Shen, and F. Zhang, “Worenine reverses the Warburg effect and inhibits colon cancer cell growth by negatively regulating HIF-1 $\alpha$ ,” *Cellular and Molecular Biology Letters*, vol. 26, no. 1, 19 pages, 2021.