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Heat Stress in Dairy Cattle Alters Lipid Composition of Milk

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Heat stress, potentially affecting both the health of animals and the yield and composition of milk, occurs frequently in tropical, sub-tropical and temperate regions. A simulated acute heat stress experiment was conducted in controlled-climate chambers and milk samples collected before, during and after the heat challenge. Milk lipid composition, surveyed using LC-MS, showed significant changes in triacylglycerol (TAG) and polar lipid profiles. Heat stress (temperature-humidity index up to 84) was associated with a reduction in TAG groups containing short- and medium-chain fatty acids and a concomitant increase in those containing long-chain fatty acids. The abundance of five polar lipid classes including phosphatidylethanolamine, phosphatidylserine, phosphatidylcholine, lysophosphatidylcholine and glucosylceramide, was found to be significantly reduced during heat stress. Lysophosphatidylcholine, showing the greatest reduction in concentration, also displayed a differential response between heat tolerant and heat susceptible cows during heat stress. This phospholipid could be used as a heat stress biomarker for dairy cattle. Changes in TAG profile caused by heat stress are expected to modify the physical properties of milk fat, whereas the reduction of phospholipids may affect the nutritional value of milk. The results are discussed in relation to animal metabolism adaptation in the event of acute heat stress.

The imposition of heat stress on domestic production animals is commonplace in tropical, sub-tropical and temperate regions. The long term breeding of dairy cattle for increased milk production has led to higher metabolic heat generation and therefore increased susceptibility to heat stress^{1, 2}. The upper critical limit of the thermoneutral zone for dairy cattle is between 25 °C and 26 °C and temperature-humidity index (THI) below 72³. Heat stress not only affects the welfare and health of cows, but also their productivity, which in turn increases the herd management cost and reduces the profitability of dairy farms. The frequency of high-temperature days is expected to increase with climate change^{4, 5}, so mitigating the negative impact of heat stress on dairy production will be an important task for the industry. Recent studies demonstrated that selection for heat-tolerant dairy cow genotypes is feasible and results in improvements in milk production and feed intake during and after heat stress events^{5, 6}.

Under heat stress conditions, some physiological changes can be observed in dairy cattle, such as increased respiration rate, heart rate and core body temperature^{1,7}, but the most prominent changes in relation to animal performance are the reduction in dry matter intake and milk yield^{2,7-9}. Heat dissipation associated metabolic adaptation is an energy expensive process and is believed to be responsible for a proportion of the decline in milk production¹⁰.

Apart from milk yield, the composition of milk as influenced by heat stress has been investigated in numerous studies. Most studies found heat stress was associated with a decline in total protein content and total fat content^{8, 11-13}. However, some authors found no significant decrease in fat percentage for cows under heat stress¹⁴⁻¹⁶.

Lipid is one of the main components of milk. The dominant fraction of milk fat is TAG (about 98%) present in the form of fat globules¹⁷. In addition to being an energy source, TAG composition is implicated in human health and the property of dairy products^{18, 19}. The second most important fraction of milk fat is polar lipids, which are the main structural constituents of fat globule membrane and thus play a role of emulsifier ensuring the stability of milk emulsion system^{20, 21}. The principal classes of milk polar lipids include phosphatidylcholine (PC), phosphatidylethanolamine (PE), phosphatidylserine (PS), phosphatidylinositol (PI), sphingomyelin (SM), lysophosphatidylcholine (LPC), lactosylceramide (LacCer) and glucosylceramide (GluCer)¹⁸. Besides their functional property, polar lipids in particular SM have other beneficial effects on human health. For example, SM can

¹Biosciences Research, Agriculture Victoria, AgriBio, 5 Ring Road, Bundoora, Victoria, 3083, Australia. ²Farming Systems Research, Agriculture Victoria, Ellinbank Centre, 1301 Hazeldean Rd, Ellinbank, Victoria, 3821, Australia. ³School of Applied Systems Biology, La Trobe University, Bundoora, Victoria, 3083, Australia. Correspondence and requests for materials should be addressed to Z.L. (email: Zhiqian.liu@ecodev.vic.gov.au) reduce cholesterol absorption²²; a recent study has also demonstrated a link between SM and infant cognitive development²³.

Despite the importance of milk lipids in human health and dairy product property, compared with total fat content, how lipid composition is affected by heat stress has attracted much less attention. Through correlation analysis between meteorological data and fatty acid (FA) traits predicted by mid-infrared spectra, it was found that the increase of THI was associated with a decrease in content of short-chain and medium-chain FA, and an increase in that of long-chain FA¹². A similar observation was also made for milk from heat stressed cows in an earlier study¹⁶. However, these results were not always conclusive, since the effect of heat stress was often confounded with that of different feeding patterns across seasons. As for the effect of heat stress on TAG profile and polar lipid composition, no information was available. We hypothesised that heat stress would modify the profile of both TAG and polar lipids of milk through changing FA pool and animal metabolism. This alteration in lipid composition may have an impact on calf nutrition, human nutrition as well as the processing and quality of dairy products.

A simulated heat-stress experiment was conducted in controlled-climate chambers recently with the aim to validate the genomic selection approach in heat tolerance improvement of dairy cattle⁵. In addition to the monitoring of milk yield, dry matter intake, respiration rate and body temperature, these authors also determined the milk composition (lactose, protein and fat %) using infrared-based technique⁵. As part of a collaborative project, an aliquot of milk samples from the same experiment was brought to our laboratory and subjected to detailed lipid composition analysis.

We describe here the methodologies for detailed lipidomic analysis using LC-MS as well as the lipid composition change in heat stress conditions for both heat tolerant and heat susceptible cows; 58 most abundant TAG groups and eight classes of polar lipids were surveyed at the molecular species level.

Results and Discussion

Effect of heat stress on TAG profile of milk. An exhaustive LC separation combined with the use of MS/ MS spectrum-based automated structural assignment software (LipidSearch) has been adopted for lipid species identification in this study. If a TAG group is defined as a series of species having the same total acyl carbon number (CN) and the same number of total double bonds (DB), 94 TAG groups comprising over 400 species (positional isomers not counted) have been identified in raw milk. Among them, 58 most abundant TAG groups were chosen for detailed study; the chemical formula, accurate mass as well as the FA composition of the main isomers (based on abundance) of these TAG groups are summarised in Table 1.

Even using two LC columns and a 90-min gradient elution, complete chromatographic separation of all isomer species within most TAG groups was not achieved. For example, in the case of TAG 26:0 group, among the five species identified by LipidSearch, the three main isomers were not resolved completely (Fig. S1B, Supporting Information), so reliable quantification at the species (isomer) level is not currently feasible. Consequently, our survey on TAG abundance was conducted at the group level using a short LC method, which allowed all main isomers to be eluted as a single peak and enabled also a higher throughput sample analysis (Fig. S1A, Supporting Information).

A preliminary survey using samples collected at five time points from one cohort of six cows showed that the overall TAG profile, as revealed by PCA, shifted noticeably from the baseline after 2 days' heat challenge and a complete separation from the baseline was observed after 4 days' heat challenge, whereas no remarkable difference in TAG profile was found between pre-heat challenge (baseline) and post-heat challenge (recovery) samples (Fig. 1). As a result, further analysis on all the 5 cohorts of 30 cows was focused only on the comparison between baseline and D4 heat challenge samples. Due to the large difference in abundance across the 58 TAG groups, the effect of heat stress on the abundance of each TAG group is presented as the abundance ratio between D4 heat stress and baseline (control) samples (Fig. 2).

It appears that the effect of heat stress on the relative abundance of TAG groups varies mostly with their CN. The heat challenge caused a significant reduction of TAG groups containing 26–48 CN regardless of the level of unsaturation, whereas it increased the level of those with 51–56 CN, irrespective of the number of BD (Fig. 2). The TAG groups showing the greatest reduction are TAG 28:0 and TAG 30:0 (by about 40% for both), and those showing the greatest increase are TAG 54:3 and TAG 54:2 (by about 50% for both). For all TAG groups with 49–50 CN, heat stress had little impact. It is interesting to note that three TAG groups containing a FA with odd number of carbons (TAG 45:2, TAG 45:1 and TAG 45:0) showed a significant reduction in heat stressed cows (Fig. 2).

At the group level, TAG 28:0 sustained the greatest reduction by heat stress, but whether all isomer species of this group are affected at the same magnitude remains a question, given that each TAG group contains on average 4–5 isomer species. The long LC separation method allowed us to resolve chromatographically 6 species from this TAG group with different FA composition, and also revealed that one of the minor species TAG 4:0/6:0/18:0 was not reduced at the same level as other species by heat stress (Fig. S2, Supporting Information).

It is well established that most of the C4:0 to C14:0 and almost half of the C16:0 FA in milk are synthesized *de novo* in the mammary gland, whereas the rest of the C16:0 and approximately all long-chain FA originate from blood lipids^{24, 25}. If we classify the major FA into 3 categories, namely short chain FA (SCFA, C4-C10), medium-chain FA (MCFA, C12-C16) and long-chain FA (LCFA, \geq C18), the main isomer species of the 58 TAG groups feature a number of configurations, *i.e.* S-S-M, S-M-M, S-M-L, S-L-L, M-L-L and L-L-L (Table 1). TAG groups that showed a significant reduction after heat stress belong mainly to the first 3 types of configurations, which are composed of predominantly SCFA and MCFA, whereas those that are induced by heat stress are from the last 2 types of configurations containing mainly LCFA.

Global FA composition analysis of milk samples from three cohorts (18 animals) by GC-MS revealed that the level of C4:0-C15:0 was indeed significantly reduced, whereas that of LCFA especially C18:0, C18:1 and C18:2 significantly increased by the heat challenge (Table 2). These results are in agreement with the data reported by

| | | | Main species (isomers) | | |
|-----------|---|-------------------------------|------------------------|----------------|------------------|
| TAG group | Formula | Calculated $m/z (M + NH_4)^+$ | Species 1 | Species 2 | Species 3 |
| TAG 26:0 | C ₂₉ H ₅₄ O ₆ | 516.4264 | 4:0/10:0/12:0 | 4:0/8:0/14:0 | 8:0/8:8/10:0 |
| TAG 28:1 | C31H56O6 | 542.4421 | 4:0/10:1/14:0 | 4:0/10:0/14:1 | 4:0/8:0/16:1 |
| TAG 28:0 | C31H58O6 | 544.4577 | 4:0/10:0/14:0 | 4:0/8:0/16:0 | 6:0/10:0/12:0 |
| TAG 30:1 | C33H60O6 | 570.4734 | 4:0/10:1/16:0 | 4:0/8:0/18:1 | 6:0/10:0/14:1 |
| TAG 30:0 | C ₃₃ H ₆₂ O ₆ | 572.4890 | 6:0/8:0/16:0 | 6:0/10:0/14:0 | 10:0/10:0/10:0 |
| TAG 32:1 | C35H64O6 | 598.5047 | 4:0/12:0/16:1 | 4:0/14:0/14:1 | 4:0/10:0/18:1 |
| TAG 32:0 | C35H66O6 | 600.5203 | 4:0/10:0/18:0 | 6:0/8:0/18:0 | 4:0/12:0/16:0 |
| TAG 34:1 | C37H68O6 | 626.536 | 4:0/14:1/16:0 | 8:0/10:0/16:1 | 10:0/10:0/14:1 |
| TAG 34:0 | C ₃₇ H ₇₀ O ₆ | 628.5516 | 4:0/14:0/16:0 | 10:0/12:0/12:0 | 10:0/10:0/14:0 |
| TAG 36:1 | C ₃₉ H ₇₂ O ₆ | 654.5673 | 4:0/16:0/16:1 | 4:0/14:0/18:1 | 8:0/10:0/18:1 |
| TAG 36:0 | C ₃₀ H ₇₄ O ₆ | 656.5829 | 4:0/16:0/16:0 | 6:0/14:0/16:0 | 10:0/12:0/14:0 |
| TAG 38:1 | C41H76O6 | 682.5986 | 4:0/16:0/18:1 | 8:0/12:0/18:1 | |
| TAG 38:0 | C41H78O6 | 684.6142 | 6:0/16:0/16:0 | 4:0/16:0/18:0 | 8:0/14:0/16:0 |
| TAG 40:2 | C41 78 0 | 708.6143 | 4:0/18:0/18:1 | 4:0/18:0/18:2 | 6:0/16:0/18:2 |
| TAG 40:1 | C42H006 | 710.6299 | 6:0/16:0/18:1 | 8:0/14:0/18:1 | 10:0/12:0/18:1 |
| TAG 40:0 | Cu2Ha2Oc | 712.6455 | 8:0/16:0/16:0 | 6:0/16:0/18:0 | 4:0/18:0/18:0 |
| TAG 42:2 | CurHanOc | 736.6455 | 8:0/16:0/18:2 | 10:0/14:0/18:2 | 6:0/18:1/18:1 |
| TAG 42:1 | C451-8206 | 738 6612 | 10.0/14.0/18.1 | 8.0/16.0/18.1 | 12:0/12:0/18:1 |
| TAG 42:0 | C.,H.O. | 740 6768 | 12:0/14:0/16:0 | 8:0/16:0/18:0 | 10:0/14:0/18:0 |
| TAG 44:1 | CH.O. | 766 6925 | 10:0/16:0/18:1 | 12:0/14:0/18:1 | 12:0/16:0/16:1 |
| TAG 44:0 | CH.O. | 768 7081 | 14:0/14:0/16:0 | 10:0/16:0/18:0 | 4:0/16:0/24:0 |
| TAG 45:2 | C.,H.O. | 778 6926 | 12:0/15:0/18:2 | 10:0/17:1/18:1 | 14:1/15:0/16:1 |
| TAG 45:1 | C.,H.O. | 780 7082 | 14:0/15:0/16:1 | 14:1/15:0/16:0 | 12:0/15:0/18:1 |
| TAG 45:0 | C.,H.O. | 782 7238 | 14:0/15:0/16:0 | 12:0/16:0/17:0 | 12.0/ 15.0/ 10.1 |
| TAG 46:2 | C.,H.O. | 792 7081 | 10:0/18:1/18:1 | 12:0/16:1/18:1 | 14.0/14.1/18.1 |
| TAG 46:1 | С Н О | 794 7238 | 12:1/16:0/18:0 | 14:0/16:0/16:1 | 12:0/16:0/18:1 |
| TAG 46:0 | C.H.O. | 796 7394 | 14:0/16:0/16:0 | 15:0/15:0/16:0 | 12.0/10.0/10.1 |
| TAG 48:3 | С Н О | 818 7238 | 14:1/16:1/18:1 | 14:0/16:0/18:3 | 14.0/16.1/18.2 |
| TAG 48:2 | C.H.O. | 820 7394 | 14:0/16:1/18:1 | 14:0/16:0/18:2 | 12:0/18:1/18:1 |
| TAG 48:1 | C.H.O. | 822 7551 | 14:0/16:0/18:1 | 14:0/16:0/16:1 | 12.0/10.1/10.1 |
| TAG 48:0 | C.H.O. | 824 7707 | 14:0/16:0/18:0 | 16:0/16:0/16:0 | 15:0/16:0/17:0 |
| TAG 49:2 | CH. O. | 834 7551 | 15:0/16:0/18:2 | 16:0/16:1/17:1 | 15:0/16:1/18:1 |
| TAG 49:1 | CHO | 836 7707 | 15:0/16:0/18:1 | 16:0/16:0/17:1 | 15.0/10.1/10.1 |
| TAG 50:4 | C H O | 844 7394 | 14.0/18.2/18.2 | 14.0/18.1/18.3 | 16.1/16.1/18.2 |
| TAG 50:3 | С Н О | 846 7551 | 14:0/18:1/18:2 | 14:0/16:1/18:2 | 14.1/18.1/18.1 |
| TAG 50:2 | C-:H-:O: | 848 7707 | 14:0/16:1/18:1 | 14.0/18.1/18.1 | 16:0/16:0/18:2 |
| TAG 50:2 | C.HO. | 850 7864 | 16:0/16:0/18:1 | 16:0/16:1/18:0 | 16:0/17:0/17:1 |
| TAG 50:0 | CHO. | 852 8020 | 16:0/16:0/18:0 | 10.0/10.1/10.0 | 10.0/17.0/17.1 |
| TAG 51:4 | C.H.O. | 858 7551 | 15:0/18:2/18:2 | 15:0/18:1/18:3 | |
| TAG 51:3 | Cz.H. | 860 7707 | 15:0/18:1/18:2 | 16:0/17:0/18:3 | 16.1/17.1/18.1 |
| TAG 51:2 | Cr.H.00C | 862.7864 | 15:0/18:1/18:1 | 16:0/17:1/18:1 | 16:1/17:0/18:1 |
| TAG 51:1 | Cr.H.0006 | 864.8021 | 16:0/17:0/18:1 | 16:0/17:1/18:0 | 15:0/18:0/18:1 |
| TAG 51:0 | C54H104O4 | 866.8177 | 14:0/16:0/21:0 | 16:0/17:0/18:0 | |
| TAG 52:5 | CEEHOCOC | 870.7551 | 14:0/18:1/20:4 | 16:0/16:1/20:4 | 16:1/18:2/18:2 |
| TAG 52:4 | CEEH002 | 872.7707 | 16:0/18:2/18:2 | 16:0/18:1/18:3 | 16:1/18:1/18:2 |
| TAG 52:3 | C55H100O6 | 874.7864 | 16:0/18:1/18:2 | 16:1/18:1/18:1 | 16:0/16:0/20:3 |
| TAG 52:2 | C55H102O6 | 876.8020 | 16:0/18:1/18:1 | 17:0/17:1/18:1 | |
| TAG 52:1 | CrrH104Oc | 878.8177 | 16:0/18:0/18:1 | 16:0/16:0/20:1 | |
| TAG 52:0 | C551-104 0 6 | 880.8333 | 16:0/18:0/18:0 | 14:0/16:0/22:0 | 17:0/17:0/18:0 |
| TAG 54:5 | C ₅₇ H ₁₀₀ O ₆ | 898.7864 | 18:1/18:2/18:2 | 18:1/18:1/18:3 | |
| TAG 54:4 | Cr7H100-0 | 900.8020 | 18:1/18:1/18:2 | 18:0/18:1/18:3 | |
| TAG 54:3 | $C_{57}H_{104}O_{2}$ | 902.8177 | 18:0/18:1/18:2 | 18:0/18:0/18:3 | |
| TAG 54:2 | C ₅₇ H ₁₀₄ O ₆ | 904.8333 | 18:1/18:1/18:1 | 16:0/18:1/20:1 | |
| TAG 54:1 | C=7H10006 | 906.8490 | 16:0/16:1/22:0 | 14:0/16:1/24.0 | |
| TAG 54·0 | CraH10806 | 908 8646 | 16:0/18:0/20:0 | 18.0/18.0/18.0 | |
| TAG 56·3 | CroH.ooO. | 930.8490 | 18:0/18:0/20:3 | 18:0/18:3/20:0 | 18:1/18:1/20:1 |
| TAG 56:2 | C.,HO. | 932.8646 | 16.1/18.1/22.0 | 18:0/18:1/20:1 | 18.1/18.1/20.0 |
| TAG 56:1 | CroH11006 | 934 8803 | 16:0/18:1/22:0 | 16:0/16:1/24:0 | -0.1, 10.1, 20.0 |
| | | | | | |

Table 1. List of TAG groups surveyed.







Figure 2. Effect of heat stress on the abundance of 58 TAG groups in milk (from afternoon milking). Each column represents the abundance ratio between D4 stress and baseline (control) samples for one TAG group. Error bars are standard error (n = 30). Statistical difference is shown by *(P < 0.05) and **(P < 0.01).

Lacetera *et al.*¹⁶ and Hammami *et al.*¹², who described a decrease in content of SCFA and MCFA and an increase in that of LCFA from heat-stressed cows. It is interesting to mention that the ratios of C14:1 to C14:0, C16:1 to C16:0 and C18:1 to C18:0 were very close between baseline and D4 heat stress samples, implying the activity of Δ 9-desaturase was not affected by heat stress.

As *de novo* synthesis of C4-C14 FA is from acetate and butyrate, which are generated in the rumen by fermentation of feed components¹⁷, heat stress-induced reduction of C4:0-C14:0 FA-rich TAG groups may partly

| | mg/g of milk fat | | |
|----------------------|------------------|----------------|--|
| Fatty acid | Baseline | D4 heat stress | |
| C4:0 | 16.9 | 13.3* | |
| C6:0 | 16.5 | 12.4** | |
| C8:0 | 11.7 | 8.5** | |
| C10:0 | 32.1 | 21.4** | |
| C12:0 | 38.1 | 25.0** | |
| C14:0 | 112.2 | 84.2** | |
| C14:1 | 9.8 | 6.2** | |
| C15:0 | 14.5 | 10.4** | |
| C16:0 | 319.0 | 266.1* | |
| C16:1 | 15.4 | 13.8 | |
| C17:0 | 7.5 | 9.2 | |
| C18:0 | 60.3 | 94.6** | |
| C18:1n9c | 128.4 | 191.6** | |
| C18:2n6c | 16.0 | 20.1* | |
| C18:3n3 | 8.5 | 9.1 | |
| C20:0 | 2.2 | 2.6 | |
| C22:0 | 1.8 | 1.8 | |
| Total <i>de novo</i> | 251.8 | 181.4** | |
| Total C16:0+C16:1 | 334.4 | 279.9 | |
| Total preformed | 271.4 | 324.5** | |

Table 2. Effect of heat stress on fatty acid composition of milk fat. Total *de novo* = sum of C4:0 to C15:0 fatty acids; total preformed = sum of all fatty acids with more than 17 carbon atoms. Each value is the mean of 18 samples. Statistical difference is shown by *(P < 0.05) and **(P < 0.01).

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result from lowered dry matter intake as recorded by Garner *et al.*⁵ in this same experiment, which led to suppressed ruminal fermentation and consequently reduced supply of acetate and butyrate. However, diminished anabolic activities including synthesis of fatty acids in mammary gland due to partitioning of energy in thermoregulation-related processes in response to heat stress may also be responsible^{1,4}. So the reduction of TAG groups with 26–48 CN can be attributed to the reduced synthesis of *de novo* FA under heat stress. This could also explain the reduction of TAG 45:2, TAG 45:1 and TAG 45:0 which contain C15:0, a FA thought to be synthesised by the bacteria in the rumen²⁶. By contrast, half of C16:0 and all of LCFA are not synthesised in the mammary gland, but originate from dietary lipids and from lipolysis of adipose tissue TAG²⁵, so the supply of these FA may not be affected or even be induced by heat stress. Consequently, LCFA-rich TAG species (>50 CN) show an increase in relative proportions.

TAG composition is known to affect the property of dairy product. For example, the spread ability of butter produced in winter is much lower than that of summer butter, due to the higher level of unsaturated FA in summer milk^{27, 28}. A combination of reduced proportion of SCFA-rich TAG and an increased proportion of LCFA-rich TAG is expected to increase the viscosity and melting point of milk fat produced by heat stressed cows, which may have impact on the processing and property of dairy products.

The 5 cohorts of 30 cows used in our study were equally distributed for heat sensitivity, *i.e.* 15 were heat tolerant (HT) and 15 were heat susceptible (HS). When the TAG profile of these two types of cows was compared, no significant difference was found for any of the TAG groups in D4 stress samples, nor in baseline samples (results not shown). So it appears that the heat sensitivity trait in dairy cows is not associated with the TAG composition of milk fat.

Effect of heat stress on polar lipid content. Eight classes of polar lipids were surveyed in this study. Over 100 species were identified by LipidSearch based on MS/MS spectrum, of which 58 most abundant species were selected for relative quantification; the formula, accurate mass and FA composition of these species are given in Table 3. The absolute content of the 8 classes of polar lipids in raw milk was described in our previous report²⁹. In this study, only relative quantification was performed at the species level (based on peak area of each species) and at the class level (based on the sum of all species within the same class). To illustrate the effect of heat stress on the abundance of each polar lipid class, the abundance ratio between D4 heat stress and baseline samples is again presented.

At the class level, a 4-day heat challenge had no significant influence on the abundance of PI, SM and LacCer, but reduced that of PS, PE, PC, LPC and GluCer (Fig. 3). While only a slight decrease was observed for PS (9%) and PE (11%), a substantial reduction was recorded for PC (17%) and GluCer (21%). However, the most remarkable change in polar lipid content brought about by heat stress was detected with LPC, for which a dramatic reduction (52%) was observed after 4 days' heat stress treatment (Fig. 3). It is worth mentioning that the abundance of all the five species within this class was dramatically reduced (results not shown).

A detailed survey of LPC level was conducted for all the 5 time points of the experiment. Indeed, the level of LPC was significantly decreased (by 34%) after 2 days' heat challenge, which dropped further after 4 days'

| PL class | Fatty acids | Ion detected | Formula | Calculated m/z |
|----------|------------------------------|--------------|--|----------------|
| PS | (16:0/18:2) | M+H | C40H75O10N1P1 | 760.5123 |
| PS | (16:0/18:1) | M+H | $C_{40}H_{77}O_{10}N_1P_1$ | 762.5280 |
| PS | (18:1/18:2) | M+H | $C_{42}H_{77}O_{10}N_1P_1$ | 786.5280 |
| PS | (18:0/18:2) | M+H | $C_{42}H_{79}O_{10}N_1P_1$ | 788.5436 |
| PS | (18:0/18:1) | M+H | $C_{42}H_{81}O_{10}N_1P_1$ | 790.5593 |
| PS | (18:1/20:4) | M+H | $C_{44}H_{77}O_{10}N_1P_1$ | 810.5285 |
| PS | (18:0/20:4) | M+H | $C_{44}H_{79}O_{10}N_1P_1$ | 812.5436 |
| PS | (18:0/22:5) | M+H | $C_{46}H_{81}O_{10}N_1P_1$ | 838.5593 |
| PE | (18:1/14:0) | M+H | $C_{37}H_{73}O_8N_1P_1$ | 690.5068 |
| PE | (16:0/18:2) | M+H | $C_{39}H_{75}O_8N_1P_1$ | 716.5225 |
| PE | (16:0/18:1) | M+H | C ₃₉ H ₇₇ O ₈ N ₁ P ₁ | 718.5381 |
| PE | (18:1/18:3) | M+H | $C_{41}H_{75}O_8N_1P_1$ | 740.5225 |
| PE | (18:1/18:2) | M+H | $C_{41}H_{77}O_8N_1P_1$ | 742.5381 |
| PE | (18:1/18:1) | M+H | $C_{41}H_{79}O_8N_1P_1$ | 744.5538 |
| PI | (16:0/18:1) | M-H | $C_{43}H_{81}O_{13}P_{1}$ | 835.5337 |
| PI | (18:1/18:1) | M-H | $C_{45}H_{83}O_{13}P_1$ | 861.5493 |
| PI | (18:1/18:0) | M-H | C ₄₅ H ₈₅ O ₁₃ P ₁ | 963.5650 |
| PI | (18:0/20:5) | M - H | C ₄₇ H ₈₁ O ₁₃ P ₁ | 883.5337 |
| PI | (18:0/20:4) | M – H | C ₄₇ H ₈₃ O ₁₃ P ₁ | 885.5493 |
| PI | (18:0/20:3) | M – H | C ₄₇ H ₈₅ O ₁₃ P ₁ | 887.5650 |
| PC | (14:0/14:0) | M+H | $C_{12}H_{23}O_{1}N_{1}P_{1}$ | 678.5068 |
| PC | (16.0/14.0) | M+H | C ₃₀ H ₇₇ O ₀ N ₁ P ₁ | 706 5381 |
| PC | (15:0/16:0) | M+H M+H | CasH ₂₀ O ₂ N ₁ P ₁ | 720 5538 |
| PC | (16:0/16:1) | M+H | C.HO.N.P. | 732 5538 |
| PC | (16:0/16:0) | M+H | CuHuONP | 734 5694 |
| PC | (16.0/10.0) (16.0/18.3) | M+H | C.,H.,O.N.P. | 756 5538 |
| PC | (16:0/18:2) | M+H | C.,H.,O.N.P. | 758 5694 |
| PC | (16:0/18:1) | M+H M+H | C ₄₂ H ₈₁ O ₈ N ₁ P ₁ | 760 5851 |
| PC | (10.0/10.1) (18.2/18.2) | M+H | C.,H.,O.N.P. | 782 5694 |
| PC | (18.1/18.2) | M+H | C H O N P | 784 5851 |
| PC | (18.1/18.1) | M+H | C.H.O.N.P. | 786.6007 |
| I PC | (16:0) | M+H M+H | C. H. O.N.P. | 496 3398 |
| LPC | (18.3) | M+H | C.H.O.N.P. | 518 3241 |
| LPC | (18.2) | M+H | CacHayOnN,P. | 520 3398 |
| LPC | (18.1) | M+H M+H | CacHaoOnN,P. | 522,3554 |
| LPC | (18:0) | M+H | C. H. O.N.P. | 524 3716 |
| SM | (d16·1/16·0) | M+H | C ₂₆ H ₅₅ O ₇ N ₁ P ₁ | 675 5436 |
| SM | (d16.0/17.1) | M+H M+H | C.H.O.N.P. | 689 5592 |
| SM | (d18.1/16.0) | M+H | C H O N P | 703 5749 |
| SM | (d16.1/10.0) | M+H | C H O N P | 759 6375 |
| SM | (d16:1/23.0) | M + H | CuHooO NoP. | 773.6531 |
| SM | (d18:1/22.1) | M + H | CurHanO-NaP. | 785.6537 |
| SM | (d18·1/22·0) | M+H | CurHanO-N-P. | 787 6688 |
| SM | (d18:1/23·1) | M + H | C ₄₅ - 192 O 6 - 12 - 1 | 799.6688 |
| SM | (d18:1/23·0) | M + H | CucHodOcNoP. | 801.6844 |
| SM | (d18·1/24·1) | M+H | CurHarO.N.P. | 813 6844 |
| SM | (d10.1/24.1) (d18.1/24.0) | M + H | CH. O.N.P. | 815 7001 |
| LacCer | (d18·1/16·0) | M+H | C. Han O. N. | 862.6256 |
| LacCer | (d18·1/20·0) | M+H | C. HarO. N. | 918 6882 |
| LacCer | (d18.0/20.0) | M+H | C == H== O - N | 920 7038 |
| LacCer | (d16·1/23·0) | M+H | C.HO.N | 932 7038 |
| LacCer | (d16.0/23.0) | M+H | $C_{11197}O_{13}$ | 934 7195 |
| LacCor | (d18.1/22.0) | мтн | $C_{11199}O_{13}N_1$ | 946 7195 |
| LacCer | (d10:1/22:0) (d18:1/22:0) | M+H | $C_{52} I_{99} O_{13} I_{N_1}$ | 960 7351 |
| LacCor | (d18.1/25.0) | мтн | C H O N | 974 7508 |
| GluCor | (d18.1/24:0) | мтн | $C_{1103}O_{13}N_1$ | 700 5727 |
| GluCer | (d18.1/10:0) | м_н | C H O M | 784 6666 |
| GluCer | (d18.1/22.0) | M_H | C H O N | 812 6979 |
| JuCer | (u10:1/24:0) | 141 | U U481 193 U 81 N1 | 012.02/7 |

Table 3. List of polar lipid species surveyed.

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Figure 4. Change in LPC abundance in milk (from afternoon milking) during the heat stress experiment. (A) Comparison of milk LPC abundance across different time points. Each column represents the mean abundance of all 30 cows. Error bars are standard error (n = 30). Columns with different letters are significantly different (P < 0.05). (B) Comparison of milk LPC abundance between HT and HS cows at different time points. Each column represents the mean abundance of 15 HT or HS cows. Error bars are standard error (n = 15). Statistical difference for each column pair is shown by *(P < 0.05).

treatment and then rose to a normal level after 5 days' recovery (Fig. 4A). In addition to the dramatic decrease after 2 days' heat treatment, LPC displayed a differential response between HT and HS cows in the event of heat stress. Figure 4B shows that the LPC level is not significantly different between HT and HS cows at the baseline point, but the heat induced reduction of this polar lipid class is much less with HT as compared to HS animals regardless of the duration of heat challenge. This LPC changing pattern is similar to the results reported by Garner *et al.*⁵, who observed a lower body temperature, a higher dry matter intake and a higher milk yield of HT cows as compared to HS cows during the heat challenge. Consequently, LPC can be regarded as a heat stress biomarker

for dairy cattle. In this regard, it would be interesting to investigate the LPC level after a short period (for example, a few hours) of heat stress to further validate this finding.

The effect of heat stress on polar lipid composition has not been extensively investigated. A recent study by Tian *et al.*³⁰ using untargeted metabolic profiling approach identified a large number of potential heat stress biomarkers including some lipid species, but one single LPC species included in that list was found to be induced in heat stressed cows. This discrepancy may be attributable to different experimental designs, ambient conditions (baseline level) *versus* controlled environment (heat stress) in our experiment as compared to summer samples *versus* spring samples in their study.

Compared with TAG, polar lipids are minor component in milk fat (<1%). However, our study revealed that one polar lipid class LPC is much more sensitive to heat stress than TAG as a whole, since maximum reduction observed on TAG 28:0 and TAG 30:0 was 40% after a 4-day heat challenge, as compared to over 50% reduction in the case of LPC. While the heat-induced decrease of some TAG groups appears to be caused by a decline in *de novo* FA, this same mechanism solely cannot explain the reduction of LPC which contains only C16 and LCFA in the five species surveyed (Table 3). Some up-stream steps in the biosynthesis pathways, such as the formation of choline/phosphocholine may be inhibited under heat stress. Clearly, further investigation is needed to understand the underlying mechanisms. It is also worth noting that the simulated heat challenge in the current experiment is of moderate magnitude (maximum temperature 33 °C and THI up to 84). How milk lipid composition changes in more severe heat stress conditions remains to be determined.

We have found that 5 out of the 8 polar lipid classes were affected by heat stress, but the overall level of polar lipids is not expected to be remarkably reduced, since LPC and GluCer are minor classes, whereas PS, PE and PC were only slightly and moderately suppressed. In addition, our previous study demonstrated that the major classes of polar lipids (PC, PE, PS, PI and SM) in milk were correlated with each other²⁹. Such an inter-class correlation was not affected by heat stress. As an example, a rather similar correlation level was observed between PE and PC in D4 stress samples as compared to the baseline samples (Fig. S3, Supporting Information).

It should be pointed out that our simulated heat stress in a controlled climate chamber can be considered as an acute heat stress, because it was conducted in late winter/early spring with an ambient temperature below 20 °C and THI below 70. The effect of such an acute heat stress on animal metabolism may be different from the seasonal long term heat stress experienced by animals in summer, as in the latter case heat load imposed on dairy cows is gradual but prolonged. A parallel study on milk lipid composition as influenced by a chronic heat stress is still lacking.

Conclusion

In conclusion, heat stress could alter the TAG profile of milk, which is featured by a decrease of TAG groups containing predominantly SCFA to MCFA and a concomitant increase of those containing mostly LCFA. The heat challenge also significantly reduced the level of some polar lipid classes especially LPC, which appears to be a lipid marker for heat stress in dairy cattle. While the TAG profile was modified in a similar manner for both HT and HS cows, a higher level of LPC was detected for HT cows as compared to HS cows during the heat stress.

Materials and Methods

Cows and experimental design. The experiment received animal ethics approval from the Agricultural Research and Extension Animal Ethics Committee of the Department of Economic Development, Jobs, Transports and Resources, Victoria, Australia. All methods were performed by approved staff members in accordance with the relevant standard operating procedures approved by the above mentioned ethics committee. Detailed information on animals and experimental design were described by Garner *et al.*⁵. In brief, 48 primiparous Holstein-Friesian cows were used in this experiment; 24 cows were genomically selected to be heat tolerant (HT) and 24 cows heat susceptible (HS). At the beginning of the experiment, mean DIM was 67 for HT cows and 68 for HS cows and mean body weight was 477 kg for HT cows and 488 kg for HS cows. The total duration of the experiment was 25 consecutive days including a 7 day baseline measurement period outside in ambient conditions, a 4 day heat challenge in controlled-climate chambers, and a 14 day recovery period outside in ambient conditions.

The 48 cows were introduced to controlled climate chambers in 8 cohorts. Temperature and relative humidity inside the controlled-climate chambers was varied to mimic the diurnal patterns in heat load imposed on dairy cows that occur during heat-wave events in southern Australia. The conditions in the controlled-climate chambers were designed to remain above THI 72 and not exceed THI 84 to impose a moderate level of heat stress. The climatic conditions programmed into the control system were 25 °C and 60% RH (THI 74) between 6 pm and 6 am, 30 °C and 50% RH (THI 80) between 6 am and 12 noon, and 33 °C and 50% RH (THI 84) between 12 noon and 6 pm. The 12 hour light and 12 hour dark cycle was controlled manually. The animal diet during the experimental period was described in Garner *et al.*⁵.

Milk samples were collected at five time points during the experiment period, on day 3 of the baseline period (baseline), on day 2 and 4 of the heat challenge in controlled-climate chambers (D2 stress and D4 stress), and at day 5 and 12 of the recovery period (D5 recovery and D12 recovery). Cows were milked twice daily (6:00 am and 3:00 pm) and the samples from afternoon milking were analysed for lipid composition. The milk samples were transported to the laboratory on ice and stored in -80 °C. A subset of samples from 5 randomly selected cohorts totalling 30 cows (15 HT and 15 HS) were analysed to determine the effect of heat stress on lipid composition of raw milk.

Chemicals and reagents. One TAG species (TAG tri-20:1) used as internal standard for TAG analysis was purchased from Sigma-Aldrich. One PS species (PS 17:0/17:0) used as internal standard for polar lipid analysis was purchased from Avanti Lipids.

Solvents used for lipid extraction and mobile phase preparation were of chromatographic grade and were from Merck (methanol, butanol and acetonitrile) and Sigma-Aldrich (chloroform and isopropanol). Ammonium formate, used as mobile phase additive, was of analytical grade (Sigma-Aldrich).

Lipid extraction from milk for LC-MS analysis. Raw milk samples were diluted by adding 2 volumes of Milli-Q water. Lipid extraction from the diluted milk samples was conducted using the one phase method recently developed³¹. Briefly, one mL of lipid extraction mix (butanol/methanol/chloroform at a 3:5:4 ratio) was added to $100 \,\mu$ L of diluted milk. The mixture was shaken by vortex for 20 s, sonicated for 20 min and then centrifuged for 15 min (15000 g). The supernatant was transferred to an injection vial and analysed directly by LC-MS.

LC-MS method. Chromatographic separation for TAG identification was achieved using two Poroshell 120 EC-C18 columns ($150 \times 4.6 \text{ mm}$, 2.7 µm, Agilent Technologies) connected in series on an Agilent 1290 Infinity HPLC system. The column compartment was maintained at 40 °C and the auto-sampler at 12 °C. The mobile phase was composed of acetonitrile/water (60:40, v/v) containing 10 mM ammonium formate (A) and acetonitrile/isopropanol (10:90, v/v) containing 10 mM ammonium formate (B). The flow rate was 0.5 mL/min with a gradient elution of 60 to 100% B over 90 min. The injection volume was 4 µL.

Chromatographic separation for TAG quantification was conducted using an Acquity UPLC HSS T3 column ($100 \times 2.1 \text{ mm}$, $1.8 \mu \text{m}$, Waters) on the same Agilent HPLC system. The column compartment was maintained at 50 °C and the auto-sampler at 12 °C. The mobile phase was composed of acetonitrile/water (60:40, v/v) containing 10 mM ammonium formate (A) and acetonitrile/isopropanol (10:90, v/v) containing 10 mM ammonium formate (B). The flow rate was 0.28 mL/min with a gradient elution of 20 to 100% B over 20 min. The injection volume was $2 \mu \text{L}$.

Chromatographic separation for polar lipid identification and quantification was performed using a Luna HILIC column (250×4.6 mm, 5μ m, Waters) on the aforementioned HPLC system. The column compartment was maintained at 30 °C and the auto-sampler at 12 °C. The mobile phase was composed of 5 mM aqueous ammonium formate (A) and acetonitrile +0.1% formic acid (B). The flow rate was 0.6 mL/min with a gradient elution of 2 to 21% A over 25 min. The injection volume was 5μ L.

The detection of lipids was by LTQ-Orbitrap Elite mass spectrometer (Thermo Scientific) operated in electrospray ionization positive (for analysis of TAG and most polar lipid classes) or negative (for analysis of PI) Fourier transform mode. The resolution was set to 60,000 for both positive and negative modes. Identification of lipid species present in milk was performed based on accurate mass of parent ions (\pm 5 ppm) and product ions (\pm 10 ppm) as well as top5 MS/MS spectra (CE 35) using LipidSearch software (version 4.1, Thermo Scientific)³², followed by manual verification. Selected lipid species was quantified at a relative scale using peak area of parent ions after normalization by the internal standard.

Fatty acid profiling by GC-MS. For FA composition analysis of milk fat, total lipid was extracted by the method of Bligh and Dyer³³. After removal of chloroform under a stream of nitrogen, the transesterification of the extracted lipids was carried out by adding acidic methanol (6% H_2SO_4) and heating at 80 °C for 3 h³⁴. The released FA methyl esters (FAMEs) were extracted by hexane and analysed by GC-MS.

The separation of FAMEs was achieved by a BPX-70 column (50 m \times 0.22 mm ID, 0.25 µm film thickness, SGE Analytical Science) with a constant flow of 1.0 mL/min helium as carrier gas and the following oven temperature program: 120 °C to 245 °C ramping at 3 °C/min, with a total run time of 42 min. The injection volume was 1 µL in split mode (1:40). The detection was by an Agilent 7000 GC/MS Triple Quad with the following settings: scanning mass range of 40–550 amu, transfer line temperature of 240 °C, source temperature of 280 °C, and quad temperature of 150 °C. A standard mix (C4-C24, Supelco) containing 37 FAMEs was used to provide standard curve for quantification.

Statistical analysis of data. All lipid content data were subjected to ANOVA (XLSTAT, Microsoft Excel); where significant differences were found between treatments, a Tukey's HSD test was conducted for pairwise comparisons. Principal component analysis (PCA) for unsupervised classification of samples was performed with MATLAB R2014a (MathWorks, Natick, MA) utilising PLS Toolbox (Eigenvector Research, Manson, WA).

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Author Contributions

Z.L. performed all LC-MS analysis and wrote the manuscript. V.E. conducted the fatty acid analysis by GC-MS. J.W. and N.W.A. contributed to the sample preparation and data analysis. J.B.G. and W.J.W. managed all animal experimental work. B.G.C. and S.R. supervised the study and were responsible for the project development and funding acquisition.

Additional Information

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