



A perspective on the applications of furin inhibitors for the treatment of SARS-CoV-2

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Abstract

Currently, the world is facing a pandemic of the new coronavirus SARS-CoV-2 that causes COVID-19. Identifying key targets in the viral infection lifecycle is urgently needed for designing therapeutic strategies to combat the virus. Furin is a subtilisin-like proprotein convertase with diverse cellular functions. Emerging evidence suggests that furin plays a critical role in the activation and/or infectivity of SARS-CoV-2. In this perspective, we discuss the potential role of furin in the entry SARS-CoV-2 into host cells. Furthermore, we evaluate available peptide and non-peptide furin inhibitors and potential outcomes, including immune responses.

Keywords Furin inhibitor · SARS-CoV-2 · Spike protein · Peptide · Non-peptide · Immune responses

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Introduction

The world is currently facing a devastating pandemic caused by the severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2, previously known as 2019-nCoV) [1]. Patients infected with this virus display a variety of symptoms that are collectively referred to as coronavirus disease-2019 (COVID-19). The disease originated in Wuhan, Hubei province, China in December 2019, and quickly spread on globally to reach 235,673,032 confirmed cases and 4,814,651 deaths at 3 October, 2021. Currently, more than 213 countries are affected and the peak of the infection curve is still out of sight [2]. Genomic characterization of the virus was carried out by scientists from China following isolation of the virus from throat swabs of hospitalized patients in Wuhan. The initial patients were linked to the Huanan seafood market, which is suggested to be the origin of the new virus. Full-genome analysis of the collected strains of SARS-CoV-2 revealed a sequence identity of 87.99 and 87.23% with its close relatives bat-SL-CoVZC45 and bat-SL-CoVZXC21 respectively [3]. Phylogenetic analysis also revealed a close relationship of SARS-CoV-2 with the bat BatCoV-RaTG13 strain isolated in Yunnan, China and pangolin-derived viruses [4].

Coronavirus virions have a spherical structure of about 125 nm in diameter and are made up of four main structural proteins: the spike (S), membrane (M), envelope (E), and nucleocapsid (N) proteins [5]. So far, infectivity studies conducted on SARS-CoV-2 have shown the critical role of angiotensin-converting enzyme II (ACE2) as a receptor for viral entry into host cells. This mechanism has also been observed in SARS-CoV and HCoV-NL63 infections. In contrast, other human coronaviruses generally use APN (aminopeptidase N), for example HCoV-229E (human coronavirus 229E), and DPP4 (dipeptidyl peptidase 4), in the case of hCoV-EMC (human coronavirus-Erasmus Medical Center), as entry receptors [3, 6, 7]. During infection, the S protein on the viral surface is cleaved into subunits S1 and S2. Subunit S1 contains the receptor binding domain that binds ACE2 on the host cells [8]. This proteolytic cleavage of the glycoproteins present on the viral envelope is required for virus cell entry [9]. Subtilisin-like endoproteases (serine proteases) or trypsin endoproteases are potential enzymes that could be used by the viruses to cleave the protein [10]. Furins/proprotein convertase subtilisin/kexin proteins are calcium (Ca^{2+})-dependent serine endoproteases widely present in humans. Furin (Paired Basic Amino Acid Cleaving Enzyme (PACE)) is a subtilisin-like proprotein convertases (PC) that cleaves at the Arg-X-Arg/Lys-Arg↓-X (↓ shows the cleavage site and X can be any amino acid), a multi-basic cleavage motif present in the S protein. This cleavage by furin

converts the inactive S protein precursors of the zoonotic Middle East respiratory syndrome coronavirus (MERS-CoV) into active proteins that induce infection [11, 12]. Furin is expressed in the trans-Golgi network and the cell membrane, mediated by endosomal translocation [13]. Although, furin is considered a transmembrane protein, it can also be released as an active enzyme into the extracellular space after cleavage [14].

A recent report reveals that the SARS-CoV-2 contains a cleavage site of four aminoacids (PRRA) at positions 681–684 between the S1 and S2 subunits of the S glycoprotein. Although the cleavage site is not completely identical, a similar insertion has been shown for MERS-CoV and several other coronaviruses [12]. This insert contains a functional furin cleavage motif PRRARSV at the S1/S2 site, suggesting that cleavage by furin is indispensable for SARS-CoV-2 entry into host cells [15]. However, S protein activation is a complex process and involves more than one cleavage site (S1/S2 and S2') as well as distinct host cell proteases (trypsin-like proteases, cathepsins and furin). A recent study has shown that SARS-CoV-2 entry is also dependent on transmembrane protease, serine 2 (TMPRSS2) and cathepsins [16]. Moreover, while furin has been reported to promote SARS-CoV-2 infectivity and cell spread, it is not essential as it was evidenced using CRISPR-Cas9 knockout cell line [17]. The results evidenced that S protein processing can occur independent of furin although the presence of the protease significantly increases cleavage. The authors conclude that furin inhibitors may reduce but not completely abolish viral spread. Anyway, considering the key role played by the PC furin in the pathogenicity and infectivity of many viruses including the SARS-CoV-2, inhibitory molecules of furin have enormous therapeutic potential and could be a potential drug target to combat COVID-19 [18]. Hence, a potent furin inhibitor could offer a broad-spectrum antiviral effect against SARS-CoV-2 and related viruses that depend on furin for their infectivity (Fig. 1). Here, we provide an overview of furin inhibitors identified that could

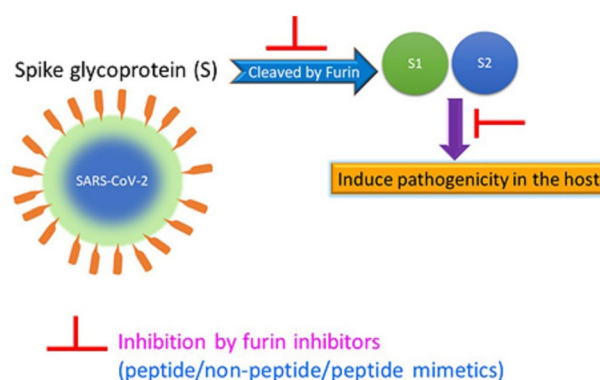


Fig. 1 Furin inhibitors as therapeutic target for SARS-CoV-2

be tested for their efficacy against SARS-CoV-2. However, an important aspect to consider is the possible existence of mutations in protein S, which may affect the S1/S2 cleavage site, and confer resistance to higher susceptibility to furin-induced cleavage and, thus altering viral entry and cell–cell fusion [19]. In this sense, it has evidenced that mutations at the S2' site of SARSCoV-2 S significantly reduce S1/S2 border cleavage leading to altered furin loop structure and rendering it inaccessible for the enzyme [20]. In a study using mutant SARS-CoV-2 that lacks the furin cleavage site it was observed a decrease in the replication of the virus in a human respiratory cell line and attenuated its ability to cause disease in vivo. Furthermore, infection with the mutant conferred protection against re-exposure to parental SARS-CoV-2 [21]. In addition, some vaccines in development such as Biovacc-19 are aimed at developing antibodies against those parts of the peak protein of SARS-CoV-2 that participate in the binding and infection of cells, such as the cleavage sites for furin [22].

In humans, furin is involved in enzymatic processing of precursor proteins into their mature forms. The PC family members, including furin, exert their function on proteins which are vital for normal physiological processes. These include plasma proteins, hormones, growth factors, receptors, and matrix metalloproteases. Accordingly, knockdown of furin coding gene during embryonic development has lethal consequences [23]. Furins are also involved in many pathological processes. Accumulating evidence suggests that targeting furins could represent therapeutic strategies against bacterial toxins, viral pathogens [23, 24], and malignant diseases [25]. However, the presence of furin but also ACE2 and TMPRSS2 gene variants could modulate viral infectivity amongst humans, making some people less or more vulnerable than others to Covid-19. For example, some deleterious variants found in furin which are frequent in the Middle Eastern but not in the European populations may confer possible protective effects against the SARSCoV-2 [26].

The role of furins in immune responses

Furins, as well as other members of the PC family, serve as pro-TGF β -1 (Transforming growth factor beta) converting enzymes [27]. This has been demonstrated by an impaired TGF β -1 production after furin deletion in T cells. Therefore, furin is considered as an important mediator of regulatory T cell (Treg) activity via TGF β -1 signaling. Furthermore, furin has been linked to the secretion of interferon- γ (IFN- γ) by T helper type 1 (Th1) cells, an important cytokine that confers protection against numerous intracellular pathogens [28]. The expression of furin depends on the activation of signal transducer and activator of *transcription 4* (STAT4), regulated by interleukin (IL)-12 signaling [29]. The crucial role

of furin in regulating the immune response is further supported by a decreased IL-2 expression, unaltered levels of tumor necrosis factor (TNF) or IL-17 and higher expression of Th1 (IFN- γ) and Th2 (IL-4 and IL-13) cytokines in furin deficient T cells. Moreover, inhibition of furin resulted in a breakdown of peripheral immune tolerance demonstrated by the presence of autoantibodies and excessive production of IFN- γ , IL-4 and IL-13 in mice. Selective deletion of furin in T cells resulted in an autoimmunity phenotype through dysregulated Treg function [30]. The immune-activating characteristics of furin inhibition might be beneficial in boosting T cell-mediated immune responses in pathogenic infections and cancer [31]. However, targeting furin might result in a disruption of peripheral tolerance and stimulate autoimmune reactions [31].

Furin inhibition and SARS-CoV-2 infection

The presence of a furin cleavage site between the S1/S2 subunits suggests that SARS-CoV-2 relies on proteolytic cleavage to improve viral infectivity. This hypothesis implies that the activity of furin is paramount to the virus infection cycle and could, therefore, be an attractive target to reduce the virulence of SARS-CoV-2. The effect of furin inhibition might suppress infection by two-fold via restricting viral entry into host cells and enhancing the immune response to promote viral clearance. Several pro-toxins and membrane fusion proteins of multiple viruses and bacteria, including Ebola virus, Marburg virus, bird flu virus (A H5N1), and toxins of anthrax and botulinum, exploit host cell surface PCs processing for their entry/infection [24, 32]. Hence, using furin antagonists may be used as prophylaxis against multiple furin-dependent pathogens [24].

Several compounds have shown to possess furin-inhibitory potency. For instance, D-Arg-based peptides, α 1-antitrypsin Portland (used in HIV Env inhibition [33]), and decanoyl-Arg-Val-Lys-Arg-chloromethylketone (dec-RVKR-Cmk) [34] have been used in vitro to inhibit furin and other PCs in the past. Currently, available furin inhibitors are non-peptide compounds, pure peptides, or peptide mimetics. Peptides have various limitations such as their degradation or limited absorption in the intestinal tract or the fact that due to proteases, agglutination and opsonization, free peptides are not systemically stable without additional modifications [35]. For example, the synthetic polyarginine cationic and cell-penetrating hexa-D-arginine amide and nona-D-arginine amide are peptide based protease inhibitors that inhibit both furin and other PCs [36]. These peptides were further modified by macrocyclization to improve the compound stability. To date, several macrocyclic peptidomimetic drugs have been synthesized and have demonstrated the capability to inhibit furin by binding its active site. However, these

cyclic peptides did not affect viral replication in cell culture-based assays [37].

The peptidyl derivative dec-RVKR-cmk, a peptidomimetic molecule synthesized from chloromethyl ketone, is a furin convertase inhibitor. Such molecules inhibit PCs by binding the catalytic site and are called substrate homologous/analogue inhibitors, which restricts the replication of viruses that rely on furin for infecting host cells [34]. Chemical modification of these compounds has substantially improved the furin inhibiting potential. For example, C-terminal modification of dec-RVKR-cmk with decarboxylated arginine mimetics resulted in highly potent furin inhibitors [38]. The presence of an Arg residue at P1, the residue N-terminal to the scissile peptide bond (Fig. 1), and the furin cleavage, was the rationale for synthesizing substrate analogues with decarboxylated arginine mimetics. The P1 residue of these furin inhibitors, such as the phenylacetyl-Arg-Val-Arg-4-amidinobenzylamide, can form hydrogen bonds with the S1 binding pocket of furin and results in a better binding affinity [39]. Recently, the synthetic peptide mimetic MI-1851 has been shown to inhibit furin at 10 μM in the human lung cancer Calu-3 cells and prevented the spread of the SARS-CoV-2. The virus titer was reduced up to 75-fold at this concentration. In addition, when MI-1851 was combined with T-ex5 PPMO (an inhibitor of transmembrane serine protease 2; TMPRSS2), complete blockade in the replication of SARS-CoV-2 was observed [40]. This suggests that the combination therapies which prevent the viral activation pathway would be more effective in the management of SARS-CoV-2.

The specificity of furin relies on the amino acid side chains present in the cleavage site. For instance, furin requires an Arg residue in P1 and positions P2, P4 and P6 must contain at least two residues of either Arg or Lys. Furthermore, no aliphatic or hydrophobic amino acid should be present at the P1' site. These concepts were used to design protein-based inhibitors [41]. For example, engineered proteins like the $\alpha 1$ -PDX/hf ($\alpha 1$ -AT Portland/His and FLAG-tagged, an engineered product of the Alpha-1 antitrypsin) which are similar to SERPINS (serine protease inhibitors), act as protease inhibitors. A kinetics study revealed that $\alpha 1$ -PDX inhibits furin by establishing tight interactions after the formation of an initial loose complex. Generally, inhibiting proteins engineered to be selective for furin, contain the specific cleavage site -ArgP4-Xaa-Xaa-Arg-P1 [42].

In addition to proteins and peptides, small molecule-based competitive furin inhibitors have been developed. The benefit of these drugs is that they do not require proteolytic degradation and that these compounds are stable and accessible. Since the active site of furin is negatively charged, positively charged inhibitors are frequently used as furin inhibitors, like Guanidinylated Aryl 2,5-Dideoxystreptamine Derivatives (GADDs). A study demonstrated the anti-furin

activity of GADDs at nanomolar concentration range, which makes these molecules interesting candidates for antiviral applications [43]. To better understand the mode of action of DDs, structural studies were performed with different synthesized inhibitors. One 2,5-dideoxystreptamine derived inhibitor was reported to affect the function of furin by binding to the S4 pocket forming a charged hydrogen bond with Asp153 and interfering with conformation and function of the catalytic site while another derivate interacted with a planar peptide stretch that includes Asp228–Glu230 which is a less conserved region [34]. This study indicates that the binding of the derivatives to non-conserved regions could be the basis for developing new inhibitors. Of note, these compounds are not required to be positively charged to establish electrostatic interaction with the active site of furin, which overcomes the limitation of poor cell permeability [44]. In another study, guanyl hydrazone inhibitors evidenced an active site-directed binding mode to the furin OFF-state conformation [45]. The compounds were found to interact with the S1 pocket and with a second binding site at the S4 / S5 pocket of furin.

Besides synthetic compounds, natural products have also shown antagonistic properties against furin. For example, small molecule PC inhibitors were isolated from the herbaceous plant *Andrographis paniculate* and named succinoyl esters of andrographolide (SEA). These compounds are based on andrographolide and neoandrographolide skeletons and inhibit furin in a micromolar concentration range. Their bioactivity originates from the presence of andrographolide-14-deoxy-3,19-*O*-disuccinate [46]. Furthermore, the flavonoid baicalein was demonstrated to exert anti-proliferative activity mediated through the inhibition of furin [47]. Finally, tetrahydroxy flavone luteolin exhibited uncompetitive inhibition of human furin in in vitro studies which suggests that this compound could limit viral infectivity [48].

The ubiquitous expression of furin-like enzymes and the involvement in a multitude of cellular processes, including immune reactivity and pathogenesis of malignant disease, should be considered when applying furin inhibitors to avoid systemic inhibition and subsequent immune-related toxicity. While furin inhibitors might restrict viral entry of SARS-CoV-2 in host cells, their usage requires a comprehensive management of potential autoimmune reactions. For instance, a similar approach that has been adopted to trace the effect of immune check-point inhibitors in cancer immunotherapy could be proposed [49].

Upon inhalation of viral particles, bronchial epithelial cells are among the first cells with surface-associated PCs exposed to SARS-CoV-2. Therefore, developing an inhalation-based system of nanoparticle-immobilized drugs to optimize the delivery of small molecule furin inhibitors, and minimizing potential systemic side-effects, could offer perspectives for COVID-19 treatment. The potential use of

this approach has been demonstrated in highly pathogenic avian influenza H5N1 HA and successfully inhibited furin and related PCs [24]. While enteral and parenteral administration of furin inhibitors may require systemic immunosuppression to prevent autoimmune reactions, an inhalation route of administering furin inhibitors might require inhaled corticosteroids to prevent or treat possible immune-related pneumonitis [50].

This article provided a comprehensive overview of the available furin inhibitors which can be used for controlling disease-related processes. Some of the molecules like the dec-RVKR-cmk have been shown to inhibit the processing of SARS-CoV-2 [9]. However, most of the molecules have not been tested for their efficacy against SARS-CoV-2, albeit based on the genomic organization of the virus; furin inhibitors could be considered as one of the therapeutic strategies for developing new drugs to combat COVID-19. In addition, other promising molecules like helicase inhibitors [51], cholesterol lowering drugs like statins [52–54] and natural products like curcumin [55] which have been recently suggested for the treatment of SARS-CoV-2, could be given as a combination therapy with furin inhibitors for more effective treatment.

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Declarations

Conflict of interest The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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