STR	EVG/COBI/FTC/TAF (N=27,059)		EVG/COBI/FTC/TDF (N=8,390)		DTG/ABC/3TC (N=21,575)		RPV/FTC/TAF (N=5,953)		RPV/FTC/TDF (N=4,698)		EFV/FTC/TDF (N=10,453)		BIC/FTC/TAF (N=12,821)	
	Mean/N	SD/%	Mean/N	SD/%	Mean/N	SD/%	Mean/N	SD/%	Mean/N	SD/%	Mean/N	SD/%	Mean/N	SD/%
Number of days on therapy	470.7	366.4	359.6	329.8	473.4	390.5	469.6	347	354.3	331.4	408.1	359.4	311.6	156.9
Patients with 6 month persistence*	19,715	73%	5,232	62%	15,393	71%	4,476	75%	2,909	62%	7,015	67%	10,172	79%
Patients with 12 month persistence** among patients with ≥ 12 months of follow-up	14,054	56%	3,083	37%	10,721	53%	3,158	58%	1,659	36%	4,520	44%	4,590	65%
MTR	DTG+FTC/TDF (N=5,560)		DTG+FTC/TAF (N=7,347)		DRV/r or c + FTC/TDF (N=3,222)		DRV/r or c + FTC/TAF (N=2,599)		ATV/r or c + FTC/TDF (N=1,557)		ATV/r or c + FTC/TAF (N=274)		DRV/r or c + ABC/3TC (N=178)	
	Mean/N	SD/%	Mean/N	SD/%	Mean/N	SD/%	Mean/N	SD/%	Mean/N	SD/%6	Mean/N	SD/%	Mean/N	SD/%6
Number of days on therapy	219.1	272.9	396.7	304.1	275.7	242.1	330.5	273	247.6	205.5	297.9	242.6	204.7	163.3
Patients with 6 month persistence*	2,103	38%	5,099	69%	1,746	54%	1,646	63%	817	52%	165	60%	86	48%
Patients with 12 month persistence** among patients with ≥ 12 months of follow-up	1,137	22%	3,402	51%	883	28%	935	39%	347	22%	81	32%	19	11%
*defined as patients who remain on their **defined as patients who remain on the	*defined as patients who remain on their index regimen at 6 months of follow-up **defined as patients who remain on their index regimen at 12 months of follow-up													

Figure 1. Forest Plot of Hazard Ratios for Treatment Discontinuation



**Conclusion.** Among US adult PLWH, STRs were associated with longer persistence on first-line therapy compared to MTRs. Among STRs, persistence was highest for BIC/FTC/TAF.

Disclosures. All Authors: No reported disclosures

### 1037. Qualitative Findings from a Hybrid III Implementation-Effectiveness Study to Explore Perspectives of Health-care Staff on Early Implementation of Cabotegravir and Rilpivirine Long Acting (CAB+RPV LA) Injectable HIV treatment in the US (CUSTOMIZE)

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## Session: P-47. HIV: Treatment

**Background.** CAB+RPV LA administered monthly for HIV treatment is non-inferior to daily oral ART at maintaining HIV suppression but concerns about implementation of this novel treatment paradigm remain. CUSTOMIZE, an implementation-effectiveness study, examined barriers and facilitators to successful implementation of CAB+RPV LA in US HIV clinics.

**Methods.** Semi-structured qualitative interviews were conducted with physicians, injectors, and administrators across diverse clinics in US without previous CAB+RPV LA experience at Baseline (BL) (N=26) and after patients received the 4<sup>th</sup> monthly injection of CAB + RPV LA (interim) (N=24). Consolidated Framework for Implementation Research (CFIR) guided the interviews to evaluate barriers and facilitators to implementation. Interviews were recorded, transcribed, and coded using ATLAS.ti then analyzed for trends.

**Results.** At BL, 58% of study staff expected CAB+RPV LA would meet the needs of patients. Staff reported perceived advantages for patients: reduced stigma of pill bottles (38%), ability to live/travel in a "carefree" manner (31%) and removing the daily reminder of HIV (20%). At BL, most administrators had resource concerns: additional refrigeration, transportation, and staffing. Some clinics (38%) needed to purchase a refrigerator to store CAB+RPV LA. Some physicians noted a potential need for improved parking or expanded hours. At interim, most staff (71%) reported no change in official clinic hours; but 50% of injectors and 38% of administrators reported changing work hours to accommodate injection visits before clinic or at lunchtime. Existing appointment reminder systems and transportation support were reported as facilitators to implementation. Many staff (46%) noted additional visits increased coordination of other care needs. Most staff (67%) noted high patient acceptance and positive attitudes facilitated successful implementation of CAB + RPV LA.

**Conclusion.** Some staff had concerns about implementation initially, but at study interim minimal practice changes were needed to operationalize CAB+RPV LA effectively. Patient interest heightened staff desire to implement CAB+RPV LA in their clinics. Staff are optimistic that monthly CAB+RPV LA is manageable with minimal disruption to routine care in US HIV care settings.

Disclosures. Maggie Czarnogorski, MD, MPH, ViiV Healthcare (Employee) Cindy Garris, MSPH, GlaxoSmithKline (Other Financial or Material Support, Stockholder)ViiV Healthcare (Employee) Paul Wannamaker, BA, ViiV Healthcare (Employee) Ronald D'Amico, DO, MSc, GlaxoSmithKline (Shareholder)ViiV Healthcare (Employee) Carolyn Selenski, PhD, GSK (Employee, Shareholder) Colleen A. McHorney, PhD, Evidera (Employee) Larissa Stassek, MPH, Evidera (Employee) Gary I. Sinclair, MD, ViiV (Speaker's Bureau) Leandro A. Mena, MD, MPH, Binx Health (Grant/Research Support)Evofem (Grant/Research Support)Gilead Science (Consultant, Grant/Research Support, Speaker's Bureau)GSK (Grant/Research Support)Janssen (Grant/Research Support)Merck (Consultant, Grant/Research Support)Roche Molecular (Consultant, Grant/Research Support)SpeedDx (Grant/ Research Support)ViiV Healthcare (Consultant, Grant/Research Support, Speaker's Bureau) David Margolis, MD, MPH, GlaxoSmithKline (Shareholder)ViiV Healthcare (Employee)

**1038. Rapid Start: A Changing Algorithm for the Management of HIV Infection** Smitha Gudipati, MD<sup>1</sup>; Miriam Jaziri, MD<sup>2</sup>; Stephanie Tancer, MD, MD<sup>3</sup>; Amit T. Vahia, MD MPH<sup>2</sup>; Indira Brar, MD<sup>2</sup>; <sup>1</sup>Henry Ford Health System, Detroit, Michigan; <sup>2</sup>Henry Ford Hospital, Troy, Michigan; <sup>3</sup>Henry Ford, Detroit, Michigan

# Session: P-47. HIV: Treatment

**Background.** Initiating combination antiretroviral therapy (cART) as early as the day of HIV diagnosis is a strategy of increasing interest to control the HIV epidemic and optimize the health of people living with HIV. Pilot studies have shown that starting cART immediately after diagnosis has led to earlier linkage to care and HIV-1 RNA suppression. However, there is some evidence from observational studies that starting cART on the same day as HIV diagnosis may increase the risk of loss to follow-up. Consequently, there is a need for additional data for immediate cART initiation.

**Methods.** A Retrospective cohort study was conducted from 2016 to 2018 to identify clinical characteristics and risk factors in patients that were diagnosed with HIV-1 with a 4th generation assay using electronic medical records. Rapid start was defined as offering cART prior to or on the first clinic visit. Categorical variables were analyzed using chi-sq test and continuous variables were analyzed using t-test. Data analysis was done using SAS 9.4.

**Results.** In the study period, 188 patients were identified as HIV-1 positive and cART naïve: 152 males and 34 females. Risk factors included men who have sex with men (N = 86), heterosexual transmission (N = 88), intravenous drug use (N = 18) and multiple partners (N = 15). Of the 188 patients, 40 patients were rapidly started on cART on average within 6 days of diagnosis vs 42 days in the standard of care patients (P > 0.0001), with a shorter duration to clinic follow up over time (P = 0.3103). 50% patients that were rapid started on cART maintained an undetectable viral load vs 77% of the standard of care group (P = 0.3174). 90% of the rapid start patients were retained in care at 12 months vs 78% of the standard of care patients (P = 0.0001) with a trend favoring bictegravir, emtricitabine & tenofovir alafenamide (P = 0.0001).

**Conclusion.** Our study adds to the growing data that rapid ART initiation within seven days of HIV diagnosis could reduce loss to follow-up, improve virological suppression rates, and reduce mortality. The percentage of patients with undetectable HIV-1 viral load and retained in care was comparable to that in standard of care, indicating that starting cART immediately after diagnosis was well accepted by patients.

Disclosures. Indira Brar, MD, Gilead (Speaker's Bureau)janssen (Speaker's Bureau)ViiV (Speaker's Bureau)

## 1039. Real World Community-Based HIV Rapid Start Antiretroviral with BFTAF Versus Conventional HIV Antiretroviral Therapy Start – The RoCHaCHa Study, a Pilot Study

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#### Session: P-47. HIV: Treatment

**Background.** Trillium Health (TH) is a FQHC in Rochester, NY providing primary and specialty care, including HIV prevention and treatment. Rapid Start ART (RSA) has been shown to decrease time to virologic suppression while increasing linkage to and retention in care. However, data on BFTAF with these benefits is limited. We aim to prove RSA with BFTAF is advantageous in time to viral load suppression, linkage to and retention in care, and patient satisfaction and acceptance.

**Methods.** We included data from ART-naive newly diagnosed PLWH enrolled between October 2018 and March 2020 with baseline assessment and started BFTAF. Follow up visits were done per protocol though 48 weeks. The primary study endpoints include median times from: diagnosis to clinic presentation, clinic presentation to ART, and ART to undetectable viral load (VL), < 200 copies/mL and < 50 copies/ mL. Linkage to and retention in care were measured at 3 months. Study results were compared with non-RSA historical control data. Patient reported outcomes were evaluated at study completion.

**Results.** Of the 27 eligible, 25 participants enrolled. Thirteen received their diagnosis at TH: screening for PtEP (6), community-based HIV/STI/HCV testing (3), community outreach (1), or routine patient screening in primary care (3). Twelve were diagnosed externally: university health centers (2), other health clinic (9), or at-home rapid HIV test (1). All accepted the RSA treatment with BFTAF; two eligible patients declined the study, but accepted RSA. 73.9% of participants were seen within 14 days of Day 84, compared with 50% of historical control group. 12 of 25 completed the primary endpoint of which 100% were highly satisfied with RSA. There were no regimen changes or virologic failures through 48 weeks.