

BMJ Open Exploring the role of regulation and the care of older people with depression living in long-term care? A systematic scoping review protocol

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ABSTRACT

Introduction This systematic scoping review will explore the role of regulation on the care of older people living with depression in long-term care. Depression presents a significant burden to older people living in long-term care. Regulation in the long-term care sector has increased, but there are still concerns about quality of care in the sector.

Methods and analysis Using Arksey and O'Malley's scoping review methodology as a guide, our scoping review will search several databases: Embase; MEDLINE (using the OVID platform); Psych info; Ageline; and CINAHL, alongside the grey literature. An expert librarian has assisted the research team, using the Peer Review of Electronic Search Strategies, to assess the search strategy. The research team has formulated search strategies and two reviewers will independently screen studies for final study selection. We will summarise extracted data in tabular format; use a narrative format to describe their relevance; and finally, identify knowledge gaps and topics for future research.

Ethics and dissemination This scoping review will outline the scope of the existing literature related to the influence of regulation on the care of older people living with depression in long-term care. The scoping review findings will be disseminated through publication in a peer-reviewed journal. The findings will be useful to policy-makers, managers and clinicians working in the long-term care sector.

INTRODUCTION

The global population of older people (≥65 years of age) is set to triple to 1.5 billion by 2050.¹ Canada saw a 14.1% increase in the number of older people between 2006 and 2011, with over 7% of them living in specialist care facilities, such as nursing homes, chronic care, long-term care (LTC) hospitals and residences for seniors.²

The prevalence of depression among older people living in LTC settings is higher than in the general population,^{3–6} with some studies suggesting that it could be as high as 44%.^{6,7} Recognising depression in older people is problematic. Older people are less likely to report depression,⁸ with many

professionals seeing it as a normal part of the ageing process.^{9,10}

This scoping review will focus on depression in LTC as it presents a serious risk to physical and psychosocial well-being to older people. For example, depression presents a significant cost to health services¹¹ and impacts on the well-being of older people residing in LTC.¹² Depression in older people in LTC is associated with loneliness,^{13,14} health-related problems,^{15–17} failure to thrive^{18,19} as well as suicidality.^{20,21}

Regulation and accreditation can be linked to quality, especially in LTC settings, where there is an expectation that compliance with standards will achieve higher quality.^{22,23} Prior to 2007, the quality of long-term residential care in Ontario was inconsistent between profit and non-profit providers as both compliance with standards and funding was applied differently across both types of providers.²⁴ The Long-Term Care Homes Act²³ led to parity in funding and parity in the application of quality standards for all LTC facilities, including the current approaches for inspection of LTC facilities.²³ Although LTC regulation has increased²⁴ and regulation has been linked with quality,^{22,23} there is a paucity of literature examining the relationships that exist between regulation and the care of older people with depression who are living in LTC.

Definitions of the concepts in this scoping review are outlined in the online supplementary additional file 1.

PURPOSE AND OBJECTIVES

This scoping review will explore the role of regulation on the care of older people with depression living in LTC. Understanding previous studies relating to the role of regulation on the care of older people with



Figure 1 Illustrated search strategy.

depression is an important stage in this work. It is a means to broadly identify gaps in this area, with findings being used to identify areas for future research development.

METHODS

This scoping review protocol will be based on the Arskey and O'Malley's Methodological Framework for Scoping Studies,²⁵ which includes the following five stages for conducting a scoping review: (1) identifying the research question; (2) identifying relevant studies; (3) study selection; (4) charting the data; and (5) summarising and reporting the results. Unlike systematic reviews which answer specific research questions, scoping reviews tend to address broader questions to identify research gaps.^{25 26} We have not registered this study with PROSPERO, because only systematic reviews are registered with this database. The search strategy is illustrated in [figure 1](#).

Stage 1: identifying the research question

As discussed earlier, this scoping review will explore the role of regulation on the care of older people with depression living in LTC. Understanding previous studies relating to the role of regulation on the care of older people with depression is a means to broadly identify gaps in this area. The research question in this scoping review has been developed by the research team, based on the factors outlined in the previous section.

Stage 2: identifying relevant studies

The search strategy will be developed in consultation with the research team and a librarian. The specific eligibility criterion may evolve as the review progresses, which is commonly seen in a scoping review. To enhance quality, the search strategy will be peer-reviewed by a second librarian using the 'Peer Review of Electronic Search Strategies' (PRESS) evidence-based guidelines.²⁷ Search terms will be developed to capture a broad notion of the different concepts. A PRISMA diagram²⁸ will be completed to show the numbers of articles identified, screened, eligible and included for full-text review. Using the subject headings and keywords, our comprehensive and systematic search strategy will include the following electronic databases: Embase; MEDLINE (using the OVID platform); Psych info; Ageline and CINAHL, using search terms which are listed in the online supplementary additional file 2. A search of the grey literature will also be incorporated from various websites including

health ministries; Health Canada; Manitoba Centre for Health Policy and Evaluation; and the Canadian Institute for Health Information. All retrieved titles and abstracts will be uploaded into Covidence (an on-line application service developed in partnership with Cochrane), which will be used to facilitate this process.

Stage 3: selection of relevant studies

Two researchers will independently review and screen all titles and abstracts of retrieved publications based on a predetermined inclusion and exclusion criteria which has been developed in consultation with the research team (see the online supplementary additional file 3).

Inclusion criteria: this scoping review will include primary research studies only, which will include qualitative, quantitative and mixed method studies at the intersection of regulation; LTC and depression in older people. In this scoping review, age will not be used as a concept in the title and abstract screening of articles, as it may be limiting, instead the concept of age will be applied during the screening of full-text articles. All articles will be written in French or English.

Exclusion criteria: although systematic reviews; scoping reviews; meta-analysis; editorials, commentaries which provide a description of policies or initiatives; and study protocols will be excluded from this scoping review, they have helped to inform the research strategy. Articles which are related to quality of life measurement; pain; palliative care and cancer services will be excluded, unless they are specifically related to depression in LTC settings. There will be no limitations placed on the dates of publications. This scoping review will be conducted to explore the landscape of research available in this area and will provide a basis for ongoing research. The authors are not aiming to make specific recommendations or decisions, based on the results, and as such, quality will not be an exclusion criterion used in this scoping review.

Following the title and abstract screening, two reviewers will independently review the publications as full text items, against all the same criteria, with the additional criteria of studies relating to people aged ≥ 65 years. Full-text items which meet the predetermined inclusion and exclusion criteria will be selected for charting the data (data extraction). Conflicts and disagreements will be resolved by consultation between the two reviewers and a third party, who in this case will be the academic supervisor and coauthor (CB).

Stage 4: charting the data

Charting the data consists of the data extraction process.²⁵ Once agreement is reached on eligibility, each article will be read in full by the lead reviewer (MC). A data charting form, adapted from Booth *et al*'s templates for qualitative studies and quantitative studies²⁹ will be used (see the online supplementary additional file 4). The use of this form will be trialled on a randomly selected article by MC to determine feasibility and to determine whether any unforeseen issues exist. During the charting process approximately 10% of the final full-text articles will also be reviewed independently by a second reviewer to ensure consistency and quality in the charting process. Conflicts and disagreements during charting will be resolved by consultation between the two reviewers and a third party, who in this case will be the academic supervisor and co-author (CB).

Narrative synthesis will be conducted to summarise the findings of the different studies; to explore the depth of information; and to determine the integrity of the literature. The analysis will be focused on extracting key themes from the scoping review studies as well as exploring the relationships between the themes.

Stage 5: collating, summarising and reporting the results

The findings from this scoping review will be presented in a tabular format which will capture the details of each study (author; intervention type; study population; aims of the study; methodology; outcomes; key results); as well as a descriptive narrative which will be used to organise the key issues thematically.

Patient and public involvement

There was no specific patient and public involvement in the development of this scoping review.

DISCUSSION

This scoping review is a first step in contributing to advancing the theoretical and applied knowledge of care of older people living with depression in LTC facilities. This will enable nurses and other members of the health-care team, working in LTC, to be better equipped to improve the quality of services offered to this population. Understanding the influence of regulation in LTC on the care of older people with depression has the potential to contribute to future quality improvement efforts at local, provincial, federal and global levels by exploring evidence of depression as a priority in regulation, in a highly regulated context,²⁴ which adopts a deterrence-based approach to this process.³⁰

The findings of this scoping review will be of interest to the management teams of LTC facilities, directors of care, managers, policy-makers, informal caregivers and older people living in LTC.

Strengths and limitations

This scoping review will explore the relationship between regulation and the care of older people with depression

living in LTC. Using a scoping review will enable the authors to address broader areas to map concepts which underpin the research area and evidence available, arguably because this issue has not been extensively reviewed before²⁵ and given the issues involved are complex.²⁹ In terms of limitations, there is the possibility that the search terms which have been developed do not capture all aspects of each of the concepts. However, to mitigate against this, several strategies were adopted including developing the search strategy with a subject expert librarian; using the PRESS framework to assess the quality of the search strategy and by extensive reading of the literature around the individual concepts. As a result, this scoping review protocol describes a rigorous and transparent approach to understanding what literature exists around the concepts.

Contributors All authors have made substantive contributions to the development of this scoping review protocol; conceived the idea for the review; contributed to the development of the design of the research questions; and provided comments on earlier drafts and have approved this manuscript. MC and CB: conceptualised the review approach. MC: wrote the protocol.

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